THE
DIVINE ALCHEMY
of
IMPERIAL EULIS

Esoteric, yet Practical, Instructions for the Transmutation of the Baser Metals (Man's Gross Passions) into the Pure and Shining Gold (the Illuminated Soul) of the Alchemists.

The Randolphian Physician's Legacy to Mankind, and ASGILL'S Rules.

Instructions in the Single and Double Breast Drill of the Initiates.

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FOREWORD TO FIFTH EDITION

This work is devoted strictly to the esoteric and is limited to inner students of the Great Work. Despite its circumvented field, it has passed through four editions and is not in need of a lengthy foreword. However, great happenings have come to pass since the issue of the last edition and it is well to give some little thought to what has passed, and at the same time glimpse into the future.

The esoteric has for its effort the upliftment of man’s spiritual nature. Nevertheless, it is deeply concerned with the material or mundane nature because the spiritual is dependent upon the material as a vehicle for its manifestation.

The Law of Hermes:

“As below, so above, and as above, so below,”

and again

“As in the inner, so in the outer.”

This gives us the key to the Law that the inner has need of the outer and that whatever is potent for construction is equally potent for destruction. There is but one substance. In Biblical lore, this substance is termed the “seed.”

In this seed is the essence of all that is. Once this is understood, and man becomes conscious of the explosive and destructive nature of this invisible something, which to him is a mystery, he will be more careful of his acts, i.e., in the use he makes of this “seed” or the “one” substance.

1In the material there is a “seed” or explosive substance, as so well demonstrated in the Atomic Bomb. In man there also is a combined material-spiritual “seed” as potent spiritually as the atoms from which the Atomic Bomb is made.
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The writers of many of the books of the Bible were Initiates and had full knowledge of the mystery. Later on came the Alchemists, also Initiates, only to be scoffed at, and often persecuted. Time has vindicated both.

Paracelsus, called the "great charlatan," is now recognized as the "great Physician," while late discoveries, the splitting of the atom and the freeing of its power, prove transmutation, and that the nature of substances can be changed and the hidden forces released.

So great is this hidden force in the as yet unknown substances of the Alchemists that through its use not only cities, but the universe itself, may be destroyed. This is the "seed" in the material substances; it is the BELOW of Hermes; and just as there is this potent "seed" hidden deeply in the material, in the BELOW, so likewise there is a hidden force or potency within that other "Seed" within man which, in a proper medium, produces man, while if elevated, raised up, i.e., made free, creates in that material man a power and a force making him a world savior, a son of God, an Avatar.

All these mighty things are foreshadowed in the Scriptural text; glossed over, sneered at by the profane; misunderstood and ignored by those who would be saintly, or sought to be obtained by faith alone and without doing the works of "my father" so necessary to prove that faith.

Of the misuse of this mighty "seed" we refer to Leviticus 20: 2:

"Again, thou shalt say to the children of Israel, Whosoever he be of the children of Israel, or of the strangers that sojourn in Israel, that giveth any of his seed unto Molech; he shall surely be put to death."

This has reference to the misuse, the ungodly, the unholy use of the "seed," i.e., giving the seed to Molech, meaning the loss of seed as a result of carnal acts, whatever the nature of those acts.
Whoever shall do this shall be put to "death." That is, he shall die as a result. He, by his own acts, destroying himself, both body and Soul.

This is doubly debasing, because, like Onan, he not only befouls himself, but he likewise robs, or withholds from the woman that which is her need, and which, to be at her best, she must needs build into her body. This is the unholy, degraded use of the creative act; the destruction of the mighty spiritual atom that has the power, correctly directed, to raise the mortal body unto Immortality, man into a god; and the "Lord saw that man had become like unto the gods."

We lay aside the esoteric concept and take up that of the Alchemical secret; the means and method whereby the spiritual atom is released and wisely directed, just as scientists release, husband and direct the mighty atom in material substance, and we have a saga instead of a sordid story, and at the same time the solution of the mystery of the Nazarene's birth, the forthcoming of the Avatar of Nazareth and the savior of the past age.

"And when he had removed him [Benjamin], he raised up unto them David to be their king; to whom also he gave testimony, and said, I have found David the son of Jesse, a man after mine heart, which shall fulfill all my Will.

"Of this man's [David's] seed hath God according to His promise raised unto Israel a Savior, Jesus."

(Capitals ours.)—Acts 13: 22, 23.

In both instances it is the "seed" of Israel. By one act the "seed" is degraded in the manner of its release. This brings death to all who ignore the Law. In the other it is, the seed of "one," David, whose thoughts and feelings are after God and who is willing, aye, anxious, to keep God's Law. David, who refuses to defile himself, or defraud another, and this seed, like the Alchemist's Red Lion, being placed into the proper vessel, brings forth
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the Nazarene, the great Lawgiver, the Savior, or UPLIFTER of mankind, just as the scientist-Alchemist splits the little atom or "seed" in material substances, and releases its power to either save or destroy nations and earths.

The theme of the esoteric in sex is twofold: (a) correctly directing both the "seed" itself and potential forces for the upliftment and physical well-being of the individual and true success in life; and (b) for the awakening and lifting up of the sleeping Soul within, so that it may, like the Nazarene, become a son of God, a mighty, spiritualized atom in the upliftment and saving of a new race. It is here necessary to recognize that the greater portion of the old race signed their own death warrant by defying the Law of God, thereby digging their own grave by their carnal practices.

"Render unto Caesar that which belongs to Caesar," i.e., the body, without abuse and without defrauding, "and unto God [the Soul] that which belongs to God," in no instance debasing or being guilty of fraud.

The Law commands right use; not misuse or non-use, both of which are death.

Sincerely given,

R. SWINBURNE CLYMER.

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THE IMAGINATION

God's Greatest Gift to His Creation, Man

Without imagination man would still dwell in caves as he did eons ago. It was in his imagination that man first saw he might construct a habitation more suitable for himself and his family; a home more convenient and offering greater protection. True, his first effort was crude and, in modern views, highly unsatisfactory, but it was a beginning. No sooner had he finished with his first effort than he saw, again in his imagination, where improvements were possible, so step by step he advanced until in time the mighty pyramids and temples of ancient Egypt, structures not since duplicated, were the result; first, in his imagination and then by his active efforts. Step by step, in harmony with the Hermetic Law:

“As above, so below;
As below, so above;
As in the outer, so in the inner;
As in the inner, so in the outer,”

man became conscious of a need within himself. This need the imagination could not bring into outer manifestation; it had to be in man’s feelings and thus did his affectionate nature, then his Love nature, develop, until finally, in that same Egypt, man was able to speak with God. In proof whereof, does not Biblical lore tell us that Moses spoke with God through the medium of the burning bush?

“And the angel of the Lord appeared to him (Moses) in a flame of fire out of the midst of a bush; and he looked, and,
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behold, the bush burned with fire, and the bush was not consumed."—Exodus 3: 2. See also Acts 7: 30-33.

Then, after man had so greatly achieved, came the deluge; not of Water, but as the result of the reaction of man's wickedness; because he turned away from all the good he had achieved; from the above to the below. The spirit or Light of the Soul, the "Fire in the bush," was forgotten in the satisfying of the flesh, and in the satiation of the passions, and thus Egypt, in all her glory of material and spiritual greatness, fell; fell as the result of the evils of man, just as she had been built up by the goodness of man.

This also is a great Hermetic Law, but out of the destruction will come a new world. There will be those left who had foreseen that which was to be and these prepared themselves for the new time that was to come.

This New Age is upon us, as is so clearly indicated by the mighty destruction of the past thirty years. Through beastliness and brutality, through a repetition of what happened in ancient Egypt, the greater part of mankind has foresworn the right to godhood and must pass on to be known no more. These numerous ones, who might be engaged in preparing the way for the Lord, i.e., fulfilling the Law, are laying much to waste; they are unconscious of the fact that in doing this, they are bringing upon themselves their own destruction and, in doing so, preparing the way for the greater power and mightier achievements of those who see the Light and willingly follow it.

As it is "above," i.e., under God or his Law, so is it "below," under Nature. The two are in harmony. It is the abuse that brings about the inharmony. If he who seeks the way and the truth is sincere, Nature will open her heart to him and he will be able to read that which at first appears to be deeply hidden. Well has a Hermetist, now unknown to us, written:

"Nature has a way of concealing and of revealing. She tells
half her story out in the sunshine in a loud voice, and the other half in whispers underground.

“She is coy like a coquet, yet stern like a judge. She excites curiosity in the student, and dread in the debauchee.

“She holds the man of science to her breast, but is dumb to the seeker of mere pleasure. She scorns the victim of priestcraft, and repudiates the supernatural. The Sage takes his cue from his mother; like Nature, he conceals and he reveals. He who would see other than the smiling, scowling face of Hermes must search the dark places by the light of his own candle. Hermes locks the gates between the outer and the inner Temple; and only he enters the latter who has the password and the key.

“Philosophy brings life. She is beautiful—she carries a cup in her hand—it is gold; she begs you to drink and live. She is your handmaiden—the cup is pure metal—the drink is the *elixir*—life. As man, you are mortal; you have stood in the sunshine so long that you are blind. As man, you are drunk with a drop of pure life; you have listened so long to the seas that you are deaf. Philosophy brings you the cup and you drink, and you open your eyes; she waits and you listen to her.

“Open the windows and breathe the fresh air. Open the windows and look at the sky. Open the windows and feel the soft rain. But breathe—breathe—breathe full to the chest—whatever you do, breathe.

“You burn with desire and you thrill; then dip in the blood of yourself and write on the parchment a scroll, and read in the letters the words, and read in the words the command, and in the command the design, and in the design the beginning and the end; and living you read, and reading you live, and cease to be mortal, but soar as a god.

“If ever the *Bush is on Fire*, hearken for the language (the voice) and hear. Something is speaking—listen and listen—Something is shining—the *Bush is on fire*. 
“Youth climbs up the ladder of his hopes and scans the prospect; he expects to do everything, to conquer everything; he levels mountains of opposition in his own mind. He figures on becoming king of opportunity and creating it at his own bidding. Notice him ten years later, sitting at the foot of the ladder, still dreaming his dreams. He has spent his Summers and Winters, his Springs and his Autumns, in dabblings.

“Start out with yourself and follow the leaf on the wave of your sea. Follow—follow—concentrate and follow, by the blind faith of science, some sign in yourself till its value be disclosed. Be like the dog that gives chase, and is bound to be in at the death or the capture.

“We tell you now, at the very beginning of the study of philosophy, that you must have two kinds of faith—the one absolute and the other secondary and changeable—and also concentration, without which it is useless to go on.

“To cultivate concentration you must love. Cultivate that bulldog tenacity to hold on to a thing till you know what it is, once you have decided to grapple with it.

“Imagination is man's greatest friend and his greatest enemy. If you control your imagination, it will serve you; and no artist can paint pictures as beautiful as she can. Command her to sketch the sea, the sky, the unseen and the seen wonders of earth and heaven, and she will produce instantaneous results. She will decorate your castle for you and place you in it; she will create an interior environment that will so overpower your soul that crude outer surroundings will cease to trouble you; your imagination is the 'Woman (Soul) clothed with the sun (Light).

“Imagination controlled by the Will is the one thing to be desired. Involuntary imagination, that creature, which like a snake slips into your Sanctuary in the dark and conceals itself to coil and sting when you are totally unable to combat it, is to be abhorred and dreaded. Not that he is forever ugly—the serpent
has an unrivalled grace, and is a marvel in color—not that, but he is unreliable, treacherous and poisonous; he may not sting, but if he does, the antidote is hard to find. Worse than that, he is eternally reproducing himself; he brings forth a brood, or rather, like the worm, the more you divide him, the more alive he becomes, each piece of him in turn maturing and reproducing.

"Take your imagination (and your desires) in hand, and hold it as you would a pair of fine horses; do not let it break, but pull the bit even though it foams and writhes. To have your imagination run away with you is to have it bring you up anywhere, either throwing you on the rocks or landing you in the gutter.

"The Sage can free his mind either of unpleasant memories or of undesired imagination by an effort of pure Will or by a substitution (which last is a transmutation). It is just as easy to substitute one (form of) imagination for another as one memory for another.

"The power to conjure (bring forth by the Will) is a ready power and easy to handle; ghosts, hobgoblins, saints, and sinners will come at a wave of the Magic Wand, and if you did but know it, at another wave, they will disappear.

"Death! When you die you will grow so cold that you will forget to breathe—your brain will be frozen hard—your lungs will turn to ice—you will even forget to think, to love. But wait! Philosophy, garbed in the robes of eternal facts, will watch the tomb for three long days, till the butterfly breaks the cocoon; till the seed bursts open its husks; till the stone is rolled away; till the Christic Soul comes forth.

"When death touches you and the wind blows cold, your Muse stands firm. She wraps you in her cloak and lays you out. She braces herself against death as a single Will defies the universe. She faces Arctic winds. She sets her teeth, and for three days challenges hell. Out upon her leaps the devil of the Inferno. She stands fast. Calmly you sleep on—as calmly as the plants sleep under the snow.
"Your Muse calls upon heaven to help her—the saints—the cherubs—the seraphs—the angels—the archangels—God. She dares with her eyes the terrible glitter of the Dog Star. She shifts her gaze to the awful flash of Arcturus. She appeals to the majesty of Orion. She draws on the fires of the Pleiades. She summons the combined forces of Hercules. She faces heaven. Her Soul drinks at the firmament—and you sleep on.

"When the Sage of Athens drank the hemlock, his Muse shuddered, but stood firm. When the heart of the Nazarene broke because they would not listen to him, his Muse wept but lived on. When death meets you, your Muse shall conquer hell, and face the eternal fires. Be faithful and fear not.

"You may follow churc this grave, you may suck the breast of Buddhism dry, and yet miss the Magic of the Muse—an Aphrodite poising on the foam of the sea.

"The Magician can subtract glamour from the heart of things; he can manipulate combinations; he can balance on foam. Out of himself comes a Magnetism that envelopes and transforms environments. As love turns hell into heaven, so the Magician plays at his Art.

"Magic never goes naked. She is as real as the Soul of woman, but she drapes herself in the robes of Isis. Her eyes look at you through the veil of her hair, her limbs gleam out from the meshes of a net—she has the art of a spider, she catches and holds, but unlike the spider she never devours you.

"Mystery and Magic are related. The half-known transfixes you—its spell pierces you like the glance of a wise man's eye. The mystery of the moon is in Magic—the side which you wonder about is the side that charms. If the Satellites turned, Love's dream would vanish.

"We hear strange rumors of (fictitious) Adepts in Thibet and the Fakirs in India. We have read fairy tales about the wonder-working of Mahomet. We are familiar with the accounts of the
birth of Guatama, and the Magic of Moses (and we are beguiled by the fantastic tales of fanatic-maddened minds of a Christ obsessed a colored boy for the saving of a white race which seeks no saving). In the face of all, we would tell you that all this is the mere blowing of a soap-bubble compared with the mystery of the seed or the passion of the plant (and the Soul of man).

"Would you know the Art of Magic (and recognize your Muse)? Would you discover the Magician in yourself and wake him out of his sleep? Turn within, far back, away from things seen by the natural eye; and the long-lashed lids of a spirit's orbs will unloose—when, Lo, the land of dreams, the realm of memories stored by the ages in you.

"But look yet again, still further back, in the magic region of ice and snow and stress and storm, when the world, like a cold corpse, lay wrapped in her icy shroud, you, you, were there. Or into those tropic regions where strange plants grew, watered by mists, heated by a seething immense sun—you were there. Or, if your eyes weary with wonder, and the fringed lids drop, listen. Hearken with the ears of a spirit—backward—down the aeons of time. Listen to the crashes of avalanches of the terrible ice period, when chaos roared as the captain shouted in a storm at sea. Listen to the strange notes of a long lost bird which lived in the days of a terrible sun. Listen to the voice that spoke to you, ere the Nazarene traveled the banks of Galilee, or Caesar mastered the spirit of Rome."

This is the voice of the Soul. The Voice of the Fire in the Burning Bush that spoke to Moses. If you listen, it will also speak to you.
ASGILL’S RULES
A Physician’s Legacy to Mankind

Balzac says: “He who begins with his wife by a rape is a lost man.” Not force, but Love (and all the word implies), is the key with which to unlock the gates to the kingdom of true delight (heaven). It is next to impossible that the wife can love her husband after a forceful attempt, even though, before, she was willing to comply. I make this statement after a wide medical practice of more than forty years.

Most men not only begin married life like beasts of the field, but keep it up, until hatred, horror and disgust either results in disease and life-long invalidism for the woman, or brings on evils from which every true man shrinks. Still, we must be fair to the human male animal. Though this statement is true, the fact remains that men generally, nay, universally, are not intentionally guilty. They are ignorant of the method of procedure; they would take the “kingdom of heaven” by storm, rather than open the gates by slow degree—by fondling, caressing, coaxing, and thus gradually eliminating the nerve tension which is natural to the virgin state. Men follow the brute instinct because, not having been instructed in the right way, they have no other guide to lead them.

Young people love well before they are married. It is an ideal love and, except for the perfectly natural creative desires, a love of heart and Soul. Unfortunately, custom becomes a law to most men because they have been governed by it for so many centuries. It has led them to believe that marriage gives right of ownership and the power to command. They are ignorant of the fact that while this may be essentially true, there is a safe and sane way to take possession; one leading to infinite pleasure and happiness,
just as there is a brutish and inhuman way, to result in disease, misery and unhappiness; unfortunately, this latter is the almost universal practice. While the woman, if she loves, is most willing to be possessed, the man is ignorant of the proper way to approach. It is here where we find the beginning of misery (and all the word implies) in the wedded life of most people.

Love, however unselfish and pure it may be between the most innocent youth and maiden, gives birth to passion. Passion, on her side, arouses a desire to be possessed; on his side it seeks the way to possession. This is all as it should be, as both God and Nature intended but—without a knowledge of the mysteries underlying the way of sex—the man has only animal instinct to guide him. Though the act in itself is animal (procreative) in its nature, the method must be that of the angels (gods); otherwise pain, disillusionment, misery, and shame result and life thenceforth must naturally be unhappy.

The woman may love, but not have been prepared mentally or physically to accept the fruits of love. She must be "made ready for the groom," with infinite pains by endearments, fondling and a gradual working up to the climax of the embrace. This is the only normal (divine) mode of procedure. The first approach and consummation is the most difficult; thereafter the method should be of the same nature to bring about the same desirable results, but the way having once been opened, the same difficulties are not encountered.

The first Marriage Rite must not be forced. It dare not be the result of violence. He who enters the race must be prepared to lay siege to the citadel of divine desire, and by the finesse of his procedure, win willing compliance, and, having won her consent, proceed with patience and tenderness.

The unhappiness of nine-tenths of married life is due to the ruin brought about through the ignorance displayed and the method employed by the "lord and master" on the wedding night. Instead of "lifting the veil" and beholding the beautiful and desirable and
spreading a halo round about the bridal bed, he foolishly and roughly tears away the curtain and is confronted by horror, shame and disgust; these will remain as long as the twain live as one, unless he is wise and truly in love and with infinite pains rebuilds the structure he so foolishly demolished.

Equally foolish, though in a different manner, the woman believes the man to be brutal, unrefined and wholly unworthy of her love, when, in fact, his animal approach and action are the result of ignorance. Both are in error; all due to improper training (or entire lack of training) by parents equally uninstructed in the realms of love and its fulfillment.

The youth and maiden should under no circumstances enter wedlock unless they are willing to accept the fruits of the culmination of their love. To do so is to debase love, and no human creature can successfully do this without reaping the full penalty. We speak with authority only for those on the esoteric path; for others if they are willing to accept the Way, the Truth, the Life. Therefore, it is a Law that the Marriage Rite degrades those who attempt its consummation primarily for the personal gratification of lust.

In this modern age circumstances may be such that non-increase of family is an essential. In all instances where this is true, it is necessary to be guided by natural law. The risk of conception is never greater than coition following the return from a journey; temporary absence; after the make-up following an unpleasantness; a "spat," or downright quarrel. The reaction in all these instances creates not only greater affectional emotions and pro-creative energy, but also a peculiar increasing likelihood to the risk of conception.

The now generally recognized most dangerous (fertile) period for coitus is between the twelfth and sixteenth day prior to the expected onset of the next menstrual cycle and it is necessary to stress the necessity of the use of the douche during this period,
prior to and after coitus. Relative to the use of contraceptives, this decision must be left for the family physician.

It is to be emphasized that there is no certain, safe rule; women differ as much one from the other in this respect as they do in nature and temperament. The rule is general; not specific.

It is likewise necessary to be emphatic in stating that the fruits of marriage are children. No married couple should evade this responsibility and source of happiness unless there is a genuine reason for it. If they fail to fulfill this duty to themselves and God they also evade the natural and Divine Law, and cannot fully enjoy the happiness resulting from the fulfillment of Love and its responsibilities.

Many women, wise in their ways, are conscious of the time when the ovum passes from the uterus. Almost all women, if they are patient and observing, may master the art. From the time the ovum passes, conception is impossible until the next ovum passes from the ovaries to the Fallopian tubes, which usually occurs within the period of 48 hours before the catamenial period.

Those desiring an offspring should be guided, first: by the greater desire and affectional display of the woman after purification, because at that time the love nature and procreative desire is at its highest ebb and approach is most welcome, consequently most generally resulting in stronger, healthier, and more noble-minded children; and, secondly: during the twelfth to sixteenth day prior to the expected onset of the next menstrual period. Those who have long desired children with disappointing results should select these periods for the Rite and, in addition, follow the method of

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The most satisfactory antiseptic that can be used either as a douche, for an enema or colonic appears to be a combination of Permanganate of Potassium and brown (natural) sugar. The method of preparation is to take the desired amount of fairly warm water, add crystals of the Permanganate slowly and dissolve until the water is a deep purple, then add a tablespoonful of the brown sugar to each quart of water and it is ready for use. Alchemically this is the only substance that will free natural oxygen when coming into contact with the mucous membrane, and does not destroy the sensitiveness as so many preparations do.
procedure now so generally successful; the pre-coital use of physiological glucose douches.

All Nature works by contraries (the Law of action and reaction). The bitter winds of Winter followed by sunny days of Summer; the thunderstorm follows the calm days of Spring, Summer and Fall; death following birth. Just as the atmosphere is clearer, healthier, more magnetic and vital after an electrical storm, so both men and women are more virile, loving and receptive after an emotional storm; taking for granted that, during the readjustments that follow the unpleasantness, all differences are cast aside and that all recriminations have been readily forgiven and forgotten. In no sense is this to be accepted as an incentive for the causation of an unpleasantness of any nature for the sake of creating emotional storms and their reactions.

There are, roughly speaking, three classes of men: Of the three, two types are common; the third is, as yet, rare.

There are those who truly love their sweethearts and wives, who hold love too sacred a passion to be marred by any unpleasantness and consequently rather admit themselves wrong, even when right, than hurt the feelings (selfish sensibilities) of the loved one. This is supposed to be Christ-like; it proves, nevertheless, to be the death of the love the woman holds for such a one. Irrespective of how refined she may be or how great in character, woman, unconsciously or consciously, desires a masterful man; the overshadowing male, one who will not recede one iota from his standpoint when in the right, and who, firmly but kindly, demands that his rights shall be respected. The man who loves and who is wise in his love is the one who holds the eternal love of the true woman. Here let it be said in passing that, in this respect, life is becoming more difficult, due to the fact that very often the woman is the actual bread earner, and no man, however great of Soul, can be fully a man when he feels that he is materially indebted to a woman, because his self-respect is gradually destroyed.
The second class comprises the type of men who never admit themselves in the wrong—feeling that by so doing they would indicate a weakness, although in fact there is no greater strength than willingly to admit the wrong when in error, and who are likewise foolish enough not to culminate an unpleasantness or downright quarrel by endearment and reconciliation.

Between these two classes is a small third. Experience has taught these men that, to be at their best, they must possess the love of a good woman, and by their keen observation of the mistakes made by the other two classes they have gained wisdom; consequently, they demand respect when in the right, fight if necessary, but are wise enough to restore and establish a kindly feeling after any unpleasantness. These are true men, loving and loved in return.

It is a Law that, while woman seeks the love of man, she equally desires a man, not a weakling. He who thinks he can bind her love to himself by giving in to all her wishes, whether she be right or wrong, will gradually cause her to become disgusted with him and despise him, irrespective of how virtuous he may be or how noble of heart.

Mental, moral, physical and domestic trouble; mental, magnetico-vital exhaustion are preventable between couples if, as soon as they become aware of it, they will for a certain time sleep apart, have good ventilation, never sleep in day-worn underclothes, and if each will magnetize the other at the seven magnetic centers of being: sides, spine, throat, head, breast and over the pit of the stomach. This magnetization process can best be accomplished all in one operation, i.e., during the conjugal act—the Marriage Rite.

No man should ever approach a woman, coitus intent, unless he is also sufficiently affectional; loves her truly, and there is a desire to caress, fondle and kiss her, before, during and after the Marriage Rite. It should be one long kiss and caress all through the duration of the final orgasmonal exchange of the Rite. If this is done, then each will charge the other with renewed life, there
being an exchange of magnetic-electric force, and neither loss nor weakness can result from the act. The exchange taking place between the two will establish equilibrium in their respective beings.

As a general rule, superior (virile) men, whatever their rank or calling, are attractive to women. Therefore such men—always very passionate—have great need of watchfulness and prayer. Matthew 26: 41. What woman, possessing a rare jewel, should not willingly, gladly, carefully guard it against the encroachment of the many "thieves and robbers" in feminine form all too ready and willing to steal it from her?

The glory of man is his manhood (prepotency—virility). The stronger a man's vital forces, the greater will be his attractiveness to woman. Also, in like ratio, the greater the possibility of his making a success in any undertaking. Therefore, it behooves all men to arrange a plan of life which will increase their virile powers and at the same time establish control over these forces so that nothing be done which brings shame upon true manhood.

The true nature of any woman will be quickly changed for the worse by the pigginess and private brutality of any man with whom she associates. The argument "can't a man do as he likes with his own?" requires a positive no, even though ownership in marriage were granted, which it is not.

On the other hand, the unreasonableness, unjustness and suspicion of woman has been the direct means of ruining the character of millions of the noblest men who have ever walked the earth. No man can be at his best, when he constantly is denied his reasonable requests. The very nature of his virile forces is such that constant circulation is essential if they are to remain healthy and potent. Only the reasonable indulgence in the Marriage Rite in its full perfection can maintain this normalcy.

The virile forces of man are like the waters of a stream or spring. If the water be dammed up so that there no longer exists an outlet and consequently constant circulation, the waters become
stagnant, foul and poisonous. Although there is no like fluidic response in the woman during the Marriage Rite, there is a nerve release which has a soothing, restful, healthy and satisfying influence on her entire system. Manhood and womanhood are quickly destroyed when, in one or the other, a willing and joyful response is lacking during the Rite.

As to what comprises a “reasonable demand,” no set rule is possible, as men and women differ greatly in their natures and desires. It is, however, a universal Law that the greater the harmony existing between two people, the stronger will be the virility, and the more frequently (within reason and according to the mutual reaction following the Rite) will be felt the desire for the consummation of the Marriage Rite, and the resultant gain be an increase in health, strength, power and beauty.

When, as so frequently happens, the husband’s private conduct, unreasonable demands and display of ignorance concerning sex generally, have estranged the love which is so dear, precious and desirable to every true, genuine man, there is but one way to resurrect it and that is by forbearance, self-restraint, care, gentleness, and renewal of the procedure followed in first winning the loved one. It is best to eat only when one is hungry. Why then force a Feast, unwelcome to her, unless she be first enhungered by methods wise and harmless? If she is not in sympathy with her husband at this time, but is forced to compliance, it will mean death to her affection for him, in time, if not at once; it is a poor, foolish bird that knowingly ruins its own nest. Yet how many human birds do just that!

It would be erroneous to maintain that man, foolish as he generally is relative to matters of sex, is alone the cause of the misunderstanding and misery so universal in our homes. In all too many instances, it is actually the ignorance, prudishness, self-centeredness and lack of cooperation on the part of the wife which are the chief cause of trouble.
Girls nearing womanhood are not enlightened relative to the wide field of activity of the creative function. Less than two hundred years ago, even by many of the clergy, women were generally believed to be Soulless, and that sex for them had but two functions: First, the procreation of the race and, second, man's pleasure and satisfaction. Thus we find even in this day that many women think of themselves as nothing more than the plaything of men, in a game in which they are not to take any active part in so far as their own pleasure, satisfaction and welfare are concerned.

Another class entertains the equally erroneous idea that the creative function vested in her is not for any pleasure on her part, but for the mere personal gratification of her husband.

Still others sincerely believe that it is both sinful and shameful for woman to even think of exercising the most important part of the being God created for her in any other manner than for the satisfaction of man and the procreation of the race.

Only in rare instances has woman been taught, or by her own initiative learned, that the creative power means vastly more than the mere possibility of creating a new temple for a living Soul, important as that is. She has yet to learn that these forces and their vehicle may be used righteously in every department of life and are the dynamic potency for the establishment of joy, happiness, peace, health and success. The most righteous and most perfect use of the creative power in this direction, however, necessitates true affection and harmony between two persons and a full knowledge of what is to be accomplished.

Women are slaves, not so much to men as to their own gross ignorance and, in all too many instances, pure selfishness. How long will it be before they will face the truth without shame, false modesty and cold callousness, and become wise to the fact that strength, beauty, power and divinity may be wrought through the correct application of the divine powers conferred upon them by a wise Creator?
XIOM. "God and Nature marry the sexes; man, custom and the State unite individuals. The former marriages are never failures; those married thus being laws unto themselves and, God being unable to make mistakes, these need little to guide them. The second class of marriages are seldom anything but failures, at least within the area of Occidental civilization. The parties to such unions need all possible light to guide them away from the icy shores and sunken rocks upon which myriads are continually being wrecked, to the safe grounds of conjugal happiness."

It is easy to find the reason why those whom God has joined are seldom failures and are free from the continuous misunderstanding, discontent and the resultant misery that are the portion of other classes. These are drawn together and held by love. They have an affection for each other which embraces fellowship, friendship, companionship, mutual respect and consideration for each other. Love is the great guide, director and restrainer. It is the softener of passion; Love does not demand that which Love is unwilling to give; Love does not refuse that which it has to offer. Love offers all it possesses, because its greatest joy is in conferring pleasure. The mother loving her child is never happier than when serving that child. The husband loving his wife is never more a man than when offering a benefit to her; and the wife loving her husband is at her best when serving him. In Love, a bond (partnership) is formed and based on unselfishness. In Love, woman

*So named after the Mysteries of a Syrian Priesthood among whom Dr. P. B. Randolph lived and was Initiated; the Mysteries of which he brought to America and taught in Imperial Eulis.
offers, not boldly, brazenly, ignobly or uncharmingly, but with the grace of angels; man accepts the offer prayerfully and never thinks of abusing the confidence so placed in him.

Civil marriages are a necessary bond and not to be set aside. To ignore the ceremony would make the modern world a charnel house of uncontrolled lust; but in addition, and as part of such marriage, men should be taught the Sacred Laws governing the creative act and learn to be governed by these laws. The marriage ceremony, contrary to the almost universal belief, does not confer any rights or privileges not already established under the Laws governing acts of Love. It is here that the first errors are made; where married misery has its beginning. Men generally believe that the marriage ceremony can make right that which is not sanctioned by Love. This is often a fatal error. The Marriage Rite becomes ignoble, often to the degree of prostitution or fornication, despite all ceremonies, if Love or affection are not the incentive of the request and compliance of the creative or exalting act. Thus it is true that God must first marry, i.e., unite—DRAW THE TWAIN TOGETHER—and then the ceremonial should legalize the union for the protection, i.e., legitimization of the possible offspring.

Reciprocity is the one law governing the marital relationship. When this is recognized and accepted, and governs the act, it is certain to bring joy, happiness and contentment in married life. Just as sex is essential to the fulfillment of the creative act and is sanctioned by the Laws of heaven, so is sex the chain that either binds two people together and leads them to Immortalization, or degrades them body and Soul; ultimately destroys them. It all depends upon whether Love does, or does not, unite them.

"We are triplicate beings—body, spirit and Soul. Our loves and passions may be of either one, two, or the three of these.

"If our love is only of the Soul, then it is too fine and ethereal for this gross, lower world, and is useless for all practical purposes.

"If our love is of the spirit only, it is too vague, unsubstantial, unthoughtful and physically unsatisfactory.
"If our love is of the body only (and it usually is), then lust is rampant, with hell all around, and crime swelters in the air.

"If our love is of the Soul and spirit only, then we are bereft of the power to become energies in the world, because we lack the material force either to make our mark on each other and on the world, or to give good physico-vital constitutions to our offspring.

"If our love is of the Soul and body, we are isolated from the rest of mankind and are lone pilgrims all the way along.

"If our love is of spirit and body only, we are extreme—either all transcendental affection or downright animal passionists.

"It is only when our loves are triplicate that we fulfill our true mission and realize the supreme joys of existence."

Neither man nor woman has the moral or spiritual right to enter marriage unless his or her love is of this triplicate nature. Irrespective of whether there is a union sanctioned by church or State, if this threefold bond is lacking, there is no marriage in the sight of God or under the Divine Law and it is little less than a form of legalized or sanctioned prostitution; fine, or gross, elevating or degrading, to the degree that the union is moral or immoral.

It is to be accepted as a fact that in the vast majority of marriages, the contracting parties really believe themselves in love with each other, and there is therefore no reason why, both willing, they should not gradually grow into the threefold union.

However, there is always the serpent or destroyer of happiness in the possible Garden of Eden, in the form of gross ignorance relative to all that has to do with the marital relationship.

On the man's side this ignorance manifests by selfish, untimely, unnatural or too frequent, or perhaps too seldom demands. Not requests, bear in mind, but DEMANDS NOT JUSTIFIED BY PRIOR BEHAVIOR.

It is true the ceremony seemingly confers upon him the right to demand. Nevertheless, he should be sufficiently wise to know that no man has a right to demand compliances (not even animals do
this) unless, as is all too frequently the case, by one means or another, he has bought and paid for his mate.

On her side, ignorance on how to meet his advances, when to comply and when to refuse and, above all, the manner of refusal when it is necessary to do so, all too frequently lead her into a horror that is hell, and her marriage is wrecked on the shoals which end in the destruction of even a semblance of conjugal happiness.

If, in these matters of mutual interests, man were as "wise as serpents and harmless as doves," as all men will be some day, he would gently ignore her first refusals and set about to win her to compliance by fondling, caresses and all the actions which are a part of the Art of Love, and failing in this, kindly and generously forget all about it, remembering the fighting man's maxim: "He who fights and runs will live to fight another day." He who tries and fails, then accepts his lack of success with a smile and waits for a more opportune time, is certain to succeed and to receive the full appreciation of his mate for his kindly consideration instead of brutally forcing upon her that which she was not in the mood to enjoy.

The marital office and function is threefold: (1) material, i.e., physical-mental, (2) spiritual and (3) mystic. Present humanity knows all too much of the first, very little of the second and practically nothing of the third.

Only the Ansaireth Secret Arcanum fully contains the mystery. This Fraternity alone establishes the fact that the marital function is unquestionably the highest, holiest (when of the whole being) and most important in the life of man and woman, but likewise the most wretchedly abused of all activities engaged in by homogenus. Its office is so vital to the welfare of the race and to the obedience of Divine Commands, that we of the Ansaireth hold the following axioms as cardinal and indisputable:

"He who is pelvically diseased or unsound, is not a true man
while he remains thus ill; his Soul is necessarily barred from the heaven whither all Souls repair during sound sleep and his Immortality is not certain until he is restored to health. Women everywhere are subject to the identical law and its penalty.

"We hold that any over-passionate, inconsiderate, uncontrolled male human is not fully a man because of his lack of sane judgment when under the dominion of his passion, and that such a husband necessarily ultimately succeeds in destroying the best wife ever given by Allah to the son of man.

"An over-passionate woman can easily destroy and ruin any man on earth, totally unsfitting him for combat with the world and its affairs. Such women are rare in these days, more so in the Occident than in the Orient. The contrary is, unfortunately, also true, and many otherwise fine women, because of their frigidity, ruin hordes of the best men by the resultant sex starvation. The overly-passionate woman, if honest, loyal, sincere and governed by love, is by far preferable to the coldly natured one; for it is within her power to confer health, strength, success, and even help in his Immortalization, if this be her desire.

"Children, rightly considered and wisely 'requested' are the gifts of Allah. They never come unless the message is sent for them and the means provided during the wife's lunar season.* Consequently, wise is he and she if they will learn to obey the Laws already inculcated. Contraceptives now generally in use are all too frequently ineffective even in instances where their use is honestly justified, consequently Nature and Art should be combined in this important matter.

"Ghouls and fools think to avoid disaster through the self-murderous habit of the incompleteness of the conjugal act. THERE IS NO MORE DESTRUCTIVE OR SOUL DEGRADING ACT IN WHICH MAN CAN INDULGE. Coitus interruptus, whatever name it is given, is degrading on mind, spirit and Soul. This folly, of which only

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* See Asgill's Rules, present volume.
humans are guilty, ultimately begets hatred, disease of bladder and brain, nerves and Soul in him, and a corresponding host of evils in his partner; and why?

"Because it is not merely suicidal and unnatural and wholly contrary to the creative laws, but it is also a fraud against the woman, even though she requests or demands it, and any attempt to throw away, i.e., cast aside that which God has given man for an express, a threefold, purpose: (1) progeny; (2) an interchange, exchange, and balance between the two engaged; and (3) spiritualization, is certain to degrade and destroy. Any effort to annul the Law and its reaction evokes a terrible penalty.

"Among the direct results are, first of all, (a) hatred for each other, though both may not be guilty; (b) seeking for the companionship of those of the opposite sex into whose eyes they can look without shame; (c) adultery; (d) broken homes, and (e) diseases such as dyspepsia, insanity, paralysis, impotence on his side; uterine, vaginal and ovarian inflammation, ulcers, leucorrhrea and prolapsus and a host of like ills on her side; disgust and, in many instances, murderous hate on both sides, though, as said, both are not equally guilty."

A young man and woman enter wedlock. Both are to all intents and purposes in love with each other; both appear to be all that could be desired mentally and physically. But gradually and within a comparatively short time a change in both is easily noticeable. Instead of continuing happy and youthful and manifesting the bloom of youth that should follow the "wedding of the twain," they begin to age physically; they are no longer buoyant and happy; their eyes are dull and moody; the mind is less alert. The Love that previously was easily apparent to all seems to have given way to repulsion.

Why is this so? How can this thing be?

All of it has come about and is the result of an attempt to evade Nature's and God's Law. In their ignorance or evil desires they
think they can defraud God and Nature, while actually they simply succeed in defrauding themselves. Instead of “blessing” each other with the “exquisite Elixir of Life” and bringing upon themselves a deeper love, a greater happiness, stronger health and more vitality, they “cast this aside upon the rubbish heap” and are as guilty as Onan of Biblical times.

The seed that should be used in the creation of new homes for Souls; to confer blessings upon each other; to bring about a more abiding love, to be an incentive to great and noble action, to make of each other what they really might be, is, in the Biblical phrase, “cast upon the ground,” and becomes the old serpent of Eve, which caused her the loss of the Garden of Eden. That old serpent creeping upon its belly is the cause of all of man’s evils and misery.

Defrauded of the very essence of her being which would mean health, vitality, mental well-being and Soul-uplifting, she remains unsatisfied, internally burning as though a fire were raging (and truly there is—a destructive fire) and the result, as already stated, is hell generally, and contempt, disgust and repulsion specifically. Where there is a lack of the exchange of the vital fluids, health and happiness are impossible, and this lack is present always where the great evil Onanism is practiced, because it is a fraud, against God, the Creator, himself.

Why is this act, i.e., why is this sin so great?

Onanism is not merely a solitary vice. It is equally Onanism if, as mentioned in Genesis 38:9, there is incompleteness of the act to the degree that there is a withdrawal or separation between the twain before there has been an exchange of the vital (life-giving) fluids, essences, and forces generated by the act and the resultant “casting of the seed upon the ground”; these seeds to become serpents that “creep upon their belly,” bringing evil upon those guilty, for did not this act so displease the LORD that he slew him (Onan)? That is to say, that by this act, if continued,
every man ultimately slays himself both body and soul, and the woman who demands or permits it is equally guilty.

But are not those equally guilty who actually complete the marital embrace according to the Law and then, because of righteous necessity, employ some undestructive means to prevent the natural consequence of the act, i.e., conception?

Only to a degree. The first and greatest intent and purpose of the act has been accomplished, that is, the love embrace and the exchange of the electric, magnetic, ætheric fluids and forces.

The second intent, i.e., conception, is defeated. This, being due to honest necessity, is not as great an evil as it would be if the woman's life were endangered, or if additional children would possibly not have the care necessary to make of them healthy, natural, normal and successful citizens. It is the eternal choice between two evils, of which the lesser is to be chosen.

Referring once again to the sin of which it is written: "The Soul that sinneth, it shall die."—Ezekiel 18: 20. There is good reason why this explanation is true and why the Biblical writers so frequently referred to it. The one phase of this sin has had fair consideration, but there is a deeper, an Arcane, meaning which is seldom given the consideration it deserves because of the vast ramifications of the destructive habits among both the wed and the unwed.

One certain thing was given to man which made him equal, though in a much lesser degree, with God. This is the creative fire wherewith and whereby he becomes in the natural world that which God is in the spiritual world, i.e., a creator. In the heavens, or the spiritual world, i.e., in the above of Hermes, God creates Souls. In the natural world, the below of Hermes, man creates bodies for these Souls. They are co-creators, one dependent upon the other.

The Arcane is this: The same substance, i.e., the creative fire which man employs in the creation of a new body for the inception
of a Soul, is the identical substance, power, force, energy, or call it what you will, which man must ultimately use in awakening, building and bringing into consciousness his own sleeping Soul.

The more abuse of this power, energy or force, i.e., the fire he received from heaven, the less of this fire he will have to build that soul and the poorer will be the soul. If he continues this abuse, whether by direct Onan practices such as solitary vice, Coitus interruptus or in any other of the numerous practices, until there are no more seeds left, i.e., until he is truly impotent (though he may still be competent), then there is no more creative fire left in his being to bring the soul into consciousness, because he has drawn upon and, by abuse, destroyed every vestige of the soulual forces, and that soul, by his destructive evil acts, is destroyed.

As stated in Ezekiel 18:20: "The soul that sinneth, it shall die," and having so sinned, it is no longer existent; it is dead; the creative (God) power is a thing of the past, impotency has set in and with it the decay that is death beyond the possibility of resurrection.

The great irreparable evil or sin is the misuse and abuse of the Creative Soul Fire, until it has become non-existent. This is the sin against the Holy Ghost which is unforgivable; because there is no longer anything left to forgive or to resurrect.

In Proverbs 6:32, we are told of another sin which is capable of bringing destruction upon the Soul:

"But whoso committeth adultery with a woman lacketh understanding: he that doeth it destroyeth his own soul."

Here we have the positive statement that he who commits an unforgivable evil long enough does destroy his soul.

However, no one would intimate that the adultery itself destroys the soul even though it is an evil act. It is the method usually pursued in adultery, because of the need of self-protection;
that is the greater evil. This method of protection is in the form of Onanism, the old sin of Eden, the “casting of the seed upon the ground,” bringing into being the old serpent upon its belly, and if this is continued for a sufficient length of time, it destroys the Creative, God powers; the Holy Ghost or fires from which the Soul must be built, and without which it must die the death that knows no resurrection.

In the Ansaireth Brotherhood anyone suspected of this spiritual crime was tried and if proven guilty by a method all their own was put to the death.

The conjugal act or Marriage Rite, if indulged in normally, naturally, and in accordance with the Law, will result in health and strength, greater love and ultimate Immortality.

“Too few husbands respect the modesty of their wives, forget (possibly never knew) that silks and drapery, perfumes, beautiful trifles, are powerful adjuncts; they have not been taught that it is impossible for a wife to love her husband unless she is won, not forced to compliance; that he can never hold her Soul and she can never be made to realize the natural, God-intended joy of the conjugal association, except by those affectional and magnetical caresses and endearments which suggest themselves to the wise husband. Above all, let none become careless of modesty; for whoever cannot blush is lost.”

Men are as sensitive in their love natures as are women. It should always be carefully remembered that, with a few exceptions, when a man marries a woman, he does so because of his love for her and sees in her his ideals of womanhood realized.

One vital truth of utmost importance to a woman’s happiness has seldom been taught to her and she becomes possessed of the knowledge when too late to be of service. Whomsoever a man loves, whomsoever he holds most dear, he, in his heart, seeks to protect, yet at the same time desires to feast his eyes upon her form and embrace; there is neither shame nor immodesty in this. It is a
normal, natural reaction and, within reason, should be so accepted by the woman of his choice.

Man, due to his ignorance, is to a greater or lesser degree a brute, and, as such, he proceeds to obtain desirable things in the wrong manner; while the woman, desiring to be possessed as much as he seeks to possess her, ignorant as he, is incapable of guiding him in the right course; frequently refuses his requests altogether; thereby disappointing him; hurting his feelings; because he is unaware of the reason for the refusal, and it is here where married hell has its beginning.

It is unquestionably true that every normal man who is really in love with his wife is anxious to view her form. And why should he not? Did God create her face in glory and her form in shame, or all of her being in his own image? Where then is the shame of his desire? Only to the unclean in mind all things appear defiled.

It is in this ignorance where much of human misery has its beginning. She is modest as becomes woman; regrettable, she is also ignorant because she has not been instructed in the difference between true and false modesty; nor that there is a "time and place for all things," a time to be coy and yet yield; a time when the form should not be uncovered lest there be evil done.

Man, mated to one whom he loves, yet continuously denied the pleasure of viewing the things he loves, gradually loses interest, and as a result is liable to seek far afield for that denied him at home; and she, poor mate, ignorant of the needs of his natural, normal desires and requirements, mourns and weeps for that which is lost to her, but might easily have been held by her against all the world.

There is not a normal creature known as man, healthy and virile, clean of mind and normal of habits, who does not at times desire to behold the form of woman in the garb in which she was born. He does not, most decidedly not, desire that any woman shall undrape herself before him, because then all interest will be
lost; but he does seek, when in the right mood, to do this for himself and enjoys it most when it is apparently contrary to her wishes, but when her protestations are not too vehement.

The full man prefers to "fight" for and win his "rights," rather than have the "enemy" surrender too easily to his wishes. This is part of his nature. To fight is his right. To conquer is his pleasure. Man, unrestricted in his desires, soon tires of that which is too readily obtained. There are exceptions to the rule in this as in all else; we speak of man generally.

It is well to remember that true modesty refuses only that which is in itself shameful, or is liable to bring shame upon those who indulge in such an act or commit such a deed. God did not blush nor cover his face when he created the human form and first looked upon it. On the contrary, He thought it fair and good to look upon.

It is only after men and women are guilty of indulging in practices that are unnatural, therefore shameful, that they can no longer look upon the human form without blushing, and they, not God, consider the uncovered form other than beautiful. "There is a time and place for everything" is the Law, and he who is wise will not trespass where he is not wanted.

"The too frequent exercise of any power, quality, or faculty is ruinous (because weakening)." This is especially true of marriage relationships which are productive only of two results: Heaven or Hell. For the true and holy Rite is ascentive, leading to health, happiness, delight, longevity, graciousness, celestial and glorious joy; or, on the other hand, is descentive, leading to the lowest depths of social, moral and domestic hell, and the sad rocks on which many a Soul is wrecked.

To recapitulate the Laws: "The Soul that sinneth, it shall die":

"But whoso committeth adultery with a woman lacketh understanding: he that doeth it destroyeth his own Soul."—Proverbs 6: 32.
Here is one of the reasons why:

"And Onan knew that the seed should not be his; and it came to pass, when he went in unto his brother's wife, that he spilled it [the seed] upon the ground, lest he should give seed to his brother.


The sin is in the abomination of the act of destroying, by casting aside, the creative Fire which the Lord gave to man, making man co-creator with him; in the fraud practiced on the partner or associate; in the act of cheating by withholding the exchange, and in self-pollution. Onanism is not only, as so many have foolishly taught, solitary vice; but in the creative act, in whatsoever manner practiced, which as a result, culminates by "casting the seed upon the ground."

This "casting the seed upon the ground" creates the serpent of death "creeping on its belly," when it should be an exchange of a greater degree of life. It is "Onanism" to destroy the Fires of the Holy Ghost by an unhallowed act. These Fires are only to be used for the creation of a new being, the recreation of those already born and, finally, the Immortalization of the Soul by means of bringing it into Consciousness through the lifting up of the creative force and transmuting it into the Fires from heaven in the baptism of the Soul by the Holy Ghost.
ESOTERIC
Unveiling the Mystery of Love

The preservation, rejuvenation, intensification and sanctification (note this last) of love between man and woman always did, and forever will, invariably and primarily depend upon the perfection, i.e., the completeness, both physically and spiritually, of their conjunction; in plainer words, upon the fullness and thoroughness of the conjugal union, in each case and upon both sides.

"The vast majority of civilized men of the white race have little or no endurance or 'staying' qualities or powers.

"This is usually, nay, almost universally, caused by one or two things: their love is not deep enough to command their entire attention. Or they are overly anxious about affairs outside of the act; both of which are depressing, therefore depleting to strength and power."

In fairness to most men, it can be said that they love their mates, even deeply and divinely. The all too numerous demands upon their mental faculties, the business responsibilities, or the constant requirements of the family, do not permit sufficient freedom of mind to give the entire thought, desire and attention to the love feast of the moment. As a consequence, the mind is not centered, the desire is only at the half-way mark; there is diffusion of the forces, with the result that an otherwise pleasant and highly desirable duty is but half-well performed and shame, weakness and uncertainty follow what should be a divinely sanctioned act of devotion.

To be truly masculine, man must be the lover and devote his entire thought, attention and effort to the worship of the moment.
He must forget business and all else and devote his entire nature to the "labor of Love," so that manhood and the full strength of manhood will be reborn with each engagement of the Marriage Rite. Only under these conditions can it become a "Sacred" Rite; one from which pride, not shame, is born.

"The majority of men are sexually morbid. This is often the result of prostatic inflammation, irregular or too long denied union, physical weakness of some nature, frequent Coitus interruptus, that most deadly and most sinful of all acts, or some other difficulty, causing what should be a love journey to be spasmodically ended without giving satisfaction to either, and long before the woman has fairly started on her journey to pleasureland.

"In all too numerous instances the weak 'he' is all too much like the water turtle which comes on land to spawn, and before entrance is achieved, all rigidity ceases and poor 'she' is wholly deprived of even a semblance of marital union, yet compelled to endure all the legitimate and illegitimate penalties and pains consequent upon infracted natural laws.¹

"If by purely legitimate methods, at which not even a Seraph or angel could blush, and to which none but gross savages could object, the female is not brought to the natural sexive demise, the full and perfect orgasm, all the love in her may become curdled and sour, and her love for 'guilty' him will appreciably diminish, soon to die entirely.

"When her love decreases from such a cause, he is an idiot who expects true wifeliness from her hands. Then she whose delicate Soul should be awakened to the keenest symphonies instead of being blasted is exceedingly liable to be attracted by the gust of love blowing her way from other directions than the legitimate

¹ With the present science of Physiological and Endocrinic developed as it is, there is no longer any excuse for man to remain weak and incapable of fulfilling his duty as a man and a husband, unless as a result of abuse or disease, the creative laboratory within himself has been destroyed.
nuptial or conjugal apartments. For which infraction, if she wavers, who is to blame?

"No man has a right to regard woman as a mere nervo-magnetico-vital machine for him to command and use for his pleasure. She is a magnificent instrument capable of evolving such celestial music as will tingle the nerves of an archangel, bringing delightful and Soul-Awakening harmony to the finest nervous system in the universe; provided, of course, she has full and complete cooperation in her labors of love.

"The sexive weakness of the average American male is a byword among the other peoples of the world who are fully conversant with the art of love.

"There is no need for this. The man of the West has the capability, the capacity and the possibility of becoming as manly in his love and creative nature as any male human on earth.

"His weakness in most instances is due to the several factors already mentioned; to his too great devotion to business; his impatience; the habit of bolting his food instead of making a ceremony of dining; the consumption of denatured, devitalized foodstuffs wholly lacking in the elements necessary for the maintenance of vitality and potency, and the woeful lack of concentration, permitting all the affairs of his daily life to influence his mind even in the midst of duties which should be sacred to him as a man, a husband and a potential father.

"All of these evils may more or less readily be eliminated if he so desires. If he is unwilling to comply with the laws of nature, if he is satisfied to remain a weakling and only one-third man, then he should not bemoan his loss if the love he might have had as wholly his own is transferred upon someone who is more a man.

"The true and perfect conjugal union absolutely requires that the mouth of the uterus be bathed in and by the husband's prostatic lymph and ejected seminal fluid every time the twain know each other. Unless their mutual acids and alkalies, generated then and
there at the highest emotional moment, meet, mingle, blend and fuse, the electro-magnetic exchange is impossible and the union is not perfect.

"The imperfect union produces a reaction that is ultimately fatal to health, is death to love and peace; produces a loathing and repulsion for each other on both sides, and the measure of Soul-fusion, which is part of the perfect union, is most effectually reduced, if not finally wholly destroyed. Herein is the beginning of much of the present domestic horror and unfaithfulness on the side of the one too long abused.

"What a fool is he, and how suicidal, who goes where he is not wanted—blindly brutal, and to the funeral of his own joy and happiness—not realizing her inability to give true pleasure because she experiences none herself (for pleasure is born by giving pleasure)!

"How exceedingly senseless he is, or rather it, who insists upon inflicting horror, himself realizing only a mechanical union, utterly devoid of magnetic flow, which, while harming her, is certain to land him on the sterile shores of impotence, and to beget spermatic disorders which medical and erotic science may not be able to remove!

"Unless the woman also is fired with passion (aroused by light caresses, fondling, and the final undraping, all of which may require time and patience on his part, but which is well worth while), she remains cold, unmoved (and the lochia so essential to true union refuses to flow), because she has not been reached—seeing that such a union is merely mechanical, instead of nervous, electric, chemical, magnetic, and Soulful (raised to the plane of the Soul, the highest form of worship), as it ought to be.

"The vaginal parietes, with their countless ducts, are sealed by the voluntary and involuntary power of her Will; he commits Onanism, and she fails to exude the natural lymph of the organism involved; the male organ is unable to absorb the strange Vivific
Life-Fire, and the tingling joy that results from contact with, and being bathed by, that precious alkaline lochia.

"Every man who has known woman can remember some union more joyous than others. The reason for the failures was that he had not fully aroused his partner to full desire and the lymph, lochia and Passion-Fire could not be released as freely as if she had been fully impassioned."

When affection is not deep and not strong enough to be an incentive for both parties to love, pet, caress and kiss each other for a period before the union is engaged in, she is seldom fully prepared and weakness follows the embrace because the nervous-vital fluids of the two cannot blend and there is not a perfect exchange. Instead of harmony, a feeling of ease and a fullness of satisfaction, there will be a feeling of shock; a sensation of tightness, a "burning up," and the gradual depletion of the strength of both parties.

Where affectional affinity on both sides is strong and deep enough to consciously cause them to pet, caress, fondle and kiss each other before they engage in the conjugal act, and to continue this as much as possible, the nervous-vital, electric-magnetic, acid-alkaline (as in a live battery) will blend with exultant power and energy. Under these conditions there will be a full exchange between the two, a feeling of renewed strength, greater power, and deeper affection for each other. There will likewise be improved health, greater strength of character and purpose, a peace which will be an incentive to constructive activity, and a feeling of youth otherwise impossible.

In proportion to the strength of the spiritual love or affection between the twain, so will be the electric-magnetic exchange, the blending of the two-as-one for the moment and consequent spiritual and physical benefit to both.

This degree of affection may be increased to the point where there will be a perfect love. The union can be almost limitless in
its scope and endurance; without any weakness, or the repulsion toward one another as is so frequently true; but, instead, a greater happiness, a deeper joy, more lasting contentment. This in turn can produce a strength and state of health not otherwise possible. Such a perfect act leads the Soul of both toward God and the Divine Consciousness.

Vice versa: Man's weakness will be in proportion to the lack of affection and love in the heart of man for the woman. This weakness will increase until, finally, as happens all too frequently, the man merely tolerates the woman for the satisfaction he momentarily derives from their crude relationship. Such a purely spasmodic and unsatisfactory crisis, if continued, will weaken and finally destroy him, while creating a lasting disgust and even hatred in her heart for him.

It is true that a man may have reached a state of almost complete incompetency, but through the patient love and understanding of a good woman, he may gradually regain his strength and become once more a creator of the specie.

In reverse, and this concerns women universally, it has been demonstrated almost conclusively that chronic Leucorrhea, the "whites" or fleur albus, so universal among women, are due, with rare exception, either to the fact that her sexive desires have been aroused to the highest degree and but partially satisfied for one reason or another; or in the case of the unmarried, to desire which for apparent reason must be left uncompensated. In either instance, it is the non-consummation of an aroused passion.

Long investigation and experience have clearly indicated that in all too many instances where there is some form of ovarian, uterine or vaginal weakness or disease, the husband of such sufferer all too frequently sought only his own satisfaction.

\*We use the term "incompetency" for the weakness or inability in man to fulfill his proper duties as a husband; impotency or the inability to be a creator of his kind.
This is usually due to his own weakness or ignorance, or perhaps to her prudery, and she, having been raised to the highest degree of excitement, was then disappointed, mentally and physically, and left in a state bordering on a burning, internal fever, if not downright hysteria; disgusted, mortified, nerves afire and in the depth of hades; which condition, oft repeated, gave birth to the various disorders commonly called "female trouble."

Experience has shown equally that if during the early stages these sufferers are carefully instructed in the art of love, are told how to arouse their own desires, educated in the proper methods for bringing about the orgasm in themselves, they are able to compensate for the weakness of those inaptly called men—their husbands. It is necessary to make certain that the uterus be bathed in the nervo-vital fluids so essential to normal well-being, thereby avoiding the degrading, destructive, demoralizing congestion of their creative organism and the resultant physical weakness and mental hates.

But—and here is the sorrowful part of this whole matter—there can be no real happiness for such women. Why not? Simply because, even though the physical needs of the woman are satisfied, there being no deep love in the heart of the man, nor any desire that she should share fully with him, the nervo-vital fluid from him is not charged with the life-Fire which only deep affection or love can give to it and which alone is capable of reaching the heart of woman as surely as the rays of the sun reach the heart of the rose.

The one and only remedy is for the man to be awakened to his duty, to find and remove the cause of his weakness, to seek for the thing lacking in himself and supply it, and to consider first of all the well-being of the woman at his side. Thus will he grow into strength and manhood.

Know this: Lust originates in congestion, or inflammation of the organs; affectionate passion or true desire, that which is prayer,
takes its rise in the heart and Soul. Gratification of lust is ruinous, beastly (like unto the animals), utterly non-human and diabolic, because it is destructive to man.

Consummation of the love-prayer is the most supreme bliss, the most Holy Rite, that the composite human creature—composed of body, mind, spirit and Soul—is capable of enduring. It is heavenly, because it is from above, and in it all power, transcendental and divine, may be found; it will lead man and woman to happiness and godliness, in fact, toward Godhood, because through the Sacred Rite, when perfect, man loses his beastiality, his desire for evil, and draws to himself the fires of the heavens, which will and must eventually end in complete regeneration.

"The true conditions of unions are absolutely, unqualifiedly essential to perfect health and joy, and are necessary to the mystic power hereinafter described; but neither can be had, or realized, in their absence, or if the wife fails to actualize the normal orgasm—a thing which wives in these days very rarely do, as a consequence of which the vagina, ovaries and the uterus become disordered, inflamed, congested; and congested sexual organs will transform an angel into its opposite quicker than anything else.

*Due to the extensively erroneous inculcations that all intercourse should cease directly after a woman is enciente, many men, in their gross ignorance, take it for granted that this is actually correct. They are also fully aware that if they show their wives affection and caress them, they (the men) would be unable to control themselves, consequently they avoid all show of affection.

These women, at least most of them, being normal and natural in every respect, affectionate and loving in their nature, now desire caresses and the conjugal act possibly more than before. This being denied them, their longings create congestions, and as a result these loving wives become vixen-like in their attitude and action.

The result is unhappiness in the home. One accuses the other. The husband, doing nothing at all, feels that he is the abused one, while, as a matter of fact, he is really the guilty one.

The Law is: The desire of the woman, mother-to-be, is to govern, and it is the duty of the husband to approach his wife, to try to arouse her to desire; succeeding, to be the loving husband; failing, to cease for the time being.
on earth except well-founded jealousy—the King Devil of the household; and the coldness, despair and hatred thus begotten are speedily fatal to any sort of domestic happiness.

It is unwise to accept the conclusion that husbands, alone and universally so, are the cause of domestic unhappiness. The brutishness and ignorance of men, as already pointed out, may be the direct cause of much of the misery, weakness and unhappiness from which women suffer, but just so, in ratio, may the thoughtlessness, prudishness, unreasonableness, selfishness, not to mention downright coldness in women, cause men to suffer, to become callous and weak, and destroy their capability and creativeness.

If she, because of ignorance, selfishness, coldness or other causes not due to illness or indisposition, continuously refuses his reasonable and legitimate requests; or, if complying, she does so only because of his demands and fails to fully physically and affectionately cooperate, she may in time cause his life-stream, virile forces and creative _vive_ to become stagnant, diseased, morbid and destructive, instead of health creative; and gradually turn the best natured human creature into a human devil whose every thought be morbid, evil and debasing, and the worst of it is, neither he nor she may be conscious of the parts they are playing in the drama of degradation and destruction.

The thoughtlessness or coldness of a woman, even though she be "good" in every respect, can drive many a home-loving husband into an immoral life. If she listlessly complies with his requests but does not herself wholeheartedly enter into the _play of love_ by allowing herself to be fully impassioned, and thus fails to _charge_ herself and the Lochia she will release with the desire of love, kindness and affection, then this vital-magnetic fluid, which in itself contains the potency to confer life and strength, contentment and energy, becomes more of a poison than of a life giver.

This not alone affects his physical being, but his mind and Soul as well. If it does not slowly destroy all that is good in him, it
will gradually and unconsciously turn him away from her and to other women, who all too willingly, in part or whole, give him that which his wedded spouse either could not or would not give him, due to her coldness or ignorance.

In the Arcanum of Sex it is taught that a true woman, fully conscious of her power, may, if she so will, restore love for her in the most unfaithful husband, provided he still approaches her for the marriage embrace, if she, before and during the embrace, charges her Vivific forces with love and desire to hold him to her and to recover his affection for her.

Whether or not a wife who has lost the love of her husband for one cause or another should make such an effort depends entirely on her own completeness of love for the husband and the keenness of her desire for his return to her.

Women have sacrificed empires and their Soul to gain the love of man; surely then it is worth while to hold in abeyance and forget the self for a little while in order to win back the affection of a loved one.

In this respect, woman has a weapon which man does not and cannot possess. It is man who seeks and approaches the woman; it is her privilege to refuse or to comply with his request. It is seldom that the unfaithful wife approaches the husband with such a request, because once she proves unfaithful she has ceased to love, and having ceased to love, the embrace becomes abhorrent. It may be said that almost universally the woman will invent every possible excuse to avoid having sexual intercourse with the man she no longer loves.

In Eulis it is written:

"Understand me—an humble professor of sexual common sense and honesty—when I say, in simile: Two boats start together for the same port; one is rather slow—generally the one called Sarah Jane, while the other is much too fast."
"Well, he's a poor captain who insists upon sailing away from his companion, reaching 'port alone and discharging cargo before the other is anywhere in sight. 'But, my good God!' says Captain He, 'how am I to prevent it? She's so slow, and I'm so fast.'

"Why, you poor fool, haven't you a Will? If not, then it is time that you developed one, and above all else, have yourself cured.4

"Evidently there is a serious disease or weakness lurking somewhere, and you cannot become a Master of White Magic unless you are sexually healthy and strong. Remember that she who goes with you has equal (in fact, prior) rights with yourself; unless you grant these rights to her, she'll (come to) hate you for your mean, contemptible, piggish, one-sided selfishness (in short, your weakness and ignorance of the actual need of a full, real woman), and disappointment is the least of the wholly bad results that follow."

Experience, man's best teacher, has taught us that in all too many instances it is not alone the ignorance and weakness of man that brings about such serious results; nor because he does not really love his wife, even though it is freely admitted that such lack of love or affection would naturally cause a premature and spasmodic crisis.

What, then, is the cause of so much misery and misunderstanding, not to mention misdirection of potential energy?

Is it not because for centuries women have been either un instructed or misinstructed?

Most women live under the deadening impression that it is only man's Divine right to make the approach and that she must not, dare not, show any signs of desire or excitement, or display any emotion of real enjoyment, otherwise she may be considered, possi—

4 The courses of instruction and training comprising The Arcanum of Sex are complete in this respect and will be the means of developing the Will, strengthening the system and removing the cause of the weakness, unless it is due to the inertia of certain ductless glands, in which case specific endocrines are indicated.
bly damned, as immodest, lacking in true womanhood, a disgrace to motherhood and to be shunned; that only the paid woman is given this right and freedom of natural action.

This is a damnable, a degrading and destructive teaching that leads to sorrow, misery and damnation, if logically followed to the end, leading to the ruin of her health, her joy of life and her desire for life.

The Divine truth is that she has just as much, just as perfect, a right to approach, to incite and to enjoy, as the best man living. In truth, more so, because it is she who risks the most, she who sacrifices most. Why then should she be forbidden the initiative, the full enjoyment of the ultimate consummation? It is she who, if approached and embraced rightly, confers life and youth upon him. The deeper her feeling and the greater her excitement, the more potent will be the Re-Vivific Force she exchanges with him for the Magnetico-Electric energy in his power to confer upon her, to the welfare of both.

Throughout all ages it has been the truly passionate women, those who did not hesitate to take the initiative, who have been the makers of history; though these, admittedly, did not always use their potential powers wisely.

Let mothers instruct their daughters in the truth of their true estate; that they are not to consider themselves mere reproducers of the race; to be denied all legitimate pleasures while their husbands seek women who are wise for their physical pleasures. Inculcate the basic truth that they have a perfect and legitimate right to full, passionate expression, the full joy of the embrace, and an even greater right to take the initiative than has the man; that they should arouse passion, feel the full degree of the intensity of emotion, fearlessly and lovingly meeting the man face to face in every instance. This is not immodesty, but true womanhood in the highest sense of the term.

Woman offers her all when she truly loves. Therefore, what
reason is there that she should not possess the right to do as her nature dictates, as God and Nature's Law incite her?

There is but one reason why this has been so: The false teachings of church and state which have been prevalent for ages past until they have become actually a race belief.

Obedience to these false and destructive teachings has made her a weak, cold machine; a chattel, at the mercy of men, near-men, and downright brutes, instead of a Glorious, Brilliant, Desirable Flower in the Garden of the Gods.

Esoterically speaking, the Arcanum states:

"Some Aspirants and Neophytes desire to obtain and attain mystic power through this regal road of sex. They long for that grand mental force which will enable them to scan the Mysteries and sweep the floors of the Sidereal and Spherial Spaces, but are impatient of methods.

"Let all these know, once and for all, that the doors are shut to all save the (patient and) obedient; the efforts to obtain mental intensity need never be attempted unless the Law—its Law—is scrupulously observed, because no real magic (Magnetic) power can, or will, descend into the Soul of either, except in the mighty moment—the orgasmal instant of both, not one alone; for then, and then only, do the Mystic Doors of the Soul open to the spaces.

"Darwin and his followers are mistaken: The immortal Soul of man is not, never was, developed from any stage of monkeyhood; they who affirm it libel God Almighty.

"The eternal spark within us was created by Allah—God Himself—billions of years ago, and finds a human (vehicle) body only when sex passion opens the Mystic Doors for it to enter and

\[\text{This Spark scintillates most strongly and illuminates most deeply at the moment the loving she brings to her feet the loving he in their mutual infiltration of Soul, in the sexive commingling of both; that intense moment in which the woman proves herself superior to man, i.e., during the mutual demise.}\]
become man—through the Spaces, and through the Spaces back again to Allah—God, no longer as merely a drop of an Infinite Ocean, but as a being in the heavenly Hierarchies.

"What does this demand? That every he should never forget his fealty to a loving woman but always remember who and what she really is, the Gem of God's Auroral Crown, the most beautiful of the beautiful, the Precious Jewel in God's Oriental Garden of Roses (all despite the fact that for long periods she is wholly human and frequently manifests the nature of her lesser creatures).

"What is the Law? The grosser he should ever be considerate and gentle to and with woman; always and forever respecting her true modesty; never doing anything that would shame her; never fierce, never brutal, never in a hurry, but should always restrain all impetuosity. When he desires to view that perfect handiwork of God, the ideal human form, he should first win her over; never do that which may shock her or cause her to blush. It is only thus that he can retain her respect and affection, and not become satiated through his brutishness.

"Yet man must be on his guard: There are long periods when she is contrary, self-willed, wholly without reason and it is during these periods when he must show his strength, leave her to herself and refuse to share her moods. The true woman loves the strong man—he who is capable of commanding her to obedience in duties and acts when contrary moods govern her.

"The modern fables of the 'sheiks' are not without truth or reason but founded on solid facts. He who would possess a full woman must combine the lover and the sheik in his nature and be wise enough to know when to manifest the one or the other. Truly the wisdom of a Solomon is needed, and it behooves us to voice Solomon's prayer: 'Oh, Lord, give thou me wisdom.'

"Admittedly, many of the most splendid human beings have resulted from haste, hurry, and the terrific fears and terrors of discovery—results of stolen interviews. This is to be accounted
for in the fact that they were conceived in love and deep passion, and with the consent of the woman, because she was deeply enamored—so much so that she gave her whole being her love and considered it a small sacrifice.

"For this reason, it has been said and with ample proof, that bastards are superior. However, there is no reason why marriage should not produce equally fine specimens of humanity; on the contrary, it ought to produce finer, because less angular offspring. This can only be realized when wisdom takes the place of ignorance regarding the sacredness of the Rite, and when love is the key that unlocks the doors to Holy Passion.

"No man should dare demand coverture of an unwilling woman, never until by endearments, caresses, love-fondling and affection—not affectations—he has brought her to the passionable mood. He must, in all this holy matter, be just, else will he assuredly reap bountiful crops of hatred, smothered and dissembled, but hatred still; and that, too, of the worst sort, because it is magnetic, therefore constitutional. Any woman on earth can effectually damn any man who is with her sexually, provided he has not the knowledge and skill to render this curse inoperative.

"Neglect by the man to bring his wife to the orgasm, either before, with, or after his own, constitutes a defective, selfish, infamous, and infernal fraud. Whatever woman is capable of menstruation is also capable of all her nature implies, and it is her divine right to experience it. Yet, it is regrettable that not more than one woman in fifty ever realizes that which is her due. The grand mass of womankind go to their graves (even though having mothered babies) without ever tasting the slightest joy in that most mysterious and sacred Rite, though this is peculiarly her due! Why? Wholly owing to the universal ignorance and hog-itude of those who pass for, but seldom are, husbands in any real sense of that prostituted term; judging by the revelations and appearances of wives generally, the majority of their 'lords' and 'masters' know
little, care less, and are unwilling to cultivate the grand passion in their wives."

Exceptions must, of course, be made to this as in all other human relationships; it is not always the fault of the husband that the wife has no real pleasure during the sacred Rite. In fact, in many instances, it is directly her fault. Her affections are all too frequently controlled by erroneous race-beliefs, which lead her to be governed by the paralyzing thought that it is immodest, unwomanly, or even positively evil for her to permit herself to be impassioned and to enjoy to the full the embraces of her husband. To give free rein to her desires, or even to allow her desires to become aroused, would (for her) constitute a moral sin. How many countless thousand women have lived in the dread of this false belief and as a result ruined body and Soul, their own and their husbands' happiness, it is impossible to say; and no one will ever know how great is the number of those who are yet shackled slaves to such erroneous teachings.

Trained in the Sacred Schools and instructed in the Mysteries of Sex and its Revelations, I, early in my medical practice, had a sound basis to work from. Therefore, instead of following a stereotyped form in questioning women patients, which never led to the real cause of their ailments, I have always endeavored to find the underlying reason for their physical weaknesses and mental turmoil.

Thus, for example, I give consultation to a woman, well-born and refined of nature, wedded to a man whom any woman might easily love, yet she is living wholly out of harmony with him, a nervous wreck, constantly ailing and wholly lacking in the joys of life. Why? Because she has been taught by her church that it is sinfully wrong for a woman ever to show passion; that the

*If I speak thus personally, it is because it is easier to explain a basic truth which concerns, and is for the welfare of millions born and yet to be born.*
embracing of her husband must be endured though it is a disgusting affair.

Furthermore, she confides in me, with many blushings, that her husband is fond of the beautiful in nature, that to him her form appears as no less than divine; though he would be guilty of nothing that might cause an angel to blush, nevertheless, never would she, for an instant, allow him to view her as God and Nature had created her. Thus, though he continues to love his wife, he is becoming thoroughly disgusted with her beliefs and her refusals, resulting in inharmony, physical weakness and mental torture for both.

Slowly and with infinite patience, this lady is taught the right and wrong of human relationships; what her duties are, not only to her husband, but primarily to herself. The most difficult part is to teach her that she must slowly, gradually, with many half-refusals, permit herself to be won over, granting him those desires which are natural and normal. Thus we leave the case for a little while, when one fine day, who should visit us but a sparkling, happy, healthy little lady! With blushes, not of shame, but of joyfulness, she confides to us that at last she is at peace and contented; healthy and free from fears, and that her greatest happiness is in the fact that her husband tells her that "she is the dearest, sweetest, most beautiful lady living."

Thus, a little common sense, free from groundless superstition of the age, has saved the disruption of a family, the breaking of hearts, and has brought happiness to two people, preventing a good man from seeking elsewhere than his own home for his pleasure and satisfaction.

"Wherever you see a rich, joyvissant beauty and power of a girl or boy, wherever you see forces of genius, you may rest assured that the mother conceived when first impassioned and the sacred Rite fully completed. On the contrary, whenever you see genuine meanness, 'moral turpentine,' as Mrs. Malaprop says; whenever you see a lean, mean, scrawny, Soul-wizened, white-
livered, trickish grab-all-ish and generally an accursed person, you may safely wager your life that such a being was begotten by force or a passionless, sickly, used-up, never-awakened wife, and you will never lose a single bet.

"The average husband's wife is full of aches, pains, wrinkles, gray hair, long before her time; fallen womb, diseased and inflamed ovaries, Leucorrhea. A great many of them are thoroughly inoculated with syphilis by their lords, and the doctors hide it, as well as their ignorance, and call it Fleur Albus; besides which, the usual husband approaches his victim, as cattle their fodder, for all the world as if she had neither Soul, sense, feeling, womanhood delicacy, nor human rights.

"At the beginning and without any effort to arouse her, he proceeds to possess her, to satisfy his desire and ends with a grunt of 'there,' instead of a loving, grateful hug and kiss to show his appreciation, and in a few minutes he is snoring away like any other hog (nasty word, but the only fitting one).

"She, poor Soul, sobs her life away and literally burns up, and wonders how long she is to remain in that particular section of hell.

"It is this kind of a 'duty' that the church has hammered into her mind for nearly 2,000 years. He, a poor, ignorant and self-destroying fool, never thinks to try to change her coldness to warmth; her seeming indifference to chaste and holy desire; nor knows he aught of the meaning or the use of gentleness, persuasive caresses, continued kindness, or of deliberate effort. He utterly forgets (if he really ever knew it) that it is his solemn duty to wait for her—even if it should require six months—till he wins the Soul and its passions as well as her compliance with 'duty and obedience' of the mysterious and glorious being called his wife; God's profoundest miracle, wherein bodies for God's Souls are formed and brought forth with great agony and infinite patience.

"The things that are here said of men may be said with equal truthfulness of women who, born in hate, perhaps from a drunken
or unloved father, have absolutely no love-passion and, lacking this, cannot bestow upon man his needs.

"The generative system of beasts, all animal nature below man, allies itself to external nature; but that of man allies itself to the Eternal, internal, and supernal, or Mystic, nature at one and the same time. It is Triplicate $\triangle$, therefore belongs to the Spaces, Powers, Energies, Forces, Principles, Potencies and Hierarchies of the entire absolute Universe; and not only allies, but unites the race therewith; wherefore ensexment is Prayer; for all Nature, Space, Power, God, centers in that Mystic Rite in which a Soul may become Incarnate—a mighty Soul, capable of balancing the universe in its mind and weighing the world in its scales.

"It is time that great effort be made toward purifying sex matters, and uplifting them from the filth and ignorance of barbaric ages, and civilized dirt; hence this Text.

"Man, the chief work of Nature, allied to all that is, the central figure upon which all forces play, and the copulative union being the crowning act of his being, it follows that his moment of greatest power is that in which Love unlooses the Doors of the Soul. All of man's energies are at that time in the highest and deepest action, whence it is ordained that they who, during true copulation, unitedly Will a thing (when both participators Love deeply in the full meaning of that word), and its mutual ending possess the Key to all possible and legitimate knowledge, the mighty Wand of White Magic. Through their action they may defy disease, keep death itself at bay, regain lost youth and wasted power, challenge permanent defeat, gain all good ends, reach the ultimate Spaces, commune with the highest Seraphs, bathe in the crystal seas of God's infinite Love and be, in truth, Sons and Daughters of the Ineffable Lord of Glory.

"Soul-seeds (Atomonads) exist in the Ether surrounding this world.

"The germs of all possible knowledge also reside there.
"All absolute Power, Knowledge, Energy, Force, exist in this Ether and the Sakwalas, or Spiritual Spheres.

"None of these spring up from within us but are all reachable by us. They flow into us in our highest moments (after we have prepared ourselves and our forces—the Æth sphere and fire within ourselves). All or any knowledge or power which the human brain is capable of comprehending can be drawn to it, if Willed, wished, desired and commanded, as and when aforesaid; it or they enter the Soul only at the moment, the very instant, of the Holy, full, mutual and pure orgasm, or ejection of the three fluids and two auras, i.e., prostatic, seminal, and female lymph, or Lochia, and the dual magnetism evolved, and which, in its rush from one Soul to the other, is the cause of a bliss of which no language is adequate to give a description.

"In the orgasmal moment there is no middle ground; we either rise toward heaven, or descend hellward. At its final, we are either better or worse than before—generally worse, because of our halfness; for in that moment do the Soul-seeds, germs of knowledge, aye, knowledge itself, and also Magic power descend to, and find lodgment in our Souls, the Mystic Doors of which are then instantly opened and as suddenly closed again.

"If, before and during that instant, we invite the non-good by our thoughts, desires and feelings, evil will assuredly find its way to the Soul, and be locked within its Secret Crypts, only to blaze out and manifest itself when we least expect it.

"If we Will and pray for the good, then the evil angels must stand aside, and the constructive and elevating becomes inclosed within the meshes of our Souls. If we wish for power, then the germs of that power take root in the soil of our Souls. She who is

These mysteries have been taught in America by our Fraternity since 1858. We have been laughed at, scorned, and even called charlatans. The discovery of radio has fully vindicated us and will further show that there exists in the ether greater forces and powers than we have ever claimed, or others dreamed possible.
wise and gives her all to the one she truly loves will hold her own Soul open to his love at that Sacred moment, and will be able to claim that love, and no power in the universe, can take it, or withhold it, from her.

"It was for this reason that Moses forbade sexual incompletes to enter upon great duties or within the Inner Sanctuaries of the Temple, and why Oriental nations banned all such. It is certain that he or she who is impotent, except from injuries or years is not a man or a woman in the true sense of the word, but only an apparition—solid, certainly, yet an apparition still; for uterine power, ovarian force, vaginal energy in woman, and their correspondents in the male, are the only passports to the Divine Regions of Soul Power, mental alertness and physical potency.

"The ejective moment, therefore, is the most Divine and tremendously important in the human career as an independent entity; for not only may we launch Genius, Power, Beauty, or deformity, crime, idiocy, shame on the world's sea of life, in the person of the children we may then call into being, but we may likewise plunge our own Souls deep into Hell's horrid slime, or else mount the azure skies and contemplate associate gods; for then the mystic Soul swings wide its golden gates, opens its portals to the whole vast Universe. Through them come trooping either angels of Light or grizzly presences from the dark corners of the Spaces. Therefore, human conjugation is either ascensive and ennobling or descentive and downright degrading; wherefore I proclaim:

"True sex power is God power.

"He or she who, by, in, or through it, truly wishes, yearns, prays and craves, and continues to do so during each succeeding Rite, with Will, in full faith, will contract great good, favor, energy, power, quality, force or ability of whatsoever grade, degree, nature, or kind desired and possible to any human being, as also Love, self-command, retentive power, Magnetic presence, or any other
achievable state—beginning the mental work before, continuing it during, and decreeing it at Love's culmination and demise—that coveted boon will come as certainly as the Soul is true to itself. But accursed of himself is he who leaveth her before her joy, as well as his own, is complete; for no power can come to either one alone unless one of the twain refuses to engage in the work. 8

"The test of fitness, fullness, capacity, energy, manhood, force, power, ability, and latent possibility of any man, is the terseness, non-inflammatory state, compactness and retentive force of the prostate gland and testes. If these be diseased, loose, too easily excited, pendant, non-solid, he is not in a fit state of mind, body, Will, nerves, affection or Soul, either to generate his kind, make love, accept it, or do anything else of a manly nature; his first duty is to correct the weakness. 9

"The test of fitness in a woman is her responsive power, her womanly fullness, tenderness, and full health, which make life a perpetual joy. If a woman's heart is filled, her body respected and glorified as a thing of beauty, her love returned, her Soul appreciated, she will have little need of the physician's service, but will bid the multitudinous ills which now depress her an exceedingly lasting and fond farewell.

"Why?

"Because she will not then be compelled to exert all her power to prevent herself from running and screaming at the top of her voice under the infernal spell of nervous excitement; besides, she will know that her power over him who covers her is immense, and, if she chooses to assert it, absolutely awful; as they will demonstrate who shall hereafter teach Sex Science and the three un-

8 This has reference to the many instances where one or the other has no interest whatever in etheric, spiritual or Soulual affairs, being solely concerned with mundane activities. These will later be instructed in the Single Breast Drill.

9 A world-wide practice of more than forty-five years has clearly demonstrated that these weaknesses can be eliminated by means of proper endocrine and associate treatments.
derlying principles—Volantia, Posism and Decretism—which cannot be taught in this work.

"There are persons in this section of the 'civilized area' of the earth who cannot imagine anything of Magical power or Magnetic ability in the human Soul, either active or latent, nor indeed any other superior power or energy at all other than such as find their field or use in heaping up wealth through the diabolic magic of rascality on 'change,' in trade and elsewhere, or in seeking to gratify tastes brutal at their bases, and lusts foul enough to shame the devil.

"In view of the extraordinary revelations concerning sex made herein, the wise ones alluded to above, may, probably will inquire: 'Canst thou minister to a mind diseased?' I reply, 'Yes.' By teaching that mind the nature and principles of its own immortal powers, and the rules that govern their growth—not otherwise. For centuries, we have known what the world is just finding out; that all the multiple hells on earth originate in trouble, unease, of the love, affections and passions, or amatory sections of human nature; and that heaven cannot come till Shiloh does—in other words, knowledge positive of the hidden regions of the mighty world called man. Hence this partial lifting of the veil between us and the people of the continents. Men fail and die through feebleness of Will. Women perish from too much passion, none at all, or absolute, cruel love-starvation. This we are trying to correct. Shall we succeed?

"The list of powers attainable by the human being numbers hundreds of distinct energies, nearly totally unknown to civilized Christiandom, which is far more familiar with destroying than with building up the fabric of human Happiness.

"There should be established in this land, for adults—in brain as well as years—a school of sexual science, in which all revealed

10 These secrets can only be taught to those who have attained the First Degree (through Soul growth—not ceremonials) of the Great Work.
herein and immeasurably more should be taught. A school should be opened wherein people are taught the mysteries of their own Immortal being, and the amazing difference between love and lust, and the laws that govern them. As it is, we must wait; and, at best, we can only instruct those few who are ready in the Sublime Principles which underlie the whole superstructure, thus fitting these to teach others.

"Truth, not falsehood, ever brightly shines. The power sought will never avail a degraded individual. Time and means in such cases are merely wasted.

"Conjugal love, like all other positive forces, never stands still. It either increases or diminishes. Husbands and wives both injure and mar it by heedlessness.

"Morning embraces, not too frequent, are prolific of nobler joys, health, satisfaction and, still better, offspring, than night embraces.

"She who yields to a libertine is certain to be despised by him. He who patronizes a harlot is worse than a beast; and both are unworthy of the forms they bear; no other creature sins against fellow creatures as humans do against each other. Whoever yields to passion not based in love or deep affection is not only a fool but a slow suicide; Love passion builds up the human Soul, whereas mere lust absolutely wastes the Soul.

"Every one guilty of the folly knows this from experience; for a debauchee lessens the entire volume of power. Whoever is false to a true and loving wife or husband contracts the malaria of hell, and is sure to carry home the subtle poison and lay the broad foundation of domestic damnation. Let husbands and wives remember that what 'cannot be had at home will be found elsewhere.' This is the Law: Sexual faith and purity are the price of power, just as love is the sole basis of Immortality. The Alchemist may use but the one vessel undefiled.

"Both husbands and wives will grant as a boon, when either
would refuse to accord a Rite claimed as a right. Nothing is lost but everything may be gained by the persuasive mood. He comes too near who comes to be denied. Insistence is brutality. Ask in love—he sure to show it; if you are true, she will be sure to know it. Caress, fondle and coax, but do not command. Slow paces last the longest. Unless there is mutuality, a little but growing hell is kindled.

"Govern yourself, then you may rule a kingdom, and finally your mate.

"Nothing but love can keep a man faithful, and that not always, unless he finds greater solace (peace and harmony) at home than abroad. That is just it. Men too often do not, and that is her fault; and unless he does, she is never certain of him.

"The true woman must love—must have love and be loved—in all its true meaning and full expression. She should have and exercise it at home; but if she may not have it there, she is liable to seek it elsewhere. He who imagines he can keep her true, in heart, at least, without loving her right along and right straight from his to her Soul, is an egotist, a fool and worse. Love is seldom lost. It is killed gradually or outright. It seldom returns, but may be won by faith, assiduity and genuine manhood.

"An idle wife (or girl) may be successfully tempted; so may a dressy one, or one fond of flattery. For such to be tempted is to fall. She will forget everything but a slight to her love—not passion—but a man will forget a slight to his love, but never a sin against his conjugal rights.

"No man can tempt a real, normal, healthy woman against the man she loves, and who, to her knowledge, loves her in return.

"Neither marriage nor custom gives man ownership, but equality; proprietorship means despair to her, dishonor to him.

"A woman in love can be wholly trusted; this is not always true of a man."
THE DIVINE WORK
THE BREAST DRILL ARCANUM

ALCHEMY: Substitution, Transmutation, Change

Any ignoble passion or evil habit to which the human organism is subject may be held in abeyance, conquered or turned into channels of constructiveness, provided some stronger desire, passion, motive or ideal can be substituted in the mental vision.

To illustrate: A young man has formed the habit of associating with vicious companions, frequenting taverns and other low types of places, and/or reading undesirable literature. If you succeed in introducing him into the company of cleaner associates, give him an opportunity to forget his former habits by having him spend his evenings in refined circles, among congenial companions, and allow his literary, constructive or musical abilities full scope, then in the satisfaction of the better way, in the thought that not only is he now having a much “better” time than formerly, but that he also possesses the priceless jewel of a clean conscience, the old desires and habits will gradually die out and remain as but a faint memory. With the new ideas and ideals filling his thoughts, the old life and its attendant evil will be discontinued as an evil part of his life because he has become conscious of a better mode of living.

Or again: The drunkard may have fallen into his undesirable habit, not because he deliberately sought to get drunk, but due to the fact that intoxicating liquors gave him a greater satisfaction than anything else of which he had a knowledge. What, then, will free him of this habit?

He can free himself from the negative habit by substituting
other ideas, desires or passions which are stronger than imbibing strong drink and becoming drunk.

Does any man desire to be a drunkard? Does any man wish to be a slave? Does man choose to be deprived of his reason and the respect and confidence of his fellow men?

Certainly not!

He indulges and suffers because he must be deeply interested or influenced by something, whatever that something may be, and the moment a stronger force, desire or higher ideal is conceived and accepted by his mind, he will, if truly a man and not a pathological case, grasp it as a drowning man is said to grasp at a straw.

Suppose we offer the habitual wine-bibber a new and original—to him—"drink," one which will create within him an exhilaration equal to that of alcohol but without the former disagreeable and debasing aftermath. Would he ever permit himself to again come under its control? Most assuredly not, unless, of course, as already stated, he is a pathological case. Then a far different procedure is necessary.

Sex passion, ungoverned and misdirected, the type known to mankind generally, is the fountain of "fire water," from which all the world is continually sipping in one form or another. If indulged in with incessant regularity, its hour of satisfaction often brings weeks or perhaps months of suffering, pain and attendant sorrow.

Sex, as at present generally understood, is Nature's smooth, steep, inclining plane, leading down into sheets of water reflecting beautiful and attractive hues. Step into it this way and you glide ever so smoothly, silently and quickly toward the shimmering cataracts below. Alas, at the plunge the "eyes are opened"; the beautiful hues in the rapids below are not there. They were reflected from above. The waters are poisonous. While the descent was ever so easily and quickly made, the return journey will be over rough and rugged paths.
Nature laughs at your ready acceptance of that which appears to be. Your plunge into the mucky pool broke the surface into a thousand pretty ripples much as does the stone the little lad throws into the water of a pool and which amused him so greatly that he does it time and again.

The incident is always amusing to Nature, for she, wise Dame, knows only too well that your action is the result of a carnal urge from within yourself, an action craftily incited by herself. She will suggest a repetition just as soon as the water is again smooth and alluring.

Nature, as is her duty, exerts her greatest endeavors in the direction of pleasing, amusing and, at the same time, perpetuating herself. Nature is concerned only with supplying bodies for returning souls, both good and bad, no matter what the method. She employs every known artifice to keep alive within you that desire which induces you to create physical, "natural" beings. Having achieved her end in this respect and exhausted your life in ungoverned, misdirected efforts to find happiness and satisfaction, she passes on to likewise influence others, with never a regret so far as you are concerned. Nature never permits herself to be burdened with pangs of conscience; this she leaves to her victims.

Nature continually struggles to force you to bow before her throne in sex. Men generally recognize the Law of Nature in its narrow, purely physical expression, but you, as a seeker of the "highest," must learn to know it as the Fire of the Soul, to be resurrected, raised up, as did Moses the Serpent in the wilderness, both being of like nature, and joined with, by, and to the fires from on high.

To the sexive passion, urged on by Nature, we owe our earthly existence. It is sex which has given us this most marvelous mode of expression, this privilege of attaining to Immortalization while still on earth and in the flesh. Nature, through sex, has shown us,
because of our ignorance and blindness, HELL AND ALL THAT TERM INCLUDES. The acceptance of the Divine Guidance of God through sex—SEX RAISED UP AND EXALTED—shall now disclose heaven and the life that is eternal.

The wise man listens to Nature, then subjugates and brings her into the service of his higher self and for a specific purpose.

This cannot be done by stifling, ignoring or suppressing desire, nor by refusing to comply with the call; the longing mothered by Nature. A living body and a living corpse have nothing in common. By stifling passion, the urge of the creative nature, man becomes a living corpse. We can accomplish the great and glorious work only by recognizing the just and righteous demands of Nature by following the methods of the Alchemists. Nature must have her "pound of flesh," not by means of unnatural methods and unholy practices, but through nobler expressions and the exaltation of the activities of life.

Sex passion exercised in the narrow limits of the purely local expression is an evil; a curse; destructive; the ORIGINAL SIN. Nevertheless, despite this truth, we must possess sex passion; deep and of long life, or we are no more than living corpses.

Care for it, husband it, and consider it your most precious possession, but thenceforth the expression must be by way of the Throne of God, The Great Center, where the Divine Law governs. Its expression must be under the control of reason, the incentive to Love or deep affection. This is the union of Love and wisdom with passion; the three as one; the Trinity of Holy Creation.

Through the Arcanum of Sex, the method of sex raised to the breast, a new motive in life is perceived; a new ideal will be presented and finally the stronger, because holier, passion, is revealed, in which the old and narrow lusts are swallowed up by the new.

How is this accomplished?

The method dates back to the time when the first Initiate trans-
muted passion into a spiritual quality and thereby entered into the
Greater Mystery.

Select a time each day when it will be possible to be free
from all interruption. Never lose sight of the fact that you
are engaging in a holy, an IMMORTALIZING WORK. Sit in the
silence for a few minutes in which to collect your thoughts
and desires and center them on a specific purpose: THE PUR-
POSE OF RAISING THE CARNAL SEX FORCES TO THE THRONE IN
THE BREAST.

Begin by breathing deeply, rhythmically, but without force
or great effort.

As you inhale, hold the thought that you are DRAWING
these forces to the throne of God and transmuting
them into a holy, VITALIZING FIRE IN WHICH IS CON-
TAINED NEW LIFE AND ALL THAT IS DESIRABLE.

Hold the breath for a few moments and then exhale with
the thought: AS I RECEIVE SO SHALL I GIVE TO OTHERS.

Throughout this effort there must be an entire absence of
any carnal desire and there should be no feeling of the awak'en-
ing of the creative center. IF YOU BECOME CONSCIOUS OF
CARNAL DESIRES, DISCONTINUE THE DRILL AT ONCE.

Gradually, slowly, and as you progress in this method of
the renewal of life, you will become conscious of the raised
vibratory forces by a feeling of warmth rising upward, BUT
WITHOUT ANY PASSION CONSCIOUSNESS.

As you feel this warmth, direct these creative forces to the
digestive center or solar plexus with the thought that this
function will constantly become stronger, more active and
more health giving; then direct it to the breast center for the
purification of all your thoughts and desires, and for bringing
to life the fires of the Soul upon the throne.

This center you do NOT attempt to visualize, nor do you
guess at its location; you give it no thought whatever, otherwise you delay the development of Soul consciousness. When you have spiritually grown sufficiently you will be made conscious of your Soul.

As you progress in this work, your blood will become charged with greater life, your mind will become more active. You will become conscious of a powerful, healthy, balanced intellectual activity and a new world will open up to you. In the beginning your practice should total no longer than three minutes, but this exercise may gradually be prolonged to ten minutes.

Again you are warned that you cannot consummate the Great Work and at the same time starve the Love emotion. Nature has just and righteous demands. The Great Master commanded: “Render unto Caesar [the body] that which belongs to the Caesar, and unto God [the spirit or Soul] that which belongs to God.”

The physical self has just demands, because through it we function and have our being, but in the granting of these demands we must be ever watchful; “watch ye and pray,” being the command, that the spiritual part of yourself, the Soul, also is fully considered.

He who attempts to save his own Soul at the expense of another shall thereby lose that which he seeks to save. The Law is: “He who shall lose his life to save another will gain greater life.” Therefore, those who seek the Path and who are married, must consider their mate, and these must follow a different method, i.e., practice the Double Breast Drill.

The Arcanum does not proscribe embraces between opposite sexes, but strongly advises the discontinuance of the expenditure of the creative forces, resulting in nerve depletion, which must follow if the union between the two is not full, complete and consummated in love or deep affection, with the interior thought of something different and greater than the mere satisfaction in consummation.
Sex, and its expression, is both the body's chemist and Alchemist; it is a marvelous builder. Through sex is generated an inestimable force and power, but sex cannot direct this force or power. This power must be directed by the enlightened and exalted mind, and in time the Soul will become the Master Magician in this work.

Sex becomes the Master Alchemist, the wise and unbelievable builder, only when firmly directed and governed by a wisdom awakened within the "inner self," the "Sanctum Sanctorum."

Your exalted, awakened mind must direct, guide and govern; as you do this every function and faculty of your being will respond and quicken you with a renewal of life.

The eyes will brighten with a new light, the muscles gain in firmness and strength, and the entire form will gradually be remodeled and perfected in its symmetry. The continued and intelligent desire to raise the sex forces is capable of vivifying the entire being, renewing it in its entirety.

Awaken fully this idea; bring yourself into a consciousness of it. Desire a far deeper and more comprehensive view of Sex as the Creative Forces; forces creative in every activity of life; mental, physical and spiritual. In the trinity of being alone is power.

Hold the greater ideal before you. Cultivate habits of repose and silent persistence in the one great desire. Bear in mind, so as to avoid impatience, that the "vile body" mentioned in Philippians III: 21 cannot possibly be changed in a brief period unless there is an All-Consuming, All-Inclusive Desire to Bring This About.

Sensual thoughts, carnal habits and circumstances of birth all have decreed that the body be vile. Change all this by deliberate effort. Reverse the delusive opinion which has held the millions in slavery. Reverse your habits and the practices engendered by uncontrolled Nature. Prove to both Nature and God that Nature may be a co-worker and helpmeet with the spiritual forces within and the Lord above; and no longer the incentive only of acts which are followed by death and destruction.
Patiently and with purpose and with a strong Will, proceed with the plan of rebuilding your body that “it may be fashioned like unto His glorious body according to the working whereby He is able to subdue all things unto Himself,” i.e., according to the spirit that is holy and all-existing.

Practice regularly the Arcanum for the purpose of raising the sex forces. Cultivate the desire for the full spiritual realization of the Creative life in the breast. Such a realization will bring you a satisfaction you have never before thought possible, and through it, and as a result of it, your former mode of life will be as forgotten as are the playthings of childhood days.

First attempts are futile and avail not at all. Persistence and regularity alone bring about desired results. Center the mind always upon the breast and strongly desire, i.e., Will intensely that the lower forces shall be drawn upward and in this process be transmuted into vivifying fire instead, as formerly, being “cast upon the ground” as a result of carnal practices for selfish satisfaction.

In addition to this, brief morning drills practiced as follows will help much:

Stand perfectly erect or, if desired, lie flat upon your back, and cross the hands upon the breasts with the ends of the fingers gently pressing upon the center of each. Now draw in the breath slowly, holding the thought that all life is being drawn into the lungs to charge the blood with the renewal of the vivifying fire. Hold the breath a few moments, then exhale with the thought that the spirit of love shall descend upon all. Do not force the lungs, be at ease, repeat three or four times to begin with, but gradually increase as you feel the need. All of these practices are for the single of both sexes.

The method for the married differs but slightly. The married should first carefully study the Ansarieth Mystery already taught, so that intercourse hereafter will never again be for mere pleasure
only. In every instance the thoughts must first be held on love and affection and be secondary on the pleasure and satisfaction following the consummation, although the resulting pleasure is neither unnatural nor forbidden. It is well always to realize the Law: "Render unto Caesar that which belongs to Caesar, and to God that which belongs to God," and nowhere else is this more important than in the creative act, which may launch a Soul into earthly activity.

Here is the method to be followed by the married:

The procedure for the Double Breast Drill is much like that of the Drill for the single, as already taught, with this exception: The Drill takes place during the Marriage Rite; the Rite is practiced as ordinarily, but instead of the mind, thoughts and desires being centered solely on the pleasure of the act, the thoughts and desires are for a specific purpose, such as health, achievement of a certain purpose, spiritual development. The breathing should be easy, but rhythmic. While drawing in the breath, the thought must be centered on some special purpose or desire (such as spiritual development and Soul Illumination); then a short period of holding the breath as long as is comfortable, all the while keeping the mind centered on the particular desire.

During the exhalation (expelling the breath) the thought of health, happiness and love is held for the partner. These thoughts are held with especial intensity during the mutual crisis. The thoughts should be so forcefully centered that they will constitute a decree or an edict so powerful that the unseen forces will gladly extend every possible aid in bringing about the fulfillment of every desire based on Divine Law.

Full pleasure and the desire for mutual satisfaction, relaxation and exchange of forces, as previously taught, are a legitimate part of the Sacred Rite and not to be ignored.

But what if the wedded partner is not in harmony with the
Great Work or Ideal? THIS DOES NOT IN THE LEAST INTERFERE.
Do thy part well and all will be well. FEEL AND ACT, PROCEED
AND CONCLUDE AS THOUGH THERE WERE PERFECT HARMONY.
Remember the reply of the Great Master to one who complained
to him of the acts of others: "What is that to thee, follow thou—
me," i.e., YOU fulfill the Law and all will be well irrespective of
what another may or may not do.

If your heart is right, if you do your part, then the result—
REACTION—will be as it should be.

Inter-communion, once established, will increase in strength as
the Drill is continued from time to time.

This is the Law of the Double Breast Drill.

Always hold in mind the real incentive—that of guiding the life
forces upward with the idea of regeneration; the desire to become
helpful; the broadening of your field of service among men and
the upliftment of all with whom you come in contact.

Proceed not with the idea that there shall be less force in the
Creative Center—rather cultivate greater power and fuller control
over it. Be master over yourself and you will become master over
all things. Consistently cultivate the creative force and Raise it.
This is the process of the transmutation of Base Metals into the
pure and shining "gold" of the Soul. It is the Art of Divine
Alchemy.
If the Aspirant be faithful in his practice, then sooner or later he must expect reactions, the Law itself being Action and re-Action. For a time the gross desires will assert themselves in a more or less exaggerated form. It is at this period that he must rely on the inherent power of his lofty desires and the efficacy of the Will to lift up all things. The lofty thought and desire must be held so firmly in mind that, irrespective of how strong the carnal desire may become, he will be the master, because in the control of these forces is the redemption; redemption being neither more nor less than salvation, and salvation being the greater or higher life.

Unless this is successfully accomplished, the lower nature may temporarily gain the upper hand and the work already accomplished will then need be redone. However, if there is a strong faith in the power developed by the effort thus far made; if we feel deeply within ourselves that everything is contained in this fountain of life and youth within; if we hold the thought and the imagination on high, i.e., upwards, and see ourselves as the children of the Cosmic Father, the instruments of the Law to help in His work, we shall soon realize with certain knowledge that this inner potential force, as it is awakened and comes into consciousness, is part of the Divine Fire, the Flame which will ultimately bring about Immortalization.

Passion's right must be recognized but in a legitimate manner. Nothing is gained, but much may be lost, by unwise denial. We must bear in mind that even the Great Master said, "There is a time and season for all things." Eccl. III: 1-8. Until that time
comes we must control and conserve wisely. Correct use is the Law, and the Law is Life. Wrong use and non-use are death.

In the breathing, whether this be in the Single or the Double, i.e., Wedded Drill, hold closely in mind the mantram taught for that purpose. As you follow this work in the right spirit, you will ultimately come to realize that the union of the sexive, i.e., the creative principle on the spiritual plane, is active on both the material and spiritual planes at the same time, if the instructions are correctly followed, i.e., in the spirit of the Work.

In the Double Drill, pleasure results on the physical plane and, at times, a new being is brought into existence, while on the Soulual plane there must be an exaltation; spiritual, refining, elevating and uplifting toward perfection. It is well to keep in mind the great Law of Hermes: "As above, so below; as below, so above."

In the Single Drill, there is an equal, or even a greater uplifting of the entire being, minus the physical experience.

The lack of pleasure during the Single Drill is compensated for by a greater and deeper exaltation.

In both instances the reaction is in proportion to the inner, spiritual desire, the Law of Compensation being a Balance. However, we are now dealing with the problems of the Double Drill, the Single Drill being a comparatively simple matter, but requiring greater self control, while the Double Drill has its many complications, depending for its success on time, moods, harmony, agreement and many other things.

As our spiritual love and feelings become stronger, the carnal and gross desires diminish degree by degree. In this process, the creative forces or powers then become stronger and more virile, unless these have been intensely strong before, in which case there is need for a more rapid transmutation of these potencies into the love of the heart and the deeper desires of the Soul.

Temptations in such instances may become frequent and strong and there is greater need for the purification of the mind and the
upliftment of the thoughts. Above all, there is need for great caution that the love for the one co-operating with us does not imperceptibly change into purely carnal desire and result in weakness and degradation. We must be eager to cultivate a deeper and purer affection, thereby gaining greater strength to not only resist the undesirable, but replace it with spiritual powers, thereby ultimately becoming as one of the gods—man's true destiny.

It is on the creative plane that the transmutation must have its beginning, because here only is to be found the **Fire of Life**, the principle that is basic to all power, and this must be **raised** by the exalted desire and an effort of the **Will**.

When we meet a man who has purified, exalted and **raised** the creative desire and energy, and still remains in full possession of manhood and competency, we also meet a man in whom the **Christos** has been brought back to life. It has been well said by the Great Master: "If I [the Christ in men] be raised up, all men will be raised unto me."

One who has entered upon the Great Work but is not entirely certain of the steps to follow writes:

"Paschal Beverly Randolph, in his *Ansaireth Mystery*, refers to union of man and woman, and while he no doubt meant to convey the secret of sex union for specific purposes and in an orderly and sacred manner, I feel that when he mentions 'woman,' he does not mean woman in the physical. He says: *Always remain with the woman until she has reached the orgasm and there is completion of the rite.* It appears to me he means that once we have undertaken the Mystic work, we must continue with the inner purification and development until we have accomplished the desired end."

This conclusion is at least partly in error. Dr. Randolph meant exactly what he wrote. His writings are always plain and to the point. He gave to the true seekers of the *esoteric*, in easily under-
stood terms, just what he himself had been taught by the Masters
before him and what his own many years of experience as a physi-
cian and teacher had confirmed.

At the same time, he also clearly indicated that when once an
Acolyte has entered the Path and undertaken the accomplishment
of the Great Work, he must continue to pursue it faithfully and
consistently, without doubt or impatience, until success is achieved.
It is, admittedly, far better for one to continue in the purely carnal
mode of life than to commence with the Great Work and then,
because of lack of deep interest, to permit himself to "fall by the
wayside." The penalty to be paid by one who sins in ignorance is
far less severe than that of him who has learned the Law and
knows better, and knowing, begins to sin anew.

The normal, natural co-habitation of man and woman,
called by us the "Marriage Rite," is not a sin; has never
been, can never be, and is not to be viewed as such. It is no
more a sin than partaking of a meal for the purpose of for-
tifying the body, provided, of course, the twain love each
other or have a deep affection for one another and, in addi-
tion, direct the forces for the exchange of the Electro-Mag-
netic Fires to the upbuilding of the physical, mental and Soul-
ual beings which compose man and woman, and not merely
for the sake of the pleasure the act affords. The embrace
dare not be for the MERELY pleasure or to waste the creative
forces, which in all too many instances is an act of pure
Onanism, draining the body of both vital and spiritual forces
and ending in death. The act must be for the purpose of ex-
changing, transmuting, raising up these forces and for the
mutual lifting up and bringing Light to each other.

The Breast Drill, properly performed, leads to all this and
more. The sole object of both the Single and Double Drill has the
Ideal accomplishment in view. The Drills are the means of grow-
ing in strength physically, and in Light and Power spiritually,
When the Acolyte has learned to deliberately and consciously work to this end, he has also learned the method for creating, within himself, the Elister of Life.

In the righteous union where both participants understand the Mystery, or where one fully understands it and the other loves deeply enough to be acquiescent, the creation of the all-power is possible. In such a sacred union there can be no sin because there is no loss. In such a union neither of the two indulges for the sake of pleasure alone, but to give expression to their mutual affection and that they may draw down upon themselves the love, Fire and life forces from heaven itself, the while they raise up the creative forces to the inner center.

In such a union all weakness is forgotten, to a degree pleasure is set aside, but love, wisdom and strength are drawn in. This, in truth, is the Sacred Rite. Through it all things become possible. Such a union is not material-physical, but spiritual-ideal, because in its very nature it is exalting and refining.

Admittedly, both the actors in the love drama must be in harmony and at least one, preferably the male, should be fully conversant with the whole of the Mystery, that there may be full, complete, mutual exchange between the twain, and, as it has been truly said, in “fair exchange there can be no robbery,” therefore no sin.

There is no other means for the development of the physical and perfect Electro-Magnetic power peculiar to man alone. There is, of course, the possibility of evil in that frequently gross desire may usurp spiritual longing and idealism. Such a union would be far from perfect and frequently result in weakness. Love, idealism, is the Red Powder of the Alchemists and it alone must be the incitant.

“It appears to me,” writes one not fully initiated in the Mystery, “that there is really no waste in the orgasm, such as we understand it. In the various fluids of the body are the hidden
fires; and, if we know how to make use of these, we can then hold the force instead of permitting it to pass from us. For instance, could we not, by the power of the Will, hold back the vital force and retain it?

To an almost identical question, though phrased differently, one of the Masters of the Age answers: "That's it, cheat the woman; but suppose in doing so you CHEAT YOURSELF THE MOST."

The Master was correct! In withholding, aye, even in trying to withhold the fire of the seed, you cheat the woman, but more than this, you cheat yourself still more. Unless you release all that you possess, there can be no exchange; you cheated her and forced her to cheat you; it could not be otherwise, and the result is weakness and degradation to both. This is exactly what occurs when the Law of Moses, "cast not thy seed upon the ground," is ignored, except that, in addition, there is defilement such as takes place in Onanism.

The very desire of exchanging the creative function solely for satisfaction and at the same time taking advantage of the partner who may be willing to give all, is treason to her; it is damnable, and brings about damnation because of the fact that the released seed, not being returnable to its source, passes through a process of degeneration, NOT REGENERATION, and becomes a poison in the system of one who so degrades himself by an attempt to defraud another.

One questions: "Why should not the venous blood retain the life principle instead of carrying it off? Is the race belief then utterly wrong on this question? If man can, by the potency of his Will, redeem himself and change the dross in this manner, what is to prevent woman from changing her blood in like manner?"

This is possible and actually takes place in the Single Drill made necessary because of lack of marriage, but in the married, it is, as stated by the Master just quoted: "Spiritual Sodomy and more disastrous than the physical crime which is known by that term."
Relative to the part that the breath plays in the Great Work, it is noted by close attention (during the Breast Drill) that we unconsciously breathe more deeply, inhale more of the finer ether, or Æth, and place ourselves in union with the Universal Æth Force and the ideals and images held therein. This occurs whether we practice the Single or Double Breast Drill, both being a process of LIFTING UP AND ENTHRONING, though actually this is done more so during the Double Drill due to the fact that then the desire is more intense because of the passion with which it is associated at the moment.

This is clearly indicated in a statement made by one who is engaged in the Great Work: "Sometimes when I meditate and breathe deeply but easily, this life or sex force becomes intense, as made manifest by the vibrations raised. I then think and Will that this force be lifted up and at the same time hold the desire for knowledge of the Higher Life. This brings about a feeling and emotion of great Love and of good will toward all."

The experience of still another in the Single Drill is stated in a few words: "Of one thing I am certain; my health is marvelous; until I began the breathing exercises, I was very tired by evening; would be too exhausted to do anything but rest. Now and for many weeks past, I have been tireless; and I feel as well as when I was a young girl, and that was very well indeed. Rest assured all instructions will be followed."

Sex activity is merely one expression of the Divine Law. Nothing can be created on any plane without the activity of this Law in one of its phases; without the copulation of what we term the spiritual forces manifesting through material forms. We say "spiritual" because the power on any plane is the feminine of matter, a spiritual force on the Mother-side of God; receptive and then reproductive. Thus, when we are of clean mind and thought and correctly understand it, sex is the divine expression for creation.
There is nothing obscene or vile about it, except that our carnal minds and degraded actions make it so, and because we are so long accustomed to look upon it from the animal and lust viewpoint. To the true and noble minded man and woman sex is glorious and even the right of the Immortal gods. To the pure in heart, there is no evil, not even in sex.

"There is an Universal Creative Energy, which men call God. This energy in its expression or manifestation appears to man as a dual power or force but in reality there is but one force at work."

In man, the highest expression of this energy, call it wisdom or love, as you will, appears to be the inner invisible force which animates him. This animation or life comes from the substance taken into his body in the way of food and drink, and the breath. But he could not long exist if this inner force did not meet or come into contact with its other self, or, as we choose to call it, its other half, or counterpart. The perfect "man" or "woman" (in embryo) found in the Spermatozoa is after all only "congealed air," perfected through certain of Nature's processes and ready to go on its round of progress as soon as it meets its other completing part. This being true, we must seek for the Secret of the Alchemists in the breath.

During concentration, we are unaware that we are breathing. That is, if we meditate deeply or if concentration is as it should be, the breath comes slowly and deeply, and there is a rush of air into the lungs. It is at this inrush that the subtle Æth is absorbed out of the in-drawn air by the vivified nerves, and at such times there is a possibility of feeling dizzy, or even a state of coma may result, indicating that the exercise has been overdone. This should be carefully guarded against for the greatest benefits.

During correct breathing exercises, the old breath is completely forced out of the lungs and there is an inrush of fresh air. The secret lies in this: When the lungs are emptied of the air for a few seconds and a new breath is taken, this new breath seems to be
starting from the creative center, and be drawing up, as it were, all the Vital forces toward the center (the Solar plexus) of the body. Here the Vivific Fire meets with the Æth Fire coming in. Here the Son and the Father become as one. This is the Mystery.

The average man, knowing nothing at all about these mysteries of life, breathes indifferently and, aside from this, does not charge his mental forces with the ideals or images of that which he seeks to accomplish. He, due to his ignorance, must depend upon Nature to do all the work for him.

The Wise Men of old, the Alchemists and true Rosicrucians (those Neophytes who had been taught, trained and passed through an inner development); were fully aware of the power that the imagination has on the mental creations, and also of the potency of the conscious breath. For this reason they hedged in their philosophy with so much of what may be termed religion. That is, they clothed it with all that is beautiful, ideal and uplifting, because they fully understood the action of the human mind and the workings of Nature.

This is what was meant by the reported saying of the Nazarene:

"And I, if I be lifted up from the earth [the physical, mortal, carnal], will draw all men unto me."—St. John XII: 32.

In order to do the Work properly, the mind must be controlled and elevated (lifted up). This can be done most easily when the breath is under guard of the Soul. No man can direct the elements until he is first able to control the Breath, as in the Breath we find all the elements which we know under the terms: Fire, Earth, Air and Water.

It is essential that the Aspirant shall first purify mind and heart. Were it possible to gain the power sought without this exaltation of the carnal and before man's desires have been raised to
pure and noble ideals, it would be employed by them to the detri-
ment of themselves and their fellow men.

The Will is the great lever for the accomplishment of this Work. When the object is for the welfare of the real self and for others, a true fellowship for all, the Neophyte will ultimately accomplish this aim. Otherwise not.
THE LAWS GOVERNING
THE SACRED ACTIVITIES OF SEX

The Laws are here taught in short, pointed, easily understood paragraphs. Acolytes will do well to study them carefully, memorize them in spirit, and by governing themselves accordingly avoid many sorrowful and perhaps costly experiences.

1. Sex, in all the word implies, is not to be weakened, repressed or destroyed. To do so is to make man an eunuch, because in time it will wholly destroy his manhood, and, as the word implies, his capacity to be a Creator. Sex is a gift from God and Nature; the manner of its use will result in either degradation or salvation, i.e., regeneration.

2. The Sex function in all its activities is to be raised to a higher plane than that generally understood by the mass. Sex is to be controlled and directed so that its every influence on the body and Soul is for a good purpose. The sex function, being located at the center of man's being, is to be no more ignored than any of the other important physical functions. Sex is Tripplicate; it is to be employed in (a) regeneration, (b) exchange of forces for reconstruction, and (c) to bring about the New Birth.

3. The first step is to guard against the loss of the creative principles due to any and every cause. The frequent and continued loss, whether by abuse, misuse or by any other means, ends in death of spirit and Soul. It was this that Moses had in mind when he commanded the Israelites: "Cast not thy seed upon the ground."

4. Sex potency and the desire it creates is neither unholy nor debasing, but this desire must be controlled and wisely directed at all times and under all conditions and circumstances, so that losses do not result.
5. To “kill out” desire is not taught by this or any other truly Arcane school. “Thou shalt not kill” can aptly be applied here because to kill sex desire is to kill the power of creation. Without sex there could be no creation. It is desirable that greater sex potency and deeper power be developed, but these must be directed into the proper channels that there may be an abundance of vital and creative energy in the body for use in building that “temple not made with hands,” building our own Soul and a place for it, by transmuting this sex energy and creative force into the Fires of the Soul itself.

6. It is essential that these creative forces be so raised that, through their constructive activity within, the New Birth may take place and ultimately the Illuminated Soul become manifest.

7. Those students of the Arcane who, through some mistaken idea or as a result of erroneous instructions, have “killed out” sexual potency, and who ignorantly presume themselves to be on a high plane of development because of this absence of desire, sooner or later will awaken to the fact that not only are they far beneath the supposed plane, but that there is even an actual possibility of having destroyed the means whereby they might have reached the hoped-for degree of spirituality.

8. The great Law is: The more of sex potency a man or woman possesses and the more perfect the control, the greater may become the Soulual powers and his or her possibilities along every conceivable avenue of creative work.

9. With this in mind, effort should be made to develop an intense determination to restore full power and healthfulness to the creative function with which God has endowed every normal man and woman, and to direct it correctly. Without this potency, one is merely a tool in the clutches of the forces and unable to make progress in the Great Work.

10. Before us is a letter from one who has been a loyal student for a considerable length of time and formerly belonged to an
organization active ostensibly for the purpose of teaching the truth and leading its members to a realization of the spiritual self within. We quote the letter in full because by means of it a number of errors can be corrected:

"In the Question Department of a magazine published by an organization claiming to be Arcane and Initiatory and having a wide circulation, I have come across the following question and answer. The whole might be read and passed as one does any other item, but for the fact that it is claimed to be a Rosicrucian doctrine. If I mistake not, the answer to the question is a perversion of all that the true Rosicrucians teach:

"Question: I read in your philosophy that the unforgivable sin, that against the Holy Ghost, is the abuse of the creative sex force. Are you not taking great responsibility in promulgating such a theory in view of the fact that modern neurology is finding that the suppression which you require is causing serious nervous troubles; also in view of the fact that the orthodox church people regard the sin against the Holy Ghost as the most terrible thing possible, and therefore your teachings on the subject might bring despair to thousands of sensitive Souls? Have you any way of proving your theory?

"Answer: Answering the second part of your question first, we would say that we regard the Rosicrucian doctrine on this subject as a very comforting one instead of one that would bring despair, for the reason that it teaches that the sin against the Holy Ghost (namely the abuse of the creative force) is unforgivable only in the sense that it must be explained by living in an impaired body until such time as enough of the creative force has been generated and conserved to build a better body. Therefore, the penalty for the unforgivable sin is only a temporary affair, and this fact should
serve to bring relief to the minds of thousands, instead of despair."

Our Reply: If something is unforgivable, how, we ask, in the name of God and all that is holy, can it be but a temporary affair?

Do true students seek for a sop to ease their guilty conscience, or do they want the "truth which makes men free?"

Is he not Satan in disguise who teaches the seeker that an act which is destructive of both body and Soul, if continued, has merely temporary effects?

Is it not like telling a man that burning a building down to the ground is but a temporary affair which is self-restorative?

Greater evil than this there can be none than to teach a man that an act which is destructive of his entire Triplicate being—body, mind and Soul, and condemned as eternally unforgivable—is only a temporary affair and, after all, does not matter much.

If the unforgivable—i.e., the worst that man can commit—is only temporary in its effect, why not freely commit all other sins, since the effect and the results of them are even less lasting?

The True Rosicrucians never taught that the Unforgivable Sin is not the sin against the Holy Ghost, i.e., the Holy, Creative, or Illuminating Fire. The sin which is the act or indulgence in that which is against the Law of Moses, "casting the seed upon the ground," is, in the finale, the Unforgivable Sin.

In every exercise or indulgence of the creative function, which is neither for generation, nor regeneration, nor for the exchange without loss for reconstruction, a certain portion of the creative fire is cast out, Biblically speaking: "upon the ground."

This is the process, the manner, of committing the Unforgivable Sin. If man has been guilty of this degrading and destructive act, but discontinues it before "all his substance is wasted," again using a Biblical term, and he still possesses the ability to create more of the Seed or "substance," he can rebuild himself and he is not under the penalty of the Unforgivable Sin.
However, if he continues in this ignoble (destructive) habit, until finally he has "wasted all his substance," and the creative organism is no longer capable of continuing its Alchemical work of creating "seed" in which is contained the Fire of life, he has committed the Unforgivable Sin. In wasting all his "substance," he no longer retains any part of the Creative energy. The fire within this energy or medium for the seed is essential in the building of the Soul, and Bringing it into Consciousness. In destroying the ability to create further seed, the essence of the Soul itself has been destroyed. It is this essence which, when raised up and brought into Consciousness, is the Holy Ghost. Consequently the Holy Ghost in that man has been destroyed, and that Soul which has sinned is destroyed, not by God, but by him who committed the act.

He, man, the actor, has destroyed his spiritual self by casting it "upon the ground," and this is the serpent creeping on its belly in the dust which should have been raised up after the manner Moses did in the wilderness. That which is destroyed cannot be resurrected. Unforgivable means unretrievable, non-undo-able, non-resurrectable.

The term Holy Ghost is a synonym for the Ineffable Light which belongs to the Soul. Without this Light the Soul is in darkness, beneath the stone in the tomb, unresurrected. This sleeping Soul can obtain its Light only by transmuting the fire which is in the seed, or in the laboratory where the seed is made; in Biblical terms, the loins.

The writer of the answer to the correspondent, ignorant of the Arcanum hidden in esotericism, and untrained in truly Rosicrucian principles, confuses the health of the body with the loss of the Soul. Any practice which affects the health adversely is a sin, because its effect is destructive; but only those practices which gradually waste the substances, forces and energies of which the Soul must be built are sins against the Holy Ghost.
The Unforgivable Sin has finally been committed when the practices have continued to the ultimate, so that rebuilding the Alchemical Laboratory within man, wherein are “created” the seed of both creation and recreation, is no longer possible. Man, though within the age of creative ability, is then no longer capable of being a co-creator with God or the Universal Creator whose assistant he is. When this process of “wasting” has been continued to the finale, there is then no remedy in either earth or heaven to retrieve its ability, for the Soul itself has been destroyed as a result of gradual disintegration, i.e., by “casting the seed upon the ground.” The Mosaic command is absolute. Neither the church nor the Arcane organization has the power, authority or ability to set the edict aside, unless it is possible to first restore the ability and energy destroyed, and the Rose Cross makes no such claim.

11. The establishment of normal activity at the creative center of man’s being, the Will power to guide the life forces and direct them in divine ways, will insure speedy entrance through the gates that open into a world of absolute freedom from human and carnal limitations.

12. The practical methods for the restoration of health and activity to the creative function must be employed only by such as need it. Those in full possession of their strength—though it is admitted there are very few—should make no attempt to apply such methods, as they might result in greater harm than the benefits made possible.

13. The Method: First, warm (not hot) water baths, as well as sun baths when possible, then gentle massage of the surrounding muscles and cords. Orientals recognize and teach that the most powerful remedy for such weakness is the gentle massage of the male generative organism by the wife while the husband is doing his part in preparing her by caresses and fondling for the Marriage Rite. Only debased minds see evil in this.

14. The muscles and cords between and at the sides of the
lower limbs may be rendered vigorous and healthy by massage and exercise. Place the feet somewhat apart, allow the body to slowly descend, then gradually and steadily resume the erect position. Continue this for five minutes at a time.

15. After retiring, lie flat upon the back and breathe deeply and evenly, causing the abdomen to rise and fall with regularity, throwing vital force into the digestive and reproductive organism. It is essential that you hold in mind not only that you are creating new forces but also that you are drawing these forces into the organisms which are to be rebuilt.

16. If this be done, then the entire being may gradually be rebuilt and yourself thereby prepared for more advanced work. This is possible only through a gradual change from the old life to the new, and through the process of inner growth.

17. If it happens that lewd thoughts are awakened in the mind, then the drills and exercises should be immediately discontinued for the time being and not again attempted until the following day or night. These exercises must be free from all carnal thoughts and will be in a very short time if you refuse to permit the mind to dwell on such thoughts, and substitute the Mantrams previously taught herein. Any practice of this nature should be limited to five minutes at any given time.

18. Always bear in mind that you are building the foundation of a Great Work, a Divine accomplishment; unless the basic work is as nearly perfect as possible, no great structure (temple) can be reared thereon.

19. The man or woman sexually weak likewise lacks, in the same proportion, magnetic strength or virile power. Virility depends wholly upon sexuality—a sex potency that is under proper control and at all times wisely directed.

20. Obedience to the Divine Law which governs the creative center not only implies greater virility and more vital force, but
also a more perfect balance in body and mind, and consequently a greater possibility for Soul growth and finally Mastership.

21. To the woman it insures less discomfort during the menstrual period, less loss, yet greater purification, and thus greater capacity to enjoy life in all its fullness. To the man it assures less involuntary loss of vital substance, greater firmness in purpose and a deeper desire and power to accomplish.

22. 'To the single, the directions must naturally be different from those given to the mated; for circumstances and conditions are vastly different though the Law is the same.

23. The Mosaic inculcation, which is based upon absolute Law: "Thou shalt not cast thy seed upon the ground," governs both the married and the unmarried. The application of principles is different, as taught in the "Single" and "Double" Breast Drill.

24. The Neophyte whose mate refuses to comply with his normal requests for the Marriage Rite for one reason or another and who cannot be won to compliance by love or affection, should practice the Single Breast Drill and direct the creative forces for the building of the Great Temple as a fit habitation for the Illuminated Soul.

25. To be able to do this successfully, great care must be exercised in the selection of the food consumed. Articles of diet which give the maximum of strength, with the minimum of sexual desire, should be selected. Careful attention to bathing, the breathing of plenty of fresh air and a great deal of physical exercise are essential. Involuntary losses may occur even then, but these are the result of Nature's efforts to protect the Aspirant, and the loss of the seed prevented by the power of the awakened Will. Hold the thought before going to sleep that, whatever may happen, the seed shall not leave the body. The Will acts as the "keeper of the Gate," preventing loss of the spirit of the essence.

26. While practicing these breathing exercises and drawing in

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1 See "Diet, a Key to Health." Philosophical Publishing Company, Quakertown, Penna.
of deep inhalations, hold in mind the ONE DESIRE which you have
determined to bring into manifestation, and that you are drawing
up to the Great Center of your being the fire resident in the Cre­a­tive Center of your being.

27. In the beginning, this breathing exercise should not be for
a period longer than five minutes. The time may gradually be
increased. Longest period of practice should not be more than ten
minutes.

28. If you are sincere, regular in your practice, free from doubt
and have fullness of faith, then the fires from the Creative Center
will be drawn up to the Great Center where transmutation takes
place. Here these fires become the Divine Fire burning upon the
Altar of the Soul within the Immortal temple; the source of power
and Wisdom to the Neophyte.

29. This method of development should be continued until the
Acolyte has gained the mastery of his being: his physical desires,
his thoughts and his aspirations, unless in the meantime he receives
other and more advanced instructions.

30. No Acolyte should attempt to follow Arcane or esoteric
inculcations without guidance. In all things possessing power there
is danger in misuse or ignorant use. These instructions are given
only to a limited few under a vow of secrecy and all who legiti­mately obtain these teachings know the source to which they may
appeal for guidance.

31. The sincere student must always bear in mind that the
Divine Creator has given him nothing—neither any part of his
body nor any potency of that body—which was not intended to be
exercised by man for some good and noble purpose. This applies
especially to the creative functions of his being.

32. All things that were made were called into being for right
use. Nothing that exists is for either wrong use or non-use. In
wrong application there is destruction; in non-use there are decay,
degeneration, imbecility and weakness. In the ultimate, the result
DIVINE ALCHEMY
of one is as destructive as the other. The constant repression of any power or force, and especially of the creative function, will give birth to a vice.

33. It may be necessary for a time not to use or apply many things in the possession of man because circumstances prohibit him from making the right application of them, or the intended use. In such an instance the Law opens other avenues to permit man to exercise his creative ability in some other direction for the time being.

34. The greater part of the foregoing instructions have in mind the guidance of those not married. Consideration will now be given those more or less harmoniously mated. If the recommended suggestions are followed, they will not only help to free men and women from many of the ills to which the flesh is heir, but also bring about a deeper sense of peace, a happiness and contentment previously unknown.

35. Moreover, they will give husband and wife greater power to endure the misfortunes of life, and enable them to call into the world children healthy in body, mind and Soul—children who will become powers in the world, and prove a blessing to their progenitors and their fellow beings at large.

36. Much of the misery rampant in the world today is directly traceable to the abuse of the creative function in one form or another. All the crimes in the world at the present time had their beginning in the wrong use of the sex; for the "casting of the seed upon the ground" is at once the beginning of all sin—the first or original sin—and the end of existence of that being.

37. The instructions applicable to those who are married do not differ materially from those given to the unmated, with the exception that in place of conservation and self-transmutation the Law of Exchange must be accepted and applied.

38. When the Marriage Rite is made the medium for both pleasure and exchange, the proper time should be chosen. Should
a child—temple for an incarnating Soul—be desired, then the instructions given in a previous chapter should be faithfully followed. A woman aroused to full desire and strength will be able to become the mother of healthy and energetic children.

39. In every such instance the woman should be fully *impassioned* by previous caresses and it should be her keen desire that a child result from the embrace.

40. To apply the potency of the Marriage Rite for the development of Soul powers, it is essential that the husband and wife be harmonious at least in their desire for mutual embrace. If the woman cannot be aroused to actual desire, the accomplishment of the Great Work is not possible and should not be undertaken.

41. During the Rite, they should both practice deep breathing, fixing the mind upon the object or goal previously agreed upon. They should then hold the thought or the image of their desire in mind. While full pleasure is not forbidden and not considered unnobling, it must be secondary, the object sought having first consideration.

42. The Mosaic Law must be absolutely obeyed—that is, the Rite must be concluded by both parties so that no seed be lost. When conception does not take place, then the mucous membranes of the vagina will entirely absorb the chism and its semen and the woman will gain health and strength thereby. Even should conception take place, but one Spermatozoon out of millions impregnates the ovum, while the rest give their lives for the successful one’s strength.

43. If the image of the object sought is held in mind, if the deep breathing is practiced throughout the Rite and the potency of the thought properly concentrated, then at the conclusion or crisis of the Rite there will be between the two concerned a perfect exchange of potential power heretofore wholly unknown and unexperienced.

44. Moreover, through this same power, the husband is able to
bring health to his mate, or she to her husband, as the need may be.

45. Whatever desire is agreed upon between the two, it must be continued during each succeeding Rite until the successful accomplishment of the desire, irrespective of the weeks or months required. Under no circumstances should a work be commenced and then discontinued for some other desire, unless there is a good and sensible reason for so doing.

46. Choose carefully the work you wish to accomplish, or that which you desire to become; then concentrate on it to the exclusion of all else.

47. The desire of a husband and wife need not be identical so long as they are not antagonistic to each other. It is, however, essential that they agree to disagree in so far as the specific object of their effort is concerned, and then work in harmony.

48. Generally, it is best that specific days should be selected for the purpose in mind. This may be every second night, twice a week, once a week, every two weeks, depending entirely upon age, inclination and virility. However, reason dictates that a hard and fast rule is not best or even possible, as too many factors enter into the consideration. Under unfavorable conditions, whatever the reason, the Rite will prove highly unsatisfactory and possibly weakening, or result in disharmony. Choose the time wisely, and when the selected time is agreeable to both parties, the most favorable results may be expected.

49. The Work should be undertaken in the evening after retiring. There are exceptions here as elsewhere and many may prefer the morning hours. The Rite should be discontinued two days before the expected appearance of the menstrual flow.

50. It is not to be presumed that the Double Drill or Marriage Rite is only for one purpose. It is the Pathway to many achievements: Soul Development and Illumination, Love and Wisdom, Spiritualization and the attainment of knowledge. But under no circumstances may the student exercise it for any selfish purpose;
to do so is to be destroyed by the Sacred Fire. The Rider Haggard story of "She" is symbolic of the misuse or destructive use of this "fire."

51. Marriage is in itself the sacred association of two people. To most people it is an institution for convenience and as such is quickly destructive to all that is best in them. The first thing to be expected is the appearance of children. He or she who marries and then expresses the hope that there will be no children for the first year or two thereby admits that the bonded association was not for Love or any divine purpose, but to permit them to indulge in what is in spirit nothing less than licensed prostitution. The woman who truly loves seeks to become a mother, will not, under favorable conditions, avoid becoming one. Those not prepared for, not desiring parentage, should remain single.

52. It frequently happens that a single man enrolls for instructions in the Arcane Science with a special object in view, such, for instance, as higher Soul development and Soul Illumination, or some other lofty and righteous purpose, with no thought whatever of marriage; but, before the attainment of the goal in view, he finds love in the heart for some worthy woman and desires to mate.

53. If the one sought for a mate be in harmony with him and his aspirations there is no reason whatever why he should not marry and continue the Work as before. It is, of course, essential that there be a complete understanding between them before marriage and that her interest be sufficiently deep that she also become conversant with the Divine Laws and, in working in harmony with her husband, benefit herself.

54. The change from the Single to the Double Breast Drill will not in any way interfere with his progress in the Work, but, on the contrary, will enhance the possibility of full success.

55. It frequently has happened that those mated engaged in the Great Work for some special purpose; then for one reason or another the serpent of inharmony came between them and it was
impossible for them to continue in the Work via the Marriage Rite.

56. Whenever there is such an interference with this manner of following the Great Work, and there is a sincere desire on the part of one or the other to continue, the Single Breast Drill is to be substituted for the Double Breast Drill.

57. Admittedly it is more difficult to discontinue the Double Drill and substitute the Single Drill than vice versa, but the sincere student will do it willingly and soon becomes conscious of the fact that he has actually lost nothing through this necessary change. Where the desire is clean and willing, the heart will be able to dictate the path to follow.

58. There are instances in which a married man or woman enters the Path in higher development but where the mate is not at all in harmony with an exalted mode of life, yet where, for various reasons, it appears necessary for the student to perform his duties as husband or wife in order to hold together the family ties.

59. In such instances, sacrifices must be made. The Acolyte need not even let it be known that he or she is interested or engaged in other than the ordinary duties of life and, as occasion requires, be faithful to the duties of husband or wife. However, while performing the Marriage Rite, he or she must consistently and faithfully hold in view the goal to be reached, forgetting, in a sense, the act itself; though not to an extent that this would in any degree cause sexual weakness or dissatisfaction.

60. Doing this is far from easy and may not always be pleasant. Moreover, more time may be necessary for the accomplishment of the work in hand. However, if the heart be clean and the demands met with patience and in love, the results will always be beneficial.

61. The Acolyte, having previously entered the Path, might sever the family ties, but in most instances nothing would be gained by doing so. It is far better to comply with the Law of non-resistance, in patience and without resentment or repugnance,
and trust in full faith that the Law of Compensation will find the solution of the problem. *Under all conditions, the results will be according to the state of mind and heart which governs the Neophyte.*

62. The Law governing the Divine Passion is manifold and may be directed through many avenues of effort and achievement.

63. For instance, the Acolyte may be a man whose wife is suffering from some weakness for which, seemingly, there is no relief. If he can arouse her to full desire and willing and loving compliance, and if he will center his mind on bringing about a cure, and hold this object in mind during the Rite, bathing the uterus with the fully charged vital fluids and she absorbs these through the action of the mucous membranes, relief will ultimately follow. He need not even inform her of what he proposes to do, *though that would be of immense value and create a state of expectancy, provided, of course, it would not create antagonism.* Always be it remembered the desire of the mate must be fully aroused and the embrace be in affection and completed in every detail.

64. Throughout the foregoing pages three great Laws governing the Divine power of sex have been inculcated. In the pages to follow, it is necessary that we call the Neophyte's attention to a careful consideration of several very important matters which are concerned with the application and the results of the Laws and practice.

65. It must never be forgotten that the Marriage Rite—Double Drill—is the most absolutely sacred and at the same time the most powerful method for the development of the inner forces because it deals with the primary and fundamentals underlying all of life. Admittedly, like all potencies, it is dangerous to the unclean heart and lustful mind.

66. In this, as in all the activities of life, a common-sense view must govern the embrace and the practice at no time carried to
excess, otherwise the ends in view are defeated by the unreasonableness of the application of otherwise potent methods.

67. It is necessary for the Acolyte to realize that in the beginning it may not be possible for him to retain all of the forces of life. There will, of necessity, be some losses; it is impossible, except in a few instances, for a man to make a radical change in his life and be able to press onward without any reactions. Nature does not work that way. In this, the Acolyte's virility naturally is the governing factor.

68. However, it is certain that if the Laws are obeyed, the one on the Path will be able from the beginning to conserve a sufficient amount of the vital principle to assure a perfect and natural growth—one that will gradually lead him into perfect manhood (or womanhood, as the case may be) and then develop within himself a personification of the Christos, the aim and the end of all true development which ends in Initiation.

69. It is likewise true that a sufficient amount of the vital principle will be conserved to gradually free him from illness and weakness of every description, the power to bring success to him and the ability to reach Soul Consciousness and finally Illumination.

70. Here, again, reason must govern. The Neophyte must not become so narrow in his views as to believe that the Single Drill or the Marriage Rite alone will be potent enough to accomplish all this for him if he refuses to obey the rest of the Divine Laws. These Drills when faithfully practiced in conjunction with correct breathing, bathing, a wise selection of food for his sustenance, and sufficient exercise, will assuredly do all this and more.

71. If one were to obey the Laws faithfully, and correctly function in the Marriage Rite, yet disobey the laws governing diet, he would fail for the reason that physically we become what we eat. If he selects foods lacking in the qualities which build vital power, he would soon be minus the vital forces which he must draw up
to the Altar of the temple within and there transmute into the fires which will build and Illuminate the Soul.

72. To those who practice the Single Breast Drill (due to the fact that they are not mated), it is necessary to call attention to the fact that if there is at any time an involuntary loss, they should not become fearful, discouraged or consult charlatans who profit on groundless fears. Nature will gradually strengthen all the organs and cells; and, when these become strong through being rebuilt, losses will no longer occur or, at the worst, very rarely, and in each instance the seed may be retained by the effort of the Will as already instructed. So long as there is any slight weakness, it may actually be necessary to the individual's well-being that they do occur; just as it may be necessary to have an overflow of water over the walls of a large dam to prevent the weight of the waters from breaking down the walls entirely and thereby doing great damage.

73. The mated who practice the Double Drill or Marriage Rite fairly regularly will not be troubled by losses because in their case there is relief through the mutual exchange of the vital forces and a complete rest of the nervous system which always follows constructive indulgence.

74. Above all else, irrespective of the procedure, whether by means of the Single Drill or the Double Drill, it is essential that all evil passions and gross desires be eradicated from the mind and heart.

75. Only love and affection should be in the heart during any of the Drills of sex; only as love and affection govern the action does the work become Divine. Physical pleasure, as already indicated, is not forbidden, but when gross passion alone reigns, the devil (destructive forces) holds sway and the results must be accordingly.

76. If the Acolyte will obey the spirit and letter of the Law thus far taught him, if his thoughts and desires are held to a lofty
goal, then all power may be his; he will be prepared to proceed with higher and more individualized methods for the attainment of Soul Illumination and Initiation.

77. Exercises, concentration, drills, bathing, dieting, and sacred worship at the Shrine of the Divine Creator—all these, though noble and essential, will not avail if the Neophyte does not become the King of the Seat of Life. It is here where the fuel for the creation of the Sacred Fire burns. It is here where creation begins and from whence Immortalization must proceed.

As an Acolyte, do not get the idea that it is possible to change your whole mode of thought, desire and activities of life within a day. Time and effort are required. If you are imbued with a strong desire to overcome, if your efforts are in the right direction, if you will follow the dictates of the Laws of Life as you master them, you will gradually free yourself from misconceptions and your body from irritating forces so that there will no longer be an unnatural urge toward the activities which bring about weakness and death. Instead, a longing, an aspiration, will be born in your consciousness which will prompt you towards the Path that leads to life and Immortality.

79. If at times you make mistakes, if you are frequently unable to completely carry out any part of the Work, do not permit yourself to become discouraged. Above all, do not become impatient; impatience, in the Great Work, is destructive, therefore a cardinal sin. Bear in mind always that you are actually a part of the Universal Creator, of the one God, and if the desire be pure and exalted, you will gradually become that which you seek to be, and come into possession of the power which is in harmony with God—the Creative Law. Let this thought always sustain you and urge you forward. Try to make every effort a lever that will lift you higher and higher upon the scales of both evolution and conscious development.

80. In this evolution and development differ. Through evolu-
tion we grow upwards only as Nature forces us, just as she directs all existing things. By conscious self-development we are no longer the tool of Nature, but through our own self-effort we work in harmony with Nature. In this manner, by deliberate self-effort, we accomplish in a single lifetime more than in ages and many incarnations through evolution alone.

81. The Divine Path thus far outlined does not ask of you the impossible; does not even demand that you deny yourself anything good or desirable, but only that right use be made of all things. It is an exposition of the Natural life which the normal man should actually seek to live and which alone will help him to become Godlike.

82. If the Neophyte will dedicate his life and direct his actions to the One God, the Infinite Creator and Giver of Life; in other words, to the Law, there is not even a chance of failure. Naturally, at times there may be reactions due to the operation of Karma; but even these reactions will be the means of helping him upwards to something more profound and higher.

83. To attain to infinite power—the ability to meet and conquer disease and weakness of the body, poverty, failure in a desired undertaking, success in sincere endeavor—the Acolyte must draw strength from the source of life. This he cannot do unless there is a reserve from which to draw, and there can be no reserve so long as he lives the carnal, untransmuted life.

84. You have herein been instructed in the various methods for the transmutation of the gross into the pure and shining gold. It is your privilege to enter still further into the Great Work. Remember, however, that once you enter this Path and mode of living, you dare not give it up or prove recreant to your ideals lest it create an eternal conflict between the carnal and the spiritual and there be no peace for you. The Nazarene indicated this in his parable of putting the hand to the plowshare. Luke 9: 62.

85. Let this plan of life become your natural mode of life. Since
nothing good and lasting is denied you, it is only in the beginning that you may find it difficult. As you continue in this life you will gradually grow into true Manhood, into the Soul-man, which culminates in Godhood, just as the ordinary man grows into weakness and senility by living the old worldly life.

86. These instructions have nothing in common with psychism as usually understood. They do not teach the student to enter into a negative state and be controlled by astral (earth-bound) beings. On the contrary, they positively prohibit this and indicate a certain plan of development through the means of correct breathing, constructive concentration, and the transmutation of the essences of life into the fires of the Soul which eventually bring about Soul Illumination.

87. This Initiation, for such it is, will make man akin to the gods. It is the method which will enable him to be one with the gods, and is referred to in Genesis of the Scriptural writings.

“For God doth know that in the days ye eat [partake thereof—so live] thereof, then your eyes shall be opened [you will see clearly—gain wisdom], and ye shall be as gods, knowing good and evil.”—Genesis 3: 5.
MODERN man, considering himself both intellectually enlightened and a member of an advanced civilization, is apt to smile at the ignorance of ancient peoples, thus openly displaying his own lack of understanding concerning the two most important factors in making of life all that it should be.

1. What are these two fundamentals? NUTRITION and REPRODUCTION.

Both were formerly accepted as a matter of course with neither thought nor planning. Basically, man is what he eats. The Ancients, at least in that period known as the Golden Age, made of every meal a fine art, a sacrament and a social hour.

Both religious thought and medical art, in the not very remote past, openly sneered in contempt at such statements. Now, due to the persistent and consistent promulgation of these ideas by the Rose Cross and Eulis, these opinions are accepted as facts by church and medicine. Ministers preach on the subject from their pulpits. Medical men fill their magazines and newspapers with articles on the influence of food on health and well-being.

There are still countless numbers who deny that food has any great influence on either health or spiritual well-being, but these are mostly from the mass and even these admit that man cannot live without food and that it is therefore a first essential.

While food is admittedly the basic fact in man’s life, a necessity before he is conscious of sex life and after he is no longer competent, sex is primarily the means of bringing man into being. Sex is therefore vital to man’s existence and should receive much greater and deeper consideration than at present. Here again the ancient people of the enlightened ages were far wiser than we of
today. They made sex an art, a sacrament and a religious expression of the highest order.

Food, the need for the satisfaction of the physical man, and sex, the requisite of body and Soul in the reproduction of the race and the Immortalization of that race, are, we repeat, the two most important factors in the life of man while domiciled here on earth and should be given the deepest consideration and study. The question of food is not in place here, but full consideration will be given to sex from the standpoint of well-being and spiritualization.

2. In the exercise of the sex function neither man nor woman should be conscious of any weakness as a result of engaging in the embrace. On the contrary, there should be a feeling of strength, a buoyancy, and power not noticed before. The degree of the resultant exalted feeling will depend entirely upon the preparation before the Rite is engaged in, and the feeling in the hearts of each while so engaged. There should always be a protracted period of preparation before the Rite, except in instances where the male is of an age where he would become incompetent if too much time were given to this part of the Rite. There are other exceptions, such as where the woman becomes thoroughly impassioned in a shorter period of time and also when, by one means or another, she clearly indicates her readiness.

3. The preparation. Magnetization and polarization should consist in the gradual stimulation of the various sensitive nerve centers, such as gently stroking the breasts; the pits under the arms; the navel; in some instances the knees, and, where a woman is not readily aroused to full desire, the clitoris. It should be remembered that every woman is a Law unto herself. That which will please one woman will offend another; but always there is a salient point of approach, as every woman when fully impassioned

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1 See "Diet, a Way to Health," for full instruction. This book was the leader in arousing both the public and the medical profession to the importance of diet in health and well-being.
will confess. The man who is possessed of a little forethought and wisdom will, by repeated effort, ascertain the most sensitive centers of his mate, not, however, neglecting the other centers, lest these become dormant in feeling. In the normal, healthy woman, all things being favorable, the stimulation of the (one or more) centers will arouse the amative centers and awaken her to a keen desire for the Marriage Rite.

4. There should be no clothing between the bodies of the two who worship at the creative and recreative shrine. In defiance of the sneers and horrified protests of prudes and those sexually and therefore Soulfully, cold, we say that this is the only holy and righteous method of exercising the Rite. As proof of this statement, we proclaim the fact that God did not create man or woman with clothing to cover them. The more thoroughly man (and this includes woman) cleanses his heart and mind, therefore his thoughts and desires, the more fully he will come to reverence the approach of the time when man and woman manifest externally the two in one, the consummation of holy and sacred wedlock.

5. The sacredness and desirability of the Rite is not—as all but the very few have thought it to be—in the climax, but in the close embrace, the fondling and the kissing that must be part of the Rite from the beginning of the exercise up to and during the climax. It is during this period that the divinity or the brutality of man is brought to the fore. Like Absinthe, the embrace in the conjugal union will bring forward the best, or the worst, in man.

6. A thorough course for both education and preparation would be a blessing to the average woman, because her information and instruction have been based on the destructive error that her form is not to be seen by man, that it is vulgar for her lover-husband to undress and prepare her for the wedding-bed, and that she dare not indicate or express desire or pleasure. Damnable beliefs in the sight of the enlightened man and God! God certainly had neither shame nor horror when He created the reproductive organism
and looked upon His handiwork (man and woman) and saw that it was beautiful. To some women it is undoubtedly obnoxious in the beginning for their husbands to fondle or gently massage their breasts or other parts of their bodies. Many women who have had a life of unhappiness have expressed themselves as being filled with a "feeling of horror," when contemplating this activity, but questioning elicited the fact that this was due to the erroneous instructions, or lack of instructions, they had received before marriage. When the Law and the reason, the intent and purpose, were fully explained to them, they quickly overcame the feeling of what they thought was shame, and thereafter expectantly looked forward to the all too short period of preparation for the Marriage Rite.

7. One part of the pre-nuptial preparation must never be neglected: that of affectational display. This is a most essential part in the awakening of the desire in woman. In this connection it is well to offer a warning which is all too frequently neglected by writers on the subject. Frequently objection to indulgence in the Rite is due to the repulsive odor from the mouth with which so many men and women suffer, unknowingly. These foul odors may be due to indigestion, malassimilation, tobacco, alcoholic drinks, poor teeth and various other causes too numerous to mention. Make certain that the reason for this form of repulsion does not exist by thoroughly cleansing the mouth with some good antiseptic. It is well to do this nightly, so that there be no offense at any time. The ancients, including the wise Solomon, sang continually of the breath of roses and the smell of fine attar, and they knew only too well what they were singing about. Go thou, oh man, and emulate the ancients and thou shalt be well repaid for thy effort.

8. If there is a sense of shame in the mind of either the man or the woman as a result of disrobing, being disrobed, or the caresses thus far mentioned, then one of several things may be the cause: Woeful ignorance of God's and Nature's Laws; "coldness in heart and Soul," erroneous teachings which have created an inner
complex, or worst of all and most difficult to overcome, lack of real Love or affection. True Love knows no shame in natural and sacred indulgence and takes delight in obeying all the Laws of affection and consummation. Remember this:

9. A primary reason for weakness and nervousness following the Rite is the lack of preparation prior to indulgence. This also gives birth to marital dissatisfaction and even downright hate of one for the other. In this respect, man is usually most guilty. This results from being unaware that he is a sexual animal, and, while in his prime, requires no other preparation than that his passions be aroused by a carnal feeling or the sight of a desired object. Woman, on the contrary, except in exceptional instances, is not a sexual animal; but is at heart maternal, i.e., motherly and affectionate. Her effort is to hold the man she loves to her heart by any means in her power. This, her primary instinct, must, before or during each embrace, be changed into desire by means of caresses and fondling which, however, should never, except in rare instances, begin with the creative center, but always with the breasts—the mothering center—unless otherwise indicated by experience—and gradually progress to the genital center.

10. Never embrace an unwilling or unprepared woman. It is poison to the system and death to the Soul. Randolph wrote: "He comes too near who comes to be denied." In other words, do not command or demand. Prepare your way and then you will be invited and be made welcome, not by words, perhaps, but by signs which speak louder and more unerringly than words possibly could.

11. The preparation may require 5 to 30 minutes. Be willing to devote that much, or even more time, to this phase of the Rite. You will find it well worth your time. It is possible, aye, due to the American weakness as a result of haste in all things, both sacred and profane, that the man be weak, and that when he begins the caresses, his full desires be so aroused that weakness follows. There are three methods to overcome this:
First, think of something interesting, forcing your mind—thoughts and desires—to concentrate on the subject or object until just prior to the beginning of the Rite. Practice in this will make perfect and gradually develop a strength unthought of before. It is well to have an understanding with the mate.

Second, allow the first weakness to pass away and continue the fondling and caresses until the second strength appears.

Third, and probably the best method in most instances, the wife should be the active partner for the time being and until strength returns and manhood is reestablished.

12. Remember that I am speaking to you as an honest physician to his patient whom he would save from much sorrow; a loving and wise father to his son; a Priest to his parishioner whom he would save from the penalty of erroneous beliefs and delusions which lead to sorrow, suffering and possibly the death of both body and Soul. We repeat the admonition: Whatever else you do, avoid charlatans whose every effort is to make you believe that weakness and a premature climax is always a sign of decay and impotence and must be treated at great expense.

13. The Biblical saying: "Go to the ant, thou sluggard" could profitably be copied with benefit by almost all members of the human race. Men would profit greatly by watching the mating of the denizens of the animal world, especially those of the bird kingdom. Watch the bird or the dove, see them bill and coo for a long time; then, as the proper time approaches, watch the bird sing in his loudest and most beautiful tone while he mates. Thus it should be with man and must be if he would be truly man. The coaxing, the petting, the fondling and finally the kiss of love as the Rite is consum-

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7 The instructions are based on forty-five years of medical experience in constant practice and as a ministering Priest in the August Fraternity consulted by men and women from every section of the world.
mated in its ultimate and highest form, and, be it remembered, the fondling and caresses might well be continued throughout the Rite.

14. Nervousness, ill-health, female weaknesses should not prevent the woman from indulging in or from thoroughly and fully enjoying the Rite. As a matter of fact, these weaknesses should be made a reason for the embrace because if she becomes fully polarized and magnetized, if the Rite is completed, and if the uterus and vagina are fully bathed in the seminal fluids, it will soothe and calm her nervous system; send the blood into the weakened or diseased parts; heal them, and will establish an equilibrium—which is real health—and she may be delivered from many of her ailments; for even cancers and tumors have been known to disappear under this process. Is it not written in Biblical lore that no less an authority than God has caused it to be written that Love is the beginning, the aim and the end of all things, for God is Love and Love is God, and in Love are all things possible? Does God, God's Law, or Nature lie?

Think well before you sneer or condemn that which is written here.

15. Fear is one of the potent factors that must here be given consideration. Fear is a destroyer. It destroys health, happiness, and even the fruits of Love. Fear of pregnancy is today the most potent factor in marital unhappiness, nervous breakdown, neurosis and many other forms of illness. Any woman who, throughout the marital Rite, is fearful of conceiving will gain neither benefit nor satisfaction from the Rite and will make life a hell for her husband, frequently driving him to other women for satisfaction. This fear is wholly unnecessary and may, where truly justified, be avoided by following instructions already herein given.

16. The foulest, most destructive and most defrauding of all teachings so universally promulgated today is that of the non-completion of the Marital Rite. This inculcates the idea that there should be no orgasm on the part of the male, the Climax avoided, except for the purpose of propagation. In other words, this teaching erroneously suggests that the woman should be fully aroused as
heretofore and herein advocated, the mating begun, and the twain remain together for as long as possible, or desire indicates, but part without the full consummation of the Rite.

This *coitus interruptus* in time inflames the prostate of the male and leaves the female with an inflamed uterus, jangling nerves and a vixen temper. The promulgators of these delusive and destructive teachings admit that at first this is most difficult and does leave both unsatisfied (and it has been frequently admitted to us by both parties that, had they the opportunity, they willingly would have indulged to satisfaction with almost anyone else), but they claim that gradually there is less feeling (less reaction by all the natural forces against the fraud) and that in time all feeling will die out while together, and they exultantly point to this fact as a proof of the correctness of the practice.

What actually occurs is, *that, as a result of shock after shock, all the vital forces in the system of both are burned up and impotency, prostatitis, ovarian inflammation, disgust and general neurosis result, and finally the Soul itself is destroyed by this foul practice. It is the most degrading form of Onanism because it is also a gross fraud on what may be an innocent partner.*

17. If there is any weakness on the part of the man it is practical that during the period of preparation there be conversation on esthetic subjects such as music, flowers, the arts or other ennobling topics. This is not only exalting to the mind and Soul, but it permits the man to keep his thoughts from his weakness.

It is essential that the conversation never drifts to anything that is unpleasant or that may arouse the grosser passions such as hate, malice, jealousy, or brutal feeling, because these are destructive and weakening.

18. Under present conditions and because of much misinformation, the vast majority of women are possessed of neither desire for, nor any feeling of, ecstasy during the Marriage Rite after they have passed the period of Menopause or Change of Life.
If they but knew the truth, they would recognize that it is then that woman may know her greatest degree of pleasure; the fullness of satisfaction, and the utmost benefit for the reason that all fear of undesired pregnancy is removed.

It is only necessary THAT SHE SHALL NOT PERMIT HERSELF TO FALL VICTIM TO THE INERTIA USUALLY A PART OF THE CHANGE; THAT SHE NOT ONLY KEEP HER DESIRES ACTIVE, BUT THAT, IN ADDITION, SHE FORCE HERSELF TO FORGET ALL ELSE, AND AT FREQUENT INTERVALS INDULGE IN THE MARRIAGE RITE. If this be done, then once she is through with the change, the desire, the capability and the sense of enjoyment will remain with her during all her life. Admittedly, in many instances, because of the bondage of race belief, or erroneous instructions, a constant effort on her part may be necessary, but this is well worth while if she is to remain a full woman for the rest of her days.

19. In uncountable instances we find that man and wife have lived happily for many years and raised a large family successfully, yet after the Menopause inharmony gradually develops; he seeks other matings and there may follow disruption of the family ties. Usually both are ignorant of the cause. He could not, if he would, explain why he is repelled from the marriage bed which has so long been both harmonious and satisfactory to him, nor why he seeks in other quarters for that something which is missing. The whole secret is in the fact that his mate is no longer arousable, consequently is unable to exchange the vital magnetic forces with him. After each Rite there is a greater feeling of dissatisfaction, while at the same time and, under the circumstances, a normal attraction develops for women who are still capable of making the exchange with him. At home there is a repulsion—though this is unconscious; abroad there is an attraction—also at first unconscious.

20. Another fallacious idea universally common is that only the man should be active. There is no hard and fast rule; temperament, capacity and capability must govern. However, where the
woman is not easily aroused, while the man is more or less weak, the woman should be the active party throughout the Rite while the man is passive and thereby conserves his strength. On the contrary, if the man is of full strength and the woman readily satisfied, it is he who should be the active partner and she the passive one. It must be accepted as fact and truth that the woman has as much right to be active, even intensely so, as has the man, and the entire Rite is to be governed by the relative strength of the mating pair. Activity does not make the act less holy unless it weakens either party or shortens the duration of the Rite so that complete satisfaction is not possible by both parties concerned.
DIVINE ALCHEMY
BOOK THE SECOND

Further Instructions in the Great Arcanum

This is the Path to the King's Highway. It is both narrow and thorny but, by faith and a steady purpose of mind, it may be entered and the Golden Goal Attained.
TRUE Initiation is the transmutation of the physical body by efforts consciously made and based on faith and belief (usually termed religion) only in so far as this induces action. The exaltation and transfiguration of the Soul is the result of the purification of sex, and the Illumination and Deification of the Soul through contact with the Universal Consciousness. This process accomplishes the regeneration of the whole man, which is the true object of all Transcendental philosophy, and the only safe basis of practical Magic. All operations attempted by the vulgar and the undeveloped, in other words, by unregenerated persons [those untrained], are either dangerous or unsuccessful, or, as in the case of Black Magic, of a dark and abominable nature.

"Contemplation and quietism are Keys to this mysterious process, which has been carried to its highest point by the Initiates—Masters; and is described by Roger Bacon as the modification of the body of Alchemy."—Vaughan, in Magical Writings.

When the physical self, which includes all but the Soul in man, has become transmuted by means of exalted desires and the raising of the creative Fire through Love, the Soul Flame becomes active and Consciousness is the result. True Love, not alone for a person, but for all of being, is the key to the At-One-ment with the Universal or Cosmic Love, or God, and with the Law itself. As we become one with this Universal or Cosmic Love, and permit, aye, encourage, the Law to govern our activities, we steadily advance on the Path leading to Initiation and membership in the Great White Brotherhood of Hierarchial Order.
This, at present, is only for the few, because the great mass have no such desire, and certainly no great Love for other than the things they can see, feel and enjoy or profit by.

Sex is the great stumbling block for the Neophyte, as also for the rest of mankind. This is the serpent of Biblical lore, which, correctly understood, must be lifted up. Moses, the Great Lawgiver, gave an example to his people and showed them how they might be saved. This MYSTERY MUST BE ESOTERICALLY UNDERSTOOD AND FOLLOWED THROUGH IN THE RIGHT SPIRIT.

*Man cannot become regenerated so long as he plays with the creative process and ability.*

No one will be exalted and lifted up so long as he permits his thoughts and desires to drag him down into the mud and mire of sensuality; this being the serpent *creeping on its belly* in the dust (degradation of sense).

This is the Neophyte's great problem and must be faced squarely and conquered. To become regenerated, *i.e.*, Ye must be born again, *not of water, but of spirit, by means of the water*. It is essential that the thoughts and the feelings be raised to the highest and noblest plane. This is possible only by means of persistent self-effort and a keen desire to free the self from all that is debasing.

The Breast Drills are a means toward this end and must be practiced both in the letter and the spirit; nothing added to, nor subtracted therefrom. Sex is the *"Devil's bridge,"* over which all must pass successfully or be destroyed, *i.e.*, die the mortal death.

There is nothing vile in sex itself; on the contrary, the creative function is *God's workshop*; but the Soul must never be dragged down to its level. Instead, *sex must be raised up to the plane of the Soul,* and may not be exercised for the mere gratification of the senses, otherwise man *falls,* even as did his parents before him.

To attain to the highest estate, man must be perfectly sexed; dare not be either diseased procreatively or be impotent; otherwise
there will be lacking the forces and energies so essential as agents in the Great Work.

Without a healthy creative organism, man is a weakling and the attainment of Divine Wisdom demands manhood. Without this he will possess neither the strength nor the courage to surmount the obstacles met along the Way. The Neophyte must recognize the oneness of God in all things. He must become conscious of the Universal Love-Fire principle of which sex, i.e., creative energy, is the foundation of all power and realize that without this nothing could exist. The more fully he realizes divinity in creative ability and raises himself above the purely lust-and-passion stage, the sooner will he be able to reach the At-One-ment, or the Soul’s Attainment. This is Initiation.¹

¹A warning is in order. Many Neophytes make good progress in the Great Work, but after reaching a certain stage of inner development, and before they have actually been able to make conscious contact with the Hierarchies, they sometimes become possessed by the idea that they are able to travel the Path of Initiation alone, and unwilling to further obey their instructor.

The Acolyte entering the Path and taking upon himself the sacred vow must be willing to place himself under the guidance and protection of a Master-Teacher for such a time as may be necessary to develop sufficiently to attain to the first or second degree (in the authentic Rose Cross there are but three degrees, the Exalted Third being the last), and made conscious contact with one of the Hierarchies.

If the Neophyte fails in his obedience, he will most assuredly be unsuccessful in reaching Soul Illumination. This in turn is certain to result in regret and sorrow, as is so well illustrated in the story of the Neophyte Glyndon of the Lord Bulwer Lytton novel, Zanoni.

Thomas Vaughan, in his Magical Writings, also warns of this:

“When this New Birth (Consciousness) has been accomplished, the Magus is placed in communication with the Creative Forces. The Universe and the avenues of Spiritual Perception, which are narrow, difficult and full of barriers to the psychologist of today, are then freely thrown open for unlimited exploration, and the initiated epopt may proceed to the Invocation of the Celestial Intelligencies, and to the assertion of intellectual dominion over the Hierarchies of elementary beings.

“The depths and heights of his own Immortal nature are also revealed to him, and from the pinnacles of his spiritual life he may soar into ecstatic yet conscious [during his waking state] communication with God [the Law] Himself.”
The secret, subtle sex Fire is in reality the fuel for the creation of Soul Fire, i.e., the Illumination. Considering Nature in all of her operations, we are forced to the conclusion that nothing which exists could exist without this fire. This, then, is the fire of the true Rosicrucians, and in all times has been sung and written about.

All geniuses have pictured this divine force in music, art, and even in words. In the human organism we must look for the wonderful changes that are brought about by this force. How could the food that we eat be changed (burned up—transmuted) into those wonderful essences and these again into the emotions of love, hatred, kindly feeling, malice, etc., without a hidden power within it?

One may say that this is due to the mind, but mind is contingent on the brain and the brain cannot exist without a regular supply of the food that rebuilds its cells. This hidden force is at once constructive and destructive. It becomes the creator, destroyer or

"On the physical plane he may perform, by the adaptation of natural laws, many prodigies which seem to the uninitiated observer in defiance of all law; he may endow [charge] inert substances with the potency of his individual Will, and this is the philosophical principle of Talismanic Magic; he can search all hearts and read destinies; perceive events happening at remote distances, and can impart to suitable objects and subjects a portion of his own prerogatives."

Unfortunately, Neophytes of the present day, and more especially those of the western world, dislike intensely to obey and often refuse to do so unless there is no other way to be found.

No sooner does the Acolyte glimpse a few of the underlying truths of the Mysteries than he will challenge: "If there be anything more, if there exists such Hierarchies, then prove it to me," forgetful of the fact that he himself must unveil these mysteries, and that this is impossible until he is fully prepared and has proven himself worthy.

If the deeper mysteries were not safely hidden from the unworthy and profane, there could exist no such thing as the Occult, the term in itself implying that which is hidden.

Man can know the truth only after he has prepared himself to recognize the truth. Ignorance creates fear; it is the terror standing at the threshold, permitting entrance only to those worthy and fully prepared.
preserver according to the impulse imparted by the desire (innately a form of Love), and even this desire is a form of Fire.

Watch then the Flame; it will appear in a triangular form, Pyramidal, and this is the symbol of Aspiration resulting in exaltation. Let your desire be toward the Light, the source of all. Herein is the Great Mystery.

Thus in all Nature do we find this Fire, this Solar Ray (in man, the Soul Ray), from the mineral even to the highest expression or manifestation of divine creation. This Fire is the Soul of things. For this reason, lights are used in all true religious ceremonies, in order to draw the attention of the communicants to the true source of life and power.

The destructive principle in this fire was known among the ancients as Saturn, i.e., Satan, but this same Saturn can be made to become the true Mercury, the potent Redeemer—the Christos, by the power of Desire which is Love. The four letters of the Word itself symbolize the four elements: Fire, Air, Earth and Water, and are only a modification, in division, of the one great force. This Fire, when truly understood, is the Elixir of Life, the Royal Essence. In religious symbolism it is pictured as God—Father, Son and Holy Ghost. The Mercury of the Alchemists is at once all three.

This Fire is the beginning of all things and, like everything in Nature, it appears under a dual aspect: The Spiritual Fire and the fire in Nature. These two forming a true union, creation results now as ever before. There is nothing existing without this fire and, due to this truth, the Ancients used fire as the symbol through which to worship the Universal or Cosmic Father, the one Creator and Sustainer of all of humanity. All of the Greater Mysteries of Antiquity were based on this principle, portrayed as male and female, the Adam and Eve of Primitive Masonry and the Jachin and Boaz of modern Masonry.
We see this fire (life, light, heat) principal in operation all about us. It is manifest in the growth of everything; in the seasons of the year; in the Spring in its ascendancy, in the Fall in its descendancy; going down that it may arise again; in the vapors of the air; in the flowers and the fruits. All life is a continual process of reproduction. When Reproduction ceases, life begins to wane and soon ends in sleep, only to reawaken and be reborn in the properly prepared individual.

The Ancient so-called Fire Worshippers had the true basic idea even though modern churchmen, in their gross ignorance, dub them as “heathens,” wholly unaware that their own religious systems and their inculcations were born from these ancient systems, but have lost much of their esoteric (life-wisdom-giving) knowledge. Absolutely nothing can exist without this life-giving principle we know as fire. From the smallest atom of matter to the largest sun, from the most subtle perfume to the highest form of the rose, so symbolic of the Conscious or God-found Soul, to the most destructive cyclone, there is nothing but this one hidden divine fire. The results of any given activity depends entirely upon the form this potential energy takes.

Everything in existence is the result of the intermingling of the two major forces, or rather, of the one great force manifesting under two aspects, i.e., duality. Sex is the Law, even though we call it the CREATIVE EXPRESSION. Whatever the appearance under this Law may manifest, and especially when under the exercise of the creative function of man and woman, it is the expression of Divinity and consequently Holy (whole—the two-in-one, or, as-one). It should be reverenced by man and must be made holy if he would save himself.

It is undoubtedly difficult for modern man, accustomed as he is to look upon things with a sensual and mortal vision, to recognize,

\[ \text{See "Philosophy of Fire," Philosophical Publishing Company, Quakertown, Pa.} \]
in the creative organism and conjugal relations between man and woman, anything good or Holy—or ever to admit, as did wise Solomon, that here we find the Holy of Holies, the Sanctum Sanctorum. Solomon knew these truths and built the Temple—for the Altar—in the Δ. Sex is divine, majestic, noble and sublime; the great wisdom and love of the Creator (creative Law) are here shown beyond any cavil to all who are willing to learn.

To the “pure in heart all things are [appear as] pure.” When man can once more look at the creative exercise from this point of view, he has advanced a great way toward overcoming all temptations to indulge in sexual congress for lustful purposes only, as has been his habit.

This mysterious force, debased and sneered at, which yet rules all, is alluded to in Alchemical writings as the “agent,” and the substance on any plane on which it acts, as the “patient.” It is man’s duty and work to be able to control this force and transmute it into the highest possible potency, rather than to waste it in the usual fashion, that of the libertine.

If we are in a darkened room and gaze at some imaginary spot, we shall soon behold the appearance of a Light. Since there is no light within the confines of the room, what we see must come from within ourselves—it cannot possibly come from without, since we see only the objective with our physical eyes. This light that we see is the fire that is within us. It is likewise the fire in Nature, pictured under Saturn, which becomes Mercury, the Christos, when the creative energy is raised to the Altar of the Soul. God never dwells in the darkness—to us—but in reality, in eternal light.

The fire within us (the Soul) becomes visible to us—objectified—because we could not comprehend this light by any other means.

By the firm and steadfast Will this fire is brought up and becomes objective, and the more we are able to subdue any extraneous thoughts belonging to the sense world, the better and greater
will the Light appear. This is indicative of how careful we should be to entertain only pure and noble Ideals—for our imagination is the Womb of all things. Just so far as we are capable of forming the ideal and holding it by the potency of our Will, will the Ideal ultimately become objectified.

This light is the subjective become objective. It is the “woman [Soul] clothed with the Sun.” By earnest and sincere endeavor and holy aspiration, the Imagination can bring into manifestation the highest Ideals and people a world of its own, more real—to the Soul—than many of the people whom we meet. The inner self, the Soul, is the source of this marvelous operation; it is the Great Unknown, the power we call “God,” because we have no better term for it. This power, after all, is substance—for God is. We are made of this divine substance but unless we become conscious of this fact and cease to abuse it, we shall be unable to direct this potentiality. This inner potency or creative ability is the “pearl which is hidden among the rubbish of the Temple.” Cleanse the temple and you will find the “jewel.”

If we become conscious of the source we must elevate, i.e., draw it up, by the power of the Will. Yet, the true inward vital Spark is not in need of being lifted up. In itself it is Divine. The work necessary is to transmute our own gross and carnal passions, our selfishness and brutishness under which the Spark of Divinity lies buried. As to the Grand Passion itself, the more we have of this Creative Fire, the more pronounced may be our work, provided we direct it with a Master’s hand and Will. Frequently, in our efforts, it may become necessary for us to summon all our strength to overcome weaknesses and gross desires; but as we grow in fineness, strength and understanding, the mind and heart will become meek, replacing arrogance and self-righteousness; and then we will begin to recognize the boundless and infinite wisdom and love of God and his Law concerning even the smallest and most despised of his creations.
The light within is the Light that lighteth every man who ever came into the world. It is the living Word; and every man has this Word, in whom this Light, this "Son [part] of God" becomes manifest. It is the divine self of every man, the divine Ethereal counterpart without any infirmities, because these latter belong only to the earthly form, the physical man. This divinity in man is not a personality but may be brought into individualization in the man who becomes conscious of his divine inheritance; yet, this Ethereal being remains in its essence impersonal, a living entity, incorruptible and Immortal.

This is the Great Mystery before which the intellect, reasoning from particulars to manifestations on the lower plane, stands hopelessly confounded, but which the Soul, whose inner perceptions have been awakened, beholds with wonder and awe. Only that which is Infinite and Immortal in man is able to comprehend Infinitude and Immortality. So long as the wavering intellect doubts the existence of God or fails to recognize the Law, it cannot become Soul Conscious and Immortalized.

The Red Rose of the Rosicrucians symbolizes the "creative (male) principle" acting upon the White, receptive and reproductive (female) principle; the blood of the Red Lion upon the glutinous matter of the White Eagle.

The shape of the rose is symbolic of the heart, the mythical seat of the emotions. In the measure that man succeeds in freeing himself from sensuality, the Soul will manifest the spirit of Love; the Christic spirit of being.

The Neophyte must succeed in realizing that giving way to his passions, such as unjust and excessive anger, hate, malice, jealousy and like evils, depletes and, at the same time, poisons his whole being. Hate, fear, malice, resentment, jealousy and others of like nature are the base passions; destructive, evil forces that bring about the ruin and finally destroy those who give way to them.

If human creatures were unable to live up to the Ideals as taught
by the Master-Teacher of Nazareth, there would be no benefit in the study of these beautiful truths. Theory alone has no value. To benefit, man must practice the highest truths and the most fundamental principles and make them his own. By using these principles in all actions, they become interwoven with the very fibers of his being; being built into his entire self, so that finally he may manifest these Ideals and their potential benefits to himself and others; thus, and thus alone, can he become an Initiate.

The Acolyte should make no attempt to kill, i.e., destroy or eliminate, the creative force and ability. On the contrary, every effort should be made to strengthen and conserve, master, hold under control, and direct these forces to the final accomplishment of the Work in hand. Love must be at the foundation. As these creative forces, if weak or dormant, are revived, as they will be under training, they must be raised up, drawn toward and upon, the inner altar, and there transmuted into love, affection, spiritual power and the Ætheric Fires. This is the transmutation of the carnal, animal man into the/ an Archangel—it is the Alchemists' secret made manifest.

The Lotus, whose home is in the Nile, and the Lily of Solomon, handed down to us from the most ancient of days as symbolic of the exalted life, draw their life, power and beauty from the slime and filth in which their roots are planted by living true to their nature, and, by the aid of the sun, transmute this filth into fragrance and beauty beyond compare.

In like manner must man, within whom is the Tree of Life, the symbolic Rose and Fleur de Lis, draw his sustenance from things earthly; the food he ingests, the liquids he drinks, the air he breathes, and transmute these, in the laboratory of his body, into the secretions for the building of his body and the awakening of his Soul.

The most wonderful and mysterious of all forces within him is the "seed" wherein is the life of future generations and the Fire
which alone can give Light to the Soul, and wherewith is built the fabled Tree of Life, the Mysterious Rose brought to bloom and the Lily forced to give up its treasures.

Through generation, this "seed" is brought into manifestation in the physical world. In regeneration, it is drawn upward—"If I be lifted up"—and transmuted so as to become the spiritual self, the Soul. The transmuting power is on the plane of Love or affection. This is the uplifting power, the Christic energy. Therefore, it is of paramount importance that the Acolyte retain, accept for generation and exchange, and transmute the seminal fluid if his aspirations are toward the highest, the Immortal. The true Alchemist is only the medium through whom the Divine functions; all his works require watchfulness and constant prayer (aspiration); and for this reason the Master-Teacher commanded: "Watch ye and pray."

The Rosicrucian Rose symbolizes the heart of the Christos; the five petals of the flower forming a Pentagram, or Perfect Man. The utmost point or petal may be interpreted as the redeemed, regenerated Neophyte, the lower self having been purified and through this process is developed the Tree of Life—Immortalization.

As man studies deeply and practices the mystic philosophy, his heart will open and his love will go out to those even who are not

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Says Persephone to Adonis: "Till, when I grew hungered, ere yet another form I saw; along the silent alleys journeying and leafless groves, a fair and mystic tree rose like a heart in shape, and mid its leaves one golden mystic fruit with a fair seed hid in it. This, with childish hands, I took and ate, and straight I knew the tree was Life, and the fruit Death, and the hid seed was Love.

"Ah, sweet strange fruit! the which if any taste they may no longer keep their lives of old or their own selves unchanged but some weird change and subtle Alchemy comes which transmutes the blood and moulds the spirit of Gods and men in some magical form."—A Neophyte.
in sympathy with him or with things spiritual, because he perceives the divinity in all things. He forgives, yet does not condone the evil acts of his fellow man. To his mind comes the saying of Buddha: "To know all is to forgive all." He seeks the cause, rather than judges the effect.

Nothing can exist without God (the Law). Should the God (Love) principle be taken out of anything, it would cease to exist. It has been said that no man exists, however seemingly bad, but that there is some good in his heart. For this reason, the Initiate forgives all and forgets the wrong, knowing that sooner or later all men must reach perfection or destroy themselves in the process.

The *Word* of the Masters is the *Fire* become Divine. On the lowest or physical plane of activity, this fire is the Life or fire in Nature which continually changes or transmutes the lower into a higher state. On the central plane, it is intelligence, desire and passion, while on the highest plane it is the *Love which is God*.

The Neophyte must, during the process of Initiation, grow into Consciousness, and become fully aware of this Divine force within himself, and by intense, ennobled desire, draw all forces upward to the Altar upon the Throne within. Self, as such becomes sanctified and he has the knowledge that he is part of the universal whole.

Unless we come into the realization that God, or that which we call God, is in everything and everywhere, and permit our kindly feeling to go out unselfishly to all living things and recognize the Divinity in all, even though it is deeply hidden and asleep, we should not expect to be able to enter the higher realms.

Selfishness seeks to benefit the self alone, and against the best interests of all others. It is the curse from which humanity has always suffered and man's effort could profitably be devoted to eliminate this scourge on mankind and replace it with something better.

( The Neophyte will not progress rapidly until he learns to draw
within himself the Æth Fires, Occultly termed the Universal Substance. This must be inhaled by correct breathing of the Ætheric forces and retained by the Magnetic thought, through an effort of the Will. Herein is where the Great Secret is hidden. The Neophyte must absorb the Fire of God into his body through correct breathing and then retain it by means of the Mantram that is part of the breathing.

During the retention of the breath, the creative forces are drawn up from the creative center and mingled with the Æth Fires in the indrawn breath. All of this is then transmuted into the Ætheric energy and the vibrations raised to the center of Light to give life to the Soul—the Spiritual self. **IF THE DESIRE IS INTENSE ENOUGH AND FREE ENOUGH FROM THE SELF, ALL THOUGHT OF SEX IN THE GROSS SENSE IS OVERCOME, AND MAN ATTAINS TO MASTERY INSTEAD OF REMAINING THE SLAVE.**

The conclusion of this Great Work is the **Magnum Opus** of the Alchemists. Philosophically, this is the crucifixion. The successful accomplishment of the operation results in the ascension—the going upward into the realm of Soul.

The animal nature within man (every man) must be subdued and changed (transmuted) before he is able to read the riddle of the Sphinx. **This is actually the finding of the Christ.**

As we proceed to breathe in the air and at the same time draw up our forces, a great work is accomplished if the practice is approached with due reverence and in love. Results may not be immediately noticeable, **but the Law is that there must be a result from every effort and this result is according to the nature of the effort.**

The dross and the lower tendencies of man become changed through the power of the Will which underlies the desire. The divine, hidden substance from the higher and the lower planes or realms meet and mingle, and from the union results the birth of the New Man—the **regenerate Man—Manisis.**
Here we find the two E's in "Eve," representing the two waters of the Mosaic teachings—and "the spirit of God was hovering over the face of the waters." This spirit of God still hovers over the waters in order to create new men—the Illuminated of the coming Manistic Dispensation.

Here, also, we have (in the successful accomplishment) the duplication of Moses lifting up the Serpent, and an explanation of the saying of the Master-Teacher: "If I be lifted up, I will draw all unto me."

The true marriage, symbolized by the marriage of Canaan, is the union of the human and the Divine. Here we find the spirit of God, through the activity of the breath, uniting itself to the substance hidden in the sea of semen, which is the Seed.

This is the union of fire and water and is explained by "Unless a man is born of the spirit and of water, he cannot enter the kingdom of Heaven"—the spirit dwelling in the breath (the finest recognizable Ēth) and the water, being the seminal fluid (the highest substance); chemically, the union of the acid and the alkali. From this union, or marriage, results a new life, or a refining of life, symbolized as Mercury of the Alchemists—i.e., the Christ.

This resulting force has also been known as magnetism, and for this reason the Rosicrucians were at one time known as the "Magnetists." This force is in reality the true magnetic substance, the power of attraction, namely, the Divine Love. It is the secret of the Alchemists, "the Magician."

The new birth (rebirth) is life. While all life is divine, that is, from God, yet we have it in our power to overcome by our Will all sensuous and earthly feelings, so that this new life will ascend to its own source undefiled.

The more our mind is attracted to and lives in the sensual, the more we retard the progress of the Soul. Not only that, we prolong the very life of the lower tendencies and we give these forces
an opportunity to renew themselves. It is of utmost importance to keep the sex life free and undefiled, because the true union is the marriage of spirit and matter, body and Soul.

By having the mind dwell on the beauties of the spiritual life, we gain the ascendancy over the lower forces, and in due time the Soul becomes paramount over all else and will be the governing power.

It is here where the Will becomes the master; having gained dominion over the body, the physical desires and the self, it unites the Will with God's Will and man becomes the servant of the Most High, i.e., the Law.

If the Breast Drill be faithfully practiced with due reverence and humility, we soon shall feel the heat of the fire and a new life coursing through our veins; as said in Zanoni, "the Soul begins to feel itself."

This Ætheric Fire, by many known in its less vital life form as Magnetism, is the theme of all true philosophy, as it is of the Mosaic teachings, for did not Moses see and hear God in the fire of the burning bush? It is for this reason that the Nazarene is always pictured as wearing loose clothing, similar to a woman's, a custom followed by the Priesthood.

This is to indicate to the Aspirant that within the human body there is generated a force which should be left unhampered by the life we live and the clothing we wear. These forces have been in all ages personified as Deities. It is well that the Neophyte should understand at the beginning that he must purify himself from all selfishness if he would attain to the knowledge of this, his higher self, the divine within himself, otherwise, should he obtain even a slight knowledge of these forces, he might, through selfish application of them, eventually become his own destroyer.

The whole secret of all true religions lies buried in this mystery. This subtle, divine power which we find in the sex nature is also what the Cabalists knew by the name of "Adoni," i.e., God of
Light. It is the Lion of the Tribe of Judah, through whom only fallen men may be redeemed.

In order to accomplish the Great Work, we must be able to divorce ourselves from the sense world. The sense world, being our limited, personal self attached to earthly things by ties of passion or hatred or by any other unworthy link, becomes the Dweller on the Threshold, that same terror which appeared to Glyndon in Bulwer Lytton's story, so that it was necessary for him to immerse his whole being in the excitement of the sensual world in order to forget himself.

This lesson teaches us that if we cannot forget the selfish self, and become expectantly calm, the divine Voice cannot make itself heard to us. We must learn that there is but one life, one spirit, and that we are part of it. When we recognize that this great invisible Love-power within can, on the physical plane, create human beings and people the world, it should open our eyes that on the higher plane we may see this same power as a builder.

As on the physical plane children are the result of the union of the two opposite sides of the divine power, so in the higher realm, thought, desire and Love will bring about a union of these principles and the corresponding resultant materialization.

There are many grades between the physical and the finest Ætherial essences which compose the Soul. This great substance, out of which all have come, is known to the school of Alchemists and Rosicrucians as the Sea of Æth, and to arouse and vitalize this fire is the first effort of the true Neophyte.

When the sun shines upon a lake or other body of water in the Summer time, there arises a vapor, which sometimes becomes visible as a white cloud. Although this becomes dispersed and invisible, yet the forces constituting it remain and change into other more refined forces. So in the human organism, the essences arising from the digestion of food and the action of the invisible fire drawn in through the breath produce something analogous, although we
may not be aware of it until we study and meditate upon the prospect of transmutation.

In the Cabala, the "orifice of the Genital member" is called "Yod"—to teach us that it is here where the vital force is wasted and expended foolishly, if not actually criminally, by the majority of mankind, and it is here indeed where we must apply our Will to stem the tide, if we would become regenerated and redeemed.

The seed is the outer gross envelope of the hidden spiritual fire, and we find that throughout all Nature there is no creation possible without the union of the two principles. The position of the arms crossed on the breast and the thought of drawing up from the creative organism remind us of the descending triangle of King Solomon's Seal, and the ascending triangle would then extend from the kidneys to the brain. The center between the interlaced triangle is the Sanctum Sanctorum.

The whole of the Bible is one grand song dealing with this wondrous force, this hidden fire. Man himself is the book "sealed with Seven Seals." He is the Liber, bound with the Seals, and when he has redeemed himself, the seals of his passion broken, and the Christos—his Soul—has risen within him, then and not till then is he truly Liber, that is, free—without any bonds.

If man were only willing to "learn to know himself," and have faith in the power of the Love which is of the Soul, his inner eyes would quickly be opened and he would recognize himself as a spiritual being and be able to accomplish works he did not previously consider as a possibility.

He cannot, however, expect to have his spiritual eyes opened unless he is willing to become truly humble, and see in everything the beauty of life and the justice of the Law.

The vital Spark, the potency or fire of the divinity, is pictured in the Scriptural narrative under a thousand different names. We find it in Genesis and all through the Bible as the Serpent. On the
lower, sensual plane it is the Destroyer, while on the higher plane it is known as Love and divine Wisdom.

It is this serpent that man must raise if he would attain perfection. The seed is implanted in all of us; but, through ignorance and a wrong mode of life, it is obliterated from our consciousness in all but its gross aspects.

The physical body of man, the creative organism and the seed are but instruments and veils for the true, invisible, divine Substance. If we can send our best thoughts within ourselves while "practicing," it will be like the influence of the stars on the physical world.

Out of this Substance everything was, and still is, created. In it all is inherent, and it must follow as a logical sequence that, by the proper understanding and attitude, we should be able to call forth its highest essence. This is the Mystery.

In the highest Work we are dealing continually with the Creative Fire, for the secret of everything, as well as all power, lies in the "seed." God (the creative Law) planted within everything the power to reproduce itself, i.e., so far as the physical world is concerned. God and Nature, though powerful in their respective realms, can work or manifest only through physical vehicles. Man is the means to carry the "seed" and the seed is the vessel for the Sacred Fire, by means of which alone the Soul may be built and become a Conscious Individuality.

Man is made in the image of his Creator, whatever you may wish to call that Creator, and it is in the "seed" where this image must be found, for the seed of man reproduces man. To manifest the true Image, man must become a spiritualized being. He must become able to create in other than physical realms, by using his seed to carry this force, through the medium of his Imagination, and united with his Will, and by the power of Love.

In our Work we must extract the Fire, the Ætherial force, from the physical media in which it is secreted; and, as we draw it up to
the middle chamber—the Garden wherein all things grow—we must then bring to bear upon it the image of the thing desired, with all our latent power, and thus bring about its manifestation.

*Man must be careful never to wish for or imagine anything that may be detrimental or harmful to any other being.* If we can awaken to the consciousness that all power is centered within us and that we can direct this power at Will, we shall soon grow in wisdom and in power—but we must not forget that it is not our power; not man's, but God's (a part of the Creative Law), and make use of it in a spirit of humility.

*There can be no life without fire.* We find fire in all things that live. Even water is not without its fire, for does not the seed, which is life, and therefore a pure fire, float in water? That which appears to us as different elements is in reality one and the same thing in various forms of manifestation. There is no opposition in the elements as we suppose; the various parts of these manifestations are held together by a strong bond. This bond in human relationship would be Love. *It is the Law of Attraction,* and we call it Nature.

As the different elements are in reality one, and as man is composed of all of these elements, he is one and the same with these elements and this we call God. But man is not conscious of his divinity, and will not be until the animal nature in himself has been raised; now he is but man, whereas he may be a god.

This then is the riddle of the Sphinx and the Pyramid. The Pyramid represents the *divine Fire,* which constantly ascends and wherein is the only true transmuting power. The Sphinx indicates the *as yet* unknown, the nature of animal, man and the Soul. All of these having primarily the same source, they must be refined—transmuted—by the hidden force.

Again, the Sphinx symbolizes that in man, the animal and the divine may be *equilibrated*—the end of the *Great Work.* The Pyramid symbolizes that the power of the hidden, *divine Fire,*
being the transmuter, man possesses the free-will to unite himself with either the divine or the destroyer.

"In it is life, and life is the light of man."—St. John. Truly the light (within the Soul) is the great and marvelous agent of God, and holy writ informs us that God caused Himself to be called by the appellation of Light, or Fire, since it is said that God is light, and that He dwells in darkness. Light—God—cannot become visible to us save in the particles of Æth; this Æth can become visible to us only through the raising up of the creative forces and a reflection of these forces by means of the Arcanum of Light and Fire Drill.

Life results from the union of true principles and it is this life which must be drawn up. This is the Vau of the Hebrew alphabet, the Lover between the two women. We can accomplish nothing in this Work unless we come into the consciousness of the divine spirit within. If we do this, then all things become possible, otherwise all may be lost.

The inner fire must not be allowed to cool, but must be kept steadily burning and constantly replenished. This we may do by inbreathing the Ætheric fires, which, uniting with the nerve energies by the desire and Will of man, become manifested.

Once having found the Sulphur and Mercury of the Alchemists, we must use their Salt. This is intense, purified Desire, and is the drawing magnet. This must be unwavering. It is the bond that binds the high and the low, the spiritual and the material. "Ye are the salt of the earth." Why? Because humanity is the link between heaven and earth.

As we grow into Consciousness we shall also be able to live in that Consciousness. We are on the Path upwards. "God becomes," wrote Von Helmont. This is true. All is evolution and development. As we become receptive without being negative, and master the lower, so in like measure will the higher become developed in us.

Man, in his search for the real, for God, has nearly always
sought “up in the clouds” and hence has looked at Divinity through the wrong end of the telescope; at a distant God, all the while God was near. Others have groveled down on the earth, like the serpent on its belly, downright materialists. Neither can find Him; He is within; and in between.

He who has been seeking God in the air must come down and combine his metaphysics with his knowledge of physical laws and this will help him to recognize that the body is truly “the temple of the Living God.”

Everything comes from—is part of—Nature, Mother Earth, and in the measure that we separate the true and lasting from the temporal, or transmute the temporal into the eternal, shall we be able to draw from the lesser the greater—all for which we have need.

At first, is it difficult to comprehend truth in this light. Earth has been considered as nothing but dirt. “Can anything good come out of Nazareth?” In reality, the spirit of God is in all, in everything, and there is nothing low except as man makes it so. The Christos (creative Law) performs miracles daily within our organism but we do not see them. We are blind to the Mysteries. It is only as we become truly humble and sincere that we may hope to gain wisdom and see as with eyes clearly.

Man is truly the “G. A.”—the Great Athanor. He is the crucible in which God and Nature transmute the crude—rough—Ashlar into the polished Ashlar. Man’s crucible is in his conscience, in which all his lower ideas and emotions must be purified until he can see the good in everything.

All true Magic depends on Soul Development and deals with the within. As we breathe in life and also draw up from below at the same time, we form within us the two triangles which form King Solomon’s Seal. Through the interlacing of these forces from above and below (spirit and matter, the light and dark triangle), new life springs into being. The Intermediate space (the Solar
is the altar for the sacrifice, and the fire kindled there belongs to the Soul.

Man could not think and reason if it were not for this hidden, inner fire. In religion, God is always pictured to believers as a trinity:

- God, the Father—Fire, or/and Love.
- God, "Son or Word"—Light.
- God, Holy Ghost, or Air (in motion)—Spirit (which also is a fire).

There can be no motion without heat and no heat without combustion, and combustion is a fire. This fire is not the visible brightness we call by this name but is the invisible, primordial matter out of which spring all things.

This fire is in all matter—in every morsel of food we eat, in the water we drink and the air we breathe. It is this which is the life-giver and the builder. It is Saturn, the lowest, farthest removed from the sun; and this—as man refines himself—becomes Mercury, or the Christ—the Light that dwelleth in darkness. This fire, as we meet it in all religious ceremonies and in all monuments, symbolizes the generative power. Hence, the Phallus and Yoni are everywhere met with as symbolizing the creative power—not the physical force but the invisible, divine fire which represents God the Creator. This was the secret of the early forms of Fire Worship.

The fire which symbolizes God as dwelling in matter or darkness is pictured all through the Biblical narratives—"the bush that burned with fire," as it appeared to Moses. The bush is man.

Jacob's ladder is the Alchemical Transmutation—the gradual ascending of the gross until it leads up into the divine realm—the changing of dross into gold—of the mortal into an angel—a god.

In the Genesis of Moses, we read that God said: "Let there be light." According to this, God dwells in darkness, as the Rosi-
crucians have always taught, and his command, "Let there be Light," indicates that the Light was the result of His Will.

The lesser fire (fire in nature) is Will or Love in its outer manifestation. When this fire is drawn up and united with the celestial Fire, it becomes celestial Love; and then, instead of a destroyer, it becomes the savior, a Preserver.

The body of man is not only filled with fire but it is also surrounded by fire. There is fire in his saliva, which is the first water; and fire in the urine, which is the last water. The "loins" of Biblical lore are the laboratories of the seed for procreation, and hence a truly creative fire dwells there.

The creative organism is the great sacred temple wherein the hidden fire is (or should be) eternally burning and from there angels ascend and devils descend. "Hell" is the result of the creation of an outer darkness when the vital essence is expelled through purely carnal intercourse.

Fire is motion, life and heat; and, through this heat, Will, desire, digestion and other phases of the great transmutation are carried on. The fire continually tends upward and purifies, but on the physical plane it appears as a destroyer. In reality, however, it is the Regenerator, the Savior. Physical fire is the last phase of physical matter passing off to another plane of activity. As fire changes all that it consumes into gasses and other forces, so do the bodily secretions, acids (fires), transmute (digest or consume) the food into atomic form, these becoming living entities and, when enveloped by the breath (holy spirit in the lungs), become the builders of body and Soul.

It is here that man becomes the Savior of the lower "races"—the gross desires and passions. In the degree of our enlightened knowledge and the desire to rise up to the highest, do we raise and impress upon these forces the true light. That is, we gather these entities into the Soul. As we press forward in our existence, we come to know that we are evolving towards a higher goal—God.
The fire plays its most important part at the center of the body; the stomach—digestive organism, liver, kidneys and sexual organism. And in the six centers: head or brain, heart (breast), stomach, liver, kidneys and creative organism; and the Great Center—the seat of the Soul—(Sol—Sun), Manisis, the Soul or Inner Man, which is the sun of man's organism. All the food we eat and the air we breathe is Solar (sun) energy, which ultimately mingles with, and becomes one, the Soul in man.

The idea is the Seed, or the Soul, of things. God's idea or Image in man is the Soul. We have God, or Soul, and body or matter. Between these stands the "I," the ego. It is for the "I," the self, to choose to go down and remain with the animals or unite itself to the Soul and become At-One with the Divinity.

Just in proportion as we are able to translate our senses or the reports of the senses, do we make our choice; for things are only what they seem to be "to the senses that use them," and here is the importance of the secret of the Breast Drill. If we, through the Drill, can transmute the sensations of the sex function, and redirect the feelings so that consciousness of them is partly lost in the nobler desire, we shall learn to look upon sex as something vastly different from what we formerly thought it to be; and, instead of considering the sex functions as purely animal, we shall come to respect them and recognize their wonderful work as instruments necessary to and part of our unfoldment.

Two things confront us: God and matter; yet matter without God is not. Out of God have come two things: force and matter, interchangeable term. For God we substitute Will; and for Will, force and matter in action; this constitutes the visible universe. But even back of the Will we find the idea; and when we wish or Will anything, we must have a clear conception of what we wish to Will.

This Will, persistently held to one particular point for idea, sooner or later will bring the idea into objective form and thus a
reality to the senses just as previously it was a reality only to the Soul.

Sex potency is Soul power—God power unrefined as yet. The various elements entering into this state have all come from one substance and have advanced through evolution by degrees, slowly, imperceptibly, through aeons of time, until they were endowed with visible life.

On our plane, the "opposites" show themselves through sex and are attracted toward each other by an irresistible power (in normal persons) variously termed love, attraction, fascination, affection. This is the Law of God and of Evolution.

The "opposites" are brought together to bring them again, by degrees, under the Law of Unity. In this attraction, the animal life experiences a sensation, an ecstasy, which it cannot explain; and even on the human plane, this sensation is attributed to the power resident in matter. It is due to this sensation that men and women are drawn together and they call it love. A careful analysis would indicate that ordinarily it is not Love but a state of self-love, and this is shown by the fact that the embrace is not usually sought for the purpose of elevating, or pleasing, or helping another, but solely and purely to gratify the senses of the self—one's own senses.

Hence it is only a selfish, animal function although, when carried on to its legitimate sphere on the physical plane, it is the means of the propagation of the specie. The sensation, however, is not due to the physical alone—it is also a Soul experience. It is the climax of the higher fire passing out of its pent-up prison. It is actually an explosion. What of the force, the elements that compose all this sensation—what becomes of these? In generation, when conception occurs, the divine spiritual forces which should be in activity, combining the masculine and feminine potencies, build a new temple for a Divine Ray, a Soul.

The sensation then is a Soul force. So also is Will. The sensation experienced during the conjugal act is resident in the mind.
From time immemorial, through all our environments, sensation has been the incentive to action. Sensation has been our light on the physical plane and we inherit this idea and this feeling from our progenitors.

We grow up in our animal propensities; we hear this thing, see it, feel it, and we forget all our surroundings and our interests and our real duty, simply to be under the influence of what—this sensation? No!!—under the influence of our preconceived idea of the thing and nothing else. An idea holds us in bondage and we remain slaves.

We cannot accomplish much as long as the mind is filled with images and ideas dealing with the sensual life. The God in man, the true uplifting power, cannot raise man if he chooses to stay in the gutter.

To be able to center ourselves is the great requirement. This must be accomplished through Will power, and the Will then turned into Love or affection; for no great work is possible unless the heart is wholly devoted to it.

Here is where we "return to the Father" and wherein true power resides. This power once attained must be directed so as to be a blessing to others and not be selfishly used. In our world—our body—we must become lord and master, and the creative function must be brought under the direction of the Soul and become regenerated. Thus we become Redeemed Men—Rosicrucians—Manis is.

Since Will—the creative faculty—is from God, it behooves us to cultivate it and to make it strong, pure and powerful. The old inborn thoughts of self, sex and sensation must give way. As we build new thoughts and hold them continually before the mental vision; as we steadily cling to the concept that we are created in the Image of God and may be Immortal beings, if we will overcome the mortal sensual mind and its ideas, we are in due time certain to reap the harvest according to the sowing.
Our thoughts cannot return to us void. This is the awful, the
divinely and unspeakably fearful mystery of the Law of Compensa-
tion, Equilibrium or Balance. If the thoughts have been revenge-
ful, malicious or covetous, and have brought sorrow and suffering
to others, then as we have measured unto others so will it be
measured unto us. Our thoughts are our children. They will
guide and sustain or destroy us.

The Work requires time. It cannot be accomplished in a week
or a month. We inhale the Æth during the Drills and when in
deep meditation. This, by degrees, changes the texture of the brain
and necessarily requires time. In the surrounding air is contained
all that is, or was, or ever will be. The vital fluid contained
herein is the Alchemist’s Mercury, the essences arising from the
good (that which is eternal), having passed through the various
stages of purification, until they have become the spirit of the
semen or seed.

If the seed of all things is congealed air, then likewise the seed
of man also is congealed air and is the image, or idea of God,
since God created man and made man IN HIS LIKENESS and at the
same time a co-creator with Himself. The action of Mercury on
Sulphur, i.e., the influence of the inward breath acting upon the
essence of the vital forces coming from the food, is raised by the
pressure exerted while holding the breath in meditation, and this
gives birth to the Fire which builds the Soul.

There is in reality no difference between matter and spirit;
between God and man. Man is the lesser god. God is in man and
the two are inseparable except through sin (destructive action).

To live in this consciousness is man’s highest privilege. In the
exact image in which we clothe our thoughts will be our lives, our
happiness or our misery. At first we may only vaguely see things
in this light, but continuously thinking on any subject will and
must objectify it, so that gradually the world around us will be
our world as we see it, as we make it, and in this way we actually become the masters of our destinies.

When once in the full consciousness of this vast power, and imbued with the idea of true love, and a determination not to employ our knowledge for aught but good, man becomes the Master.
Difficult Problems

Esoteric Laws Governing Them

During forty-five years of practice as a specialist in several branches of medicine, and as a teacher of Esoteric Science and the Sacredness of Sex, I have been confronted by many extremely difficult problems.

One of the most frequent problems in sex relationship is illustrated by the following extract from the letter of a sincere seeker after righteousness, who earnestly sought to live within the Divine Law. Similar passages might be quoted from hundreds, perhaps thousands, of other letters received within these many years. The answers usually made to such questions by many who possess little or no knowledge of either sex laws, psychology or of Endocrinology, have wrought havoc in countless thousands of homes, breaking up family ties and bringing sorrow to unnumbered children, much of which might have been avoided by a sane approach to an admittedly intricate problem.

Quoting from the letter:

"I have long been deeply interested in your teachings as they pertain to the higher Occult and the Divine Law and the living of a life to harmonize with the teachings of one Jesus, a Magi of old; but my husband, of whom I have thought the world, has turned out to be worthless, is often drunk, frequently abuses me, and makes demands upon me which seem unjust. When I am forced to comply with these demands, I become nauseated and thoroughly disgusted. In fact, at times it seems that I must either scream or try to strangle him. These feelings are not aroused in me because I
hate him, for I do not, but because intercourse with him is repugnant to me, knowing that his demands are not made with love.

"I have been advised by the . . . . . . Society, an Association making claim to be both spiritual and Christian, to leave him; but, having children who would suffer disgrace, I do not want to do this; now what am I to do?"

Here is a condition which is identical with that existing in millions of homes throughout the land. I assuredly do not feel that this good, though highly neurotic, lady, probably made so by her own violent reaction to requests for conjugal relationship which she now abhors, should leave her husband and break up the family until every possible effort has been made to adjust and harmonize their relationship, irrespective of what any ignorant and irresponsible person, or any society supposedly laboring for human welfare, may say or teach. There is a sane, sensible method this lady may follow with success in redeeming her husband and bring about the happiness of the entire family. Therefore my reply is as follows:

"By no means leave your husband until every effort has been made to re-establish harmony. ELIMINATE THE VERY THOUGHT OF IT BECAUSE THIS THOUGHT CREATES A POISON HARMFUL TO YOU AND AN INFLUENCE WHICH YOUR HUSBAND FEELS, AND WHICH MAY CREATE AN IRRITATION, CAUSING HIM TO DO THINGS HE OTHERWISE WOULD NOT CONSIDER. You may have an idea that other wives do not have similar experiences; in this you would be deeply mistaken. Moreover, should you leave him and break up your home, you certainly would not care to spend your days in loneliness; how then do you know that running away from your problem would not DRAW TO YOURSELF SOME FAR WORSE CONDITION, though possibly of a different nature. In my long experience I have known all too many such actual instances. If this should happen to you, what would be your gain?"
"Your husband is undoubtedly acting according to what he believes his right. Most men today are ignorant relative to all the important Laws governing co-habitation and what is involved in the act as a whole. A philosopher once said: 'All men are liars.' He might have said with equal truth: 'All men and women are ignorant of sex matters though it is the most important single activity in the life of man.'

"Is it not true that you entered the marital relationship with him under the vow of 'for better or for worse'? While many of our moderns claim this has no religious significance, it cannot be denied that a man's or woman's honor is no greater than his or her respect for a sacred obligation. To break such a vow, any obligation, if it can be avoided, is to set into motion the Law of Retribution.

"Because you actually have the worst of a bad bargain offers you neither right nor excuse to ignore your obligation, unless in the finale it cannot be avoided. The right procedure is to try to find a method whereby the evil can be corrected.

"Before you married this man he apparently met with your ideas of what a man should be. Is it therefore possible that you, perhaps unconsciously, were the cause for his gradual change? Is it possible that because of frequent 'turning of the back,' i.e., frequent refusals without explanations, he conceived the idea that you did not care for him, and that being married to you, he may now demand that which formerly was lightly requested by him?

"Are you aware that when you state that he makes demands that 'seem unjust' to you, he may think he is perfectly in the right, UNLESS YOU PROVE TO HIM BY LOGICAL EXPLANATION THAT HE IS IN THE WRONG?

"Is it not possible that such refusals, he not knowing the reason, may cause him to seek satisfaction in drink?

"Are you aware that the mind and nervous system of even a
coarse man is so delicate that the feeling of nausea and disgust on the part of his wife, while in congress with him, may create a feeling of aversion in him, a resentment that is deep and cruel, though he is unaware of the cause, and that this may send him to alcohol or some other form of physical-mental satisfaction, while at the same time it creates a poison in your system which is self-destructive?

"Do you fail to realize that having married you, under all the laws of church and state he is justified in feeling that he has a perfect right to make these requests, within reason of course, and that if refused, he has a right to demand?

"Has it occurred to you that his unthoughtful action toward you may have started in ignorance, that possibly he has never been taught that a woman, even a man's own wife, should be won, and not forced?

"Is it not possible that in his ignorance he feels you would be offended if he were to fondle and caress you for the purpose of awakening a desire in you before his approach?

"Is it possible that by some action, some curt refusal of such an approach, you gave him good cause to think so?

"Is it not possible that in this same ignorance he may think you would feel aggrieved, insulted, or be shamed, if he approached you in any manner but with a 'now'?

"Remember that by implication at least, by church and state, man has been led to believe that sex in woman is a thing to play with; that she has no feelings, or if she does, must not show it by any manner of expression. True, this is a damnable and inexcusable understanding of an act which may call a body into being and draw a Soul into it.

"First of all in your search for a solution, and as a wise beginning, analyze yourself thoroughly and see if you have been doing your full duty toward your husband; if you have
been willing to be a sweetheart as well as the mother of his children. Find out if you are not physically unstrung and your reactions unnatural. Watch yourself and see if you withdraw within yourself when he approaches you. Get wisdom and win happiness. Find out by test if an accidentally exposed breast or thigh at the proper time will not win a response. Remember that such 'accidental' exposures have brought kings and princes to their knees.

"When approached, forget all your aversions and look for and expect the best, comply willingly, having prepared yourself by methods herein taught and for an express purpose, and watch his surprise as well as the reactions within yourself because of the 'sacrifice' on your part and the exchange of magnetic forces as the result.

"The plan here advocated may be a test and require much self-control, but it will prove two things: If you enter into the real spirit it will either draw your husband to you and bring happiness into the family, or the spirit of goodness will repel him so that he will not approach you for that which he has not won, and, in addition, it will prove whether or not you are a proper candidate for the higher life in that it will demand the self-control and the response necessary for the great work.

"Moreover, this sacrifice on your part, will result in the transmutation of the gross and base passions within yourself into the fine gold which you claim you are seeking.

"When your husband approaches you with his request, try, and the watchword is always try, by all your arts, to induce him to revert to the days of his courtship, to caress and to awaken desire in you so that you will be ready, aye, eager, to respond. Yes, I do say 'ready and eager' to respond, because as a married woman and one possessed of fairly good health,
it is your duty, a sacred obligation as a woman and wife, to permit yourself to be awakened to desire and to help in the awakening process. You can readily help yourself in this effort by at first permitting your mind to dwell more on the object in view than on the act itself, and I say to you that if your husband is not a brute, and is moderate in the frequency of his requests, you cannot lose, but will be certain to gain much, both physically and spiritually, by a righteous, marital relationship followed throughout in the manner indicated.

"If there are good reasons why you should not comply, such as too frequent approaches, or not feeling physically right, try to prevent the consummation of the Rite by calmly reasoning with him, but never by curt refusal. Hundreds of men have confessed to me that when their wives refuse for no apparent reason and turn about and fall asleep, it arouses a demon in them and they take by force that which they would gladly relinquish if reason had been shown in the denial.

"If you find that kind words and all your arts will not change him, then, without any feeling, any repugnance, and with nothing but kindly feelings, comply with his demands, and now for the final test: Make every effort to arouse your own feelings so that the Rite will be full, complete and with perfect exchange, and you will know a feeling of satisfaction and benefit heretofore thought impossible.

"For the time being, live as though you fully loved your mate and were pleased that he had sought you. In a degree, make the Rite secondary and charge your mentality and Soul with the idea of the transmutation that is taking place. In other words, hold the thought and the desire exactly as you would were you the most beloved woman on earth and he the cleanest, noblest and most loving of men. You may so surprise and charm him that he will be awakened to his Manhood and you will reap the lasting benefits.
"I know full well that this is not an easy matter. I realize that it requires courage and a strong Will power. But that which is most important is: It can be done, and the results, brought about by the Law of Compensation, will more than justify every effort necessary.

"At each additional request, comply in the same manner and in the same spirit; with the deep desire that the transmutation shall take place.

"Gradually, you will come to realize that it is no longer a sacrifice on your part, because you are coming into the full recognition that you are simply paying a price for the results accruing to you, and we all, irrespective of our position or station in life, must do that sooner or later. Everything in life worth having must be paid for in one way or another.

"Moreover, you will slowly become conscious of something else. Either the requests of your husband will become less and less frequent, or there will be a great change in his nature for the better; and in that case, he will gradually become the man you desire him to be. You will find that, through a sacrifice willingly made on your part, you will be reimbursed in health, strength and power, and a freedom that you had not dared dream of—an unshackling gained, not at the expense of another, but honestly earned."

Another problem the true physician and sincere teacher and guide all too frequently meets with is the complaint of women that it is not possible for them to live an ennobling life, cannot follow arcane instructions and at the same time fulfill the obligations imposed upon them as wives, all because of the brutishness of husbands; that were they free from this "bondage" they would be well and happy, and able to attain their true position in life.

In all too many instances, in fact, in most of them, gaining such freedom by law either results in a more undesirable relationship with another of the genus homo, or the discontinuation of every
effort to improve herself and her position in life. The complaint was nothing more than an excuse to be free from, or sidestep, the assumed responsibilities.

Because we have given our consideration solely to women is no indication whatever that many men, all too great a number, do not have occasion to contend with similar conditions. The circumstances as a whole are far different, because when a woman no longer has love or affection for her husband, she seldom displays any desire for his embraces, but, on the contrary, does everything in her power to avoid them.

Many times there may exist a decided coldness between two people who actually love each other, due to the fact that he, the husband, is ignorant of the part he is to play as a lover, and she, equally ignorant, interprets this as lack of, or loss of, affection on his part. To illustrate this we here quote from another letter received from one seeking help, and who, we are happy to say, because of her willingness to follow instructions, regained the love and re-established the pre-marital atmosphere in the home:

"During our courtship days my husband was more or less reserved, but I took it for granted that this was due to his inborn respect for all women and his love for me.

"After marriage, some of his shyness and exclusiveness wore off, though at all times he showed great respect for my modesty and would not knowingly intrude; there were other times when he caressed and fondled me, though always with reserve.

"I am assured that my husband loves me, but why cannot he show his affection as every true and full-blooded woman cares to have her husband manifest his love—to be frank, by caressing, fondling and coaxing. As your experience must have taught you, every woman will say 'no' just to have her loved one coax her into compliance. Every woman will close her
door in the face of a dear one so as to have him open it, unconsciously, of course, at the opportune time, for where is there a woman so devoid of feeling that she does not actually want her form admired?

"Love is a great, beautiful, pulsating reality, but woman is human and has her vanities. Caresses, coaxing, fondling, admiration, and even a little bit of real roughness at times, are real food to her body, her mind and her Soul."

There, my friend, is the secret, if you would hold your wife as a sweetheart. Master it and do not forget that the woman you married may be part angel, but lest you forget, I would remind you there is much of the woman about her. Treat her as you would a sweetheart, if you dared, and you will not have cause to regret it.