

# Sunray Lessons in Divine Science

BY  
M. E. SIMPSON  
IN CHRISTCHURCH  
NEW ZEALAND



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Greetings from,  
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## . Foreword .

PEOPLE are fascinated by stories of wonders wrought by Eastern mystics, of their dominion over sin, disease, and death, over time and space and the physical forces of nature.

Their desire for similar powers is laudable and is proof in itself that these powers are already theirs, awaiting development.

Encouragement may be found in realizing that all beings proceed from the One and Only Cause, and that those who are performing the greatest works did not reach that stage of Spiritual evolution without patient, persistent effort. Christ Jesus, the great Master, taught that what He did it was possible for all to do. Money cannot procure this power.

The study of vibrations, diet, breathing, or physical conditions alone has never made, nor ever will make, a Master or a Spiritual healer.

The great essential is the right understanding of man's absolute unity with his eternal Source. Through this understanding Christ Jesus and every advanced Master have been enabled to accomplish mighty works.

It is claimed for the *Sunray Lessons* that they throw new light on the vital point of man's oneness with God, and their charm lies in the simplicity in which this apparently obscure subject is presented.

The understanding of the multiplication table is necessary to the correct demonstration of mathematics. So is the right understanding of man's relationship to God necessary in the demonstration of spiritual healing, and the triumph over mortal discords and physical limitations.

The *Sunray Lessons* present an infallible basis for both beginners and advanced students to work upon. They reveal a light which if closely and persistently followed will lead to supreme heights of wisdom and power.

For nearly half a century the author has studied this subject and practiced the truth in healing the sick and teaching the healing gospel, thus enabling hundreds of students to do the same work. In joyful anticipation of still greater results, this book is launched in America.

# *God and Man Are One*

**I**T WAS once said to a young student of divine science, "I don't believe there is a God, do you?"

The student answered, "Yes, I do."

"Then tell me, how do you know that there is a God?" asked the other.

After a moment's reflection the student replied, "I think, therefore I am. I am conscious of my existence. I know that I am. I also know that because I exist there must be a Cause for my existence, and whatever that Cause is, I claim that It is God."

This was a wise answer embodying deeper wisdom than the young student realized at the time he gave it. It embodied the absolute truth, "Because God is I am, because I am God is."

What the world is needing is a clear understanding of what God is, and where God is. It may not be that the world is seeking or desiring this understanding, but that does not alter the fact that it is the great need of the world. Man's desires are not always his needs, there is often a vast difference between the two. Mankind's view of God influences the individual for harmony or discord. It affects the welfare of cities and countries, and influences the government of nations. If man believes in God at all, he cannot help forming some concept of It. Different nations may label their concepts of God by different names. In reality God is First Cause, of which all creation is the proceeding forth, whether First Cause be called Law, Jehovah, Allah, Spirit, Divine Principle, God, or any other of the numerous titles given to It.

In the present day wild rush for pleasure, excitement and material gain, the majority of people do not pause to consider the most vital of all subjects in relation to human welfare.



Upon the true understanding of what and where God is, the salvation of mankind from sin, disease, poverty, old age and death depends. Few, however, pause to ponder the vital subject while swayed by the intoxication of sensual pleasures, feverish excitement and wordly success. While the avaricious accumulation of wealth, and mad ambition for personal power and control dominates men and women, they seldom pause even to *wonder* what and where God is, and certainly not long enough to *study* the greatest subject in the world. In times of affliction, tragedy, bereavement and death, in times of sorrow, distress and woe, men and women instinctively turn to that mysterious something they may even in a vague way believe in, and deem to be in some way superior to themselves, and able, if willing to help and save. How unwise to leave the search for God until the hour of desperation, even though we have heard that "man's extremity is God's opportunity." To know God should be the first consideration, and the foremost effort of mankind. Now, many are still satisfied with the old teaching of orthodoxy, and think of God as a man-shaped personal being, capable of love or wrath, of giving or taking, doing or not doing just as he pleases. That God is a man-shaped being with human parts and passions, capable of bringing affliction and destruction on His creatures, is a poor model to be held in man's thought. Such a belief must result in discordant physical conditions, family relationships, and national governments. Man believes himself to be the likeness and image of such a God, and "as a man thinketh in his heart so shall it come to pass." To teach man that he is the image and likeness of a wrathful, vengeful god, a god who afflicts and destroys, is to license him to indulge in like evil passions and acts, and thus rupture the brotherhood of man from the start. The solidarity of the race depends upon brotherly love. Universal brotherly love seems a far off hope, while God is believed to be the reverse of Love, and man the likeness and image of such a god. One has no objection to anyone having such a belief about God if it satisfies him, but one regrets that anyone still believes that heaven is a place located

in the heavens, and God a person of human parts and passions who abides there, listening to his supplicatory prayers, granting or refusing them as he sees fit. There is no such place as the local heaven just referred to, no man-shaped god can therefore be in a place which does not exist. How then can prayers be heard and answered by this god who never was, hence never lived in an imaginary heaven in the sky? If God is Omnipresence, which means that which is never absent from everywhere, how can God be a personal shape in a certain locality? Is it possible for a human shape to completely fill endless space? A little thought and reasoning will prove that God is entirely different from what God has been supposed to be, and is still believed to be, by the great majority. Men and women shrink from exposing glaring ignorance upon important subjects. Is it not a wonder, then, that those who still claim that God is a personal being reigning in a certain locality, called heaven above, do not blush at such ignorance as that displayed when claiming and arguing for such a god and heaven? In this day of advancing secular education, it is not uncommon for children to point out to their parents that there is no heaven in cloud-land. Their lessons on astronomy have taught them enough to show that there is no sky canopy overhead above which exists a city called Heaven, where reigns a personal god. They know that beyond the mists and vapours which sport in fantastic cloud effects is endless space. Children can show their parents and pastors the fallacy of these religious views, and rightfully demand a satisfactory explanation of what and where God is. What have parents and pastors to give in place of their exploded theories? Unless a satisfying explanation be given upon these vital issues, what will be the fate of these children in after life? Will they cease to think of supernal things altogether, or will they join the ranks of those who say "there is no God, no heaven, no hereafter."

The record of creation, in the first chapter of Genesis, has been misunderstood. Through reading it in a literal sense, thousands of people have grown dissatisfied and discouraged.

Many have turned sarcastically away, and claim to have become godless, believing in neither God, heaven, nor immortality. "Why," they argue, "would you ask people to believe a statement of creation which tells that the earth and man were created in a short six thousand years ago? Excavations into the bowels of the earth reveal to us coal mines, which indicate to us that giant forests flourished there tens of thousands of years before your God is stated to have created the earth, and man. Beds of limestone and shell deposits discovered beneath the earth's surface, reveal to us that old oceans tossed and tumbled there millions of years before your supposed creation of land and water six thousand years ago. Ancient remains of animals and men bear mute testimony across the span of hundreds of thousands of years, that animals and humans inhabited this earth in those ages past. We cannot believe your story of creation," argues the agnostic. "We cannot believe a record of creation which tells of plant life flourishing before the sun was created."

Through the ages old theology has held men in ignorance. Blindly men and women have accepted false conclusions, false interpretations. Steadily physical science has been undermining false teachings, and weakening creed and dogma. The result has been a breach between orthodoxy and the claims of physical science. The claims of physical science have undermined the erroneous teaching of a local heaven in the sky. With the disappearance of a mythical heaven has disappeared the possibility of there being a personal God, with Jesus at His right hand, seated on a throne in the clouds above, with winged humans called angels flying around.

The day has come, however, when science and religion can unite, and the teaching of divine science makes this possible. By realizing the spirit of the Bible, as taught in divine science, by looking past the letter, particularly in the story of creation as recorded in Genesis I, a clear understanding of truth is gained. Man and the universe are proved to be spiritual, and matter nothing but a false sense. This divine understanding of

the Bible reveals a logical spiritual meaning of creation, man, and the universe, of which the letter of the story is but the symbol. Through this spiritual understanding, science becomes Christian, and Christianity becomes science—the two become one. Old ignorant theological teachings are demolished, understanding takes the place of superstition, fear gives place to glorious confidence born of man's realization of his inherent greatness as the manifestation of God, Who is Love, and Wisdom.

He who gives something superior in place of that which he removes is a more valuable helper than he who tears down and does not replace with something better. We are all familiar with the Bible text, "God is Love," yet most people have failed to grasp the absolute meaning of that statement. They have believed the statement to mean that God is a dear loving God, instead of grasping the absolute fact that God is Love *Itself*. How many have realized that God is not something which lives a life, but is infinite Life *Itself*? How many have realized that God is not a being Who thinks and reasons with a mind, Who possesses an intelligence, but that He is absolute Intelligence, absolute Mind *Itself*? How many realize that God is that which is more than a good God, but that God is Good *Itself*? How many realize that God is infinite Spirit *Itself*, and not merely a spiritual being? God does not *possess* Life, Spirit, Mind, Love, Good, for *God Is*. God is All, *Itself*. It must be understood that because God is the absolute *Itself*, care should be taken to express that thought correctly, then one would never refer to God as *a* God, *a* Life, and one would not say "God's Life," "God's Love," but rather "the Life that is God," "the Love that is God." God is the Absolute, God is divine Love, unconscious of mortal passions and sensuality, so often mistakenly called Love. Now this concept of God clears thought of the belief of God as a personal human-shaped being, and shows God to be Absolute. The Christian uses the name God for that infinite Source, or First Cause which different nations call by different names. When using the term God, one must guard against force of habit in thinking of a personal being. Whether we say Creator, Life,

Spirit, Love, Truth, Good, God, or infinite Mind, we mean the Absolute Cause and Creator from which man and the universe proceed. God is also divine Principle, He is Omnipresence, Omnipotence, Omniaction, Omniscience Itself. This is understood, as all Presence, all Power, all Action, all Wisdom. The Absolute All. If there were no more to be said about God very little satisfaction would be gained by the student or patient. He would probably feel adrift, and wonder how he ever could reach God, or approach anything so intangible. "Where can such a God be, and how can He be reached?" he would ask. Just here it is necessary to briefly consider what man is. God's creation, man, is perfect, he is good, he is eternal. No matter how mortal appearances make men seem to be evil, wretched, sick and dying, the fact remains that man in his *true being* is perfect and eternal. He must be so, for God's work cannot be altered, and He made and pronounced man "good," "very good." Gen. I. "Judge not according to the appearance, but judge righteous judgment." John 7:24. Appearances say man is corporeal, carnal, mortal. Truth shows him to be divine. Man as the likeness and image of Spirit is spiritual and perfect; as the likeness and image of Life and Love he is eternal and loving, for nothing can alter God's creation. Now, man is not a material frame with a mind and life within it which must some time escape from that frame. Man, because he is the expression and manifestation (likeness and image) of Spirit, is a perfect spiritual eternal being here and now, he is God in manifestation. He is a ray of eternal Life, a ray of infinite Love, a ray of divine Mind. Now, as a sunray is at-one with the sun, so God and man are at-one, they are *distinct from each other*, but never separate, even as the sun and its rays are ever distinct from each other but never separate. Just as the sun would be nothing, or nonentity without its rays, which express and manifest it, so would God, the eternal First Cause, be nonentity without man, who expresses and manifests It. Just as the sunrays would be nothing or nonentity without their source, the sun, so would man be nonentity without God, his eternal Source, from which he can

never be separate *though he is forever distinct*. This conscious at-one-ment with God is what all the world needs to know. It is the power that will solve mankind's problems. "As a man thinketh in his heart so is he." Prov. 23:7. While man believes he is separate from God, his thinking will not have the constructive power that follows the knowing and feeling that God and man are at-one. It will not result in the same degree of bodily perfection that follows conscious one-ness with God.

Once a sick man sought help from a divine science healer, who at once saw that the sooner the patient was shown the truth about man and what he really is as the manifestation of God, the better it would be for him. The patient, who was a level-headed business man, said that since his Sunday school days—forty-five years before—he had not bothered to think about God. When pressed he admitted that the conception of God he held was of an elderly man in the sky, just as he had been taught in boyhood to think of God. The practitioner commenced to teach the patient the truth, and explained things to him on the lines just shown in this article. Much patience was required to clear his thought somewhat from the old false teaching, and lead him to some understanding of the truth about God and man. In order to establish the truth of man's one-ness with Life eternal, the practitioner related a simple fable which had upon hundreds of occasions served her in successfully establishing a clearer concept of the at-one-ment of God and man, in the consciousness of her patients and students. This is the fable as she told it to her patient.

"Once upon a time, long long ago, the old sun was rayless. Because he had no rays he was unexpressed, or unmanifested, and therefore was useless, or was a nonentity. So the rayless sun said within himself, 'Well, well, here am I containing within myself all the quality of marvellous energy, brightness and glory, within my own selfhood is included this wondrous quality, and energy, but because I am unexpressed, unmanifested I am useless.' The rayless sun determined that he would express and manifest himself, that he would express his glorious inherent

quality of energy force, light, heat and beauty. So the old sun sent from himself millions of expressions, which were distinct from him, but not separate from him, and he called them rays. These rays were the sun's internal quality expressed. From the center of his being the old sun spoke to his rays, saying, 'Ah, ah, my beautiful rays, no doubt you think that you are separate from me, but you are mistaken if you so believe, for you are all at-one with me. *You are all distinct from me, but not separate from me.* Nor are you separate from each other, little rays, for you are all united in me, you are at-one in me. You are distinct from each other, but never separate from each other, nor from me. Now, little rays, remember that nothing can ever separate you from me, and nothing can part me from you, for we are eternally at-one. From me you derive your very being, for I am your endless, inexhaustible source. Every quality and power you possess you derive from me. Now, little rays, I would have you know that you depend upon me for all you are, all you have and do, without me you are nothing, nonentity. Also know, beloved rays, *that I am dependent upon you for my manifestation, that without you I would be nonentity.* Know that I am dependent upon you for my manifestation, while you depend on me for your being and existence. We are indispensable to each other. We are in eternal conjunction. We are at-one, all in all. So now go and express the brightness of my glory, the power of my energy, manifest my inherent quality forever.' "

"That is a wonderful illustration," said the patient.

"Material illustrations are ever inadequate to fully present spiritual facts," said the practitioner. "They are always open to criticism. Nevertheless, we must do our best with them, even as Jesus did when he spoke in parables." Remember the sun and its rays are material things, while God and man are Spirit and spiritual, eternal mind and Its Manifestation. I have found the sun and its rays the most effectual illustration I could use to bring my students and patients to realize the absolute *union* between God and man. Know that God is eternal Life Itself, Spirit, Love Itself, and that man is God in manifesta-

tion, as close to God as a sunray is to the sun, as inseparable from God as the ray from the sun. *Know that man is dependent upon God, without Whom man would be nonentity, while without man, His expression and manifestation, God would be non-entity.* The sun and its rays are not omnipresence, but God is Omnipresence and man manifests Omnipresence, which has no beyond, nothing is outside of It. Omnipresence is never absent, it destroys absence, separation, time and space, and proves Here and Now to be the Reality.

"Do you mean that I am the very manifestation of God Itself?" asked the patient in a hesitating, awesome tone, "that without me God would not be God?"

"I do," answered the practitioner. "I mean that God and man are at-one. Christ Jesus well realized this one-ness when he said, 'I and my father are one.' Jo. 10:30. He knew the true meaning of at-one-ment. He knew, as we shall all know, that all men are related to God in the same way."

"What a great and wonderful being man is in reality. How different from what I thought him to be," said the patient, as he left his practitioner's presence with new hope born within him.

God is Life, Love, Truth. God is Spirit, Substance, Mind. God is Omnipotence, Omnipresence, Omniscience, Omniaction, and man is the very manifestation of God, the infinite All. He is the infinite Effect of infinite Cause. When the understanding of the one-ness, the union, of God and man is understood, man can intelligently pray as though he has already received, and cease supplicating a far-away God to answer his prayers. Indeed he cannot supplicate and pray to a far-away being when he knows how close he is to God, who has already created within him all good, and how close God is to him. He will understand the meaning of the Scripture—"Before they call I will answer." Isa. 65:24.

God is infinite, Cause, Spirit, expressing Itself in its creation. God cannot be sought and found without man being found, for the two are one. God First Cause, is not *in* Its effect.



God is not *in* man, to believe that God is *in* man would limit God, but He is infinite. God is not within man as a separate entity. God is not in man as a light might be in an electric globe. Many who have studied divine metaphysics for a length of time still claim that God is related to man as an electric light is related to the globe it is in. Man is closer to God than this. The sun does not abide within the rays, it is manifest or expressed by and through them. They are not tubes through which it flows. They are it manifesting. The sun is manifested by and through the rays. Likewise God, eternal Life and Love, is manifested by and through man. Thus is God, Who is all Power, made manifest by and through man, thus is infinite Action made manifest by and through man. There is no other power than this one only Power, no other Action, but this one only Action. No other Life but this one only Life—which is Spirit, and is made manifest by and through Its creation, man and the universe. God is absolute Good Itself, therefore Its creations are Good, for the same fountain cannot send forth both sweet water and bitter.—Jas. 3:11. Evil, disease, sorrow, decay, failure, death, are not part of God, the perfect only Cause, therefore these negatives cannot be in man, nor part of man, who is in the image and likeness of God. There is only one sort of man in reality. He is God in manifestation. He is good.

God is infinite Father Mother. This is a statement that often causes perplexity in the thought of the student. “How is it possible for God to be Father and Mother at the same time?” they ask. Of course, if one is still regarding God as a man-like God, it is impossible to conceive that He can be Male and Female, Father Mother, at the same time. It is not difficult to know God as Father Mother when we realize that God is Spirit, Mind Itself. The teaching that God is Father Mother is not new. The Mother God was recognized and taught by Hermes, the ancient. Now, we must realize that in this case Father Mother are words that stand for two distinct qualities, and not for material things. Matter or materiality are not to be considered in connection with them. They are two qualities in one. It is

not difficult to realize two qualities in connection with or inherent in the sun. Light and heat are two qualities in one—distinct from each other, but not separate from each other. It is easy to think of these two qualities as one in connection with the sun. Now, it should be just as easy to think of two qualities in relationship to infinite Mind. It has been shown that God is Intelligence, Love, Life, Truth. When we speak of God, as Father, we think of Him as Intelligence, or Truth, and when we speak of God as Mother we mean Life and Love. God as Father is infinite Intelligence, God as Mother is infinite Love. These qualities are two in one—the Father Mother God. God is the divine Us. In Genesis I. we read that God said, “Let us make man in our image after our likeness, and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over every creeping thing that creepeth upon the earth.” Now, because man is the expression and manifestation (image and likeness) of God, he, too, must be masculine feminine. Man as the image and likeness of the creative Us must be, and in his nature he is, male and female. In every child of God, man or woman, are these two divine qualities. They have nothing to do with mortality, corruption, or corporeality. They constitute man’s dual divine nature, as the manifestation of the Father Mother God. In man, the manifestation of God, the feminine quality is spiritual intuition, and the masculine quality is intellect and reason. These divine dual qualities are ever present and operative in every child of God whether called man or woman. Each quality plays its part in the divine consciousness. In the New Testament they are typified by the Bride and the Lamb, as we read in Rev. 19:6, “Alleluia! for the Lord God Omnipotent reigneth. Let us be glad and rejoice, and give honour to him: for the marriage of the Lamb is come, and his wife hath made herself ready.” The father represents the creative, active principle, the mother represents the passive, conception, principle in man.

In each child of God is the dual nature, working in unison unto “the day of Christ.” When the sick seek to understand

divine science for the purpose of being healed, they need not concern themselves for the time being about the dual nature of God, or the dual nature of man. This point can come up for consideration later. To know that God is Love, Life, All Power, and what man is in reality, is the most necessary thing to know. These lessons are intended to help those who have never studied divine science, as well as those who have already given some time to the study. It is hoped that these lessons will be useful to students who wish to help their friends to find the truth, to free them from old traditions and guide them to an acceptance of the truth which heals all manner of discord in human experience. The following lessons will enlarge upon what has been given in this one. It is hoped that those who read them will do more than scan them over. They need to be pondered over. Ample confirmation can be found in the Bible supporting the statements made herein. Jesus the Christ is the great Example for all to follow. It was His clear understanding of God and man, of Himself as one with God, that enabled Him to heal all manner of sickness, overcome all discords, and limitations to which humans are subject. Through this understanding He was able to triumph over all material forces. He raised the dead and finally overcame death Himself. All this He did because He was fully conscious of His greatness as the manifestation of God and because He knew His one-ness with God. He said, "I and my Father are One." For this He was stoned. Then He said to those who tormented Him because He claimed one-ness with God, "If I do not the works of my Father, believe me not. But if I do, though ye believe me not, believe the works: that ye may know and believe that the Father is in me and I in Him"—John 10:37, 38. Here is proof that our faith should be shown by works. The works of Christ Jesus can be done in a measure by all who know something of their God being. But he who knows fully, as Jesus did, that "I and my Father are One," will do all that He did, even to triumphing over death. How earnest then should be the search for Truth. How keen should be the desire to spread the truth and thus

hasten the day when love and peace shall reign supreme on earth and among men. "Ye shall know the truth and the truth shall make you free."

God is infinite divine Principle. Young students are apt to shrink from this definition of God, for to them it sounds cold and metallic. This is because they probably have been in the habit of associating the term "principle" with the material sciences, and particularly with mathematics and astronomy. It has perhaps been quite customary to associate the term "principle" with material science and governing laws. Therefore, the name Principle, when applied to God, repels rather than attracts the student.

Webster defines the word "principle, in one sense" as "a source or origin; that from which anything proceeds; fundamental energy or cause; primordial substance." Webster's definition of the word "primordial," is "a first principle or element."

Now, God is Principle, the Principle of man and the universe. God, the Principle of man, is Spirit, Love—the Father Mother God, therefore is the Source or Origin from which man evolves or comes forth. In divine science it is understood that infinite Truth, Love, Spirit, is Principle from which man proceeds, and which forever governs and sustains Its creation, man and the universe.

God is infinite Substance. Substance is that which stands under. It is fundamental basic Principle, Love, Spirit. The primordial element of spiritual creation, man and the universe, is Spirit Principle, Substance, not material force, energy, vibration or ether.

God, Spirit, Principle, Love, is infinite First Cause, and man is the spiritual infinite effect, of infinite First Cause. Now, we see that divine Principle is Love, the infinite Father Mother God, Who sustains Its creation, and forever supplies it with all good. In infinite perfect Source is no evil, no disease, no death, hence, if these negatives are real they must have another origin, or creator, than God. God is the only Creator, the only Principle, therefore, evil, disease and death have no cause, no creator.

They are baseless, negatives, belonging not to God, nor to His perfect creation, spiritual man and the universe. Now, it is clear that God, Principle, is Love. It is the holy Cause from which all men proceed. It is perfect, eternal, indestructible Spirit, Substance, from which spiritual creation evolves or proceeds. It is infallible Law forever governing and sustaining Its creation. God is the only Life, Spirit is the only Substance, Love is the only Law.

## *Man Know Thyself*

**W**HEN man knows what he is, he knows where he is in reality. It is far easier to tell students what man is not, than to teach them what man in reality is. I commence this lesson by declaring that man is not in reality sinful, sickly, poverty stricken, nor dying. Man is not mortal, material, corruptible, mortality. He is not destined to die. He is not destined to suffer sin and disease because his ancestors suffered them. He is not evil and imperfect. He was never cursed by God. He is perfect, immortal, divine, here and now. His destiny is to prove his immortality—to realize his divinity and glorify his humanity. You may ask, "If this is true, why does he appear so far from perfect?" Because man is not understood to be divine. When the divinity of man is understood, it will reveal the kingdom of God on earth. This glorified condition will be free from sorrow, sickness, sin and death.

"There is nothing either good or bad but thinking makes it so," said the poet metaphysician Shakespeare. The Scriptural statement, "As a man thinketh in his heart so is he," is often glibly quoted. It is difficult, however, to realize that the power of thought is fully appreciated by the majority of those who aptly quote the above wonderful statements, for man's thinking about himself is, as a rule far from true, and is not productive of harmony.

In this day men and women freely claim to understand that thought is a power capable of influencing one's health and worldly prospects for good or ill. Still a greater realization of the fact, as well as the application of it, is necessary to bring out more harmony in the world.

It is often a fund of amusement to hear stories of ignorant

natives who, when told by one of their people regarded as an authority, that they shall die at a certain hour on a certain day, accept the death sentence, and although in perfect health, when the sentence is pronounced, will die at the specified hour. In other cases, to hear of humans who die because a certain charmed stick is merely pointed at them, is surprising if not entertaining. Ignorant superstition it may be called, that would cause healthy men and women to submit to death through such simple causes. The power of thought is responsible for the passing on of these individuals. No physical violence was used. The victims believed they must die, as directed, while those who by pointed stick or spoken word ordained the death of their fellows believed in the power of their word or act to produce death, and so it came to pass. We regard electricity as a mighty force, and should not fail to realize that thought force is superior to all so-called material energies or forces.

What a suicidal mental attitude has been held regarding man by the majority of the Christian world. I say suicidal because ignorant and malicious thought force and energy can, and does, disintegrate and destroy the body. On the other hand right thought is constructive, and when intelligently applied improves bodily conditions, heals and uplifts mankind. To understand the power of thought is one thing, the next thing is to know on what lines to think in order to bring out harmonious human conditions, and then to consistently think along those lines.

In my youth it was customary for me to earnestly and devoutly on bended knee affirm of myself that I was "a miserable sinner," and that "there was no health in me." Are not millions of people doing the same thing every day? Such a mental attitude must of necessity have an ill effect upon those who indulge in it, for "as a man thinketh in his heart so is he." The opposite and upbuilding thought would be, "I truthfully and understandingly affirm that I am made in the likeness and image of Spirit, the one and only Creator, therefore, in my true

being I am perfect, holy, pure and free, because nothing can alter Spirit's perfect work." Such an affirmation, or prayer, can be confidently and honestly affirmed, *when man knows what and where he is*, and such thought is constructive and healing.

It is man's necessity, his destiny, to show forth Godlike powers, as Jesus Christ, man's great and perfect Example, did, but man will never manifest his Godhood, while thinking he is a worm of the dust, and agreeing with such sentiments as expressed in the lines "O, to be nothing, nothing." "A few more years shall roll, a few more seasons come, and we shall be with those at rest, asleep within the tomb." What a tragedy it seems when one realizes the power of thought, that people should thus be mentally making conditions heading towards gloom, death and decay. To know man's inseparable union with eternal Life would be the better way of thinking. To know that "the gift of God is eternal Life" will ever encourage and inspire men. Claiming that man is a clay frame, inhabited by a soul, or mind, is the reverse of truth, and produces discordant results, manifest in ill-health. That God has ordained that men shall live three score years and ten and then die, is a wrong conception leading towards decay and death. Surely men and women must be getting more and more disobedient to God's law, if He has so specified and limited man's time to live, for with speed an ever increasing record is appearing of those who have long since passed their one hundredth year, in perfect health and usefulness. Man's life is eternal here and now. Individually and collectively he will yet prove it, as Christ Jesus did. The sooner that humans realize man's true estate as the child of God, and claim his sonship unceasingly, the sooner will man's greatness be manifest in noble character and blameless living, in mighty words and works, even to the overcoming of death. Those who have studied the former lesson, "God and man are one" will better grasp this one. Remember that man, the manifestation of God, includes every child of God whether called man or woman.

Man is immortal because his life is undying Life, it is the



eternal God, Who is Life Itself. Man is the manifestation of undying Life. Think of it. Mankind will continue to suffer, grow old, and experience the death dream, just as long as it is believed to be God's law for man to die, for "as a man thinketh in his heart so shall it come to pass." In spite of the appearance of decay and death man never dies. "Judge not according to appearances, but judge righteous judgment," is a scriptural admonition. Righteous judgment is to know that man is *now* spiritual, perfect. All that points to the contrary about man is the "appearance" only, which will fade away, but man is eternal. Man's life is undying Life, that cannot know death. If God had created death, death would be as real and powerful as Life (God) Itself, and Jesus could not have triumphed over it in His own case, nor could He have raised the dead. We have His words and example to encourage us to triumph over death. All the world over men are seeing the possibility of overcoming the death dream, and are making the attainment of this desired end their goal. Death is not a God ordained power or experience, therefore, men and women may with confidence turn their hopes and hearts towards the attainment of this goal as a present possibility. There is much more to be said upon this point, but the purpose of this series of lessons is mainly to lead the student to a realization of man's conscious one-ness with God, for this is the most important point in spiritual evolution. The spiritual understanding of what God and man are, and their eternal unity with each other is the first great step in overcoming sickness and sin, in attaining the victory over death and presenting the body immortal. Man is the manifestation of undying Life, but how few are fully conscious of the fact. Man must become consciously conscious of the fact, and prove eternal Life as the absolute reality, thus vanquishing death. It does not matter whether men and women desire to overcome death and thus prove that man is undying, it is a fact that must be demonstrated some time, somewhere. It is man's necessity to do so. Indeed it is his destiny, to manifest eternal Life. Sickness, disease, decay, sin and death, are not

created by God, Who created all that ever was created, hence they are not real, nor eternal; only good did the one and only Creator beget. How cheering is this fact, what hope it inspires, what great possibilities it opens before us!

Now, our last lesson gave to some of us a new concept of God. It showed that God is not a man-shaped person reigning in a city in the sky—it showed that God is the infinite First Cause from which man proceeds, and that that Cause is eternal Life, infinite mind, Love, Spirit, Omnipresence, Omnipotence, Omniscience, Omniaction. It must be realized that man is infinite Effect of infinite Cause.

As that which comes forth from a source, or cause, must be of the same nature as the source from which it proceeds, it is very plain the man must be of the same nature and substance as his Source. Man instead of being the likeness and image of a man-shaped God in the sky, is of the same nature and substance as his Source. He is the image and likeness of Spirit, Mind, Omnipotence, Omnipresence, Omniaction, Life and Love. See what a wonderful being man is! He is the expression and manifestation of Spirit, Life, Love, almighty Power, of infinite Essence Itself.

Now, by the sunray fable given in the last number, an attempt was made to show that man, the manifestation of Spirit, God, is never separate from his Source. That he has his distinct identity from his Source, but is never separate from it, any more than a sunray is separate from its source, the sun. This is the vital point, dear heart. Grasp it clearly. God and man are at-one, as infinite Cause and infinite effect. God and man are All in All. Man is not a mortal frame, he is spiritual consciousness. He is completely a mental being for there is not, nor ever was a material called matter from which to make man. All is Spirit, matter is a myth—a false mental sense.

Remember, that the sun and its rays are merely a material illustration, used to try to convey a spiritual fact. Material illustrations are never adequate to fully portray spiritual facts. The sun and rays are called material, but God is Spirit, Life, Love, Itself and man *is It in manifestation*. God is all Presence

(that which is never absent from anywhere) and man is Its manifestation. There is no outside of, or beyond God Who is All Presence Itself.

Now, man is God in manifestation. He is God, Spirit's evolvment of Itself, he is, and must be, of the same nature and quality as his subsistent Cause. Man is spiritual consciousness. He is God, Life, Spirit in manifestation, and there is no separation between man and God.

One who had studied divine metaphysics for some time called upon a divine science healer for treatment for a physical trouble which had not disappeared through her own realization of Truth. In her effort to help the patient the healer asked her to explain what she believed God to be, and how man is related to God. The patient replied that "God is Spirit," and that "man is the reflection of God." She was asked if she also recognized that man is the expression and manifestation of God. She said she "preferred to think of man as the reflection of God, and particularly of herself as a reflection of God." When asked how, as a reflection of God, she was related to God, she answered, "Well, when I look in a mirror I see myself reflected there. That which is in the mirror is my reflection. Now, as the reflection in the mirror is myself reflected, so I reflect God. I know that as my reflection in the mirror reflects me, so do I reflect God."

The practitioner remarked, "I suppose you realize that man is never apart from God." The patient agreed that she did. The patient was then asked if when she looked at her reflection in the mirror, she had any sense of separation between herself and her reflection in the mirror? "Yes," she said, after some thought, "I suppose I have, for the mirror is over there while I am here. There is space or separation between me and the reflection in the mirror. The feeling I hold about it is, that the reflection is there while I am here."

The practitioner pointed out that it is essential to healing for man to realize his inseparable unity with God. The removal of the mirror would mean the disappearance of the reflection, but that the manifestation of God is eternally at one with his

Source. That a closer sense of unity is necessary than that which the patient was apparently holding, when thinking that "as the reflection in the mirror was her reflection," with a "separation" or division between them, "so was she God's reflection." After further discussion the patient saw the point and before long had gained a clear consciousness of man as the expression and manifestation of God, and perfect health.

To some students the realization of man, as the *expression* and *manifestation* of God, brings a clearer understanding of man's unity with God, than is gained from thinking of him as the reflection of God. This was so in the writer's experience. Once a teacher of metaphysics said to the writer, "Man is God, and there is no getting away from that, for instance, if I have a lump of putty here, and I cut scores of pieces from it, of which I make scores of marbles, every marble is putty. The marbles are all made of putty. Now, man is made of Spirit or God, so as the marbles are all putty, putty, putty, so man is God, God, God, Mind, Mind, Mind. There you are, you can't get away from it." The listener could not accept that illustration, explaining that in time the putty would be all used up in marbles and no lump of putty would be left, and that if God could be so divided up in man and the universe, there would remain no subsistent Cause, no God would be left to sustain Its creation. The metaphysician then argued that "as a drop of sea water is sea, so man is a part of God and is God." He was shown that "man is not a part of God." That "if the sea were emptied by drops no sea would be left," and "if God were all used up in Its creations no sustaining Principle (God) would remain to uphold them." God cannot be divided—God does not become less through expressing Itself in man, any more than the sun becomes less through expressing itself in its rays. God is indivisible. Man is for ever dependent upon his eternal Source, God and man are at-one.

*Man will always have his own distinct identity, he can never be swallowed up in God, or in other words, he can never be absorbed into God.*

A student said to his teacher, "I am rather worried because I have a horror of one time becoming absorbed into Deity, I cannot endure thinking that I shall some time lose my selfhood or identity by being swallowed up in God."

The teacher said "You never will lose your distinct identity by being absorbed into Deity."

"How do you make that out," said the patient, "if, as I have understood, man is at-one with God, as a drop of water is one with the ocean?"

The teacher explained, "A drop of the ocean is a drop, and has its identity as a drop, only by reason of the fact that it is a particle or portion separate from the main body, and separation makes it a drop. When a drop of the ocean is again restored to the ocean, it is no longer a drop, it is then absorbed into the whole, and loses its own distinct identity as a drop. Man, as the manifestation of God, is never separate from God, nor absorbed into God, but ever expresses God. Where God is man is, and where man is God is, the two in one, forever inseparable, but forever distinct from each other, as infinite Cause and infinite Effect." The student was enlightened and comforted in realizing that he never had been separate from God, hence could never lose his own distinct identity by being lost or absorbed in God.

In the last number, "God and Man are One," reference was made to a patient who visited a divine science healer. In that case the practitioner strove to bring to the patient a realization of the Truth of being, knowing this realization would aid in bringing about his healing from the distressing physical disease of which he complained. The practitioner used a simple sunray fable in order to elucidate her meaning, trying thus to bring the patient to realize something of his one-ness with eternal Life, God. The patient was much impressed with the sunray illustration. He was able to report great physical improvement during the next few days. Then came a day when he appeared before the practitioner, greatly distressed with doubt and discouragement, for his physical condition was not

so good. The practitioner did not lose sight of her patient's real perfect selfhood, as the manifestation of Life, God, as he poured forth a story of misery. He said, among other things, "Oh, if ever I prayed to God in my life, I did today—I prayed for health, for life and peace. I prayed that He would give me these, that He would help me." The practitioner immediately saw that her patient had not yet clearly grasped the fact of man's unity with God, and asked, "Where do you think God is?"

The patient replied as he waved his arms about, "Why here, all around me, because He is Spirit."

The practitioner said, "Do you suppose that just as a fish in the sea is all surrounded by water, so you are all surrounded by God?"

The patient admitted that he thought so, and asked, "Is that not right?"

"That is not the correct concept of man's relationship to God, according to the teachings of divine science," said the practitioner, "although it is a better concept of God and man than you had when you still believed God to be a man-shaped being in the sky—and man a poor, miserable, dust of the ground sinner on earth. I see by your manner of praying to-day that you have not yet gained as clear an understanding of man's relationship to God as I wish you to have. This is nothing to be discouraged about though, for you, with patient perseverance will gain this understanding, indeed you will."

The patient was then asked to relate the sunray story which he had been told a few days before. With a little prompting he told it very well. He was then asked to explain his conception of the sunray's relationship to the sun. He said, "I believe that the rays are the very internal quality of the sun emanating forth from the sun into active visibility. They are at-one with the sun and without them the sun surely would be nonentity."

He was then asked if a fish in the ocean is related to the ocean, as a sunray is related to the sun?

He readily answered, "No, of course not, it makes no

difference to the ocean whether the fish is, or is not. The fish does not manifest the ocean, but the sunray expresses and manifests the sun with which it is ever at-one, and upon which it is dependent. Indeed, I see a wonderful relationship existing between the sun and the rays in their unity with each other."

The practitioner expressed her approval of the answer given, feeling that the patient now had grasped more clearly the important point of man's unity with God, and that he is indispensable to God.

"I see it, I see it," exclaimed the patient. "I see now, what you have been so patiently trying to convey to me. I now realize more fully that, because of what I am, and where I am, I am God, the All Good Itself, in manifestation. I feel vexed," said he, "that I have seemed so dense. It seems so simple when once one realizes the Truth, and knows that All Good is already his, because man is the very expression and manifestation of God. Where God is man is, for God and man are one." After a pause he added, "I should say that in the sense that the sunray could be called the sun, man, the manifestation of God, could be called God."

As others had done before, so he also grew to readily acknowledge that even as Christ Jesus had said, "I and the Father are one," yet "My Father is greater than I." So he could honestly claim his at-one-ment with God. He did so with joy and gratitude. "Be ye therefore perfect even as your Father in heaven is perfect," said Christ Jesus. "Let this mind be in you which was also in Christ Jesus who being in the form of God, thought it not robbery to be equal with God," said St. Paul (Phil. 2:5).

The state of exaltation which follows man's realization of his true status as the offspring of God, is balanced by his conscious humility when realizing his absolute dependence upon God, his Source, for without his infinite Source, man would be nonentity. "He that humbleth himself shall be exalted."

Man is not material, he is not clay nor corruption. Man is the expression and manifestation of Spirit. Man is eternal be-

cause he manifests eternal Substance, which embraces no element of decay, corruption or mortality.

Man never dies because he is the manifestation of eternal undying Life.

In awakening from the false teachings of the past, one need not be discouraged if one does not grasp the new viewpoint as quickly as he would desire. Divine science is easily understood, although because of the established beliefs of past education it may seem at first hard to grasp. In times of discouragement at seemingly slow progress, the writer has been helped and consoled in remembering that the infinite Creator is not portrayed as completing creation in a day, but rather evolving it through orderly stages of unfoldment. As His expression, man may be content to follow the divine order in his work of reproduction.

The model man, the highest manifestation of God that the world has ever known, is Jesus the Christ. He who is known as "the World made flesh," "The Son of God," and "The Son of Man," is our highest example of divinity and humanity.

It is not generally understood that all men are related to God the Father, just as Christ Jesus was. Ignorance would argue that it is blasphemy to claim for all mankind the same Sonship with God that Christ Jesus claimed for himself. It is not blasphemous, nor presumptuous, for Jesus claimed for mankind, collectively and individually, all that He claimed for Himself. Christ is the Son of God, and Christ Jesus claimed for all men sonship with God. When teaching men to pray, did He not say "Our Father which art in heaven?" Did He not say to Mary, "Go say to my brethern, I ascend unto my Father and your Father, to my God and your God?"

It is the destiny of all men to evolve the full and perfect understanding of their Sonship with God as He understood His Sonship with God. All men must sometime realize their unity with God, as He understood His unity with God when He made the striking statement, "I and my Father are One." All men must some time, somewhere, manifest the same wisdom and



power that He manifested by controlling physical forces, overcoming time and space, healing all manner of infirmities, overcoming death, and providing temporal necessities for human needs, as shown by His turning water into wine, the multiplication of the loaves and fishes, and providing money for the disciples to pay their dues to the tax gatherers. These works will be done by men, individually and collectively, when they know the truth of being as He knew it. This knowing is spiritual power. Its attainment is the goal towards which humanity wends its way, consciously or unconsciously as the case may be.

Now, dear hearts, we take Jesus the Christ as our great Example, knowing that His Father is also our Father, that His God is our God, that as He was at-one with God so are all men at-one with God.

The great and only difference is, that He knew the truth of being and existence fully. He had evolved His Godhood as we have not yet done. He knew the Truth, and the Truth had made Him free as it will make us free when we know it, as He did. We are all on the ladder of spiritual evolution, and step by step shall attain the summit as He before us has attained it, and prove our victory over death, as He taught us to.

Man is spiritual, divine, immortal. Man is God made manifest, Man is the infinite Effect of infinite Cause. *God is the infinite Creator. Man is the infinite creation of the one and only Creator (All Good) Who in creating, expresses and manifests Itself in Its creation*, instead of making man of some substance outside of Himself—Itself. Man is Good, because his Source is Good, he is spiritual because his Source is Spirit, he is mental, because his Source is Mind, he is eternal because his Source is eternal Substance, he is infinitely perfect in being, for his Source is infinite perfection Itself, man's inherent perfection he derives from his All Good Source.

Individually and collectively man is the perfect divine expression of God. When asked "What is man in his relationship to God?" students will sometimes reply, "Man is a channel through which God flows." It is the teacher's duty then to

instruct the student who so answers, that man *is more than merely a channel through which God flows, for man is the flow.* This lifts the thought of the student to a clearer realization of man's greatness. Christ Jesus said that He "proceeded forth" and "came from God." Man is related to God, as Jesus was, therefore, man truly proceeds or comes forth from his unfailing Source, divine Mind, eternal Life, infinite Love, Spirit, but is never outside of God Who is All Presence. The proceeding forth of Spirit, eternal Substance and Form into visibility, is what has been named man.

Some one may ask, "What about the body?" "Has man no body?" Now, you may be one who has believed that the body is destined by God Almighty to become dust, and that man can be a bodiless entity, until a great distant resurrection day. You may be one who regards it a holy duty to despise and depreciate the body. You may be one who seeks to attain a high spiritual altitude by denying the existence of the body, regarding it as a myth, or counterfeit. In either case you have been thinking and working along wrong lines. *Never for a second can man be without a body.* Again, you may have been studying along the lines of divine science, and like many others are befogged by the conflicting opinions of teachers over the subject of body, and may have been ignorantly denying, depreciating, and holding it mentally as an antagonist to your spiritual advancement, yet at the same time with anxiety questioning within yourself, as you contended against it. Again I say this is wrong for man can never be bodiless.

In a further course of lessons I shall have much to say on the subject of body, enough has been said now to serve the present purpose. The first necessity is to know what God and man are, and that man is divine, because he is God, Spirit, in manifestation, and is never without an embodiment. The body will respond to this right thinking, by improved physical conditions, whereas negative beliefs about the body are suicidal.

It is impossible for the sinful, sick, poor and diseased, to gain the higher spiritual understanding which is sought to be

conveyed through this series of lessons, and not improve in health and strength. While we are ridding ourselves of the old false concept of man, we are gaining in health, strength and harmony. The body is being "transformed by the renewing of the mind." The change may come very gradually. It may not show forth in a day, a month or a year, but slowly or quickly it will surely follow correct thinking. I have seen actual evidence of this in hundreds of cases. Many years ago a woman came to me in distress. A growth had developed in her breast, and she was faced by an operation. I commenced at once explaining the Truth of her perfect being—her oneness with God. I showed her that forms of disease were no part of her real selfhood, that they would disappear as she realized her absolute perfection as the expression and manifestation of God. God had not made them and did not sustain them. She was told that in spite of the seeming evidence in the world that man is sinful, sick and dying, she was to cling to the fact that God made man perfect, in "His image and likeness," and His work was declared "very good." Nothing could alter His perfect work. All that seemed carnal and imperfect was not really man, but a mental mist, or mask, that would fade away before the recognition of man as he truly is. That the ignorance, mental mist, or mask, would fade away before the light of truth because it was as unreal as the false statement, "twice two are five." That twice two are five cannot stand because it has no principle or law of numbers sustaining it. It must fade before the fact that according to law "twice two are four." I promised to help her if she would earnestly try to gain spiritual understanding, and follow instructions. At first she looked disappointed and hopeless as she said, "I don't see how this sort of thing can cure me." She visited me often, and required patient work for she did not readily grasp the new teaching. She was told that it was God's will for her to be well, and that she should do His will. Gradually fear left her and she steadily improved. She never had an operation, for she was healed. She is one of many who have proved that "The word of the Lord is

quick and powerful, and sharper than a two-edged sword.' ”  
St. Paul.

To the sick, who study these lessons, I would say, “Do not hesitate to claim your perfection as children of God, for Jesus said, ‘Be ye perfect even as your Father in heaven is perfect.’ ”

The following verses may be appreciated by some. If so, find a simple tune for them, sing and pray them in your hearts. They are given you with much love.

Dear God from me you ne'er can part,  
Nor can I part from Thee,  
Close as the sun is to its rays,  
So Thou art close to me.

Thou know'st me whole and perfect now—  
Courage my heart doth fill,  
My perfect wholeness here I claim  
According to Thy will.

In close communion with my Source  
Wisdom and health are mine,  
Thou art my all sustaining bread  
Thou art my quickening wine.

Immortal Source, Life, Truth and Love,  
I am Thy deathless ray,  
Created to express all Good  
Throughout eternal day.

## *The Prayer That Heals*

**I**N THE foregoing lessons it was clearly shown that God is ever present, eternal Good Itself—not merely a dear, good, kind of God. That, because of man's true nature, as the very expression and manifestation of the All Good, he may claim as already his that which he needs. Because man is the very proceeding forth of absolute Spirit, eternal Life, infinite Love—he is in reality *now*, all of good that he hopes to be. If one judges himself, or others by the appearance of man that he sees around in daily life, man would appear to be sinful, miserable, sick, weak and poverty stricken. Man must not be so judged. We are told to “judge not according to appearances, but judge righteous judgment.” “Righteous judgment” shows us man as he really is in his spiritual self-hood, which is the likeness and image of God. By knowing and claiming man as he truly is, the mortal appearance will fade away, and the harmonious man will be fully revealed. The true man is already here waiting recognition and manifestation. God created him, and God's creation has never been undone. True prayer is the power that reveals the perfect man. There is only one kind of man, the man of God's creating is that man. In reality there is not a good man and a bad man. Anything that appears ungodlike is not even part of man, any more than dampness, darkness and coldness are part of sunlight. Knowing this, evil will fade away before the light, or consciousness of truth, and the perfect man will be revealed. St. Paul says, “Be ye transformed through the renewing of your mind.”

Sickness, disease, bad habits, depraved appetites, evil traits of character, poverty, fear, decay and death will fade

away before the truth. Now, if God had made these negations they would remain always, for no one could undo His work. Because He did not make them they can be overcome, and the perfect qualities be brought to light, or manifested in their stead. You know you can correct the error that twice two are five; you also know that you cannot alter the truth twice two are four. Why? Because twice two are four is sustained by the principle of numbers, it expresses the principle of numbers; while twice two are five is untrue, it is not supported by the law of numbers, it has no sustaining principle, therefore must fade away before the truth, twice two are four.

Now, evil is not sustained by God, Who is The Principle of man, therefore it must fade out before the truth. God is the only Creator, and He created only good. Evil is self-created, and its only power is to destroy itself. Now, it is clearly seen that God is not the Principle, or Creator of evil, or disease. He is not the principle of consumption, cancer, paralysis, poverty, misery, or any one of the numerous disease beliefs that mankind seems to be afflicted with. If He did not make them, He does not support, or sustain them, and there is no Creator besides Him. Thus we see that we may hope to destroy all manner of sin and sickness, and bring health and immortality to light.

Now, God's work is done, and man's part is to make God's work manifest or visible. Prayer is the spiritual means by which we make God's perfect creation manifest. First, we must know the truth, then apply it. By thought and word we must apply our understanding of truth in order to get results. The motor-man in his electric car touches the lever, and his car moves off. The car remains still until he does this. While it is stationary, the power of locomotion or movement is still there, but the car remains stationary, until the motorman, who, understanding his business, applies his knowledge, touches the lever. The car then moves along, the power of locomotion is manifest.

Now, God's perfect man is already here, he must be recognized, and then, through the power of true prayer, he must be made manifest. The prayer of faith and spiritual

understanding reveals the perfect man, the perfect spiritual child of God, who is already created. Again let it be said that, because man is what he is and where he is, he can truthfully pray the prayer of realization, the prayer of thanksgiving, instead of the prayer of supplication.

How often has it been said by men and women, "I used to pray, but my prayers to God were never answered, so I have ceased asking God to give me the health, strength and other blessings that I desire. I have beseeched and supplicated God to hear my humble petitions, but He has not heard, or would not answer." Is it any wonder that there has been no answer to such prayers, when blessings have been asked of a God that never existed? There never has been a God in a city called heaven in the sky to hear the petitions of humans. No such God has ever answered the prayers of humans, any more than gods of wood and stone have answered the prayers of the heathen, who have besought their idols to grant them questionable blessings. This may seem a hard saying, but it is true. Any seeming answer to supplicatory prayer, made to a supposed man-shaped God in the sky, has not been granted by such a God, but has been the result of the operation of a certain quality of mind in the patient. "Thy faith hath made thee whole." The prayer of faith can do wonders, but the prayer of faith, combined with spiritual understanding, will do far more. "Ye shall know the truth," we are told in Scripture, and "the truth shall make you free." To know God and His Christ is Life eternal, we are told.

To fully know God and spiritual man, in their inseparable relationship is essential to true prayer—the prayer of faith and spiritual understanding. This prayer is not made to a mythical God in the sky. We are told by Christ Jesus not to look "here," or "there" for the kingdom of heaven, "For behold the kingdom of God is within you." To "enter the closet, close the door, and pray," means to enter the innermost recesses of one's own being, that holy of holies, that sacred shrine within every man, and there, in deep devout concentration, to realize the Father

(Source) God, and one's self as in perfect at-one-ment. Here in the inner sanctuary, the secret place of the Most High, we realize as ours already that which we desire, *because of what we are, and where we are*. We praise and glorify that the good we desire is ours now. We affirm our oneness with the Eternal Good.

Do we desire health, strength, holiness, peace, longevity, prosperity, or any other good, then we must know that these are ours already, and must glorify God that they are ours *now*, because we manifest all Good. We must *know, feel, and declare that they are ours now*, until by the operation of the power of the Word, based on spiritual understanding they are made visibly manifest to us in our daily experience.

Now, one cannot pray as though one has already received, with a clear conscience that one is telling the truth unless one knows the unity of God and man in their relationship to each other. To affirm that health, strength, peace and power are ours *now*, while, according to sense testimony, the bodily appearance is quite the reverse, would seem like lying, if one did not know the truth of being, or, that, God and man are at-one, and by virtue of that one-ness man has already received all good from God, His infinite Source. To pray, as though one has already received, meanwhile feeling that one is declaring, or affirming, what is not true, would have a retarding effect, instead of a healing influence. Prayer should be based upon a clear, definite understanding of the truth of what one declares.

Some years ago the writer was helping a man whose case, after exhausting the skill of materia medica, had been pronounced incurable, and for six weeks had visited him almost daily, and though the progress of the so-called disease was arrested from the first treatment, healing was not apparent. One day, while on her way to visit the patient, she prayed, or affirmed, that because man expresses infinite intelligence she would know just what was necessary in this particular case. That day it was revealed to her that the patient, while praying as though he had already received, declaring that he was God's expression and thanking Him for health, strength, and purity,



was meanwhile feeling in his heart that he was uttering the greatest falsehood.

Once more the practitioner attempted to lead the patient's thought aright, and read to him different passages from the Bible. Then asked him, "Have you now any doubt about calling God your Father?" He replied, "God is my Source, my Father!" "You believe that man exists because God created him?" "I do," he said. "Do you believe the Biblical statement that man is created in the image and likeness of God?" He answered, "Yes." "Well, how could you imagine your Father, God, whom you concede created man in His own image, to be corrupt, impure, and intolerable, as mortal mind would make you appear to yourself today? Do you see that all that is apparently impure is not you or any part of you, and therefore no part of God's creation, hence is unreal?"

After a moment's thought, light seemed to dawn, and the patient exclaimed, "I begin to see it. I see that while I am thinking that impurity and disease is me, I am dishonouring God my Creator. My prayers would make God manlike instead of man Godlike. Now I see, that when I affirm myself to be God's child, I must know only the real and pure self which is the expression of God; then I can honestly pray as though I have already received." From that day the disease faded into nothingness. His prayer of blind belief was transformed into one of faith, the exercise of spiritual understanding, and through this he was healed.

When first turning away from the old method of supplicatory prayer to a distant God, it may not seem easy to pray the prayer of affirmation, the prayer of realization that the good we seek is already ours. Should this be so, one should not be discouraged, nor should one cease to pray at all. Daily one should continue to pray, according to his highest understanding. This is his prayer for today, and greater light will daily dawn upon him, guiding him upward and onward, to conscious at-one-ment with God, his Source. In the innermost recesses of being, the silent word may be spoken with under-

standing, fervour and power, and abundant blessings be the visible result. Again, it is sometimes found helpful to declare the word aloud. It matters not whether one kneels, sits, moves, or stands on head or feet when one prays. It matters not if one be deep in the bowels of the earth, in mid-air, mid-ocean, or trackless desert when one prays. God is where man is, and man is where God is, for they are inseparable. Who is not familiar with the Scriptural passage, Pray without ceasing? To obey this injunction one cannot always choose one's place to pray. One cannot always pray on bended knee, nor is it necessary to do so. "Prayer is the heart's sincere desire, uttered or unexpressed," says a poet. One's desires must be pure, honest, loving, unselfish, prompted by the highest motives, based on spiritual understanding and inspired by faith.

There is enough of good for everyone to have all he needs, without encroaching upon the rights of another. There is enough health, strength, life, love, peace and happiness, action, power, prosperity, and longevity for everyone to have all he needs, without taking another's portion. If it is health, strength, vitality, that is needed, why beg and beseech God to give it to you, as though God were a person afar off, Who has not already given you all Good. Jesus said, "Behold the kingdom of God is within you," therefore you need not seek God anywhere, but in His Kingdom within. When you pray, believe that you receive, and you shall have it made manifest unto you. When you pray for another, you pray believing that the blessing you desire for him is his already. This can be done with confidence, for you realize that he is related to God, even as you yourself are. You are both as close to God as you can ever be. Christ Jesus was not closer to God than you and your patient are, but He realized His one-ness more clearly than anyone else ever has, which was the reason of His great power. He spoke of God as, "My Father and your Father, my God and your God."

God has already given man all that He can give. "Before they call I will answer, and while they are yet speaking will I hear." Because of what and where they are, how foolish it

would be for the sunrays to cry out for the sun to give them more light, more power. The sun cannot give them more, for they are the sun itself in manifestation. They only have to express their boundless source from which they are never separate. They are the proceeding forth of the sun.

Now, man is a ray (expression) of Omnipresence, a ray of undying Life. He is the proceeding forth. How foolish then for him to reach out, imploring God to give him more life, more health, strength and good. God, Life, includes health and strength, and is Good Itself. Man can never have more of Good, Life and health, by supplicating an external, distant God for it, than the sunrays can have more of the sun by praying the sun to give them that which they already are. Knowing the truth, knowing what he is in his relationship to God, man may intelligently claim that which is already his, and it will be made visible to him. God has already met every human need, and man's work is to make manifest, through scientific prayer, that which he already has. When Jesus stood by the grave of Lazarus, He did not pray God to hear, nor did He supplicate God to give him wisdom and power to raise Lazarus. He said, "I thank Thee Father that Thou hast heard me." Jesus said, "Your heavenly Father knoweth that ye have need of these things before you ask Him." Why, then should men and women seek to inform God that they want life, health, and strength? Why beg God to give that which He has already given?

A woman once called upon the writer to inquire into the principle and method of divine science healing and to ask for treatment. She was suffering from a serious internal complaint for which a surgical operation was to be performed. It was shown her that disease is unreal because not God-created. "If you were as ill as I am you would know that disease is very real," she said. "Do you believe that anything not created by God is eternal?" she was asked. "No, I suppose not," she thoughtfully replied. After further talk and explanation the sick woman was advised to take herself apart for a time each day, to seek a room, where she would be sure of uninterrupted

quiet, to read a portion of the Gospels, or Psalms, in order to dispel the anxiety of daily cares; then to retreat within the innermost sanctuary of consciousness and heart, to "dwell in the secret place of the Most High," the inner shrine, the holy of holies. In other words, she was told to retire mentally within her own being, and in this inner sanctuary to realize her oneness with God, her Source. In this secret place to realize herself to be a perfect spiritual being, the image and likeness of God now, to claim gratefully that health, holiness and peace were already hers, and to intelligently deny all discord as unreal. She went away, promising to do her best to carry out this advice. In a few days she returned saying, "I've done what you said, but I'm no better. Indeed, I feel as ill as ever I did, if not worse."

"Never mind," said the practitioner, "don't be disheartened if your healing is gradual, nor surprised if it is quick. Keep knowing 'the truth, and the truth shall make you free.' Know that you are a perfect, spiritual being now, perfect because God, your Source, is perfect."

"That is the trouble," said the patient, "I feel that it is affirming an untruth to declare that I am God's perfect child (expression) when I look and feel so ill."

The practitioner explained that all that seemed imperfect about her was no part of her true self, for God had not made it and He made all that was made. That because God is Very Truth Itself, His creation can embrace no form of disease, imperfection, evil or death. That it was wrong to think that man could have more than God has, and He never has disease, sin or death. Because man is the very likeness and image (expression and manifestation of God) Who is Truth, man must have what God has, and cannot have what God has not. It was shown that all weakness, disease, pain, and worry, should be denied reality for they are only a mental mask, they are no part of God's creation and will fade away before the clear realization of man's true selfhood, his God-being. In short, the sick woman was told the truth, as it has been explained in the foregoing numbers of

this series. She was much cheered and uplifted as she left the practitioner. From that hour she understandingly prayed, as though she had already received the health, strength and peace she desired. She knew that her desire was granted, because she, in her true being, was eternal Life Itself, in manifestation, even as a sunray is the sun itself, manifest. Her prayer was then something after this manner, "O, Infinite eternal All perfect Life, I glorify and rejoice with holy reverence and intensity, that I am never absent from Thee, I realize that Thou art one with me, even as I am at-one with Thee. I affirm that Thou art my Life eternal, therefore my health is perfect, for in Thee is no imperfection. Because Thou art my perfect Life, here and now, I am healthy, strong and free. Sickness and sin are not of God, therefore are no part of me, have no place in me, nor power over me, and must disappear before the brightness of divine Truth, the Christ within me, which is my hope of glory. I deny that there is any presence or power in sin, disease or death, because God is not their author. Because God is never absent, disease cannot be present. I confidently affirm that God is the only Presence and power. I affirm that I am consciously conscious of the Truth. I affirm that all wisdom is mine now, because God is my intelligence and Christ within is my All in All."

The result of the patient's changed way of thinking of God and His perfect creation, and her changed mental attitude in prayer was soon made manifest on her body. Although no operation was performed she was healed, and her healing was regarded as a marvel by many. She said that she "clearly realized that because God had not made disease, it was lifeless and mindless, and had no intelligence to grow or do anything but fade away."

Many make the foolish claim that in this teaching you are merely to *ignore* sin and disease. How unkind, and foolish it is to say to the sick, "Oh, there is nothing the matter with you, you have only got to declare there is nothing wrong with you and you will be all right." How unwise it would be to say to

one who was committing wrong, "Oh, there is no sin, so you can't be a sinner, just go on as you are doing." Such a course in either case would be totally wrong, and is not according to the teaching of divine science. Jesus Christ, our Great Example, did not ignore sin and disease. He recognized and healed it. He healed it because He knew it was unreal, because it was not made and sustained by God. If God had created it He could not have destroyed it. He recognized disease and called it by name in some cases. He recognized sin, and destroyed it. He did not convert sin into holiness, or disease into health. Now, a wise, divine scientist follows Christ Jesus' example, recognizes error, knows its unreality, denies it and so destroys it by knowing the Presence, the Allness of Good. Be quite clear that in divine science, evil, disease, and sin are not ignored. They are recognized for what they are, negation, and eliminated by truth. The realization of the all Presence of Good, excludes each.

In the last two numbers of this series the case was related of a man, who through patient instruction, was helped to a realization of his one-ness with God through the sunray illustration. At the close of his interview, related in the last number, the patient said to the practitioner, "Now, tell me, how did you know that I had not clearly grasped the fact of my unity with God when I told you of my prayer today?"

The practitioner smilingly said, "Again I will take liberties with the sun and its rays in the endeavour to clear your thought on that point. Long, long ago in a time that never was, a sunray peeped out into the universe, and, in a fearsome tone exclaimed, 'I am afraid, for, in the distance banks of fog and mist are gathering. Oh, where, where is the sun?' Another ray peeped out exclaiming, 'the foggy mist is approaching nearer to us. Oh, where has the sun gone off to?' Other rays cried aloud, 'We shall be enveloped in the cold, clammy mist, the dark, depressing fog. Oh, why does the sun not come back to us and dispel the mist? We shall perish, if he does not return to us, and rescue us.' As the hours sped, the rays set up a fervent petition, they cried aloud saying, 'O, beloved sun, we beseech

thee to save us. Come to us, for the foggy mist is drawing near us. It will soon envelop us, and we shall perish in its cold, clammy darkness, unless thou come and save us. Why hast thou left us alone, dear sun? Return to us we humbly pray. Disperse the mist we implore. Hear our supplication we pray, mercifully lend thine ear. O, sun, hear our fervent petitions, and, if it be thy good will, take away the cold fog and misty darkness, succor us, save us or we perish.' ”

The patient was asked what he thought of the sunrays' prayer. He laughingly replied, “I think it absolute nonsense. Of course, the rays themselves were the sun itself, manifested. They only needed to know this, take of their source more bountifully, shine more brightly, and no fog or mist would be there to fear.”

“That is so,” said the practitioner, “but was not your prayer to God to give you life, health, strength and peace, as silly as the sunrays' prayer? You were praying to a supposed external something to give you that which is already yours, for you are in reality God, Life, Good, in manifestation. You were reaching out in supplication to God, when you, in your true selfhood, are God Itself, in manifestation. You are now at-one with God, Who is All Life, All Truth, All Good, All Love.”

The secret of the prayer of affirmation, or thanksgiving, is *in knowing the reason why you can thank and glorify divine Love that the good thing you pray for is yours already.*

It may be, dear reader, that you have been accustomed to follow a common practise of suggestion, or auto-suggestion. You may have been in the habit of affirming or suggesting something as follows, “I am not ill, I am well,” or, “I am getting better and better every day,” or, “There is nothing the matter with me.” You may have kept this suggestion up for a short or long time, without a legitimate reason for such a claim of wellness, while disease was in evidence. You may have experienced relief, it is likely that you may have had a severe relapse to old conditions, or perhaps a worse complaint may have appeared. Again, it may be that you talk to a

supposed mental state, or thing within you, impossible to define, or locate, which you call sub-conscious mind, commanding it to bring you health and strength, to make you well, or bring you wealth. If you have been in the habit of so dominating so-called sub-conscious mind, or even appealing to it, to bring to you what you want, you may or may not have gained some satisfaction from so doing. If you have been in the habit of trying to get rid of pains, disease, sins, or poverty by suggesting to yourself, or declaring with vehemence, "I am rich, I have money, I am well, I have no pain, I am strong, I am power, I am Life," etc., you have been doing the best you have known. You may at times have gained some satisfaction from this way of mental working, but has this method given you complete satisfaction? Has it not left an unsatisfied sense of incompleteness in your thought? Has it not seemed like working in the dark? Has not your heart reached out longingly for something more, for spiritual understanding, for a reason for the hope that is in you?

One need not condemn any method that brings even temporary help and comfort to afflicted humanity, but if a more effectual way can be shown to any individual, by all means let it be shown. Bald suggestions and declarations such as, "I am well," "There is nothing wrong with me," etc., lack the vital element indispensable to healing such as Jesus practised. Something more is needed than such bald statements lacking spiritual understanding as a basis. There must be a reason for the hope that is in you. You may have faith that such suggestions will heal, but *spiritual understanding* is absent and spiritual understanding is the essential quality in divine healing.

We are told in the inspired Word, "With all thy getting get understanding." Now, let it be clear that the attempt to heal disease by declaring, "I am well," without any conscious reason why you are healthy is blind belief and may help as far as it goes. But to be able to declare, "I am well," and *know the reason why you are well now*, is quite a different



mental attitude, and is the right way. To *understandingly* declare "I am well, and I know that I am well, because I manifest God, eternal Life, All Power," "I am well *because* I am at-one with God, eternal good," "I and my Father are one," is the effectual fervent prayer of a righteous (right thinking) man, one who knows what God is, what man is, and how God and man are related in inseparable union with each other. This prayer "availeth," it "accomplisheth" much. The more clearly one understands one's true sonship with God, one's perfection because of that sonship, one's inseparable union with God, as God in manifestation, the more clearly one can pray the prayer that brings results. This is the prayer of affirmation, based on spiritual understanding, it bears fruit.

I am trying, dear heart, to bring to you a realization of your infinite greatness as a spiritual, perfect being, the manifestation of God. If you were in class, where I could address you personally, it would be easier for me, and far more satisfactory for you. For forty-seven years I have deeply studied this science, applying it in my daily life. I know the practical nature of the truth I strive to impart in these lessons. I can speak with assurance about the cases of healing that are recorded herein. They are results of the operation of divine law, through scientific prayer. No teaching carries such conviction to students as that which is supported by the personal observations, experiences and demonstration of the teacher. The cases, recorded in these lessons are introduced for the purpose of strengthening, elucidating and emphasising the important points dealt with. Right here I am inspired to introduce another case of healing. It has served as an illustration in hundreds of cases, and has never failed to help in elucidating the subject we are dealing with, and in enlightening the patient or student. A business man called upon a practitioner one morning about fifteen years ago. He said that it seemed as though his days of usefulness were about over, for he was suffering from a muscular or palsied condition of the limbs, that was fast growing worse, and was beyond the help of medical treatment. He was

suffering intensely, having no peace at night, each day he spent less time at business, and was less efficient in every way. He impressed upon the practitioner that he knew all about divine science healing and did not want her to teach him anything, but to give him mental treatment for his disease.

He was asked why he came for treatment, if he "knew all about" divine science, "Why did he not heal himself?" He admitted that he had tried to cure himself, but was fast losing ground, and wanted a helping hand. The practitioner asked him to explain how he treated himself. He said, "I take considerable time treating myself before I go to business each day, I keep up the suggestions that 'I am well,' 'I am power,' 'I am life,' 'I am able to do everything I want to,' 'I will do all I want to because I know I can.' " Said he, "I also keep up the suggestions all the way down to the office. I declare 'I'm going to have a rattling good day,' 'I'm going to make things move today, for I am power,' 'I am life,' 'There is nothing wrong with me.' " In answer to a question, he replied "When I get to business I carry on fine for a while, but soon collapse and have to get home somehow. Of late I cannot be at the office more than an hour or so most days."

The practitioner said, "I note that you are a man who understands the power of thought to either build up or disintegrate the body."

He readily answered, "That I do. I know thought is a powerful force, especially when directly applied."

"Well," said the practitioner, "let me tell you that your attitude of mind, while you have been treating yourself, and suggesting to yourself, has been producing and intensifying the discordant bodily condition, instead of healing it. This is so, because you have been treating yourself as though you were Almighty, and you are no more God Almighty than a sunray is the sun."

"How do you make that out?" said the patient in emphatic protest, "a sunray is composed of the same elements

that the sun is. Who's to say it is not the sun? I think it is, and you can't make me believe otherwise."

"Still," said the practitioner, "there is a distinction between the sun and its rays. The sunray is *dependent upon the sun for its being and existence.*"

The man was a strong, intellectual reasoner and argued forcefully. For a second the practitioner paused, claiming wisdom to speak the right word and meet this present need. Then quietly asked the patient if he believed there was a Creator? To this he answered, "Yes."

"Do you then admit that there is a created?" she asked.

He paused a second, then said, "Yes I do, for there could not be a Creator, if there were no created, nor a created without a Creator, the one practically makes the other, for the one is indispensable to the other."

"That is so," said the practitioner. "Now, will you please tell me, are you the created, or are you the Creator? Are you the effect of infinite Cause, or, are you infinite Cause itself? Remember, your mental attitude is what counts."

The man paused before saying, "I must be the created, a created being."

"You are," said the woman, "you are dependent upon an inexhaustible Source, for being and existence, from this Source you are distinct but never separate. If you realized this your mental attitude would be quite different from what it is when you are suggesting as though you were the Source Itself. Your body would respond to this mental attitude very differently from what it has to your past method of treatment." The man was impressed, and the woman asked him to listen to the simple sunray fable given in the first of these lessons. She went through it fully and carefully. When she had finished the man said excitedly, "You have put your finger on the right spot. I can see what harm I have been doing to my body by my suggestions, now I shall do my mental work differently. I shall change my mental attitude, knowing that I am the manifestation

of infinite Cause. It will be a relief to know I am *dependent* on an inexhaustible Source—why the tension is lessened already.”

“You cannot do better than Jesus did, who said, ‘My Father (Cause) is greater than I,’ yet claimed that, ‘I and my Father are One,’ ” he was reminded. He insisted upon visiting the practitioner each week-day for a month to learn more of divine science, and to have treatment, but from the first visit he was set free from the physical disability. Upon several occasions when they have met since he has said to the practitioner, “I never forget your sunray story, for it taught me man’s relationship to God, eternal Cause, in a wonderful way, and for this valuable realization I am ever grateful.”

Dear reader, may you realize that all Good is already yours, but that your work is to bring it into visible manifestation by the operation of true scientific prayer. Whatever your trouble, or need may be it can be healed by the prayer of affirmation, or thanksgiving. Deny every appearance of evil. Affirm Good as ever present. Guard your thoughts and words that you think and speak only on the side of good—do not listen to accounts of evils, calamities, descriptions of diseases and operations. Think of spiritual realities, and know that all Good is yours now. Jesus said, “Fear not little flock it is the Father’s good pleasure to give you the kingdom.”

# *There Is Only One Mind*

**G**OOD is the only quality, God is the all Good, Good is Mind, Spirit. In our previous lessons we have seen that God is not a being possessing a mind, but is Mind Itself, and He is the One Only Mind. He is the One Indivisible Mind, and His expression or manifestation is man, who is a spiritual, mental being. There are millions of spiritual expressions or manifestations of the One Only Mind, all manifesting the One Source, as there are millions of rays manifesting one sun.

Quickly the world is awakening from the long dream of life in matter, to recognize that All is Mind, that there is no matter. When the majority of mankind come to realize that Spirit is the only Mind, and that there is no matter because All is Mind and mental, Spirit and spiritual, world conditions will have improved.

Beginners in the study of Divine Science are often sorely perplexed over the statement that each individual has not a separate mind of his own, because there is only One Mind, which is the mind of all men. People who pride themselves upon their scholarly attainments, their intellectual ability, their wonderful brains, are apt to be displeased when told they have not a separate mind of their own—that the same Mind is the intelligence of all men, although there is an infinite variety of expressions of that One Mind.

A man who thought that way, and was suffering from a severe nervous breakdown, sought help from a Divine Science practitioner. He was called “a brainy man.” He believed his brains were his mind, and that he had a marvellous mind of his own, superior to that of his friends. He believed he had overtaxed his brain and was going mad in consequence. He argued

that brain secretes thought, as the liver secretes bile. It was pointed out to him that post mortem examinations had never revealed a trace of a thought in a brain, though they may have revealed traces of bile in the liver. He was shown that brain is not mind, for when a man is said to have passed on, the brain may remain intact, but no thought or mind action is there. He was told of a case where a post mortem examination was performed soon after the death of a person, and nothing was found in the brain cavities but a small quantity of fluid—yet the man had been thinking and talking lucidly a few moments before passing on. It was pointed out to him that brain is not mind, and that he had not a separate mind of his own. He strongly opposed the latter statement. The practitioner explained the truth to him, as given in the previous lessons of this course, until she brought him to realize his oneness with God, eternal Mind. The sunray story helped him immensely. Patiently the healer worked and gradually the patient grasped the truth, and the physical strain and tension lessened. Fear was overcome, and soon he was able to take his place in business life again. He was glad to know that his intelligence was Omniscience, the One infallible Mind, and that all men manifest the One Mind, as all the sunrays manifest the sun. He became a more successful business man, when he realized that God was his Mind unfailing.

When men and women get rid of the false belief that brain is mind, and that they have each a separate mind of their own, they will be happier and wiser. Every child of God is at one with divine Mind, although each one expresses the one Mind in his own distinct and peculiar way. All of God's children are living, thinking, rays of the One Mind from which they can never be parted. Daily we should deny the false beliefs of a finite, imperfect mind, and steadily affirm that man's intelligence is God, Mind, all perfect. If this denial and affirmation is made with clear understanding and firmness and one knows and feels the truth of the declaration, the word is spiritual power and heals. The patient whose healing was just related came to un-

derstand the truth so clearly that he was able with assurance to affirm somewhat as follows:—

“My Mind is sound and perfect,  
God is my Mind, God is my Mind, God is my Mind.  
I am sane, poised and balanced,  
God is my Mind, God is my Mind, God is my Mind.  
My Mind is secure from evil suggestions,  
God is my Mind, God is my Mind, God is my Mind.”

He was able afterwards to declare the word likewise for another.

God is never insane, mentally deficient, subject to mental depression, neurasthenia, nerves, ignorance, mental dullness, nor any of the so-called weaknesses based on the notion that brain is mind, and nerves control man's peace. God is Mind Itself, and man is God, Mind, in manifestation. A slight accident to the head, a little over-study, a shock, a sorrow, we are told, may cause people “to lose their minds,” to “become insane,” yet man in his true being is always perfect. If a man's brain is his mind, and a little too much braininess causes him to “lose his mind” while yet his brain remains, he is in a peculiar position. One cannot change Mind by doctoring the brain, but by knowing the truth of Mind, and man's infinite perfection as Mind in manifestation, brain conditions are improved, healed, and normal mental conditions are attained. Brain responds to spiritual healing, even as heart, lungs, or any other organ of the body does. Insanity is never created by God, the one and only Creator, Who expresses Itself in Its creations but is not housed in them.

Remember, man has not a separate life of his own, any more than a separate mind, all God's children are in reality spiritual, and manifest the one Life, the one Mind, all perfect. The false belief that Mind is in brain, and that each man has a separate mind, is responsible for insanity, lunacy, idiocy, decay and death. When the general race belief on this point is changed, and universal agreement is on the side of truth, men-

tal hospitals will not be required. "Thou wilt keep him in perfect peace whose mind is stayed on Thee." When the force of universal agreement is on the side of truth, age limits will be removed from the race, men and women will remain on earth as long as they desire to. When they desire to leave this earth experience, they will be able to do so as Enoch and Elijah did, without knowing death or leaving a mortal body to be disposed of. They will retain their glorified embodiments (bodies) as they proceed higher. The world's universal consent to the belief in death, unbalanced minds, old age, decrepitude, death, cannot hold mesmeric sway over those who know their one-ness with God, Mind—that their life is God, and that evil is not presence nor power, because All is Good.

"Let this mind be in you that was also in Christ Jesus, who thought it not robbery to be equal with God." This same Mind is the mind of every child of God, for Christ Jesus claimed for us the fatherhood of God, as He claimed it for Himself. Let us understand this great truth of man's one-ness with the one Mind, so that we may help and heal mental cases who are not at present capable of helping themselves. Because we are all manifestations of the one Mind, we can help each other by mental healing. There is no space, no absence, to thought, therefore we can help and heal those who are seemingly absent from us. Many people have been healed by absent mental treatment, while in mental hospitals, as well as elsewhere. To know what man's mind is, and where it is, is an invaluable help to business men and women, enhancing their perceptive and intuitional powers, making them strong and successful. To understand this truth and apply it enables students to face all classes of examinations fearlessly, and pass successfully. Students, and school children, who know the truth, that God is their unfailing, all-wise, ever-present, perfect intelligence, can apply the truth and overcome obstacles or ignorance. They can cause the seeming limitations to disappear and wisdom, courage, and success to be manifested, so that they excel in all subjects. Omniscience knows all, and Omniscience is man's



mind, never separate from man. Some students who have been dull over some subjects have intelligently used affirmations similar to the following and have been helped so as to be able to master those subjects they feared they would fail in:—

“I am intelligent, God is my Mind,  
I am wise, God is my Intelligence,  
I can know all I need to know, all wisdom is mine  
now, because God is Omniscience, and God is  
my Intelligence here and now.”

To *understand* the truth one is affirming is all important to successful results. Parents should learn this wonderful practical teaching, and so be enabled to aid their children in all their needs and aims, including school studies. 'Tis sad to see children still being taught the old false teaching about God and man. Some time they will have to unlearn it, which will be a difficult task for them, as it is for us now, when we are striving to know the truth of being. Parents can help their children by realizing the truth for them and teaching them the truth so that they can apply it for themselves. Children understand and demonstrate the truth very readily.

A mother was in despair about her boy, over seven years of age, who was called mentally deficient. He could not talk clearly, only his parents could understand what he meant. He could not lace his shoes, nor button up his clothes. He was timid and very fearful in some ways; in other respects he was foolishly reckless and irresponsible. Worn out, and nigh hopeless was the mother when she took him to a Divine Science practitioner, to see if he could be helped. “He is called mentally weak, because his brain is said to be weak,” she said, “and I don’t suppose that can be rectified like diseased lungs, hearts, kidneys, and bones are healed by this science.” She was told that mind is not *in* the brain any more than in the lungs, or heart; that the brain is a human organ, just as the other organs are. Also, that all diseases are the result of mental causes, in-

cluding those of brain, and all can be healed by the right understanding of and application of truth.

"Why, all the world believes the brain is mind," said the mother dubiously.

"That does not alter the absolute fact that the brain is no more mind or thought than the lungs and heart are man's breath," said the practitioner. "When men learn the truth about Mind, there will be no mental deficiency, no insanity. You must know that 'as a man thinketh so is he,' for thought is creative. Change the world belief about Mind, and mental conditions will change—evil conditions will pass away, and perfect mental conditions will be established."

"It seems to me impossible to doctor the brain, but lungs and heart not so impossible," the mother said.

"The human organs, and their conditions of perfection, or imperfection, are the tangible visible effects (expressions) of invisible mental causes. Correct the mental causes of imperfect bodily conditions, and the bodily organs improve and become normal. The intangible body is not dense matter, as it has been believed to be in the past. There is no matter in all the universe—'matter' is a myth. The body is a mental concept, the out-picturing of mental causes—its conditions change with every emotion. If you saw the objects all awry on a movie screen, you could not adjust them on the screen itself if you tried to, for the cause of the muddle would be in the mechanism. When the mechanic adjusted the mechanism, the picture on the screen would be perfect. Now, to correct discordant or diseased conditions of any human organs, the mental causes must be dealt with and corrected, then the bodily condition will change. One must know the truth of being—the truth about God and man. One must deal with the false beliefs of the race in general—the collective race beliefs. One must deal with the false mental beliefs and opinions of those surrounding the patient, as well as those of the patient and oneself. One must realize the Omnipotence and Omnipresence of God, if one is to heal disease. The beliefs that mind is in brain, and life in bodily organs are erron-

eous conclusions that are productive of insanity, disease, and death; the right understanding of Mind, Life, God, destroys them.

"In this system of divine healing you neither doctor heart, lungs, nor brains as physical organs, but you doctor, in fact destroy, the false belief about these organs," said the practitioner. "You establish the true fact about them, and the changed mental state of the patient is made visible through healed human organs. All is Mind. Again, I say, the healing is done in the invisible mental realm. Not only does one destroy the patient's false belief, and that of the people surrounding him, but one handles the general world belief on the subject, and protects the patient from erroneous mental suggestions, aggressive or otherwise. The brain attains normal conditions, as the result of the mental treatment. We do not deny that man has a brain, as some claim that we do. We know that, in divine creation, man, and every part of man, including action and powers, are spiritual and harmonious. Spirit is Omnipresence, therefore, there is in reality no place for discord. On this ground we see the unreality of disease, and the healing proves the truth of one's spiritual realization."

"Oh," said the woman, "this is all strange; I feel foggy. I'm sure I don't know what his father would say about it. Oh, why did not God give my child as good a mind as He gave others?"

"God, Itself, is the mind of everyone alike. God is no respecter of persons. He has given Himself to all. Your child has not a separate mind of his own. His mind is God, as everyone's Mind is God. God is the One Only Intelligence, which we all express—in different degrees, but all, some time, somewhere will express full perfection." Seeing that the mother was silent, the practitioner said, "Listen to this little story.

"Once upon a time, when the moon was busy about her business, a roving star went hurrying past, shouting, 'Danger, danger! There is a rumpus in the heavens!'

"'What's amiss?' cried the moon.

“ ‘The sun is in trouble, for the sunrays are squabbling,’ answered the hurrying star. ‘Every ray is claiming that his sun is better than the other fellow’s sun, while the other fellow is declaring that his sun is better than every other fellow’s sun. Alas, alas! I foresee war in the heavens.’

“The moon took herself off to the scene of dispute—meanwhile she was not missed, for a total eclipse took place. She found the sunrays at war as the star had described, each ray believing he had a separate sun all to himself, and each one claiming that his sun was better than was his neighbors’. The moon chuckled and playfully said to her neighbor, the sun, ‘Poor old Sol, what a plight you are in. Although you are regarded as much greater than I am, yet maybe I can help you now.’ Said the moon to the squabbling sunrays, ‘Ho, ho, there, listen to me! Pride, ignorance, and selfishness have deluded you into the false belief that you each possess a sun of your own, when really there is only one sun among you all. You, are each and all of you individual rays of the one source. You cannot be separate from each other, so should love each other, for you cannot hurt or wound your brother ray without hurting yourself. You cannot be parted from your source, nor can your source be parted from you, for you are at-one. You each retain your own distinct identity, you each manifest the same source in your own peculiar way. No two of you are quite alike, you are each unique in your own individuality. Happy rays, see how much better it is for you all to express the one source, than for each to be a solitary ray, with a separate solitary sun. Now, hear what the sun—your source—has to say to you!’

“The sunrays listened within themselves, and they heard the sun say, ‘Children, you are always at-one with me, and I need you every one. I am your cause, you are my effects, and we cannot be parted from each other, nor can you be parted from each other. Let love and peace reign among you, for we are all in all.’

“The humbled sunrays said, ‘How deluded we have been; it is a comfort and a relief to feel that we are really not sep-

arate, and have not each a sun of our own. What a sense of security it is to feel we are all united as rays of one changeless, unfailing source.'

"To the departing moon they waved their gratitude, calling 'our thanks are yours, O Moon, throughout eternity.' The moon smiled a broad smile, and smiled again as she hurried back to resume her place as the eclipse moved away. 'I've settled that question for the rays, and gotten proud old Sol out of a sorry plight,' she smiled with satisfaction. 'Tis said she has not ceased smiling since.'"

"So that is why the moon looks so merry," said the woman with a laugh; "your illustration has helped me to see that we all are at-one with divine Mind—expressing that Mind, and we can never lose our mind without losing God. Still men do seem to, and die," she added.

"Man never dies," said the practitioner; "he never loses his mind. The experience called death does not rob man of life, or mind; man lives on, for he is Life, Mind, Itself, in manifestation. The form or mental shadow left behind is not man, for man is spiritual and eternal, and is never bodiless. Man is an evolving spiritual being, and eternally progresses." This woman strove to know the truth, and to apply it for the benefit of the child. Soon he began to speak plainly and improve in every way—was able to attend school, and go about unaccompanied. Indeed, the change was great, and the home conditions improved. The boy soon began to declare the truth for himself, and is still advancing in every way. Friends of the afflicted should take heart, for this system heals men and women as well as children. Patience, persistence and sincerity are necessary qualities.

Now, there is another way of viewing the one-ness of Mind, for Good is the only quality. There is not a good mind and an evil mind; there is only one Mind, and it is Good, God. There is not in reality an evil mind; what seems so is simply ignorance—it is negation. As the day of the burning faggot, the thumbscrew and rack, have passed, so the day of a sup-

posed personal devil is becoming extinct. A personal devil can no longer seem to share honors with God, nor be a convenient packhorse for humans to dump the responsibility of their errors on, for such a devil is proved to be a myth. Some people pride themselves on having dispensed with a personal devil, but, alas! they have replaced him with "mortal mind," which they fear as much, and worry over far more than they did over the old devil. There is in reality no evil action or power, for Good is the only Action and Power — God is Omnipotence, and Omniaction.

A relative of mine, a clergyman, asked for treatment for a very serious internal trouble. One operation had been performed two years before, another was pending. He was suffering and fearful, to human sense. I instructed him in the truth, as shown in the previous numbers of the "Sunray" Lessons, and gave treatment. He argued that God made everything, therefore must have made evil. Presently he agreed in a half-hearted way that, as the Bible said "God made all that was made," and pronounced His creation "very good," He did not create evil. Still he argued, "God permits evil," and was intensely shocked when told that evil is not real, and that God knows nothing at all about evil, therefore, it was unjust to accuse God of permitting what He knows nothing about. The patient was about to decline further help. He was asked to listen to the following illustration before refusing further treatment.

"In a dark, dismal dungeon a man was forced to remain through long, dreary years. Often in his solitude he cried, 'I could better endure this misery if only the darkness was not here. The darkness terrifies me. O, if only the sunlight would come into this dungeon and drive away the darkness!' Hearing the old man's lament, a sunray entered through a mouse hole into the cave. The man exclaimed, 'Oh, sunlight, how thankful I am to see you; please chase away the darkness. It is constantly with me, and it terrifies me.'

“‘Darkness!’ said the sunray, ‘I can’t see any darkness anywhere; I’ve never seen darkness in all my life.’

“‘Oh,’ wailed the prisoner, ‘darkness is here all right. Go further into the dungeon and you will surely find it there.’

“The hole grew larger, the sunbeam glided farther in, but still said, ‘I can find no darkness.’

“‘Go still farther in,’ pleaded the man.

“In desperation the sunray exclaimed, ‘there is no darkness anywhere in this dungeon; I cannot see it to drive it away. Never, never, never, go where I will, can I find the darkness you humans talk of and fear so much.’

“In joyful wonder the prisoner cried ‘you have cleared it away, it has gone, only beautiful light remains.’

“‘You humans are queer things,’ said the sunray; ‘you cannot show me the darkness you ask me to destroy.’

“For a moment the man was thoughtfully silent, then said ‘No, of course not; you will never find, or know darkness, for you are light itself, where you are darkness can never be, your very presence dispels darkness, your opposite cannot be where you are.’ ”

The patient said “That makes it plain, of course; two opposites cannot occupy the same place; light dispels darkness, but darkness cannot dispel light.”

“Your story also gives me a new meaning to the Scriptural statement, ‘Darkness and light are both alike to thee’ (Ps. 139: 12). I have always believed it to mean that God is conscious of evil, now it appears to me to mean that He knows it not for the reason you have just so clearly shown. He is Good Itself.”

“Good and evil cannot dwell together. God and (d)evil cannot both be powers, God is Good, all Supreme,” said the practitioner. “Now tell me where can evil be if God is always everywhere?”

“It must be nowhere, and nothing,” said the patient, “for God is Omnipresent, and fills all space.”

“God cannot fill space or fill anything, for He is All. God more than fills all space, He is Omnipresence Itself, that which

is never absent from anywhere. Get the absolute sense of God, Omnipresence, and you will see what an unreality disease or evil is. The more clearly you realize this, the quicker will your healing be. Divine Science teaches that there is no matter, and physical science now declares "there is no matter." Man neither divinely nor humanly can be made of an element that does not exist. God is Spirit, God is Good, God is All, and man is God, Spirit, in manifestation."

"Still I am bewildered," said the patient, "what then caused evil, and matter, why is it here, for we certainly have to encounter it? We read in Isa. 45:7, 'I form the light, and create darkness; I make peace and create evil; I the Lord do all these things,' which must mean that God made evil, if the translation of that text is correct."

The practitioner answered, "In 'Ferrar Fenton's translation of the Bible in modern English,' we read that text, thus: 'I am Life and none beside—who formed the Light? Created Gloom? Who Good has made? Created Bad? Myself, the Lord, made all!' In either case we must conclude that Good no more made evil than light created dark. Good implies evil, just as any positive implies a negative. Good is positive, evil is negative. Life is positive, death is negative. Spirit is positive, matter is negative. Light is positive, dark is negative. 'Thou art of purer eyes than to behold evil, and canst not look on iniquity' (Heb. 1:13). Good, God cannot know or behold that which It does not create. To God, Good 'night shineth as the day.' *To one who spiritually evolves to the complete understanding of spiritual creation and the Oneness and Allness of God, only the positive Is. To him negation, evil, matter, death, is lost in the 'bottomless pit'; It is nowhere, and nothing.*

"I trust I have conveyed my meaning clearly to you. Remember a negative must not be taken as something. Always the positive is first. Our great mistake in the past has been in acknowledging the negative as positive. Let us affirm the Allness of Good, for evil is not real. It never was made. Evil is ignorance, darkness, limitation. It is merely an appearance, a



false mental state, and this is matter, mortal mind, negation which will disappear before spiritual realization of Good. Remember, spiritual man is spiritual consciousness, the manifestation of Spirit, Mind. Man does not possess a spiritual consciousness, he *is* spiritual consciousness, and his goal of attainment is the complete conscious consciousness of himself as God, Mind, in manifestation. What you know of God and Man is wisdom, what you do not yet understand of God and man is ignorance. What you know of God is spiritual light, what you do not yet understand of God is mental darkness. Now, do you see that as spiritual consciousness unfolds (evolves) to a larger degree of knowing God there will be less darkness or ignorance, and that when you, as spiritual consciousness, unfold to the complete understanding of God, there will be no more ignorance, darkness, because all will be wisdom, light. You are spiritual consciousness, and when you have evolved to the full complete knowing of God, Spirit, Mind, there will be no sense of evil, ignorance, darkness. This is the consciousness that Christ Jesus manifested. He was Light, and 'in Him was no darkness at all.' When all men evolve to this stage of spiritual understanding, the evil, darkness, ignorance, will have disappeared, and that state of consciousness will be attained which is typified by the Holy City, wherein is 'no night,' no darkness or ignorance.

"This state of consciousness we arrive at progressively and individually—we each must attain it. Think what it will mean when all attain it. Now, while you are unfolding in wisdom, light, what is becoming of the ignorance, or darkness, of last year? You cannot tell where it has gone to, can you? No, it is extinct, for it was never anything but ignorance, negation. Has the ignorance become wisdom? Has the darkness become light? No, it is extinct. Some people think and teach that evil is good in the making, that matter is Spirit in the making, but this is not so; matter never becomes Spirit, evil never evolves into Good. When light is introduced into a dark room, darkness disappears; it is not transmuted into light, so igno-

rance, darkness, disappears before the light of unfolding spiritual consciousness (the appearing Christ), which you and I are in our true selfhood.

“The following illustration will help you. A student commencing his studies in mathematics may be appalled at the extent to him of the ‘not known’ or ignorance of mathematics confronting him, and the small amount of wisdom he has on the subject. As he pursues his study he learns more of the principle of mathematics, as understanding unfolds he is conscious of less unknown or ignorance of the subject, that so appalled him in his early studies. He would know that the not known or ignorance was never transmuted into wisdom, but that with the unfoldment of understanding, ignorance went out as darkness disappears before light. This is a material illustration only. Man is spiritual consciousness evolving to full consciousness of his God being. As he unfolds ignorance, darkness, what he does not know of God, disappears and can never be found. What is this not known, darkness or ignorance? It is the only (d)evil there is, for evil is devil with a ‘d’ before it. It is ‘mortal mind,’ that worrying illusion that baffles and hinders some students, who try to find a place for it even when they are taught there is only one Mind, which is All Good.

“Well, the not known, ignorance, mental darkness, is the only devil, evil, mortal mind, or matter, there is, and it is only a mental falsity, it is negation, and disappears before the unfolding Christ consciousness of each of us, until only the Known remains. When speaking of evil, Jesus said, ‘Ye are of your father the devil, and the lust of your father ye will do. He was a murderer from the beginning and abode not in the truth, because there is no truth in him; when he speaketh a lie, he speaketh of his own, for he is a liar and the father of it.’ Showing that evil is its own father or cause. Just analyse that statement of Jesus and see how baseless evil is. There is only one Mind, mortal mind is only ignorance as just shown, and this is all the matter there is—there is no mortal mind, and no matter. All is Mind, Spirit. When we awaken to realize there is no

matter, because Spirit is all, the universe, and man will still remain, but one's concept of it only will have changed. 'To the pure, all things are pure.' In the degree that men have not yet awakened to realize who and where they are in their at-onement with God, they are in ignorance, or darkness. As men awake to fuller realization of what and where they are as God in manifestation, there will be to them less ignorance, or darkness. As they fully awaken to a realization of man's oneness with God, or, that man is God in manifestation, there will be no darkness or ignorance; all will be light. The full conscious consciousness of man's Godhood will exclude darkness or ignorance completely, and light, or the Christ consciousness, will reign supreme. When this much-desired state of consciousness is reached (as it must be by everyone), the 'day of Christ' will be attained. The 'day of Christ' means a perfect state, or stage of consciousness in which is no darkness, no ignorance, hence no sin, disease, old age, sorrow, death, or matter, for the new heaven and the new earth will have appeared. This much-desired state of consciousness must be attained by all ultimately, although it will be an individual process. Individually, men and women will awaken to the true understanding of man's infinite greatness and power as the manifestation of God. Each individual, who awakens to the understanding of his inherent Godhood——"

"Wait a moment, please, let me think," interrupted the patient. Presently he said, "Once I knew a blind man whose one desire and aim was to see the things of the world. In time the blindness or dimness lifted in a degree, and he saw things of the world more clearly. Later the dimness grew still less, and he saw things still more clearly. Still, the dimness lessened until it completely disappeared, and clear seeing was established. Now, I suppose that as I am spiritual consciousness, my purpose is to know, to see the ideas of Spirit, Mind, my destiny is to know Truth, God, Mind, fully as Christ Jesus did. In attaining my destiny, which is the complete consciousness of God, Truth, infinite Substance, Mind, Spirit, spiritual vision becomes clearer and clearer, until eventually there will be no dimness. The dim-

ness of ignorance, or limitation gradually fades before the light of unfolding spiritual consciousness, until ignorance, limitation are obsolete. The light of Truth will then be attained, and I shall know God as Christ Jesus did."

"Yes," said the practitioner, "such is the destiny of all men. What became of the dimness which the blind man lost?"

"I don't know," answered the patient; "it just went, and, of course, could never be found."

"What difference did his clear seeing make to the universe?" asked the practitioner.

"None whatever," he answered; "the universe was just the same after as before he saw it, only his view of it was changed."

"What becomes of the dimness, limitation, ignorance, which disappears before your clear knowing of God, Mind, Truth?" asked the practitioner.

"I do not know, it simply goes, is nothing, which proves God never made it."

"Do you suppose creation will have changed when you see, or know Truth fully?" asked the practitioner.

"No, but I shall be manifesting a greater degree of light, my concept will have evolved. I always believed that God made man completely perfect, but I now see that man is an evolving being, unfolding to a greater degree of knowing, by this I should say creation is still proceeding, yet we read God's work was 'finished.'"

"God, Mind, expressed Itself in Its creation; man is the highest expression. This is man's day, the day of manifestation. Mind created man, man is continuing His work. Creation is still unfolding (proceeding). God, Mind, expressed His creation in orderly process; spiritual man is evolving himself in orderly process according to divine Law. As a human babe presents all the potentialities of the man, unfolding to full manhood, so spiritual man unfolds to 'the fullness of the stature of manhood in Christ Jesus.' So you see spiritual man is ever

evolving and is perfect, for each stage of unfoldment is perfect in its degree."

"I see," said the patient, "a new mental world is opened to me." In two weeks' time he was free from the physical trouble. The internal growth had disappeared without a surgical operation.

In spite of all appearances to the contrary, man is good because he is the very manifestation of God, Good Itself. To attain supreme healing power we must know there is no evil because All is Good. Many years ago, a brother of mine was in a hospital with a diseased condition of one of his feet. He had been six weeks in bed, and was reduced from a robust youth to a very frail-looking one. Two operations had been performed. A third one was pending, when I visited him, and found him in a great state of fear. He wept as he told me of the fate of another patient in the ward, who had had a foot amputated through a condition closely resembling his. I told him that I was just learning a wonderful truth, which showed that we should heal as Jesus did, and how to do it. That if he cared to come to my home we would try to apply it in his case. He grasped at the possibility. I spoke to the head nurse, a woman I knew well, for I had formerly nursed with her in that same institution. She was appalled at the audacity of my intention, and frankly called me mad. She declared that the bone of the foot was diseased, and that gangrene had set up. She predicted that, if he were removed, he would be back to have his foot amputated within a week. The lad had difficulty in getting his discharge, for the doctors and officials were kindly and deeply concerned. When he was conveyed to my home the appearance of the foot was most unnatural, and for a moment a wave of fear and anxiety swept over me. I had to treat myself against fear, and did not look at the foot again. We set to work applying this truth to the best of our understanding. We studied the healing works of Christ Jesus and treated earnestly. In a fortnight he was able to walk over a mile back to the hospital, where there was much pleasure, and

speculation expressed by patients and officials who had known how serious the claim was before he came to my home. Now, I did not know a great deal about Divine Science healing then. I treated the patient according to my highest understanding, and led his thought on right lines. Very firmly we endeavoured to hold to truth, although a day did not pass without some anxious thoughts to be overcome. Now, I firmly denied that evil is real, I denied that it had action, intelligence, presence or power, because God had not made it. I denied that disease is real, I denied all phases of fear and the general false beliefs of the race. I denied that Substance is matter. I denied understandingly, emphatically and persistently. I knew that the word of denial could not kill evil, because evil is unreal, is nothing and nowhere, but I knew the mental attitude attained in the act of denial, would cause a mental change in my own consciousness, and also in the consciousness of the patient. If the patient had made errors in his mathematical calculations through saying twice two are five, I would have taken a sponge and wiped it off his slate, and then have assisted him to do his sum correctly. So to cleanse away the false beliefs of disease, from his mentality, I used the word of denial instead of a material sponge. You see, in spiritual healing, the healing work is done in the mentality of the patient, before it becomes manifest on the body, for disease is a mental state, not a material condition. The body outpictures the changed state of the patient's mentality, and disease gives place to health. Remember, the body is mental, for there is no matter. Now, the denial of the beliefs of evil and disease was but a part, and the smallest part, of the healing treatment. The other part was the word of affirmation. I affirmed that man is spiritual, perfect, eternal, *now*. That man is governed by God, not by evil; I saw the unreality of evil and the allness of God. I realized my patient's perfection, knowing God, the One and Only Substance, was his substance, pure and incapable of decay and disease. I affirmed far more than I denied. I knew my word of affirmation could not create health and perfection for my patient, or any part of him.

I knew, rather, that it would bring to visible manifestation the health and perfection that was his always. I knew that God's work was done, and ours was to make manifest that which the infinite Creator had established in man, when in creation His work was done, and was "very good." *Above all I realized the absence of disease, because of the Allness of Good, the Omnipresence of Spirit.* Clearly, I saw disease as a false sense, illusion, because of the ever-presence of Good. I clearly realized the absence of disease, because of the all presence of God, Good, and I mentally saw the part in a healthy condition. The patient was also protected from the false beliefs, and aggressive mental suggestions of the race. His consciousness was changed and bodily healing followed. I knew my realization of Truth declared was the word of the Lord, sharper than a two-edged sword.

This case of healing was told to a woman who sought treatment for cancer. It impressed her deeply, and helped her to realize the Omnipresence, the Allness of Good. She quickly grasped the fact that God is All Presence, that disease could not be where He is, and that as He is never absent, disease is illusion, unreality. She saw that if disease is real and is present, then God is not Omnipresence. So she gave God the glory, claimed His All Presence, and in so doing caused a mental change through her exalted, glorified state of consciousness. This change was translated into conditions of human harmony. Her embodiment outpictured it in harmony. The body is mental, and she knew it. The Truth was explained to her, as taught in these lessons. At first, referring to disease, she said over, and over desperately, "if only it was not there."

She was asked, "Is God the All Good?"

She said, "Yes."

"Is God, the Good, everywhere present?" she was asked.

Again she answered "yes."

"Well, if God is all Power and is never absent from anywhere, how can there be place for cancer to exist?" As she remained silent, the practitioner said, "if you can grasp the

truth that Omnipresence, God, Good, all Action and all Power, excludes the possibility of their being any opposite to Him, called evil or cancer, you will be healed." She did grasp the fact, and declared the truth. Knowing the truth, she declared, "there is no action, no power, no intelligence in disease, for Spirit is the only Power and Action.

"It is not there, I know it is not there, for God, Spirit, is All in All, and is never absent from anywhere, so disease can't be there." She never occupied the hospital cot that was ready for her, nor underwent an operation. With the help of the Divine Science practitioner, and her own earnest endeavours, she knew the truth, the truth set her free—and she has remained so.

Dear Readers, these lessons furnish a basis from which you may advance to wisdom and power equal to that of Jesus and the Masters. Live in the consciousness of your one-ness with God, and the path will open to you.

Further lessons will follow these, giving clear instruction on the subject of the body immortal, and the glorification of the body on earth. The word made flesh.

