

# YOUR INVISIBLE SELF

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**By FLORENCE HELEN SANDERSON**

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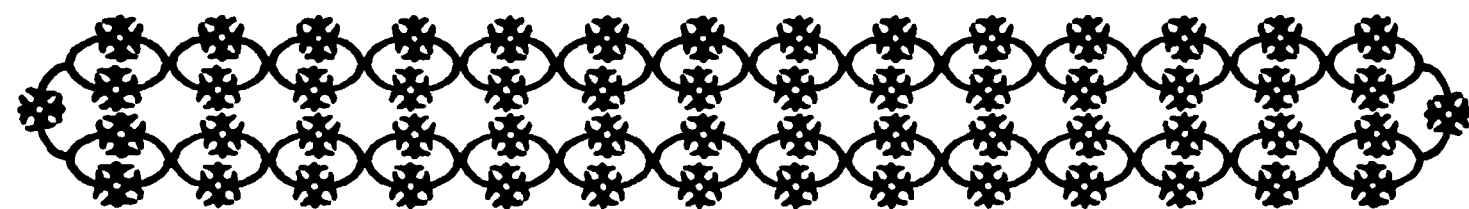
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# YOUR INVISIBLE SELF

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## BOOK ONE

**T**HERE is an Invisible Self within each one of us, that we feel, but cannot explain. It is tremendously personal and untouchable except to ourselves.

All children respond to the dictates of their invisible self, but as they grow older and are influenced by the opinion of their elders, they thrust their invisible self farther and farther into the background, until the majority of them have forgotten its existence.

Because I have accepted it and kept it active, I am writing my experiences with it; showing how the invisible self can help the Conscious Self, providing we do not abuse its power.

If you have submerged your invisible self it will require time and patience to bring it back to the surface. While acquiring this contact you must be honest with yourself. You must learn to face facts calmly, keep under control all forms of greed, selfishness, and other harmful excesses, before you can reach and communicate with your invisible self. When

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this is accomplished you will gradually become conscious of the Voice, the voice of your invisible self.

### *The Voice of Your Invisible Self*

People speak of the voice of Conscience! Then why not a voice connected with that part of your being called the Invisible Self?

Because we are living in a physical world it is necessary that our active conscious mind should hold sway. It would not be practical to submerge our conscious mind entirely to the dictates of the subconscious mind. However, more and more thinkers are seeking a practical explanation of this submerged sense, or Inner Voice.

From all of the information I can gather, I was a perfectly normal child. The fact that the voice of my invisible self was as active as my conscious mind, made life extremely difficult for me, until I discovered that it was not a general condition; that everyone was not subject to so strong a voice of dictation.

After some experimentation I was much relieved to know that I could control this voice of my invisible self, just as I could my conscious mind.

### *First Distinct Mental Impression*

I was three and a half years old when I received my first mental impression of the voice. Our church congregation had put on a play to defray some expenses. As a tiny Fairy, with fluffed-out skirts and gauzy

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wings, that almost mounted to my shoulders, I was given much applause.

I thoroughly enjoyed the performance. The stimulating patter of clapping hands excited me so much that, as the crowd entered the wings after the last scene, I slid back unnoticed upon the empty stage.

The curtain was being drawn up, and the fireproof curtain lowered. Running down the center of the stage and sitting down suddenly, a few feet from the footlights, I became thoroughly disappointed when I noticed that the faces of the people immediately in front of me, who were now standing, preparatory to leaving the theatre, bore a look of horror; their raised hands, instead of clapping, were pointing to something above my head. With the noise of the moving scenery, I could not hear their cries and sat disconsolately, awaiting applause, the corners of my mouth taking a downward turn, bordering on tears of disappointment.

Then a grown-up voice, not unlike my mother's, said to me, "Draw your legs up tight against your chest!" Instinctively, I obeyed. The next instant the heavy curtain, with its metal base, dropped with a thud, just where my feet had been a moment before.

Immediately a crowd, preceded by my mother, ran onto the stage and found me, much to their surprise, unhurt.

### *Second Mental Impression*

The second time I remember the voice of my invisible self expressing itself was when I was between



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four and five years old. A neighbor, of whom I was very fond, died suddenly. For the purpose of softening the blow, my governess, after informing me of his death, said, "Mr. Thompson has wings, now, like the angels, and has flown up into the sky."

To which remark, I asked, "Where to?" And I was told he had gone to heaven.

I was quite astonished when the voice of my invisible self said, "He hadn't wings; he could travel without wings." This remark puzzled me and I thought a great deal about it.

### *Third Mental Impression*

I was not conscious of the voice again, until I was eight years old. At this period I was having frequent colds difficult to overcome, and our family physician advised mother to send me to live in the Southwest of England. I was soon bundled off to stay with my great-uncle and aunt.

Living in the country with elderly people, with only a daily governess, I was isolated from children of my own age, except on rare occasions. Having to sit and listen to conversations far beyond my childish comprehension, and being sensitive about asking questions, the voice of my invisible self began to come more clearly. It had a way of reducing the advanced terms used by my relatives to a vocabulary easily understood by me.

In the instance of an animated conversation held by my great-uncle and a famous brain specialist, the

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voice explained away the horrors of imbecility in such a manner that made it seem less alarming. It suggested that imbeciles were like adults with fully matured bodies, but with undeveloped minds of children, which often made them more absurd than dangerous.

The voice also explained that by treating these unfortunates like children, when they were doing wrong, or by giving them a feeling of responsibility when occupied with some constructive work, was a very successful method of handling these people. Somehow this explanation took all fear of these poor unfortunates from me.

### *Fourth Mental Impression*

A more vivid reaction of the voice came one day in January of the next year. It had been raining when we retired, and during the night it cleared. A black frost settled down upon the ground, unnoticeable to the casual observer.

Not realizing that the roads were like glass, we started out in the automobile without skid chains. From the house on the hillside there was a steep, winding descent to the town below. The chauffeur was driving; my aunt and I were in the tonneau. As soon as we started down the hill, the car gathered momentum and began to sway dangerously, quite out of the chauffeur's control; then left the road to mount a steep embankment.

The force of the impact only slowed down the speed of the swiftly moving car. The icy condition of the road left no grip for the wheels; the car shot

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off down the hill to climb the bank on the other side, then off again around a bend in the road, to leap up the opposite bank again. It was like a switch-back.

Every time the car struck a bank, we expected to be overturned, but each time it would shake and shudder, then tear off again, three times miraculously missing telegraph poles. My aunt, rendered hysterical by the terrific suspense, was trying to open the door and leap out. Here the voice of my invisible self said, "Hold her. You won't turn over. If she leaps out onto the frozen ground while the car is traveling at this rate, she may be killed."

I caught hold of her. "Auntie," I cried. "Wait. I am sure the car will stop in a minute."

At that moment the car again shot up an embankment and my aunt was thrown against me with terrific force. This time, however, we had reached a place sheltered by a great tree, where the ground was softer. The car half turned over and came to a standstill, unharmed.

### *Fifth Mental Impression*

During the evenings while I was still living with my relatives, I would take my Bible and study the lesson for the next day. Finding unbounded interest in the life of Christ, I would continue reading chapter after chapter. When anything was mentioned regarding a miracle or prophecy, I would question within myself how this great power functioned. What was necessary in the soul of a person, to obtain such perfection as to achieve and demonstrate such results?

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I became engrossed in the study of how to achieve this, gradually realizing that in a minor capacity, anyone being filled spiritually, might obtain some personal demonstration. I began to use this power by calling on the voice to control the material, where the material seemed unable to complete the demand.

### *Experiences In Paris*

When I was fourteen, it was arranged that I should go to a convent boarding school in Paris, although I was not a Catholic.

During the first months after my arrival, because of the new environment and foreign language, the voice of my invisible self did not exert itself. After a time, however, my daily habits being quite simple, and because my school mates were years younger mentally, I became bored with their childish chatter, and the voice again re-asserted itself.

There was another English girl in the convent, and because she was older, we were permitted, during the holidays, to go sight-seeing in Paris, without a chaperon. On these occasions the voice was a constant and interesting companion.

On one such trip, we had sauntered from the Pantheon to the beautiful old church of St. Etienne du Mont. Here, as we entered, we were met by a crowd of people streaming up a side aisle toward a special shrine whose feast day it must have been. Our interest was aroused and we pushed our way along with the rest of the people. The crowd, not being organized, soon hemmed us in so tightly that it was impossible to

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move. Almost suffocated by the odor of the incense and the perspiring mass of humanity, I felt someone clutch my arm. I dragged it free; I had no especial fear, but the voice began talking rapidly.

"Push your way across nearer your friend. Get out of this crowd at once. You are in danger!"

"How stupid to become alarmed," I thought. But, half turned by the weight of those pressing around me, I saw a dark complexioned man withdraw his hand. In it was clasped a tiny shining thing.

"A needle," I thought.

Then the voice said, "Put your elbows close to your sides and move as quickly as possible into the fresh air."

Now I felt something really was wrong and I made a desperate effort to reach the side of my friend. There was much talking and comment all around me.

"I am ill," I said. "I must get out of this crowd."

At last I got free. My companion could not understand why I was so intent upon leaving the church. I told her about the man, and we made our way in haste to a sweet shop on the Rue du Pantheon, and ordered hot chocolate and cake. My companion was very concerned about our safety, for at that moment the man of whom I had told her passed by the window. He hesitated for several moments on the sidewalk, and then perceiving that I was not alone, he disappeared.

"Do you know what he was going to do with you?" whispered my companion. "He intended to drug you."

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You would have become faint, and he would have carried you away before I could have reached you."

### *Interested In Art Objects*

At this time, the voice of my invisible self seemed more artistic than practical and reveled in the beauty of the museums and art galleries which I visited in company with my companion.

For instance, over a case of miniatures in the Louvre, the voice did not dwell on the fact that the portrait was that of Marie Antoinette, or some other historical person, but would conjure up pictures of the inner workings of the mind of the subject.

At Cluny where a case of ornate slippers attracted my attention, the voice told me about the wearers of these slippers; where they went and what they did while wearing them. Instead of glancing at the objects and passing them by, after my conscious mind had accepted all it was interested in, I would lean, with folded elbows on the case, gazing at the objects for such periods as enabled me to find amusement in what the voice had to say. To an onlooker I would attract no attention; I might be an artist or a designer studying the object from a professional angle. It did, of course, incline me to detailed criticism, because I had time, during such periods, to make mental notes of the objects under discussion.

Studying the sculptures at the Luxemburg Museum was one of my greatest pleasures. Here the voice would enlighten me as to the perfection of the physical, as well as the spiritual, meaning of each piece.

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Here, too, the voice would discuss the activities of the sculptor's mind rather than the work itself. Sometimes these comments were pleasant; sometimes harrowing in the extreme. In later years, through reading and discussion, I learned that these impressions were not mere imaginings of an adolescent child, but actually coincided with historical facts.

### *At The Convent*

Every evening we went to benediction. At first my whole attention was centered on the ritual, and the form of service, but after a time, while kneeling in semi-darkness, I got into the habit of watching the nuns as they knelt in their stalls—which were placed along the sides of the chapel—their rosaries swinging rhythmically as they told their beads. Then I began to watch the movements of their fingers. One nun had small, delicate hands; another, heavy and podgy; another gnarled and disfigured; in fact, all were different. I glanced down at my own hands and then at those of the children on either side of me, and made the discovery that no two hands seemed alike. From this time on, and for many years afterward, hands had a peculiar fascination for me. I believe that during this period I was subconsciously learning the elementary facts of the reading of the hands, which I later used in a practical manner.

### *Vision*

Shortly before my year at the convent expired, I had an unusual experience. I slept in a room with

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four other girls and a nun. My bed was in the corner on the left side of the room, near the one large French window, which, due to the warmth of the evening, was left wide open. I remember hearing the clock in the tower strike twelve, midnight. I do not remember falling asleep, but if I did, I was awakened shortly after this by a great deal of noise which seemed to fill the whole air. I got out of bed and went toward the window to see what was causing the disturbance. To my surprise I found the window closed! The room was dark, but the moonlight caught the edge of my bed, and as I turned to see if anyone else had been awakened by the disturbance, I saw myself lying face downward beside my bed!

Forgetting everything else, I became vitally interested in this phenomenon. Here I was, standing at the window, and, there I was on the floor beside my bed!

"Why, I must be dead!" I said to myself.

Being quite unafraid, and in full control of my senses, I remembered I had always wanted to see myself as others saw me, and here was my opportunity to do so. I moved over toward the bed, and leaning down, tried to turn myself over by the shoulder, but my body seemed terribly heavy. While I was still in the act, a voice from somewhere behind me, asked, "What are you waiting for? You must hurry or you will be late."

"I want to see my face," I replied.

"Hurry," said the voice.

I straightened up and was told by the same voice to get out of the building as soon as possible.



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"I am in the spirit," I said. "I cannot walk through the corridors, lest I frighten the nuns."

"Then go through the window."

"But the window is closed," I exclaimed, "and I do not think I have the strength to open it."

"You can pass *through the glass*," said the voice.

Thinking to myself that no one would know if I did break the window-pane, I acted upon the suggestion, and found that I had passed through the glass and was floating in the air out of doors. Turning back I saw the window had not been harmed.

"Hurry," the voice said, and not knowing in which direction to go, I looked skyward and immediately felt myself drawn up on a current of air at a great speed through space.

After some time of this rushing through space, my speed began to diminish and I felt I was arriving at some destination, and material forms began to appear.

I found myself in a wide street with high buildings on either side. People were moving about in a business-like manner, all apparently aware of their particular destination. They paid no attention to me.

Everything had a pearl-white appearance; even the people's clothes were of the same shimmery cast. There was no uniform fashion, but flowing robes predominated.

My first impression was that I had arrived in some world between the Earth and Heaven, and finding myself free to explore, I had only one curious desire, and that was to see God!

Coming toward me, I thought I recognized my

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human conception of Moses. I hesitated, wondering how I could address someone whose language would naturally be foreign to me. Then I made a discovery: as I thought, "This is Moses," he replied in thought, "I am he!"

Immediately I sensed that the form of communication here was not by audible enunciation, but by thought.

Feeling a friendly attitude toward Moses for not passing me by, I asked, "I want to see God."

"God is here. God is everywhere," he replied.

"But why cannot *I* see Him?"

"You are from the Earth; that is why you cannot see God. Did you come by the River?"

"No, I have seen no River."

"Then I will show you, for, it is by the way of the River that souls usually come here."

Going up the street, and noticing a large building on the right hand side, I signified my desire to enter. Moses nodded assent.

The inside of this building was circular and high ceilinged. People were standing around in small groups, and in the center of the room was a large table which seemed to be supported by one single pedestal. This table was surrounded by a large number of people who appeared to be gazing down into the center of it. They were silently absorbed in something which aroused my curiosity. I wanted to see for myself, so I walked toward the table.

It appeared to be of a crystal-like substance, and as I looked over the shoulder of one of the onlookers,

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I could see the pedestal that formed the support for the table was like the glass in a telescope. The Earth was brought into vision through its mirrored surface, and any part of the world that you particularly wished to see would immediately materialize.

To my surprise, I realized that the thoughts of all of the great movements in process of being formed were shown here, and enacted in their full strength and realization.

I drew back in horror, for I felt the sense of a great evil that was in preparation, which would take place on the Earth in the form of War!

I returned to my friend Moses and remarked in a turmoil of thoughts, "Who are these people? Why do they permit these things to happen? Disaster is coming upon the Earth! Why do they not move to prevent it?"

"This," said Moses, "is the Hall of Satisfaction. These are all good souls who have gained entrance to this sphere by their own perfection, but without self-sacrifice or help to others. Here they will remain, gazing back upon the Earth, seeing the struggle of Good and Evil taking place until of their own volition they will return to the Earth. They will be reborn only after they have realized their imperfections." He turned. "Now I will take you to Saint Peter, who is waiting near the River of Life."

As we continued up the street, I began to hear a sound that was like the murmur of a brook or the rustle of wind through the trees. Suddenly upon turning a corner, we met Saint Peter.

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"This soul did not come the usual way; it wishes to see God. I have explained that God is everywhere, but a more physical demonstration is desired."

While they were discussing me, I was attracted by the river called The River of Life. The River did not now appear as water, but as two great shafts of Light. One shaft was dark, and the other translucent. The dark shaft seemed to move upward from the Earth like muddy water, and the Light shaft descended clear as a crystal. As I continued to watch the water, I realized there was movement in it; that it was full of human forms. Those that came up the dark shaft seemed to be struggling to get out of the water; some reached the bank on the far side of the River; then, as if completely exhausted, they slid back into the water while others gained the land and moved toward some particular building, as if they were cognizant of their destination.

Those left in the water were carried to the source of the River, where the dark and light shafts joined, and were carried, unresisting, down the light shaft toward the Earth.

Becoming tired of this diversion, I turned and found that I was alone with Saint Peter.

"I am not satisfied," I said. "I want to see God in a more material form."

"In that case," he replied, "you must pass over the River of Life without touching it. If you touch the River, you will be carried to the Earth. You must will yourself to rise above it. Having passed safely over, journey toward the Light in the East."

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Saint Peter pointed to a faint glow which appeared like the first rays of sunlight at dawn. I thanked him, and, with more force than I had wished for anything before, I asked to see God.

Gradually I felt myself rise above the River of Life, and move, with gathering speed, as if drawn by a magnet. As I journeyed, I seemed to travel at a much greater speed than before, and many times the distance. Suddenly I came into a circle of immense Light, the power of which was indescribable in its brilliance. Here, the greatest thoughts that surround the Infinite, moved and had their being. I seemed to recognize the Christ; the Virgin Mother, and the Holy Ones, but the presence of God was nothing tangible. It was like being in the presence of something that was so all-embracing in Love and Power, that It knew everything; consumed every thought and was too powerful an influence for me to be at rest with. I felt that to remain in the presence of such stupendous Wisdom, I must attain more knowledge. Without more understanding, I was not worthy to live or remain in such peace and happiness, with such all-embracing Love and greatness.

I said to myself, humbly, "I must return to the Earth again. I am still unworthy of a place here."

With this thought in mind, I suddenly felt myself being drawn backward through space, but my face remained to the Light, until it gradually became fainter and fainter. I heard the rushing of the waters, and the River of Life closed over me. I lost consciousness, and awakened in my bed in the convent. I was bathed in perspiration from head to foot.

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I sprang out of bed and went toward the window; it was open as when I first retired. The sky was serenely blue-black and the moon had sunk behind the trees. The hand of the clock on the tower opposite pointed to the hour of one.

I looked into the heavens and wondered; was it only a dream, or had my soul, for a short space of time, been privileged to experience a glimpse behind the veil?

### *A Journey To Berlin*

When I was sixteen, my great-uncle died, and my aunt decided to send me to live with friends of theirs in Germany. I had to change trains in Berlin, and not knowing the language of the country I found it difficult. I endeavored to ascertain from one of the porters on which platform my train came in and having failed in my efforts to make myself understood, I was at a loss just what to do.

I said within myself, "I have done all I can in regard to this matter; I must have help."

I watched trains arrive and depart for almost two hours, when suddenly I was impelled by the voice of my invisible self toward a certain platform. In a short time a train arrived bearing the name of the city which was my destination. Without a doubt the voice had come to my rescue again, as it had done so many times in the past.

From this time on, and in many graver instances, I found that I was able to link my subconscious mind with some higher power, to obtain material results.

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### *War Thoughts*

During the time I stayed with my great-aunt's friends in Germany, I heard military officers discussing the possibility of war. Again the voice became insistent; there was to be a war; not just a war between two countries, but a war that would involve all the great powers in the world.

Once when we had been to watch maneuvers, the voice said, "Do you see all of these men? This is just a fractional part of the men who will be killed. Many of the boys with whom you are acquainted, and the sons of your friends, will never live to a mature age. There will be nothing but deprivation, agony and grief."

"How ridiculous," I would think, and try to stop the voice.

### *England Declares War!*

When war was declared with England, I was in Berlin. My family in England was frantic, but I knew I would have no difficulty in returning home. I waited for three months; the panic and the alarm had subsided, and with the exception of an extra day en route, through enemy territory, the trip was an uneventful one, with all of the general comforts of peacetime. My safe return from the continent caused a great deal of excitement, especially when it was found that I was able to bring all of my luggage with me, thanks to the voice, which guided me at every step of the journey where help of any kind was needed.

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At a small concert, given in my behalf, I was asked to relate my experiences while in Germany, and the only thing of note that was contributed by the voice, was the urging me to say, "The War will last longer than anyone can realize at the present time. It will require the help of the entire nation, and the assistance of every other country that is willing to give its support. Eventually, those on the side of the Allies will win, but, the end is not yet in sight."

Because of this pessimistic conclusion of my speech, I was severely criticized and even called Pro-German!

### *War Work*

During the war there can be no doubt that I unconsciously used this gift of mine to great advantage. I found myself in positions of responsibility far beyond my years of experience. I worked satisfactorily and in conjunction with some of the finest brains in the country. My ability and foresight in handling people I attribute to the influence of the voice of my invisible self.

I often found a useful niche for employees who would have otherwise been dismissed. I seemed able to discern the natural ability of the applicants, and to place them to advantage.

### *Experiences In America*

After the Armistice, my mind, like thousands of others, underwent a let-down and readjustment. Although I could have remained in London, and every thing pointed to my doing so, the voice persisted in



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urging me to try my luck in other fields. Against my own normal judgment, I was at last persuaded by the voice, to go abroad.

Eventually I arrived in Southern California, where I have found the atmospheric conditions most conducive to clarifying my psychic impressions. But perhaps I should explain when and how I stumbled upon the fact that I could use this power to benefit others, as well as myself.

A friend of mine had dropped in for tea; when we had finished, she suggested peering into the future by way of the tea leaves. She told me several things that seemed plausible; I was intrigued and began to concentrate upon the tea leaves which she was also studying in my cup.

Then the voice began to speak to me. "See that square leaf? That means a house! The long, narrow one, a journey; two leaves, overlapping means a cross; the three symbols would read that there is to be a death in a house, at a distance!"

I was quite excited at this new discovery. Heretofore I had only used the voice for myself. Apparently it was possible, through this medium, to employ it for others too.

For two years I amused my friends by reading their tea leaves. They were amazed at the number of predictions which materialized, and urged me to take up the work in a professional way. However, I felt that I was not sure enough of myself, nor was there any particular need, financially, of my doing so.

It was some time after this that another friend

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came in one day, and told me she had something new for me to work with. She showed me a tiny crystal on a silver filigree stand.

"Do you want me to go crazy?" I exclaimed. "I have always heard that people who read a crystal eventually go mad." I looked at it again. "It is pretty and I will keep it, but, don't expect me to use it."

With that I placed the crystal on the mantelpiece; it remained there for several months, yet try as I would to ignore it, it held a fascination for me. The voice, too, urged me to experiment; eventually I capitulated.

I had heard that people read a crystal through either darkness or light. First, I tried with a dark cloth under it but could get no results; then I tried standing it on the filigree base, through which light filtered. That gave the ball a bright, iridescent appearance and I felt this was the medium through which I could read.

Nothing appeared, but I felt I could get results, because, by peering steadily into the center of the ball, it began to cloud up and then clear, obliterating the objects in the room, which were naturally mirrored in it by the conscious mind.

I decided I must have a definite contact to produce results. I telephoned the friend who had given me the toy and asked her if she would care to try an experiment. She came over at once. The results were not startling. I sat at a table opposite to her, looking into the crystal for a period of almost ten minutes. Nothing happened; then the crystal clouded up and

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the picture of a house appeared; the shrubbery around the house was not typical of Southern California; the trees were like those of a colder climate and I described the location as being some hundreds of miles further north of Los Angeles. I went into this house and described a room that was well furnished with miscellaneous antiques. Sitting at a writing desk was an elderly lady with snow-white hair. She was writing letters that were piled on the desk beside her.

"I think you must be going to receive a letter from this lady," I said to my friend, and the vision disappeared.

"I have never seen or heard of such a woman," she replied. "I cannot imagine what connection it would have with my affairs."

I should explain here, that when you look into the crystal and see such pictures, you imagine yourself as an invisible onlooker of the scene.

I was disappointed with this test until some three weeks later, when my friend called me on the telephone.

"Such an amusing thing occurred today. My mother visited me from Los Angeles, and showed me a letter from a distant relative of hers who lives in Oakland; on her eightieth birthday she had written a short note to every living relative she possessed, to tell them about her age and her remarkable activities at this time. This must have been the woman you saw in the crystal!"

This demonstration encouraged me to further experiments. I learned that the quickest and the most

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satisfactory way of getting results was to mentally interrogate the crystal about any particular problem.

At the present time I can make contacts with any subject under discussion, within a few moments. This is due to concentration, obliterating from my mind everything but the matter before me. Strong concentration produces a contact. The subconscious mind follows this contact and picks up and materializes it in a natural form in the crystal, similar to the way a picture is projected by light onto a white screen. The thought transference of people, which the concentration brings about, is reproduced in actual words to me, by the voice of my invisible self.

I find the crystal to be a most reliable medium when a matter has already taken form in some part of the ether, serving much the same as the receiving set of a radio. A matter of national importance, or where a number of minds are in conflict, is more difficult to get accurately than where there is only one mind concerned in the completion of the decision.

To keep the mind clear, while subduing stronger vibrations which try to enter and cloud the subject, is very difficult. It is like having three radios going at one time; one singing, the other making a speech and another playing an overture. These mind-sounds have to be cleared just as you clear a station on the radio, and if you are not powerful enough to do this, you lose the contact.

One may be so carried away by his concentration and the use of his subconscious mind, that in coming back to his conscious mind he will carry the burden

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of his exertion and find it difficult to throw off the impressions. If, after resting, he has a bad pain at the base of the skull, he has over-strained and should rest for a period of at least twenty-four hours before continuing any form of this kind of work.

My chief experimental work with the crystal has been on law cases; lost articles; people wanting advice at a distance. When a person is not present and I have in my possession a letter from him, stating what he particularly wants me to know, I clear my mind of other interference by reading the letter over two or three times. Then I place the letter *under* the crystal. Gazing into the crystal, I ask it about the subject referred to in the letter.

In the case where I have no material contact, I ask mentally for such and such a person. It may remain blank for some time and if I am not strong enough to approach this mind, I will get no response, but if I can contact the mind of this individual, I will bring up the person in a materialized form, in the crystal.

### *Trips Via The Crystal*

In trying to contact people in foreign countries, I take my location into consideration. Living as I do, on the Pacific Coast, I find it easier to travel across the Pacific Ocean, for people living in Africa. There is less static or interference across the water than by passing over mountain ranges, and through towns full of strong vibrations of other minds. To verify this, I tried in my experimental work to contact a friend who was

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living in Africa. I tried three times to cross America; pass over the South Atlantic and through Europe, but I kept picking up murders, robberies and people working on different sorts of mental problems which were of great interest and diversion, yet prevented me from arriving at my destination.

I never use the crystal unless requested to do so, as I feel that it is a natural law, that we have no right to interfere with the lives of others, unless our aid has been solicited.

Whether a client is present or not, there is no need for *him* to concentrate in any way to try and influence his request. In fact, it is better after asking the question, to pay no further attention to the matter until the answer is given. Sometimes the message comes through clear and correct; at other times, it is disjointed; the thought-waves coming in jerks and stopping before a complete and perfect picture is formed. Again, after ten or fifteen minutes of concentration, when nothing comes up, I know it is something impossible to locate in the crystal and do not try to give an answer.

### *Experimental Work With The Crystal*

From the many cases I have worked on, I find that we can often map out the whole of a case with slight alteration as it will happen, but, we do not delay or expedite the results; we simply see it as a story read, rather than a story in the making.

## *Lost Jewelry*

One day a friend of mine called me; she was greatly agitated; she had lost \$15,000 worth of jewelry! It was usually kept in a safe-deposit box at the bank, but she had brought it home, to wear for a special occasion. Thinking she might wear the jewels again within a short time, she decided not to return them to the bank until later. For safe-keeping, she had put the jewels in a small leather bag; then she attached the bag to the inside folds of the heavy window drape in her bedroom. Satisfied with her hiding place, she dismissed the matter from her mind.

Some time later the window drapes were sent to a certain establishment for alterations, and it was not until the day before the curtains were to be returned, that she thought: "Draperies? Curtains? Why, my jewels!" She immediately informed her husband as to her loss; then she telephoned me.

When I arrived my friend told me that she had been to the store and the proprietor informed her that he knew absolutely nothing about the lost jewels. I sat with my crystal in her bedroom; I asked it what had taken place and this is what I saw: A maid-servant came into the room with a middle aged man, the owner of the store, and a younger man, his helper. The maid left them in the room alone; the men took down the curtains, carried them into the living-room, and folded them up. In doing so, the older man appeared to unpin the leather bag that was attached to one of the curtains.

Arriving at the store he took his wife into his con-

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fidence and later they showed the jewelry to some friends; then I saw them placed in a dark cupboard; they were not sold.

If the jewels were asked for, the owner of the store was prepared to say that they had been found in the gutter near the store, after the curtains had been carried in from the truck. Then in the crystal I saw the jewels returned to my friend by the proprietor; I saw my friend wearing them again, and felt sure they would be returned. The jewelry *was* returned that same evening.

### *Lost Persons*

A man of unbalanced mind strayed away from his home and his family were unable to locate him. Through the crystal, I was able to pick up his mind. I asked him to go over again what he had done and what he was likely to do. From this I assured his family that no harm would befall him and that he would return to them of his own volition. I also described the places through which he was traveling. It was not until he had returned home, three days later, that what I had told them was verified.

Another man who disappeared was thought to have come to harm on the Ridge Route near Los Angeles. I told his wife that her husband had changed his plans and was traveling toward the desert accompanied by another man. "Within twenty-four hours you will pass him on Vermont avenue as you are driving in your father's car!" This later proved to be the case.

The uncle and aunt of a young traveling salesman



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were afraid that their nephew had been held up or had come to some terrible harm. He generally kept them informed as to his whereabouts, but on this trip failed to give them the usual information. I assured them, after looking into the crystal that he was safe and unharmed. I told them a friend living in a coast town north of Los Angeles would write them, stating he had seen and spoken to their nephew. Several days later the desired information was received by mail, and their anxiety proved to have been unnecessary.

### *The Gettle Kidnapping Case*

Saturday May 12, 3:06 P.M. to 3:39 P.M., 1934

I had no information to work upon; I did this case simply for experimental purposes. I sat alone with the crystal and first asked it how many were involved in the kidnapping. The crystal said there seemed to be four men connected with the kidnapping. One of the men, a man of small build wearing a felt hat drawn down over his eyes, will speak to the attorney (the contact man), concerning the ransom. I saw a dark-haired man, dressed in a dark blue suit, who eventually would be picked up near Main street, Los Angeles. Then I saw a man without a hat, hair worn straight back; one of the chief kidnappers.

Then the crystal showed a picture out of town, in the country, farther north. Think someone connected with one of the men is in the northern part of the state. It may be the wife of one of the men.

Then I saw a skylight window; from this window

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could be seen some kind of a waterway with a connecting bridge; also a building that resembled a mill; a woman with red hair wearing a black dress cut low in the back, knows something about one of the men. I asked the crystal which way the men went after the kidnapping. I was given north, northeast of where they had kidnapped him. The number seven appeared. This might be seventy miles, more or less. They passed some oil wells on a narrow winding road. There is a little running stream of water. One of the men seems to have been connected with a bank hold-up. He tallies with such a description: light eyes; dark hair; 5 feet 7½ inches tall. Someone who has the initial "H" will give the first definite clew. The car used in the kidnapping looks like a 1932 Ford!

Then the crystal showed me a room with the blinds drawn. Deep water or a reservoir not far from the house. Then I saw a cottage with a dark type of roof; it seemed to be connected with the room shown me by the crystal.

Gettle's office; a filing case in which letters and documents are kept; there seems to be some reference to a transaction that was consummated in that office a year before by one of the kidnappers.

Gettle seemed to be lying on a bed, one leg bent up; he was rubbing his knee where he was bruised or hurt. Did not appear serious. One eye seemed to be covered with something dark. Santa Monica boulevard, Los Angeles. Gettle should be returned in an "8" time-period. Time indefinite. There will be a hold-up in connection with the pay-off.

*Miss Smith Case*

Walter Winchell gave out in his broadcast on Sunday evening, December 30, 1934, that "Miss Smith was knocked down and killed this afternoon in New York City by a hit and run driver."

Miss Mabel Smith, a well known Los Angeles astrology worker, was visiting New York at this time. Her friends here in Los Angeles felt it must be she. They tried every method of communication to get in touch with her, but failed to do so.

At 11:30 p.m. the same night a mutual friend of Miss Smith's and myself telephoned me here in Los Angeles, requesting me to use my powers of concentration on the affair, and let her know what I could find out.

I went into my work room and sat down before the crystal. I asked for New York City. It took a few minutes to what I term, make a get away, because the atmosphere was heavy with a gathering rain storm which affects the electrical vibrations. At last I worked through and my thoughts reached New York.

First, I asked to see the body of Miss Smith who had been killed that afternoon. I brought the mental picture of the body back and focused it in the crystal. It was rather disfigured, but I felt sure it was not the body of Mabel Smith.

Then, I went out again and asked for Mabel Smith. After moving about the city for a few minutes I brought into the crystal a room lighted by a lamp standing near a lounge upon which the figure of a woman resembling Mabel Smith was reclining. The

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woman had a number of papers in her hands as if she was studying them. I asked her "When will you get in touch with Los Angeles?" The number 7 appeared in the crystal. I was satisfied and cut out the connection.

I telephoned my friend and told her not to worry and described to her what I had seen. That I was convinced there would be news from Miss Smith in a 7 which might be very soon or at 7:00 a.m. New York time. In exactly 27 minutes from the time I hung up the receiver Mabel Smith got in touch with Los Angeles to say she was safe and well.

Since her return to this city she has corroborated my statements in every detail.

### *Supernatural Experiences*

Spiritualism is part of the work for which I have little interest and no desire to cultivate. I believe that those who have passed over to the other side have duties to perform which are as important to their spiritual welfare as our material duties here on earth are to us. I see it as a form of annoyance to them to be called back to earth except when they personally wish it. It reminds me of someone engrossed in important work, and being constantly interrupted by unimportant telephone calls. The only cases of demonstration I have received, have been unexpected and of importance to the communicator of them.

The first was only an invisible demonstration while I was still in the convent in Paris. During the Easter holidays, Yvonne, a French girl who occupied the

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same room with me, passed away after an operation. She had caused us some annoyance by her small attentions and always being the last to retire at night. She would fuss around in the dark, putting up her hair, and hunting small objects in the room. Her last self-imposed duty before getting into bed was to come around to each of us, and smooth the sheets, or tuck in an untidy blanket.

Yvonne complained in a small, persistent way about a headache or a little pain here and there, so much, that we children didn't take her seriously. Her sudden death came as a great shock to us all.

No one occupied Yvonne's bed during my last term at school and one night after we had all retired, I discussed her with the nun in charge.

I remarked, "I feel sorry that we were sometimes impatient with Yvonne. Had we known she was ill, we certainly would have been more considerate."

To which the nun replied, "I am sure Yvonne was not the type of girl to hold a grudge. I feel confident she understands how we feel, now."

There had been a silence between us for some time, and I had turned over on my right side, facing the wall, when suddenly I became conscious of someone leaning over me, touching my sheet. At the same time I noticed a strong odor of perfume. Instantly I remembered the highly-scented powder used by Yvonne, which had been absent from the room since her death. I had a disturbed sense of someone moving about; washing their hands; finally, a trickle of water descended into the container which stood in the cupboard under the wash basin.

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"Are you up?" called the nun.

"No."

There was silence for a few moments, then the nun stirred again. I sensed that she was uneasy.

"Did you notice anything strange?" I queried.

"I thought someone leaned against the curtain that surrounds my bed. Did you smell anything? Yvonne's perfumed powder?"

"Yes. What do you think it could mean," I asked. "Could she—come back?"

"It is possible," replied the nun. "Such things have been known to happen."

I tucked my head under the bed clothes and heard the nun begin to tell her beads. I have always thought that Yvonne wanted us to know she felt no ill-will towards us for our past behavior!

### *First Psychic Materialization*

It was several years after this experience (Christmas 1916), that I was visiting the home of one of my dearest girl friends. She had lost her eldest brother in the war in October of that year. I had been so intimate with the family all of my girlhood that I felt I was the only member outside of the immediate family who could understand their deep sorrow and yet try to be cheerful at this festive season. It was when my friend's father stood up to carve and our glasses had been filled with champagne, that I felt a tenseness creep into the conversation. I secretly wondered how we were ever going to sit through dinner. I glanced toward my host with a sense of expectancy,

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hoping he would introduce a more cheerful tone into the conversation.

Looking up, I noticed, standing beside him, his eldest son! I was surprised, but not shocked, to see him looking directly at me.

"I know you are all grieving over what has happened to me; especially my mother," he told me, through thought communication. "I wish you would tell my mother, for me, that I died easily. I did not suffer, and since I have arrived on the other side, I am continuing the interests which I left unfinished upon the earth, but, in a slightly different form. I do not feel sorry, nor do I grieve for the material things that I have lost, but, I do suffer because my family grieve for me. If they want me to have contentment, they should try to be less resentful at my being taken. The sooner they are reconciled to that, the faster I shall progress in my present environment."

I nodded slightly toward him, and replied in thought, "I will do all in my power to convey your message to them."

I was seventeen at this time, and realized I could never tell them the exact form of the communication I had received from their son, or they might misinterpret his message.

The dinner passed off successfully; later we retired to the drawing room and as we were sitting comfortably around the big open fire, a silence descended upon us all, pregnant with the thought of the dead boy. Breaking into the silence, I said, "Do you realize we have all been thinking of 'G' but none of us

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as had the courage to speak of him? I feel that it would do us all good if we would discuss the matter from his viewpoint, as I feel *he* might discuss it with us."

From there I elaborated on the message given me and was rewarded later when I noticed that his mother seemed decidedly comforted by what she thought was *my* point of view of the tragedy.

### *A Vision In An Open Air Theatre*

I attended an open air concert; a vision began to form during the second half of the programme, during the commencement of Suite for string orchestra from Opera 5, arranged by Ettore Pinelli, by Corelli, ending with Novelette, by Giuseppe Martucci.

I have said I never get anything psychically unless working and then, believe in it as amusement only. However, it remains to be said that I am passionately fond of music; intensely sympathetic toward rhythm of all kinds. This fact may have attuned my mind to what I saw.

The conductor was leading the orchestra with great skill and personal interpretation. There was scarcely a movement in that immense gathering, so uplifted was the mind of the audience.

As I am accustomed to working with my subconscious mind, I was surprised to find myself struggling for freedom from my conscious thoughts. The music was so soothing to my mind, I questioned this mental disturbance. I do believe that there is a great power in the one-ness of thought; that the minds of a



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large assemblage of people, in sympathy with one thought, can draw and electrify the vision of a person who possesses the power to see beyond the normal, and make it possible for that person to see what most people can barely feel.

I raised my eyes to the hills beyond the stage; I saw a human shadow appear; then another; then several together. At first I thought they were normal human beings, then I felt convinced they were not!

These shadows gathered, and ranged themselves as if in sitting positions; their heads and shoulders made distinct silhouettes against the skyline. I recognized many of the most famous masters of musical art long past and gone. By this time the moon had set, so the figures showed up very distinctly. It was amusing to see late arrivals greet old friends, and make their way to some vacant place. Some, I noticed, only waited a short time; others stayed possibly after the vision faded for me. I was strongly attracted by these men whose movements showed so plainly their sense of appreciation; boredom; slight criticism.

Then there came a pause in the music, one of those moments which is full of expectancy. Suddenly there seemed to be an intense movement of criticism among the spirit listeners on the hill. One of the dead masters who sat immediately above the stage was motioned to take his place as the conductor, but he held back, and he was urged on the more. Then those near enough lifted him up and thrust him forward; he seemed to hover in space above the conductor just keeping outside the rim of light from below.

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My eyes dropped down to the orchestra conductor; he had thrown back his head, his arms spread as if he, too, must see the vision of the master above. For the fraction of a second they both poised in exactly the same movement; the conductor before his orchestra, the spirit above the stage.

As the orchestra began to play once more I looked at both figures. It was obvious that the composer above was moving just half a beat ahead of the conductor below. As if leading him on; their movements were exact, as if it were man and shadow. The musicians, too, seemed to rise to the occasion. It was superb! At last it came to an end . . . that glorious, marvelous music. The conductor bowed to his audience, the shadow bowed to his critics above. The enthusiastic audience broke into a thunderous peal of applause, the vision was broken; the picture was gone!

### *The Hickman Murder Case*

There are times when we unconsciously subject ourselves to evil contacts. In this particular case, I had just completed a series of short fiction stories, the last one was about a murder.

Before going to sleep I was thinking over the plot of the story, trying to imagine whether it would sound amateurish or whether a real murder could be enacted by such methods as I had described in the story.

The windows of my room were small and placed rather high in the walls. They opened inward like French windows and as I lay in my bed, admiring the

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large branches of the tree that grew outside of one of the windows, I noticed this window was darkened as though a figure was filling the space. I was not afraid, but, I wondered how anyone could reach it without a long ladder. I had heard no noise and the place was very still. The next instant a shoulder and head appeared to come through the opening, and I was naturally astonished, knowing there was a screen on the outside. Before I had time to think, a young man in a dark suit, with disheveled hair, stood before me. I recognized him at once as young Hickman, the murderer!

I was quite disturbed at the appearance of such a visitor. "What do you want," I thought.

In like manner he replied, "I am in Hell! You must give a message for me, to the parents of the child who was murdered. I cannot get away from this excruciating mental torture until they know. There were two others involved in the crime who were more responsible for what happened. I could not give them away and took the blame but the family should know."

I raised up on my elbow and stopped him from telling me more of what he had to say in defense of the case.

"No! No!" I thought. "You cannot tell me anything. I am not in a position to deliver your message. Just because I have written a murder story does not mean I am interested, or in sympathy with, crime! There are dozens of people in Los Angeles who can take your message, but you must go now. I cannot

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listen to a word you have to say, and I do not want you here!"

I put a great force behind my thought, to impel him to leave; he slowly turned around, with his shoulders stooped, and began to climb out of the window. When he had gone, I became quite frightened and felt that I could not remain in the room alone for the rest of the night. I was tempted to join my mother in her room, then I decided this was a form of weakness, and I should be strong enough to control any person or any bad influence that might come into my vision, so I remained in my room and fought down my fear.

The next morning at breakfast I related the incident to my mother. When I asked, "Is Hickman to be hanged?"

My mother replied, "Why, he was hanged yesterday morning!"

"Well, now I understand how I could have seen him," I said. It is curious, yet a fact, that anyone who is alive seldom appears to you in a materialized form. You can have contact through mental telepathy, but they do not appear in a materialized form as a rule.

### *Fear*

My work takes me out alone at all times of the day and night. I have practiced, in moments of fear, to ask for the invisible companionship of two friends who have passed over on the other side. Although there were no outward and visible signs of them, I

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was always conscious of being protected and perfectly safe. The only material example that I could give for believing this happened, was the fact that if anyone came toward me, they would leave as much space in passing as though another person had been present.

### *Thought*

If we knew our thoughts could be read as easily as our spoken words are heard, would we be more careful what we thought about? From observation I believe that single thoughts go out and become dormant in the ether, but, by a great number of people registering the same thought, they gradually combine their single forces and become a powerful unit. This force of united thought then reaches a mind powerful enough to produce the desired thought into a material object.

I believe it is very important to think constructively at all times, because whatever we think may link up in the ether with forces of the same intensity and will gradually form a good or evil materialization.

Nothing material is created without concrete thought. We should watch and balance our thoughts as we do our audible enunciations or our thoughts may get away, and out of control, and make us a prey to emotions which we would normally avoid.

In giving a reading one should use discretion in communicating information they receive psychically. The client should come under observation as to whether he is mentally constituted to stand certain

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adverse or disturbing thoughts or whether the information should be given to him in a diplomatic manner so that he can ponder over it and yet not become alarmed or disappointed in his thoughts.

### *Why People Like To Have Their Fortunes Told*

Young people have only two definite demands when they seek a fortune teller. One is *love*; the other is a *career*. The next phase is the young married couple who may be disappointed in their efforts to climb the social ladder or attain monetary success. Again one or the other may feel they are dissatisfied to go through their entire life with a particular person, and in a vague way they do not want to break their marital ties without some definite hope of meeting another man or vice versa.

There are happily married couples where sickness is the cause of a shadow in their lives and they want to see if there is any possible chance of overcoming this tragedy.

Then there is the divorced woman who is having difficulty with her ex-husband, over children, finances or the fact that he may want her to reconsider marriage with him.

Perhaps a middle aged man who has made a fortune and lost it feels that he cannot take a subordinate position and is considering suicide as a practical means of escape. His life insurance will be a satisfactory way of taking care of his family. Sometimes, as a last resort, he will search out a reliable person to

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find if they can foresee any financial come-back for him.

Occasionally there is the woman who may have lost her only child and the bereavement is more than she can bear. She has lost faith in religion and other forms of consolation and she needs a new viewpoint on life.

I find many intrigues where either one or the other party is married, and seek advice as to their course of action.

There is the person involved in a law suit who has a fear of the witness stand, or desires to know if he will win his case. Sometimes an impending operation will terrify a patient and he will wish to be assured of its success.

My own opinion of reading is not that it changes the destiny of the person, but rather, that by seeing ahead they are given an opportunity to prepare themselves and perhaps gain an added confidence in their success or strength in their failure.

In many cases this work is used by people as a form of "light confession." Friends and relatives would be prone to criticize, while an understanding outsider gives them a sense of security and a willingness to unburden their problems and anxieties.

### *Good And Evil Uses Of The Psychic Power*

Before I go any further into this form of demonstration I think I should warn all novices and people interested in the cultivation of the psychic sense

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against the evil results as well as the good to be derived from such practices.

In commencing this work you have to submerge a great number of the instincts that are natural projections to the conscious mind. Before doing this, you must be sure that you are working for GOOD and that you have control over the psychic sense before you attempt to use it in a definite form. Without this you are apt to tap some strong emotional reactions which may control you, against your natural wishes. I always advise pupils to start their work with an inanimate base of control such as a crystal, tea leaves, cards or hands. Later they can work with or without it, as they desire. This inanimate base permits the active conscious mind to keep alert while the subconscious mind is functioning. This psychic work can be used for *good* or *evil*. Both are equally powerful.

First of all I will discuss it from the evil standpoint. A medium without high standards will derive satisfaction by reading the unethical practices of his clients and will fail to give them any uplifting advice. He shows them, rather, further opportunities to extend their evil practices.

Or, if a psychic allows the material remuneration coming to him through his work to be his sole interest, he will lose his spiritual grace, for when he deliberately uses his power for the material gain, he weakens his psychic vision. To continue this overstrain and keep his balance he demands artificial stim-



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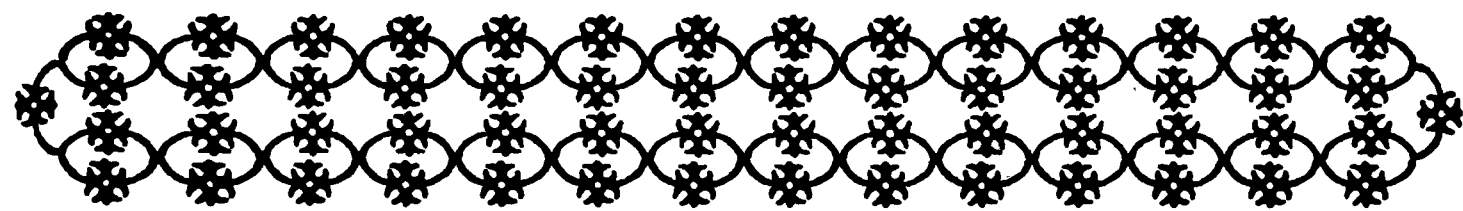
ulation, such as drugs or intoxicants which lower his spiritual standard further.

A conscientious psychic, on the other hand, will use his power to point out the constructive course to follow, whether it pleases his client or not.

This work, at its best, is a terrific mental strain. One always suffers a certain reaction, and to regain a normal balance must force himself to take some form of physical exercise. If this is not possible, fiction stories of an active nature are helpful, but articles on actual happenings should be avoided. If the psychic is of a religious mind, a prayer is an excellent stabilizer.

**HANDS**





# HANDS

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## BOOK TWO

I HAVE a theory, which, I feel, pertains to the reason for calling the *left* hand, "The hand you are born with." By this name it seemed to give a practical reason to people who believe in reincarnation.

Sometimes when reading for a person, I will, when tired, find myself reading the left hand, instead of the right hand. The right hand is the one depicting the life and future of the person being read for. I feel by reading the left hand occasionally, that one could map out a different life to the one lived by the client, and this could be read as showing the life he had previously lived in another incarnation.

If this is the case, then, if one wrote up the life as it is written in the left hand perhaps one would subconsciously begin to remember incidents of a previous life, lived, but forgotten.

After making this discovery, I wrote to the Psychic Research Society in New York enquiring their reaction with regard to such a psychic demonstration

being possible. They replied that they thought there could only be a soul-memory of such a previous existence, but, it could not be transmitted or manifested in the physical.

I did not reply to the letter but I would like to have pointed out that physical resemblance is often carried down from one generation to another, and why could not a spiritual reaction be brought to bear on the physical by the soul-memory or subconscious mind?

### *The Use Of Palm Reading For Children*

Most children are too easily impressed by having their fortunes (or futures) told in detail, but a delineation of their character, health, outlook upon life, by hand reading, is not harmful. In reading for a child I point out the weakness and the strength in their hands, and give them advice which will enable them to realize the handicaps they must overcome.

The parents should certainly be told at what age certain lines deteriorate and through adult knowledge they may be able to help their child at these periods to evade the difficulties shown in the hand.

For example: I read the hand of a child who was extremely clever, but carried a strong streak of laziness on the head line. I warned him that unless he overcame this defect he would not succeed in his career until late in life. His mother was present at the time of the reading and has helped the child to overcome the weaker tendencies and he is, today, a very brilliant college student.

In another case the child was being misunderstood

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by his parents and after glancing at his hand I realized that he had an exceptional head line and would understand all I had to say, and therefore I refused to read for him.

Later I told his parents that they had a genius for a child, and, although he was only eight years of age, they must treat him in some respects like a normal child of fourteen.

I have every confidence that this will prove a satisfactory solution to their difficulties in handling him.

A mother who was interested in the lines of the hands, brought her little girl to me to diagnose the unusual markings on her child's hands. I found that particular formations were going to make the child very headstrong, and possibly outstanding in some career, but due to the omission of another strong structural line in the hand, it might cause an unbalanced result in the child's undertaking, and at these points of vital decision in her life, the parent might find her difficult to manage, if she did not know beforehand, how to guide her.

I gave the mother some valuable advice which would give her a better insight into her child's character.

### *Definition Of Hand Structure*

After reading many thousands of hands I am convinced that most of us have mental changes every five or six years. Those that show the clearest on feminine hands are usually seen from seventeen to twenty, twenty-five to twenty-seven, thirty to

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thirty-three, thirty-nine to forty-one, forty-seven to fifty. After this there is not so much change until from fifty-eight to sixty; then a lapse to sixty-seven.

The changes with men are more gradual, showing on the hands usually about twenty-two, then not again until twenty-six to twenty-seven, again at thirty-two, then not until thirty-nine to forty, and not again until fifty. Later changes are more in keeping with the changes on the feminine hand.

Sometimes the changes take the appearance of ambition, dissatisfaction, or simply restlessness. The moves we make at this time are important to the years that follow. The difficulty with most people is, that the changes do not always dovetail with their environment. With married people there is often a danger that the change does not work out at the same time.

If there is a strong change in the feminine hand, and there is a strong bond of sympathy with the male interest, the unaffected party will adjust himself to the altered viewpoint of the other. Where no sympathy exists, there is an anxious period during this time. Often people are too impatient to believe in a readjustment, and a definite break is made, before the other readjustment period takes place.

With unmarried people these periods of readjustment will often show in the form of a desire for a change of work, or to get married if they have prospects; to travel; to go in for a new hobby, or often spending money or saving money in an abnormal way. Whatever happens to appeal to a man or wo-

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man, will, at these times be more dominant than during the intervening years, and it depends how they have been trained to control these desires or emotions, as to how powerfully these forces will react upon them.

### *What Truth Is There In Palmistry?*

An undertaker once remarked that he had studied palmistry and that there was no truth in it. He had proved this by looking at the hands of the dead brought into the morgue, and in the majority of cases the young people who had passed on, all had full-length life lines. How could they have this, and yet die in their twenties and thirties?

If palmistry were correct, the life line should be obliterated at this age. This is the conclusion that any novice might draw. In eighty per cent of the cases, it is from unnatural causes. If it is from an accident, such as a blow on the head, a death of this nature is usually marked on the head line, by a complete severance of the line, or some peculiar cross or markings. If from nervous disorder, the reaction would show on the nerve line, in conjunction with the head line. In some cases this will show by a badly broken nerve line, and a drop branch descending from the head line and entering the nerve line.

In the case of accident or heart disease, it would show by a bad break or spot, on the heart line. From drowning, the record may only appear on the water journey line, by a cross.

A broken back, internal injuries, generally show on



## YOUR INVISIBLE SELF

the life line by a complete severing of this line at the period of the fatal accident, or from a line which will cut through the life line and often attack the fate line or some other major line on the hand. When paralysis is the cause of death, this may only show in the nail formation.

### *My Rules For Reading*

I have definite rules in my form of reading for people. I lay more stress on the mental achievements than on the affairs of the heart.

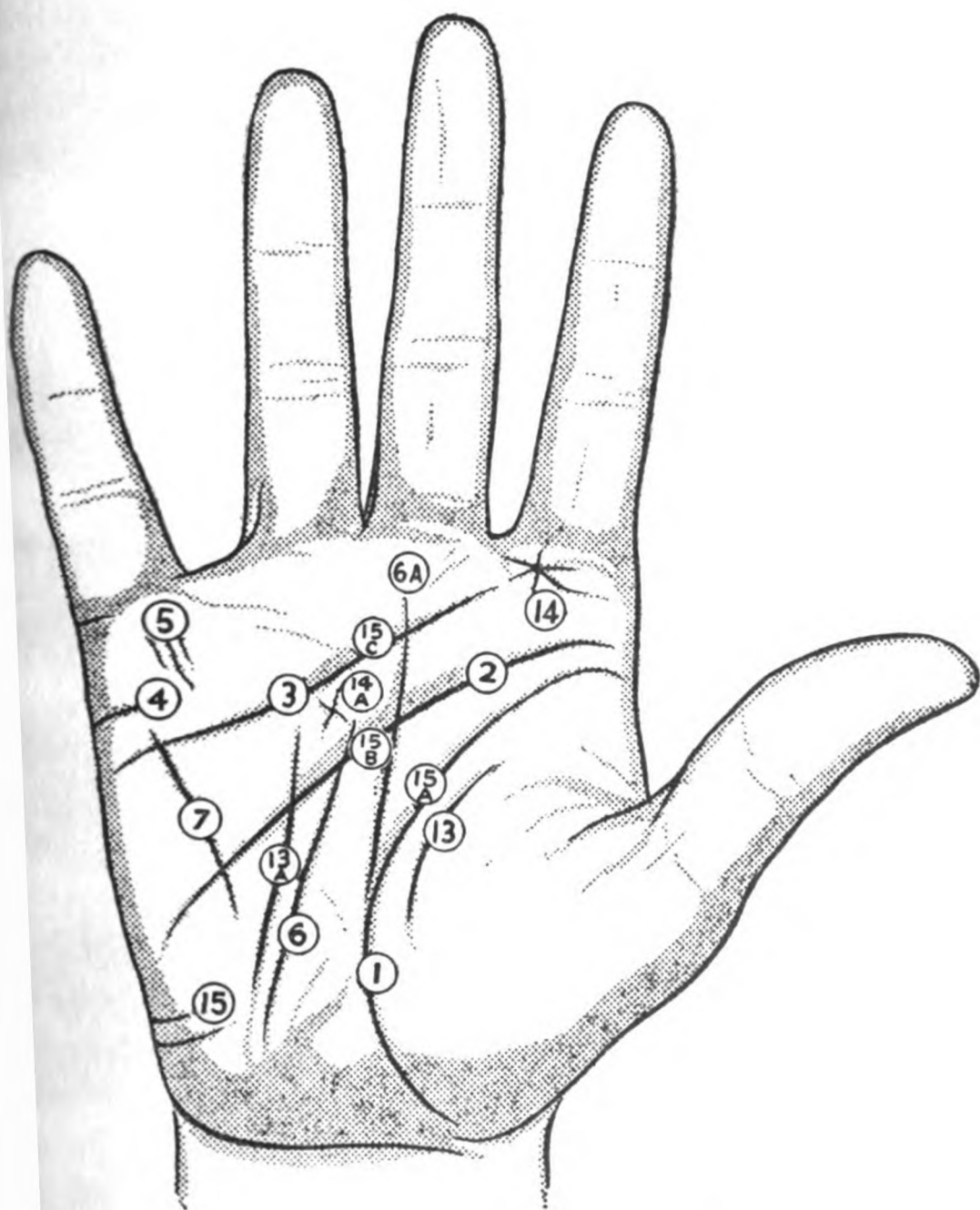
In the event of marital upheaval, I am opposed to advising divorce, except where it is absolutely necessary. I never encourage affairs of married people with outside interests.

For men I devote the entire reading to business and health, except when they ask me for some special advice concerning their marriage ties, then I discuss the matter according to my own viewpoint.

After clients leave me, I dismiss them completely from my mind, and neither speak of them, or think of them again. I feel that I have no right to influence or accept their burdens beyond the work I accomplish while they are with me.

My work is not carried on among the general public. I have no form of advertising except through the medium of recommendation of a client, to one of their own special friends. Through this manner of communication I have kept a clientele of exceptionally pleasant, intelligent and interesting people.

## HANDS



THIS DRAWING SHOWS ALL THE MAJOR LINES TO BE  
FOUND ON ALL NORMAL HANDS

## YOUR INVISIBLE SELF

### *How To Read The Hand Charts*

The simple rules contained in the following paragraphs can be understood by anyone who has never studied hand analysis. It is an amusing and instructive form of entertainment.

First study the chart and the meaning of the lines to be found in the hand. Be sure you always study the **RIGHT** hand. The right hand is the one you live, and the left hand is only a form of reference, being the one described as "the hand we are born with."

Commence with the line on the chart marked (1).

(1) *The LIFE line* begins between the thumb and the first finger on the hand, completing its course round the base of the thumb, at the wrist.

When the line is long and unbroken, good health and old age may be expected. A short line indicates a medium length of life. If the line is completely severed at some point on its downward journey, ill health or bodily accident may occur at the period on the line where it is disrupted. If small islands appear on the line, at the place they are found, the health of the person will be below par for the duration that the island is visible. A long chain formation of islands is not a favorable sign.

The life line should be strongly marked with no interruptions, to insure robust health.

When the life line is found to be forked at the close of life, it usually denotes that the person will die a long distance from the place of his birth.

## HANDS

(2) *is the HEAD line.* This line commences at the same point on the hand as the line of Life. When the head line is joined to the life line, at the beginning, it generally indicates that the person will be closely attached to his family or influenced by those close to him, during the early stages of life.

When the lines are apart, as on the chart, a more independent type of personality may be expected.

A long, straight head line, indicates an aptitude to learn; a good memory; a forceful mind that is determined to rise above the average.

If the line shows a perceptible downward slant, the form of knowledge will follow more artistic lines. When the line is short and forked at the end, the line of thought will be strongly diversified, a business-like mind, with artistic tendencies. When the line is short, without a forked ending, provided it is deeply marked, it indicates that the ambition of the person will follow one idea for many years, without any extreme change.

When the head line is completely broken at any place on its course across the hand, a nervous upset, great mental anxiety, or a blow on the head, could be possible at the place indicated by the break on the line.

In cases where the head and heart line are combined, making only one line, instead of the usual separate lines, it will be noticeable that the mind will, at periods, completely dominate all action of the heart; while at others, the heart will take complete control of a situation. Such people should be advised to keep

## YOUR INVISIBLE SELF

strict hold over their emotions. A distinct double head line is a very favorable sign and seldom found.

(3) is *the HEART line* and starts from the same direction as the preceding lines. When beginning under the first finger and crossing the hand as seen on the chart, it indicates an honest, lovable disposition. If it passes from one side of the hand to the other, it gives a personality overruled by the heart in every direction, and decision.

When short, but well defined, it gives a colder disposition, but, nonetheless faithful, whether in love or friendship. When the heart line is very short, and faintly defined, the possessor will be inclined to be callous and heartless when weighing matters concerning the heart; a mental decision will always take precedence.

If the heart line is severed, it generally means that the person has suffered a great disappointment in love. Small, dark spots, like the head of a pin, indicate a severe quarrel; a decided break, or even the death of one who has at some period, been very close to them.

Islands appearing on the line can indicate a separation for the period the islands last, a reunion where the line becomes normal again.

Small, hairlike lines, *descending* from the heart line toward the head line, concern a fretful anxiety over someone you may love; if *rising*, the reverse. This condition will only be noticeable and last for a short period, at the age indicated by the placement of the line.

## HANDS

(4) *is the MARRIAGE line.* This line lies clearly defined in the creases made between the little finger and the heart line, entering from the outside of the hand. The nearer this line approaches the heart line, the earlier the marriage. When found higher in the hand, the marriage will not occur until the thirties, or later.

The short lines often seen between the longer lines, do not indicate marriage. They may be short-lived engagements or love affairs which do not culminate in marriage. If the marriage line is strong and forked at the end, it gives outstanding material gain through the union. If bent downward until it touches the heart line, it is generally a sign that the person will one day become a widow or widower, by this marriage. If the line is cut through by a descending line, it is probable that some difficulty will prevent the marriage from taking place at the time indicated on the hand, but not necessarily permanently.

(5) *Children.* The number of children are shown by short, perpendicular lines found below the little finger and descending to the heart line, or near it. Very short, indistinct lines mean more love for children than having them. For boys, take the heaviest lines; the girls, the fainter marked ones. If an island shows on the heart line beneath the child lines, it is a sign that there is not likely to be a large family. If the child line is broken in half, or carries a cross on it, delicacy at certain growing ages may be expected.

(6) *The FATE line.* This line begins at the base of the hand, and mounts upward toward the fingers.

## YOUR INVISIBLE SELF

When it is separated from the life line, by a small space, this denotes the most favorable placement for the fate line. The person will suffer less interference and quicker development in his undertakings. If straight and unbroken there will be little to detain him on his steady march to success. When wavy, it will mark a time of indecision. When broken in parts, this will give the times of arresting periods in the progression to success.

(6A) *FATE line*. This line is found rising from the life line. It indicates a greater struggle for achievement and recognition. Success for such people is often reserved for their thirties or early forties. They have to make their own way in life, and seldom get a strong helping hand to influence their rise in the world. When a second fate line rises independently, and not joined to the life line, it will seem, as life progresses, the successes will be more easily achieved and take on more the type of success as found in the fate line marked (6). Crosses or islands found on any fate line are not favorable, but the delay caused will last only as long as the marks take possession of the line.

(7) *The HEALTH or Liver line*. This line runs down the hand from the base of the little finger, beginning below the heart line or the head line. It usually takes an inward turn toward the fate and life line, as it descends. Its tendency is to show delicate health of a bodily or nervous nature, which may attack the person at the place where the line enters one

## HANDS

or more of the major lines of the hand. In case of exceptionally healthy people, this line is not pronounced.

### *Minor Lines Of The Hand*

(13) *Health and money line.* This line is not found in all hands, but often forms a protection against illness, or money-loss when found close to the outside of the life line, and the life line is broken or an unfavorable line, or an island is shown. To find this line more distinctly, bend the thumb slightly into the hand, as if you were pulling on a glove. This action makes the flesh rise a little over the life line, and makes the health line appear stronger, if it exists. When this line follows all the way down the hand, it indicates that the person in question will never be in dire need. When it appears only at intervals it means riches will be much greater at these periods than at any other time.

People who inherit wealth often do not have this line and again where the money is easily made, it often does not appear. This line is not necessary for the possession of either wealth or health. In the case of health, a natural, robust person does not need protection and the same in regard to some kinds of wealth.

(13A) *The line of good fortune.* It is a very fortunate line to possess. Not found in all hands. It rises parallel with the fate line and when both are distinct and unbroken, definite good fortune awaits the possessor.



## YOUR INVISIBLE SELF

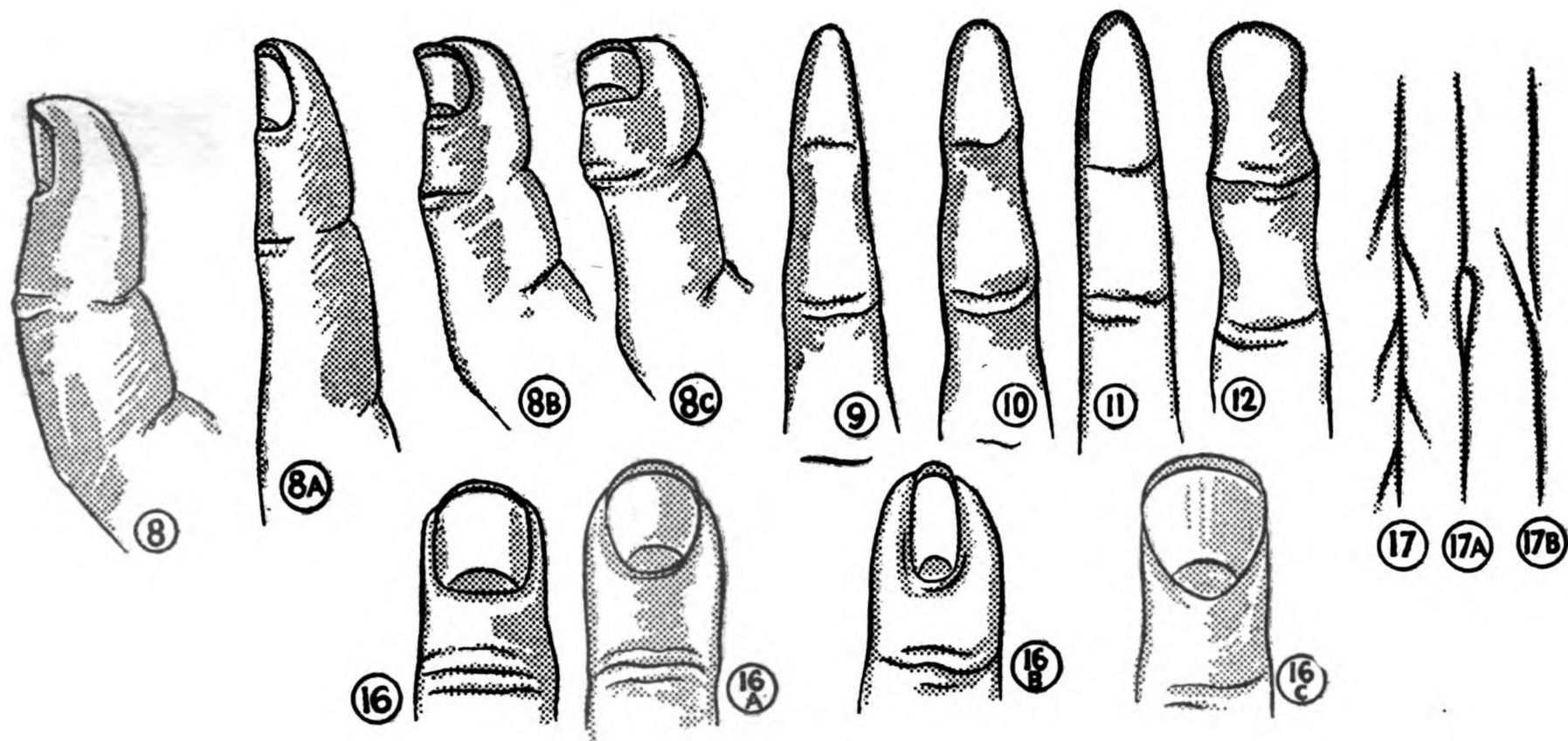
(14) *Stars.* Stars, in the hand, are good omens. When found at the base of any finger, or at the beginning or end of any line, they suggest helpfulness to the success of that particular line.

(14A) *Cross.* A cross is a poor omen. Generally considered as a form of interference of some kind, affecting the line at the point it appears.

(15) *Travel lines.* These lines are not always marked. However, when a journey is likely to bear some definite significance on the life or interests of a person, they are shown as lines entering the hand from the outside, low down, near the commencement of the fate line. (See chart for correct placement.) There are other travel lines indicated on the base of the thumb, but they are more difficult to read and should not be studied until advanced in reading.

(15A) *Time.* Where the number is placed on the chart on each of the main lines of the hand gives an indication of time. The number put on the line indicates the age of thirty-two. From the placement of any of the lines up to the number is from one year to thirty-two; from this point to the end of the line averages up to ninety-two years. You will notice that on the life line, as on all the others, the space given to the time preceding thirty-two is greater than the later years. Each year, as it passes, after thirty-two, registers less space on the hand.

(15B) *Time.* You take your time direction from the commencement of the head line. When this line



EXAGGERATED TYPES OF THUMBS, FINGERS, AND NAILS

## YOUR INVISIBLE SELF

is very short, you have to reckon your time closer together. The fate line crosses the head line about the age of thirty-two, or if the head line is placed very high up on the hand, about thirty-four years.

(15C) *Time*. On the heart line the number is placed to indicate thirty-three years, or a little later, commencing from the same direction as the other lines.

(8) *is the Thumb*. The three sketches of thumbs given are of the most definite types. A good length of thumb, well proportioned, adds strength and intelligence to the activity of the other fingers. A short thumb is slower of achievement, more cautious over undertakings, inclined to hardness in decisions.

(8A) This drawing shows a thumb well placed, with a slightly outward bend. This is the most desirable thumb to possess. Its tendencies are toward broad-mindedness; liberal in all things, and kindly in all actions. This thumb type represents the business, artistic type which is most satisfactory to possess.

(8B) This thumb is heavier, more square, and less pliable than the first. It belongs to a person with a firmer disposition, inclined to be stubborn, but honest, thrifty and trustworthy. This thumb indicates a man of nervous energy. People with this kind of thumb generally get their money's worth.

(8C) This thumb is rarely found. It is the club thumb. Like its appearance, it is unfavorable. Such

## HANDS

a thumb goes with a hard disposition. It is the thumb of an extremist. If the urge is a good one, excellent results can be expected, but, if the urge is a bad one it will be disastrous. Anyone possessing such a thumb should always be warned to keep his mind well under control.

(9) *The artistic finger.* This finger is shown in the first finger drawing. It is smooth and inclined to be pointed at the tip. If all the fingers on the hand follow this type, the person will be very easily affected by color, and interested in all artistic movements. Change is essential to their happiness; change of place and of people. They do a little of everything, but seldom excel in any one particular thing, unless very powerful lines in the hand counteract their natural disposition. These people are often hindered by too much kindness. People will go out of their way to shield and protect them from the hard things of life, not realizing they are often doing them more harm than good.

(10) *The Philosophic Finger.* When all the fingers follow this type, they represent a fairly large hand, with bony knuckles, and a slight wasting of the flesh between the joints, with a more rounded top to the finger than the artistic. People with these fingers like deep study. Minute detail in their undertakings is a characteristic. They give more than can ever be repaid in money value. They follow theoretical, rather than practical methods. They are sensitive and retiring, but when once interested they will prove a volume of knowledge.

## YOUR INVISIBLE SELF

(11) *The Psychic Finger.* This is an unusual type. Such fingers are generally found on a slender and narrow hand. This idealistic type can seldom face the difficult problems of normal life. They live in a world of their own, with ideals not to be found in everyday life. Rebuffs and hardships are too much for them to bear and they often fade out under any great stress or hardship.

(12) *The Spatulate Finger.* This finger is of a heavier type, the tips, to the first joint, shaping into a spatulate form. It is possessed by persons of nervous energy. It makes its owner a figure of independent character and action. Whatever form of business or profession he undertakes he will do it his own way, or not at all. Sometimes this is a favorable action, at others it can spoil an otherwise satisfactory venture.

### *Important Note On Hands*

Now take into consideration that the perfect type of hand is seldom found. The sketches given are exaggerated to enable you to define the difference between types. Most human hands are less clearly defined and are often of the mixed variety, one or two fingers, only, indicating one type or another.

The forepart of the hand, from the wrist to the knuckles, has the same outlined definitions as the fingers, such as: A narrow formation from the wrist, widening at the knuckles, will be the same as the artistic fingers. The same definition applies to the other types of hands and fingers.

## HANDS

Look closely at thumb (8B). This is the square type and is often found in the formation of the fingertips of the business hand. The shape of the forepart of the hand bears consideration with reference to the type of fingers it holds. Sometimes a hand will appear square and the fingers spatulate; by combining the two, you get a normal business man with the nervous energy of the spatulate disposition which will probably make him go farther than a one-type hand. Again, an artistic formation of some part of the hand, combined with business ability, will make for the artistic, business mind, and so on.

(16) *Nail type*. This nail is usually found on strong people, but has the sign of bad circulation, which can gradually undermine certain organs, if not corrected.

(16A) *Nail type*. People with this shaped nail usually suffer from throat trouble. When the nail, growing beyond the cushion of the finger, turns inward, toward the palm of the hand, such people are apt to suffer from bronchial trouble.

(16B) *Nail type*. This narrow nail usually raised higher in the center, is not often seen and indicates a very delicate spine, subject to nervous diseases.

(16C) *Nail type*. This nail generally is a good size, and long. Lung delicacy can be looked for, or warned against; also ear, throat and nose delicacy.

(17) *Hair lines*. These lines when found dropping down from any of the main lines in the hand, are

## YOUR INVISIBLE SELF

unfavorable. When ascending, they give strength to the line and are a satisfactory sign.

(17A) *Islands*. These are shaped like the eye of a large darning needle. They form at the end, middle or beginning of any line, and are never a favorable sign.

(17B) *Broken lines*. Any line can have a break. The distance of space shown between the breaks indicates the duration of the time lapsing before the recommencement of strength on the life line; work on the fate line, mental or heart line, as the case may be. Broken lines are often as much for betterment as for dissatisfaction. Important good changes are indicated, as often as bad ones.

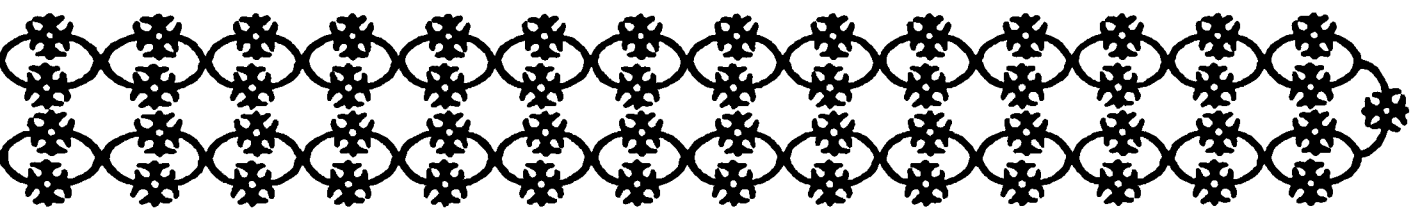
## SIGNS OF THE ZODIAC

**Note:** Do not mistake these small summaries of the Zodiacal signs, with an individual horoscope. These are only a generalization of the one sign, which, at the exact hour of your birth, would be influenced by other planets, active at that time.

The favorable and unfavorable months will affect one most strongly, just before and just after their own birth dates, during the months mentioned.







# SIGNS OF THE ZODIAC

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## *The Zodiacal Sign Of Aquarius*

January 19 to February 19

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### BOOK THREE

**Y**OU were born in the Zodiacal sign of Aquarius, symbolized by the "IDEAL MAN," or "Water Bearer," which innately gives you a responsibility. Element—Air.

Your chief characteristics are: idealism and benevolence. You are impulsive and should think matters out carefully before making a decision. The unexpected always happens. You are a true humanitarian; are artistic and gifted; sincere, and your intuitive faculties so highly developed that you can read the character of people upon the first meeting with them. You are likely to be unfortunate through associates. You are a keen observer and have a high sense of inventive power. Curb the habit of too much talk, it gives the other fellow a chance to take advantage of you.

## YOUR INVISIBLE SELF

Favorable occupations: scientific or occult research; teaching, art, music, designing, electricity, aviation, writing, merchandising, etc.

Sensitive parts of the body are: defective circulation and blood disorders; the throat, bladder and heart are sensitive. Exercise and fresh air are your best medicines.

Individually you would blend harmoniously with people born in April, June, August, October and December.

Favorable months when you should put all things forward, are: April, June, October and December.

Unfavorable months: May, August and November.

Aquarius children should be taught the rules and regulations of social relations.

### *The Zodiacal Sign Of Pisces*

February 19 to March 21

You were born in the Zodiacal sign of Pisces, symbolized by "THE FISHES." You often have the feeling as though two individualities were trying to rule you. Element—Water.

Your chief characteristics are: emotionalism and sympathy. You are extremely sensitive and impressionable and are apt to be taken advantage of, therefore, associate with people whose influence will help you. Guard against self-indulgence of any kind, and self-doubt; it only causes unhappiness and the feeling that no one understands. Your symbol, the "TWO

## SIGNS OF THE ZODIAC

**FISHES** represent one as being listless, effortless, willing to drift with the stream; the other is a "go-getter," swimming bravely upstream, dragging the other one along. Be a go-getter.

Favorable occupations: Lawyers, detectives, actors, educationists, copyists, tailors, nurses, sailors, etc.

Sensitive parts of the body are: the digestive organs and the nervous system. The best medicine is to forget self by taking up constructive mental and physical work, aided by communion with nature, preferably near some large body of water.

Individually you would blend harmoniously with people born in January, May, July, September and November.

Favorable months when you should push all things forward are: May, July, November and January.

Unfavorable months: June, September and December.

Pisces children should be taught self-reliance.

### *The Zodiacal Sign Of Aries*

March 21 to April 20

You were born in the Zodiacal Sign of Aries, symbolized by the "RAM." Element—Fire.

Your chief characteristics are: energy and conservatism. In business avoid surrounding yourself with other Aries people, for you do not like to be crossed. You are a natural leader. Your over-enthusiasm may cause you to become intolerant of others;

## YOUR INVISIBLE SELF

independent and aggressive. You are prone to leap before you look.

Favorable occupations are: executive, director of sales organization, military career, mechanical pursuits, carpenters, chauffeurs, etc.

Sensitive parts of the body are: the head and face, the stomach and breast, kidneys, knees. Your best medicine is fresh air and sleep.

Individually you would blend harmoniously with people born in February, June, August, October and December.

Favorable months when you should push all things forward: May, August, December and February.

Unfavorable months: July, October and January. Aries children should be taught self-control.

### *The Zodiacal Sign Of Taurus*

April 21 to May 20

You were born in the Zodiacal Sign of Taurus, symbolized by the "BULL." Element—Earth.

Your chief characteristics are: constancy and conservatism. You work best associated with others, but be careful that under the management of others you do not submerge yourself. You are too easily satisfied, which can lend to the tendency of becoming lazy.

Your temper is hard to rouse but once stirred you can be unrelenting, therefore exercise self-control from these outbursts. They are not only harmful to yourself, but to your projects.

## SIGNS OF THE ZODIAC

**Favorable occupations:** merchandising, financial executive work, geology, chemistry, farming, etc.

**Sensitive parts of the body are:** neck, throat, larynx, reproductive organs, lower bowels, circulation, spine, heart and ankles.

**Individually you would blend harmoniously with people born in** January, March, July, September and November.

**Favorable months when you should push forward all things:** January, March, July and September.

**Unfavorable months:** August, November and February.

**Taurus children should be taught to observe the rights and privileges of others, for they are apt to become selfish.**

### *The Zodiacal Sign Of Gemini*

**May 21 to June 20**

**You were born in the Zodiacal Sign of Gemini, symbolized by the "TWINS." This sign makes one twin-minded . . . wanting to do two or more things at once; be at two places at the same time. It sometimes makes people born in this month unable to decide which side of a question is the best to take, being able to see both sides equally well.**

**Your chief characteristics are:** readiness of comprehension and versatility. You are mentally impulsive, observing, quick in speech, fluent and diversified in thought. You have the tendency to start numerous enterprises and should develop the tenacity of purpose

## YOUR INVISIBLE SELF

to bring them to a successful termination. Curb your over-exaggeration and never make promises unless you can fulfill them. You are apt to have a constant desire for change, but should realize that only by adherence to your objective, can you achieve your success. One of your greatest faults is lack of concentration.

Favorable occupations: public speaker, teacher, news reporter, secretary, stenographer, commercial traveler, salesman, lawyer, etc.

Sensitive parts of the body are: shoulders, arms, lungs, hips, thighs, bowels, fingers and feet, and nervous troubles brought on by anxiety. Cultivate both mental and bodily rest.

Individually you would blend harmoniously with people born in August, October, February and April.

Favorable months when you should push all things forward: August, October, February and April.

Unfavorable months: September, December and March.

### *The Zodiacal Sign Of Cancer*

June 21 to July 22

You were born in the Zodiacal Sign of Cancer, symbolized by the "CRAB." The crab moves backward but hangs on, so do the Cancer-born men and women. Element—Water.

Your chief characteristics are: tenacity and sensitiveness. You are retiring and often a prey to moods; much shrewdness and common sense; emotional and sentimental; highly impressionable; have a vivid

## SIGNS OF THE ZODIAC

agination and retentive memory. You have a great love for the home and its surroundings, and are apt to be very much concerned over the troubles of relatives; the welfare of children and the community. In anything you do, you proceed cautiously and often almost imperceptibly, without much noise or self-advertisement. Your greatest fault is lack of initiative. Favorable occupations: writers, actors, interior decorators, social and domestic science teachers, hotel managers, stewards, nurses, etc.

Sensitive parts of the body are: stomach, breast-bones, knees, kidneys, head and skin.

Individually you would blend harmoniously with people born in January, March, May, September and November.

Favorable months are those when all things should be pushed forward: September, November, March and May.

Unfavorable months: October, January and April.

Cancer children should be taught to give and take.

### *The Zodiacal Sign Of Leo*

July 23 to August 22

You were born in the Zodiacal Sign of Leo, symbolized by the "LION." Element—Fire.

Your chief characteristics are: faith and comprehension. You have a generous, large-minded and capable nature. You are a natural leader and should never work under the command of others. You are capable of realizing all ambitions, love comfort and



## YOUR INVISIBLE SELF

luxury and if pampered, likely to become indolent. You may often be down, but you are never out. Your mind is active and intuitive. The love nature is strong. Avoid becoming snobbish. Like to make a lot of money quickly.

Favorable occupations: stock exchange, financial company promotion, management of theatre and amusement enterprises, orators, lecturers, astrologers, mechanics, etc.

Sensitive parts of the body are: spine, back, head, circulation, ankles, neck, throat, urinary organs and lower bowels.

Individually you would blend harmoniously with people born in February, April, June, October and December.

Favorable months when you should push all things forward are: October, December, April and June.

Unfavorable months are: November, February and May.

Leo children should be taught the practical side of things.

### *The Zodiacal Sign of Virgo*

August 23 to September 22

You were born in the Zodiacal Sign of Virgo, symbolized by the "VIRGIN." Element—Earth.

Your chief characteristics are: practicability, discrimination, seriousness. You are a hard worker, and very thorough in everything that you do. As a rule, artistic, literary and appreciative of the facts of life.

## SIGNS OF THE ZODIAC

be careful of money matters, neat, methodical, precise, like to be left alone to carry out your tasks in peace and quiet. Your greatest fault to guard against is: fault-finding. Therefore realize that people are human and make allowances for any so-called weaknesses.

Favorable occupations: carvers, metal workers, clock making, civil engineers, gardeners, dieticians, dressmakers, writers and other artistic lines.

Sensitive parts of the body are: poor circulation, indigestion, bowel trouble and nervous disorders.

Individually you would blend harmoniously with people born in, January, March, May, July and November.

Favorable months when you should push all things forward are: November, January, May and July.

Virgo children should be taught generosity and regard for the opinion of others.

### *The Zodiacal Sign Of Libra*

September 23 to October 22

You were born in the Zodiacal Sign of Libra, symbolized by the "BALANCE." Element—Water.

Your chief characteristics are: a sense of justice and a desire for equilibrium. You are extremely sensitive and impressionable and easily swayed through the emotions. You must therefore be cautious and not go to extremes. You find a disturbed or quarrelsome atmosphere hard to support and give way to com-

## YOUR INVISIBLE SELF

promise and always are ready to forgive and forget. You do like ease and are apt to be lazy. You are very restive and intuitive and should learn to rely on first impressions; they are generally right. A pat on the back and you will work your head off; being criticized renders you useless until you get over it.

Favorable occupations: judges, lawyers, librarians, brokers, jewelers, milliners, chemists, etc.

Sensitive parts of the body are: indigestion, weak stomach, fevers, head-aches, back-aches, liver, kidney and skin trouble. Your best medicine, peace and quiet.

Individually you would blend harmoniously with people born in February, April, June, August and December.

Favorable months when you should push all things forward are: December, February, June and August.

Unfavorable months: January, April and July.

Libra children should be taught self-reliance.

### *The Zodiacal Sign Of Scorpio*

October 23 to November 21

You were born in the Zodiacal Sign of Scorpio, symbolized by the "EAGLE and the SCORPION" representing idealism and vindictiveness: "THE EAGLE" soaring over petty materialism, appreciating the great hidden truths of nature; "THE SCORPION" can become so obsessed with the idea that the world is against it, that it plans and plans how to sting back. Element—Water.

Your chief characteristics are: determination and

## SIGNS OF THE ZODIAC

penetration; you have great magnetism and remarkable intuition. Your love of rulership is apt to make you domineering, as it unconsciously causes you to be brusque and sharp. You are inclined to be suspicious and when people hurt you, you are likely to experience a desire to retaliate. You have an inclination toward mysticism and occultism and a love of probing mysteries and getting at the bottom of things. You do not believe in the frivolous or the inconsequential; you have the power to make yourself and those about you absolutely happy or sadly miserable. A fault that must be guarded against is: stubbornness and the refusal to accept criticism.

Favorable occupations: executives, surgeons, analysts, chemists, detectives, mechanics, etc.

Sensitive parts of the body are: the throat, heart, bladder; reproductive organs are very sensitive; inflammatory complaints, bad circulation and blood poisoning are likely. Your best medicine plenty of water, rest, sleep, fresh air, and a total abstinence from highly seasoned foods or stimulants is necessary to continue in good health.

Individually you would blend harmoniously with people born in January, March, May, July and September.

Favorable months when you should push all things forward are: January, March, July and September.

Unfavorable months: February, May and August.

Scorpio children should be taught generosity and kindness, and informed at an early age about the mysteries of life.

## **YOUR INVISIBLE SELF**

### ***The Zodiacal Sign Of Sagittarius***

**November 22 to December 21**

**You were born in the Zodiacal sign of Sagittarius, symbolized by the "ARCHER," the centaur of mythology, half man and half horse, with his gaze on the heights but with his feet always on the earth. Element—Fire.**

**Your chief characteristics are: insight and fidelity. You are naturally prophetic and intuitive; self-confident and self-reliant; a lover of law and order; frank, generous and sensitive. Your greatest difficulty in life will be in making a goal for yourself, but once you do, all your forces will tend toward the attainment of it. You are capable of picking out the weak points of others and should avoid careless criticism; cultivate tact and diplomacy. Your faults are apt to be: extravagance, recklessness, too great a faith in luck, a tendency to know a little of everything.**

**Favorable occupations: banking, traveling, religious work, brokerage, medicine, astronomy, astrology, speculation, equestrian, buyer, shipper, etc.**

**Sensitive parts of the body: affections of the lungs, poor digestion, blood disorders, accidents and injuries to the limbs, over-exertion and nervous depletion.**

**Individually you would blend harmoniously with people born in February, April, June, August and October.**

**Favorable months when you should push all things forward are: February, April, August and October.**

**Unfavorable months: March, June and September.**

## SIGNS OF THE ZODIAC

Sagittarius children should be taught to keep away from mental and nervous stimulation.

### *The Zodiacal Sign Of Capricorn*

December 21 to January 19

You were born in the Zodiacal sign of Capricorn, symbolized by "THE GOAT"; you mount to heights but always feel that you have more to overcome than any other person ever born. Element—Earth.

Your chief characteristics are: understanding and diplomacy. You are methodical and careful with matters entrusted to you. Secretiveness and suspicion may keep you from many friendships. It is necessary for your own betterment that you mingle with people, both socially and in business. The tendency to live within yourself will cause you to lose opportunities and make you moody. You can attain great heights if you will only set your mind to it, as you possess ambition, endurance and practical application.

Favorable occupations: politics, mining manager, government employee, labor exchange official, mason, clay, tile or cement worker, assayer, builder, minister, grocer, organizer, stock raiser, etc.

Sensitive parts of the body are: injuries to the lower limbs, the knees especially, melancholia, colds, rheumatism. Your best medicine is hope, cheerful society, warmth, comfort and rest.

Individually you would blend harmoniously with people born in March, May, July, September and November.

## **YOUR INVISIBLE SELF**

**Favorable months when you should push all things forward are: March, May, September and November.**

**Unfavorable months: April, July and October.**

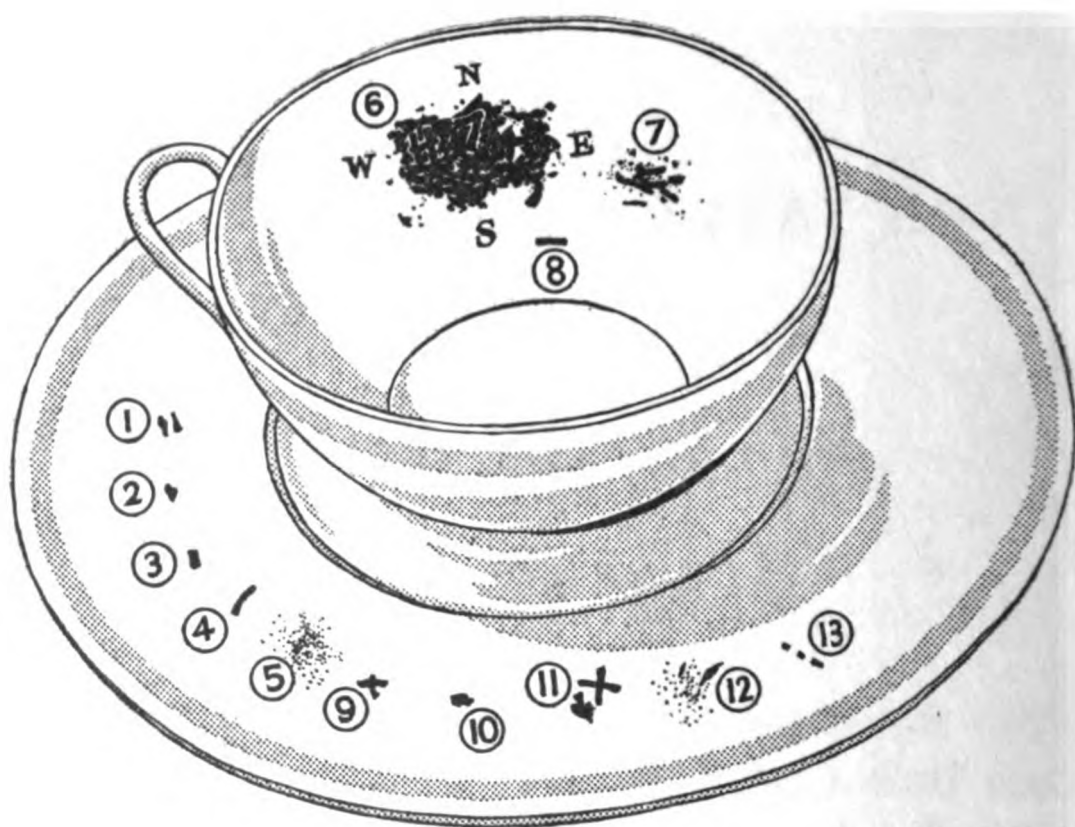
**Capricorn children should be encouraged to learn the art of play, and the value of being a "game loser."**

## A TEA TABLE ENTERTAINMENT

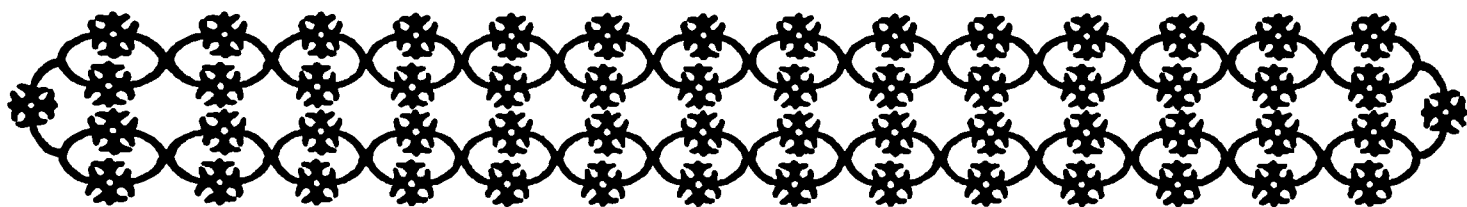
For my special tea-leaf reading, I always use the black India Ceylon Tea. The leaves are more stalky than other Indian tea and do not all spread out flat when the boiling water is poured onto them. The stalk-like leaves form the roads, boats and initials of people.

Use a cup with wide circumference.





**DRAWINGS OF THE MOST IMPORTANT  
TEA FORMATIONS**



# A TEA TABLE ENTERTAINMENT

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## BOOK FOUR

**T**AKE a small quantity of tea between thumb and first two fingers, crush and allow to fall into the cup. For yourself, think of your own desires; for a friend, concentrate on the person, while dropping the leaves into the cup. Pour boiling water onto the leaves, allow to steep; pour off slowly, all but enough to cover the leaves. Swish the tea around the cup three times, pausing between each.

Drain the remaining water into the saucer and while doing so, try and bring as many of the leaves as possible into a group on the side of the cup. To complete draining the cup, prop it upside down on the edge of the saucer, one edge resting on the table. After a moment turn the cup, right side up and look first at the water drained onto the table, if any. If it is clear, without any leaf in it, the person's immediate worries will not be serious. If certain leaves appear

## YOUR INVISIBLE SELF

in the water, whatever they represent will have something to do with the worries in store for them.

### SAUCER READING

All objects will be seen in silhouette. In comparison with all other objects, people are very small, often only the width of a pin and about one-fourth the length or smaller. Usually all matters here refer to immediate events. Notice if the tea water covers the entire saucer. If the water outline is a half moon, refer somewhere to an incident taking place at night.

*Long, narrow flat leaves*—Persons. Men: tapering at head and base; women: wider at base—Fig. (1).

*Heart-shaped leaf, with or without person*—Person of affection—Fig. (2).

*Light or dark leaf*—Indicates complexion of person. It shows at other times the nature and difference in soil of land, when the tea-leaves represent property.

*Small, flat, pointed leaves*—Business buildings, generally larger than house leaves—Fig. (3).

*Single, long rounded stalks*—A journey—Fig. (4).

*Double, long rounded stalks*—A journey and return.

*Flat, shapeless leaves*—Acreage or vacant lot.\*

*Quantities of tea dust*—Crowds, parties, entertainment, when near houses. Without location, gossip—Fig. (5).

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\*Leaves representing people near vacant land, means possible buyers. Rise in money values can be considered. Link up adjacent objects (i.e., A house, a journey, a business building and people, etc.) and make up your own little story.

## TEA TABLE ENTERTAINMENT

### CUP READING

Empty the cup with the right hand, then hold cup by handle, in left hand, to read. Read events on far rim, following down to the base of the cup.

#### *Directions*

*Top of cup*—North to Northeast.

*Base of cup*—South to Southeast.

*Right hand*—East.

*Left hand*—West.

*Large group of leaves on side of cup*—Consider as a map of the United States or the country lived in by the person being read for—Fig. (6).

*Two or more large groups of leaves*—Towns to be visited by consultant. Time indication shown by placement in cup. When maps join by stalks, leaves in groups return to first place of departure can be expected—Fig. (7).

*Single group of leaves found in cup*—No immediate, radical change except short, local trips, indicated by roads.

*Rounded, long stalks seen uppermost traversing maps*—Roads. If stalks join and reach edge of map, Coast journey is indicated. If terminating inland, note if at house, vacant land or business building, etc. Roads often form initials of persons of interest

## YOUR INVISIBLE SELF

to consultant, whom they will meet where the road terminates. At other times, numbers form, these give dates of action or time of interest to personal affairs.

*Leaves banked on rim of map*—Mountains. If of interest, road will lead here.

*Depressions between banks of leaves on map*—Valley. Watch for roads leading here.

*Groups of flat, light-colored leaves*—Desert. Watch for roads leading here.

*Small spaces in maps, minus tea-leaves*—Lakes. Watch for roads leading here.

*Threadlike spaces minus tea-leaves*—Rivers or streams. Watch for roads leading here.

People, houses, land, objects of importance, show as individual items on the side of the cup beside the maps. Their proximity to the maps indicate their connection with that particular part of the map. When a person gets very familiar with this form of reading, they will observe people inside the maps, but not at first.

*Short, stalk-like leaves*—Boats. When seen in the ocean on the side of maps. Long distance from map will mean a far voyage. When boat appears near coast, short trip may be predicted, or, when people appear between boat and shore it will be the arrival of friends by water—Fig. (8).

## TEA TABLE ENTERTAINMENT

*Collection of dark leaves surrounded by light ones—*

**Oil Land. Property.** Oil or mineral land found in maps as well as on other parts of cup. Minerals are the same formation of leaves but lighter in color. Note whether roads lead here and whether land in map is wet or dry when considering good or bad omen.

*Tea-stalk rising perpendicularly from flat leaf inside map—***Airport.** If more than one, note locality for indications of trip taken. Wet or dry for predictions.

*Airmail—*Look outside of maps for silhouette of aeroplane. Possibly numbers of letters will show nearby—Fig. (9).

*Automobiles—*Appear outside of maps. When two meet, collision. One near road, journey by automobile can be predicted. Several people standing by car: dry, buying car; wet, theft—Fig. (10).

All objects outside of maps are indicated in outline, as to what objects in life they resemble.

*Affection—*Look for heart-shaped leaf or silhouette of a person near lip of cup. When not found here, there is a distance or an obstacle to be overcome. When married, a separation by journey or other reasons may be looked for.

*Marriage—*A collection of people with heart-shaped leaves dotted among them.

*Engagement—*Tiny circle of leaves around two people.

## YOUR INVISIBLE SELF

*Wish*—After draining, if cup is free from water, the wish is assured. If damp, it will be delayed; if small streams of tea-water run out, it is a bad omen.

*Sickness or death*—Spade shaped leaves or rounded stalks crossed—Fig. (11).

*Divorce*—Two houses holding dampness when placed close together. People sometimes present.

*Birth*—Two leaves representing people, with small square object between them.

*Money*—Indicated by quantities of small specks without definite location or form.

*Legacies*—Property or money derived from inheritance will stand nearby death indications.

*Checks*—Long, narrow, flat leaves close to money—Fig. (12).

*Letters*—Small specks of tea with a noticeable distance between each—Fig. (13).

*Surprises*—A leaf half folded, like a piece of note paper, top-side slightly raised. Dry: good indications; wet: the reverse.

*Jealousy*—Dry circle of tea forming round or near a person.

*Naval Officer*—Man seen in water near ship on coast line. (See maps for this.)

## TEA TABLE ENTERTAINMENT

*Military Officer*—Man seen with flag-shaped leaf nearby.

*Lawyer*—Man with book-shaped leaf at feet or close to him.

*Doctor*—Man standing near table in bending position, as if looking at someone.

*Widower or widow*—Man and woman with death indications close at hand, but must be dry or it represents sickness.

*Divorced person*—Man or woman standing near two houses holding water.

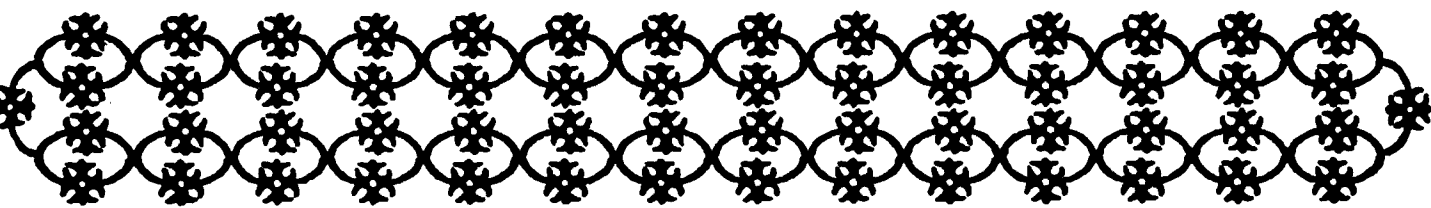
*Time*—From the rim to the base, approximately six to eight months. Up the inside to the rim, as far ahead as three years.





# CARD READING





# CARD READING

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## BOOK FIVE

**M**ANY people enjoy reading cards as their base for concentration. I use a very simple form, which can be used very satisfactorily by the student.

I take a pack of cards and remove the 2, 3, 4, 5, and 6 from each suit; this leaves thirty-two cards in the deck. I hand the cards to the person being read for and ask her to shuffle the cards well, three times, in whatever manner she prefers; then cut the cards toward herself into three packs, face downward.

I then turn each pack, face upward and remove the top card on each pile, and lay them on the table before me. Then I pick up the remaining three piles, making them into one pack. I then deal out three cards at a time, taking the highest card of the three, and lay it next to the last card of the three mentioned above (the top card from the first three piles), and lay the other two remaining cards aside. This is carried on through the entire pack, then the remaining cards of the pack are given back to the party being read for,

## YOUR INVISIBLE SELF

who shuffles them three times, again, and returns them to me, but does not cut them. This practice of going through the deck and taking out the highest card, continues until twenty-one or twenty-three cards are lying in a semi-circle before me on the table. I then look at the remaining cards, which are not going to interest the person being read for, and discuss what they contain.

### *Discards*

If the wish card is in the discard, it does not mean that the client will never get her wish, unless the remaining cards in the discard are very poor ones. It only means a decided delay, and according to the cards around it, what will hold it up or change the wish.

Then the concentration is given to the cards on the table, reading from left to right of the semi-circle.

In reading the cards it is very important to note the cards surrounding those of the highest denomination. I usually read in sequences of three, five or six cards, at a time, commencing at the beginning, or the left of the semi-circle of cards. I must link the meaning of each card up with the other cards concerned, and from this material structure I build up my little psychic story of my client's future.

Time is determined sometimes from placements of the events, where they occur in the circle of cards, whether they are at the commencement, the middle, or the end of the semi-circle. At other times the cards bearing numbers, such as, two tens and two sevens, surrounding the incident being discussed, I

## CARD READING

Speak of it as happening seven hours, days or weeks, even months, as I may think. When the Ace of Hearts, which means home, occurs toward the end of the semi-circle, it means most of the events taking place in the fortune will probably be demonstrated outside of the home. When the Ace of Hearts is placed near the commencement of the semi-circle, then some of the events surrounding it will be of vital interest in the home.

Take the card representing the person being read for by their coloring and with no connection with the general definition of the card meaning.

### *Card Meanings*

*The Ace of Hearts*—The house.

*The King of Hearts*—A gentleman of middle age, of a friendly disposition, sometimes taken as a relative.

*The Queen of Hearts*—A woman with a pleasant disposition, friend or relative.

*The Knave of Hearts*—Alone, means a young man in his twenties or early thirties, of good character and affectionate disposition.

*Ten of Hearts*—The next best card in the pack, after the wish card. Excellent influence for love or friendship connections.

*Nine of Hearts*—The wish card. When it comes out on the table it means that the wish will come true.

*Eight of Hearts*—Kind thoughts. Good emanates from this card in conjunction with those on either side of it.

## YOUR INVISIBLE SELF

*Seven of Hearts*—Pleasant company or good news.

*Ace of Diamonds*—A marriage, an engagement or a big money scheme.

*King of Diamonds*—A man of middle age, good standing, generally. Usually wealthy or having money around him. If adjacent to the knave of hearts, can mean a love interest.

*Queen of Diamonds*—A blonde or red-headed woman.

*Knave of Diamonds*—A young man, rather selfish, usually with money and at times kind-hearted.

*Ten of Diamonds*—A water journey or refers to the seacoast or some interest near water.

*Nine of Diamonds*—Money in quantity to be discussed or in some way connected with the one being read for.

*Eight of Diamonds*—A small amount of money, sometimes a raise in salary or an unexpected check or gift of money. Sometimes only a discussion about money.

*Seven of Diamonds*—Borrowed money being returned or a small amount to be spent or received.

*Ace of Clubs*—A business conference or a good business influence.

*King of Clubs*—A nice middle aged man of strong and reliable business ability.

## CARD READING

*Queen of Clubs*—A woman of talent, force and achievement.

*Knave of Clubs*—A young man of forceful character, often in a profession or high business position.

*Ten of Clubs*—A discussion over important business; a directors' meeting or some good business move of importance.

*Nine of Clubs*—Personal business, sometimes refers to a business change, usually satisfactory, but generally depending on the surrounding cards.

*Eight of Clubs*—Smaller business affairs.

*Seven of Clubs*—Business letters or trivial happenings or discussions of business.

*Ace of Spades*—May indicate a death, a serious illness, a legal controversy or a document in the form of some agreement, possibly of a government nature.

*King of Spades*—A middle aged man, sometimes a foreigner, a widower, generally of heavy build, and rather slow in making up his mind, over business and love affairs.

*Queen of Spades*—A woman of middle age, sometimes a widow, easily depressed but kind-hearted. She often acts as a go-between in upheavals.

*Knave of Spades*—A clever young man, generally out for his own personal achievement, rather secretive on business and personal affairs.



## YOUR INVISIBLE SELF

*Ten of Spades*—A road journey.

*Nine of Spades*—A very disagreeable card; stands for quarrels, breaking up of friendships, gossip, scandal, some kind of definite annoyance; occasionally it stands for an accident, or a traffic tag.

*Eight of Spades*—Bad news, annoyance in business, some sort of depression.

*Seven of Spades*—Change in some capacity. Not very satisfactory or pleasing. Disagreeable news by letter.

### *Card Sequences*

When I have laid out the cards on the table, I may get—

*Three or Four Kings together*—This is generally a business conference.

*Three or Four Queens together*—A woman's party, gossip or a meeting of several old friends.

*Three Knaves together*—Gossip or scandal.

*Four Aces together*—Indicates some change of business or of household, which is not altogether satisfactory to the person being read for.

*Three Aces together*—Good results from a pending decision providing the three Aces do not include the Ace of spades.

*Two Aces together*—If they are of Diamonds and

## CARD READING

Spades, money through a death or a lawsuit may be expected. In all these cases, the surrounding cards have a certain effect on the ultimate decision.

*Four Tens together*—A road journey; some water connection which will involve the making of money that should be satisfactory.

*Three or Four Nines together*—Money or business disagreements which should eventually work out satisfactorily.

*Three Eights together*—Change of house or business generally satisfactory, unless one of the cards is the eight of Spades, then it is disagreeable.

*Three Sevens together*—Less important changes, agreeable or disagreeable, as the general indication of each card is read.

*A Queen and Two Knaves together*—A Birth.

In all sequences, card combinations strengthen the effect and power of the actual value of each card, such as: the King, Queen and Knave of Hearts would indicate a very delightful, happily married couple or a couple to be married. Clubs indicate the same definite culmination of a business deal; Spades, especially the eight, nine, ace, or the seven, eight, nine, are indications of definite disaster.

### *Additional Reading Of The Cards*

After I have completed reading the circle of cards on the table, I gather them up, still keeping the dis-

## YOUR INVISIBLE SELF

carded cards separately, and hand them to the client, and tell her to shuffle them well, three times, and cut them into seven small packs, from left to right on the table, face downward.

Then I begin to pick up each pack separately, commencing with the one they have first laid down, and I lay them down in front of myself, face upward. Then I take the next pack, and lay them below the first, and so on, until I have seven little piles laid out before me.

The first pack indicates the House; the second, What is Coming to Yourself; the third, What you can Expect; the fourth, What you do not Expect; the fifth, What is Sure to come True; the sixth is Your greatest Surprise, and the seventh is How your Wish will turn out.