LESSONS FROM THE BEYOND

by

"JULIA"

Writer of "Letters from Julia", through the hand of W. T. STEAD

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PREFACE

People all over the world know “Julia”, and have read her letters. These letters, given through to my father by Julia A. Ames in the ’nineties, were first published in Borderland.* They were issued in book form in 1896, under the title, Letters from Julia.†

They have brought comfort and consolation to thousands. They have been translated into several languages, and have run into many editions. My father often said that when he was forgotten for many things he had done, he would be remembered as the “amanuensis” for Julia’s letters.

The story of how he came into touch with Julia, and how the letters came to be written,

* A psychic quarterly edited and published by my father during the years 1894-97.
† Later, when more Letters were added, the title was altered to After Death.
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is given in the preface to After Death. It was Julia who first suggested a Bureau of Communication. In 1894, after she had been writing through his hand for several months, she made the following very definite request that something should be done to meet what she felt to be a very pressing need:

I want to ask if you can help me at all in a matter in which I am much interested. I have long wanted to establish a place where those who have passed over could communicate with the loved ones left behind. At present the world is full of spirits longing to speak to those from whom they have been parted, just as I longed to speak to you, but without finding a hand to enable them to write.

It is a strange spectacle. On your side, souls full of anguish for bereavement; on this side, souls full of sadness because they cannot communicate with those whom they love. What can be done to bring those sombre, sorrow-laden persons together? To do so requires something which we alone cannot supply. You must help—but how? It is not impossible. When it is done, death will have lost its sting, and the grave its victory.
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After many years of waiting, difficulties cleared away, money was provided, and "Julia's Bureau" was started in 1909, and the way for communication was opened out for many. There were those who were scandalized and horrified, but there is no doubt that good work was done, and many found comfort and consolation through "Julia's Bureau" during the three years it was working.

When the "Titanic" struck an iceberg and sank in mid-ocean in April, 1912, and Father joined Julia on the Other Side, the Bureau had to be closed for want of funds to carry it on. Both Father and Julia told me then, when I was disappointed and sad at having to close, that at the right time, when it would be badly needed, it would be opened again; and in 1914, just after war broke out, when it was indeed badly needed, a lady came forward and provided the means for reopening. This lady, Mrs. Bayley Worthington, has been our loved and honoured president from the day we reopened, and she has helped us constantly ever since.

The Bureau was reopened under my father's name. By Julia's request we called it "The
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W. T. Stead Borderland Library and Bureau”
He has since given me this further information with reference to their work together.

The love and unselfishness of the workers, the joy of those on both sides united again through the conditions and power around Cambridge House (the headquarters of the Bureau) were all shown in the building corresponding to it on this Side. The effect of Julia’s Bureau on this building was marvellous. It was almost transparent and of a rose-pink colour. It was explained that it had been specially sanctified through the work carried on there. I, they told me, had been specially chosen with Julia for this work. When it had reached a certain stage, it had been necessary for the work that I should be on this side.

Cambridge House, alone of the places I had known on earth, was surrounded by a great white light. Through it I beheld the vastness of the work in which we have been privileged to be connected by our activities in the house of which I now saw the spiritual counterpart.

I turned to the one who was with me, awe and wonder filling my soul at this expression of God’s goodness to me. “My brother”, he said, “this work was entrusted to you and Julia. It was hard and difficult. It was not a smooth and easy path, but you proved worthy of it. You have helped to bring understanding to many in the past. You have been allowed now to see the vastness and wonder of the work, and the power of the workers on this side, and this, my brother, is only the beginning”.

My father left me his Library of Psychic Books, and these made the nucleus for the start of the
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"Borderland Library", which now consists of over one thousand books, all of which, excepting rare books of reference, can be borrowed by members. We have had our headquarters in many places since we reopened, and are now housed in No. 5, Smith Square, in the house in which Father spent the last years of his life here.

Father and Julia are our Presidents in Spirit Life. They guide, direct, take a keen interest in and keep in touch with all that happens.

During the year 1927, I received impressions and messages from Father and Julia, indicating that Julia had ready a further series of letters which she was anxious to give out to the world, and only awaited the channel through which to give them. There seemed to be a difficulty in getting the right channel, owing to the fact that it was necessary to find an amanuensis on the Other Side as well as on this. The reason for this is explained in Julia’s letter, given later.

I waited, knowing that they would find the necessary clear channel, and it was not long before they did.

They chose Corelli Green to write down the
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messages on this side, and her daughter May, who passed on in her eighteenth year in 1921, to act as Julia’s amanuensis on the Other Side.

There is a very close link between May and her mother. Soon after her passing May was able to write through her mother’s hand. She has given many messages in this way, and some of the first, telling of her arrival and the work she and her brothers* are doing, are published in a little book called Life in the Summerland.† The simplicity and naturalness of these messages have brought hope and comfort to many a mother, and have opened the way for them to get into touch with their own children.

Four years ago May’s father joined her and her brothers, and the mother is left with a son and a daughter on this side. They were always a united and loving family; their love has bridged the grave, and there has been no real sense of a break. Those on the Other Side always keep in touch with their loved ones here, and are continually writing of what they are doing, and all are working together to bring the truth of

* May has three brothers with her: one passed on as a little boy, and the other two through the war.
† Obtainable from “The Borderland Library”, price 6d.
PREFACE

life after death, and the reality of communion, to the many who have not yet realized the wonder of it. Dan, one of May's brothers, who was shot by a sniper in Mesopotamia, on February 25th, 1917, first pierced the veil and got through to his mother on Peace Day, 1919. He kept on impressing her until she took up a pencil, and he wrote through her. His words, bringing as they did the assurance of his continued life, and his ability to communicate, brought great joy and happiness to that home.

May was on this side then; it was not till four years later that she joined her brothers. Before she passed she developed great psychic power, and through her the loved brothers and others were able to communicate. The next life became a very real one to her, and she passed to it prepared and ready for what it would bring her.

Mrs. Green was brought to the Borderland Library by a mutual friend soon after Dan had "broken through". We felt in sympathy as soon as we met, and we have been close friends ever since.

The receiving and giving of these further
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letters, or "Lessons", as Julia prefers to call them, has been a joy and a pleasure to all concerned.

Soon after Julia had selected May for her amanuensis, I received the following from Mrs. Green:

May says, "Julia gives me the following":

It is many years, in the way you reckon in your earth time, since I wrote through the hand of our dear friend W. T. Stead, who is now nearer in spirit and one with me in the work for God over here. I should now like, with the help of a channel such as we have on this side in your daughter, through your hand, to write to William's daughter, Stella.

I have many lessons from the greater heights to give my dear friend and fellow-worker, and if you can soon arrange to take them, it will be a gratification to myself and to your dear and loving father, who works so hard in the cause of humanity.

Since he allowed me the use of his hand and brain, I have learnt more and progressed further, but I still may write, I still may help the earth people, and I still may teach the greatest of all lessons, the lesson understood more fully and more wonderfully when we stand on the upper planes, move in the Presence of the Christ. That Lesson is Love.

While sojourning in material conditions, the Master was my greatest Light. Now in the direct Presence of His
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Glory, that Light surpasses anything I can possibly explain. We work here without a shadow of evil. Nothing but purity, light and love surrounds us. If we were not attuned to these conditions, we could not face the beauty of the majestic purity of our King in His own Kingdom.

There are many lessons to be learnt. I would like to give them while there is yet an opportunity. It is more difficult to come into direct contact for written messages as we progress, but we can pass through many channels, and the present one seems an easy medium, for there is the help of many workers, and May is a blessed spirit of Youth, watching ever near her mother.

There are many kinds of churches, and many mansions in the Spiritual Realms. According as we are able to bear them, so we make our natural progression thither. In the Christ Realm, the white and beautiful realm, to which all followers of the Christ strive to be attuned, we meet under His Personal Aura and stand in the immediate glory of His Love.

Dear friend, I am proud and grateful for the way in which you strive to follow your Spirit Presidents' instructions. When we cannot get all through, we wait, knowing that in the sincerity and love of your own true heart, you will feel sooner or later the impressions we send you.

Your dear father is still the same impetuous man, but here he is learning to acquire the watchful, patient spirit which must be maintained by all who are chosen for God's work.

I will come again. This is just a line to encourage and to help.

Your ever loving friend,

Julia Ames.
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So we sat, Mrs. Green and I on this side, Julia and May on the other, for the Lessons to be given through. Their presence was very real to us. One lesson was given at each sitting.

We feel that those who have read the letters given by Julia through my father's hand will recognize the same personality behind these.

That these may, likewise, be a source of comfort to all who read them, is the sincere wish of all who are being used for the purpose of giving and getting them through.

E. W. STEAD.

July, 1930.
Lessons from the Beyond

CHAPTER I

GOD IS LOVE

The greatest lesson of all is Love, whether it comes from the Earth Plane, from the Summerland, or from the Lower Astrals; but above all, the lesson from the higher altitudes of life is still in a greater and more beautiful degree Love; and in this chapter we want to take Love as the one subject above all others. Upon the beautiful hills of the Christ Sphere the light of Love permeates everywhere, through every being, through every thought. The roseate hues are blending with the golden lights from the Christ figure. Oh, dear friends, however can I describe to you the figure of the Master!

Love is known on your side of life, commencing from your earliest days with the love of
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parenthood, and, to some extent, the child-mind grasps the all-powerful love which is brought into his little being from the Creator. If you could imagine the greatest power that Love can bring on your side, pause a moment and try to intensify it a thousand-fold, and even then you cannot realize the true meaning of Love on this side.

When first I gazed on my Master face to face, I felt the overflowing of His Love into my whole soul. I could not speak. Tears of joy welled forth. I felt that all was Love, pure and beautiful. Look over the great white cities where we dwell. Come in spirit and stand beside me. The thoughts sent forth by the many who dwell here become increasingly beautiful as they progress, and give the hue that colours in beauty the wonderful scene. What you must learn on your side is the Love which knows no self. I mean by this, that no Love which is brought forth in any self-glory can be used for the Master. His is the work we are sent forth to carry out, and we must start by humility. On your side many
GOD IS LOVE

hearts throw out loving thoughts, and many homes are made happier for it. But—and this is an important point—so many feel the pride that has made others respond to their all-important work. The work here knows no satisfaction except the pure love which prompts it, and the Master's smile; the Master's blessing is all we require.

If you could stand within our Temple and join in the praise which is carried forth on vibrations which grow in strength until they reach the very fountainhead, you would know what I say is true. Love and only Love can prompt such thanksgiving.

There are many lessons prepared from this height, and many that will be given quite easily; but in this first chapter I feel that I must impress on all who may read, that nothing we do, or think, or say will be of any use without the roseate hues of love.

Before we finish, take a little picture. The dawn has shown a grey clear sky, and then a streak is sent up, and another, and another of brightening hue, until the sun all resplendent in power and glory bursts forth.
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The grey is the opening of the day in our souls. The roseate hues are shoots of Love, until our lives are made brilliant by the Light of God’s own Love.

Now this will do. It is just a little opening to lead the way to other lessons.

JULIA.
CHAPTER II

SPIRITUAL PROGRESSION

The progression of the Spirit is one which is very absorbing to us who watch it from the earth condition till it reaches the higher states of consciousness, the higher planes of life.

In this chapter it is the intention to give an idea of the progression from the earthly life—not to consider the various progressions through reincarnation; that will be dealt with in another chapter.

You can understand to some extent how anxiously we watch the dear ones left behind, how we feel for the struggling spirit in its earthly body, and how we understand the difficulties, the many misunderstandings that material conditions give to the encased spirit. When a babe first sees the light, it has little of the spirit that stands
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by, watching and gently guiding the tiny actions. It is later that the full control is taken of the body, when the incarnation fully takes place, and full power to use the body is gained, and not only body, but mind. As soon as the spiritual outlook is gained, many are slow in grasping its purport, while others see dimly that progress is being made. There is only one way to gain the real progression, and that is by aspiration towards the Light, towards the realms of higher consciousness. This is a most important truth. Remember, friends, you will never progress towards the spheres of spiritual conditions except by upliftment in aspirations. Begin to realize how every day and every hour—nay, every minute of your life should be lived, by your conscious uplifting to higher vibrations than those of the material and physical world.

Spirit encased in matter needs to raise itself by loving aspiration and thanksgiving to its Maker, the Father of all spirits. How true are the words: “God is a Spirit, and they that worship Him must worship Him in spirit and in truth”.

From this Sphere, where we can see the real
SPIRITUAL PROGRESSION

actions, not the material side, we are greatly concerned with those whom we have left behind. You cannot understand how we watch, and when we see the backwardness of the spirits whom we long to help, how sad we are bound to feel. You must try to understand. But we guide, we pray, we impress with every loving thought; and in the end we are generally made happy, if not from the earth-plane, then from the plane into which the friend has come by his or her own condition. You need never be on a plane that you would not choose, and yet this is too often achieved. The spirit released from the material body finds himself in darkness, not because he wantonly sinned, but very often, and far, far too often, because he never realized anything beyond material conditions. Thoughts are LIMITLESS things. Thoughts give more to the condition of the spirit than any amount of words. Many creeds, many spoken declarations of faith, many sermons—and yet do they really give what the spirit needs? Thoughts pure and holy send the spirit to realms of peace and shining glory. Thoughts crude and vicious send the spirit to the lowest hells. See
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how much may depend, nay, does depend, on the attitude of mind.

When we touch on the reincarnation of spirit, you will understand more about the changes that each life must bring, and how a slowly-developed spirit has to be brought again and again into contact with the school of matter, to learn to overcome the lessons which have been set and which it has failed to learn.

We are still progressing over here, ever progressing, and even here many different stages are reached in different periods. You cannot understand the periods, because time and space are, later, non-existent, and you in your finite mind could not learn yet.

The way of the spirit is a glorious way when followed in the manner taught. The progression is never finished, until in aeons of ages we reach the Godhead to be rejuvenated, and again sent forth.

There will be more on this subject, but it is a difficult one, and what I want to teach you now is that only by aspiration to higher things can any progress be made.

God bless all my friends.

Julia.
CHAPTER III

PROGRESS THROUGH ASPIRATION

The message prepared to follow the last, is one which I hope will give practical help in the way of teaching a little about methods connected with the aspiration of the spirit. I told you, friends, that you must never forget that all progression must come through aspiration; therefore it behoves me to try and give some advice on the method of aspiration.

I can teach no new lessons, I can bring no new truths, for all has been taught before; but what I endeavour to do is to put things in a new light, perhaps, and from a different angle, from these realms of life from which I come.

You all know the text, "Pray without ceasing", which is another way of saying "Aspire to the higher vibrations". It is obvious that one cannot always be on one's knees. No human being can spend his or
her earthly life upon the knees; therefore this unceasing prayer must be an ever-conscious link with the Divine, must be a never-ceasing aspiring after the higher vibrations, and by so doing linking up one’s whole soul with the Divine and higher consciousness. We come from realms where all endeavour to lift up their being in ever-increasing response to the call which comes from the Christ. We are all consciously linked with Father, Son and Holy Ghost when we are on the higher planes of being. And as we are so linked, you can link with us and also reach the Christ Sphere with your spiritual desires. “Pray without ceasing”, therefore, means throw out your whole spirit in conscious union with the Divine. By a thought on to the ether, the spirit intercourse is touched. As a stone is thrown into a pool of water, so a thought of upliftment can be thrown into the vibrations of ether, and circles of light flow out to raise it with you into the right upliftment of spirit.

Let your first thought in the morning be one of praise. Let your song of praise continue all day and keep in that spiritual condition, and
PROGRESS THROUGH ASPIRATION

let your last thought at night be another Te Deum to the God of all spirits.

I should like to take you with me through the planes of spiritual progression from the Summerland to the Realm in which I live and have my being linked with the most perfect vibrations of the Christ. When you touch the Summerland, peace is the first wonder that fills your soul—such a peace as the earthly life never could bring. But I do not say that it is impossible to live in that peace, even while in the physical condition, for it is possible, though scarcely ever attained.

After you have let the peace sink into your soul, the love which is surrounding you is realized, and then you know that all is well; you are forever in such a condition of conscious union with the Divine.

Now what you must learn while still in the material school is to get that link prepared and strengthened. That is done by your own efforts to reach up ever higher, ever consciously—for the link of the vibrations must be a conscious one. Should you sink to a lower level, your link
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will drag you down, down, down, simply because you have no resistance and no desire to rise.

My friends, remember that prayer is the inner voice of the spirit. It has nothing to do with material things, it must be the uplifting of the soul’s voice to its Father and Mother God. I shall hope to give you a very concise explanation of our worship here, but it is only a beautiful combination of all spirits uniting together in one great harmonious whole. If you on earth could only be harmonious, what a different vibration would the earth-plane feel, what a magnificent Te Deum would vibrate to the higher source of consciousness!

Remember the three lessons I have now tried to bring more pointedly before you. Love, perfect Love. Progression only attained through aspiring to the higher things of life. Aspiration—the prayer without ceasing, which means a conscious upliftment and union with the Divine.

God bless all our efforts.

JULIA.
CHAPTER IV

CONSCIOUS UNION

We have now to consider the inner consciousness, and realize in which way this wonderful connection or link with the Divine is made. Prayer, aspiration, love—nothing can be done without all these. But what I want to emphasize this time is the conscious union with the Divine, the conscious link with our Father and Mother God. The God of Love is always with us, the all-pervading presence can never be absent from His children. What we do get away from is the consciousness, the inner fulfilment of the Divine essence through our own blindness. The blindness of the men and women on earth is appalling. The great love which surrounds them is ignored.
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The never-failing providence which supplies all their needs is forgotten, or never realized at all. Now, how can a spirit progress without this knowledge, without the link, the conscious link with the Divine?

A mother tends her infant, and the babe is happy, quite unconscious of the source of its happiness. You people on earth can be happy with all your wants supplied in a material sense, but there is no lasting happiness unless the consciousness of the unbroken link with the Divine is known. There are many stages through which we live, and there are various stages of evolution.

Now what we have to learn—alas, through many tribulations, often through much heart-searching—is the truth of the glow of the eternal spark, alive, palpitating and beaming in our very being throughout our very lives. If I tell you to love God, to praise Him for all His goodness, you may try, you may even lift up your spirits and try to get into the higher vibrations; but that is not enough. We have to know that the God of Love is within. We have to feel His spirit meeting ours. We must realize that it is our life which is His life, and when we
CONSCIOUS UNION

come into living contact with this knowledge, then we know what it means to be in conscious union with the Divine.

As I told you before, no progression can be made without aspiration, never-ceasing aspiration; so I tell you now that through this aspiration we have to learn and feel the link which unites us to the Godhead, and no spirit can progress unless this link is made fast. How many lives are spoilt for the want of a clearer knowledge of God, how many spirits arrive this side, not because their deeds are evil, but because they know not God and have never known that the Divine Spark was within their own being, to be made brighter and clearer through the conscious union with the Divine Head. Christ is the manifestation of this Divine Head. Christ knew the meaning of the ever conscious reality of Divine unity. Christ is our example. He never forgot that He manifested His Father. He never forgot that He and His Father are One. Why do we, His brethren, forget this? Oh, friends, realize while on the earth-plane that the blessed hope of
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your calling is the union with your Father. Realize that with this knowledge nothing is impossible—for with God all things are possible, and you are a branch of the great vine. When Jesus said, “I am the Vine and ye are the branches”, He was speaking for His Father. God is the one great Vine, ye are all the branches. May no branch be dead that should bear fruit. May your inner consciousness grow so that your share of the work, that your branch, may be a worthy one, making a fitting union with the great whole.

With JULIA’s love.
CHAPTER V

THE MEANING OF LIFE

FRIENDS, I have a question to ask and a question to try to answer—namely, "What is the meaning of life?"

Have you ever asked yourselves seriously what the meaning of life is in reality? What is life? There is no beginning and no ending to life. God is life, eternal, everlasting life, and His Life Force has brought you, every one of you, to the consciousness of life. You always lived in Him. He has brought you forth through many, many evolutions until you reached the conscious existence of your being. From the life-source of the Creator, from the bosom of the Mother and Father God, you have evolved the full consciousness of life. Now, what is the meaning of this life? What will
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you do to fulfil the manifestation of the God force in you? Before you reached your present evolution you were in a passive state, just a life force without a conscious effort of living. Now you are after the fashion of your Maker, after the fashion of the word which was made flesh, which was manifested from the Fatherhood to give a clearer vision of the manhood to be upheld by you. What, then, is the meaning of life?

Life has to flow according to the law of nature, the universal law of the cosmos. Life is in every section of the great universal scheme of God’s creation, and you, yes you, my friends, are all individual manifestations of that life force, and conscious manifestations, so that you must follow out the laws according to the Creator’s dictates. But there are two ways of following life: one to keep as near to the manifestations of God’s real purpose, the other to drift along according to the natural laws of being, but marring everything by keeping on the lower plane of living and thought, and falling away from the great manifesting Spirit of the Master. We cannot drift on in aimless wandering through
THE MEANING OF LIFE

the life of the physical plane and find ourselves progressing on the spiritual planes. Therefore, I want you to determine what life means to you.

I have a word to say about the poverty of mind we find in many individuals who do not necessarily drift consciously, who even are considered good Christian people. Oh, friends, guard against this poverty of mind; there is no need for it. With God as our life-force, the Christ Spirit as the word made flesh for our example, how can we drift on without the real meaning of a great life being radiated throughout our beings; and when a great life is realized, surely the love, the prayer, the consciousness of the unity with the Divine must be felt by one and all? Yet it is not felt by so many, and why? They know not the meaning of life. If life is to be realized, then the soul must be uplifted to learn its lesson from the higher vibrations than those in which the physical world vibrates. That is why spirit must raise itself to spiritual realms.

Now learn from these vibrations, and I will help you.
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God is a Spirit. His word is Spirit. His children are Spirit. He placed you, for a short period of evolution, into a physical school, a school of matter, because His purpose has to be learnt in all stages of evolution, and the physical stages are most important. I do not mean the all-important, but a very firm link in the chain of evolution. He had a grand purpose for your evolution, even the scheme of life which He Himself ordained. Are you fulfilling the part you have to play in the universal scheme? You have many lessons to learn, among them Love, Humility, great Joy in the service of the Godhead, and an overwhelming responsibility in the manifesting of the God-force.

It is hard to give all I should like from this side, but this you can understand: if you mar one smallest part of the great Weaver’s design, it will have to be unpicked and re-arranged and worked over and over again until you have made good where you failed. Unfortunately, you cannot fail alone. If you err in your work there are others you have caused to err in theirs and they, with you, must remake, remodel the
THE MEANING OF LIFE

life-work you have been placed on earth to achieve. Hence we have to learn that the Spirit reincarnates until the design is corrected and made good.

Now, what is the meaning of life? It is an everlasting progression to work out an eternal design, planned, sustained and given by the greatest Weaver, the Father and Mother of all, the God of Love.

Now think over this lesson; it shall be continued.

Love from

JULIA.
CHAPTER VI

PERSONAL RESPONSIBILITY

From the threshold of the higher realms we stand to meet you on your Borderland, and so the two conditions of life can meet, can converse and interchange ideas. This is a part of the life of the Creator's plan, and a part of the meaning of life is here also shown. As you lift up your eyes to the heights, we from the nearer heights stoop down to meet you; and as the spirits from the lower heights rise or aspire to the still higher vibrations, so they receive the lessons brought down to them.

In these talks I always want to be practical. High-flown language may carry the emotional instinct to a greater height, but that will not last. It is the practical use of the lessons which is going to help you, and, friends, I desire to be practical. You have been told of the
aspirations of the spirit and the use of the same for the progression of your spiritual upliftment; now continue with the practical side of the meaning of life. Take your own life, for instance. You have been placed in a certain environment, you think perhaps by accident, but this is not so. It is the environment in which your progression placed you, in which your further evolution has to continue. You are shown certain lessons, certain truths which you have to learn. But it is up to you whether you learn them or not. Some people seem blind to the many openings which show along their life’s road, and others are so evolved that the unreasoning power of faith leads them on. It is good, but still better when a certain reasoning is followed and the work of God shown forth by those who can learn, not by intellect only, but by an intellect God-given added to faith.

We meet you on the threshold of your earth’s developing school, and we lead you by many paths, in diverse manner, to follow out the line of life which you have attained unto. Take,
PERSONAL RESPONSIBILITY

for example, your youthful ambitions. It is right to have ambitions, but it is not right to go blindly at them without prayer, without the conscious union with the Divine. It is not right to ride roughshod over everything to attain your own ends.

Many a young man and woman, born with gifts that are developed from a previous existence, come into their new state of evolution and go blindly forward, hitting their heads against brick walls and doing nothing for their evolution. Now to continue a steady path of evolution, it is necessary, absolutely necessary, to aspire, to pray, to follow by faith the hand of God, and the hand of God is always shown very clearly in the lessons of the Master. You have only to take the Christ example and be a Christ yourself; then the path will broaden, will lighten, your daily duties will become daily achievements. Your help from the spirit realms will be to you a reality, not some distant life to be lived in a possible future, but the past, the future, will be the present.

Take this lesson now. Think of all the days
LESSONS FROM THE BEYOND

and years in your short span in the earthly school and see whether you are really achieving, through prayer and faith, the lessons which you came to learn. The greatest lesson is Love, and if that is properly learnt the other work needs no learning, for Love is the teacher of all good, and, as you have already been told, let Love reign supreme.

I have often watched a life and striven to guide a young man's steps, which I have seen going blindly down the hill. But there is great difficulty from the Sphere in which I now live to make contact with the lower instincts of man, and it is only by our prayers for help from the higher sources, and through messengers from the nearer planes, that we can really progress in this matter.

The lesson which I want to impress now, is that you are here on earth for a definite purpose, for a definite period, and if you do not follow out your lesson, and correct your faults in that given period, there will be more and it may be harder times, harder lessons to return to, and your evolution is kept back, your progress in spiritual realms greatly retarded.

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PERSONAL RESPONSIBILITY

Consider how you are placed, see what your duty is, and find what gifts you have had bestowed upon you, and as the gifts are used, so more will be added. As lessons are learnt, so the cleaner page is turned over, and as you progress spiritually, so will you be ready to enter into a high state of consciousness in more perfect union with the higher realms. A greater love will radiate your being than ever you have felt before.

God bless you all.

JULIA
CHAPTER VII

NECESSITY FOR PREPARATION

Again the meeting of the Two Worlds, again the conversing of spirit to spirit, and again, dear friends, I greet you with words of hope and cheer. Our Temple of Love stands high upon the hills of the Sphere of many mansions, and in the Sphere where I am, the Christ followers all go to prepare themselves for His work, for His messages, into the sanctuary of His Temple of Love. I want this time to impress upon you all the necessity of preparation for the Master’s work. When we come to give you these messages, we do not come unprepared. Apart from the writing of the Script, which is prepared already, we have to prepare for the giving forth of the same, and before every lesson we go into
LESSONS FROM THE BEYOND

the sanctuary of the Christ Temple of Love, and prepare ourselves by prayer and uplifting of the spirit to the great Master Spirit.

When you have work to do, remember the necessity of this preparation. It may be a seemingly small piece of work which has been given you, or it may be an important message to give forth; yet in every case there must be a clear channel, and only a special preparation for the work will make it satisfactory.

Now follow me while I try to show you, in a small degree as perforce it must be, how we prepare. The Temple stands, a glistening building of alabaster, white on the heights of the higher realms, so that all who dwell there may be in constant touch with its wonderful vibrations. We enter to the soft strains of heavenly music, harmonies that fall into our being and melodies that vibrate through all our thoughts. We take our accustomed places and wait for inspiration, which never fails to come. We raise our aspirations to the Master, and to our Father and Mother God. Kneeling there we receive the strength, the enlightenment which never fails to guide us to enable us to follow out the service
NECESSITY FOR PREPARATION

for which we have made our petition, as well as thanksgiving.

Now I want you to realize that your work is as important as ours, and needs the same preparation, the same thanksgiving, in order that you may be channels of the God of Love to do His behests, even as we can be from the higher realms of consciousness. Never for a moment lose the consciousness of your complete unity with us and—above us—with the Divine Head. There is joy, perfect joy, in the service of the Master, and only those who experience it can know the perfect union which such service brings. The whole universe would unite in thanksgiving if only this perfect union could be thoroughly realized, but, alas, we have to turn from the brighter side too often and are made to feel that there is a terrible Bridge of Sighs.

We speak of our beautiful Bridge of Love, but there is another picture that too frequently reveals itself, and that may be called the Bridge of Sighs. It is up to us and to you, dear friends, who have found the Bridge of Love to go out in the fulness of that love to
LESSONS FROM THE BEYOND

help those in the shadows of the Bridge of Sighs—the mourners who see no light because an earthly body has been dropped and a spirit taken to the spiritual realms. How can you stand by and not cross that shadowy bridge of theirs, to help and gather in the mourners to the bright and shining way across which your Bridge of Love is thrown!

There are those among you who understand, and those who should understand but stand in vague doubt. Go into your Temples of Love. Prepare yourselves for God’s vineyard, for the harvest is ready and the workers are too few. I watch the sorrows of the earth and then I turn to the Summerland where all the children grow in love and brightness, and again lift up my spirit to the hills of the upper realms where it is still brighter, and I have an intense yearning that those who dwell on earth around their bridges of sighs might see even for one second the many mansions on this side.

You who are still on the earth-plane must work and work hard, for you who have seen the Love light from the realms of spirit cannot withhold the truth; but when you work, remember
NECESSITY FOR PREPARATION

that you must wait upon God in your Temples of Love, and then your souls will have the inspiration that is needed for the work to which you are called.

God Bless our efforts.

JULIA.
CHAPTER VIII

THE LESSON OF FAITH

We have now discussed a little on Love, Prayer, Progression through Aspiration, the True Union of the Spirit with the Divine, the Meaning of Life, and the Preparation for the Services of the Creator and the Master Christ. Now I will take a definite subject for our lesson, a difficult subject, but one very necessary—namely, the Lesson of Faith.

There are people in spiritualistic circles who say that faith is unnecessary, that all is proved by facts, and that faith is not to be reckoned with when so much can be proved by phenomena. But let me tell you that faith is all-important. Faith alone will guide you into these all-spiritual realms. Phenomena proves the existence
LESSONS FROM THE BEYOND

of the Hereafter. Phenomena brings comfort in a definite shape to many

FAITH IN GOD'S
PURPOSE IS
ESSENTIAL

a sorrowing heart, but if faith
is not kept clear and shining,
there will be no real progress,
no real joy, no real happiness

in the outlook of the future. So, my friends,
it is by faith we reach out unto the unknown and
for the higher teachings of the Spirit. God,
in His great universal plan of the cosmos, gave
all His creatures power to manifest in various
manner His Divine Laws, but no one has ever
seen God, so it is by faith we say we know
Him. It is by faith we trust Him, and it is by
the hand of faith that we must and do take all His
gifts. Phenomena has given a wonderful rung
to our ladder of faith, for it has proved to us on
the first step of all that there is a higher state,
an after-life to reach out to. And as we mount
step by step this ladder, thrown down to us from
Heaven itself, we gradually let go the first
lessons received from phenomena and mount
to the spiritual and higher vibrations where
all is attained through faith.

Take, for example, a child who learns from his
THE LESSON OF FAITH

parents to take the gifts offered from their loving hands. Gradually rising from the infant life to the maturer stages of manhood, he is left by the parents and helpers of his childhood and has to remember the lessons taught and carry on his own development by a faith in the unseen. He may not realize this himself, but it is true, nevertheless.

We either step up rung by rung the ladder from earth to heaven and grow spiritually, or we remain on the bottom rung. You who are growing day by day are growing by faith, otherwise you must remain where you are. Do you realize my point? You do not analyze the meaning of the growth by which you are being raised, but if you will consider just a moment, it must be obvious, surely, that no spiritual height can be reached except by faith. The angels themselves must trust, and by perfect trust show their faith in the great hierarchy of the greatest of all spheres, the Sphere of the Fountain-head of the Divine. Where is that Sphere? Where is that Fountain-head? Who can tell? Only the eye of faith can raise itself towards such wonder; only the ear of faith can listen to the
LESSONS FROM THE BEYOND

lessons sent forth to the universe of God’s creation.

You must all live by faith, but thanks to our loving Father it is possible to be given strength from plane to plane, from sphere to sphere, by which the eye of Faith is made perfect by knowledge and the ear of faith is attuned to the next step of our progression by the fulfilment of the lessons it has already received. You will never know what our spiritual realms are like until you reach them. We cannot give you the real beauty in the descriptions that we strive to give in your earthly language; and your brain is not able to grasp the infinite or the higher spheres in all their loveliness, because your finite minds have still to be opened and other dimensions shown.

The lesson to carry home to your hearts now is: Live in the faith of a faithful Father—a loving Father and Mother God.

Love from

JULIA.
CHAPTER IX

WHAT ARE YOU SEEKING?

Again we meet from the higher altitudes to come into contact with the friends still dwelling on the earth-plane, and I wish you, dear friends, would realize more entirely the beautiful communion of spirits between two worlds that can be touched from the heights.

I have now to ask a question. What is it you are seeking in this spiritualistic movement of ours? What come ye out for to see? Is it phenomena alone? Is it the rending of the veil to the clear and open vision? Or is it for the spiritual progression? What are you seeking? If it is purely phenomena, close the book. Shut down the window. Leave the visions that you cannot raise above a material basis. We on these higher planes also have our communications, our clairvoyance and other mediumship into
LESSONS FROM THE BEYOND

higher realms than ours, and when we turn to the lower realm or the earth-plane, it is to minister to and to serve those whom our Master came to serve, for whom the Father sends out His willing messengers, and we are His willing messengers, in various degrees of work. It is this that makes His work so beautiful. Unless we are willing workers it is of no use to try to enter into His service. He would only give others the work that He offered to us.

Now, what are you seeking in this wonderful communion from plane to plane, from sphere to sphere? We give you the truth. We give you the reality of the work that is needed, and if you are not seeking in this movement to carry out this work on the right lines, close the chapter, dear friends, you are not ready for God's manifestations. Phenomena is the A.B.C. of Spiritualism, the bottom rung of your ladder. Give it to those who mourn, and then raise them up step by step to realms that have not yet been dreamed of, but that God in His wonderful love is trying to lead you up yourself to realize. If
WHAT ARE YOU SEEKING?

your lessons are given in the right spirit, and in the true love and sympathy to those you help, you will be as a light in the darkness of materialism, as a beacon to a drowning world. These lessons are given to help you raise your lamp aloft.

I have been in touch with great spiritual beings in Spheres above my own, and know how truly the power from above can be poured down and enter into the soul. I now in my humble way wish you to realize the love and power that can be brought by me with other spirit helpers, all working willingly and gladly for the Master whose servants we are. Never let doubts cloud the faith by which you have risen. Never let the shadow of uncertainty stain the beautiful way along which you are being led so carefully. Seek not phenomena. Seek God’s Truth. Seek not material things. Seek after the teachings of the spirit. Seek not self-indulgence or vain-glory, but seek after the spiritual vibrations—the upliftment of spirit from a world of matter.

You have all been placed in your right environment. It is for you to learn the truth and
LESSONS FROM THE BEYOND

then teach it. When you have learnt and taught that which you were placed in the School of Matter to attain to, you will again reach the purely spiritual condition. Then think seriously, friends, as you travel along, what are you seeking? The Master sought His Father’s work, and performed that work to the bitter end, and He attained His position back into the Spirit-world from whence He was sent forth. You have been sent forth from a lower evolution, but you have to attain a higher state; and there must be no mistake, either on this side or on the earth-plane, as to what you are seeking, otherwise you will only be sent forth again and again.

Now to be practical. The lessons for you to take with these thoughts are: Seek nothing but what is pleasing to the God who loves you. Let there be no self in the work, but all the spirit of service. Let none who come to you for help go away without the real truth, the real teachings of spiritual progression, and, above all, let no lesson, no help be given without the Light of Love.

Love from

JULIA.
CHAPTER X

WHERE THE SEA AND RIVER MEET

We feel in these our little talks that it is a time in which we can come apart and rest awhile, and it is my great desire that this is to be the case for all who read my messages.

"Come ye apart and rest awhile", said our Master to His followers, and surely no followers ever needed it more than those who are living on the earth-plane in these days of rush and nervous energy. So dear friends who come to read my letters, use them as a means of resting, and while you rest, contemplate on the lessons I am bringing.

This time my subject sounds a strange one, "Where the Sea and River Meet". You can regard your life as the flowing of a stream to the river, and the river to the sea. The early days of youth are spent very often in almost aimless running
LESSONS FROM THE BEYOND

between pleasant banks and bright surroundings. The later years, broadened to the river of life, may be still between green banks, may be along muddy paths where all is not so bright; but in any case, the river of life runs on, and there at the mouth the sea receives it into the turmoil or the many-sided places of a larger, greater ocean. This ocean has untold possibilities, but first let us pause before we enter the greater life and see where the river has brought us, on what lines the life has been developed.

The progression of the spirit, the fulfilment of promises given to us by a Father, will either be developed by us or left alone, passed by. Unless we have attained the full consciousness of unity with the Divine, we are not ready for the great unfolding in the ocean we have reached. While still living on earth, see that your progression is not warped, is not hindered by too much self, by not enough union with the spirit side of life. You cannot get away from the spiritual world, hide your lights, as it were, hide the Divine which is within; it will be of no use, the spirit of yourself will always live, and nothing can change that fact.
WHERE THE SEA AND RIVER MEET

Let us face the question of the life that has been given you. You will never realize fully the meaning of life by merely being active. Activity in God’s service is essential. No servant, no child of His can sleep, but the time when you must come apart and rest awhile is very important, and, as I said before, it is for those times, those precious moments, that I write these letters to my friends and the many seekers after truth on the earth-plane.

Your life, as symbolized by the river, has a wide course to cover. You have to bear many other lives along with yours. You have to learn to keep flowing, to keep helpful, even when dark shadows overshadow you and your waters are sorely troubled. The day is coming when you will stand and look out towards the sea, where sea and river meet. In what way are you preparing to meet that greater, fuller life—that sea with its limitless possibilities and its ocean of work? God holds out His hand. You can leave the narrow passes of the river and join the great host waiting to guide you over safely, over the ocean that still has to be crossed.

Now, dear friends, cross over with your
LESSONS FROM THE BEYOND

conscious mind, not with an indefinite sense of leaving the pleasant shades of earth behind, fearful of what is before, but in conscious union with the great host of spiritual beings, a happy meeting of spirits for greater work, for higher service; then indeed your ocean will be a glorious one. Your hitherto limited life will be one of vast endeavour—all made perfect, however, by the way in which you have progressed during the river time—all made happier by the happiness you have endeavoured to create during the time your possibilities were unfolding.

You cannot recall the many stages that it has been seen fit for you to pass through, but there have been many stages and many THE DIVINE degrees of life. Some of you fear PLAN the doctrine of reincarnation; so did I once when on earth, but you cannot alter the great scheme laid out by the Creator of the Universe, your own scheme of life made clear as everything else in the Cosmos, and you have your development in many stages.

I am not going to force anything fresh in this letter, but I want you all to take your resting times, to watch the stream, the river, and, finally,
WHERE THE SEA AND RIVER MEET
to stand where sea and river meet. I am sure that
with these thoughts you will be able with prayer
to see for yourselves more clearly the scheme of
your own existence. If you are not weaving out
the pattern correctly, the way, the meaning of
your life is changed, therefore another trial must
be the result, and you will be made to return to
your lesson again. For those who reach the sea
with a conscious union with the Divine, their
return to the evolution of life on earth will be
grander and better, and they will have been spared
the lessons so many must learn, and become
teachers of men. So come ye apart and rest
awhile.

Love from

JULIA.
CHAPTER XI

THE OCEAN OF LIFE

The message of the previous week I intended for the younger people who had come up the stream of life, and had entered the broader course of the river in sight of the ocean that has to be faced by all those who live their full span in the material conditions. To-night I wish to speak more of the ocean—with its ceaseless ebb and flow, many dangers, and smoother waters as the harbour is reached in the sunset of life’s little day.

Dear friends, you who have reached that fuller life, where is it leading you? Are you drifting with the tide, are you floating hither and thither? Is your life just an aimless wandering, or have you a decided goal, and are you doing all in your power to reach that goal? Where is the goal to
LESSONS FROM THE BEYOND

the fuller life, the life of the great hereafter? You can only reach it by trusting yourself to the guide of your ship, to the great Poverty of Father of your existence. Heaven is your goal; call it Heaven; call it the Summerland; call it the Higher Spheres, but let your goal be the Christ of whom we learn, for He is the manifestation of the God-head, and through the Christ Sphere we shall eventually reach the full Godhead.

There is so much to be learnt on the earth plane that I want to help you to avoid the mistakes that so many make. You do not know how long you will be permitted to run your earthly span. You cannot tell when the call will come for you to pass on, so make sure now that you are preparing for the call for the greater, fuller life of spirit. Your spiritual condition here will depend so much on the condition in which you left your earth home, not the condition that you meant to come over and pick up on this side, but the condition you are now spiritually living in. It is obvious to those who consider, that life on both sides of the veil must be spiritual,
and you are just as much spirits now as you will be when you pass over.

I stand and look down from this altitude of spirit and see you all as spirits in the denser material world, but simply spirit all the time heavily clothed with physical bodies. To some the physical vibrations are getting lighter and the spirit is enabled to be loosened to a very considerable degree. This makes it much easier for those to feel the union of Divine power from the Godhead. The heavily clothed in matter can very seldom feel the conscious union so necessary for progression, they are weighted down by the grosser matter, the heavier vibrations. By making the conscious effort with faith and love, seeking only for the progression and upliftment of spirit, we are able to loosen our physical conditions by raising our spiritual, and soaring above the earthly condition into the sublimer and lighter vibrations.

Now, dear friends, who have reached the ocean and have such a strong current to contend with, make sure that you have not such a weight over the spirit that you will be dragged down, for
LESSONS FROM THE BEYOND

when once in a heavy sea, you will find it very difficult to keep afloat if you have become weighted with heavy and clumsy vibrations. I use the word “clumsy”, for the body of earth becomes excessively clumsy by the way in which you live. There is danger in the sea of life. Your river may have been very pleasant. You may have had the sunny days of youth without a great strain on the spirit, for the stream which brought you to the river may have been a pure clear channel.

The river learns more of the life that is coming, but the sea is a dangerous material setting, and I pray of you to prepare yourselves for the goal which gets nearer and nearer, for the harbour which opens out in the eventide. There you may come into quiet waters, and there, if your spirit is in conscious union with the Divine, you will pass out into the great beyond, loosened of all earthly clay, unweighted by physical conditions, at peace with yourself and the Father Who has given the power to make this possible. Therefore, friends, let the spirit become loosened from matter even while in the sea of your life.

Love from JULIA.

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CHAPTER XII

AN EASTER MESSAGE

We have met together to write our message, and, my dear friends, as your Eastertide is so near, I want to give the message I had prepared for this time, and if it will help you to live through the beautiful seasons of all the coming Eastertides, then indeed shall I be thankful.

There is no Death. Never in any other period of the Church’s seasons is such a lesson given, and never in any period of your lives can you realize this better than when you read, think and ponder on the first great Easter morn. It is wonderful that you can reach out to us more easily at this time than at any other to receive the lessons of the continuity of life more fully. There has never been a possibility for you to do so before. There is no death: this is taught you by your own loved ones; by the messengers that come
LESSONS FROM THE BEYOND

from the realms of spirit, and more than ever can you learn this from the Master of your life, from the Master of the spirits who live in His own beautiful Sphere—the Christ Sphere. He taught this by words and by practical living, both before and after His resurrection. He says to you all now: While you are yet on the earth remember the words that I taught—remember the fact that I rose, and remember my empty tomb. There is no Death.

I want to give an illustration of our services here that we shall hold, and do hold so frequently. The Temple in the Christ Sphere is of pure white. It stands on a height so that all can see it, and its pillars glisten with the purity of its complete whiteness. We congregate around in many tiers, to use your earth language, and take our allotted seats in preparation for the manifestation which must surely come to all who wait.

We make ourselves ready by prayer and concentration, raising ourselves to the highest vibration of purity with the Love-light of the Christ all around. The music is soft and melodious. I cannot tell you how wonderful are the
AN EASTER MESSAGE

harmonies, and as you in your churches at Easter meet and celebrate the communion of Christ, linking yourselves with higher vibrations, and by so doing getting into communion with the saints and all your loved ones who have progressed, so we link up to still higher vibrations than our own, and the flood of light from more celestial cities is poured around.

Colour invades not only our Temple but our beings. These wonderful shades are thrown off to quite a distance, so that the higher vibrations are linked with ours, and your lower realms are reached by these colours, these beautiful love rays, which even though they grow dimmer as they reach the denser matter near your earth conditions, are still beautiful and helpful to those who watch.

After our vibrations have so linked up with the higher and lower, we ourselves are ready for the teachers who appear to prepare us for the coming of the greatest Teacher. When He appears, we can only bow ourselves to receive His blessing and message. And there is no greater lesson that He can give us than “Love”.

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LESSONS FROM THE BEYOND

His whole being sheds Love, His whole message is Love, and in that Love we learn and can teach you your Easter lesson that there is no Death.

Our Temple is grander, greater than anything you will ever conceive. Our message is also grander, greater than any that has yet been given since the world began. It is the message of God through His loved Son, and that message from us has first come from God through many Spheres, through many Planes. It took form in the Christ Sphere. It became flesh on the Earth Sphere. The Word of God, the great Word of Love. Love made manifest. Love incarnate. Love dwelt on earth. Love suffered, died in the physical sense, but never died in the spirit. Love was manifested in the flesh. Love left the flesh. Love left the tomb, and Love reigns above in the great spiritual union of all the great Universe. That spirit of Love rose, and that Spirit teaches that there is, and can be no Death. The body of earth, made only for the spirit to dwell in, is simply a wrapping. We cast that off with joy. We rise to heights you cannot dream of. And all the lessons we learn, all the lessons we would
AN EASTER MESSAGE

Teach, come through the great lesson—the Great Manifesting Spirit, the Love which is God and the Love Manifestation which we love to gaze on, the Son of God, the Christ.

Love from

Julia.
CHAPTER XIII

SERVICE

As I have said before, we have no new lesson to teach, no new doctrine to put forward; but from a different angle we consider the lessons which our Master taught while living on the Earth-plane, and still teaches through his messengers and servants. I am proud to be His servant, His humble messenger.

You have considered with me Love, Prayer, Progression, and other lessons. Now we want to put some of the practical uses before you, and this time I want you to consider what service to the Master means: what obedience to the Fatherhood may mean to us all.

To begin from the earth-plane standard: you have, we take it, become followers of the Christ,
LESSONS FROM THE BEYOND

you have taken up the task of Love, and will carry your cross as He was made to carry His to teach His followers how this can be faithfully done. I want you each ALL WORK IS to feel you have a great privilege SERVICE FOR given you in the life-work of your CHRIST earthly time. You have a particular work, or works, to carry out, but you must remember always there will be many crosses, many thorns before you can reach the crown which is offered you, the crown of Love. Remember, always—“No Cross, no Crown”. To those who desire an easy life in the physical body; to those who would shirk all sorrow, I can only repeat, “No Cross, no Crown”. To the servants of the Master I can truly say, as He carried His cross, so you must carry yours; then from His loving hands you will receive your crown.

Have you ever realized that people who go through the greatest tribulations are those who can best understand the love of God? Of those who have given of their best, to those God has given a radiant hope which none can remove. I have watched this from the spiritual side over 80
SERVICE

and over again. The war taught this in its many bereavements: mothers, fathers, wives and children, all giving of their dearest; but in most cases perfect Love, which is sent from the Christ Sphere, found a dwelling place in the bereaved hearts, and the mourners consciously and unconsciously have been raised to see more light.

Your service to the Master is made perfect by His spirit shedding its rays about each little act that is done in His name. It is not in the great deeds that He looks for service; it is not in the great sacrifices only that He needs your work. It is in the everyday deeds, in the small cups of water to His children, the smile, the kind action, the ready helping hand, in the small acts that the greatest service is done.

I want all you friends who may find my lessons useful, to bear in mind that every day is full of work for the Master.

HELP AND INSPIRATION
GIVEN FROM THE HIGHER SPHERES

To you to whom so much is given; to you who know the great uplifting of the conscious union with the Divine, there should be no need
LESSONS FROM THE BEYOND

to tell you of the service expected, for unto you much has been given, and therefore it is a small thing that much should be expected. I like to feel that as we, the servants of the higher Spheres, can serve in the fuller joy of service, so we help you to serve in your present calling on the Earth-sphere. We can meet, we can partake of the same work, and, oh, friends, is any work too small, nor any work too great, that is done for the loving Master?

It is not every child who can realize the joy of service, and believe me, there is no greater joy in all the spheres of never-ending life than that of the service to our Creator and to our Master. As the Master said that He and His Father are one, so we, His followers, are linked to the Father through the manifesting spirit of the Son, Son of God and Son of Man.

Begin each day by lifting your spirit in aspiration to the Fatherhood, to the Divine Head, then ask that truth may be shown you, the truth of real service, and the Spirit of the Master will descend through many Planes and help those who ask and really desire His aid. Now, never think the smallest act, never think
SERVICE
the smallest thought for a child along life's road
too insignificant, because as ye do it for them, so
it is done for our Master.

Love from
JULIA.
CHAPTER XIV

"LET YOUR LIGHT SO SHINE BEFORE MEN"

I have come to the end of my second cycle of seven, and before we start on Part Three, as it is to be arranged, I want you to link up the lessons that you have already received, connect them all together with a golden link, and let your shining light go before you to shine before men as your Master has already taught you.

How will you show your light? Not by standing in the market-places of publicity as the Pharisees of old; not by making long prayers and the singing of psalms. That is not the way to keep your light burning for the Master and to help men.

I want to take you to a beautiful building and to show you the lovely vibrations created by the spiritual forces. This is above the plane on which
Lessons from the Beyond

You dwell, and it is necessary for you to link up very closely with us to the radiance from higher realms that you may get a glimpse into this lovely place. The lights of spiritual beings are indeed burning. They are spirits which spend their entire existence in waiting on the Master, and their Master's light is burning. The beautiful colours are shed forth from each servant there who is ministering to those for whom they work. The way they show their light is by loving service, quiet loving devotion, and each act, each individual work, is lit by a radiance which you cannot see until you too can enter into this place of work and service. To show you the various rooms is well-nigh impossible. Every cubicle, every room, has its own particular branch of work, and as the ministering spirits send forth their light, so the light is spread and diffused until it has covered a large area, often reaching to the lowest planes, and even there raising a glimmer of hope and love. This is to teach you that now, while you are linking up your different spheres of work, there should be a radiant
"LET YOUR LIGHT SO SHINE"

flame of light and colour more helpful than any words, for such flames can only be fully lit by the presence of the God of Love, and shed around in His most glorious scheme of life.

You have come through faith to the higher teachings of life. I have tried to show you how the God-consciousness, the union with the Divine, can be made perfect. I wish, dear friends, you would all make this union truly perfect, and then think how the light would be shining! If you all had the perfect knowledge of a conscious union with your God, if the God-force in you were made more clearly definite by your own conscious link, should we have to teach you to let your light so shine before men? No, all your being would be radiating with the Divine Light. My constant repetition of the word "conscious" is made with a definite meaning. You are all linked to the Godhead, whether you choose to have it so or not; but the link is of little avail to you if you are not conscious of it, and therefore it is most necessary that with prayer you definitely learn the inflow of the uplifting spirit of conscious
LESSONS FROM THE BEYOND

union. Let your whole life be light. You can never diffuse what you do not possess yourself; you will never help others unless you have first allowed the Father to help you. And when you have realized that inflow from the Godhead, then you will be ready to let your light so shine before men that they will see and glorify your Father in Heaven.

Now take a practical lesson. Never go about with a dismal face; you cannot, if you feel the God power within. Never think that by many prayers you will have done your duty, because the duty comes from Love. The only duty that really counts must be done in Love, and Love can only come from the God of Love; therefore your light must be Love, for no light will burn in a pure clear flame except it is a light of Love.

These lessons should teach you to link up every day, and all day, with the higher vibrations, and when you learn to stand firmly in God's Light, His Love will be your stay, and you will be sure to throw yours out through the power within you. For as a child of the Father, so you must show your inner consciousness of the Law of Love.

Love from JULIA.
CHAPTER XV

THE GIFTS OF THE SPIRIT

We will consider the Gifts of the Spirit. I wonder how many of you realize the many gifts that can be yours just for the watching and waiting for the manifestation which God will always bring to those who love Him and consciously wait His manifold blessing. The gifts are various and numerous. This time I want to consider with you the gifts that are possible to you. We see truth in all God’s purpose, and if truth is surely found, then every gift you possess must manifest truth. It is important, nay, absolutely necessary, that you cultivate every gift that you have been endowed with. The gifts are at first undeveloped; it is up to each of you, with God’s guidance, to develop your gifts prayerfully. If you develop
LESSONS FROM THE BEYOND

in the real purpose of God’s plan for you, there must also be sincerity, and the truth of the Creator’s purpose will be manifest. If you allow your gifts to be unheeded, and seek only the pleasures of earth, then you will have neglected God’s truth and your gifts will be made of no avail.

There is the gift of Prophecy. We often mistake this gift of prophecy as only meaning the writings of great prophets, and yet nearly everyone may be a prophet if we only realize it. The gift of intuition is often the gift of prophecy. The intuitive mind often unconsciously reaches out to things which will be manifested, and you think this a small matter. My friends, it is a great gift, and all should try to cultivate it to the best possible degree, for the intuitive mind is the prophet’s mind to a larger or smaller degree. I am sure few of you have realized this, but it is so, and I wish to point out the importance of this wonderful gift which shows forth God’s truth in no uncertain language.

Many an earth-dweller has repeatedly said, “I knew it would be so, I told you so”. What
THE GIFTS OF THE SPIRIT

made them know? What told them so? Their own intuition. Their gift of the vision of coming events, and hence the gift of prophecy. Cultivate your gifts, which are many, and God means you to make full use of them. We have various other gifts. There is practically nobody who only possesses one gift, for we are all part of our Creator, we are all from the God-force and part of it, and it is impossible to be a part of the great ruling creative spirit without holding and possessing, at any rate in the embryo state, a great many of His gifts. Take the gift of Vision: some call it clairvoyance. I call it the clearer, open vision. How do you cultivate this? The truths of the Creator are to be told in no uncertain voice when the gift of the open vision is made manifest. There is the open ear, the clairaudience. How do you use this gift? There are truths to be told, also of great force, great dynamic power for those who have the gift of clear hearing. There are the gifts of Thanksgiving, and Prayer, and Love—many, many truths to be shown, and I am only just pointing out how important it is for each of
LESSONS FROM THE BEYOND

you to realize your own particular share in these gifts, so that you may be giving what God has meant you to give and to be, thus manifesting His truths.

The God-force runs right through the whole creation—the Cosmos—the great universal scheme uses the force of its Creator, and we have a large share in this God-force. Use the word "good" force, and see what it means. You can never get away from the all-seeing eye, for the great good is in you and around you. If you are consciously connected with this force, all power is yours, and the gifts which flow from such a source must be yours. Ask and ye shall receive. The Christ knew to the full the power of the God-force within Him, and He used the gifts of the spirit to manifest the truth of God's purpose.

One gift above all others, about which I shall have more to say later, is the Gift of Healing; but now I am only touching on the subject to prepare you, friends, who read my messages, for coming talks on the Gifts of God. You will learn much if you will concentrate and pray for light on your own gifts, and I would earnestly
THE GIFTS OF THE SPIRIT

beseech you not to let another take what was intended for you.

God-given gifts are for use, and if for use, then the opportunity for use is given. If the opportunity is neglected God allows another to do His work, and, friends, can you let Him pass you by?

Love from

JULIA.
CHAPTER XVI

IN THE WORLD, BUT NOT OF IT

You will all have realized that the lessons we bring come from a much higher altitude than you are now dwelling in, and yet it is possible for everyone of you to reach out and function on the Spiritual Planes, far, far beyond your earth-plane. And now it is this that I want you to learn in this lesson. You can be in the world, but not of it. You can be living in a physical body, and yet dwelling on a spiritual plane. Your Master taught this in the beautiful example He left, and we can follow Him in every aspect of His physical life while we are in the material body. I do not say that anyone has ever reached that wonderful upliftment that He showed, I only say it is possible.

Now, dear friends, how will you live in the world and yet keep yourselves untainted by its
LESSONS FROM THE BEYOND

sins and physical lusts, the desires of the flesh, and the worldliness of the life around you? Are you prepared to be in this world of yours, and yet not of it? If so, there is only one road to follow, only one path to tread; the same your Master trod. This road can only be followed by keeping in communion with the Higher Power. By keeping the open vision towards the Godhead, and the great white mansions of the Father. To do this, realize that prayer is the medium to keep open the door of communication. Only by the steadfast eye of faith can we follow after Truth.

The power to lead this life is within you, for God is within. All power can be yours if you realize this. No doubt need assail you. Nothing is impossible, for God-given power is yours.

To keep yourselves unspotted from the world needs great faith and a great love. Without these, you will never stretch out to these realms where the glory of God is revealed.

You have great responsibilities, for you have been given the unlimited power of God, and if you close yourselves and shut out this manifestation of the spirit from your own channels and
from the vision which is given you, then indeed you are to be pitied, for no more will you be with the higher teachers from the Realms of Light, but among the darkened spirits who molest the growth of the Vision.

Now, friends, again—how will you live in the world and yet be stretching out to, aye, and functioning on the spiritual? Simply by being a follower of the Christ and becoming a Christ yourself. In love you must tend the many who need your help. In love you must give out of the great store which has been given you. In love you must guide the erring footsteps and bring back the wanderers to the paths from which they have strayed. And in love hold up the Cross which to you will prove a Crown.

You have the daily life to lead in business or the home. You have had your battle in the stream of life. You have to face the tumult of tempestuous waters. The river meets the sea, as we have learnt before; but when you reach the sea, wait for the Master’s presence, and He will say “Peace” to the rising waters, and then, above the
LESSONS FROM THE BEYOND

storms of life, your own heart will feel the peace that only He can teach from within.

You do not realize this sufficiently, that all comes from within—the whispering voice of conscience. The messages must be taught by those who can enter into your being when God’s power is with you. Drawing from His fountain you will learn His gifts, and Peace, which is yours.

By this conscious link you will know that it is only a physical body that belongs to this physical world, and you will be living on the Spiritual Plane.

Love from

JULIA.
CHAPTER XVII

REINCARNATION: I

Some of you, my friends, are afraid of the word "reincarnation". Some of you decline to think about it, but, believe me, this must be faced, and though I hold no fast rules for anyone, I want you all to realize that our short few years in the present state of evolution cannot serve the purpose of God's great plan. And if you will only glance back over the years and centuries that have gone, you will surely realize that your present state is a very different one from the early fathers', or even from those who are not so far evolved in this present time. You, and we all, live on different planes. We meet, we converse, we touch one another along the road of life. But we live alone for the most part, working out
LESSONS FROM THE BEYOND

our own evolution, and so living on many planes of separate conditions.

Is it not obvious that we must return and return to fulfil the whole plan of the Creator’s weaving? Can you feel that you have reached the point of evolution on which the Master trod? Or even, looking closer, can you honestly say that your state is on the same heights that so many saints have reached?

Reincarnation is a fact, but here I would add there is freewill to a large extent. You are shown your position when you reach this side. You are given a long time, to use your own phrase, to get ready for your next visit to the physical plane. Some choose to return at once, but this is very seldom allowed. The higher growth and progression which we go through in many, many years of earth-time adds to the strength and readiness to progress when we are ready for the life on the physical plane again; and then we can choose with a deeper and wider knowledge the work and environment to which we shall return. There is nothing to be afraid of.
REINCARNATION

When you, my friends, are prepared for the life over here, you are ready for a wider field of work. Your God-given gifts are developed to a clearer, purer state, and you are ready to learn and to work. For the degraded it is very different, and it is almost an impossibility at first to make him realize his lesson.

Now I am anxious for you all to take this lesson in such a way that you may understand simply the plan on which you must work to be ready for the continuous lessons which you will immediately receive when you come to the full consciousness of the change you call death. You, who have learnt in your present state to get that change in a natural manner, waking as it were from sleep to the brighter light of heaven’s day; those of you who have learnt that Love has brought you to the glorious portals, will be ready to enter and meet the bright spirits who will teach still greater truths; and then you will progress far, and if it is necessary to work again at the lesson not yet finished, you will come to the environment that the laws of duty will lead you to by your
own choice, and the truth of reincarnation will lead you on to higher ground.

To prepare yourselves to reach the height from which you will never have to function in the flesh again, you must learn from the Master in the words He gave His disciples. And when this lesson is learnt in its full meaning as He learnt it, you will be complete for the spirit sphere. The lesson must be taken in these words: "I and My Father are One". We say it very often, but the real, full meaning must be yours before you have reached the understanding of the great plan. "I and My Father are One". That is a great lesson, a great ideal, and many of you are learning it and can realize it, but not yet in the full meaning in which it is meant. For that cannot yet be grasped in these days of earth’s story. Christ's spirit had learnt it many æons of ages, but for the good of the world He took possession of the pure body of Jesus and functioned as a man.

You, dear friends, can rise to these heights, and when you do, the plan of your evolution will be complete as far as the physical body and life on earth go.
REINCARNATION

This is a hard lesson, but it is a lesson of love, and for the Love that gave such opportunities to the sons of men, we thank our Heavenly Father.

Love from
Julia.
CHAPTER XVIII

REINCARNATION: II

My friends, we must follow on a little over the last chapter, as I feel you want more thought about the reincarnation, and though in one way it is a difficult subject, in another sense it is the easiest and the most obvious way in which to understand the love of the Father and the progression of His creatures.

You stand at a very important stage of the history of the earth-plane, and at a stage where, as never before, the spiritual the dawn of world is consciously being re-understanding cognized, the teaching of Christ being unfolded in a far more definite manner. There is nothing in all the psychic phenomena, in all the teaching we are getting through from the Sphere on which I dwell, that He, our Master, did not teach Himself.

In His day, however, ears were deaf, the eyes blind; and it is only at this present stage of the
LESSONS FROM THE BEYOND

world's history that the teaching of spiritualism can be given. This does not mean that you are all on the same plane of evolution; far from it. There are many who have sadly kept themselves back on the scale on which they should be evolving, and there are many who never seem to realize that there is any need for progression. I am not speaking only of the lower instincts and minds, but of the Church itself, which in too many cases keeps the Bible as the book which meant all. In after life there need be no further progression if this were so, for the whole of life is one, on your side and on this—all one great advance, all one great forward movement; or a slipping down the ladder—then you have to remount in another incarnation.

You must realize the love that has prompted this great plan of progression. Without the power to try afresh, where would the poor soul in darkness end? Dear friends, it is a beautiful decree of a loving Father that every child can reach the topmost rung of earth's ladder, and having reached that, progression on this side must be one long and wonderful road to the great Fountain-head of which we can now have no knowledge.
REINCARNATION

That there is always the rejuvenating force, we know; and with that knowledge our finite minds must wait until we touch the infinite. How little we can understand on earth, you are beginning to realize; but I want you to learn the fuller realization of the God consciousness—to feel the great truth of oneness with the Cosmic Mind. We here may understand a little more than you, but it is only a grade or so higher in the school of knowledge. We are able to contact the higher lessons, and so pass them down in a very inadequate manner to you.

It is many years in your earth time since I first met my Master face to face. I hardly dare think even now of that rapturous moment without tears of joy, and with that meeting I dedicated myself afresh to His service and have progressed along the spiritual path. It is with the deeper knowledge that progression gives, that I bring the help to you.

I want to be practical, and while you are making headway on the earth-plane, I would have you take the lessons both in as practical as well as spiritual a manner as possible. Love rules. You must realize that in your many
stages of evolution, in the incarnations that take place, Love rules. If this were not so, your progression would be of little avail. There can be no progression without Love. If you grasp the truth that the God of Love has His dwelling within you—if you can open your store that comes from the Great Store of Love, and let it flow out in sympathy to all you come into contact with, you will have reached the near end of your work of progression on the earth plane.

The Love that knows no bounds is the Love that has no limit. If you possess the limitless Love, I question whether you will ever have another reincarnation.

That is my lesson this time. The finish of the earthly road of life is the boundless manifestation of love. You can consciously unite with all the love that comes from greater heights, the boundless love of the universe.

Now pause. If such love is yours, you have reached the Christ-life. You have

STRIVING; become one with the Father.

PROGRESSING; You are united with the Cosmic

LOVING. Mind in the truest sense of the

word, and all is yours, for your attitude is one
REINCARNATION

of the chosen, made perfect in love. Can anyone rise beyond such an ideal? When love is thus perfected, you are ready to progress in spiritual realm alone, working in the fuller life, working among the angels. You ask, who are the angels? Even they, my friends, who have passed through much tribulation, and have proved themselves by the love that makes all men whole.

Now, remember, reincarnation means progression. And as God willed you to dwell on earth for the lessons He desired you to learn, so He will require a perfected life of love, and where can you prove it better than among the sorrows, the tears, the trials of earth?

If you can develop on the earth in love to a perfect consummation of the same, then indeed you are fit for the glory of the Heavens.

God bless you.

Love from

JULIA.
CHAPTER XIX

"IN THE MIDST OF LIFE WE ARE IN DEATH"

"In the midst of Life we are in Death." I want to point out the wonderful truth in that saying, but we have to look from a very different angle to that from which the meaning is generally applied.

THE TRUE MEANING OF "LIFE" AND "DEATH"

On this side of life we see the people in the physical world, clothed in the flesh, walking in death; and round about them, though they know it not, is life, full radiant life, coming from the spiritual side.

The world is full of men and women with starved spirits, starved souls, who are living as they think, in life. Oh, dear friends, what a death is this!—Death to all spirituality. Death is the real meaning of the word life, and death indeed amidst all the wonders of life.
LESSONS FROM THE BEYOND

Think over these words: “In the midst of Death we are in Life”, and ponder them from our side of life. Picture to yourself the radiance of the colour, the vibrant tones of the music, the great White City sending forth its light all over the world where it can find a responsive heart. Think of the workers working for the God of Love, all radiant with desire to help and raise mankind, and say whether this is not Life. Then turn your thoughts to the darker side. Think of the poor homes where there is no response to this life; not the homes where poverty of the material sense is found, but in the homes, and even palaces, where the worldly dwell, where the so-called rich are trying to work out an existence with immoral practices, pleasure-seeking, and empty of soul truths. This is death as we see it. This is the bitter contrast to life. And with those two pictures, turn your mind to the necessity of teaching this truth wherever you go: “In the midst of Life we are in Death”.

There is work abundant, work for every servant of the Master, every child who has the good of humanity in his mind. We are anxious, more
"IN THE MIDST OF LIFE"

than ever before, to release your world from death. There has been a great reaction on every plane of thought, and while it has raised many from the lower vibrations and has shown them life, it has the opposite effect on the misunderstanding souls who live not for humanity, not for their God, but for the desires of the flesh.

Teach where you can, dear friends, that the harvest truly is ripening, but that the labourers are too few. I want you for ALL WHO ASPIRE a space to come over in spirit WILL ACHIEVE to the beautiful vibrations that REVELATION govern the higher thoughts and impulses of men. When you gaze around, a light is thrown across to you to enable you to reach out further into the land of life, where you will realize the vibrant note of all the conditions that strike you. The peace of this life is beyond your understanding until you experience it. The dreadful unrest of the Death in Life is beyond our understanding, who cannot touch it. But for all this, peace can be found, and this "Life" be reached. You must discard the physical desires. You must know the Christ

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LESSONS FROM THE BEYOND

Life if you would reach the plane where all is satisfying in life.

The fleshly desires will never satisfy. The spiritual aspirations will be the one upliftment in a world of Death.

When you come back to the spiritual realms after your period on the earth, how will you feel? Where will you have built your mansion? That will be seen by the way in which you have conquered death, and whether you have realized life.

This lesson is meant for you to ponder over; to be followed by practical help in the next chapter.

I leave these thoughts for those of you who teach; for those who would progress; for those who are feeling the urge to learn of true life.

Love from

JULIA:
CHAPTER XX

FROM DEATH TO LIFE

Life in Death : Death in Life : that is what we are thinking about. And now to get practical help.

I want you to follow me while we consider how to carry Life, Life in its full meaning, through the barriers of Death, to annihilate Death and make Life victorious—not only on our side, but on your earth plane.

I cannot at present talk to you about the lower state of life which is worse than death. I ask you now to study life from our higher realms, and to let your own vibrations respond by overcoming death on your plane. I speak of "planes" on your side, because there are so many degrees of mental activity that there really are a vast number of planes which, unadvisedly, we collectively call the earth-plane. Can you consider the many various stages of mentality, and
LESSONS FROM THE BEYOND

of spirituality, and then think of each degree as being on one plane? No, you have a great number of planes on the earth, many of which are higher than the first astrals, as also many are below them.

Well, dear friends, in your conditions, death can be seen in life, but what we must consider is the possibility on your planes of abolishing death. There are two views to be taken, one of the death of the body, and the other of the death of the soul, or the outlook of the spirit.

First we will consider the latter. Until men realize the poverty and miserable development of mind, we cannot expect to cure that poverty-stricken condition, and so abolish the death of the spirit, a death caused by darkened conditions.

The lessons have to be learnt, and all cannot learn. I teach those who can take my words and ponder, learning more than actual words can give. Be sure, dear friends, that you, in your turn, teach; there is so much to be done by teaching. These lessons are to be taken for that purpose.
FROM DEATH TO LIFE

The lesson of the Master is "Learn of Me", and you cannot improve on that example. "Learn of Me, for I am meek and lowly of heart, and ye shall find rest unto your soul". Could any more beautiful example be given to raise you from Death to Life? Let us ponder deeply on that "Learn of Me".

He was surrounded by the dead and dying, by the arrogant, the scoffers, the hypocrites. He was surrounded by unbelievers, by those who sought to kill His spirit as well as His body. Nothing could arrest the progression of that spirit, nothing corrupt that body. He kept His spirit pure and free by the constant and conscious union with His Father, and by His leaving all in the higher realms where His spirit dwelt, His body became a purified temple and could not be destroyed; for the elements took unto themselves the matter that came from those same elements.

This is your example; this is my practical lesson. Learn to live in spirit in your Father's home; He dwells within you, you dwell in Him. Learn to know this consciously, to feel it day by
LESSONS FROM THE BEYOND

day, hour by hour, moment by moment. You are in the Everlasting Arms, and in those Arms you draw to yourself the strength of the Divine Creator, your Father and Mother God. Lose for a second the consciousness of this Divine Power, and you will realize that once you have realized the union, you cannot live alone. This is the way in which you keep the spirit in full life, in the full energy that can know no death.

Then to know how to refine the body so that it need not die in the way we have all, so far, understood death. By the refining of the tissues, the electrons taking their order from the electricity that is brought on waves of ether, we can by degrees learn, through thought, how to use a spiritual force. As all matter comes from spirit in the first place, there is no need to grow coarse and heavy. From the investigations of the scientists you will learn how to have the body so refined and so well poised, that as the Master disintegrated, so can you.

My friends, the great lesson is: "Learn of Me".

Love from

JULIA.

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CHAPTER XXI

THE STREAM OF LIFE

"The Stream of Life" is the subject for the concluding chapter of my first small volume. I trust that it is only the first cycle of many chapters. I have thought much on this last chapter, for I commenced on Love, the foundation of all life, of all power, of all the usefulness of life, and of the source of all life. From that subject of Love, we have followed the road through many developments of life's lesson. We have learnt, to some extent, the attitude towards the Source of Life, and now just a short talk to follow the Stream of Life.

As you know, words are quite powerless to give the full meaning to the lessons we should like to reveal. It is only by your own opening vision, by your own reception of the unfolding of the spiritual truths, that you will understand
LESSONS FROM THE BEYOND

more and more as you read and re-read these lessons that I try to bring.

The Stream of Life commences from the Fountain-head. This Source cannot be understood by finite minds, for how can the Infinite be understood by the finite? You must take on trust, and by the inner voice which can only be heard by faith, the actuality of the great Fountain from which, in never-failing supply, comes the unceasing Stream of Life. As a drop from that Fountain you were sent forth to evolve through many stages into the conscious being which the present state of your evolution has brought you. Not all have reached the same plane, not all the same consciousness; and you must try to follow, each according to his or her capacity on which wave of the ever-flowing stream you are endeavouring to live.

Your bodies of earth are too heavy to follow the poise of the rising spirit; therefore, as the life-given force is manifesting spiritually, touching higher sources, try and realize in the physical condition that the flesh is composed of atoms and electrons born of spirit. That all matter
THE STREAM OF LIFE

is evolved from spirit, and by the refining process of spirit the body can be made a much better temple for spirit than many understand at present.

Do not imagine, dear friends, that I am talking of some impractical manifestation; for all, is the Law of God, and God's laws are all made clear for those who understand and leave their channels open for the inflow of the spiritual forces. If you receive the spiritual forces with trust, and in love, all things are made clear to your understanding.

The Stream of Life bears many along its waters in company, and we need the companion-ship of others to form our own characters and to teach us the true lessons of life. There are some who meet you along that stream as ships that touch, exchange greetings, and part. In the exchange of greetings be sure you give out the love that will always be remembered as a beacon to those who passed your way.

Although along the stream you may never meet again, your light of love, that beautiful ray, will never fade entirely from the inner vision of those who felt it. This is a
LESSONS FROM THE BEYOND

beautiful thought, and not only a thought, but a reality. Such meetings are daily occurrences; therefore, dear friends, never forget the Christ life which is your example of Love.

Then we come into closer communication with the friends who are more intimately connected, some for all our earthly life, some for shorter periods. All these create opportunities for you to manifest. We may touch one who will continue to be our companion, and will accompany us from one incarnation to another. This is the perfect union, and will never be divided or made to diverge from the ultimate meeting at the fountain.

Now, dear friends, I have simply touched the surface of life in its ever-flowing stream, and what is important for us all is to understand its purpose and the fulfilment of God’s design.

You are a portion of an immense whole. We are all linked up over many evolutions, and if we could see the plan of the Weaver laid out, we should often regret our very inefficient weaving when our work is manifested. Look well at this corner where you stand. Have you to learn the lesson of Love? See that you
THE STREAM OF LIFE

radiate it wherever you go. Is your special lesson Patience? Learn Love, and Patience will follow. Do you need to learn how to suffer fools gladly? Learn Love. In all and every lesson, as we pass along this crowded, ever-flowing Stream of Life—learn Love, and then you will overcome every lesson to be learnt by learning the beginning and the ending of all lessons—Love.

Now, in the Master's name, I pray that the Fountain-head of the Stream of Life will bless the words of this little book, and help us to understand that all our life and all our work is made perfect by the conscious blending with the Father of Love, for, dear friends, you are one with the God Who is Love.

Love and all fond wishes,

JULIA.

THE END