

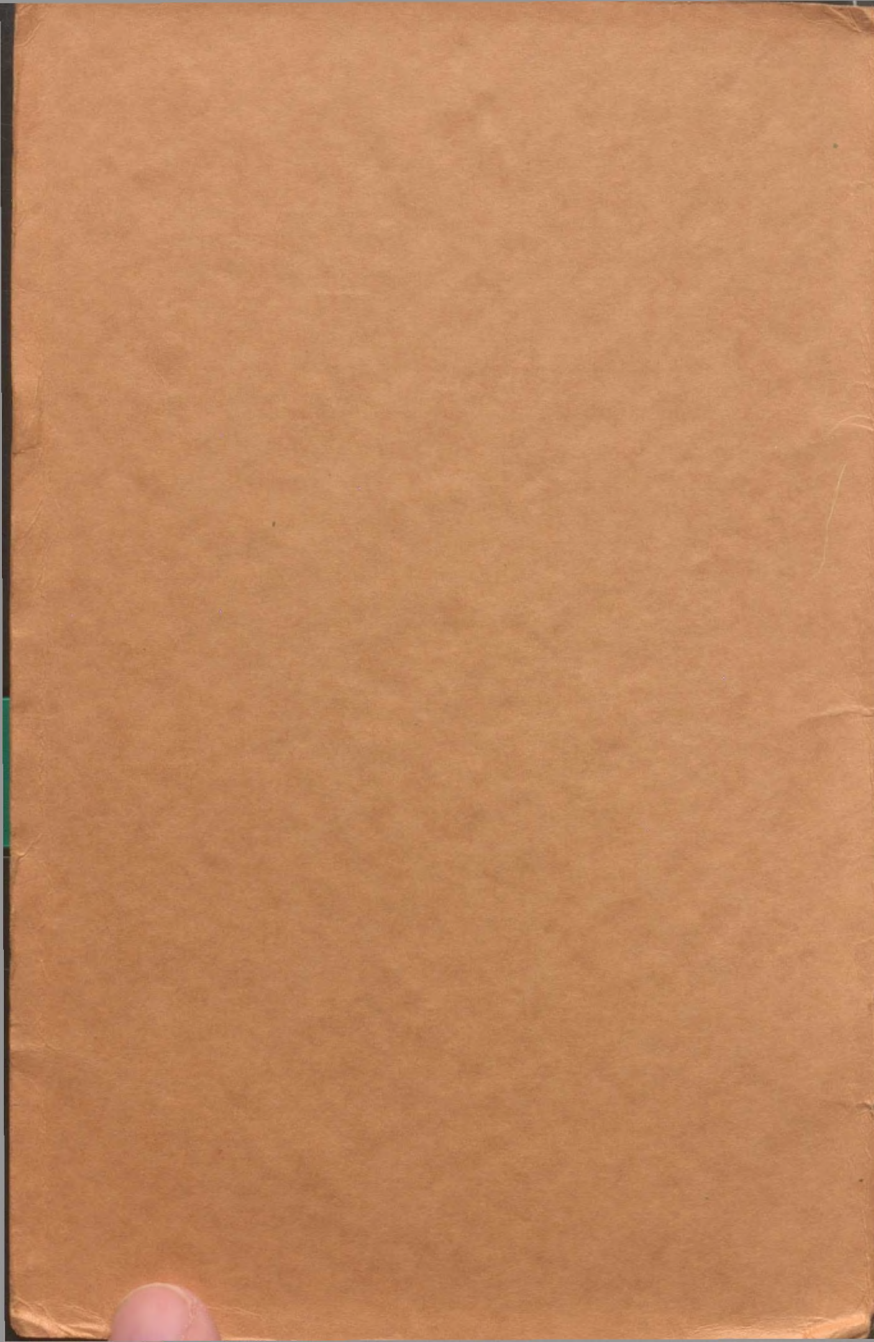
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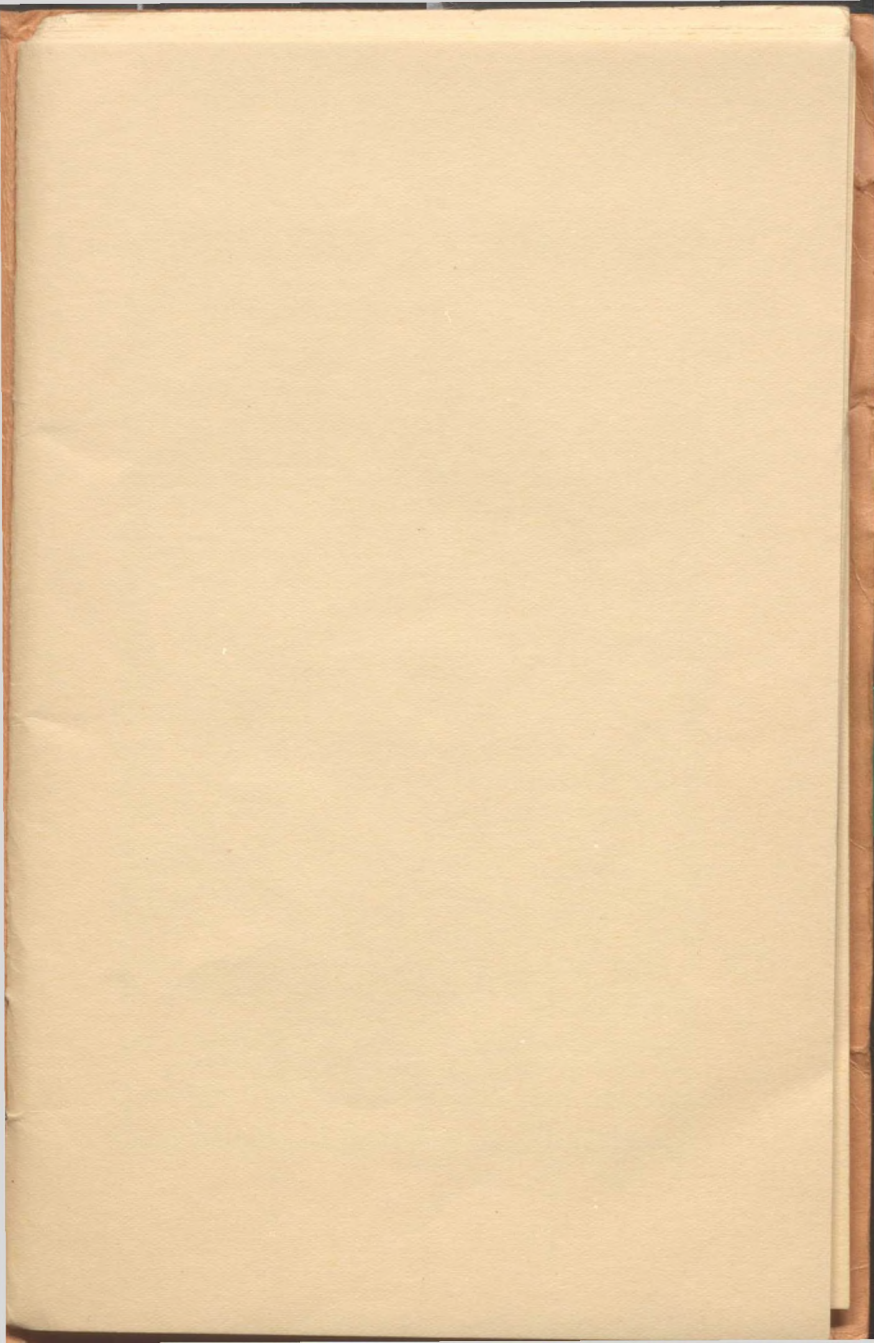
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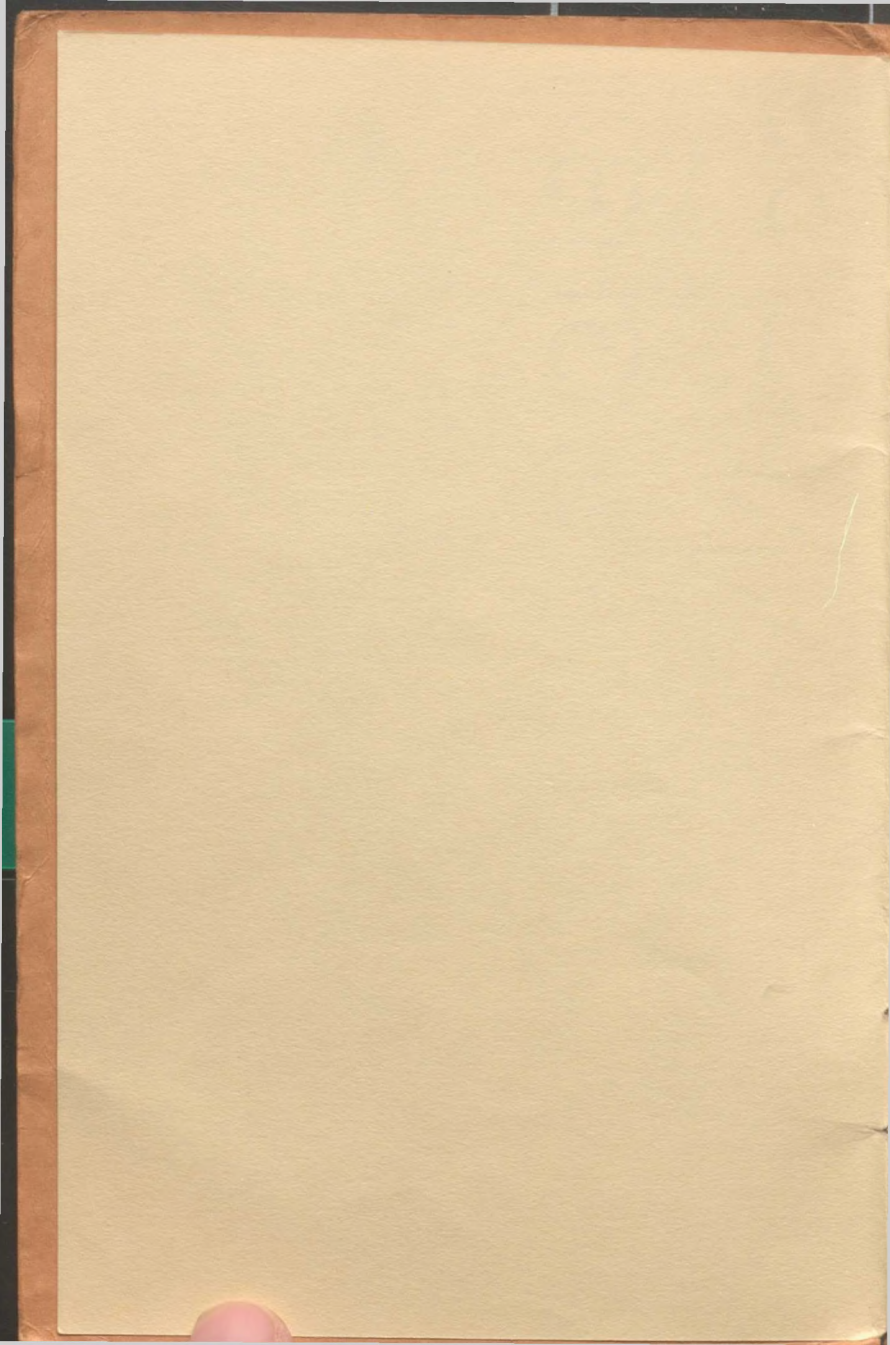
*The* **SECRET POWER**

*Ernest Weltmer*













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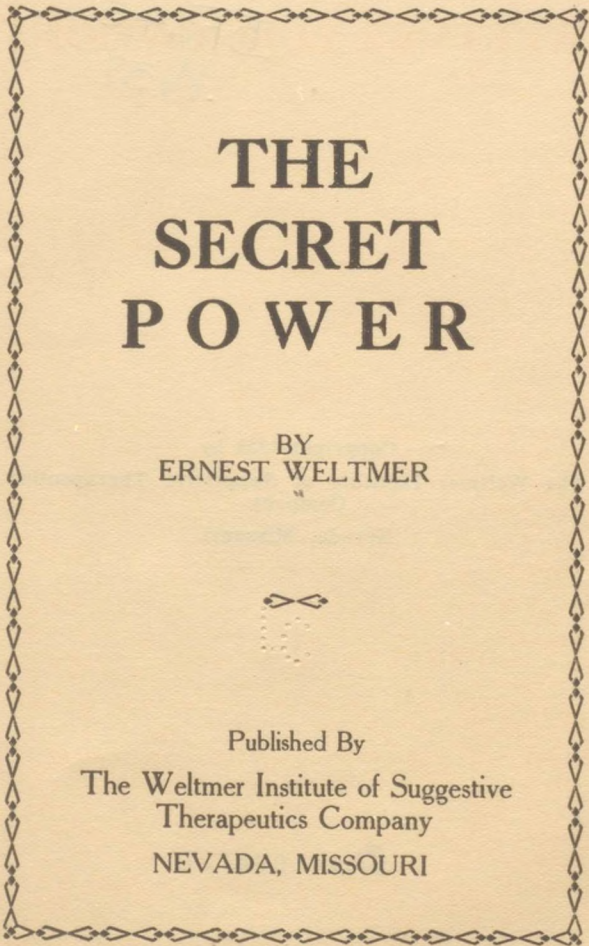
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# THE SECRET POWER

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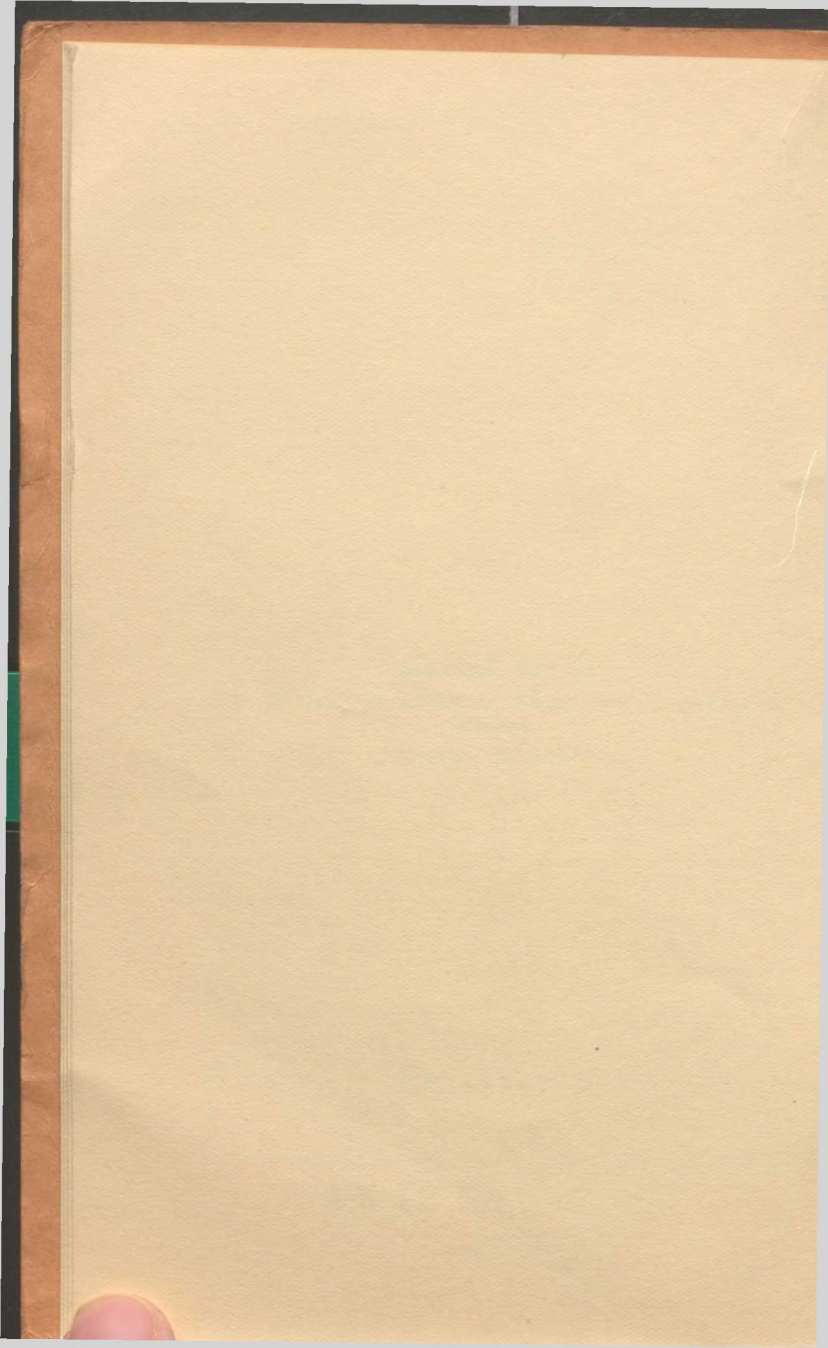
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# CONTENTS

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	Page
I. Introduction . . . . .	13
II. Your Desires . . . . .	17
III. When "The Giant" Works for You .	29
IV. The Power of a Healing Consciousness . . . . .	39
V. THE SECRET POWER . . .	43

# CONTENTS

Page	Chapter
11	Introduction
11	1. The Book
11	2. The Book
11	3. The Book
11	4. The Book
11	5. The Book
11	6. The Book
11	7. The Book
11	8. The Book
11	9. The Book
11	10. The Book
11	11. The Book
11	12. The Book
11	13. The Book
11	14. The Book
11	15. The Book
11	16. The Book
11	17. The Book
11	18. The Book
11	19. The Book
11	20. The Book
11	21. The Book
11	22. The Book
11	23. The Book
11	24. The Book
11	25. The Book
11	26. The Book
11	27. The Book
11	28. The Book
11	29. The Book
11	30. The Book
11	31. The Book
11	32. The Book
11	33. The Book
11	34. The Book
11	35. The Book
11	36. The Book
11	37. The Book
11	38. The Book
11	39. The Book
11	40. The Book
11	41. The Book
11	42. The Book
11	43. The Book
11	44. The Book
11	45. The Book
11	46. The Book
11	47. The Book
11	48. The Book
11	49. The Book
11	50. The Book
11	51. The Book
11	52. The Book
11	53. The Book
11	54. The Book
11	55. The Book
11	56. The Book
11	57. The Book
11	58. The Book
11	59. The Book
11	60. The Book
11	61. The Book
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11	89. The Book
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11	91. The Book
11	92. The Book
11	93. The Book
11	94. The Book
11	95. The Book
11	96. The Book
11	97. The Book
11	98. The Book
11	99. The Book
11	100. The Book

**THE  
SECRET  
POWER**



THE  
SECRET  
POWER

## I. INTRODUCTION

There is a secret power, a power that is yours to use for the accomplishment of your desires. It has been known to a few of the illumined; it has been responsible for the achievements of all who have accomplished much. It has been called by many names but its magic is not in its name and most of those who have made the greatest use of it have had no name at all for it. It is not necessary to name it; it is necessary only that you believe **THIS POWER IS YOURS.**

In this booklet I prove that there is a secret power and that this secret power is yours. This is equivalent to a gift to you of power to accomplish your desires. If

you receive the gift I offer to you your life soon will demonstrate the secret power in your affairs. It will still be a secret power. You may give it one or another name—probably you will. The name does not matter and you would be better off if you do not attempt to name it, nor even to discover it unless you make a very thorough study of its nature and its use. All you need to do is to accept and use it.

I have given the conditions of success in the employment of the secret power:- you must accept it; you must use it. You cannot use it if you do not accept it, and even though you do accept it, you cannot profit by it until you use it. Both of these conditions must be fulfilled. When they are fulfilled you find yourself master of life and circumstances. Without



their fulfillment, you remain a leaf in a whirlwind, a chip in a current, a puppet of life, a plaything of circumstances.

Read this message with an open mind and the willingness to believe. Don't argue with its truths. I am not arguing with you. I will not argue with you even though you may some day become my pupil and I meet you day by day in personal classes. I will not argue with you then, and most certainly I am not arguing with you now. Therefore, do not try to argue with me. If you wish to argue, it is because you do not wish to believe, because you are seeking an alibi for failure.

Read this message with open mind and willingness to become a person of power among men and a master of circumstances. Read, accept and use **THE SECRET POWER** and by your own life you will demonstrate

very soon that **THIS SECRET POWER IS YOURS.**



## II YOUR DESIRES

You can have what you desire.

You will notice I have not said "You can have this much, or that much of your desire", I have said "You can have what you desire". I mean just what I have said. The stubborn facts of real life prove that it is unnecessary to qualify that statement. You CAN have WHAT you desire.

One whose words a great many accept as "gospel truth" said two thousand years ago "Ask and ye shall receive". He did not say what you might ask for. He knew that you can have whatever you desire enough to ask for it. He knew that the only limitations are the limitations you place upon yourself and your right to "desire" and to



"ask". "You can have what you desire;"  
"Ask and ye shall receive".

Human life is many-sided. You desire many different things. Some of these desires are mutually exclusive. If you are to have one of them you must give up another. You cannot eat your cake and have it too. You cannot enjoy both the fruits of industry and the ease of idleness. You cannot have both the honors of high achievement and the freedom from responsibility of dependence. You cannot have great authority without accepting the accompanying responsibilities.

You have been subjected to so many different influences from so many different angles that your life has become very complex and it is necessary to decide in the very beginning which of your many desires you value most.

You may find this a difficult task when you really get at it. I hope you will get at it. I hope you are not one of those careless persons who jumps at conclusions. They know at once what they most desire. They desire to be rich like Rockefeller, or heroic and famous like Lindbergh. They may only wish to be as rich as Smith or as well-known as Jones. Whatever it is, you may be sure such wishes usually serve only to hide from themselves the fact that they do not know definitely what they do desire or that they desire something else they are getting and cannot bear to give up but yet cannot admit that they do desire it.

Don't jump at conclusions in this matter. Find out what you desire, and if possible, find out why. Then after you have discovered what you desire and why, look further and determine whether you desire



something you will be glad to have after you get it.

This is very important, that you should desire what you will be glad to have after you get it, for I assure you, you will get what you desire when you fulfill the conditions of the action of THE SECRET POWER.

If you have really undertaken to catalog your desires you have found out that it is not such an easy task. You have found so many desires you did not know were there, and so many more you cannot bear to admit are there, and so many that you are not quite sure you really desire, that it is difficult to decide which of these many desires to treasure most. Let me tell you how to know which desires you have been most devoted to.



Things you most desire are those you most easily think about. All of your thoughts spring from your desires. Desire is the engine that drives the machinery and those parts of the machine which are most closely connected to the engine run most easily and regularly.

You may object to my proposition that you most desire what you think about most readily, on the ground that you think most readily about the very things you fear and dread. A greater understanding of the real nature and meaning of desire will show you that I am right and that the very condition which seems to you to prove me wrong is an argument in favor of my contention.

Desire is very easily converted from one form into another. Fear is primarily a desire. The energy with which we persistently worry about something is the energy of

the desire for the thing we are being denied. The energy is not primarily fear energy, it is primarily desire energy.

The first of all desires is the desire to live. Living is a positive process, not merely a negative escape from death. It is a positive achievement of a state of being which becomes the starting point of everything that relates to it. Death, or nonexistence is not the primary fact. Life, existence, progressive change is the primary fact. Life is positive, death is negative. Health is positive, disease is negative. Living, with everything that belongs to successful living is the primary positive desired condition and everything that interferes with or disturbs or threatens to disturb living is a secondary, derived condition.

Desire, as related to life, is the desire to live. This means not only the desire for



mere existence but the desire to live abundantly, successfully, joyously, pleasantly, happily. Life is not complete when lacking any of these qualities of fullness. Fear, worry, dread, anger, frustration, jealousy, envy, even despair and the desire for escape, suicidal depression and every other unpleasant impulse, derives its energy from the primary desire to live. One may even approach suicide in the effort to overcome a frustration in life. This is a sort of escape from the feeling of being unable to achieve one's purposes. Suicide presents a dramatic climax and a final achievement of the life aim to rule and determine one's own life.

If you wish to understand the real meaning of your thoughts and what they are doing to your life, you must study them as manifestations of the energy and purpose of the desire to live.



If the thoughts that come most easily to your mind are thoughts of a negative character, thoughts of something that worries you, then the desire that drives them is the desire for the thing that you are being denied. Furthermore, you are obviously using the energy of that desire in the wrong way for you are directing it all to the strengthening of the obstacle in your path rather than to the purpose of going around it or removing the obstacle.

If you find that your thoughts run to some sort of pleasure, legitimate or illegitimate, whenever you relax from your labors, you may be sure that the greatest motive force of your life is the desire to achieve those pleasures. That is what life means to you, your supreme interpretation of living.

Many a person interprets life in the terms of baseball, automobiling, golfing,

drinking, fishing, or flirting, who imagines that he has a very high concept of life and that he is living for the sake of some fine ideal. He labors conscientiously for certain periods every day at appointed and worthy tasks. He gives much serious thought to the effort to achieve his fine ideals, but when he relaxes and allows his thoughts to flow unguarded into the easiest channels, they show where his dominant interests lie and prove that everything else he does is being done for the sake of these things he thinks of when he takes off all the guards he places on his thoughts.

In this little book I do not attempt to tell you how to bring these contrary thoughts under control. To succeed in such an undertaking it is necessary for you to make a thorough study of Practical Psychology and the emotional nature. You must know your-



self very well. You may need a personality analysis and even a complete psychoanalysis to discover all of the reasons for the contrary desire currents in your nature. You may require psychoanalysis to discover the form of the contrary currents, or even that some of them actually exist.

However, you may be one of those fortunate persons whose life is simple and whose desires are not so deeply involved in cross-currents that you cannot control them. You may be able consciously to bring to focus on one purpose all of your free life energy. If you are one of these fortunate persons then by all means bring your life into such a constructive focus and put your whole heart into the task of accomplishing the one great aim upon which you fix your attention.



The practical way of going about this is to train yourself to think about this one purpose so pleasantly and with such power that you will be able soon to think about it most easily. You must get yourself trained to the point where you will have to make an effort to turn your attention away from your life purpose. You must find it not only the object of your labors but also the object of your amusement and idle-time thinking.

Whenever you bring your life to such a constructive focus you will soon discover that there is a power, of both wisdom and energy, that apparently has allied itself with you for the achievement of these purposes. You will find then, that whenever you undertake to do something it is as if an invisible "giant" of superior wisdom were secretly helping you. "Luck" seems to come your way. Crooked paths become straight

and steep hills are leveled for your feet.  
The strength of your arm is doubled and  
your understanding is sharpened to cut  
the hardest knots.

### III

## WHEN "THE GIANT" WORKS FOR YOU

If you start out in life with a healthy strong body, all your organs perfect, your muscles strong, your nerves sensitive; if you have a good appearance and a fine personality you find success easier to achieve, of course because of these conditions. However, when "The Giant" works for you, when THE SECRET POWER becomes very important in your life, your handicaps must be very great indeed to make very much difference in the ultimate outcome. Sometimes it seems that good physical, mental, and personal makeup act as handicaps rather than helps, for life is so easy and pleasant without effort that it is hard to get these natur-



ally fortunate persons to interest themselves seriously in making very much out of life.

These children of fortune are likely to develop dominant interests in cheap pleasures. They unconsciously develop strong conflicts between the various channels of expression of the desire to live. They really live for the sake of pleasure and even their ideals merely set up remoter pleasures to strive for. They live for the sake of a good time now and in the years to come, and look forward to a good time forever, after they die. Their whole lives become dedicated to pleasure-seeking, here and hereafter.

One who suffers, one who knows defeat and loss and who sinks into the depths of despair, may be able to see life with a truer perspective. He may see that his life-striving is a part of the creative purpose and creative action. He may learn to realize

that he is a part of the cosmos, that his forces are cosmic forces and that whatever is achieved through him is achieved by cosmic power and for the purposes of a cosmic plan.

This perception may never be a clearly conscious one but it may be felt enough that he can forget his little personal self a bit and find the greater cosmic self that sleeps through life in the secret heart of the average man. When any person has achieved this consciousness in even a slight degree, great misfortune may prove a blessing in disguise and the basis of the consecration of the life energies to the achievement of a great desire.

To these, "The Giant" becomes a constant companion, a dependable guide, and a never failing assistant and THE SECRET POWER is theirs to use without limit.



Let me tell you the story of a boy who reached the very depths of the valley of defeat before he found THE SECRET POWER and made friends with "The Giant."

---

Ralph Roberts lived on the plains of Canada near the Saskatchewan-Alberta line. In June 1912 his back was injured by runaway horses. From that time onward his life was one of unremitting struggle with pain and poverty. In spite of his courageous struggles to regain health and to make himself independent, he became completely paralyzed below the waist in February 1918, and fruitless efforts to regain his health through the services of the best physicians he could find, had taken all of his money.

His friends sent him to a famous Sanitarium, where 14 months of treatment gave



him no help but still did not convince him that he could not get well.

At last he decided to try the Weltmer Institute. His physicians endeavored to dissuade him. They told him his case was entirely hopeless and that if he left their Sanitarium to go to Weltmer's he could not hope to live more than three weeks.

He had reached the bottom. High medical authorities had told him he could not live anyway and they had set a very definite limit upon the length of his life if he undertook to change his treatment. He had exhausted the resources of his friends. He was forced to try to earn his way by embroidering sofa pillows as he lay on his back or sat in his wheel chair, constantly tortured with agonizing pain.

At the Sanitarium they had constructed steel braces which could be fitted on his

body from his ankles to his chin. When these braces were in place they could lean him up against a wall or lead him around somewhat after the fashion of a wooden man and with the appropriate joints loosened he could sit in his wheel chair with a minimum of discomfort.

Life on such terms would not offer much to many men, but Ralph Roberts had never quit trying to get well and he was not planning his life on the basis of the wheel chair-steel-braces-sofa-pillows-and-pain combination. He was still looking for health, but he had reached the very bottom of the valley of defeat. Another downward step would take him into the dark river.

He came to the Weltmer Institute still seeking for a way out.

Physically, he was not an unusually responsive patient, but mentally and emo-



tionally, he was ready for the teaching that would give him THE SECRET POWER.

One day soon after he came, he suddenly realized the truth of the statement "There is a power which trusted and allowed to work unhindered will heal all diseases". He accepted The Power. He did not question and argue with it. He did not try to understand it. He accepted it, depended upon it, acted on the assumption of its adequacy to meet all his needs, all the demands he made upon it.

From that time he began to get well and in three weeks from the time of his coming to the Weltmer Institute, just about the time the great physicians had told him he would die, he walked.

Each step toward success made THE POWER more real to him. He made constant progress and it was not long until he



could discard all braces, crutches, and even a cane and take up life again standing on his own feet unaided, with his hands free to work out his will to be master of his own destiny.

He went to work again, at a bench, on his lonely homestead in the wheat fields of Alberta, anything that promised a way to pay off his debts and make him independent again. In spite of drowths and unfavorable business conditions, even when his business failed entirely, he found himself always conscious of power to win, confident of his ability to find a way out.

He had found THE SECRET POWER. "The Giant" was ready to help when there was really something for him to do. Ralph Roberts' problem was only one of finding the right thing to do and of avoiding entanglements with others that would make him

suffer for their weaknesses and lack of realization.

He had married and the children were coming to be provided for. Lack of education, heavy responsibilities, the loss of some of the best years of his life and even complete business failure, could not daunt this man who had found THE SECRET POWER and who knew that "The Giant" was friendly and willing to back him up in every undertaking.

He finally took up mimeographing, organized his business on the basis of service to those who used mimeographed letters, and set out to acquire enough education to carry on his business. In spite of numerous setbacks and all the difficulties that hamper a new business he has made progress from that day.



So long as he has depended only upon himself and the friendly "Giant" he has succeeded. He is now the proprietor of a small mimeographing shop and the publisher of a magazine.

He accepted THE SECRET POWER as his to use. His life demonstrates as the life of every other man will demonstrate, as your life will demonstrate, when you accept it, that this Secret Power Is Yours.



#### IV

## THE POWER OF A HEALING CONSCIOUSNESS

Henry Ruhmkorff lived in LaFayette Indiana, one of the thriving cities that are strung like beads along the Wabash river.

He lived among prosperous people and he himself had done fairly well with his tin shop until his wife fell sick. Doctors' bills, operations, hospital fees, and examinations added to the expense of caring for a growing boy and providing for other family needs, plunged him into debt. He came to feel after awhile, when the local hospital added a new wing or bought new equipment for the surgery, that he had paid for these improvements. That was about the only satisfaction he could get out of the situation for his wife

was all the time getting worse and he was constantly going deeper in debt.

Finally, he heard of one of the Weltmer students who was healing the desperately ill without the use of medicines or surgery. He took his wife to see the healer.

She responded to this treatment so miraculously that he decided to study the method and become a healer himself. He sent for a Correspondence Course and before the lessons were completed he had discovered THE SECRET POWER, he had made friends with "The Giant" and he was ready to undertake to heal the sick. He began healing and from the first he was successful. Not only was he successful in healing others, but he was able to still further improve his wife's health in spite of surgical scars and injuries.



His acceptance of THE SECRET POWER not only made him successful as a healer, but it also turned the tide of his affairs. In course of time he was free from debt, the owner of a fine home and a good automobile, a contributor to worthy causes.

Furthermore, he has broadened the range of his influence. He was one of the important men in a movement to legalize drugless healing in Indiana. His influence reached to the Capitol.

Henry Ruhmkorff found the secret power. He made friends with "The Giant". His wife is well, strong, and happy. His son is finishing his studies in the university. He is out of debt. He owns a fine home and a fine automobile. He has a state-wide influence among important men. He has helped to give his profession legal standing



great obstacles and occasional catastrophies of unthinkable ages of time.

We live a few years of more or less comprehending, all-encompassing life and feel the pulse-beats of divine expression for a time. Ours is only one thought in the Infinite mind, one heart-beat of boundless love, one surge of creative purpose, one glimpse of the absolute.

You are a part of the limitless energy, wisdom, life, and purpose of the cosmos. Your power is a part of omnipotence, your wisdom is a part of omniscience, your existence is a part of omnipresence. You are a part of God's Infinite cosmos. You are a manifestation of God's purpose, plan, and power. The Kingdom of God is within you. The power of God is yours to use. THE SECRET POWER is yours.

# THE WELTMER INSTITUTE



The Weltmer Institute is incorporated and chartered under the laws of Missouri to conduct a School, Sanitarium, and book publishing business.

THE WELTMER INSTITUTE PUBLICATIONS consist of a number of books by S. A. Weltmer, and Ernest Weltmer, for general sale, text-books for special use in personal classes, and correspondence courses on Practical Psychology, Healing, and the Philosophy of Life.

THE WELTMER INSTITUTE SCHOOL is both a residence and correspondence school. Its students are to be found in most of the civilized countries of the world. Its teachings have contributed to many lines of human progress during the last 30 years. Resident courses consist of instruction in Suggestion Therapy leading to a Doctor's degree and brief and complete courses in Christian Healing. Its correspondence courses give instruction in Suggestion Therapy, Practical Psychology, Self-Interpretation and Realization, Spiritual Unfoldment, Metapsychology, etc. Full information will be given to any one interested in any of the Weltmer Institute courses of instruction.

THE WELTMER INSTITUTE SANITARIUM is a home-like, pleasant place to get well. It draws its patronage from the whole world. Over 260,000 persons have benefitted by its healing services. For those who cannot come to the Sanitarium personally, an extension service of home treatment is given.

If you are sick, or suffering from any sort of chronic disorder write today for diagnosis blank and full information regarding treatment by The Weltmer Sanitarium.

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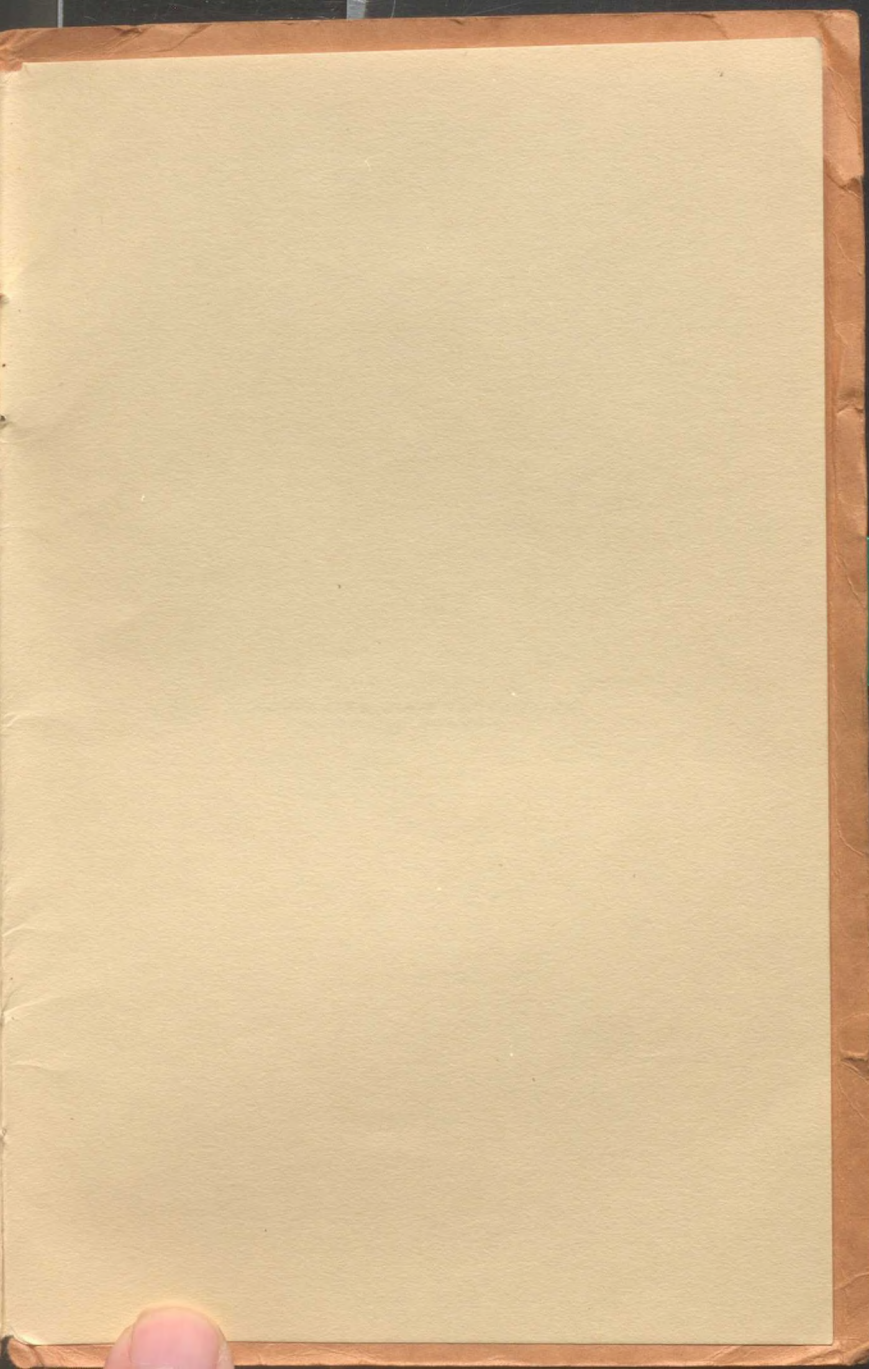
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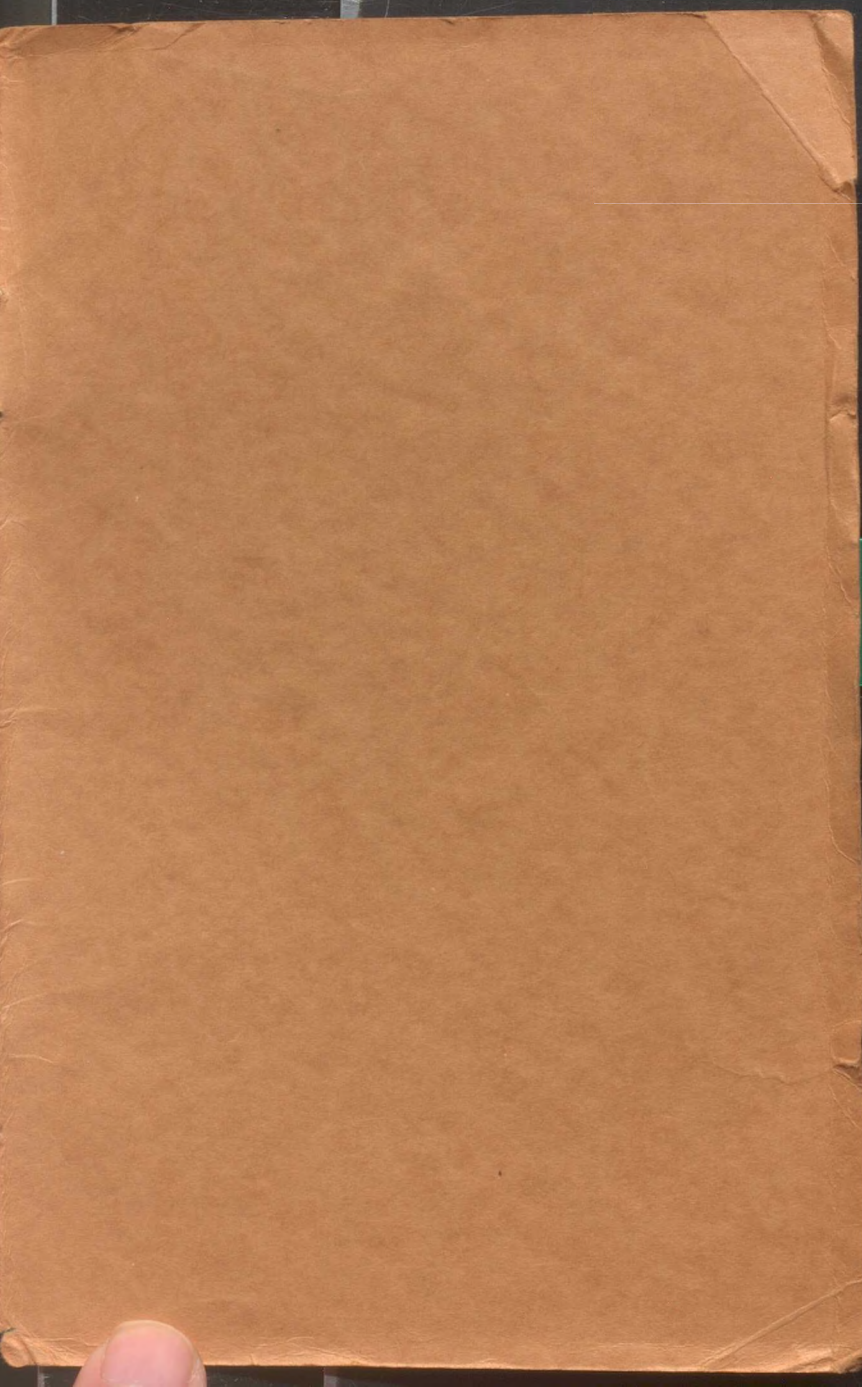
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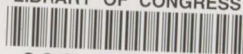


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