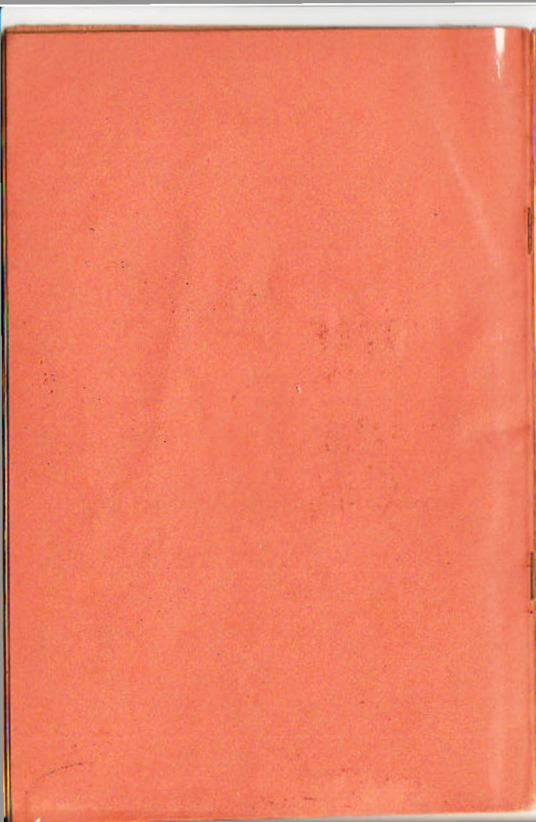


SPIRITUAL POWER *Magnetic Healing*



by
DR. DOREAL



died in manifestation but there are many qualities of electricity which as yet have not been determined. Some of those qualities are found in the human body. It is considered that the micro-genetic rays are an offshoot of electricity released by the body. The brain gives a hotter spark, or releases more of the electric energy, or rather the quality of electrical energy which we call micro-genetic rays. The body has two polarities. The right side is the positive, the left side is the negative polarity. It has been found by experiments conducted in some of our leading universities that there are certain and definite emanations from the right side of the body which have the power to destroy micro-organisms.

One experiment at Cornell University has determined that emanations from either the right hand or right eye may destroy the micro-organisms in yeast, and they have found that when those emanations are directed by the will, the time required to destroy the micro-organisms is considerably reduced.

The occultist understands that there are certain energies in the body, and certain channels of force and expression which enable him to revitalize, rebuild and regenerate the physical body and also to eliminate the germs of various diseases which may be there, and to cause the various organs of the body to work, or function, correctly. This includes the endocrine gland system and also the nervous system of the human being. In the human body there is a certain force or energy that we call magnetic energy. Magnetic energy may be used in most cases of healing. There are certain cases or conditions which have to have what we call spiritual-

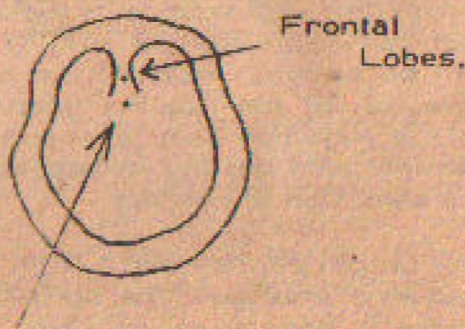
healing employed, but there are few cases where we cannot heal by the material forces and healing power of the body. Some people say that the spiritual power of healing should always be used, but there are some conditions which require material forces and powers while others require the spiritual power of healing. In reality, the spiritual power of healing is any law through which the Divine Consciousness manifests the healing qualities. Too many people make too many separations in the various aspects through which God manifests. In my philosophy, all things of whatever nature and plane they may be, are considered as having their foundation and source in the spiritual, and are therefore spiritual in quality. We say there can be nothing which is not of God. If that be true, all of the healing qualities and energies in the material body are spiritual qualities of healing, only waiting releasement to bring about the condition of healing.

The primary force that I wish to speak of is the magnetic energy. The occultist knows that the magnetic energy of the body is the particular energy which is accumulated in the head of man and passed along the major nerve paths and into the minor nerve paths, carrying with its current the human thought impressions.

In occultism it is considered that there is a certain force which is drawn in, or manifests within the head of man as an emanation from the ego or consciousness; this particular force is called odic force. In the ancient wisdom odic force was considered as the brain cell sensitizer. It is the particular energy or force which penetrates every cell in the brain, into, and on which, the impressions are impressed, and are indelibly implanted and recorded, never to be entirely disintegrated or destroyed while the body

exists. These remain as permanent impressions.

In addition to odic force there is another force which pours through the human body. We might literally call that other force the earth magnetism because the magnetic force or current is drawn in through the left side of the person and passes out through the right side. The magnetic current in itself has no healing power whatsoever, but it does have this quality - it passes along every nerve path in the human body and is the carrier of released odic impressions from the brain cells.



Pituitary & Optic Chiasma

I am going to draw a diagram here. We will say that this figure represents a brain and from the top you can see that the frontal lobes of the brain are divided. Here we find the pituitary gland and optic chiasma. We find a definite gap between the lobes and it is in this particular region that the mitro-genetic rays are generated and housed. It is measurable in quantity.

Some people have a great deal more of it released than others. This is the reason that some people have natural healing power. We have learned now how to trace these powers back to their source. They are merely laws

and principles of manifestation which man is just beginning to understand in the Western world. We say that the healer whether he uses medicine or occult power is just as scientific if he really understands his work. The occultist, or metaphysician, can really work with more definite laws than the M.D. because he can trace these laws to their source.

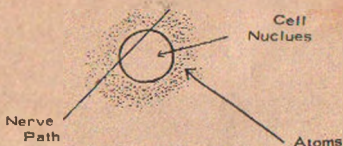
The place of manifestation of the nitro-genetic rays is between the two frontal lobes of the brain in what they call the transverse fissure. Leading from the brain are 12 major nerve channels. The brain is the largest nerve center in the body, the solar plexus is the second largest. The magnetic energy is drawn in through the left side of the body. These energies are literally what we might call qualities of the consciousness, or soul, while the magnetic energy is, we might say, earth magnetism. That does not mean that this force is exactly the energy that allows the material magnet to attract a piece of iron. We might compare a person who has not learned to direct the forces that they have in their body to a piece of ordinary soft iron. Place it in a relative position to another piece of iron and it has no attractive power at all; but send a current of electricity through that iron and it becomes a magnet. In an ordinary soft bar of iron all the molecules are turned every which way and therefore, the magnetic force which penetrates all of the ether does not come through; it leaks through, but if you send a current of electricity through that iron it causes the molecules to turn in one direction, leaving a free passage for the flow of magnetic force and we have a magnet. In analogy, we have the same thing in the human body. The average person who has not learned to direct his force is like that ordinary piece of

soft iron in which the molecules are turned in every direction, and then, here, the magnetic force which they manifest is weak. It is not strong enough to be felt, but under the proper stimulus of thought and will the magnetic energy can be so increased in flow that it can literally be felt. I use that same magnetic power to heal people.

Leading from the brain are 12 major nerve paths which branch off and radiate to all parts of the body. Certain of them go to the solar plexus and are joined to them. The solar plexus of course has its own nervous system which is the automatic, or involuntary nervous system, while the brain controls the voluntary. The important thing is this: the nerves, varying in size, from a tiny fraction of an inch in length to as long as three feet, are separated or divided at various points by what are called neurons. Those neurons are in effect, little trap doors that swing both ways. The magnetic current passes along the nerve channels just as electricity passes along the wire. That magnetic force is a conveyer of thought in this respect - that when we think of any object, or thing, tiny particules, or reflections, or radiations of a particular image or scene which we think of, are radiated from the brain cells. This released image moves into the nerve paths, drawn by the magnetic energy, and moves along the nerve path, carried by magnetic energy to the part in the body where it manifests. This is the reason our thought can cause our muscles to contract. What makes them draw up? We will consider these nerve paths joined at various points by neurons, which are like trap doors which swing both ways. There is a two way current in the nervous system.

An atom is an element of a particular kind, or quality, because of the size of the nucleus of that atom. Science knows now that there are 96 different kinds of atoms or elements. As a matter of fact, the occultist knows that there are 144. For a long time science thought that there were only 92, but they have had to add 4 to their tables. One of our great occultists of 150 years ago John Dalton revealed the atomic tables, which are still in use today with very few changes.

By the size or quantitative amount of the nucleus in the atom, electrons are attracted; from these a group will form a cell of one particular element. A number of these cells will make a quantity of calcium or phosphorus, but in the human body those cells are more complex. They are grouped in a complex mass around a nucleus of vital life force, or spirit. The nerves terminate in the center of various cells in the body,



We will say that in the cell is a point of terminus at the nucleus that the nerve path runs through. When you by your thought release the image of a particular muscle contracting, the following action takes place. The odic impres-

sions are released from the brain cells, pass along the nerve paths until they strike the cell nucleus, impinging upon the vital energy, which is the nucleus and is very sensitive to the odic force carried by the magnetic energy. The nucleus in turn contracts, until instead of being large it draws in, as it contracts the atoms around it and are drawn into a more compact form. It is in this manner that the actual thought of the person, consciously or unconsciously, affects the particular organism, because, when they think, the odic impressions are released and manifest into the particular part of the body that they are thinking of.

In any form of spiritual healing the first thing we have to do is to get the person to mentally release the condition they have in their body, then we send magnetic force to that part of the body with the willed thought and picture of that part as changing to the new condition we wish to manifest there. We deny the right of a diseased or disordered condition to continue to exist when we do not desire it to.

If something happens to cause one or more of those neurons to be blocked, then the magnetic current cannot pass through it and no radiations of odic impressions can be carried to that particular part of the body. That is what happens in paralysis. Paralysis is nothing more or less than the neurons being blocked off so that the magnetic current cannot flow to that particular part of the body. In infantile paralysis a germ attacks those neurons. In a case of paralysis; healing may be brought about by the increase of the magnetic force to such a degree that it will break open the blocked neurons and allow the magnetic force to flow through freely.

Healing power, so far as we may use it to work upon our own body, so far as the mental force is concerned, and so far as the carrier is concerned, lies in the increase of the magnetic current, and the proper direction of it. The magnetic force or current flows through the right hand. It is drawn in from the left side, and may be sent from the right eye, also.

There are certain methods by which we can develop or increase the magnetism in our body. One of these methods is by the expansion and contraction of our solar plexus. This is merely drawing the muscles in and contracting the abdomen, and then relaxing it. In healing we find that we can actually draw in the magnetic current in increased quantities. First, whenever using the healing force either on ourselves for someone else, be sure you are breathing through the right nostril when you are giving a healing treatment. Second, stretch your open hands over your head, and will for the magnetic force and energy to be drawn through the left hand. Do this for two minutes and you will actually feel the force coming in through the left hand. It has been found that the arm extended in that manner from the body, opens certain nerve paths and the will of drawing in will cause a sudden inflow of magnetism.

One thing that many healers have trouble with is that they take on the effects of the condition that they are healing. I do this myself sometimes for the purpose of diagnosis. To accomplish this I take a person's left hand in my right hand and their right hand in my left hand and allow the magnetic current to flow from their right hand to my left, then I will relax and feel in my body the reaction that that person is having in their

own body. I do not want to keep that condition in my body so I clench the right hand and open the left hand and will for the current to be reversed in my body, and will for it to flow out through the left side. When this is done all the effects of the condition I have taken on are gone. Remember that the right hand is used for healing and the left hand as a receptive agent. I put my right hand in their left hand, or opposite side of the person, but the force flows from my right hand, when I direct the flow from my right hand it flows into that person's body and I receive the reaction through my left hand.

Sometimes when I give a healing treatment I will work very hard and find I cannot break through in that treatment; but I can always tell the instant I am getting the reaction, and I know the treatment is beginning to take effect, then I have no trouble in relieving the person of the condition.

A person sometimes has a little trouble in directing this magnetic force out of their body. A great part of this ability lies in the concentration of your mind. You first image in your mind the condition that you want to manifest. For instance, if you treat a person with bad eyes, when you treat that person you will for the eyes to be in the condition that you will for it to be. Do not even consider the eyes as they are. The person has had enough of that image fixed in their mind already. What you want to do is supplant that condition with the thought of eyes that see perfectly.

When this force is sent through the right hand, all you have to do is to will for the force to flow down the arm and out through the finger

tips. There is always a certain amount of magnetic energy present whether you feel it or not. Experiment with this; take a glass of water, and put your hands on both sides of it, and then will the thought of the water as having a certain flavor. Do this for about four minutes and then take a taste of it.

Many people don't know that there are two other kinds of water besides that of ordinary water: light water and heavy water. There is a certain quality of water that if you extract it and drink it, the more you drink, the thirstier you get, — that is heavy water. The proper use of heavy water is sometime going to be one of the greatest discoveries that man has had in 2000 years.

We find that one way that you can hold magnetic force in your hand, is to hold that hand out and will for it to flow, at the same time tense the muscles. You have to think of the arm and hand to hold the muscles these. This is merely so you can concentrate on the force or flow pouring down the arm.

#

SPIRITUAL POWER

MAGNETIC HEALING

Part Two

SPECIFIC DISEASES

Now I want to talk to you for a time about some particular physical diseases and conditions. One of the first that I wish to talk about is a condition which is very prevalent. That condition is acidosis. A great many people have what they call an acid condition. We know that the actual physical cause of acidosis is that the proteins and fats in the diet are not oxidized. Why they are not oxidized is another matter. We know also that the acid condition, or in other words, the inability to oxidize the proteins, and fats is ordinarily caused by two conditions; one glandular, which in turn is induced by a nervous or nerve condition. Acid stomach or acidosis is invariably accompanied by constricted nerves or by extremely high tension of the nervous system. We find accompanying an acid condition, an inability to relax mentally or physically, therefore, we know that in order to reach the cause of the condition, a person must learn to relax mentally as well as physically. One of the reasons there has been such a great increase in acidosis in the past few years is that there was an increase in the nervous tension as a whole. We may say literally that acidosis can be traced to the nervous system, but it has what we call a secondary cause, that is, the pancreas, one of the endocrine or ductless glands which lie right under the rib cage on the left side. The reason that it is not functioning normally is that because

of the high condition of nervous tension the proper automatic impulses from the solar plexus have not been conveyed to it. Often we have to trace a disease back through a number of symptoms. If there is a condition that may be alleviated by physical means we use those as a means of resting, or relaxing the condition, or removing it from the mind while we are trying to eliminate the cause. One of the great faults of medical science is that they treat the symptom and not the cause. No matter what the condition that manifests there has been some balance which has been disturbed, or that condition could not manifest. If we treat the symptom only, without getting at the actual cause, that symptom may be eliminated but we know that sooner or later another symptom, maybe not the same, but some other condition will manifest in the body from that same cause, therefore, when we work to bring about a healing we try to eliminate the cause as well as the symptom and thus our healings are permanent. There are many people who can dismiss the thought of the condition from the mind for a little time. In treating the symptom of acidosis we recommend that one cut down on the proteins and fats in their diet because they are having trouble oxidizing them. Eat as alkaline a diet as possible. Increase the alkaline content of the diet, cut down on proteins and fats, then we want to relax the mind and body as much as possible. Try to encourage the habit of doing whatever you have to during the day with the body relaxed instead of tensed. The average person burns up five times as much energy in doing things as they need. If an individual could relax perfectly both in the body and mind it would be impossible for them to have any condition of disorder in the body or mind. I know in the work that I am doing, if I allow my body and my mind to get in a state of

tension, I cannot talk very well, but if I let my body and mind relax while I am talking, I will have no particular outpouring of energy which is going to hurt me in the least, or lower my vitality. Try to relax as much as possible. Use that method as part of the treatment of any physical condition. Try to form a habit of watching the muscles of your body. If you find them tense, let them go limp. Let all of the muscles relax as much as possible and maintain the posture that you desire to assume. Then we want to treat the local condition, the gland itself that is not functioning properly, therefore, we use a magnetic stimulus on the gland. This magnetic stimulus is given with the right hand. When we treat the pancreas it is from the right hand that the emanations flow. Place the hand over the organ and then hold the thought of that organ and then hold the thought of that organ working perfectly, think of it as being an absolutely perfect organism. If you hold your hand there and continue that thought for as long as three minutes you will find that there will be set up in your entire body a vibration from the heat which is generated from the strong odic impressions released by the mitro-genetic rays of the brain. Close your eyes and hold in your thought the thought of a normally functioning organ and feel as if there was an electric force flowing down your body and centering in that position, and you will find that heat will begin to be generated in your body, and you will find that there will come an electric tingling, and you will find that after each concentration on it, after each treatment, that there will be a progressive bettering of the condition. I know that these things work because they have been proven, not in one case but literally in thousands.

Let us take another condition. For instance, asthma and bronchitis. Now we know that asthma, bronchitis, hay fever and sinus trouble or catarrh are very closely related to each other. We know for instance that the material symptoms of asthma are spasmodic contractions of the smaller bronchial tubes and that same condition occurs often in bronchitis. We know that in asthma, attacks are brought on by sudden changes of temperature, also moist and cold air, and changes in weather will often bring on an attack, or if one has been in cold air and come into a warm room or vice versa. Asthma attacks are usually accompanied by sudden changes in temperature. Again we know that attacks are often brought on by certain foods, or by odors, or by inhaling dust or certain pollens. This gives us a key that asthma like sinus trouble or hay fever is a condition of allergy. The doctor will tell you that you have hay fever because you are allergic to ornish root, sunflowers, etc., but that does not tell us what the cause of hay fever is.

Oklahoma City has one of the best hay fever, and sinus specialist, in the world. People come from all over the world for one particular Doctor to treat them and a course of his treatments will cost from anywhere from 500 to 5,000 dollars. The method that Doctor uses is to take a skin tissue test of the person by injecting the various pollens and watching the reactions of them till they find the one the person is allergic to, and when they know definitely they can send that person to a special climate, or else prepare a serum of the particular thing that they are allergic to and sometimes brings about a cure. I have found however that even though the hay fever was supposed to be cured that they

began to have attacks of asthma or similar trouble. In other words, the symptom was alleviated but the cause remained just as it had before.

Now we know that there are certain things that are used as remedies. For a remedy as a means of alleviating the condition while the cause is being straightened out the person needs fresh air, also relaxation is very necessary, because invariably a condition of nervous tension will bring on an attack. Changes in temperature should be avoided also certain foods. These are: coffee, tea, fruits, strawberries, peas, beans, of all kinds, lentils, oysters, eggs, nuts, fresh pork, and milk. Those foods aggravate sinus trouble, asthma and hay fever. Men are more subject to those conditions than women are.

Now what is the cause? Medical science as yet does not know. They just say an allergic condition causes it but that is the symptom, not the cause. The cause lies in the adrenal or suprarenal glands in the back. They are found like caps just over the kidneys. Among other things which they secrete into the blood stream is adrenalin. Now adrenalin is the energizer of the blood stream. If we have a defective pair of adrenal glands we do not secrete the proper amount of adrenalin into the blood stream. Lack of adrenalin into the blood stream invariably causes an allergic condition. An attack of hay fever, sinus trouble or asthma may be stopped almost instantaneously by the increase of adrenalin in the blood stream. In conditions of allergy there is a lack of that particular substance in the body.

We often find that one of the reasons there is an insufficiency of adrenalin into the blood stream is because there is too little of three elements in the diet. In other words, that the body does not have the necessary elements to manufacture adrenalin from. Those elements are found in foods rich in fluorine, manganese and potassium, therefore, those foods should be increased in the diet of one who is afflicted with one of those conditions. Again, a magnetic stimulation of the adrenalin glands will aid in increasing that secretion.

There are times when those conditions are not caused by a lack of proper elements but when there has come a stoppage in the nerves of the adrenal glands. One cause of High Blood Pressure is an over secretion of adrenalin into the blood stream. It is possible to cure High Blood Pressure without any more pain than pulling a splinter out of your finger, by severing one nerve in the adrenal cortex, the occultist uses magnetic force by sending along the magnetic current the will for the gland to be either stimulated or slowed down, with the thought of the condition that he wishes to manifest. When he thinks that, a mental image is immediately sent along the magnetic current that flows into the cortex and impacts upon the organ that it is being directed to, and there is an instantaneous action in that organ. We can do it externally to the body of another person by directing the magnetic flow, or internally to our own organs. We might say that low blood pressure is caused by too little secretion of the adrenal glands.

Now I want to talk about another very common condition that confronts us. That condition is constipation. Constipation may be caused by any one of a number of causes. It may be caused

by nerve tension, most stomach or intestinal disorders, or it may be caused by a prolapsed colon. A prolapsed colon is usually found in what is called the transverse colon. It might also be caused by one becoming a laxative addict. It is remarkable how many people use laxatives day in and day out, week in and week out. There is actually sold in the United States millions of dollars worth of laxatives. And yet no person needs a laxative if they are taking care of themselves properly. The reason that they need them is because sometimes maybe they have a little blockage, they take a laxative, and gradually the muscles become atrophied and the person begins to depend more and more on laxatives. Some teachers of Hatha Yoga teach that enemas should be used every day. They may be alright occasionally, under certain conditions, but by no means should they be a habit. We have clinics in California that just literally thrive on colonic irrigations.

If the muscles of the body are in proper condition constipation cannot be present, and even prolapse of the colon only comes about when there is a relaxation of the muscles which help to hold the intestinal region in its proper position. We have found that it is possible to raise a prolapsed colon. It is possible in this manner: Clasp the hands together and press the thumbs about the middle of the solar plexus. Then stand erect and pull in as hard as you can. Then rise on your toes, pulling as hard as you can. When you rise up take a deep breath and when you let down you let your breath out. This will throw the muscles into their proper position. If you continue this exercise over a period of four to six weeks you will straighten the prolapsed transverse colon.

We know too that sometimes constipation is caused because the liver is not functioning properly. The liver should secrete as much as three quarts of bile into the intestines every 24 hours. It is that bile which is used to cleanse or keep open the intestinal tract, therefore, among other things, when there is a condition of constipation we work with magnetic radiation to stimulate the function of the liver.

Now I want to talk to you for a while about skin diseases. I will tell you this: that two out of every five women, in certain localities, have some form of skin disease. We have found that the people in certain localities live under much greater nervous tension than in others. It is considered as being a proven fact medically that every skin disease, of whatever type or kind, has an origin in the nervous system. I had one lady, a very prominent person, a name that is nationally known, that had a skin disease for many years and she had tried everything. We worked on the nervous system and as we began to open the blocked nerve passages, the condition began to pass away, and as it passed, the skin disease just faded, therefore, we say that by all means, any skin disease should be treated as an affection of the nervous system.

Then again, too, we say that the reason that a nervous condition manifests as a skin disease is often because of lack of care of the skin, or because of improper diet. Any cause reacts in the weakest part of the body. In other words, the part which has opened itself to the reception of that thing more than any place else.

We say that in a condition of skin disease, fat forming substance should be eliminated from the

diet if one is overweight, and starches and sugars added if underweight; also constipation should be avoided. Iron foods should be dominant in the diet, and raw foods should be eaten very little. Again, the nerves should be relaxed and magnetic treatment given with much relaxation of the mind and body as possible. Also, the use of water should be avoided on the affected parts, especially where there is itching or burning. Cold cream should be used instead, and pork, fish and cabbage should be eaten. When one bathes, in that condition, a pound of corn starch should be added to every 15 gallons of water, or if they wash the face with water they should add corn starch to the water. If soap is used at all it should be an alkaline soap. Then again, in addition to the iron foods, Hydrogen, Nitrogen and Fluorine foods should form a major part of the diet because those foods act as a nerve soother or nerve relaxing agent.

#

