

SCIENCE AND POWER OF THE MIND

LECTURES ON LIFE AND HEALTH
GIVEN BY

RICHMOND L. BISHOP

AT
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FOREWORD.

Matter and mind have long been studied by the most gifted and intellectual scientists.

The formation and structure of matter, its principles and laws are so thoroughly and intelligently explained and systematized it has not seemed necessary to refer to any branch of *physical science*.

The science of matter has been subdivided into geology, mineralogy, metallurgy, chemistry, astronomy, but in reality no unity or harmony or *cause* has been recognized or determined upon.

Outwardly much has been learned as to physical phenomena but as to its *living principles* the scientist is silent. He must never stray away from what he terms a *fact*—meaning a fact visible to the physical eye, or demonstrable through experiment.

The mental scientist has observed the mind in its various phases and expression and generally reasons about “effects” and is obscure as to *cause*.

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These lectures explain the teachings of *Natural Science* as it relates to the *life* of man and the mental constitution. In physical or mental forms we believe that the same animating spirit is the *cause of all life*.

Spirit is the *life principle* throughout the universe.

We do not separate spirit and matter. *It is indivisible, Spirit and Matter are one*, interblended, united, changing form according to the relationships in matter (chemical affinities) varying in form according to the degree of development, this is the governing principle, from the lowest atom to the highest intelligence, in this sphere, and in the unseen.

We have endeavored to show that man is governed by these same Deific principles and his relationship to all life is according to his knowledge of these unerring laws.

Richmond L. Bishop

Teacher and Practitioner of Natural Science

Boston, Mass., June 30, 1914.

Live as the immortal child of infinite Love and wisdom, and add thy measure to the universal growth.

Kindle first the kingdom of heaven within, and the light from its portals will shine bright unto you.

Seek not that which you cannot behold with mortal vision.

Seek to unfold the inner consciousness that can behold all things.

God is wiser, kinder and more powerful than man has ever conceived of.

Harmonize yourself with Nature's treasures, and the deific centers of your own being will flood your soul with truths.

Live not in error and failure when the road to more perfect life and accomplishment awaits you.

Cast not your burdens on others. Let them fall to their own level.

Live not in darkness and despair. From the gateway of heaven the light is always shining.

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Science and Power of the Mind

CHAPTER I.

LESSONS IN NATURAL SCIENCE.

The object of this study is to teach each person how to use his own spiritual healing power, control his own vibratory force, and direct his own mental life so that there will be equalization (or harmony) of body, mind, and soul.

NATURAL SCIENCE teaches that Nature's laws are the laws of life. This life which sustains us is more the reality than the life which appears about us, and we need more knowledge of this real life and of our relationship to it. We need to understand how to harmonize our physical, mental and spiritual faculties that they may be in unison with the Great Mind—or the Principles of Nature.

We must build upon a firm foundation. The universal laws live in every organism, and it is according to one's perception of these laws and forces that

one can build by *truth*—and the conscious principles of spirit in life.

Different organisms have different qualities, but Deity lives in every form. Deity animates all things from the lowest form of matter to the highest individual conception of life.

We will briefly refer to the life principles in their action and combination and progression from the first manifestation—or the original cosmic mass—to the present forms, then onward to the higher vibrations, in order that we may generalize and then draw specific conclusions as to our own individualities and our adaptation to the universal principles, that we may find our own true individual expression.

Spirit is the life of all, or the cause of all unfolding. It expresses itself in matter through *motion* and thus we have the forces (positive and negative action) that combine and recombine all elements.

Through the varying developments of matter in its changes we find one life element of power—or radiation—in it all. It is *vibration* that reveals to us the degrees of progression from the elemental, and from this we learn the laws of heat and light and color and sound—yes of formation itself, and of all development.

The power within the inconceivably small ions is inconceivable itself—and that life of the universe—or the spirit that animates all things, is inconceivable,

varying only according to the expression or development of that which it animates.

It is this spirit that is our life. We need to establish in our own consciousness some idea of the physical and spiritual as these are interblended and expressed in the human *ego*, for this is the branch of Natural Science that we are studying.

Motion is an expression of spirit, and spirit expresses itself through the body, mind, and soul, and it is this harmonization of spirit, the mental and physical, that determines the difference in individuals, for the qualities or degrees are determined as spirit expresses itself in vibration—or action—whether in matter, thought, act, or sensation.

To have health it is necessary that the spirit have freedom through the mental avenues, that harmonious motion or circulation result.

Perfect action would mean perfect health, therefore when one organ becomes inactive—or its motion obstructed—this is soon communicated to the whole system and the vibration is lowered—or too greatly raised—and the harmonious circulation is impossible.

We must relieve this physical condition by adjusting conditions and through *motion* cause the balance to be regained. This is true as to mental disturbances as well as the definite organic illnesses.

Motion is an expression of spirit, and spirit expresses itself through the mind, body and soul.

The kind of motion must be adapted to the *requirement* of the *individual*, his disease, his spiritual quality, and his bodily organism.

We will find that we are limited beings—limited only by ignorance—and this ignorance removed and our consciousness opened and freed, there are no bounds to be set to what we may accomplish through truth and wisdom.

We must live in harmony with the laws of Nature. We must search ourselves to find in what way we lack knowledge and health, and then finding the weakness or the ignorance, set about the means to strengthen and to enlighten ourselves. In this way, step by step, one thing at a time, we round out some position, and build in such a degree that in the end we have accomplished the expansion of our whole individuality and established our health and harmony.

We must realize the Deific power and principles as they live in us, for this temple is a far more beautiful dwelling place than we have ever dreamed. *We have a beautiful body, a beautiful mental process, and a beautiful spiritual consciousness—all expressing themselves as one in this material sphere,* and the more we realize this value, the nearer we get to a realization of Divine law, and make a better, more refined, harmonious organism through which to express our conscious thoughts in health, in happiness, in the general uplift of all mankind.

We must lift ourselves to the plane of our fullest expression. We must express this divine principle of life, and light, and love, we must radiate these attributes of God that all may feel the truth that is universal.

Illness, or unhappiness, means discord. The vibratory forces are not expressing harmony. We should look ourselves over and discover the cause of this illness or depression, and should tune our instrument before we play it, for if a key is out of tune, or a string not at the proper spiritual pitch, then there is inharmony of body and soul, for the body and mind act and react on each other. We must invite our spiritual aid reverently, respectfully, lovingly, and begin the harmonization that we may be in tune with all that is universal and divine.

Know thyself!

Perfect life in all its wonderful features includes the whole depth and breadth of creation. Unfold your vision. Know the creative force in life. Become a complete mechanism, limitless in power, a soul magnet of attraction through which life centers and gravitates to God.

The great unseen universe is filled and flooded by thoughts and beautiful things that have never been expressed by man. We are breaking the chains of old tradition, we are leaving behind us the dogmas and superstitions that for ages have so congested the

material world and blinded the spiritual vision of people. We are advancing strongly and emphatically through our mentality to the threshold of eternal consciousness. We are removing all the obstacles that narrow minds, and wrong conceptions, have placed in the way that lead to the heights where love and life are eternally united.

CHAPTER II.

VIBRATION.

Vibration, the result of motion, is a living principle. It is life and power within itself, and through its principles are all life-building processes, as well as transmission of phenomena, whether material or spiritual.

Just now we will consider more especially individual vibration, for each one sends out vibration that is a result of his own quality of life, so it is necessary to know whether we have use for all that comes within our own atmosphere, or whether we should reject much that is the result of superficial thinking and ignorant living.

We unconsciously choose and attract such vibration from other personalities as is naturally adapted to our atmosphere, and the more we have grown into the finer faculties of life and the more refined our conditions have become, the more sensitive we are to

vibration, yet the more powerful not only in the quality and kind of our own vibration, but the more intelligent in choosing or rejecting other vibratory conditions; and the more are we filled with the universal love principles and with all the higher expressions of the life elements for growth in wisdom and knowledge, for our own progression, and for the betterment of all others who come under the rays of our own life.

The coarser vibrations that are constantly sent out from the lower planes of humanity have no place in your harmonious blending of forces, and you should not allow the disturbing waves to strike the vibratory strings of your own life. You must close yourself against their vibration; then they do not reach you. Or if you have become disturbed, and do not understand the cause, examine yourself thoroughly, find the cause of the vibration which is foreign to your poise, and through your spiritual consciousness you will sense the quality that you would reject,—and after becoming passive a moment—demand its departure in justice to yourself, and to all others whom you may come in touch with. Through the laws of justice and the spiritual truth through which you are living, the disturbing elements will have no power over you. You have asserted a higher power over an inferior power, and that of itself explains naturally why it should withdraw from you.

Always maintain the right position, and by constantly asking the spiritual essence that lives within you to ever vibrate in the mental and physical expression for more light and life of the spiritual character, you will attract the vibrations from the universe spiritually, mentally, and physically that will add to your wisdom and light, truth and charity and harmony, and all the higher faculties that live and operate in life, because you have then harmonized your own spirituality with your physical and mental conditions.

This harmonization results in family harmony, and social harmony, and will result in universal harmony, because as each individual vibrates harmoniously he naturally is in vibration with the higher life and the wiser souls of that plane, and because of this union and co-operation, through the law of harmony, life will become larger and more beautiful and more expressive in all the natural elements and all the natural unfoldments.

We should study these laws that we may become better unfolded in them, and thus safe-guarded and safe-guided; by the beautiful conditions we enter more easily into the luminous avenues of life and unfold the higher principles of our own conscious, natural self.

This is natural law. The abnormal individuals look upon us as abnormal, but they judge wrongfully

because of their ignorance. We are in the minority because we live nearer the great fountain of truth, yet we are privileged to live in the sweetness of life that speaks in a voice unknown to many; its language is such a harmonious melody of thought that it means more in our life than all the material gain that could possibly be given us.

We are always happy in seeking for more light and truth, and we must realize the beauty of the laws of vibration for it is through these processes that we build from our own soul-center, and the vibration will be of just the same quality as is the life of our soul.

Vibrations are limitless in power to dispel darkness, illness, all congestion, all the superficial things of life, and enable us to live naturally, normally, and to individualize as was rightly intended for us, to unfold the beautiful qualities spontaneously instead of through suffering. But the vibrations of ignorance, of sadness, of discord, of unrest, and of injustice, and of selfishness have made abnormal conditions and given unlovely qualities to work through, and to finally be made harmonious.

So as brothers and sisters working with the high teachers of spiritual intelligence, we must put our shoulders to the wheel that is ever turning for progress, and heart to heart and hand to hand, become a forceful power because of this better understanding of the laws of vibration we live in; and assisted by

Nature, endowed by every beautiful faculty that lives in the universe, may we overthrow ignorance and remove suffering, and make the world a kingdom of harmony.

The higher teachers deem it necessary that kind mortals should teach the world more truth through these natural avenues, and this school is established to give an opportunity for all who would learn more of the laws of Nature to become a powerful soul center, illumined from the heights of spirituality and conscious of the vibratory force that is constantly radiating and building through the life elements that the world will become natural and normal, lighted by wisdom and governed by love. By this creative force all life will be interblended—and the question will no longer be asked, "Why is there sorrow—why is there suffering," because these conditions will be attuned to wisdom, and glory, and truth, and all the spirituality that pervades all things for performing, for crystalizing, for refining, for perfecting life to the degree that the heart and soul of every living thing will answer that there is no more ignorance, therefore all life vibrates without the conditions that have retarded the growth of souls in the past.

There will be no love of seeing any one else suffer, no unnatural desire of selfish gain—no inability to recognize the natural purposes of life.

This teaches us to gather and build always in the

luminous life elements, and to grow in love and charity, free from superstitions.

We never need allow inharmony to dwell with us. Nature's vibrations are light and life, and are harmonious. Let us deal cautiously and kindly with our lives, and then we will be cautious and kindly to others, and will receive such light as will make us conscious souls in Natural Science, which uses for its resources Nature's laws, and sets up no standard other than that of Nature. Its ship keeps off the shallows of authority and directs its course toward the breadth of the universe, where there is plenty of room and always natural growth. Thus guided by the higher laws, through vibratory forces, it will be well reefed, well trimmed to sail the seas of this life, and at last all who step on its deck, will, through the recognition of every natural law, be anchored at last in the great harbor of peace where they will find the beautiful things awaiting them; for all the efforts have been made for the construction of the little craft, through its careful designers, through its intelligent mechanics, and its skilled pilot, that it may hold forever as a careful piece of work, normally intended as a fulfilment of every law in life that has revealed itself from the beginning through all creation.

These life elements live as an adjustment for all of mankind, to feed hungry hearts and hungry souls, and to guide the inquiring mind on its true way.

These sweet vibrations may play upon the instruments of light and the beautiful melody may be heard by the listening soul throughout all eternity.

CHAPTER III.

MOTION OR LIFE.

The Power which emanates from spirit is the Cause of all Phenomena. All forces are united by a degree of relationship, and a relationship of degrees.

This determines the quality and development and progression of everything from the lowest form to the highest intelligence.

Motion has its own principles of action, governed always by perfect laws. An increase of motion changes solids to fluids, fluids to gases, all indestructible, all ascending into higher expressions held by perfect relationships and energized by the life spirit that is Universal.

Through vibration the world expresses itself in heat, light, color, and sound, and through our own bodily organs we receive these varying expresisons *through the same laws of adaptation and vibration,*

and express again in turn, our own *nature* or *heat* or *color* or *light* or *sound*!

Chemical force, electric force, mechanical force, magnetic force are all the result of motion. The physical body is a world of motion, of combination, of degrees, of relationships, acted upon by the world of motion without, and the vibratory forces of the unseen universe as through sensation and impression the soul is touched and responds through the mind to express itself in some form upon the body.

Mind is the highest found vibration, and its "energy" from combination of spiritual essences determines the individual life, and the welfare of all humanity.

The individual is the growth and unfoldment that results from spiritual and material vibration.

If there were not a spiritual being there would not be spiritual vibration. We are conscious of the spiritual being within, and we are conscious of the spiritual vibrations necessary to govern and control in Natural law that spirit life, because no form of life can exist without law, and law itself is life.

It is natural that we should become cognizant of the existing motions and vibrations, as they are the first expressions of life, the first thing man awakens to, and as thought becomes more advanced and more conscious of spiritual law we find it *necessary* to *understand* the *blending* of *spirit* and *matter*, and

their positive and negative relations, and their harmonizing together for all growth and individualization.

The more refined the vibration the stronger it is, and more powerful than the coarser vibrations of that which seems to be pure matter, for it is the energy of life itself.

According to the condition and the plane of the vibration is the quality which governs the expression. This result is in perfect proportion to the cause, and determines the length of the waves.

Motion is life, and if it were not there would be no vibratory phenomena.

Spirit and matter are so interwoven by laws of nature that man has not been able to detect one vibration from the other, and because he lives and vibrates on a material plane it is natural that he sees vibration only from his own point of view, and so considers vibration the energy of matter alone.

But the two are so interblended and in such absolute harmony with natural law that the spiritual vibrations are to be seen, and the spiritual vibrations are to be heard, after the spiritual faculties have been attuned to the harmonious relationship of the material and spiritual interblending of life.

It is because the spiritual vibrations are so delicate and ethereal in their expressions that the materialist cannot have conscious knowledge of them.

No man can prove spiritual law by the material point of view alone. No man can demonstrate the reality of spiritual vibration by measuring the visible waves of radiation. He must become spiritualized himself, a *living* creature, then is the key given him for spiritual investigation and he obtains spiritual results.

The world has been so material in its considerations that it has attempted to prove or disprove all things by its own materialistic point of view. Material vibrations are adapted to their own plane of action, and perfect in that sense, serving the material purposes, and accomplish what the finer spiritual vibrations are not suited to do.

This is the beautiful constructive principle that we find throughout all the avenues of Nature that man may individualize as spirit, and through the higher vibrations always progress throughout endless time.

We should emphasize the importance of recognizing physical law for this will lead man to understand the higher and spiritual vibratory force which is life itself, eternal, and the outcome of the physical and spiritual interblending in positive and negative relationships, each making a perfect whole.

It is all the outworking of natural law for the growth of the soul, on different planes, which is the principle of progression.

It is an endless chain. It has no beginning, and no ending, but expresses itself ceaselessly that we may awaken to the glorious revelation that *man is a progressive being, destined for an immortal existence.*

The fact that the rate of vibration determines the form of matter, whether it be solid, or fluid, or gaseous, or electric energy, proves that both spirit and matter are controlled by vibration, and that all vibration may be called spiritual as the finer are the cause of the coarser vibrations which produced matter, so all life is a complete expression of spirit.

When man becomes intelligent enough to live in these laws naturally, the things that retard his progress will have passed away. It will not be necessary to call this life *material*, but it can then be more truly realized that that which is called *matter is but the outward expression of the spirit that lives within every entity.*

We do not naturally call wood, iron, or steel, *spirit*, but positive and negative influences produced them—they have a mother, and a father, the *formative influences from which all life results.*

Spirit is the cause, and these are but visible and tangible expressions of spirit, and it is as necessary that they be coarse and dense, as it is necessary for the bark of a tree to be thick that it may guard the inner life of the wood. So it is necessary for the outward expression of spirit to be heavy enough to

guard the finer elements that are the inner essences of all life, the beautiful love expressions and elements that are the cause of all form and all growth, powerful yet delicate, all-wise, all-knowing, limitless in development; perfectly governed by perfect laws, adapted to their own plane and purposes, without beginning and without end, and differing only in their manner of operating; so that we can find no real separation between spirit and matter, but realize that it is held as one life, manifesting from the quality that is causation and is progressively and appropriately forming and reforming according to its vibratory plane of action.

Even the physical body at transition goes back into spiritual elements, while the spiritual *character* that has individualized gains admission to the higher spiritual plane and finds its place that is determined by the degree of vibration that it has gained in its conscious experience which was necessary to guard the spirit while functioning on this material plane of existence. In this way it can be made more refined for the higher plane, as that plane is more delicate in its conditions than anything we can realize while we view the material structure of life.

The spiritual is not only more powerful, more sensitive, more refined, but softer, lighter, more peaceful, more loving, more natural, more beautiful in its perfect interblending of vibratory forces than

mortal realizes. Its conditions of progression are perfectly adapted for the soul sent out of this earthly life, perfectly constructed for a peaceful, harmonious abiding place, without beginning, without end.

So it is all but a forming and reforming and a transforming of life, and *the meaning is progression for us all*—and *vibratory conditions determine the progression of the individual from the time he becomes a conscious being, throughout eternity.*

It is well for us to become informed about all the *vibrations* that are functionizing in the *physical organism* that we may comprehend the harmonization of all the vibratory forces in their wonderful work and purposes and relationships in the individual.

We should make our habits of life normal and natural that from our own temperamental predisposition we will produce normal and harmonious conditions of the vibratory system in mind, body and soul.

If we allow our vibrations to become disturbed either from physical or conditional outside influences, we are allowing discord to interrupt the equality of our vibrating forces, and we are soon conscious of an abnormal condition which may bring about disturbances in the temperature, through the circulation of the blood, by accelerated heart-beats, through agitation, or the lessening of the heart action through its sympathetic relationship and sensitiveness to that

which we find disagreeable and unfavorable for us. The mucous and serous membranes generate a poison —(this is easily proved by chemical analysis) and the whole system can be debilitated or congested by the disturbance especially if it be long continued.

It is necessary to learn to control these harmful variations from normal vibration, and this can be done through the mental poise and will power, so that disturbance from within or without can be subdued and vanquished by the *command of the self that is the rightful ruler of the individual*.

These vibrations change the very color of physical emanations as they show themselves in aura or magnetic atmospheres.

The result in every way, every form, every expression is proportionate to the change of vibration, so that the condition we desire to obtain is an equilibrium, or complete balance of the vibratory systems.

The harmonious relation of all vibration to every part of the body will result in a rhythm, a harmony, an interblending of the powers and life principles of the physical and spiritual structure in the whole expression of the whole being, because the highest wisdom has established this as a universal order in all life, and they are the love elements of Deity that express the beauty and strength of all that is the life of Deity.

All of our senses and faculties can be enlivened

and improved and every condition of life can be made normal and natural. These vibratory forces must be controlled and directed through an understanding of Natural law, and must be used intelligently. There must be full recognition of the high purposes that the body is designed to perform. *It is the house of the soul, the physical temple of the mind* while the individual is experiencing in this first sphere, and learning how to best express the soul qualities through the physical adjustments and to unfold the mental powers through wisdom.

In pursuance of this object, mankind has formed many theories, and religions, and while there is always somewhat of truth at the basis of any belief or practice, this truth is usually obscured by the falsities and the exaggerations, the extremes and the unnaturalness of the doctrines or practices that obtain for a while, and then are supplanted by something new. When the vibratory influences are beginning to express their truth, and are gradually working through humanity to establish a fuller recognition of the mechanism of all nature's beautiful forms, they lead to an appreciation of what a perfectly constructed physical organism we are given that we may awaken to its laws and its uses, and not continue in the confusion of unwise teachings, and be ignorant of the treasures of our own life.

The so-called senses are the gateways of wonderful

privileges. These are acted upon by external sources and transmit the result to the brain which is adapted by its refined physical structures to receive every impression not only from without, but from within the interior organism, and respond to the perfect relationships that exist in every part of the body and to all that is life in Nature.

We have already said that matter is the lowest form of energy or vibration, but all of these forms have their perfect adjustment one to the other, according to their quality, and are connected according to their progression on the ascending scale. We have found that light is a higher form of heat, that sensation is a higher form of life as matter has ascended through motion.

Energy determines tone—energy determines the brilliancy of light. *Quality* depends upon the shape of the sound wave—*color* depends upon the refraction of the rays of light—so we have *shape* or *form* in all these waves, and find also that in *no extreme is permanent strength*. The higher tones are more brilliant than the lower—in light the higher vibrations are more intense; in individuals the higher vibrations are more refined—or brilliant, though a perfect temperamental equalization of the vibratory forces is absolutely necessary for harmony—and the pitch—or *standard or quality of vibration* can be *determined in persons as well as in light or sound*.

We speak of different individuals as differently *keyed*—of varying tones,—of density, or of lightness. And to show the relationship and degrees of vibration, in all expressions we speak of *color tones* in *music*, of *light* and *shade* both in *music* and in *language*, and in *art*, of color in literature,—so the mind distinguishes the same characteristics in everything, and *tone*, and *color*, and *form* are not *confined* to *material objects*, but are *descriptive* of *mental achievements* as they speak from the brain or form themselves by the hand of man, in any expression of art, or any structure of mechanics.

The effect of these sound and light waves on the physical body is marked by sensation as to the physical temperature, in heat and light,—and by muscular and nervous response to sound. It is also according to one's refinement (or key) or vibration that this response comes—and we have what is through this relationship of vibration, *taste* in music, in motion,—as well as *taste* in color, and appreciation of natural beauty.

The real effects are more to be measured through the soul's vibratory life, than through the purely physical organism, which of course has its sensory nerves so interblended with the soul functions that it is difficult to mark where one begins and the other leaves off.

There are also the perfect physical adaptations of

taste, touch, and smell, in perfect harmony with the fluid and solid matter (which we have said are merely different vibratory rates) and with the essences which are still higher vibrations of the solids and fluids.

All these senses can be refined, extended, and improved, and governed by the vibratory forces that are a part of themselves yet higher in the scale of life and expression, as they are the intelligence of the brain, and the principles of the soul.

Yet physically these wonderful powers seem almost automatic in their working, so perfect is the relationship of all things, and to be intelligent within their very life structure. The eye rejects intensity or extremes as surely as it welcomes that which is agreeable. The ear receives harmonious sound but would close itself against discord; the sense of smell is so keen that the delicate odors in Nature are inhaled gratefully while the disagreeable is scorned before the thinking faculties could judge of the possibly injurious qualities in the atmosphere.

The taste is *naturally* sure to choose the good from the injurious. The brain itself is adapted to the right uses of its own beautiful refinements even to the receiving of spiritual illumination.

The whole bodily organism is a wonderful physical system, twofold in all its structures, vibrating by its positive and negative principles, constructive and expansive, filled with all that is life-giving, healthful,

adjusting, and restorative, a system within a system of matter that is built up from foundation principles, bone, and muscle, nerve and sinew, membrane, and artery. Cell is built upon cell, form upon form, until the brain is the refined and completed organism which sends its life intelligence into all parts of the body through its nerve filaments. Every part is a vibratory, rhythmic, related force with its inherent attractions and repulsions, its power to use all that is appropriate to its functions, and reject all that is not necessary to its constant chemical processes of the organism, thus blending all the parts so that there seems no separation of body, soul, or spirit. Through the *complete relationship through the unity of the being*, through the vibratory harmony, the physical, mental and spiritual equalization has made a self development that determines its own relationship to the universe of matter, the universe of spirit, and of *individual to individual*.

As we are attaining to this intelligence and unfoldment and power, we become more and more conscious of the use of the quality of vibration, and realize the physical sensitiveness and need of all the elements that exist to nourish, strengthen and support it, in all that is atmosphere—light, air, heat, water, food, motion; and guard and choose wisely from the material universe that which is in color, tone, or harmony with our vibrating physical condition; and so

strengthen, renew, heal, or reconstruct shattered tissue by whatever natural restorative power that seems best adapted to our individual needs.

We have the broad fields of Nature to walk in, the Universal treasures to gather from, and the great wisdom to which we may expand in consciousness. Let us rejoice in this privilege of choice and adaptations, let us judge wisely of all the healthful provisions that have come through these vibratory principles, that flower and fruit and give forth atmosphere, and that flow in purity, and shine in light, and in air which vivifies the whole being and seems like the breath of life.

Let us find our harmonization with the movements of the solar system, recognizing law in all the changes and periodicities of the universal order, and find ourselves as a universe within a universe, with the formative elements, the chemical processes, the electrical polarities, the magnetic refinements that life in every atom, by its motion, evolves a perfect structure with perfect interblendings of life, with possibilities of perfect harmonization, and with the power of perfect relationships to the universe, to each other, and to ourselves.

This vital principle is the attraction that is in all particles, all powers, all forms, the love life of the universe. It vibrates in different degrees and binds all life together. New truths as to the physical life

of the individual, and a new psychological understanding of the vibratory influences and interblendings and powers will transform life.

CHAPTER IV.

SOUL.

We have briefly considered the recognized vibratory forces of matter—planetary—and the vibrations of the physical body, as it is related to the external universe; that is, in its adaptation to light, heat, sound, sensation, its action and reaction, chemical, mechanical, magnetic.

Now we want to consider the more intimate individual vibratory processes of the soul, as it acts and reacts on the body, through the higher vibratory expressions of thought and emotion, and learn the harmonization of the soul's expression, and thus establish physical harmony.

The key-note of the soul should be found and all of life set in tune.

Different people have different rates of temperamental vibration, different combinations of matter and spirit, or body and soul—hereditary, constitutional, and individual.

Some are slow, thus apparently more dense, some are more in accord with the external vibrations, while some are in higher tone and receive and express the spiritual life.

Harmony is the equality of these temperamental vibrations, in which the individuality is never lost, but is more perfectly expressed.

The soul's expressions are the affections, the attractions of all life as they appeal directly or indirectly to the individual; all the loves, of self, of family, of friends,—all the resultant emotions of selfishness or unselfishness, patience, kindness, or jealousy, envy and strife; and the cultivation of the best expressions should be the aim of every individual. All these feelings and sensations must be keyed to the individual note of vibration, to harmonize, and make the circulation even.

Our motion is increased or decreased according to the energy of our sensation. The effect on the body is well known, it is even measured by fine instruments, so that we can realize materially how our own vibratory soul waves, (as they express themselves in feeling and thought,) can be measured in heart-beats, in electric vibration and finally photographed in color, which proves that our physical vibration is refined to atmosphere or aura,—these waves are the most delicate of color.

There is absolute universal sameness in all prin-

ciples—heat, resulting in light, color, sound waves, and form.

These we express in our affections, or likes and dislikes, to the degree of motion that we vibrate in sensation.

Music, color, nature, art, philanthropy, poetry, charity, mechanics, chemistry, invention, work of any kind, art of any kind, love of any kind, thought of any kind is energy, force, motion, love—and as heat gives light so do we *radiate* according to our harmonization of the vibratory forces,—and this is felt by others. It even molds our faces into individual expression, just as surely as it molds planetary forms,—and this explains why *character* is written in every feature and act.

Vibrations of soul are from vibratory forces of spirit within that is filled with all the spiritual principles and the higher constructive elements of life, and the soul is ever giving forth these delicate and beautiful vibrations that are filled with the very love elements of our life. These sensations and emotions which are the finer faculties, and the more refined constructive processes, are ever radiating upon the mind from the higher and more perfect conditions within themselves, because they are of a high progressed nature, and are untiring in their effort to strengthen, sustain, upbuild, reconstruct, and inspire through the mind to the physical organism a more

healthy condition, more refined, more progressed, and more consciously responsive to the vibrations which are so filled with principles of spirit divine.

It is impossible for such vibrations to radiate through the soul without giving a wonderful uplift and refreshing atmosphere to the mind as well as body, and to affect also all to whom you send such vibrations.

Your own body or any other organism cannot help but respond to these life elements that vibrate from the soul, for these vibrations are superior in wisdom, and power, in life force in nature, *for Nature itself is the only healing restorative known under the heavens, and these are the highest forces in Nature.* It is impossible to bathe continuously in this vibratory force of light and love without sooner or later responding to its wonderful rays of power and truth, and realizing that the *Universe of Nature is the Universe of Life.*

Again we repeat, that our development will be in proportion to our knowledge and capability of controlling and using these vibratory forces in our own life, physically, mentally, and spiritually; and our advance to position, and our growth in life, will depend upon our own use of these operating laws of the universe.

This is the only actual, and normal, and natural good in life—*that which you develop for yourself as*

you become a useful instrument in the laws of life—not living unconsciously in simple goodness, like the apple as it hangs upon the tree dwarfed by its environment, inoculated by some lower form, then dropping immaturely to the ground—a windfall. But you will grow in the full maturity of Nature in coloring, in sweetness, in the usefulness, as does the ripened apple, and at last you will find that you have not lived only because of environment but have ripened a wonderful seed that will be planted and spring up into more trees that will bear more apples with double the seed to be planted in this universe, to bear more fruit.

This is activity in service not only for yourself but according to the all-wise constructive plan of the universe; it is for all humanity.

This is one of the sweet reassurances that in the unfoldment of life you cannot live for yourself alone, you cannot exist selfishly, for while you are receiving from mankind you are recognizing your own relationship to mankind and in this sense you are sharing your unfoldment with your brother man and sister woman.

The soul's rays sent forth by vibratory action are the very essence of life, from the soul center that is made up of the progressed power and refinement of eternity—therefore we term it the essence of pro-

cesses and powers whose possibilities have not been unfolded to the world.

It is as refining in its process as is the power of heat in the material sense to refine substance. As example, put ice in boiling water and very shortly it all becomes as boiling water. The ice has passed through the refining processes of the high vibrations of heat—and though it was originally made up of water that had stood in ponds exposed to the impurities of crude matter, it has become refined to the same condition of *that which it now associates with*, through the higher vibrations that we call heat.

The soul processes are as sure. It is shone upon, vibrated upon, by the highest life principles that are limitless in power and wisdom. Through this can all things be accomplished, therefore it behooves man to learn this truth concerning the soul's vibratory conditions.

That we may realize more fully its limitless progressive principles, let us again refer to material phenomena and reflect upon the processes which have been forming the sphere of matter which we call the earth. We know the story that science tells us of the crude conditions and the gradual unfoldment of forms of life—the vibratory processes of that which they name *energy*. *This same power has always lived in life—in the universe, and in man, and the same power that is being used through the inventions*

of the present time, the wonderful mechanisms of construction and destruction, the *controlling of the electric waves of ether*, the *wireless methods in radio engineering*, the science of radio-dynamics, with its wonderful demonstrations of impulses sent from some power house, some wireless station that transmits not only messages and photographs, and sound, but which controls signals, operates distant objects, pilots ships at sea, that mirrors, records invisibly, almost transmitting thought from brain to brain—as well as the image of thought to insensate objects. This same power lived in all the centuries that have passed—but man was living in the coarser, denser material conditions responsive only to the vibrations that are natural to that plane of development, and the finer vibrations that emanate from the soul—the essence of life itself—did not manifest as it does today.

Unfoldment is a growth—and man's progression is in proportion to the universal law. Individuals and nations in the past have responded to the universal atmosphere of truth, in some phase or other, but as a whole mankind is now awakening to the higher vibrations of the soul, as never before.

Wonderful unfoldments will result. Even our material scientists say they know not what the development will be. Civilization, and the forms of civilization must change,—and before the scientists finish their investigations of this life power—this

universal energy and electric force—they will trace light and power in all its action, from the center magnet from the unknown higher power, and in time will arrive where the vibrations of the soul will be revealed. So far they are but started in the little streams of knowledge from this great reservoir, but as time goes on they will eventually find the main body, and the relationships of the source of mankind will be seen in its power of life, and the individual will be understood as also a central organ of power and life of the highest construction.

The soul center in the unseen is the center of the universe, and all life, however small, even the atom, the cell, has its own center, its own life force, and is an intelligence as an individual in power, and plays its part in the development of forms; so that it is one round of development from the atom—the ion of energy,—the cell of living tissue—to the great center of the whole universe.

When we reach the development of a master mind and become so advanced because of our love of progression, there will be no question of our ability to send good thoughts out into the world, for our minds have formed a fitting structure for sending thought. The vibrations of the soul have established its strength and it will always stand for what you have made it, a power in life.

The strongest, yet most beautiful, vibratory force

that radiates from the soul, is the vibration of love. That is why Love has been called God—and God has been called Love. This is the highest power, this vibration of love, and will succeed in its effort when all other efforts fail, for other efforts are on a lower plane where the vibrations are correspondingly less refined.

When we work out our progression and arrive at the plane of a master mind, we share nothing but love for all. Even the ignorant man whom you call your enemy you will love, for you will then see him as he is, and your sensitive emotions of peace and harmony hold the justice firmly fortified that the love elements within have built as a heaven itself, and because of this, the masterpiece, the *master mind of all is this love element of life*, which in its vibrations expresses all the delicacy, and tenderness, and peacefulness in its harmonious relationship with all that is of universal relationship.

Thus we find that no soul can find the individual key-note that enables him to strike the proper octave of harmonious vibrations until he is progressed to the stage of development where he receives the soul vibrations in every atom of the physical body, and becomes thoroughly cleansed by its purifying processes.

Until mankind unfolds to that degree in soul vibration he is living in unwise and unhappy and promis-

cuous relationships, and not in the system of Nature's laws. He is wandering in the dark, in a condition that is merely experimental, and which cannot produce satisfactory adjustments of any kind. He is unintelligent and unable to find those who may be tuned to the key-note that harmonizes with his life,—and so the world is filled with discord.

The leader of an orchestra would never arrange for a bass viol and a drum to play together or for other instruments so unrelated in vibratory quality, but he finds his right toned instruments in careful gradation, attuned to their key-note, arranged suitably to each other in harmonious vibration, perfectly related in tone to each other in the musical kingdom, and then the result is a "concord of sweet sound."

In the harmonization of society, and the happiness of mankind this is a much more important science, and a necessity for every soul,—every mortal to know the vibratory laws of his own being. This is an absolutely important thing in the education of youth, and should be an every-day study. Then, when each knows his temperamental vibration in coloring, in the physical structure, in any especial talent, in thought, and in the love elements, he can study to better adjust its inequalities and to direct its harmonious unfoldment which is in accord with his key-note, his vibratory plane, and he can recognize whatever his relationship may be to another, to those who

should be associated with him, and who should especially play with him in the great symphony of life. This is the natural result of the natural elements of the physical, mental, and spiritual unfoldment, built by Nature's laws—not by individual selfishness, but by absolute unselfishness, and through which is the only way that man can ever gain absolute freedom. This freedom is the birthright of every man and woman—the freedom to live in the constructive plan of life, and thus to unfold the beautiful qualities of the individual, and together progress in the harmony that is an eternal principle of Nature.

Then there would be no discord for people would recognize the different qualities and qualifications of each other, and would naturally recognize each as a different instrument which in proper balance and relationship gives peace and tune to all. Each is necessary to every other, *but the right instruments must be brought together, and each must in kindness recognize the rights of others.*

This leaves no room for discord or inequality of position. Each will know his own place, each will be as happy in his orchestral part, and whatever the differences, or the qualities, will play on as tunefully as fife and drum, as the more harmonious harp and violin. Each will be content, for each will know how to adjust his life naturally, properly, and in order, and as God loving children work out the laws

that reach to the soul center of each individual, and know his own. Then there will be no need of laws of detention that are both obstructive and destructive to the soul's expression, but with the great lesson that has opened the understanding, illuminated the brain, and penetrated every atom of the whole being, mankind will walk out into the glory and freedom of his own life!

When life is attuned to these vibrations—as skillfully as an orchestra is attuned to the instrumental pitch—there cannot be sickness or the ills of social life, for these are the obstructive elements that are the result of unwise and inharmonious relations. When man knows his own place and becomes a natural creature through the physical, mental and spiritual unfoldment, then will freedom be the effect, and the door of detention will fall. Victory will be won. Slavery will cease. The love elements of the universe will be operating in the highest and most powerful vibration. Deity's laws will be understood, and all of mankind will know what we have now learned, that the vibration of soul is the gateway to life and liberty, to peace and harmony, and to all that is unfolded by progression.

The School of Natural Science has opened this gateway, and invites man to walk therein.

Its walls are built of wisdom, its decorations are the principles of truth. Its doors are opened free to

all souls who grope toward light, and who seek truth and unselfishness and the fuller understanding of all the great vibratory principles of the *Universe of Life*.

CHAPTER V.

MIND.

The mind is a mirror of all the vibrations of physical and spiritual life; a receiver of all thought vibrations, and a complete register that retains all thoughts and acts and deeds of life from the time of birth throughout eternity.

The mind is a spiritual instrument that sits upon the seat of justice ready to respond to the action of the physical brain and to the soul sensations and gives forth its vibrations from the spiritual principles within man.

This part of the Mechanism of the life *consciousness* of each individual *lives through time and eternity*. It responds to every emotion of life, and seems to hold a neutral position in order to do absolute justice to the individual. In its vibratory rate and refinement and sensitiveness it is next to the soul.

It is of great importance to know how to operate

the physical organism because of this wonderful receiver and register of life. It is necessary to awaken to the beauty of its limitless possibilities, not only in its manifestations here but in that which awaits us hereafter.

The reflection of the soul's vibrations continuously feed the mind with wisdom, power and beauty. It is because of this that the mind holds a balancing power over the material life that will naturally lead man into the fuller realization of the celestial principles of higher and nobler living. The mind responds to the condition the individual makes, and a mind that is stimulated by the reflections of the high and broad conditions that we may establish within ourselves, will become a wonderful power, since it is a receptacle for strength, for life-giving principles through deific wisdom.

Such a mind is fitted to be an influence in the lives of others to just that degree, that are banished from the brain the smaller and less intelligent, obstructing things of material life, that are superficial and unnecessary, and have been brought into life through the ignorance of man. Then through the limitless wisdom of the constructing principles of life, through natural laws that are immutable and unchangeable and that man must always respond to in order to be a successful operator of those vibratory forces, will be established a condition that will be free

and unhampered by the shortcomings, the mistakes, the suffering that always results from the lower and materialistic vibratory conditions.

Then only can the mind be at liberty to play its part in the highest, ethereal life giving things, and this too will be in accord with the opportunity we give it to respond to the promptings of the soul's vibrations.

The mind is a most delicate, most beautiful instrument. It is the sensitive plate of our life. It is made up of the spiritual principles and life elements of the all-wise constructing forces, that it may become an instrument to receive and transmit all thought vibration, and to reflect into the individual life whatever is for its upbuilding—and by the same principle of operating responds to all that which retards progress, because it responds to every thought, every act, every deed, and every intention of that which is materialistic as well as spiritual.

Thus it holds man up to the bar of his own justice or injustice, to awaken in his consciousness the knowledge that he cannot live in darkness and expect the light. He cannot live influenced by inferior associates and by inferior attractions whether they be thoughts or entities, or live without any purpose in life and still expect the beautiful and that which is most desirable.

If man wanders away into the onesided aspects of

materialism and an apparently wasted life — yet which is not wasted, for its expression was doubtless necessary that he might receive more light and find it a necessity to respond to the higher vibrations after sufficient experience with that which was coarser, then through suffering he will awaken to the normal and natural way of living, and become poised and strong.

The mind keeps a very accurate account, and its lessons are burned deeply into memory, and it is always waiting for the recognition of the consequences that result from superficial and wasted living.

Mind is kind and just in its constructive principles. It never deceives, but gives a full account of what has been done.

Then when we find that the individual life begins to turn toward the higher vibrations that radiate from the central soul of spiritual principles, when the individual arrives at this center, the mind then reflects what has been lived. It is like a crystal, clear, and pure, ethereal and sensitive, and seems to hold within itself no cloud nor darkness, yet it centers and reflects all the life of the individual, and he can look upon it as a wonderful picture, a revelation,— and in a flash beholds presented to his understanding the physical organism, and sees that every atom of

the body has responded to what the life has been in all its expressions and emotions.

The finer things cannot be given language, for mind has such powers, such possibilities that it receives and responds to all the vibratory forces of the universe, to the great deific teacher, the center of soul vibrations, to the essence of life that gives of its powers as fast as is desired, as fast as is made good use of, and which is always giving to the mind the beautiful principles of pure wisdom and love.

Thus we find that the great lesson of progression is being received by the mind and the brain is responding to such thoughts and the physical organism is feeling and sensing the powerful rays of intelligent vibrations from the soul, and from the mind that receives from the soul, and thus it is reflecting these thoughts and the higher vibrations that are limitless in all the conscious knowledge of the universe, physically and spiritually, for progressive life.

Through these processes the mind is continually clarifying and purifying the material body of all its dross and making it a sensitive organism for finer expressions. The individual becomes attuned to all the progressive vibrations that radiate from the heights until he arrives at a normal condition of health and harmony, and responds to all the luminous qualities from the deific center. It has become a normal physical instrument because of these purify-

ing powers of the soul vibrations. The mind has been given absolute freedom to work in absolute harmony with all the building processes and it responds to all thought vibration for wisdom and knowledge of natural law that are the only avenues of progressive life. Then the mind cannot be interrupted by superficial things because the physical organs have been forced to a harmony by natural principles that have interblended with the mind; and through these essences of life's all-wise truths the mind has been sweetened and strengthened, and receives and transmits these limitless powers as fast as the individual can make use of them for self, and for mankind.

In this mental poise the individual cannot be swayed by inferior individuals because the mind does not respond to superficial and lesser attractions. *The mind always responds to the vibratory plane of its own conditions, whether in earthly life or in spiritual spheres.* Mind must always harmonize with itself for more life, and in return give out more life, as it progresses in the divine, constructive delicate vibrations that are just and beautiful in all their principles.

It was the same angel of love in the first experiences, for it gave man an accurate account of the coarser experiences that caused him to turn to the finer expressions. And even though we receive the

knowledge of these coarser experiences the mind is so wonderfully constructed that it is in itself a restorative, and responds lovingly to the touch of the highest vibratory forces, and cleanses the brain and purifies the consciousness and places the experiences in its divine usefulness, that the individual may become beautiful in the light, truth, and life of immortal intentions and realizations, and reflect its visions from the soul center of unseen life upon the brain. The consciousness responds to all the principles, and these are operating laws for every living creature from the lowest type of man in earth-life to the highest spiritual unfoldment.

Thus we find the mind a thing of purity,—of beauty, of love, of delicacy, and it receives the perfumes and essences of all truths in all forms of life and because of this it presents the highest, strongest, noblest, purest character building that is inexpressible, unspeakable by mortal lips, to be sensed, to be felt, to be lived within, by every individual.

We are led to behold the truth that the vibrations of mind are constructed by the wisest principles in the constructive laws of life, enduring, and by its restorative power is the great time keeper of life, the great intelligence that knows all the phases and forms from the lower, darkened conditions to the highest glory of God's merciful love, wisdom and beauty.

We find in this the qualities that never die, qual-

ities never so darkened but that they can be cleansed and clarified and purified and unfolded to all that is progressively beautiful and powerful and true.

Therefore mind is untiring and enduring. It is filled with life, with vibratory principles that can never be destroyed, that can never be broken. It is beyond what has been put in words. It is the absolute saviour of the individual for it never loses in any phase of life. If the individual has retrograded so that all of his life has to be lived in conditions that must serve as a lesson of lower things, it will in the higher life bring the individual out into the higher plane and the realization will come that he is a part of the higher expression, and that the only love in life is the love of truth in progression and that unfoldment must result through self in the laws of deity in earth and in spirit life.

It speaks a language even in the world life—a language of silence. It can be understood in all other lives. It photographs all conditions of every life that it comes in contact with, and is held upon the tablet of vision to be seen and understood.

This life of deity in each individual registers wisdom. It speaks with wisdom, it speaks in tones of silence—it is unspeakable, it throbs with love never uttered, it pulsates in tones never heard, it radiates light and life in such delicate purity that man feels

its divinity in his soul, and reflects its rays to every atom in his material organism.

Thus it receives, holds, and reflects all of the higher love principles, cleanses and purifies every atom of the body, and at last gives mankind wonderful visions by its reflecting power, of the divine creature that has been guided up from the lowest elements of life to the highest plane of God's love.

Each individual is given the consciousness that he has become a soul force, and in time is going to add to the universe of highest expression a power that has never unfolded in any other character, because there never can be absolutely the same expression of characteristics in different individuals, but that each unfolds by God's plan, and that the universe is made more loving, more beautiful, more luminous, more expressive, greater and stronger than at any time previous because *through every individual soul and character is received a higher degree that continuously unfolds the universal life.*

This is received by the angels of the higher life and beheld by them as a new power of new beauty, new in its living qualities, new in all its faculties, for a new character has been unfolded and there will be rejoicing from the heights, and a symphony will sound in more beautiful tones because of this harmony that has become a part of the great orchestra of the universe.

A new born soul has entered another sphere of soul possibilities and its vibrations are radiant with the purifying light of the heights. It is now a mirror to reflect its own life to the universe.

Now you understand the wonderful soul you have been and are, because of your purpose to be of service to all humanity, and your service will be beheld and known through the mind's vibrations as they reflect from the heights to the lowest valleys, and the souls that cry out in these valleys will receive new light, new power, new principles, and will be reached as never before.

Thus you have been a saviour to yourself and to others, through the mind's wonderful vibratory principles in the universe of life.

CHAPTER VI.

CONTROL OF MIND.

Every new born babe is a delicate sensitive instrument brought into the earth life where it is destined to grow to maturity that it may unfold its own individuality and develop a character in likeness to Deity. *The experiences of this life are for the purpose of unfolding the most beautiful attributes in the individual nature.*

In order that a child may have a fair and normal opportunity to grow into the best expressions, and have control of his own personality or mind, it is most important that the influences of the parents and all that which surrounds him as a babe are those which are best adapted for this unfoldment, and such as will be wisest in assisting him to use his own reasoning powers as immaturity is outgrown.

A great responsibility rests with parents, and we feel that many adults are now suffering because of

the unfitness of their parents to be real teachers of the philosophy of life, and they in turn have not given their offspring the best opportunity or the wisest guidance for the broadest and most unselfish development of their personality. Therefore we have the child handicapped by parental conditions and by heredity. The past generations have been hindered by the teachings that were ignorant and unjust.

This has not been the result of wilfulness nor because people did not desire the best, but they had not received the truth, and they were unable to give their children a philosophic basis for understanding life. Even the inequalities of their own natures were mirrored in the characteristics of their children—and so the race has struggled up through superstition and selfishness, and children have had to accept the opinions and ideals and the limited knowledge of their parents, and conform to the standards of custom and the forms of the age they live in, until at maturity there are few children who have any ability to think for themselves or feel any desire for a better expression than has been handed down from the past.

The personality is smothered. It has not had an even chance to develop as Deity in Nature provided. It has been robbed of its birthright, and wrong interpretations have been given as to its life. *There are no truly natural nor normal conditions surrounding*

the young and the great constructive plan of life is unrecognized. If by chance the youth is later led to a philosophy that teaches natural laws in all their varied expressions, if through some experience he is eager to reach the center of truth, and is led into a knowledge of the universe, the principles of Deity, and his own vibratory forces, then he for the *first time beholds what has always existed*, and which Nature has always so beautifully provided through all her forms for the progression of all life.

This child has much to overcome. The past conditions have been unfavorable. Heredity and environment are reflected in the mind. Then must he find the avenue that leads to the normal condition as nature intended him to walk in.

After opening the consciousness to natural truths and after casting out the obstructive teachings of the past, we find that the *mind responds by its own beautiful qualities*. This mentality has always been guarding and guiding the child—but has never before been given any opportunity of expressing its own inner principles. It has at last led the youth into a love for philosophic truth, because the mind itself has all the attributes of the higher life principles, and is ever speaking to the brain itself to reverse its action of thought that it may develop naturally, and allow the individual to live truly, and thus draw the

whole entity unto itself and express all its higher impulses.

Then the mind, because of its normal and natural vibrations, is kindred with the soul, and this is ever prompting the mind with higher desires, ever leading man to a knowledge of the higher vibrations and self realization.

To prove this let us again speak of childhood,—of the little one with its unfair chance in life. By and by it reaches the period when it begins to understand something of right and wrong.

Very likely the child may show ill-nature, selfishness, or possible unkindness at times, because all of these traits of character have been absorbed from the atmosphere of the parents, and transmitted from their fore-fathers, and also result from their early teaching—yet, in spite of all these abnormal conditions that are implanted in that little life, the soul is ever reflecting itself, prompting the mind, speaking with intelligence, wisdom, and right, and it always influences towards the right way, to the right unfoldment, to the higher conditions, to the more beautiful expressions, and leads it sometimes into the sweet dreams of a future existence that it may influence the child to a higher inspiration—but opposed to this is the constant rebuke of the parents—that the child is continually doing wrong, acting wrong, thinking wrong,—and still the parents are not awake to the

fact that the child's behavior reflects the image they planted there, and that the mind of the dear little one is still holding so sweetly the natural essences, the building and constructive principles of universal life and God's love.

So we find, that after all, the mind is ever working with its own vibration to turn the thoughts of the little one to all that is high, all that is ennobling, until the child struggles on out of its suffering, out from its punishments, out from the environment, out from the influences it unconsciously absorbs, out from the injustice of the parents who do not recognize the reflection of their own lives in that which displeases them in their child, and that which the mind has been given no chance to cast off that it may assume its own beautiful image, until by its own pure elements the mind asserts its own natural expression.

The mind never becomes so affected by conditions of darkness that its restorative elements are lost, but it cleanses itself so clear that it nestles close in the life of the child with its tender love and mercy, with its God given truths, ever speaking kindly, nobly, wisely, until it has melted away the dross and density and coarseness of the lower vibratory conditions that had been cast upon it through the ignorance of its ancestors, and through the unfortunate unfairness and opposition of surrounding circumstances and influences.

Thus we find that the child arrives at a larger and broader view of life because of all these purifying elements of the mind, because of its loving principles, because of its ever enduring qualities, because of its unfailing effort toward mastery, and by its ennobling guidance toward all that is powerful and good. Thus it leads the individual to its own awakening, when it may behold the universal laws from within and from without the universe even to the heights and centers of eternity.

Its normal poise, its fair opportunities, its even chances given to it by its soul's birthright, stand before its vision; it is felt in the brain as a mighty picture. It sees as it looks carefully and closely into the mind and beholds the principles and possibilities and limitless love for growth—which is the greatest incentive of all to all true children of earth—and it finds that it is like looking into life itself. The longer you look, the more carefully you think, the kinder you become, the wiser you grow, the more keenly are you awakened to your responsibilities. You see so many other lives reflected in your own life. You sense the unspeakable truth of the soul's radiation, (that is so powerful in all its operating principles to awaken the consciousness to realize the great universal laws) that lives in keeping and in harmony with the mind, which is the avenue to the

great spiritual life, both in mortal and in spirit, that holds within it Deity's plan for eternal progression.

The brain awakens under these normal and natural conditions, the conditions it should have had when a babe, and because of the tender loving goodness of the mind it has become a guide in character building, and is fitted to control the brain, because it is ever ready to respond to the operating laws in God's Universe, to every loving principle for wisdom and growth.

It is through this harmonization and love of individual development that the mind responds to its *natural* influences.

Now the mind and brain walk together in co-operation. The responding of the brain to the noble possessions of the mind has harmonized the vibrations of the brain, mind, and soul, and made a completion, a oneness, united by the living principle of spirit, baptized by wisdom, tenderly guarded and guided by Infinite Love, till the highest soul centers pour in upon the individual their powers and truth and the three parts in life are interblended.

The cold world of misunderstanding can never sever this relationship within the individual. The mind has received the influx of its own divine powers, and the brain submits to its requests, because the material organism has become strong and wise in its operating powers, through the supremacy of the soul.

He can direct his mind to the limitless power of spirituality that vibrates through the soul to the mind and brain, and direct this force to any part of the body for the upbuilding of tissue, or for strengthening the organism, or for giving light to the material densities, to dispel the coarser, obstructive elements that are caused by ignorance, and that make the inharmony of body, mind, and soul.

These vibrations are luminous, powerful, ethereal—*they are life itself*. They can freshen every organism. They can restore individual poise. They can renew energy, they can remove from lives every thought, every act, every deed that was ever thrust upon the organism or cast into that atmosphere through unfairness and unfavorable opportunities of the child life, and make the mind free, and the material organs harmonious in their functioning. The rhythmic harmony that is given through Nature's laws can be established—even though it has been seriously interfered with,—until there is a perfect harmony of pulsating and heart-throbbing music in the physical condition, for it has been clarified of all its weaknesses and made strong through its own individual victory.

It has become a harmonious personality through the mind vibrations, and the mind controls the organism, directs wisely and counsels uprightly and truthfully.

This gives one access to the great swinging of the living pendulum that keeps every organ functioning, every atom of body, mind, and soul swinging also in rhythmic action, and it gives access to the great universe of life which moves in harmony, in keeping with every deific law. There is always an accuracy of adjustment, and you can regulate your organism, body, mind, and soul, to just the conditions that you have progressed to in the adjustment of your life as time goes on, and this pendulum will swing more accurately, more beautifully, and express more light, more love, more strength, more delicacy and beauty through the delicacy of the higher vibrations of this harmony of body, mind, and soul, until you find you have reached a higher plane in material life. Before you pass from this existence you may be a master mind because you have learned the way and come into harmony of the physical organism, in harmony with all the beautiful attributes of the mind that are being constantly fed from the soul's vibrations, and so you are a mighty operator in the universal principles of three in one. Now have you been put in time. You are in harmony.

All can find their key-note, all can find their octave and attune themselves to the higher vibration, all can strike their key at one time and find the harmonious vibration of the different keys and octaves. All this is necessary in order to work out a complete and uni-

versal life, and to become awakened to the true knowledge that by the vibratory forces of mind, the child lost in the wilderness of material expression has been guarded in all the youthful wanderings, protected yet allowed every lesson to be engraved deeply.

Mind is true to its duties and moves on every plane. It may be called upon to operate from childhood throughout eternity. Thus even the child is led to the throne of its own conviction and awakened to higher truths. The beautiful bud has blossomed within its life, and has unfolded its own individuality. Thus are conditions worked through till the avenue is reached that leads to the higher plane of vibration, step by step—sometimes the individual almost despairs on the way because the clouds of the past experiences are so dark, but the enduring, energetic vibrations of the mind dispel the density and light and truth make clear the way, until the child has become a man, and the man has become a harmonious soul in all the natural functions. The years of varied experiences have made him a complete operator in these laws of life that control the mind's vibrations.

He has been forced to work out his own salvation in health, life, in wisdom, and has radiated and illumined his own life by the higher and more glorious revelations that are within the universal centers of God's love and truth. He has become a power to

reach out into earth and to teach other hungry and thirsting souls to awaken slumbering minds to recognize their normal and natural condition.

Thousands shall be led to this consciousness by the working out of this one life, by the wonderful reflection of this sensitive plate within, until the atmospheres of others are penetrated, and they are assisted upward in the same pathway, and their lives find the adjustment that must take place, sooner or later, in every individual.

Such progressed souls are not only teachers but are powers in the world. Their influence is felt in the souls of men. Thousands shall be led to the centers of their own truth, and from this searchlight that is cast upon God's universe from the reflection of this great power, the lost individual will be found. Their unfair chances, their crude conditions, their sufferings no longer hold them, but lighted by the great rays of soul life directed by the mind's vibrations they shall follow this light and unfold to conscious knowledge of the truth. This light may be from your own soul, shining by its wisdom gained through the earthly expression, kindled by the loving tenderness of the spirituality of the mind.

You have worked out your own salvation, and thus you are living in the higher atmosphere of a more perfected condition in life. All this is through the spiritual principle that lives in the mind. This is

ever beckoning to the individual to turn the brain's operating functions to its universal principles, and with its tenderness and love and all enduring power gives you mastery of mind that will never be lost. No power is so superior that you will ever give up this individuality or character, but you will grow wiser and more beautiful, and more powerful throughout eternity.

This is all yours because of the vibratory forces of the mind and of your knowledge of its powers.

Listen to its voice. Behold its image—it reveals Deity's love. As a child it has led you, and trusted you, and guarded you—and you have proved a worthy character in all these varied expressions.

CHAPTER VII.

CONDITIONS OF MIND.

Mind is subject to vibrations that are in accord with the condition of the individual. The world should be better informed of these conditions in life, and awakened to the influences that assist individuals from the results of their own carelessness or ignorance or misdeeds. The laws that govern the mind should be better understood, then can health and happiness be safeguarded.

Many are awakened to a realization of their superficial living or misused talents and the natural opportunities for better expression only through suffering or perhaps that which seems a complete downfall materially or physically.

The mind that has fed itself upon all the attractions of the lower environment, cannot respond to the higher and nobler ideals, or be companioned by minds that are superior and more intelligent. The coarser

mentality gathers to itself the débris that chokes the very outlet of inner, purer consciousness. It not only builds obstacles, but it accepts the materialistic standards that time and ignorance and custom have already set up as desirable possessions.

According to the situation, environment, education or ignorance, talent or craftiness, coarseness, brutality, or abnormal ideals does the individual seek to gratify his tastes or acquire the things that seem necessary to his enjoyment.

And while the individual is often a victim of hereditary environment, while he does not have any choice as to his place of birth or parentage, or early associations or education, or deprivation—yet the mind gives back just what its constitutional tendencies indicate, and just what the individual loves and absorbs—whether this is of a base, criminal, intemperate, materialistic nature or whether it is of a refined, unselfish, just, loving, truthful, intelligent and gifted expression.

It is true that at the beginning and even in later years the unfortunate wrong doer, and sufferer or degenerate is not responsible for his condition, but it is the outcome of the ignorance, oppression, bestiality, greed, disease, and injustice of that great factor we call civilization—yet the lack of development, the darkness, the illness, the crime, the materialism dwarfs that mind and soul and draws to itself the

influences of that plane of life, until it is awakened either here or hereafter to the beautiful and natural truths that are the wisdom of the ages crying outside the gates of life, asking admittance and recognition. There is no need of living in suffering or ignorance. *The Powers of Nature are sufficient for every individual*,—and while there are devoted lives who have always given themselves for the unfortunate,—and while there is at this time an effort more mighty than has ever been put forth before to establish justice to men, women and children in every walk in life, yet civilization is held back by the selfishness of the powerful, and by the ignorance of the masses.

To those who are most responsible, to those who evade the duties of our common humanity, to those will come the bitterest awakening. *Cause and effect go hand in hand*. They are inseparable, twin principles of the universe of matter, the universe of soul, and the universe of mind.

There is absolute justice in this and while much of the suffering of life comes through ignorance, its *effects* are just as legitimate as that which results through wilfulness. The latter may be more stubborn, may be harder to awaken to his responsibilities, but the pain and the deprivations and the lack of development give suffering wherever they are found. To save the world this wasted time, this needless misery, we earnestly call your attention to the unerring *law*

in matter and in mind that like attracts like, and such is the universal relationship, such is the connection between the seen and the unseen, that whether we are sensitive enough to recognize it or not, there is a potency in the unseen that is as influencing and as powerful as that which we visibly behold, tangibly handle, or audibly hear.

The great forces of mind are operating in an unrealized unity; they are everywhere operating according to the development, the taste, the culture, or the ignorance of that which we term consciousness. *The psychic waves are as real as those of the ether.* They are as accurate in their transmitting and receiving power. They build temples of wisdom, or they gather to themselves the superficial attractions and form structures that allure the imagination and minister to the materialism of the superficial.

Life is permeated with their magnetism, their customs, their standards, their authorities, their injustices, their diseases, their crimes, their false loves, their perversions.

If the awakening has not come when the mortal body is cast aside, then the mind takes with itself the effects of its misused, misguided, ignorance. We have said in a previous lecture that mind is a great reflector. In its constitution it is pure, natural, noble—but in the earthly life it manifests through a material organ, the brain, and in turn is acted upon

by the soul's vibrations. If the soul has been dwarfed by unwise and harmful loves, and has been the birthplace of unkindness, bitterness, malice, and injustice (whatever the cause, whatever the responsibility) it takes this unloveliness into the second sphere, where it there must work out its salvation and awaken to the light, and outgrow its ill-proportions.

Though spirit is pure, spirit is the life principle, that too expresses itself in soul characteristics, and the unhappy mortal or undeveloped individual in the second sphere is not transformed suddenly into a being of light, wisdom, and power, neither is he made suddenly whole, and clean, and sinless, through the suffering or wisdom of any other being. He must work out the consequences of his unhappy life, his unfavorable conditions, and while in this plane, he is yet far from wise, far from loving, far from just, far from high ideals, and if the life of men and women in the earth is vibrating in those same avenues, they are inviting the same sort of companionship from the unseen that they co-operate with and fellowship with upon the visible plane of life.

In either case, upon either plane, in either sphere the mind is perfectly just and honest and ever ready to respond to what you absolutely wish to be, and it presents to you, your life that you are living day by day, continually trying to make plain to you that

you are stepping downward, and that any time you are ready to turn, any time you have received enough of such experiences it will be your guide and your protector, it will reveal to you as fast as you can receive, your own powers, and will attract to itself the influences and potencies according to its advance, and lead you into the treasures of your own mentality—that which is not superficial in principle, nor materialistic in structure—that which cannot be given you, nor bought, nor sold, nor taken away from you.

So should you be a law unto yourself, poised and undismayed, secure, uninfluenced by anything inferior to your soul's highest endeavor for true, natural expression.

But the petty materialism, the ignorance, the injustice, the superstition, the civilization that is not in keeping with Deity's laws, but is in response to the accomplishments of man, the idols, the money gods, the fashionable perversities, have made the race susceptible to these expressions, and mind reflects to them their own lives.

Thus these conditions are man-made, and vibrations of a coarse, materialistic nature are forced upon the brain, and in this selfish turmoil there seems but little opportunity for God's beautiful systems of law,—revealed through nature—to attract the minds that are opened to such influences from individuals who

live upon that plane of life, and who are in harmony with them.

Thus we find that there is a certain assistance given either in the upward or downward tendency, according to man's conception of living, and influences are attracted from either side of life that co-operate with their own kind, making a twofold factor in development or retrogression.

If the physical organism and mental direction are of the nature to express excess or unbalance and if life has presented opportunities for unrestraint, then a sensitive organism becomes more sensitive to the outside influences that are vibrating on just that plane, sensitive to the individuals who are living just that kind of life, sensitive to the spirit entities that are in unison with those desires, and the mind vibrates with just that which the individual life has placed upon the brain both in earth's existence and in spirit existence.

Thus they are not alone. They had company before transition and they have company after transition, and the thought that they would not be lonely nor alone encouraged them to continue in their course of action. It has been said that "misery loves company" because they are comforted by the very natural feeling that they have not stepped so far downward but that they will meet many pilgrims of the same kind by the wayside.

The minds that are thus sensitive to outside influences are always sensitive to the thoughts and atmospheres in life that are thrown off as waste matter from those who are outgrowing such conditions and are leaving the *débris* behind.

Such densities are absorbed unconsciously by the unpoised, undeveloped, weak ones who are living in the depths of ignorance. Thus we find them always complaining of their troubles, of their condition physically and materially, of injustice, of the unfairness of others, and everything in life seems wrong to them. They do not find the wrong in themselves, and finally arrive at the necessity of seeking the help and advice of the higher souls in earth's expression who are healers and teachers of right living, and they are sometimes led to such instruments through the thought of some higher soul in spirit, that they may be awakened to a higher mentality and become susceptible to finer vibrations.

The mind responds to those conditions, and begins its true development. Would that all could begin this unfoldment of their own natural consciousness from the first, and give the mind its opportunity to always reflect back the great and beautiful truths for better things and wiser living.

The world has been in ignorance of its own laws,—and “we would not have you ignorant brethren”—but when you have made such conditions and lived

under them, do not be surprised, do not complain for that which you have invited into your life—that to which you have opened your consciousness, and that which fills the mind with coarseness and obstructions.

These conditions disarrange the beautiful principles of thought and impair the brain structure and sometimes the excess is such that you are preparing for absolute lack of control and an unreasoning, unbalanced mental condition. While we sympathize with every unfair beginning in childhood, before individual responsibility can be established, and while we are inspired with deep sympathy for all unfortunates, yet are we fired with deeper enthusiasm to teach you the normal natural laws and vibratory forces in the world, that you may better know what you may expect from your own individual life, not only in its independent action, but by inviting into its consciousness other lives that are abnormal and bring other degrees of ignorance and viciousness and folly into your atmosphere. You receive in return just what you place within your mind.

The angels of the higher spheres through the instrumentality of the intelligent souls in earth life are setting forth the laws of the mind that greater activity may be given the mind and awaken all people to a realization of truth.

When a seed has been wrongly planted there must be a wonderful cultivation given it in order to get

good products from it. And so with that which has been implanted in the brain through the misunderstanding of the past, and because of this injustice, in the name of the great Deific principle that throbs so tenderly and lovingly in the universe, that reaches out with arms of truth to bring to its breast all such weary souls, and gather into safety all who have journeyed downward in the pathway of retrogression, let us become more obedient to the laws that govern mind so wisely, and interpret these laws as they reveal themselves in the great universe of truth.

This intelligence which flows through natural avenues enters in upon the mind, enlarging it, radiating it with wisdom, adding vibratory power, and through its finer principles in mind even those minds of which we have spoken, shall be brought back to their normal places of adjustment, back to their own centralized power, and normal vibrations established.

The characters of saddened experiences in mind and body, those who have been made abnormal by the absorption of such unwholesomeness, have closed the chapter of such suffering for eternity.

They have found their way back, they have found their adjustment, they have found themselves as new instruments operating in God's laws intelligently, lovingly, justly. They are cleansing their minds in God's ever flowing fountain of Natural life.

Oh, *Natural Life!* How sweet, how tender its

life as it sings in the ear of man and throbs in his soul, and speaks in the silent language of emotion, and tells him of the higher life. We behold the souls that are uplifted through the influence of one mind through the teachers who unselfishly labor that light and truth and strength and wisdom may be given to mankind.

Through this new unfoldment are they led back to the beautiful heights of normal, natural consciousness, a living answer given you—and you who have assisted these souls are given the reflex action of their prayerful gratitude for your help. As you look and see those minds they reflect as the image of one mind to you and as you look still further you see what mind has not been conscious of, yet through it as far as sight can see, as far as spirit mind can behold, are the beautiful visions of your inner sight.

The mind expands through the return that results from this consecration to the call of humanity, to the brother's love that has been given from you to all the unfortunate brothers and sisters, for all your service in bringing them back into the wiser ways of the higher unfoldment.

In this way mind is made still stronger, still larger, still kinder, still more loving, more tender, more sympathetic because the great mind center of the universe has sent back the vibratory waves of tender loving messages, and mind seems born anew unto the more

loving principles of the Great Positive Mind. It is nearer the great central truth, nearer the great balancing power, nearer the great mystery of so-called intelligence that gives every man the rightful position and whose principles of justice are the ever operating laws to develop the individuality that rightfully and naturally belongs to every one.

Mind is more beautiful than tongue can tell. It is throbbing with God's love. It is inter-wrapped with the kindred-ship of souls. It is bathing in the highest and noblest principles—and because of this new conception, a new birth is added to the vibratory power of mind.

Mind can never be fully explained.

Mind can never be fully explored.

It responds to unspeakable growth in every soul.

It inherits this immortal constitution at birth.

The great spiritual centers reflect this knowledge to every soul, that they may know all things, and that they may see all things. Mind can think, and know, and realize more than it can ever place upon the material brain, and the mind that lives within this higher consciousness is the mighty gateway of individual resource. Even the mind that has lived in the lower expressions becomes through the purifying processes of its own principles through God's life in natural law the most beautiful instrument that can be conceived.

It can never die. It is life itself. It is the avenue that gives expression to life. It is the mental factor of thought that is molding the universe. Its portals are illumined by the highest and most beautiful life processes of the great natural light Deity.

It is the divine gateway of imperishable truth. There are no heights nor depths so wonderful but that the new-born thought enters in, and through mind's realization shall the needy souls be brought to this higher consciousness of God's throbbing love that lives so kindly, so justly, so powerfully, so wisely for the children of His life, from the beginning throughout eternity.

CHAPTER VIII.

THE WILL OF THE MIND.

The will of the mind is an ever active, ever enduring principle that holds within its life the determination to express itself. Thus it is the operating power of wisdom. It is a building principle for strength and position. It is ever eager to have possession. It is so finely constructed, so capable of growing in power, it is so rich in its wonderful endowments through nature's laws, that progress and unfoldment must ever be the ultimate response of the individual to this Deific principle.

Man is continuously making conditions that the will is also responding to, because man's life is free. His birthright is freedom. But the soul is ever impressing the thought with the principles of right and the knowledge of wrong, even though it allows man his freedom, for this is a necessity to individualize and establish individual character. Because of this

freedom man has not realized nor valued his position in the great universe, and therefore disregards his responsibility, his welfare and his true development. He has lived selfishly, sluggishly, according to his narrow conceptions, and oftentimes has fallen victim to the conditions and circumstances that surround him. In such a superficial life the will-power of the mind is dragged down into the conditions of materialism, and the beautiful attributes of the mind that were for its constructive and up-building processes have been reversed and have aided the individual in his career of ignorance and selfishness.

As we have said, the mind is of such justice and faithfulness and sympathy that it responds to the condition thrust upon it, and ever reflects this back on the individual. This is why we say "There is no evil, seek not to make it,"—because every faculty of the mind is constructed for growth and unfoldment and for the up-building of high and ennobling spiritual expression. Man should allow his thoughts to roam in Nature and be instructed by that wisdom, and realize his value and his obligations and his great possibilities; and leave narrowness and ignorance, and the materialism that seems easier than the proficiency that results from the soul's monitions toward right living.

Life should never be trifled with—its justice is absolutely righteous, and the will of the mind is

filled with the enduring principles and everlasting desires to carry out consistently everything that the life of the individual manifests, and it can be dragged down by wrong inclinations and perverted by the superficial values that ignorance puts upon selfishness. The beautiful powers and principles for progress and knowledge are used for the furtherance of an obstructed life.

The will thus acts naturally to carry to any extreme the good and the evil that has been imprinted upon the desire of the individual. All the principles in the universe are constructed for good that man may make his life larger, kinder, happier by these natural principles that in their action vibrate in the soul and mind. They give man that which he most loves. He is free and independent and responsible as to his choice in operating this beautiful instrument, and he needs his fullest ability under normal living to understand how to operate the will most successfully.

It is only natural that man should attract and hold the conditions he is in harmony with, and if he is on the lower plane, if the throttle was reversed from right to wrong, this responsibility must be faced by mankind, and not attributed to the principles of the mind nor the will. To blame the mind or the will is cowardly, for its constitution is that of purity, and it is ever speaking and trying to impress on the brain

its beautiful life and power. The soul is ever radiating with spirit principles and in the silence points out the upward way, and the far-reaching principles aid all individuals in their recovering of the true path and when they are ready, start them afresh.

This proves that the individual must be willing to progress in the higher unfoldment of the will. It is impossible for any one to become a master mind and operate in the laws of life for health, happiness, and power until as an individual he is placed upon his own responsibility, and responds willingly, normally, naturally, wisely, to Deity's laws.

Then the mind asserts its power as a free-born factor and can expand and progress in the rightful strength of all the natural forces. Then is the will of the mind a great motive power, that cannot longer be dwarfed nor held back by ignorance and narrow limitations nor injustice.

So man must awaken within himself, and open the desires toward an understanding and a harmonization of self with the universe of life. Then will right results follow. If the will has been used selfishly, then must it be turned lovingly and kindly to the gateway of your heart, so that it may enter in and direct your unselfishness and envelop you in its high principles, and work out the constructive progression of your life. It will lead to unseen truths. It will grow and unfold in Wisdom, Love and Power. It

will sweeten life with divine principles. It will continually reach out to guide you from the valleys, and lead you to the heights of God's freedom and your own natural inheritance of liberty. You will then find the will of the mind a loving guide helping you in all your efforts, giving you strength and courage. It gives a different individuality. It holds you responsible, and makes you victor over yourself—over your ignorance and misunderstanding of Nature.

You have become wise through its voice of silence, its unspoken monitions. You have learned of the will through the beautiful principles in the Universe. Through its strength and courage and determination you have pressed on and have become free to unfold in all its radiations, and you must live in freedom and understand its laws, in order to obtain the results you desire.

It has placed you before the bar of justice of your own life, and you have learned what is right and what is wrong.

The will of the mind is God loving ever ready to respond to the right. It is ever just in its perceptions of beauty. It is sufficient to give man a new revelation of life, and envelop you with the deific principles that live within it, and ever radiate life and power to all mankind.

CHAPTER IX.

MASTERY OF MIND.

Mastery of Mind can only be obtained through individual effort that works in harmony with individual power, harmonizing with the mind in its determination to become a master mind. This is assisting the individualized life that has been developed, and builded and more wisely directed by the understanding of Natural law that has been taught in the previous lessons given upon the mind.

It has been explained in these lessons that lives are not to be lived uniform with certain established systems or forms that have grown through man's arbitrary dictation or by his imperfect conceptions of law, but that lives must be unfolded naturally so that each individual shall develop harmoniously and wisely in accord with his own natural characteristics. Then each person will be as Nature intended as a seed of life in the constructive plan of Deity that

should unfold so it would be seen and known for just what it is and for just what part it is to express in this great plan of life.

Then can it be plainly understood upon what plane of life different individuals are vibrating, and their position, and their characteristics will be understood, and in this natural unfoldment the inner life will blossom as Nature intended it without dwarfing and without blight. These individual expressions will be as easily recognized as are the different flowers in a garden, and their qualities, their beauties, will be as distinct and as discernible, and as appropriate in their position and usefulness and loveliness.

This makes plain the necessity of *individualism*, and the free development of individual qualities and characteristics according to the vibratory forces.

A soul vibration is a soul vibration, a mind vibration is a mind vibration, and a physical vibration is a physical vibration, yet in the individual development each person unfolds his characteristics in tone, in color, in clearness, in sweetness, in delicacy, and in the same varied power that is in accord with his vibratory force, and this determines his qualities, his condition, and his development.

This knowledge should teach people to exercise a greater consideration for the sacredness and the beauty of each individual life, and it should sweep away the prejudices, the jealousies, the unkindnesses

that exist among persons, and should help them to realize that one life is never an infringement on another life, for they are all varied in quality, in wisdom, and power, and all these expressions result from cause and effect in each life.

This must be recognized and understood and maintained before the first step can be taken in the mastery of the mind. One life is just as important as another, each life has its own purposes, its own duty, its own place, its own unfoldment, in the universe, and no one can take the work of another or be responsible for another—each must fulfill his own destiny and each must work out his own life according to the principles and laws in Nature.

In attending to one's own life it leaves no time nor desire to dictate to another, to interfere with any unfoldment, or to break or make any other life.

The mastery of the individual is the result of personal effort, a determination of the will of the mind to express only the ennobling qualities, to vibrate in the refined and powerful expressions, to surge onward and upward in all that which characterizes the higher unfoldment and thus to walk hand in hand, heart to heart, soul to soul most lovingly in all these deific love elements of mind.

This harmonization will express itself normally and naturally to the world, and will be an incentive

to other individuals to attain this mastery of mind and unfoldment of character.

In this beautiful individualization all others can respond in the true spirit, and through the inner soul sight can see the beauties that surround and enfold and sweeten the atmosphere of each other. These are the God given laws and it is this development that gives the proper conditions by which each individual may effectually work out the strength and manifest the light that is in every life.

When the world awakens to these natural truths, and when man's inner vision is opened to the light then there will be no more question as to what man should do or be, but he will be made conscious of what he is, of his duty, and of the powers and qualities of his own mind, and of the rights of all mankind, and he will be given the truth and his own hungry mind will be fed by all that is beautiful spiritually, mentally and physically. This must surely result when man is conscious of his own psychic center, for in that is the spark that is alive to all truth and can see into all laws and can understand all principles and know the right and the wrong, and can unfold to the individual more wisdom than he has time for in this material existence. It will answer all the questions man can ask, and is a natural part of the mind yet unknown, but is kindred

with that which has been called the "spark of life" that is within the soul.

This reveals what man is. This inner life, this spark is revolving in the mind with such high and wonderful vibratory force that the material brain has not discovered its presence. But as it reveals itself more and more to the character that is becoming more individualized in the psychic unfoldment the mind becomes conscious of this consciousness, and feels the vibratory forces that are filled with the wisdom of God's universe, and understands its uses, and becomes more and more in likeness to it.

This individual character is won step by step from the lowest place in life up to the highest—from the depths of sorrow and bitter tears up to the radiant glory of God's sunshine and love.

This salvation must be worked out in accordance to the deific plan, and power, through the assistance of the soul and this spark of life that is in the mind. The individual always retains his own personal characteristics, and to just the degree of his understanding of these laws, can he work out his salvation through these purifying processes, and thus make use of the limitless powers and possibilities that live in him and that interblend the force of his body, mind, and soul, for the mastery of mind.

This spark of life is filled with limitless principles, but it is only as you understand this, and how to use

these powers that your own personal characteristics and life as an entity can consciously absorb the essences in the varied elements and use your powers for the constructive purposes of life.

The severe experiences of the past have been lessons that are written in indelible language and as you have passed through the fiery processes of material life and come into the beauty of the higher progressive development, and realize its delicacy, its beauty, its powers, and its principles, then you enter into the true spirit of harmonization with the deific life through your higher faculties.

This *cannot be given you*—it is *free according to Deity's plan*, yet it is only through the strenuous experiences of the material life that your soul consciousness brings you into an awakened condition whereby you are made aware of the treasures within your own mind. Then are you determined to gain this power, this truth, this unfoldment, this mastery over the things that are less advanced and that are inferior to your mind.

Let me impress upon you that *mastery of mind* does not mean *getting hold of something that is already made* and is waiting for you as a treasure held in a safe for you to break into and steal—impossible! It is only by individual effort, and by the truth that refers you to all of the deific principles that express themselves in Nature and in Natural

law from the smallest manifestation to the highest soul power, it is only through this understanding and this effort to make yourself an individual part of the great mastery that lives within all things, that is the *life* of the mind, that you can work out from the darkness and ignorance of materialism and superstition and weakness and become an enlightened, free, superior character in likeness unto the natural life that waits expression in the soul.

Then are you a part of this power, this mastery of self, this loving life that is living in the intelligence of the natural mind. Then have you become the rightful owner, the heir to this position. You have gained it by right living, by right principles, and this mastery is a part of you and you are a part of it. You are not dipping out of a fountain this God power as you would take water from a well, but you have been cleansed through the power of development and have made yourself in oneness with power.

You are not dealing with borrowed strength, nor a loaned principle, but you are dealing with yourself, with what you are and with what is yours. So it is absolutely natural for you to be a master of your mind and have mastery of mind. The mind welcomes you—you bathe in its loving principles, you work with its power, you sing with its harmonies, you awaken to the truth that this was not something outside of you, belonging to some one else, but it was

yours for you, when you unfolded to the conception of it.

This is a fulfillment of the law of mind, and you find yourself at the center of your soul consciousness looking out of illumined windows that are radiant by deific principles. As each law of mind is worked out, you are mentally expanding and are seeing through different eyes, and hearing through different ears, and sensing more deeply than ever before, and understanding that every law of the mind must be fulfilled by you before you are living in *all* parts of the mind, instead of only in *one* faculty.

The mind then being expanded by all its principles into full capacity is limitless—for then there are no lines nor walls nor boundaries nor obstacles. All these are removed by the Mastery of Mind. There are no vacant chambers, but the mind is fully furnished, equipped, and made useful. Then is the individual in onement with self.

Until you reach this mastery you have not developed the natural faculties to their full possibilities, and you cannot be a full individual until you reach these heights, until you have cleared the battle-field of opposition and offending conditions, and the mind has become harmonious by its perfect adaptation to every principle of body, mind, and soul, and there is perfect interblending of all the life forces

and elements. Then only can you fulfill your position and your mission.

Every individual is called into this experience and does not reach the rightful attainment until awakened to the responsibility of his larger development, and thus enters into the beautiful home of his own life and becomes its living guest. Every one has all the principles, all the elements to work with, and by becoming an ardent worker, unselfish in power, then the mastery of mind stands for all that is natural, and you will be welcomed by the *spark* of life into this companionship of mind.

The soul that gained this receives back a fuller development, as a return is sent from the others whose development you have aided.

I sense upon my soul consciousness a thought of rejoicing from the unseen entities, because of this explanation of the Mastery of Mind. Thus many minds are open to receive assistance and truth, and be made larger and stronger as each degree of darkness is dispelled.

The beauties and powers and love elements of mind strengthen, beautify, etherealize the whole atmosphere and make all life more in likeness to spirit power.

It influences all minds, and what has seemed to be dark is made light, and what could not be interpreted has been explained, and what could not be

comprehended is fully comprehended by this fulfillment of mastery in itself. Such a mind has no question to ask that cannot be answered, because every obstructing thing has been discontinued, and the superficial no longer burdens nor oppresses the individual. There is no portion of the mind given over to injurious oppositions, and the individual looks deeper and higher.

Then the pulsations of God's great mind are sensed in the heart throbs, and the scales of life weigh most carefully every thought, and act, and condition, and give the exact balance.

You are then conscious of every beat, every throb of the universe. You are listening and living in the central faculties of God's universe, seeing with God's eyes, because you view with the inner sight; knowing with God's faculties because you are living in the wisdom of the mind. The brain is becoming larger through the greater uses of the mind, and it builds more cells, under more refined conditions, to answer to the call of development of mind.

The brain itself becomes a more sensitive instrument, finer in tone, more ethereal in structure, responsive to the higher aspirations of mind.

The portals of the soul have been widened and made larger and brighter by this expansion of mind. Thus we find a larger being, a larger character in body, mind, and soul, because the laws and princi-

ples have been fulfilled and every attribute of mind has assumed its rightful natural position.

You respond to the grief, and sadness that comes to you from the valleys, and you realize that many times you have slipped and fallen, and have many stripes on your body which tell of suffering, and desperate efforts, and conditions of ignorance.

Many still would hold you back, but you have now your freedom, and your atmosphere is that of *liberty to self*, and the freedom of every individual consciousness. You need not live as your less progressed brother or sister would have you, but advance consistently as an enlightened individual, guided by the spark within that is illuminated by the days of God's light and love and wisdom. You have found the truth, and now know the full development, and whereof you speak. You fulfill the laws of life according to your progression. Time and eternity hold limitless possibilities and expansion in this absolute power and centralization.

It is a baptism in the fountain of God's truth whereby your soul and mind are relieved of all its obstructions and densities. Then there is no more sleeping at the post, but a standing in the beautiful tabernacle of mind, illumined, decorated, radiated by spiritual principles, with all that is charitable, with all that is peace, quiet, truth, and justice, and through this beaming light you look out into the

world as a centralized character consecrated to truth. In this beautiful home of heaven which you have now you will stand powerful in the peace of God and say "I demand peace on earth, and good will to men!"

CHAPTER X.

MIND THROUGH MATTER.

The master mind is conscious of every law of mind, and has now the proper position and rightful condition to enter into the physical organism through the avenue of the brain, and thus raise the bodily condition from weakness to strength, that it may have its rightful share in life of God's blessings that are appreciated through the mind.

When the physical body is allowed to wander in the paths of darkness and loneliness and depression, it is then robbed of its justice, and it is in vain to try to win the mastery of mind so long as the physical organism is deprived of its beautiful expressions designed for it by God's love. *Mind through Matter* opens the divine gateway of God's love that the spiritual principle may penetrate and radiate the physical being with true spiritual illumination and power, that life, light and truth may be deposited

throughout the whole organism, and that the material structure will be directed and nourished by the mind that has become conscious of the divine laws, and thus enter into its rightful inheritance.

Mind has held the inner, living intelligence through all earthly experiences, and has suffered much at the hands of the wilful and undeveloped mind and borne up under physical pain, depression, sadness, injustice even, until it has oftentimes become dwarfed and crippled as it has been forced into the materialistic pathways and dragged by ignorance and selfishness into unwise purposes.

It is neither just nor fair to ask any individual to give up the beauties of God's Natural order of life. The material organism is the vehicle through which the inner man expresses himself. This material body is destined for but a few seasons, and why should we not reach out with open arms to embrace the protecting principles that are God's gift—principles that bring mastery of mind and that elevate the material organism.

This atmosphere, and this plane of living are in likeness to the conditions that live in the mind, and it is only by obedience to their laws that mind, body, and soul are harmonized. It is only by living in this likeness that you prove yourself worthy the true conditions.

The physical organism responds to the call of the

spiritually developed mind and becomes sensitive to and conscious of the God-like spark that lives within the mind, and that acts upon the brain cells, the tissue, the atoms of the physical structure, and absorbs all of the principles that God has so divinely placed in life, for health, happiness, and eternal sunshine.

This guides one into His beautiful garden of the higher principles of pleasure that are living upon the plane of the *mastery of mind*. The whole body becomes more refined, more etherealized, more sensitive, cleansed of the coarser things of materialism and the lower existence, and is spiritualized through the spiritualization of the soul's radiation through mind and becomes in oneness with the Mastery of Mind.

The imprints of past reflections, the shadows of suffering, the hardships of ignorance pass away as the body is elevated in its knowledge and receives the privileges of its birthright. It is sustained, loved, nourished, and purified, by the waters of God's loving truth. It is as willing to respond to this transformation as was the mind when illumined by principles that are supreme in the universe. The superficial conditions always yield to that which is truly powerful, and this is the salvation of the race, the curative for the coming generations. This will sweep away the injuries that reflect upon the mind

and body the results of injurious living, whether upon the individual or upon the coming generations, and this is the only way that truth can reach the world, and prove its own power to elevate life above the dangerous, the ignorant, ways, and place mankind in the path of progression—for progression is the only means of the harmonization of spirit and matter. Spirit always exists on a higher plane, regardless of physical life, while mind is the agent to guide matter up the way of true progression that it may hear with spiritual ears, see with spiritual eyes, think with the spiritual mind and be in oneness with itself as an individual, at oneness with all that for which it was designed by infinite intelligence, and live in the universe as a creature fitted to enjoy the high privileges that are enfolded in the constitution of every living being and realize the wisdom and strength and love that is given by this mastery of mind through matter.

Thus we become conscious of the truth that there is only one rightful way to express the rights and privileges of this life, and that is as Nature teaches.

Some parents do not allow children to ask questions, but command them to be silent, so through fear the little ones do not gain their rights nor privileges, but yield to those who assume authority of judgment over them. So instead of a God fearing child, it is a mortal fearing child, and though silenced it is

deprived of the knowledge that is rightful and such parents or teachers have succeeded in stifling God's life from expressing itself in the child.

Mortal fears are the most disturbing obstacles in the world, and instead of this we should fulfill the law by reaching out with open arms to embrace the child and ask his wants and consider his tender unfoldment of mind and body, and illumine the little soul with the wisdom that will cause it to love and lean toward that which it is conscious of as more beautiful and natural to its life.

The true way is to embrace matter with open arms, with a God-loving, spiritual consciousness through the mind to uplift it and to instruct it as to the superficial things it may ask for in place of the sustaining and strengthening and enduring benefits it may gain, and thus lift the physical organism into the higher consciousness of the true and beautiful life so that it learns to respond lovingly without opposition or dissatisfaction. Then the higher power in mankind will manifest itself throughout the whole organism till body, mind, and soul are interblended and powerful and the mastery of mind is supreme. It no longer asks for the useless, the injurious, and the unwise, but it understands the true and the beautiful and the natural and tenderly joins its life with all that is larger and nobler in the mind, and like an

innocent child looks to its protecting love for guidance, and reposes confidently in its sheltering care.

This is mastery of mind through matter, and the plane of true life building processes is well established. Through this flows the limitless power of God's wisdom, and interblends with this organism to correct all physical weakness, and sustain the material body, and raises it from disturbing hereditary tendencies and bring it into the arms of love and peace and wisdom. Then the physical and the mental and the spiritual are at onement, and the mind will not have to keep teaching the physical organism each day, and each year—but the interblending and harmonious relationship is such that the whole organism moves naturally with the mind in its spiritual efforts, and is no longer a babe to be guarded, and guided, and sustained but has come into a oneness of its own, and is a true companion of the *three in one* while in the earthly expression.

This is the God-like plan of life. This is the natural expression through Nature's laws in response to God's manifestation for progressive unfoldment and growth.

This life is fitted to live under all normal and natural conditions as Deity lovingly intended, and is able to express and manifest through its organisms the life that makes them fitted to become fathers and mothers of offspring, giving to the little ones proper

conditions and influences that they may be guided into the higher and better things in God's Garden of Life, without so much suffering, and misery, to awaken them to the truth.

This is the salvation of the race! This is the education of the mind. This is its manifestation through matter. Other minds will respond to the truth and live naturally, so that the world will no longer be in darkness but will be conscious of its possibilities for growth and enter into the inheritance prepared by Deity from the beginning.

God has not set himself apart from man, but man has lived aside from God. So the light and love and truth have not pierced his dense mind, and his selfish ignorance has not been broken down.

The world will be uplifted to the consciousness of these spiritual principles through mind in matter as it swings in harmony with God's progressive life. This is in direct opposition to the way life is now lived, for mind is swinging in harmony with the lower attributes of man's superficial and materialistic life and ambitions. With this beautiful unfoldment of mind through matter the whole world will be glorified by the principles of higher living, which is absolutely normal and natural in its expression.

The harmonious relationship and interblending of such lives in this material world will unfold the beauty and fragrance of truth and power until the

atmosphere will be impregnated by the principles of spirituality, and the world will become a garden of peace and love.

There will be no incentive for abnormal life, no love of false power, the densities will be swept away, and the coarseness that man has made, will be refined and transformed. The delirious pictures in the mind will be gone never to return, and the rights of men and women will no longer be stolen. Men and women will enter into the true heritage of life.

There will be honesty and truth, for the mind then has nothing but honesty and truth to offer. You will be strong and sustained because these are the attributes of life. You will be luminous because you are a light in the world.

Through the mastery of mind through matter you share with all souls on your plane, and recognize the spark of good in all.

You are the pillars in the structure of the universe, cemented with God's loving principles that flow from mind through matter.

This leads men to the fountain of wisdom, and truth will solve every question that will ever be asked. The gateway of heaven is thus opened, and from the centers of the universe will flow limitlessly into the mind and soul, permeating them continually, the love building elements that exist in greater refinement in the higher planes of life.

Mind reflects from the soul into matter God's untarnished truth, and mind responds to this law—not as the ignorant and selfish would wish, not as the fashionable would dictate, not as the ambitious would have it to suit their purposes, but as the law of life has created it, free through the principles of unfoldment. The light of *Mind will shine unfixed by any human mind or material brain*, because it is *made in likeness unto the great mind* and this truth expresses itself in its own likeness and mind develops its own principles.

This life steadfast in truth makes the harmony and strength that must be held forth to the world to teach and guide it. Then the spiritual faculties look into the unseen, for this unfoldment makes the individual a conscious co-operator with the angels, and is a harmonious force in power, wisdom, love, and truth, individualized in these principles. Such powers cannot be understood nor used until you are individualized in them, then you know what materialized man does not know, you sense what mortal man does not sense, and you love and live as a being harmonized in body, mind, and soul, a part of the infinite plan, giving justice to your own organism and justice to every soul, fulfilling the laws of truth.

Then will the unspeakable chapter in your life be fulfilled. Your wisdom and power will be felt, even without the mortal lips' expression; your radiant

force will be felt even without the attempt to express it.

Every power and principle is individualized in your character and you thrill with life that is felt by the world, because you have lived the mastery of mind in matter—and have mastery of body and mind.

No longer is material life an obstacle; no longer will be the message of “Mind *over* matter”; no longer will you find that matter is depressing and weak, for you have etherealized it through God’s laws of life, and lifted it to the higher plane, nearer the deific centers of purifying truth, and made it a glorious garment, beautiful with all the unspeakable language of the unknown.

The physical body is placed in its true position, and is ready to take up its work in life. It is warm with God’s love, thrilled with God’s sympathy, glorified with God’s justice, unfolded in the inner life, harmonized, adjusted, and is made a saviour unto itself, and a helper to all mankind.

CHAPTER XI.

THE INDIVIDUALIZED MIND.

The Individualized Mind embodies spirit principles and powers, these are the foundations of all spiritual law. Spiritual principles are living things throughout the universe; they hold within themselves the beautiful essences of God's wonderful powers and limitless expressions that man has for centuries looked upon with respect, and yet he has never individualized these principles in their true meaning, but has been trying to operate them as some outside machinery to meet the demands of an undeveloped, unindividualized mind.

The unfavorable results are perfectly natural under such unreasonable, immature conditions. *God's laws and spirit principles cannot be understandingly operated by the mind until it has become individualized by these powers and principles, and until these powers and principles themselves are individualized,*

they may well be considered as of outside influence. And while all things are possible in these principles and powers yet they are not available to the mind that has not come into recognition of their truths and qualities and uses.

We see the absolute necessity of harmonizing spirit principles and powers through an individualized process that makes these powers and principles a conscious part of the mind, and in return makes the person an individualized entity in mind.

Even the laws which seem simple to us, the harmony and interblending of forces and powers and faculties are important and necessary in order to obtain any result in operating the principles for harmony of body, mind, and soul.

Spiritual principles live both in the seen and the unseen, and are born in the unfoldment of God's expression in the character of great lives in the seen and the unseen. They are the living powers of the universe.

Our solar system, the sun, the atmosphere, are radiating these life giving principles and powers. The spheres of the higher life are held in the ethereal atmosphere of these principles and powers. *All planes, all planetary bodies, all life, all systems are held and controlled by the same principles and powers. The luminous vibrations of the soul are but the essences of these powers and principles that are*

the superior conditions of life, and the divine influences freely offered to all mankind—and we ask the world how much of these principles and powers has it embodied in the lives of people, in customs, in institutions, in government, in civilization, to work out through the individual methods a system in individual life through which these powers and principles themselves have become individualized in character, and become as living entities expressing individualized spirit principles and powers in the mind!

To just the degree these principles have been individualized in the lives of people, and to just the degree that their spiritual consciousness has made them the mental factors in their life and in the universe, can good use be made of such principles and powers.

The reason for this is that the individual has no power over any condition, nor is he able to harmonize with any condition without first individualizing the principles and powers.

What is it to individualize these principles? It is to make them a part of your conscious life and volition. Principles are the laws and expressions of Deity. They are the truths of the universe. They are in you, but you know them not! They are the natural concealed by the unnatural—and until you distinguish between the true and the superficial, the truth does not become a part of your consciousness.

These principles are awaiting their true interpretations, that they may become the rightful powers of life. The electricities of the atmosphere were of no use until *mind* was opened to their principles and powers of action and so it is with the finer powers of spirit, they await the awakening of mankind to a realization of their life values in universal development.

While man remains within the plane of selfishness, superstition, and ignorance, he cannot make use of these principles and powers, for they are unknown to him, and so are outside his life, and no avenue is made whereby they may be brought into connection with the *mind*.

This expresses weakness. This explains failure. This shows why civilization is yet uncivilized, and tells why here and there an individual has seemed so superior to the world in which he lives.

Men generally may consider themselves as crafty and wise, but they are victims of their own deceit. It is only by becoming a part of the Divine Mind, by consistently inviting these spirit principles into one's life, by engrafting these powers into the mind, by loving truth and expressing it through the soul, that results can ever be given the world, for it is only in this way that wisdom takes seed and bears fruit.

Then men will no longer try to get that which is counterfeit, they will no longer worship the power

that seems mighty and claims mastery but which is a mockery of God's principles and powers.

When you have *individualized a principle* that holds within itself a wonderful power, then you have made it a *part of yourself* as an *individual*, and that *principle* and power will *manifest* itself through your organism, and *express* itself to the *mind*, and the mind expresses itself to the world in the characteristics of *your own personal individuality*. This is harmonizing with God's principles and powers on a high plane of *individualization of mind*.

Be as you may in your expression in this high type of character through your own personal vibratory laws, you have individualized and unfolded a spiritual character, a power that is the blossom of your soul's expression through the *mind*.

Those who are in this larger expression are often sensitive and seemingly alone, but they are in the constant companionship and in co-operation with the teachers of the higher life, and have opened the avenue for communication between themselves and the advanced, harmonious minds, and are valued for their individualized mind and character,—for the same truth is vibrating upon the same planes both in the seen and the unseen spheres of life.

If the world does not understand this, it is the world's loss. Whether or not humanity chooses to accept these spirit principles and powers and become

a part of them in this life or in the next is a question for humanity to decide, but sometime, somewhere they will be conscious of this truth that is now being given on the Individualized powers and principles and *mind*. Then they will have awakened to this truth, and will behold it as a living thing.

Such truths are not popular, and are many times clothed in garments of disguise to suit the ignorant and selfish minds of individuals who dishonestly trifle with God's life and powers, and by such masquerading have brought sad and unfortunate results to the world. We choose to set forth the truth clothed in God's righteousness, radiated by deific powers illuminated by the principles of highest consciousness, that the world may not be ignorant but may honestly deal with truth, fearlessly, bravely, regardless of creed or cult, and manifest to the world untarnished, undisguised the fullness of spirit expression as the constructive Intelligence of the Universe intended. When every individual takes these guiding principles and breaks away from fashion and society and becomes a conscious life in the universal life, then the mind is illumined, radiant, sweetened, and purified to the degree that the senses accept such principles and powers, and will accordingly manifest this inner life as it becomes free from the lower environment.

Such souls will stimulate and inspire and encour-

age every soul that comes within their vibration, and will make attractive these spirit principles and powers.

This individualized principle cannot be weighed or measured by any creed or cult or sect, it cannot be valued nor influenced by name, or position or organization but must be recognized as an individualized entity and characteristic, and such an individual is the only one of its kind in the universe, both of the seen and unseen. This thought of the distinctiveness of each individual is such as to make one bow in reverence and love to the great creative force that bore each soul, that it could through such powers and principles individualize the mind.

It is only ignorance that misjudges and chastises, and that constantly seeks to find errors or mistakes in the life of others. The world has not yet individualized mind through such spirit powers and principles.

Each will then play his own part perfectly, and through such individualization there will be a harmony and oneness that is not possible otherwise. Through individualized spirit principles every one will be useful and happy, and fulfill his own laws, each finding his own place and particular service, and live in perfect love and peace and harmony through such an adjustment, that can only be brought about through individual effort to individualize the mind

with individualized spirit principles and powers. Then each will come into rightful recognition of all lives, and all will be seen and known by such consciousness to be beautifully fitted for the special condition he occupies in the onward march of civilization.

The mind has a wonderful capacity to absorb and hold its treasures, and it can always expand to a limitless degree.

The manifestation of the harmonized spirit through the interblending of the luminous force of the soul with the powers of Mind, is ever expressing the deific powers and principles, and the knowledge has come that people are not to be driven in flocks, or weighed by materialistic measures, or named by religious associations, or cults, but are to be valued, appreciated, and understood for what each individual life is in its own rights, in its own individualization, in its own character, in its own truth.

This one fact, this one truth of *individuality*, must be understood before there will be any expression of love or justice in the world. One mind thus individualized must awaken other minds unto this single realization, and possibility for growth as an *individual* in the universe—that *there are no two alike*, but a similar relationship that will blend and interblend in God's loving truth and principles, that they may embosom these high and glorious truths, and live in

a sacred just companionship through this true knowledge of individual rights.

Man has separated his many faculties in cold intellectual reasoning and brought discord and inharmony in his life, and this very result seems to prove to him that he is correct in his conclusions,—*for discord and inharmony will always separate the faculties and never allow the mind to be open to harmonious action and thought.*

When the students of the world realize the truth of the deific principles and the individual powers then will the reasoning faculties, one after another, be brought into harmonious relationship, and then will the whole physical organism be adjusted by this harmony which now through ignorance and discord man has dissected and separated and misunderstood.

The higher truth and principles heal and cement together all parts, and the essences of the spirit principles unite the individual within himself, reconstruct society, so that every individual and every power shall have its rightful expression, and harmonious relationships will be established.

These powers and principles in *Mind* will become the great constructive power which will make the universe larger, and will awaken man to the consciousness of what life really is, and as to what his own individual life is—*that no one can take another one's place. Each soul is needed in its own place,*

and no other can fill this place. The universe is in need of each individual soul and no strength, nor power, nor faculty outside that soul can take its rightful place. It not only adds to the constructive life in the seen, but also in the unseen, making that stronger and more brilliant, more truthful, more perfect, more conscious, more sensitive, still higher in intellectual individualization, *and the more fully this is realized the more sacred will be the regard for every individual from the lowest to the highest.*

Differences will not exist through class distinction or intellectual pride, or material or governmental sovereignty. Each will have his true place, his true consideration, his true justice, and be valued for the possibilities contained in his life, and the development that will result as his experience is fulfilled.

As each one responds to this individualization—each place is lovingly and fearlessly filled in the universe, and God's great law means more to such a soul than ever before, because it is only through such individualization that intelligence springs forth, and that the mind is individualized by spirit power and principles.

Then the design of the Universe is recognized, and through this discerning of life the individual expresses power and truth and love and beauty, not as a creator, but as a developer and unfold of God's principles and powers through the mind.

This character makes its own coloring and light and illumines its own life, and gives forth an atmosphere that is purifying to the world, and impregnates the densities, thus making a new atmosphere for still greater results and for a more glorious expression for mankind.

This same grace has been given by God to every individual — even those bound in ignorance and slavery in the slums of the universe, and I would that the world could understand the truths of individualism and adaptation, that these bonds of slavery of every description, forged through all forms of ignorance and false authority, could be broken. Then indeed would lives be refreshed by truth and by their own individual rights, and their own individual powers would be given their natural opportunities of expansion and expression — none in sameness to another, none in obedience to another, but all in their own likeness responding to the great powers and principles of God's constructive life through Nature.

Then the germ of each life would unfold and give to each individual that which is sacred and beautiful that no other life has ever had and that no other life will ever have.

Each life is filled with value, beauty and good, and by this unfoldment of spirit power and principles of individual power and the individualized *mind* it becomes an absolute individualized character and

entity in the world for eternity, to glorify life in every plane. And as they graduate from plane to plane their co-workers in the earthly life desire to retain their instruction, this is freely given, for they never forget their less fortunate brothers, and never feel it a sacrifice to work for this awakening of individuals to the truth of their own individualism.

The individualized person is welcomed in every plane when it is re-born, and lives in all the universe, in a more wonderful expansion of individualization, and through such unfoldment gives a new individualized power to the soul center which comes back to the individual as an added power and essence.

The distinct individualized *truth* that is different from any other has been added to the beautiful, delicate love elements and powers of the universe, and this gives a new truth in life that is sensed by all the world, and that strengthens all the world, and these processes are carried on throughout eternity.

Thus progression is a truth through the individualizing of the mind—and thus is eternal life a truth, and has been made possible through the manifestation of these powers.

It is an endless chain of cause and effect, of giving and being given in return, of limitless power, untiring, enduring, life giving, upspringing as a fountain of truth, each soul different from any other, each soul of different power from any other, each standing

face to face on the heights of eternity, each face to face with the angels, each recognizing the love elements and spirit principles and individuality of each other.

This makes eternity worth while. This places every individual in his rightful position. This makes a distinct chamber fitted harmoniously operating through the spiritual laws of the universe, fulfilling the laws of the Individualized Mind.

This is not only yours, but must be freely given by you to all humanity, throughout eternity.

In this progression you reach the heights of your own unfoldment and the angels are as glad to come and greet you and meet you and to know you, as is the one who struggles for your help from below. You are known as a new born child that has come home—and you show to them a condition in life they have never known before. This explains still further the great law of the harmonious interblending of life, through God's truth as it is individualized in the universe in the unseen and the seen, by the mortal and immortal, throughout eternity.

CHAPTER XII.

POWER AND CONTROL OF LIFE.
SPIRIT PRINCIPLES THROUGH THE MIND.

Leading upward through the development of thought through the laws of the *mind*, each may become centralized by the individualized powers and spirit principles which meet the demand of every law to establish a complete, well developed individuality in the *mind*.

Thus shall be won for each individual every avenue that leads to the soul center from every faculty of their being, that there may be complete control of every functioning organ through the power and principle of the individualized organism, physically, mentally, and spiritually, with such harmonized relation of the varied powers and principles that the individuality has grown into through the different planes of progression, until the powers and principles

become a part of the person, and the person a part of them. This makes a centralized force, completely constructed by the interblending of every life element, which has finally unfolded and amalgamated every principle and power and faculty, and has become in power and control of that life, physically, mentally and spiritually, and is then equal to operate God's laws from a right and just point of view.

The individuality is thus completed, and the life is in harmonious realization of Deity's principles, and their wisdom has been learned, their principles, their character, their power awakens the individuality to true wisdom. He is then on a plane in life where he controls the laws that have controlled him, and lives in harmony, forceful in character, enlarged as an individual soul born into the completion of one individual entity, individualized in the *mind*.

The individualized mind possesses wonderful depths, and limitless truths and possibilities, and such a mind is an operating influence in any life, responding to the welfare of all humanity, for the growth and unfoldment of larger power, more charitable conditions.

The physical organism responds to this forceful character that is thus individualized in the mind so that it is no longer swayed by the conditions and influences of the physical organism or the unfavorable atmospheres of others. Without this individ-

ualized mind, life is always hap-hazard without any real guiding influence, or protecting powers, and may for a long time walk in the downward paths of earthly expression before the response comes to the powers and principles that have awaited unfoldment.

But the individualized mind responds to the positive laws, and the physical functions obey the powers within.

The life that is operated in response to this law is in likeness unto God's life, and manifests this true life as teachers and healers through these principles so wisely and beautifully prepared for all mankind that each may work out his own development, and no longer live under the abnormal and superficial conditions.

Nature is the secret of all Natural things that lead to the great fountain of God's love life and from the center of your own individualized mind you give to the world the beautiful truths that all things are sacred—that even in the grain of sand which is so apparently crude, there is the great principle of life, there is the expression that created it to take its successive forms and it plays its own part in the organic progression of the universe of matter.

Spirit power and principle are manifest through all forms of life, never to be seen by the physical eye, and only can unillumined man understand it as the outside, material expression, but the unfolded

individual character that has gained power and control of life can see even in the grain of sand the power that brought it to its form, and can understand its spiritual significance.

God's laws are unchangeable and all life rests upon them, and unfoldment comes only through progression. This must be placed before the vision of the ignorant, the unjust, the selfish, the superficial lives that gather wealth by depressing humanity and by causing others to suffer, and then give of their spoils toward public charities that they may seem to be benefactors, and thus ease their guilty conscience.

The deific principles and the angels of the unseen will assist every life in its struggle toward the natural expression, but the wilfully unjust are indulged for a time in their choice, even though it means to them greater suffering when they retrace their steps and try to recall their injustice.

God's love must become the power of life, God's charity must become the charity of life, God's wisdom must become the wisdom of life, and all individual unfoldment must be in maintenance of God's truth and laws as they relate to every life, every position, every condition, and every expression in the Universe.

Though this is ignored by the ignorant and though the individualized character is scorned by the superficially arrogant mind, yet through the power and principle of the greater mind shall their foundations

totter and crumble away, and the spirit principle will be recognized as the controlling factor in the individual life. Results may not seem to come spontaneously or be recognized at once by the unfortunate, but the essences can never be destroyed, and if this power does not manifest itself today in the hearts of men and women it shall begin to speak of its wonderful life, and individually shall turn toward the teaching and the work that expresses this high and beautiful character. *Life* will reach out to the unfolded life, and criticism will be silenced.

The essence of spirit principle has crept up through the ages and the barriers are removed.

The sequence of life is something that lives and moves and breathes in this life of ours.

It expresses itself on the tinted leaves and unfolds in the fragrance of flowers.

It is unspeakable, yet obtainable, and only through the divine wisdom of God's love can words be found that will lead man upward to that which cannot be expressed but that which he will know and live.

It is the unspeakable something, the spirit principles, the essences of divine power in the universe.

Through such education, through such expressions, will mankind be awakened to such an individualization in spirit principles that the world will understand that the value of life is not in material power or wealth or position, but in a *life of principle*, a life

of justice, a life of truth, a *life that meets life face to face*, a life that wishes to look into the consciousness of the unfolded souls and become like these. This is the truth and life that the world has made a mockery of, this is the life that religious people for centuries have claimed to live, and they have set us this standard according to their own construction of truth and life, and have become victims of their own ignorance.

We now come into a wiser relationship with these higher faculties, a newer comprehension of spiritual truths. We have treasured the wisdom that expressed itself in the consciousness of the world's seers and philosophers, and realize that Truth has ever manifested itself to the opened understanding, and that visions have always presented themselves to the illumined *mind*. And now the gifted psychics are getting closer to the realities of life because they are the soul seers, and because they are seeing with spiritual eyes into the spiritual powers and principles, and have been individualizing themselves in God's ways and life and truth, and so instead of stepping aside from life they recognize the oneness of all life, they become universal in the harmonious interblending of all God's beautiful principles of body, soul, and mind, and they know that the unnatural is not spiritual, and that to gain spiritual wis-

dom they must unfold the individual principles and characteristics as Nature reveals the truth of life.

We know that we gain more by living natural, normal lives as God intended the individual to live in this earthly life and expression, because He governs the world by immutable laws that are ever manifesting their glory and their beauty through the principles that have ever existed and will live throughout eternity. Step by step must the world advance and unfold the individuality and various faculties, functioning all the individual powers, realizing that what seemed a mystery is only the clearness of truth, and that the essences and delicacies of the principle that moves in the unseen is the Light that through centuries of time has always guided Life, and always will.

After the consciousness has been awakened to truth it can never return to the smaller things of life, and enjoy the narrow ways that once seemed true and attractive. There is no desire for the backward step, and this proves that the unfolded life is the true, the right, the real, even though the world is blind to it, and inattentive, and uncomprehending!

The soul that has left the accustomed paths of the superficial where there was so much companionship would rather live alone than become a part of that which has no realization of the spirit consciousness. It is this spirit that speaks in the consciousness in

words and tones of love and harmony that illumines life and makes the consciousness of more beauty and value than anything the world can offer in its place.

This is the jewel from out God's universe that you have gathered and wear as a symbol of light and truth.

Through this unfoldment of every faculty is truth gained, and victory won. The battles in material life are fought with spiritual weapons, the demons are slain, the monsters are met and overcome.

Thus you have lived, thus you have loved, and thus you have won with the wisdom of God's love and have become glorified with the sword of tender mercy to cut away superficial obstructions—sorrow, misfortune, evil and injustice, that this eternal spirit principle of light, love and wisdom shall come to shine in every life; and though the ignorant regard you as their enemy yet you are as God's angels to lead them unto the upper rooms of their lives where the light pours in, and where Natural life will be established and real life will be loved.

Each shall have freedom according to God's laws, according to Natural laws, and not struggle as we have.

Thus we find that the glories and beauties manifested from the heights are clear to our vision as any object in material life; that to our spiritual conscious-

ness there is no obstruction, that we view, hear, sense, know God's ways in the universe of life.

In this unfoldment of the spiritual consciousness and illumination of *Mind* we can answer any question upon any subject at any time, or any place, because we are seeing with the wisdom of our own soul life.

We judge not, we condemn not, but we are rounding out the completeness, the oneness of the life Deity gives all lives; we are pulsating with every principle, every quality of the highest power in the universe.

Life becomes Natural as Deity formed it. Then it will not be necessary to remove ignorance from the mind by truth, but in coming in touch with Deity in Nature the truth will be comprehended as easily by Mind, as the child now enters into the life that surrounds him through the Natural expressions in flowers, in trees, in birds, in butterflies and in all that attracts the child's attention, and illumines his consciousness, and leads him into the beautiful fields to play and in his little life become one with the love of Nature.

So will *Mind* respond to the beautiful tenderness that expresses itself in all Natural conditions, and will grow and fulfill all the promise contained in spirit principle and power.

All in Nature will come to this plane, and it will

not be a plane of effort, a plane of tears, but will be a plane of unfoldment, a plane of glorification, a garden of beauty that belongs to the human family.

The doors are unlocked that were sealed, and intelligence and power come forth, and all shall know their privileges and that which seemed beautiful to their former vision will now seem crude, for they now behold the God's expression and are unfolded in his love of all life, and are held in the essence of spirit principles and life has become sacred and glorified in Natural expression.

This is possible to all, this is universal power, universal love, light and life, that has been talked about for centuries, and that will be lived in the centuries to come, because an individual soul has gained power and control through mind.

These beautiful truths can be reached when the door of ignorance is broken, and when freedom and liberty of life, when love and justice are recognized as the universal principles of Deity for mankind.

This is immeasurable, inconceivable, limitless, boundless, all enduring, manifesting now and throughout eternity.

CHAPTER XIII.

THE UNDEVELOPED MIND.

The mind is the power that lives between the spirit consciousness and the brain. It is the most important factor from a physical point of view for it is the spiritual adjusting faculty of the body.

The mind cannot speak to the physical organism except through the brain, and the brain is so united to this expression of the spirit that the question as to whether mind and brain are of the same condition and life, or whether they are distinct has long been unsettled by the scientist.

The mind holds the most delicate and sensitive position of any of the faculties possessed by the individual. This is the reason why humanity has been confused and confounded and unable to gain the keynote that shall produce the right vibration to adjust the physical, mental, and spiritual life.

It is impossible to bring about this adjustment

through the material brain, or by reasoning processes that do not include the spiritual consciousness, because the balancing power must come from the central life itself, and reach the brain and physical organism through the mind as it reveals and expresses the soul's attributes.

The outward form of any mechanism does not reveal the central power that is within its construction, and it cannot be adjusted from the external surface, but only from all parts of the mechanism. So *the brain must be adjusted through the mind*, and the mind is absolutely just to the material organism and to the spiritual powers, but it is helpless to receive spiritual powers and principles through the soul if it is filled with materialism.

However beautiful and sympathetic its meaning, yet it has been made crude and heavy by its misuse and lack of development.

The mind is a faculty that keeps the record of life from birth throughout eternity, but it is kept busy and so filled with materialism and superficial things that it has not unfolded naturally, but has become congested and undeveloped both from physical conditions and from an unbalanced intellectual point of view.

This has resulted in dwarfing life and crippling it, for the real principles of adjustment and power have not been understood according to the *natural* law of

the universe, physically and mentally for right living or healthy conditions, and for the development of the brain that will bring about the freedom of the physical organism from the lower wants and desires and habits of ignorance.

It is only through awakening the mind that it can become a faculty in life for individualizing in the powers and principles of God's life and expression, and it is only by appealing to the mind as a central power that individual life can be balanced and adjusted and become the power and strength that shall direct the health and happiness of the whole organism.

Each individual will then find it easy to adjust life through the harmonization of mind, soul, and body, and by this central, balancing power construct life just as each would have it.

This is the door that for centuries has waited to be opened, and man has not found it because he has not trusted in the powers that gave him his being, and because he has not been unselfish in his search for truth. He has not been willing to step away from materialism and walk free in wisdom that is of God.

The exercise of any power strengthens it, and tends toward the upbuilding of the individual, whether of body, brain, mind, or soul, and while physical results are apparently gained through merely physical exercise or regard of physical habits and the use of

material or mechanical aids, yet the success of this development or improvement in health is determined by the desire, the concentration, the will power that is brought to bear as a fulcrum from the central life to lift the organism above its weakness and to accomplish poise, health and endurance.

The inner life cannot be ignored, neither can the outward manifestation be separated from the life elements and powers that normally and naturally are the controlling realities.

We have said that the mind keeps every record in life and responds to all the acts and deeds done in the body and registers these. Thus it is justice in itself, returning to the individual all that is in accord with the unerring laws of cause and effect.

These laws are the life of Deity and nothing can interfere with their justly operating, because it is through Mind that individuality is gained and through mind that life is made resourceful, kind noble, and powerful.

Mind tells what you have made of yourself, otherwise it would not be a complete faculty. Ignorance concerning its powers and principles has made the world a victim of ignorance, but some day, after the suffering has been severe and long enough there will be some one wise enough to lead the way to Natural, normal living, and then it will be realized how nar-

row, how dwarfed, how selfish, how unnatural life has been made.

The tender angel of each life has been imprisoned. The mind has been sustained and tarnished with all that is unjust and cruel. It has been used for personal power, for selfish ambition, it has been dragged into the gutter of sensualism, or built up to rule the unfortunate. Mind then is unjust to all it associates with, for it has no education in self justice which is the foundation of just regard for others.

The life that is sent down into degradation reaps distress and suffering, and cannot be a fit companion physically or mentally to associate with other lives. This life engrafts its misery into every life it comes in contact with. It poisons the innocent. It transmits its physical and mental tendencies to its offspring and stops not its influence until these unhappy lives are brought to the seat of *Man's* so-called Justice—because transgression of Natural laws mark their effects upon the unhappy victims. This is the history of the ages—this misuse of the mind, until deception, violence, cruelty mark every nation, *and there is yet no civilization in any spot upon the globe.*

The mind holds and transmits this cruelty and this selfishness, this wantonness, and this greed. The mind unnaturally stimulated by false desires has given the physical organism over to the débaucheries

of war, of lust, of fanaticism, of arrogance, of intemperance of every description.

The delicacy of the mind has had no opportunity to reveal itself. Its civilizing power has never been allowed to speak.

Only here and there has it broken its material bonds, and sung in music and expressed itself in language. Here and there it has lived unto itself in its true individualism that it might give its life unto others in records of spirit, or prophecy, or science, or love—but man generally has used its power unheeding the still small voice that is lost in the noise of the materialistic machinery of the world, and has oppressed and intimidated the helpless, and indulged his gross appetite for whatever appealed to him most.

The ambitions write themselves in violence and in mental pictures that mean *crime unrecognized* because *man's laws* do not *stigmatize such acts as unstatutory*. The mind is further demoralized by alcohol, by drugs of every description, by gluttony, by narcotics, by stimulants, and by crude sports. This atmosphere impregnates the atmosphere of mind.

The weak respond to these conditions, and the children of the vicious, the drunkard, the libertine become victims of the constitutional weakness that prevents the true development of mind in its natural and pure unfoldment.

Thus man abuses his own life, and weakens the

faculties of the unborn generation. He has made himself a monster lower than a rattlesnake, for that serpent gives a warning sound before he strikes. Man is secretly poisoning not only his own life but is poisoning the very springs of life of the innocent who are not conscious of their danger. He steals from others their natural birthright and strikes with his dangerous weapon, unheeding whom he may slay.

Why is not such ignorance swept away! Why are not the powers of mind made the important question to be settled, *the lesson to be learned, not as the schools and universities are now experimenting through physical tests and the abnormal expressions of diseased mentality, but by the power of Mind itself to reveal the psychic life, and explain the source of this great controlling principle*, that a natural, true, and philosophic system may be given to the world to educate, to strengthen, to civilize humanity, and to give to this generation and the succeeding ones the key to their own individuality that they may unlock the power that will direct all life into its normal and natural expression, gifts, uses, benefits, inspiration, and unfoldment!

How can we call ourselves civilized while we still have this horror at the heart of life—how can we call another nation at war, bloodthirsty since that nation threatens to kill and then takes life—while we who appear to be more refined are taking lives

legally, and selfishly, through indulgence, through greed of wealth, and causing misery to the living that is worse than death, and wantonly leaving to offspring the effect of the misused mind that will result in weakness, or temptation as long as life goes on without awakening to the knowledge, that the mind has power and principle over all that enslaves it?

The deceptive mind is always luring the weak and the ignorant, and the unsuspecting. The attractive guise of that which poisons and inflames the brain conceals the deadly cause. Alcoholism goes hand in hand with all that is degrading physically and mentally. Tobacco unmistakably registers its poison in the membranes and is insidious in its effect both on heart and brain. Intemperance in eating proclaims its sensuality and destroys the bodily fineness and beauty; and all things that enter into the mouth have their own part in the construction or destruction of the physical organism, and enter the brain affecting the material structure; impress their pictures, influencing not only the organ of thought, but affecting the thought life itself—even unto generations unnumbered. This is a punishment justly given by transgressed nature, until oftentimes the brain is thrown into a complete frenzy, and a delirium that registers on that brain all sorts of murderous visions which are abnormally produced yet which seem real to the victim of the effects of such inflammatory causes. In

this temporary insanity the individual finds himself in bitter suffering, trying to protect himself against enemies in every form from animal to human—and in his wildness fights to slay serpents and beasts and people—and places upon his mind the mental pictures that later, in some unguarded moment, some stress of circumstances, some weakness, or some continued delirium or frenzy, really take life.

Or this suffering in some degree lives in the physical brain cells that form the thought organism of the innocent child—and holds the possibility of lack of resistance and constitutional weakness that results from an impaired mental or physical condition of the ancestor.

This should teach humanity its responsibility not only to self, but to the innocent children that are brought into this life to suffer, and struggle, and perhaps fall, not through their own misdeeds so much as through the bad conditions given them by their parents.

This truth cannot be ignored—it will be found waiting the selfish and the intemperate according to the inflexible laws of life.

Each one is asked to individualize in the beautiful powers of life, but many choose to be the victims of unnatural, abnormal living, and violate the divine laws of their own life, and bring misery to those with whom they associate and those who look to them for

an honorable birthright and protection. It is a low type of life, and it produces insanities, murders, weakness, crippled organisms, vicious minds, slavery, selfishness, wars, and uncivilized conditions of every sort, regardless of the position or so-called culture, or wealth, or power of the individual who lives abnormally, and the results are just as appalling as are those which are less easily concealed and more apparent in the slums of life.

When youth falls victim to some intemperance, or folly, or weakness it is often a cause for wonderment—especially if the condition and heredity and environment seem favorable—but if one looks backward, he will find that the tendency has manifested itself and spoken plainly in the thought or life of some ancestor.

This may seem to remove the responsibility from the wrong-doer, but it should only make his or her responsibility tenfold as serious, for the *salvation of mind is through mind*. The constitution of mind is of the life principles that are the powers of the whole organism, and are restorative and limitless when their laws and uses are understood and applied to life.

The brain operates through the whole organism, and it operates *only* from *mind*. When the mind has withdrawn from the brain through accident, or physical obstructions—or the separation of body and spirit, there is no normal process of thinking in the

one condition—and there is the expression of death when this power is wholly withdrawn.

Is it not the duty of the world to study these conditions, and to realize their delicacy and their true adjustment, that there may be fewer disasters mentally, and a stronger, more natural life built?

This is the wisdom of God's laws, seen in their light and truth and love and power, and this subject is presented here that there may be a higher realization of *mind* than prevails at the present time, however *unusual* have been some isolated manifestations, and whatever the psychologists may have presented as theories.

Many have exhibited great power of mental control, *mind* conditions superior to the usual expression; any power grows by the using, and it would have been a dull world indeed not to notice some of the *accomplishments* of the mental faculties, and not to desire to develop the poise and will and power that unmistakably proclaim themselves from *mind*.

Yet, its life itself, its relation to the central power, its eternal principles, its essences, its powers, its interblending in the life of the individual and the life of the whole universe, its registering faculty, its mirror-like processes, its rebuilding, permeating effect, its natural relation to all the physical expressions, have not been understood, and thus have not been lived.

More than this, its *freedom has never been given it*. Its true association with the spheres of the higher intelligence has never been fully realized. Its unclouded, unobstructed possibilities, when the true freedom of the natural life is given every soul, has never been dreamed of. The health of the body under such conditions has never been known. The purified social conditions have never been conceived of. And all this must first come through *mind*, and then *result* through the mental life powers and wisdom and love.

The mind is the controlling power of life. The individualized mind is the protection of the race. The undeveloped mind is degenerate physically and mentally. It may clothe itself with wealth, and use all the protection against observation that is possible, yet it is even then a monster that the world needs to be freed from.

The thinking mind must stand free from society, from people, from the "say-so" of the world, and develop according to *God's law*. *Opinion gives you no power*. It proves nothing—but it is life itself that shows whether it is in conscious touch with the Central power or whether the individual is a victim of reflex thinking and action.

These laws are forceful, immutable, just — not according to man's idea of justice, but according to universal principles. Man shall reap as he sows!

The ignorant trustful person is less dangerous than the ignorant wilful person. Those who trust in Nature's laws and can be in sympathy with the note of the bird, the fragrance of flowers, the coloring of foliage and find inspiration in the brook as it ripples by the wayside, are trusting in Deific life and laws, and are being led out from their selfish limitations.

The individual who believes he has plans superior to the Deific is more to be feared. These are the people who build institutions for punishment.

It is the privilege of every person to be led into the knowledge of the love principles and beauties of the mind, whose powers should be respected to the degree that the physical organism would not be allowed to cast the first stone against the mind, but safeguard it that its treasures may become the most beautiful jewel that can be possessed. Such a mind makes the individual his own saviour; it unites that individual face to face, hand to hand, soul to soul with the Great Consciousness of love that lives in each soul—to that fountain of each organism whereby it may be cleansed in the purifying elements of life, strength and power, and by which the former unclean expressions, undesirable habits, ignorant thoughts, abnormal pictures shall be washed away.

This light and love and cleansing power will speak to humanity of higher principles, and unfold mind so that truth may be perceived. Every person needs

to be led from the wilderness—every mind needs illumination. This message is given that the inner consciousness of man may be touched by the love that lives within every principle, and that the bars of ignorance may be broken down, and the inner life stimulated that it may grow in strength, power, and wisdom, and respond to the sunshine of heaven that dispels all darkness.

This love reaches with arms unseen to gather life and nestle it upon the tender breast of God's sympathy for his suffering children, that they may awaken to a realization of what their ignorance has done to themselves and to others. Then shall they reach out in love and thankfulness to such words, and be drawn closely to the powers and principles in God's life that sustains and uplifts, that heals all physical wounds, that purifies all mental uncleanness, that removes distress from the mind, and places all powerful truth in the stead of untruth, and unfolds all the faculties and possibilities that are the immortal possessions of every soul.

Thus will be removed the hideous visions that are embodied in prisons, in insane asylums, in reformatories, in hospitals and wherever the ignorance of God's laws has placed man. Instead of these structures let us place in the land *monuments of right living*, that the world may look upon institutions that teach truth—that have found wisdom—that understand *law*!

CHAPTER XIV.

THE UNFORTUNATE MIND.

Many are born into this physical life who must suffer the disadvantages of an unfair chance mentally and physically, handicapped by the unfavorable conditions of parentage and environment, and depressed by the destructive, superficial things that retard even the normal being from developing the natural powers of body and mind.

While *progress* is ever working as the redeemer to unfold the spiritual consciousness of each individual, and while all are children of the Infinite, and are given life and immortality by the same divine principles, as birthright and heritage, yet they are long kept from realizing these qualifications because ignorance has made the situation so unfavorable and so unjust.

It is this part of life that we are working to adjust, and to give the world thoughts and truths in the

philosophy of the laws of life that a more natural and normal plane of living will be the result, and that the spiritual consciousness will be awakened, and that men and women may realize what is possible in this earthly expression and the world may be given the rightful inheritance and opportunities for all its children.

While we are perfectly conscious that the power of Deity manifests itself through all of Nature's laws and will work out the salvation of all life in some age, yet we would arouse the minds yet unawakened to their duty in this earthly expression.

Individual life is responsible for the advantages it throws aside, and for the opportunities it ignores in the natural unfoldment and development of mind.

It is through mind that the individual spiritual principles express themselves and give the foundation for development, for the graduation from sphere to sphere according to the Deific plan.

The world cannot feel that it has successfully dealt with any of its abnormal conditions. The evidence is before us in all its reality. Wretchedness symbolizes ignorance—and palliative measures are but make-shifts that confess ignorance as to the real curative methods. We have only to look about us to see the manifestations of injurious living. The prisons, the insane asylums, the hospitals, the reformatories, the sanitariums, all these indicate that there are unfor-

tunate minds, criminals, deformed, crippled, diseased, drugged, inebriate individuals, and while it is merciful to try to relieve such wrongs, yet we *cannot choose to continue with the kind of living that makes these institutions necessary.*

We feel it more beautiful to go to the cause of all this, and to advance the thoughts that come from larger souls who would find the curative methods that will adjust lives that are now needy, and will help the world generally to outgrow the ills of ignorance, and grow into the normal and natural unfoldment of the consciousness that exists in the developed mind,—for this is the solution of all problems, the curative of all unfortunate or *evil* conditions that reproduce their miseries in the minds and lives of the innocent victims of all unjust conditions.

The unfortunate will be given their rightful heritage, and the coming generations will be born into their rightful opportunities—this will be more charitable than to feed the hungry with material food, for they have long starved for that which has been wrongfully withheld from them.

While it is kind to lift up man after he has fallen, it is kinder to assist him with that which will help him stand and then walk alone, and not fall again. The *conditions* that are *producing* these unfortunate things must be *removed*, instead of bringing fuel to

the fire that when allowed to burn will always make smoke and ashes to be cared for.

The inflammable substances must be changed to that which is useful, and life must be the conquerer.

The fortunate and well poised mind is undisturbed and unaffected by the materialistic, superficial excesses that injure and deform the minds of the unfortunate—the weak, and the vicious. The darkened mind reproduces its darkness, but the light of truth can and will penetrate the remotest recesses and finally transform all things according to the working of natural laws.

It is for the unfortunate mind that the individualized mind is working, that the progressed type may become the rule and not the exception. We should judge not, for it is only God and Justice that can look upon the unfortunate and understand what has been lost to them, and through them, and that their wrong acts result from conditions unfavorable, and that they suffer through the injustice of human follies and excesses and selfishness.

Every child should have his true birthright both in body and mind. Every person should have his rightful opportunity in this life. The strong should teach self justice, that the weak may be protected and encouraged to a greater self-reliance.

Why should any individual be called upon to suffer injustice from another? Why should any one

be encouraged to bear unnecessary afflictions, or the restrictions imposed by wilful selfishness in others? Why should any individual lose his heritage—why should *life* be stolen, from the weak by the strong?

What laws are those which truly represent Nature—what creed sets forth man's likeness to Deity—*what philosophy bids man take counsel from himself?*

The laws of the land must take their course, but the soul development is marching on—and one soul is just as sacred as another, one individual's rights are just as sacred as another's, and no matter how sin-stained, how tarnished, or how down-trodden the individual there should be no scorn, no sneer, given by the fortunate, but truth should be set forth, and love and wisdom manifested that justice be done to all mankind, and that life should be made valuable, and that the lawful heritage be given every soul.

Then we may feel that we are God-like men and women, responding to Nature, making an effort to fulfill the law and worthy the position we claim to maintain as workers for human rights. It is far easier to be the fortunate mind and unfold in favorable conditions, so it is well for us to be careful and see to it that we hold ourselves responsible as we receive the natural blessings that result, and do not scorn the unfortunate. This will prove the sincerity of each.

Are you sad when any mother's child becomes the

victim of disaster in life? Has your soul consciousness awakened within you to love other father's and mother's children as your own—or your neighbor as yourself?

The truth of individual rights should be revealed to the world.

All souls should be educated to this higher understanding that darkness may be dispelled, and that love and sympathy may be universal. When you will not have to gaze on the suffering of some mother's boy or girl and be saddened by the conditions that seem hopeless, you may feel that you have given a portion of your life to make all minds fortunate, and that the reproduction of unfortunate minds is at an end. The things that retard civilization will be no more.

We know that committees and commissions have been privately and publicly appointed to investigate the ill conditions of the world, and while much has been done to do away with the plague spots of the world, yet the cause of the ills and evils has never been removed. The work is only partial, and so the results are but partial.

It is a universal question, and must be dealt with universally according to Nature. Each individual must come into the knowledge of individual responsibility, and understand the laws that are universal, individual, just, unerring, and not man-made.

Deity's laws must be recognized that life in this physical expression will be natural, and give each his rightful opportunity, *that every child may be well-born*, and live and grow up under the constructive laws, and not led into the abnormal, the unnatural, the unfortunate, but become more and more unfolded, more and more illumined, more and more wise in the wisdom of God's ways.

This removes the artificial authority of religious teachings, and the self-imposed authority of one life over another. This brings the world into true brotherhood, and the religion of truth, and establishes the sacred rights of every individual.

The welfare of all souls will then be considered, and the world will then be civilized, and understand that differentiations of religions, forms, customs, laws, opinions are but stumbling blocks that have kept man from interblending his life with the life of God.

When this is recognized as justice then will contention, error, ills, selfishness, wars, pass away. Then will the weapons be laid down that have left the scars upon the physical forms, that have wounded hearts, and bruised minds.

Then we will be at peace with ourselves, and we will be removed from cults and creeds and walk out into the freedom of our own lives, and hand to hand, heart to heart, soul to soul, regardless of petty ques-

tions as to previous beliefs, we will express the harmony of life that shall amalgamate humanity.

This has been preached but not lived,—now it will be lived and not preached. It is not the popular doctrine, not what society desires, but it is the necessary truth to solve the questions that confront the world, and that will assist the lower types of humanity to unfold and ascend to the higher planes of life, where there is universal freedom and no unfortunate minds—for there is no depression and lives have become adjusted through the realization of individual rights and privileges, through freedom and limitless, endless, power and progression.

CHAPTER XV.

*THE FOUNTAIN OF LIFE THAT FLOWS
THROUGH THE MIND.*

When mastery in the individualized mind is gained then the access to the fountain of mind is given the individual. This is the fountain of one's own life. The entrance to this fountain is so beautiful, so sensitive, so seemingly delicate yet it is radiant with power, and life, that none can enter in until *every faculty* of life has been unfolded to harmonize with its influence.

This is the entrance to the limitless life of power, peace, and beauty. This is the open door through which can come limitless truths concerning life—and life covers all forms, all expressions and manifestations of every plane of existence both spiritual and material, it is without beginning and without end. Life is the balancing power of all things. The mate-

rial plane of life is but a spiritual plane for all life is spirit.

The physical body is but a material house in which the spirit individual is living for earthly expression and development in likeness to the higher type of existence from which it came.

All forms of life hold the spiritual principles and these manifest themselves through matter for growth and development. The forms vary according to this growth and development. Even so do individuals vary in their expression though their life elements are animated by the same spiritual principles.

We come here for experience. We go to the larger life to use the experience gained in the form; so matter is only taken on in formation as a necessity to individualization in spiritual growth.

As we gain entrance to this fountain of life which so tenderly waits to greet each at the shrine of his own being, we become free from the superstition and bondage of ignorance, and become free in the individualization of the higher characteristics of life, through the mind. It is like all other things of benefit won by human effort, more precious because it is thus obtained through work, and growth, and unfoldment. Then are its wonderful attributes understood. Then does it express itself in life. Then does it unfold into the higher, purer, stronger, into the perfect principles of life that are enduring

and untiring in their work for this higher spiritual expression.

Symbolically we but enter into the garden of our own lives where the colors, the perfumes, the loveliness, the essences of all finer expression of the higher wisdom of love, manifest themselves to us, and express to others the beautiful meanings of which we are conscious, and which we can use for health, strength and the up-building of all of life's faculties.

These principles of life are in need of individualization and unfoldment. These love elements should spring up in lives that suffering should be ended, and the world realize what the loving truths are that God has given to each individual to use for his own benefit, and the benefit of mankind.

The so-called educated are as ignorant of these principles as are the so-called ignorant. All are suffering for the knowledge of the wonderful powers and principles contained in each life.

From such knowledge individuals would inhale from the atmosphere itself the elements that would fill their lives with the vitalizing elements that would stimulate the mental and physical to larger life. But the mind must first be unfolded to a consciousness of these elements and possibilities. There must be wisdom and love and harmony all interblending, all manifesting for the up-building of the life powers and faculties.

It is only through a harmonization of the faculties that this fountain of life can be used—then it flows freely into the life of the individual according to the degree it is conceived of, appreciated, and made good use of for the true life building, and character building in the wisdom of deific principles.

In this fountain is everything necessary to meet the demand of every hour, every day, every moment of this life's expression, provided the individual harmony has been established, and the faculties expanded to the high conception of the true expression of the life giving elements that live in this fountain.

It is but a fountain, yet we find that the powers, principles, character, love elements are limitless and endless in capacity to strengthen, sustain, uplift, sweeten, purify, blend and interblend the finer intelligences, forces, and thought life, to intertwine into all this all that is necessary to adjust all things in life—to heal the sick, dispel all darkness, to reclaim the erring, to strengthen the weak, to open the eyes of the spiritually blind that each soul may see the meaning of life, awaken to the higher consciousness of wisdom, find his own soul center, and live in the fountain of his own life, and bathe in its principles and powers.

It is only through such wisdom that you can make life in a complete oneness in the functioning of all

life faculties, because it is through this wisdom alone that you can conceive and perceive the value of these spirit essences and know how to use them for individual growth and universal human welfare.

Man has lived in a palace in the midst of angels, yet his eyes and ears and mind have been closed to it all, and he has cried for assistance in his ignorance, and has suffered from his own erring ways. In the silence of that moment heaven was at hand; the angels were reaching out to greet him through the highest principles of life. God's sustaining arm of justice and wisdom was about him, and yet man had no knowledge of this—he was suffering through his own ignorance and selfishness, struggling, asking, falling back into the errors man has made, satisfied for a time, yet doubting, fearing, praying—and still living.

Just be true to yourself, loyal to God, and his power, in harmony with the angels, and life will then be interblended, not through force, but by wisdom, power and life.

In such principles are all essences that are needed to move peacefully, gently, beyond human comprehension, in the laws of loving truths.

The life conditions will speak in power; the magnetic aura that surrounds such an individual will be of such a quality and character that the world shall feel its influence, even though it understands it not.

Weary not in well doing. Falter not by the way-side. Fear not because of no direct response; thy work is being done on earth even as it is in heaven. Journey on, thou shalt be led!

The crucifixion can come to the material form but not to life itself. The pathway of time shall be marked by humanity seeking for truth for the fountain of life. It cannot all be expressed in this plane, but can always be expressed throughout eternity.

Thus through God's universal truth, baptized by the dew of heaven, *this fountain of the master building of the universe is sufficient for all the needs of humanity*, for peace, for love, for health, for wisdom, for power.

Fear not! You need not question for then can the consciousness answer all questions—in that hour it shall be given you what to say. The sustaining power is within, and ready to manifest in times of need.

The fulness and oneness of all the faculties are complete through the individualized mind and its principles of spirit power. *No man can be born into that which he is ignorant of.* The past sins and errors are *not forgiven but outgrown*—and only through unfoldment is one “born again”—born into the conception of the fountain of life that flows through the mind.

God's power will sway the world, ignorance cannot prevail.

Man will not worship and fear, but love, and rejoice as he awakens to the light that dispels all darkness.

Individualism means first standing alone,—alone in the conception of one's own life, and of Deity's expression and manifestation and of one's relationship to the universe.

Then growth will interblend these lives with other lives and lead others to realize their own wisdom and power.

You assume your rightful place, and recognize the rightful place of all others. You are led into individualization and have the endorsement of your own higher consciousness, and the endorsement of all that lives in the universal wisdom.

When such truths are expressed in life the constructive process for all other lives continues. These truths speak for themselves, and tell what is right and what is wrong in human lives—even in tones that may be unknown to individuals existing on lower planes. Truth and principle never die but grow and live under favorable conditions into beauties and knowledge undreamed of.

Through this truth the individual is powerful, just, honorable, breathing in the heavenly atmosphere, emanating these beauties through the magnetic

aura, blessing the world, healing the sick, dispelling darkness, and removing the cause of ills and evils, bringing all unto the harmony and power that all lives should be individualized, that mastery be gained, that each should recognize the fountain of his own mind and dwell in peace, wisdom, and bliss now and throughout eternity.

CHAPTER XVI.

HEALING.

The general rules for physical health are few.

Simplicity in living is the most important.

Exercise, diet, work and play should be proportionate to the individual condition, and each should be a law unto himself, intelligent as to his own constitution and the laws of Nature.

The body is provided with every recuperative and restorative principle. The Universe is filled with every life-giving element and force.

To know how to use these natural resources *naturally*, should be considered as absolutely important in the education of every person. *Every child should study the Science of Nature*, and understand the Universal laws as they relate to life.

There is no partial way of living that is normal, and there is no partial way of healing that is natural.

Man as a complete being is related to the universe

as a complete whole, and in man and the universe are the laws of life.

The fuller and higher this recognition the greater the healing power and result.

All the universal elements play their part, and are all adapted to the whole life and welfare of the individual.

There is no special form, or separation, or specific, or therapy—but the life power itself as it has unfolded and completed itself in matter through spirit or immortal intelligence.

The amount of motion determines the quality of life. Even as the planets evolved from the fiery mass to habitable globes, and as the atmosphere cleared from dense conditions to light and variations in color, so can the individual use the motion within his own life currents to check or increase his spiritual circulation, and thus up-build, restore, enlarge, and hold in a just equilibrium his physical body, and by the same radiations of spirit produce harmony of soul consciousness and expression.

He can be master of his own instrument, and vibrate all the life harmonies, truth, justice, unselfishness, love, charity, repose, aspiration, mercy and freedom. Every sentiment has its own vibration and the tune may be noble, strong, gentle, yet commanding, and spiritual.

Love and all the attributes of love can be used

selfishly or unselfishly. If we live in materialistic ideals then we overpower the spiritual ideals and develop small, narrow and stagnant expressions, thus becoming crude as individuals, shutting out the beauty that would flow in reciprocally as the greater love flowed out in universal power. People get just what they develop.

We need a love for growth and development, a love for truth and wisdom that harmony may result from the interblending of all the elements of pure love. Then we rise from the limited conditions of selfish love, and are vibrating in unison with the great love elements of the universe.

Cleanse your temple. Put it in order that it may receive the greater knowledge, and radiate light and love. These are the love elements that cleanse, illuminate, sweeten and make life fragrant, permeating the atmosphere, allowing us to realize the limitless things for which we are reaching, to bring into our temple.

Here as we awaken to this knowledge within ourselves let us value our faculties, that we may become harmonious instruments made sensitive to the ethereal spiritual elements that illuminate this beautiful inner self; let us live this truth and bring its spiritual messages to our mental and physical conditions that we may become wise and strong, and use this unfoldment for universal as well as individual good.

It is through the *soul* that all the harmonies (or discords) sound, so it is in the soul that we would find the key of self, and set all the loves of life in tune.

Here we open the gateway to the spirit—or power—or life of life. This inner dwelling place is beautifully arranged for us by God's love and wisdom—here we can find heaven, because heaven results from harmonious conditions.

Here we must go to solve every problem. We must find the way through the gateway of our own life, and when we do this we place ourselves where we can receive truth and wisdom and love from the great universe of life. This brings us to a higher conception of our own being, and thus opens the avenues to the unseen principles which have their source in the great Deific center which is the cause of all life and law.

The larger things of life tell us how to use these laws. We then find ourselves as an indwelling light which can reflect and radiate truth, and which has the power to see through the materiality that has been obstructed between man and the spiritual avenue of himself and the higher expressions of life. He will then understand how the world has been filled with superficial opinions that are but waste matter, yet very disturbing to progress.

We can then see with our spiritual eyes and sense

with our spiritual consciousness the existing conditions. *It is always from our own temple that we must look*; it is through the windows of our own soul we must view the higher realms of spirit, and thus we may come in touch with the master minds of the universe—both from the seen and the unseen and receive their thought, and be instructed in wisdom, and thus blend our lives with all progressive conditions. We shall receive the baptism of Deific power, and then will mold our lives in likeness to the powers of truth.

Nothing is impossible in the universe of life. We can absorb all the truth for our life at any time and at all times, under all conditions and circumstances if we have placed our physical, mental and spiritual self in harmony with the real attributes of life.

This is the working out of our own salvation through growth, by complying and harmonizing with the laws of nature, recognizing at all times the Deific principles and love elements in all things and all forms of life, and through this adaptation make ourselves equal to all conditions that come to us.

To realize these strong and beautiful and high conditions we must make ourselves worthy, and act, unhampered by the cruder forms and thoughts. We must be free from self-discord that we may interblend with all the beautiful things that make life one grand symphony, and become a harmonized force united

with all harmonized forces of the universe, playing our part accurately, in time, in tune, in volume, vibrating in perfect oneness with the Father to whom all things are possible, and who through his life and love principles has given this same possibility to his children.

We want to awaken that consciousness within that *always has been*, to its great possibilities. We are ever growing, and there is no ending, for the powers of consciousness we have entered into are limitless; therefore we must gather something additional to what we have received, and expand into larger consciousness, cause the material brain to become more active, and still better fitted to receive greater wisdom and strength; stimulate it with thought, nourish it, exercise it, for its growth. The physical organism being irradiated, stimulated, strengthened and pervaded by the great spiritual life will become a still better material physical organism, and still better fitted to receive the spiritual knowledge. Even the atoms of the physical body will be irradiated by this knowledge and power from the soul center and will voluntarily make use of the higher benefits. The awakening consciousness senses the spiritual part that acts on the soul as an avenue to produce a healthy harmonious, well-poised, spiritualized illuminated being, in oneness with itself, attuned to still higher vibrations that are more sensitive, more refined, more delicate, more

susceptible to the silent language of Deity because of its higher unfoldments.

It is in the silence of life that the bodily instrument is being attuned to the still finer qualities of its own principles by the higher spiritual elements of the unseen. While in the silence the soul reaches out into the universe to receive strength and to be enabled to perform the work for which you are preparing.

When you begin any work which concerns the welfare of life, and have made your own condition suitable for that undertaking, you can always find in the universe the necessary things whereby to perform that which is for the growth and welfare of humanity—at any time or at any place, for time and space make no difference in the manifestation of Deity's laws—*these principles are ever present within you, and about you.*

The more difficult the work, the finer must the conditions be made that they may fit that which is to be performed.

Your condition must be in harmony with things that exist in the heights. There must be a blending between you and the high centers, in order for you to receive more strength and wisdom, and if you do not receive this, it is because you have not complied with the condition. Your condition must be in harmony with what you have asked for else according to the

law of justice you are not entitled to that assistance that is able to come only through your own soul life as it has expanded into the universal unity with the spirituality of life.

We must always be in harmony, and that adjustment must always be in harmony with whatever we are attempting to do, for there are minor things—and there are major undertakings. Everything must be consistent, adapted to the needs—and the conditions made proper for this by your own understanding and acts.

If it is illness then should the cause be investigated. A healer must be poised through growth, passive and positive, never negative. He must be in harmonious attunement and able to penetrate the material conditions, and with this developed spiritual faculty see the disease as it affects the physical organs and reflects its influences on the mental, thus sensing the patient's whole condition.

This spiritual insight is far superior to any material instrument of investigation or photography, and is so quick and so complete that it is of itself like a photographing process.

The spiritual faculties are so unfolded in wisdom that they exhibit their God-like attributes of wisdom and strength and you are thus using the highest source of the perfected life elements by which you diagnose disease, and do your work.

There is nothing higher, there is nothing greater, there is nothing larger, there is nothing more powerful, there is nothing beyond, there is nothing more beautiful, more kind, more luminous, more brilliant, there is nothing softer or more peaceful to the consciousness of life, there is nothing of greater love or greater charity to work with in the hands of any one seen or unseen, for this is the source that *Nature* provides, and to which this science refers you for truth, for seeing, for sending, and for knowing—this is the highest knowledge and the greatest power in the universe. It is love—unselfish love permeating the atmosphere of the healer because he is operating with the soul principles of life.

Your spiritual consciousness in recognizing this becomes brave. You are awakened to the highest power, and are fearless to face any condition, disease, or any difficulty, to accomplish any work, and if you do not succeed the trouble is with yourself, not with the powers you are working through.

So this proves to you how perfect your condition must be, how sincerely you must be adjusted to this power. It must not be in selfishness, but in wisdom, and harmony, and growth, and power, and love, a sympathy of all the soul principles in the purpose to lift all souls, dispel all darkness and disease, and make the world in likeness to the source you are

looking to, and by which and in which you make your own conditions true and beautiful.

You are limitless because you are dealing with the highest power. All things are possible. You yourself must grow, you must be the truth you are claiming yourself to be, you must live the life of truth and justice and harmony, and with peace on earth, good will to men, in order to give this help and grow in its power.

This cannot be made a mockery of, or you will find yourself the fool, and will suffer from the condemnation of your own hypocrisy and blindness.

It is only through your life, regardless of opinion, that you can grow, and can make yourself an instrument that can radiate the higher life and be the more perfect instrument at all times and under all conditions.

You cannot ask the Divine to be a slave of your own ignorance. You are God, and God is you. Nothing can fail you.

This accomplishment is reached step by step, builded stone upon stone, secured by the firm foundation of character, perfected in patience, and secure by the soul's growth and unfoldment in the eternal principles that are life itself

Our life elements are controlled and maintained by spirit. These magnetic or life forces can be used by the operator through the mental powers to just

the degree that he has knowledge to use this vital emanation.

It is necessary to know how to control this magnetic force in order to sustain your patient, and to protect yourself, for one who is weak more readily absorbs this life giving element. You naturally sustain a very depleted person by your own inner life, even without the laying on of hands; under the conditions of silence you can reach your patient physically, mentally and spiritually, by your physical, mental and spiritual forces, and lift him and bring harmony to his organism and thus open the door to his own spirit to assist you in his up-building.

It is necessary for you to be absolutely positive, asserting your own mental power to withhold your magnetic force from those who would ignorantly or unguardedly take it when not voluntarily using the healing gifts. To the patient you are giving life itself through your own being, for this same life force, spiritually, mentally, physically, is received from the great universal fountain of elements; it is limitless in power, thus we never deplete ourselves for we are not depending upon our own limitations, but reach out into the universe, into the love elements of the unseen, there to bathe in the stimulating truth of love, wisdom, and power that always keeps us as healers well sustained with the life giving elements of Deity, for health, knowledge, and truth, that we

may make our own conditions larger and our lives ever nobler and stronger, thus ever receiving, and ever giving to our brother man and sister woman.

These life elements are free to all, but ignorance has closed the way between the full benefit that otherwise could have come through these beautiful uses of it. We who have been awakened to the consciousness of the *laws of life through natural law*, will understand better how to attract to ourselves as a magnet these forces, and become well poised, ready to assist others to the fuller development of themselves in the realization of their own possibilities.

You are a spark of every life element, powerful to heal, to educate, to uplift, and to lead mankind toward a more perfect condition, and when you are in need of strengthening and sustaining help, and the illumination from the higher and still greater adjusted lives in the unseen universe, then will this greater power and wisdom flow to you from those who are capable of being your teachers, and with this union and blending of life force you can reach out still further to the heights of life for a greater interblending of power. Because of your living in these truths, and because of your seeking greater knowledge you make yourself a greater life force, expanding in power and attracting to yourself from the great limitless principles of life more wonderful force of the life elements of Deity, that builds, strengthens,

sustains and unfolds you to still higher and more powerful expressions, never limited by conditions. Through these beautiful expressions you continually progress and become a larger life, interblending more and more with the very life of life.

This is the constructive plan that is given us through the wisdom of Deity, that you may manifest these living principles to unlimited possibilities, and be in harmony that is ever expressing itself in this larger life, that cannot be restrained nor held in check by bands of steel. Nothing can prevent the blooming of this flower of the soul expression, as it lifts its delicate face radiant with love and purity, in the sensitiveness of soul consciousness, a face which cannot be beheld by mortal eye but is beheld by the consciousness that lives within, formed by Deity, placed in His garden of life there to give forth to the world the essence of spirit power, and to change the imperfect conditions to perfect ones through the curative life elements.

It is impossible for any thing to retard this progress.

These beautiful powers can be transmitted through the physical organism.

Unfoldment and development are living principles. You can reconstruct and build by these delicate and powerful forces a harmonious personality that is finer in its physical construction, kinder, nobler, fitted with more beauty because it is rebuilt

by the highest conditions that exist in the great life-giving elements that re-mold the very soul to power and growth, from the unseen life that lives in the silence, that is never seen on the surface and is beauty and purity within itself.

You develop a new creature, a higher type of character to live within the material organism—a force not made with hands, but through the operation of the Deific principles as taught by Natural Science, through the co-operation of the angels, the body has been strengthened, the soul unfolded, and the spiritual becomes the recognized power of life.

There must be harmony of the whole physical structure—the body, mind and soul—that we may have the proper balancing power and the necessary equilibrium of forces for health in the operation of the spirit through the conditions that are adapted for its natural expression. Harmony is the result Deity intended, and must be attained through obedience to nature's principles.

Chemical changes are constantly taking place. Nature is trying to eliminate that which congests or constricts the circulation of these health giving principles, that are constantly working to remove discord from the mind and body. These chemical changes prepare the way for psychic power to interblend throughout the organism, through harmony of the spiritual principle which makes the physical body

more ethereal and responsive to the power that is working to manifest itself more completely in you and through you, for your own welfare, and for those you wish to aid through the science of Natural healing. You must constantly build larger conditions for yourself, to be better fitted for whatever experience that awaits you. Open your own consciousness to the life that is from Deity. Find the plane of vibration between yourself and others you would help, meet them where they may be expressing life through their own characteristics and individuality, that the life-like force from your inner consciousness may remove the discord of their body and mind, and assist their spirit to manifest its own natural power, and receive the treasure of life that is theirs by right of Natural law.

You must keep the channels of your own life clear to receive and to radiate these life forces. Your message to the soul will be received, and your own consciousness will be refreshed. The avenue to the different souls must be found according to their development and condition, and each day as they are strengthened they should recognize this thankfully to the higher sources, of their own life, and to the help that is given them, then through the great law of life they are making it still more possible to gain the treasure of life that belongs to them. They need not feel like lost souls begging for assistance, but as

individuals who have opened their consciousness to the right way of obtaining the rich, harmonious, beautiful life elements that the normal, natural being inherits, but which ignorance has kept him from receiving. The glories of life belong to him, and have been provided for him beyond the comprehension of man. As his soul speaks to the mental he will be more and more directed toward the central magnet that illuminates his way to health and harmonious living.

You cannot raise a person easily or suddenly to a plane you have been years in reaching, but obstructions can be removed so that the psychic can reach a patient, by giving him his own liberty to free himself of mental disturbances, and then the larger consciousness of the operator can be successfully applied, which will gradually make a harmonious adjustment, and the patient, through the great laws of life which allow everything its place, will be swung outside his sickness and the readjustment of his physical system will take place naturally.

Chemical changes are ever working to help you throw off all that obstructs, for Deity has placed everything needed into the physical organism for its health and harmony as it lives in this plane of life. But through crude conditions and through ignorance of the masses, it is necessary that the wiser ones come to the rescue of the weak and the unfortunate and

teach them the way to a normal adjustment of their forces.

In this you can only assist Nature, for Nature cures the patient after you have taught him how to come in right relationship with these natural principles. You are simply a larger consciousness in this knowledge and with your helpers you perform larger manifestations through the natural laws.

The Universe is filled with everything that is needed by man whatever his condition, whatever his circumstance, whether sick or well, whether in discord or harmony.

It is impossible to wish for anything or to wish to perform anything, or to grow to any greater condition or position without being able to find in the universe all the things that are necessary to make this possible. You are a part of everything in the universe, spiritually, mentally, and physically; you are from all its life elements and principles, as they have developed through chemical changes and progressed through forms to individualities. This shows the relationship you bear to the universe, and proves by natural law that you may become in harmony with all the universe because you have came up from all its life elements.

Thus according to the development and unfoldment of your own life you are able to perform the possibilities that live in Deity, and capable of doing this to

just the degree that you find Deity expressing Himself on your plane.

If you are living as a materialist in the cruder part of life and have not awakened to anything beyond these possibilities, you are permitted to act with absolute freedom through the laws of life, to perform all things in accordance with your understanding or choice, and cannot do that which is natural to those who are living on a higher plane of life.

Though you have all the wonderful powers and possessions of the universe you are limited by your own conditions, and until you become more illumined from your own center and pass onward to a complete realization of the beautiful laws of Deity and the inexpressible richness of all life, you cannot use these laws of the higher unfoldment.

As you advance to a higher plane, you use the laws of the higher plane.

You hold in your organism all the attributes of this plane, but until you enter into the consciousness of this you cannot operate by these laws. You must become educated in them, you must become illumined to a greater extent, you must expand the whole mechanism of your life, and step by step advance to a still higher plane, where you will find a similar experience to the former one, in growth and unfoldment, and still find greater powers according

to the degree of your comprehension and use of the universal principles.

You may look upon yourself almost as you would look upon a tree that grows larger each year—while this is true in a sense, it is not in another, because you are in a different stage of progression entirely, you are an individual, a personality, a part of the highest type of soul life and spirituality that can ever be—yet held to your own plane according to your own growth.

In every analysis, physical, mental and spiritual, we are a part of life, made up of the elements of all that life; nothing in the way of elements can be added for the material body is the perfection of all the forms of the universe, the life essences of all beneath it—but it also is animated by the spirituality that lives within the highest and purest soul center that is the fountain of all life—the unseen source of life.

Now we no longer look upon ourselves as limited by material conditions like the tree, but as an individual soul center, a part of the great life of spirit that is all-wise, all-loving, all-limitless in its eternal possibilities for development.

This knowledge must remove all clouds, all narrowness, and lead you onward where you may review the past, and look into the future, realizing you are on the great seas of life, where according to your own

desire for spiritual growth and development you will make your way.

This power cannot be taken away from you. It cannot be bought or sold! It is life—it is a part of every life. It is yours by birthright.

Your growth is placed in your own hands. No one is responsible for you. You can be prompted and helped, but only as you are faithful to truth according to the light you have, can you advance.

Your own soul center is a part of the great soul center, so nothing more in *quality* is necessary. You must realize it as a great fountain to which you can appeal at any time for your own welfare and the welfare of humanity.

This soul center is the essence of spirit, it flows through your life, yet you must make conditions that are appropriate to the conditions you meet, and the work you wish to do. You must have harmony, you must be awakened to the laws of Deity, for you cannot operate laws to which you are not unfolded.

This comparing of yourself to the universe will always be beautiful to refer to, because it gives you knowledge of what you are, and what is possible. Sickness, evil, discouragement, misfortune, failure even—are but phases of conditions brought about by mistakes in living, the misuse of the laws of harmony—the cure of which comes only through making a complete adjustment of yourself through nature's

laws earnestly desiring that the spiritual essence of your own life will manifest harmoniously in your own organism, for yourself and for others.

Adjustment solves the mystery of evil and illness—and ends it. Both are caused by ignorance, and are the obstructions in life—so seek for the higher realizations and try to purify your own organism as you pass on through every stage and plane of life. This progression goes on plane after plane in the spiritual spheres, though there is no physical disease, there are errors and mistakes that are carried there through man's lack of growth here, so we see how necessary these teachings are, that man may rid himself of all his coarser traits, and not carry them as waste matter but make himself a clean beautiful individual to live as Deity has prepared through natural law the unfoldment that shall continue throughout eternity.

You must become a One-ness within the law of harmony.

A physical healer operates only on a physical plane, and helps the material organism through the circulation. *You are capable of using the law to just the degree that you have unfolded as a limitless spiritual being*, and you need not be held by any station because you are free to become a large soul—even to heal without the laying on of hands,—if you can make the conditions necessary for this growth.

You thus realize more fully your one-ness with the Father, as you live in the universe, a part of every atom and spiritual principle.

Life is in your own hands—your growth depends on yourself.

In order to be consistent and intelligent and scientific we should be conscious of the principles of life on the plane in which we live. *This is superior to faith*—for faith is mere belief in what you are depending on, *whether there is any basis for faith or not, and may be a direct contradiction of natural law.* The results obtained by Faith are never powerful unless there is an intelligent, developed mentality and reasoning power as basis of faith. There must be a union that produces a harmonious working out of truth whether recognized or unrecognized, that produces desired results.

If the material mind is satisfied with material paraphernalia and opinions that are formed from limited conditions and understanding, then the results will be in true proportion to those material conditions, whether of earth life or of spirit life—the bounds of such knowledge are always limited by the unfoldment of the consciousness, and it is not always a question of the plane you are living in, whether earthly or spiritual, but it is a question of your intelligent recognition of laws, and your manner of

operating them, whether you are in this sphere or the spirit spheres.

All share according to their capacity and desire for unfoldment. As you come into harmony with all life elements you will naturally express a conscious freedom and harmony and interblending of your life with Nature, and with the intelligences of the higher planes of life.

In this way Natural Science teaches you a complete harmony with physical, mental and spiritual expressions, all governed by the same laws and principles, all unfolding from the same source of Deific power, all proclaiming truth.

This proves that faith is only needed where ignorance prevails. *Truth must be the shaping power of our lives*, then there is no chance for failure. The whole personality becomes a part of all the laws of life and consciously conforms to these laws. This superior condition is gained through a molding process, and a harmonious recognition of Natural law. Progression always reveals the naturalness of every plane and makes clear all that seemed obscure when you were on a lower plane. As you move onward and upward and trace all the life elements that are forming and re-forming, unfolding and growing and transforming your life you will see that it is one grand round of development and progress—and the more fully we are conscious of this, the more fully

can we claim the right to become a part of every possibility and privilege that exists in the universe for our use and comprehension.

All this is yours. You are a part of it. It was from the beginning a part of you.

Life to each one of us means just that which we are conscious of in life—and as we have said before, there is everything in life and it is just our degree of consciousness of everything that makes life to us as individuals, and makes the difference in individuals.

To have a clear vision of all conditions we must always view from the side of spirit law as well as the material appearance in order to gain the proper adjustment and poise to be able to weigh all things and to conceive of the value as well as to see its limitless condition. In looking upon both sides we can see what good exists therein and discriminate between the useful and the superficial and realize that the universe of life holds more than man will ever be able to comprehend.

Our lives can be filled with most luminous power and we will advance to a wonderful concept of all forms of life, especially that which is most unnoticed, the spiritual nature that lives in every form of matter, and interblends with every organism. Thus we become more and more conscious of the truths of life and apply these laws in every condition physically, mentally and spiritually.

There is no reason why we should remain in the obstructed part of life, simply because man has lived in ignorance of the higher principles, and has used the world for his own material gain. It is only through the right use of Nature's laws that we can obtain any permanent advantage and that will be in the degree of our unfoldment. It is through the spiritual consciousness that we behold the actual power and truth that are ours throughout eternity.

This is the fulfillment of the law and such progression is evidence that the individual is living his own natural life, as it was intended by the constructive elements of the universe. Under these conditions he can see the things in life that are in keeping with the highest forms of development, and not superficial matter.

This power that unfolds within is of limitless value. It places you upon your own freedom where you do not have to accept the words of some one else upon faith, but where you can use your own judgment and reasoning faculties. Everything you do is either adding to your own knowledge, or obstructing you with waste materials that sometime you must remove in order to make a clear and clean avenue through which your own self must expand.

The word of truth is divine!

What is truth? Truth is that which we can absolutely prove because of the results obtained in operat-

ing it as a truth. That which is a truth to you may not be a truth to some one else because their consciousness is not sufficiently unfolded to comprehend the laws and to apply the principles of that truth. One truth leads to another, and so greater truths are unfolded as we advance in our conscious intelligence and progress to higher planes of existence.

Those on a lower plane do not perceive the truths of the higher plane, so there is much confusion of thought and disagreement of minds, but whatever you find to be true hold to that, regardless of opinion, and as you grow more and more harmonious in your unfoldment you will behold more and more truth, and know what you have gained, and realize the justice that is in *Nature's laws*, and that *truth* is *divine*. It will always lead you into larger spiritual consciousness where you will assume larger responsibilities, and with charity instill into other lives some truth that will enable them to advance from out the path of materialism and progress in a natural, normal, reasonable consciousness of the laws that control all existence.

Truth has always been in the universe. No one creates it. We simply unfold to consciousness of truth, and expand our lives upon the existing truths and become clearer, cleaner, larger, stronger, better, and more beautiful as we progress in this universal life.

Truth is a living entity,—a germ that when it falls in good soil, increases and multiplies and grows into a hardy, giant plant that spreads out its branches and nourishes and protects those who believe in it. Truth never dies, it lives throughout eternity. I repeat, *Truth is Divine.*

CHAPTER XVI.

THE MAGNETIC AURA.

The Magnetic Aura surrounds the physical body, and varies in coloring and quality according to the temperament and intelligence of the individual, and its color and quality depends upon the wisdom and love elements of the individual. It is an ethereal substance that is physical as well as mental, and is of influence according to the degree of the spiritual consciousness of the individual.

The magnetic aura is most important in its power for healing, and for this reason the healer should be strong, wholesome, clean, and of good mental atmosphere. A healer is dealing with a high order of refined processes, and manifests these processes through his own being, which is as a deific center.

So it is with every individual of any class, any profession or any business, the mental influence is either to inspire an associate or acquaintance for

higher and nobler living, or else to injure or tarnish with the superficial things of the lower mentality and abnormal living. *The mind of every individual lives in this ethereal aura, and the effect of the life of the individual expresses itself unseen in the magnetic aura.*

The aura of one who lives in discord with himself, in ignorance, in selfishness, attracted by the lower sensuous things of life, ignorant of the laws that govern and control the consciousness, could not strengthen, nor sustain, nor harmonize, the life of another.

This is a very important truth, and it relates to healers of every kind and cult, whether spiritual, mental, or physical.

The combination of justice, truth, love, light, wisdom, power, peace, and harmony, work out these powers, and interblend the principles so that the whole aura of such a person is radiating life and light, and whoever comes in such a presence realizes these characteristics and senses an uplift, for this life essence always speaks in the silence to the soul of man, and vibrates in his consciousness and stimulates him to higher action.

The more clearly we understand these laws, the more surely can self-protection be gained.

This is most important in regard to healing, and in placing oneself under the care and influence of

any operator, for in his presence you are in touch with the life of the person in the magnetic aura, and its influence on the mind and the body depends upon the life of the healer.

This force and power affects the patient, and is affected by its own environment. It is the magnetic aura by which the healer projects at a distance the healing power.

Healers who are unprincipled and attracted to undeveloped lives may get favorable results in treating their own kind because there are harmonious vibrations between them. *The principles of relationship are ever true in every plane of life.*

The aura is under the law of cause and effect and cannot be momentarily changed, nor artificially adapted to different people. There is no such thing as disguising or falsifying it.

The spiritual consciousness builds this and pervades the atmosphere in absolute harmony with the life of the individual. Each person, each healer, offers just what lives in his aura, and he who has been sacredly guided to the fountain of his own superior consciousness, and studied the laws of Nature which are the immutable laws of God,—and who has passed through many degrees of development and unfoldment of mind into the larger consciousness of Mastery of Mind, has become *individualized* in the universal powers and principles, and is building his

life in likeness unto God ; and his magnetic aura will be filled with higher healing possibilities and powers that are in accord with his own life qualities.

The laws that govern and control one life govern all.

As we have said before, and emphasize the truth again, *there are no two lives alike, no two individuals the same. Each has his own personal temperament and requirements and each must be dealt with according to his own individuality.* Physically and mentally no one rule will apply to all people—except to obey Nature in the true meaning of Nature. Different organisms require different treatment, and the psychic gifts of seeing and understanding each individual gives the capacity to apply the right method under right conditions to obtain the desired result. *Without this recognition of individual life, it is impossible to successfully prescribe for any ill in life, or remove the unfortunate conditions.*

Without this true individualization the individuality of others is not recognized, for we cannot see in another that distinct individuality if we do not recognize it in self.

Thus we see why it is necessary to first become conscious of the unfoldment of individual life first, then one may be able to be of assistance to other lives, physically, mentally and spiritually.

We find in the individual character the life prin-

ciples set forth by Deity through natural law. That means that every faculty should be harmonized and bring about the harmony of the physical organism, and the harmony of mind. Thus the unison of body, soul and mind are complete, and in perfect attunement with all life's expressions upon the various planes of development, and the value of all life is recognized whether it be in a small form, or of a high spiritual consciousness.

This consciousness brings love and peace and charity and unselfishness to the individual, and gives to every creature absolute justice, and the desire that all may partake of all that is true and good that is so freely offered by Nature to all lives. This is the true guide and protector, and will heal, sustain, and unfold favorable conditions for the lives of others to characterize from the fountains of their own lives, and expand in wisdom and power.

This consciousness lives in the aura, and is filled with emanations from the soul and mind that are the normal and natural expressions of Deity's laws in Nature.

This aura is gained through the unfoldment of the organism, body, soul and spirit. It does not come for the asking—or become beautiful through false beliefs and erring ways, but it is won through struggle and the overcoming of all lower environments and characteristics. In the presence of such

a person, you sense harmony, strength, peace, truth and justice.

Such a character, especially if a healer, radiates a magnetic aura that is light and peace and all that is powerful to dispel darkness and illness, and give truth, and lead each into the higher attributes of his own life through the awakening of the consciousness to the atmosphere and mentality that he possesses.

Then may each adjust his own life through this clearer understanding. Assistance in this is natural and normal at first, and it is right to ask for this sustaining power and kindly light, that through this individualization you may be born into this life, and live in the aura of the individual power, characterized through the laws of Deific life.

This Magnetic Aura lives. It never dies but continues with the individual throughout eternity.

Its luminous effects (because of the soul's radiations) make it powerful to dispel darkness; it is soft and peaceful in its influence, yet strong in the wisdom of God; loving and gentle as an angel in its deific manifestations.

Its influence is harmonious for life building. Its intelligence will manifest in the limitless degree of the wisdom of the soul that is ever drawing from the great soul center of the universe, and this manifests to the needs of every life, every hour, under every condition, and meets the demands of every occasion.

All the powers of life play an important part in the magnetic aura of the individual, characterized by the powers and principles of the life of the Nazarene who unfolded his life through the same principles and laws.

This magnetic aura is the ethereal form or emanation that holds the essences and perfumes and beauties and powers and life-giving principles for all that is up-building, all that is sustaining to all who will open their spiritual consciousness to truth and invite its help, and yield to its influence.

Thus may the world be made happier, wiser in the influence and deific power of this life-giving force that lives in the magnetic aura that radiates from the individual *mind*.

CHAPTER XVII.

*PSYCHIC SCIENCE, OR THE SCIENCE
OF THE SOUL.*

When the spiritual consciousness of the individual has been awakened and the faculties of the mind unfolded and developed and harmony of body and mind is established, then one *sees* from the soul centre of one's own being.

This opening of the divine gateway and the natural use of all the soul's faculties removes all errors of thought, and leads one into the supremacy of life.

It is only through man's superficial and artificial living that these *natural* "gifts" have seemed unnatural, and consequently have not been considered in their true relationship and possibilities to *all* men.

This has made unnatural individuals who could not behold their true privileges. It has been a loss and an unfortunate conclusion, for it has given man the wrong interpretation of divine law and led to

unnatural religious beliefs, which in turn have proven disastrous to the freedom of mind, or freedom of the individual and thus robbed the world of true *justice* to *all*.

On the other hand the spiritual scientists and seers have unfolded this soul intelligence and have become illuminated, and have realized in their consciousness the truth of the spiritual principles that lead man into the larger conception of life and the more perfect adaptations of Natural living.

The world has gradually recognized that the vision of seers is something more than imagination or hallucination, and as never before there is an earnest search for the truths of *Mental Life*. They begin to ask more about these unknown laws, that they may have more knowledge of the laws that govern individual life and of their own inherent powers, that ignorance may be overcome, and that the *common people* may be freed and that the weak may be assisted, and the unfortunate emancipated from whatever form of slavery has been thrust upon them—industrially, socially, religiously, by foul conditions, and injustice of *any* kind; that all may be led into a consciousness of the simple methods of living, that false teachings be removed and the uncivilized statutory laws that are imposed upon mankind through ignorance of *Natural* law, and the soul rights of every individual.

Then will mankind see with spiritual eyes, hear with spiritual ears, and *know* by spiritual *knowledge*.

Then will the unexpected strength of life throb in the heart, because the soul consciousness has impressed the mind with its inspiration and power and lifted them from all the unwise entanglements of life. They have entered into the higher plane and are encircled by the protecting arms of Deity.

Through the liberty of Nature's laws all have come into the wisdom, that is provided for every individual. In every land and upon every sea they will be stronger and nobler and unfold the higher intellectual life, and truth will be the consciousness of every soul.

This psychic unfoldment will bring love and justice to the world, and teach the universal principles of right living, for usefulness, for happiness, for true adaptability and harmony, as well as the healing for physical suffering.

This psychic or soul self does not only see the needs of the sick, but it senses the conditions of every individual it comes in touch with, and knows Deity's natural remedy that is supplied through natural laws, and realizes the limitless possibilities of the soul. This *Natural* diagnosing of disease and this *natural* power of healing has already demonstrated its truth, and the world is asking for more light and a better knowledge of what has been so little regarded and so dis-favored by the medical profession.

People are becoming conscious of its *naturalness*, and are observing its results when the artificial methods fail.

For the soul-science of seeing and hearing lifts the individual out of the lower conditions of illness and inharmony into the higher vibratory plane which is in likeness to the soul—into a spiritual atmosphere which is life itself, into a power which is different from all other forms of healing. This soul power becomes a natural instinct in regard to every relationship of life, and will choose that or those with which it is in harmony. It is superior to any opinion, any form, any custom, any religion, for it is the divine illumination of every individual in whom it is developed and not made subservient to the interference and intervention of those who *assume authority* over the *sacred rights* of the *individual*.

It gives one the key-note to all attunements—it is also the *key* itself that unlocks all truth.

When this is understood the world will not disregard the psychic laws, but will see that they are the principles of the soul itself that make the individual nobler; and that such individuals *naturally* attract those in likeness to them—*their own comes to them*—spiritually, mentally, and materially.

Through this natural gravitation you will have labor and pleasure, and a larger consciousness of the welfare of all humanity.

This is not an influence or attainment of a position that can be weighed or measured by the conception of man, but is a power felt and known by the throbbing hearts of those who appreciate such psychic values; it is recognized by large minds, it is loved by the angels, and it will always accompany you throughout life—here in the seen, and the unseen.

AFTER-WORD.

We have endeavored to show what man may become by adjusting himself to the harmonious laws of the universe and of his own being. How the *Natural* governing *principles* of life are the same in all manifestation, how health and harmony, and all adaptations and relationships are formed by the vibratory conditions of the individual; how the mind through its powers can control the life of the individual.

Mind has already accomplished the seemingly impossible in the *physical* world. It has studied *physical* causes and effects in all their branches and become wonderfully intelligent. It has undertaken colossal achievements—it has built wonderful structures, bridged chasms, cut into isthmuses, tunneled under mountains, irrigated desert places, mastered navigation, gone to the uttermost parts of the earth, and sailed among the clouds; it has invented marvelous machines and communicating devices—and yet it is in the infancy of its development, for it is yet

unacquainted with its own powers, its own possibilities, which are limitless.

Through the qualities of mind as we have explained it, through a realization of the soul's radiation, through the better understanding of the vibratory principles, through a consciousness of the harmony of all life and the realization that there is no beginning nor ending, no separation of the spheres—only relationship and degrees, man will know that it is in his own hands that his development is placed, and a new inspiration is given him by the truths of *Individualization*.

Maintain your right in the Universe as a child
of God.

Maintain your right to do good for evil.

Maintain your right of One-ness with the Father
and be limitless in your humanity.

Fear not! Live in harmony with spiritual law
and in the wisdom of Life.

Why think ye sorrowfully of death? It is thy
re-birth into the higher life.

Wander no longer in doubts and uncertainties.
A true understanding of Nature will unfold truth
and progress to every mind.

Judge not bitterly of the tears and sorrows of life.
They are but the advocators of broader unfoldment
and happier realizations.

Oh, brother man, scatter broadcast the seed of
uplifting love, that all humanity may be blessed by
the spirit of mercy.