

# DAY DREAMS

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**By Sidney A. Weltmer, D. S. T.,  
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Protection, Telepathy, Hypnotism,  
Therapeutic Suggestion, Regenera-  
tion, Lessons and Diagrams for a  
School Extension Course in Psy-  
chology, General Philosophy, Sug-  
gestive Therapeutics and Right  
Living, and many other essays and  
lessons on related subjects.**

*With illustrations and decorations*

*by*

J. GREGG STEPHENSON

**DEDICATED** *to the* dreamers,  
the constructive thinkers, of today,  
whose day-dreams will hew out the  
paths of future progress.

## FOREWORD

**D**REAMS are the soul's ideals in miniature.

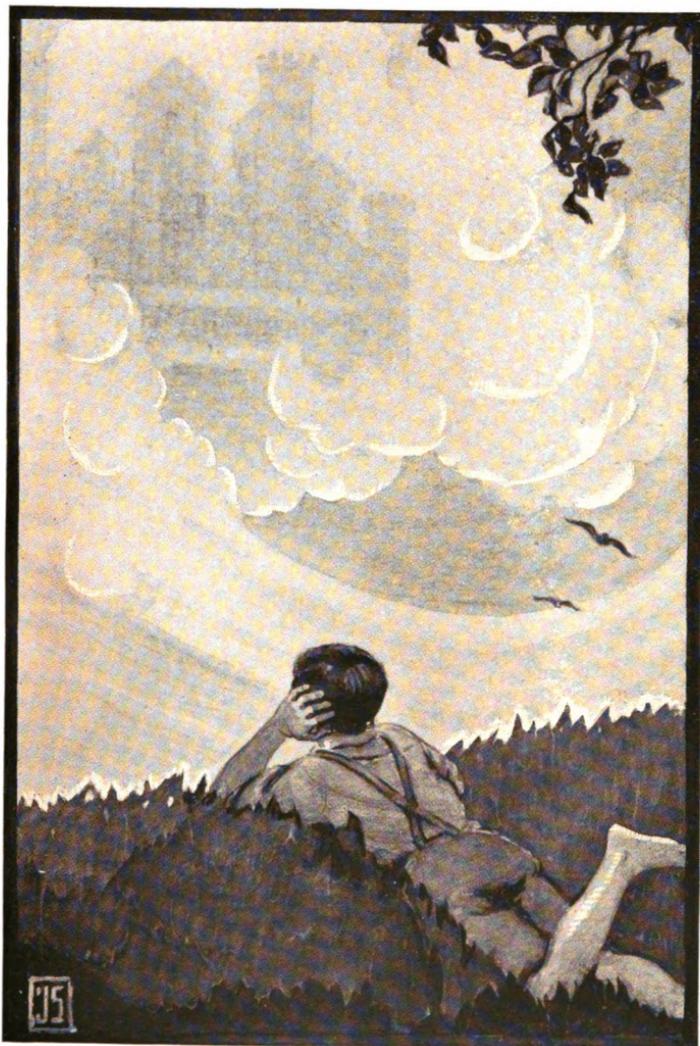
"Castles in the air" are the outline architecture of the palaces on the heights of achievement.

Life's mission is to build for these castles a sure foundation and to construct them from the materials of the world.

This mission is oftentimes entered upon in life's unconscious years. The ideal takes definite outline only as the soul's consciousness is evolved by contact with the materials for the structure; yet the dream in its entirety existed in the unconscious mind prior to all effort. And, however misguided or misapplied earlier effort may be, it eventuates the ideal.

The achievements of the race, the struggles of the individual everywhere, demonstrate the gradual correlation of forces for the realization of the dream of life's mornings.

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And that dream, though shadowy in outline and imperfect in detail is the undisturbed belief that enables the dreamer slowly to ascend the rugged highway and perfect at last his castle on the heights.

Lives of the lowly, as well as the lives of great men, furnish abundant illustration that man's achievements are the developments of the day dreams of his youth.

All we have of progress, of science, of art, are results of day dreams expressing those ideal visions which have led men on.

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## Demosthenes

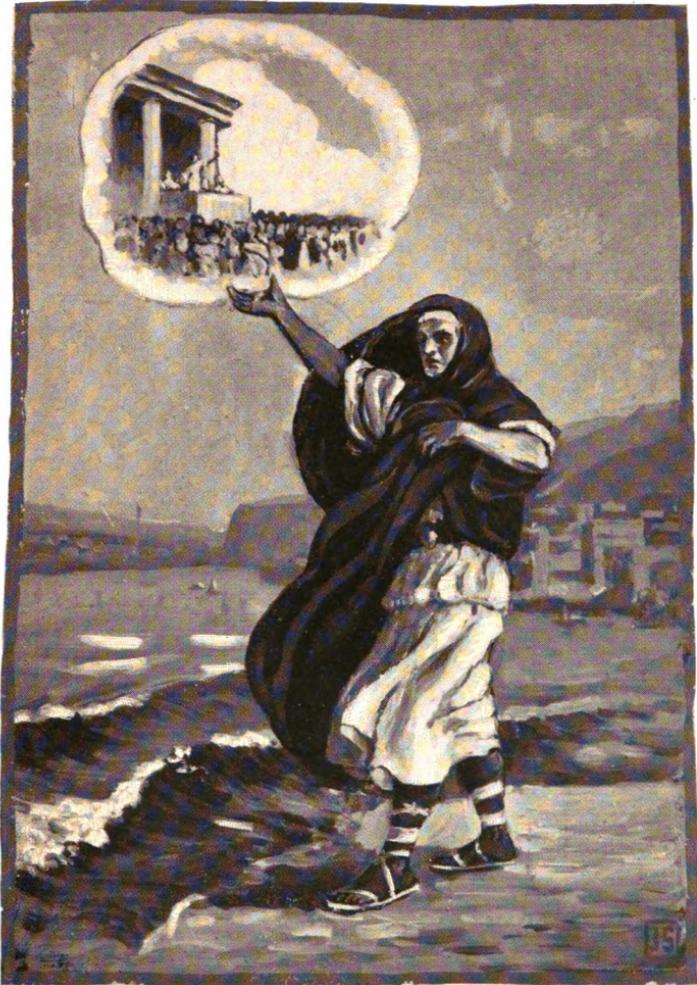
Orator

**W**HEN Greece was at the zenith of the world's civilization, Demosthenes, then a boy, conceived a dream that led him over obstacles, insurmountable to a less determined character, and made him the greatest orator of all history.

Hearing that the renowned Callistratus was to speak at a trial in Athens, the boy obtained permission to attend. Fired by the eloquence of the great orator, and impressed by his power over the people, the lad determined to become an orator, and from that time cast aside his other studies and applied himself to declaiming. He dreamed of the time when his words would sway the thoughts of men and mould the destiny of the nation, when the populace would bow before the force of his eloquence.

The boy's first appearance at the bar was to plead in the cause of his own fortune, which had been embezzled. Following this he entered the debates in contest for the crown of oratory, but his stammering, shortness of breath, and faults of delivery, caused

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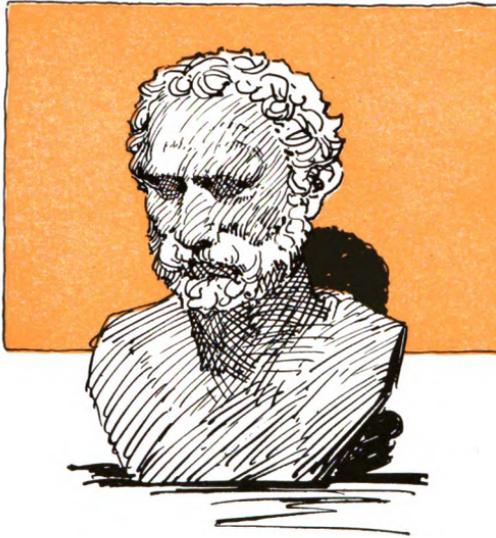
him to be ridiculed by the people. He retired from the assembly dejected, but resolved to overcome his defects. He practiced running, and declaiming while he climbed hills to increase his breath; he filled his mouth with pebbles from the beach, and practiced speaking under his natural, and this artificial handicap, to overcome his stammering; he even built himself an underground room, and to provide against his desire to go abroad, shaved one side of his head, and practiced declamation for months at a time, in self-imposed confinement.

Gradually overcoming his defects, he appeared more and more in public, profited by each experience and finally became the greatest orator of Greece. He always used his powers in the cause of right and for the good of his country with such effect that his reputation as a statesman and patriot is second only to his fame as an orator.

So steadfast was his character and so uncompromising his patriotism, that rather than yield to enemies of his country, who offered him great honors and fortune to espouse their cause, he sacrificed his life.

The dream of the lad Demosthenes, held him steadfast through many difficult years and made him the world's greatest orator, whose work has served as a model for the oratory of all time.

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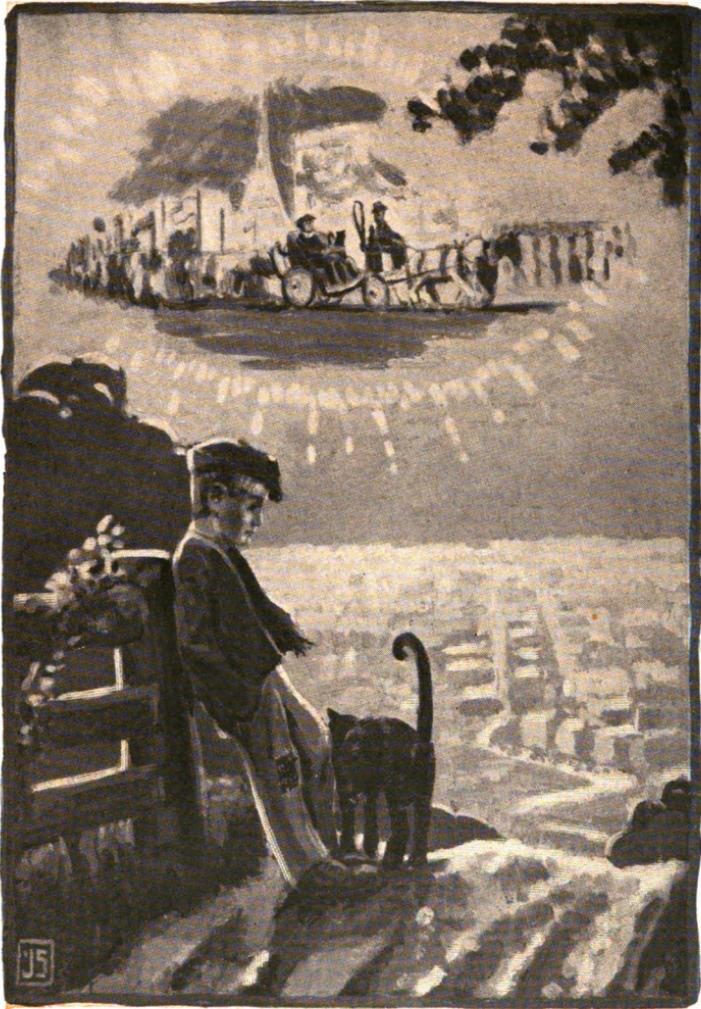
## Sir Richard Whittington

**S**EVERAL centuries ago, Sir Richard Whittington became thrice Lord Mayor of London, as an outgrowth of a day dream of his childhood.

Dick Whittington's parents died when he was small, and left him a waif, wholly dependent on his own resources. The last to go was his mother, who died in squalor and was buried in the Potter's field.

After the burial, as the boy slowly made his way back towards the city, his heart aching with the loss of his last friend, a stray cat, which came rubbing against his legs, seemed a friend sent him in his time of sorrow. He took the cat up in his arms and trudged along, heartened by its companionship. When he reached the top of a hill, from which he could see the city of London spread out below him, he noticed, winding its way along one of the avenues, the procession of the Lord Mayor's inauguration. The brilliant pageant caught his childish attention and made him forget his tragedy

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for a time. Somewhere out of his mind came a story his mother had once told him, of how some day when he became a man he could do anything that anyone else could do. Fascinated by the show passing before him, he resolved that he would some day be in that procession, and confided to his new found companion, "When I get to be a man, I will ride in the Mayor's carriage. I will be Lord Mayor of London".

Struggling upward from abject poverty, he finally became a man of influence, and just forty years after his dream's inception, Sir Richard Whittington was inaugurated Lord Mayor of London, and rode in the pageant with the bronze figure of a cat by his side.

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## Joan of Arc, Savior of France

**A**T the beginning of the fifteenth century, in France's darkest hour, when she lay prostrate before the English armies, the dream of a peasant girl, who tended her father's sheep in the forest of Domremy, inspired her to liberate her country from the yoke of a foreign king.

Moved by the deep patriotism common to the liberty-loving French, this shepherd girl prayed with the simple faith of a trustful child, that her country might be saved. Finally her prayers were answered by voices, that told her France would be saved, and that she must be its savior. She was frightened at first, but the voices continued day after day to insist that she could lead the French armies to victory. After a time she became convinced that her invisible helpers were the emissaries of God, and in this faith was born the dream that she, a seventeen-year-old peasant girl, would succeed where all the generals of France had failed.

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Impelled by her dreams and guided by the voices, she finally won audience with the king. Her simple trust in herself and her mission was so convincing, that the prejudices of court and clergy were overruled. A court of scholars decided that she was commissioned by Deity to save France, and this inexperienced shepherd girl was made general-in-chief of the French armies, and given command over the hardened veterans of many wars.

Her fame had spread over the land, and the armies, believing that a divine leader was coming to them, wildly welcomed her. She led them with a wisdom and knowledge of military affairs superior to that of her greatest generals, and she so wisely directed her campaigns, and so deeply inspired her soldiers, that they drove the enemy from beleaguered Orleans, and within seven weeks had made certain the ultimate victory of France.

The dream of the obscure peasant girl had wrought its miracle, and Joan of Arc will always be sung and storied as the deliverer of France.

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## Christopher Columbus

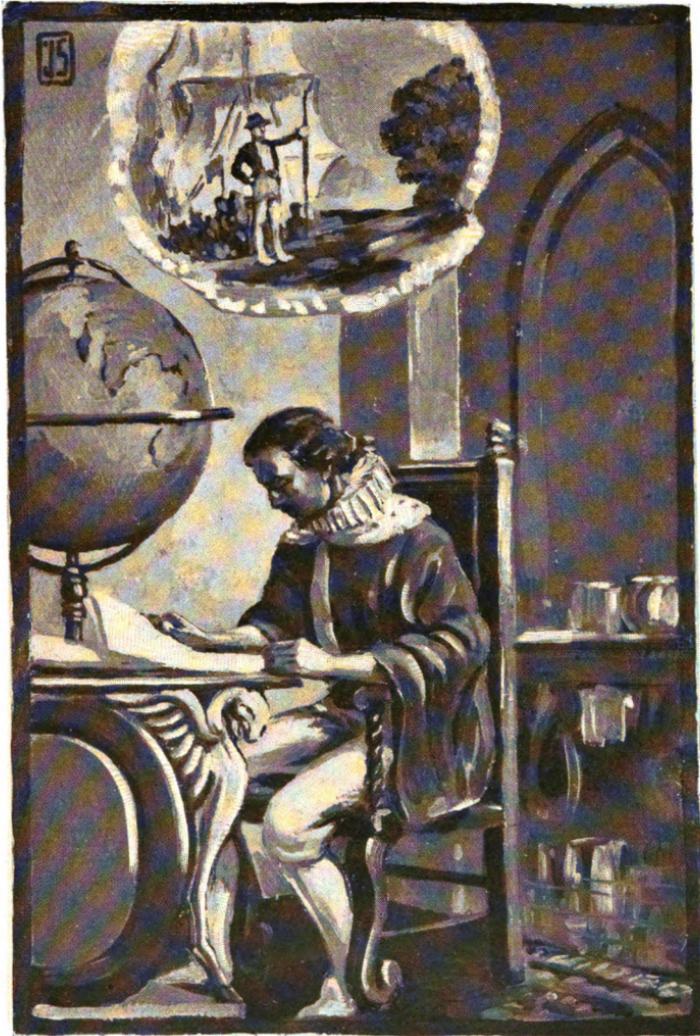
Explorer

**C**HRISTOPHER COLUMBUS, son of an Italian woolcomber, dreamed a dream in the fifteenth century that brought a new world into existence, and has not yet reached its full realization.

As a boy, he worked in his father's shop, but his interest was in the sea. At every opportunity he would steal away to the beach to watch the ships come and go and sail out of sight on the ocean. He often pondered on where they went and what lay out in that region of terror beyond the western horizon, and he dreamed that he would some day sail out to see what was in the unknown, even if it brought him to the edge of the earth and destruction.

The boy studied when the opportunity offered, finding his greatest joy in the records of exploration and the study of geography. Following out his longing, he became a sailor and traveled most of the known routes of trade. Still the wonder of the unknown west drew him, and he dreamed of lands across the sea.

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Gradually his dream developed into a plan. He had become a master of nautical affairs and captain of his own ship. He espoused the theory that the earth was round and believed that by sailing west he could encircle the globe and reach India and the Far East. In this way he proposed to open a direct route for trade and bring the vast treasures of those lands in reach of the European nations.

For eighteen years, he went from court to court, urging his project. Everywhere he was jeered and ridiculed, and, though many were moved by the rich possibilities of a simpler route to India, none had faith enough to finance an expedition. Through these years he sailed the chartered sea but his thoughts and dreams were out on the uncharted ocean.

Finally Columbus prevailed on the king and queen of Spain, through their greed for treasure, to outfit an expedition, which placed in his hands the means for proving his dream.

Columbus died ignorant of the fact that he had given to civilization a new world. He never knew how great had been the fruits of his dream, nor will History record how great they were until the full course of our western civilization has been run.

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## Adam Clarke

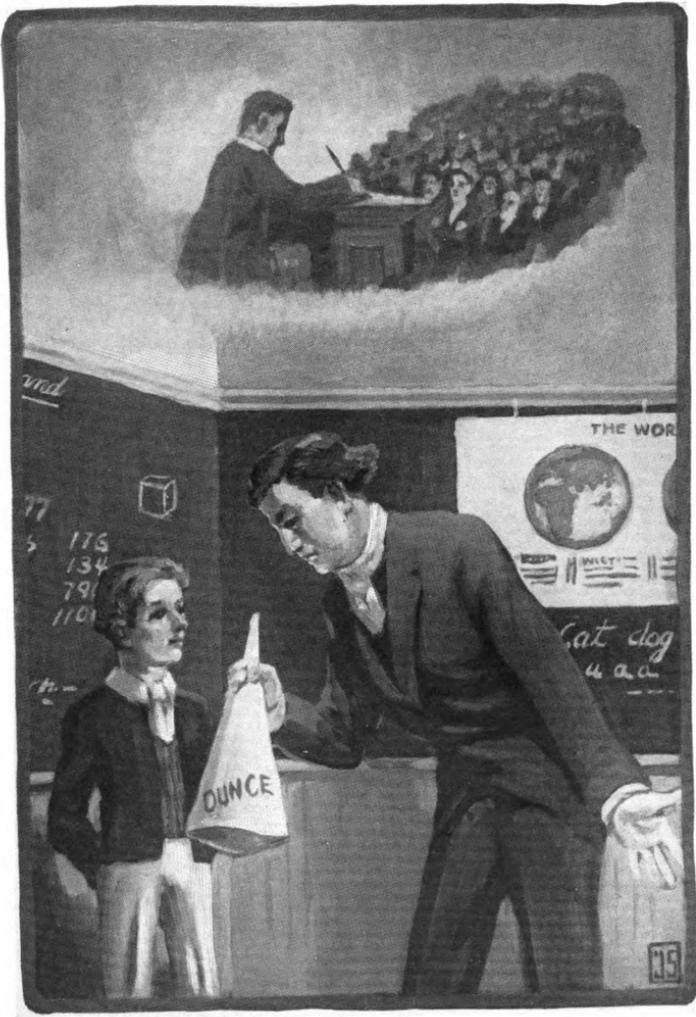
Commentator

**A** DREAM inspired in Adam Clarke by the encouragement of a stranger, when he was a schoolboy in the north of Ireland, led him on to become one of the greatest teachers of his day.

As a boy Clarke was considered stupid because some of the lessons given him at school were beyond his comprehension, and he often had to stand in the corner, wearing that ancient crown of inferiority, the dunce-cap.

One day a visitor at the school, who was studying educational problems, noticed the lad. "What is the matter with that boy!" He asked of the teacher. "Well, he is a dunce, he is half-witted, and he won't try to learn." The visitor saw in the lad's face, the stamp of an intellect, and possibilities that might develop. Ignoring the teacher's methods, he approached the dejected lad, removed the cap, and looked into Clarke's face. "My boy, you will be a man some day, you have as much sense and as much ability as anyone else, you can become the greatest scholar of your time, if you want to". The boy

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looked up in wonder, a new hope born in his heart, "Can I?" He asked. "Then I will," he answered.

His ego was awakened. He decided to become, not only a great scholar, but also a teacher. He resolved to simplify their lessons so that he would save other boys from wearing the hated dunce-cap. He took up his studies with a new determination and in time outstripped all the other students of the school.

When Clarke had completed his education he went into the schools and churches of England. He simplified the text books of the schools and adapted their lessons to the age of the student. Observing the great diversity of opinion in the interpretation of the Scriptures, he saw that the Bible also needed an interpreter who could help men to understand its lessons. He wrote a commentary which has been of the greatest service to Bible students everywhere in Christian lands.

The dream of the boy in the dunce-cap made Adam Clarke the greatest educator of his time and not only revolutionized the teaching methods of his day, but laid the foundation for our modern systems of education.

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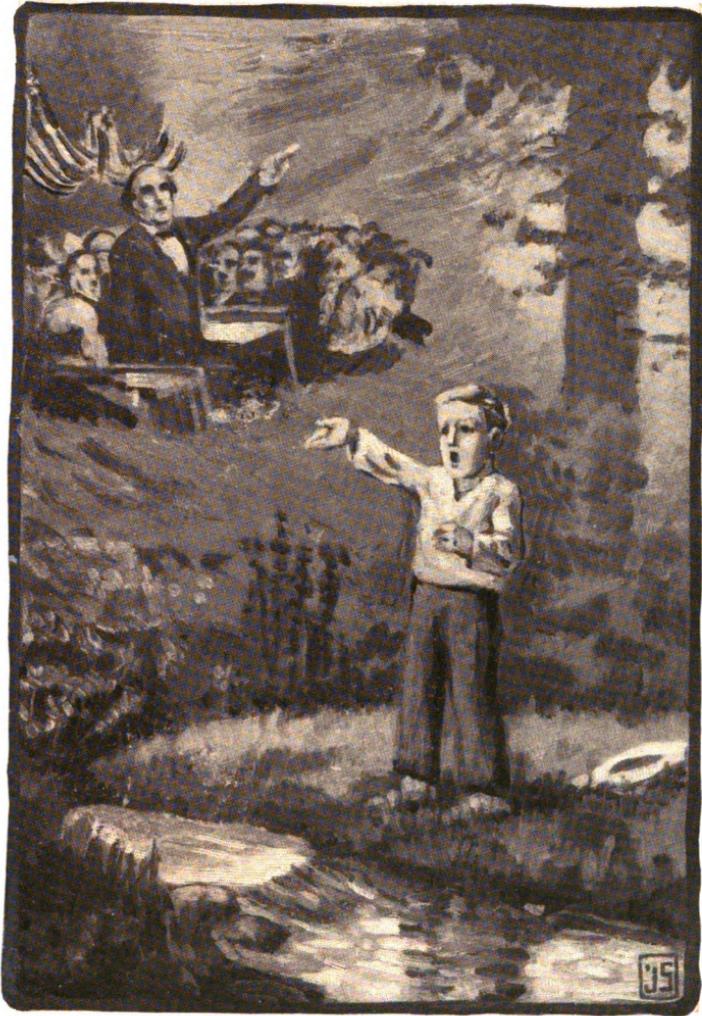
Daniel Webster  
Statesman

**D**ANIEL WEBSTER became important in American History not only as a great orator, but also as a constructive statesman, through a dream inspired by reading a copy of the Constitution of the United States, printed on a cotton handkerchief which he purchased with his first boyhood earnings. Being told that the Constitution is the foundation of American law, he resolved to learn its secrets and become a lawyer.

As a boy his remarkable traits of mind, his ability by paying strict attention to master a subject at one hearing, his eager desire for knowledge, led his father to give him a good education. Throughout his school days he kept this vision ever before him and worked always toward the goal of his ambition.

The drawbacks and difficulties the boy had to overcome did much to build the character of the man, Webster. As a child he was

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physically weak but at the time of his greatest prominence he had become, through the determination of his own mind, a strong robust man. When a lad he felt a diffidence and backwardness to speak in public, and often he wandered into the woods making his speeches to imaginary audiences until he had gained the confidence to stand and think clearly before a real audience.

He mastered his difficulties, his dream endured and developed, and he became the greatest lawyer of his time. Honors were bestowed upon him and political fortune turned to him as one of the country's ablest sons. As the climax of his dream's realization he gave to our country its greatest example of argumentative literature in his reply to Hayne in the United States Senate.

Daniel Webster became America's greatest orator because his dream inspired him to overcome his difficulties and to acquire the power to fulfill his destiny.

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## Abraham Lincoln

Emancipator

**T**HE sublime dream of the most gentle, yet rugged soul in our history found its realization in the emancipation of nearly four million human slaves.

A story told of his early childhood shows us that the achievements of the man were founded in the nature of the boy.

While spending the day at a neighbor's, as was the custom on the frontier, he was distressed by a caged bird which frantically beat its wings against the bars of its prison. His pleasure in his visit was spoiled by the bird's misery. He could not enjoy his own liberty to play for thinking of the little prisoner. Before he started home he had secured a promise from his friends to sell him the bird when he had earned its price.

With his mother's assistance he soon had saved enough to buy it, and giving the bird its freedom brought him the greatest joy of his childhood.

As he grew to manhood this desire to give

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liberty to all imprisoned things, which led him to find pleasure in giving the stock on his father's farm the broader freedom of the pasture, which later made him ever the champion of the down-trodden, developed in his nature an uncompromising democracy that made him see every other man his equal, that withheld from none the rights and privileges he claimed for himself.

And so the dream grew through forty years, making the dreamer one of the most lovable and sympathetic men of history, holding him steadfast through the conduct of a terrible war, and finding its culmination in one simple act. He achieved the power and place where, by a stroke of the pen, Abraham Lincoln brought freedom to a race.

The same impulse that had moved the lad to free an imprisoned bird had grown and ripened till it had accumulated the power to give equal freedom to all men of America.

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## Ulysses S. Grant

Soldier

**A** DREAM, inspired by a few words of advice from his mother, built up in Grant such a character that he was the one man fitted to take command of the northern armies at the time of our nation's greatest peril.

As a boy, Grant desired to become a soldier and statesman. His mother, who encouraged him, knew that the course he had chosen required great character, courage, and diplomacy, and, on the day he left for West Point, she parted from him with these words, "My boy, in all your life, fear nothing except to do wrong".

From that time on, throughout his studies and his career, his one great purpose was to do the thing that was right and, if necessary, to risk all in the world for that ideal. Many times he would consider a problem for years that needed only a day for its execution, but he was proving to himself whether it was right or not.

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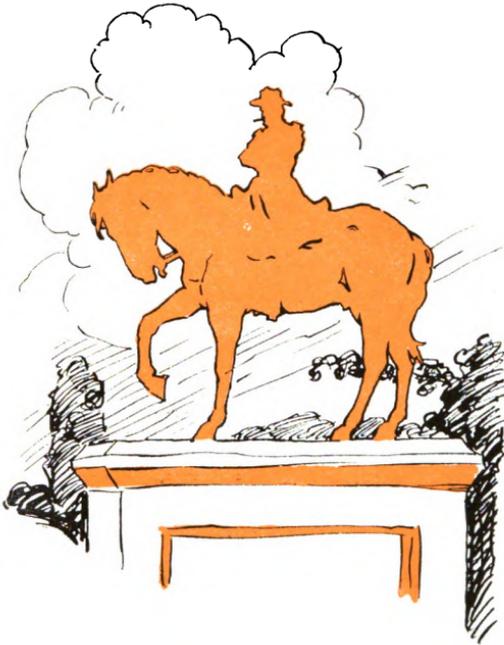
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With mind once made up he never wavered in his purpose. When he had mapped out a plan of campaign and carefully weighed its feasibility, nothing would turn him from its execution. It was this relentless spirit which led him, in spite of reverses, to write to the President in the spring of 1865, "We will fight it out on this line if it takes all summer".

His indomitable spirit carried the northern armies to final success and his dream came to realization when he received the sword of General Lee at the last stand of the crumbling Confederacy.

General Grant had fought for what to him was the right, and his iron will did much to reunite the states. The dream inspired by his mother's words had grown to great significance and realized its mission in the salvation of our nation to its great future.

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## Mary Baker Eddy

**O**NE of the greatest, most fruitful dreams of any age has been realized in our own time by a woman, Mary Baker Eddy.

As is so common with day-dreams that bear great fruits, her dream had its beginning in childhood.

When a little girl, Mary Baker was a sensitive, reflective type, feeling deeply every influence about her. One day when she and her grandmother were looking over the family heirlooms in the low-raftered attic of their New England home, among the many interesting relics brought forth was an old sword. This sword had belonged to their Scotch ancestors since feudal times and had been used by them five hundred years before in defending the cause of religious liberty. The grandmother told of their prolonged struggle for freedom of worship and how they finally came to America to gain this right which they valued above all other things.

The child, strongly stirred by this story of her forefathers, stoutly declared that she would have remained in Scotland and stood

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for the cause even though they killed her. She was disappointed that this religion they had fought for had not flourished long in the new land and that it had finally practically dropped out of existence. And she resolved that some day she would succeed where her ancestors had failed; she would organize the old religion in the new land on such a firm basis that it would last for all time.

Through the vicissitudes of thirty years, her dream never lost its power. When her study of practical Christianity and of the mind's power over the body had inspired her with new religious ideas which entirely supplanted the religion of her forefathers, she turned the accumulated force of her dream to the establishment of a new religion and was so successful in organizing the new faith that Christian Science, as she named it, is becoming an important factor in modern religion.

All the increased health, added success, and greater happiness, enjoyed by the millions of her followers from applying her teachings to the problems of daily life, are but part of the realization of Mary Baker's dream. Her teachings influence the ideas of men in every phase of life and their effects will be felt as long as our civilization lasts.

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James J. Hill

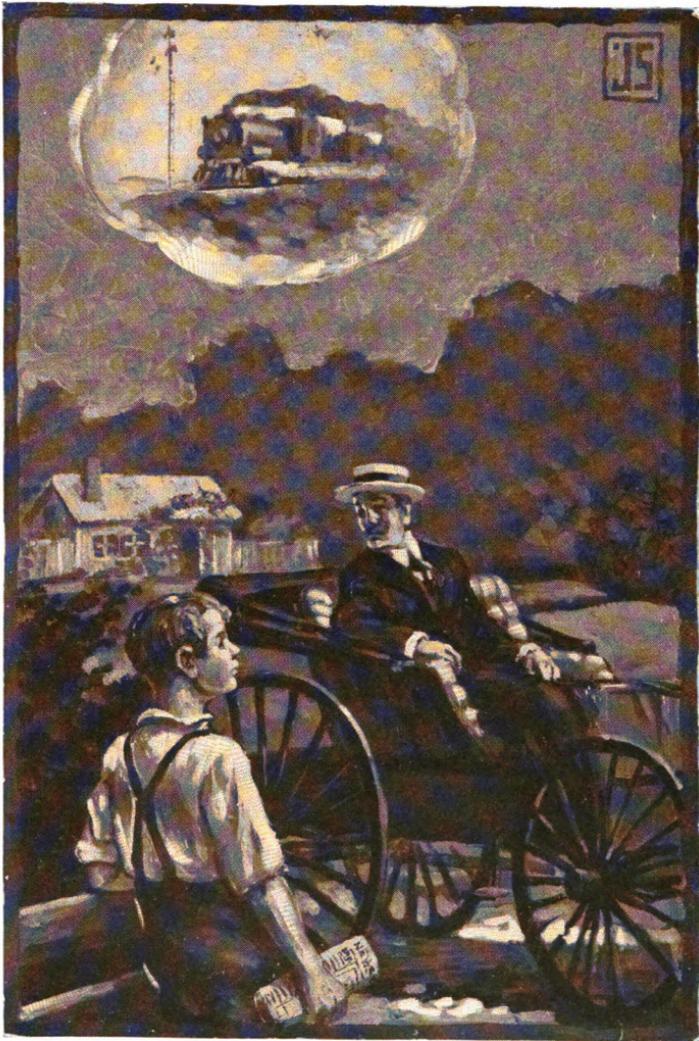
“Empire Builder”

**W**HEN James J. Hill was a boy on his father's farm in Canada, a newspaper given him by a stranger induced in him a dream that brought him to the United States, and eventually made him our greatest railroad builder.

One day a stranger stopped to see Jim's father, and the boy, noticing that his horse was hot and tired, brought it a bucket of water. When the stranger was ready to go, he saw that the horse had been watered and commended the boy for his thoughtfulness. He gave him a newspaper which described the possibilities and industries of Minnesota, and as he drove off made this remark, “My boy, in the states, we need such men as you will be some day”.

The lad read the paper again and again, dreaming that he might become a part of that great country and share in its development. His longing grew until it led him to the United States. He finally landed in Min-

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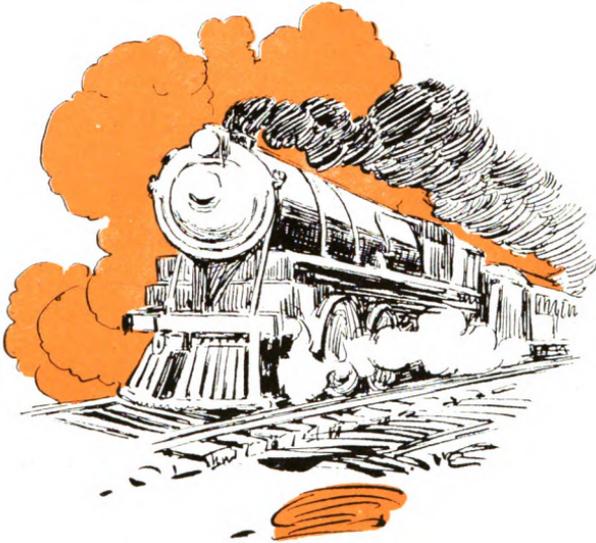
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nesota where he took the first job he could find. The new life was hard and many times the only home he could boast was a corner in some poor river shack. However, he got a start and advanced through various positions in river traffic until at last he bought a boat line of his own, but this boat system was not large enough to satisfy his life's dream. His ambition was to help develop the country of his adoption. The wilderness of the northwest had already made its appeal to his imagination and the coming of railroads gave him the chance he was looking for. He planned to open the northwest to trade by building a road connecting the eastern lines with the Pacific Coast. In spite of great obstacles he built the Great Northern railroad from St. Paul to Seattle which paved the way of commerce to the great northwest.

In this great enterprise, he was moved by the spirit of the boy who watered the stranger's horse, for he put the interests of seekers of homes above his own personal fortunes and the Great Northern was more important to him as a means for developing a vast wilderness than as a source of profit.

The outcome of his dream has written the name of James J. Hill in the history of our land as the "Empire Builder".

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## Andrew Carnegie

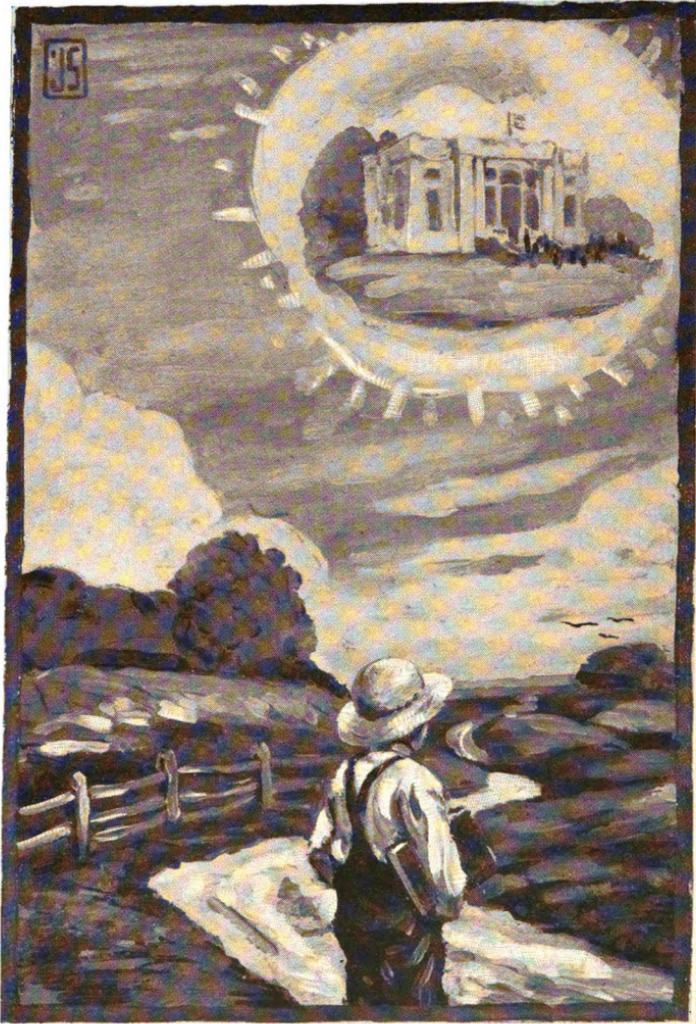
Philanthropist

**T**HE gratitude of a lad for the loan of books, some forty years ago, inspired in his heart a dream that has resulted in a great system of free libraries, today.

One day while the boy was walking down a road to return a book he had borrowed from a neighbor who was befriending him, he fell, dropped the book in the mud, and soiled it. He was heart-broken, both because of his love for books, and because of his deep feeling of responsibility and gratitude toward the book's kindly owner. He felt that his carelessness had forfeited all further privilege to borrow books, but his neighbor seeing how deeply he regretted the injury done this one said, "You can have all the books you want, but you must pay for this one you have ruined by loaning to others when you become a man and have books of your own".

On the way home the lad, whose mind was free from all limitations of circum-

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stance, dreamed of the day when he would be a man and buy books enough to loan to all who would come and ask for them.

When he grew up, he entered commercial life and for years the dream was pushed to the background of his mind. He gave his attention to business matters and became a great leader in the steel industry.

Finally he acquired a large fortune and retired from business life. Then, looking about to see what good he could do with his money, he recalled the dream of his childhood, and Andrew Carnegie decided that the time had come to pay for the soiled book.

Carnegie libraries now offer access to books to almost all the people of our land, and we who read them give our thanks to the inspiration of the day dream of that Scotch lad who soiled his neighbor's book.

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## Thomas A. Edison

Inventor

**T**HE world's greatest inventor is a man of our own day. His day-dreams have carried him into many unexplored realms, and the far-reaching results of his work have changed nearly every phase of modern life. Hardly a field of electrical or mechanical invention has not felt the magic touch of this man's hand, and Thomas A. Edison is the greatest individual force in the world's progress today because he is dreaming and carrying his dreams to fruition.

Where other men have worked out one dream, Edison has worked out hundreds. Nearly every physical problem that has come under his notice has led him to dream of new possibilities, and his fertile mind has created many new problems and solved them.

Edison became interested in chemistry and physics as a child, and his inventive genius led him while still a boy to make some important improvements on the telegraph. When only seventeen he was invited to a gathering of electricians where he attracted notice by making a statement which shows the scope of one of his youthful dreams. He said, "Nothing is impossible in the field of electrical invention". The statement called forth friendly ridicule; it was termed the "vision of an untried boy", but ever since that

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time Edison has been bringing this dream to realization.

The boy continued the study of electricity, constantly improving old apparatus and making new devices. He did not confine his work to this one field, however, but branched out in many directions till he became the most prolific and versatile inventor not only of our day but of all time.

Edison has to his credit three great epoch-making inventions, as many as all the inventors of any European nation in the last fifty years. The incandescent lamp has revolutionized lighting and all but realized his dream to "light the world by electricity". The phonograph has made possible a permanent record of sound, and is today carrying the melodies of the world's great orchestras and artists to the remotest parts of the globe. And lastly, the motion picture is an outgrowth of another dream that he could give pictures the appearance of life. In addition, his thousands of minor inventions and improvements have made possible many of the articles and methods of our daily use.

The phenomenal work of this man is the result of a great series of dreams. With one dream worked out to its conclusion, another has always sprung into being in his mind, and these dreams, that "nothing is impossible", with the indefatigable industry to carry them out, have made Thomas A. Edison the pre-eminent inventor.

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## AFTERWORD

**D**AY Dreams have been the great underlying forces inspiring the achievements of the world.

Great men were great because they dreamed great dreams and, through them, added to the world's accomplishment.

All men have the power to dream. You can dream even as the world's heroes have dreamed and you can build into your life the materials to crown your works with glory. Conceive a purpose and allow your mind freedom to work out that aim, leave your determination undisturbed, and though your dream may seem lost in the varied course of your life, it will come into evidence again when the time is ripe and will carry you to that lofty eminence to which you have aspired.

Build your "castles in the air", for only from such did castles on earth ever grow. Make the plans for your castles so comprehensive that their building will add to the wealth of the world's accomplishment.

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Man fashions his own destiny. The aspirations of his own mind are the forces which lead him to the heights. Onward and upward is your vision; in the midst of life's turmoil and struggle, it is your beacon light which shows the way. You can become what you will, and the day dreams of your soul are the aspirations that build your achievements.

Dream! For the world of progress must come from the dreams of its dreamers. The secret key to all new wonders must be found in the dreamer's soul. If you would make your works eternal, dream!

*Man can achieve what man can conceive*

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