

# THE NEW MAN AND 20th CENTURY PROBLEMS

*Vital Teaching for Progressive Men on Manhood,  
Mind Power and  
Efficiency*

By

NEWTON N. RIDDELL

Author of "Heredity and Pre-Natal Culture," "Method—The Riddell Lectures," "The Psychology of Success," "Child Culture by Suggestion," "Service and Bible Study," "The New Man," etc.

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OVER 300,000 MEN

have attended Mr. Riddell's lecture, "The New Man." It is published at the request of hundreds of business and professional men that have been helped by its methods.

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The Riddell Lectures on Applied Psychology and Vital Christianity are standard Star Course and Chautauqua attractions. They have been delivered under the auspices of Ministerial Associations in over one hundred American cities, and attended by audiences aggregating three and a half million people. They have received the unqualified endorsement of press and pulpit, educators and public men. The primary object of the lectures is to present definite methods of attainment—physical, mental, moral and spiritual. They are based upon experimental knowledge, demonstrable truth and Divine revelation. They are pronounced sane, safe, scientific, Scriptural and highly spiritual. They have been used of God in persuading thousands to accept Jesus Christ as their personal Saviour, and in leading tens of thousands to seek the deeper work of grace and fullness of the Holy Spirit. To render a larger service by extending the teaching given, the subject matter of forty of these lectures has been published in book form. The complete text of the nine lectures on Vital Christianity is published in the Author's book, "Method—The Riddell Lectures." "The New Man" is a special address to men.

## Foreword.

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"The New Man" belongs to the Lord Jesus Christ. It is sent forth as a messenger of truth and love to strengthen the weak and direct the strong. It is the result of thirty years' experience in personal work with men in need of plain teaching and Divine grace. The facts presented are from personal observation and the highest medical authority of our time. The truth revealed by the Holy Spirit will be self-evident to all able to apprehend it. No man will receive this teaching in his heart but by the Spirit: none will reject it without self-condemnation. My prayer is that all that read may have the grace to receive the truth as from the Lord, and that He may animate His word, and make it living truth to all mankind.

Faithfully yours,

NEWTON N. RIDDELL.

# I

## THE NEW MAN.

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### INTRODUCTION.

“For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life.” “This is My commandment, That ye love one another, as I have loved you.”

Love to God and man is the source of all right thinking and conduct. Honesty is a prerequisite to wisdom. Sincerity is an essential to understanding. Truth becomes error to a dishonest soul. Prejudice is ever the opponent of progress. A sunbeam that has traveled in a straight line for ninety million miles, in entering your home, may be deflected by a flaw in a window pane and fall obliquely on the floor. Truth coming direct from the eternal throne of God may be deflected by prejudice in your mind and become error to your soul. Men, let us open our hearts to Divine Love. Let us be honest, earnest, and reverently acknowledge the presence of God, that we may receive His inspiration for this hour.

We live in an age of great opportunities and responsibilities. We are citizens of a country destined to be the fusing center of mankind. Our duties and privileges are unparalleled in the world's history. Imperial Rome had its glory in the force of arms; Greece, in art and culture. But the glory of Christian America is the creation of a civilization characterized by personal liberty, equal rights, industrial harmony, uniform prosperity, civic righteousness, wise legislation and national progress through the dissemination of the life and principles of Jesus Christ.

We have four general types of men: the man of physical strength, whose pride is in his muscle; the man of noble birth, who glories in his ancestry; the man of possession, who rejoices in what he owns; and the man of knowledge, who feels with Pope,

“Though I could reach from pole to pole,  
And grasp creation in my span,  
I must be measured by my soul,  
The mind's the standard of the man.”

Nineteen hundred years ago, Jesus Christ revealed to the world a new type of man, whose motive is love and

whose purpose is service. The man of the future, through whom and by whom the world's problems are to be solved, must subject his physical strength, noble birth, business sagacity and intellectual equipment to the Spirit and purpose revealed in the Man of Galilee.

Regeneration is the beginning of all right formation and true reformation. "Out of the heart are the issues of life." We need a system of character building that begins with a change of heart. History proves that mental and ethical culture without regeneration cannot produce moral integrity, national honor, nor an imperishable civilization. Jesus Christ was the true reformer. He began in the heart of the individual. To be effective we must follow His lead. We must insist on personal integrity. We must discriminate between knowing and being, between reputation and character. Character is a product of the combined activities of one's physical, mental and moral elements. It determines the worth of a man to himself and to society. It is the measure of his influence for good or evil. Reputation is what others say of us; character is

what we are. Reputation may be bought; character must be built. Reputation may be the result of a single act; character requires the effort of years. Reputation may last but for a day; character will endure through the ages. Reputation is the meteor that darts across the arc of vision and disappears; character is the fixed star that shines eternal in the heavens. To bear a good reputation is commendable; but to become a strong, honest, selfless, loving, lovable character is the highest achievement of human effort and Divine grace.

The need of the hour is more men and women of character, courageous souls who dare to do right because it is right. We need more men of character in the work-shop to direct Labor Unions, prevent violence and promote arbitration. We need more men of character in business to sustain the credit system, insure a fair wage and adjust a righteous division of profits. We need more men of character in legislative halls to protect the powerless many from the selfishness of the powerful few. We need more men of character in the church to give the Spirit of Christ fuller expression in

the home, the school, the club, the office and at the ballot box.

Politics alone will not solve our great industrial and economic problems. Agitation, organization and legislation serve their purpose, but their strength and efficiency depend upon the individual citizen. Personal integrity is the measure of national power. Civic righteousness is possible only through personal righteousness. Let us write over the door of every factory and business house in the land, "Men Wanted." Let us place on the wall of every school-room, college, court of justice and legislative hall, "Men Wanted." Let us wreath in ivy and gold over every fire-place, altar and pulpit in the land, "Men Wanted." Let us place over the gateway of every port of entrance, "Men Wanted." Let us embellish our national flag with this, our supreme need; that wherever Old Glory floats, the call, "Men Wanted," shall inspire every citizen to higher living. Let us begin the world's reformation in our own hearts. Let us pray with the Psalmist of old, "Create in me a clean heart, O God; and renew a right spirit within me."

## II.

## THE SOURCE OF POWER.

"Jesus came and spake unto them, saying, All power is given unto Me in heaven and in earth." "Without Me ye can do nothing." "It is God which worketh in you both to will and to do of His good pleasure."

God is the source of all power. We live, move, and have our being in this infinite supply. What we need is method of appropriating, controlling and expressing power. Increased power means increased efficiency. You want power to work, to will, to resist temptation, conquer self, master fate, help others and serve your age and generation. In the lecture on "Brain Building and Soul Growth," we studied methods of increasing power by embodying new life, facts and ideals in brain-cells. In the lecture on "The Psychology of Success," we studied ways of awakening latent elements, developing natural talents, and building a strong, winning personality.\* In this lecture we are to study the possibilities of increasing power

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\* The lecture on "Brain Building" is published in the Author's book, "Method." The lecture on "Success" is found in his book, "The Psychology of Success."

through the regeneration, conservation and wise direction of the creative or sex principle. To understand anything aright we must have the spiritual view-point. All physical phenomena are but effects of spiritual realities. We must apprehend causes to comprehend effects; therefore, let us look first to the origin of sex.

### *The Mystery of Sex.*

“In the beginning—God!” This is an exact statement of an eternal verity. Manifestation is continuous. God is the perpetual Beginning of all force and matter, life and substance.

He is the Root and Source of all,  
By Him all things consist;  
He animates the universe,  
In Him all things exist.

The principle of sex inheres in Deity. In coming into manifestation it becomes biune, polarized into positive-negative, father-mother. On all planes, spiritual and natural, life is generated by the conjunction of the father and mother attributes. The creation of the primordial seed of every living thing was purposeful, be-

ginning in Spirit and later becoming embodied in substance. The continuance of every created form of life is through the seed, or germ-plasm, in which the biune principle of sex is perpetuated.

### *Generation in Man.*

The generation of life in man occurs on three planes, spiritual, psychical and physical. The conjunction of the Holy Spirit with the mortal spirit in a believing, contrite heart lights the eternal flame, generating anew the Christ nature in man, thus begetting a true son of God. By the continuance of this conjunction, life in Christ is perpetuated and growth in grace accomplished. The highest experiences of joy, wisdom, illumination and prophecy known to saints and initiates are made possible by the polarization of the creative principle in Divine love. Generation on the psychic plane is the source of mind-power, will-power, genius and all its possibilities. Every great work of invention, art, literature, science and philosophy has been produced by the activities of the generative principle on the psychic plane.

There is a love experience connected with every worthy achievement in the history of man. Generation on the physical plane is but the outer or objective manifestation of the activities of the creative principle.\*

*Man a Spiritual Being.*

The next essential to a right understanding of the problem of sex is to know that primitive man was a spiritual being created in the image of God. Again, you must see man after the fall, degenerated by sin, to understand the cause of abnormal desires, and the vice

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\* No subject of vital importance has been so little understood and unwisely discussed as the problem of sex. The abnormal is so universal that it is well nigh impossible to approach the subject without introducing the morbid. Few have the spiritual life and illumination to apprehend the true function of the creative principle. Most books on the subject deal only with the physical and the perverted phases of the function. The information that comes to the average youth is such as to give him an entirely false concept of the whole subject. One had better be governed by blind instinct than perverted by suggestions often given in private lectures and literature. Many would-be reformers make the fatal mistake of publicly discussing vice and its consequences, and, through suggestion, propagate the evils they would remedy.

and crime resulting from perverted sexuality.† If you want to come to your highest and best, get your eye off the abnormal manifestations of sex and see the creative principle as an aspect of Spirit, an expression of Divine love, fulfilling the great purposes of creating and continuing kingdoms, orders and species. See yourself as a spiritual being endowed with the gift of the reproduction of life. Keep your heart pure and your eye single to generation on the mental and spiritual planes, and you will soon find that you are making progress. If you think of yourself as a highly evolved animal, and sex as something belonging to the lower nature only, whenever desire arises there will be a strong tendency toward reversion to type. But if, through regeneration, you identify yourself with, and become vitally related to Jesus Christ, and see yourself as a child of God, even though you may have lived a profligate life, when you come to yourself you will feel the Divine impulse Godward, and the inspiration of the Almighty lifting you

† See the Author's lecture on "Man's Fall and Christ's Atonement," published in his book, "Method—The Riddell Lectures."

out of sensuous into spiritual consciousness.

*Facts for Reflection.*

Throughout all nature over-seeding exhausts the parent plant or animal. The flower is beautiful and fragrant while blooming, but having embodied its life in seed its petals fall. Young fruit trees, if allowed to over-bear, are stunted in growth, lack hardiness and frequently die. If the blossoms are removed, the sap goes to the limbs, resulting in growth and increased vigor. Old trees allowed to over-bear produce inferior fruit and cease bearing prematurely. Many insects die as soon as their seed has been deposited. Fish become stupid and liable to disease after the spawning season. All normal animals conserve the creative principle, which is utilized in vitalizing their bodies and propagating their kind. De-sexed animals are below normal in power of endurance, energy and courage. These facts are highly significant. They are eloquent and convincing to the thoughtful. The lesson of the young trees should be written in the mind of every young man. Youthful vitality chemicalized

in seed means arrested growth, susceptibility to disease, incapacity for life work, and often premature death. The fallen petals and lost fragrance of the flower teach us that the youth and maiden who would retain their bloom and beauty, vivacity and charm, must be chaste in thought and conduct. The fate of the matured trees shows us the consequences of marital excesses, namely: premature loss of virility and weak or degenerate offspring.

Physiology teaches that the generative function produces a vital principle, which, if not dissipated, is transmuted into physical strength and brain power. Modern athletes, like the ancient Roman gladiators, find continence necessary to the highest attainment. In recent years incontinent oarsmen have been dismissed from contesting college crews lest they cause defeat. The Spartans, whose courage and powers of endurance immortalized them, and the ancient German nations that conquered imperial Rome, practiced the most rigid chastity and held continence for both men and women to be the true order of life. The Hindu adepts, whose feats of mental magic amaze and bewilder the uninitiated,

acquire their unusual mind power by concentration and the transmutation of the creative principle to the brain. Americans and Europeans dissipate, through sense indulgence, the forces that produce these mental giants. With greater natural virility, with larger opportunities, with mighty incentives to action, what mental athletes America might produce if the generative forces of her manhood were fully directed to the brain and given expression in concentrated thought and force of character!

— “Blessed are the pure in heart; for they shall see God.” This is an exact statement of a spiritual law. Spiritual generation in man and the Christ-consciousness resulting therefrom are possible only to the degree that the creative principle is purified by Divine love and consecrated to God. No man can be both sensual and spiritual. The early Christians held their bodies to be the temples of the living God and defiled not the marriage relation. Some that were not fully delivered fell into temptation, and the Apostle Paul gave them a law of expediency. Paul was wise. He chose the less of two evils. Unfortunately, this law of expediency

must be extended to most Christians today; but it is not the law of the Spirit, neither does it represent the life of a true disciple. Prophets and mystics in all ages have found chastity an imperative necessity to the realization of spiritual consciousness and illumination. Christian men, if you would walk and talk with God, you must transcend physical passion and have your desire unto the Lord. You are dealing with unalterable law. Sex-life polarized in the flesh produces seed and sensation; polarized in mind, begets children of thought, emotion, volition and imagination; polarized in spirit, generates spiritual consciousness.

#### *Uses of Virility.*

Young man, a simple illustration will help you to grip the true concept of the uses of virility. In your city you have a power plant. Flowing from the dynamo is an electric current—an expression of force. There are four general ways in which this force may be used: in the electric motor it is converted into power, in the burner into light, in the heater into heat; or, if we ground the current, the force is wasted.

Any leakage of the current will result in less power, less light and less heat. Every normal person is continually generating sex-power, which, when conserved, increases vitality, which may be used in four general ways. It may be directed to the centers of volition, where it becomes moral, mental and physical energy and courage. It may be directed to the centers of intelligence, where it quickens perception, strengthens memory, illumines imagination and begets genius. It may be directed to the centers of emotion, where it becomes intuition, affection, sympathy, reverence, devotion and benevolence; or it may be dissipated, robbing one of physical strength, mental vigor and emotional warmth. Young man, you cannot waste your substance without lessening your power in some direction. Transmuted virility means physical strength, growth and development; energy, courage and force of character; self-reliance, self-respect, independence and individuality; keen perception, good memory, originality and the genius of mind that brings things to pass. There are millions of men and women who will never know what

they might have been, or might have accomplished in life, had they conserved and rightly directed their creative forces. Do not add your life to this unfortunate list. The wise learn by the mistakes of others.

### *Virility and Originality.*

Every original idea born in a brain is a child of the creative principle. No man or woman deficient in gender is ever highly original. Such may perceive, remember, reconstruct, and in a scholarly manner repeat what they have learned, but they cannot originate. Study history, and you will find that all highly original characters were strongly endowed with this element; also that all highly original women resemble their fathers, while all highly original men resemble their mothers. It is the strong combination of the masculine and feminine elements in one organism that gives originality—creative power.

### *Moral Courage.*

Strength of personality, self-reliance, energy and moral courage are dominant elements in the progressive,

manly man. All of these elements are peculiarly influenced by virility, and are generally deficient when gender is weak by inheritance, or exhausted by dissipation. The indiscreet youth is usually diffident, seldom energetic, and invariably wanting in courage of conviction. "Men are but boys grown tall." Many continue to deplete manhood by excesses. Eunuchs are never courageous. The de-sexed bovine will bellow and threaten, but he will not fight with the courage of a normal animal. Emasculated men will boast of how they will fight wrong and defend the right; but when it comes to a crisis, they dodge the issue.

### *Continence and Longevity.*

Continence literally means containing the creative principle within the body for the re-sexing of the body-cells. Body-cells grow out of the biophores, or life units of the germ-cell, as shoots from a bud. When incontinence wastes the creative principle, the body-cells become de-sexed. Millions of men, not understanding this law, continually emasculate their brains, and therefore lack originality,

initiative and spontaneity of thought. De-sexed body-cells are easily fatigued, and readily succumb to disease. Continence perpetuates their recreative power, and thereby prolongs youth and promotes vigor. Beyond the meridian of life it is imperative that there should be no waste. It is then that men and women most need that expression of chaste affection that rejuvenates. It is significant that all men that have given to the world great mind creations late in life had also the power of fatherhood correspondingly late. No man can long conserve the creative principle by a life of loveless celibacy, but by a life of loving devotion to companion, children, friends and God. That which perpetuates gender is not negative but positive, not rigorous restraint but righteous expression; not the putting away of the sex function, but the putting of this function and its product into positive virtue and aggressive affection toward all things right and lovable. Perfect love is the way of personal purity, soul growth and prolonged vigor.

## III.

## DIVINE LOVE IN MARRIAGE.

"Love is as strong as death: jealousy is cruel as the grave; the coals thereof are coals of fire, which hath a most vehement flame." "Better is a dinner of herbs where love is, than a stalled ox and hatred therewith."

"God is love,"—continuous, unchanging, ever perfect love. Divine love is creative, redemptive, restorative and vitalizing on all planes. In man, love is continually generated by the polarization of the father-mother principle even as a flame is produced by the combustion of carbon and oxygen. As crude oil and bad air produce a red, smoky flame, while refined oil and pure air produce a clear, white flame; so degenerate sexuality engenders sensuality and the red flame of passion, which consumes men's souls, while regenerate sexuality engenders pure, holy love, which vitalizes and illumines. The condition of the sex nature is the basis of both vice and virtue. When degenerate, vice is inevitable. When regenerate, virtue and chastity are spontaneous. The supreme need of our race is the regeneration of the generative function. Race

sin and degeneracy are perpetuated through the germ-plasm. Satan is still offering, and man accepting, the forbidden fruit of desire, whereby the fall from spirituality and Divine consciousness into sensuality and carnal-mindedness is perpetuated.

Divine love in marriage contemplates its companion as a spiritual being, a child of God, to the end that each seeks to help the other to attain to his or her highest and best. It takes away selfishness and converts personal choice into Divine purpose. It delights in doing and being what is most conducive to the eternal welfare of both.

Love-making is one of the most sacred processes of all the Divine economy. The character of the love made is all-important. Pure love is constructive, ennobling. Degenerate love is destructive, debasing, inflaming, deadening to all of the higher activities of soul and spirit. Love and lust are the white angel and red devil that battle for the supremacy of a man's soul. The complete victory of either means the destruction of the other. Divine grace accepted makes the white angel victorious; physical sensation preferred makes the red devil the vic-

tor. No man can entertain both of these opposing forces and have peace in his soul. Everyone *must* choose between the flesh and the Spirit.

### *The Fall of Love.*

Perfect love seeks not its own. It is unselfish. It glows with a will of blessing. It lives to give. It delights to make its object happy, and finds a true joy in self-denial for the good of others. Carnal desire seeks its own. It is self-indulgent. It demands privileges. It claims possession and is offended if denied or reproved. It makes its companion the instrument of its pleasure, and finds its delight in personal gratification. By these signs a man may discover the character of his affection. Many pure-minded young people live in the Eden of love and innocence, happy and contented with its delights until their wedding-day; but, under the false ethics of marriage, love falls from a pure sentiment and holy affection into physical passion, destroying their ideal and filling their young hearts with disappointment, disgust, and often with loathing for the companion. This abnormal

state continued in becomes a cause of inharmony and separation. Many a loving wife, who would be demonstrative, is compelled, in self-protection, to assume a cold and forbidding manner while her heart starves and her husband suffers for the affection she longs to give. Both are injured and robbed of life's richest joys. Children born under these conditions are dwarfed in soul by growing up in a loveless home. Men, if you will express your love as you did before marriage, you will be happier, better husbands, better fathers and better citizens.

### *Dissatisfied Husbands.*

“Whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.” If the woman be his wife is a man without sin? Even though they are “one flesh,” is self-pollution righteous? A marriage license does not constitute a license for private prostitution, nor make vice virtue. The chaste expressions of pure love between a husband and wife are normal, helpful, invigorating and righteous in the sight of God; but sensuality in wedlock is a

violation of both natural and spiritual law. Most dissatisfied husbands have induced their unhappy state by marital excesses, not willfully, but in ignorance of the true order of life. A young husband complained of his wife's coldness. As a sweetheart she was magnetic and affectionate, as a bride, responsive and demonstrative; but in less than two years after marriage she had become indifferent. When the probable cause was suggested, he said, "If one is to live a continent life what is the use of getting married?" This was equivalent to a confession, so he was admonished to return to the love-life of courtship with the assurance that his wife would soon regain her vivacity, vigor and personal magnetism. He protested, declaring the advice impractical. "No, not for intelligent, regenerated men. But listen: At the marriage altar you promised your bride that you would love and protect her. Through ignorance you have taken advantage of her confidence, robbed her of her sense of purity and of health and beauty, perverted her desires and unfitted her for the highest type of motherhood. Have you protected her? Have you demon-

strated your love? Can you not see your mistake? Even the brutes that pair for life mate only in response to the female's desire. Her instinctive choice is his law. Should not intelligence in men make them as wise and considerate as does instinct in brutes? Should not a wife be queen of her person? By what form of perverted reason or abnormal instinct does a man presume to seduce and coerce his mate? A brute that would pursue this course would be a monstrosity. What is wrong with the genus homo? Think about it. Go home and take the little wife in your arms and confess your mistakes. Love her tenderly and henceforth make her happiness your choice, and her spontaneous desire your law; and if your wife is normal you will have a practical solution to your problem."

#### *A Woman's Love.*

"Husbands, - love your wives." Paul's admonition is timely. It is the solution of the whole problem. Perfect love begets confidence and inspires right conduct. Domestic harmony demands mutual affection. No woman

can be happy or contented without love; no man can come to his best without the inspiration of a good woman's love touched by divinity and spiritualized by prayer. Many a man's success can be traced to the loving counsel and devotion of a godly wife. Many are failing for the want of such inspiration. If you want such devotion and expression of affection you must be manly, clean and pure in person and character, loving and lovable. A wife's love is a delicate flower. It is quickly withered by passion, chilled by coldness, blighted by jealousy, stung by criticism, crushed by anger and dwarfed by neglect. But if cherished and gently encouraged, watered by sympathy and kept in the warm sunlight of kindness, it will blossom beautifully and fill your home with a fragrance Divine.

## IV.

## MARRIAGE AND PARENTAGE.

"God created man in His own image, in the image of God created He him; male and female created He them. And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it."

Marriage is both natural and spiritual. On its natural side it is a social custom sanctioned by law, which has for its purpose personal happiness and the perpetuity of the race. On its spiritual side it is a holy sacrament, a means ordained of God for the righteous conjunction of the masculine and feminine principles for the generation and development of mind and heart attributes. Both of these purposes of marriage are vital to the welfare of humanity. In the creation of ideals and the higher consciousness, as well as in the generation of a new life, the man hath not power without the woman nor the woman without the man. When both are conjoined to the Lord, and their hearts so purified by grace that human love becomes the instrument of Divine love, spiritual life and consciousness are generated. A loveless life of celibacy is, as a rule, less conducive to soul growth

than marriage with all its abuses. Married people live longer and accomplish more, on the average, than do the unmarried. The united, consecrated effort of a husband and wife to be one with the Lord, and to receive of His Spirit, makes it possible for both to progress more rapidly and attain a higher development than either could without the other. This spiritual attainment, which becomes the means of restoring the Divine image lost in the fall, is the highest purpose of holy wedlock.

#### *Well-Born Children.*

When a husband and wife are living in right relationship to each other and to God, children are well-born. The nature and vitality of the germplasm are modified by the physical, mental, moral and spiritual states of ancestors. Both good and evil tendencies of body, mind and heart are transmitted from parents to children. When love, reason and Divine guidance control, there is no difficulty in regulating the number of children, or the time when they shall be born. Every child's inception should be intentional

and occur when conditions are favorable for its well-being.\* During the period of gestation the mother's creative power, sustained by the father's love, should go to the child. There should be no excitation of physical passion nor mental imagining of the abnormal. Pure emotions, high ideals and spiritual aspirations should mould the character of the forming soul. When all conditions are right, the result is a well-born child, a child that combines in its nature the best elements of both parents; a child with a robust constitution, a well-formed brain and the rudiments of a strong mind; a child with pure affections, lofty ideals and the basis of a beautiful character; a child that has received the greatest gift within the power of man—a good inheritance.

How many children are born thus even in Christian homes? How many are the product of intelligent design and prayer? It is a sad commentary on Christian teaching and practice that most of us must still cry with David, "Behold, I was shapen in iniquity; and in sin did

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\*See Chapter on, "Preparation for Parenthood," in the Author's book, "Heredity and Pre-Natal Culture."

my mother conceive me." When God would incarnate His Son, He chose a virgin lover, a pure woman with active affections, an espoused wife. (Legally married but not consummated by union.) When the immaculate conception had taken place, this hand-maiden of the Lord, filled with a song of praise and thanksgiving, went at once into the hill country to the home of the saintly Elizabeth, who, by the Holy Ghost, instantly recognized her Divine mission. When she returned, the angel of the Lord appeared unto Joseph in a dream, saying, "Joseph, thou son of David, fear not to take unto thee Mary, thy wife; for that which is conceived in her is the Holy Ghost." Then Joseph "took unto him his wife; and knew her not till she had brought forth her first born son." How much of vital teaching is contained in this narrative! Every wife, to do her best in motherhood, must be a lover, and have a spontaneous desire to conceive and bear a child. During gestation she must be filled with joy, and have the inspiration of her husband's love, protection and recognition of *her* Divine mission. *He must know her not* until her child is born and

weaned. What queenly motherhood, what nobility of fatherhood, what a race might be born if all prospective parents would fulfil the law revealed in the birth of the Son of God!

*The Trail of the Serpent.*

“The parents have eaten sour grapes and the children’s teeth are set on edge.” When innocence and ignorance yield the holy, creative office to desire, the evil one brings forth children unto himself. Habitual excitement of the generative function in prospective parents predisposes their offspring to vice. When the sensuality of a father seduces and outrages the instincts of a prospective mother, what is to be expected of their children? Many parents live in constant terror lest a wayward son or erring daughter shall bring disgrace to the home: others whine and apologize for the mistakes of their children—children whom they have unwittingly predisposed to an immoral life.

Men, the abuse of maternity is the crime of Christendom. All nature protests against it: animals resist it to the death. But men enjoying all the ad-

vantages of Christian civilization do not hesitate to defile the holy of holies. Ignorance and passion are populating the earth. The dependent and delinquent classes are increasing three times as fast as the normal population. Unfortunate, incapable people fill the tenements, huts and hovels with children that are a burden to their parents, themselves, and their generation. These unwelcome children crowd the reformatories, fill the jails, pack the pauper houses, and reproduce their kind. Why were they begotten? Because men have more feeling than intelligence, more carnal desire than Divine grace, more passion than conscience. Visit the city of the dead and take the testimony of its mute marble witnesses. Go through hospitals and nurseries and look into the faces of suffering women and puny children. Notice the lack of self-control and the brand of sin in the faces of the denizens of vice. Peer through iron gates at men condemned for crime. Listen to the ravings of congenital maniacs, and know that the abuse of the generative function is one of the chief causes of all these unfortunates. Think of these things, men, and

learn a lesson that the schools are neglecting to teach, and be warned of a great sin that the church is slow to condemn.

## V.

## MARITAL RIGHTS.

“Keep thyself pure.” “If any man be in Christ he is a new creature: old things are passed away: behold, all things are become new.” “Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.”

“They shall be one flesh.” Marriage implies complete union: nothing less will establish or perpetuate the consciousness of oneness. Without conjunction of the creative principles none of the vital purposes of wedlock can be accomplished. Any teaching or ideal of marriage that denies the complete righteous expression of the generative instinct is fundamentally wrong and can but prove harmful to the individual and the race. The highest type of life, the purest emotions, the deepest spiritual experience and the most perfect consciousness of vital relationship with God are to be attained in a right marriage

relation. In our studies of regenerate marriage we shall see why.

“There is a way that seemeth right unto man, but the end thereof is death.” Chaste affectional and magnetic exchange between husband and wife is conducive to prolonged vitality, mental vigor and spiritual attainment; but marriage is not a license for the indulgence of carnal desires; sensuality is not sanctified by a marriage certificate. Because of the misuse of the generative function, many Christians fail to experience growth in grace, or to realize Christ formed within. Accepting an age-long custom sanctioned by statutory law, by physician, priest and pastor, they pursue the way of desire without conviction or thought of consequences, never suspecting this to be the cause of their spiritual apathy, or the subtle means whereby Satan perpetuates race degeneracy. For those who defend, or are living in this error, permit me to submit the following propositions for thoughtful consideration:

I. Marriage is a sacred privilege, which cannot be abused without doing violence to spirit, soul and body. Experience proves that chastity is neces-

sary for the highest physical, affectional, mental, moral and spiritual attainment. Should the church sanction, and its membership practice, in chastity?

2. Sensual thoughts and frequent indulgence deplete vitality by physicalizing the creative principle, prevent development, produce premature senility and disqualify for begetting vigorous children. Animals mate for reproduction only, instinctively conserving the creative forces for the propagation of vigorous young.\* Should men be less wise than brutes?

3. The normal sequence of coition is conception. Every sure means of prevention known is harmful. The manufacture and sale of any means is prohibited by law. Abortive drugs

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\*Microscopical examination reveals the significant fact that the spermatozoa from healthy men accustomed to frequent indulgences are often small, weak, inactive, and die within a few hours; while the spermatozoa from the same men, after several weeks of continence, are large, strong and intensely active, darting through the seminal fluid with amazing agility and force. If protected and kept at a normal temperature they will live for days. This is one cause of differences in natural vitality between children born of the same parents; also of sterility and inferior offspring.

cause sterility, and by poisoning the germ-cell produce epileptic, idiotic, feeble-minded and neurotic offspring. How can Christian men sanction a custom that fosters lawlessness and crime?

4. The habit of indulgence produces unwelcome maternity, begets children when conditions are unfavorable to a good inheritance, and increases the pains and perils of childbirth. It impels the violation of the law of continence during pregnancy, which depletes and degrades motherhood, injures offspring and endows them with sensual tendencies. Are these outrages of nature and their sequences justifiable?

5. Marital license begets millions of unwanted children. Conservative physicians estimate that only one in three conceptions are permitted to come to normal birth. Does personal liberty include the right to beget and then kill unwanted offspring? Can Christians justify the willful destruction of two-thirds of the race in embryo, or the annual sacrifice of the thousands of wives that die from criminal abortion?

6. Vice among children, early in-

discretions with their blighting effects, prostitution with its loathsome diseases, moral leprosy and white slavery, all have their source in unchaste parenthood. What folly to fight these evils yet perpetuate their cause! Should not Christians strive to purify the stream of life by spiritualizing the creative principle?

7. Legalizing marital rights practically compels wives to submit to their husbands, no matter how abnormal. This robs womanhood of freedom, motherhood of sanctity, childhood of a good inheritance and manhood of the nobility that comes from self-mastery. Why defend this legal process of perpetuating human slavery and race degeneracy?

8. Marital excesses destroy the spontaneity of love, prevent its free expression, weaken the conjugal tie, and often result in separation, or the early decline and death of the wife. Is it strange that many good women hesitate to marry, or that thousands that do so are disappointed?

9. No man indulges passion for spiritual growth, or to glorify Jesus Christ, but to gratify self. Should the children of God persist in fulfilling the

will of the flesh in defiance of the law of the Spirit, or the church sanction a custom that increases carnality and prevents progress Godward?

10. Man generates life where he polarizes his creative forces; if in the flesh, he begets sensuality; if in the Spirit, spirituality. Can Christians grow in grace while habitually creating carnality? Can Christianity regenerate society through an unspiritual membership?

11. Christ came to destroy the works of the devil, to deliver man from the consequences of sin and restore him to the image of God. In Gethsemane and on Calvary He declared His work *finished*. When the children of God choose the way of desire they deny their spiritual birth-right, and consequently fail to realize Christ formed within. How long will professing Christians make ineffective the cleansing blood of their crucified Lord? How long will they bring forth children of the flesh rather than of the Spirit? How long must Christ suffer reproach for the sins of His people?

12. When one experiences heart-cleansing and the Spirit of Christ be-

comes the fountain of life, pure love is substituted for sensuality. This holy affection makes one more sympathetic, responsive, considerate, expressive and attentive to the loved one than unregenerate love ever does. This Divine affection is accompanied by increased life, illumination, and the consciousness of God's abiding presence. When there is a lapse into the old life of indulgence, the fall of love into desire is invariably accompanied by the loss of spiritual consciousness and its precious experiences, proving that in chastity is the opponent of spiritual progress. Is there not something radically wrong with a custom that robs Christians of their birthright under grace, perpetuates carnal bondage, and begets children prone to vice and dead to the presence of God? Are not the advocates of marital rights blind leaders of the blind?

*The Church in Error.*

"A corrupt tree cannot bring forth good fruit." The seed of Adam was perverted by sin. Race degeneracy persists through the continuity of the germ-plasm. Any religion that fails

to regenerate the generative function can neither spiritualize the individual, purify society, nor establish righteousness on the earth. Only when the generative principle is spiritualized by being conjoined with the Lord is the continuous generation of the Divine consciousness in man possible. The church has failed to emphasize this vital truth. Both Protestants and Catholics have erred in their teaching concerning marriage rights and privileges. Both assume that marriage sanctifies the free indulgence of desire; yet both condemn its inevitable results, namely: the birth of badly born children and the destruction of the innocent. Both sanction this source of degeneracy, even exalting it as a virtue; but both lament the terrible consequences it entails. Has not the church missed the true ideal of marriage and consequently failed to eradicate the root of degeneracy? Is there not imperative need for higher teaching, regenerate marriage, and a different order of life under grace from that which obtains under law? None will reach the true ideal without prolonged effort, growth in grace and the gift of Divine love; but all should strive

toward perfection, knowing that all progress means increased freedom, true happiness and power. Men, "Let us lay aside every weight, and the sin which doth so easily beset us," and follow the Master by way of Gethsemane and Calvary into the glorious light and liberty of resurrected sons of God.

## VI.

### REGENERATE MARRIAGE.

"The Lord hath laid on Him the iniquity of us all." "He was wounded for our transgressions \* \* \* and with His stripes we are healed." "Ye are not your own, for ye are bought with a price." "Yield yourselves unto God as those that are alive from the dead, and your members as instruments of righteousness unto God."

Regenerate marriage is possible only when a husband and wife have accepted the finished work of Calvary for spirit, soul and body, and have experienced the deeper work of grace through self-renunciation and the sanctifying presence of the Holy Spirit. Christians not so delivered are subject to the will of the carnal mind. None are entirely free from conflict between the Spirit and the flesh until

the death of the body; but Divine grace, and constant, complete surrender to the operations of the Holy Spirit make possible continuous victory over the flesh. That doctrine that denies the efficacy of the atonement in healing and spiritualizing the body is largely responsible for the undeveloped state of most Christians. It is unscientific, unscriptural and inefficient. It weakens faith and robs Jesus Christ of much glory and power in the world.

It has been said that the body is neither moral nor immoral, but unmoral, that is to say, without moral influence. This is not true. Malformations and pathological conditions are responsible for much vice. Even in a normal state, every vibration of the soul, right and wrong, is registered in the chemistry of nerve cells and wrought into the substance of the body. The body of one that has lived an unregenerate life is literally sin-full; and even as inflamed nerves make one peevish, irritable and hyper-sensitive, so an unregenerate body reacts upon the soul, inducing carnal desire and impelling wrong conduct. Likewise, a spiritualized body reacts for good,

becoming the perfect instrument for the expression of pure emotions, holy aspirations and the mind of Christ. Not until Christians accept Christ in the flesh can they be free from physical reactions that induce wrong thought and conduct. Forgiveness of sin accomplishes soul-healing. Regeneration generates anew the Divine flame in the heart. The Holy Spirit operates through this Divine flame in the destruction of the carnal nature and the construction of the spiritual. The substance of Christ's body, as witnessed in His transfiguration, was spiritual, pure and holy, as were also the bodies of Moses and Elijah. These spiritualized bodies reveal the character of the resurrection life-substance. To the degree that Christ is formed in us are we changed soul and body into His image and expression. This in-Christing process is fast or slow according to our compliance with the conditions.

By accepting the finished work of Calvary as including the redemption of the whole man, continually renouncing the old as crucified with Christ, and accepting the new life in Christ as His manifestation in us; by keeping

the vision of His perfection coming into expression through our imperfection; by trusting implicitly and lovingly obeying the Divine will; by continually acknowledging the presence and power of the Holy Spirit; we fulfill the conditions that make it possible for Him to complete the incarnation of the Son of God in a regenerate son of man.

*The Key to Progress.*

“Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment.” This great commandment is the key to progress Godward. Its faithful fulfillment makes possible compliance with all the conditions of forgiveness, regeneration, and growth in grace to maturity in Christ. If any man wills to obey and chooses to love God with his whole heart, the Holy Spirit will supply the grace to enable him to do so. Search the Scriptures and persist in this choice and you will soon repent of your sins and desire forgiveness. Do this, and you will come to believe in your heart that Jesus Christ is the Son of God, and receive grace to

accept Him as your personal Saviour. Do this, and you will experience regeneration, receive the gift of the Holy Spirit, and have the witness of the Spirit that you have passed from death unto life. Do this, and you will confess Christ, keep the commandments, and accept the Divinely ordained sacraments as your means of grace. Do this, and faith will be given you to live as seeing Him who is invisible, and to walk uprightly before God, personally knowing Him whom you have believed. Continue this course and you will experience the deeper work of grace that delivers from the carnal nature and fills the heart with Divine love. Out of this love will come the Mind of Christ and the consciousness of the Holy Spirit's abiding presence, by whose guidance and power you may have complete victory moment by moment, and the assurance that you are pleasing God.

*Three Planes of Generation.*

“There is a spirit in man, and the inspiration of the Almighty giveth them understanding.” Without this inspired understanding none can know the way of the Lord in holy wedlock.

But to the twice-born, Spirit-filled husband and wife, who have received the gift of holiness in their bodies, and are living the resurrection-life in Christ, marriage becomes a holy sacrament—a means to the realization of ever increasing life, power, illumination and Divine consciousness. This higher form of marriage is void of all physical desire and transcends sensuous expression. The Inner Teaching relating to sex and marriage defines three distinct forms of generation, each of which serves its purpose in the Divine plan of perfecting and perpetuating the race:

First, spiritual generation. This is accomplished by the Holy Spirit in the pair that unitedly have all desire unto the Lord for His glory, that is to say, for His fuller expression in them. It is a straight and narrow way, which can be found or followed only by Divine guidance. It is possible only between those called of the Lord to be thus con-joined. Those whom He calls, He will direct and protect. Those enabled to enter in find in this devotion the most sweet and hallowed communion, and through it are taught the richest and deepest things of life.

Second, vitalization. This is accomplished by affectional and magnetic exchange without desire for sensation or coition. It is not an indulgence nor restrained expression of passion, but a purposeful, consecrated act of generation, in which each becomes the channel of Divine love to the other. Human nature is transcended by Divine grace and by fixing the mind upon the spiritual nature and need of the companion, with a will to bless by serving as the medium of Divine life. Such unions are rightfully entered into only when prompted by the Holy Spirit. Only those who have the mind of Christ can fulfill the conditions without falling; but to such it is a means of renewing life, prolonging youth and perpetuating conscious oneness in Christ.

Third, reproduction. Union for the generation of a new life is preceded by proper preparation for parenthood and complete consecration of every power for the righteous fulfilment of the command to be fruitful and multiply. It is prompted by mutual desire for offspring, the wife choosing the time. It has its source in Divine love as manifest in human hearts. It pro-

ceeds as a pure emotion, which culminates in purposeful conception. This is the only legitimate cause for coition. Christians fulfilling the law of the Spirit find in these three forms of generation a way of attainment, a life in tune with the Infinite, a deep, abiding sense of oneness in the Lord, and a joy unknown to those subject to carnal desire. Children born under these conditions inherit an aptitude for virtue, goodness, and the acceptance of the gift of eternal life.

## VII.

### POWER AND CHARACTER.

"If any man will come after Me, let him deny himself, and take up his cross daily, and follow Me." "He that overcometh shall inherit all things; I will be his God and he shall be My son."

It takes grace and grit to reach the summit of manhood, but glorious is the reward. The path of ascent is rugged, steep and difficult. Nature crowns as victors only those who have conquered self. She gives the scepter of power only to the overcomer. Each man must regain his lost dominion before he can come to his best. Jesus

Christ restores this primal gift in as many as meet the necessary conditions. Now that we have a clear concept of the origin and nature of sex, let us study methods of self-mastery, of controlling and directing the creative principle to the strengthening of mind and body, and of realizing dominion and power in Christ.

*The Hygiene of Morals.*

The way to victory consists of two parts, man's part and God's part. It is a mistake to try to do by force of will that which can only be done by regeneration and Divine grace; but there are some things required of us. To control our desires we must live hygienically. We must eat to live rather than live to eat. An excess of animal food promotes animality. Too much carbon in the system congests and inflames. Feverish blood engenders vice. Condiments, narcotics and stimulants beget abnormal desires. Alcohol deadens the finer feelings, paralyzes the moral sentiments, weakens self-control, fires passion and makes chastity all but impossible. Do not think you can live a pure life and use intoxicants. You may resolve that you

will, but you are resolving against fate. You may pledge your honor, but you will break your pledge within a month. Alcohol is the father of vice: if you entertain him he will beget his own. You must either cast him out or spend your days in company with an impure man. Tobacco contains a deadly poison. It affects the germ-cell and weakens offspring. It irritates the nerves. The less you use of it the better. An occasional cigar may produce no perceptible evil effect, but a man saturated with tobacco is rarely pure. Shame on the professing Christian who expects the Holy Spirit to abide in a house filthy with tobacco juice! Christian men, would you invite Jesus Christ, if He stood by your side, to have a smoke, take a chew, join you in a coarse jest, or questionable comment about women? Never! You believe that He is ever present. You profess to be His followers; then whatever you would not invite Him to join you in, do it not.

### *Personal Cleanliness.*

Keep clean. Deep breathing of pure air and the use of an abundance of pure water, externally and internally,

help to keep the blood pure and the nerves normal. Physical reactions upon mind and character are highly potential. The consciousness of cleanliness is elevating and refining. Seldom, if ever, will you find a pure mind, or a chaste, sweet soul in an unclean body. If "cleanliness is next to godliness," then soap and water are means of grace to the man who would live a pure life.

### *Habit and Mind Building.*

Vital forces go where they are habitually used. If a man is engaged in manual labor his strength goes to his muscles; if in mental work, to the brain. If he frequently exercise the sex function, the current of life flows that way. If a laborer changes and becomes a brain worker, his vitality will soon go to the brain instead of the muscles. Likewise, if a man accustomed to dissipating the creative principle stops and contains himself, his conserved power will soon go to other functions. This law indicates the line of action. An athlete gains his superior strength by directing his vitality to his muscles through regular, per-

sistent training. A strong mind is acquired in the same way. Put your faculties to work. Compel your senses to perceive in detail. Review often what you have once read, heard, or known. Recall names, facts and things you would remember. Careful perception, close attention, connected thinking and deep meditation habitually practiced will call the creative forces to the brain and increase mind-power.

*Keep Your Thoughts Pure.*

All involuntary functions are disturbed by thought and awareness of them. The mere thinking intensely of appetizing food causes the saliva glands to secrete. Because of this law the less the sex function is thought of, the better. No man can entertain sensual thoughts and live a continent life. Unchaste mental images sink into the subjective and produce desire, which causes the secretion of seminal fluid. Therefore, whoever persistently dwells upon the obscene makes his fall inevitable. The recital of a vulgar story is vice because it injures self: it is crime because it injures others. It assassi-

nates the brain-cells of virtue, it kills the ideals that ennoble. What you would not do or be, do not entertain in thought, much less desire or express. Words are potential, creative. They ennoble or defile. *Whatsoever a man puts into words he builds into the substance of his soul*; wherefore the Master said, "Every idle word that men shall speak, they shall give account thereof in the day of judgment." "By thy words thou shalt be justified, and by thy words thou shalt be condemned."

*Overcome Evil With Good.*

"Be not overcome of evil, but overcome evil with good." Thoughts or emotions of an opposite character cannot dominate us at the same time. Positive truth destroys error, active love casts out hate, true modesty restricts vanity, pronounced virtue precludes vice, aggressive goodness inhibits evil, earnest prayer banishes temptation. Therefore, by constantly filling the stream of consciousness with useful thoughts, honest desires, pure emotions and lofty sentiments, we exclude their opposites.

“Think truly and thy thoughts  
Shall a world's famine feed;  
Speak truly and each word  
Shall be a fruitful seed;  
Live truly and thy life  
Shall be a grand and noble deed.”

Overcome sensuality by the cultivation and expression of spirituality.\* If you make a mistake, repent, but do not lash your conscience nor chafe your soul, for this deepens the impression. Rise to the ideal of the true man. Be a great lover. Restrained

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\* Beware of the doctrine that teaches that a husband and wife may habitually and frequently gratify their desires without injury to either by not allowing their union to culminate in coition. This practice is a violation of a physiological law. It inflames desire, depletes vitality, shatters the nerves and wars against the Spirit. It begets sensuality in offspring. Some of the most abnormally sexed children I have ever studied were born from parents who practiced this form of restraint. When excitation goes so far as to cause the creation of seed, coition is less harmful than restraint. When the creative principle is not converted into seed it is re-absorbed as an elixir of life, vitalizing body and mind; but no such absorption is possible after this vital substance has been chemicalized, or organized into seed. Frequent, habitual excitation of the sex function results in an over-production of seed, which, if not expelled, decomposes, producing an irritating, virulent poison, which, when absorbed, engenders abnormal passion.

affections make one both cold and carnal. God is love. His children should be channels of His affection. The more you express the pure will of blessing, the more you will transmute the creative principle and realize deliverance from physical desire. Be patient, but persistent. You are battling not only with sin but with powers and principalities that ever seek to seduce and enslave. Do not expect to fully overcome in a day, a month, or even a year, an abnormal tendency that has been handed down through a thousand generations. Have faith in the victory of Jesus Christ and the all-sufficiency of Divine grace. He is the Overcomer. Every victory won means strength for the future. Every refunctioning of the ideal helps to make it real. Live up to the light God has given you, and soon you will find that you are gaining ground; the dawn of a new day will break upon your soul, and the consciousness of freedom, of increased strength, mental vigor and moral purity will be your reward.†

† The husband and wife who would reach the true ideal must work in harmony. They should recognize themselves as one being. The desire and effort for the higher expression

*Idleness is Dangerous.*

Keep busy. An idle moment is a dangerous moment. Your brain will not remain inactive. If you do not use it the devil will. An idle mind is in the same relation to the world's thought that the sewer-box is to the level of the street—enough lower to let everything filthy flow into it. Loafing fosters vice, begets extravagance and wastes opportunity for self-improvement. Mental efficiency means success. The School of the Idle Moment is open to every man. An education is within the reach of all willing to make the most of their opportunities. In a land filled with night schools,

of the love-life should be mutual. It is dangerous for either to attempt it without the other. Such efforts tend to separate, and whatever separates is fundamentally wrong. If one gains freedom in advance of the other, it is better to conform to a degree until both come into the perfect way. But in no case should the spiritual ideal be surrendered. If husband and wife truly love each other, but differ in their moral status, the goodness of one tends to sanctify the other. By maintaining perfect unity and harmony the spiritual life of the one is communicated to the other; but if one makes an inflexible law and insists upon the other conforming to it, a degree of separation usually follows that precludes mutual helpfulness.

penny papers and public libraries, there is no excuse for a man remaining ignorant, or a slave to the opinions and dictates of others. Indisposition to study, laziness, shiftlessness, carelessness, are the causes of ignorance and slavery in America. If you lose an hour from the office, the store, or the shop, you expect its value to be deducted from your wages. Is not time as valuable to you for self-improvement as to your employer for work? Do you not need a practical knowledge of the affairs of life and civil government to enable you to exercise an intelligent franchise and secure your rights? Not until tradesmen as a class make better use of their time, and stop banking their earnings in the saloon, will they enjoy the liberty of free men or be able to correct the industrial system that robs them of one-half the wealth they produce.

#### *Source of Temptation.*

Temptation is effective only when there is something in us that responds to it. If a man is dead to sin and alive in Christ, he is given power to resist temptation. It is the evil in a man

that causes response to the evil outside. To illustrate: I pass a saloon; my senses inform me that I am where beer is to be had, but the information excites no response in me, hence no temptation. Why? Because there is no beer in me calling for more beer. It is the beer inside of a man that wants to get the beer that is outside, inside. If the sight of a dissolute woman excites desire in you, what better are you than she? If your heart was right, her unfortunate condition would excite pity, and a manly desire to protect the purity of all women.

### *Self-Control.*

Self-control is the highest art one can acquire. True self-control is God-control. The manly man must learn to exercise his will in harmony with the Divine will. The duality of human nature makes persistent right choice the key to character building, the switch-point that determines which track our train shall take. We have the power, God given, to exercise choice when a proposition first presents itself to our consciousness. If we choose the right and act at once,

grace is given to pursue the right course. But a moment's hesitation, a slight leaning from the right, may make a wrong course inevitable. Virtue is not a passive thing, but an expression of positive, aggressive goodness. Only when we have met temptation, and conquered it by right choice, persistent effort and Divine grace can we claim virtue. The decided, aggressively righteous man surrounds himself with an aura of defense that keeps evil far from him and makes his influence potential for good. As the shadows of night vanish before the rising sun, so evil flees from the Sun of Righteousness in a man's soul.

*Be a Reformer.*

If you would overcome evil tendencies and grow strong in character, be a reformer. Begin in your own heart. When you get that right, communicate righteousness to others. Talk of goodness, purity, conviction and the advantages of a clear conscience. When you find those weaker than yourself give them an encouraging word. Every honest effort is compensated. Brother, what are you do-

ing for your age and generation? Are you a lifter or a leaner, a helper or a knocker? Does the sun shine brighter where you go, or do you cast a shadow over others? Do you stand for clean living, clean business, clean officials and clean government? Is your influence always on the side that makes for progress? If the young shall follow your example, are they on the safe way to noble manhood and womanhood? Have you the self-control essential for true success? Are you directing your forces to their highest use, and spending your money and substance where they will do the most good? Some men spend more on tobacco and other indulgences than on education and religion. Others are more interested in commercialism than in preparing the earth for the coming of Jesus Christ? How is it with you?

## VIII.

## VICTORY THROUGH CHRIST.

"I am the way, the truth, and the life: no man cometh unto the Father but by Me." "Him that cometh to Me I will in no wise cast out." "I have overcome the world." "All power is given unto Me in heaven and in earth."

Jesus Christ is the Great Deliverer from hereditary degeneracy, sin and bad habits. He is the source of regeneration, faith, love, and grace, whereby we are made overcomers. No form of human effort, however noble or persistent, can do more than modify the natural man. "That which is born of the flesh is flesh," and you cannot change its *nature* by force of will, auto-suggestion, or ethical culture; but "that which is born of the Spirit is Spirit," and to the spiritual man goodness is natural and virtue spontaneous.

*Christ Formed Within.*

Men, what you need to enable you to follow where truth leads, is "Christ formed in you." No man can save himself. If you depend upon good resolutions, will-power and high ideals,

you make defeat certain. But if you accept Jesus Christ as your personal Saviour, and surrender your whole being to Him in faith, according to His promise He will put a new spirit in you, cleanse your heart and deliver you from the law of sin and death. He will send the Holy Spirit to abide in you, spiritualize you and make you a new man.

Many professing Christians fail to experience deliverance from perverted appetites and carnal desires because they have not believed in their hearts in the full salvation accomplished on Calvary. There is a vast difference between head belief and heart acceptance; between a mental acknowledgement of Jesus Christ as the Son of God, and that vital relationship in which He becomes the heart and life.

*Have Faith in God.*

“I am Jehovah that healeth thee.” God is a Person, not an “impersonal principle,” nor merely “All-pervading Mind;” neither is He a Being subject to self-limiting laws that compel His response when we have complied with certain conditions. No! He is an all-

wise, ever just, loving, compassionate FATHER, who is more willing to give than we are to receive, to whom we have access through Jesus Christ. The plan of salvation is logical and consistent with law; but it cannot be known by deduction, nor demonstrated by intellectual processes. It must be experienced to be understood.

Salvation is a gift of God. It has its source in personality, and must be personally accepted to become effective in the individual. The gift was prompted by Divine love, and is justified by the sacrifice of Jesus Christ. It is not ours by nature, by merit, or by works, but by faith in the Son of God and His vicarious atonement. The essentials of receiving the gift of eternal life and experiencing deliverance may be briefly considered under three heads:

(a) "All have sinned and come short of the glory of God." "Repent ye therefore, and be converted, that your sins may be blotted out." "If we confess our sins, He is faithful and just to forgive us our sins."

A man must repent before he can accept or experience forgiveness. He must be forgiven in order to be cleansed from sin. If a man loves

sin, he will cleave to it, and thereby make impossible his redemption. But if he hates sin and turns to God with a contrite heart, he has complied with the first conditions of regeneration.

(b) "Believe on the Lord Jesus Christ and thou shalt be saved." "If thou shalt confess with thy mouth Jesus as Lord, and shalt believe in thy heart that God raised Him from the dead, thou shalt be saved." "He that believeth and is baptized shall be saved."

We must believe in Jesus Christ as the Son of God to partake of His life and substance. When we, by faith, accept His vicarious atonement for the remission of our sins, the Holy Spirit cleanses the heart, and generates the spiritual flame, whereby man becomes a regenerate child of God. When regeneration has taken place, the spiritual blood of Christ is continually communicated to us as members of His body, by which we are vitalized, spiritualized, and the Divine nature substituted for degenerate human nature. As Christ died for all when no man was worthy or justified such a sacrifice, so He ever yearns to give his spiritual blood and eternal life to everyone, no matter how vile or unworthy. "Wilt thou be made whole?"

(c) "If any man will come after Me, let him deny himself, and take up his cross, and follow Me." "My grace is sufficient." "Reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Christ Jesus." "I will put My Spirit within you, and cause you to walk in My statutes."

As a child of God claim your freedom from the power of Satan, and rejoice in your new inheritance in Christ Jesus. Accept the gift of the Holy Spirit. Praise God for His abiding presence. Love Him, talk with Him, look to Him for guidance, grace, wisdom, and power to overcome. "Abhor evil; cleave to that which is good." Continually deny the old man of sin and all his evil deeds and tendencies. They are no part of the new creature. Do not think for a moment to overcome the evil one or resist temptation in your own strength. As sure as you do you will fail. Jesus said, "Apart from Me, ye can do nothing," and, "Lo, I am with you always." Be grateful for friends, teachers, books, ordinances and Christian associations, but recognize them only as means. Depend upon the Lord Jesus Christ as manifested through the Holy Spirit in you. He is your way of attainment. He loves you with an in-

finite tenderness. He will never forsake you. He is equal to every emergency. Without Him all other helps will fail. Your final victory depends absolutely upon the continual acceptance of the finished work of Calvary as complete in you, which makes possible restoration, deliverance and growth in grace through the operation of the Holy Spirit.

“The blood of Jesus Christ cleanseth us from all sin.” It is the only specific for human degeneracy. It will cleanse the leper, purify the sensualist, cure the drunkard and restore the vilest, sin-sick soul to the image of God. It is love’s remedy for erring humanity, priceless and efficient. Multitudes have demonstrated its unfailing virtue. Put it to the test, and you too, will know the healing power of the crimson flow.

One Monday morning, after the Sunday men’s meeting, a gentleman in great distress called on me. The vision of the higher life had made him so dissatisfied with his present way of living that he could no longer endure himself. He said, “Look at me. Do you think a man of my temperament could live a clean life?” He was a big, carnal, whisky-soaked fellow, with strong feel-

ings and good intentions, but sadly perverted. After looking him over, I said, "No, to be honest with you, I do not believe you can. You are a victim of bad heredity, worse habits and a weak will. There is little hope of your ever getting self-control or being able to do as well as you know."

"Right you are," he replied. "My father was a booze-fighter, and I have been at it for years. I have tried to straighten up for the sake of my wife and children. I feel sorry for them. They are worthy of something better than I have given them. I have taken the gold cure. I have signed the pledge, I reckon, a score of times; but I can't hold out, and now you tell me there is no hope for me!" Here he broke down and wept as only a big man conscious of his own defeat can weep. Regaining self-control, he looked into my face as from the valley of despair, with the question, "Is there no way out?"

Taking his hands in mine, I said, "Yes, my brother, there is one way out, only one. God loves you. Out of His compassion He has made a way of deliverance from sin. You do not have to understand it. Simply accept it in faith. Surrender to Him just as you

are. Confess your sins and ask Him to forgive you. CHOOSE to accept Jesus Christ as your personal Saviour, and claim His vicarious atonement for the remission of your sins and the restoration of your soul and body. Trust Him to create in you a clean heart and renew a right spirit within you. Accept in faith the gift of the Holy Spirit. Renounce the old man with his evil tendencies. Praise God for the gift of the new nature. Continue in this course and you will experience the deeper work of grace without which no man is delivered from the carnal mind. Persist in praising God for His perfection within you and soon you will come into the consciousness of the new life in Christ Jesus, and be a new man, spirit, soul and body."

He found the way out, and became a kind husband, a loving father, a good citizen and a loyal Christian. This is the only way for any of us. None are so bound that Christ cannot free them. None are so sin-sick that His blood will not cure them. None are so good that they can live a holy life apart from Him.

*Decisive Moments.*

Jesus said, "And I, if I be lifted up from the earth, will draw all men unto Me." HE WAS LIFTED UP, and out of the agonies of the cross, prayed for those who crucified Him. He suffered once for all. He paid the full measure of love's devotion to redeem a fallen race. He conquered death and hell, and now with outstretched pierced hands pleads with you to come. "Who-soever will, may come." "Let him that heareth, come." He has sealed the testimony of His love for YOU in His life blood. No stronger evidence could be given. He has followed you through all the years with compassion and forbearance. He has guided you, protected you and pleaded for your soul when sin would have destroyed it. He has extended mercy when you have denied and rejected Him. He has given you the power to choose, and prolonged your days until this hour, that you may accept deliverance at His hand and receive the gift of eternal life. These are decisive moments; eternal destinies hang upon them. WHAT WILL YOU DO WITH JESUS? Life is too precious to be wasted in sin. Manhood

is too noble to be enslaved. Freedom in Christ is too glorious to be rejected. Why longer resist the impulse that impels Godward? Now, now is the accepted time. Love prays for you. Jesus is knocking at the door of your heart. Open! Open, man; and bid the Lover of your soul come in. Let us all receive Him, and reverently crown Him, King of Kings and Lord of Lords.

## II.

TWENTIETH CENTURY  
PROBLEMS.

New men, consecrated men, strong men, Knights of the Twentieth Century, come, let us rejoice in His indwelling presence and communicate His life to others. Let us overcome evil with good; sadness with gladness; shadow with sunshine; error with truth; hatred with love; until the angel's song of "Peace on earth and good will to man" finds echo in every heart. Humanity is on the upward way. Righteousness is gaining ground. Character outweighs coin. The leaven of altruism is touching all hearts. The spirit of Calvary is conquering the world.

Come, you who are clothed with the Son and have power for service, it is time for action. There are world problems to be solved. There are wrongs to be righted. There are evils to be abolished. There are vices to be put away. There are hungry ones to be fed. There are weak ones to be protected. There are enslaved ones to be freed. There are wayward ones to be forgiven. There are sin-sick souls to

be healed. Christ in man and Christ in humanity, is the answer to all man's needs—the solution of all world problems. Your privilege is to be the instrument of His will, the expression of His wisdom, and the medium of His love, in solving these problems and establishing His kingdom on earth.

*Wrongs To Be Righted.*

Class legislation is unconstitutional, then let us enforce the constitution that the interests of the weak and the poor may be as well provided for as are the interests of the strong and the rich. It is wrong that labor should receive but twenty-five per cent of the wealth it produces. Help correct the industrial system that makes such a violation of justice possible. It is crime against society to capitalize property at many times its value, then force wages down and prices up that a dividend may be paid on watered stock. It is wrong that small property owners should bear the burden of taxes while large holdings are assessed at a fraction of their worth. We each have a duty to perform in the righting of these wrongs.

*Human Parasites.*

Human parasites are on the increase. They are the product of a false industrial system. Tramps, beggars and paupers constitute a small fraction of the parasitic tribe. Grafters and the idle rich, who draw their sustenance from the toil of others, are the real problem. What selfishness it is for men and women able to do something worth while, to live in idle luxury, while thousands are starving and millions suffering for the necessities of life! Idleness is degenerating. Extravagance and luxury are demoralizing. Therefore, it is better for all that those who have been relieved from the necessity of toil should bear the burden of public institutions and be induced to work with hands or head until all are freed from the curse of ignorance and poverty.

*Dependents and Delinquents.*

It is estimated that forty-five per cent of the insane, seventy-five per cent of criminals, eighty per cent of feeble-minded and epileptics are the product of alcohol or degenerate parentage. During the last few years, the dependent and delinquent classes have

increased three and a half times as fast as the normal population. Over one-half of these unfortunates could have been prevented by wise legislation. If the State has the right and is compelled to enact and enforce laws to take care of the dependent and delinquent classes, it has the right to enact and enforce laws calculated to stop the needless production of these classes. It is crime to license crime. It is sin to promote sin. It is vice to foster vice, and no man exercising the right of franchise who casts a vote for the institutions that propogate vice, sin and crime can truly say: "I am innocent."

### *An Open Pit.*

Here is an open lime pit boiling and hissing with quicklime. If a neighbor, or even a tramp, should fall in, you would risk your life to rescue him. Could the owner of the lime pit secure from you a license to keep his pit open on the main street, make it enticing with colored lights, music and women, that your neighbors and your neighbor's children might be seduced to go where they *must* fall into the seething mass? No! No amount of money could induce you to license such a

place. Quicklime destroys only the body, but your open saloons—the pits of hell—destroy both soul and body, wreck homes and hearts, produce paupers and criminals, misery and want, and curse generations yet unborn. Men, how can you be induced to keep these hell-holes open? You love men. You love children. You love your wives and dear ones. You are interested in human progress. Why will you vote to perpetuate or license the sale of intoxicants?

*Mike Finnigan's Dream.*

Mike Finnigan was as square a man as ever sold whiskey behind the bar. He prided himself in being a law-abiding citizen. He was a bitter opponent of the "joint." He kept a highly respectable place, paid his debts and contributed liberally to the campaign fund of his party. One night after a hard day's work he dreamed he died and passed to the spirit world. Here he saw the misery and ruin wrought by the rum he had sold. He felt the pinch of the poverty he had caused; the shame of disgraced women; the remorse of conscience-stricken men. He heard the cry of orphans; saw homes broken up;

heart strings torn out. The horror of death, degradation, vice and crime poured in upon his senses. Alas, he was not alone in his misery. His friends and neighbors, including many good church folks, were with him. They, too, were compelled to witness the suffering of the many and share in part the hell of the saloon keeper. In his agony he turned upon them reproachfully. "You wise ones! You keepers of the faith! You sold me into hell for the portion of the money I took from weak men and starving children! You hypocrites! Blind leaders of the blind! Go to your Christ and claim your reward. Put on a white robe of innocence to cover your sin and a fool's cap for a crown." "But," they said, "we cannot go. We dare not face our Lord and turn in the account of our stewardship. We voted your license. *Our hands are stained where yours are red.*" Brother, what are you doing to protect weak men from this curse? What are you doing to save those in the business from the realization of Finnigan's dream?

#### *Invested Interests.*

We hear much talk in these days about "invested interests." The brew-

ers and distillers are flooding the country with printed matter containing wonderful statements of the money invested, the labor employed, the millions of bushels of grain used in the manufacture of malt and distilled liquors. The figures are startling. Any man with common sense should be able to see that, since the traffic meets no necessity and adds nothing to humanity, every dollar invested is a dollar taken from legitimate trade. Every laborer employed weakens the power of labor just that much and is a pauper to be supported by others. Every bushel of grain used is so much of the world's produce wasted. If the money invested, the labor employed and the grain used were turned into legitimate channels, it would go a long way toward solving the economic problems of the age.

*Farmer John's Idea.*

A brewer went autoing the other day and, meeting Farmer John, he said, "How much rye will you have to sell this year?"

"Oh, about a thousand bushels."

"Well, if you farmers all vote dry and the country goes prohibition, what are you going to do with your rye?"

"Wal," said the farmer, "it is this way. I've been a readin' the reports sent out by the brewers' and distillers' associations, and I see that they claim to use two and a half per cent of all the grain raised in the country. That would mean twenty-five dollars' worth of my rye. I see'd that they convert that rye into whiskey and sell it back to we farmers for two hundred and fifty dollars; so I just decided to raise a few more shotes to eat my rye, and keep the extra two hundred and twenty-five to educate the kids and help pay for some things we need about home. Get up, Nancy, haw there!"

### *Boys Wanted.*

Gentlemen, you are strong men, courageous souls, so I want to ask a favor. I want to make a plea in the interest of the liquor traffic. The brewers and distillers have plenty of money. They are able to hire all the help they want. They can buy all the grain and hops they can use, but they can't run their business without boys. You see the old booze-fighters **WILL DIE** and *it takes one hundred and twenty-five thousand boys a year to keep the business going.* They can't buy

these, so I am going to ask you for a donation. I want your boy to put on the altar of sacrifice. Better send your girls along, too, for drink begets sensuality, and every drunken man implies a fallen woman or a disgraced wife. Come, now; don't refuse. You voted to license, and they can't run without boys. What did you say—"Not your boy, but your neighbor's boys?" Shame on the man that will sacrifice his neighbor's child and refuse his own. Your child, my brother, your son for drunkenness, your daughter for shame. Give me that young life that you love better than your own. Go home tonight and take that innocent girl from her mother's arms and that bright-eyed boy that is the hope of your life. Take them on your knees, recall the hour that wife and mother passed through the valley of death to give them birth, recall the joy of their babyhood, the glee of their childhood, and the promise of their youth. When all their worth is in your heart, say to the mother, "I have decided to make an offering to the rum fiend. He thirsts for blood." Can you do it? No! Horrors! No! Well, then, with the children in your arms, and the lit-

tle wife by your side, swear your allegiance to the cause of temperance, and on election day put the interests of those children and that loving wife on a white ballot. Get on the firing line and do your duty and soon it will not be necessary for you, or any other father, to sacrifice his children.

*The Double Standard.*

The double standard of morals is still with us. It is a remnant of the dark ages. It holds on with the persistency of satan. It degrades manhood and enslaves womanhood. It is one of the chief causes of all the evils that curse the race. The purity, temperance and moral integrity demanded of women, have proven of priceless value to the race, a like standard for men is the crying need of the hour. Why forgive in men what we condemn in women? Why protect men by statutory law from the responsibility and crime of taking advantage of an innocent girl's love and confidence? Men, why has satan so long blinded our eyes? Have we forgotten our mother's purity? Shall we not protect our loved ones? Let us repeal every law governing the age of consent and put

the burden of moral responsibility upon man.

Try mentally reversing the double standard. What self-respecting man would seek the company of young ladies who were defiled by narcotics and the associations of the bar room? Who would have as the mother of his children a reformed woman of the world? Men argue that promiscuous associations in early life make them better husbands, but where is there a man who would favor his wife having a similar training? Think of women brutalized by rum, steeped in narcotics, who spend their evenings in places of vice, running for office and being elected by the votes of respectable citizens! How untenable are these propositions! Why? Solely because of the double standard in our minds. Come, let us put it away. Let us begin in our own hearts and from this hour ask no license and claim no indulgence which we would not approve in our sister, sweetheart, wife and mother. Having put the monster away from ourselves, let us by precept and practice, by clean living and clean speech, help all other men to put it away, until society shall be purged of

its defiling influence and shall demand the same standard of purity and morals of men that it now demands of women.

### *Marriage and Divorce.*

Marriage is on the decline. Divorce is on the increase. Intemperance, the abuse of marital rights and ignorance of the laws of life and responsibilities of marriage and parentage, are the chief causes of these evils. We need more stringent marriage laws. We need to prohibit from marriage and parentage those who are physically, mentally or morally unfit for these responsibilities. We need a law requiring all who contemplate marriage to have a fair knowledge of heredity and prenatal culture and the duties and responsibilities of marriage and parentage. To make such restriction and education possible, we should require all candidates for marriage to register their proposed marriage with the county clerk for publication at least thirty days before their marriage. Such registration would give interested parties the opportunity to challenge the eligibility of the candidates. Such a law would tend to prevent clandestine and

fraudulent marriages, protect the innocent from being controlled by magnetic and hypnotic influences, or betrayed into a life of misery by their own emotions, ignorance or improper influences. When a proposed marriage is registered, each of the parties thereto should be supplied by the State with a small book presenting, in simple language, the laws of heredity and prenatal culture and the rights, privileges and duties of marriage and parentage. This book should be read before the date of marriage and returned to the clerk when the license is issued. Such information would do much to promote domestic harmony, prevent untold misery, stop the violation of the most sacred laws of life, diminish the crime of foeticide, and give a better inheritance to three-fourths of the human race.

### *The Public School.*

Our public school system is morally defective. President G. Stanley Hall, in a recent address before a body of teachers, said: "The American public school system is the most extensive, the most expensive, the best equipped, and the least effectual morally of any

public school system in the world." This is a startling statement to come from so high an authority. During the last decade the increase of crime among children has been two and a half times as fast as among adults. Judges of juvenile courts tell us that criminal children are, as a class, above the average in intelligence. This indicates that intellectual training without morality is dangerous. An educated villain is a greater menace to the commonwealth than an ignorant one. In cities only a small per cent of the school population receives moral or religious training at home; therefore, the curriculum of the public school should include such training. Character is of greater value than mental equipment. Moral training is of more importance than mind training. It is a sad commentary on our civilization that moral delinquents can graduate in high honor from our institutions. It is time for a radical change. Every pupil should receive systematic training in practical hygiene, personal purity, self-respect, honesty, kindness, charity, and reverence for law and things sacred. No commonwealth can long maintain law and order that neglects the moral train-

ing of its youth. No republic can long survive, whose citizens lack faith in God.

*Christian Realism.*

The church needs revitalizing and spiritualizing. It needs reorganizing and unifying on practical lines calculated to help solve the great social, economic and industrial problems. It is here and now that men need Christ. This is the time of personal influence. It is in the present life that we are determining the hereditary tendencies of offspring, modifying the character of others, helping or hindering the world's progress and deciding our future destiny; therefore, let us put aside our denominational differences, get right with God, and combine the forces of the organized church for the world's redemption.

*America's Responsibility.*

The time is gone and I have not even touched on the world's problems. There is the problem of caste, of race prejudice, of government and international relations. In the solution of these problems America has grave responsibilities. We have wealth, wisdom, culture, Christian ideals, power

and opportunity, but what are we doing for those less fortunate? We are great, rich and powerful, but when will we be great enough to be modest, and powerful enough to control our own appetites that we may feed the hungry and protect the weak?

During the last twenty-five years, while America has enjoyed the greatest prosperity ever known to a republic, twenty-five million persons have starved to death in India. What America has spent during that time for tobacco, opiates, intoxicants and other harmful indulgences would have fed and fattened every hungry man, woman and child in the world. Men, think about it. If these unfortunate ones were placed side by side as soldiers are buried in a ditch, they would fill two graves stretching from New York to San Francisco. If laid head to toe in a direct line, their bodies would belt the earth. Think of the cost of our self-indulgence! the savagery of our civilization! Man's inhumanity to man is enough to challenge the admiration of devils and drape all heaven in mourning!

*Get Under the Cross.*

Friends, time forbids the further

consideration of these vital questions. In conclusion, permit me to be personal. Only by saving others can we save ourselves; only by helping redeem humanity from ignorance, poverty, sin and death, can we be redeemed. No man lives to himself, and not until humanity is free can the individual enjoy perfect freedom. Therefore, my brother, the world's problems are yours and mine. Have you ever really taken them to heart? Can you feel the hunger of the starving multitudes? Do you know the pinch of poverty? Have you suffered under the injustice of our industrial system? Have you felt the tyranny of human slavery and oppression? Have you seen the crime, misery, want and woe wrought by rum? Have you been pierced by the pangs of manhood's remorse and sensed the shame of woman's depravity? Have you heard the pitiful cry of innocent children, dammed into the world and doomed by heredity and environment to a life of degradation? Have you put your heart close to the heart of the Master, gotten under the cross and felt the crush of the world's sin and suffering? Have you? Brother, listen! Not until you have taken the

world and its sorrows into your heart, loved and suffered with men, passed your Gethsemene and your Calvary will you realize humanity's needs, appreciate the mission of Christ, or know the glory, peace and power of the resurrected life. When you have suffered with the suffering, been redeemed by the Redeemer and shared His grace, then shall you have the love of a Savior, know the joy of doing good, and be clothed with power for service. Men, the hour has come. Let us be about our Father's business. You who have received the life, pass it on. You who know the joy, communicate it. You who have been saved, save others. You who have had your crosses lifted by the cross of Calvary, get under the crosses of struggling humanity. Lift, and you will grow strong. Cheer and you will be happy. Lift and cheer, cheer and lift, until want and misery are no more, until every burden-bearer has become a crown-wearer; until Christ's kingdom is established on earth, humanity is transformed, and love rules the world.

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Help circulate one million copies of the New Man.

## III

## INNER TEACHING

By

THE HOLY SPIRIT

On Sex, Love and Marriage.

"There is a spirit in man; and the inspiration of the Almighty giveth them understanding."  
"When He, the Spirit of Truth, is come, He will guide you into all truth." "He dwelleth with you, and shall be in you."

## INTRODUCTION.

Many Christians are experiencing the fulfilment of these precious promises. Many more will, when through faith, love and obedience they comply with the conditions of spiritual generation, and thereby make possible the fuller manifestation of the Holy Spirit in consciousness. For several years a witnessing disciple of the Lord Jesus Christ has been recording the inner teaching of the Holy Spirit for future publication. These teachings relate to God and His manifestations as Father, Son and Holy Spirit; cosmic and creative processes; life and substance, law, order and system; the origin, nature and purposes of sex; the spiritual creation of life and the root or seed of the primal kingdoms, orders and species, with their subsequent multiplication; the nature of man and his relation to God before and after the fall; Satan, the origin of evil, death and hell; redemption, vicarious atonement, the blood of Jesus Christ, regeneration and the operations of the Holy Spirit; the generation of spiritual life in man;

grace, faith and the eternal life in Christ. These teachings are given to elucidate and vindicate the truth of the Scriptures, and to protect the followers of Jesus Christ from the errors of pseudo science.

Truth is infinite. Therefore, every revelation, however definite, is necessarily fragmentary. No inner experience can be fully communicated to another. No spiritual verity can be completely expressed in words or symbols. No disciple while in the flesh is infallible either in the perception, or in the expression, of truth. The following brief statements are excerpts from the inner teaching on sex, love and marriage. The truth here given will be self-evident to those able to receive it: to others no argument would vindicate its authority. This instruction is published by permission, in advance of the other teaching, for the protection and guidance of those who would live chaste lives in this age of social impurity. To the faithful, who choose the straight and narrow way, this brief summary will serve as a light on the path until the coming of the King. Then shall its teachings be accepted and made a part of the millennial order of life. Precious unto the Lord are those that wait not for further proof, but accept the truth by faith, and through Divine grace enter into the freedom of the children of God.

#### *Inner Teaching.*

1. The principle of sex inheres in the Eternal Spirit. It is primarily one, but in coming into manifestation becomes biune, father-

mother aspects of Being. By the activities of this biune principle as expressed through the only begotten Son of God, all creation is brought forth and perpetuated.

2. Creation begins with polarization in the Eternal Spirit, forming the positive and negative aspects of manifestation. The primal seed, or germ, of every distinctive form of life was first created in the primal substance before it was materialized in the earth. (Gen. II: 4, 5.). The reproduction and continuity of every living thing is through the seed. Sex, love and life are inseparably related in source and character; sex, being the primal cause, determines the character of the love and life generated.

3. This perfect biune sexuality is the Creator in manifestation; that is, the creative principle coming into expression. It proceeds from the Lord as the brook from the spring. It comes forth in an endless variety of kingdoms, orders and species, all of which have their origin and perpetuity in this primal principle. They are not this Divine principle, but its creation, fruition, product.

4. In the Divine essence, or pure spirit-substance, this male-female principle perpetuates its creations by supplying in them a reproductive quality, which is the result of a perfect balance of the masculine and feminine attributes. These are so conjoined as to perpetually generate an active center of life, which subsists upon the Divine substance. In the Divine economy, this spiritual bread, or substance of life is supplied in abundance as an expression of the Lord's love to every such center. The angels are such centers, as are

the saints; so was man before the fall, and so shall he become when redemption and regeneration, grace and sanctification, have completed the restoration of the human soul.

5. Generation of life on all planes, physical, psychical and spiritual, is accomplished by the conjunction of the father and mother principles in the substance peculiar to each plane. Thus all life on the physical plane is inseparably related to a material form of substance. Likewise, soul life is related to psychic, or soul substance, and spiritual life to spiritual substance; but the law of generation is the same in all.

6. In mortal man and the more complex lower orders of life, the father-mother principle of sex is specialized into male and female, making dual parentage necessary for reproduction. But no living thing is without the biune principle, nor could it continue to exist without the polarization of this principle. When either sex is long separated from the other, polarity gradually decreases. It is restored by exchange with its opposite. Every manifestation of life is a means of conveying the creative principle to the opposite sex. Therefore, those who presume to isolate themselves do so only in part; for there is unseen, unknown exchange that feeds the vital spark. Were it not so they would soon die.

7. Every soul is biune from its inception and soon becomes male or female by determinate causes. It continues thus throughout mortal existence. Being deficient in one sex it can generate life within itself only for a limited period. By conjunction, wedded souls of opposite sexes are rejuvenated through the

exchange of polarity and the re-vitalizing of the deficient sex principle of each. No soul, however harmonized within itself, or perfectly united with its mate, can generate spiritual or eternal life. When regeneration takes place, the newly created spirit is conjoined with the Lord, and generates by this conjunction a higher, spiritual form of life, which is eternal because of its source and character. This life communicated to a soul makes it immortal, and gives to it a quality not possessed by an unregenerate soul, namely: the quality of perfect love, from which comes all the higher virtues and gifts of the Spirit.

9. The seed in every man embodies in its units not only the ancestral life and the elements and attributes of the race, but the effects of his physical, mental and spiritual activities both remote and immediate. No relationship is more vital than that which exists between the heart activities of a man and the life-units of his seed. Every man is continually moulding the character of the stream of life that he bears in his body. He pours into it his virtues and vices, making it better or worse according to his dominant activities. Out of the affections of his heart he forms the tendencies of his offspring.

10. There is no plane of life not subject to the law of degeneracy through the misuse of the creative principle. Thus, physical generation is for the vitalizing of the individual and the reproduction of the race. But when sexual union is entered into for sensation or the gratification of desire, it becomes unholy, degenerating and destructive of the principle of life. Likewise, generation in the soul is

for the production of mind activities, pure emotions, sentiments and ideals. But when perverted for selfish ends, it produces vain imaginings, false ideals and errors of thought and will. It creates the abnormal impulses of egotism, cruelty, vanity, sensuality, envy, malice, hatred, jealousy, avarice and all other morbid mind qualities. Spiritual generation in a heart that, through regeneration, is conjoined with the Lord, begets those high and holy aspirations which lift man Godward. It serves to perpetuate the spiritual ego and eternal life. It brings forth the fruit of the Spirit, Divine consciousness and illumination. But when not so conjoined, the perverse generation by the mortal spirit becomes the means of Satanic productions of spiritual pride, personal exaltation, hallucinations, lying tongues, false prophecies, deceiving apparitions that appear as angels of light, and other seductive imitations of the Holy Spirit's manifestations.

II. In the seed of Adam is the worm that defileth all mankind. Spiritual death is perpetuated in the race because all are born of de-spiritualized seed. No man can deliver himself from this state any more than a dead man can resurrect himself from the grave. All depravity has its source in degenerate seed. All vileness is the fruit of sinful generation. All carnality comes out of sexual perversion. No righteous generation is possible from unregenerate seed. No man has virtue apart from Christ. All virtues claimed by unregenerate human nature result from the embodiment of Divine commands, truths and ideals given through revelation and the Incarnate Word; and the outworking of the

law of self-preservation, which by expansion extends to the preservation of others, but is still a form of selfishness. Notwithstanding these virtues coming out of experience and moral development, the natural man is still unspiritual, because born of degenerate seed and subsisting upon degenerate life. No voice can convince mankind of its innate sinful nature until the vileness of man's sexual state is proclaimed in the power of the Spirit by the mouth of a prophet that is fearless to declare the whole truth. No conscience is so dead in man as his sexual conscience, and no prejudice so deep rooted as that pertaining to marriage rights and privileges.

12. True marriage is first spiritual. In the Divine order the Lord conjoins whom He will, and through them expresses His own perfect love. But when Christians presume to be conjoined by their own choice or desire, they become subject to the same law as the unconverted, and fall from grace. Led on by desire they marry after the will of the flesh to suffer the consequences in their own souls and bring forth children of sin. Likewise, when those whom the Lord *hath* joined together confirm their union by yielding to desire, they, like Adam and Eve, fall from the state of innocence before the Lord and are driven out of Love's paradise. Love, having lost its spiritual robes of innocence, realizes that it is naked, and makes garments of systems and customs of marriage by which it would cover itself. But such covering does not restore innocence nor clothe the soul in its virgin purity.

13. The paradisaic state can be regained

only through sexual purity, which is a gift of regeneration, grace and sanctification. Therefore, most Christians die under the promise but not in the life of holiness before the Lord. They must be purified before they can enter into their full inheritance. This purification and deliverance from the carnal mind should be experienced while yet in the flesh: it is all included in the will and gift of God through Calvary. Men accept it by faith and are blessed; then, through false teaching and sinful desire begotten of Satan, are tempted and fall into sexual sin. This they repeat over and over until they finally come to accept perverted sexuality as natural, proper, and even holy in the sight of the Lord—sanctified by marriage. Having entered into this darkness they neither see the light nor hear His voice, much less find the gates of Paradise.

14. Consciousness of Divine Immanence is experienced in a human soul only to the degree that the sexual life is regenerated. No marriage relationship is ever helpful to a Christian that is not a gift of the Lord, and inspired by Divine love. Perpetual holiness in the Lord is possible only when there is no defilement of the temple by sensual desires or indulgences. All such indulgences produce a red flame that envelopes the soul in a cloud of heat and smoke, which shuts it off from spiritual illumination and communication. But to as many as shall receive the Lord and are made holy in Him, and shall continue to live in perfect love, resisting Satan and all his temptations, despising desire with Divine hatred, there shall come a pure and holy love,

an illuminating white flame within the soul that shall burn perpetually and vitalize the whole being, making it luminous with health and life eternal.

15. There is a devout, spiritual expression of love in which united souls come into conjunction, and, divesting themselves of all sensuous impulses, praise God in their bodies by loving each other as His life and expression. Through this they receive the rejuvenating, revitalizing effects of the Divine Spirit. Such a union is an act of faith. It is void of physical desire and transcends sensuous expression. It is possible only between those called of the Lord to be thus conjoined. It is entered into only as a means of realizing more and more of the Divine Immanence. It is sinful and corrupting to presume to enter into this sacrament except as prompted by the Spirit to glorify God. But if the hearts are full of praise and devotion, and all desire is unto the Lord, those guided of the Holy Spirit will find their way into this high and holy union of love, and through it be taught the richest and deepest things of life. Furthermore, the bliss of Paradise, and the blameless innocence of the children of God shall be restored in all who thus enter in.

16. Villainous is the doctrine of celibacy without love, and viler still, that marriage sanctifies lust; but holy is that relationship in the Lord that defiles not His holy temple, but perpetuates life through the expression of Being. All sexual desire that springs from the carnal nature and goeth forth toward another belongs to the race degeneracy inherent from Adam, and is no part of the creative life

of Christ. It is therefore to be put away with Divine hatred, denied as a temptation, and cancelled by the acceptance of deliverance through the blood of Calvary. Whatever produces pleasurable sensation in the flesh sufficient to attract attention, or desire for its repetition or continuance, is sensuous in origin; and if permitted will defile the Spirit. All spiritual joys have their seat in the heart, and defile nothing by their expression. They come forth as the fragrance of the flower, pure and holy. They destroy evil and give spiritual vitality.

17. Satan says there is no love without carnal desire or sense passion; that passion must have some form of sensuous expression, and sensation is the measure of satisfaction; that one must choose between a loveless life and a life of sense desire, with its pleasures and consequences. But I say unto you that this is a *lie*. Satan knows that all sense passion springs from the perversion of the love qualities by his influence in the animal soul, or body of fire. This body of fire is easily inflamed. Satan's breath makes it glow, and passion is the result. Therefore, all that are subject to him are slaves to desire. But when a man is delivered from sensuality he has dominion over his body and finds delight in conscious purity.

18. Sensuality is populating the earth with children of sin. Satan is deceiving millions by corrupting the root of understanding. He is defiling the race by sinful generation. He is perverting the children of the Kingdom by polluting their affections. He would seduce the very elect by making marriage a license

for gratifying desire. Be not deceived. God is not mocked. Sensual passion is the seducing serpent that keeps men out of Paradise. Divine love in the heart is the means of recreating the Edenic state. This love is a free gift to all that turn from the way of death and find freedom in Christ.

19. Divine love is ever being generated in the heart of the Eternal Son. This vital energy is the primal impulse of every living thing. It is the root of instinct, intelligence and volition, which in man finds expression in consciousness and various mind activities. All things created by this Divine impulse are good in the sight of God. But when intelligent beings exercising the power of choice use this God-given energy to glorify or gratify self, they violate the Divine law of harmony, and produce discordant vibrations, which result in evil, sin, death and hell. Thus, all evil comes primarily from the perversion of good. All of Satan's formations are produced by the perversion of God's creations. All wickedness and every form of evil have in them a self-generated, self-limiting, self-destroying quality, a wrath principle, which burns like a flame until all is consumed. This inverted activity of the Divine principle is the "wrath of God," which shall eventually destroy the destroyer and all his works. When all evil and the evil one have been destroyed, then shall the new creation come forth, and all things be restored to their primal perfection. In this restored state, Divine love undefiled shall again be the breath of every living thing, and all shall be good in the sight of God. This is the heavenly state.

20. This day has the Spirit of Truth declared unto you things hidden from the foundation of the world, that you might know the mystery of generation and the cause of human depravity, and see the necessity of regeneration. Every man must be born of the Spirit to enter the kingdom of heaven. Every child of God must be cleansed by the blood of Jesus Christ to be made pure. Every regenerate soul must be delivered from inbred sin before he can be free from race degeneracy, which persists in the seed and is inwrought into the substance of soul and body. No heart cleansing is complete until the Holy Spirit has accomplished the destruction of this innate vile-ness and restored the soul to the image of God by the recreation of the Divine nature. This deeper work of grace, this spiritual anointing and sanctifying, is for every child of God that will meet the conditions. But no man hath eternal life, sanctification, inward purity, or any of the gifts of the Spirit apart from the Son of God. He is the eternal life in every quickened soul. He is the holiness in all that are holy. He is the sanctified One in all that are sanctified. Hear ye Him: "I am the resurrection and the life: he that believeth in Me, though he were dead yet shall he live." "If any man will come after Me, let him deny himself, and take up his cross daily and follow Me." "If a man love Me, he will keep My words: and My Father will love him, and We will come unto Him, and make Our abode with Him."—*Amen.*

## IV

## PLAIN FACTS FOR YOUNG MEN.

"My people perish for lack of knowledge." Some will not heed the voice of God, much less the pleadings of men; but to protect those who might err through ignorance, the plain truth should be spoken.

*Cigarettes and Tobacco.*

Nicotine is a deadly poison. Three drops on a dog's tongue causes death. Used by children and youths it stunts their growth in mind and body. Examination of 100 cigarette smokers under the age of twelve found 82% suffering from imperfect heart action and other physical derangements. After two years of abstinence all but fourteen had outgrown these symptoms. Germany prohibited the use of tobacco by youths to maintain the physical standard of the army. It was prohibited at Annapolis and West Point because of injurious effects upon students. A former governor of Mississippi prohibited the use of tobacco at the State University, declaring it a waste of the people's money to attempt to educate men that use it. In Yale College, students are divided into three grades according to scholarship. In the first grade, 25% use the weed; in the second, 41%; in the third, 82%. The history of American colleges for fifty years shows that no user of the weed has taken first honors. Figures from six colleges show that of 210 candidates for positions on the first football elevens, 117 were non-

smokers, and 93 were smokers when not in training. The lung capacity of the smokers was found to be on an average about thirty cubic inches—9% less than that of the non-smokers. In all the colleges the smokers ranked lower in scholarship and had twice as many failures as the non-smokers.

Nicotine produces an appetite for alcoholic stimulants. Delirium tremens seldom occurs in non-tobacco users. Nicotine poisoning is one of the chief causes of insanity in youth, and we have no record of one insane from this cause having been cured. Nicotine in the blood increases the danger from a surgical operation. The children of intemperate users of tobacco, especially of those that chew, are often stunted in size, puny, nervous, mentally or morally defective, or otherwise inferior to their parents. Tobacco pollutes the breath and makes a man offensive to wife and loved ones. It perverts the appetites and tends to induce in chastity. It retards spiritual growth and the deeper work of grace. Christians that use it are seldom delivered from carnal desires, or have an abiding consciousness of the Holy Spirit's indwelling presence.

#### *Social Hygiene.*

1. Once men boasted of sexual excess as a proof of virility and manhood. Now we know it is a sign of depravity.

2. Once it was claimed that frequent indulgence was essential to health and personal magnetism. Now we know that continence is necessary for the highest development and maintenance of physical strength and mental vigor.

3. Once we excused men for in chastity. Now we hold the sexes equally responsible for virtue, and count the man or woman who willfully causes the fall of another a social criminal; and the man who patronizes a fallen woman as bad as she.

4. Once we sanctioned the sowing of wild oats. Now we know that abstinence from narcotics and stimulants, temperance in all things, a daily bath, right thinking, right willing, clean companionship and wholesome, regular employment will enable any normal man to control his passions.

5. Once it was said that abnormal desires were simply the expression of animal instincts. Now we know that the normal animal never abuses the sex function, and that sensual propensities in man are not animal, but devil instincts—human degeneracy.

6. Once it was supposed that seminal losses were a sign of weakness. Now we know that they occur in strong, healthy men, and unless frequent are no cause for alarm; that early indiscretions tend to increase these losses, and that the remedy is hygienic living, right thinking, regeneration and deliverance through Jesus Christ.

7. Once early marriage was advocated as an expedient to virtue, making wedlock a license for the free indulgence of unconquered desires. Now we know that domestic happiness and the welfare of parents and children demand self-control—chastity at all times and continence during pregnancy.

8. Once immoral physicians advised intercourse with a harlot as a remedy for seminal weakness. Now we know that this prescription

does not cure, but demoralizes the patient and exposes him to venereal diseases. A doctor guilty of giving this criminal advice in our day should have his diploma taken from him and be imprisoned for malpractice.

9. Once moderate drinking was considered harmless. Now we know that it shortens life on an average 25%, reduces one's business opportunities 72%, increases liability to accident, disease and fatality from surgical operations 30% to 40%, and reduces the chances of domestic happiness 80%; that alcohol diseases the life germ, so that 48% of offspring of drinking fathers are defective or degenerate, or die in infancy. It inflames desire, weakens the will, deadens the higher sentiments, degrades manhood, blasts hopes, wrecks genius and defeats ambition.

10. Once we believed in licensing the sale of intoxicants. Now we know that the legalized liquor traffic is the chief cause of crime, insanity, lawlessness, vice, poverty, pauperism, accidents, divorce, cruelty to wives, degenerate children and civic corruption. Whoever votes for the saloon helps perpetuate these evils. No accomplice to a crime is guiltless. Think about it, young man; then work for local, state and national prohibition of the manufacture, transportation and sale of intoxicating liquors. Be a true friend to men and a fearless servant of God. Give the women a chance to help destroy the great destroyer.

#### *Venereal Diseases.*

Venereal diseases are spreading at an alarming rate, dealing death to thousands and robbing millions of health and happiness. These

diseases are painful, loathsome, dangerous, highly contagious, and most difficult to cure. They are generally contracted through sexual contact, but the germ may be left in the bath, toilet, or linen used by infected persons, and inoculate others.

Venereal diseases, supposed to have been cured, often recur after a lapse of years, sometimes in the original form, but quite as often as Bright's disease, epilepsy, locomotor ataxia, insanity, general paresis, etc.

Gonorrhœa, instead of being "no worse than a bad cold," rivals its vicious companion, syphilis, in persistency. Both of these diseases are treacherous and complicated. Both are transmissible to offspring, and, long after all symptoms have disappeared, may break out either in the patient or his children.

Twenty-five per cent. of the blind lost their eyes by venereal infection at birth. The number of innocent wives infected exceeds the number of prostitutes in America. Seventy per cent. of special surgical operations on women are made necessary by disease contracted from their husbands.

Eighty per cent. of prostitutes are diseased all the time; the other twenty per cent. part of the time; so that none are safe, neither is a physician's certificate of health a guarantee. Antiseptics may be helpful, but are never sure. The only safe preventive is total abstinence from promiscuity. Prostitution is not a "necessary evil." Instead of being a protection to good women, it inflames men with abnormal desires and diseases them soul and body, making them dangerous to all and unfit for marriage and parentage.

*Preventive Measures.*

1. By the grace of God live a clean, chaste life, and strive to induce others to do the same.

2. Teach boys to be manly, to exercise self-control, and to protect girls from temptations and improprieties.

3. Teach girls to be modest in dress and manners, discreet with associates, aggressive in righteousness, and careful of their influence over young men.

4. Instruct both sexes in personal purity, sex hygiene and the importance of chastity; warn against vice and virus, evil thoughts and companions.

5. Protect the members of your own family against indiscretions, disease, the evil influence of others, and dangerous marriages.

6. Work for the enactment and enforcement of laws for the suppression and extermination of sexual vice, and for the prevention and spread of venereal diseases.

7. Help make it a penitentiary offense for anyone cognizant of having a venereal disease to marry, to have intercourse, or to willfully inoculate another.

8. Help eradicate the lie of man's "physical necessities," and insist upon social purity being as essential to true manhood and fatherhood as it is to true womanhood and motherhood. Destroy the double standard. Let the impure man be classed with the harlot, and apply the religion of Jesus Christ to the redemption of both.

9. Teach, preach and practice chastity in wedlock, that children may be born of pure

love, maternity protected from the lust of fathers, and offspring saved from an inheritance of vice and abnormal desires. Remember that deliverance through Christ from the will of the flesh is the only means of establishing chaste parentage, and eradicating the primal cause of social vice.

10. Help circulate "The New Man." Send them to your friends. See that a copy is given to every bridegroom. Distribute them to men's Bible classes, and other bodies of men. Use them for birth-day gifts. Put them in the hands of teachers, preachers, reformers, law-makers and public men. Everyone can afford to keep a few copies in circulation. Special price on the book for free distribution. For particulars address Newton N. Riddell, in care of Riddell Publishing Co., 7522 Garrison Ave., Chicago, Ill.

## APPENDIX NO. 1.

### **AN INFALLIBLE REMEDY.**

(The following prescription, if taken faithfully, with Divine help, is a sure cure for every form of vice, sin and human depravity. It has cured thousands. It will cure YOU.)

“If any man hath sinned, he hath an advocate with the Father.” This is a sublime fact. There is a way out of bondage for every penitent soul. Every drunkard can be cured. Every sensualist can be healed. Every wayward one can be reclaimed. Every criminal can be transformed. Every degenerate can be regenerated. Every bad habit can be broken. Every vice can be stopped. Every evil propensity can be controlled. Every weakness can be overcome. Every one willing to meet the conditions can be transformed, realize the higher life, and enjoy its freedom, peace, and power.

#### *Hope Sees a Star.*

Have you lost your way, my brother? Have you been caught in the jungle of desire? Have the serpents of lust or intemperance coiled their slimy forms about you? Have the demons of habit chained you to the rock of despair? Has the night of sin fallen upon your soul? Look up! Hope sees a star. God LOVES YOU. His mercy endureth forever. The great physician can cure you, soul and body. The Father has provided a way out from where you are, to where He is. Listen, no man has gone too far

in sin to be saved, who is willing to turn back and follow the trail that leads to righteousness. Come, let me show you the trail.

*Guide Boards on the Way.*

First.—Stop the willful violation of law. You might as well try to be free from pain with your hand in the fire as to try to get freedom from the effects of sin while continuing in sin. If you would be whole, strong, and healthy, you must be temperate in all things and obey the laws of health and hygiene. If you would be free from vice or sin, you must be willing to put them away and obey the laws of virtue and morality. If you have been going in the wrong direction you must be willing to face about and go the other way; otherwise, you will never find your way out. God is not mocked, and nothing short of a willingness to stop doing wrong and a sincere desire to do right can start man Godward.

Second.—Having repented of your sins, faced about and decided to do right, ask the Father, in the name of Christ, by the power of the Spirit, according to His will, to forgive your sins, heal and make you whole, soul and body. Remember that Christ is the healer, the physician of the Godhead, and that the Holy Spirit is your personal teacher and guide. If you lack wisdom in the wording of your prayer, or if you lack faith in Christ, ask the Holy Spirit. He is ever present. He will hear the sincere appeal of the most unworthy mortal. Do not ask in your own name or strength, but in the name of Christ. He is your advocate; it is through Him that your appeal reaches the Father. Christ loves you with an infinite love. He has borne testimony to His love by His death on the

cross. What greater evidence could you ask? **DON'T DOUBT HIM.** If you loved a friend well enough to die for him, how would you feel if he doubted your sincerity? No greater evidence of love is possible than this, that a man will lay down his life for his friend. *Christ is more willing to help you than you are to be helped.* Accept of His sacrifice as atoning for your sins. Accept of His love that it may make you whole. *Trust in His righteousness to make you right with God.* Compensate Him by loving Him with all your heart and surrendering your life to His keeping. Open your heart that He may come in and abide with you. By His indwelling presence He will cleanse you from all sin, strengthen you from within, set you free from the old self, and create within you a character like His own.

Third.—Having asked God, by the power of the Spirit, for Christ's sake, to forgive your sins and make you whole, **BELIEVE THAT THE THING ASKED FOR IS GRANTED.** Accept it as a reality. Rejoice in the assurance of the answer. Begin at once and continue to praise God that His will is done in you. Keep at it. **DON'T WAVER OR DOUBT THE SPIRIT'S WORK.** Never mind what the senses say, how the body complains, what your feelings are, or what the carnal mind thinks. **HAVE FAITH IN GOD.** Listen only to His Spirit. Trust Christ to complete His work in His own time and way. Hold fast to the promise of God to forgive and make you whole until you realize your freedom and *demonstrate* Christ's power within you. The prayer of faith is the main guide-board on the way out. Diseased nerves, bad habits, and wrong mental pictures persist long after the

soul has responded to the healing power of Christ. The objective or mortal mind believes in error, resists the truth, and doubts God. Perverted desires demand their old expression, fight for life, and cry out against the work of the Spirit. A degenerate will resist the will of God and serves Satan. Inflamed nerves are super-sensitive to physical stimuli, and quickly respond to unholy desires, evil passions, or the voice of the tempter; but all of these are to be overcome by the prayer of faith and the power of the Holy Spirit. Brother, having asked in faith, **PERSIST** in the power of the Spirit, declare the truth, hold fast to Christ until victory comes and the physical man, with all his senses, desires, and passions, has surrendered to the Spirit and acknowledged Christ as Lord and Master.

Fourth.—Having found your way out of the jungle and realized your freedom, keep on going Godward. If you stop to idle along the trail, evil will overtake you. Life is a mode of motion. Inactivity is sure death. **KEEP BUSY FOR GOD.** Tell everybody what Christ has done for you. Communicate His love and life to those nearest to you. Do all the good you can, to every one you can, in every way you can, and you will grow in divine wisdom and power. **BE AGGRESSIVE IN RIGHTEOUSNESS.** Positive virtue precludes vice. Pronounced goodness shuts out evil. Temptation comes only to the man whose goodness is negative. Shadows never attack an arc light at full blaze, nor temptations a soul that is glowing with God. Find good and advertise it; deny weakness, affirm strength; ignore vice, exalt virtue; suppress sorrow, express joy; forget self, serve others; renounce Adam, live Christ.

*Danger Signals.*

Signal 1.—Don't depend upon leaflets, books, creeds, friends, teachers, or preachers for your transformation. They may guide and help you, but the Holy Spirit is the great teacher. Christ is your healer and redeemer. The whole transaction is a *PERSONAL matter between you and God*. He alone can give you life and transform you. Don't depend upon others. Don't be discouraged because you fail to find God at your first attempt. Seek Him with your whole heart, mind, and strength. Cry unto Him from the depths of your soul and He will hear.

Signal 2.—Don't think you can reform yourself by force of will. You can no more transform yourself by volition than an ape can transform himself into a man by volition. You must be healed by Christ and be quickened by the Spirit, before you can enjoy freedom and live the higher life.

Signal 3.—After you have been healed from sin and set free from the old self don't try to live the higher life in your own strength. You can't do it. The Christian life is a life of *FAITH*. Even as the natural man draws his sustenance from the earth so the spiritual man must draw his strength from God. Keep your trolley on the wire if you want power to propel your car along the King's highway.

Signal 4.—Don't be discouraged because of occasional defeats. Keep up the fight. Port Arthur was not taken in a day or without sacrifice. Surrender never. Resist not evil with evil, but overcome evil with good. *KEEP AWAY FROM TEMPTATION*. Boast not in your own strength or goodness, but in the name of Christ and in the power of the Spirit, resist even unto

death. You had better die victorious than live in defeat, a conquered slave of sin.

Signal 5.—Don't attempt to taper off a bad habit. **BREAK ITS NECK.** Don't compromise with sin. Satan is a great diplomat. He will promise you anything for a slight concession on your part. He will tell you that you can entertain evil thoughts and desires without sinning. It is untrue. As a last resort he will say, "You are strong, you are free; 'once more' can't hurt you." Brother, remember, "Once more, just once more," is the cry of every tempting devil. Resist him and he will flee from you.

Signal 6.—Don't contemplate your past errors or rehearse them to others. *Every time you form a mental image or hold an evil desire you give it life and clothe it with power.* Ignore the past with all its mistakes; banish it from mind and heart. What Christ has made whole is whole indeed; therefore, acknowledge nothing that is contrary to His perfect will.

Signal 7.—Don't stumble over other people's mistakes or the shortcomings of professing Christians. **MAKE CHRIST YOUR IDEAL.** Look for God and you will see Him everywhere. Listen for His voice in the depths of your soul and you will hear Him. Rejoice in His love and your love and life will be multiplied. Hold communion with His Spirit, and your spirit will grow strong. Let not your heart be troubled, neither be afraid, for the Father is with you always. His love is your everlasting shield.

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