

LECTURES & CLIPPINGS

FROM

MY
SCRAP
BOOK

BY

MADAME LILLA D. WINDSOR, M. S., PH. D.

ILLUSTRATED.



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MADAME LILLA D. WINDSOR, M. S., PH. D.

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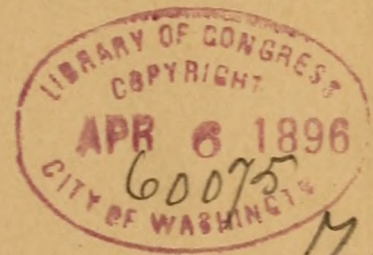
MADAME LILLA D. WINDSOR. M. S., Ph. D.,
THE PHRENOLOGIST.

Author of "The Maiden, Wife and Motherhood," "How to Heal Yourself or: The Road to Health and Happiness," "Suggestions on Pregnancy," "Lost Manhood Restored," "The Secret of A Good Digestion or Cure for Constipation," "Copulation or Coition," "Face and Bust Development, Etc.

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"Variety Is The Spice Of Life."



PUBLISHED BY THE AUTHOR.
1896.

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THIS BOOK

IS

DEDICATED

TO MY FRIENDS, FAR AND NEAR

AND

TO ALL HUMANITY WHO ARE SEEKING
AFTER PHRENOLOGICAL TRUTH.

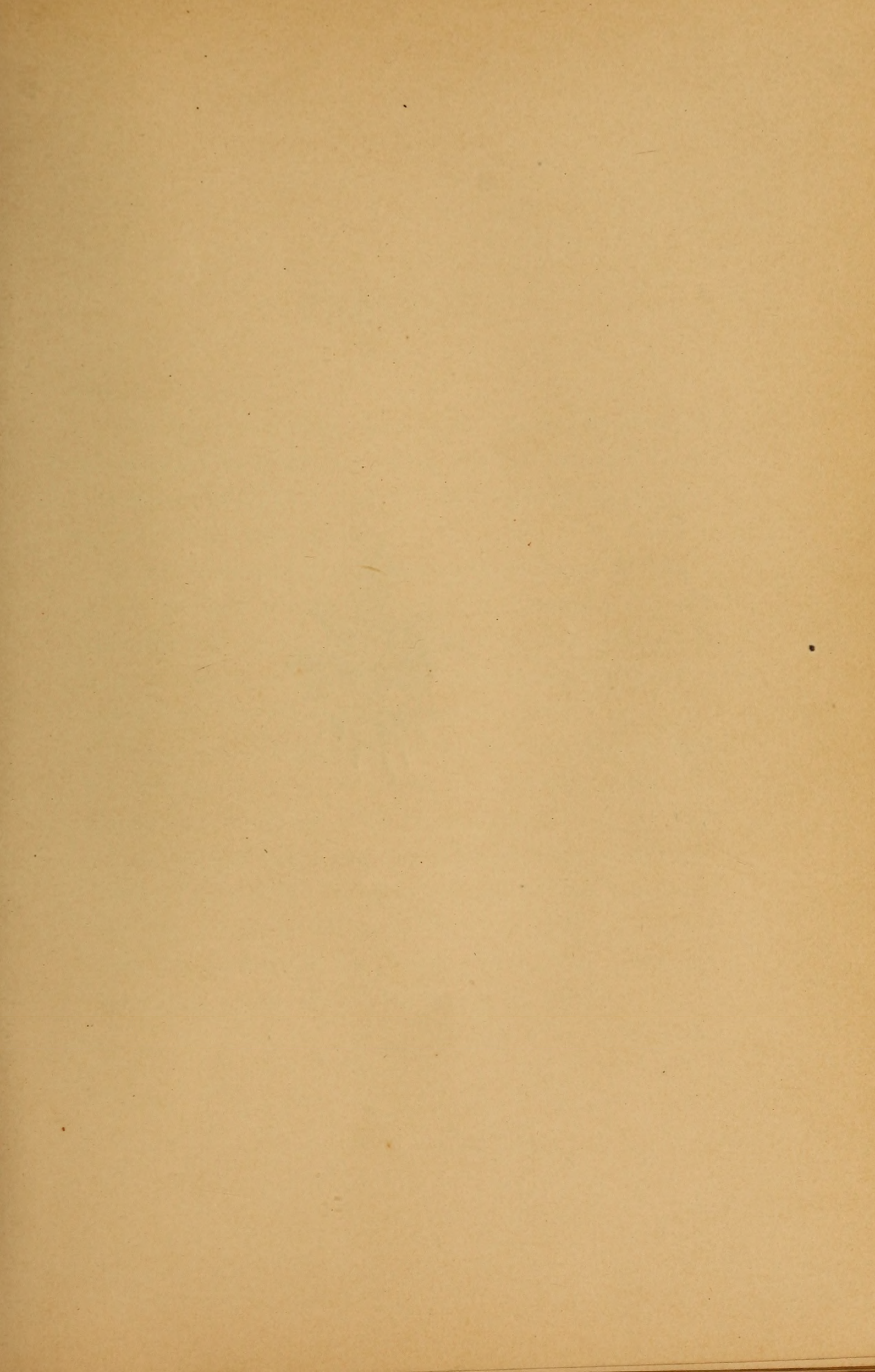
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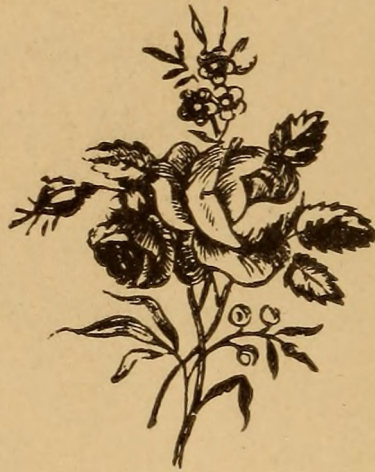
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PREFACE.

DEAR FRIENDS :

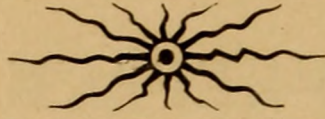
The following pages have been selected somewhat at random, however we think that if you will read them carefully, that you will find something therein of special interest to you.

It has been said that "variety is the spice of life," if so, we will certainly interest and benefit you all through the pages of this book, for we have discussed a great variety of subjects, however we look at everything from the Phrenological standpoint.

We believe our position to be the correct one and we are perfectly willing and really take a pride in living in accordance with our teachings.

Hoping and believing that the persual of the following pages will be of great benefit to you and asking you if such be the case, that you will aid us on with the good work, by a word of praise at every opportunity, we are truly your friend in science.

LILLA D. WINDSOR.



MADAME LILLA D. WINDSOR, M. S. Ph. D., VICE PRESIDENT OF
THE WINDSOR UNIVERSITY, U. S. A., VICE PRESIDENT OF
THE SCIENTIFIC, RELIGIOUS AND BENEVOLENT ASSOCI-
ATION, WASHINGTON, D. C.

Revealer, Counsellor and Guiding Friend,
With gentle smile and loving contact tend
To the varied wants of woman, maid and child.
Our inutility is as the weed run wild.
We know not which or where or when,
Or how to conquer. come thou then
And teach us to develop, to exalt,
Our structure human, point our fault.
Transmit thy harmony, awake
An echo of thy song, our hearts remate,
To throb their joy 'gainst every form we loved,
Since childhood's hour taught and approved
By our philosopher, and taking clue
Cohorts will follow toward the good and true.
God bless the, crown thy life a joy,
Quartz crushed, shows gold without alloy.

MRS. E. PASTORIA SABINE.



HEALTH AND HEALTH LAWS.

DELIVERED BEFORE THE ETHICAL SOCIETY OF WASHINGTON, D. C., ON DECEMBER 16, 1894.

Mr. President and friends :

HEALTH and its Laws are mysterious. How many there are who wreck their lives, and how few who preserve them to their allotted age as nature has decreed they should do. But there is one question which always amuses me, get in any company you may and begin talking Health, speak of Mr. A. or Mrs. B., (who are well-known health reformers,) being sick, and instantly some one of your party will ask "why don't they take their own medicine?" "Practice what they preach?" Now I shall answer this question by asking a few others. Why does the Physician get sick? And even die sometimes as we all know? Why, he cures the sick and saves the dying, still he gets sick, and yet the question

is never asked (or rarely so,) why he does not take his own medicine. Sometimes I don't blame him if he doesn't, for it is too bad to take. Next, why does the Lawyer ever become entangled in the Courts? He it is, who clears other people, why not steer clear himself? And then, why does not the beloved and honored Minister always go to Heaven, instead of sometimes going to the gallows? Now, if you can't answer these questions, I will, and all at once, simply because there are exceptions to all general rules, and because there is an end to all things. The Health Reformer, The Physician, The Lawyer, The Minister are human and are liable to err.

So is it wise not to study Health Laws just because those who do, get sick sometimes? Did it ever occur to you, that had your Health Reformer friend been less informed, that death might have occurred instead of only a slight illness? Knowledge always gives power, it saves life, it conquers difficulties, and the mantle of Health Knowledge to you is worth more than gold, rubies

or diamonds, for Health is the greatest of all jewels.

It is often said we do not appreciate health until we lose it—such is not the case; if we study and understand the health laws, for then we are interested and become more appreciative because we do understand.

It is the ignorant who must lose a blessing before they can appreciate it. We have temporary illness which serves as a warning. The temporary invalid is not happy in his fate, and the temporary illness suggests the possibility of chronic invalidism. Therefore I say, 'tis a stupid person indeed who would have to lose his health before he appreciated it.

Health being the greatest of jewels, we should know how to attain and preserve it, and at the urgent request of many of my friends to give them my ideas, I will endeavor at the present time to give a few suggestions. I will not go back to the beginning of life, which I am always wont to do, but will begin at birth, which is the child's known life to the majority of people.

From birth to death then we will study. Presuming that we have a good organization to begin with we must learn how to best perfect and beautify this being, "the human form divine."

Those who are interested in this early development, in order to perfect their children, should read my published work entitled "The Maiden, Wife and Motherhood," and especially read the chapters on "The Care of the Infant," and "Beautify Thyself." Presuming that my friends have all read the aforesaid book, or will soon, I will not use time in reiterating its teachings.

Of course it is expected of every boy or girl, man or woman, that they want, first of all, a perfect organization physically. When this is attained the rest of the program is easy, but if you are fortunate enough to have developed a perfect physical nature ignorantly, don't think that you can't lose it by the same means, for you can and will, if you are not careful. Therefore there must be considerable time and thought given to physical culture, if you would perfect the Health nature.

There are laws governing Health just as there are laws governing all else in nature. It is natural to be well and healthy, and unnatural to be unhealthy. Did it ever occur to you that it is really a disgrace to be sick? Such is the fact; however loth we are to accept it, and when we fully realize that sickness is disgraceful, we will bestir ourselves to prevent its occurrence.

The mind, has far more to do with sickness than we imagine, in fact, the mind, to a great extent, controls the physical. When the mind has its full sway and happiness reigns supreme, we are not suprised to find health in that organization, in fact happiness and health are inseparable.

The important fact here to remember is, the necessity of cultivating a happy, cheerful nature. It is hard sometimes to open the windows of the inner man and let in the rays of geniality, brightness, light and life, but life should be made up, not of joys and sorrows, but of unalloyed happiness.

But we have so much to contend with, our forefathers have all taken the shadow side of life,

instead of the enlightened and illumined pathway, so we have to answer for the sins of the past, and the best way we can do this is to look up, never down. Oh how hard this rule is to follow, especially at first, but the more we practice it the easier it becomes. A genial, happy disposition, does more to insure Health than any other one thing.

A few home hints might be appropriate; eat wholesome food, plenty of fruit and considerable variety, eat but little meat, in fact we should not eat any meat, only that for generations our ancestors have eaten it until we have become by nature of that evil habit, an animal eating race, therefore we believe that a little meat, at times, is advantageous, but the main diet should be vegetable. As a race, we eat entirely too much any way; eat less and work more, would be a good Health prescription for a great many people.

Another great cause of sickness is the lack of ventilation in the home. Raise your windows, my friend, and let the gentle breeze penetrate

your apartments. Raise the shades and let the sunlight pour in, even if it does fade your brussels. Let in the sunlight, for it is nature's greatest purifier. Sunlight, air and water are ever free, and we should enjoy them to the utmost. The bedroom especially should be aired thoroughly every day, bed linen kept pure and clean, always remembering that cleanliness of person and surroundings are great preventives of disease.

It is far easier to prevent disease than to cure, once let the nature begin to go down and it is hard to step back over the line, but we must remember that there is a line, on the declining health road over which if we step we cannot return, and when we near this spot, to refrain from passing over this dividing line between, we may say health and death, often takes great courage and strength, mentally and physically, and when we, through knowledge, rob death of a victim and step back to life and Health instead, justly should we be proud of the feat we have

accomplished. Knowledge alone gives us this power.

Another thought is this--keep reasonable hours, don't turn night into day, remember the old lines, "early to bed, early to rise, makes a man healthy, wealthy and wise." There is more truth than poetry here.

Nature requires that we sleep, and sleep well, some persons require more sleep than others, but generally speaking we sleep too little.

Children should be put to bed early and allowed to sleep until they awake themselves, for while the physical is growing, and the mental expanding with new ideas daily, much sleep is required, so parents, if you would guard your children's future health and life, let them sleep all they will. Burning the midnight oil, as many of us have been guilty of, is a dangerous thing, it is far better to work in the daylight, rest in the twilight, and sleep in the midnight. Eight or ten hours sleep is required for the majority of natures, and eight o'clock for children retir-

ing, and nine o'clock for adults, would, if adopted universally, be far better than our present system, so let us, one and all, study nature and nature's laws more and thus learn the secrets of Health and its governing laws the better, remembering that in knowledge comes strength and power.

L. D. W.

HOPE.

What is life worth without Hope? One of the characteristics of Hope is bouyancy; this is an element of the brain which should be cultivated and made large. Of course, like any other faculty, it can be and is often found too large, and when we have an overdevelopment of good it becomes an evil; in other words, any organ of the brain which is too large often produces as bad results as if it were too small. What we want is normal action of every faculty. Hope strengthens us to battle with life, and in dreaming of what will be or is to be, we are not of the

present, but of the future. To the hopeful one even death loses its terror, for we can see the silver lining in the clouds which hang over the valley and produce the shadow of death, and beyond them we catch glimpses of the beauties in the after life.

The pessimist thinks this is the worst world possible, while the man with excessive Hope thinks it is perfection, he is happy under any and all circumstances and wonders why everyone else is not the same; he builds his castles in the air, he does not dwell on the earth, but in the skies; he is simply a dreamer; he builds his castles high, but when he sees them crumble he does not moan, simply builds more, nothing disturbs him, all is well. Hope gives us the bright side of life. Where Hope is large we have the smile, the brightness or laughing of the eye, the graceful step, the majestic poise, and a tranquility of mind and body which only this sense can give. The hopeful man is always whistling,

singing, etc., he has to give vent in this way to his exuberant feelings.

If the hopeful man meets with adversity to-day, to-morrow he is at work to retrieve his loss, accepts the inevitable, and with pride and Hope pushes onward and upward. Let us cultivate this faculty more, for in Hope we have life, a far brighter life both here and hereafter.

Hope is the anchor of the soul. With Hope we are enabled to hold this ship of life 'mid the surging waves which surround us, and look and wait for the sunlight which is surely behind the cloud. Again and again would we faint beneath our heavy burden of life were it not for Hope. Few of us there are indeed, who have not tasted of the bitter cup, and many of us have drained it to its dregs, and at times we are prone to repine. But let us throw off this feeling and live for the future, for in dwelling upon the past we misspend the present and jeopardize the future.

A writer once said: "Give us great hearts, strong minds, true faith and ready hands;" but

we ask for a strong Hope guided by a superb intellect, and thus we assure this life a success. Let us Hope

L. D. W.

ORGANIC QUALITY.

Quality is the very essence or ground work of Character. The Quality of a given individual is the texture of his organization, he may be of strong, delicate, or responsive Quality, or vice versa.

The vocation of an individual has much to do with forming his Quality, and the natural Quality of the man is of great necessity to take into account when assigning him to a profession phrenologically. Quality, like everything else, can be changed and improved by correct education. Ignorance gives for the time being course Quality. Education refines and strengthens Quality. There is a great variety of Quality in the human race, as great in fact and even more than in a forest of trees. In looking at a

pine tree we judge immediately what the wood is inside of that tree, this is Quality pure and simple, so when we look at an individual we can judge much of his character through his Quality. Quality, when equally blended in its three elements, strength, delicacy and responsiveness gives to us a general harmony of features, symmetry of figure and a superb action of the brain. However, we rarely meet the person who is perfectly blended on these elements, and oftener we find the man of coarse Quality or fine Quality, etc.

Quality, when correct, gives delicacy and refinement combined with strength. When the Quality of an organization is low, we have the coarse or sluggish nature. Completeness of an organization means good Quality, and a good Quality means a harmonious nature. Agriculture cultivates coarse Quality, so does the blacksmith shop Jewelry manufacturing or chemistry cultivates and refines the Quality, so does all intellectual work. The lawyer of necessity

cultivates the strong, coarse Quality, and thus he is fitted for fighting the battles of his clients.

The Physician needs a finer and more responsive Quality than the Lawyer. The Surgeon especially must have delicate and fine Quality, else he will prove himself anything but fit to deal with the minute details of a delicate operation. The man of fine Quality enjoys the delicate professions. He loves to sense the delicacies of nature. He revels in the diamond shop, etc., and the expert on diamond setting and cutting, you will find has fine Quality. What would the blacksmith do setting diamonds? There is an eternal fitness in all things and this element of Quality will always tell you where a man belongs, more than any other one element of character reading known to Phrenology today.

The examiner who does not know how to detect or who neglects to take into account the Quality of his subject has failed entirely to earn his money or to impart to his subject the greatest feature of a phrenological examination. Har-

mony of man and his work is greatly needed and this we must have before the best results can be obtained.

Horses are selected in harmony with the class of work for which they are desired, Why does not man exercise the same degree of intelligence as to his own profession? and to that of his children? If men could sell their wives and children, then, they would give more thought and study to Quality, for good Quality in anything is always of more value than poor.

We are prone to study only the Quality of such things as we can exchange for money and this is wrong. Quality is Quality wherever found, and we should learn to detect poor Quality in a man or woman, just as quick as we would in any other being or object.

The hair gives us one of the best tests of Quality. If the hair is fine and strong and hard to extricate from the head, this shows us that the Quality is good and strong.

If the hair is coarse and falls easily into your

hand as you give it a pull, then the Quality is poor. The skin too gives us the Quality. If the texture of the skin is close and compact, the Quality is strong and enduring.

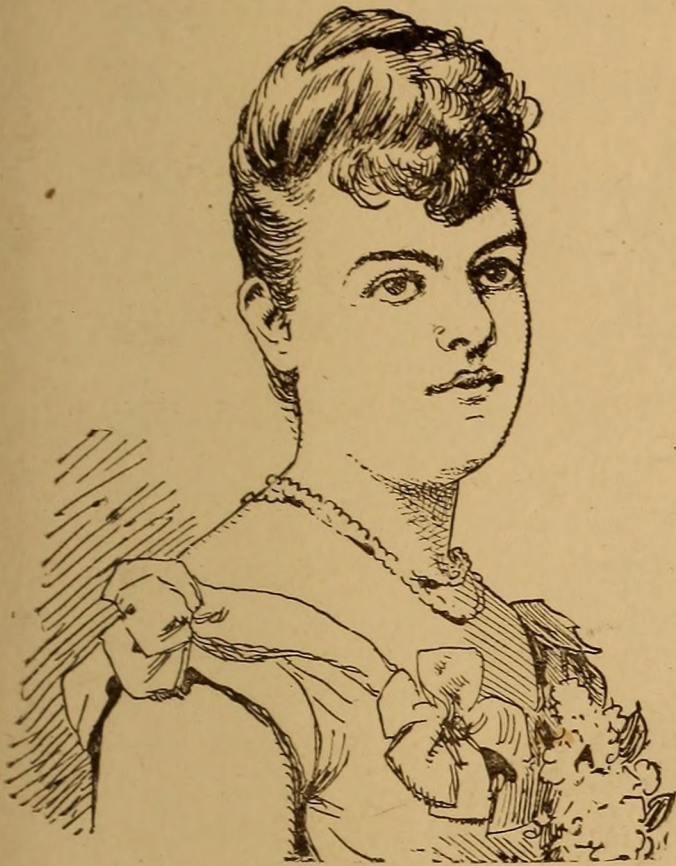
Large heavy men who live to fifty years of age or over have strong Quality. Good muscles indicate strong Quality.

We often see little men and little women with superb Quality, then we have the "little jewels."

The small man or woman with fine and responsive Quality will show a brilliancy equal to the ruby or diamond.

Abraham Lincoln was a fine type of strong Quality, his character was grand and majestic, even though somewhat rugged. Notice the accompanying illustrations of different Qualities.

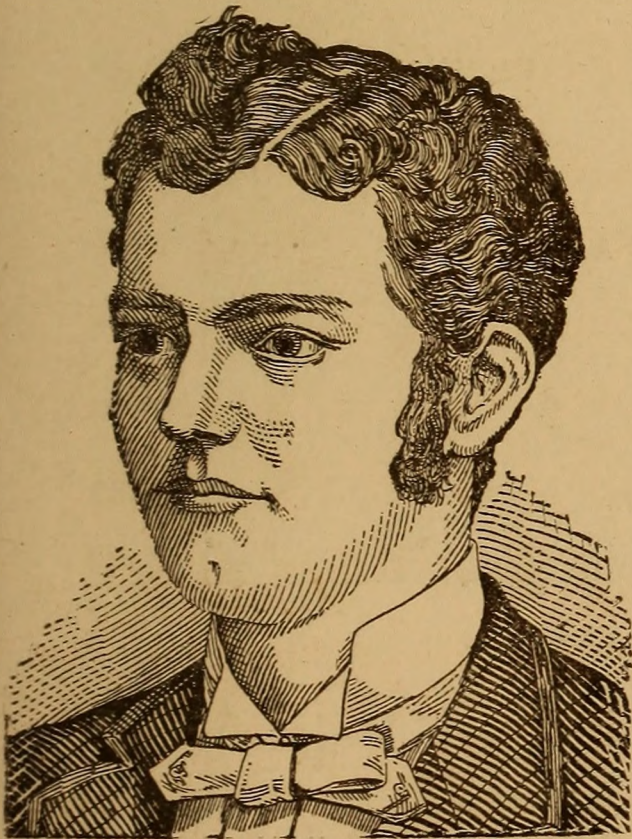
We could mention name after name from history's page of noted people, giving their Quality, but we deem a few illustrations are all that are needed to make plain our meaning. A Diamond is brilliant because of its delicacy, —its fine Quality.



Delicate Quality.



Strong Quality.



Responsive Quality.



Medium Quality.

Coal is not of this element, and we find it more course as to Quality. Delicate or fine



Prof. B. M. Worthington.

Quality gives an element for fine Penmanship.
Prof. B. M. Worthington, of Chicago, was for

years the acknowledged penman of the world and is one of the best examples we know of, to illustrate this element of fine and delicate Quality.

We sometimes see very delicate and fine Quality in a large person, but we are more apt to look for strong Quality in the extra large organization. Fine or delicate Quality is absolutely necessary to all Artictic work. The fine and delicate Quality gives us many advantages.

The Eye sight is nearly always extra good that accompany delicate Quality, sometimes double normal eyesight will exist, which is a great blessing to any one fortunate enough to possess it. Strong Quality is proven by good and well developed bones. The teeth are a very fine indication of the state of Quality. Good teeth means good Quality and poor soft and crumbling teeth, indicate a low degree of Quality which is ofter very deplorable. Responsive Quality gives us the person who thinks and acts quickly. Quick thought is a great jewel and in order to possess this valuable article the per-

son must have Responsive Quality, then prompt thought and quick action becomes second nature to this individual.

If the Quality is coarse and sluggish then we have the slowness of thought with but little power, while, if the organization is coarse and strong, we have the ponderance in thought and the majestic expression of ideas.

The Irish are noted for quick wit, while the German is slow of thought, but at the same time has much power.

The person with responsive Quality will often anticipate your thought and take the words from your lips before you can speak them. It has been said that if we had an arm long enough to reach to the sun, that it would take a life time to know whether our fingers were burned or not. Be that as it may, the Quality of the person trying the experiment would have much to do with the rapidity of travel to the thought centers.

The study of Quality is a beautiful and profitable study, and we might say much more upon

this sadly neglected branch of our work, but do not wish to take up too much time nor space therewith, so we will leave the subject with you, hoping that you will profit by the few suggestions we have given. Remembering that to cultivate fine Quality is to encourage the great Polisher of nature, for better Quality means better and stronger Character.

L. D. W.

LOOK UP.

THIS is a hard command to give, for life's roadway is surrounded with many thorns and tread as we may we cannot always avoid them, still it is our duty to look beyond the present and not stop to murmur at what we cannot avoid. If we make a mistake we should try to profit by it, but we see so many people who wreck their lives and sometimes their friends also, by brooding over the past, this is wrong. To brood over the past is to mis-

spend the present and to jeopardize the future we must be courageous always, and make of life all we can, for this life of ours is only a few days at best and it need not be all filled with trouble, for if we will open the windows of our mind and let in the sunlight we may produce pleasure. Life should be one round of pleasure, but ah ! how different we find it. Trouble comes to all and it is so hard not to grieve when we see all our hopes and ambitions crushed, or perhaps our loved ones are taken away, but we must learn to say :

“Look up, not down ; look forward, not backward,
Let the dead past bury its dead,
Onward, onward, onward ever ;
Human progress none can stay ;
He who makes the rash endeavor,
Will like chaff be blown away.”

Look Up, we can all do this physically, if not in some manner disabled, and so we can mentally if we will only try, and if in weakness we give way to the brooding spirit at an unguarded moment we should not become discouraged but struggle on, and day by day added strength will

be given and as the mind controls the body we can produce wonderful results. What we want is harmony with all nature and this we can have if we will only look up and partake of nature's manifold blessings.

Look Up, we must, else we may fall by the wayside, physically speaking this means much, mentally it means more. The mental scientist can fully understand. Would that all would study the mind and its forces more, then would nature be better understood and her mysteries disappear as the dew before the rising sun. The mind is wonderful, its power we may say is limitless. Why will the masses not study it more? The brain is the organ on which the mind plays. Touch its keys correctly and we produce harmony, but touch them incorrectly and inharmony, is the result. Through the study of phoenology alone can we master the art of manipulating the brain and when we learn transference of thought we have gained a victory, then we can fully understand what it means to

Look Up. Sometimes it means life itself and often it is death if we continue to look downward, so let us realize that to live as we should in health, happiness and harmony with nature, we must Look Up. If at first we fail "struggle on."

L. D. W.

A CURE FOR DYSPEPSIA.

A SALLOW faced, unhappy looking man came to Dr. B——'s office one day when the writer chanced to be present. He wanted some medicine for dyspepsia. Among other questions the doctor asked, "How long a time do you unusually spend at dinners?"

"I dunno exactly," replied the patient. Ten or fifteen minutes, I guess.

Does your food taste good? Dr. B——, asked.

"That it does," was the reply, "but half an hour after I've eaten it I'am nearly dying with distress."

Do you drink much with your food—tea, coffee or water?

"A pretty considerable amount," answered the man.

"Yours is a grave case," said the doctor, "but I can help you if you follow my directions." Dr. B—— gave the man a dark colored mixture in a bottle and said: "Now, it is of the utmost importance

that this medicine be taken properly. With each mouthful of food take a very small sip and then chew, chew, chew, in order to mix it completely with the food. Do this and report to me in a week."

Two weeks later I saw this dyspeptic again, but I scarcely recognized him, he was so much improved in looks.

"That medicine of yours works like a charm," he said to the doctor. "I've about forgotten that I have a stomach."

"That's good, responded Dr. B——, continue taking it in the same way for three months and you will be a well man." Then, as the man went out, Dr. B——, said: "The whole story of that man's cure is in the word *mastication*. It is merely what I said to him—chew, chew, chew. But he wouldn't have believed it without the medicine, which was the simplest. The man was bolting his food and I stopped it."—*Youth's Companion*.

We were so impressed with the great truth of the above article, that we give it verbatim to our readers.

There cannot be too much said on the necessity of perfect mastication, for on this fast alone a great mass of the sickness of to-day could be prevented, you may hurry with your work, but if you want health, you must take plenty of time at the table. Some people live to eat, we should

eat to live, the latter is the wiser plan, slow eating with genial company assures a perfect digestion if the stomach is not overloaded, we find the average person eats far too much anyway, it is a good motto to take, to eat less and eat longer.

It is always a bad idea to take much fluids at meal time, we find the best results where no fluids are used, except a glass of cold water just preceding the meal.

L. D. W.

BUILDING CHARACTER.

WE build character just as we build houses, little by little, line by line. We "sow a thought and reap an idea; sow an idea, reap a habit; sow a habit and reap a destiny." "The way of the transgressor is hard" and whatsoever a man soweth that shall he also reap. These are simply the laws of nature, it cannot be otherwise. Character is

not altogether an inheritance, it is what we make of ourselves, it may be perverted good, which is what is generally considered evil. Character is not what people think of us, but it is what we really are.

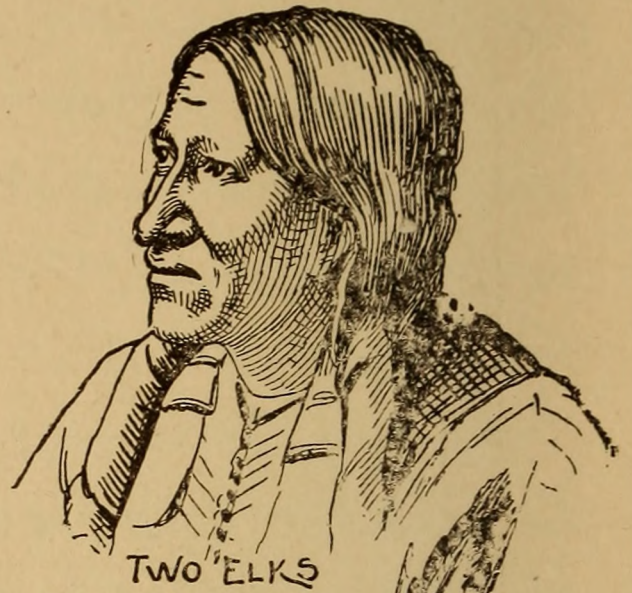
We love Phrenology, because it teaches us how to build Character correctly. It teaches us how to restrain and how to cultivate all of our faculties, and thereby gain the much coveted prize,—a normal or balanced Character.

Phrenology not only helps us to build our Characters correctly, but it also polishes the finished edifice; it lays the foundation strong, it builds the many rooms in the mansion great, it rounds the corners, it beautifies the inner and its outer walls; it purifies, it improves, adding room after room, until completion is at last accomplished—in other words, the Character is formed and wholly good, “well done, good and faithful servant,” earth’s greatest blessing is yours.—Character.

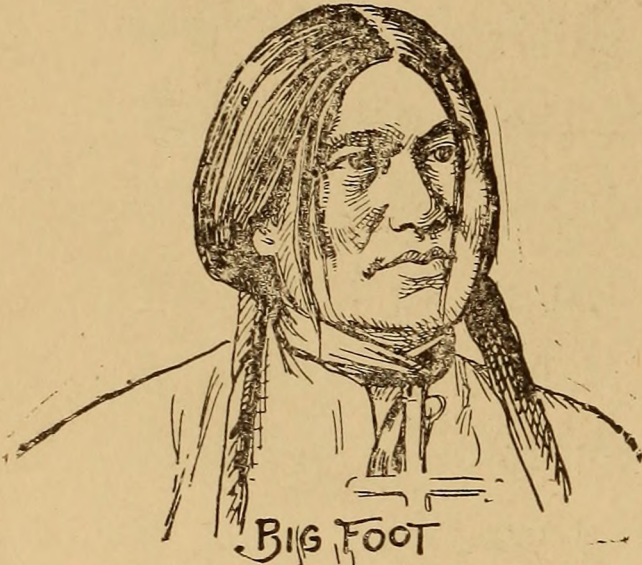
L. D. W.



BLUE HORSE



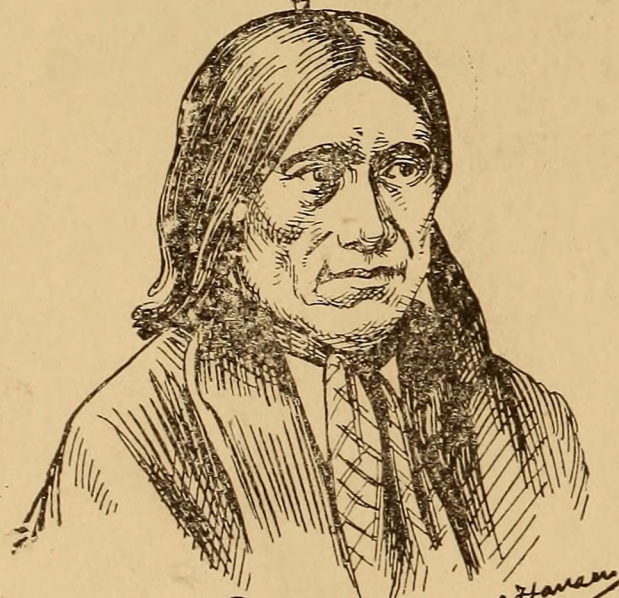
TWO ELKS



BIG FOOT

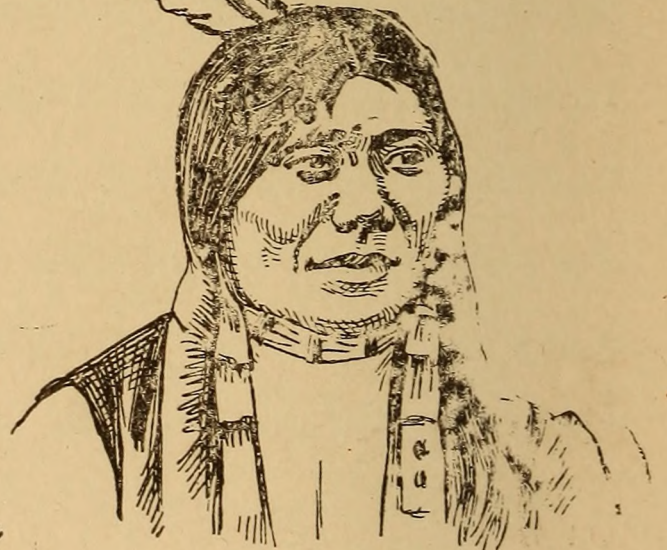


DIRT FACE



POOR ELK

Chambers



STABBER



Fig. 1—THE SNAKE.
 " 2—DOG.
 " 3—ELEPHANT.
 " 4—APE.
 " 5—HUMAN IDIOT.

Fig. 6—BUSHMAN.
 " 7—UNCULTIVATED.
 " 8—IMPROVED.
 " 9—CIVILIZED.
 " 10—ENLIGHTENED.
 " 11—CAUCASIAN—Highest type.

Facial Angle.

WHICH HEAD IS YOURS?

BY studying the above illustration you will be able to decide just what grade of intellect you possess and if you find yourself want-

ing in development, study Phrenology and learn to "know thyself"—complete—for through Phrenology you are enabled to develop your brain and to enlarge your skull, just on the same principal that you would develop your muscle,—by exercising aright. Through Phrenology we strenghten the weak organs of the brain, thereby giving more power and strength to the owner and by this continual strengthening and cultivating in time we gain perfect strength, where before was utter weakness, thus we have health where before was sickness, for any very weak organ in the brain, if left undevelop, will certainly lead to disease, in fact all disease is caused by the weakened state of some organ of the brain. The mind controls the body, we are not always conscious of this fact however, else we would control our bodies better than we often do. We like this "facial Angle" for it shows us so plainly the various types, all of which we are familiar with, but we must bow with admiration to the highest type of the Caucausian race, for here we

have the talent that often shakes the world with its brilliancy and power. Let us strive to cultivate and perfect our natures until we reach the ideal—the highest type—the perfect type, then and then only, should we be satisfied.

L. D. W.

PHRENOLOGY AS A PROFESSION
FOR WOMEN.

DELIVERED AT THE GRADUATING EXERCISES OF THE
WINDSOR COLLEGE OF PHRENOLOGY, WASHINGTON,
D. C., CLASS OF 1893.

MR. PRESIDENT, GENTLEMEN AND LADIES :

AS a profession for woman, Phrenology presents unequalled and enticing advantages. A woman's profession should be one that is in accord with her peculiar endowment of feminine sensibilities. Woman is naturally true to the moral sense, her profession should be one which deals practically with moral duties and privileges. She is acutely sensitive and intuitive,

and therefore her profession should be one which demands quick and acute judgment. She is sympathetic, benevolent and maternal. Her profession should give her opportunity to employ her sympathies toward those who are seeking advice, comfort and consolation, to extend help to the needy, and to receive into her maternal mind the confidences of humanity's, wayward, discouraged, anxious and suffering children.

Phrenology gives her all these opportunities in a position where she can command respect for her learning and accomplishments and exact for her labor a reasonable compensation.

The nineteenth century has witnessed the triumph of woman in many departments of knowledge in which she was formerly deemed incompetent. How our sister was derided who first essayed to minister to the wants of humanity in the field of medicine! How she was abused who first aspired to proclaim truth from the pulpit, and what an earthquake shook the realm of conservatism when she demanded ad-

mitance to the temple of justice! But history shows that she has been a success in all of these, as in other vocations.

One of the greatest advantages conferred by Phrenology upon woman is, that it enables her to judge both men and women correctly, and gives to her that practical knowledge of human nature and of human affairs of which she has heretofore been supposed to be ignorant. In this Phrenology is woman's best friend and counselor. This life is not a dream, it is filled with stern realities, and the woman who understands herself and others through this science has the world at a disadvantage and her life is an assured success, mentally, morally, physically and financially. Mentally, because it gives her the highest culture, morally, because it endows her with a citadel against temptation and crime. Physically, because it teaches her to use all her splendid endowments, and financially, because it gives her the control of her time and her compensation. Without boasting, I can truthfully

say that I have made more money in Phrenology in one day, than some of my less fortunate sisters can earn in months of the hardest labor in other occupations. I often make more than a hundred dollars per day. But ladies, the best fact is, that Phrenology makes us better, stronger and braver women, and this we surely need. I first studied medicine, but that did not satisfy me, its incompleteness could not fill the yearnings of my woman's soul. I studied other sciences with the same result, but in Phrenology I have found my true vocation, and in its delightful study and practice, I have spent the happiest moments of my life. And, if by future efforts, I can induce any gifted woman to take up this glorious work, and by lifting the burdens of humanity, exalt herself to a magnificent success, I shall feel that I have not altogether lived in vain. As to our present graduating class, it is needless to say we are proud of them—yes, we are proud of them all, and you will find in the Ladies of this class the brightest, the truest, the noblest of women—.[Applause.] L. D. W.

WASHINGTON, D. C.

WE are almost daily in receipt of inquiries from far away friends or patrons, something like this, "how do you like Washington?" and too we are asked daily at our desk "how do you like Washington? Why friends what else could we say but that we like it, but that seems so tame, for we are delighted, entranced, bewildered with Washington and her wonderful beauties, in fact, we can't begin to tell you how we love her already; yes, it feels like home here, friends tell us it is because all the Cranks congregate here and that is the reason it is congenial to us, be that as it may we are proud to be numbered among the Cranks then. On the 3rd of March, (1893,) we came to Washington for a ten days' stand, what was the result? Instead of working for ten days and leaving for another city as has been our custom for years, we fell so "dead in love" (with the city) as the

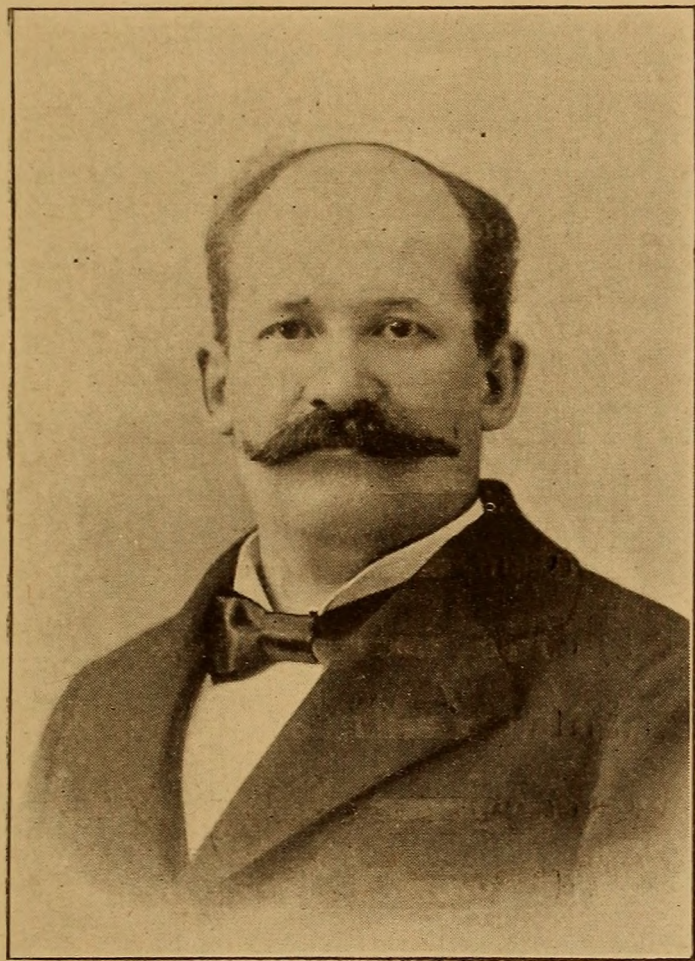
boys would say that we are here yet, and better still we are here to stay. People have said to us, why we thought Phrenologists could not stay in one city, thought they had to travel in order to make a living, etc. Well friends you don't know us, we can make a living anywhere, but we even make money in Washington, but money isn't all there is in life after all, it is simply a convenience, and a certain amount of it a necessity, but there are many other things which are worth more than money to us.

Washington is said to be the "Mecca Of Leisure," but with our experience we have found a great deal of energy and force among the people at large ; of course, we have many of the wealthy, retired people, who are simply leading an active autumn of life as it were, but the young and ambitious are many among our number ; but I think of all places in the world this is the most desirable home, either for the wealthy or for the ambitious one. We wish we had room for you all, but we are very select here,

for it is my opinion, (and I should know, for I have visited them all,) that there is no other city in the United States that can boast of as much combined beauty and talent as Washington can. She is not only beautiful as a city, but she has the prettiest women in the world, (the men say so,) and she certainly has handsome men, that is an undisputed fact. Her streets are asphalt, beautiful and wide, and on either side are lovely shade trees all over the city, and in springtime and fall this feature alone is exquisite in its loveliness. And then the Washington Parks, Oh! they are so numerous, every few blocks you see them, and they are veritable flower gardens almost the year round. It makes us think of the old and true saying, that "when we are in life, we are in death," for here, while we are in the city we are in the country, for we in a great measure have the beauty of one, and the advantages of the other; in fact, our advantages in almost every way are superior to other cities. We came near locating

in several different ones, but never could exactly get our consent to do so, there was always something disagreeable to contend with that such and such a city did not have, and so we traveled on and on, year after year in this unsatisfied way, but we have at last found a resting place, and we are pleased to say that Washington is our Home, and let us give you a cordial invitation to visit our home and see for yourselves its wondrous beauties. We will welcome you all, and this is the place where the grandest of intellects congregate, so come on friends, and join our throng. One more word, when you visit our home, (Washington,) don't neglect to call at our special department, the Windsor Phrenological Parlors and Free Museum, which are open every day except Sunday for visitors free of charge, so come and enjoy yourselves as our special guests. Hoping to have the pleasure of welcoming many of our readers to our lovely city and home. We are ever your friend,

L. D. W.



PROF. WILLIAM GRAY, PH. B. M., S.,

PROFESSOR GRAY IS A PHRENOLOGIST OF Commanding presence and superior abilities. As an Examiner he is an expert, as a Lecturer he is entertaining and instructive and an unusually pleasant speaker. As a Man, he has but few equals, and we bespeak for him in the field of Phrenology—a “glorious future.”

PRESENTED TO

MADAME LILLA D, WINDSOR

BY

THE AUTHOR, JOHN DUKE McFADEN,

(A LOVER OF PHRENOLOGY.)

1894.

IT seems that our friends are always thinking of us. A few days ago, accompanying the above, was a most beautiful book, "Our Bible, Our Church and Our Country." Thanks, my brother thanks. The book is one of the handsomest bound, (red Russia and gilt,) beautifully embossed, gilt edges, etc., and inside is beautiful type and artistic illustrations, and no doubt the sentiments are good. Yes, we know that before we read it, but when we get the time to read it, we will take great pleasure in doing

so ; but again we thank the kind brother and friend who sent it. May all prosperity and good accompany him through life, with the Bible as his comfort, the Church as his support, and the Country as his home.

L. D. W.

ANSWER TO A LETTER RECEIVED

ON THE

TOBACCO QUESTION.

NO my friend, we are not "millionaires") in money,) and we haven't \$400,000" to spare just now (in cash,) but we have got what is better than either, Brains and we shall use our stock in trade to the best of our ability, fighting this monster evil Tobacco. And we are frank to say, (even though our influence might seem small as against such a mighty evil,) there is a great Procession, yes, of wondrous length, marching on life's roadway to-day, who through our precept

and example are total abstainers from the manhood destroyer, Tobacco.

But it is appalling when we think of the enormous amount of Tobacco which is consumed yearly, and especially does it grieve us when we realize what a great amount is consumed in this beloved United States of ours. Oh! our country and our people, what is to become of them? In the Chicago Times of recent date we are told that, that city has 1360 cigar and cigarette manufactories, and 130 factories for snuff, smoking, and the fine cut tobaccos, and Chicago imports a great deal of her Tobaccos. It is stated by the Times that the aggregate sale of Tobacco in all its forms yearly in the city of Chicago alone cannot be less than forty million pounds, (this is in 1894) There are fully 20,000 places where Tobacco are sold at retail in the aforesaid city alone. Imagine, if you can, all the Tobacco that is in Chicago to-day, taken out on some barren field and a pyramid or mountain reared Think you, how high, how long, how

wide it would be? I fear the most of us would fall far short of conceiving in our mind's eye the enormous mass. Ah! well we cannot hope to save the masses from the "tobacco malstrom," but we will and do save the few. On with the good work we say; there is work for all. We believe in temperance in all forms, but as to Tobacco and Whiskey, we believe in total abstinence, and we shall be heard far and near as against these evils as long as life and strength be ours to command, and we believe that some day, (it may not be far distant,) that the manhood in man, and the womanhood in woman, will so exert itself as we see it to-day, that it will free itself from this pollution and come forth cleansed and purified, and shall live as man should live,—in cleanliness and in health, then life will be of worth to us instead of simply wasting our existence in disease and death, then we will have health in life. So let us do all we can towards righting and arresting this evil, for 'tis said "the constant dropping of water wears

away the hardest stone," so a constant effort in the right direction will surely reap its just reward. So we will struggle on and hope to victory gain.

L. D. W.

INTELLIGENCE.

A FEW days ago I was asked the surprising question, "isn't man the only intelligent animal?" I certainly answered, no indeed, we are as a race certainly the leaders in intelligence, but most assuredly we do not have a monopoly of all intelligence. Why, I have often seen horses and dogs, with more sense than some men and women I know, indeed I have, while the animal creation have not as many kinds of sense; in other words they have not as many different organs in the brain as we have, therefore they do not manifest as great a variety of thought as man is capable of, but the few faculties they have are very active and sometimes

very strong. I have a Parrot whose brain is not large, but is of very fine quality. Some people think Parrots have only one faculty, that of imitation, (which is incorrect, for they have several.) To show you that they also can reason and show their intelligence by doing the right thing at the right time and place, when I first enter my office in the morning, or when I first see Polly for the day, she instantly says "good morning Mamma," and when friends come and go it is "how do you do" and "good-bye." If you call a cat in her hearing she will at once mew and often will say "come to Polly kitty," "pretty kittie, and if a brass band passes the street (she is very fond of music) she will call us to the window. She not only understands the pleasures of life but also the sorrows; if you come in the room and complain of being sick or even speak in a weak tone, she gets your condition instantly and will begin to groan most pitifully, and often says "Oh, my head," "Oh, lordie," "Oh, dear me," and she will groan until

she makes you laugh, then she thinks you are better, which you doubtless are. I knew a Parrot whose name was Eddie, and he was taken very sick--dangerously ill, and no doubt to my mind but he knew more than we would ordinarily give him credit for—for he said “Eddie is sick, Eddie wants to die.” All day long he would groan and repeat this phrase, at sundown—he died. We know how Cats have been known to follow people and refuse to be comforted by other friends, while they are as a rule very susceptible to kind treatment and plenty to eat, (the most of us also are,) still they have been known to starve almost, through their love for a human friend, and sometimes we see them act almost human on some faculty. And then there is the Horse, who says he is not wise. We think if he could only talk, he would really astonish the best of us with his intelligence, and doesn't he talk? Suppose you walk through the yard where he is grazing, with a bundle of fodder under your arm, what does he say? Don't

he talk? Can't you understand? I think you do. And then we have the Dog, the dear old house and personal guard and friend, let any one who doubts the dog's intelligence read the following article, and I think I need not plead again for him.

POOR REX MOURNS.—A DOG WHOSE TWO LITTLE CHARGES SLEEP IN THE CEMETERY.

“The Prince School on Newbury street has lost a strange visitor.

During last fall and winter a regular caller was a bull terrier, which appeared at the school every morning, escorting two little children.

Not content with seeing the children in the school yard, Rex would follow them into the school building and down to their very seats; then he would turn gravely round and march out again with a pace as dignified as a drum major. When it was time for the closing of school for the day he would again be on hand to escort his charges back to their home.

This attention he continued day after day and seemed to find the task a pleasure instead of a burden. It all came to an end, however, shortly after the New Year. Rex is the property of Mr. S. A. Wetmore, city editor of the Herald, and the two children to whom he played escort duty were Mr. Wetmore's little daughters, Florence and Edith.

In the latter part of January Florence died from a severe attack of gastritis, and the daily tramps to the

school were interrupted. Curious to relate, the dog never would go near the place afterward. He seemed to be affected with grief almost human for his little playmate, and now his loneliness has increased more than ever, because his remaining companion has been taken from him."—*Boston Herald*.

Animals are simply like man, they are what they are developed ; for while we have many naturally, and from all appearances what we call the intelligent class of animals, we also have many more that show wonderful powers when properly educated. One of the prettiest sights I ever saw was the company of educated Seals. I could entertain you an hour telling you of their wonderful work. One of the most laughable performances I ever attended was the Rooster Orchestra—just think of it, barn yard roosters entertaining an intellectual audience with their music on violin, drum, tamborine, horn, etc., well they did, and I laughed and laughed, and so did everybody else, but I think when that audience left the auditorium that they had more respect for the chicken ever after, I did. I have seen Wolves educated ; they are

said to be one of the hardest animals to tame or to educate, still we see them play with their keeper as a dog plays with his master; in fact, every animal can be educated to a marvelous degree if only the correct course is taken and persevered in, for the great universal mind pervades all nature, and if we will only seek out the key, and unlock each secret combination, great will be the mysteries unfolded to our vision—mental and physical. Let us each and all strive to cultivate this wonderful mind in whatever form we see it manifested, and thus develop it more and more.

There is not enough kindness shown to the animal creation. If animals were treated better and their brains cultivated they could and would be much improved.

We should realize that animals have rights which we must respect. Every animal certainly should be treated kindly, but is he?

L. D. W.

MR. KENNEDY'S BIG CALLIPERS.

REVELATIONS OF HEAD MEASUREMENT IN THE FRANKLIN SCHOOL, SAN FRANCISCO.

NEW SYSTEM OF CHILD STUDY.

IT IS DEMONSTRATED THAT BAD BOYS ARE LARGE BEHIND THE EARS, AND THOSE WITH THE BIGGEST HEADS ARE SMARTEST.—MANY TEACHERS TAKING UP A NEW AND NOVEL STUDY OF CHILD NATURES.

DOWN at the Franklin Grammer School, on Eighth street, the boys and girls are being measured and tested in all sorts of interesting ways.

Their heads are being measured with tape lines and big nickel callipers, around over and through and the number of inches and fractions between ears and from occipital bones to the frontal sinuses is set down in appropriate columns. Then their physical proportions are taken, the color of hair, eyes and skin, the apparent quality of muscle and bone and a lot of other things.

This is all part of a system of child study which

Principal James G. Kennedy has been evolving for a number of years. The system has been presented to about twenty teachers of the city in a series of ten afternoon lectures just closed and many of these teachers are so interested in it that they are going to carry it out with callipers, tape lines and blanks in their own classes.

A HARD PROBLEM SOLVED.

All this measuring and testing is designed to help find out just what sort of a being a given boy is. The average boy is wonderfully and often fearfully and mysteriously made and disposed. He is a problem hard to solve with a tape line and a pair of callipers, but Mr. Kennedy's system comes pretty near doing this, without hurting the boy, either.

Mr. Kennedy's system of child study is original in the way the study of the physical side of the child is brought in. The physical studies are rather incidental to the mental study, but are brought in because the physical conditions correspond to and reveal the mental tendencies of the child.

These head measurements that are piling up are based on the theory that certain regions of the brain are the centers of certain powers and functions. Mr. Kennedy has the brain charted in a broad way in accordance with the generally accepted teaching that the intellectual powers reside in the front half, the emotional and vital in the rear, that a high head between the ears indicates activity and width, behind the ears energy and combativeness.

When an urchin stands up to have his brain mea-

sured a tape line goes first around his head. Twenty-four children of ten years had heads ranging in circumference from 19 to $21\frac{1}{2}$ inches. Mr. Kennedy says that, as a rule, the children with big heads are in the lead of their classes. The exceptions are generally cases where the quality of the brain is poor, and its quality generally corresponds to the physical nature as shown by texture of hair, skin, etc. In that bunch of twenty-four heads and occipital bones ranged between twelve and fourteen inches and the distances over from ear to ear between twelve and thirteen and one-half inches. The fellow with the widest head will give ten pounds and fight any day.

CALLIPERS TELL THE TALE.

The callipers give these measurements. They are like a big pair of bowed compasses with little knobs at the points. One knob placed in the ear and the other on the bump at the back of the head gives the distance back of the median line, read on the graduated scale.

No two Franklin school heads are built the same way. Mr. Kennedy ran his fingers down the columns yesterday and picked out a good boy. Going over to the proper columns it was found that he measured five inches from ear to center of forehead by the callipers and only $4\frac{1}{2}$ inches from ear to occipital bone, showing the marked predominance of reason over impulse. An unlucky urchin, whom nature has given but 4 inches of head in front of the median line and $4\frac{3}{4}$ inches behind it, is always getting into trouble by doing things he ought not to, and thinking

about them when he stands trembling in the principals office.

The hearing is tested by one person stretching a tape line outward from the ear and another person moving a watch along it until it can be heard. Acute ears can hear an ordinary watch 24 inches. Mr. Kennedy has found the hearing of 25 per cent. of children poor or defective, and in most cases it had never been noticed before. Lack of attention and apparent stupidity in school he says, are often due to poor hearing. About 30 per cent. of eyes are defective.

The purpose of this is to help a teacher to understand a child and develop what is deficient.—*San Francisco Examiner*, 1897.

We are indebted to a California friend for the above clipping. While its teachings are neither new nor novel to us, neither are the ideas original with Prof. Kennedy, it is certainly interesting in more ways than one. We are glad that the Pacific coast is on the alert for everything good as usual, and we hope that Prof. Kennedy received an enthusiastic welcome, which no doubt he has from the statements in the above article. If all teachers would only follow Principal Kennedy's example, how different it would be. It is true that there is not any two heads alike in

any school, nor in the world for that matter, there are similars and dissimilars, and when we realize that there are no two children alike in any given school, then why should we expect the same treatment or rules for discipline and culture to prove advantageous to all. This is the old practice, but is it the correct or successful way? I think Prof. Kennedy, with his experience, would tell us it was not, for what is mete for one is death for another. If the organization's in the school room are different, then the discipline must be different, in order to be just in all cases. We congratulate Principal Kennedy upon his adopting this system, and we hope he will make it universal. You are on the right course Professor, and we bid you great speed in the grand and good work you will accomplish in your field, and we can but say we hope others will be quick to follow in your footsteps.

L. D. W.

Since the above was published Professor Kennedy has been taken from the school room and earth by sudden death.

DR. JEKYLL AND MR. HYDE.

THERE are two distinct elements in man, for convenience, we will call them Dr. Jekyll and Mr. Hyde, the pure and the impure. Now, some scientists I know will quarrel with me right here and say that all is good—yes, we say so too, but there is perverted good,—the right and the wrong. We know that there are always two sides to everything. We find it true of man, and often we find it difficult to find the best side of a certain person, and occasionally we find it difficult to find the wrong side to an individual, but this class is usually a woman with wings growing out and getting ready to fly to unknown parts—these perfections are hard to find. On the other hand, our Mr. Hyde's side is fully represented, and we see him manifested daily to our great annoyance and inconvenience.

When we are natural, we are as we should be, and are then showing to our friends Dr. Jekyll, or the better side of our nature, but how many of us always show this side? I hear the chorus, not I, not I! Well friend, if you are not a believer in the two distinct natures in man, I think you must acknowledge it now, for if you do not always show at your very best, you must have another side. I don't mean by this the saint and sinner, that theory has been exploded long ago, but the different sides of our nature show simply as we bring them out, and cause them to reflect the inner man, if we live pure, think pure, and act pure, the reflection from us will be from the pure side, and the radiance of purity will be seen and felt; in other words, the Dr. Jekyll's side of our nature is shining forth in its luminous brightness, light and love. But if we cultivate the other side, by impure associates, read light or vulgar literature, harbor impure thought, follow impure acts, note the result; instead of light, there is darkness, gloom and despair, in

fact, Mr. Hyde has made his appearance, and we shudder at his approach, still, the poet says:

“Vice is a monster of such frightful mein,
Thus to be hated, needs but to be seen;
Yet seen too oft, familiar with her face,
We first endure, then pity, then embrace.”

So you see, we must cultivate the side we would most prefer to show, for the one we live becomes second nature to us, or rather it predominates; thus, if we wish (and I hope we all do) to show our better nature, we must be on the alert and cultivate ourselves for the noble side of life, and thus it is that Phrenology aids us by teaching us how and when to cultivate or restrain as the case may be, and thus bring out the better side of our nature and hold in check the other. With the aid of Phrenology we can hold Mr. Hyde in check and let Dr. Jekyll have full liberty and thus gain the prize,—the coveted prize of a glorious manhood or womanhood, treading all vices down and only showing Dr. Jekyll in all his loveliness, which to me is the ideal character.

I do not think there has ever appeared a play on the boards that has done more good to the American people than "Dr. Jekyll and Mr. Hyde," for it certainly proves to all, the two distinct natures in man, and what each can become. Therefore we should strive at all times to cultivate the good and restrain the evil. The majority of people know right from wrong, but often find it easier to do the latter and so they go down, on and on, cultivating the coarser side of life, when they should climb up and up, ever reaching out for something better and brighter. Thus friends, Phrenology aids us, for it shows us the great and grand possibilities of our individual organizations, and helps to display the Dr. Jekyll side, and to throw a shadow over Mr. Hyde, and he is lost to view in the radiance of Dr. Jekyll's personality, and thus life should go on towards perfection, and as the hair by age turns white and whiter, the nature should grow pure and purer, brighter and brighter until the end.

L. D. W.

MOTHERHOOD.

THERE is so much a mother can do for her offspring, not only after its birth, but before. I wish mothers would think of this matter more, and learn to know how to act to develop their children in the nature and image of the perfect man, "only a little lower than the angels;" in fact, when women and men understand and obey nature's laws as they should, our children are born angels.

We do not advocate large families, but good ones. One child well born is worth a dozen half born, and the father and mother who fall short of their capacity in this matter have committed a great sin, not only against themselves and their darling child, but against all humanity. The prospective mother should study well her part, for so much can be done by her alone. All physical and mental suffering is the result of

disobeying some of nature's laws. Whose fault is it, yours or your parents? Perhaps the mother's. We see every day the child paying the penalty of its parents sins, this is hard to contemplate, but such however is the fact.

Motherhood should be the greatest of blessings, but how often we find it seemingly a curse, and why? Simply through ignorance, that is all. The mother, during her pregnancy, frequently gives way to high temper, peevishness, moroseness, etc., etc., and when the baby comes and is fretting and crying all the time, she can't see why other people can have good babies and she such cross one. My dear prospective mother, just remember this simple fact, that you are the mirror, your child is the reflection ; this thought, I think, may help you.

Of course there are certain times during pregnancy to give certain impressions, such as special talents, etc., this is done by knowing at what stage of pregnancy each organ of the brain forms. This subject is fully discussed in

our published works which all men and women should read before marriage.

It is said, "marriage is either heaven or hell." On hearing this quoted once, a woman spoke up and said, "it is both," and gave us her experience. Her first marriage was on the mismatched line, there was no harmony between them, she married for money and position, and with constant association, of course life soon became a hell to her, as she expressed it; later her husband accidentally died (perhaps it got too hot and took his breath away) and she married again, this time for love, and they were scientifically mated, therefore their union was "heaven." "Two hearts that beat as one," etc.

We can well afford to suffer a little "hell," if we only but reach the "heaven" at last, and such we have in the perfect marriage. And why do we marry? Because it is right, natural. Marriage is honorable in all, (who are healthy,) and the outcome of marriage is, of course, children.

I pity from the very depths of my nature, the

woman who reaches the age of forty and has never felt that peculiar thrill of joy that comes to the mother, when she presses her babe to her breast. This is the joy unspeakable to the true woman. The architect is proud and justly so, of a finished building. The lawyer is proud of his success in the courts. The artist is proud of his work in marble. The man and woman artists in child making, should share this pride, for is it not more to mould a human body and mind after your own image than it is to carve out of the lifeless marble a cold statue? Note the difference, yours is living, moving, breathing, all expression and life, while the marble likeness is rigid, expressionless, lifeless and cold. All professions are ennobling, but motherhood is the grandest and best of all, "mother," the sweetest and dearest name on earth except—"baby."

L. D. W.

HOME AGAIN.

WASHINGTON, D. C.

TO OUR FRIENDS :

WE took a little vacation, a trip to Texas, to visit many old and valued friends, and most of all to see our mother and dear little boys, or rather big boys—yes, we have two big boys now and what a time we did have with those boys and with other friends and relatives, we enjoyed ourselves so well that we wrote to some friends in Washington that we felt we were but 16 again, for we were enjoying the visit so much, and what do you suppose those friends replied to our statement—well, that they were glad that I was enjoying my rest and feeling so young, but that I would receive a warm welcome at home, even at my present age, and they certainly did give me a very cordial greeting on my return; in fact I didn't know how

popular I was, like some people who die, you didn't realize how good they were till their obituary appeared.

I had a splendid time, but with many things against me. While in Texas a lady friend took me out driving, the horse ran away with us, turned the buggy over, spilled us out—of course, broke my lady friend's arm and gave me quite a nervous shock—most turned my hair grey; but with such occurrences as this even, I had a good time after all. I had slow horses, fast horses, slow trains and fast trains, but all the same I was in that grand old state of Texas, which gave me birth, and the state that gave me two of the brightest boys in America, (their mamma thinks so,) and so I had a glorious time any way.

It is a real treat to meet old and tried friends, those who have stood by you in all the sorrows and triumphs of a young and ambitious life, those who are just as much your friend when your pocket is light as when it is heavy laden. Such friends I met, and God bless them, I hope to

meet them all again before we pass to the far beyond. But the best of friends must part, and this was the trying hour to me, to leave again my babies and my friends, and to return to my work at Washington. Yes, this must be done, for I have many duties in this life yet to perform, so I came—yea tore myself from the loving arms of children, home and friends, and once more I am at my post in Washington, in the midst of other friends, and will try and serve you better than in the past.

I was absent 30 days, and of necessity, had to neglect some of my office duties, but I hope our friends will pardon all delays, for I am home again and will be pleased to serve you. On my return, in passing through Ohio, our train was delayed 15 hours, (held up by the strikers,) we didn't enjoy that part of the program, but we had to endure it, as you see life is not all sunshine, even with us. We have been very hard at work since our return, picking up the many dropped stitches caused by our absence, and we

will soon catch up with our work if we don't run away again. Now friends, don't scold if we do, for the weather is very, very warm in Washington and it is so pleasant, I am told, at the seashore and I know it is far preferable to play than to work in warm weather, but for the present, at least, I am "at home."

L. D. W.

HOME AGAIN, No. 2.

WASHINGTON, D. C.

DEAR FRIENDS ;

I DID run away again, I couldn't help it, the weather is so warm here now, so I once more closed my office for a few days and went to the seashore, (Atlantic City, N. J.,) and oh, what a nice time I did have, how refreshing and invigorating the pure fresh breeze, and the plunge in the surf every day. I can't begin to tell you

how I enjoyed those baths, I never know when to come out of the water for I enjoy the sea bathing immensely and then comes the rest after the bath—how I do sleep—two rows at a time as the little boy said and eat—well if I hadn't been fortunate enough to have been quartered at a first class hotel, I don't know what would have become of me, for everything I tasted was so very good—I mean I had such an appetite—and I am never dainty I can tell you, but the change, the rest, the fresh air and the salt water bathing every day, certainly gave me a vigorous appetite, which was fully satisfied from the bill of fare at "The Rossmore," kept by the Hartsock Bros., this is indeed a pleasant stopping place, the hotel itself is a beautiful building in a good location, (cor. Pacific and Tennessee Avenues,) many of the rooms fronting towards the ocean, commanding a lovely view, but the best of all to me was, their breakfast, dinner and supper, (old style) every meal being first class. I went down all alone, but

early the next morning after my arrival I met two friends, husband and wife, (and later met many other friends,) that day I enticed my lady friend to go in the surf bathing with me, I liked to have let her drown, however we enjoyed ourselves and had some hearty laughs.

The next day the husband went in bathing with me, he hadn't been in the water for six years, and he says he was never so near frozen to death by a woman in his life, so we couldn't get him in the surf any more, he would stand on the shore and wave at us while we were reveling in the grandeur and beauty of the sea and scene.

With all my pleasure however, I was not idle for I made some money. The president says, "I always have an eye for business," so when I see a chance for some good work I am in for it then and there, but I certainly had a delightful rest and a pleasant trip; wasn't "held up" this time by the strikers either, but came through strictly on time, so once more friends I am at

home and I wish you, one and all, a delightful summer.

Au revoir.

L. D. W.

ATLANTIC CITY, N. J., Aug. 2, 1894.

MADAME LILLA D. WINDSOR, Washington, D. C.

MADAME: Please accept our thanks for the very great compliment paid us by you in the PHRENOL-OGIST of August and we wish to add that your stay at "The Rossmore" was in no wise more pleasant to you than it was to the proprietors and the guests.

With best wishes, etc., we remain very truly yours,
THE HARTSOCK BROS.,
"Rossmore Hotel."

FRIENDSHIP.

FRRIENDSHIP is an organ of the brain which is sadly neglected by the American people; in fact, the lack of Friendship is one of the great American defects. We say it with shame, for we should show this element more than any other people. But we are cold, exclusive, hardened and selfish, because we are not

exercising and cultivating the element of Friendship. We should throw out our magnetism more and not crawl into our own shells, as the turtle does, everytime we come in contact with any one; and often times we not only jump back in our shell and shut the door, but we snap or snarl as we do so. This manifestation shows the lack of Friendship. We should study and cultivate Friendship in our children and in ourselves, just as carefully as we do the alphabet, for we are as liable to make mistakes in one place as the other. We should study the likes and dislikes of others, and take an interest in their affairs and endeavor to promote their welfare.

When we meet, do not stand back on formality, but greet humanity with a smile, shake the hand heartily, say a kind word, if you like a person tell him so, speak of his virtues to others and thus pass on the encouragement of the cultivation of one of the grandest elements of the human organization. Friendship gives us warmth and enthusiasm of manner, and with Friendship

large we draw people to us ; they like us for we like them, and thus often the strongest of attachments are formed.

All mental faculties can and should be cultivated, for exercise gives strength, so with Friendship, if we want friends, we must make friends, to draw friends to us we must go to them, live for humanity and not all for self.

Woman has the organ of Friendship larger than man usually, unless she is unfortunate in being deceived by supposed friends until she becomes hardened and cold to the influence of Friendship. We have seen some of the grandest and best men and women ruined, their lives utterly wrecked by false friends, for it is a great shock to the system if we have large Friendship to have our friends not prove to us what we are to them, but we must learn to recognize and realize the fact, that those who prove false to us are those with less Friendship than ourselves, thus through Phrenology we can see and understand how to forgive the short-comings of our friends

and should try and cultivate and help them to a better development and a better understanding of life and humanity. There is no sense that can help us to do this more than the sense of Friendship well developed in ourselves, for—

“What is friendship? I will tell you :
Eyes that weep for others' wrongs,
Shoulders bearing others' burdens,
Lips repeating others songs.

Friendship is a chain, embracing
Rich and poor and young and old ;
Even the beggar child may fondly
Touch in awe its links of gold.

Friendship is the heart's devotion,
By warm, loving acts confessed
Thinking trials only pleasures,
If they give a loved one rest.

Friendship is a sweet compassion,
When brave courage is unmanned,
Asking naught, but trusting fully,
Quick to soothe and understand.”

The person with large Friendship has a great advantage in this life, for however independent he may feel, life is not life if lived without friends. We do not begin to live until we can truthfully say we live not for self alone, but for others, hence the great importance of teaching

children Friendship, for the first lessons in life are the most lasting and sacred. Sacred?—yes, nothing could be more sacred than an early lesson in Friendship is to me. During my recent tour of the South I met face to face a friend of my childhood. I say friend, and I mean friend, for a friend in need is said to be one indeed. I was only 12 years of age, but I was full of ambition and pride and hope for my future, but when all seemed the brightest, the cloud fell heavily over me—I lost my father, for he passed to the beyond. I felt my loss more deeply than I can express. I was unconsolable, for the darkness was dense before me, but the darkest hour is just before the day, and as the dawn approached I saw a friend's hand beckoning me on and on. I heard that friend's words: "Come, my child, and drink from the fountain of knowledge." I saw in his eye a love and Friendship far more eloquent than his words had conveyed to me. I knew when I clasped his hand that he was my friend, for through the sympathy of our

natures our minds had blended; he saw in the child before him hidden power and the bud of the future, while I realized his abilities to lead me on toward my ambition's height, for he was my teacher, and the best friend of my youth and I love him still. He was my idol in childhood and is one of the few idols which we have planted upon pedestals high, which have never fallen. A beautiful eye makes silence eloquent—his eyes were eloquent, especially so to me and I used to stand at his knee and look into his eyes and try to fathom their depths. This, I presume, was one of my first lessons in Phrenology.

As I met this friend of my childhood a few days since he clasped my hand and said to me, "And you are an Author now," I felt and said as I thrilled under his magnetic touch, "Yes, and you are largely responsible for all of my success.'" He seemed astonished and surprised, for he did not realize what strength he had given me by his kind words, kind deeds and kind

thoughts, which were all generated through the element of large Friendship, sympathy, love of children, etc. So you see the good we may often do unconsciously. Friendship, true Friendship, how we adore it and what a priceless jewel to possess it is.

L. D. W.

CONJUGALITY.

CONJUGALITY is the love mating organ of the brain. The desire to love and to be loved is innate in the mind of all and is really one of the strongest elements of our organizations. Love is natural to all and without this organ of Conjugality it would be a Promiscuous love, but Conjugality discriminates and selects one and if the person having Conjugality normal marries, he is very apt to be true to the one of his choice.

“ He is blest in Love alone
Who loves for years and loves but once.”

—HUNT.

The lines from Hunt express the action of

Conjugality perfectly. There is perfect peace in Reciprocated love, but great is the anguish when all the Conjugality is on one side and this we often see in couples. One will be all devotion and the other deceit, which is often caused by Conjugality on one side and the lack of it on the other.

The organ of Conjugality in the brain really should be called the organ of Love and Wisdom, but love with wisdom is to-day very rare indeed. Fidelity to one which is the true meaning of Conjugality is a jewel rarely found, but its rareness makes its value the more when possessed. Love is the life, the sun, the all of woman's existence, for she is never inspired to her greatest capacities except through love and generally this love is for the opposite sex though not always.

Conjugality gives us the "mine and thine" element in love. It is not good for man to live alone (nor for woman) hence Conjugality says seek a mate. "The loving woman finds Heaven

or Hell the day she becomes a bride." If she marries the man of small Conjugalities then this earth to her is very liable to be a hell, for woman, more than man, craves this "oneness" of love. Marriage through Conjugality can either be infinite happiness or a living death. Frankness and honesty is indispensable in love. Polygamy has existed in all ages. Polygamy results from small Conjugality and Monogamy is the result of large Conjugality. We cannot believe in the harem for all natural laws are against it. One man for one woman and one woman for one man is all sufficient. One should live for the other, this is Conjugality and it develops us into the higher life, just as nature intended. The man with small Conjugality simply regards woman as a plaything to gratify his animal caprice, while the man with large or normal Conjugality craves the love of one true and pure woman. The only happy marriage is where both are Conjugal to a normal degree, as Love makes the man or woman. Visit the Conjugal

Home with me if you please, there you see contentment—there you will recognize the man as King and the woman as Queen and Goddess. To see and to know them is always to love them for we unconsciously throw off to others the happiness or the misery of our own natures and where all is love in a home, the friends and callers partake in a degree of that love element and they feel better and happier for having met such people.

Marriage without love is simply legalized prostitution and in order to have the pure and unselfish love we must have Conjugality large.

The man with small Conjugality does not marry because he craves the love and companionship of a good woman, but if he marries at all it is for convenience and he is rarely ever true to any woman no matter how superb a being she may be. The person with large Conjugality only, can comprehend the great and grand usefulness of this organization and we certainly recommend a study of this faculty of

the mind, for through its correct development comes the sweetest and the best elements in life. While with the lack of its possession, often the deepest and blackest of sorrows are the results. The man of small Conjugality is very likely to soon become tired of his wife, because she ceases to be a fascinating plaything and no matter how congenial she is, nor to what extent her devotion for him has grown, he leaves her for another and "off with the old love and on with the new" is his motto. And he may also be small in Conscientiousness and Benevolence, if so, such an organization as this is so intently selfish that he has no consideration for wife, nor for any one else for that matter, except as they gratify him and his selfishness.

In speaking of the organ of Conjugality do not understand me to say that every person not having this organ large will necessarily prove unfaithful in the marriage relation. That will depend, of course, upon the controlling influence of other organs of the brain over that of Con-

jugality, but I have merely given you the general action of Conjugality as I understand it.

And as we are taught in Phrenology that size is the measure of power, other things being equal, is it not reasonable to suppose that the larger the Conjugal organ in the brain the more liable we are to see its devotion to the object of its choice, for the larger the organ the stronger the thought, which is generated by it. Therefore, we expect to see the person with Conjugality large, live the life of fidelity. I do not say there are not exceptions to this rule for there are exceptions to all general rules.

But in discussing the action or the use of any organ of the brain we simply give you the natural function which the organ causes the faculties of the mind to generate.

Therefore argue as we will, think as we may; it does not alter the fact, that the larger the Conjugality is, the more Conjugal the person will be, other things being equal.

L. D. W.



PROF. G. T. HOWERTON, M. S., PH. D.,
PHRENOLOGIST, AUTHOR AND TEACHER.

Prof. Howerton has made himself famous by many good words and works. His book "Short Talks on Character Building" is a book for all to read and profit thereby. Prof. Howerton's work as a Teacher is of the highest order and being young in years we hope for great results from his future labors.

CHILDREN AND THE FUTURE.

THE future of the Race depends upon the Children, therefore it is of great importance that the children have the correct start in life physically and mentally. Physically, because without a good health organization there can be but little accomplished. Mentally, because we must exercise the mental always and in order to do great work we must have a great capacity, therefore great brains are needed for the future—and we need them now. But how to produce great minds for the future is concerning us to-day, and the problem is easily solved through Phrenology and is summed up in these words. Give the children their rights and the first and most important right of every child is to be well born mentally and physically, when this is done the rest is easy. We love to educate and help all we can the Fathers and Mothers

of our country, but we enjoy helping the children most and as we have heretofore written and talked more to the elders than to the children, now we are going to speak for the benefit of the children more. Children are greatly abused. Give them their rights—by no means let them run wild. We believe in child government although not in corporal punishment. We never believe in whipping the little folks, they never need it if they are treated correctly. If we wished to whip anyone we should tackle some big people for they sometimes need whipping. A correct beginning is the half of everything and so with the government of children, if we begin aright the rest is easy enough. But we want to especially beg for the health and development of the children. Our city children are kept in too close—they do not get sufficient exercise physically, and generally they are developed mentally at the expense of the physical. Give the children room and of all things teach them that greatest of all exercises—running.

We see and hear of many kinds of cures for humanity's ills, but we have never yet seen a running cure advertised. I wish we had, for running would be a great cure. Walking and riding is prescribed, of course, that is fashionable, but running is undignified, at least so considered, but do let the children run, boys and girls alike, it will give them health and strength, for in running you exercise parts of your organization which are generally used the least, the heart, the lungs, legs, feet and toes, all are brought into this exercise, while the back and arms which are generally used the most are quiet, therefore running serves the great need of mankind—equalized circulation. It brings the roses to the girl's cheeks and the grace to her movements and the boy who has a chance to run all he wants too, develops into the magnificent man he has often wished he could be. Fresh air, good food, pure associations and plenty of running will give us strong men and strong minds for the future.

Keep the head cool and the feet warm is a great health and development law, and there is no better way to do this than to run, run, run. Of course we do not mean for you to run and get over heated, but simply run moderately for exercise, for there is no better promoter of health. You will never see a frequent runner subject to insomnia, headache or apoplexy, etc., for the runner equalizes his circulation and these ills cannot exist.

See the boy or girl after a run, notice the sparkle of the eye and the rush of blood to the cheeks, how beautiful and how charming nature is, if we would only live naturally all would be well. Running is natural and it is life, not only for the boy and the girl, but to the man and the woman. I have some friends both men and women who are running to the Doctor all the time in search of health, but they fail and why? because they don't run the right way, it would be more appropriate to say they crawl to the Doctor. It would be better to run out the

Doctor. If people run more some of the Doctors would have to go out of business, for running when taken daily and moderately will cure almost every disease known to man. Even Consumption must yield to the running treatment, and as a preventive of this dread disease there is no better practice and I don't see why running should be unpopular, for it is certainly a pleasant and an inspiring exercise, it brightens the mind's action and dispels melancholy, it exercises every muscle of the body, but chiefly those that are not used in ordinary work. Running expands the chest and improves the breathing, purifies the blood and quickens the circulation as nothing else ever does. One important thing to remember is, to always keep the mouth closed while running and breathe through the nostrils, this however is the only correct way to breathe at any time, and the person who from youth up breathes through the nostrils will never have catarrh, but especially in running keep the mouth closed tightly and thereby drink

unto yourself from the fountain of beauty, youth and life—all health, all happiness and all development.

L. D. W.

HOW TO BEAR SORROW.

EVERY person whether high or low, rich or poor, have their sorrows and many of them are secret sorrows with which no friend can inter-meddle, for every life has its mysteries and its hidden treasures. Hence the great importance that we study and learn how to Bear Sorrow—and to bear it alone, which is the greatest of accomplishments, an accomplishment—yes, for this is an acquired art and not a natural gift. All powers are natural but Emotions are allowed given vent to and cultivated through the natural surroundings of life generally.

While we should control our every emotion, on the instant, we cannot always do this, but with constant effort we attain almost to perfection in this art.

Grieving over anything does not change matters as we would have them. Then why grieve?

Why not take things as they come and make the best of them ?

I do not mean by this that we should be careless and neglectful, far from that, we should always be earnest, careful and conscientious in all lifes's efforts and if we fail to accomplish, or win a much desired object, we should be satisfied with the results or resigned to the failure, for we have done the best we could with the light before us—and this being the case, we should not murmur nor centure fate nor ourselves, but let results take care of themselves as we have the inner consciousness of doing the best we could under the circumstances.

I consider one of the greatest compliments ever paid me, was by a lady friend one day when she said "you beat all to bear trouble" and then qualified it by saying "you do not bear it, you throw it off."

Both statements I consider as highly compli-

mentary for it must take great power to be able to do either, and the power is with us if we will only learn to utilize it, for there is a stronger power within us, than that against us and we should so learn to use our own power that we will not be overcome by the power of others. The power or good within ourselves is limitless, if we will cultivate it continually.

Then, temptations are easily refused, sickness is joyfully borne and speedily cured, persecutions are gladly endured when we have love and peace within.

We should live the life of love, peace, contentment and resignation, doing all the good we can for ourselves and to friends and to all humanity. But do not mourn, do not grieve over what you cannot help, you love life and health and all that is beautiful, do you not? Then don't grieve, for grief destroys all hope, all beauty, all health and even life itself. So we must learn enough of selfishness to protect ourselves for we are dear to many friends and should be dear to

ourselves and if from selfishness alone we should learn How To Bear Sorrow.

The art is very simple, simply phylosophise a little. Can you change the person you are grieving about by grieving? if not, why grieve? Can you bring back from death the loved ones by grieving after them? if not why grieve? Can you bring back the property lost by your mismanagement by grieving over your mistake? if not, why grieve? Can you bring back the health and the rose tints to your cheeks by grief?, if not, then don't grieve, for what cannot be cured must be and should be endured.

If we will take the thought and act opposite of grief, then we will accomplish more. "Be happy while you may." We can do much to force happiness and contentment into our lives by will-power and resignation. It is said we find what we look for, so if we go through life looking and courting griefs and sorrows they will surely come to us, while if on the other hand we are ever looking for the blessings of

life and enjoying to the fullest extent all happiness that comes to us, soon our pathway will be one of sunshine strewed with beautiful flowers and happiness will be our lot because we are seeking the jewels of life, health and joy. This is so much better than grieving over the past for however much we grieve we cannot change an act, so listen one and all, simply profit by the mistakes of the past and live and look for the pleasures of the present and future "for whatsoever ye sow that shall ye also reap." We have often proven this fact by trying to make others happy—unconsciously we have brought happiness to ourselves thereby.

Life is sweet and life is bitter, which do you prefer? The one we cultivate the most, is the one we will reap unto ourselves so it is well to throw aside the bitter and select out the sweet morsels. We are composed of two selves as it were, the outer and the inner self, to our friends and to the world the outer self or the envelope containing the inner self is what they see and

know or rather study, while we if we study aright may know the inner self.

My object in mentioning the two selves is to impress upon your minds the importance of keeping the envelope as pure and spotless to look upon as possible, for our friends and more especially strangers, judge the interior by the exterior. Hence the great importance that special attention be paid to the element of beauty, cleanliness and dress for this is the envelope which we are judged by. The face especially is noticed and studied by every one we meet and they form their opinions of us through the impressions which the face and its expression gives them.

If you are living and partaking of the bitter side of life, spending your hours in repining and grieving over the "might have been," your friends and even the strangers, will see this in your face, for grief leaves its marks, which is of easy detection and if you do not want to grieve your friends and lessen your own beauty and power at the same time, then change your own

life, do not grieve and repine, but be thankful and joyous for the blessings you do possess and ever remember this fact, that if one door is closed to you another will be open for you. There is always good to be done and happiness to be enjoyed if we will only look and search for that element.

We can produce Heaven on earth and Heaven within ourselves by correct action and thought. It is not the happy man or woman who has never seen nor known trouble but rather the one who has passed through deepest fire and come forth purified as it were and are the more able to enjoy the sweets and pleasures of life, for out of the brass of our trials and troubles we can make a golden crown of joy. Some will say to me that they cannot be happy, that they cannot help grieving. Ah, yes you can,—practice makes perfect, if at the first you find it hard to lay trouble aside, try again—simply forget yourself and the work is done. Live in your work and for the good that you

may do, controlling your life, your temper and your mind in all its bearings and your face will beam with joy and it will cast a ray of sunlight wherever you go and those who cross your pathway will be better and the happier for having met you. What a blessing it is to be able to help humanity out of sorrow into joy. This blessing is yours, for in forcing happiness into your own life its joys fall upon those with whom you come in contact, as happiness is contagious and so is grief. The influence of a smile is wonderful—of a frown terrible.

The smiling face we all enjoy and the frown we dread and it is perfectly natural that we should for we are all lovers of the beautiful. One of the sweetest and most beautiful faces I have ever known, was ruined by grief and an untimely death claimed her its victim and she was thus torn from friends, home and affluence because she was controlled by her emotions. Ah, I hear you say, poor thing, that is the way so many die and so it is—but is this right?

Is it right to give beauty, health and life up to this fate? No, a thousand times no. It is not just to ourselves, to our friends nor to humanity. We should strive to live long and usefully, and when we fail to do this we have cheated the world and ourselves of what nature intended. If we will only remember that life is love and joy and its purpose the good that we can do, we will be the better able to live as men and women should live. The world is always as we take it and life is what we make of it, so let us bestir ourselves, be just to nature and to friends, and last but not least be just to self.

SMILE AND NEVER MIND IT.

'Tisn't a bit o' use to fret—
Take life as you find it;
Best world that we've been in yet—
Smile and never mind it.

We would be compelled to smile if we would only stop and think for one minute of the various blessings we enjoy day by day. The joys of our life are threaded together like pearls or corals upon a string and if we will only let grief fall out and only retain the joys, soon we

will have a long, glorious and precious list of jewels to contemplate.

Link after link of joys and then when some grief is thrust upon us we should stop and count over the jewels or links of joy and thus bring to mind the pleasant side of life. This would be far preferable to grieving over what there is no hope of regaining or changing.

A grand orator once said, "Oh, blessed men whose very losses are their gains, whose sorrows produce their joys, whose griefs are big with heaven," well indeed may we be content to suffer or accept the inevitable, if it be that all things are working together for our good, which is nearly always the case, though we cannot see it at the time perhaps, but often live to realize that what we thought was great grief to us has really brought us joy in some mysterious way which we had never dreamed of, for if there is "no cross,—no crown."

The great thing for us all to remember is the wonderful power of the mind and its various

development. The possibilities of the mind are wonderful indeed. Our minds are the seeds or buds from which should come the beautiful and perfect flower of a magnificent manhood and womanhood and in order to make the best of our lives we must gain perfect control of ourselves, for great extremes are never beneficial and are often very detrimental. So with grief, which always injures us, if we allow ourselves to be weighed down by it.

A TREATISE

ON

SCIENTIFIC EDUCATION.

EMBRACING the true Theory and Objects of Education, Physical Culture. Harmonious Mental Development, the Relation of Education to Business Success, Matrimonial Happiness and Human Perfection, as Taught by Phrenology, By M. Tope, Esq., Phrenologist and Lecturer.

We are pleased to acknowledge receipt of the above book, although it is on the diminutive order it is scientific and good; in fact, it is a

little gem. It has been said, "that precious articles are done up in small packages," and so it is the case here, the book is small, but, at the same time, contains many brilliant thoughts which are delightfully expressed in accurate and scientific language, and in its perusal we had exquisite pleasure. The title, "Education," is a word which always stirs our nature through and through, for we constantly see so many erroneous ways of education; but, our friend, the Author has solved the problem, as few have done before; yes, my friend, Phrenology gives us the "key" to the correct "Scientific Education," and if we will but unlock the vault of reason and heed the phrenological facts how different all might be. "Man know thyself," is a just command, for "what is the mission of education if it be not to edify, moralize and refine, and make mankind useful and happy."

It is through Phrenology alone that we are able to reap the best and most perfect results in education, all of which this little book fully ex-

plains, and the author fully comprehends and we can but give him our hearty congratulation, and we wish for him that he be spared long, and that the opportunities may be many, in which he may teach his ideas to the masses. We bid you great speed my friend, you are on the right track and if you will but push on and on, guided by the dazzling chandelier Phrenology, you, no doubt, will reach the summit.

L. D. W.

PHRENOLOGY A SEARCHLIGHT.

(DELIVERED BEFORE THE GRADUATING CLASS OF THE WINDSOR COLLEGE OF PHRENOLOGY, WASHINGTON, D. C. CLASS OF 1894.

Mr. President, Visiting friends and Class friends :

PHRENOLOGY is ever interesting because it is beneficial, for it is the searchlight through which we get at the truths concerning humanity. Phrenology is something real, it is something tangible, it is something useful. It is a science and the most useful one we have to-day.

Its doctrines are based upon scientific prin-

principles. Let every one who doubts the practical utility of this wonderful science study, and learn something of its underlying principles before he condemns it. For if you don't understand a science then you don't know whether its doctrines are true or not. So post yourself.

The science of Phrenology has perhaps stood more abuse than any other science, but still she continues to search and her light grows brighter and brighter every day. Phrenology can, and will do more for the human race than all the other sciences combined.

When Dr. Francis Joseph Gall, our beloved leader, discovered Phrenology, he threw out the searchlight over humanity, and his followers down to the present time have never grown weary of searching for the truths which only Phrenology can give us.

Phrenology in its practical application is the science by which human nature can be accurately read, by the size, shape and quality of the brain.

Every force or power must have an organ

through which to assert itself in order to demonstrate its power. Now, the mind is a power and a great one, and of necessity must have a competent organ through which to express itself, in order that we may utilize its power.

The musician must have an instrument upon which to perform before he can play or exhibit music.

The brain is the organ or instrument, the mind the performer, and our actions constitute the music.

We should remember always the importance of keeping the instrument in tune, in order that we may produce good music on short notice. Phrenology gives us the power of understanding ourselves, and the power of leading others into the way of harmony. Phrenology as our searchlight gives us the power of separating the chaff from the wheat in humanity. We not only recognize the idiot and the insane man, the man of genius, etc., as distinct types, but we see by the light of Phrenology what kind of a

genius or what kind of an idiot is before us.

We can detect each and every talent, and not only the talent, but the particular grade of that talent.

Can any honest man or woman say with these facts before them, that Phrenology does not deserve the foremost position in the line of the sciences?

We love all the sciences, but we love Phrenology the most, because it teaches us of man.

Man, who is the greatest mystery the world has ever yet produced, becomes under the searchlight of Phrenology like an open book,—easily read.

We discover his talents, we detect his weaknesses—what more can we ask? Phrenology to me is life, real life; to live, or rather to exist without it, after once tasting of its joys, would be death itself to me.

We love to live Phrenology and we love to practice Phrenology; we love to live it because it teaches us how to live correctly. We love to practice Phrenology because it gives us the

power of helping our friends and all humanity who come under our hands.

The phrenologist's mission is a grand one ; it is always in his power to do good. I am sorry to confess he does not always live up to his knowledge. With the innocent and the ignorant we sympathize, but the man with the knowledge of the right who goes and deliberately commits the wrong we cannot but detest. This is why it is so hard for humanity to excuse a wrong act in a phrenologist, because they know that the phrenologist knows the right path to tread, and I want to impress upon this class the absolute necessity of living the phrenological life,—which is all purity and approaching the perfect. The phrenologist, the true phrenologist, is the director and the leader to all that is good and true. The phrenologist knows more concerning humanity than the minister, therefore he must be a better advisor and a better man.

The phrenologist understands man's wonder-

ful make-up better than the physician, therefore he can heal better and prevent more disease ; in fact, this is one of the lines where the phrenologist can do his greatest good, that is, in preventing disease.

Phrenology gives us the key to health and through Phrenology we detect the cause of ill health and the ways and means of preventing and curing all disease.

If Phrenology gives us the power to know ourselves, which it undoubtedly does, then the phrenologist must be expected to be the perfect man. And when he is not, we find it hard to make an excuse for him ; for we know that he willfully and knowingly transgresses the laws of knowledge, and we feel like shouting or hissing at him : " Practice what you preach."

Temptations come to all, but you should remember that you are not a man if a temptation you cannot resist.

The life lived pure and good without a temptation would deserve but little credit, but the

one who can conquer the most, deserves the brightest jewels.

Phrenology means much to me ; I hope it does to you ; and if we love the name Phrenology as we should, we will never do aught to disgrace it, but will ever seek to build it up and through its searchlight power we will strive to seek out the diamonds of humanity and polish them to their utmost brilliancy.

Your knowledge you will always have with you. See that you use it to the best possible advantage ; act well your part and do all the good you can.

Now, class friends, I must admit there comes over me to-night a feeling of sadness. I am sad in the thought that this is our last meeting. It is needless for me to tell you that we have learned to love you. Yes, we love you, collectively and individually ; we are proud of you and proud of your work.

In former years the saddest words of all to me were good bye ; but to-night I realize that to

say good bye to you means for you, good luck, good work and a life of success, if you but follow the teachings of our grand mental and moral science, which you now so thoroughly understand. We commend you to our friends, and trust that the future may be bright to you all.

I wish to thank the members of this class for the many encouraging words and magnificent presents they have bestowed upon me. Be assured, friends, that I shall treasure each token, and in all years to come I shall never forget the dear friends of the class of 1894. (Applause.)

L. D. W.

FACE STUDY OR PHYSIOGNOMY.

WE study the face because it is convenient to do so, not because there is more character in the face than in any other portion of the body, for character—the whole character is expressed in the little finger or the big toe

just as it is in the face ; it only depends upon your skill to read it.

We prefer, however, to study the face because we have more opportunities at that. We can study faces all day long and no one knows it. We can even look into the eye and penetrate its depths and the owner does not detect that we are reading his inner soul.

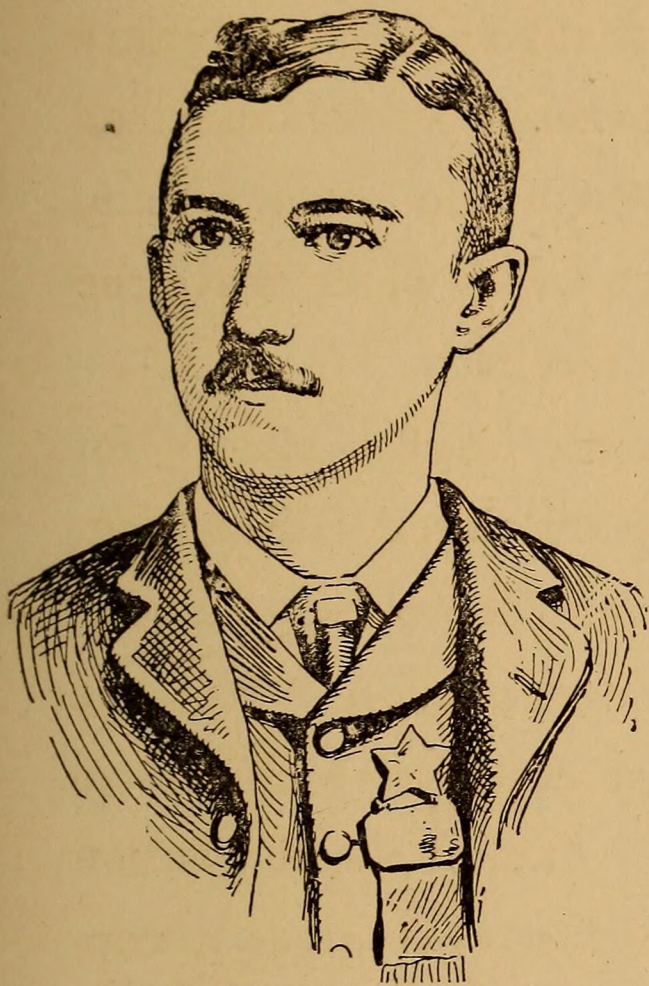
Face study or physiognomy is often misunderstood. It is simply the external appearance or the channel through which we gain phrenological facts. The face is the index of character, or the geography or map of the mind within, while the brain is the throne of the emotions and the battlefield of the passions.

Every thought-wave leaves its imprint on the face. For every pure and holy thought there is left a line or dot, and for every impure and revengeful thought there also comes the line and strong these lines are marked in many a otherwise lovely face and how easily read by the cultivated face delineator. If young people only

knew that they were marring their facial beauty by every act of unkindness, peevishness, bad temper, jealousy, etc., they would often refrain, and instead, practice the virtues which leave the beautifying lines on the face.

Thoughts and actions are mighty chisels for the countenance or face—the chisel of discontent, for instance. This is one of the chisels that disfigure and mar the beauty of the face. It is one of the sharpest and most destructive chisels to the human countenance. It mars the disposition and then disfigures the face. It gives a contemptuous curl to the lips and draws down the corners of the mouth and leaves various signs easily read by those who study character.

Another disfiguring chisel is revenge or hate. This chisel cuts deep and leaves some very ugly marks, especially around the eyes. It puts cruelty into the compression of the lips and a tinge of spite spreads over the entire face, and you can tell from that face that the owner is pursuing some one and trying to get even, as he



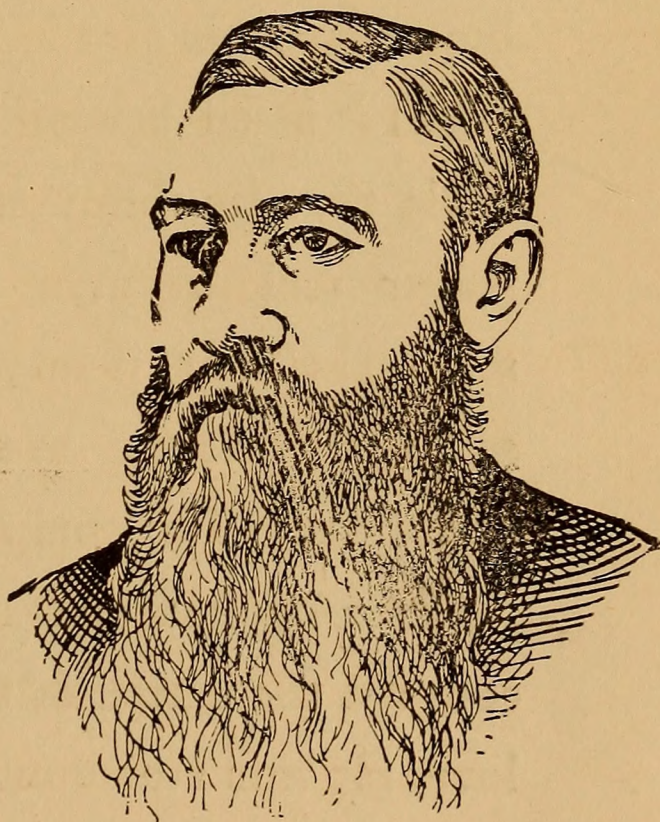
An Intelligent Face.



A Strong Face.



A Harmonious Face.



A Benevolent Face.

calls it, little knowing that he is wronging himself more than any one else.

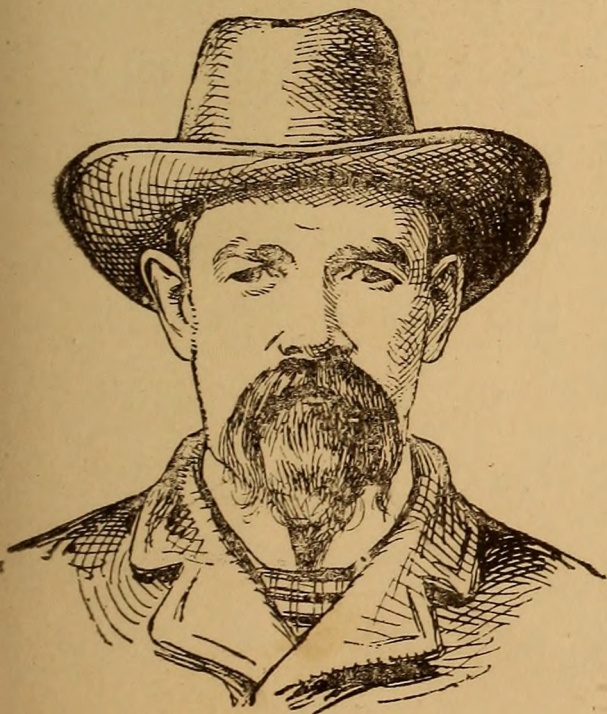
But here comes another chisel which is far more pleasant to contemplate. It is the chisel of kindness. It is the chisel of kindness and of love. Here we have the most magnificent sculptor that ever touched the human countenance. The entire face becomes, under this chisel of kindness and love, a masterpiece on which all the best artists of nature begin to put their finest strokes and on the small compass of that face are put pictures of resplendent beauty. This face is known and loved the world over; it is so bewitching, so enticing, so magnetic, that we follow it, for we are loth to lose its power and beauty, for it invigorates us, it strengthens us, it teaches us that life is within and not without. We all love this face and feel its influence for good always, whenever we meet it, so why not endeavor to cultivate and encourage the action of the chisel of kindness and love, for this really embraces the chisel of bene-



An Inquisitive Face.



A Confident Face.



An Executive Face.



An Artistic Face.

volence, of charity and of many other graces which add to the glory of the face.

We should ever strive to hold and suppress the chisels which mar the face and destroy the character of the soul or mind. But we should seek to encourage the chisels whose every line gives added strength to the inner man and a rarer, richer beauty to the face.

L. D. W.

SYMPATHETIC ACTION OF THE BRAIN.

SYMPATHY gives us the key-note of the brains wonderful action. Phrenology long years ago, discovered that the brain was composed of many organs or convolutions, but many have been the theories as to the action of these different faculties of the mind. Do they or can they act individually? or does one organ or set of organs control the others? are questions which many honest people are asking themselves to-day. We rarely use the word con-

trol, for we prefer the term assist; but we recognize the fact however, that each organ in the brain controls at some particular time. We like to illustrate the action of the faculties of the brain by a School of Fishes. You may think this a novel illustration, but we will try to explain. See the School of Fishes going up stream how graceful and perfect is their every movement. If you will notice there is one a little in the lead, he is the controlling fish or brain faculty just at this time, the others are all following—assisting. On they go, upward bound, noiselessly and tranquilly they glide up stream, first one then another in the lead but all assisting.

All moves well as long as we are heading up stream, or in other words as long as each faculty is exercised in the correct manner, for there necessarily is the correct and the incorrect use or exercise of every faculty of the mind, for one organ of the brain is just as necessary and as pure in its correct action as any other. But as

long as we keep the entire brain under its correct action we are with the fishes—moving up stream and pulling for the fountain head—something in the beyond. Ambition leads us on and on, with the faculties of the brain moving in this direction, we develop the best side of life which is all brightness, intellectuality, love, health and happiness. The correct use or action of the mental faculties always insures us joy and gives us the radiance of the pure life. The incorrect use of the organs of the brain inevitably bring us sorrow or the reverse of the correct action. Thus we see great and good natures turn down the stream of life. Plainly we can see the leading faculty, we note the turn, we spot the leader and note the restraining forces, some of the organs will not turn at first, but they try hard to pull on up the stream and gain the prize; but the strongest will win and thus we often see those who are dear to us carried down the stream by the incorrect action of one or more organs of the brain.

The restraints or hold back influences that do not turn down stream after their leader, may prove but temporary, for if the acting organ or leading faculty be the larger and stronger, soon you will see the other organs, one by one, turn and fall in line and down our idol goes, treading the lower walks of life, just as we see the School of Fishes turn down stream, each following in rapid succession until all are gliding down stream together, one leading and the others assisting. These are the two extremes of life, however, we see them every day and while the former is to be loved and sought for, the latter is to be spurned. How careful we should be to keep every faculty in its normal action and be as nature intended us to be--pure, healthy and happy beings, walking in the right way.

L. D. W.

DOMESTIC CO-OPERATION.

THE late Oliver Wendell Holmes once said, “that some literary men reminded him of big, magnificent ships that got all the credit for their own beauty and usefulness, while in reality some busy little tug of a wife was pulling them over the shoals.”

We were reminded of the truth of the above statement during the recent political campaign by a letter we received from a lady friend, who was the wife of a contestant. In her letter to us she said: “My husband may not be elected, but if he fails it won't be my fault.”

I well knew what that meant, for I knew the couple. He is a man of great power, mentally and physically, stands over six feet in height and draws the scales to near 300.

While she is medium in size, but solid and compact, energetic and forcible, and ever ambi-

tious to see her husband in the front ranks, so I see her tug, tug, tugging away, pulling that big husband up to fame, and all the while not even being detected, for she is so diminutive that we look over her as we admire this majestic ship—the successful man.

The best of all is that she is happy in her work, happy—yes, her husband is her idol; his success is her heaven, why shouldn't she be happy?

If people would only realize that there is more pleasure derived from working to benefit others than for selfish motives, we would cease to wonder that the little tug boat characters are happy in their work.

All the stimulus such a wife needs is a loving and appreciative husband, for just as long as she knows that he recognizes and appreciates her efforts in his behalf she never wearies.

No labor is too great for her to undertake; no sacrifice too much for her to make; loving, trusting, hoping ever, working and living all for him.

Some men, however, are ashamed to own that their wives can or do aid them in any way ; they think it takes from them their glory, as they call it, forgetting the fact that it takes a man and woman to constitute the complete humanity. But many of our best known characters to-day are proud to own that their wives are their helpers. It seems to me that it would be a disgrace on the man's judgment if she was the reverse ; for he surely made his own selection and "took unto himself a wife."

It is said of Talmage, who can command the handsome sum of from \$500 to \$1,000 for a single lecture, that he would be a poor man had his wife not constantly watched him, while he has the name of being a shrewed business man by those who are not familiar with the facts in the case.

And Bob Burdette, that irrepressible Bob, the prince of humorists, proudly says that he owes all his success on the lecture platform to his little invalid wife, to whose memory he is still

devoted. We all remember the pathetic verses he wrote at the time of her death. Although years have passed since that sad hour, he seems to feel her loss just as much to-day.

We are told he has her portrait in his room, and every day he takes his little boy to pray before that picture. That woman, although an invalid, did much for the world when she launched that majestic ship, Bob Burdette, for he is one of the most attractive men before the public to-day.

We like to see husband and wife working side by side and if both are capable, it is really wonderful how much they can accomplish in a very short time. Each working for the other, unmindful of self, success soon crowns their efforts and happiness reigns supreme.

L. D. W.

BENEVOLENCE.

WHO of us does not admire the benevolent person? The word alone brings many pleasant memories to mind. Benevolence gives us sympathy, liberality, philanthropy, etc. The benevolent person is gentle and forgiving and ever solicitous of others interests, often neglecting self for others. This is a good faculty to cultivate in childhood. Teach the little ones to be sympathetic and kind to each other. Teach them to be kind to their dogs, cats, horses and in fact everything, you cannot begin the exercise of Benevolence too soon.

Benevolence is neglected in our education today, everybody is for self, instead of living for others and the good we may do. The benevolent person holds a diamond key which fre-

quently unlocks the door of misery and brings to view the richness and splendor of happiness.

The benevolent and sympathetic nature can place himself en rapport with the feelings or desires of others and can thus see and know how and where to turn his actions for good, but of course this faculty, like all others, can become too large and then we have if extremely large, a character like Gosse, the Englishman, who gave away an immense fortune,—afterwards inherited another and this time appointed an agent to take care of his money so he would not give it all away. The agent would give him out his allowance at regular times, but he spent the most of it in charity and when his money was exhausted he would break down and cry because he had no more to give.

What we want is normal action of every organ of the brain, for we do not want the person of too much Benevolence neither do we want the character who is devoid of this grand and lovely element. We are a blessed people for we are living



CHARLES GIRARD CONN, M. C.

Benevolence and Friendship large and active. A strong popular character, possessing great driving power and endurance, with excellent constructive talent and intellectual capacity.

in an age of scientific research and through Phrenology we can cultivate or restrain Benevolence and bring it to its normal action, for Phrenology unlocks the chain of ignorance and shows us the true state of our Benevolence and if too small, which is generally the case, we can see through the brilliant flash of phrenological knowledge the ways and means of developing ourselves to what we should be in this faculty.

It is deplorable to scatter thorns in the pathway of another, so with Benevolence large we give our neighbor smiles instead of frowns and smiles are flowers along life's roadway. A kindness is never lost, for even if it falls unheeded upon the object, it is a benefit to ourselves always, for an act of kindness brings out one of the best elements of our nature, so you see it is a culture to ourselves as well as a benefit and happiness to others. Gladstone, that grand old man, is noted for his Benevolence, which is often shown in little things, such as giving a bunch of flowers to a servant who chanced to pass him

in his garden saying "pray accept them." His Benevolence is shown when he visited the poor street sweeper who was taken ill and we know by studying his character that many a burden has been lifted from sorrowing heads by Gladstone's Benevolence.

Many people think that if they have not money they can accomplish nothing in the line of Benevolence, but this is wrong for there are kindnesses worth more than money. Sometimes even a kind word or a smile is of more value to some hungry soul than the glittering gold could possibly be. Gold can do much to bring happiness and sometimes health, but kindness, real true Benevolence can do more than gold with all her power, for Benevolence can and does reach the heart through sympathy and satisfies the hungry nature and often we find a mental hunger for more devouring than the physical hunger even is. True Benevolence is a great virtue and a joy unto ourselves and to others. Learn to do good and to cultivate this

sentiment of Benevolence which is beautifully expressed in the following lines .

“The bread that bringeth strength I want to give
The water pure that bids the thirsty live,
I want to help the fainting day by day :
I'm sure I shall not pass again this way.

I want to give the oil of joy for tears,
The faith to conquer crowding doubts and fears,
Beauty for ashes may I give always ;
I'm sure I shall not pass again this way.

I want to give good measure running o'er,
And into angry hearts I want to pour
The answer soft that turneth wrath away ;
I'm sure I shall not pass again this way.

I want to give to others hope and faith,
I want to do all that the master saith,
I want to live aright from day to day :
I'm sure I shall not pass again this way.”

Life is so uncertain, hence the great importance of doing all the good we can—to-day. It is easy to lift the burden of care, if we will give our kind words and acts toward that end.

If we are cultivating the Benevolence of our nature we will be able to see the opportunity to exercise this element daily, for charity is needed on every hand.

L. D. W.

WHY ARE WE HERE.

(LECTURE DELIVERED AT THE OPENING EXERCISES
OF THE WINDSOR COLLEGE OF PHRENOLOGY,
WASHINGTON, D. C., CLASS OF 1895.)

Mr. President and friends :

WE have come together for a noble purpose. We are not here simply to be entertained, but to work and to study humanity. I hope, everyone of you will in sincerity, study the greatest, the grandest, the purest and the best of all the sciences, Mental and Moral Philosophy. Greatest, grandest, purest and best, because, it deals with humanity. With this science we are fascinated when we learn of its possibilities, and when we dive into the depths and learn its inmost secrets, we are fascinated the more. The more we learn, the more we wish to learn. The more we learn, the more we can learn, for with knowledge comes the increase of

power for knowledge. So I would say, do not grow weary, if the first lessons seem mystifying and hard to learn, for as you learn and study day by day, the grand truths of our science will unfold before your vision, as does the rose bud burst into the full blown rose before the sun's rays. Day after day the leaves of the great book, unfolding to you the truths and possibilities of Phrenology, will be turned, and on each page, will be found a new and more interesting lesson. Mental and Moral phylosophy, how much is meant by these words, we can not even give you a faint idea to-day, for the possibilities of this science are simply at present unlimited. (C)

You may not have the culture of the schools, nor the polish of fashion, but by a knowledge of Mental and Moral phylosophy you become masters of men. You must remember that it is not always the most learned who amount to the most, but it is the one who puts his knowledge to the best use. (L)

To be sure those of you, who have been blessed with a good education have that much advantage; but watch you, that some of the less fortunate ones do not surpass you in this work. Mental and Moral philosophy to my mind simply means to use the mind to the best possible advantage. We should so thoroughly study and understand the mental forces, that we have every manifestation of our mentality under perfect control, and as the mind controls the physical, we have no trouble in holding to the moral. I find myself, more pleasure in the art of transference of thought, than in almost anything in life, and I hope you will all be able to grasp this thought in its full meaning, ere this class closes.

By transference of thought I mean simply this, that when any faculty in the brain becomes unduly excited, or rather when approaching this state; to transfer the thought from that excited area, to another part of the head or brain, and thereby restore the equilibrium. Normal action

of the entire brain is what we desire ; and what we must have, if we would obtain the best results.

Phrenology alone teaches us these powers ; in fact it is the only science which attempts to fathom this wonderful make-up of ours. But knowledge of this science makes it possible for you to know thyself ; and not only that, but to know all humanity.

Life and humanity are made up of wondrous beauty, if we only have the power of seeing it ; we can never, except through Phrenology, appreciate the "human form divine" for instance, for knowledge gives us the power of appreciating every curve and angle.

Everything in nature has its place and when we understand the cause and the benefit of anything, we can the better appreciate it. So with humanity, when we understand the wonderful make-up of creation called Man, then and only then, can we appreciate him. Man, who is only a little lower than the angels we can study and

study to advantage and strive through Mental and Moral philosophy to perfect him, and make him a fit associate. We love Phrenology more than any other science, because it teaches us of man and gives us the power of understanding how to live and how to teach others to live. Through this science we can cultivate any deficiency and make ourselves grow more and more perfect. The mental forces of man are many and therefore capable of good and evil, it is said we have two distinct natures, the good and the bad, whether that be true or false, it surely requires both knowledge and effort to only show the good ; and in this, Phrenology is our guide, for through it, we can restrain, or cultivate as the case requires.

The study of human nature is always interesting and there are no two organizations alike, so you see we have great variety in our work ; what is prominent in one, may be deficient in another and vice versa.

Character study is valuable to all ; we are all

at birth, naturally phrenologists, see the tiny babe in his cradle how he studies each face that bends over him and he very soon knows his friends from the stranger and if a harsh word is spoken, look at the quiver of his mouth and the instant tear drop in his eye ; even when he does not cry out from real fright. My baby used to be particularly sensitive to all harshness and I used to delight in teaching him and scolding him, just to see him jump and primp up his mouth to cry, and then I would laugh at him and drive his fear away.

Now this was a dangerous amusement, which I in my ignorance was guilty of. We are by nature, the most of us, very sensitive to harshness and instead of being frightened we should be soothed and gradually this extreme sensitiveness would be overcome in early youth. We should never weary of studying humanity. From the cradle to the grave we must associate with men, therefore we should know with whom we live. Phrenology teaches us what man is,

and how to make the most of him by understanding the brain and its functions. I have often had subjects come to me saying, "I want my fortune told," this used to anger me, and I would retort, I'm no fortune teller; but of late years I simply tell such friends the difference between my work and that of the fortune teller, for they pretend to tell you the future or what is going to happen, while we by measuring your capacity tell you how to make things happen. By this plan, I almost always gain my subject for an examination and generally convert him to Phrenology.

The people of earth have always longed for some one to lift the veil of the impenetrable future and let them gaze at the far beyond; this we can do by the aid of Phrenology, for we can make our future to a great extent just as we wish it to be, not always to be sure, but generally speaking, yes. Phrenology is the art of reading character, or the science of the mind; as an art, it is the leader of all accomplishments,

for it serves us every day through life.

As a science, it gives us the grandest philosophy with which we are enabled to develop and perfect our beings.

When Dr. Francis Joseph Gall, our honored and beloved discoverer of the mental science now known as Phrenology, announced his knowledge, he threw a search light, as it were, over the entire race, which is still shining and growing brighter and brighter each day, and is destined to illuminate the whole world through this intelligence and glorious philosophy.

The principles of Phrenology as discovered by Gall, and practiced by his followers down to the present time, have done much for us and will do more for the next generation.

When you leave this College with our Diploma and find that you can take a head that you have never seen before and describe the character so minutely and correctly that the owner himself is astonished, and tells you that you know him and have read him better than

his most intimate friends could do, then you will realize what priceless knowledge you are the the possessor of. The power for good which the phrenologist holds is greater than you can now imagine, or than I can tell you.

For the true phrenologist is really the only friend, for he it is, who understands your nature ; he is your physician, mentally and physically, and in conclusion I would say to you that you are going to enter a profession now in which there are more and grander possibilities before you than you could find in any other line in all the many walks of life and I bid you to-day great speed ; may you all study hard and learn the innermost secrets of the brain and prove an honor to yourselves, to your teachers and to the science which we all love so dearly—Phrenology.—(Applause.)

L. D. W.

THE CHAIN OF LIFE.

WHAT is life? is it simply an existence?
Ah, no. The Poet has told us that,

“We live in deeds, not years,—
In thoughts, not breaths,
In feelings, not in figures on a dial ;—

We should count time by heart-throbs. He most lives
Who thinks most ; feels the noblest ; acts the best.”

Life is one succession of details and constant changing. Therefore it is of the utmost importance that we know and understand how to make the most out of life and its privileges. Little things make up life, it may be a grand life—it may be an existence—life.

Environments have much to do with forming our character, but we must work to turn all for good and we can often do this, if we have the knowledge of life and of what life really should be. The first link in the chain is a most important one and in order to make the very best out of life we should be well born, as all the other links must depend upon the strength of the be-

ginning link, or the first link of life, hence the great importance of pure and loving parentage.

Considering that we are in the first link perfect (which but few of us are,) then we can begin to add on another link with the assurance that the first can bear the additional strain. Education may make or mar the whole chain of life. Correct Education beautifies the outer and the inner life. Incorrect Education may deface and deform us mentally and physically, thus the great importance of learning to think for one's self, "Be sure you're right, then go ahead." We must learn how to think, think, think. This is the greatest of all lessons and when we have learned how to think, then we must act, for "We live in deeds, not years." The deeds of our lives make a strong link and the metal should be of the purest and strongest, for good deeds are upbuilding, refining and purifying to one's own being, while wrong deeds are debasing and demoralizing. Our thoughts and actions should make strong links for right and

progress in the chain of life. We must so learn to control the thoughts and actions that we produce harmonious results.

The number of years does not give our life, but the number of deeds and thoughts make or mar the chain. The one who thinks the most, and feels the noblest and whose acts are the best, is the one whose life is the longest and this is the one who adds the strong and durable links to his chain of life. This chain of life is started without our knowledge and often to our sorrow, but we can have much to do with forming the links that follow the early life, if we will study and learn life's mysteries. We must learn that to form the link of good deeds we must do good deeds. That to form the link of pure thoughts we must think pure thoughts, for our lives are largely what we think and act. If we study and strive to live a pure and noble life, thinking pure thoughts, doing noble, generous deeds, ever striving to climb upwards, always looking forward and taking the advancing

step, then we are forming the link in the chain of life of good character. But if we, instead, study thieving and the immoral side of life, thinking the thoughts of the thief, the low and the vulgar, associating and courting the friendship of the impure, then we add the link of the bad character to our lives. This latter we cannot afford to do, for this is not life, it is simply an existence. We must live for a purpose and that purpose a noble one. The true life is lived to develop and to perfect one's self mentally and physically and to help others to live and to form links that are strong and enduring in their Chain of Life. The true life always thinks of others and is ever anxious for the opportunity to aid and to benefit others. Let us strive to live, so that the chain of our lives made in the future, may approximate the perfect. This we may do by the aid of Phrenology and I heartily recommend its study to each and all, who believe in the upbuilding of humanity.

L. D. W.



CHARLES RICH JOHNSON, OF TOLEDO, OHIO,

A writer of note and merit, his specialty being "Life Sketches." On this work he has achieved great success. The Author would refer the reader to the sketch of herself in this volume for a sample of Mr. Johnson's talent of Sketch writing. We bespeak for him a brilliant future in the line of literature.

THE PHRENOLOGIST.

HIS DUTIES AND PRIVILEGES.

(DELIVERED AT THE COMMENCEMENT EXERCISES OF
THE WINDSOR COLLEGE OF PHRENOLOGY, WASH-
INGTON, D. C. CLASS OF 1895.)

Mr. President, Friends and Class of '95.

PHRENOLOGY and Phrenologists are not,
I am exceedingly sorry to say, under-
stood by humanity in general and it is a lamen-
table fact, that many who term themselves
Phrenologists do not even understand them-
selves, which is the first lesson in Phrenology.

“Know thyself” and until you do study and
know the powers of your own mind and
body, it is utter uselessness to think
that you can read any one else. For the
study of self-character is the a b c of Phrenology.

The Phrenologist, I mean the true Phrenolo-

gist, is proud of himself and proud of his profession. And he has a perfect right to be, for his profession is second to none.

The Phrenologist must realize and recognize the power for good, he holds over himself and all humanity. The man nor woman who does not first study and develop self, according to Phrenology, has no right to the name of Phrenologist for the true Phrenologist must show both culture and contro'. I want to impress upon this class tonight what it means to be a true Phrenologist. It means first of all to gain control of your own organization! Normal action of every organ of the brain is what is absolutely needed, and you cannot be the perfect Phrenologist until you gain control of every faculty of the mind, for example you cannot be a moral man and let Amativeness have full sway, this is not Phrenology. The true Phrenologist cannot use tobacco, wine, nor any of the many stimulants and non-necessities that are within our power to use, for this would be a perversion

of one of the organs of the brain, Alimentiveness. To preserve health, this is one of the most important organs to consider.

The true phrenological life is the nearest perfection known to earth today and the Phrenologist who is true unto himself and to his profession, will not fail each day, to strike the keys of his own organization, testing their strength and power and according to Phrenology strive to keep normal action. The brain is a complicated key-board and requires our constant attention, else we will loose control and then not only ourselves suffer the consequences, but often our friends or loved ones are drawn into the net and submerged,—and why? Because normal action of the brain was not present, hence you see the great importance of holding yourself under absolute control.

The students who are leaving us tonight, carrying with them our Diplomas, know well how to develop, or to restrain each and every organ of the brain and my faith in you tells me, that

you will never cease your efforts to develop and perfect your own organizations.

The Phrenologist has a great work to do, the harvest is great and the laborers are few indeed. There is no profession where recruits are needed as badly as in Phrenology, so those of you who have decided to accept Phrenology as your life work will find plenty of work which is always a pleasant duty and then too, you will have the privilege of reaping the golden harvest of money and renown. I don't mean that as a Phrenologist a flood of money will be yours without effort. It has been said that all things come to him who waits, but we don't find it so in our experience and I would have each of you to remember this fact, that "it is not wealth, nor rank, nor fate, but get up and get that makes us great."

A lazy man will never accomplish anything in Phrenology unless he has a tug boat to pull him along, or else someone blows him up with dynamite every day.

The true Phrenologist works because he loves too. There is a fascination in the phrenological work that cannot be found in any other profession. We love Phrenology and we love to work in humanity's cause for it leads up to aspirations grand and teaches us to be true to ourselves. The Phrenologist's power for good is limitless, for he can daily cultivate and bring unto himself added power and thus impart to others more and more of the great phrenological truths.

Humanity is hungering after the truths which Phrenology discloses and whenever your power to read character correctly becomes known the wealth of the people is laid at your feet.

Confidence must first be won. This is really one of the greatest elements of success to the Phrenologist. If you can win instantaneously the confidence of your subject, the work is half accomplished. His money is yours and best of all his attention is yours, he believes that you understand your business and that you will tell him the absolute facts concerning his organization.

And did it ever occur to you that the most interesting subject in the world to a man is—himself.

Whenever you prove to a man that you know anything about him, he is at once all attention.

To win and retain the confidence of the people you must first be worthy of their confidence.

The unworthy person in any line is short lived before the public. We cannot give out what we don't possess, hence the great necessity of dealing honestly, squarely and fairly with self first and then to others.

Professional confidence, the true Phrenologist inspires confidence, because he never betrays, his subjects can divulge to him the secrets of their whole lives and ask his advice on the most delicate matters and with the phrenological light before him and with sympathy and kindness ever active, he leads his subject out of darkness, into the light and will receive as his just reward, as I have received many and many a time, such words of encouragement as these, "Oh you have

taught me how to live and what to live for," a thousand such words as these will be spoken to you for good work.

I cannot impress upon you the importance of your position before the public as a Phrenologist. The power which you hold is far greater than you can now imagine. Your power is great both for good and evil, but it is my earnest desire that no member of this class will so far forget himself, or the dignity of his profession, to use his power for aught, but good. Unconsciously often by honest conscientious and scientific work we accomplish far more than the greatest imagination could picture. I could entertain you for hours with facts from my own experience as a Phrenologist, but this, although many things would be very interesting to you I do not deem necessary to give. 'Tis true we profit by each others experience, but we profit far more through our own. As you go out into the field each day will bring its own experiences and I hope that they will all be pleasant ones at first,

for I don't want one of you to become discouraged. But you must remember that life is not all sunshine and success and while every day may be Sunday "by and by" it certainly is not the case today. If we wish to climb the ladder of fame, it will require that we struggle on from day to day.

The Phrenologist enjoys a greater privilege here than any one else, for his knowledge gives him the power to control to a great extent people and circumstances, where others would fail. While knowledge gives us power, we must not become egotistical and forget that others have rights which we must respect. We must also guard against falling so much in love with self, that we imagine that our wish is law, which others must bow to in meek submission. The Phrenologist must not forget that he is the servant of the Public and if he wants the hearts and the pocket-books of the dear people opened for his benefit, he must respect public sentiment. We cannot afford as Phrenologists to ignore pub-

lic customs, or to fight public sentiment, creeds or dogmas. This is not Phrenology. It is both the duty and the privilege of the Phrenologist to live and practice Phrenology and when he does this well, he will have no time to deal with side issues. We believe in every man for his profession and the specialist is the only man of success today, so stick to Phrenology friends and develop the work and perfect yourselves.

The Phrenologist must live beyond reproach, not that his whole life must be perfection, but as a Phrenologist he is known to understand how to restrain a fault or how to cultivate a virtue, etc., in other words the Public expect more of the Phrenologist than any other person, but this, friends, is a compliment to our profession, for it shows that they think we know more, hence they expect more of us. Every act and word of the Phrenologist is studied and criticised by the dear Public and if we would be loved, trusted, honored and patronized let us live the life of purity and honesty; dealing out the

phrenological truths to the best of our ability—always. For almost one hundred years the phrenological light has been shining. The originator of this phrenological light being Dr. Francis Joseph Gall, whom we all honor. While to us he may be the brightest star, it was not in his power to do the good that we can do today for humanity. We have learned much in the past hundred years but today we are as babes, compared to what we will be in another century.

But let us one and all recognize our talents in this work and whether we have one or ten let us so cultivate and increase our strength that our power may be felt far and near. We can only fill our own place, let us fill that well.

The true Phrenologist is the true friend of humanity, for he understands and appreciates the good in man. The true Phrenologist is always seeking whom he may benefit and before I close I want to tell you that there are true Phrenologists in this room to-night. Conscient-

ious, honorable, sympathetic and trustworthy men and women who are willing and anxious to benefit humanity. These are the true Phrenologists.

Before I say good night I want to thank the members of this class and other friends for the many acts of kindness and tokens of friendship which I have received during my recent illness. I am nothing if not appreciative and the tiniest gift presented to me by friendship's hand awakens in me a flood of love and thankfulness. The favors I have received from you have been many and had I command of ten thousand more words than I have, I could not thank you as I would wish to do and then too, I am one who feels more than I can express.

First of all I would thank the members of this class and their friends who banded together in groups and stood around my bed-side night after night concentrating their will-power and force in willing my recovery. Friends—to me, this was the sweetest sight I ever saw, under-

derstanding mental science as I do, I realized the power of the concentrated thought of your little band and while of course we cannot tell, it may not be too much to say that you saved my life. As I would throw myself into the negative in order to receive the full benefit of your power the most beautiful thoughts would come to me and often when your little band would surround me when I was in the most intense pain, I would in a few minutes be relieved and several times almost slept. I never saw a work like this before and I am proud that I was the recipient of such favors, but I am prouder still to think that it was in the mind of woman that this system of healing was conceived. Am I mistaken when I say that Mrs. Compton, ministering angel that she is, was the originator of the thought and the leader of this little band of noble workers? Be that as it may I want to thank especially each and every one who composed this novel but noble band of healers. We are coming more and more as a people to ap-

preciate the power of mind over disease, therefore we can appreciate such work as this today as never before.

There were many other acts of kindness shown me, that will forever remain fresh to my memory, some of which I will mention.

To Mr. Andrew Ibach, I would thank for several beautiful boquets of rare and fragrant flowers.

To Mrs. Compton for some beautiful roses, presented with far more beautiful sentiments. I never receive a floral offering now but that my mind goes back to several months ago.

When I was lying with a raging fever with pulse over a hundred and my friends hardly expecting me to rally—the door was gently opened and our friend and brother in the science, Mr. Gannon, accompanied by his handsome and talented son came softly to my bedside, bearing in their hands two of the most beautiful pieces of floral design that I have ever seen.

As I looked at the beautiful flowers and in-

haled their rich perfume and realized the friendship which prompted their gift, there seemed to rise before me the star of hope. As I looked again, it seemed to grow more and more beautiful, more beautiful than any tongue could describe and out from its beautiful depths came the words, "all will yet be well."

And as trouble and sickness comes to me and I loose hope and feel almost desperate, this beautiful vision again appears and says, "all will yet be well." So to Mr. Gannon and his son I would again thank for their offering.

I am a great lover of the beautiful in nature and especially fond of flowers and in sickness more than in health my nature seems to call for them and I believe the rose especially, carries with it hope and life.

To Mrs. Kirby I am indebted for relief from pain more than once through her knowledge of Mental science.

Mr. Cowden with his juicy pears and Mr. Lee's delicious grapes I would not forget to

mention. Mr. Gray has been exceedingly kind and I have derived doubtless, much benefit through his superb magnetic power and genial benevolent nature. The latter can be no better expressed than by an expression of his own. He was standing by my bed one day when I was suffering intensely and as I looked up, I said, Oh, Mr. Gray, everybody is so kind to me, instantly he replied "that is because everyone loves you." Of course that is a broad statement, but nevertheless it was something to my aching brain.

To Miss Sealy I am indebted for the kind suggestion of the suspension of the College from Thursday till Monday, which proved very beneficial to me.

To Mr. Brown I can certainly not say enough, for if a friend in need, is one indeed, he has certainly proven himself many times.

Mrs. Compton I would especially thank for the portrait of myself, while modesty forbids me even in my enthusiasm over it, to say that it is

beautiful, yet, I can say the work is good of its kind and would advise anyone wishing that line of work done to first consult her before placing their orders.

Friends, I might go on and mention other members of the class and their many kindnesses to me, but suffice it to say that I thank you one and all, good night.—(Great Applause.)

At the conclusion of Madame Windsor's speech, she was presented by the Class of 1895, with a handsome Gold Medal, beautifully engraved and set with Pearls and Diamonds. The Medal was presented in her honor and in appreciation of the work she is doing for humanity. Madame Windsor responded in the following words :

“ Friends, I am overwhelmed with this, another token of friendship from your hands. I would attempt to thank you, but the English language is far too tame, however I would wish for those who have contributed to this beautiful Medal, that your lives and work may be as beautiful, as brilliant and as pure as is this gift which you have presented me to-night.”—(Applause.)

L. D. W.

EVILS AND PLEASURES
OF THE
KISSING HABIT.

KISSING is a very dangerous habit for ladies especially, because if you kiss a gentleman friend of yours for instance, you may not have strength enough to resist his further advances.

Kissing between the sexes is really the A, B, C, of future actions and experiments. I am not a believer in the practice and I do not see how any conscientious mind can be who understands the physiological and mental laws.

I think this way about the people who advocate promiscuous sex kissing. Some of them are good and conscientious people on other subjects, but on this subject they show their soft spot, or as the slangist of to-day would put it--here they show their "wheels." But it is hardly just to

blame them, for they are like the drunken man who thinks it is you who are drunk and not he.

For the man who believes in promiscuous sex kissing has imbibed so much of the rich delicious nectar of the kiss, that he has become deliriously kiss drunk and is as incapable of advising you on this subject as the man who has never had a kiss. I hardly think any of you would consider long the advice of the latter.

Therefore take the advice of one who knows what she is talking about and be careful who you kiss, or who you allow to kiss you. The kiss of the Child is pleasant, of the Aged, fraternal. The Friendship kiss is delightful and often very inspiring. The Sexual kiss delicious beyond description when correctly practiced.

There is a great difference between the kiss of friendship and the sexual kiss. It is especially the sexual kiss which I fight, for that is what wrecks the virtue of the world to-day. The man who advocates promiscuous sexual kissing generally hasn't much virtue to loose ;

of course there are exceptions to every general rule. There is no stronger advocate of correct sexual kissing than myself. But why should we debauch what should be a pure pleasure? I do not believe it a safe thing for the young lady to allow the kisses of her affianced even, for many are the girls whose virtue has been lost by this. One kiss calls for another, still another and so on until the young man accomplishes her ruin and then the idea of marriage to him is a thing of the past; of course she pleads, but all in vain; his eyes are open now watching for another victim and soon he finds her, so the poor girl whose virtue he has taken is left alone in her sorrow.

Girls let me beg you never to allow the first kiss and then all will go well till your wedding day, then you can fully enjoy this delightful and rapturous pastime. It is to save the virtue of our women and our country that I raise my warning cry against promiscuous sex kissing.

Now this would not be necessary if all were

virtuous, but such is not the case and just as long as there are men roaming in our society who are looking diligently for every chance to rob woman of her virtue—just that long woman must be equally anxious to stand firm in her womanhood.

I have given you my greatest reason for opposing promiscuous kissing, but it is unwholesome and often exceedingly dangerous to life, as diseases are more readily transmitted through the kiss than any other way. Diphtheria could spread rapidly this way and often does go through a family from no other cause. Consumption also goes through families often the same way. The Bacteria is transmitted from one member to the other through the kiss affectionately given. We see this often the case with the husband and wife.

The Husband takes consumption through heredity perhaps; of course the wife is his sympathizer and tries to love him back to life and through her kisses and caresses, she too suc-

cumbs to the dread disease and sometimes even dies first.

There is often great harm done to a child by the kisses of its aged grandparents, while the kisses of the youth to the old are life giving, from the old to the young is life destroying.

One of the most affecting scenes I ever saw is this, I have a dear young lady friend whose mother is very aged and decrepid. I never saw such devotion in mother and daughter as exists here in all my contact with people. While it is sweet to see this devotion we must not be blind as to the results. It is simply this, that girl through her kisses and carresses is keeping her mother supplied with life force, while the mother is happy in the youth vigor which she daily imbibes and ignorant of the fact that she is taking the very life itself from her daughter, but it is clear to the scientific eye that while the mother is living the daughter is dying and I fear will pass to the beyond first.

Should I tell her the facts, her devotion is so

strong that she would willingly and knowingly give her life to her mother, for her self love is exceedingly weak.

You ask what should be done with such cases? why, separate them by all means, for the old must die while the young may live, it is not necessary to separate them entirely this would be cruel to both, but in justice to my friend she should only see her mother occasionally and should associate herself with young and vivacious people and if she had several gentlemen friends of this type, their magnetism, if they were pure men, would even be more life giving to her than the lady friends. I have even tried to get her to marry, hoping thus to divert her love and thoughts from the mother to the husband, but she says, Oh, Madame! I could never marry while my mother lives—this is a love born of heaven, the mother so near heaven's door may appreciate it, but where is the man who would?

The friendship kiss I must not omit, for I

love this kiss. I love to receive it and I love to bestow it.

This is the kiss imprinted on the brow or cheek, (not necessarily on the lips as some think.) We are impelled to give this kiss through great admiration or gratitude. I never speak of this friendship kiss but that my mind reverts to that famous speech of Bob Ingersol, by which he cleared the notorious out-law, Frank James. At the close of this great flow of oratory, Mrs. James, in her enthusiasm and deep gratitude, rushed forward and threw her arms around Ingersol's neck and kissed him. What a scene—to my mind there never was a purer kiss given under heaven than that wife's kiss of gratitude to Ingersol.

We find it hard, however, sometimes to tell the kiss of friendship from the traitors kiss, this can only be done by sensing the others nature and motives. As I have said before I love the friendship kiss, for it has given me some of my best inspirations. This kiss is almost exclu-

sively practiced by women. Men express this sentiment when they feel it by words of encouragement—not kisses. But woman can express more friendship and gratitude in one kiss than she could in an hour's speech. This kiss even should not be given promiscuously, for then it becomes the traitor's kiss; but we should bestow this kiss upon only those who are worthy of our truest friendship and to those whom we want to encourage. Years ago I did not know the value of this kiss from woman to woman, however I felt its impulses. One evening I heard a lady, who to-day is a shining light in the lecture field, give her first lecture. I was the only person in the house who knew that it was her first attempt. We were warm friends and were stopping at the same Hotel; of course, after the lecture, she was anxious to know if I had been pleased.

As she stepped from the platform many friends pressed forward to congratulate her on her lecture, which was certainly meritorious, but

she turned from them to me and whispered, "how did I do?" Oh, I said, just too nice for anything, you deserve a kiss. Like a flash she said, "why not kiss me?" it is needless to say she got the kiss and a genuine one at that, for I was indeed proud of her and her work. We can often do a great deal of good by expressing our emotions in this way to our sex, for they need our encouragement. Of course we often feel grateful and proud of men in their work, but we should express this sentiment by thanks and encouraging words like they would do under similar circumstances, remembering that there is an eternal fitness of things. Kissing children, especially infants in the mouth is a very dangerous habit; in fact, I think this habit of parents and friends, robs many and many a cradle of its gem.

Parents, don't kiss your babies in the mouth, kiss them anywhere else, everywhere else but in the mouth. I have spoken of this before and I think I have made myself clear on this

kissing question, the greatest of all luxuries and gives one the greatest of all benefits when enjoyed under the correct environments. But remember, one and all, that what is sometimes "meat for one is death to the other" and so we must study the natural laws and try to benefit all and not injure any one. So be careful friends upon whom you bestow your kisses and from whom you receive this curtesey.

Because there are the fewest persons, men or women who are sufficiently cleanly to say, nothing of health, to allow of promiscuous kissing.

If the teeth are not kept constantly brushed, the tongue scraped, the entire mouth washed and purified with plenty of water and fluids used for this purpose, the alimentary tract kept clean of all impurities, the stomach in a perfectly healthy condition, etc. I say, unless the above conditions exist, the kiss will invariably do you harm, considering of course that you are in perfect condition and while you may

benefit your friend by your cleanly and life giving kiss, can you afford to expend your vitality at such a risk?

L. D. W.

TEMPERAMENTS.

THE Temperament of a person is the peculiar and habitual condition of his constitution, arising from the combined action of its organic forces.

The Bilious Temperament or what is known as the Brunette, has an active liver, which generates a great amount of bile, hence the name Bilious Temperament.

This Temperament gives us a remarkable Character, it has great enduring power—the Brunette is hard to kill with either work or sorrow. The Bilious Temperament gives us strong motive power, few indeed are the fleshy people of the Bilious type, but they are rather motive strong and very enduring. Abraham Lincoln

was a splendid type of the Bilious Temperament. His hair was strong and course and very black, features strong and powerful, high cheek bones, well outlined nose, all indicative of a strong nature. Opposed to this is the Sanguine Temperament, or Blood Temperament, or the Blonde Character.

Here we have the light hair and blue eyes. This is the Inflammable Temperament, the fickle organization, one mind today another tomorrow, there is but little concentration of thought and stability in the extreme Blonde Temperament.

Of course in the more blended character we have also the stability and concentration.

The Blonde has a fine circulation hence can readily throw off disease, while with the Brunette the circulation is poor.

All Temperaments can be devitalized but we are speaking simple of the natural Temperament when not diseased.

Temperament is a very valuable study as it decides the shape of the head and it is an import-



DAISY BARNWELL HARRISON.

Bilious-Mental-Motive Temperament, Strong and Responsive Quality. Large Objective Intellect and Physical Energy possessing fine abilities as a teacher and exemplifier of all forms of Physical Culture Elocution and Expression.

ant thing to consider in adapting men to their life work, as Temperament has much to do with the success of the person.

The Motive Temperament boy wants to run and to tie him down to the reading room or any indoor work is barbarism, while the Mental Temperament boy loves to read and think, he is good company to himself and often if this Temperament is left to itself, will read itself to death—starve out the vital forces by non-exercise.

Excessive mentality dreads rough play, while to the motive Temperament the rougher the play the more enjoyable.

If people only understood their children's Temperament then they would understand their actions.

If Phrenology gave us nothing else, but an understanding of the Temperaments that alone would be of inestimable value to the human race.

The Vital Temperament gives us the lazy organization, lack of moving power, but often accompanied with superb talents.

Children are often fed too much and they take on the Vital Temperament.

Children should be plump but not too fat. They should take on Vitality sufficient to have reserve force enough to pass through puberty and be assured of perfect health after puberty is established, but too much fat, makes against the mental development.

Physical exercise is natural to childhood and when the children ask questions they should be answered and encouraged to ask more. Physical exercise develops the motive Temperament. Let the children go to see the fire-works or anything else they will for this seeing develops the perceptives and tends to develop the Mental Temperament.

Niagara Falls or the Rocky Mountains is a good place to develop motive power, the climbing of hills develops the muscles and strengthens the organic structure.

The Brunette is the Positive Temperament or organization while the Blonde is the Negative.

We have many Temperaments because the Temperaments of the Caucasian race are not the Temperaments of other races, each have peculiarities of their own, which must be described.

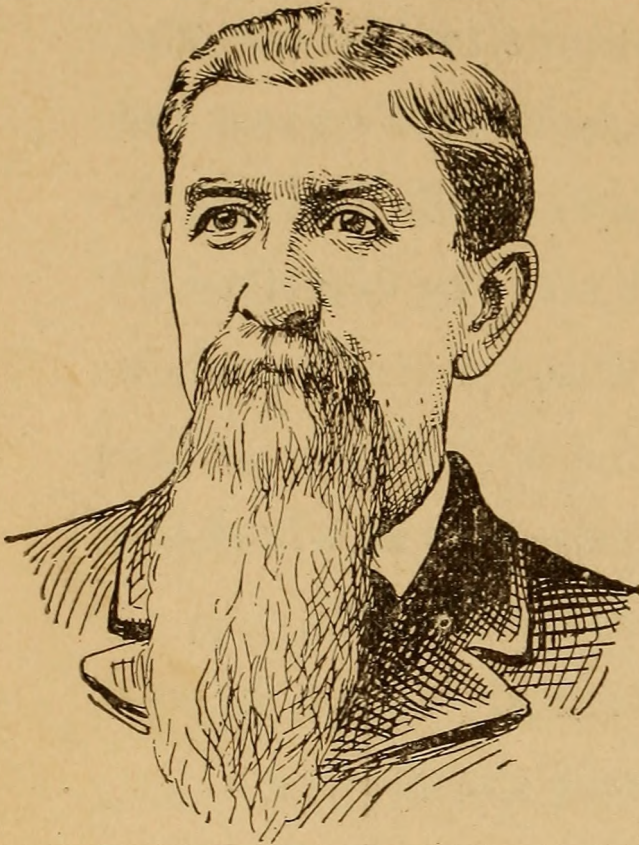
In the accompanying illustration we show you four combinations :

First—The Motive Mental--this is where the Motive power is in excess of the Mental.

Second—We have the Mental Motive here—the Mental predominates over the Motive.

Third—We have the Motive Vital—This organization is almost blended the Motive is strong and the Vital is well developed.

Fourth--We see the Mental Vital, notice the broad expansive Intellect, forehead high and wide, indicating strong mentality with good vitality to support it. There are many Temperaments and combinations of Temperaments which I might discuss, for every Temperament has its virtues and its drawbacks. The well balanced Temperament is the best of all--this is where all the Temperaments are so thoroughly



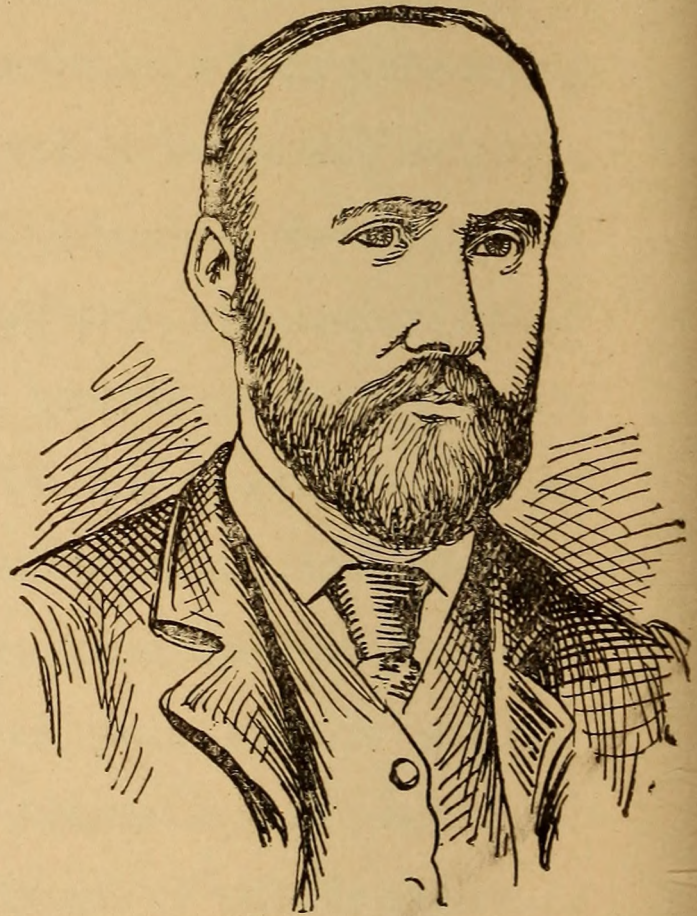
Motive Mental.



Mental Motive.



Motive Vital.



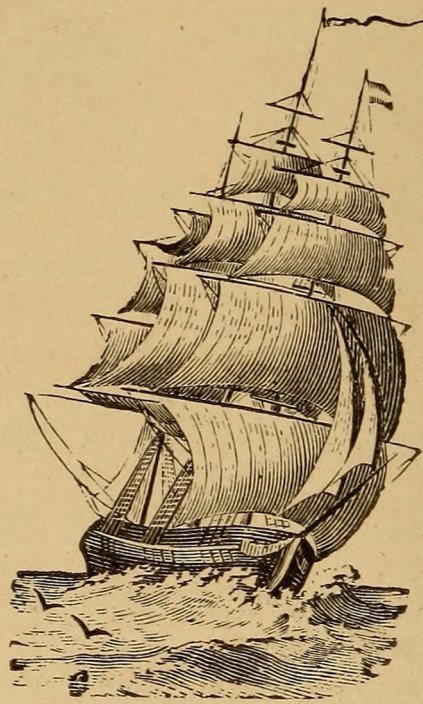
Mental Vital.

blended that neither is in excess of the other.

President U. S. Grant, was a good type of the well balanced organization, hence he showed great power and strength, mentally and physically. The South is conducive to the Lillious Temperament while the North produces mostly the Blonde Temperament. These are climatic influences.

The Nervous Temperament we should seek to avoid for this is a diseased Temperament—there is too much of delicacy and irritability here, which if unrestrained often causes serious results. We should so live as to develop and bring out the temperamental conditions harmoniously and thus avoid the extremes.

L. D. W.



APPENDIX.

Preface To Part II.

The following Delineations of Character made by leading lights in the scientific world are thus published in order to satisfy our many phrenological friends who have not met us personally and who are anxiously enquiring as to our general make up.

You will see that our organization is not of the exact perfect type, although we are a Phrenologist, for we have inherited the faults peculiar to our Temperament. However what we are in reality to-day and all that we ever hope to be to the world in the future, we owe to the science we love best of all—Phrenology.

LILLA D. WINDSOR.

Madame Lilla H. Winsor, M. S., Ph. D.

REPORT OF A PHENOLOGICAL EXAMINATION BY
EDGAR C. BEALL, M. D., NEW YORK, APRIL
26, 1893.

YOUR head, in circumference is just a little less than what we call the full size of a male head. However the size of your head gives us much less idea of your mental power than a consideration of your temperament. Your constitution is exceedingly wiry, strong and enduring ; and while you may at no time manifest the most robust and vigorous health, you will be very tenacious ; you will display a great deal of resisting power and will keep up under circumstances where those apparently much stronger would soon succumb.

Your temperament would be called the Mental or cerebral, but of the so-called Bilious phase which insures extraordinary intensity of feeling and a degree of accuracy, precision, coolness, penetration and critical acumen as to the intellectual operations which we never find in individuals of the blonde variety. In other words, you have a very positive nature ; you are exceedingly strong in your likes and dislikes : are disposed to go to extremes in almost everything ; find

it difficult to compromise or stop half way ; are set and firm in your prejudices as a rule and generally know where you stand, what you believe, what you doubt and what you are going to do.

The remarks in the foregoing paragraph apply to the ground-work of your character and may be modified, in view of the great activity of your brain and nervous system, which has a tendency to interrupt the coolness and steadiness of your psychical life under normal conditions. That is to say, under ordinary circumstances, you would manifest intensity of feeling with excellent judgment to guide it. But under the irritation of special disappointments, antagonisms or ill health, you would probably become at times impatient and loose much of your natural poise.

Your occiput or back head is well developed in certain portions, especially as to the kind of affection which extends itself to the young, helpless and dependent ; you would be an affectionate mother, tender and solicitous, ambitious for the welfare, the education, the social position of your children somewhat exclusive in your devotion to them, not to say selfish. You have a good deal of general sociability, suavity, friendliness and politeness which pass for friendship, but you do not carry your heart upon your sleeve and your real attachments will be given to comparatively few ; to those, however, whom you sincerely like, you will show a good deal of intense affection and are likely to be loyal and true. You would find no satisfaction in changing associations rapidly for the mere pleasure of variety ; and while you love variety in

your avocations, you are rather disturbed by the thought of anything that is not permanent in your social relations.

These remarks apply also in a great measure to your manifestations of Conjugal Love; to your intensity (and it is impossible to describe your character without employing that word very often) may be attributed a great deal of affection which in some people would be traceable to the faculty of love *per se*; but in a constitution like yours, a little of anything goes a long way. On the whole, your capacity for love is very great. Your type of organization is an extreme one, which would render it important, not to say necessary for your husband to be rather opposite; he should be congenial, as regards those general aims and habits of life in which you are especially interested, but you should work by different methods.

You have a great deal of force, energy, executive-ness and ability to accomplish whatever you undertake, which result from your temperament primarily, although you have also a development of the brain which would assist in bringing about this result. You have much more courage than the average individual of either sex, although it is tempered by a good deal of consideration of consequences and after you have conquered the enemy or a difficulty, you are generally willing to avoid the subject. You do not follow up an advantage or an opening with the feeling of revenge, as some persons do, although you are exceedingly slow to yield a position which you have taken

or compromise. You prefer to go your own way, not likely to listen to proposals for arbitration. That is, after you have vanquished, you do not seek to kill.

You will forgive, but are not likely to forget; and while you cease your hostilities, you are not disposed to encourage opportunities for a second offence. You depend much more upon determination, resolution, firmness and persistent action to accomplish your purposes than upon cunning in the strictest sense of the term, although you have a species of intelligence which many would describe by that term. Your natural or first impulse, however, is to be sincere, open, frank; you would rather fight your way through a thing than get through by reliance upon deception, at least of a kind involving the performance of a tedious role: I mean that you would not be satisfied to play a double part for any great length of time; you would grow tired and feel like throwing aside the mask and drawing your guns. You would say, "Oh, let's quit; let's throw aside this humbug and give 'em some hot shot."

Your sense of property is not strong and you would make money to gratify your ambition; and the very fact that your Acquisitiveness is not strong would insure success under many circumstances where a larger endowment of it would make you hesitate and lose your chance.

You have a fair Caution, but your nature is so headstrong, and what you desire at all you desire with such earnestness, that you will find it hard to stop even in the face of danger when you are once

fully under way. Still you are disposed to count difficulties and obstacles, especially if they threaten your ambition or the happiness of those you love ; in matters of finance, you would take some pretty heavy risks.

You love distinction, fame, honor, and you do a good deal to get up in the world ; and as your nature is so positive, the quality of your ambition will also be pretty high. You would not be satisfied merely to excel in those domestic accomplishments and trivial arts which women of a more negative disposition would find sufficient to fill their cup of happiness, but would seek a larger sphere in which there would be opportunity to deal with people upon a plane which would require elements of will power, self assertion and superior tact. However, you have not much of that quality of dignity or dictatorial spirit of the typical Englishman and while you assert yourself in a very decided manner, it is to satisfy other faculties than a consciousness of your own importance and personal value. In other words, you will push to the front, because the rear ranks will give you little to do ; you do not step to the front simply because it is in front. You come up because you feel that is the place and the only place where you can work. After you are there, people look on and probably give you credit for a great deal of self esteem.

You have great determination and perseverance in your purposes, and can concentrate when necessary, but prefer variety in your methods.

As to your moral nature, you have the intelligence to see the advantages of right conduct and do not require as much Conscientiousness, Reverence or Faith to make you a good woman as would be needed, perhaps, in one of a narrower intellectual outlook. You are capable of a good deal of sympathy and charity; but it is always tempered by your discrimination as to justice; There are times when you will appear selfish and cold; at other times you will seem to have the tenderest heart in the world. You cannot dissolve and melt with tender feeling in the presence of undeserving guilt and merited adversity, but toward those you love, you will be very kind, considerate and charitable. The elements of submission to the eternal verities, faith in the mysterious and unknown are not strong. The groundwork of your character renders you skeptical, suspicious and slow to accept anything that is not clearly proven; and yet from the sensitiveness and activity of your brain and nervous system, you may be led to investigate with keen interest many psychical phenomena which are supposed to be inseparable from the realm of religious faith.

Intellectually your mind is well balanced. You have considerable ability to acquire information and express yourself with tolerable ease; but your best powers are in the sphere of what is called intuition; that is to say, a process of reasoning, which from its rapidity, is not perceived to be such. You do not care for a great number of facts; you will be able to form your conclusions from a comparatively few; you neither acquire nor care for a very extensive induc-

tion. You appreciate principles, rules and laws, but you have more critical, analytical power than anything else. Your sense of Human Nature is exceedingly keen; you anticipate and understand motives almost as if by clairvoyance or occult power.

As to your work in the world, you have abilities for many things beyond the usual vocations followed by women; you would hardly have the patience to teach, except under favorable circumstances; you would do better in the dramatic profession or in some position that would bring you more directly before the public. As to the learned professions, I should decidedly prefer medicine. You ought to have power in elocution. You would carry an audience by your earnestness and a suggestion of knowledge of value which your auditors would be glad to learn.

As an author, your style would reflect the characteristics already described. You would not write without a purpose and your favorite themes would be related to the practical, scientific and serious side of life rather than the sphere of imagination, poetry or fiction. You would be clear, direct and forcible in expression and your sentences would never be weighed down by useless or unintelligible words. You would write for the sake of ideas and thus you would use more appropriate and effective language than if your motives were simply to make a display of pompous phrases. Altogether, your character is a strong one.

HOROSCOPE

OF

Madame Lilla D. Windsor, M. S., Ph. D.

BY

PROF. W. H. CHANEX.

ASTROLOGIST.

ACCORDING to the data, the sign Pisces which Jupiter rules was rising at your birth and therefore Jupiter is your significator or ruling planet. Mars is co-significator because Aries is intercepted on the ascendant and Mars rules Aries. You have a very strong nativity, for a majority of the planets are above the horizon and the indication of Jupiter is more powerful than any other planet. Therefore, however great your failures and disappointments are, a reaction will come before your situation becomes hopeless, however dark the prospects.

Saturn in Cancer signifies some disease for the lungs and stomach, especially the stomach; but as the configuration is below the horizon the trouble may not develop until the later years of life. You should not neglect any ailments in these regions, for if allowed to develop it will become chronic. Mars in Scorpio, denotes some acute trouble in the lower portion of the body and as Mars is in the house of

death, when your time finally comes the fatal disease may be located here. Uranus in Taurus signifies some odd ailment in the region of the neck and throat which may be severe for a time, then perfect recovery and years elapse before you have another attack. On the whole you have an enduring constitution and with proper care will live to be quite old.

Mercury is significator of intellect and being in a scientific sign, free from affliction, denotes an intellect above average. Uranus also denotes intellect, but of an odd kind, such as pertains to the occult and mysterious. Your impressions and presentiments will generally prove correct. You possess a fair share of this occult knowledge, because Uranus is nearly in trine aspect with Mercury.

In disposition you are somewhat peculiar, because your rising sign and ruling planet denotes one who is very kind, gentle and forbearing; but Mars and Aries indicate high temper, great energy and enterprise; you will therefore manifest these opposite phases of disposition according to your surroundings and treatment.

Saturn rules the house of friends, denoting that usually elderly people, such as are reserved in manner, firm and self-willed will be your friends. Mercury in the house shows that the more intellectual they are, the more reliable they will prove: but Saturn in his detriment and retrograde denotes that friends will not always prove reliable, nor can you depend upon them as they can upon you.

In moral principle you are more than average

strong, for the Moon is free from affliction and disposed of by Jupiter.

Jupiter rules the house of business denoting that in whatever business you engage, the larger, the more successful it will prove and you should be at the head of it, or of a department, because Jupiter denotes a leader. Mars, your co-significator, also denotes that you are a leader.

Jupiter is the significator of wealth and being your significator, seems to promise more wealth than most persons acquire. Jupiter being in the house of money threatens serious reverses at times; still, Jupiter is strong to protect from anything like destitution.

SOLO BIOLOGICAL SKETCH

OF

Madame Lilla N, Windsor, M. S., Ph. D.

BY

DR. M. F. RICHARDS.

SOLO-BIOLOGIST.

YOY were born under the sign Aquarius, which belongs to the business and trading sphere. You are a natural trader, disposed to look well to the dollars, very ambitious and keenly relish the approval of friends and the community. You worship public opinion, are adapted to pleasing the public and your life would be very unhappy if you could not be in some position where you would have the opportunity to come in contact with a great many people.

You have a desire to benefit others by your work, which would lead your mind towards those things and subjects that tend to ameliorate the hard conditions of the human family. You might drop one useful field of work to take up another, if you could thereby gain another round up the ladder of fame.

You are a very fine, sensitive woman, disliking that which is coarse, gross or sensual and would be very faithful as a wife.

LIFE SKETCH

OF

Madame Ella D. Windsor, M. S., Ph. D.

WRITTEN FOR THE BANNER OF GOLD, CHICAGO, ILL.,
OCTOBER, 1895.

BY

CHARLES RICH JOHNSON.

WHICH art, science, profession, or vocation of any nature, tardily opening its doors to the gentler sex, has not been adorned by their admission within the sacred portals? Not one! There was a time, now happily long past, when lady practitioners in the sciences and professions were few and far between, but now their number is legion and to-day the question is not if Miss or Mrs So and So is a doctor,, a lawyer, a scientist, 'or a professor of one of the many 'ologies, 'ographies or 'isms, but how near she is to being at the head of her cult. Let any one but listen.

for a moment to the names with which the scientific, literary, artistic and professional worlds ring at the present time and the truth of the contention must be admitted. Among those who have achieved pre-eminent distinction in the scientific world, prominent notice is demanded of right by the lady whose name ornaments this article. As the acknowledged leading lady Phrenologist of the world, Madame Lilla D. Windsor merits a worthier pen than mine, to pay her tribute.

Born on a farm in Eastern Texas, on February 15, 1858, it is remarkable to think that this gifted, beautiful and accomplished lady, who in her youth was a child of nature, knowing of and caring for little else than the fruits, the flowers, the birds, the corn, cotton and cattle and the natural beauties of the surroundings of her native home, should to-day be one whose attainments smack of much burning of the midnight oil, much study and investigation and deep thought and whose list of honors makes a long paragraph. Let me recount some of them. Madame Windsor is a Phrenologist, a Master of Science and Doctor of Philosophy; a graduate of the American Institute of Phrenology, New York; a member of the White Cross Legion of Honor, District of Columbia: a popular and successful lecturer on Phrenology, Beauty, the Healing Art, etc., and the Author of the deservedly well-known books, "The Maiden, Wife and Motherhood;" "Lectures and Clippings from My Scrap Book;" "The Way to Heal Yourself, or the Road to Health and Happiness;" "Five Great Secrets," etc.

Throughout her life she has been an ardent lover of nature—the hills and hollows, the beautiful springs of water, the lovely trees and the singing birds—all that nature gave us she loves with all her nature and it is little wonder, then, that she should, in her adopted profession, strive to assist in the development of nature's dearest plans as connected with our universal motherhood. Her love of the animal world took and still retains the form of the possession of many pets. One among these deserves more than passing notice. It is a Parrot that she had brought over some years ago from Honduras and which, under her careful tuition, has acquired phenomenal accomplishments. To its natural cuteness is superadded the remarkable faculty of being able both to sing and speak the English and Spanish languages, while in respect to giving imitations and recitations it is a perfect wonder.

But even while yet a mere child her love of nature was not permitted to dominate her solely. There had to be a time to enjoy her natural surroundings and other far more arduous undertakings. Thus we find her spinning, or helping to spin, the clothes in which her father went to do battle for his country in the cause of freedom. She was at this time so little that she had to turn the wheel spoke by spoke and when the band flew off, she had to get up on a chair to replace it. With all a loving mother's careful management, with the strictest economy and with all the aid the daughter could render, the war left the family—which consisted only of three, father, mother and child—very poor indeed; and not merely that—

it left them with the husband and father's health completely broken down. They remained on the farm until 1866, when this was one of the families of the first "colony" that went to Mexico and "off for Mexico, 1866," can still be seen inscribed upon the wall of the old log cabin that had been their home. Naturally, with the buoyancy of youth, the young emigrant enjoyed that trip immensely, albeit the perils and hardships were many and there was the ever present dread of robbers or the marauding of hostile Indians. But the journey was safely and successfully made in horse wagons and the little party reached its destination in due course. That new home was in the Orizaba Valley, though the travelers also spent some time in the city of Mexico, Monterrey, Del Rio and indeed, visited all of the principal cities of that country. It is not difficult to imagine how this ardent young spirit reveled in the change of scene and life from Texas to Mexico. As a necessary consequence, here the young girl very quickly learned to speak the Spanish language; her precocity in acquiring which tongue was such, that she had not been in the country long before she was known as and called, "The Little Mexican."

At that time, however, Mexico was not the safest place in the world in which to live and one by one the "Callowmicks" would return to the United States. The family with which we are particularly concerned had hoped for the restoration to health here of its head; but that was not to be. Instead, he seemed to grow worse and in course of time this family returned

to their old Texas home and at the tender age of twelve, Lilla lost her father and it was then that her life and character seemed to be transformed from childish innocence to thoughtful, earnest womanhood. So deeply affected was she by her father's death, that under the influence of the dreadful shock she even contemplated suicide. But calmer and wiser counsels prevailed and conquering the weakness, she then awakened to a fuller realization of her position and what she owed besides to her widowed mother.

In reading her character an eminent phrenologist, Dr. Beall, rightly expressed the view that the word "ambition" almost fully indicated the whole nature of the future Madame Windsor. Even at the age of twelve, this element was born within her. She then burned with the desire to make a name for herself, but before that and first of all, she wanted to support her mother. Her original intention was to be a teacher, but she was foiled in that; then she tried dressmaking and later millinery. Through all her struggles all the time an insatiable thirst for knowledge remained with her and many a tallow-dip and pine-wood knot did she burn in the Texas log cabin, in gratifying her longings for improvement and from that day to this she has grappled hard with fate, inspired by her ever dominant ambition, to gain her end. Distinctively and representatively a self-made woman, never having the advantage of more than a few months' schooling, her life has been one long struggle. She has suffered many disappointments

and many sorrows, but with hope largely developed she has ever persevered, until to-day her efforts are rewarded by the occupation of an enviable position in the world of science and in the world of letters.

Madame Windsor is the happy mother of two lovely boys, who were also born in Texas. Already they bid fair to make their mark in life and in them their mother's hope and ambition is centered, her devotion affording them every possible advantage.

Although an interested student of Phrenology for many years, it was not until 1887 that Madame Windsor thought of adopting that science as her life work. Phrenology, like everything else, demands a special talent for its successful practice and it was not until the year mentioned that she discovered her possession of that necessary faculty. The work she has accomplished and is still doing, abundantly demonstrates that she was not mistaken in her fitness for her chosen profession ; her success has been really remarkable and to-day she stands beyond a doubt the leading lady Phrenologist of the world, especially if that success is to be gauged from a financial standpoint, when it is known that Madame Windsor has made as high as \$500 in a single day (and even in these dull times a hundred dollars a day is no unusual income.) These figures may astonish those who know nothing of the possibilities of her work and such may regard them as boastful, but these are welcome to investigate the results of her exertions at any time.

Madame Windsor dearly loves her work ; she has

spent years in its study and expects to die in its service. It is life to her. She considers that to be able to benefit humanity is to possess a great and noble power and she revels in its exercise. And that benefit is derived from her lectures, from private interviews with her and from her various publications, thousands can and continually do testify. She has been constantly in the field since 1887 and has great ambition for the future.

Her sphere of operation has been limited to no one State, for she has traveled all over the United States, Mexico and Canada and is now contemplating a trip to Europe next season, but her permanent home or headquarters is at Washington, D. C. Speaking of her travels, it is interesting to note that on her return from Mexico in 1867, she crossed the Gulf of Mexico from Vera Cruz to New Orleans in a sailing vessel (steamships then being considered unsafe) and that trip occupied eight days. From New Orleans she went up the Mississippi to Shreveport by steamboat and a few days later was again on the old farm in Texas. She was eight years old when she started to Mexico and that was her first traveling experience. More or less constantly she has been travelling ever since, from North to South and from East to West, ever studying humanity, ever seeking whom she could benefit and always ambitious to learn more and more of and for the advancement of civilization.

In passing, special mention must be made of her greatest work, the book entitled "The Maiden, Wife and Motherhood," (which brought her one of the

elegant medals she always wears), a most valuable and important contribution to the literature of the subject, which has had an immense sale, and which fully deserves its world-wide celebrity, because in it Madame Windsor has tried to say, and indeed has said those things that women need to know the most.

Reference must also be made to Madame Windsor's Scientific Museum in Washington, D. C., wherein numerous interesting and curious specimens are collected together. Here, for instance, will be found reproductions of presidents, noted statesmen, murderers, idiots, etc., and an inspection cannot but be instructive to the visitor.

In conclusion, it has but to be noted that Madame Windsor is an expert and experienced horsewoman, and it is truly said she never looks so handsome as when enjoying that healthful exercise.



Have Your Head Examined.

A Phrenological Examination given you by Madame Lilla D. Windsor, M. S., Ph. D., the world Renowned and Leading Lady Phrenologist of America—will be a Revelation to you. She seems to read you, Body and Soul. She never fails to tell you just what you **NEED** to know, and that is, the **TRUTH** and the **FACTS** concerning **YOU** and your future health happiness and prosperity. She will show you **HOW** to make your future life a success. Consult her at once and learn what your Talents are and how to use them to the greatest advantage. The world is full of people today, who are making a **FAILURE** in life **JUST** because they are in the **WRONG** business. Madame Windsor will deal strictly honest with you, if your head is capable of occupying the Presidential Chair she will tell you so, if not, she will be equally frank and say where you **DO** belong. Everything in nature has its place, so has man his sphere, but all are not made for the same kind of work. There are different Trades and Professions and each require different elements of brain power. The Lawyer requires elements that the Minister has no need of; the Physician must have a special talent for his work or else he is a failure etc. It has been said the Farmer needs more sense than any one—be this true or not go to Madame Windsor and see and learn where **YOU** belong and thereby prevent your life being a mistake and a failure. If you cannot visit her at her parlors and be examined personally, the next best thing to do is to send her one or more of your **PHOTOGRAPHS** and together with what data you can give her, she will read your character and return chart to you, which will be worth its **WEIGHT IN GOLD** to any man, woman or child. Remember "procrastination is the thief of time." **NOW** is the **GOLDEN** Harvest if you but avail yourself of the opportunity to consult this gifted Lady. She has traveled extensively for years, ever studying humanity in all its forms. She has had every advantage. She examines the Rich and the Poor, the Young and the Old and **MANY** are the people who owe their **LIFE**, health and happiness to her **SKILL**. Remember the Child is never too **YOUNG**, nor the man too **OLD** to receive great benefit from a phrenological examination. Consult Madame Windsor today and **SOLVE THE MYSTERIES** around about you and make your life a success—a brilliant success. There is always room at the top of the ladder of Fame.

Madame Windsor is now located at Washington, D. C. Call and be convinced of her wonderful power in Character reading. Prices from \$1.00 to \$15.00 for Personal examinations. Photographs by mail \$5.00 and \$10.00. Ask for descriptive circular of Madame Windsor's various Publications.

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Parlors open every day except Sunday from 10 a. m., to 6 p. m.

OPINIONS OF THE PUBLIC.

DENVER, COLO., December 30th, 1891.

MADAME LILLA D. WINDSOR, PHRENOLOGIST AND ELECTRIC HEALER.

My Dear Madame:—I have just completed reading your book "The Maiden, Wife and Motherhood," and wish to say to you that it is a very able and comprehensive treatise on the subject under consideration, giving information in a terse manner both by illustrations and writing. The information this book contains is greatly needed by the masses and it supplies a long felt want hitherto very difficult to obtain in a form suited to all classes. All prospective parents, by a proper study of this little volume, will avoid a vast amount of suffering. I regard this book as a *gem of knowledge*. It ought to be a text book in the hands of every man and woman in the land. They should never marry until they are conversant with nature and nature's laws, which are so beautifully given in this book of light and life; it is *multum in parvo*. I wish you all success Madame Windsor and remember me always as your admiring friend,

PROF. D. J. BRIDGE.

ERIE, PA. December 9th, 1894.

MADAME LILLA D. WINDSOR. Dear Madame:—The book "The Maiden, Wife and Motherhood," which I ordered came duly to hand. I will say of it that it is excellent, giving the why of some things I did not before understand and telling me new things.

B. D. CHAMBERLAIN.

DENVER COLO., January 5th, 1892.

MADAME LILLA D. WINDSOR, PHRENOLOGIST.

My Dear Madame: My wife and I have just completed reading your work entitled "The Maiden, Wife and Motherhood," and we are more than pleased, yes we are delighted with its contents as we know it will be of great value to us in many ways, we only wish we could have seen it sooner. We heartily recommend it to all men and women. May the grandest of success be yours, for your mission is noble and *elevating*. We are ever yours gratefully,

D. F. WHITE AND ALMA WHITE,

NEW YORK, December 8th 1894.

MADAME LILLA D. WINDSOR. M. S. PH. D.

Dear Madame:—I have just read a copy of your book "The Maiden, Wife and Motherhood," and must thank you for the knowledge I have gained from it. It is a grand good book and gives information that every man and woman craves, for the instructions if followed will insure the highest state of health and happiness. I am very gratefully yours,

WILLIAM E. WOLFE.

GEORGETOWN, COLO., December 29th, 1891.

MADAME LILLA D. WINDSOR PHRENOLOGIST.

Dear Madame:—I write to-day to express my admiration of your book, "The Maiden, Wife and Motherhood," which I have just read, I want to say that I have read many, yes *very many*, works on these same topics but never before have I read after an author who discussed the subjects in as admirable style as yourself I bid you God speed with this book. May its sale reach the millions, for it fills a long felt want and many are the men and women who will rise up and call you "blessed" for having written it. With sincerity and devotion I am your friend,

DR. L. S. THOMPSON.

DENVER, COLO., December 29th, 1891

MADAME LILLA D. WINDSOR, PHRENOLOGIST.

Dear Madame:—I have read with care your book "The Maiden, Wife and Motherhood," the theme which you have treated is certainly one of great importance. The substance of the book is excellent, its *counsel* noble, its spirit earnest and humane. I think it surely *invaluable*, a *treasure*, a *mine* and a *revelation*, and trust it will be read by every Maiden, Wife and Mother in the land, Sincerely Yours,

HENRY HUMPHRYS.

— LIST OF —

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"THE MAIDEN, WIFE AND MOTHERHOOD,"

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Price, 75 cents.

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OR**

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Special Instructions to the Married or those Contemplating Matrimony, in the Performance of this the highest of Life's Functions. Price, \$10.00.

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The Five Great Secrets and the Three Books when ordered at one time will be sent for \$50.00. No. 1 and 4 when ordered together \$20.00. Send in your orders at once, they may save your happiness, they may save your life, as they have many others before you. Address all communications and make all money orders payable to —

Madame Lilla D. Windsor, M. S., Ph. D.

The Phrenologist, 1237 Pennsylvania Ave., N. W.

WASHINGTON, D. C.

THE NEW WAY

“The Way to Heal Yourself, or The Road to Health and Happiness.”

The above is the title of one of Madame Windsor's Publications which is considered one of her best productions. This is not a large book, it is a 32-page Pamphlet, same size page as "The Maiden, Wife and Motherhood," but on these few pages are thoughts that glitter. Madame Windsor has saved her own life several times through this knowledge and at the earnest solicitation of friends she has at last published her knowledge on this line for the benefit of humanity whom she is always ready to serve. The book is already having a wide sale and giving universal satisfaction. It is cheap in price and valuable in facts. It is far better to understand your own powers and save yourself than to trust to the skill of another, for he may fail, so inform yourself. Knowledge always gives power, and you never know when you will need this knowledge the most. There is a step beyond which if we tread, we shall never return. How to avoid taking one step too far on the road of disease is what you will learn in this valuable book. Madame Windsor has at different times in testing her power stood as it were on the very brink of death, one step more and all would be lost, but no, her work is not completed on this earth yet, and so she returns to fulfil her mission. The contents of this book will be new and strange to many, but the facts when tested will prove the merits of the book. We recommend it to all whether sick or well, for the knowledge is valuable to everyone. Price 50c. Address all letters and make all Money Orders payable to Madame Lilla D. Windsor, The Phrenologist, 1237 Pennsylvania Ave., N. W., Washington, D. C.

WE WANT AGENTS EVERYWHERE,

FOR

“THE MAIDEN, WIFE AND MOTHERHOOD,”

AND

“LECTURES AND CLIPPINGS

FROM MY SCRAP BOOK.”

—BY—

MADAME LILLA D. WINDSOR, M. S., PH. D.,
THE PHRENOLOGIST.

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WHAT ARE YOU GOOD FOR?

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The choice of a proper vocation in life is one of the most momentous problems of existence. The majority of men are failures, and nearly all



THE SCHOLAR.

are discontented, because they are in the wrong shop. Nature endows every man, who is not a congenital idiot, with useful talents, and it is a crime to allow these talents to perish by disuse. Phrenology solves the problem by deciding for every man the trade, profession or avocation he should follow, according to the endowment of his brain. It is criminal negligence for parents to allow their children to grow up without the advantages which a correct knowledge of their talents invariably supplies. In every neighborhood there are facilities for acquiring accomplishments which could be utilized at a very small outlay of energy and expense, and would be if the parents and children knew that their special endowment of brain called for exercise in these particular directions. The young man who wishes to rise in the world, and to gratify a laudable ambition, can make no better investment than a complete phrenological chart, in which his business adaptability is fully analyzed and

are discontented, because they are in the wrong shop. Nature endows every man, who is not a congenital idiot, with useful talents, and it is a crime to allow these talents to perish by disuse. Phrenology solves the problem by deciding for every man the trade, profession or avocation he should follow, according to the endowment of his brain. It is criminal negligence for parents to allow their children to grow up without the advantages which a correct knowledge of their



THE LAWYER.





set forth, his proper vocation decided, and reasons given for his ultimate

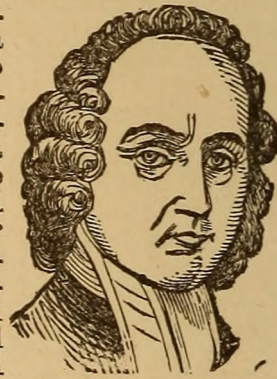


THE MERCHANT.

success in the profession or trade to which he is assigned. In that vocation, as in no other, will he find financial and professional success, reputation and enjoyment. Young ladies will find in a phrenological examination the surest guide to those accomplishments in which they are qualified to excel, and, what is more important, the vocation in which they are sure to display valuable gifts, and thus secure a certainty of independence. The trifling cost of a complete examination is nothing

when compared with the benefits secured.

Study and compare the faces of the three youths who adorn this article. Each has a special talent in a marked degree, and will reap the reward of brilliant success in his corresponding vocation, but would prove a failure in the spheres of the others. The adult lawyer and minister also bear upon their faces the stamp of professional greatness, achieved by following professions for which they were specially adapted by nature. Reader, avail yourself of the opportunity



THE MINISTER.

now presented to secure this priceless knowledge for your own benefit. The choice of a proper vocation made at this time will save you thousands of dollars of capital, and years of wasted time and opportunities. Decide now, shed the light of science on your character and learn your true capacity, talents and the proper sphere in which to use them.



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OF "THE MAIDEN, WIFE, AND MOTHERHOOD,"



BY MADAME LILLA D. WINDSOR, M. S.

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- CHAPTER II—MENSTRUATION.**—Suffering through Ignorance—Instruct the Growing Girl—An Interesting Case in Point—Mothers, Protect your Daughters—Health a Great Blessing—Importance of the Reproductive System—Menstruation Interesting, not even an Inconvenience—Duties of Womanhood—Why Women Suffer During Menstruation—Two Interesting Cases of Ignorance in Women.
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- CHAPTER IV—PREGNANCY.**—Forming of the Unborn—Set a time to Beget your Children—States of the Parents effect the Offspring of the Husband—Conception a Great Feast—Coition Controlled and Prolonged to any desired time—Brutes in Society—Gallantry Pregnant Woman Dangerous, and Why—A Romping Bride Ruins her Health for Life—A Sad Case—Barren Women—A Woman should not Conceive for two years after Marriage, nor closer than three years to each other, and Why—Marriage as Barbarism, and Why—The Life Germ—A Brute's Conduct towards his Wife—Rupture of the Perinæum—Taking Regular Exercise—Directions for the Pregnant Woman—Miscarriages worse than Births.
- CHAPTER V—PAINLESS LABOR.**—Suffering in Childbirth Unnatural—How and when to Conceive—Harmony Important—Chastity—Sensuality—Conception in Daylight—Purity of Life—Causes of Rupture of the Perinæum—Diet for the Pregnant Woman—Dangers of Pregnancy—Full Directions and Advice for the Pregnant Woman—How to give your Children any Talent you wish—An Interesting Case cited—Abortion—A Horrible Case—Duration of Pregnancy and how to Count.
- CHAPTER VI—ACTUAL LABOR.**—Full Directions for the Woman in Labor—How to ward off Pain and have an Easy Time—Dry Labor—Why Women Suffer at Labor—Perfect Pelvis—Large Breasts—How to Arrange Yourself and Bed—Short Labor Natural—Perinæum Rupture—Twins by different Fathers—Advice for the Lying-in Woman—Coition soon after Labor Injurious, and Why—Husbands, Beware.
- CHAPTER VII—CARE OF THE INFANT.**—Hundreds of Infants die yearly—How to Dress the Infant at Birth—Infant's Wardrobe—Nature's Protection of the Infant—Infant's Rest—Infantile Diseases, and Why Infants Cry—How to have good Babies—How often Nursing is Permissible—An Interesting Letter from Parents—Teething—Cure for Sore Nipples, and How to Prevent Them—How to Dry up the Milk at Weaning—How Long the Child should Nurse fully Discussed—Why the Nursing Woman Loses the Beauty of her Breast, and how to Prevent this.
- CHAPTER VIII—WOMAN, BEAUTIFY THYSELF.**—Keep and Strengthen your Personal Charms—Restore and Develop your Breast—A Large Bust Woman's Chief Charm and Beautifier—Artistic Dress—Beautify the Face and Form—Good Cosmetics—Pimples, Blackheads, Blotches, all easily Cured—Beautiful Hair—Cure for Dandruff—The Correct Position in Bed—The Perfect Male and Female Forms—Tobacco and Coffee and Tobacco—Good Wishes.

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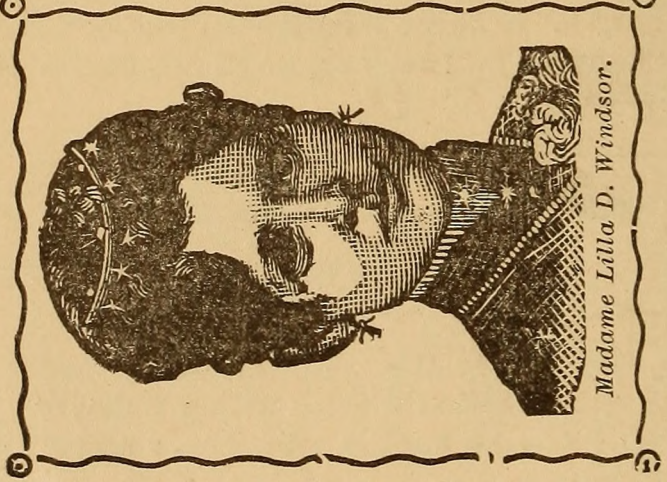
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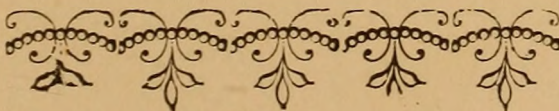


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