

# Directions

For the Use of

# OXYDONOR

(TRADE MARK REGISTERED NOV. 24, 1896)

REVISED EDITION

Written by Dr. Hercules Sanche, the Discoverer of  
Diaduction and Inventor of Oxydonor.

PRICE ONE DOLLAR



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Mrs. F. E. Fairbanks.*

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**DR. HERCULES SANCHE,**

DISCOVERER OF THE

**Laws :: of :: Physiological :: Combustion**

*Upon which Organic Health, Vigor, and Rapid Reanimation of Debilitated  
and Diseased Organisms depend, and of Diaductive  
Cure of Disease.*

INVENTOR AND PATENTEE OF MECHANICAL MEANS TO PLAY UPON THESE NATURAL LAWS,  
AND TO QUICKLY AND UNERRINGLY INDUCE INTENSE VITAL COMBUSTION IN LIVING ORGAN-  
ISMS, RESULTING IN INVIGORATION, WITH CONSEQUENT IRRESISTIBLE, NATURAL  
CURE OF DISEASE, FROM INCREASE OF THE VEGETATING PROCESS OF LIFE.

**489 FIFTH AVENUE, NEW YORK,**

AND

**61 FIFTH STREET., COR. FORT, DETROIT, MICH.**

**DIRECTIONS :**

HOW TO EFFECT A DIADUCTIVE CURE OF DISEASE THROUGH THE USE OF

**OXYDONOR "VICTORY."**

THIRD AND REVISED EDITION.

**Price, \$1.00**

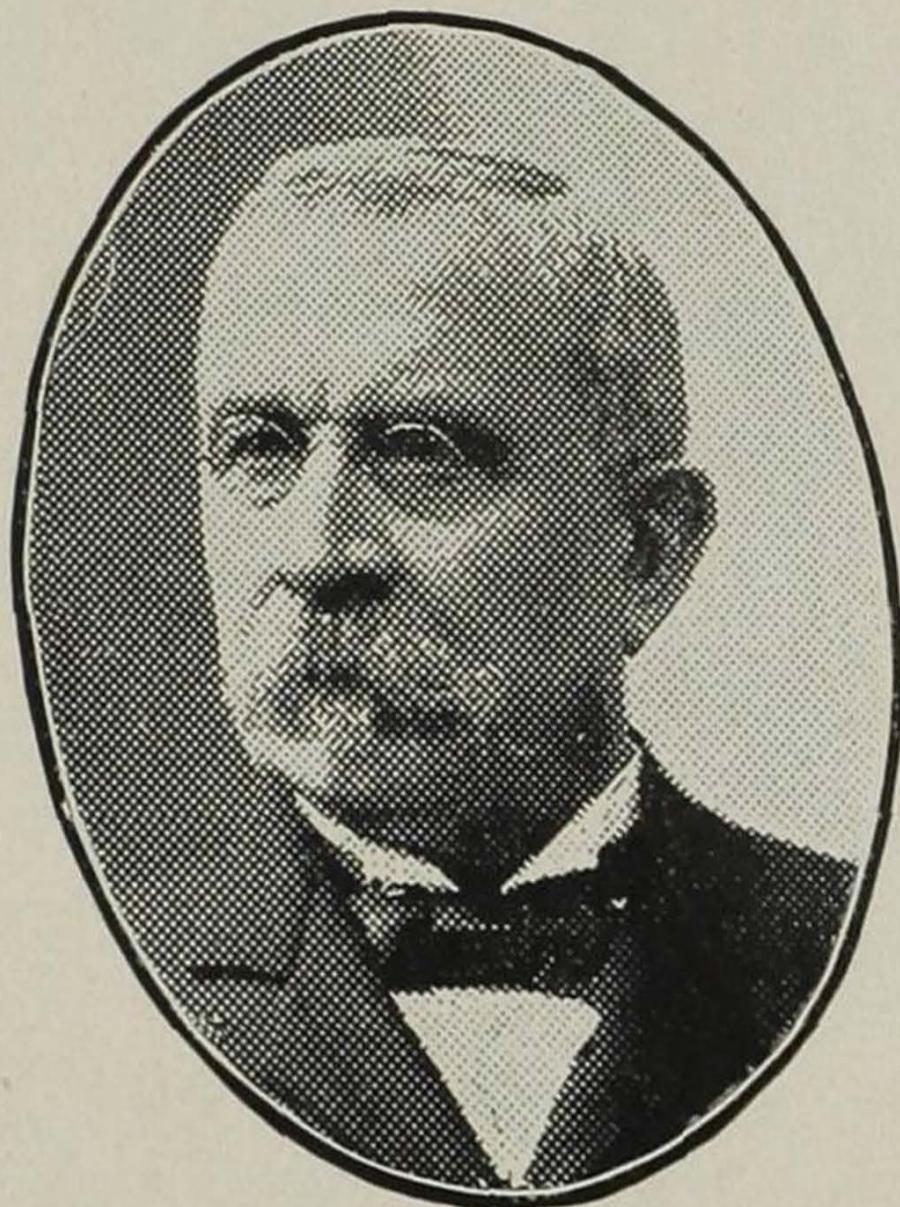
DIRECTIONS FOR USE BY

**Price, \$1.00**

**DR. HERCULES SANCHE.**

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*Hercules Sanche.*

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FIG. 5



## HOW IT IS APPLIED.

*Oxydonor can be applied at any time, when you are sitting, reclining or sleeping.*

# NOTICE.

IT IS ABSOLUTELY NECESSARY TO KEEP THE  
CORD OF OXYDONOR IN PERFECT REPAIR.

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## DIRECTIONS FOR RE-ADJUSTING THE CORD.

When the metal part of the cord breaks, or wears out at its fastening, at either end, it must be re-adjusted.

The screw in the CONTACT DISK is a left handed screw and to undo it must be turned to the right, with a screw-driver in its slot inside of the Disk, which is the small end or the point of the screw.

The screw in the VOCOR is a right-handed screw, and must be undone by putting leather around its head, and then turning it the usual way to unscrew with plyers over the leather.

Notice the way the cord is placed around the screw and in its slot; then take it out, cut off the broken or worn out end or ends, and then put it back in the screws the same as it was at first, firmly around and in the slot of the screw with the small central screw pressing hard against it at each end.

If you cannot do this yourself, undo the screw in the Vocor, and send the Vocor screw, the cord and the contact disk, all but the Vocor, to our New York or Detroit office, by mail, enclosing sufficient in postage stamps for the return of same, registered.

**DR. H. SANCHE & CO., INC.**

489 Fifth Avenue, New York, N. Y.

61 Fifth St., Detroit, Mich.

# NOTICE.

In October, 1894, five years after my first having produced OXYDONOR "*Victory*," and after having improved its essential qualities six times, I improved its mechanical construction, as seen in Figs. 1 and 2, pages 13 and 14. I then also began to manufacture *Oxydonor No. 2*, seen in Fig. 7, page 169, back of Index in this book. *Oxydonor No. 2*, page 169, is in every way an improvement upon original *No. 1*, Figs. 1 and 2, pages 13 and 14.

*No. 2* never needs ice, nor anything colder than 40 to 55 degrees Fahr. In all other respects it is to be used as herein directed for *No. 1*, the original. Both *No. 1* and *No. 2* are now made in two grades of finish, namely: Nickel plated and gold plated. The *Vocor* of *No. 2* is larger in diameter, of a different compound possessing still greater *diaductive* properties than that of *No. 1*, and its cord is uncovered, while that of *No. 1* is covered. Since the improvements above mentioned, the two are otherwise the same. See *Animator No. 4* in the last pages of this book, which has sold rapidly ever since I first produced it, and from all the users of which uniformly exultant reports are rapidly received.

## EXPLANATION OF CUT FIG. 5. PAGE 4.

This cut illustrates the manner in which the OXYDONOR is applied. Its Vocor is placed in a glass jar, containing ice-water, or in cold water. The Vocor shows through the jar. It is marked "*Victory.*" The contact-disk at the opposite end of the cord to which the Vocor is attached, is buckled closely against the skin, on the naked ankle of the lady shown in cut, her stocking being rolled down upon her foot. The glass jar is placed upon a stand, simply to better exhibit the cord connecting the Vocor and *contact-disk*.

It is better to place the vessel containing the Vocor and the water on the floor and nearer the feet, in order to prevent accidental spilling of the water, and in order to give the patient more play of the cord, with which to move about. In case the patient needs to go further than the slack of the cord permits, or to go about the house, the Vocor may be lifted out of the jar and carried around in the hand or pocket, until return to the treatment couch.

## DIADUCTIVE CURE.

*Diaduction is a natural force*, operating upon and between living organisms, and between animate and inanimate matter, in a way congenerous to the action of induction with metals. I am the Discoverer of this *force*, and the Originator of the Diaductive Method of Generating or Curing disease at will, by commanding this omnipresent *force* to *adverse* or *favorable* bearing upon Life, and the producer of everything genuine related thereto. Development of this *force* and mode of Practice is the result of continuous experiments, now beyond forty years duration, without the benefit of a single accidental discovery. My life, with everything at command, has been wholly given to this cause. Having long ago passed the experimental stage in this new Method, my experiments for more than fifteen years have been continued simply to find bounds of possibility and to obtain more familiar knowledge of its fundamental laws. When a child, fifty years ago, I believed that if GOD was *Omniscient* and *Omnipotent*, He did not Stamp Nature with *design* for *teeming animation*, without providing preponderance of *natural forces* in favor of Life. My results clearly prove this view correct, and the blasphemy of contrary views.

It is suicidal ingratitude to ignore the bounties of Providence, when once discovered. "*God is paid when man receives;*" but, all Heaven is outraged when *man* rejects!

# OXYDONOR "VICTORY."

(Trade Mark Registered Nov. 24, 1896.)

## PREFACE.

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It is common for those seeking a new road to health to demand a passage on an old, well-known coach, with all of the old ruts, without willingness to accept any of the natural appendages of the new route. Thus medicine-takers expect "a teaspoonful three times a day. Shake before taking," with a new bottle and label for each and every ill, and for every change of feeling, to be the rule by which to use the OXYDONOR, while inducing a *diaductive* cure of disease with it; and they find fault with every direction which does not meet these old notions, because they are in the habit of drugging themselves for every ill feeling.

But it is impossible to get the benefits of the new means, *unless you accept its rules* and the whole method of *diaductive* cure, and unless you rid yourself of *all the ghosts of medication*. New means, acting upon entirely different principles, render quite different *Rules absolutely indispensable*.

In taking this *diaductive* way out of disease to health and vigor, we

do not do the curing, nor even direct or supervise it. We only apply means which will cause the natural laws to play upon our bodies, in such a manner as to stimulate life's fundamental vegetating process ; and thus to *generate more vital force* as long as applied, until a sufficiency is reached to enable the system to overcome the obstacle against which it is laboring. Then the human organism, thus fortified and reanimated, does its own work in its own way, according to its own laws, which were impressed upon it by Omniscience. All we do here, is, to apply the means which cause this play with such reinforcement of vital force, to let the play rise to the needed degree, then to stop it by removing the means, and to cause this to recur as often and to continue as long as needed, *but no more.*

As well tell a man how often to breathe and let his heart pulsate while climbing a hill, or while running, and under each and every circumstance of life, as to attempt to direct him on medication's plan to a given dose, or fixed measure, in this new method of curing disease. Here, we apply enough and stop !

We breathe as often as necessary to the climbing or to the running, and when we feel badly from too much breathing, we stop and rest, and let all excitement quell. That is just what we must do in this mode of treatment, because it amounts only to a supplemental breathing through

the skin and membranes of our bodies. We apply it to effect, but no more, and never without a need ; as with breathing, our feelings can tell us the right measure, if we do not let our erroneous education overrule their mandates.

Lung respiration is adapted and adequate to ordinary circumstances. It maintains the combustion of life, which is the source of vital force. The more respiration, the more intense the combustion, until the abnormal degree of fever is reached. Here the intensity is prostrating and destructive, whereas the same combustion within normal degree was stimulating and life-giving. The stimulation of a supplemental respiration intensifies life's process, and enables it to overcome opposing obstacles ; but if applied when not needed, or more than is needed, it renders vital combustion abnormal, in degree, which is as unnatural as want of intensity.

Active exercise stimulates by virtue of increased respiration, and consequent increase of circulation and vital combustion.

If we push it too far, we beget general excitement, and next fatigue and prostration, whereas the right measure would have caused exhilaration and invigoration. Exercise in the right degree, by extra oxygenation of the whole organism through increase of respiration, begets great functional activity and increase of vital efforts, which often work a *dia-*

*ductive* cure of the most malignant disease. This is Nature's balm to the poor, which more than compensates lack of luxuries and ease. The poor pass uninjured, many causes which would slay the rich at the first exposure. Impelled by necessity, the poor laborer often goes to his work with a cold, or some other ill, which would place his rich neighbor in bed in care of his physician, and send him to the grave in a few days, via pneumonia or its equivalent. The poor man's labor oxygenates his embarrassed organism in proportion to requirements, and every stroke relieves him, and he returns to his home at night with a thorough *diaductive* cure.

Such is truly a *diaductive* cure, and the same in kind as the OXYDONOR begets without exercise. All said here in relation to climbing, running, and exercise, applies with equal force to this mode of treatment; and it is the reason why, if applied soon, it is equally efficient in all forms of disease, and why it is almost infallible in nearly all forms, at any reasonable hour, if reasonably applied. To those who are wedded to old theories, and to those who find the acme of possibility in their *pathy*, the idea of curing every disease, in all races, all ages, and regardless of sex, by different degrees of the same thing, applied the same way, at the same place, etc., is ridiculous; and the thought of a panacea to a mind educated to the idea of another balm for every ill (though seldom a success)

is absurd. The ridiculousness and the absurdity lie in the reasoner's education and mind only. Whatever sickness or peril we survive, then and always we live by *vital force*, which in all diseases, to all races, all ages, and both sexes, is always the same thing in different degrees, and always applied the same way, and on the same parts under all circumstances.

To make *vital force* adequate in degree, here proves it self-sufficient for the cure of disease. That *indigenous health and life* are preponderant in the order of Nature is fully attested by the teeming billions of animated beings on the land and in the sea; because if *indigenous disease and death* preponderated, life upon earth would be a natural impossibility. The fact that health is more natural than disease is further attested by the millions of natural cures which occur, despite the most formidable diseases and injuries, and often, also, despite their equivalents in erring medication. It is further attested and fully proven by the infallible efficiency of this mode of treatment at a timely hour.

Therefore a *panacea* is the only remedy consistent with the life-begetting and life-sustaining order of creation.

As this treatment is always the same in kind, varying only in degree and duration, only general directions can be given which could be of any advantage, taking diseases in groups and classes, as they require like

force and management. To these directions, only common reason need be added, with care never to do more than is necessary.

*You know when you are sick.*

*You know when you feel better.*

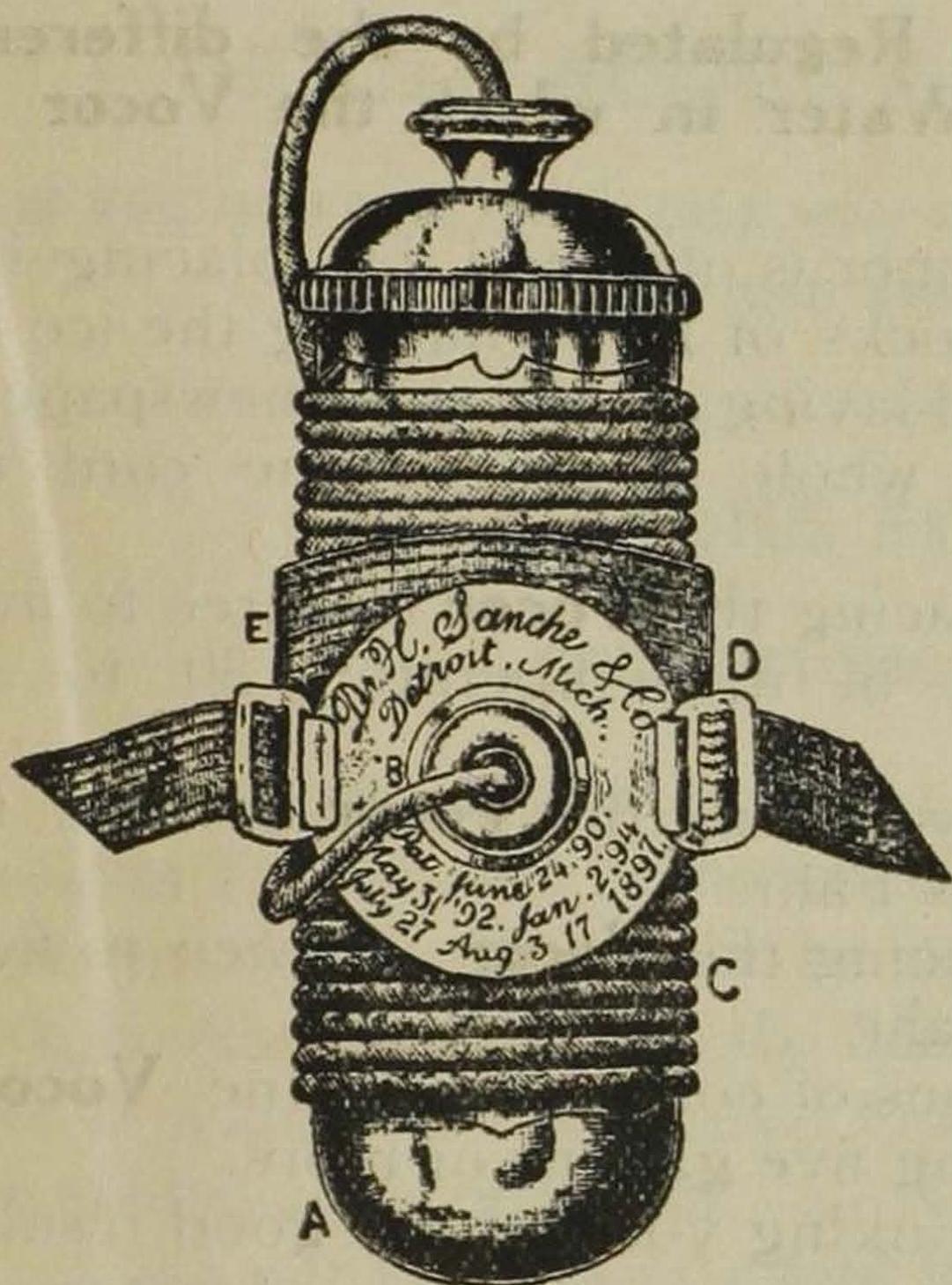
*You know when you are no longer sick.*

*You know when you are well enough.*

*You know when you are stronger.*

*You know when you are strong enough.*

Well, this is enough to know and enough to get. When we seek more we get less. Man may monopolize the goods of men, but he cannot do so with the bounties of Nature. When he eats too many good things, his monopoly ends in gout ; and when he drinks too much wine, it ends in drunkenness, disgrace, delirium and death.



TRADE MARK  
 OXYDONOR "VICTORY"  
 Rolled up

- A—Vocor. B—Contact Disc. C—The cord  
 wound upon Vocor. D—Buckle.  
 E—Elastic webbing to hold Disc.

## THE DIFFERENT FORCES

The Force of Oxydonor is Regulated by the different degrees of Temperature of the Water in which the Vocor is placed, as follows:

The **Strongest Force** of Oxydonor is obtained by placing its Vocor between two very large blocks of Ice, wrapping the ice in several thicknesses of newspaper, and laying a number of newspapers over the top of the vessel. Wet the whole length of the cord in cold water.

**Strong Force** is obtained by placing the **Vocor** in three to five gallons of the coldest water with ice in it, temperature 30 to 35 degrees Fahr.

**Moderate Force** is obtained by placing the **Vocor** in three to five gallons of water 45 to 55 degrees Fahr.

**Weak Force** is obtained by placing the **Vocor** in three to five gallons of water 60 to 70 degrees Fahr.

**Never use less than three** gallons of cold water on the **Vocor**, and best results are obtained by using five gallons or more.

**Do not make the mistake** of thinking you can get good results by using Oxydonor in a tumblerful, a quart, or a gallon of water.

It is absolutely necessary to use Oxydonor according to directions, and always use plenty of water, as above directed, otherwise you will make a failure, or only partly succeed, and attribute it to Oxydonor, when it is really due to your own negligence.

# READ! ACCEPT THE BETTER WAY,

IF YOU WANT AN INFALLIBLE WAY OUT OF DISEASE AND PREMATURE DEATH,  
AS COSTLESS AND WIDELY DIFFUSED AS THE AIR.

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## DIRECTIONS FOR GENERAL USE.

### DIRECTIONS FOR APPLYING.

Buckle contact-disk B, Fig. 2, to the naked ankle by adjusting elastic webbing E to the size of the ankle so as to keep the disk in good contact with the skin, and yet not be tight enough to be painful; then fasten disk, hooking buckle D to the hook on the disk. Wet the skin well where disk D is applied. It is better to scour it well with strong soap, until all dry epithelium is removed.

Then put *Vocor* A in a cold place, either cold air, cold water, or ice, as shown in Fig. 5, page 4. For tonic effects, place *Vocor* in a temperature from 40° to 65° Fahr. The same for all fevers.

To arrest painful affections, put *Vocor* in ice or freezing atmosphere. Never put *Vocor* in a temperature below 10° Fahr

All effects produced by a temperature below freezing, are violent and unsatisfactory. When external temperature is as low or lower than  $30^{\circ}$  Fahr., the Vocor must be put in cold water or ice. Never put it in less than two gallons of water.

The water must not be put in a metallic vessel; but wood, paper, earthen or china will answer. The OXYDONOR may be used at any time, but it is preferable to apply it while warmly covered in bed. In travel, Vocor may be placed outside a car or boat window if the air is cold enough.

In camping out, it may be placed on cold ground, or in moist earth, or even in a puddle of water, in a pond, lake, river, or in mud. Place it anywhere you may find a temperature lower than that of the human body. The difference in temperature between the body and the Vocor should be at least  $15^{\circ}$  Fahr.

The colder the Vocor is made, the greater the force of the OXYDONOR, but a *strong force* is less tangible than a weak one, and is never desirable except in arresting a very painful affection, or a fatal disease not giving time for the use of a weak force. Never put the Vocor in a place as warm or warmer than the human body. Keep the OXYDONOR rolled up as in Fig. 1, and inclosed in Case, Fig. 3, when not in use, in order that the cord may not be destroyed by rubbing. If the cord has been wet,

dry it thoroughly before rolling up to put away. Keep these instructions constantly about your pocket, or in your personal baggage, ready for use in any emergency.

### MUST SLEEP ALONE.

In all cases of treatment by the OXYDONOR, the patient must invariably sleep in a separate bed and alone. Otherwise the result is very much vitiated with the patient, and the second person in bed suffers very unpleasant if not baneful effects. Persons under this treatment must not be *rubbed*, nor touched without necessity while under intense effects; because, any person touching their skin then, in a few hours thereafter will suffer therefrom the most extreme mental depressions. When necessity requires contact with them under such circumstances, the nurse must handle them with anointed hands or rubber gloves, which protect against such depressions.

### DIRECTIONS FOR USE.

Apply the OXYDONOR whenever you feel sick from any cause, and as soon as you feel sick; but never without this, and never because it is pleasant. Always let well enough alone. When needed, apply it six or eight hours in the twenty-four.

Generally, most persons may apply it thus every night for from six to eight weeks before being disturbed by it, and some can apply it even longer. For about this time it produces the most invigorating tonic effects and the most glorious feelings.

But after that, or when used some length of time, it begets an alterative, active combustion in the body, which, when intense, is manifested by the ordinary signs of many diseases, particularly of colds, and of fevers, ague, aches, etc. These seem much like disease, but they improve the general health, and fairly regenerate the whole organism and rejuvenate the being.

At this stage of treatment we have trouble with unpleasant symptoms, in proportion as we were out of health through disease or the natural decline from age. These disturbances are caused by excessive *reaction*, from an excess of oxygen in the blood, which gives rise to a rapid and general alterative process.

All that is needed then is to stop treatment, to permit reaction to take place; but to check all unendurable symptoms, as often as needed, by applying the OXYDONOR until they subside, but no longer, and to abstain from doing anything else in the way of treatment. This reaction, though disagreeable, brings vigorous health and buoyancy, accompanied by a genial glow in the feet when reduced to normal degree. This reaction

continues from two weeks to six months, according to the quantity of oxygen diaductively infused in the human body, which is the principle upon which the OXYDONOR acts.

By the proper use of the OXYDONOR, we are absolute masters of disease in all *acute* affections, and in far advanced stages of the most formidable chronic diseases.

With the OXYDONOR at hand it is the height of nonsense to be sick if it found us in half-way health ; and it is folly to resort to any kind of medication, external or internal, because its use is the simplest, easiest, and infinitely the best way out of disease. Nay, it makes us as independent of disease in all ordinary forms, such as all congestions, fevers, colds and inflammatory affections arising therefrom, and in all forms generally ascribed to the influence of either hot or cold climates, at least at any reasonable stage, as though it did not exist.

The writer has sustained this assertion in all parts of North America, under the most adverse circumstances, and in the most deadly diseases ; and he is now ready, for adequate compensation, to again sustain it in full, in any section of the world, at any season, in any epidemic, and upon any people, and under the greatest possible penalty. It is only asked that a full, fair chance be given by keeping away all sorts of medication and contrary advice and influence, and that patients follow the simple in-

junctions. When you get any unpleasant effects, stop using the OXYDONOR until they vanish, no matter how long. Depend wholly upon the OXYDONOR for maintenance and restoration of health. After beginning the use of it, abstain entirely from medication in any form, and from liquors of all kinds, because they are all incompatible, and act in unheard of ways that render them very unpleasant, no matter how they have acted before. Other means cannot be useful here !

In treating colds, put the Vocor under a large block of ice. Do the same in dropsical effusions and severe neuralgic pains, keeping the OXYDONOR constantly applied until the effusion or pain is gone, unless such continued application weakens the patient, in which case it must be removed to let the patient rally, and applied daily, again and again, as he can bear it, until cured. In treating all acute inflammatory affections do the same ; but always remove the OXYDONOR the very moment the affection is arrested, as the *first arrest* is generally the end of the disease, if it is recent.

In treating fevers of all kinds, except the inflammatory, put the Vocor in two gallons of water at a temperature from  $40^{\circ}$  to  $55^{\circ}$ , or water which is moderately cold to the hand. Cold well-water is generally  $55^{\circ}$  to  $60^{\circ}$ , and it will do if often renewed.

In summer fevers, if no considerable congestion exists, the patient will be relieved in a few minutes, and his temperature will be reduced to free perspiration in half an hour. If *much congestion* exists, the patient's *temperature will rise rapidly*, and when treatment has been applied long enough to remove the congestion through more intense vital combustion, the temperature will lower rapidly, and perspiration will take place as in non-congestive fevers, and without the removal of the OXYDONOR or change of treatment.

*Summer fevers can be thus cured in four hours, and in many cases in one hour.* The process of disease may thus be arrested in from five to twenty minutes, and permanently in from one to four hours.

*Never apply longer than is absolutely needed.* All acute affections must be considered cured when the principal symptoms are arrested. Better apply the next day, than too long at first. Too much application begets symptoms of reaction, which the inexperienced cannot distinguish from true disease, and thus begets needless alarm and discouragement.

Chronic diseases require long continued use of the OXYDONOR for their cure. In treating these, be governed entirely by your feelings, thus: Apply nightly, six to eight hours, with the Vocol in water barely cold enough to drink, not colder than 50° to 70° Fahr., until you are sure that **it** makes you feel badly. Then stop for days, until these bad feelings

vanish ; then begin again, and in this way over and over again until in good health. Bear in mind that applying at such a *weak force* as just directed is apt to make the patient *feel nervous, languid*, or otherwise *unpleasantly* for several days, to which pay no attention, until after a considerable degree of general tonicity has thus been produced. In the end far better and more pleasant results will thus be produced than by a stronger force, in any case, except one in the last stage of disease, near a fatal termination.

This is the proper use of the OXYDONOR in all cases where treatment must be continued for many months, which is always required for the cure of long existing diseases, implying long train of repairs.

Each rest, from treatment in this kind of use, must continue until the unpleasant symptoms for which it is taken have entirely subsided.

CONGESTIVE, PERNICIOUS, AND TYPHOID TYPES OF DISEASE,  
MIASMATIC OR INFLAMMATORY.

These numerous forms and grades of most malignant and deadly disease, if taken in their beginning, are cured *as easily* as the less deadly or even the mildest forms, and with the Vocor of the OXYDONOR in as moderate temperature as in common fevers, namely, in temperature 55° to 70° by connection with air, water, the ground, or anything cool, if

treatment is made continuous; but if treatment is applied late, a lower temperature, even down to that of ice, is desirable in order to save time, as life is rapidly extinguished in these cases if the disease progresses.

These malignant diseases are known, and also the degree of their deadliness is indicated, by the degree of stupor, or coma, or prostration present in the case.

### ILL EFFECTS FROM OVERUSE.

During or after long-continued treatment for the cure of an inveterately chronic disease, or for the restoration of long-impaired general health, ill effects may occur, as in the excessive use of anything else. As the effects of the OXYDONOR depend on the circumstances connected with the case in which it is applied, its continued use is liable at some time to amount to overuse.

The OXYDONOR *causes the body to attract oxygen from the atmosphere*, and of course this oxygen produces its peculiar effects, in proportion to the quantity absorbed.

When oxygen is inhaled, it produces a rise of temperature which runs rapidly to difficult breathing, and to many other symptoms, exactly the same as are produced by excessive use of the OXYDONOR. But, because its inhalation causes irritation of the lungs, which soon renders it unen-

durable, when inhalation must stop, this use of oxygen never produces the thoroughness of effects as when it is instilled by the OXYDONOR. This is because this mode of treatment oxygenates the whole volume of the blood before producing any sensible irritation, or other disagreeable effects, and because the whole organism is made to feel any excess at the same time, instead of the lungs alone as in inhalation ; hence, an increase of vital combustion, with consequent alterative effects, arises simultaneously in all parts of the system.

In this mode of begetting a *Diaductive* Cure of disease, or of generating the maximum of functional activity through the systemic increase of vital combustion, the supplemental influx of oxygen enters the system *through the skin and membranes*, without sensation, until reaching a general saturation, such as inhalation which is limited by irritation of the lungs, could never beget. Hence, when thus saturated, we may experience many disagreeable effects, and even extremely painful sensations, resembling those of disease.

When such occur, endure all that is endurable for what good it brings. But if anything unendurable arises therefrom, remember the *natural antidote* for an excess of oxygen in the system is hydrogen, which in such emergencies is found in the most acceptable form in water or alcoholic liquors. Therefore, when commanded by such a necessity drink water

freely, and if this does not quickly relieve, add frequent baths, and take a toddy, often repeated, until the unendurable symptoms vanish.

Remember also that hydrogen of alcoholics is serviceable no further, and that wines and other fermented liquors are not as good here as whisky and brandy.

### OXYDONOR VICTORY A PROTECTOR IN TRAVEL.

Anyone may with impunity dare to travel in hot countries, or through any epidemic, with the OXYDONOR in his pocket or personal baggage, provided he will apply it at any *time he feels badly* and *right at the beginning of his illness*.

The most malignant congestions, either of the comatose, spasmodic, or choleraic form, and any form of pernicious or yellow fever, including the most deadly "Vomito" and "Chagres fever," and all deadly affections of the warm sections of the temperate and torrid zones, are thus quickly checked, aborted, and cured.

By quick application of the OXYDONOR all these otherwise deadly affections are rendered perfectly harmless, and but a matter of short and slight inconvenience. Thus man is as safe from them as though these former terrors of life had never existed, if he will only *begin treatment when the disease begins*.

The same with vigilant use of the OXYDONOR in plague, and all infectious diseases in any country. Diseases of long incubation, like syphilis, etc., are far advanced when first noticed, therefore require longer treatment, but they are alike rendered powerless to destroy life, and are soon neutralized, leaving the system as free from disease, and more vigorous than before, under the judicious use of the OXYDONOR.

The writer makes the above statement without fear of exaggeration, after having made thousands of tests in all the herein-mentioned diseases, treated by this method in warm climates under the most adverse circumstances possible, both on land and sea, during several experimental tours of from one to five years' duration each, in which he was so successful as to be amazed, and with means far inferior to the OXYDONOR in accuracy, certainty, or effectiveness.

It must be borne in mind that *prompt application* in case of the congestions and fevers of warm climates *is the key to success*; that the earlier the application in these deadly affections the surer and the quicker the cure, and the less inconvenience to the patient. Remember, the more deadly the affection the less disagreeable the sensations connected with it, and that the most deadly are attended only by a sense of thirst and weakness, even when advanced to the dying moment, which symptoms make their appearance but a few moments or an hour or two before the

“black vomit” begins. Sufferers often evince much more than usual vivacity in the first stage of these diseases, and imagine themselves more than well. None of the most deadly cases, can be made to believe that they are seriously sick, from the first to the last moment, which seldom covers but very few hours.

All these unfortunate sufferers claim that there is nothing wrong with them except a little disturbance at the stomach, when they are not familiar with the symptoms of these diseases.

Such deadly plagues, run their course so rapidly to a fatal end, without a premonitory symptom which a person from a cold region would suspect, that there can be, at best, but an extremely short time in which to save life. But the OXYDONOR will be promptly efficient, if applied at the first symptom or soon after. Time here, is therefore precious.

Hence, when exposed to such fatal affections, apply the OXYDONOR *at the very first strange feelings* you experience, whether of a disagreeable nature or not. If you have been using it freely before, you can afford to wait for the plain symptoms, but in all other cases be on the safe side by being in time.

#### MODE OF INTRODUCTION.

The OXYDONOR is intrinsically a thing without an equivalent in silver and gold—the most indispensable yet known, and the most meritorious

ever produced. It stands wholly upon its own merits ; and upon fair trial, it will recommend itself by making good all here promised in its behalf.

It is offered to the whole human race, to physicians, and all other persons together. He who will utilize it, alone, can enjoy its blessings and protection. No man is rich enough to pay an equivalent for what a single individual may easily enjoy from its proper use, and it is sold at the present moderate price only that no class may be barred from its blessings.

The OXYDONOR is the best instrument which the writer has ever produced, after many progressive advances ; and it is the embodiment of his life's study, and the nutshell of many years of effort. Every effort will be made to advance further, if possible, either by improving or substituting it, but it is good enough as it is, and from its very nature it should be the most staple article of our civilization, because it is the most indispensable.

#### DIRECTIONS FOR USE IN GENERAL DEBILITY FROM ANY AND EVERY CAUSE.

General debility results from all the unfavorable circumstances of life. Incomplete recovery from acute disease—and most avocations and habits of civilization are fruitful of this condition, and a very large pro-

portion of the human race is constantly afflicted with it. When of a considerable degree it affects the whole organism, and the nervous system in many ways gives evidence of its disorganizing tendency and gravity.

General debility does not imply any disease; notwithstanding, the symptoms of any and every disease may attend it in turn.

It precedes every form of chronic disease, and may be called the incubation period of organic disease, which varies in duration from weeks to many years, according as circumstances favor the establishment of disease or of recovery. General debility is a stage of oscillation between health and disease; one of want of co-ordination between organic parts and of general organic disorder, during which the functions of all parts, from the least to the most important, are performed sluggishly, imperfectly, with difficulty, irregularly, spasmodically, and often painfully.

Perfect health makes the being a Unit unconscious of its many intricate parts, because of their harmonious functions and perfect co-ordination. The healthy person is therefore unconscious of possessing a heart, liver, lungs, stomach, kidneys, bowels, brain or nervous system until their functions become impeded or impaired, when he learns their existence from their painful disorder. The sufferer from general debility, though unlearned he may be in science, painfully, irresistibly *reads his own anatomy* in the unnaturally tangible, and often convulsive movements of

his vital organs, and in the *varied* distress and frequent agony attending the faint, irregular, and labored functions of his organism.

This is a partially vitalized condition, in which every *process* in some degree fails by want of intensity, and every function in some measure aborts at some point for want of force, and in which every result is tardy, incomplete, and uncertain by want of reciprocal support between parts, and of co-ordinating contribution from tributaries to the common end.

It is a general failure, because of the exhaustion of the supply of reserve nervous force, in the vital fountain-head—the cerebro-spinal axis. This center of vital force and principal part of the nervous system and of the organism is the *reservoir*, the *storage-battery*, in which the *redundancy of nervous force* during exuberant health, is stored as a reserve for future emergency, to be given off in compensation for failure of usual supply in the hour of extraordinary ordeal, requiring more than ordinary endurance and supply, as in extraordinary exertion, famine, disease, intemperance in anything, etc.

If the ordeal is too long protracted, more than the reserve force is consumed, and depletion beyond capacity for ordinary requirements results. Hence general debility, unless means of rapid recuperation are quickly found.

Nervous force is stored in the cerebro-spinal axis, but it is not generated there. The supply must be generated by functional activity in the organism at large, receiving the prime impulse from the center, and reciprocating by return of surplus in a *crude* state to the central storage, for *refining* suitably for *motor use*. Hence, when the prime supply exhausts, the means of replenishment fail in proportion, and the evil becomes self-propagating, therefore progressive to complete failure of the vital process as a whole; unless we find the means of stimulating the general organism to generation of greater supply than required by the system, independently of the center and without drawing therefrom, until abundance everywhere prevails, and the general order is fully restored. This is easily effected by a free oxygenation of capillary blood in the surface, until the whole volume of blood is sufficiently arterialized, and until *vital combustion* is thereby *intensified* to the full measure of all possible requirements of the general economy, through the use of the OXYDONOR, which is the only adequate means yet known. General debility is not a disease, nor is it necessarily or often connected with disease, although a preparatory stage, favorable to any disease. It ends with the generation and inception of disease, by and when the *stimulation* of the destructive *abnormal fire* begins; and when the sequence of generally disordered functions center upon a particular organ, its varied and often changing symptoms are lost

in the constant symptoms of the particular organic disease generated.

As general debility is a *partial failure of the spring of life* in different degrees, it alternately affects all parts of the organism, giving rise in turn to derangements of every organ and function, therefore at different times simulating every form of organic and other formidable disease.

Want of motor force being general, and this want thus extending to the most unimportant and distant ramification of the organism, every part is therefore thrown into disorder by incapacity to perform fully its due function ; thus in turn, all the mental and physical distress or agony of which the human organism is susceptible, under the influence of any or every disease is repeatedly inflicted, upon the victim of this affection.

The measure of *human misery* thus made up, by innumerable forms of depressing or agonizing sensations, is greater than many diseases together could impose, though acting in concerted conspiracy. The dejected and often horrified sufferer, therefore deems himself the common focus of special and numerous curses, from his being apparently the object of the whole train of human ills in close succession. Accordingly he finds in the printed diagnostic description of each and every disease in the catalogue of human afflictions, an accurate pen-painting of his feelings, and a full history of his case.

In consequent *despair*, he applies to each and every physician in his reach. He is further cursed by being made the subject of numberless conflicting diagnostic views, and of an equal number of absurd modes of treatment to no purpose, except exhaustion of his resources in money, hope, confidence, endurance, and moral courage. For want of any adequate remedies in any form of medication, even at the hands of the most skilful physicians, this generally ends, under the influence of the anodyne and narcotism of organic disease, in the soothing consequent to life's rapid decline, which calms the excitement of disordered functions with the quiet of death, as the fatal end is neared.

During the tormenting period referred to in this article, the sufferer never is, and cannot be, seriously diseased; because disease, is a degree of *death* which is free from sensation, and when grave in degree it carries with it a want of the acute sensitiveness indispensable to the condition described, as sensitiveness implies a considerable degree of vitality's quickening. Serious *disease*, which is *death* in considerable degree, implies lethargy or obtuse sensation. Hence, we observe in practice, the greatest anxiety in cases most free from immediate danger, and the greatest indifference in the greatest peril, and perfect coma in the most deadly affections.

While *general debility*, is a prolific soil for and the parent of most, if not all, chronic diseases, its anxieties and agonies are always terminated by the inception of organic disease, which becomes its more merciful but still otherwise tormenting successor.

Many kinds and degrees, of disagreeable and alarming functional derangement, often erroneously taken for symptoms of grave organic disease, attend *General Debility*; and its attendant train of symptoms, alternately involves every function, from the greatest to the least in the organism.

Sufferers from *General Debility*, are so numerous and miserable, as to form the largest and most despondent class of invalids.

Since the innumerable ills arising from *General Debility* have a common origin and cause, the same remedy applies to each and all of them with equal force. Their *common cause* is *flagging, waning* vitality. Their common remedy is the *removal* of the *common cause*, by re-kindling the fire of life, and by intensifying its combustion until sufficient *vital force* is generated to serve all the purposes of maximum vitality, which can be done only by using the OXYDONOR as herein directed. It is impossible to enumerate all the forms of ills which are the offsprings of this general affection in so small a volume as this, but its principal ills are known by the diagnostic names to be mentioned presently.

Of course, no one suffers from *all* these ills, but many persons endure many of them alternately.

The presence of either is sufficient evidence of the existence of General Debility, which, if very great, is likely to be manifested by several of these signs at the same time. The evil attendant train of General Debility, which of course involves Nervous Debility also, principally consists of the following so-called local diseases or affections, namely:

## ILLS ARISING FROM GENERAL DEBILITY.

### OCCURRING IN BOTH SEXES.

#### AFFECTING THE NERVOUS SYSTEM.

Headache, Dizziness, Vertigo, Insomnia, Melancholia, Hypochondria, Hysteria, General Depression, Emotionality, Nervousness, Irritability, Restlessness, lethargic and stertorous sleep, night sweats, muscular spasmodic movements, sensitiveness of the scalp or skin, neuralgia, burning sensation or twitchings on various parts of the body, frequent cramps, sudden sinking feelings, sensation as if the blood were suddenly stagnating in the blood-vessels, with great apprehension of immediate death and a sense of suffocation; sensation of an obstruction in the throat as if a

ball were there, with constant effort at swallowing it, which effort is sometimes rather painful; palpitations of the heart over every little excitement and after eating; despondency; suicidal tendencies.

## ILLS ARISING FROM GENERAL DEBILITY.

### AFFECTING THE PORTAL AND CAPILLARY CIRCULATION.

Biliary derangements attended by varying affections of the bowels: Constipation; Irritation of the Bladder; Hemorrhoids; Prolapsus Ani; Intermittents; swellings in feet, hands, or face; Dropsical Effusions; Backache; alternating scantiness and excess of urination; congestions and inflammations of the mucous membranes of the nose, mouth, throat, bronchi, stomach, and bowels, usually called Catarrh, Laryngitis, Pharyngitis, Bronchitis, Aphonia, Chronic Dyspepsia and Chronic Dysentery.

To these may be added weakness and many derangements of the generative organs of both sexes, arising from portal congestion caused by general and excessive debility; and sometimes what is called Bright's Disease of the Kidneys, and other nephritic affections are dependent upon these causes, though generally originating otherwise.

## ILLS ARISING FROM GENERAL DEBILITY.

### AFFECTING FEMALES ONLY.

Menstrual difficulties and irregularities; Vaginitis; Prolapsus Uteri; Uterine Versions and Flexions; Vaginal and Uterine Leucorrhœa; Ovarian Irritation; Spinal Irritation; and nearly all female tortures.

## ILLS ARISING FROM GENERAL DEBILITY.

### AFFECTING MALES ONLY.

Seminal weakness; Impotence; Prostatic Irritation, Congestion, Inflammation, or Enlargement; Prostatorrhœa.

Many of these affections in their gravest degrees are also connected with organic diseases advanced to a hopeless stage; but even in these cases they existed long before the generation of the fatal disease for which they, perhaps, prepared the soil, and they then existed as the creatures of *General Debility*, affecting functions only, until systemic general disorder begat fatal organic disease. As long as the sufferer from any of the above enumerated affections is a walking invalid, able to follow any regular avocation, the affection may safely be regarded as independent of

irremediable organic disease, and curable by the treatment herein referred to, under the simple directions given in this article. *Perseverance in treatment must be equal to the chronicity and tenacity of the disease.*

The rules for treatment in this article apply to each of the aforementioned affections *only* when *not* connected with an organic disease advanced to the last stage. When any of these affections, as a complication, is connected with a far-advanced serious disease the rules given for the treatment of the principal disease in the complication must be followed instead of these, and as given under its heading in this little book. Outside of the exceptions just mentioned, the use of the OXYDONOR according to the subjoined simple rules, will give the sufferer from any of the affections named in the foregoing list an *absolutely certain and rapid cure*. As a powerfully invigorating treatment is what is required to cure each and all, the same rule will apply.

If it is not satisfactory to follow the rules here given, substitute therefor the rules given under the heading of "*Common Sense Rules*," page 40.

To effect a cure in all the named affections, we must restore the general order of the system by general invigoration. We must reanimate the whole body by an increase of the vital combustion to an adequate degree. This is easily effected through the influence of the OXYDONOR, which is to impart to the human body as a whole a powerful attraction

and affinity for oxygen. This causes the oxygen of the air to be absorbed freely by the lungs, the skin, and the membranes, which is thus imparted to the capillary blood, and thence to the entire volume of blood, thus begetting a general and free arterialization impossible to the lungs alone.

This amounts to a supplemental respiration of unlimited capability, and adequate to any requirements of disease, while life still preponderates in the organism.

To effect a *diaductive cure* of any of the affections mentioned in this article upon these principles, use the OXYDONOR as follows: Apply it every night, six to eight hours each time, placing the Vocor A, Fig. 1. page 14, in a temperature not above 75° nor below 40° Fahr.

Vocor may be placed in water, in the air outside of window, on the floor, in the earth, or anywhere in a temperature suited in degree as just mentioned. Apply thus nightly until you feel very much invigorated, and thereafter according to the "Common Sense Rules," given on next page.

## COMMON SENSE RULES

Which Apply to all Possible Conditions and Emergencies.

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Whenever you feel ill from any cause apply the OXYDONOR, and keep it applied constantly until you feel the first sensible relief. Pay no attention to minor symptoms, but remove the OXYDONOR as soon as the *main symptom abates*. Then wait a few hours, or until next day, and if not then well enough, repeat the same, and so on, daily or nightly, to complete cure.

If at any time *during such application* a new and severe symptom arises which *it is clear* is caused by the treatment, remove the instrument until it abates, and then apply again until it re-appears, and repeat this until it vanishes.

When once relieved of your ill, *never again re-apply* until another necessity occurs. Use, but do not abuse by using for pleasure. If the illness for which you apply it is very grave, and if your life is in immediate danger, apply with Vocor A, Fig. 1, page 14, under ice or in ice-water, but in this case *dispense with such a low temperature as soon as the alarm-*

*ing symptoms subside*, and then, instead of placing Vocor under ice or in ice-water, place it in water of temperature from 40° to 65° Fahr.

When the illness for which you apply the OXYDONOR is not serious, place Vocor in water or air of temperature from 50° to 75° Fahr. As a general rule, in *recent acute disease* when the principal symptom has subsided, the case has been treated long enough, and the instrument should be removed, because the reaction from this much treatment usually completes the cure. This rule should be observed, and if the patient is not well enough the next day, the treatment must be re-applied. While, as a matter of fact, this mode of treatment is at the same time the most potent and the safest ever known to man, the best measure is a *bare sufficiency*, and the best results are thus obtained. *Nothing is good in all measures*, neither food, drink, nor even the breath of life. Abuse of the most precious bounties, always robs us of their blessings. He who would monopolize blessings, enjoys them the least.

Use, is to apply the OXYDONOR when you are sick, when you need it, and then only. At a very *weak force* if the disease is not dangerous, that is, with the Vocor in a temperature not above 75° nor below 50° Fahr. At a *strong force* if you are in danger, in very great pain or in any alarming condition, that is, with Vocor in ice or in ice-water, or in air not below 20° nor above 40° Fahr.; to do away with this low temperature as

soon as urgent symptoms are over, and to substitute temperature of 40° to 65° Fahr.; never at any time to use it at any force, longer than is needed, and never when not needed.

Abuse, is to use when you are not sick, when you are well enough, when you do not need it, and for pleasure only.

True, the most exuberant vitality is for a while enjoyed, even from abuse ; but as in any other intemperate use of what is pleasant, when the overflowing measure is reached, as a wise poet said, "*The pleasure pays not half the pain.*" Be content with that measure of blessing, not adulterated by equilibrating curse following from excess, which is *mere sufficiency*.

Do not attempt to regulate functions or feelings by mathematics or theory, though it is the popular mania. Nature is intolerant of erring dictation. The normal process of *life* is not, and could not be always smooth, unless it could always be protected from perturbing causes, and if this could be, stagnation would destroy vitality. Life, in keeping with universal tenor, as the internal parts of the earth, and as the *atmosphere*, and as the *ocean*, must often equilibrate functions, by *force* of purifying, renovating storms, with heroic throes.

Health, though normal in kind, may often be abnormal in degree, and it may become unpleasant through stimulating or depressing influences of circumstances, thus making its undulations extreme when no

vitation exists, when truly normal functions, *remedial* by heroic resistance against evil causes, may become disagreeable, or even painful.

Such irregularities need no remedy but rest, which makes them self-correcting. Everywhere in Nature, *calm* is the stage of preparation for the needed future storm; and when great equilibrating corrections are to be made, the preparatory calm becomes extreme to a depressing degree before the storm begins, which acquires a corresponding violence. Calm generates and stores the forces to be expended in impelling the correcting storm. Thus depression and over-activity, are natural alternates equally important to great vitality, as counterparts of the waves in universal undulating order.

When you are fit for daily duties, not weakened nor suffering torture or pain, though not feeling pleasantly or highly animated, you are well enough, and it is better not to try to improve this condition, because the first atmospheric change, or the first active exercise will probably afford what you desire.

When depending upon the OXYDONOR for maintenance or restoration of health, permit the good work of *diaductive* invigoration and re-vitalization to proceed unmolested.

Do not impede it by medication of any kind or degree, nor by massage, electrical appliances, nor any other remedies; all of which are per-

fectly needless and impotent to assist in any degree, but on the contrary will hinder the best results.

Plenty of food and exercise *only*, can be auxiliaries. Lowering vitality, often needs the *diaductive* assistance afforded by the OXYDONOR and free exercise, and the work of recuperation requires plenty of good wholesome food and water; but the work of restoration must be in strict accordance with Nature's laws, regardless of views or feelings, or it cannot proceed. Whenever the contents of this little volume fail to instruct you in relation to the treatment and management of disease, take for your guide the plain dictates of your feelings, leaving out of consideration all scientific views of the case.

Be wise, and cast away all old notions relating to health. Learn the fact, though late, that *Recovery* from disease and vigorous Health have been *more amply provided for* in the *Diaductive Natural Laws*, despite turbulent elements, than *Indigenous Disease*. Learn that medication and kindred means, and all sophistic doings and refined reasoning are as needless in getting well as in contracting disease; and that Nature has made health more accessible than disease, and has provided therefor with a more lavish hand, that want of wisdom might not wholly extinguish Life. Such is proven to be the Natural Order, by the *infallible* results of this mode of treatment, when timely and rightly applied.

## DISEASES FROM COLD.

DIRECTIONS FOR USE IN ALL AFFECTIONS ARISING FROM COLDS.

Diseases arising from colds are very numerous, and they affect every part of the human organism, but most frequently the membranes.

The effect of colds is to generate inflammations of some degree in the parts affected. The severity and fatality of such inflammations vary with the functional importance of the parts affected, being *absolutely* and rapidly fatal when affecting the vital organs. These affections are naturally divided into several inflammatory groups of disease, according to the tissues they attack.

First, inflammations in the mucous membranes of the respiratory organs, which are best known by the popular appellation of "colds," and which, according to the parts most affected, are called respectively Laryngitis, Pharyngitis, Bronchitis.

Second, inflammations affecting the mucous membranes of the alimentary canal and of the urinary organs, called respectively Gastritis, Enteritis, Dysentery, Nephritis, Cystitis.

Third, inflammations of the serous membranes enveloping the lungs and the heart, and lining the abdominal cavity, called respectively Pleuritis, Pericarditis, Peritonitis.

Fourth, inflammations of the muscular tissues, of the synovial membranes, and of the articular cartilages, popularly known as Lumbago, Rheumatism, Articular Rheumatism, Rheumatic Gout, Gout, etc.

Fifth, inflammations of the membranes of the generative organs, called respectively: in male organs, Prostatitis, Testitis, Epididymitis, Hydrocele, etc.; and in female organs, Vaginitis, Ovaritis, Metritis, Dysmenorrhœa, Amenorrhœa, etc.

Sixth, inflammations of the vital organs, as of the lungs, heart, liver, kidneys, brain, spinal cord, called respectively Phthisis, Pneumonia, Carditis, Hepatitis, Nephritis, Cerebritis, Cerebro-Spinal Meningitis, Spinal Meningitis, and Meningitis.

Seventh, inflammations of nervous tissues, generally in low form, called respectively Neuralgia (which may affect any part of the minor nervous system, and which is often most excruciating in severity), Asthma, Chorea, Spinal Irritation, Locomotor Ataxia, Paresis.

Eighth, low forms of inflammation in the peritoneum, in the spleen, in the areolar and adipose tissues, or in the skin, giving rise to the following: to dropsies, called Peritoneal or Abdominal Dropsy; to enlarge-

ment and induration of the spleen, called Splenitis ; to general dropsy, called Anasarca ; and to various inflammatory conditions of the skin, as Erysipelas, itching or burning eruptive blotches, etc.

Ninth, inflammations of the ears and eyes, of the lymphatic glands, and of other glands, seen in indurated knots about the neck, under the arms, in the groins, along the spinal column, and elsewhere, which often give rise to painful abscesses ; also, many other local and minor inflammations too numerous to mention. Cold often quickly engenders the most fatal inflammatory diseases in the most vigorous and healthiest organisms, independently of the co-operation of any other cause or agency ; but it affects the debilitated most easily and most frequently. Debilitated parts, are very prone to inflammation under the slightest influence of cold.

Disease generally has two causes, one the predisposing cause, and the other the immediate or exciting cause.

Debility, so-called malaria, and hereditary weakness or taint, are the most common predisposing causes of disease ; and cold, heat, heat and moisture combined, contagion and infection are its most general exciting causes. As two or more causes usually co-operate in generating disease, the family of *each cause* largely consists of the same diseases as those of the others, and the common offspring of several causes are thus very often found to be of the same, or closely resembling forms.

The long train of inflammatory diseases just referred to as being the results of *cold*, acting as a direct or indirect cause, are all generated and impelled by different degrees of *cold*, which is their common source. They alike are the results of essentially the same inflammatory process, differing in degree as their impelling cause, further modified into particular forms by the nature and inflammable condition of the parts involved.

They do not, therefore, constitute a series of intrinsically distinct and different affections. On the contrary, each and all of these inflammatory diseases are intrinsically but modifications of the same abnormal and chemical process, laboring to abolish and substitute the normal and physiological process which maintains life in the parts affected, which chemical process, in a general term we call inflammation. This abnormal process proceeds with different degrees of malignancy under different forms, and in different degrees of activity in different tissues and parts, because of the different elementary composition and natural tenacity of the vitality and consequent resistance of the organic compounds of the parts being devitalized, disorganized and dissolved, by the inorganic, chemical process of the inflammation.

The modifications of the inflammatory process which we call by different names, are begotten by the modifications of the vital *process* which they oppose and tend to destroy, existing in the parts affected. Thus

the same disease process, as it extends to the ramifications of a living organism, is modified by the vital laws of each and every tissue in the organism, which it affects. The *tree*, normally, *grows* or *decays* in all its parts by the *same forces*, and by essentially the same process. Yet the same phenomena and results are not observed in its rootlets, roots, trunk, branches, twigs, buds, flowers, or fruits, nor in its heart, sap, bark, fluids, juices, or aroma. These principles apply alike to vegetable or animal life throughout Animated Nature.

Contrary to supposed heterogeneous origin and nature of these many inflammatory diseases, in dealing with all of them we deal with the same natural process, caused and impelled by the same Natural Laws, upon the same principles, but always assuming a guise to suit *habitat* and circumstances, raging in proportion to non-resistance, feeding upon the weakness of its prey, and alike conquerable in its every form, by the same easy reversion of its *impelling force*, as evidenced by the infallible results of this mode of practice.

As all inflammatory diseases from cold, herein mentioned, are but modifications of one process of devitalization and disorganization, the *opposite process* of vital combustion and of animation, when timely and sufficiently applied, quickly turns the most formidable and fatal of th

into a mere inconvenience of short duration. This is accomplished by using the OXYDONOR as follows :

#### FOR ACUTE FORMS.

When the disease is acute, which is known by its being recent, violent, attended with pain or fever, or both, and by having set in suddenly, apply the OXYDONOR at once, with *strong force*, that is, with Vocor in ice or ice-water, or in air 20 to 40 degrees Fahr. Keep it constantly applied until marked relief comes, or until the principal symptom subsides to a degree permitting the patient to be easy. After this has been accomplished, remove it, and let patient rest from treatment until next night. Then apply nightly from six to eight hours until cured, but with Vocor in water or in air 40 to 65 degrees Fahr. During application of *strong force* in inflammatory disease, if it is very violent, the patient's temperature is apt to *rise* very rapidly to a certain stage, when it lowers rapidly ; but in some cases treatment must be suspended for a while, to let the patient cool, or the fever would run too high. Hence, if the fever mounts to an *alarming degree*, remove the OXYDONOR at that point, and leave it off until the patient cools to an endurable degree, and then re-apply until this same necessity occurs again, or until the fever cools without removal.

Repeat this as often as necessary. Do not remove for rise of temperature unless it rises to an alarming degree. If *strong force* of 20 to 40 degrees Fahr. makes the patient feel weaker, substitute a *weak force* by placing the Vocor in a temperature of 50 to 65 degrees Fahr.

When the patient is well enough, abandon all treatment, and do not renew it unless necessity requires.

### FOR CHRONIC FORMS.

If the disease to be treated is chronic, which is known by its having begun and progressed slowly, and by its being of long standing, apply the OXYDONOR nightly six to eight hours, with Vocor in water or air 40 to 75 degrees Fahr., and follow the general rules in pages 15 to 25 of this book, and adhere to "*Common Sense Rules*," page 40.

All chronic diseases, whether arising from General Debility, Cold, Malaria, Hereditary Weakness or Taint, Contagion, Infection, Poisoning, Excesses, Deformity, or from any cause whatever, must be treated in the same manner, namely: on the principle of *slow and gradual* invigoration, by a gentle press to intensify vital combustion by slow degrees, and thus to beget a steady and progressive general repair of low degree. Any attempt to do more defeats itself, because if vital combustion is suddenly

raised to intensity by over-oxygenation of the system, repairing efforts of too great a degree are begotten, which are as unendurable as disease, from excess of function, and in the extreme, of which, the most delicate textures are exposed to destruction, by oxidization.

Therefore, the weaker the force employed and the slower the repair, the better the results. Temperature 55 to 75 degrees, or even 8 degrees used nightly for a long time, and to *effect*, regardless of the period required, will serve this purpose best.

#### DIRECTIONS FOR USE IN MALARIAL AND MIASMATIC DISEASES AND SEQUELS.

Combined heat and moisture and gaseous emanations during warm weather generate many forms of disease, of various degrees of severity. These diseases are divided into several classes, called respectively Remittents, Intermittents, Congestive, Pernicious, Typho-Malarial, Typhoid, Typhus, and Yellow fevers.

All are fatal in different degrees, without tendency to self-limitation, and all are inclined to progressive malignancy to the fatal end, unless efficient means of cure interpose.

The most deadly of these run a rapid, fatal course, while the mildest run a chronic course, to the generation of most fatal organic diseases, principally diseases of the liver, spleen, heart and kidneys ending the fatal work by dropsies. All begin and progress by vitiation of the blood, which is soon virtually destroyed as a vital fluid. A watery condition of the blood called *Anæmia*, often bears the strange double relations of parent and offspring to the milder forms, while neither the cause nor the process of the most fatal forms give time for the generation of *Anæmia*. In these febrile diseases, immediate danger to life is always proportional to the degree of congestion present, which is indicated by the attendant degree of *prostration*, if the brain is not most involved; and by both prostration and stupor, or coma, when the brain shares the congestion largely. The most congestive and immediately fatal diseases, involve the brain so much, as to produce complete coma at once, from which the patient dies in one or a few hours. As a general rule, in all congestive malarial diseases affecting other vital organs more than the brain, the degrees of prostration, and of cold sweat with burning thirst, measure the hopelessness and the immediately fatal character of the affection, and coma does not set in until the last moments of life; while, on the contrary, in the comatose forms of congestive disease of the most fatal type, coma is the most prominent symptom from the first to the close of the scene.

In typhoid forms, stupor sets in early, and soon amounts to a semi-comatose state, which never reaches the degree of profound coma until very near the fatal end. In the most deadly forms of yellow fever, coma, often sets in during the first hour of known illness, and terminates life in half an hour to four hours later; but in the milder forms of yellow fever, coma does not set in until the last stage, after black vomit and suppression of urine.

Excessive sweat, great prostration, cold sweat, insatiable thirst, with sensation of burning up with fever while the skin is clammy and cold, stupor and coma, are all reliable signs of immediate peril, which very few survive, and even with the ablest medical attention, life is usually a short possibility. Black vomit, though a symptom of the gravest character, is much oftener survived than any of the other symptoms just mentioned. It occurs in all congestive diseases, as well as in yellow fever. Bleeding from the nose, mouth, and other membranes, and from the bowels, in the above-named diseases, is a mark of seriously dangerous disease, but indicates a tendency to recovery rather than increasing peril. Only the milder forms of this deadly list of diseases, are curable by medication of any kind; and to cure them, instead of delaying their fatal work to terminate in hepatic disease and dropsy, needs the care of the ablest physicians. If these milder forms are not treated early in the most skilful and thorough

manner, they terminate, as just stated, after a chronic course, and destroy life in a longer time with as much certainty as the most incurable and deadly forms.

These dreadful scourges of mankind are constantly raging wherever warm weather exists, and their total *number* of victims is greater than that of famine, war, malice, and accident together; and from the beginning to the present, medical science has been impotent to oppose an efficient check to the annual human slaughter by these murderous maladies.

Strange as it may appear, it is a *fact now fully attested, scientifically and morally*, on the *most active fields* of these human destroyers, by thousands of successful tests in all kinds of cases, that the *diurnal rotation of the earth* and the *return of day in consequence* are not greater natural certainties, nor more *irresistible results*, than the *quick cure* of any and all of these terrorizing ravagers of *human life* by the timely and right application of the OXYDONOR without other means, and as herein directed.

Such is the absolute certainty, *not* after all *valuable* time, worth the life of the patient, has been *wasted* in indecision or in vain attempts with medication; *nor* when the fatal work has thus been permitted to progress near to completion; *nor* when all else has failed, and as a last resort, when nothing remains to be done but to close the eyes of the patient; BUT AT THE OUTSET OF THE DISEASE, AS SOON AS ILLNESS IS REALIZED, when not

hindered by other means, doing nothing, except what is herein recommended. Certainty of cure is *absolute* at this point upon these conditions. *It cannot be* absolute any later, because in the most deadly forms, the fatal work is already far *advanced* when the patient first feels strangely, not to say ill, and it is finished half an hour or an hour later; in which cases, the whole of so short a time is only sufficient, to arrest and reverse the fatal process, which for want of time, of course cannot be done at the last moment. The deadly work cannot be undone, when so nearly finished. Though *absolute certainty* is thrown away, by the waste of time in the beginning of the most deadly forms, the period of certainty lengthens with the natural duration of the form of the disease. If applied late, or at any hour, the same certainty exists in proportion to what is *wanting in the finish of the fatal work*, and in proportion to *possibility* remaining under the natural laws. At all times, it is a greater possibility for the restoration of vitality than the scientific reasoner, in his wildest dreams, ever hoped to find; and it makes man absolutely *safe* everywhere, and at all times, from the terrors above referred to, by right and timely use.

To cure any form of fever, whatever known on the face of the earth, in any climate or zone, be its name, form, malignant character, and fatal nature, or its curability or incurability by medication or any means aside

from this what it may, its *absolute* and *perfect cure in one to a few hours*, is but a question of *timely and right application of the OXYDONOR*.

Upon these conditions, in all persons not in a dying state from some chronic disease, or injury, or old age—in short, in any recent cases of any of these fevers—who were in ordinary health previous to the attack, a quick cure by this method is as *absolutely certain* as anything in nature. Irresistible if right conditions have been fixed as herein directed.

To make yourself master of these scourges by means of the OXYDONOR, manage as follows :

In *all fevers* NOT attended by *great prostration*, stupor, or constant *profuse cold sweat from the beginning*, apply the OXYDONOR with VOCOR in a large quantity of fresh water, not less than two or three gallons, cold enough to be very palatable to drink, which feels pleasantly cold to the hand, and which is of a temperature 50 to 65 degrees Fahr., such as cold cistern or well water. Keep it thus applied constantly, until the patient feels well enough to get up and walk around, and until he desires to do so, or until he is made to feel that he is surely very nearly well. Let him then rest from treatment until he feels a return of the symptoms, if there is a return, but not longer than twenty-four hours. Then re-apply in the same way, every night, six to eight hours, until he is fully restored to health and vigor. In all congestions, congestive fevers of the spasmodic,

choleraic, or comatose forms, Dengue, Cholera, Sweating Fever, Malignant Yellow Fever, called *vomito* by Spanish-Americans, Typhus Fever, Congestion of Eruptive Fevers when eruption has receded—all of which affections may be known by extreme prostration; or by great stupor; or by coma; or by profuse cold sweats; or by great thirst, with constant vomiting and cold skin; or by great prostration and delirium; or by great prostration and choleraic discharge from the bowels, with intense thirst, without vomiting; or by great prostration, black vomit, intense thirst and drowsiness combined; or by chilliness, intense ache all over the body, burning thirst, and great exhaustion combined; or by great weakness, slight fever, florid and swollen face, and raised dark red blotches over face and body; or in any disease or condition attended by any one or more of the above-named symptoms, all of which are marks of malignant disease, and which indicate the degrees of malignancy by their own degrees, and which diseases require the promptest measures, because of their rapid course to the fatal end, apply the OXYDONOR as follows, without delay: Wet the cord of the OXYDONOR all over thoroughly, and wash the ankle to which it is to be applied, and where contact disk is applied, thoroughly with warm water and soap, rubbing briskly, until the skin is perfectly clean and soft. Then apply contact disk of the OXYDONOR over the skin so cleaned, anywhere near the foot. See that disk is held in good contact

with the skin of the ankle, by a good adjustment of the elastic tape. Then place Vocor of the OXYDONOR in a non-metallic vessel, and cover it with a block of ice, three to five pounds, or with a good quantity of broken ice, covered with water.

If ice cannot be had, and if the ground is in reach of the OXYDONOR, make a good-sized hole in the ground, place the Vocor in this hole, fill the hole with water and earth, covering Vocor. If the ground is not within reach, then place a large vessel of any kind, of not less capacity than three or four gallons, preferably a good-sized tub, near the bed. Fill this vessel with the richest soil in reach; then plant Vocor deep into this soil, and wet the soil thoroughly with coldest water at hand, and keep it wet and cold. Whether the Vocor is placed in ice, in the ground, or in a vessel full of soil, keep the OXYDONOR applied constantly in this manner until the patient is free from all alarming symptoms, unless after four hours of such application the patient feels weaker. If after four hours he feels weaker, or if at any time after that he feels so, remove the OXYDONOR for a time, not longer than it was applied, or until he feels stronger, and then re-apply, removing when necessary, and repeat this process until the alarming condition is over. If patient does not rally from the increase of weakness within four hours after removal of the OXYDONOR, re-apply it, putting its Vocor in large quantity of water at temperature

50 to 65 degrees Fahr., or in cold water from a well, cistern, spring, or hydrant, either of which is about such temperature when cold enough for a palatable drink. Then let the OXYDONOR, with its Vocor in such water, remain constantly applied, until the patient is free from alarming symptoms. As soon as the point of alarm is passed, and as soon as the patient feels decidedly better, remove the OXYDONOR from him, and let him rest from treatment a few hours, or until the next night. Then apply nightly, as just mentioned, until he is perfectly well, as in the convalescence of milder fevers. The cord of the OXYDONOR needs to be kept wet, and ice or ice-water or rich wet earth needs to be used, *only* while alarming symptoms last.

Remember, all this is but to give greater force than ordinary, in order to arrest, *at once, a deadly disease*, which might finish its work in a few minutes, or in a little longer time. Remember, also, that at all other times a *weak force* is far the best, if there is as much as four hours of time for treatment. The weaker the force the better, when there is time, and the more agreeable and tangible the treatment. Never use a *strong force*, nor any temperature lower than 55 degrees Fahr., unless otherwise commanded by great emergency, nor then any longer than the emergency lasts.

A strong force, as one from ice, ice-water, etc., will at some length depress anyone, well or sick. Therefore, reduce the force of the OXYDONOR by placing its Vocor in warmer water whenever it depresses the patient. Depression comes in a different length of time in each individual and in the same individual under different circumstances. Therefore, when using ice or ice-water, or equally cold air, always watch the effect, and let the patient rest from treatment long enough to rally whenever depression comes from too long use of a strong force.

A temperature below freezing-point is always too depressing; but temperature from freezing to 40 degrees Fahr. is not apt in any case to depress anyone to a degree requiring rest before four hours of application; temperatures from 40 to 65 degrees Fahr. are not apt to produce great depression until after days and nights of continuous application; a recent acute disease may be treated by continuous application of temperatures from 65 to 75 degrees Fahr. to complete cure, without the least depression, and on the contrary with great stimulation, in most of cases. However, when the OXYDONOR is applied for the arrest of any alarming disease, even in ice temperature, it should not be removed until the principal and alarming symptoms are at least much ameliorated, unless it works depression; and then the force should only be reduced and the OXYDONOR must not be removed, until said symptoms give way. To accomplish

this arrest of alarming symptoms, it may be kept constantly applied as long as forty-eight hours at a time, if necessary.

When such application causes a rise of temperature, no depression can be produced until after the body temperature falls to normal. If no depression occurs, and if the main symptoms are not visibly or tangibly reduced in forty-eight hours, continuous application may be extended to any length of time, until a change takes place.

Continuous application at full force, in such cases as great dropsical effusions from fevers, in hepatic diseases, or in other refractory affections, has often been extended to a week, or even ten days and nights, with the effect of rapidly curing a formidable disease not otherwise to be conquered. But this is heroic treatment, not to be applied without adequate cause.

In all cases the disease will give way before any depression is produced, unless the force was entirely too strong for the patient from the first, in which case the pulse will be much depressed in few minutes after applying. However, when disease gives way to a strong force, the patient is depressed thereby soon after, generally in one or two hours. Hence the necessity of always watching a strong force, and of substituting the force of water barely cold enough to be good to drink, as soon as urgency of symptoms passes off and circumstances permit.

Never fail to stop treatment when the patient declares himself well enough, and always let him *eat* and *drink* or do anything reasonable that he pleases. Restrain him only from what is naturally imprudent to all convalescents, or to those who are well.

### DIRECTIONS FOR USE IN IMPURITIES OF THE BLOOD.

IN ANÆMIA : CHLOROSIS : UREMIC BLOOD : LITHIC URINE : TOBACCO POISONING OR NICOTINISM : ALCOHOLISM OR EXCESS OF HYDROGEN IN THE BLOOD FROM LONG-CONTINUED DRINKING OF ANY KIND OF ALCOHOLIC LIQUOR : CARBONIZATION OF THE BLOOD, FROM OPIUM OR MALT LIQUOR HABIT, ETC.

The blood of a large majority of human beings is constantly contaminated by one or the other of the above poisons, which, if not remedied, in time produces many forms of chronic and deadly organic diseases. These poisons accumulate in the blood in proportion as the surrounding influences and the habits of the person instill them in the blood in excess of what the excretory system can daily eliminate, which elimination depends entirely upon the functional activity of the whole organism.

As long as the excretory organs act with sufficient vigor to prevent any great accumulation, no serious disease nor fatal results occur; but if, by any means, vigorous functions are interrupted, an accumulation of the poison rapidly takes place in the vital organs as well as in the blood, and there, further impairs vital functions, to a still more rapid accumulation of poison in the system. The evil thus becomes a self-feeding flame, to a more or less rapid fatal end, according as constitutional resistance can oppose the mortal progress.

Elimination of these poisons is effected by throwing off a great portion of the poison with the fluid excretions, and by oxidization of what poison cannot be thus thrown off.

Therefore, in all these cases of blood deterioration and poisoning, a more abundant oxygenation of the whole system than the lungs (which are organized for the ordinary demands of the system only) can supply, is the natural remedy. It is infallible, if applied judiciously at any reasonable stage of these affections.

The supplemental oxygen, instilled endosmotically in the blood through the lungs, skin and membranes under the influence of the OXY-DONOR, is quickly effective, (though medication is here next to useless) because it gives rise at once to the following effects :

This extra osmotic oxygenation at once kindles the most intense vital combustion, which simultaneously results in great and vigorous functional activity in all parts of the system. Thus excretions become abundant, and are heavily laden with the outflowing poison, while a free oxygenation of the poisons lodged in organic and other tissues dissolves their abnormal accretions, and prepares them in solution to be thrown off, out of the system at the next operation, and the whole organism is rapidly thus disburdened of its devitalizing and deadly cargo.

This is not theory, but facts, noted in thousands of cases already treated, by the writer in his practice for many years.

To effect the above, use the OXYDONOR as directed in directions for general use in the first part of this little volume, page 15, and follow "*Common Sense Rules*," page 40, and add nothing thereto but plenty of good food, taken as often as desired, and keep the patient always comfortably clad and in a comfortable temperature.

Let him eat, drink cold water, and sleep, as much and as often as he desires, and exercise as freely as he can.

DIRECTIONS FOR USE IN DISEASES ARISING FROM  
DETERIORATION OF THE BLOOD.

SPINAL DISEASES, HIP-JOINT DISEASES, WHITE SWELLING, CARBUNCLES,  
BOILS, PAPILLARY ERUPTIONS, SKIN DISEASES, GOUT, RHEUMATIC  
GOUT, ARTICULAR RHEUMATISM, LUMBAGO, RHEUMATISM, SCIATICA,  
OR ANY SEVERE NEURALGIA.

Any and all of the above-named affections everywhere arise from a long-existing vitiation of the blood, as mentioned in the preceding article, and especially when aided by cold as an exciting cause. In treating all these cases, follow "*Common Sense Rules*," page 40, and add the following:

During any excessive pain, apply the OXYDONOR with Vocor in ice or ice-water, but no longer than the pain lasts. Keep all open ulcers clean by frequent syringing with warm soap-water. Keep the air *excluded* from all inflamed parts, whether there is an open sore or not. Any part which is either very sore or much swollen, and most particularly any open sore, must be protected from the air by some impervious coating at all times, except while being washed. The impervious covering must extend over the sound and uninflamed skin, a considerable distance all around.

This protection from the air is absolutely indispensable to inflamed or ulcerating parts, in order to prevent direct oxygenation of such parts, because osmotic introduction of oxygen directly into the inflamed parts through their diseased tissues increases the inflammatory process, and tends to produce gangrene. Extra oxygen, must come to the inflamed or ulcerating parts, indirectly, through the blood only.

Therefore, such parts must be covered by something which prevents direct oxygen transpiration. Oil-silk, collodion, linseed or fatty linseed oil, court-plaster, isinglass, vaseline, or any thick coating of some bland oil, will do for the above purpose. Whatever substance is used must be **covered** by a thick layer of moist cotton cloth.

## DIRECTIONS FOR USE IN BLOOD DISEASES.

**SCROFULA, CANCER, SYPHILIS, OR IN HEREDITARY TAINTS FROM THESE DISEASES.**

Blood diseases are inherited for many generations. They also arise from inoculation, or from the influence of long-acting baneful causes, always playing in the same way upon the blood.

Any long-existing, extreme cachexia, whether from malaria, mal-nutrition, or depleting or poisoning habits, may engender Scrofula or

Cancer of as malignant a character as exists, and as transmissible to offspring as the hereditary forms. Cachexia is the source of both of these malignant diseases, which, when aided by the long continuance of certain vicious habits, also becomes the parent of Syphilis of the most virulent and contagious character. As cachexia is the soil in which all three of these malignant and loathsome diseases germinate, and from which they are born, therefore a change of the soil by the animating process of free vital combustion indirectly becomes their most effective and natural cure. Cachexia is a depraved and vitiated condition of the blood, which at best is capable of supporting but an imperfect and smouldering form of vital combustion, whose every product in animal tissues is but a partially vitalized and half-matured living compound, and a physiological growth prone to chemical decomposition, of any form most favored by circumstances. It is the base of a merely vegetating superstructure of a semi-animalized and feeble fabric, tainted by inherent reverse tendencies, awaiting a slight cause to disintegrate into the chemical elements whence it came.

Hence a gentle and slow kindling of the process of vital combustion, by a gradual increase of endosmotic oxygenation of the system, *reverses* the slow process of blood poisoning which begot it, and at the same time vitalizes all its feeble animal products; thus, by degrees, vitality and health

are instilled in all the tissues, as substitutes for the abnormal process that previously existed in them. In this manner, the whole of an organism perishing from poisonous blood, is reanimated, and the poison is poured out through every outlet, by the new functional activity thus begotten, and the system thus freed is thereby renovated, and in a few months, is found free from every trace of the malignant and otherwise intractable disease. All this is effected, by judicious use of the OXYDONOR, provided it is resorted to, at any reasonable stage of the disease. *It must be remembered, that there is an incurable stage in every disease; and more especially in all the most formidable diseases.*

*There is a stage beyond which it is impossible, according to all the natural laws, for health to be restored, or for vital combustion to be rekindled in any organism.*

That fatal stage is reached, whenever disease has progressed far enough to sufficiently accomplish its deadly work, in one or more of the vital organs, as to destroy its tissues to such an extent as to render, its further sufficient function impossible; because, according to the natural laws of each organic being, its further existence becomes a natural impossibility the moment one of its vital functions totally fails. That same fatal stage, is also reached, though no vital function has been entirely abolished, whenever disease has so far progressed in its ravages in the

system, as to have fully established its chemical destructive process, as the preponderant process in the organism.

At this point, also, life becomes an impossibility in strict accordance with all the natural laws, because free oxygenation can support only the preponderant process, as oxygen is also a free supporter of chemical, as well as of physiological combustion.

Therefore, inside the bound of curability, the natural tendency of free oxygenation of the blood is to support life; but beyond this bound it can only feed the conflagration of disease.

Therefore, bear in mind that even this mode of *Diaductive Cure* in which we have an *absolute mastery of disease*, at its beginning, in all its ordinary forms, and possibilities beyond all *conservative credence*, at all curable stages, in all forms, *our mastery* and *our possibilities* diminish and end with the establishment of preponderant disease in the organism, which is the BOUND of natural possibility. Therefore, to increase both certainty and possibility in every case, begin early to induce a *Diaductive Cure*, and it will be as certain as you are prompt, and the treatment will be as short as it is early.

In treating Scrofula, Cancer or Syphilis, use the OXYDONOR at the lowest force possible—that is, with its Vocor in a temperature not lower than 55 degrees, nor higher than 65 degrees Fahr., using water or the air

of the room as the source of that temperature. Put the Vocor on the floor or carpet, when the air of the room is cool enough to be pleasant, or when it is within the above degrees of temperature.

Use it nightly, six to eight hours, until some change of symptoms occur, and thereafter use by directions given under "Common Sense Rules," page 40. If, in the course of the treatment, any acute symptoms arise, apply as in acute diseases, page 50. All abscesses or open sores must be kept protected from the action of the air as much as possible, by keeping them covered with fatty linseed oil, collodion, oil-silk, court-plaster, etc.

When the treatment begins to be very effective, eruptions will increase very much, and may become extreme, unless the use of the OXYDONOR is long suspended, and unless the treatment is made in every way very slow and mild. At this point, in Scrofula, the lymphatic glands indurate in large numbers, and if in abscess, the abscess enlarges or seems aggravated unless protected from the air as mentioned; and in Syphilis, if in the early stages, mucous patches become very numerous, both over the oral membranes and the skin. In short, in both of these diseases the poison seems to burn upon the outside of the body, and if this burning process is made too intense, though curative, it is very annoying and ugly, and well calculated to mis-impress the patient and

his friends. It is, therefore, important to go slow with the treatment, in order to make these eruptions endurable in degree. In mucous patches and ulcerations, nitrate of silver and the other usual topical applications are as admissible as though the OXYDONOR had not been used.

They all have the usual effects, but to a much greater degree, and this over-activity must be watched closely, and all topical applications must be made less freely in proportion as they are more active. In Cancer, at the same point, instead of eruptions, as mentioned in Scrofula and Syphilis, a tendency to absorption of the debris of the cancerous ulcer takes place, which, if permitted, produces great depression in the patient as soon as the blood begins to receive the cancerous poison freely.

Such absorption must be prevented by keeping the cancer strictly clean all the time, and by keeping it constantly covered with absorbent cotton, or a heavy wet cloth, of the temperature most agreeable to the patient. This absorbent cotton or wet cloth must be replaced by other, fresh and clean, as often as it becomes soiled, and the cloth must also be wet anew in clean water as often as necessary to keep it very moist and fresh.

When the open cancer is large or very sore, a thick sheet of wet carded cotton-batting is preferable to a wet cloth, as it is more soothing; but the same rules of cleanliness and re-wetting and renewal must be

observed therewith. When the cancer is located upon any internal part, as in the anus or upon the uterus, absorbent cotton in a dry state must be freely applied to the cancerous surface, after free syringing, and removed often enough to keep the cancer clean and free from discharge or odor.

Meanwhile, in either of the three above-named diseases the patient must be given food and cold water as freely as he desires ; and treatment must not be applied with a stronger force than herein advised, nor more than one-tenth of the whole time in all. Whenever a rapid recuperative process most promising of cure begins, daily paroxysms closely resembling those of common ague or intermittents are very likely to begin, and to continue for several weeks, before the good work in such disguise is made apparent. Treat the chill-like paroxysms by using the OXYDONOR according to the "Common Sense Rules," page 40, and be neither alarmed nor deceived by these reactive waves of rising vital combustion.

Whoever will thus trust Nature to *undo* the evil work by reverse of process, in her own way, without interfering by medication or any other dictation, will thereby make sure of all that under the natural laws is possible for his full recovery and restoration to health and vigor.

## DIRECTIONS FOR USE IN ERUPTIVE FEVERS.

**SMALL-POX, MEASLES, SCARLET FEVER, ROSEOLA, SPOTTED FEVER, AND ALL FEBRILE CONDITIONS ATTENDED EITHER WITH PAPILLARY ERUPTIONS, OR WITH RAISED BLOTCHES UPON THE SKIN OR SPOTS UNDER THE SKIN, OR ON THE ORAL MEMBRANES.**

Treat all these affections by the continued application of the OXYDONOR with its Vocor in a large pail full of fresh water, at temperature 55 to 65 degrees Fahr.; or, if no thermometer is at hand to test the temperature, use water just cold enough to be pleasant to the hand, and palatable as a drink. If by any accident the eruption suddenly *recedes* or turns purple, and the patient feels very faint, make the water a little colder—reduce it to about 45 or 40 degrees Fahr., until the eruption reappears in a brighter red color, but no longer; and then resume the use of water at 55 to 65 degrees Fahr.

As soon as the fever has cooled, and the eruption has disappeared by a gradual process without material change of color or as soon after this as the patient feels strong and free from distressing symptoms, stop the treatment for a few hours, and if everything goes well apply it as

above, only at night, for six to eight hours each night, until the patient has fully recovered.

As soon as the eruption is well developed, anoint the patient freely with lard, cocoanut-oil, vaseline or goose oil, all over his body, and keep him thus anointed constantly until he is perfectly well and beyond relapse. Eruptive diseases generally require about three days and nights of treatment as above. Pay no attention to any *reasonable* rise of temperature in the patient while under treatment, but if the fever mounts to an alarming degree, suspend treatment until the patient cools to about 102 degrees, or until he does not complain of the heat; then resume treatment until the fever cools permanently, and proceed as just mentioned. While the eruptive fever lasts let *no one* touch the patient without freely anointed hands. This precaution will, in a great measure reduce the danger of contagion, which is very great during the hot stage.

Permit no one to lie in bed with the patient. Change his bed-linen often, always putting it in soak in cold water as soon as removed from the bed, where it should remain in plenty of fresh water two or three days before being washed. Do the same with his clothing.

Through the whole course of the disease, feed the patient well with milk, soup and liquid food, and give him all the cold water, not below 45 de-

grees, that he desires to drink. In small-pox, keep the eruption upon the face of the patient constantly anointed with some very thick oil, as fatty linseed oil, simple cerate, or their equivalent in blandness and imperviousness to the air, until the eruption has dried up all over his body.

Such inunction will exclude the air from the pustules, and thus prevent the usual pitting, which so disfigures. Egg-nogg, toddy, milk punch, or other warm drinks, two or three times daily, are admissible in these cases, if the patient wants them.

### DIRECTIONS FOR USE IN CONTAGIOUS AND INFECTIOUS DISEASES.

All diseases are, in some degree, either contagious or infectious, or both contagious and infectious; but the principal diseases which are known as contagious have been already noticed among Eruptive Fevers; and the principal diseases which are known as infectious, or as both contagious and infectious, have also been noticed among the deadly Congestions and Fevers.

Therefore, for the treatment of contagious diseases, see article upon *Eruptive Fevers*, page 74; and for treatment of infectious diseases, see *Miasmatic Diseases*, page 52.

**SYPHILIS** is a contagious disease, but it was noticed among *Blood Diseases*, which see, page 67.

**CHOLERA** is an infectious disease of congestive type, in all particulars resembling the choleraic form of congestion, which was noticed among *Miasmatic Diseases*, page 52, which see.

The treatment and management of *Cholera* must be the same as of choleraic congestion, and as that of all the deadly diseases in the list on the page just mentioned, which is equally effective in all acute and fatal affections, no matter what their forms, names or origins.

This also applies to *Cholera Morbus*, which is so common in late summer or early autumn.

## DIRECTIONS FOR USE IN RHEUMATIC AND GOUTY AFFECTIONS.

### ACUTE RHEUMATISM, ACUTE RHEUMATIC GOUT, AND ACUTE GOUT.

Acute, Rheumatism, Rheumatic Gout, and Gout are sudden inflammations of the joints of the body, in persons whose blood is contaminated with poisonous accumulations, such as uric, or lithic acid, etc., which may have existed a long time without giving any tangible evidence of its

existence, and which is rendered active by some exciting cause, generally cold.

These painful diseases have been common to mankind from time immemorial, and all kinds of treatment have alike failed to shorten or to cure, or to do more than alleviate these dreadful affections, until the writer discovered this mode of inducing a rapid *Diaductive Cure*. Up to that time all that physicians could ever do for sufferers from these agonizing diseases was to palliate their sufferings by anodynes and narcotics, to blunt their sensibilities, until the diseases could run their natural course, or subside into chronic form which was the almost invariable result.

During such a course, in many cases, chronic affections of the joints were generated, which would cripple or torture the sufferers for life, or rheumatic affections of the heart would arise therefrom, which would end life prematurely and suddenly.

This was because no means were known by which to ward off or reduce or shorten their severity. Hence arose the saying among physicians, "Six weeks in bed is the only efficient treatment for Acute Rheumatism."

But to-day the writer feels rewarded for past labors in the fact that these dire affections, as well as the terrors of other forms of disease, need not again be known, longer than one day at a time, to another victim

where this new method, of *Diaductive Cure* through the influence of the OXYDONOR, is accepted and all other means are discarded. If this treatment is applied from the beginning, or early in these diseases, and if applied exclusively, the severest stages and chronic forms will never appear, and they will be radically cured in less time than would have been required for them to reach their heights. Acute Rheumatism and Gout, if thus taken at the outset, are arrested, and the patient is relieved of agony in one to four hours, and a complete cure is often effected in six to thirty-six hours. One thing is certain under right use—it is this: the decline of the disease is as rapid, if not more rapid, than its rise has been. The cure will be both rapid and complete, leaving no trace of the disease behind, if the treatment is applied rightly, *without medication* or other old theory to meddle. In all reasonable cases the patient should be made comfortable in four hours or sooner, but this implies that the treatment be not applied by a trembling or doubting person with a ready dose of medicine in hand, and that the cure be permitted to pursue its own natural course, all ugly symptoms notwithstanding.

To effect such a cure, apply the OXYDONOR as follows: Apply with Vocor in ice-water continuously until the patient is comfortable. Watch the effect the whole time of application. If treatment with ice-water make

the patient feel weak, or if it causes his temperature to rise to any alarming degree after being applied one hour, remove the ice-water, and place the Vocor in a pail of cold water 55 to 65 degrees Fahr. Make treatment continuous, until the disease is evidently arrested. Then let the patient rest one day or more, and treat his convalescence according to "Common Sense Rules," page 40.

### DIRECTIONS FOR USE, IN CHRONIC, RHEUMATIC AND GOUTY AFFECTIONS.

Chronic, Rheumatism, Rheumatic Gout, and Gout are all quite curable by this Diaductive Method, and to very far-advanced stages.

As with every other disease, their curability is limited by certain bounds. Their further progress may be arrested at almost any stage, but the evil and destructive work already accomplished cannot be undone at very advanced stages.

For instance, the Anchylosis of Rheumatism, when complete, is irremediable, and the cure of Rheumatism in a joint or in a muscle becomes difficult in proportion as the destruction of the part involved is complete; and quite impossible when the destructive process is near completion, as free oxygenation of the human system at such a late hour is more likely to fan the abnormal fire than to set up repair. Therefore, the absolute cura-

bility of Rheumatism may be said to be limited to the half-way point between the beginning and the finish of its inflammatory destruction. However, it is safe to say that Rheumatism is quite curable in a limb as long as its joints are capable of full normal motion, though such motion be ever so painful; and that it is curable in any muscle which is not very much indurated, and as long as the muscle has not thickened and shortened materially and become permanently contracted and rigid; and as long as the will can cause it to expand or contract in the least degree.

The same is true of Gout. Its degree of curability is also proportionately less as the destructive work of the disease is advanced, and the certainty of the cure ends about half-way between the beginning and ending of its natural course, for the same reasons. The same laws hold throughout the whole catalogue of human ills, for these reasons, which have been mentioned before: That free oxygenation of a living organism favors vital combustion and the general recuperation consequent to its increase, which begets a *Diaductive* Cure of any disease *as long as the physiological process of animation preponderates in such organism, and no longer*; and that, on the contrary, such free oxygenation is equally favorable to the *chemical process* of dissolution and death, as soon as it becomes the *preponderant process in such organism*. In other words, free oxygenation of the blood, and of the organism in general, is favorable to and

fosters the process which at the time preponderates in the organism, whether it is that of life or of death, and that it is equally prejudicial to and quenching of the declining process, whether it be that of health or disease, which at the time is ebbing away.

It is thus under the laws of Nature, because oxygen is a free supporter of universal combustion, whether inanimate and chemical, or animate and physiological, and it tends only to support the existing flame, be it what it may, if such flame is in preponderance, its kind being dependent upon other causes than free oxygenation. Hence the end of the certainty of favoring recovery, health, or life, at the point of equilibrium between vital and chemical combustion in the system. Hence the uncertainty, at that point, as to whether free oxygenation of the system will beget a rapid recuperation, or foster the conflagration of disease. Hence the necessity of beginning this treatment early, while it is certain that the vital process preponderates. Hence the magical and absolutely certain cures by this method, when applied at or near the beginning of disease.

Cure of Rheumatic or Gouty Diathesis—i. e., the removal of the uric or lithic acid from the blood, as a cause, which at once arrests further progress—is hereby easily effected at any stage while the patient is not perfectly helpless in bed; but what the patient regards as a cure is not the arrest of the malady only, as his eyes are fixed upon the damage done,

which he demands be repaired fully before he is willing to admit that he is even improved. The possibility of such repairs is what is herein alluded to, as constituting a cure, according to popular demand. In Gout, as in Rheumatism, the damage done to the joints may safely be deemed reparable as long as the joint is capable of full motion under the mandates of the will, though it be ever so painful. Beyond this point the result of treatment is uncertain, as it must depend upon the amount of deposit in the joints, and the damage done to the synovial membranes and cartilages of the joints, and also much upon the dexterity and perseverance of treatment and the endurance of the patient.

The chalky concretions in the gouty joints are easily dissolved by the free oxygenation of this Diaductive Mode of Cure; but when dissolved, the resulting solution causes much trouble before it can be eliminated, which elimination is a part of the reparative process, equal in importance to the solution of the deposit. When the amount of chalky deposit is small, and particularly when it is still soft, its removal by absorption into the circulation may be effected in a few weeks without great inconvenience or much suffering to the patient; but it is different with great deposits of hard chalk, which have destroyed the synovial membranes and their secretions, with much damage to the cartilaginous surfaces of the joints. A removal of the deposits and a cure here must require many months of

treatment, with good management, and extreme cases may prove incurable until skilful surgery is added to the treatment.

Any person of common sense, who has the moral courage to take the responsibility of self-treatment, with the mental independence to think and act for himself in this matter, regardless of all professional and non-professional contrary advice in keeping with old theories, can easily cure himself of chronic Rheumatism or Gout by the use of the OXYDONOR as herein directed, at any stage which permits him to follow any ordinary occupation, or as long as the parts affected are not perfectly rigid. At or beyond this point he cannot succeed with self-treatment, and he must apply at my Detroit Animarium, or at my offices, as there does not yet exist any other place where this Method can be skilfully applied.

In order to have success in self-treatment, the patient must be informed in advance of the difficulties in his way, and he must make up his mind to meet them, without permitting them to either mislead or discourage him. These difficulties are as follows: While chronic Rheumatism and Gout or Rheumatic Gout, up to the point mentioned, are as infallibly cured by this method as any other forms of chronic disease, the symptoms attending the most favorable progress of the cure are misleading, and calculated to quite discourage anyone who takes his feelings as true indications of his real condition.

In the acute forms of these diseases, as well as in all other acute diseases, the patient under this mode of treatment has little or nothing to mislead or discourage him, because, from the beginning of treatment to the complete cure, he is made conscious of a grateful sense of relief and of increasing comfort; but it is not so in curing the chronic forms. The sufferer from those painful affections looks upon the swollen, stiff, or painful part as the only seat of his disease, and he believes that the inflammatory process in that part involves no other part of his system; while in fact the cause of the local affection is in his blood, which involves his whole organism and affects all the similar tissues in his body as unfavorably in degrees, though intangibly. In reality, the blood of the sufferer, with many of the tissues through which it circulates, is highly inflammable, and many parts which are at ease but await a slight disturbance, a stimulant, or an exciting cause to make known by pain, their real abnormal conditions. Accordingly, as soon as the OXYDONOR has been applied sufficiently to stimulate the living process to greater intensity, in order to heroic functional efforts at depuration throughout the organism, to rid it by elimination through many excretory channels of the sanguinous poison which causes the disease, the patient feels *many aches* in parts which never ached before, and without any material relief of the old aches. His aches seem to multiply or to intensify from this point, for an uncertain length of

time, until the point of free depuration by extraordinary excretions is reached, which excretions are chiefly noticed in free perspiration and urination, the perspiration having a strong odor, and the urine being strongly ammoniacal, or musky in odor, and very highly colored, and often having an acidity which gives a burning sensation to the parts over which it flows. As soon as a partial depuration has thus been effected, the pains of the patient, together with what stiffness and other discomfort which attended him before this treatment, begin to shift from one part of his body to another, with or without the temporary disappearance of pain in the joint or joints originally affected.

Thus, by turns his Rheumatism or Gout seems to attack many parts alternately, and this continues in a greater or less degree until the cure is nearly complete, when he finds himself suddenly free from pain in one or more, or in all parts, which generally is such a surprise as to seem more like a dream than reality. While the cure is thus progressing in proportion as the depurative process is made intense the patient feels a frequent repetition of light chills, flushes, sweats, and unusual feelings in alternation. Not infrequently the patient's temperature rises daily or every second day, or with every rain, to the degrees of apparent fever, and thus during the whole time of the rapid progress of the cure. These are the usual symptoms of the rapid process of Diaductive Cure of these diseases.

All this naturally impresses the patient with the idea that his disease is going from bad to worse, instead of its being cured.

But he who would thus be cured, must endure all these incidentals with patience all the way, and without medical interference, or he will not be gratified in the end with Nature's *only true* and perfect cure.

To effect such a cure of these chronic affections, apply the OXYDONOR as follows:

Apply nightly, six to eight hours each night, with Vocor in *ice-water* until some tangible change of feelings is experienced in the morning upon first getting up, which change usually consists of dizziness and great irritability.

Whenever you feel this way in the morning, or in some other unusual way which is clearly ascribable to the treatment, abandon treatment altogether, no less than ten days, or until free perspiration and urination begin. Then begin treatment again, and continue to a cure, according to "Common Sense Rules," page 40.

#### DIRECTIONS FOR USE IN NEURALGIC AND SPASMODIC AFFECTIONS.

Neuralgia may affect any part of the nervous system, great or small. Hence human beings are liable to an almost infinite variety of neuralgic

affections, as varied in extent and severity as the extent and sensitiveness of the parts affected.

In nearly every form of disease, especially if acute, be its cause or nature what it may, Neuralgia is apt to arise in nerves of the affected part, at some stage of the disease, as one of its complications.

Therefore, malignant fevers, inflammatory diseases, cancers, and all severe affections torture the sufferers with Neuralgia in proportion as they involve the nervous system, inflicting pain more intense as the parts affected are more sensitive, or important, or more directly connected with vital organs. Neuralgia inflicts torture beyond imagination, and nothing but experience can impart the faintest conception of its agonizing nature.

Only he who has endured Sciatica or Angina-Pectoris, can estimate the soul-piercing pangs of Neuralgia. While it is a common attendant of disease, it is not necessarily dependent upon any diseased condition, and it may arise on the slightest cause, in the most healthy person. It is as frequent an attendant of rapid recuperation, or growth, or repair of parts or cure of disease, as of any degree of decline of health, or of any type of disease. Neuralgia attends any rapid change in the organism, whether for better or worse, when that change involves the tissues of sensory nerves, and its acuteness depends upon the kind and rapidity of the change taking place in the aching nerves.

The causes of Neuralgia are therefore exceedingly numerous, and often opposite in kind and tendencies. Anæmia and other vitiated conditions of the blood, and rapid changes from disease, are the most common causes of Neuralgia, which in such cases is generally chronic, and curable only by curing the affection upon which it depends, and of which it is a part, as a complication and symptom. Free oxygenation is not the natural remedy for neuralgia, unless it springs from these causes; and then to improve the blood, or to cure the anæmia or whatever other blood disease upon which it depends, by free oxygenation, will cure the Neuralgia; but, indirectly and secondarily.

As Neuralgia is not intrinsically a disease, but a symptom of repair as well as of decay in living tissues, of returning as well as of declining health, and of exuberant vitality as well as of the dying process in the part affected, it is intensified by free oxygenation of a part in which it exists, if such part is not impaired by want of oxygen or vitality, or by too rapid infusion of oxygen in a part so impaired. As neuralgia is not necessarily a sign of low vitality in the nerve affected, but often, on the contrary, of over-quickening and excessive sensitiveness, perhaps needing repression of its exuberant vitality rather than further quickening, the reverse of more oxygenation and life, and slight devitalization of the part affected, some times is the natural requirement of a cure.

Neuralgic pain is caused by over-stimulation of the aching nerve, and whether from the chemical combustion of disease or from exaltation of the physiological combustion of life's process, the sensation, except in acuteness, is the same. When connected with disease, if the disease is not cured, it subsides only with the vitality of the aching part, under the blunting influence of progressive decay.

If the disease with which it is connected is cured, it disappears with progress of the cure. When arising from an excess of normal stimulation, it vanishes as soon as the excess is drawn off and appropriated by adjacent parts. In the best of health, continued irritation or long stimulation by overuse will cause a sensory nerve to ache at some length. Neuralgia from exuberance of normal combustion is increased by any stimulation of vital combustion; hence it may arise from over-oxygenation of the blood, which is also an abnormal condition, though on the right side, because it is one of excess only, subsides naturally as soon as the organism can assimilate the excess of oxygen in the blood, if treatment is stopped.

As Neuralgia arises with equal facility from over-stimulation of a sensory nerve, either by chemical or physiological combustion when excessive in degree, it follows that whatever represses the combustion allays the pain as long as it is affective, whether in health or disease, in its ultimate effects. Hence the soothing, temporary, palliating effects of

narcotics, which seldom effect a cure, and often feed the disease in the parts affected.

If the exciting combustion is abnormal in kind, the re-establishment of the normal combustion through oxygenation will effect a permanent cure by removal of the cause. If, on the contrary, the exciting combustion is normal in kind and excites pain by its abnormal degree only, a slight repression of the vital process in the affected part will suffice to produce a cure. Thus, as Neuralgia is equally the offspring of opposite causes, opposite directions of the same force are equally effective in its cure, if rightly applied. Accordingly, in order to cure it when connected with disease, we must foster life's process and cure the disease ; when connected with exuberant vitality, in order to cure it we must repress the vital process to its normal degree, which is the only way that narcotics can cure. As usually known, neuralgia arises from disease ; but it arises during powerful tonic treatment in convalescence, from rapid repair, of which the use of the OXYDONOR, affords the clearest illustrations. Physicians have not recognized neuralgia from exuberant vitality, because medication cannot produce it. Yet it is a natural fact. Since to stop using the OXYDONOR *only*, is required to cure neuralgia or other unpleasant symptoms arising from its overuse, it is needless to mention other means.

Neuralgia is an excessive excitement and an abnormal sensitiveness of the sensory nerves, either from a chemical attack upon their physiological organization, or from an excessive accumulation of vital force in their tissues, attended by a rapid giving off or receiving of gaseous matter, made known by pain differing with each gas, and proportionate to the intensity of the process in either case.

We have the counterpart of Neuralgia, in motor nerves which are void of sensation, from the over-stimulation of disease, or of excessive exercise, through the same natural laws and upon the same principles, made known by excessive involuntary muscular contractions, which we call by different names according to their degree, extent, and parts they affect, namely: Cramps, Tetanus, Convulsions, etc. Both sensory and motor nerves are often involved in the same over-stimulation, as in many inflammations, which are accordingly attended by both neuralgic pain and excessive involuntary muscular contractions. Therefore, all herein mentioned in relation to Neuralgia also applies to abnormal muscular contractions, both as relates to principles of their causes and effects, and to the mode of treatment of all affections of either sensory or motor nerves.

Spasmodic affections in which the sensory nerves are affected with general depression, and in which the motor nerves are alternately affected with excessive relaxations and contractions in regular paroxysms, are also

closely related to the above-mentioned affections of the sensory and motor nervous systems, in principles, causes and effects.

IN ALL PAINFUL, CRAMPING, OR SPASMODIC AFFECTIONS OF THE NERVOUS SYSTEM, apply the OXYDONOR IN THE USUAL MANNER. If the affection is very severe, place the Vocor in a good quantity of ice-water. If it is moderate, place Vocor in moderately cold water, 55 to 65 degrees Fahr., always using a good quantity, not less than two gallons, which must be kept fresh. If within one hour the patient is not relieved by this kind of application, remove the *contact disk* of the OXYDONOR from the ankle, wrap the *contact disk* in a warm, wet towel, and apply the towel over the pain, or over the part cramped or in convulsions. Such application, however, if over the lungs, heart, bowels, or head, must be watched closely, and it must be of the very shortest duration possible, and it must be removed the moment it brings relief, or causes the least new disturbance.

If the pain, cramp, or spasmodic affection is located in the upper half of the body, it is likely that the applications will be as effective if applied to the nearest wrist, instead of directly over the affected part, which is far preferable, as less disturbance is thus possible. Never apply locally, nor to the upper extremities, for any other purpose, nor for this, unless compelled by want of success otherwise. When applying any

other way than at the ankle, *never apply longer than required to effect the first and least relief of the patient.* When the first sense of relief comes, the treatment has been continued long enough. Take the instrument off then, and the patient will continue to improve for many hours after, by reaction; and faster and more than if treatment had been continued longer. Never again re-apply, otherwise than at the ankle, without another necessity, and then never longer than that necessity lasts.

When convalescence begins, follow "Common Sense Rules," page 40, until cure is complete.

### NEURALGIA FROM INFLAMMATION.

Inflammation of a dental nerve, as in toothache, causes Neuralgia, which spreads over the face and head as far as the inflammatory stimulation reaches; and the same occurs with inflammations in general. In toothache, and in mechanical injuries, the only practical way is local treatment by a dentist or a surgeon. In cases not susceptible of relief by surgery, the inflammation must be cured, and with it the Neuralgia. To effect a cure of the inflammation, manage as follows: Cover the inflamed part thickly with a heavy towel wet in water of the temperature most agreeable to the patient.

Place the Vocor in ice-water and apply the contact disk between the folds of the wet towel over the inflamed part. Keep up this treatment continually, until the inflammation has completely subsided, unless it is very painful or it causes the patient's temperature to rise to an alarming degree, when treatment must be suspended for a while, and renewed when this passes off. Treat convalescence by "Common Sense Rules," page 40.

As before intimated, Neuralgia, Cramps, and other spasmodic muscular contractions, though often caused by disease involving sensory and motor nerves, also frequently arise independently of disease, wholly from excessive play of *vital force* upon the affected nerves, arising from local accumulation, begotten by the excessive exercise of the parts involved. Such functional derangements from excess of normal stimulus are more apt to occur during vigorous health than at any other time. Rest of the affected parts does away with the excitement, by permitting the local excess of vital force to find vent in other parts, and no other treatment is here required. If pain is severe, wrap the painful parts in warm, wet towels. The water will absorb the offending excess. We know the cause of these affections, thus: If the subject is diseased, and has not unduly exercised the parts connected with the nerves in trouble, the cause lies in his disease, and the main disease must be treated, and the minor affection will be cured with it. If, on the contrary, the subject is healthy and ro-

bust, and has exercised such parts unduly, disease is not the cause, and rest, with warm wet towel applied to the aching part only, are needed.

Therefore, when using the OXYDONOR to cure any disease, or to beget general invigoration, be wise enough to stop treatment when the main symptoms disappear, and to leave the rest to assimilation of the oxygen already instilled in the blood and system thereby, which will be amply sufficient to finish the cure.

Always let well enough alone. Do not try to monopolize all the vigor, all the vital force, nor all the good feelings; because such intemperance must react with something less pleasant.

Remember that good health, affords more pleasure, than exuberant vitality which is sometimes as painful as disease, as before mentioned. If, however, you are so unwise as to pass the temperate mark of enough, and find yourself in trouble from pent-up exuberant vital force, for which your daily avocation finds no vent; exercise, eat, and drink water, more freely.

Expend the extra energy in mental or physical labor, until the surplus has been disposed of, which will be known by more comfort.

If you do not succeed in time with this, add frequent sponge baths until relieved, and never be so unwise again as to make a plaything of such a life-giving power.

This caution has always been needless in connection with medication, because it cannot generate such a superabundant vitality, but the user of the OXYDONOR will find this advice useful: *Use, but do not abuse.*

## MINERAL WATER, HEALTH RESORTS AND SEA VOYAGES.

Mineral or medicated water, as other drugs, is unnatural and often murderous slop, *incompatible* with Diaduction, and must be abstained from, under forfeit of desired results. Health resorts and sea voyages are absolutely superfluous and impotent as auxiliaries to this method. They are costly prescriptions, more effective in shifting the patient off the doctor's mortuary list, than in curing him. The healthy who can afford may enjoy them, but the best of all places for an invalid is at home, where all at command is most acceptable and effective. The best water and place for *man*, sick or well, are pure water and home. Drugging and rambling for health, emanate from the same unnatural, absurd theories, long proved alike impotent. Save your money for better use, and your life for a more natural end. The OXYDONOR is self-sufficient to cure in any zone or climate and anywhere the patient can be well fed and clothed, and kept comfortable.

## Directions for Use in Chronic Nervous Diseases,

AFFECTING THE SUPERIOR PARTS OF THE NERVOUS SYSTEM.

Softening of the Brain, Paralysis, and Progressive Paralysis are all diseases of the most fatal order, which, if not cured in their early stages make their fatal ending but a question of time. Locomotor Ataxia is a disease limited to the spinal cord, which does not involve life necessarily, unless indirectly and remotely through the helplessness it inflicts when complete, and which, if not cured in its very incipiency or earliest stage makes complete loss of the use of the lower extremities, as certain as death in the other diseases just named. All these diseases affect the substance of the nervous tissues involved, by a chemical attack upon their physiological organization, with a devitalizing progressive process, which finally transforms the nervous living tissues into a mere inanimate chemical compound, by gradual substitution of chemical combustion for that of physiology and life.

Ten years of experience in the treatment of these diseases by this Method has shown that, like all other diseases, they are curable by the proper use of the OXYDONOR up to the usual limit of curability—i. e., as

long as the process of life's combustion preponderates in the organism, and in the nervous matter involved, or to about the half-way point between the beginning and the ultimate results of the destructive disease, as before explained.

In keeping with the natural laws relating to all diseases, the earlier the treatment the greater the possibility and the probability of a cure. Self-treatment of these dire diseases by this method, unless applied very early, is not likely to succeed, notwithstanding the fact of the possibility as just stated, and for these reasons, namely : In the advanced stages of these fatal diseases the sufferer is not in a physical, mental, or moral condition required for successful self-treatment. Second, like all other strangers to this mode of curing disease, he is disqualified by education for the right management. Third, the cure of so formidable a disease, at an advanced stage, requires skill, which he cannot have, and which, if he had, he could not apply to self. Fourth, the cure of so fatal a disease implies many disagreeable and misleading sensations on the way to the cure, which must be explained and remedied, and he must have an experienced one by his side to supply the deficiency in his moral courage, and a counselor to counterbalance the ill advice and adverse opinions of croakers.

Therefore persons desiring the benefit of this mode of treatment for the above diseases should, if possible, apply at my ANIMARIUM. However, for the benefit of those who cannot do this, and who will try self-treatment, or treatment by the hand of a friend, the following rules are here given, as the best possible without skill. Remember that such organic or structural diseases of the principal organs of the nervous system are the insidious, invisible, intangible work of long operating causes always bearing in the same direction, and that disease was thus fully generated intangibly, long before the first notice. Remember, also, that to induce a Diaductive Cure, this exact process must be reversed, nothing more must be done; and that in doing this, all the points passed and all the sensations felt in decline, must again be passed and felt in reverse order on the way to a cure; that if the recovery is more rapid than the decline has been, it must also be more disagreeable in proportion as it is more rapid; and that the slower this repairing reverse process is made, the more certain, comfortable, and natural it will be, so that it is progressive; and that, in keeping with the true reverse order, the insidious, invisible, and intangible work of the benignant reverse always bearing in the same direction of repair must also be near complete, before plain notice thereof is given to the senses.

Bear in mind that the reverse of a chronic disease and its cure cannot be by sudden wrench, but must be by chronic treatment. Then use the OXYDONOR according to "Common Sense Rules," page 40, and no other way. This is simply to maintain good general health, and no more. This will suffice, and it is more effective than more treatment, which could only beget injurious or dangerous perturbation. This slow and regular use, and maintenance of good general health, will work a cure in this manner, namely:

When the blood is kept constantly in a highly vitalized state, as it is the universal pabulum of the human system, ever ministering bountifully, of whatever it may contain, to all its tissues, according to need and demand of each, and in keeping with the organic laws, the impoverished and diseased nervous tissues affected will therein find the balm and nutriment they need for revivification and repair. The work will be slowly but surely done, in strict accordance with the laws of the human system, under the unerring guidance of physiological adjustment, between abundance and want in the organic economy of the human body. Then add to this, only plenty of wholesome food, comfort by suitable clothing, strict temperance in all things, and avoidance of rigorous weather; if the case is one within curable bounds, the cure will be but a question of time. Nothing, is more certain than Diaductive Cure of Disease, at or near its beginning,

before destruction of organic tissues is effected, if right conditions are fixed and maintained, not even the diurnal motion of the earth. It is simply irresistible under the right conditions ; but when the cure implies great repairs, which are but second growths under disadvantage, it becomes more difficult and slower in proportion to repairs required, and its possibility ends at the natural bounds of preponderance of the process of disease over that of life, which to reverse would amount to resurrection and re-creation, without compliance with the natural laws through the slow process of growth, amounting to miracle.

### EPILEPSY.

This formidable spasmodic disease begins as a functional disorder, and progresses in a more or less rapid course to softening or hardening and destruction of the parts of the nervous system involved, by a similar process as in the diseases just noticed, therefore the same rules for successful treatment apply to this disease also.

### ST. VITUS' DANCE.

This affection of the nervous system, like Epilepsy, arises as a functional disorder, which affects females mostly, and which is secondary

to some other disorder, generally menstrual irregularities or suppressions. If it is not cured by the removal of the cause, and if it progresses to its ultimate results, it is gradually transformed into Epilepsy, and thence follows the natural progressive course of Epilepsy in destruction of the nervous system to the fatal end. Hence, all here said relating to the treatment of the graver nervous diseases applies later, with equal force, to both Epilepsy and St. Vitus' Dance. These two affections are cured easily and quickly, while still but functional disorders; but the difficulties in their cure increase in proportion as they advance into the nervous destructive stages, and later they are really of the same grave and refractory character as if originally softening or hardening of the nervous substance which they affect.

Therefore, treat all the nervous affections mentioned in this article on the same general principles, according to instructions already given. In all cases, patient waiting, perseverance in treatment, and abstinence from medication must be equal to the advance and chronicity of the disease.

## Directions for Use in Female Diseases.

The almost endless list of the variable and indescribable **train of human** ills which attend civilized woman, from just before puberty until after the menopause, cannot, in a little book like this, be enumerated or described. Such enumerations and descriptions can be found in the large treatises on diseases of women in any medical library. Every physician of long experience has often had the depths of his soul stirred to emotional sympathy, by the uniformly doleful recitals of the combinations of physical torture and mental agonies, and of the continuous woes peculiar to the female sex, experienced by the child-woman, the young woman, the maid, the young wife, and the matron, poured before him in anguish and despair, in quest of relief beyond the power of his means.

Impelled by these sad necessities, the medical world has invented almost numberless remedies and mechanical means of treatment, which in experience have proved worse than useless, cruel torture, multiplying and increasing the evils ; and woman's lot has utterly failed of amelioration by the products of science and art. All these abortive means were most unnatural, because they were the offspring of theories both inconsistent and unnatural, presuming to improve or to restore the physiologi-

cal process of life by means of the opposite process of chemistry, whose natural and intrinsic tendency is to dissolve living tissues ; to impel and regulate functions by mechanical means, without any increase of the organic motor, *Vital Force* ; to regulate the organism to obedience of mathematical formulæ, and to propel Nature by unnatural means according to man's erring notions.

Numerous and diversified as are the ills peculiar to woman, though affecting her comfort in so many different ways, and in such different parts of her organism, they all spring from a common origin, namely: failure in some degree of functional order, activity, or force somewhere in her system, by want of adequate supply in the fountain-head of life, to move the whole organism together freely and regularly, all obstacles incidental to climate, situation, condition, habits, and constitution notwithstanding. However different the arbitrary names which her afflictions have received from physicians, in order to classify them according to the parts upon which they center, or the tissues they affect, they all arise from the failure of the function of some part, which failed under the difficulties of the hour for want of sufficient force to surmount or remove an opposing obstacle.

Thus, want of sufficient vitality to oppose the influence of dampness and cold, inflicts upon woman, Vaginitis, or Leucorrhœa, or Ovaritis,

or Ovarian Cyst, or Metritis, or Amenorrhœa, or Dysmenorrhœa, which would easily have been averted by the play of greater vital force. Low form of vitality begets a depraved condition of the blood and system, and general cachexia. This, in woman, engenders irregularity or suppression of menstruation, which gives rise to Spinal Irritation, St. Vitus' Dance, Catalepsy, Epilepsy, Chlorosis, Dropsies, Pulmonary Consumption, etc. A long existing low form of vital combustion begets General Debility, which relaxes all the muscles and ligaments, and especially those connected with and supporting the Uterus.

This begets Versions, Flexions, and Prolapsus of the Uterus ; and these are attended by Headache, Backache, Constipation, Hemorrhoids, Abdominal pain, Leucorrhœa, etc. Again, a low form of vitality soon induces Portal Congestion, and this in woman produces Uterine Congestion, which increases the size and weight of the Uterus, causing many displacements of this organ, such as Prolapsus, Versions, or Flexions, in spite of the strongest Uterine ligaments, just as well without as with local debility, as above mentioned, and with the attendant symptoms above named. Both Debility and Congestion, arising from the same low vitality, often conspire together in producing the above distressing female affections of the most extreme degree, which are attended with great pain, Leucorrhœa, or Hemorrhage, or Urinary Derangements, etc.

Thus the one common cause, a low degree of animation, is the source of all of woman's woes which are peculiar to her sex.

Accordingly, the treatment of thousands of sufferers from all kinds of female diseases all over this land has proven by infallible success, under the most merciless test in experience, that intensifying life's combustion, and consequently vitality in the whole organism, by means of *endosmotic instillation of oxygen* into the capillary blood *through the skin and membranes*, by the influence of the OXYDONOR, is *self-sufficient* to cure all these sore afflictions, as well as almost every other disease in the catalogue of human scourges.

More than fifty thousand cases of disease treated by this method in this country have shown that this simple contrivance, the OXYDONOR, is of greater essential value to man than anything he ever possessed, or even dreamed of, and entirely beyond an equivalent; experience has shown, beyond the possibility of mistake, that the above assertion is the simple truth, and that it is still far more valuable to weaker woman; and that neither man nor woman, should any longer think of braving the incidental dangers of life without this little, but potent PROTECTOR at hand, and that to do so is suicide, and that this applies with the greatest force to woman.

To cure all the ills here referred to, requires only to brace and improve the general health, gradually but persistently, until a Diaductive Cure takes place, which generally occurs most suddenly when least expected, at the end of time proportionate to the repair needed by the general health. We first make general health good; thus far the local ill seems not to be changed, but as soon as all the other functions are rendered normal, all further treatment goes to intensify life's combustion and to beget functional energy; as soon as a high tonic state is generated throughout the organism, concerted functional efforts and contributions unite in the cure of the local *ill*, hence, probably, the suddenness of the cure, to the joy of the sufferer. In order to accomplish all this, apply the OXYDONOR according to "Common Sense Rules," page 40.

#### DIRECTIONS FOR USE IN PRIVATE DISEASES.

Ordinary forms of private diseases, not surgical, require but frequent washing with soap and water, and to apply the OXYDONOR nightly, with its Vocol in ice-water, from six to eight hours each night, until all the troublesome symptoms disappear, and thence to treat convalescence according to "Common Sense Rules," page 40.

DIRECTIONS FOR USE IN SCROFULA,  
SCROFULOUS ABSCESSSES AND ERUPTIONS, WHITE-SWELLING  
AND HIP-JOINT DISEASES.

In all these diseases, keep all ulcerations and abscesses clean with soap and water, and remove the pus from open abscesses daily. Keep all ulcerated parts and open abscesses protected from the air at all times between washings, by court-plaster or oil silk. Keep all cavities filled with absorbent cotton, which renew after each washing. When not convenient to cover ulcerations with plaster or oil silk, keep them thickly covered with absorbent cotton.

Apply the OXYDONOR according to "Rules for General Use," page 15. Apply every night until free convalescence is apparent. Thereafter follow *Common Sense Rules*, page 40.

Scrofulous subjects, especially children, are much more sensitive to this treatment than other people. Therefore, with them, always stop the treatment at the first noticeable improvement, leaving further improvement to reaction. Never use ice in treating them, except for colds and inflammatory fevers; and then, only to the first improvement. Water at 50° to 60° Fahr. is generally best with them for all purposes, especially malarial or other summer or autumn fevers. Make every treatment for them the mildest and shortest that will be effective.

# SKIN DISEASES.

Skin diseases are very numerous, and they vary much in degree of severity, and they are all very chronic by nature. They all originate from impurities of the blood. Their tenacity is so great that they are seldom cured by medication. The milder are more chronic and difficult of cure than the severer forms. Experience has shown in the writer's practice *that all reasonable cases of every form of skin disease may be easily cured by the judicious use of the OXYDONOR*, if the patient will only *accept the cure as it must come*, and if he will submit to all requirements.

No skin disease can be cured directly. No! It must be cured indirectly and secondarily, by a thorough purgation from the whole organism, of the hereditary or acquired taint or poison which is the cause. This process is long in proportion as the cause of the skin disease is abundant. The process of elimination of the poisonous cause is interesting, and contrary to all established views of the process of life, but it throws much light upon the laws of our organisms, and when the complete cure comes the system has been freed from all poisonous influences whatever, and is completely reanimated.

The cure progresses in this manner: Free oxygenation by this method causes the *eruption to become greater*, and it burns on the surface with great intensity, which sometimes requires *long suspension of treatment*, and even repression by a touch with nitrate of silver. Not long after present crop has been thus consumed, but after the skin has been purified and made apparently healthy, the blood which contains the next most accessible part of the poison gives off another crop, to be consumed in like manner upon the skin.

This process is repeated in close succession, until the blood, when exhausted of its poisonous supply, appears pure and freely oxygenated and vitalized by arterialization. For a time the disease seems cured; but after a considerable incubating period the blood again becomes poisoned as badly as before, and evidently by a supply from the tissues of the body, and sometimes from accretions in the vital organs; then the blood is again purified by the burning of successive crops of eruption upon the skin. After another longer incubation the blood is again recharged with poison from the system at large, and again is purified by eruptions burning upon the skin. These processes are repeated with lengthening incubations, until the organism seems free from the poison and the disease seems finally cured.

But not so. The nervous system has not yet been purified, and perhaps holds in concentration *twice* as much of the poison as the balance of the organism held in the beginning of treatment, which has already been burned upon the skin in successive crops.

Therefore, during a longer incubation than any of the previous, the nervous system relieves itself of the poison by giving off an abundant charge, which seems more intense than ever, to all the tissues of the organism. The systemic charge is next given off to the blood, and is transferred from the blood to the skin, to be burned on the surface in the manner before described. Thus, by progressively lengthening incubations, this general process of paroxysmal transfer of poison from the nervous system to the other tissues, by these to the blood, and by the blood to the skin, to be oxidized through the influence of the OXYDONOR upon the surface, continues until the whole organism is free from the poison. When the whole supply is thus exhausted by oxidization on the surface, the disease is radically cured and reappears no more, and the patient is a new being, vigorous and buoyant in mind and body, as no other means can make man. This is essentially the process of cure, observed not only in skin diseases, but in all constitutional diseases, and especially in Scrofula and Syphilis, which are common sources of hereditary skin and other diseases, as ob-

served by the writer in many cases treated by this method. This is evidently the essential process of eruptive diseases, such as Small-pox, Measles, and Scarlet Fever, which burn the poison on the surface to rid the blood of a bane, which must be fatal, if not freely thus brought out and burned, or if it recedes after eruption.

Modified phases of the same process are also observed in treating many other diseases by this Method, and it seems to be a fundamental law of nature, which acts in a reverse manner in inflicting disease, as illustrated in the incubations from which diseases of the most malignant type spring; also illustrated in the writer's method of diaductively inducing disease by reverse action of the force he employs in curing. From three to eighteen months are required to effect cures as above described, according to the case in hand and the dexterity of the treatment.

For the above purposes apply the OXYDONOR according to "Directions for General Use," given in the first part of this book, page 15, until some change is noticed, and thereafter follow "Common Sense Rules," page 40, to the completion of cure.

## Directions for Use in Diseases of Children.

Diseases of childhood are numerous, and children are more frequent sufferers from diseases in proportion as they are young. Early infancy is but a series of diseases, but the diseases of childhood change and become less frequent with age.

Early childhood is the most precarious period of life.

From birth to the third or fourth year of age the child is almost constantly hovering between life and death, and the slightest cause cuts off his life suddenly. The babe is at best but a constant sufferer from Colic, or Diarrhœa, or Cholera Infantum, or Croup, or colds, or fevers, often attended by inflammations of the membranes of the brain with their constant convulsions, which either end life at once or are followed by paralysis or spasmodic affection. Under the established modes of practice the little sufferers are not only tormented by these dire incidentals of early life, but they are forced to endure a constant spooning with nauseous drugs, and often useless and nonsensical doings. Teething is a very dangerous period, during which the child may die at any time from Cholera Infantum almost as suddenly as from Croup, particularly in summer or early autumn, or when the mother is unheathy, or when the feeding is faulty.

When one danger is passed, another lies before the child until puberty. The child from birth to puberty is *prone* to colds, fevers, eruptions, contagious and eruptive fevers; and he is very susceptible to all climatic and epidemic diseases.

Thus childhood is a successive passing from one peril to another, and an endurance of a close succession of varied diseases, best known to parents of large families, over which they justly live in constant solicitude. Even rapid growth, or free exercise, in a child is attended with many discomforts in the form of sudden rises and falls of temperature resembling agues, and of many aches in the limbs, head, and everywhere in the body, without actual disease; but these perturbations of growth, or excessive exercise, are often the predisposing, or exciting causes of disease, in the healthiest children.

The death rate of infancy is everywhere most frightful, even in the healthiest countries and localities. It is said that more than one-third of all human beings born, die during infancy, and it is well known that a very large number of the survivors endure through life deformities and infirmities engendered in infantile diseases. The writer rejoices in the privilege of announcing the fact that the anguish of parents from these sources *need no longer exist*, and may just as easily as not be made a thing of the past. One OXYDONOR in a family can, and will banish *all the terrors*

*of disease from the household, if only used as soon and only as long as needed,* and in a half reasonable way. This is not a theory, an opinion, or an enthusiastic prediction, but the *actual experience, without a single exception,* in the thousands of families who have adopted this Diaductive Method of treating disease, to the exclusion of all other means. These families are scattered all over the United States, particularly in the most sickly sections, and their adoption of this method has been at all dates for the last ten years. Before such adoption, each of these families had closets full of bottles and packages of many kinds of medicines, and a family physician to direct the uses of these medicines; they felt and believed that their lives hung upon these in every case of sickness; and consequently both medicines and physicians were employed freely. Sickness was a common occurrence, almost constant in the household, and each disease was of considerable duration and cost. Each case implied danger, distress, financial ruin, or death. Annually each family had to pay large bills for medicines, physicians' and nurses' services, and often for one or more funerals. A slight cold or mishap would often terminate in a fatal disease. Often, the taking off an important member would destroy the business and support of the family, or break up the household. Since adopting this Method, by means of the OXYDONOR, these families have treated all the ills in themselves and their children with it exclusive<sup>ly</sup>.

either at random or by the brief instructions contained in the first article of this little book, which up to this time, 1894, constituted all instructions given with each instrument. None of them have had the aid or advice of physicians in this, but often their sneers, derision and discouragements, because this is new and unknown to written philosophy.

They have not known upon what principle, nor by what force this simple thing acts, but they are content to know the important and self-sufficient part, which is this: That when they are sick, no matter what is the cause, name, or nature of the disease, if they apply it at or near the beginning of their illness they get *well*, quickly, easily, while sleeping, and intangibly, with as little inconvenience as they got sick, and with no more cost; that no time is lost in treating disease, if treated at its beginning, because the usual sleeping hours are amply sufficient to cure all diseases that arise in the family, and that the patient sleeps naturally and well during the treatment; that disease is thus made a matter of minor and short inconvenience; that the patient need not be drenched by poisonous or nauseous doses, nor be burned by blisters, or otherwise tortured, and that his peace, comfort, or life, are not jeopardized.

These families have also learned, contrary to their first belief, that the OXYDONOR makes them absolute masters of disease at any reasonable hour. This knowledge has dispelled the terror of disease from

their minds, since they treat disease with certainty of success. These facts bring gladness to their souls, otherwise impossible. Their experience has shown them, beyond all question or possibility of mistake, that the family is healthy, buoyant, strong, happy, without cost, pain, risk, or sacrifice of time. The family is thus made prosperous, because business plans do not abort by sickness or premature death, since no bills are to pay for drugs, doctors or funerals, as before adoption of the OXYDONOR as the exclusive guardian of the family's health.

Not one of these families has relapsed into drug-taking, or returned to old methods, nor can they be induced to do so ; but, on the contrary, all who have experience induce those who are near and dear to them to take this road to Health.

For success in thus treating your children *you must first adopt these rules and conditions*, which are simple and few, but *absolute*, namely: When your child is sick apply the OXYDONOR, soon after the disease is noticed, the earlier the better ; but if you cannot be early, apply soon as possible.

Second, do not call a Doctor to superintend or meddle with the process, by advising against this Method and recommending the old way, or by mixing his old methods with the new, as if the new way were neutral, as the old theories will incline him to view the case. If

you are too timid to take the new way independently, call your Doctor at first and let him have the old way exclusively. When you apply the OXYDONOR, trust it as implicitly, give it time and as fair a chance as you have been accustomed to accord to medication. Remember always, that on these occasions, while taking this new Method, you are not without a Doctor by any means, though he is not personally present to converse on ordinary subjects with you, and to answer all minor questions. The Producer of the OXYDONOR, and Discoverer of this method, the writer is an old Physician of the regular order, and an old Practitioner of wide experience, fully versed in all the means, possibilities, difficulties, and impossibilities of the old Methods, as well as in the means and superiority of the new Method, and up to the present moment he is the only man on earth who has seen and has had experience with all that is known on both sides of this question.

He has tried, tested, and compared both these Methods together in cures, side by side, for many years, over a large portion of the earth, where tests could be most extreme.

His deductions, thus made, have fully held out in practice everywhere, in more than sixty-five thousand cases. He has made an advance beyond the old Methods. If you are using an instrument stamped OXYDONOR "Victory," and this book of Directions, both bearing his name and

stamp, and eagle trade-mark, and not a bogus thing—an imitation stamped otherwise with some other name—you have his best productions before you. “Victory” is the only instrument to which all he writes herein applies. With his best instrument and instructions in your hands, he is virtually with you, aiding you in his most pensive mood, with his best means, and most sober thoughts. **He is then virtually in charge of the case himself, if you obey his mandates and do not consult those who are strangers to his new Method.**

Upon the above conditions, **success is yours, but nothing is promised you otherwise.** In giving medicines, you must also depend upon the judgment of another, nay, many others—the Chemist, Druggist and Doctor—and you are treading a dangerous path, which in the main has proved unreliable, and more of a failure than a success. In using OXYDONOR “Victory” you take a new path, but it has been traveled by more than sixty-five thousands of other persons before you, *without a single traveler who has not realized the truths* contained in this volume.

In treating children, if the child under treatment is too young to inform you of the symptoms which you cannot see, or if ice-water is used in treating a child of any age, always stand by and see every effect produced until treatment is stopped. If the child is very ill, and in imminent danger, as in Croup, Diphtheria, Cholera Infantum, or in any serious

disease, without high fever, apply the OXYDONOR with its Vocor in ice-water, in no less quantity than a pailful.

Do the same for any severe cold the child may have, provided there is no high fever. In all these cases watch the effect closely, and as soon as the alarming symptoms abate, or if a high fever rises on the way, remove the ice-water and continue the treatment with Vocor in a pailful of water just cold enough to be palatable to drink—55 to 65 degrees Fahr. Stop the treatment as soon as the child gives evidence by his actions that the disease is arrested, and wait to repeat the same at any future necessity, and then apply daily as necessity may require, always quitting when the child fully rallies. If the child has a very high fever, do not use ice during the fever's great intensity, but use cool water as just mentioned; and never use ice, except in great emergency, and then as short a time as possible, only just long enough to break the severity of the disease, and then finish with cool water. When treating a slow disease, or one not alarming, never use anything but moderately cold water.

Where neither ice nor cold water can be had, moderately cold, wet, rich earth will do as a substitute for ice-water, and wet earth just a little cool to the hand will do as a substitute for cold water; but a good large pailful must at all times be used. To bury the Vocor in a large flower-

pot, and to wet all contents freely, will answer if kept in that condition, and a little cooler than the body of the child under treatment.

All just said, applies to the treatment of acute diseases in children as they arise, beginning as early as possible.

In treating a chronic disease in a child, apply the OXYDONOR according to "Common Sense Rules," page 40, never using but moderately cold water. Apply to the ankle with children as well as with adults. *Never get alarmed at any rise of temperature, but if ice-water is used, and it causes a great rise of temperature, substitute cool water.*

Whenever a child's fever is very high, keep a heavy wet towel constantly all over his head, wet with cool water.

When the child cools off, remove it.

When treating babies, if the disease is serious, apply treatment direct to the babe, and watch the effect closely.

If the babe is at the breast and the mother is not in good health, the mother also must be treated and cured, or she must not nurse the child. If the mother is healthy and the babe is very young and not very ill, the treatment must be applied directly to the mother, and she must hold the child in her arms, with her hands in broad and full contact with the baby's skin, preferably the lower extremities, during the whole of treatment. This applies only to suckling babes. The mother must never let her child

be by her side while she is under treatment, without full contact of hands with its skin as mentioned.

This full contact during the whole duration of treatment prevents the secondary, reverse and unpleasant effects otherwise produced upon a second person at a short distance, or in momentary contact with a person under active treatment; and when the two persons are in full contact with each other the whole time, treatment affects them as one.

## BATHS.

Right bathing for cleanliness is essential to health, but improper bathing is murderous. Bathe in comfortably warm water with soap and free rubbing, as often as required to keep clean, but in as short a time as possible, never exceeding fifteen minutes. Bathe in a warm room, rub dry, dress quickly and keep out of currents of air, at least one hour after. Take no shower, cold, steam, hot-air, Turkish or Russian baths. These can be made useful; but they are needless, and dangerous if applied at wrong time or unskilfully managed. Therefore for safety, abstain therefrom.

## SPECIAL DIRECTIONS,

**TO MANAGE TREATMENT IN DISEASES AND CONDITIONS THREATENING TO CUT OFF LIFE IMMEDIATELY, OR IN A SHORT TIME.**

The most dangerous diseases are those which center upon an important organ, without the function of which life must end immediately, and next are those which tend rapidly to generate a condition which, when once established, cannot be remedied and therefore limits life to short duration.

In these cases, nothing but prompt treatment can prevent the fatal end, because the deadly work is done in a very short time. One hour is often worth a life under such circumstances. Safety lies in early treatment, in order to check the evil before it reaches an irremediable degree.

There is no time here for treatment, unless it is applied early. If so applied, if not immediately successful it prevents further damage until the disease can be arrested, and it prevents the establishment of an incurable condition, and the cure is then but a question of a little longer time

Therefore, bear in mind the high importance of early treatment, when there is no impossibility in the way of success, and when there is much less to do to effect a cure. The difference between a cure at the *beginning of the disease*, and after much damage is done amounts to this: The first consists of arrest of a malignant process only; and the second, besides this, includes the repairs of the damage done. It is the same as putting out a conflagration. It is quite easy while the blaze is no larger than a candle's, but quite different when the edifice is half destroyed. If we begin late, it must be with more energy than usual, or we will increase the fire, by simply supplying one of the gases upon which the flame subsists.

To put out a fire, we must flood the flames with more water than it can dissolve. The water is a compound of a different kind than the flame, and as a unit will extinguish it if in abundance, whereas a small stream of water is decomposed by heat, and the gas liberated feeds the flame. In a different way, but on the same principles, a slow treatment here may feed the disease, by supplying only what additional oxygen can serve to fan the disease; because, as before said, oxygen is as well adapted to keeping up the combustion of disease as of health. When we are in emergency, and must arrest a formidable disease in a few minutes, or in one to two hours, in order to save life, more than mere oxygenation

of the blood is required. The OXYDONOR instills oxygen best, and oxygen alone, in the human system, when at a weak force, i. e., when the Vocor lies in a temperature very little lower than that of the human body; but when at a great force, such as a large block of ice upon its Vocor begets, it causes the human body to absorb freely any negative gas, and necessarily the nitrogen of the air also, and as freely as its oxygen. Nitrogen is a non-supporter of combustion, either chemical or vital, and it is doubtless added freely to the tissues of our bodies, to be instrumental in suppressing combustion to the low degree required by normal physiology; and this is probably its function everywhere, that a general conflagration may be impossible. Again, the OXYDONOR causes not only a rapid absorption of negative gases by the human organism, but at the same time and in the same act it causes the human body to *repel* out of itself, and from its tissues and surface, all positive gases, with the same force as that by which it causes the negative gases to be attracted.

We best extinguish a fire or a disease upon the same principles, by pouring in an extinguisher, and by starving it at the same time, in taking away inflammable material which would feed the flame. This, well done, conquers it at once.

In inflammatory disease of a violent character, the OXYDONOR accomplishes this in the most efficient manner, if applied at a *great force*

and in the following manner. It pours into the human system a flood of oxygen, with a much greater quantity of *nitrogen* which quenches the chemical combustion of disease by its non-combustible properties, and at the same time it expels a flood of hydrogen, or of hydrogenous gas, from the skin, membranes, intestines, and tissues, which is most highly inflammable, and which would otherwise serve as future fuel, and thus at the same time starves disease. This is a theory which holds out in full, in practice. But this applies to acute inflammations only, and is dangerous in other cases. Therefore, during inflammatory emergency, when life is about to be cut off in a very short time, apply the OXYDONOR at its greatest force, i. e., with a large block of ice upon its Vocol, but *stop this* as soon as the emergency is in the least relieved, lest you beget another of an opposite kind, namely, lest you suppress vitality as well as disease.

Therefore, be always watching effects of a strong force, and remove it or lessen it when it produces great depression, whether the disease is arrested or not. Depression shows that the *force* employed is too great, and must be reduced.

The force must never be sufficient to lower the pulse or the temperature far below normal. This is not needed to arrest disease; and if it occurs, the patient must at once rest from treatment, to be re-applied at less force when he rallies.

It is impossible to direct exactly how long to apply a strong force, otherwise than to apply it *to effect and no longer*.

Life is ended most suddenly by affections which arrest respiration, as Croup, La Grippe, Diphtheria, Influenza, Quinsy, Dropsy of the Glottis or of the Lungs, Apoplexy of the Lungs, etc. Whether as a local affection or as a complication of a more extended disease, if a membrane forms, or a swelling of the Glottis, or of the Throat occurs, which closes the *trachea*, or if the lungs become filled with water or blood, so as to prevent their pneumatic function, and if these effects which belong to the diseases just named reach a degree that materially impedes or arrests respiration, life may end any moment, notwithstanding the general health being as good as usual, unless the affection is immediately arrested and cured.

Life is next in the most immediate peril in all comatose conditions, as in Apoplexy, Sunstroke, coma from mechanical injury or concussion, excessive intoxication, uremic coma of disease common in all malignant fevers and congestive affections, or in coma from narcotic poisons; and unless the brain is relieved, life can continue but few hours, as under such circumstances the process of exhaustion is rapid, as all the functions become paralyzed in succession.

Inflammatory diseases, by rapid destruction of tissues, though not immediately fatal, limit the possibility of life to a few days. Typhoid

diseases, and Typhoid Inflammatory diseases, do the same in a slower way, with a proportional longer limitation of life. Life is also in immediate danger from excessive and prostrating discharges from the bowels, kidney, or skin, in many forms of disease, and life may also be quickly ended by excessive muscular contractions, known as Cramps, Tetanus, Convulsions, etc.

In whatever way life may be in great danger, is generally made known by very distressing symptoms, or by extreme drowsiness or unconsciousness, all of which must be accepted as signs of danger. In all such great perils, follow the directions here given in relation to the most common deadly diseases enumerated herein, and whether the affection with which you are concerned is mentioned in this list or in this volume or not, do the same on all occasions of danger, but no longer. In the following instructions, and in all others also, by a great force, a strong force, a moderate force, a weak force, etc., is meant as follows:

**GREAT FORCE**—Vocor under a large block of ice.

**STRONG FORCE**—Vocor in ice-water.

**MODERATE FORCE**—Vocor in rich, wet soil, or in water 50 to 60 degrees Fahr.

**WEAK FORCE**—Vocor in water or air 60 to 75 degrees Fahr.

## MANAGEMENT IN MOST COMMON DANGEROUS DISEASES.

CROUP, LA GRIPPE, DIPHTHERIA, INFLUENZA, QUINSY, BLACK TONGUE, AND SERIOUS THROAT DISEASES.

Apply *strong force* continuously until patient is relieved.

Apply at ankle as usual ; but if patient is not relieved quickly thus, apply contact disk, wrapped in a warm wet towel, directly to the throat. Remove to the ankle as soon as patient is easy.

When the throat is free from difficulty, discontinue treatment, and treat convalescence by nightly application, six to eight hours, at *moderate force*.

Coma, Apoplexy, Sunstroke, Uremia, Narcotic Poison, Comatose Conditions from Injuries, or Disease of any kind:

Apply continuously *great force* at ankle, until patient *regains consciousness*. If the treatment is applied late, shift the contact disk every half hour ; first apply it to one wrist instead of one ankle as usual, then apply it to the other wrist ; and from one wrist to the other, until patient shows signs of partially returning consciousness. Then apply to one ankle, and change ankle every hour. Make sure that the skin on ankle

and wrist is made clean and moist by washing it freely where contact disk is applied, and see that the disk is kept in good contact with the clean, moist skin.

When the patient has regained consciousness, let him rest from treatment until next night. Then apply *strong force* eight to ten hours nightly, until he is free from all headaches, and all head troubles except dizziness which follows treatment. Then treat convalescence and the general health with nightly applications of *moderate force*, six to eight hours nightly.

PNEUMONIA, INFLAMMATION OF THE BRAIN, STOMACH, BOWELS,  
LIVER, HEART, KIDNEYS, BLADDER, PERITONEUM.

Apply *strong force* at ankle. Let it remain if temperature does not rise to an alarming degree. If so, substitute *moderate force*. Stop treatment a few hours to let patient cool, whenever he gets too hot, that is, at a temperature higher than 105° Fahr. Begin again when he cools moderately.

Stop and begin thus, making the treatment as continuous as possible, until the patient remains cool through twenty-four hours of treatment. Then let him rest a day, and treat convalescence by nightly application of *moderate force*, six to eight hours each night.

CHOLERA, CHOLERAIC CONGESTION, CHOLERA MORBUS, CHOLERA INFANTUM, DIARRHŒA, SWEATING FEVER, EXCESSIVE SWEATS, HEMORRHAGES, PURPURA, ALL EXCESSIVE DISCHARGES, AND ALL AFFECTIONS THREATENING LIFE BY LAX CONDITIONS.

Apply *great force* continuously, until the discharge is arrested; but shift contact disk often and alternately from one ankle to the other, and then to one wrist, and next to the other, to remain applied an hour or so at each. Give freely of water to the patient, of such temperature and in such quantity as he desires to drink, notwithstanding any vomiting or seeming increase of the discharge. As soon as the discharge is checked, remove *great force* and substitute *moderate force*, which let remain until after the patient has taken a good long sleep, and until he feels well enough to get out of bed and go about. Apply *moderate force* nightly, six to eight hours thereafter, and to the end of convalescence. By *Purpura* in the heading of this article is meant *purpuric hemorrhage*. In treating this affection, the purpuric spots do not disappear as soon as the bleeding is arrested; but nightly treatment as above will cause them to be absorbed, and treatment must be pushed to that point.

TYPHUS, TYPHOID, TYPHO-MALARIAL FEVERS, TYPHOID PNEUMONIA, AND ALL TYPHOID CONDITIONS.

Apply *moderate force* continuously, until the patient recovers consciousness, and until he is well enough to be out of bed ; and apply the same thereafter to the end of convalescence, eight to ten hours each night.

CONGESTIVE CHILLS, CONGESTIONS, PERNICIOUS FEVER, BILIOUS FEVER, YELLOW FEVER.

When treatment begins early, apply *strong force*, and when late to begin, apply *great force* continuously until the fever and congestive symptoms have disappeared. Then apply *moderate force* nightly eight hours to the end of convalescence.

If neither ice nor ice-water are at command, substitute a large tubful of rich earth, wet with cold water. When this is used, make the treatment continuous as possible until patient is well enough to be out of bed, and treat nightly, as just mentioned, thereafter, until perfectly well.

MEASLES, SMALL-POX, SCARLET FEVER, RASH, SCARLATINA,  
ROSEOLA, AND ALL ERUPTIONS WITH FEVER.

Apply *moderate force continuously* till the complete disappearance of the eruption, fever, and all congestive symptoms. If, during treatment, the fever attains an alarming degree, or if the eruption burns the patient or itches to an unendurable degree, substitute *weak force*, and if he cannot endure this, let him rest until burning or itching subsides. Then renew treatment with *weak force*, and continue this until patient is able to be out of bed. Then apply *moderate force* or *weak force* eight to ten hours every night, to complete recovery.

This treatment causes much burning in the eruption, as much as pepper or mustard, when the force is too great, which proves instillation of oxygen in the eruption.

The eruption should subside gradually with the fever. If it subsides suddenly, it is because the patient is depressed, or has in some way been exposed to a current of air, and congestion is taking place. In such an event, apply *moderate force* until fever and eruption return, and thereafter manage as just directed.

As soon as the fever abates, and the eruption begins to fade away by subsidence, *anoint* the patient freely all over with lard or cocoanut oil.

and keep him freely anointed until convalescence is over, and until he is restored to perfect health.

In small-pox, keep the eruption on the face completely protected from the action of the air, by covering the pustules with an impervious coating of fatty linseed oil, or soft simple cerate, covered thickly over with absorbent cotton.

Keep the pustules covered thus, or in some other efficient way, from the time they form until they completely dry up, and until desquamation is free all over the body.

This is difficult to do, and quite unpleasant to both patient and nurse, but it must be done to prevent pitting, and the consequent lifetime disfiguration which will more than repay the inconvenience.

### LOW FORMS OF INFLAMMATION

TENDING TO DEATH BY GANGRENE, SUPERVENING TO SMALL-POX, PUERPERAL FEVER, ENTERITIS, PERITONITIS, METRITIS, ERYSIPELAS, ETC.

Keep the inflamed part constantly covered by heavy, warm, wet towels. Apply the OXYDONOR at *moderate force* continuously until patient feels convalescent; then apply the same nightly eight hours until perfectly well.

DROPSIES, PERITONEAL DROPSY, HYDROPERICARDIUM, PLEURITIC EFFUSION, HEPATIZATION OF THE LUNGS AFTER PNEUMONIA, ŒDEMA OF THE GLOTTIS OR OF THE LUNGS, HYDROCELE, HYDROCEPHALUS, ETC.

Apply *great force* continuously, until the dropsical effusion is completely absorbed, if the patient can bear it.

The temperature rises when everything goes well, and it is generally maintained at 102 until the effusion is fully absorbed, or dissolved and dissipated, when without change of treatment it falls to normal.

A rise of temperature is a good indication, and while it is above normal, not more than 105, no change of treatment is required. But if a *great force depresses* the pulse very much and lowers the temperature, substitute a *strong force*, and continue with this. If life is depressed to any considerable extent, let the patient rest. But the only way to success is to use as *great force* as he can bear, until the effusion is gone, and as continuously as possible. After the effusion has disappeared, apply *great force* nightly eight hours until patient begins to feel himself getting well, and substitute *moderate force* eight hours nightly thereafter, until he is perfectly well.

### CHRONIC DISEASES, LOW STATES OF GENERAL HEALTH.

Apply as directed in "Rules for General Use," page 15, and in "Common Sense Rules," page 40.

### TETANUS, HYDROPHOBIA, GENERAL CONVULSIONS.

Apply during paroxysms to the affected part, with Vocor in boiling water, and *weak force* to the ankle between paroxysms. When paroxysms cease, apply *weak force* at the ankle during sleeping hours. I have never had an opportunity to try to cure hydrophobia, but many results I have produced in other diseases, tell me plainly that diaduction, rightly applied, would cure it as easily as other dreadful diseases. Try it!

### RELATIVE VALUE OF FORCES HEREIN MENTIONED FOR CHRONIC DISEASES OR IMPROVEMENT OF GENERAL HEALTH.

The "Great," "Strong," "Moderate," and "Weak" Forces herein mentioned cannot substitute each other in the treatment of acute diseases or dangerous conditions, because each has quite a different effect from the other. Therefore, they can not alike be adapted to all the circumstances, in which they are here recommended.

For instance, the "Weak Force" instills oxygen only, and slowly; whereas the "Great Force" instills both oxygen and nitrogen rapidly. But in treating a chronic disease or improving the general health, when every function is to be stimulated in a chronic manner, it is quite different, because both oxygen and nitrogen come into requisition, and but little of either should be daily instilled into the system. Therefore, to save time, a substitution of Force is often of value. One hour of "Great Force" is equivalent to two of "Strong Force." "Strong Force" is worth double the "Moderate" and the "Moderate" is worth double the "Weak," etc.

In other words, as a source of force upon the Vocol, for the treatment of Chronic Disease, a large block of ice for *one hour* is worth as much—that is, will accomplish as much—as *ice-water two hours*; or as much as *water or air at 40 to 55 degrees Fahr. in four hours*; or as much as *water or air at 60 to 75 degrees Fahr. in eight hours*.

This is rating the force as a tonic and alterative agent; but this does not apply to the arrest of disease, nor to the production of any other than a general restorative effect.

• In producing a tonic effect, at the half-way condition between atony and a tonic state, the patient feels more wilted and more irritable than at first; but to push further by a few more applications causes him to realize the good effects all at once. A low force is more tangible, and often

causes a person to be nervous until a full tonic effect is produced ; but it is far more pleasant in its ultimate effects than any other and should be used under all circumstances which give plenty of time.

Rich, wet soil in sufficient quantity upon the Vocor, produces the most constant, pleasant, and thorough effects of all sources of Force.

This moderate force is more natural, and better adapted to all uses, except the sudden arrest of a formidable disease, where ice or ice-water is far more powerful ; but the reactive effects of ice and ice-water are unnaturally violent, and very unpleasant, days or weeks after using, especially if ice has been used often or long applied ; and ice or ice-water are wholly unfit for anything but short use during emergency.

#### DO NOT MISTAKE.

Acute disease, is disease which is recent, and which has set in suddenly, and one attended by more or less fever, or pain, or some very distressing symptoms of sudden occurrence.

A chronic disease, is a disease which has resulted from imperfect recovery from an acute disease, or one which has set in gradually from the long operation of a cause in climate, surroundings, habit, or vocation. A chronic disease, except a chronic intermittent fever, is generally not attended by fever until it is advanced to the last stage or that stage which destroys life rapidly. The fever which attends it then is of a hectic character, set-

ting in each day in the afternoon, and is generally accompanied by night sweat, a profuse cold perspiration, which begins the moment patient goes to sleep and ends the moment he wakes. A chronic disease is generally free from pain or other very agonizing symptoms, except in neuralgia, rheumatism, gout, cancer, etc., until far advanced in the last stages; and its symptoms consist rather of minor ailments, with weakness and general indisposition, during the first and second stages.

Do not apply the treatment of acute disease to chronic disease, nor the reverse. Be careful!

### TANGIBILITY.

It is a common error for a person to expect to feel the action of the OXYDONOR, as if it were an electric machine or a blistering application. It is never tangible, except at the weakest force, when it produces but little sensation of a warming, prickling, quivering, or aching character. We only know its effect by the change of symptoms.

*Remember, intangibility does not mean want of effectiveness.* On the contrary, it is most intangible when at its greatest force; and this is consonant with the action of the most potent causes affecting health. For instance, the most fatal diseases are generated and perform much of their deadly work intangibly, and without arousing the suspicion of their vic-

tims. Again, life is intangible when healthy and vigorous, and unless its functions are made laborious or convulsive by disorder. If you want health, it must be intangible in proportion as it is perfect when it comes, because normal functions are intangible, and nothing but painful function shows us our many parts. Even disease, is tangible, or painful only when functional and mild, and most intangible when organic, in fatal form, doing its most deadly work.

Why, then, should a curative process be tangible contrary to this order? Because you fancy it should be? If you must feel returning health, why did you not feel its departure?

If every change in your body was made tangible at your order, how could you endure growth, repair and increasing vigor, which if rapid, must amount to agonizing sensation? If every organic process was tangible, life could be but a continued, excruciating, neuralgic torture; a rose would be fatal, through "*aromatic pain.*" Be content with health's return being as intangible as its loss, so that it returns.

Croakers, after having been saved from absolute misery, and otherwise inevitable death, and after being restored to perfect health, complain that the OXYDONOR has lost its charming effect upon them. Most certainly it loses its charming effect when health is restored, as it can cure us no more after we get well, nor longer bless when its

abuse begins. The same with every bounty we abuse; utility ends with proper use. Nothing is better than a good meal when we are hungry, and its good effects will continue until next meal-time if we quit when hunger is satisfied; but if, on the contrary, we continue to eat, we find the first glorious effect of our eating end in *Cholera Morbus*. A little brandy is pleasant, but much loses its pleasantness in drunkenness and dire consequences. The charming effects of the OXYDONOR will continue and increase if you will let it alone strictly when you get well, until you are sick again, and will never use it without need, nor more than needed. When the right person gets it he will not be disappointed, nor will anyone under proper use, in cases within the limits of curability. If anyone expects to let disease do all its work under medication, and when it is nearly finished he tries to work a resurrection by means of the OXYDONOR, he certainly will be disappointed. He is the wrong man, applying for what is not in the province of Diaductive Cure; and we may as well hang to medication all the way to the grave as that far, as it will be the same in the end. Never try to cure one who is well!

### OBSTACLES TO SUCCESS.

There is no natural obstacle in the way of curing any recent or any reasonable chronic case of disease in any ordinary form by this method;

but the moral obstacles are sometimes great and numerous, and especially with moral cowards, who dare not think and act for themselves.

Such persons must choose between perishing under old methods with the popular current, and living against the tide. While croaking friends advise, the sufferer, alone must pay the cost of mistake in a premature grave.

#### CASES OF ALL KINDS TREATED AT MY DETROIT ANIMARIUM AND AT ALL MY OFFICES.

Cases of all kinds are treated by this method at my Detroit Animarium, and all my offices. My Medical staff consists of old and prominent Physicians of many years of practice under the old methods, who by practical demonstration in comparison have been led to embrace this Method to the exclusion of all other means, by its superiority only. Consulting physicians in constant attendance at each principal office.

An ANIMARIUM, directly under my own direction and control, is now being fitted up in connection with both my New York and Detroit office. Other Animarium outfits are also prepared, to be located in various places by the ANIMARIUM COMPANY as rapidly as the work can be done, which will be attended by physicians under my general direction. The opening of each will be announced when ready.

## DIRECTIONS FOR TREATING DISEASES NOT MENTIONED EITHER IN THIS BOOK OR ITS INDEX.

No diagnosis is needed in this Method. It is not at all important to know the name or tendencies of a disease to beget a cure. Our feelings are better guides than anything else if we have the right instrument to use in treatment, provided we are informed as to the feelings which too much or too little treatment beget, which can be learned from this book, if properly studied.

Deepest scientific knowledge is certainly required to thus rightly beget a diaductive cure, far deeper than medication of any kind ever required, because this treatment strikes at the very foundations of our existence, and the principles of life, whereas medication aims only at the regulation of functions. Fortunately, however, the scientific knowledge is required only in the preparation of the means to be employed, and the right directions for the use thereof, to which the addition of common sense only is required to make man master of disease at its beginning, at least. Further application of science is required only in late application, when destruction of disease is far advanced. In all reasonable cases of disease, reasonable use of the OXYDONOR as herein directed, will succeed, whether the disease is known or mentioned in this book or not.

Therefore, treat any disease not mentioned in this book or its index, as follows:

If recent and acute, according to Directions, on pages 50, 57 to 63, 114 to 144.

If chronic, follow Directions, on pages 40 to 45, 51, 63 to 74, 110 to 124.

A steady maintenance of active vitality in the principal functions, such as treatment here directed will beget, will cure *any disease* at some length, if patient is in a condition to hold out the required time.

### TREATMENT OF CONSTIPATION.

Nearly every invalid is troubled with constipation. To remove it abandon all medication and apply the OXYDONOR with *vocor* in pailful of ice-water, every night six or eight hours. Until it can be cured thus, let it take care of itself unless it gives you great discomfort. If it does, from a fountain syringe hung as high as the tube will permit, *inject* into the rectum, water as warm as can be borne in a constant stream until the bowels move. Do not stop half-way, but compel the bowels to move right then, which is but a question of quantity of water required. Do this as often as necessary, but no oftener, and nothing more.

## The New Name, "Oxydonor."

(Trade Mark Registered Nov. 24, 1896.)

Victory is by no means the first instrument that I have *inventea* for inducing *Diaductive Cure of Disease*; but it is the *first and only one* not dangerous and fit for popular use, and therefore it is the *only one* which, up to July 31st, 1894, I have presented to the Public for random use in self-treatment; to which I then added the "ANIMATOR" in its several grades. Since my invention of this *particular device*, Victory, which was in September and October, 1889, I have made six successive improvements upon it, which, while not changing its general appearance, have greatly widened its general utility, and made it safe in the most careless hands. From the first, as stated in my circular books, I have given a new name to each improvement, *in order* to progress in *nomenclature* as well as in my *devices*. With the last improvement of this special form of instrument, which, upon final satisfactory test, I baptized "Victory," and which is already in the hands of thousands of the most intelligent people, and in every country, in order to better express its function while retaining its original baptismal name, I have changed its name from the long and misleading generic name I first gave it, which, as I have elsewhere stated in my prints, was born of mistake in my early investigations during 1858 to the more appropriate *Generic* name of *Oxydonor*, or *Oxygen Giver*,

still retaining the designating name, Victory, to distinguish its special form and quality. I have adopted *Oxydonor* as a generic name for all forms of Instruments which act upon the principle of generating an *affinity* or *attraction for Oxygen in a living Organism*, which I produce whether intended for popular or scientific use.

Since the above was written, and in October 1894, I have produced *Oxydonor* "Victory," No. 2, illustrated on page 169, *which see*. No. 2 is for the same uses; but it is of different Diaductive qualities, by which it does away with the necessity for ice in all cases.

*Oxydonor Victory* was specially produced for everybody's use, and it is adapted to all uses, except emergencies in the last stages of Disease requiring rigidly scientific management, which can be taught only by a full course of Scientific Lectures, as the Medical Sciences. I expect in future to produce a variety of *Devices* for varied uses. All instruments acting on the same exact principles will *bear* the same Generic name, with a number or a specific name added. All acting on other principles than *Oxydonors* will be given the new Generic name "ANIMATOR." My *productions* can be certainly known only by this: All have been in the past, and will in the future, be plainly stamped with my name and address, thus: *Dr. H. Sanche, Detroit, Mich.*

## Caution.

Remember! I am sole discoverer of the diaductive method of curing disease and sole inventor and owner and producer of the only genuine instruments therefor. Like all other valuable productions, my instruments are imitated both directly and under disguise by many frauds. All imitations of my instruments are made and sold by unscrupulous persons wholly ignorant of the Scientific Principles involved in the make-up and right use of my means, which *deal* with the most Potent Forces of Nature, constantly playing upon Life, though hidden from Man, until now. These Principles I am the sole Discoverer of, and circumstances have not yet made it possible for me to publish them or to make them known to others. Therefore, such imitations are not only unreliable, but they are also highly dangerous to anybody, because no one knows how they can or must act. Imitators imitate all my doings, sayings and writings; everything except my name and stamp, which last they dare not imitate because of the Criminal Law. Therefore, Beware! Depend upon my name and stamp! *Be not duped out of your money nor humbugged out of your life by dependence upon any bogus thing at the time of peril.* Everything, in whatever form, or by whatever name, which by any means *connects the human*

body by a wire or cord with the earth or cold air, or cold water or ice, for the purpose of treating disease, is one of the bogus things above referred to, and an aping of my inventions, unless plainly stamped with my name and address, thus: "DR. H. SANCHE, DETROIT, MICH."

Therefore, be not trapped by any false pretenses or humbug theory. REMEMBER the Directions given in this book do not apply to the use of any of my inventions other than *Victory*, Nos. 1 and 2, representing two sizes, nor to any imitations of any of my Instruments. It would be highly dangerous to apply them to anything but *Victory*. Remember, *Victory*, now called OXYDONOR *Victory*, is the only instrument I ever had on sale until August, 1894, when I introduced my Animators, which are now being sold rapidly. All else on the *Market* claiming to be my productions are frauds. See the stamp upon anything in this line which is offered you, and reject it if it does not bear my name and stamp, or you will certainly be humbugged.

# READ! If You are Interested in Your Own Life

OR THE LIVES OF YOUR NEIGHBORS.

## GUARANTEE.

With just cause, because of the multitude of frauds and humbugs the public is suspicious of everything new, and especially when anything extraordinary is claimed for it. The seeming impossibility, from the old standpoints, of all, I claim, causes obstinate incredulity in nearly all persons, until removed by experience. Therefore, to save anyone from being barred from the greatest boon ever known to man, by groundless suspicion or incredulity, I hereby guarantee in the sum of \$1,000 (one thousand dollars), each OXYDONOR, or ANIMATOR, which I produce, and which will be known *only* by being plainly stamped with my name, to be *capable of producing* all results which I claim for it, under right use as directed in my books. I do not propose by this Guarantee to make myself *responsible* for everybody's impractical and wrong uses of my instruments, but I mean that I will forfeit the above sum upon my failure, under fair test, to produce a rapid cure of any reasonable case of recent disease with the OXYDONOR, or a quick cure of fevers or rapid tonic effects with the ANIMATOR, the case being in my own hands, medication being abstained from.

I also *guarantee* in the above sum the title and right of use to each purchaser of my OXYDONOR *Victory* or any other instrument which I have sold in the past or which I may sell in the future against all the *pretenses* of any and all blowing sharks and frauds.

NO NOSTRUM. NO QUACKERY.

It is neither my *purpose* nor my *practice* to blow a trumpet about what I can do with the same old means above all other physicians, nor about having discovered a *new herb*, or compounded a new chemical composition in which are stored all the virtues of *Materia Medica*; but to show all, what each individual in the human *race* can with certainty do *for* himself and all his dependents and dear ones through absolute command of the Diaductive Forces of Nature in constant play upon every living being. My task is to show and prove to you a new, more correct and better philosophy of life than heretofore known; and that the omnipotent causes constantly acting upon you, when destroying you, only await your right *behest* and *direction* to reverse their action and to restore and protect you with the same unerring potency as they had been dissolving your dying organism, and that the preponderant tendency of *Nature's* Laws is as it should be and as broadly stamped upon the face of

'the Universe, constantly favoring and fostering LIFE and *health*, and particularly in man above all things living upon earth.

My province is not to seek practice or sales, further than indispensable to effect the important reform of teaching *man* the *fact* that, on few easy conditions, he may alike be independent of *disease*, drugs and doctors. I hold up no *Nostrum* or *Quackery*, but Nature's Laws in a better world than ever known to our philosophy in the past—where health and vigorous life are more accessible and cheaper than disease or infirmity or premature death, which can be enjoyed by anyone at will, anywhere without migration or change of climate.

I herein present you the embodiment of *New Life-giving Principles*; a simple and effective method of fixing a *viaduct* for the play of the most fundamental natural laws of animation, irresistibly commanding Nature's most potent means in defence of LIFE.

Try and test. Without this you can neither prove nor disprove. Empty words can have no effect upon facts. It will afford you a chance to decide upon the merits of my teachings and methods and give you the benefits of my life's labors. It will gratify my high ambition to see every mortal enjoy the results of my forty-one years of assiduous and painful labors, which have been too costly to be repaid in what I alone or few others could receive. To see mankind in general enjoyment of these new principles before I die would relieve the many curses which these discoveries have entailed upon the life which has been a living sacrifice to this investigation so many years.

Respectfully,

DR. HERCULES SANCHE.

# APPENDIX.

## THE ANIMATOR.

I have produced another class of Diaductive Instruments, called Animator, which act in a different way from the OXYDONOR.

Animator, Nos. 1 and 2, are not for sale. They are large Instruments for my Animarium. Animators Nos. 3, 4 and 5 are for sale. Nos. 3 and 4 are for the general public, and No. 5 is for physicians. Nos. 3 and 5 are in process of manufacture. No. 4 is ready and is illustrated and mentioned in the following pages. Quite a number of No. 4 have already been sold, and reports from their users are uniformly favorable, as expected.

# ANIMATOR.

No. 4.

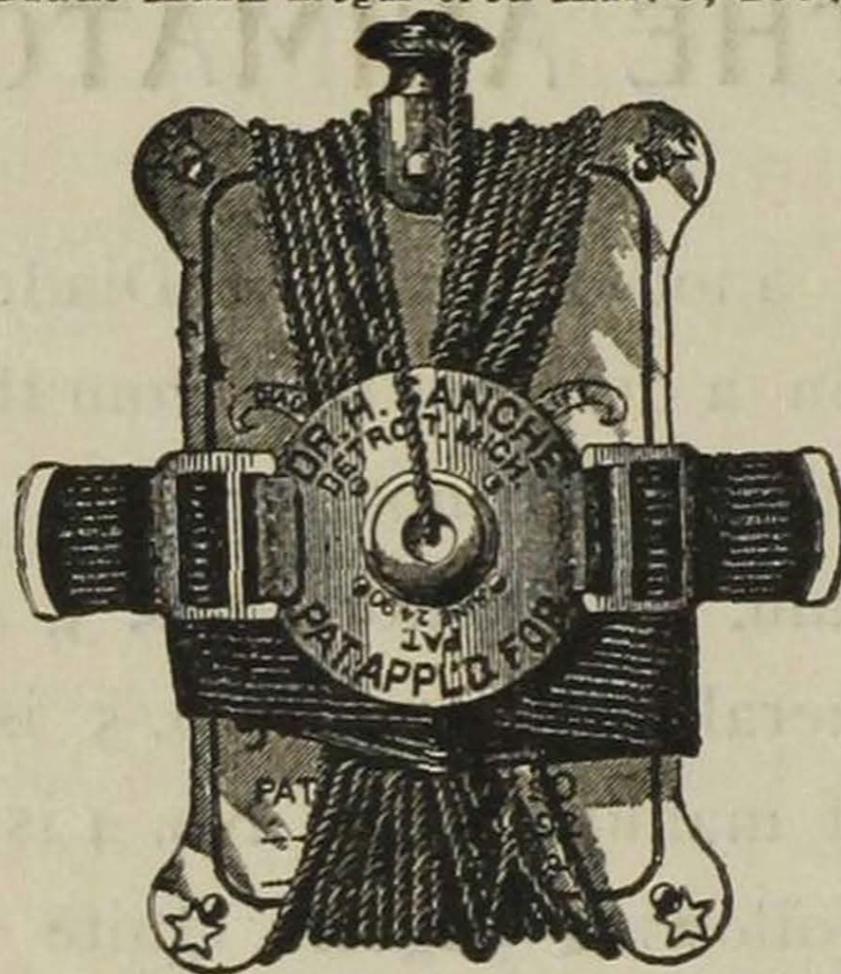
## A Powerful Diaductive Tonic.

FOR SELF TREATMENT.

Cures Fevers Quickly and Strengthens Rapidly, Without Medicines or Electricity  
on Natural Principles.

Trade Mark Registered Mar. 9, 1897.

Animator Rolled Up. Golden Side.



Copyright, 1894, by Dr. H. Sanche.

Above cut shows Animator rolled up, one-fourth actual size.

Price, \$5.00 to \$10.00, according to grade.

*Invented, Owned, Manufactured and Sold by*

**DR. HERCULES SANCHE,**

489 Fifth Avenue, New York City, and

61 Fifth Street, Detroit, Michigan.

## THIS INSTRUMENT PRACTICALLY AMOUNTS TO A DIADUCTIVE TONIC.

The use of this simple instrument, as its name indicates, is to animate the human organism, by *diaductively* inducing maximum tonicity in all its tissues, which rapidly strengthens the whole system. Tonic effects are thus generated with absolute certainty, to any required degree. In rapidity and permanence of restoration, they are incomparably beyond possibilities of medication and of all means of established theories.

This device is especially adapted to safe and quick cure of fevers in all forms, and to rapid invigoration of persons debilitated by any cause. It is small enough to be carried in a watch pocket, ready for use everywhere, at any moment, when needed. Its action is intangible, except by rapid relief.

When rightly used, it will reduce any of the summer and autumn fevers to free perspiration, in from five to thirty minutes, if applied early; and in proportionately longer time if applied late. It will completely arrest these fevers, in double the time required to produce free perspiration, and cure them in a marvelously short time.

It will do the same in winter and inflammatory fevers, in about four times as long application as just stated. Even if not quite rightly used,

if it is only rightly applied, it will produce the same results with absolute certainty, in longer time.

In every ordinary case and reasonable degree of debility, it produces tonic effects and strengthens the whole human organism, with at least ten times the greatest rapidity possible to the ablest medication.

It is applicable to all ages, conditions, seasons, climates, everybody's use. It will also arrest any acute disease at its beginning, if promptly applied without medicines or other means.

Its action is unerring after right application, which is as simple as the instrument itself. It is applied to the extremities of the human body, to remain until the effect due is produced.

Anyone can manage it with success. It will last for years, and may serve several persons. In all fevers and weakened conditions, it is worth more than its cost each minute, while it is needed and applied.

In such cases it is the most potent, ready, obedient and prompt life and money saver ever known, and an infallible physician, which you can buy, carry with you, and use at any moment.

### THE ANIMATOR STIMULATES.

It applies alike to all stages of all fevers, by its powerful tonic effects. Like quinine, capsicum and all other tonics, it is stimulating, and

when persistently applied, at length it becomes indirectly curative through these properties.

Therefore, in curative tendency, it is inferior only to OXYDONOR "Victory."

Its use is costless, and its service more valuable than such as all physicians combined can render, by medication. This is a strong assertion, but it needs no discount. I can easily sustain it, and I offer \$1,000 reward to anyone to fairly disprove it.

Needless to explain its *modus operandi*, as this would require a large volume, and every physician would still seek another explanation.

The results, only, are important to its possessor. Let each account for the facts as he may. Suffice to say: This instrument plays on the same natural laws, as OXYDONOR "Victory" and others of my curative devices, in another way and degree, utilizing another principle, to reach a similar end by another route.

#### AS A POWERFUL TONIC, IT BECOMES AN INDIRECT CURE.

As every able physician has learned from the free use of quinine, a powerful tonic at length becomes curative, in the following manner, namely: Maximum tonicity long maintained, fortifies the whole organism,

and through increased vigor begets energetic functions of every organ. This condition, long maintained, begets a general alternative effect, b free depuration of the blood through free excretion of effete and morbid matter from all the tissues and organs.

This new order of the organism results quickly in maximum normal, secretion, excretion, digestion, assimilation, nutrition, and repair of the whole system, which, when finished, amounts to a cure by complete restoration of normal order, and to vigorous health, buoyant with maximum vitality. Persistent, free use of quinine, capsicum, etc., has often produced the above results in many cases of disease to which they were adapted, at the hands of able practitioners. *Animator No. 4*, as a *Dia-ductive Tonic* is infinitely superior to quinine, in capability to produce all the above named results, with a correspondingly wider range of applicability, which reaches many diseases.

### CAUTION.

Look out for imitators! Years of experience have proven that everything which I produce is aped within two months of its first introduction, by several different bands of imitators using various names and forms for their bogus ware.

Therefore, beware! If any device for the same purposes, in any form, under any name, is offered you, *be sure to see how it is stamped. If not plainly stamped with my name, it is bogus. Reject it!*

Remember! Imitations made without reference to any principles whatever, except greed for money, cannot be right though aping my instruments in appearance and use. Therefore, they must be either useless, dangerous or murderous!

#### DIFFERENCE BETWEEN OXYDONOR "VICTORY" AND ANIMATOR NO. 4.

The difference between these two instruments is this: Each is devised to reach a similar end in a different way and time, by a different course through different primary effects. The *Animator* is a *direct tonic* and an *indirect curative*; while *Oxydonor "Victory"* is a *direct curative* and an *indirect tonic*. The *Animator* will cool a fever and strengthen more rapidly, but the *Oxydonor* will effect a complete cure more certainly and quickly, and applies to all diseases. One strengthens, by removing effluvia directly, to the relief of vitality, thus rendering existing nervous force more effective. The other instills oxygen in the system, intensifying vital combustion, expelling noxious matter, by immediate heroic

functions. One disburdens existing vitality; the other generates more vital force. In one case the cure is accomplished by the necessary work being made easier and reduced. In the other case the cure is effected entirely by supplying more vital force through more intense physiological combustion, to do the work by freer Oxidation and excretion.

They are different tools for different parts of the same work, each with a use, to which the other is not well adapted, but which it can do indirectly and ultimately. But the work is best accomplished by using each in its proper sphere, time and measure.

By proper use of these simple means, anyone may easily maintain maximum vigor and make disease in any form a mere inconvenience of short duration. He may thus, without cost, live a natural life and die a natural death. Remember, they will protect you from disease and infirmity only; but this protection is essential to a natural and useful life. It is not necessary to be sick or a decrepit invalid to die, and thus to die, is to die unnaturally.

Remember! Do not confound these instruments with remedies; nor their uses with medication; nor this mode of practice, with any pathy! These instruments are not remedies. They are not addressed to disease; but to the dying process which makes disease possible. They do not treat disease directly, but reverse and destroy the conditions upon

which its existence depends. They treat the combustion of life only. They deal only with the fundamental, vegetating principles of life, fortifying vitality to rid itself of any and every form of disease. Their uses are not governed by the rules of any pathy.

They are simply material contrivances and means, so compounded and arranged in compliance with requirements of natural laws, as when applied to the human body as directed, to form with it an apparatus which generates, measures, directs and centers upon the human organism the living force arising from the fundamental principles of life, which in every living thing governs the physiological combustion of the living process.

They do not deal with any particular form of degeneration, decay or disease ; but with the subsidence of vital combustion and of the organic process, which they rekindle and foster on nature's own principles and conditions.

This mode of practice, "*Diaduction*," is quite different from any pathy ever known. It is founded upon wholly different principles, and entirely on the fundamental laws of life, upon which alone it plays for every result. It deals directly with the dissolving, chemical combustion of disease, extinguishing it and substituting the physiological process of vigorous life.

By supplying the natural, fundamental conditions, it fans, increases, intensifies the fire of life. By rise to a nobler form, it converts chemical into physiological combustion, and the dying into the living process, and fosters life by powerful impulses to all its functions. Thus, without treating disease, it renders its every form impossible, by generation of intense vitality. Thus, it reverses the process of degeneration, decay and death. Thus, it induces diaductive cure by means of the activity of the functions provided for the maintenance of life, as every organism by its structure shows, was intended by Nature.

### HOW TO MAKE LIFE WELL WORTH LIVING.

Nothing is easier, if you take the right way, which is as follows:

Treat yourself by the OXYDONOR or the Animator, as may be required at the time, as soon and as often as you feel ill or weak, never oftener or longer. Brace yourself thus when you are overtaxed, or when your strength is not sufficient to make life enjoyable. Keep life's fire alive, by thus fanning it when anything tends to quench it. Whenever subsidence of vital functions has permitted an accumulation of carbonic acid or of other noxious gases or abnormal matter in the system, use the

Animator to remove it; or the OXYDONOR to burn it up in the blood by more oxygen.

Whenever life's combustion is rapidly abating from the presence of noxious agents, and particularly when it is already *quenched* to a considerable degree by any cause, pour in freely the *vivifying* gases of the air, oxygen and nitrogen, by the use of the OXYDONOR. Avail yourself of this simple and natural way of playing upon the benignant Laws of Nature, which is the only way in any degree artificial which is in strict accordant with Natural Principles, ever known to man.

Do this promptly, always as soon as your emergencies require; and as a natural, irrepressible result, you will be a stranger to the mental agony, physical afflictions, decrepit infirmities, known to those who depend on old methods for protection, and you will also escape premature death by disease.

To have been permitted to acquire this knowledge so *long hidden from man* was an *imperative mandate*, to utilize it for *self preservation* so deeply impressed in our natures. Obey! Whether life is thereby made longer or shorter, experience proves, that it *must* be more enjoyable and more useful. Existence is an obligation to be healthy, happy and useful.

## TO ENQUIRERS ABOUT MY INSTRUMENTS.

Enquiries having become too numerous for separate answers by letter, and being mostly repetitions of the same questions, I have found it indispensable to print the following, which is intended as a respectful answer upon all subjects which it covers. The OXYDONOR and the Animator are not in competition with any other productions on earth, and surely not with imitations thereof. They are sold outright, retail or wholesale; and for cash only.

## MOST COMMON QUESTIONS,

## IN RELATION TO THE OXYDONOR.

“Will OXYDONOR ‘Victory’ apply to my case?”

“How shall I use it in my case?”

“Will it apply to a child—a babe?”

“Will you give special directions in my case?”

ANSWERS: It applies to anybody’s case, except where the evil work of disease is finished, in which case resurrection only would apply. In early treatment of disease, a cure is easy by any reasonable person fol-

lowing directions, but skill counts, of course, in far advanced diseases. Directions in book accompanying each instrument are quite sufficient, if obeyed, to ensure success in any reasonable undertaking. Human nature is the same in principle and organization in everybody.

OXYDONOR "Victory" can do but one thing, but it does that for every living being. It causes the blood to absorb the oxygen of the air freely through the lungs, membranes and skin, and at a strong force, nitrogen and other negative gases also, thus quenching the fire of disease and rekindling the fire of life, in any form of disease at any time, as long as all the organs are still capable of performing their functions, begetting a natural cure through the more energetic functioning, and the greater resistance of a more intense vital process.

Children and persons incapable of reason are affected the same as anyone else. Of course, treatment of these must be managed by some intelligent person according to symptoms, by rules in directions.

My professional services are not thrown in commerce with my instruments. I have by prints given directions *gratis* with each instrument as far as possible, in any case unseen; and it is impossible to do more free of charge.

What diseases will it cure?

ANSWER: Any disease in early stage; and every disease up to the beginning of the last stage, except consumption, which is not manageable by self-treatment after first stage. Recent disease is cured quickly, but perseverance is required in proportion to advance and chronicity of disease.

How long shall I apply it? How often? In what temperature?

ANSWER: Book of Directions, given with each of my instruments, gives you all information necessary on these points.

All above said, relating to the use of the OXYDONOR, also applies to the use of the ANIMATOR, save the difference in their mode of action. See *difference between the Animator and the Oxydonor*, in this pamphlet, page 159.

Will you give me an agency?

ANSWER: Since 1892, I employ no agents. My instruments are now sold as other first-class goods, at retail and wholesale. Good wholesale discounts given to persons wishing to deal in them.

Remember, I cannot answer your questions by proxy, and I have only twenty hours daily, to answer 100,000 inquirers, daily multiplying. Would oblige all, if mortal could transcend possibility. My free prints contain sincere statements of facts. Ten cents for postage thereon, will secure a copy of all.

Write briefly to point. Impossible to find time to read or hear long letters. I print answers to all new questions as they arise, as the only possible reply to such multitude, and intended as respectful.

## Diaductive Cure is Far Cheaper than Disease.

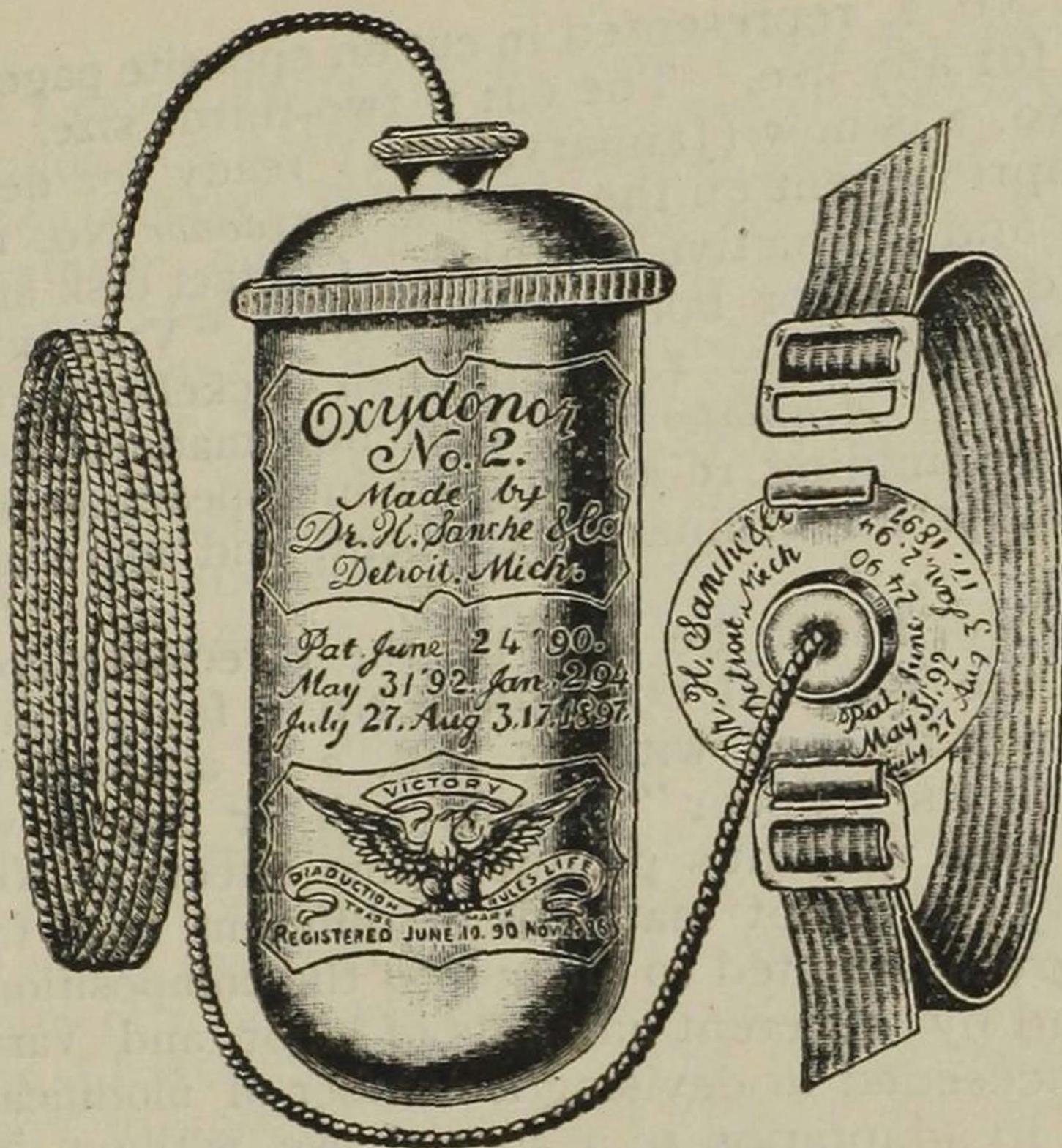
By saving of time, money, suffering, bereavement, premature death and funerals, a cure of disease in few hours with the certainty of the return of day, in recent cases, and the increase by a thousand-fold of all past possibilities in far advanced cases, either acute or chronic, is most incomparably the cheapest as well as the best way out of disease, not only ever known, but ever dreamed of by man.

If time, ease, comfort, health and life were worth nothing, the purchase and use of these instruments would still be the most profitable investments ever known, by entirely disposing of all necessity for doctors' and drug stores' bills, thus saving hundreds of dollars annually for many years, by investing few dollars in these, the most potent of all known life preservers.

## Notice.

I cannot yet publish such reports from users of the ANIMATOR, as of the OXYDONOR, because I am just beginning to introduce it. However, as the originator and producer of both, after full test of each before introduction into general use, I predict as good reports for the Animator, as I did at first for the OXYDONOR which has fully met my most sanguine expectations.

This prediction has already held out in relation to every Animator sold up to this date, December, 1894, amounting to several grosses; and I am confident that the same good reports must continue. In its own sphere, mainly applying to debility, fevers and the inception of other diseases, the Animator is better adapted to unskilful hands and random use; because its use requires less judgment, since when once applied, it need not be taken off until the patient's feelings inform him that he is well enough.



TRADE MARK

OXYDONOR NO 2,

Unrolled, showing the Cord coiled on the left.  
 Its vocor is one-fourth larger in diameter than that of No. 1,  
 page 13, but the same in length.

OXYDONOR No. 2, represented in cut on opposite page, never requires ice or ice-water for any use. The cut is two-thirds size.

*Oxydonor* No. 2 is now (January, 1895) ready for delivery. It is in every way an improvement on the original *Oxydonor* No. 1, and of different composition and diaductive qualities. Contact disk and case are the same in size and form, for both. OXYDONOR "VICTORY," No. 1, improved, and *Oxydonor* No. 2, except their nickel-plated grades, which are the cheapest, and *Animator* No. 4 are now made of new metal compounds, closely resembling 16-karat gold in appearance and wear, keeping as bright under all ordinary treatment, and more adapted to diaductive uses.

OXYDONOR No. 2 is to be used by the directions contained in this book, same as the original OXYDONOR No. 1 for all purposes; except that ice need never be used with it. No. 2 is adapted to the greatest emergencies, with its "Vocor" in cold well or cistern water, 55 to 60 degrees Fahr.; and will thus produce same effects as No. 1 with Vocor in ice-water. By the use of materials of different cost, from such as are in sufficient degrees adapted to enter into the composition of diaductive instruments, and by different amounts of labor and various degrees of finish, I have succeeded in devising a number of modifications of my Instruments, each in adaptation to a special use, without incurring the inevitable greater cost attending adaptation to many uses, with different grades of each modification possessing qualities as near the same as possible to different material, except durability and finish, which I sell at correspondingly different prices. This applies to both classes of the In-

struments which I manufacture and sell, which are known by the generic names of OXYDONOR and Animator, the difference between which is mentioned on page 159. Every modification and grade of the Oxydonor is made for self-treatment, and sold to the general Public, scientific or non-scientific, and all are safe and successful in random use. It is quite different with the various modifications and grades of the Animator. Nos. 1 and 2 of the Animator, are adapted to no use outside of an Animarium under my supervision. No. 5 is adapted only to the use of Physicians in general practice, and must be used under strictly scientific and professional supervision, both for safety and success.

Nos. 3 and 4 are made for popular use in self-treatment. They are adapted to anybody's use, and perfectly safe in the hands of anyone intelligent enough to know the difference between his being sick and well, and particularly of one who has the good common sense to employ a Method of which I am the only source, and Instruments of which I am the Inventor and producer, wholly according to my directions, which accompany each of my Instruments. I will hereafter supply any separate part of any instrument which I manufacture, after Jan. 1st, 1895, to order. On Jan. 1st, 1895, I have adopted new prices, much lower than the former, in proportion to cost of production and as low as circumstances permit. Price list sent free to any address.

All reports received from ANIMATOR No. 4 and OXYDONOR No. 2 are so far quite up to my most sanguine expectations, and most glorious.

DR. HERCULES SANCHE,

489 Fifth Avenue, New York,

61 Fifth St., Detroit, Mich.

## Index Notice.

Since Diaductive Cure is not effected on the medical plan of another remedy for every ill, but by stimulating the fundamental vegetating process of the organism in different degrees, as long as the case requires, to make vitality rise to mastery of the disease; and since large classes of disease are thus cured by the same degrees of vitality, it is needless to mention each of the multitude of phases and forms which disease assumes.

Only the best known forms in each class are noticed, and directions for the management of treatment of these are given only as general *rules* for all diseases involving the same parts or functions of the organism, whether mentioned in this book or not.

This *Index* refers to treatment of the whole class requiring like management, and not always to pages where the disease is treated of, or even mentioned.

Both scientific and popular names are used, in order to reach the understanding of the largest possible number of sufferers. [See Preface.]

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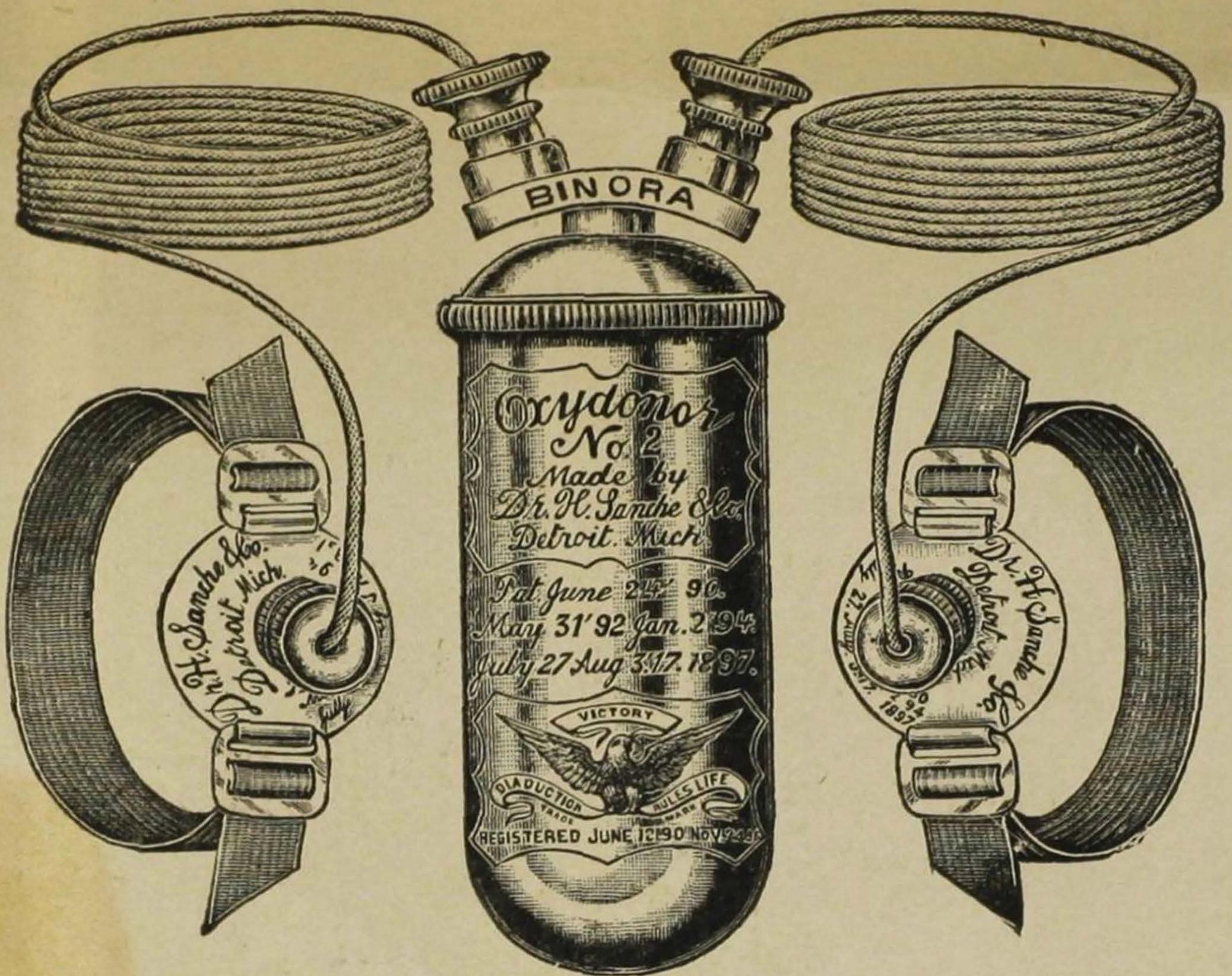
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# OXYDONOR No. 2, With Binora Attachment.



(TRADE MARK)

PRICE, \$30.00

## A New Attachment for Oxydonor No. 2.

The Binora Attachment is a device mainly to save a family or two persons a part of the cost of two Oxydonors, while receiving the same advantages as if full price had been paid for two.

With Binora two persons may be treated at the same time, either in the same bed or in separate beds within twenty feet of each other, with the same Oxydonor.

