

THE
PROGRESSIVE
ANNUAL
FOR
1862.

Comprising an Almanac, a Spiritual Register,
and a General Calendar of Reform.

PUBLISHED AT THE OFFICE OF "THE HERALD OF PROGRESS."

NEW YORK:

A. J. DAVIS & CO.

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THE

PROGRESSIVE ANNUAL

Presented by

FOR

George F. Brockway

1862

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COMPRISING

AN ALMANAC, A SPIRITUALIST REGISTER,

AND A

GENERAL CALENDAR OF REFORM.



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PREFATORY REMARKS.

The object of this little ANNUAL is neither to build up a sect, nor to herald the operations of a clique. It is designed to impart information concerning principal persons and important movements in the different departments of thought and reform: at once affording proof of the world's progress, and suggesting, by a broad and Catholic spirit, the real unity of all Progressive Movements—the true fraternity of all Reforms.

This, our Progressive Catalogue, is designed to be enough broad and impartial to include the names of the Leaders, Speakers, Writers, and Workers, in the several fields of Inspiration, Philanthropy, Science, Philosophy, and General Reform.

We have proceeded on the blessed conviction that no truly enlightened friend of Truth and Progress in one department can long continue unsympathetic toward other and different efforts for the world's spiritualization and happiness. All Reformers are friends of the poor, the ignorant, the degraded, and the oppressed, and stand as one man firm against the impositions of Statecraft, Priestcraft, and Churchcraft. They erect the standard of Human Brotherhood in opposition to the world's combined sectarianism, and proclaim the spiritual evangel of "peace on earth, good will to men."

The progressive Spiritualists of America have no creed as the basis of their association or action. They are confined to the boundary of no sectarian authority. Among them are many of the most earnest and energetic friends of Human Progress. Hence they are pre-eminently disposed to institute multiform and unselfish efforts for mankind's amelioration and improvement.

True Reformers are Brothers, and anti-sectarian. They are fundamentally cosmopolitan, and must "rise from the individual to the whole." The spirit of universal love is revealed in every effort which they wisely put forth. "He who has lived and thought on more than one side of existence, is both a Materialist and a Spiritualist." Such an one is naturally friendly to the apparently *opposite* phases of human thought and effort.

In the light of a faith thus comprehensive and fraternal, we have sought to compile the *PROGRESSIVE ANNUAL*, and in this spirit we trust it will be acceptable to all those who "love their fellow men."

Every person who desires to co-operate with us in perfecting the statistical and other essential details of this work, and to aid us in giving reliable information respecting the actual progress made in any department of effort, will please communicate freely with the Publishers. We cordially invite the assistance of our Spiritual friends, and the Reform public generally, in the necessary work proposed.

Let every one report whatever is deemed essential to accuracy, *not later than November 1, 1862*, which will enable us to publish next year's number by the 1st of January, 1863. The present issue was delayed by the fact that the conviction that "*A PROGRESSIVE ANNUAL*" was universally needed, did not occur until the current year was several weeks under way. We design to render this yearly visitor worthy of universal patronage. It will each year contain a correct calendar, and also practical information adapted to the use of families.

Address all orders and communications to

A. J. DAVIS & CO., PUBLISHERS,

274 Canal Street, New York.

HARMONIAL PRINCIPLES.

The Platform of Progress.

We herewith present a synopsis of principles, in the form of Resolutions, which may be regarded as an embodiment of the Harmonial Platform. When new light shall dawn upon our reason, we will make haste to publish the glad news, for the sake of Truth and Progress. To-day, and for the present, we stand, and work, and rest, upon the following platform :

I. *Resolved*, That it is the constitutional prerogative of the Human Mind, freely, and fearlessly, and dispassionately, to examine into and investigate each and everything to be found in the Bible, as well as out of it; that the Old and New Testaments, in common with other Spiritual books, are our friends and teachers, but not our guides or masters; that any theory, hypothesis, philosophy, sect, creed, or institution, that fears investigation, openly manifests its own weakness and implies its own error.

II. *Resolved*, That all true Liberty and Happiness are predicated upon the twofold principle of individual sovereignty and collective reciprocity; therefore, that all religious systems and all forms of government, which are opposed to the practical enjoyment of the largest self-sovereignty as the basis of social progress, are essentially barbarous and vitally antagonistic to the real needs of the man and woman of the nineteenth century.

III. *Resolved*, That Religion is Justice; that Heaven is Harmony; that Love is the Life of the Universe; that Wisdom is the Order of the Universe; that Individual Liberty is the ultimate result of Nature's Laws.

IV. *Resolved*, That every form of theological sectarianism is anti-progressive, and practically retards the development of brotherly

love among men, and militates not less against the expansion of the eternal principle of Distributive Justice; and that, therefore, all sectarian distinctions and local attachments to creeds should henceforward be abandoned, as worse than useless, by *every teacher* of individual development, by every lover of social harmony, and by every friend of political and religious liberty.

V. *Resolved*, That, whereas, in the Constitution of the American Government it is an essential doctrine and fundamental principle that "all men (in the generic sense) are created equal with certain inalienable rights," to secure which "governments are instituted among men, deriving their just powers from the *consent* of the governed;" and whereas our Government *practically denies* not only the right of liberty to the slave, but likewise *practically denies* the right of suffrage to women; therefore *Resolved*, That this Government, though the best ever organized on earth, is in effect despotic and organically opposed to the principles of equal Justice and universal Liberty.

VI. *Resolved*, That America is now but the representative of *Transitional* Republicanism and of *Sentimental* Liberty; that political antagonism and local monopolizations are natural to this form of civilization; that the Harmonial Philosophy points the pathway to organic and constitutional FREEDOM; and, therefore, that every Harmonial Philosopher should use his political influence to put in office only such minds as will legislate according to Nature and Reason, and work for equal Justice and universal Liberty.

VII. *Resolved*, That in accordance with repeated ocular demonstrations, and the coincidental attestation of thousands of worthy and intelligent minds in the United States and in Europe, we believe, first, in the sympathetic nearness of the spiritual world (the Second Sphere) to the natural world (the First Sphere); second, in the possibility of an intellectual, impressional, and external intercourse, between the dwellers of the two worlds; third, that the varieties and gradations of human character extend and continue indefinitely beyond the chemical event of physical death; fourth, and in the special providence, general guardianship, and local ministrations, of those who have passed from earth in advance of us; fifth, in accordance with the accumulative evidence, we believe that these ascended personages are earnest in their associated and combined endeavors to assist mankind toward a practical realization of the "kingdom of heaven on earth"—in the form of a higher social order, wherein each individual, male and female, without complexional distinctions, or intellectual or moral differences, will enjoy an *equal* right to Liberty, inducing all to be good and wise, happy and progressive.

VIII. *Resolved*, That Modern Spiritualism is not antagonistic to, but is essentially in harmony with the Spiritualism of past centuries.

IX. *Resolved*, That the Harmonial Philosophy is the best and most rational exposition yet known of the immutable laws of Father

God and Mother Nature; a philosophy which can rescue Modern Spiritualism from eventuating, as almost all ancient has done, in superstitious ignorance and localized bigotry, in bondage to external authorities, and in sectarian organizations detrimental to mankind's advancement.

X. *Resolved*, That the Mosaic Dispensation (the past) was an age of FORCE, or Compulsion; that the Christian Dispensation (the present) is an age of LOVE, or Impulse; that the Harmonial Dispensation (the future) will be an age of WISDOM, or Harmony. Accordant with the Intuitional experience of all illuminated minds, and with the testimony of nations, as found in their several maxims and sacred scriptures, we believe that an exercise of WISDOM (*which embraces the totality of man's intuitional and intellectual consciousness*) is necessary in order to harmonize the elements of Force and Love—the Lion and the Lamb—and bring these elements of mankind practically to bear upon the physical, political, and spiritual interests of the race—in a word, to harmonize Man with himself, with his neighbor, with Father God, and with Mother Nature.

XI. *Resolved*, That the human mind, while it is the master of one set of circumstances, is no less the *subject* of another set, which is positive to it; that man is not absolutely, but comparatively “a free agent;” that man's character is formed favorably or unfavorably, in exact correspondence with the character of the influences which surround and act upon him before as well as after birth; therefore, that individual redemption from, or progress out of social error and relative imperfections, is possible only through the instrumentality of a higher Societary Construction, which shall, by its concordances of interest, destroy all motives for the perpetuation of commercial antagonisms, destroy all conflict between producer and consumer, all incompatibilities between interest and duty, and provide with equal justice for the inception, for the gestation, for the birth, for the training, for the education, and for the spiritual development, of every son and daughter of the Brotherhood of Humanity.

XII. *Resolved*, That “evil,” so-called, is not a transgression of any Law, either physical or moral; but that evil (and sin) arise from internal conditions and from external circumstances, over which *individuals* have no absolute, but only partial control; therefore, that the Harmonial Philosophy teaches universal Charity toward both the agents and the victims of crime; and points to the progressive improvement and harmonization of those conditions and those circumstances which mold and influence the human character, prior as well as subsequent to the event of birth.

XIII. *Resolved*, That the commercial and mercantile relations instituted among men, and perpetuated by the present social disorder, are those of *extreme selfishness*, leading directly and inevitably to Indigence, Larceny, Oppressive Monopolies, War, Slavery, Disease, Delusive Doctrines, Professional Drones, and to the development of

diversal Unproductive Classes, the effects of which cannot be removed and prevented by any change short of a HARMONIAL DISPENSATION—overthrowing, by its mighty power, all superstitions, *liberating equally man's affections and his reason from the slavery of error and fear*—harmonizing the law of Self-Sovereignty with the parallel law of Social Unity—securing to Woman an equally free career with Man, and resulting in good, in wise, and in happy neighborhoods, which will honor human nature by living, as the inhabitants of higher planets do, in easy and natural accord with the Divine Laws of Existence—fulfilling the spirit of the prayer uttered by our Elder Brother, the gentle Nazarene: *"Thy will be done on earth as it is in heaven."*

XIV. *Resolved*, That we heartily rejoice in the efforts which benevolent men in all civilized nations are making to ameliorate the condition of their fellows—the poor, the ignorant, the enslaved, and the criminal; and that, while we encourage Reformers, Teachers, Missionaries, Statesmen, and Ministers, of every shade and degree, we at the same time very fraternally, and earnestly, and conscientiously, urge upon them the necessity of a better acquaintance with the Harmonial Philosophy, to the end that they may be more correct in their estimations of Man, in their conceptions of Deity, and in their contemplations of Nature—rendering them more efficient in devising the adaptation of instrumentalities to the development of those humane and universal ends, which all true reformers and benevolent minds design and hope to accomplish by their individual and associated efforts.

A WELCOME RELIGION.

Spiritualism is working its way, silently, but surely, into all the institutions of our progressive country. It is producing a change in religious organizations particularly, which their supporters but little suspect. There are thousands in the churches, who have long been dissatisfied with hollow ceremonies and mock solemnities, and are waiting but the appropriate hour to free themselves from dogmatic fetters, and stand up in the dignity of true manhood and womanhood. To such, Spiritualism comes as a welcome religion, in which the soul can find rest—a religion which has its basis on the indestructible foundations of science and philosophy, and therefore satisfies the highest aspirations of the immortal nature. Clergymen, startled by the vital power which is thus carving its way through their massive institutions, vehemently oppose its onward strides; and, finding themselves destitute of argument against it, fall at once to a contemptuous onslaught upon the *reputation* of such as are earnest advocates of Spiritualism. Vain effort! As well might they think to stay the "march of mighty suns through abysmal universes," as to bind the strong wing of God's eternal truth.

A BETTER DAY DAWNING.

There are indications that old creeds, old systems, old despotisms, old doctrines of man and conceptions of God, are rapidly crumbling, one after the other, into chaos. A change is coming over the world. Men and Nations may remain dumb and blind to their own interests, and temporarily *false* to the rights of enslaved and weeping Humanity. But the *sun of wisdom* is rapidly rising, and even blinded eyes shall soon see that Constitutions, Institutions, and Theories, are valuable *only* just so far as they subserve the common welfare and feed the progressive life of the whole family of man.

A MENTAL SOLSTICE.

There is, at certain times, a sort of "stand-still" to the sun of the soul, giving the feeling that you do not make any real improvement; and yet, according to our individual experience, such periods are as necessary to the mind as autumn and winter are to the earth and its fruitage. Hence, reader, do not grow sad in your occasional seasons of inaction. But sadness will not harm you.

INDIAN SUMMER SONG.

BY MARY F. DAVIS.

Slowly the shadows creep
Over the valley deep,
Softly the sunbeams play over the glen,
Richly the forests glow,
Gently the waters flow,
Low breathe the winds o'er the dwellings of men.

Wondering, worshipful,
Where dwells the Beautiful,
Gladly I wander with Nature and thee,
Hearing the song she sings,
Loving the smile she flings
Over the mountain and over the sea.

While richest hues are spread
Underneath, overhead—
Ruby and emerald, jasper and gold—
And down the mountain side
Rivers of radiance glide,
Like the transfigured—the mountain of old—

With Nature and with thee,
Learning of stream and tree,
Joyous I wander in woodlands afar,
While o'er my spirit floats
Music of angel notes,
Music of realms beyond sunlight and star.

JANUARY, 1862.

CALENDAR FOR BOSTON; NEW ENGLAND; New York State, Michigan, Wisconsin, Iowa, and Oregon.														
Day of Month.	Day of Week.	Sun		Moon		H. W.		D.M.'s decl. &c.	Sun		Moon		H. W.	
		RISES.	SETS.	R.	M.	R.	M.		R.	M.	R.	M.	R.	M.
1	W	7 30	4 38	6 16	morn.	H. M.			7 30	4 38	6 16	morn.	H. M.	
2	Th	7 30	4 39	7 28	0 38				7 30	4 39	7 28	0 38		
3	Fr	7 30	4 40	8 38	1 23				7 30	4 40	8 38	1 23		
4	Sa	7 30	4 41	9 44	2 12				7 30	4 41	9 44	2 12		
5	Su	7 30	4 41	10 47	2 45				7 30	4 41	10 47	2 45		
6	Mo	7 30	4 42	11 48	3 29				7 30	4 42	11 48	3 29		
7	Tu	7 30	4 43	morn.	4 12				7 30	4 43	morn.	4 12		
8	W	7 30	4 44	0 49	5 0				7 30	4 44	0 49	5 0		
9	Th	7 30	4 45	1 48	5 50				7 30	4 45	1 48	5 50		
10	Fr	7 29	4 46	2 47	6 41				7 29	4 46	2 47	6 41		
11	Sa	7 29	4 47	3 45	7 40				7 29	4 47	3 45	7 40		
12	Su	7 29	4 48	4 41	8 38				7 29	4 48	4 41	8 38		
13	Mo	7 29	4 49	5 32	9 30				7 29	4 49	5 32	9 30		
14	Tu	7 29	4 50	6 18	10 22				7 29	4 50	6 18	10 22		
15	W	7 27	4 52	rises.	11 4				7 27	4 52	rises.	11 4		
16	Th	7 27	4 53	5 53	11 48				7 27	4 53	5 53	11 48		
17	Fr	7 26	4 54	7 0	ev. 33				7 26	4 54	7 0	ev. 33		
18	Sa	7 26	4 56	8 6	1 1				7 26	4 56	8 6	1 1		
19	Su	7 25	4 57	9 15	1 51				7 25	4 57	9 15	1 51		
20	Mo	7 24	4 58	10 24	2 32				7 24	4 58	10 24	2 32		
21	Tu	7 23	4 59	11 35	3 20				7 23	4 59	11 35	3 20		
22	W	7 22	5 0	morn.	4 11				7 22	5 0	morn.	4 11		
23	Th	7 22	5 2	0 48	5 10				7 22	5 2	0 48	5 10		
24	Fr	7 21	5 3	2 2	6 19				7 21	5 3	2 2	6 19		
25	Sa	7 20	5 4	3 13	7 30				7 20	5 4	3 13	7 30		
26	Su	7 19	5 5	4 18	8 40				7 19	5 5	4 18	8 40		
27	Mo	7 19	5 7	5 16	9 44				7 19	5 7	5 16	9 44		
28	Tu	7 18	5 8	6 4	10 39				7 18	5 8	6 4	10 39		
29	W	7 17	5 9	sets.	11 26				7 17	5 9	sets.	11 26		
30	Th	7 16	5 11	6 16	morn.				7 16	5 11	6 16	morn.		
31	Fr	7 15	5 12	7 24	0 12				7 15	5 12	7 24	0 12		

CALENDAR FOR NEW YORK CITY; PHILADELPHIA, Conn., New Jersey, Penn'a, Ohio, Indiana, and Illinois.														
Day of Month.	Day of Week.	Sun		Moon		H. W.		D.M.'s decl. &c.	Sun		Moon		H. W.	
		RISES.	SETS.	R.	M.	R.	M.		R.	M.	R.	M.	R.	M.
1	W	7 25	4 43	6 19	9 24				7 25	4 43	6 19	9 24		
2	Th	7 25	4 44	7 31	10 9				7 25	4 44	7 31	10 9		
3	Fr	7 25	4 45	8 40	10 48				7 25	4 45	8 40	10 48		
4	Sa	7 25	4 46	9 44	11 31				7 25	4 46	9 44	11 31		
5	Su	7 25	4 46	10 47	morn.				7 25	4 46	10 47	morn.		
6	Mo	7 25	4 47	11 46	0 15				7 25	4 47	11 46	0 15		
7	Tu	7 25	4 48	morn.	0 58				7 25	4 48	morn.	0 58		
8	W	7 25	4 49	0 46	1 46				7 25	4 49	0 46	1 46		
9	Th	7 25	4 50	1 45	2 36				7 25	4 50	1 45	2 36		
10	Fr	7 24	4 51	2 42	3 30				7 24	4 51	2 42	3 30		
11	Sa	7 24	4 52	3 40	4 26				7 24	4 52	3 40	4 26		
12	Su	7 24	4 53	4 36	5 24				7 24	4 53	4 36	5 24		
13	Mo	7 23	4 54	5 26	6 16				7 23	4 54	5 26	6 16		
14	Tu	7 23	4 55	6 13	7 8				7 23	4 55	6 13	7 8		
15	W	7 22	4 57	rises.	7 50				7 22	4 57	rises.	7 50		
16	Th	7 22	4 58	5 57	8 34				7 22	4 58	5 57	8 34		
17	Fr	7 21	4 59	7 2	9 19				7 21	4 59	7 2	9 19		
18	Sa	7 20	5 1	8 9	9 59				7 20	5 1	8 9	9 59		
19	Su	7 20	5 2	9 15	10 37				7 20	5 2	9 15	10 37		
20	Mo	7 19	5 3	10 23	11 18				7 19	5 3	10 23	11 18		
21	Tu	7 18	5 4	11 32	ev. 6				7 18	5 4	11 32	ev. 6		
22	W	7 17	5 5	morn.	0 57				7 17	5 5	morn.	0 57		
23	Th	7 17	5 6	0 44	1 56				7 17	5 6	0 44	1 56		
24	Fr	7 16	5 7	1 57	2 5				7 16	5 7	1 57	2 5		
25	Sa	7 15	5 8	3 7	4 16				7 15	5 8	3 7	4 16		
26	Su	7 15	5 9	4 12	5 26				7 15	5 9	4 12	5 26		
27	Mo	7 14	5 11	5 11	6 30				7 14	5 11	5 11	6 30		
28	Tu	7 13	5 12	5 59	7 25				7 13	5 12	5 59	7 25		
29	W	7 12	5 13	sets.	8 12				7 12	5 13	sets.	8 12		
30	Th	7 11	5 16	7 23	9 39				7 11	5 16	7 23	9 39		
31	Fr	7 11	5 16	7 23	9 39				7 11	5 16	7 23	9 39		

CALENDAR FOR CHARLES; NORTH Carolina, Tennessee, Geo. Alabama, Missisippi, and Louisiana.														
Day of Month.	Day of Week.	Sun		Moon		H. W.		D.M.'s decl. &c.	Sun		Moon		H. W.	
		RISES.	SETS.	R.	M.	R.	M.		R.	M.	R.	M.	R.	M.
1	W	7 35	5 5	6 36	8 24				7 35	5 5	6 36	8 24		
2	Th	7 35	6 7	7 43	9 9				7 35	6 7	7 43	9 9		
3	Fr	7 35	7 8	8 46	9 48				7 35	7 8	8 46	9 48		
4	Sa	7 35	8 9	9 46	10 31				7 35	8 9	9 46	10 31		
5	Su	7 35	8 10	10 44	11 15				7 35	8 10	10 44	11 15		
6	Mo	7 35	9 11	11 39	11 58				7 35	9 11	11 39	11 58		
7	Tu	7 35	10	morn.					7 35	10	morn.			
8	W	7 35	11	0 35	0 46				7 35	11	0 35	0 46		
9	Th	7 35	12	1 29	1 36				7 35	12	1 29	1 36		
10	Fr	7 35	13	2 23	2 30				7 35	13	2 23	2 30		
11	Sa	7 35	14	3 19	3 26				7 35	14	3 19	3 26		
12	Su	7 35	15	4 12	4 24				7 35	15	4 12	4 24		
13	Mo	7 35	15	5 2	5 16				7 35	15	5 2	5 16		
14	Tu	7 35	16	5 51	6 8				7 35	16	5 51	6 8		
15	W	7 35	17	rises.	6 50				7 35	17	rises.	6 50		
16	Th	7 35	18	6 11	7 34				7 35	18	6 11	7 34		
17	Fr	7 35	19	7 11	8 19				7 35	19	7 11	8 19		
18	Sa	7 35	20	8 13	9 08				7 35	20	8 13	9 08		
19	Su	7 35	21	9 14	9 37				7 35	21	9 14	9 37		
20	Mo	7 35	22	10 17	10 18				7 35	22	10 17	10 18		
21	Tu	7 35	23	11 24	11 6				7 35	23	11 24	11 6		
22	W	7 35	24	12 22	11 57				7 35	24	12 22	11 57		
23	Th	7 35	25	0 29	ev. 56				7 35	25	0 29	ev. 56		
24	Fr	7 35	26	1 38	2 5				7 35	26	1 38	2 5		
25	Sa	7 35	27	2 45	3 16				7 35	27	2 45	3 16		
26	Su	6 59	5 26	3 48	4 26				6 59	5 26	3 48	4 26		
27	Mo	6 58	5 27	4 48	5 30				6 58	5 27	4 48	5 30		
28	Tu	6 58	5 28	5 39	6 25				6 58	5 28	5 39	6 25		
29	W	6 57	5 29	sets.	7 12				6 57	5 29	sets.	7 12		
30	Th	6 57	5 30	6 27	7 58				6 57	5 30	6 27	7 58		
31	Fr	6 57	5 31	7 29	8 39				6 57	5 31	7 29	8 39		

PHYSICAL RESURRECTION IMPOSSIBLE.

The vegetable productions of the earth clear away from the atmosphere the gases thus generated, decomposing and assimilating them for their own increase. This cycle of change has been going on ever since man became an occupier of the earth. He feeds on the lower animals and the seeds of plants, which in due time become a part of himself. The lower animals feed upon the herbs and grasses, which, in their turn, become the animal. This, by its death, again passes into the atmosphere, and is ready once more to be assimilated by plants, the earth or bony substance alone remaining sufficiently deep in the soil to be out of the absorbent reach of the roots of plants and trees. It is not at all difficult to prove that all the elements of which the living bodies of the present generation are composed, have passed through millions of mutations, and formed part of all kinds of animal and vegetable bodies, and consequently it may be said that *fractions of the elements of our ancestors form portions of ourselves*. Hence the resurrection of the past population of the globe would result in the almost total annihilation of everybody now living! Will not believers in a "physical resurrection" think of this?

HOPE FOR ALL.

During sessions of clairvoyant perigrinations in quest of treasures in the hearts of the people, we have many times put forth spiritual feelers, stretching outward over the world's mountains and valleys, and have, on such excursions, discovered more than one mine of human worth—old men, with young feelings—young men, with half-crushed hopes and no aspirations—and young women, and women no longer young, oppressed by unfavorable surroundings, or struggling against external barriers—yet, over all, there shine the holy stars of high heaven, the bow of promise bends across the lowlands and the mountains, and a better world blooms effulgently not far from each human soul. Nothing is lost. There is hope for all.

LAST REQUEST OF A TRUE MAN:

"At my decease and burial," said Francis Jackson, the widely-known Boston philanthropist, "I desire that forms and ceremonies may be avoided, and all emblems of mourning and processions to the grave. Such irrational and wasteful customs rest on fashion or superstition, certainly not on reason or common sense. The dead body is of no more consequence than the old clothes that covered it. Nothing should be wasted on the dead, when there is so much ignorance and suffering among the living."

Let all Spiritualists and Reformers take the same brave stand against the absurd and wickedly extravagant customs and burial ceremonies which have been so long in vogue.

FEBRUARY, 1862.

MOON'S PHASES.		BOSTON.		NEW YORK.		WASH'TON.		CHARLESEN.		Sun on Merid. or noon mark.			
	P.	H.	M.	H.	M.	H.	M.	H.	M.	U.	H.	M.	S.
First Quarter	6	3	27 ev.	3	15 ev.	3	3 ev.	2	52 ev.	1	12	13	55
Full Moon	14	0	22 ev.	0	10 ev.	11	58 mo.	11	47 mo.	9	12	14	30
Third Quarter	21	9	27 mo.	9	15 mo.	9	3 mo.	8	53 mo.	17	12	14	15
New Moon	28	0	5 ev.	11	53 mo.	11	41 mo.	11	33 mo.	25	12	13	16

CALENDAR FOR WASHINGTON: NORTH Carolina, Tennessee, Geo. Alabama, Missis- sippi, and Louisiana.		CALENDAR FOR WASHINGTON: Mary'd, Virg'a, Ken'y, Missouri, and California.		CALENDAR FOR N. YORK CITY; PHIL- adelphia, Conn., New- Jersey, Penn'a, Ohio, Indiana, and Illinois.		CALENDAR FOR BOSTON; NEW ENG- land, New York State, Michigan, Wisconsin, Iowa, and Oregon.		Sun's decl. &c.		Day of Week.	
SUN RISE.	SUN SET.	SUN RISE.	SUN SET.	SUN RISE.	SUN SET.	SUN RISE.	SUN SET.	O.	"	Day of Week.	Day of Month.
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	17	1 10	1	1
6 56	5 32	6 55	5 33	7 10	5 18	7 14	5 14	16	43 51	2	2
6 55	5 33	7 45	5 24	7 9	5 19	7 15	5 15	15	26 14	3	3
6 54	5 34	7 35	5 25	7 8	5 20	7 10	5 18	14	8 20	4	4
6 53	5 35	7 25	5 26	7 7	5 21	7 9	5 19	13	59 10	5	5
6 52	5 36	7 15	5 27	7 6	5 22	7 8	5 20	12	31 43	6	6
6 52	5 37	7 5	5 28	7 5	5 23	7 7	5 21	11	13 43	7	7
6 51	5 38	6 59	5 29	7 4	5 24	7 6	5 22	10	15 31	8	8
6 50	5 39	6 58	5 30	7 3	5 25	7 5	5 23	9	14 54	9	9
6 49	5 40	6 57	5 31	7 2	5 26	7 4	5 24	8	4 51	10	10
6 48	5 41	6 56	5 32	7 1	5 27	7 3	5 25	7	15 24	11	11
6 47	5 42	6 55	5 33	6 59	5 30	7 2	5 26	6	13 55	12	12
6 46	5 43	6 54	5 34	6 58	5 32	7 1	5 27	5	35 48	13	13
6 45	5 44	6 53	5 35	6 56	5 33	7 0	5 28	4	15 40	14	14
6 44	5 45	6 53	5 36	6 55	5 34	6 59	5 34	3	55 19	15	15
6 43	5 46	6 51	5 37	6 54	5 35	6 57	5 35	2	24 46	16	16
6 42	5 47	6 50	5 38	6 53	5 36	6 55	5 36	1	12 14	17	17
6 41	5 48	6 49	5 39	6 52	5 37	6 54	5 37	0	53 3	18	18
6 40	5 49	6 48	5 40	6 50	5 38	6 53	5 38	11	31 54	19	19
6 39	5 49	6 47	5 41	6 49	5 39	6 52	5 39	10	10 35	20	20
6 38	5 50	6 45	5 42	6 47	5 41	6 49	5 39	9	49 5	21	21
6 37	5 51	6 44	5 43	6 46	5 42	6 48	5 40	8	27 24	22	22
6 36	5 51	6 43	5 44	6 45	5 43	6 47	5 41	7	5 31	23	23
6 35	5 52	6 42	5 45	6 44	5 44	6 46	5 42	6	33 35	24	24
6 34	5 53	6 40	5 46	6 43	5 45	6 45	5 43	5	9 21	25	25
6 33	5 54	6 39	5 47	6 42	5 46	6 44	5 44	4	59 10	26	26
6 32	5 55	6 38	5 48	6 41	5 47	6 43	5 45	3	36 45	27	27
6 31	5 56	6 36	5 49	6 39	5 49	6 41	5 47	2	14 13	28	28
6 30	5 56	6 34	5 51	6 37	5 49	6 39	5 48	1	7 51	29	29
sets.	sets.	sets.	sets.	sets.	sets.	sets.	sets.	0			

A PHRENOLOGICAL EXAMINATION.

No external phrenologist can perfectly write out your real character. As it is impossible for a geologist, while walking over a particular province, to tell what Nature has *concealed* in the depths below, so is it beyond the science of a phrenologist, while *feeling* your cranium, to discover and delineate the gifts stored away in the hidden sensorium of the spirit. And yet, by way of inferential reasoning, much truth may be obtained from the decisions of the practical phrenologist.

CHURCHES AND REFORMERS.

The old orthodox church has a *moral power* that does not yet appear in the ranks of the come-outers. But the *best* always comes *last*, as the fruition after all the primal labors of the tree, and thus it will be with reformers. As old forms decay, their intrinsic life, and all that was vitally good in them, will reappear more effectively in newer forms of human effort. Dear reader, see to it that your own soul be not lacking in the beautiful essentials.

IMPORTANT TESTIMONY.

The following comprehensive sentence is from the pen of Hon. J. W. Edmonds: "There is in Spiritualism that which comforts the mourner, and binds up the broken hearted; that which smoothes the passage to the grave, and robs death of its terrors; that which enlightens the Atheist, and cannot but reform the vicious; that which cheers and encourages the virtuous amid all the trials and vicissitudes of life; and that which demonstrates to man his duty and his destiny, leaving it no longer vague and uncertain."

TRUE SAYINGS.

"We judge ourselves," says Longfellow, "by what we feel capable of doing, while others judge us by what we have already done."

"Men of genius are often dull and inert in society; as the blazing meteor, when it descends to earth, is only a stone."

"With many readers brilliancy of style passes for affluence of thought; they mistake buttercups in the grass for immeasurable gold mines underground."

WHAT IS GENIUS?

Genius is a form of inspirational mediumship. It is a full-flowing stream, never steady in its tide like the calm river of Wisdom; but like a torrent rather, which rushes between its embankments and off into infinity, as the lightning leaps through valleys, and from cliff to cliff, on its way skyward.

NOT DEVOTED TO ONE IDEA.

We sometimes realize a *serious* drawback to the frequent publication of interior and spiritual things. "What can it be?" you ask. The answer is, that persons who largely feed and feast on the sensuous marvels of Spiritual Truth, are, for the most part, disinclined to *practical reforms*, which are the great needs and imperative wants of the present world. If minds, interested in spiritual visions and truthful revealments of the great Future, would not become *abnormal*, and *superstitious*, and *extravagant*, in their lives and opinions, but would rather exemplify their newer receptions and impressions in *finer, sweeter, and purer lives*—then, indeed, would we feel sustained and encouraged in rolling up the curtain upon higher forms of spiritual truth, and would more frequently contribute such developments to the columns of the HERALD OF PROGRESS. Of one thing the world may forever rest assured—we shall not publish *marvels*, to the exclusion of articles on practical reforms in individual life and human society. *Spiritualism* is one, and only one phase of Truth. Let us *not be devoted to "one idea."* Let us all be symmetrical in our development.

HOW TO BE UNHAPPY.

We believe it was Kingsley who said: "To be miserable, think about yourself; about what *you* want, what *you* like, what respect people ought to pay to *you*, what people think of *you*; and then to you nothing will be pure. You will spoil everything you touch; you will make sin and misery for yourself out of everything which God sends you; you will be as wretched as you choose on earth, or in heaven either."

THE GIFT OF CLAIRVOYANCE.

Although the gift of Clairvoyance is attainable to all men, it is nevertheless true that most men know nothing of the power by experience; just as the multitude are not orators, or musicians, or good mechanics, although the organs of speech, and music, and invention, are natural to every man's mind. Be patient, therefore; let the laws of progress and development work in and through you, and their ultimate results will bring unspeakable satisfaction.

THE LAW OF CONDITIONS.

The absolute fixedness of the laws of Nature makes any transgression of them impossible. But any violation of the *conditions* under which Nature's laws perform their part, is surely followed by legitimate consequences and just punishments. Infants suffer physically and mentally, *not morally*, for the shortcomings or excesses of their parents.

APRIL, 1862.

MOON'S PHASES.										BOSTON.		NEW YORK.		WASH'TON.		CHARLES'N.		Sun on Merid. or noon mark.							
First Quarter		P. 3		H. M.		7 28 mo.		H. M.		7 16 mo.		H. M.		7 4 mo.		H. M.		6 53 mo.		D.		H. M.		P. 3	
Full Moon		14		H. M.		10 18 mo.		H. M.		10 6 mo.		H. M.		9 51 mo.		H. M.		9 43 mo.		9		12		3 54	
Third Quarter		21		H. M.		1 19 mo.		H. M.		1 7 mo.		H. M.		0 55 mo.		H. M.		0 44 mo.		17		11		59 29	
New Moon		28		H. M.		6 42 ev.		H. M.		6 30 ev.		H. M.		6 19 ev.		H. M.		6 8 ev.		25		11		57 50	

CALENDAR FOR CHARLES; NORTH Carolina, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.										H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON		SUN		RISES.		SETS.		H. W.		MOON	
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AN INTERESTING PARODY.

Intemperance.—This is the fire Old Nick built.

Moderate Drinking.—This is the fuel that feeds the fire Old Nick built.

Rum Selling.—This is the ax that cuts the wood, that feeds the fire Old Nick built.

The Love of Money.—This is the stone that grinds the ax, that cuts the wood, that feeds the fire Old Nick built.

Public Opinion.—This is the sledge with its face of steel, that batters the stone, that grinds the ax, that cuts the wood, that feeds the fire Old Nick built.

A Temperance Meeting.—This is one of the blows we quietly deal, to fashion the sledge with its face of steel, that batters the stone, that grinds the ax, that cuts the wood, that feeds the fire Old Nick built.

The Temperance Movement.—This is the smith that works with a will, to give force to the blows we quietly deal, to fashion the sledge with its face of steel, that batters the stone, that grinds the ax, that cuts the wood, that feeds the fire Old Nick built.

Eternal Truth.—This is the spirit, so gentle and still, that nerves the smith to work with a will, to give strength to the blows we quietly deal, to fashion the sledge with its face of steel, that batters the stone, that grinds the ax, that cuts the wood, that feeds the fire Old Nick built.

SPIRITUAL SUPERSTITIONS.

We denominate all persons superstitious, who, with excessive credulity and no intelligent evidence, attribute unusual physical sensations to the work of spirits; also, they are superstitious who imagine that their own mishaps and discords were developed by the special intervention of the invisible. It is superstition to believe that a medium is influenced by any disembodied intelligence to do or say anything earthly and sensual. We hold every one individually accountable for all unworthy speeches and physical indulgences. Let all Spiritualists believe that "every good and perfect gift cometh from above," and, reversely, that every discordant and miserable influence is generated in the regions of the flesh, and we will assure them that the "mediums for evil spirits" will number far less than at present.

VAIL OVER THE FACE.

Children born with a vail over the face are fortunate in one respect, viz.: They inherit a cleaner surface-brain; for it is manifest that the substance composing the vail is, in part, exuded from the brain, through the cranium, before birth, thus cleaning the channels of clairvoyant vision of much obstructing material, which, in most persons, entirely precludes everything in the line of such experience.

MAY, 1862.

MOON'S PHASES.		BOSTON.		NEW YORK.		WASH'TON.		CHARLES.		Sun on Merid. or noon mark.			
	P.	H.	M.	H.	M.	H.	M.	H.	M.	P.	H.	M.	M.
First Quarter	6	10	40 ev.	10	23 ev.	10	16 ev.	10	5 ev.	1	11	56	56
Full Moon	13	6	16 ev.	6	4 ev.	5	52 ev.	5	41 ev.	9	11	56	14
Third Quarter	20	10	54 mo.	10	42 mo.	10	31 mo.	10	20 mo.	17	11	56	8
New Moon	28	10	42 mo.	10	30 mo.	10	18 mo.	10	7 mo.	25	11	56	38

CALENDAR FOR CHARLES; NORTH Carolina, Tennessee, Geo., Alabama, Mississippi, and Louisiana.													
SUN	SUN	MOON	H. W.	SUN	SUN	MOON	H. W.	SUN	SUN	MOON	H. W.	SUN	SUN
RISE.	SET.	RISE.	SET.	RISE.	SET.	RISE.	SET.	RISE.	SET.	RISE.	SET.	RISE.	SET.
5 13	6 41	9 21	9 9	5 13	6 41	9 21	9 9	5 13	6 41	9 21	9 9	5 13	6 41
5 12	6 42	10 19	9 46	5 12	6 42	10 19	9 46	5 12	6 42	10 19	9 46	5 12	6 42
5 11	6 43	10 53	10 33	5 11	6 43	10 53	10 33	5 11	6 43	10 53	10 33	5 11	6 43
5 10	6 44	11 35	11 22	5 10	6 44	11 35	11 22	5 10	6 44	11 35	11 22	5 10	6 44
5 10	6 45	morn.	morn.	5 10	6 45	morn.	morn.	5 10	6 45	morn.	morn.	5 10	6 45
5 9	6 45	0 13	0 11	5 9	6 45	0 13	0 11	5 9	6 45	0 13	0 11	5 9	6 45
5 8	6 46	0 47	1 22	5 8	6 46	0 47	1 22	5 8	6 46	0 47	1 22	5 8	6 46
5 7	6 46	1 20	1 56	5 7	6 46	1 20	1 56	5 7	6 46	1 20	1 56	5 7	6 46
5 6	6 47	1 52	2 54	5 6	6 47	1 52	2 54	5 6	6 47	1 52	2 54	5 6	6 47
5 5	6 48	2 25	3 51	5 5	6 48	2 25	3 51	5 5	6 48	2 25	3 51	5 5	6 48
5 4	6 48	3 1	4 48	5 4	6 48	3 1	4 48	5 4	6 48	3 1	4 48	5 4	6 48
5 3	6 49	3 42	5 44	5 3	6 49	3 42	5 44	5 3	6 49	3 42	5 44	5 3	6 49
5 2	6 50	3 55	6 38	5 2	6 50	3 55	6 38	5 2	6 50	3 55	6 38	5 2	6 50
5 1	6 51	4 5	7 29	5 1	6 51	4 5	7 29	5 1	6 51	4 5	7 29	5 1	6 51
5 0	6 52	4 10	8 21	5 0	6 52	4 10	8 21	5 0	6 52	4 10	8 21	5 0	6 52
5 0	6 52	4 10	9 13	5 0	6 52	4 10	9 13	5 0	6 52	4 10	9 13	5 0	6 52
4 59	6 53	4 11	9 9	4 59	6 53	4 11	9 9	4 59	6 53	4 11	9 9	4 59	6 53
4 58	6 54	4 10	0 57	4 58	6 54	4 10	0 57	4 58	6 54	4 10	0 57	4 58	6 54
4 57	6 55	4 11	1 53	4 57	6 55	4 11	1 53	4 57	6 55	4 11	1 53	4 57	6 55
4 56	6 56	4 12	2 45	4 56	6 56	4 12	2 45	4 56	6 56	4 12	2 45	4 56	6 56
4 55	6 56	4 12	3 36	4 55	6 56	4 12	3 36	4 55	6 56	4 12	3 36	4 55	6 56
4 54	6 57	4 13	4 26	4 54	6 57	4 13	4 26	4 54	6 57	4 13	4 26	4 54	6 57
4 53	6 57	4 13	5 17	4 53	6 57	4 13	5 17	4 53	6 57	4 13	5 17	4 53	6 57
4 52	6 58	4 14	6 7	4 52	6 58	4 14	6 7	4 52	6 58	4 14	6 7	4 52	6 58
4 51	6 58	4 14	7 15	4 51	6 58	4 14	7 15	4 51	6 58	4 14	7 15	4 51	6 58
4 50	6 59	4 15	8 2	4 50	6 59	4 15	8 2	4 50	6 59	4 15	8 2	4 50	6 59
4 49	6 59	4 15	9 13	4 49	6 59	4 15	9 13	4 49	6 59	4 15	9 13	4 49	6 59
4 48	7 0	4 16	10 5	4 48	7 0	4 16	10 5	4 48	7 0	4 16	10 5	4 48	7 0
4 47	7 0	4 16	11 45	4 47	7 0	4 16	11 45	4 47	7 0	4 16	11 45	4 47	7 0
4 46	7 1	4 17	12 45	4 46	7 1	4 17	12 45	4 46	7 1	4 17	12 45	4 46	7 1
4 45	7 1	4 17	1 45	4 45	7 1	4 17	1 45	4 45	7 1	4 17	1 45	4 45	7 1
4 44	7 2	4 18	2 45	4 44	7 2	4 18	2 45	4 44	7 2	4 18	2 45	4 44	7 2
4 43	7 2	4 18	3 36	4 43	7 2	4 18	3 36	4 43	7 2	4 18	3 36	4 43	7 2
4 42	7 3	4 19	4 26	4 42	7 3	4 19	4 26	4 42	7 3	4 19	4 26	4 42	7 3
4 41	7 3	4 19	5 17	4 41	7 3	4 19	5 17	4 41	7 3	4 19	5 17	4 41	7 3
4 40	7 4	4 20	6 7	4 40	7 4	4 20	6 7	4 40	7 4	4 20	6 7	4 40	7 4
4 39	7 4	4 20	7 15	4 39	7 4	4 20	7 15	4 39	7 4	4 20	7 15	4 39	7 4
4 38	7 5	4 21	8 2	4 38	7 5	4 21	8 2	4 38	7 5	4 21	8 2	4 38	7 5
4 37	7 5	4 21	9 13	4 37	7 5	4 21	9 13	4 37	7 5	4 21	9 13	4 37	7 5
4 36	7 6	4 22	10 5	4 36	7 6	4 22	10 5	4 36	7 6	4 22	10 5	4 36	7 6
4 35	7 6	4 22	11 45	4 35	7 6	4 22	11 45	4 35	7 6	4 22	11 45	4 35	7 6
4 34	7 7	4 23	12 45	4 34	7 7	4 23	12 45	4 34	7 7	4 23	12 45	4 34	7 7
4 33	7 7	4 23	1 45	4 33	7 7	4 23	1 45	4 33	7 7	4 23	1 45	4 33	7 7
4 32	7 8	4 24	2 45	4 32	7 8	4 24	2 45	4 32	7 8	4 24	2 45	4 32	7 8
4 31	7 8	4 24	3 36	4 31	7 8	4 24	3 36	4 31	7 8	4 24	3 36	4 31	7 8
4 30	7 9	4 25	4 26	4 30	7 9	4 25	4 26	4 30	7 9	4 25	4 26	4 30	7 9
4 29	7 9	4 25	5 17	4 29	7 9	4 25	5 17	4 29	7 9	4 25	5 17	4 29	7 9
4 28	8 0	4 26	6 7	4 28	8 0	4 26	6 7	4 28	8 0	4 26	6 7	4 28	8 0
4 27	8 0	4 26	7 15	4 27	8 0	4 26	7 15	4 27	8 0	4 26	7 15	4 27	8 0
4 26	8 1	4 27	8 2	4 26	8 1	4 27	8 2	4 26	8 1	4 27	8 2	4 26	8 1
4 25	8 1	4 27	9 13	4 25	8 1	4 27	9 13	4 25	8 1	4 27	9 13	4 25	8 1
4 24	8 2	4 28	10 5	4 24	8 2	4 28	10 5	4 24	8 2	4 28	10 5	4 24	8 2
4 23	8 2	4 28	11 45	4 23	8 2	4 28	11 45	4 23	8 2	4 28	11 45	4 23	8 2
4 22	8 3	4 29	12 45	4 22	8 3	4 29	12 45	4 22	8 3	4 29	12 45	4 22	8 3
4 21	8 3	4 29	1 45	4 21	8 3	4 29	1 45	4 21	8 3	4 29	1 45	4 21	8 3
4 20	8 4	4 30	2 45	4 20	8 4	4 30	2 45	4 20	8 4	4 30	2 45	4 20	8 4
4 19	8 4	4 30	3 36	4 19	8 4	4 30	3 36	4 19	8 4	4 30	3 36	4 19	8 4
4 18	8 5	4 31	4 26	4 18	8 5	4 31	4 26	4 18	8 5	4 31	4 26	4 18	8 5
4 17	8 5	4 31	5 17	4 17	8 5	4 31	5 17	4 17	8 5	4 31	5 17	4 17	8 5
4 16	8 6	4 32	6 7	4 16	8 6	4 32	6 7	4 16	8 6	4 32	6 7	4 16	8 6
4 15	8 6	4 32	7 15	4 15	8 6	4 32	7 15	4 15	8 6	4 32	7 15	4 15	8 6
4 14	8 7	4 33	8 2	4 14	8 7	4 33	8 2	4 14	8 7	4 33	8 2	4 14	8 7
4 13	8 7	4 33	9 13	4 13	8 7	4 33	9 13	4 13	8 7	4 33	9 13	4 13	8 7
4 12	8 8	4 34	10 5	4 12	8 8	4 34	10 5	4 12	8 8	4 34	10 5	4 12	8 8
4 11	8 8	4 34	11 45	4 11	8 8	4 34	11 45	4 11	8 8	4 34	11 45	4 11	8 8
4 10	8 9	4 35	12 45	4 10	8 9	4 35	12 45	4 10	8 9	4 35	12 45	4 10	8 9
4 9	9 0	4 36	1 45	4 9	9 0	4 36	1 45	4 9	9 0	4 36	1 45	4 9	9 0
4 8	9 0	4 36	2 45	4 8	9 0	4 36	2 45	4 8	9 0	4 36	2 45	4 8	9 0
4 7	9 1	4 37	3 36	4 7	9 1	4 37	3 36	4 7	9 1	4 37	3 36	4 7	9 1
4 6	9 1	4 37	4 26	4 6	9 1	4 37	4 26	4 6	9 1	4 37	4 26	4 6	9 1
4 5	9 2	4 38	5 17	4 5	9 2	4 38	5 17	4 5	9 2	4 38	5 17	4 5	9 2
4 4	9 2	4 38	6 7	4 4	9 2	4 38	6 7	4 4	9 2	4 38	6 7	4 4	9 2
4 3	9 3	4 39	7 15	4 3	9 3	4 39	7 15	4 3	9 3	4 39	7 15	4 3	9 3
4 2	9 3	4 39	8 2	4 2	9 3	4 39	8 2	4 2	9 3	4 39	8 2	4 2	9 3
4 1	9 4	4 40	9 13	4 1	9 4	4 40	9 13	4 1	9 4	4 40	9 13	4 1	9 4
4 0	9 4	4 40	10 5	4 0	9 4	4 40	10 5	4 0	9 4	4 40	10 5	4 0	9 4
3 59	9 5	4 41	11 45	3 59	9 5	4 41	11 45	3 59	9 5	4 41	11 45	3 59	9 5
3 58	9 5	4 41	12 45	3 58	9 5	4 41	12 45	3 58	9 5	4 41	12 45	3 58	9 5
3 57	9 6	4 42	1 45	3 57	9 6	4 42	1 45	3 57	9 6	4 42	1 45	3 57	9 6
3 56	9 6	4 42	2 45	3 56	9 6	4 42	2 45	3 56	9 6	4 42	2 45	3 56	9 6
3 55	9 7	4 43	3 36	3 55	9 7	4 43	3 36	3 55	9 7	4 43	3 36	3 55	9 7
3 54	9 7	4 43	4 26	3 54	9 7	4 43	4 26	3 54	9 7	4 43	4 26	3 54	9 7
3 53	9 8	4 44	5 17	3 53	9 8	4 44	5 17	3 53	9 8	4 44	5 17	3 53	9 8
3 52	9 8	4 44	6 7	3 52	9 8	4 44	6 7	3 52	9 8	4 44	6 7	3 52	9 8
3 51	9 9	4 45	7 15	3 51	9 9	4 45	7 15	3 51	9 9	4 45	7 15	3 51	9 9
3 50	9 9	4 45	8 2	3 50	9 9	4 45	8 2	3 50	9 9	4 45	8 2	3 50	9 9
3 49	10 0	4 46	9 13	3 49	10 0	4 46	9 13	3 49	10 0	4 46	9 13	3 49	10 0
3 48	10 0	4 46	10 5	3 48	10 0	4 46	10 5	3 48	10 0	4 46	10 5	3 48	10 0

THE WAY TO LIVE.

Some truthful spirit wrote the following: The roses of this life are all found in the pathway of truth. Yet turn we ever so little aside, and the nettles of existence beset us on every hand. On the cheeks of the obedient to physiological laws only do the roses of health bloom perennially. Those only who riotously trample on, or unwittingly transgress them, find the lurking serpent of disease gnawing perpetually at their vitals, and their hold on life as frail as "the spider's most attenuated thread." The roses or the nettles are ours; let us be wise. Instead of struggling through life and agonizing through death, let us, by learning and obeying the "laws of constitution and relation," so discipline and harmonize all our functions of body and mind, that, when "summoned to that mysterious realm," we can depart

"Like one who wraps the drapery of his couch
About him, and lies down to pleasant dreams."

WHAT IS THOUGHT?

In answer, a spirit once whispered: "Thought is a part of the immortal light that beams from the depths of the human soul; and he whose soul feels no ennobling sense of the Infinite essence within, knows not what Thought is. Thought is a silent, recognized messenger between God and man; and he who has not heard the whisperings of this messenger from on high, knows not God, nor the celestial wisdom and happiness of eternal realms. Arise, Thought, from the gloomy soul, and ascend to the glories of thy angelic home!"

MAN AND WOMAN.

A friend, writing from a missionary field, in which he is *not alone*, says, earnestly and truly: "Oh when will the world realize that man *alone* can accomplish no truly divine labor—that only as woman blends her powers and capacities with his throughout all the relations of life, and just to the extent that she does this, can he accomplish his highest, holiest possibilities? When this divine law is recognized as one of the immutable laws of the universe, then, and *never till then*, will the world see its true preachers, poets, artists, and mechanics."

THE PLEASURES OF MEMORY.

Hail, Memory, hail! in thy exhaustless mine,
From age to age unnumbered treasures shine!
Thought and her shadowy brood thy call obey,
And Place and Time are subject to thy sway!
Thy pleasures most we feel, when most alone—
The only pleasures we can call our own.—ROBERTS.

JUNE, 1862.

MOON'S PHASES.		BOSTON.	NEW YORK.	WASH'TON.	CHARLES'N.	Sun on Merid. or noon mark.	
First Quarter . . .	^{D.} 5	^{H. M.} 9 59 mo.	^{H. M.} 9 47 mo.	^{H. M.} 9 35 mo.	^{H. M.} 9 24 mo.	^{D.} 1	^{H. M.} 11 57 31.
Full Moon	12	1 33 mo.	1 21 mo.	1 9 mo.	0 58 mo.	9	11 58 54
Third Quarter . . .	18	10 28 ev.	10 16 ev.	10 4 ev.	9 53 ev.	17	12 0 33
New Moon	27	2 10 mo.	1 58 mo.	1 46 mo.	1 35 mo.	25	12 2 17

CALENDAR FOR ONAHASH'S NORTH Carolina, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.									
SUN RISES.	SUN SETS.	MOON SETS.	H. W. CH' TOM						
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
4 53	7 11	10 12	10 8						
4 53	7 11	10 48	10 52						
4 53	7 21	11 11	11 38						
4 52	7 21	11 52	morn.						
4 52	7 3	morn.	0 27						
4 52	7 3	0 24	1 19						
4 52	7 4	0 57	2 15						
4 52	7 4	1 33	3 18						
4 52	7 5	2 15	4 20						
4 52	7 5	3 3	5 22						
4 52	7 6	3 59	6 22						
4 52	7 6	rises.	7 16						
4 52	7 7	8 43	8 15						
4 52	7 7	9 29	9 8						
4 52	7 8	10 8	9 54						
4 52	7 8	10 42	10 43						
4 52	7 9	11 13	11 32						
4 52	7 9	11 43	ev. 20						
4 52	7 10	morn.	1 7						
4 52	7 10	0 15	2 2						
4 52	7 10	0 47	2 54						
4 52	7 11	1 21	3 47						
4 52	7 11	2 0	4 40						
4 53	7 11	2 42	5 31						
4 53	7 11	3 27	6 18						
4 53	7 11	4 7	6 59						
4 53	7 11	sets.	7 42						
4 54	7 11	8 12	8 25						
4 54	7 11	8 50	9 5						
4 54	7 11	9 24	9 43						

CALENDAR FOR		SUN		MOON	
WASHINGTON:		REV.		REV.	
Mary's, d. Virg'a,		P. M.		E. M.	
Kent's, Missouri,		P. M.		E. M.	
and California.		P. M.		E. M.	
1	36	7	18	10	24
2	36	7	19	10	26
3	36	7	19	11	27
4	35	7	20	11	54
5	35	7	20	morn.	
6	34	7	21	0	23
7	34	7	21	0	52
8	34	7	22	1	25
9	34	7	22	2	3
10	34	7	23	2	48
11	34	7	24	3	40
12	34	7	25	rises.	
13	34	7	25	8	58
14	34	7	26	9	40
15	33	7	27	10	15
16	33	7	27	10	46
17	33	7	28	11	14
18	33	7	28	11	40
19	33	7	28	morn.	
20	34	7	28	0	8
21	34	7	28	0	38
22	34	7	29	1	9
23	34	7	29	1	45
24	35	7	29	2	25
25	35	7	29	3	10
26	35	7	29	4	0
27	35	7	29	sets.	
28	36	7	29	8	24
29	36	7	29	9	0
30	36	7	29	9	30

Day of Month.	Day of Week.
1	E
2	M
3	Tu
4	W
5	Th
6	Fr
7	Sa
8	E
9	M
10	Tu
11	W
12	Th
13	Fr
14	Sa
15	E
16	M
17	Tu
18	W
19	Th
20	Fr
21	Sa
22	E
23	M
24	Tu
25	W
26	Th
27	Fr
28	Sa
29	E
30	M

CALENDAR FOR											
N. YORK CITY: PHILADELPHIA, CONN., N. J., PENNA., OHIO, ILLINOIS.											
SUN		MON		TUES.		WED.		THUR.		FRI.	
RISES.		SETS.		RISES.		SETS.		RISES.		SETS.	
M.	H.	M.	H.	M.	H.	M.	H.	M.	H.	M.	H.
4	31	7	24	10	58	11	8				
4	30	7	25	10	59	11	52				
4	30	7	25	11	58	morn.					
4	29	7	26	11	55	0	38				
4	29	7	27	morn.		1	27				
4	28	7	27	0	22	2	19				
4	28	7	28	0	51	3	15				
4	28	7	28	1	22	4	18				
4	28	7	29	1	58	5	20				
4	28	7	29	2	43	6	22				
4	28	7	30	3	37	7	22				
4	28	7	30	ris.		8	16				
4	28	7	31	9	2	9	15				
4	28	7	31	9	43	10	8				
4	28	7	32	10	18	10	54				
4	28	7	32	10	47	11	43				
4	28	7	33	11	14	ev.	32				
4	28	7	33	11	40	1	20				
4	29	7	34	morn.		2	7				
4	29	7	34	0	6	3	2				
4	29	7	34	0	35	3	54				
4	29	7	34	1	4	4	47				
4	29	7	35	1	40	5	40				
4	30	7	35	2	20	6	31				
4	30	7	35	3	4	7	18				
4	30	7	35	3	55	7	59				
4	30	7	35	sets.		8	42				
4	31	7	35	8	29	9	25				
4	31	7	35	9	3	10	5				
4	31	7	35	9	32	10	43				

CALENDAR FOR BOSTON; NEW ENGLAND, New York State, Michigan, Wisconsin, Iowa, and Oregon.									
SUN		MOON		H. W.		BOSTON			
RISES.	SETS.	H. M.	SETS.	H. M.	SETS.	H. M.	SETS.	H. M.	SETS.
4 25	7 29	10	31	1	40				
4 24	7 30	11	31	2	12				
4 24	7 30	11	30	3	6				
4 23	7 31	11	55	3	52				
4 23	7 32	morn.		4	41				
4 23	7 33	0	22	5	33				
4 22	7 33	0	49	6	29				
4 22	7 34	1	19	7	32				
4 22	7 35	1	55	8	34				
4 22	7 35	2	38	9	36				
4 22	7 36	3	31	10	36				
4 22	7 37	rises.		11	30				
4 22	7 37	9	7	ev.	29				
4 22	7 38	9	47	1	12				
4 22	7 38	10	20	2	8				
4 22	7 38	10	48	2	57				
4 22	7 39	11	14	3	46				
4 22	7 39	11	39	4	34				
4 23	7 39	morn.		5	21				
4 23	7 39	0	4	6	16				
4 23	7 39	0	32	7	8				
4 23	7 40	1	1	8	1				
4 23	7 40	1	31	8	54				
4 24	7 40	2	15	9	45				
4 24	7 40	2	59	10	32				
4 24	7 40	3	49	11	13				
4 25	7 40	sets.		11	56				
4 25	7 40	8	23	morn.					
4 25	7 40	9	6	0	39				
4 25	7 40	9	35	1	19				

Day of Month.	Day of Week.	Sun's decl. N.
1	Th	22 5 34
2	F	22 13 27
3	W	22 20 57
4	Th	22 28 4
5	F	22 31 47
6	W	22 34 47
7	Th	22 41 7
8	F	22 47 3
9	W	22 52 31
10	Th	22 57 42
11	F	23 2 26
12	W	23 6 45
13	Th	23 10 40
14	F	23 14 10
15	W	23 17 16
16	Th	23 19 57
17	F	23 22 13
18	W	23 24 5
19	Th	23 25 32
20	F	23 26 34
21	W	23 27 12
22	Th	23 27 24
23	F	23 27 24
24	W	23 26 35
25	Th	23 25 33
26	F	23 24 6
27	W	23 22 15
28	Th	23 19 59
29	F	23 17 18
30	W	23 14 13
31	Th	23 10 43

SACRED HOURS AND CONSECRATED ROOMS.

The God of Nature, to the true worshiper, abides not in "temples made with hands," but showers blessings upon the people every day and night, regarding no place or period with peculiar favor. Periodical religious observances are convenient and useful, when the devotional spirit lacks strength and fervor to serve all periods. Many a man's piety, strained through the narrow channel of Sunday exercises, appears a deep and powerful current; but spread over the week it becomes shallow indeed. Men are apt to live their religion too much in their closets and churches. Our counting-rooms, work-shops, and labor-fields, need to be consecrated as well. Purposes of remedial discipline and improvement may be subserved by a voluntary retirement, at regular intervals, for meditation and communion. If felt to be necessary or important by any "sin-sick soul," its uses are not to be disregarded. But the exercise is one strictly of individual necessity or choice, and hence belongs to the private department of life, wherein no one man can dictate for another.

We prefer not to enjoin upon our spirit the recollection of any fixed periods for stereotyped devotion, and object to any effort to impose such formalism upon others. If any one feels a spiritual hungering, let him seek a baptism from above. We would no more expect or desire a special "divine influx" at a certain hour each day, than we would pray for a shower every morning precisely at seven o'clock.

God's countless myriads of living creatures below us in the scale of being sanctify their homes and their lives by obedience to the laws of their organizations, which constitutes the only true religious observance, and they enjoy a perpetual baptism from Nature's exhaustless fountains. Every bird consecrates its nest, every lion his lair, to the work of life, in its own sphere. No one cell of the comb is more sacred to the bee than another, no cavern in the bank more sacred to the beaver.

Religion, with human beings, should consist in the perpetual incense of true lives; and to such, no room for contemplation or communion can exceed in "sacredness" the kitchen where no undue burdens are imposed, the dining-room where no excessive appetites are indulged, the parlor where no vain sacrifice of use to beauty exists, or the chamber where no loves are slaughtered by passion.

Aye! every dwelling should have its "consecrated rooms," and they should comprise every room in the dwelling, one and all consecrated to purposes of use, purity, love, and industry. Every spot of space we occupy, and every moment we live, is truly consecrated when that time and space mark the inception of a true purpose, the growth of a pure aspiration, the execution of a noble deed.—C. M. P.

"The words that bear a mission high,
If music-hallowed, never die."

JULY, 1862.

MOON'S PHASES.		BOSTON.		NEW YORK.		WASH'TON.		CHARLES'N.		Sun on Merid. or noon mark.		
	D.	H.	M.	H.	M.	H.	M.	H.	M.	D.	H.	M.
First Quarter	4	6	6 ev.	5	54 ev.	5	42 ev.	5	31 ev.	1	12	3 30
Full Moon	11	8	54 mo.	8	42 mo.	8	30 mo.	8	19 mo.	9	12	4 53
Third Quarter	18	0	29 ev.	0	17 ev.	0	5 ev.	11	54 mo.	17	12	5 49
New Moon	26	4	21 ev.	4	9 ev.	3	57 ev.	3	46 ev.	25	12	6 12

CALENDAR FOR CHARLES: NORTH Carolina, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.											
JUN		JULY		AUG		SEPT		OCT		NOV	
H.	M.	H.	M.	H.	M.	H.	M.	H.	M.	H.	M.
4	55	7	11	9	55	10	21	12	5	10	21
4	55	7	11	10	26	11	6	11	6	11	6
4	56	7	11	10	58	11	53	12	5	10	21
4	56	7	11	11	32	12	morn.	12	5	10	21
4	57	7	11	11	morn.	12	0	46	0	46	0
4	57	7	11	0	10	1	45	1	45	1	45
4	58	7	11	0	54	2	51	2	51	2	51
4	58	7	10	1	44	4	0	4	0	4	0
4	59	7	10	2	44	5	10	5	10	5	10
5	0	7	10	3	50	6	13	6	13	6	13
5	0	7	10	ris.	7	5	7	5	7	5	7
5	1	7	9	8	1	7	58	8	1	7	58
5	1	7	9	8	39	8	46	8	39	8	46
5	2	7	9	9	12	9	59	9	12	9	59
5	3	7	8	9	41	10	11	10	11	10	11
5	3	7	8	10	16	10	55	10	16	10	55
5	4	7	8	10	48	11	40	11	40	11	40
5	4	7	7	11	21	ev.	28	11	21	ev.	28
5	5	7	7	11	57	1	19	1	19	1	19
5	5	7	6	morn.	2	14	2	14	2	14	2
5	6	7	6	0	38	3	13	3	13	3	13
5	7	7	5	1	23	4	9	4	9	4	9
5	7	7	5	2	11	5	3	5	3	5	3
5	8	7	5	3	4	5	53	5	53	5	53
5	8	7	3	4	0	6	38	6	38	6	38
5	9	7	3	sets.	7	15	7	15	7	15	7
5	10	7	2	7	25	7	58	7	25	7	58
5	11	7	1	7	58	8	38	8	38	8	38
5	11	7	0	8	30	9	16	9	16	9	16
5	12	7	0	9	2	9	54	9	2	9	54
5	13	6	59	9	35	10	38	10	35	10	38

[illegible]

Day of Month.	Day of Week.
1	W
2	Th
3	Fr
4	Sa
5	Sa
6	Su
7	M
8	Tu
9	W
10	Th
11	Fr
12	Sa
13	Sa
14	M
15	Tu
16	W
17	Th
18	Fr
19	Sa
20	Sa
21	M
22	Tu
23	W
24	Th
25	Fr
26	Sa
27	Sa
28	M
29	Tu
30	W
31	Th

CALENDAR FOR											
NEW YORK CITY: PHILADELPHIA, CORN. N. J., NEW JERSEY, PENN., OHIO, INDIANA, & ILLINOIS.											
SUN RISES.	SUN SETS.	MORN SETS.	H. W. N. Y.	SUN RISES.	SUN SETS.	MORN SETS.	H. W. N. Y.	SUN RISES.	SUN SETS.	MORN SETS.	H. W. N. Y.
4 4	4 31	7 35	5 59	11	21	morn.	5 59	11	21	morn.	5 59
4 4	4 32	7 35	10 25				10 25				10 25
4 4	4 32	7 35	10 53	0	6	0	5 53	0	6	0	5 53
4 4	4 33	7 34	11 22	0	53	1 46	1 46	1 46	1 46	1 46	1 46
4 4	4 33	7 34	11 55				2 45				2 45
4 4	4 34	7 31	morn.				3 51				3 51
4 4	4 34	7 34	0 35	3	51	0	5 0	3	51	0	5 0
4 4	4 35	7 33	1 22	5	0	6	10	5	0	6	10
4 4	4 36	7 33	2 21	6	10	7	13	6	10	7	13
4 4	4 37	7 33	3 29	7	13	8	5	7	13	8	5
4 4	4 38	7 32	rises.	8	5	8	58	8	5	8	58
4 4	4 39	7 32	8 13	8	58	9	46	8	58	9	46
4 4	4 39	7 31	8 46	9	46	10	29	9	46	10	29
4 4	4 40	7 31	9 15	10	29	11	11	10	29	11	11
4 4	4 41	7 30	9 43	11	11	11	55	11	11	11	55
4 4	4 42	7 29	10 9	11	55	ev.	40	11	55	ev.	40
4 4	4 43	7 29	10 37	ev.	40	1 28		ev.	40	1 28	
4 4	4 43	7 28	11 7	1 28		2 19		1 28		2 19	
4 4	4 44	7 27	11 39	2	19	3 14		2	19	3 14	
4 4	4 45	7 27	morn.	3	14	4 13		3	14	4 13	
4 4	4 46	7 26	0 17	4	13	5 9		4	13	5 9	
4 4	4 47	7 25	1 1	5	9	6 3		5	9	6 3	
4 4	4 48	7 24	1 48	6	3	7 38		6	3	7 38	
4 4	4 49	7 23	2 43	6	53	8 15		7	38	8 15	
4 4	4 49	7 22	3 40	7	38	9 15		8	15	9 15	
4 4	4 50	7 22	sets.	8	15	10 16		9	15	10 16	
4 4	4 51	7 21	7 35	8	58	11 39		10	16	11 39	
4 4	4 52	7 20	8 4	9	38	12 51		11	39	12 51	
4 4	4 53	7 19	8 31	10	16	1 15		12	51	1 15	
4 4	4 54	7 18	8 58	10	51	2 13		1	15	2 13	
4 4	4 55	7 17	9 26	11	39	3 14		2	13	3 14	

CALENDAR FOR BOSTON; NEW ENGLAND; and New York State, Michigan, Wisconsin, Iowa, and Oregon.											
SUN RISES.		SUN SETS.		MOON SETS.		MOON RISES.		H. W. BOSTON.		H. W. BOSTON.	
H. M.	M.	H. M.	M.	H. M.	M.	H. M.	M.	H. M.	M.	H. M.	M.
4 26	7 40	10 5	10 0	1 57							
4 26	7 40	10 25	2 35								
4 27	7 40	10 52	3 20								
4 27	7 39	11 20	4 7								
4 28	7 39	11 52	5 0								
4 29	7 39	morn.	5 59								
4 29	7 39	0 31	7 5								
4 30	7 38	1 17	8 14								
4 31	7 38	2 16	9 21								
4 31	7 38	3 24	10 27								
4 32	7 37	rises.	11 19								
4 33	7 37	8 16	ev. 12								
4 34	7 36	8 45	1 0								
4 34	7 36	9 15	1 43								
4 36	7 35	9 42	2 25								
4 37	7 34	10 7	3 9								
4 38	7 34	10 35	3 54								
4 39	7 33	11 3	4 42								
4 39	7 32	11 34	5 33								
4 40	7 32	morn.	6 28								
4 41	7 31	0 12	7 27								
4 42	7 30	0 56	8 23								
4 43	7 29	1 43	9 17								
4 44	7 28	2 38	10 7								
4 45	7 27	3 35	10 52								
4 46	7 26	sets.	11 29								
4 47	7 25	7 38	morn.								
4 48	7 24	8 5	0 12								
4 49	7 23	8 31	0 52								
4 50	7 22	8 57	1 30								
4 51	7 21	9 24	2 8								

Day of Month.	Day of Week.	Sun's decl. N.
1	tu	23° 6' 40"
2	w	23 2 31
3	th	22 57 48
4	fr	22 53 42
5	sa	22 47 12
6	su	22 41 18
7	mo	22 35 1
8	tu	22 28 20
9	w	22 21 16
10	th	22 13 49
11	fr	22 51 59
12	sa	21 37 46
13	su	21 49 10
14	mo	21 40 12
15	tu	21 30 52
16	w	21 21 10
17	th	21 11 6
18	fr	21 0 40
19	sa	21 49 53
20	su	20 38 44
21	mo	20 27 15
22	tu	20 15 25
23	w	20 3 13
24	th	19 50 45
25	fr	19 37 54
26	sa	19 21 44
27	su	19 11 15
28	mo	18 57 57
29	tu	18 43 25
30	w	18 28 55
31	th	18 14 11

SOURCES OF INSPIRATION.

What is more conducive to inspiration than a midsummer landscape? wherever the eye turns are fresh green hills, luxuriant foliage, smooth, shaded lawns, and trees laden with luscious fruits; while the more delicate floral world sends forth a grateful perfume. The fields of waving grain against the dark and distant wood, the shady forest path o'erhung with boughs moving to the music of the wind and revealing fitful glimpses of the clear blue heavens—all seem calculated to elevate the soul. There are voices breathing through all this beautiful world, voices "from the depths," borne from the harmonious realms of life intensified, softly vibrating on the inner sense. And yet, while those voices fall in divine melody on the ear, man goes to books—to hear of God—turns from his lesson of love to seek in ancient volumes "a God of wrath" to worship. While He is so near, inspiring His children with love and trust, they will close their hearts to the beautiful influence, and fear to live truly. While his immutable laws are silently working to bring them nearer His own glorious sphere, they will still live in fear and trembling, dreading an indignant Jehovah. While He has spread around them those sweet and tranquilizing influences, they will permit their less noble natures to rule, and live in contention, hatred, and strife, which is surely succeeded by retributive reaction.

HOW TO APPROACH THE SPIRITUAL.

Let your approaches to the Spiritual, by means of the "circle," be at stated times of the day or evening. Be systematic. Never protract the interview beyond an hour. Be completely and symmetrically harmonious and honorable in your dealings with your celestial visitors. Any other course will ultimate in confusion and disappointment. Tennyson has breathed the interior law that regulates profitable mediumship:

*"How pure at heart and sound in head,
With what divine affections bold,
Should be the man whose thought would hold
An hour's communion with the dead."*

THE TEACHER'S WORK.

Go, lift up the voice of thy spirit, and say to thy Brother: Turn within, O child of earth! Listen to the voice of the spirit of Love, and embrace its holy evangel! Submit not to the rule of thy outward and impure nature; but cause pride, unkindness, revenge, and all manner of selfishness, to give place to charity, forgiveness, and pure disinterestedness; for these are the offspring of Love. Thus shalt thou be filled with heavenly purity, and aid in the hastening of the glorious period of human unity and redemption.

AUGUST, 1862.

MOON'S PHASES.		BOSTON.	NEW YORK.	WASHINGTON.	CHARLES-TOWN.	Sun on Merid. or noon mark.
	D.	H. M.	H. M.	H. M.	H. M.	D. H. M.
First Quarter	2	0 12 mo.	12 0 ev.	11 48 ev.	11 37 ev.	1 12 6 3
Full Moon	9	5 19 ev.	4 57 ev.	4 45 ev.	4 34 ev.	9 12 5 15
Third Quarter	17	5 13 mo.	4 51 mo.	4 39 mo.	4 28 mo.	17 12 3 50
New Moon	25	4 56 mo.	1 44 mo.	4 32 mo.	4 21 mo.	25 12 1 53

[illegible][illegible]

Day of Month.	Day of Week.
1	Fr
2	Sa
3	Su
4	Mo
5	Tu
6	We
7	Th
8	Fr
9	Sa
10	Su
11	Mo
12	Tu
13	We
14	Th
15	Fr
16	Sa
17	Su
18	Mo
19	Tu
20	We
21	Th
22	Fr
23	Sa
24	Su
25	Mo
26	Tu
27	We
28	Th
29	Fr
30	Sa
31	Su

CALENDAR FOR N. YORK CITY: PHILADELPHIA: CONN., N.J., Jersey, Penn'a, Ohio, Indiana, and Illinois.									
SUN RISES.		MOON SETS.		MOON SETS.		N. Y. MORN.		N. Y. EVEN.	
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
4 56	7 16	9 57				0 27	1 21	2 29	3 39
4 57	7 15	10 34				1 21	2 29	3 39	4 51
4 58	7 13	11 18				2 29	3 39	4 51	6 0
4 59	7 13	11 18				3 39	4 51	6 0	7 0
5 0	7 12	0 9				4 51	6 0	7 0	8 10
5 0	7 11	1 11				5 0	6 0	7 0	8 10
5 0	7 10	2 19				6 0	7 0	8 10	9 21
5 0	7 9	3 32				7 0	8 10	9 21	10 39
5 0	7 8	4 45				8 10	9 21	10 39	11 18
5 0	7 7	5 58				9 21	10 39	11 18	12 30
5 0	7 6	7 11				10 39	11 18	12 30	1 31
5 0	7 5	8 24				11 18	12 30	1 31	2 32
5 0	7 4	9 37				12 30	1 31	2 32	3 33
5 0	7 3	10 50				1 31	2 32	3 33	4 34
5 0	7 2	12 03				2 32	3 33	4 34	5 35
5 0	7 1	1 16				3 33	4 34	5 35	6 36
5 0	7 0	2 29				4 34	5 35	6 36	7 37
5 0	6 59	3 42				5 35	6 36	7 37	8 38
5 0	6 58	4 55				6 36	7 37	8 38	9 39
5 0	6 57	6 08				7 37	8 38	9 39	10 40
5 0	6 56	7 21				8 38	9 39	10 40	11 41
5 0	6 55	8 34				9 39	10 40	11 41	12 42
5 0	6 54	9 47				10 40	11 41	12 42	1 43
5 0	6 53	11 00				11 41	12 42	1 43	2 44
5 0	6 52	12 13				12 42	1 43	2 44	3 45
5 0	6 51	1 26				1 43	2 44	3 45	4 46
5 0	6 50	2 39				2 44	3 45	4 46	5 47
5 0	6 49	3 52				3 45	4 46	5 47	6 48
5 0	6 48	5 05				4 46	5 47	6 48	7 49
5 0	6 47	6 18				5 47	6 48	7 49	8 50
5 0	6 46	7 31				6 48	7 49	8 50	9 51
5 0	6 45	8 44				7 49	8 50	9 51	10 52
5 0	6 44	9 57				8 50	9 51	10 52	11 53
5 0	6 43	11 10				9 51	10 52	11 53	12 54
5 0	6 42	12 23				10 52	11 53	12 54	1 55
5 0	6 41	1 36				11 53	12 54	1 55	2 56
5 0	6 40	2 49				12 54	1 55	2 56	3 57
5 0	6 39	4 02				1 55	2 56	3 57	4 58
5 0	6 38	5 15				2 56	3 57	4 58	5 59
5 0	6 37	6 28				3 57	4 58	5 59	6 00
5 0	6 36	7 41				4 58	5 59	6 00	7 01
5 0	6 35	8 54				5 59	6 00	7 01	8 02

CALENDAR FOR BOSTON; NEW ENGLAND, New York State, Michigan, Wisconsin, Iowa, and Oregon.									
SUN RISES.		FUN SETS.		MOON SETS.		H. W. RISSES.		H. W. SETS.	
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
4 52	7 20	9 54	2 52						
4 53	7 19	10 30	3 41						
4 54	7 18	11 13	4 38						
4 55	7 16	morn.	5 43						
4 56	7 15	0 4	6 53						
4 57	7 14	1 6	8 5						
4 58	7 13	2 14	9 14						
4 59	7 11	3 28	10 14						
5 0	7 10	rises.	11 1						
5 1	7 9	7 14	11 49						
5 2	7 8	7 42	ev. 35						
5 3	7 7	8 9	1 34						
5 4	7 5	8 35	1 53						
5 5	7 4	9 4	2 32						
5 6	7 2	9 35	3 17						
5 7	7 1	10 11	4 4						
5 8	7 0	10 51	4 57						
5 9	6 58	11 37	5 52						
5 10	6 56	morn.	7 52						
5 11	6 55	0 28	7 51						
5 12	6 54	1 24	8 47						
5 14	6 52	2 24	9 37						
5 15	6 51	3 27	10 15						
5 16	6 49	4 30	10 53						
5 17	6 48	sets.	11 43						
5 18	6 46	7 1	morn.						
5 19	6 44	7 28	0 25						
5 20	6 42	7 50	1 4						
5 21	6 41	8 33	1 47						
5 22	6 39	9 13	2 31						
5 23	6 37	10 3	3 26						

Day of Month.	Day of Week.	Sun's decl. N.
1	Fr	17 59 10
2	Sa	17 43 51
3	Ed	17 28 15
4	Th	17 12 23
5	Fr	16 56 12
6	Sa	16 39 46
7	Th	16 23 4
8	Fr	16 6 4
9	Sa	15 48 53
10	Ed	15 31 21
11	Th	15 13 41
12	Fr	14 55 42
13	Sa	14 37 29
14	Th	14 19 3
15	Fr	14 0 22
16	Sa	13 41 28
17	Ed	13 22 21
18	Th	13 3 1
19	Fr	12 43 28
20	Sa	12 23 43
21	Th	12 3 47
22	Fr	11 43 38
23	Sa	11 23 19
24	Th	11 2 49
25	Fr	10 42 8
26	Sa	10 21 17
27	Th	10 0 16
28	Fr	9 30 6
29	Sa	8 56 18
30	Th	8 33 42
31	Fr	8 10 12

THE BOUNDARY OF ANOTHER WORLD.

It has been said that "Nature, like an Orient maid, loves the obscuring veil to wear;" but how delicately is the drapery now withdrawn, revealing to our longing eyes the certainties of the Summer Land! Not in violation of any divine law, not by rushing upon holy ground rough-shod and without invitation, not by stumbling and driving headlong into revelations of truth too high for man. Quite otherwise have we acquired this positive knowledge of the hitherto Unknown. It has come, responsive to wants deeper and higher in man's nature, than his intellect could at first comprehend. He has obtained what he possesses by pushing through the overhanging darkness, in obedience to an *invisible attraction*, away between mountains of superstition, to the "Boundary of Another World."

"Nature and Nature's laws lay hid in night.
God said, 'Let Newton be,' and all was light!"

Mystery is but another name for ignorance. As man's mind is more or less undeveloped and ignorant—in many, if not in all directions—so is he encompassed with more or less of mystery. And very often man's veneration for a matter is in exact proportion to his ignorance regarding it. But as the Infinite has wisely constituted man's mental powers to triumph over his surrounding ignorance, so is he destined to make perpetual inroads through the wilderness of mystery. He urges his claims upon territories which stretch infinitely beyond the ken of science. He insists upon sounding the abysmal universe; of knowing things eternal and unseen; of accounting rationally and practically for what is put down in science as "unaccountable." To blot out the sun in the high heavens was an easy task compared with an effort successfully to repress the aggressive developments of man's mind. It will conquer its own enveloping ignorance, and it will roll the clouds of mystery from the sky of Reason.

Thus, one by one, as violets and flowers unfold in the spring, the interior senses of man's mind have opened upon the realities of Another World. What the true-minded Newton did for the development of mathematical science and astronomy, that have Swedenborg and the rank and file of Seers accomplished in the realms of Immortality. It is our impression that the relation subsisting between individual man on earth and the inhabitants of the Summer Land, will one day become as definitely *fixed in Science* as that of light to the eye, of sound to the ear, of thought to the intellect, of sympathy to the heart.

EVERY negative implies the affirmation of the contrary. The most powerful method of opposing evil is not to recognize, but to deny it; that is already the substitution of good.—FENCHTERSLEBEN.

SEPTEMBER, 1862.

MOON'S PHASES.												BOSTON.		NEW YORK.		WASH'TON.		CHARLES N.		Sun on Merid.			
												H.	M.	H.	M.	H.	M.	H.	M.	P.	H.	M.	
First Quarter												5	33	5	21	5	9	4	58	1	11	59	50
Full Moon												3	13	3	1	2	50	2	39	9	11	57	12
Third Quarter												11	38	11	26	11	14	11	3	17	11	54	24
New Moon												4	13	4	1	3	49	3	38	25	11	51	37
First Quarter												11	26	11	14	11	2	10	51				

CALENDAR FOR CHARLES N. NORTH											
Carolina, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.											
SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN
RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
5 35	6 25	11 25	0 13	5 35	6 25	11 25	0 13	5 35	6 25	11 25	0 13
5 35	6 24	morn.	0 29	5 36	6 22	0 29	2 31	5 36	6 22	0 29	2 31
5 37	6 21	1 36	3 41	5 37	6 21	1 36	3 41	5 37	6 21	1 36	3 41
5 37	6 20	2 43	4 45	5 37	6 20	2 43	4 45	5 38	6 19	3 50	5 41
5 38	6 19	3 50	5 41	5 38	6 18	4 54	7 6	5 39	6 16	rises.	7 49
5 39	6 16	rises.	7 49	5 40	6 15	6 44	7 49	5 40	6 15	6 44	7 49
5 40	6 14	7 18	8 30	5 40	6 14	7 18	8 30	5 41	6 12	7 53	9 9
5 41	6 12	7 53	9 9	5 41	6 12	7 53	9 9	5 42	6 11	8 32	9 46
5 42	6 11	8 32	9 46	5 42	6 11	8 32	9 46	5 42	6 9	9 14	10 29
5 43	6 9	9 14	10 29	5 43	6 8	9 58	11 18	5 43	6 7	10 47	ev. 11
5 44	6 7	10 47	ev. 11	5 44	6 6	11 40	1 9	5 45	6 5	morn.	2 4
5 45	6 5	morn.	2 4	5 45	6 4	0 35	3 55	5 45	6 4	0 35	3 55
5 46	6 3	0 35	3 55	5 46	6 3	1 30	4 48	5 46	6 2	2 29	4 48
5 47	6 2	2 29	4 48	5 47	6 2	2 29	4 48	5 47	6 0	3 26	5 36
5 48	5 59	4 28	6 20	5 48	5 59	4 28	6 20	5 48	5 57	sets.	7 1
5 48	5 57	sets.	7 1	5 49	5 55	6 11	7 44	5 49	5 55	6 11	7 44
5 49	5 55	6 11	7 44	5 50	5 53	6 49	8 30	5 50	5 53	6 49	8 30
5 50	5 53	6 39	9 17	5 50	5 53	7 35	9 17	5 50	5 53	7 35	9 17
5 51	5 52	7 22	10 6	5 51	5 51	8 25	10 6	5 52	5 50	9 21	11 4
5 52	5 51	8 9	5	5 52	5 49	9 5	5	5 52	5 48	10 24	morn.
5 53	5 49	9 5	5	5 53	5 47	10 8	5	5 53	5 46	11 29	0 6
5 55	5 45	11 14		5 55	5 45	11 14		5 55	5 45	11 14	

CALENDAR FOR WASHINGTON											
Mary'd, Virg'a, Ken'y, Missouri, and California.											
SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN
RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
5 29	6 31	11 9	0 13	5 29	6 31	11 9	0 13	5 29	6 31	11 9	0 13
5 30	6 30	morn.	0 13	5 30	6 30	morn.	0 13	5 30	6 30	morn.	0 13
5 31	6 28	0 29	2 31	5 31	6 28	0 29	2 31	5 31	6 28	0 29	2 31
5 32	6 27	1 22	3 43	5 32	6 27	1 22	3 43	5 32	6 27	1 22	3 43
5 33	6 25	2 33	4 45	5 33	6 25	2 33	4 45	5 33	6 25	2 33	4 45
5 34	6 24	3 43	5 41	5 34	6 24	3 43	5 41	5 34	6 24	3 43	5 41
5 35	6 23	4 50	7 6	5 35	6 23	4 50	7 6	5 35	6 23	4 50	7 6
5 36	6 21	rises.	7 49	5 36	6 20	6 39	7 42	5 36	6 20	6 39	7 42
5 37	6 18	7 10	8 18	5 37	6 18	7 10	8 18	5 37	6 17	7 42	8 30
5 38	6 17	7 42	9 9	5 38	6 17	7 42	9 9	5 38	6 16	8 18	9 32
5 39	6 15	8 18	10 29	5 39	6 15	8 18	10 29	5 39	6 14	8 59	11 18
5 40	6 13	8 59	11 24	5 40	6 13	8 59	11 24	5 40	6 12	9 42	12 1
5 41	6 12	9 42	12 1	5 41	6 12	9 42	12 1	5 41	6 10	10 31	1 24
5 42	6 10	10 31	1 24	5 42	6 10	10 31	1 24	5 42	6 9	11 24	2 4
5 43	6 7	morn.	3 5	5 43	6 7	morn.	3 5	5 43	6 5	0 21	4 55
5 44	6 5	0 21	4 55	5 44	6 5	0 21	4 55	5 44	6 4	2 17	5 48
5 45	6 2	2 20	5 48	5 45	6 2	2 20	5 48	5 45	6 2	2 17	5 48
5 46	6 1	3 21	6 36	5 46	6 1	3 21	6 36	5 46	6 1	3 19	6 36
5 47	5 59	4 26	7 20	5 47	5 59	4 26	7 20	5 47	5 59	4 26	7 20
5 48	5 57	sets.	8 1	5 48	5 57	sets.	8 1	5 48	5 57	sets.	8 1
5 49	5 55	6 4	8 44	5 49	5 55	6 4	8 44	5 49	5 55	6 4	8 44
5 50	5 53	6 39	9 30	5 50	5 53	6 39	9 30	5 50	5 53	6 39	9 30
5 51	5 52	7 22	10 6	5 51	5 52	7 22	10 6	5 51	5 52	7 22	10 6
5 52	5 51	8 9	5	5 52	5 50	8 4	11 6	5 52	5 49	8 59	morn.
5 53	5 49	9 5	5	5 53	5 49	9 5	5	5 53	5 47	10 2	0 4
5 54	5 47	10 8	5	5 54	5 47	10 8	5	5 54	5 46	10 2	0 4
5 55	5 45	11 14		5 55	5 45	11 14		5 55	5 45	11 14	

CALENDAR FOR N. YORK CITY; PHILADELPHIA, CONN., NEW-JERSEY, PENN'A., OHIO, INDIANA, AND ILLINOIS.											
SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN
RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
5 27	6 33	11 3	0 13	5 27	6 33	11 3	0 13	5 27	6 33	11 3	0 13
5 28	6 32	morn.	0 8	5 28	6 32	morn.	0 8	5 28	6 32	morn.	0 8
5 29	6 30	0 8	3 31	5 29	6 30	0 8	3 31	5 29	6 30	0 8	3 31
5 30	6 29	1 18	4 41	5 30	6 29	1 18	4 41	5 30	6 29	1 18	4 41
5 31	6 27	2 30	5 45	5 31	6 27	2 30	5 45	5 31	6 27	2 30	5 45
5 32	6 26	3 40	6 41	5 32	6 26	3 40	6 41	5 32	6 26	3 40	6 41
5 33	6 24	4 49	7 27	5 33	6 24	4 49	7 27	5 33	6 24	4 49	7 27
5 34	6 23	rises.	8 6	5 34	6 23	rises.	8 6	5 34	6 23	rises.	8 6
5 35	6 21	6 38	8 49	5 35	6 21	6 38	8 49	5 35	6 21	6 38	8 49
5 36	6 19	7 7	9 30	5 36	6 19	7 7	9 30	5 36	6 19	7 7	9 30
5 37	6 18	7 38	10 9	5 37	6 18	7 38	10 9	5 37	6 18	7 38	10 9
5 38	6 16	8 14	10 46	5 38	6 16	8 14	10 46	5 38	6 16	8 14	10 46
5 39	6 14	8 53	11 29	5 39	6 14	8 53	11 29	5 39	6 14	8 53	11 29
5 40	6 12	9 36	ev. 18	5 40	6 12	9 36	ev. 18	5 40	6 12	9 36	ev. 18
5 41	6 10	10 25	1 11	5 41	6 10	10 25	1 11	5 41	6 10	10 25	1 11
5 42	6 8	11 19	2 9	5 42	6 8	11 19	2 9	5 42	6 7	morn.	3 4
5 43	6 7	morn.	3 4	5 43	6 7	morn.	3 4	5 43	6 5	0 16	4 22
5 44	6 5	0 16	4 22	5 44	6 5	0 16	4 22	5 44	6 4	2 15	4 55
5 45	6 2	2 17	5 48	5 45	6 2	2 17	5 48	5 45	6 2	2 17	5 48
5 46	6 1	3 19	6 36	5 46	6 1	3 19	6 36	5 46	6 1	3 19	6 36
5 47	5 59	4 26	7 20	5 47	5 59	4 26	7 20	5 47	5 59	4 26	7 20
5 48	5 57	sets.	8 1	5 48	5 57	sets.	8 1	5 48	5 57	sets.	8 1
5 49	5 55	6 2	8 44	5 49	5 55	6 2	8 44	5 49	5 55	6 2	8 44
5 50	5 53	6 35	9 30	5 50	5 53	6 35	9 30	5 50	5 53	6 35	9 30
5 51	5 52	7 17	10 17	5 51	5 52	7 17	10 17	5 51	5 52	7 17	10 17
5 52	5 50	8 4	11 6	5 52	5 50	8 4	11 6	5 52	5 49	8 59	morn.
5 53	5 49	8 59	morn.	5 53	5 49	8 59	morn.	5 53	5 47	10 2	0 4
5 54	5 47	10 2	0 4	5 54	5 47	10 2	0 4	5 54	5 46	10 2	0 4
5 55	5 45	11 9	1 6	5 55	5 45	11 9	1 6	5 55	5 45	11 9	1 6

CALENDAR FOR BOSTON; NEW ENGLAND, NEW YORK STATE, MICHIGAN, WISCONSIN, IOWA, AND OREGON.											
SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN	SUN
RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.	RISES.	SETS.
H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
5 24	6 36	10 57	4 27	5 24	6 36	10 57	4 27	5 24	6 36	10 57	4 27
5 26	6 35	morn.	3 45	5 26	6 35	morn.	3 45	5 26	6 35	morn.	3 45
5 27	6 33	0 3	6 45	5 27	6 33	0 3	6 45	5 27	6 33	0 3	6 45
5 28	6 31	1 13	7 55	5 28	6 31	1 13	7 55	5 28	6 31	1 13	7 55
5 29	6 30	2 26	8 59	5 29	6 30	2 26	8 59	5 29	6 30	2 26	8 59
5 30	6 28	3 38	9 55	5 30	6 28	3 38	9 55	5 30	6 28	3 38	9 55
5 31											

MARRIAGES OF BLOOD RELATIVES.

The Commonwealth of Massachusetts desired, a few years since, to ascertain the number of idiots in the State, with a view to arrangements for their welfare, as well as to establish the statistics of the case. The Legislature sent out a Commission of Inquiry, and the report of that Commission lies before us. One passage, page 90, gives "the statistics of the seventeen families, the heads of which, being blood relatives, inter-married," which he had occasion to inquire about in the discharge of his commission. Ninety-five children were the issue of these seventeen marriages. Of the ninety-five children, one was a dwarf, one was deaf, twelve others were scrofulous and puny, and forty-four were idiots. *Forty-four were idiots!* Nature speaks plainly enough here; and no considerations of sentiment, custom, or prejudice, should drown her voice.

PR

THE RED MAN'S HISTORY.

The Indian history is one of cruelty and outrage. Their story has been many times written by Christian penmen, and put into books of romance; but the Great Spirit hath written the *real* history of their wrongs upon the very face and forehead of Christian civilization. Perhaps the penalties of Eternal Justice are seen and felt in the myriad sufferings and falsities of the White man's institutions, by which the Red men have been maltreated and driven from their rightful homes and haunts, and brutalized by the very people who should have taught and fraternized with them and their descendants.

OUR CONFESSION OF FAITH.

We believe that the time will come when Mankind can truly say: Each is as the Whole, and the Whole as One—whose Temple is the Wisdom of every Age and Nation; whose Bible is Experience; whose Master is Reason; whose Language consists of all Forms and Kingdoms; whose Law is Love to Man; whose Religion is Justice; whose Light is Truth; whose Principle is Association; whose Path is Progression; whose Works are Development; whose Motto is Excelsior; whose Home is Heaven; whose Heaven is Harmony; whose Mother is all Nature; and whose Father is the Universal God.

THE ETERNAL MARRIAGE.

Thou art mine, I am thine;
In one melodious chime
Our souls shall vibrate in the coming time.

I am thine, thou art mine;
Our lives shall sweetly blend,
And flow together until time shall end!—C. N. K.

OCTOBER, 1862.

MOON'S PHASES.										BOSTON.		NEW YORK.		WASH'TON.		CHARLES'N.		Sun on Merid. or noon mark.			
										H.	M.	H.	M.	H.	M.	H.	M.	D.	H.	M.	
Full Moon										7	4	3	51	3	39	3	23	1	11	49	38
Third Quarter										15	6	58	46	6	34	6	23	9	11	47	17
New Moon										23	2	52	40	2	29	2	18	17	11	45	24
First Quarter										29	7	0	48	6	36	6	25	25	11	44	11

CALENDAR FOR CHARLES'N: NORTH Carolina, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.											
SUN		MOON		SUN		MOON		SUN		MOON	
RISES.	SETS.	R.	M.	R.	M.	R.	M.	R.	M.	R.	M.
5 54	5 45	5 54	5 45	5 54	5 45	5 54	5 45	5 54	5 45	5 54	5 45
5 55	5 44	5 55	5 44	5 55	5 44	5 55	5 44	5 55	5 44	5 55	5 44
5 55	5 43	5 55	5 43	5 55	5 43	5 55	5 43	5 55	5 43	5 55	5 43
5 56	5 42	5 56	5 42	5 56	5 42	5 56	5 42	5 56	5 42	5 56	5 42
5 56	5 41	5 56	5 41	5 56	5 41	5 56	5 41	5 56	5 41	5 56	5 41
5 56	5 40	5 56	5 40	5 56	5 40	5 56	5 40	5 56	5 40	5 56	5 40
5 56	5 39	5 56	5 39	5 56	5 39	5 56	5 39	5 56	5 39	5 56	5 39
5 56	5 38	5 56	5 38	5 56	5 38	5 56	5 38	5 56	5 38	5 56	5 38
5 56	5 37	5 56	5 37	5 56	5 37	5 56	5 37	5 56	5 37	5 56	5 37
5 56	5 36	5 56	5 36	5 56	5 36	5 56	5 36	5 56	5 36	5 56	5 36
5 56	5 35	5 56	5 35	5 56	5 35	5 56	5 35	5 56	5 35	5 56	5 35
5 56	5 34	5 56	5 34	5 56	5 34	5 56	5 34	5 56	5 34	5 56	5 34
5 56	5 33	5 56	5 33	5 56	5 33	5 56	5 33	5 56	5 33	5 56	5 33
5 56	5 32	5 56	5 32	5 56	5 32	5 56	5 32	5 56	5 32	5 56	5 32
5 56	5 31	5 56	5 31	5 56	5 31	5 56	5 31	5 56	5 31	5 56	5 31
5 56	5 30	5 56	5 30	5 56	5 30	5 56	5 30	5 56	5 30	5 56	5 30
5 56	5 29	5 56	5 29	5 56	5 29	5 56	5 29	5 56	5 29	5 56	5 29
5 56	5 28	5 56	5 28	5 56	5 28	5 56	5 28	5 56	5 28	5 56	5 28
5 56	5 27	5 56	5 27	5 56	5 27	5 56	5 27	5 56	5 27	5 56	5 27
5 56	5 26	5 56	5 26	5 56	5 26	5 56	5 26	5 56	5 26	5 56	5 26
5 56	5 25	5 56	5 25	5 56	5 25	5 56	5 25	5 56	5 25	5 56	5 25
5 56	5 24	5 56	5 24	5 56	5 24	5 56	5 24	5 56	5 24	5 56	5 24
5 56	5 23	5 56	5 23	5 56	5 23	5 56	5 23	5 56	5 23	5 56	5 23
5 56	5 22	5 56	5 22	5 56	5 22	5 56	5 22	5 56	5 22	5 56	5 22
5 56	5 21	5 56	5 21	5 56	5 21	5 56	5 21	5 56	5 21	5 56	5 21
5 56	5 20	5 56	5 20	5 56	5 20	5 56	5 20	5 56	5 20	5 56	5 20
5 56	5 19	5 56	5 19	5 56	5 19	5 56	5 19	5 56	5 19	5 56	5 19
5 56	5 18	5 56	5 18	5 56	5 18	5 56	5 18	5 56	5 18	5 56	5 18
5 56	5 17	5 56	5 17	5 56	5 17	5 56	5 17	5 56	5 17	5 56	5 17
5 56	5 16	5 56	5 16	5 56	5 16	5 56	5 16	5 56	5 16	5 56	5 16
5 56	5 15	5 56	5 15	5 56	5 15	5 56	5 15	5 56	5 15	5 56	5 15
5 56	5 14	5 56	5 14	5 56	5 14	5 56	5 14	5 56	5 14	5 56	5 14
5 56	5 13	5 56	5 13	5 56	5 13	5 56	5 13	5 56	5 13	5 56	5 13
5 56	5 12	5 56	5 12	5 56	5 12	5 56	5 12	5 56	5 12	5 56	5 12
5 56	5 11	5 56	5 11	5 56	5 11	5 56	5 11	5 56	5 11	5 56	5 11
5 56	5 10	5 56	5 10	5 56	5 10	5 56	5 10	5 56	5 10	5 56	5 10
5 56	5 9	5 56	5 9	5 56	5 9	5 56	5 9	5 56	5 9	5 56	5 9
5 56	5 8	5 56	5 8	5 56	5 8	5 56	5 8	5 56	5 8	5 56	5 8
5 56	5 7	5 56	5 7	5 56	5 7	5 56	5 7	5 56	5 7	5 56	5 7
5 56	5 6	5 56	5 6	5 56	5 6	5 56	5 6	5 56	5 6	5 56	5 6
5 56	5 5	5 56	5 5	5 56	5 5	5 56	5 5	5 56	5 5	5 56	5 5
5 56	5 4	5 56	5 4	5 56	5 4	5 56	5 4	5 56	5 4	5 56	5 4
5 56	5 3	5 56	5 3	5 56	5 3	5 56	5 3	5 56	5 3	5 56	5 3
5 56	5 2	5 56	5 2	5 56	5 2	5 56	5 2	5 56	5 2	5 56	5 2
5 56	5 1	5 56	5 1	5 56	5 1	5 56	5 1	5 56	5 1	5 56	5 1
5 56	5 0	5 56	5 0	5 56	5 0	5 56	5 0	5 56	5 0	5 56	5 0
5 56	4 59	5 56	4 59	5 56	4 59	5 56	4 59	5 56	4 59	5 56	4 59
5 56	4 58	5 56	4 58	5 56	4 58	5 56	4 58	5 56	4 58	5 56	4 58
5 56	4 57	5 56	4 57	5 56	4 57	5 56	4 57	5 56	4 57	5 56	4 57
5 56	4 56	5 56	4 56	5 56	4 56	5 56	4 56	5 56	4 56	5 56	4 56
5 56	4 55	5 56	4 55	5 56	4 55	5 56	4 55	5 56	4 55	5 56	4 55
5 56	4 54	5 56	4 54	5 56	4 54	5 56	4 54	5 56	4 54	5 56	4 54
5 56	4 53	5 56	4 53	5 56	4 53	5 56	4 53	5 56	4 53	5 56	4 53
5 56	4 52	5 56	4 52	5 56	4 52	5 56	4 52	5 56	4 52	5 56	4 52
5 56	4 51	5 56	4 51	5 56	4 51	5 56	4 51	5 56	4 51	5 56	4 51
5 56	4 50	5 56	4 50	5 56	4 50	5 56	4 50	5 56	4 50	5 56	4 50
5 56	4 49	5 56	4 49	5 56	4 49	5 56	4 49	5 56	4 49	5 56	4 49
5 56	4 48	5 56	4 48	5 56	4 48	5 56	4 48	5 56	4 48	5 56	4 48
5 56	4 47	5 56	4 47	5 56	4 47	5 56	4 47	5 56	4 47	5 56	4 47
5 56	4 46	5 56	4 46	5 56	4 46	5 56	4 46	5 56	4 46	5 56	4 46
5 56	4 45	5 56	4 45	5 56	4 45	5 56	4 45	5 56	4 45	5 56	4 45
5 56	4 44	5 56	4 44	5 56	4 44	5 56	4 44	5 56	4 44	5 56	4 44
5 56	4 43	5 56	4 43	5 56	4 43	5 56	4 43	5 56	4 43	5 56	4 43
5 56	4 42	5 56	4 42	5 56	4 42	5 56	4 42	5 56	4 42	5 56	4 42
5 56	4 41	5 56	4 41	5 56	4 41	5 56	4 41	5 56	4 41	5 56	4 41
5 56	4 40	5 56	4 40	5 56	4 40	5 56	4 40	5 56	4 40	5 56	4 40
5 56	4 39	5 56	4 39	5 56	4 39	5 56	4 39	5 56	4 39	5 56	4 39
5 56	4 38	5 56	4 38	5 56	4 38	5 56	4 38	5 56	4 38	5 56	4 38
5 56	4 37	5 56	4 37	5 56	4 37	5 56	4 37	5 56	4 37	5 56	4 37
5 56	4 36	5 56	4 36	5 56	4 36	5 56	4 36	5 56	4 36	5 56	4 36
5 56	4 35	5 56	4 35	5 56	4 35	5 56	4 35	5 56	4 35	5 56	4 35
5 56	4 34	5 56	4 34	5 56	4 34	5 56	4 34	5 56	4 34	5 56	4 34
5 56	4 33	5 56	4 33	5 56	4 33	5 56	4 33	5 56	4 33	5 56	4 33
5 56	4 32	5 56	4 32	5 56	4 32	5 56	4 32	5 56	4 32	5 56	4 32
5 56	4 31	5 56	4 31	5 56	4 31	5 56	4 31	5 56	4 31	5 56	4 31
5 56	4 30	5 56	4 30	5 56	4 30	5 56	4 30	5 56	4 30	5 56	4 30
5 56	4 29	5 56	4 29	5 56	4 29	5 56	4 29	5 56	4 29	5 56	4 29
5 56	4 28	5 56	4 28	5 56	4 28	5 56	4 28	5 56	4 28	5 56	4 28
5 56	4 27	5 56	4 27	5 56	4 27	5 56	4 27	5 56	4 27	5 56	4 27
5 56	4 26	5 56	4 26	5 56	4 26	5 56	4 26	5 56	4 26	5 56	4 26
5 56	4 25	5 56	4 25	5 56	4 25	5 56	4 25	5 56	4 25	5 56	4 25
5 56	4 24	5 56	4 24	5 56	4 24	5 56	4 24	5 56	4 24	5 56	4 24
5 56	4 23	5 56	4 23	5 56	4 23	5 56	4 23	5 56	4 23	5 56	4 23
5 56	4 22	5 56	4 22	5 56	4 22	5 56	4 22	5 56	4 22	5 56	4 22
5 56	4 21	5 56	4 21	5 56	4 21	5 56	4 21	5 56	4 21	5 56	4 21
5 56	4 20	5 56	4 20	5 56	4 20	5 56	4 20	5 56	4 20	5 56	4 20
5 56	4 19	5 56	4 19	5 56	4 19	5 56	4 19	5 56	4 19	5 56	4 19
5 56	4 18	5 56	4 18	5 56	4 18	5 56	4 18	5 56	4 18	5 56	4 18
5 56	4 17	5 56	4 17	5 56	4 17	5 56	4 17	5 56	4 17	5 56	4 17
5 56	4 16	5 56	4 16	5 56	4 16	5 56	4 16	5 56	4 16	5 56	4 16
5 56	4 15	5 56	4 15	5 56	4 15	5 56	4 15	5 56	4 15	5 56	4 15
5 56	4 14	5 56	4 14	5 56	4 14	5 56	4 14	5 56	4 14	5 56	4 14
5 56	4 13	5 56	4 13	5 56	4 13	5 56	4 13	5 56	4 13	5 56	4 13
5 56	4 12	5 56	4 12	5 56	4 12	5 56	4 12	5 56	4 12	5 56	4 12
5 56	4 11	5 56	4 11	5 56	4 11	5 56	4 11	5 56	4 11	5 56	4 11
5 56	4 10	5 56	4 10	5 56	4 10	5 56	4 10	5 56	4 10	5 56	4 10
5 56	4 9	5 56	4 9	5 56	4 9	5 56	4 9	5 56	4 9	5 56	4 9
5 56	4 8	5 56	4 8	5 56	4 8	5 56	4 8	5 56	4 8	5 56	4 8
5 56	4 7	5 56	4 7	5 56	4 7	5 56	4 7	5 56	4 7	5 56	4 7
5 56	4 6	5 56	4 6	5 56	4 6	5 56	4 6	5 56	4 6	5 56	4 6
5 56	4 5	5 56	4 5	5 56	4 5	5 56	4 5	5 56	4 5	5 56	4 5
5 56	4 4	5 56	4 4	5 56	4 4	5 56	4 4	5 56	4 4	5 56	4 4
5 56	4 3	5 56	4 3	5 56	4 3	5 56	4 3	5 56	4 3	5 56	4 3
5 56	4 2	5 56	4 2	5 56	4 2	5 56	4 2	5 56	4 2	5 56	4 2
5 56	4 1	5 56	4 1	5 56	4 1	5 56	4 1	5 56	4 1	5 56	4 1
5 56	4 0										

OUR EARTHLY LIFE.

Our earthly life, with its limitations, is a chapter in the soul's experience, which, if rightly improved, will afford us joy through all the eternal ages. "Strength is born in the deep silence of long suffering hearts;" and with our being thus renewed, we can go forth into the waste places to give strength to the weak, hope to the despairing, and help to the faint and faltering pilgrim on the scorching sands of life's arid desert. Not only do we become to others the ministers of gladness, but sorrow gives us to ourselves. By the latent spiritual energy which it awakens, we can make all the lower in our natures subservient to the higher and the highest, and convert the fetters of circumstance, and the leaden mountains of grief, into footholds in that "never-ending spiral" which leads to the gates of light.

NATURAL HONESTY BETTER THAN CONVERSION.

"I am in a strait, often, betwixt two," says Henry Ward Beecher. "I do believe in conversion, and in the power of new spiritual life; but, after all, my own observation has gone to show that a *naturally mean man is very apt to have his meanness stick to him after he becomes a professor of religion.* A good Christian needs to be born again, *but it is very necessary that he should have been well born when first born.* When, therefore, a man wants a trustworthy man, he wants that he should have natural honesty to begin with." But natural honesty, like all beginnings, needs to be educated and developed; and a Christian ethical education, induced upon natural integrity, makes a man valuable beyond gold or silver in the community."

A COMPARISON.

The damps of autumn sink into the leaves, and prepare them for the necessity of the fall; and thus insensibly are we, as years close round us, detached from our tenacity to life by the gentle pressure of recorded sorrows.—WALTER SAVAGE LANDOR.

GOOD ALONE IS ENDLESS.

Naught eternal is
But that which is of God. All pain and woe
Are therefore finite. Can the robber steal
From God? All souls are His, and Him derived,
And thus are good, and *Good alone is endless.*
But Evil, having birth from second causes,
Created things, gross matter, and their laws,
Is not from all eternity with God,
But hath a recent origin, and thus
Hath not an endless, but a casual being,
And must expire where its reign began.—Festus.

NOVEMBER, 1862.

MOON'S PHASES.		BOSTON.	NEW YORK.	WASH'TON.	CHARLES'N.	Sun on Merid. or noon mark.			
	d.	h. m.	h. m.	h. m.	h. m.	d.	h. m.	s.	
Full Moon	6	8 4 mo.	7 52 mo.	7 41 mo.	7 30 mo.	1	11 43	44	
Third Quarter.....	14	1 26 ev.	1 14 ev.	1 2 ev.	0 51 ev.	9	11 44	0	
New Moon	21	1 30 ev.	1 18 ev.	1 6 ev.	0 55 ev.	17	11 45	11	
First Quarter	28	5 18 mo.	5 6 mo.	4 54 mo.	4 43 mo.	25	11 47	15	

CALENDAR FOR CHARLES'N' NORTH									
Carroll, Tennessee, Geo., Alabama, Missis- sippi, and Louisiana.									
SUN		MOON		H. W.		C. W.		C. W.	
DATE.	H. M.	DATE.	H. M.	DATE.	H. M.	DATE.	H. M.	DATE.	H. M.
1	5 16	5 11	1 39	2 53	2 53	2 53	2 53	2 53	2 53
2	5 17	5 10	2 38	3 48	3 48	3 48	3 48	3 48	3 48
3	5 18	5 9	3 36	4 39	4 39	4 39	4 39	4 39	4 39
4	5 19	5 8	4 34	5 27	5 27	5 27	5 27	5 27	5 27
5	5 20	5 8	5 30	6 11	6 11	6 11	6 11	6 11	6 11
6	5 21	5 7	rises.	6 49	6 49	6 49	6 49	6 49	6 49
7	5 22	5 6	5 48	7 31	7 31	7 31	7 31	7 31	7 31
8	5 23	5 5	6 34	8 16	8 16	8 16	8 16	8 16	8 16
9	5 24	5 4	7 25	8 57	8 57	8 57	8 57	8 57	8 57
10	5 25	5 3	8 17	9 37	9 37	9 37	9 37	9 37	9 37
11	5 26	5 3	9 10	10 19	10 19	10 19	10 19	10 19	10 19
12	5 27	5 2	10 6	11 6	11 6	11 6	11 6	11 6	11 6
13	5 28	5 1	11 0	11 53	11 53	11 53	11 53	11 53	11 53
14	5 29	5 1	11 58	ev. 41	ev. 41	ev. 41	ev. 41	ev. 41	ev. 41
15	5 30	5 0	0 morn.	1 34	1 34	1 34	1 34	1 34	1 34
16	5 31	4 59	0 55	2 28	2 28	2 28	2 28	2 28	2 28
17	5 32	4 59	1 55	3 23	3 23	3 23	3 23	3 23	3 23
18	5 33	4 58	2 59	4 21	4 21	4 21	4 21	4 21	4 21
19	5 34	4 58	4 5	5 17	5 17	5 17	5 17	5 17	5 17
20	5 35	4 57	5 14	6 14	6 14	6 14	6 14	6 14	6 14
21	5 36	4 57	sets.	7 5	7 5	7 5	7 5	7 5	7 5
22	5 37	4 56	5 55	8 2	8 2	8 2	8 2	8 2	8 2
23	5 38	4 56	7 3	8 56	8 56	8 56	8 56	8 56	8 56
24	5 39	4 56	8 12	9 46	9 46	9 46	9 46	9 46	9 46
25	5 40	4 55	9 23	10 42	10 42	10 42	10 42	10 42	10 42
26	5 41	4 55	10 28	11 35	11 35	11 35	11 35	11 35	11 35
27	5 42	4 55	11 32	morn.	morn.	morn.	morn.	morn.	morn.
28	5 43	4 55	morn.	0 23	0 23	0 23	0 23	0 23	0 23
29	5 44	4 55	1 22	2 17	2 17	2 17	2 17	2 17	2 17

SUN		MORN		AFTERNOON		EVENING		MOON	
REV.	H. M.	REV.	H. M.	REV.	H. M.	REV.	H. M.	REV.	H. M.
1	5 27	1	5 27	1	5 27	1	5 27	1	5 27
2	5 28	2	5 28	2	5 28	2	5 28	2	5 28
3	5 29	3	5 29	3	5 29	3	5 29	3	5 29
4	5 30	4	5 30	4	5 30	4	5 30	4	5 30
5	5 31	5	5 31	5	5 31	5	5 31	5	5 31
6	5 32	6	5 32	6	5 32	6	5 32	6	5 32
7	5 33	7	5 33	7	5 33	7	5 33	7	5 33
8	5 34	8	5 34	8	5 34	8	5 34	8	5 34
9	5 35	9	5 35	9	5 35	9	5 35	9	5 35
10	5 36	10	5 36	10	5 36	10	5 36	10	5 36
11	5 37	11	5 37	11	5 37	11	5 37	11	5 37
12	5 38	12	5 38	12	5 38	12	5 38	12	5 38
13	5 39	13	5 39	13	5 39	13	5 39	13	5 39
14	5 40	14	5 40	14	5 40	14	5 40	14	5 40
15	5 41	15	5 41	15	5 41	15	5 41	15	5 41
16	5 42	16	5 42	16	5 42	16	5 42	16	5 42
17	5 43	17	5 43	17	5 43	17	5 43	17	5 43
18	5 44	18	5 44	18	5 44	18	5 44	18	5 44
19	5 45	19	5 45	19	5 45	19	5 45	19	5 45
20	5 46	20	5 46	20	5 46	20	5 46	20	5 46
21	5 47	21	5 47	21	5 47	21	5 47	21	5 47
22	5 48	22	5 48	22	5 48	22	5 48	22	5 48
23	5 49	23	5 49	23	5 49	23	5 49	23	5 49
24	5 50	24	5 50	24	5 50	24	5 50	24	5 50
25	5 51	25	5 51	25	5 51	25	5 51	25	5 51
26	5 52	26	5 52	26	5 52	26	5 52	26	5 52
27	5 53	27	5 53	27	5 53	27	5 53	27	5 53
28	5 54	28	5 54	28	5 54	28	5 54	28	5 54
29	5 55	29	5 55	29	5 55	29	5 55	29	5 55
30	5 56	30	5 56	30	5 56	30	5 56	30	5 56
31	5 57	31	5 57	31	5 57	31	5 57	31	5 57
32	5 58	32	5 58	32	5 58	32	5 58	32	5 58
33	5 59	33	5 59	33	5 59	33	5 59	33	5 59
34	5 60	34	5 60	34	5 60	34	5 60	34	5 60

Day of Month.	Day of Week.
1	Sa
2	El
3	M
4	Tu
5	W
6	Th
7	Fr
8	Sa
9	El
10	M
11	Tu
12	W
13	Th
14	Fr
15	Sa
16	El
17	M
18	Tu
19	W
20	Th
21	Fr
22	Sa
23	El
24	M
25	Tu
26	W
27	Th
28	Fr
29	Sa
30	El

CALENDAR FOR N. Y. CITY: PHILADELPHIA, N. J., INDIANA, & ILLINOIS.												
SUN RISE.		SUN SET.		MOON SETS.		H. W. N. Y.		H. M. N. Y.		H. M. N. Y.		
6	20	4	59	1	35	3	53	3	53	3	53	
6	30	4	58	2	40	4	48	4	48	4	48	
6	31	4	57	3	41	5	39	5	39	5	39	
6	32	4	56	4	43	6	27	6	27	6	27	
6	33	4	55	5	44	7	11	7	11	7	11	
6	35	4	53	rises.		7	49	7	49	7	49	
6	36	4	52	5	27	8	31	8	31	8	31	
6	38	4	50	6	13	9	16	9	16	9	16	
6	40	4	48	7	3	9	57	9	57	9	57	
6	43	4	47	8	53	11	19	11	19	11	19	
6	44	4	46	9	51	ev.	6	ev.	6	ev.	6	ev.
6	45	4	45	10	50	5	50	10	50	5	50	
6	45	4	44	11	51	1	41	1	41	1	41	
6	47	4	43	morn.		2	34	2	34	2	34	
6	48	4	42	0	54	3	28	3	28	3	28	
6	49	4	41	1	58	4	23	4	23	4	23	
6	50	4	40	3	6	5	21	5	21	5	21	
6	51	4	40	4	16	6	17	6	17	6	17	
6	52	4	39	5	31	7	14	7	14	7	14	
6	54	4	38	sets.		8	5	8	5	8	5	
6	55	4	38	5	34	9	2	9	2	9	2	
6	56	4	37	6	42	9	56	9	56	9	56	
6	57	4	36	7	54	10	46	7	54	10	46	
6	58	4	36	9	9	11	42	9	9	11	42	
6	59	4	35	10	19	morn.		10	19	morn.		
7	0	4	34	11	27	0	35	11	27	0	35	
7	1	4	34	morn.		1	29	1	29	1	29	
7	2	4	33	0	32	2	24	2	24	2	24	
7	4	4	33	1	26	3	17	3	17	3	17	

[illegible]

Day of Month	Day of Week	°	'	"	Sun's decl. p.
1	sa	14	31	15	
2	sa	14	50	20	
3	nl	15	9	10	
4	nl	15	27	45	
5	w	15	46	4	
6	th	16	4	8	
7	fr	16	21	57	
8	sa	16	39	28	
9	sa	16	56	42	
10	m	17	13	40	
11	tu	17	30	20	
12	w	17	46	41	
13	th	18	2	44	
14	fr	18	18	29	
15	sa	18	33	54	
16	sa	18	48	59	
17	m	19	3	44	
18	tu	19	18	9	
19	w	19	32	13	
20	th	19	45	56	
21	fr	19	59	17	
22	sa	20	12	16	
23	sa	20	21	53	
24	m	20	37	7	
25	tu	20	48	58	
26	w	21	0	26	
27	th	21	11	30	
28	fr	21	22	10	
29	sa	21	32	26	
30	sa	21	42	17	

THE FRATERNITY OF REFORMS.

The practical mission of Harmonial Philosophy is to pulverize all creeds, unitize all reforms, and fraternize the spiritual affections of mankind. It has been well and truthfully remarked that as the heavens are full of celestial, so the earth and human society are full of terrestrial movements. Some of these are, as yet, but imperfectly developed; others are in the nebulous or formation stages of their existence, while a few others have become compactly organized and are under headway, accomplishing their several missions. Among the most conspicuous movements are the following, viz.: (1.) Bible Authority, (2.) National Intervention, (3.) Anti-Slavery, (4.) Temperance, (5.) Woman's Rights, (6.) Labor and Capital, (7.) Phonographic, (8.) Anti-Tobacco, (9.) Spiritual Manifestation, (10.) Anti-Sectarian, (11.) Anti-Gallows, (12.) Prison Discipline, (13.) Homestead, (14.) Anti-War.

Distinct organizations to promote these several causes are continually holding their conventions, and by their discussions keeping the public mind ever active in search of whatever truths may belong to the movements. How many points of union there are between them all, it is somewhat difficult to say. That they are not all perfectly homogeneous is very evident; while some of them have a strong mutual attraction, and easily blend together. Give them time, and they will each and all fulfill their destiny.

PERSECUTION FOR TRUTH'S SAKE.

"It is folly," said Addison, "for an eminent man to think of escaping censure, and a weakness to be affected by it. All the illustrious persons of antiquity, and, indeed, of every age in the world, have passed through this fiery persecution. There is no defense against reproach, but obscurity. It is a kind of concomitant to greatness, as satire and invective were an essential part of a Roman triumph."

Remember the saying: "It is easy in the world to live after the world's opinion; it is easy in solitude to live after our own; but the great man is he who, in the midst of the crowd, keeps with perfect sweetness the independence of solitude."

WHO ARE THE FREE?

"They are free, who dare to speak
For the fallen and the weak;
They are free, who rather choose
Hatred, scoffing, and abuse,
Than they would in silence shrink
From the truth they needs must think;
They are free, who dare to be
In the right with two or three."

DECEMBER, 1862.

MOON'S PHASES.		BOSTON.		NEW YORK.		WASH'TON.		CHARLES'TN.		Sun on Merid. or noon mark.			
	D.	H.	M.	H.	M.	H.	M.	H.	M.	P.	H.	M.	S.
Full Moon	6	2	53 mo.	2	41 mo.	2	29 mo.	2	18 mo.	1	11	49	19
Third Quarter	14	5	49 mo.	5	37 mo.	5	25 mo.	5	14 mo.	9	11	52	39
New Moon	21	0	20 mo.	0	8 mo.	11	56 ev.	11	45 ev.	17	11	56	27
First Quarter	27	7	0 ev.	6	48 ev.	6	36 ev.	6	25 ev.	25	12	0	27

CALENDAR FOR CHARLES'TN. NORTH													
Carolina, Tennessee, Georgia, Alabama, Mississippi, and Louisiana.													
Day of Week.	Day of Month.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.
1 M	1	7 10	4 29	7 10	4 29	7 28	7 28	7 10	4 29	7 10	4 29	7 28	7 28
2 Tu	2	7 11	4 29	7 11	4 29	8 18	8 18	7 11	4 29	7 11	4 29	8 18	8 18
3 W	3	7 12	4 28	7 12	4 28	9 10	9 10	7 12	4 28	7 12	4 28	9 10	9 10
4 Th	4	7 13	4 28	7 13	4 28	9 58	9 58	7 13	4 28	7 13	4 28	9 58	9 58
5 Fr	5	7 14	4 28	7 14	4 28	10 42	10 42	7 14	4 28	7 14	4 28	10 42	10 42
6 Sa	6	7 15	4 28	7 15	4 28	11 24	11 24	7 15	4 28	7 15	4 28	11 24	11 24
7 Su	7	7 16	4 28	7 16	4 28	5 45 ev.	5 45 ev.	7 16	4 28	7 16	4 28	5 45 ev.	5 45 ev.
8 M	8	7 17	4 28	7 17	4 28	6 42	6 42	7 17	4 28	7 17	4 28	6 42	6 42
9 Tu	9	7 18	4 28	7 18	4 28	7 39	7 39	7 18	4 28	7 18	4 28	7 39	7 39
10 W	10	7 19	4 28	7 19	4 28	8 39	8 39	7 19	4 28	7 19	4 28	8 39	8 39
11 Th	11	7 20	4 28	7 20	4 28	9 39	9 39	7 20	4 28	7 20	4 28	9 39	9 39
12 Fr	12	7 21	4 28	7 21	4 28	10 40	10 40	7 21	4 28	7 21	4 28	10 40	10 40
13 Sa	13	7 22	4 28	7 22	4 28	11 43	11 43	7 22	4 28	7 22	4 28	11 43	11 43
14 Su	14	7 23	4 28	7 23	4 28	12 48	12 48	7 23	4 28	7 23	4 28	12 48	12 48
15 M	15	7 24	4 28	7 24	4 28	1 56	1 56	7 24	4 28	7 24	4 28	1 56	1 56
16 Tu	16	7 25	4 28	7 25	4 28	3 7	3 7	7 25	4 28	7 25	4 28	3 7	3 7
17 W	17	7 26	4 28	7 26	4 28	5 10	5 10	7 26	4 28	7 26	4 28	5 10	5 10
18 Th	18	7 27	4 28	7 27	4 28	6 53	6 53	7 27	4 28	7 27	4 28	6 53	6 53
19 Fr	19	7 28	4 28	7 28	4 28	8 39	8 39	7 28	4 28	7 28	4 28	8 39	8 39
20 Sa	20	7 29	4 28	7 29	4 28	10 30	10 30	7 29	4 28	7 29	4 28	10 30	10 30
21 Su	21	7 30	4 28	7 30	4 28	12 24	12 24	7 30	4 28	7 30	4 28	12 24	12 24
22 M	22	7 31	4 28	7 31	4 28	1 23	1 23	7 31	4 28	7 31	4 28	1 23	1 23
23 Tu	23	7 32	4 28	7 32	4 28	2 16	2 16	7 32	4 28	7 32	4 28	2 16	2 16
24 W	24	7 33	4 28	7 33	4 28	3 10	3 10	7 33	4 28	7 33	4 28	3 10	3 10
25 Th	25	7 34	4 28	7 34	4 28	4 15	4 15	7 34	4 28	7 34	4 28	4 15	4 15
26 Fr	26	7 35	4 28	7 35	4 28	5 32	5 32	7 35	4 28	7 35	4 28	5 32	5 32
27 Sa	27	7 36	4 28	7 36	4 28	6 54	6 54	7 36	4 28	7 36	4 28	6 54	6 54
28 Su	28	7 37	4 28	7 37	4 28	8 20	8 20	7 37	4 28	7 37	4 28	8 20	8 20
29 M	29	7 38	4 28	7 38	4 28	9 50	9 50	7 38	4 28	7 38	4 28	9 50	9 50
30 Tu	30	7 39	4 28	7 39	4 28	11 44	11 44	7 39	4 28	7 39	4 28	11 44	11 44
31 W	31	7 40	4 28	7 40	4 28	1 41	1 41	7 40	4 28	7 40	4 28	1 41	1 41

CALENDAR FOR NEW YORK CITY: PHILADELPHIA, PENN., NEW JERSEY, OHIO, INDIANA, AND ILLINOIS.													
Day of Week.	Day of Month.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.
1 M	1	7 10	4 34	7 10	4 34	7 28	7 28	7 10	4 34	7 10	4 34	7 28	7 28
2 Tu	2	7 11	4 34	7 11	4 34	8 18	8 18	7 11	4 34	7 11	4 34	8 18	8 18
3 W	3	7 12	4 34	7 12	4 34	9 10	9 10	7 12	4 34	7 12	4 34	9 10	9 10
4 Th	4	7 13	4 34	7 13	4 34	9 58	9 58	7 13	4 34	7 13	4 34	9 58	9 58
5 Fr	5	7 14	4 34	7 14	4 34	10 42	10 42	7 14	4 34	7 14	4 34	10 42	10 42
6 Sa	6	7 15	4 34	7 15	4 34	11 24	11 24	7 15	4 34	7 15	4 34	11 24	11 24
7 Su	7	7 16	4 34	7 16	4 34	12 24	12 24	7 16	4 34	7 16	4 34	12 24	12 24
8 M	8	7 17	4 34	7 17	4 34	1 46	1 46	7 17	4 34	7 17	4 34	1 46	1 46
9 Tu	9	7 18	4 34	7 18	4 34	2 50	2 50	7 18	4 34	7 18	4 34	2 50	2 50
10 W	10	7 19	4 34	7 19	4 34	3 56	3 56	7 19	4 34	7 19	4 34	3 56	3 56
11 Th	11	7 20	4 34	7 20	4 34	4 59	4 59	7 20	4 34	7 20	4 34	4 59	4 59
12 Fr	12	7 21	4 34	7 21	4 34	6 00	6 00	7 21	4 34	7 21	4 34	6 00	6 00
13 Sa	13	7 22	4 34	7 22	4 34	7 04	7 04	7 22	4 34	7 22	4 34	7 04	7 04
14 Su	14	7 23	4 34	7 23	4 34	8 11	8 11	7 23	4 34	7 23	4 34	8 11	8 11
15 M	15	7 24	4 34	7 24	4 34	9 20	9 20	7 24	4 34	7 24	4 34	9 20	9 20
16 Tu	16	7 25	4 34	7 25	4 34	10 30	10 30	7 25	4 34	7 25	4 34	10 30	10 30
17 W	17	7 26	4 34	7 26	4 34	11 41	11 41	7 26	4 34	7 26	4 34	11 41	11 41
18 Th	18	7 27	4 34	7 27	4 34	1 53	1 53	7 27	4 34	7 27	4 34	1 53	1 53
19 Fr	19	7 28	4 34	7 28	4 34	3 06	3 06	7 28	4 34	7 28	4 34	3 06	3 06
20 Sa	20	7 29	4 34	7 29	4 34	4 20	4 20	7 29	4 34	7 29	4 34	4 20	4 20
21 Su	21	7 30	4 34	7 30	4 34	5 34	5 34	7 30	4 34	7 30	4 34	5 34	5 34
22 M	22	7 31	4 34	7 31	4 34	6 48	6 48	7 31	4 34	7 31	4 34	6 48	6 48
23 Tu	23	7 32	4 34	7 32	4 34	8 03	8 03	7 32	4 34	7 32	4 34	8 03	8 03
24 W	24	7 33	4 34	7 33	4 34	9 19	9 19	7 33	4 34	7 33	4 34	9 19	9 19
25 Th	25	7 34	4 34	7 34	4 34	10 36	10 36	7 34	4 34	7 34	4 34	10 36	10 36
26 Fr	26	7 35	4 34	7 35	4 34	11 54	11 54	7 35	4 34	7 35	4 34	11 54	11 54
27 Sa	27	7 36	4 34	7 36	4 34	1 13	1 13	7 36	4 34	7 36	4 34	1 13	1 13
28 Su	28	7 37	4 34	7 37	4 34	2 34	2 34	7 37	4 34	7 37	4 34	2 34	2 34
29 M	29	7 38	4 34	7 38	4 34	3 56	3 56	7 38	4 34	7 38	4 34	3 56	3 56
30 Tu	30	7 39	4 34	7 39	4 34	5 19	5 19	7 39	4 34	7 39	4 34	5 19	5 19
31 W	31	7 40	4 34	7 40	4 34	6 43	6 43	7 40	4 34	7 40	4 34	6 43	6 43

CALENDAR FOR WASHINGTON: MARYLAND, VIRGINIA, KENTUCKY, MISSOURI, AND LOUISIANA.													
Day of Week.	Day of Month.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.	SUN RISES.	SUN SETS.	MOON RISES.	MOON SETS.	H. W.	H. W.
1 M	1	7 10	4 40	7 10	4 40	7 28	7 28	7 10	4 40	7 10	4 40	7 28	7 28
2 Tu	2	7 11	4 40	7 11	4 40	8 18	8 18	7 11	4 40	7 11	4 40	8 18	8 18
3 W	3	7 12	4 40	7 12	4 40	9 10	9 10	7 12	4 40	7 12	4 40	9 10	9 10
4 Th	4	7 13	4 40	7 13	4 40	9 58	9 58	7 13	4 40	7 13	4 40	9 58	9 58
5 Fr	5	7 14	4 40	7 14	4 40	10 42	10 42	7 14	4 40	7 14	4 40	10 42	10 42
6 Sa	6	7 15	4 40	7 15	4 40	11 24	11 24	7 15	4 40	7 15	4 40	11 24	11 24
7 Su	7	7 16	4 40	7 16	4 40	12 24	12 24	7 16	4 40	7 16	4 40	12 24	12 24
8 M	8	7 17	4 40	7 17	4 40	1 46	1 46	7 17	4 40	7 17	4 40	1 46	1 46
9 Tu	9	7 18	4 40	7 18	4 40	2 50	2 50	7 18	4 40	7 18	4 40	2 50	2 50
10 W	10	7 19	4 40	7 19	4 40	3 56	3 56	7 19	4 40	7 19	4 40	3 56	3 56
11 Th	11	7 20	4 40	7 20	4 40	4 59	4 59	7 20	4 40	7 20	4 40	4 59	4 59
12 Fr	12	7 21	4 40	7 21	4 40	6 00	6 00	7 21	4 40	7 21	4 40	6 00	6 00
13 Sa	13	7 22	4 40	7 22	4 40	7 04	7 04	7 22	4 40	7 22	4 40	7 04	7 04
14 Su	14	7 23	4 40	7 23	4 40	8 11	8 11	7 23	4 40	7 23	4 40	8 11	8 11
15 M	15	7 24	4 40	7 24	4 40	9 20	9 20	7 24	4 40	7 24	4 40	9 20	9 20
16 Tu	16	7 25	4 40	7 25	4 40	10 30	10 30	7 25	4 40	7 25	4 40	10 30	10 30
17 W	17	7 26	4 40	7 26	4 40	11 41	11 41	7 26	4 40	7 26	4 40	11 41	11 41
18 Th	18	7 27	4 40	7 27	4 40	1 53	1 53	7 27	4 40	7 27	4 40	1 53	1 53
19 Fr	19	7 28	4 40	7 28	4 40	3 06	3 06	7 28	4 40	7 28	4 40	3 06	3 06
20 Sa	20	7 29	4 40	7 29	4 40	4 20	4 20	7 29	4 40	7 29	4 40	4 20	4 20
21 Su	21	7 30	4 40										

THE CUP OF COLD WATER.

A young English woman was sent to France to be educated in a Huguenot school in Paris. A few evenings before the fatal massacre of St. Bartholomew's Day, she and some of her young companions were taking a walk in some part of the town where there were sentinels placed on the walls. When a soldier is on guard he must not leave his post until he is relieved—that is, until another soldier comes to take his place. One of the soldiers, as the young ladies passed him, besought them to have the charity to bring him a little water, adding that he was very ill, and that it would be as much as his life was worth to go and fetch it himself. The ladies walked on, much offended at the man for presuming to speak to them, all but the young English woman, whose compassion was moved, and who, leaving her party, procured some water and brought it to the soldier. He begged her to tell him her name and place of abode, and this she did. When she rejoined her companions, some blamed and others ridiculed her; but they soon had reason to lament that they had not been equally compassionate, for the grateful soldier contrived, on the night of the massacre, to save this young English woman, while all the other inhabitants of the house she dwelt in were killed.

THE SOUL'S BIRTHRIGHT.

There are treasures of good in the human soul—
That can never be counted, nor sung, nor told;
The lowliest son of the valley sod
An image bears of his Father-God;
The vilest wretch in the haunts of crime,
The howling serf in a despot's clime—
The groaning slave on a Southern shore,
Cursing his manacles evermore—
The woman heart that to vice hath stooped,
By love bewildered and treachery duped,
Lost on the shoreless, waveless sea,
Of pitiless, merciless misery—
The sobbing child with its garments torn,
Its feet all bloody, and cold, and worn—
The dungeon martyr, the bondman's friend,
The heroes who never to error bend—
All these—all these, in the deep soul, bear
An immortal image, pure and fair,
Of the Parent Soul—of the Presence grand,
Whose Home is the Spirit's Fatherland.
Then level the scepter of Pope and Priest,
And call their victims to Reason's feast!
Gather the beggars, wan and pale;
Strengthen the hands and the hearts that fail;
Touch the electric chain of love
That links each soul to its home above,
And pour o'er the sea of human feeling
Joys that the angels are revealing!
Thus will the changeless, and good, and true,
Like a deathless song be aroused anew,
And Religion, long but an exiled name,
Joyfully haste to the world again.—MARY F. DAVIS.



THE SPIRIT OF BROTHERHOOD.

Abou-Ben-Adhem—may his tribe increase!—
 Awoke one night from a sweet dream of peace,
 And saw, within the moonlight of his room,
 Making it rich, and like a lily bloom,
 An angel writing in a book of gold.
 Exceeding peace had made Ben-Adhem bold:
 And to the vision in the room he said—
 "What writest thou?" The vision raised its head,
 And, with a look made all of sweet accord,
 Answered, "The names of those who love the Lord."
 "And is mine one?" said Abou. "Nay, not so,"
 Replied the angel. Abou spoke more low,
 But cheerly still, and said: "I pray thee, then,
 Write me as one who loves his fellow men."
 The angel wrote and vanished. The next night
 It came again, with a great wakening light,
 And showed the names which love of God had blest,
 And lo! Ben-Adhem's name led all the rest.

The following emphatic language, concerning Eternal Misery, is copied from the Autobiography of Leigh Hunt, the author of "Abou Ben-Adhem:"

"If an angel were to tell me to believe in eternal punishment, I would not do it, for it would better become me to believe the angel a delusion, than God monstrous; and we make him monstrous when we make him the author of eternal punishment, though we have not the courage to think him so. For God's sake, let us have pity to believe better. I speak thus boldly, not to shock anybody, which it would distress me to think I did, but because opinions so shocking distress myself, and because they ought, I think, to distress everybody else, and so to be put an end to. Of my readers-whom I may shock, I beg their forgiveness. Only I would entreat them to reflect how far that creed can be in the right, which renders it shocking in God's children to think the best of their Father."

RESISTING EVIL.

A lady friend at the South communicates the following example of youthful fidelity to principle: "A little boy, aged eleven years, was dining, in company with his father, at an old gentleman's, a former friend of his grandfather's. When dinner was over, the wine and dessert were placed on the table, and the old gentleman requested the little boy to take some wine, as it would be a pleasure to him on account of his friendship for his grandfather. The little boy looked up and said: 'You must excuse me, sir; I cannot drink wine.' The gentleman replied, 'Only taste it.' The child, who could endure it no longer, said: 'Sir, I am a member of the temperance society, and if you were to offer me a thousand dollars, I would not touch a drop.'"

"For mortal men
 So but thou strive, thou soon shalt see
 Defeat itself is victory."

WORDS FOR THE HOMESICK.

You may be homesick. Your friends and family may be all in the Spirit Land, and your present situation embarrassing, so that you cannot but feel like one "left upon a lonely shore"—far from the cheerful habitation of the loving and the blest. Yet think a moment of the other side. Look out through the beautiful laws of right reasoning. See, everywhere, the immutable evidences of the eternal Father and Mother, whose wisdom and changeless love, interlocking, directs and inspires the stupendous whole. Think of what the sublime Shelley said:

"The awful shadow of some unseen Power
Floats, though unseen, among us; visiting
This various world with as inconstant wing
As summer winds that creep from flower to flower."

Spirits aid earth's children wisely, or not, as the recipients shall for themselves determine. If you look at the beautiful sun too steadily, its sword-like light will presently blind your eyes forever; but wisely and cautiously receive its sunless blessings, and lo! the light thereof will revivify the earth, and its magnetical warmth will speak joy into your whole life. Dost understand? First learn thy lesson well, receive the divine baptism, then, "with dauntless words and high," go forth and scatter the seeds of truth among thy neighbors. Such a mission is holy and angel like, and you will be homesick no more.

THE RUDIMENTS OF MEDIUMSHIP.

We have knowledge of several cases of mediumship, where, owing to the extreme attenuation of the nervous life, (*aura*), the manifestations began in the form of direct *inspiration* and eloquent speaking. In a few months subsequently, however, the same mediums lost much of the higher phases, and began at the A B C, or with vibratory operations, gesticulations, personifications, rapping, table-tilting, &c. Disappointed and mortified at the supposed debasement of their powers, many such mediums have resigned all interest in the phenomena. But, in our opinion, the cessation of the higher manifestations, and the appearance of the basic forms of the development, was a sign of normal and healthy growth from the foundation upwards. The saddest curse in every grade of life is ambition. It is only safe to cultivate a pure *aspiration* for an attainment of the good, the true, and the beautiful.

An apple tree shook its blossoms on the earth, and made it bright and beautiful, and yet the tree was not impoverished, but soon replenished its branches with fruit it could not have produced had it retained the blossoms. Whoever will may make his life like the tree, and scatter the flowers of happiness and peace all over the earth.

LAWS OF LIFE AND HEALTH.

[P] The following important hints, rules, prescriptions, and directions, are not to be found in popular Medical Works. In most cases, however, other and more specific directions are required. All persons, therefore, suffering with any form of disease, are recommended to provide themselves with a copy of the **HARBINGER OF HEALTH**, which, for one dollar only, will be sent from this office, postage paid. This volume never fails of giving instruction and affording relief to the diseased, infirm, and despairing. It contains prescriptions for both "Body and Mind." See notices on another page.]

NINE RULES OF HEALTH.

1. Persons who suffer with weak eyes, feeble digestion, biliousness, and weak kidneys, should not eat any very salt meat or vegetables.

2. Let every one eat an orange before breakfast. (For reasons see the **HARBINGER OF HEALTH**.) If you want to be free from bile during the "whole blessed summer," then eat an orange before breakfast. Only the inside and juice.

3. The Spring Beverage should be used during April by everybody. Roots are better when perfectly dried. *African capsicum* is better than the common red pepper. The latter will do, if dried, and pounded, and well boiled, as directed. Full directions may be found in the **HARBINGER OF HEALTH**.

4. Persons of full and plethoric habits, who do not exercise all day in the open air, but who are confined to close apartments, as in tailor or shoe shops, should use but very little of either butter or milk. Small-pox and these articles of diet are chemically related to each other.

5. It is our belief, founded on the established principles of physiology and health, that everybody would receive much benefit by abstaining from all kinds of meat during what is commonly called "Lent." Your system would be more free from the elements of disease during the summer.

6. If you are costive, drink a gill of bran tea, made in the following manner, every morning: To one tea-cupful of wheat-bran, add one pint of warm water. Let it stand over night, when it is fit for use. It should be taken immediately on rising in the morning. The above treatment, together with a well-regulated diet, has cured many bad cases of costiveness.—*Ec. Med. Journal.*

7. As a general thing, during the spring months, every one should wash with hot water and soap all over the body at least once a week. Such a bath should be followed by a quick hand rub with cold water. Dry rapidly with a coarse towel and your hands. Work fast, wash fast, dry fast, and don't fail to breathe deep, deep, now and then. Mouth shut.

8. You may be very pious and say "grace before meat," but your health will depend on your obedience to Nature's laws. Many men have relieved themselves of dyspepsia by not drinking, even water, during meals. No animal, except man, ever drinks in connection with his food. Man ought not to. Try this, dyspeptics, and you will not wash down mechanically what ought to be masticated and insalivated before it is swallowed.

9. You must at all times remember that "medicine will never remedy bad habits. Indulgence of the appetite, indiscriminate dosing and drugging, have ruined the health and destroyed the lives of more persons than famine or pestilence. If you will take advice, you will become regular in your habits, eat and drink only wholesome things, retire and rise very regularly. Make a free use of water to purify the skin; and when sick, take counsel of the best practical man you know, and follow Nature."

AN ALCOHOLIC BATH.

The shortest method to take a vapor bath is to heat two or three bricks, put them in a wash-tub, set a chair over them, the patient on the chair, woolen blankets over the patient, (leaving head out,) then pour slowly, from a little pitcher, a stream of alcohol upon the hot bricks, or smooth stones, when the vapor will rise and soon sweat the patient's whole body. Have other bricks heating to supply the place of those cooled off. The bath is simple, cheap, quick, and effectual.

CURE FOR FROSTED FEET.

First bathe the frosted portion of the foot in spirits of turpentine, then apply stramonium ointment. A few applications of these remedies will effect a cure.

If the feet swell up in cold or frosty weather, and if running sores break out on the toes and heels, the indications are that the feet will become useless. In such cases soak the feet in warm and strong borax or flax-seed water until the sores are cleansed; then give them immediately another bath, in sweet oil, or in the best oil of flax-seed, for twenty minutes; next, after partly drying them by dripping, envelop in old linen cloths and keep away from the fire. This treatment should be repeated every third day, until the sores are no longer tender, and begin to show signs of healing. Use large boots, and never let the out-door wet get to the feet in winter time.

TRUE MEASURE OF STRENGTH.

The measure of the strength of a thing is the measure of the strength of the weakest part. To put it in simple phrase, the strength of your table is the strength of the weak leg, not that of the sound ones. Apply this rule to character, and at once many things are explained. We have all been perplexed at the numerous brilliant failures we have observed—men with talents so fine, and promise so great, accomplishing little or nothing in the life-battle; and we are puzzled daily at the learned, able men, whose judgments are all awry, and who founder in great seas of light. They are victims to this severe law of mental mechanics, which renders their strength of character only up to the level of their weaknesses—fatal “rifts within the lute” too often making “the music mute.”

HOW TO CHECK A HEMORRHAGE.

A medical friend, whose European experience gives value to his testimony, and whose heart has been pained at the number of deaths which have already taken place in our army from the loss of blood from wounds, begs us to suggest that the *per-chloride of iron*, an article to be obtained from all our larger druggists, will check hemorrhage, even from large blood-vessels, promptly and effectually. Four or five drops are sufficient to check completely the flow of blood from anything except the largest arteries, and a half-teaspoonful will arrest bleeding even from those. He advises that each non-commissioned officer should be provided with a small flat tin bottle of this, containing, say a couple of ounces, which he can wear in his breast-pocket, and that the bottle should have wound around it a little bat of cotton, on which the iron could be dropped or poured to apply it.

TEMPERATURE OF ROOMS.

Generally speaking, during winter, apartments are too much heated. The temperature in them ought not to exceed fifteen degrees Centigrade—fifty-nine degrees Fahrenheit—and even in periods of great cold, scientific men declare that twelve or fourteen degrees had better not be exceeded. In the wards of hospitals, and in the chambers of the sick, care is taken not to have greater heat than fifteen degrees. Clerks in office, and other persons of sedentary occupations, when the rooms in which they sit are too much heated, are liable to cerebral congestion and to pulmonary complaints. In bed-rooms, and particularly those of children, the temperature ought to be maintained rather low; it is even prudent only rarely to make fires in them, especially during the night. In addition to keeping up only a moderate temperature, the windows of all rooms, whatever the weather, ought to be opened for a time every day, so as to renew the air.

CURE FOR POISONOUS BITES.

Almost all poisonous bites arise from the acidity of the virus; it then follows that an alkali is the best antidote, because an alkali and an acid are as much opposed to each other as light and darkness, as sweet and sour. And as expedition is sometimes the life of a man, it is of considerable practical importance to know what is the most universally available remedy. A handful of the fresh ashes of wood is the most generally accessible; pour on enough water, hot is best, to cover it, stir it quickly, and either apply the fluid part, that is the ley, with a rag or sponge, or have less water, and apply a poultice made of simple water and fresh wood ashes. Renew the poultice every half-hour until the hurting is entirely removed. As to minor insects, the relief is almost instantaneous. The next most convenient remedy is common spirits of hartshorn, a small vial of which should be in every family, and in every traveler's trunk or carpet-bag, in summer time, at least. Saleratus, dampened and applied to the wound or stung place, is not as powerful as hartshorn. It failed recently to cure the sting of a bee, the gentleman dying in convulsions within an hour after he was stung; this arose from some peculiarity of constitution—an "idiosyncrasy," as physicians term it.—DR. HALL.

RELATION OF LIGHT TO HEALTH.

As an instance of the value of sunlight, Dupuytren, the celebrated physician, mentions the case of a French lady, whose disease baffled the skill of the most eminent men. This lady resided in a dark room, in which the sun never shone, in one of the narrow streets of Paris. After a careful examination, he was led to refer her complaint to the absence of light, and caused her to be removed to a more cheerful situation. The change was attended with the most beneficial results; all her complaints vanished. It is remarkable that Lavoisier, writing in the last century, should have placed light as an agent of health, even before pure air. In fact, where you can obtain abundance of light, it is also generally possible to obtain a similar change of fresh air. In England a similar thing occurs; invalids are almost always shut up in close rooms, curtains drawn, and light excluded, to their serious disadvantage. Sunlight is more vivifying than physic.

BLISTERED HANDS AND FEET.

As a remedy against blistering of hands in rowing or fishing, etc., or of feet in walking, the quickest is, lighting a tallow candle, and letting the tallow drop into cold water, (to purify it, it is said, from salt,) then rubbing the tallow on the hands or feet—mixed with brandy or any other strong spirits. For mere tenderness, nothing is better than the above, or vinegar a little diluted with water.

BODILY CHANGES DURING THE NIGHT.

The *Agriculturist* has uttered what we would say on the subject: "If two persons are to occupy a bed-room at night, let them step upon weighing scales as they retire, and then again in the morning, and they will find their actual weight is at least a pound less in the morning. Frequently there will be a loss of two or more pounds, and the average loss throughout the year will be more than one pound. That is, during the night there is a loss of a pound of matter, which has gone off from their bodies, partly from their lungs, and partly through the pores of the skin. The escaped material is carbonic acid and decayed animal matter, or poisonous exhalations. This is diffused through the air, in part absorbed by the bed-clothes. If a single ounce of wool or cotton be burned in the room, it will so completely saturate the air with smoke that one can hardly breathe, though there can only be an ounce of foreign matter in the air. If an ounce of cotton be burned in every half-hour during the night, the air will be kept continually saturated with smoke, unless there be an open door or window for it to escape.

"Now the sixteen ounces of smoke thus formed is far less poisonous than the sixteen ounces of exhalation from the lungs and bodies of the two persons who have lost a pound in weight during the night hours of sleeping; for while the dry smoke is mainly taken into the lungs, the damp odors from the body are absorbed both into the lungs and into the pores of the whole body. Need more be said to show the importance of having bed-rooms well ventilated, and of thoroughly airing the sheets, coverlids, and mattresses, in the morning, before packing them up in the form of a neatly made bed?"

DYSPEPSIA AND DEBILITY.

There are many monopolizers of the land, but, "thank God!" no man has yet been able to fence in the air. This unspeakably glorious blessing is open to all. It is free and full of health for the very sick and downcast. Open your thoughts to the true cure for difficult breathing and dyspepsia. You never can be strong, cannot digest food, cannot make fresh blood of life, without plenty of pure air. Throw back your shoulders, pound your chest, put on the power of Will, and inhale Nature's divine breath. The easiest method of securing an erect and manly carriage is to walk with the chin slightly elevated above a horizontal line, as if looking at something higher than your own head.

CHURCH IN A SPIT-BOX.

Henry Ward Beecher says of tobacco: "If there ever was a weed whose roots went down till they drew sap from below, that is it. A snuffing, smoking, chewing, spitting minister, ought to have a church in a spit-box. He is not fit to stand in ordinary congregations, nor to live in ordinary families." Henry is right.

CHOLERA AND CRAMP REMEDY.

Some years ago, while residing in the city of Hartford, Conn., we had occasion to prescribe the following efficacious mixture. We give the original proportions, but it is easy to prepare a less quantity by equally lessening the proportions. Dose: In cases of cramp, cholera, internal coldness, and diarrhoea, from five drops to a tea-spoon two-thirds full in a wine-glass full of cold water: One quart alcohol, one ounce myrrh, one ounce guiac, one drachm Cayenne, two drachms cloves, two table-spoonfuls ginger, one and one-half grains opium, six ounces camphor, six ounces prickly ash, one-half pint molasses. These articles should be put together, and permitted to get acquainted with each other, several hours before using. Keep this preparation in the house. If you do not need it yourself, others may.

FRUIT AND VEGETABLES NOT ALLOWED.

• Underground vegetables do not easily harmonize in the stomach with the products of bushes, vines, and trees. Chemically and electrically, they are foreigners to each other. Bread, with apples, berries, grapes, cherries, pears, &c., will readily harmonize in the stomach. But there will be trouble in the systems of the debilitated, if, at the same meal, the stomach is compelled to receive potatoes, turnips, cabbage, salad, &c. Debilitated persons should eat, principally, only fruit and vegetables that grow in sunlight, and these not at the same meal. Let chemistry exert some influence on your judgment.

WHAT IS NEEDED.

We need for our dwellings more ventilation and less heat; we need more out-door exercise, more sunlight, more manly, athletic, and rude sports; we need more amusements, more holidays, more frolics, and noisy, boisterous mirth. Our infants need better nourishment than colorless mothers can furnish, purer milk than distilleries can manufacture; our children need more romping and less study. Our men need more quiet and earlier relaxation from the labors of life. All men, both young and old, need less medicine and more good counsel.

CAUSE OF NIGHT SWEATS.

Night Sweats are caused by a weakness in the vital forces, being unable to send off impurities through the bowels and kidneys. Hence the skin is called upon to do extra labor. The true remedy consists in strengthening the kidneys, arousing the liver, and keeping the bowels regular. Drink weak sage or sassafras tea before going to bed. Keep the skin very clean. Take plenty of fresh air by walking in it.

THE HARBINGER OF HEALTH.

"Medicine, like the other sciences," says the *Spiritual Magazine*, "has been regarded too much as an abstract and special study of drugs and chemicals, and of their action on health and disease, and for the purpose of experimenting the poor patients have been the laboratory, and have severely suffered the penalty. It has been to the patient's intuitions, and not to those of the doctor, that the world is now indebted for the smaller dosing of drugs, and for the disuse of the lancet, and still again the public mind is in advance of the profession; for while each school of medicine is busy in proclaiming its own infallibility, and the quackery of all the rest, our wise world is quietly taking note of the silent tread of the bills of mortality, which the doctors have not yet succeeded in obliterating, and is taking from each system all the common sense it can find in it.

"Mr. Andrew Jackson Davis can greatly help them in this good endeavor; and to us it seems as if each man and woman would better comprehend for themselves the laws of health, and, by consequence, those of disease, by a perusal of his HARBINGER OF HEALTH. We are no believers in any occult system of medicine or of theology, which permits of an infallible doctorhood or priesthood, for the medicine being for our proper bodies, and the theology for our own individual proper souls, we claim the privilege of knowing something about it for ourselves, and of telling whether or not it does us good. In saying this, however, we draw a distinction between priests and pastors, and between the dogmatic and reasoning doctor. It leaves an ample space for the true physician, both of body and mind, and the more he can combine the study of both the higher is his rank in the family of man.

"We do not know to what extent the peculiar psychological powers of Mr. Davis were used in the production of the present work, nor for the purpose of pronouncing on its use is it necessary to settle its origin and genesis. It is enough that here we have it before us. The tone of medical works seldom attracts the general reader. Their language is so technical that it is not often one can gain much definite knowledge from them. But Mr. Davis gives us food of quite a different flavor. Every page of his volume is not only readable, but attractive, and there is such a quaintness and humor in his mode of imparting knowledge, and withal he is so hearty and healthy in his tone, that we catch involuntarily his quiet philosophic strain. There is much more than medicine in his work."

WRITERS, SPEAKERS, AND WORKERS,

In the Different Fields of Human Progress.

[IMPORTANT NOTE.—The following classification is not as perfect in detail as we hope to make it in our ANNUAL for 1863. We shall seek to obtain special information from the friends of Spiritualism, Philosophy, Reform, and general Human Progress, during the ensuing summer and autumn; so that all errors, omissions, and misplacements, in this, our first ANNUAL, will be corrected and adjusted in accordance with truth and justice. We shall be happy to hear from friends who live in California and on the Continent of Europe. We respectfully solicit their coöperation in perfecting the details of this work. We want reliable intelligence from all parts of the country, concerning the NAME, RESIDENCE, post-office ADDRESS, and the KIND OF LABOR, of every individual, (man or woman,) who is practically and publicly identified with the cause of spiritual and material progress. Let every one, everywhere, aid the good work.—PUBLISHERS.]

Literature, Morals, and General Education.

Alcott A. Bronson,	Concord, Mass	Lowell James Russell,	Boston
Beecher Rev. Henry Ward,	Brk'n, N. Y.	Longfellow Henry W.	Cambridge
Bryant Wm. Cullen,	New York	Lyman Darius Jr.	274 Canal St, N. Y.
Channing Rev. Wm. H.	Washington, D. C.	Mayo Rev. A. D.	Albany, N. Y.
Clark Rev. Jas. Freeman,	Boston, Mass	Newton A. E.	New York
Chapin Rev. E. H.	New York	Noyes Geo. F.	"
Conway Rev. M. D.	Cincinnati, O.	Pierpont Rev. Jno.	Washington, D. C.
Curtis Geo. Wm.	New York	Payson Sara E.	Peterborough, N. H.
Courtney W. S.	140 Fulton st, "	Rose Mrs. Ernestine L.	New York
Emerson Ralph Waldo,	Concord, Mass	Randall Henry S.	"
Furness Rev. W. H.	Philadelphia	Robinson Prof. Horatio N.	Elbridge, N. Y.
Greeley Horace,	New York	Stowe Harriet Beecher,	Andover, Mass
Higginson Rev. T. W.	Worcester, Mass	Tuttle Hudson and Emma,	Berlin Heights, O.
Holmes Dr. Oliver Wendell,	Boston, "	Tilton Theodore,	New York
Hitchcock Gen. Ethan Allen,	St Louis, Mo	Weld Theodore D.	Perth Amboy, N. J.
Howitt William and Mary,	England	Wilburn Cora,	Philadelphia
James Henry,	Newport, R. I.	Willis Mrs. Love M.	Coldwater, Mich
King Rev. Thos. Starr,	San Francisco, Cal	Wilkinson W. H.	London, Eng

Spiritualism, Philosophy, and Reform.

TRAVELING LECTURERS.

[Under this head are placed the names of those who are not permanently employed to address one congregation, but who, making public speaking a profession, hold themselves in readiness to visit any portion of the country, in answer to invitations to lecture. All persons desiring to have their names appear in this list as *Traveling Lecturers*, will please so inform us, with their permanent address, by November 1st.]

NAMES.	PERMANENT ADDRESS.	NAMES.	PERMANENT ADDRESS.
Bond Mrs. F. L.	Box 878, Cleveland	Lyon Dr. E. L.	Geneva, O.
Butler Prof. C.	15 Tremont St. Boston	Macomber Miss M. M. W.	Killingly, Conn
Brown Mrs. H. F. M.	Cleveland	Miller Mrs. H. M.	Conneaut, O.
Case E. Jr.	Florida, Mich	Miller Leo,	Hartford, Conn
Chappell Mrs. S. L.	Hastings, N. Y.	Marble, Rev. R. S.	Iowa City, Iowa
Chase Warren,	Battle Creek, Mich	Middlebrook Mrs. A. M.	Bridgeport, Conn
Clark Uriah,	Auburn, N. Y.	Mayhew Dr. John,	Wyoming, Minn
Coonley L. K.	Marengo, Ill	Pardee L. Judd,	New York
Currier Mrs. A. A.	Lowell, Mass	Potter Wm. Bailey,	Medina, N. Y.
Denton Wm.	Fainesville, O.	Peebles J. M.	Battle Creek, Mich
De Force Miss Laura E. A.	La Crosse, Wis	Ripley, W. K.	Snow's Hill, Me
Doten Miss Lizzie,	Plymouth, Mass	Randall, J. H.	Northfield, Mass
Fairfield H. P.	Stargis, Mich.	Spence Mrs. Amanda M.	New York
Felton Mrs. F. B.	25 Kneeland St. Boston	Stowe, Mrs. C. M.	Sturgis, Mich
Finney Selden J.	Geneva, O.	Storer H. B.	New Haven, Conn
Hardinge Miss Emma,	8 Fourth Ave. N.Y.	Stebbins G. B.	Rochester, N. Y.
Hatch Mrs. Cora Scott,	Brooklyn, "	Scougall Miss Belle,	Rockford, Ill
Hayden Chas. A.	Livermore Falls, Me	Sprague Miss A. W.	Plymouth, Vt
Houston Miss Emma,	East Stoughton, Mass	Toohy J. H. W.	Penn Yan, N. Y.
Hulett Mattie F.	Rockford, Ill	Todd Deej.	Minooka, Ill
Hume A. D.	Fredonia, N. Y.	Townsend Mrs. M. S.	Taunton, Mass
Hyzer Mrs. F. O.	Spencerport, "	Wadsworth F. L.	Battle Creek, Mich
Johnson Miss Susan M.	New York	Warner Mrs. S. E.	Berlin, Wis.
Kenney Mrs. M. B.	Lawrence, Mass	Whiting A. B.	Albion, Mich
Kingsbury Mrs. E. A.	1905 Pine St, Phil'a	Wilcoxsen, Mrs. M. J.	Stratford, Conn
Kutz Mrs. M. J.	Laphamville, Mich	Wilson, E. V.	Detroit, Mich
Lowe Miss Elizabeth,	Leon, Catt. Co. N.Y.	Walker Jason F.	Glen's Falls, N.Y.

LOCAL SPEAKERS.

[This list is intended to include all persons not found under other heads of speakers on the general topics named. It embraces those regularly employed by one or more congregations, and also persons engaged in other avocations, who hold themselves ready to respond to calls to lecture in the vicinity of their residences. While those here enumerated are not understood to be constantly "in the field" as traveling lecturers, it is not to be inferred that many of them may not make engagements, and profitably fulfill them, to speak at remote points and for consecutive periods.]

NAMES.	ADDRESS.	NAMES.	ADDRESS.
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[We very earnestly request every friend of Woman to furnish us with the name and address of every true worker in the cause, so that our next report will be more complete.

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[The following list comprises all regularly graduated women physicians in this country, at present engaged in practice, whose location we have been able to ascertain. Though incomplete, it affords most substantial evidence of Progress in the world. The first medical degree conferred in the United States on a woman, was in 1849. There are now over two hundred female M. D.'s in the country!

In our next ANNUAL we hope to correct all errors in this list, and also add the names of those omitted. To this end we invite the correspondence of Women Physicians from all parts of the country. Statistics of amount of practice, or any facts tending to afford additional evidence of woman's capacity in this most inviting field of labor, will be gratefully received and appropriated.

The letters in parentheses refer to the system of practice—*a*, Allopathic; *e*, Eclectic; *h*, Hydropathic or Hygeopathic; *ho*, Homeopathic; *r*, Rational.]

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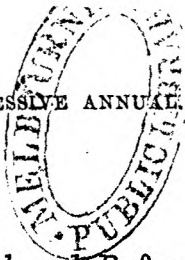
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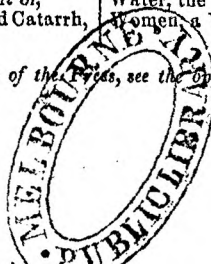
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<p>Remain in your own Climate, Rheumatism, Membranous, Remedy, Rheumatism, Periodical, Remedy, Resignation as a Medicine, Remedial Use of Sugar, Ringworm, Cause and Cure, Rheumatism and Sore Eyes, Reproductive Organism, Reproduction, Human, Reproductive Diseases, Causes of, Reproductive Diseases, Remedies for Self-healing Energies, Sympathetic Ganglia, Structure of the Stomach, Spring Time Diseases, Spring Beverage, Skin Diseases, Origin of, Spiritual Briers and Thorns, Superior Condition, Suicide, the Evil of, Sweet Oil in Relation to Poison, Sleep without Dreaming, Summer Foods and Drinks, Silk Dresses, Effect of Wearing, Sympathy with an Amputated Limb, Strong Drink, Substitute for, Sleep, Proper Amount of, Sleeplessness, Its Cause and Cure, Spasms, Periodical, Stiff Ankle, Remedy for, Sick Headache, Cure for, Sour Stomach, Cure for, Sweating of the Extremities, Spina Bifida, Cure for, Scarlet Fever, Prevention of, St. Vitus' Dance, Remedy for, Scrofula and Erysipelas, Medicine for Scar on the Face, Scarlet Fever, Nature and Cure of, Strychnine, Antidote for, Swallowing Lizards and Frogs, Sweet Oil as a Remedy for Poison, Stomach, Tenderness at the Pit of, Suicide, Proclivity to, Stomach, Sinking at the Pit of, Sore Eyes, Sympathetic, and Catarrh, Treatment of Disease,</p>	<p>Tea, Coffee, Alcohol, and Tobacco, Traveling as a Medicine, Temporary Insanity, Forms of, Tone of the Stomach Destroyed, Throat, for Lump in, Throat, Irritation in, Throat, Swelling of, Throat, Malignant Sore, Remedy for, Throat, Sore, and Bitter Stomach, Throat, Consumptive Irritation in, Throat, Sore, and Naked Arms, Throat, Clergymen's Sore, Tuberculosis, Remedy for, Throat, Enlargement of Glands in, Teeth, Loose, and Decaying Gums, Thyroid Gland, Enlargement of, Thin Shoes and Wet Feet, Typhoid Fever, Treatment for, Tea, Coffee, Cocoa, and Chocolate, Tobacco Tremens, Remedy for, Unhealthy Occupations, Unequal Bodily Development, Urinary Weakness, Remedy for, Uterus, Displaced, Vital Electricity, Action of, Value of Sunlight in Houses, Vitality, Depression of, Vaginitis, or Irritation, Cure for, Voice, Loss of, Remedy for, Virus Developed by a Scratch, Will Power—How to Exercise it, Will Power—Additional Instructions Wretchedness at Home, What and Where is Heaven? Will-energy at Work, What the Will can Do, Weakness and Emaciation, Remedy, Weakness and Pain, Water in the Stomach, Weak Stomach, Medicine for, Worms in Children, Remedy for, Worms Under the Skin, Wounds and Injuries, Poulitices for, Water Dressings for Wounds, Water, the Medical Uses of, Women, a Voice to All,</p>
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