

THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

Dear Friends;

In carefully considering the quotation on the front cover of this Instruction, you will realize that this Self-confidence spoken of is actually the place of integrity. It is the seat of immovable faith. It stems from a sense of security and deeper still, it is the very spirit in man.

Self-confidence is the knowledge in man that the spirit within doeth all things and by spirit all things are accomplished, if man is willing and able to let it be done. Let what be done? The will of God, of course, which is always good and ever higher good. Man is not a puppet, subject to a power outside himself. Man is the expression of spirit, man is spirit in manifestation, made plain to the eye.

If you will read I Timothy 3:16 you will see that this quotation refers to Jesus Christ, but it also teaches that man, through Christ, has come to know himself as a glorious creation or coming forth of Spirit. This fact was not generally known until Christ made it manifest. The fulness of time has come, arrived long ago, "And of His fulness have all we received." We call your attention to Col. 2:8-9. The early Christians had a living fire of conviction that showed in their speech. We, too, must be as certain and sure in our conviction that nothing has any power to shake or disturb it.

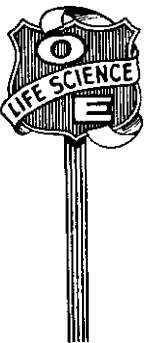
You will enjoy reading, "The Mature Mind," by H. A. Overstreet as it sums up the condition of man at the present time in a most interesting and readable form. He brings out that any personality that is tenaciously immature is ridden with fear and hostility and is often called neurotic. These people are immature. A mark of maturity is the power to think in terms of principles and the willingness to have one's behavior measured by these principles. It is time for man to grow up and this means me and it means you!

May the Holy Spirit come to you and illumine your mind and restore your body, in all love and fellowship.

Sincerely,

J. Hamner Davis

Enc. 151



THE Essenes

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INSTRUCTION # 151 Assuring to the Acceptable and Accepted
HEALTH, HAPPINESS AND SUCCESS.

ONLY THE STERN SELF-CONFIDENT CAN HOLD
THEIR PEACE AMIDST THE CLAMOR, NOR BETRAY
THEIR CAPABILITIES; CAN SIT UNMOVED,
WITH ALL AROUND THEM TREMBLING TO HAVE TOLD
THE UTMOST OF THEIR MERITS; ONLY THEY
CAN BEAR TO LEAVE THEIR STRENGTH UNGUESSED,
UNPROVED.

HELENE MULLINS

THE UNREALITY OF EVIL

Plato taught that the whole world is a colossal system of shadows and the deepest is the belief in wrong doing. This is the valley, the valley of the shadow of death. It makes long stretches of desert and forest over the pathway of life, which in Truth is all light with the glory of goodness. It is said that elephants beat themselves to pieces over a shadow on a rock. We might say our missionaries have done the same thing over the belief in the gigantic monsters that have had the world in their grip. The process of education which is now in use by missionaries is accomplishing great good very quickly. We call your attention to Frank Laubach and his world crusade to arrive at a simple alphabet that can be taught easily to anyone. His motto is "Each one teach one." We also would call your attention to Albert Schweitzer that you may read of his great life. There are many others.

Harboring feelings of wrong actions hinders the healing of the nations. No matter how plainly we think we see selfishness, in spirit, we have no right to see it. The same is true of envy. Who has envy? If Spirit has not envy, of whom are we speaking when we talk of enviousness in ourselves or in others? If Spirit is all then we are speaking of no-body. Is it any wonder that accusation has brought great infirmity to represent it? If we call anyone malicious, revengeful or cruel, we are speaking of life, mind and spirit. This will tie us in chains so that we are not free to do anything well. It is against such that we use denials that the spirit may stand unchained to do great works for us.

Man is in the midst of learning the divine harmony between his mind and the Universal mind, from which the true world springs, that man may become one with this mind. This is illustrated in the Book of the Revelations of Jesus in chapter 22:4 "And God shall wipe away all tears from their eyes: and there shall be no more death, neither sorrow, nor crying, neither shall there be anymore pain: for the former things are passed away." It was John who said: "Behold the Lamb of God which taketh away the sin of the world." (Jno 1:29) In symbology the Lamb is the pure Spirit, and even by worldly standards the lamb is meek and never suspicious. The Lamb of God is Jesus Christ, who condemned none, loved everything and healed instantly. It was He who said "All power is given unto me in heaven and earth."

If you are feeling that you must be protecting yourself against something, examine the cause. Do you put up an umbrella against nothing? Furthermore: an umbrella is a nuisance in pleasant weather. If God is your mind and your world, what have you to fear? Fears are a burden and take effect in the blood and in the bones, but if we are convinced that there are no mistakes, we are free.

In order to behold the Lamb of God, represented by Jesus Christ, we must have the same mind that was in Him and then we shall see Him as He is. He is our protection and in Him we do not have to bother about any other protection from evil. In Him, evil does not exist. "Thou wilt keep him in perfect peace whose mind is stayed on Thee, because he trusteth in Thee." (Isaiah 26:3) This is an ancient truth. Also, "I will fear no evil, for Thy rod and Thy staff, they comfort me" is familiar to all Christians. These Truths must take on a new meaning to us, for we do not inherit sin and neither is it remembered against us. The Real man has never harmed anyone.

Socrates said that the prosperity of the wicked was one thing that troubled the good people and even today the good people do not seem to understand this situation. Some mistakes touch the body of people and some touch the affairs, and some touch both body and affairs. There is a standing joke in regard to the ulcers of high tension business men of this day. Selfishness and envy can even come out in one's children as the result of one's thoughts.

Each one has plenty to do to maintain harmony, to keep his heart and tongue, to act from his real, spiritual center instead of from the standpoint of false beliefs or vain imaginings. Truth is one, unchangeable, not two. Your imagination can take its choice, but it is much better to imagine good than it is evil.

Man naturally thinks there is something higher than himself, God, but He is not as some have imagined Him to be, such as one who sends affliction, pain and such. With our reason we are ready to give up these old beliefs and accept the God of Goodness only. The bad and the wicked are only the shadows of the substance of good. You may have noticed how a good trait often seems to throw down its opposite. For instance jealousy is the long headlight of generosity, because in some way we expect others to be as generous as we are and if they are not, we are tempted to make comparisons. But jealousy is nothing, while generosity is something, for it is God's presence. To call evil a shadow, makes the goodness come into plainer sight.

Even after we know the Truth, we sometimes forget and fall into the ways of the world, the old ways of begging God for something. To counter-act this it is suggested that we take some wine of doctrine, such as stronger and warmer ideas of life. The living creatures of thoughts that the waters of consciousness bring forth, are the people around us, our friends and our families. Let your flowing thoughts be rich in affection, love, life, joy and harmony. Our pure reasoning allows us to do this in understanding. The more enthusiasm we have for the Christ way of life, the warmer will be the love for the world, for God and the Truth. "Greater love hath no man than this, that he lay down his life for his friends" (Jno 15:13). We interpret this to mean to lay down your former life for the spiritual life. The warmer the love the more friends and joy surround you. This is called Self-confidence.

People who lack Self-confidence are those who have not warmed into confidence in their doctrine. They as often accuse themselves of sin as they do the other fellow. Some think this is permissible, but nothing alive and solid with success ever stays in the hands of people who are given to accusing themselves or others of sin. Prosperity will seem just ahead of those who believe that people are envious or jealous, revengeful or cruel. Also, health will seem to be just out of their reach and healing power will slip through their fingers. Stop accusation and the waters of the mind will gather prosperity so fast and so tangibly that you will be astonished. New healing power and new ideas will also attend you.

In High Truth we deny all sin, even that man ever fell from his God estate. As our substance, intelligence and nature are God, we are not even permitted a poor opinion of ourselves. If the spirit within rises in great strength, you will have great confidence in your mission, your work, and your power. Great victories have been brought about by looking to this inner confidence. An impressive one in the Bible is about Gideon and the heavenly host.

Your principle of life is worth believing in with all your heart and soul or it is not worth believing in at all. So, decide what you believe in and maintain it. People who ignore the sins of their neighbors the most are the best loved and become the best healers. So, make up your mind about the question of sin, settle it in your mind that you may have harmony in the externals. Old discords and inharmony will cease and new creations will spring forth. Even writers must have confidence in the light within, though they may not always fully understand what they are given to write. You have only to read the lives of the great ones in order to see this, but they believed in their inspiration. Anything worth doing is worth doing with all your might.

Jesus Christ taught the making of gold, by the making of bread. You must believe that God works in your to will and to do His good will. In this established belief, nothing can work harm for you regardless of any appearance. If you love them that love you, what reward have you? The new commandment says to love them that hate you and that despitefully use you. God is in this way working the reward in the delight right at hand. Certain ideas produce conditions. If we believe that evil is going to happen to us because of something we have done in the past for which we have not forgiven ourselves, it shows that we have no confidence in God as a good, forgiving Father. What measure ye mete shall be yours and you may not like what comes forth, but you believe that way. You recall that fear is faith in evil and your faith brings it to pass.

Let us apply these instructions to the problem of health and we find that people who lament much over anything always have liver complaint. In the words of Jeremiah; "Mine eyes do fall with tears, my bowels are troubled, my liver poured out upon the earth." Here are three maladies mentioned. Back of lamenting there must have been something to lament about and generally it is some wrong done by someone.

This never took place in God's kingdom, for spirit never laments, so there is no disease. This reasoning put mentally to a student, causes the river of Truth to flow through his dry lands washing away the history of disease and bringing out living health. The only reason to hear the history of a case is to deny it. We can scientifically deny disease for the whole race, such as hypocrisy, deception and other things that bring disease. You can tell that the world is absolutely well. In the words of Isaiah 33:24 "And the inhabitants shall not say I am sick."

The reason so much is said about bodily cure is that one who is at ease can catch ever higher Truths. Bodily health often depends on prosperity and moral integrity. As we raise our consciousness of health we can touch each separate need of a person the minute we look at him. The minute you understand the good everywhere and that you, yourself are good, everything looks different. Nothing is as bad as you formerly thought it to be. You have no idea how soon you forget evil when you have sight of the good. You step right over it as though it was a pile of weeds. Confidence in good enables us to do good work. This is formulating truth. When you see some one who seems to be selfish you can say with authority, that spirit never formulates in selfishness, or Truth never expresses in selfishness. Let this be our affirmation "I never accuse myself or my world of selfishness."

***** THOUGHT GEMS *****

"Behold the tabernacle of God is with men, and He will dwell with them and they shall be His people, and God himself shall be with them, and he their God. He that overcometh shall inherit all things; and I will be his God and he shall be my son."

" The anxious and distrustful constantly require that their companions speak their praise, Holding it as a gross discourtesy, if any disagree with them."

Helene Mullins.