

THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

Dear friends:

We expect many of you to experience healing in every department of your life and as we study together you will understand what we mean when we say that no man heals another, but it comes from your consciousness of health. However, we are glad to pray with you over any particular problem, for there is strength in numbers.

We have quoted on the front page of this instruction from a pamphlet, "The Power of the Name", by H. B. Jeffery, a great healer and teacher.

We would like to continue a little more on the subject of the Name. Since every name when spoken, vibrates throughout our whole body, then this Name when spoken, shall move every cell and atom of our being, and set them to a rhythmic movement in harmony with itself.

A repetition of any name serves to fix it in the mind, so also will our repetition of the everlasting one establish the vibratory action of the Name as a moving force in the body. And if that Name be much dwelt on, the power of it shall become the major force within us -- until we shall no longer hold the Name, but the Name shall possess and sustain us.

Thus do we become imbued by it; thus are we absorbed in it; -- baptized into the name of Jesus Christ. And only as we become baptized into it shall we know its mighty power and significance. Some have said to repeat it nine times, pausing between every three, like this; Jesus Christ, Jesus Christ, Jesus Christ ---- Jesus Christ, Jesus Christ, Jesus Christ ---- Jesus Christ, Jesus Christ, Jesus Christ. This is to be done reverently and in meditative mood, thinking into the meaning as long as you can effortlessly do so.

With praise upon our lips and in our hearts, we send our blessings.

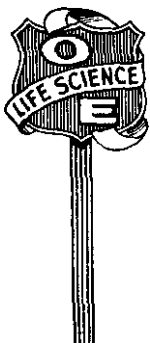
In His Name,

THE ORDER OF THE ESSENES

Enc. 147

By

S. Hamner Davis



THE Essenes

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INSTRUCTION #147 Assuring to the Acceptable & Accepted
HEALTH, HAPPINESS AND SUCCESS.

HIDDEN IN THE NAME OF JESUS CHRIST IS
THE SECRET OF ALL POWER IN HEAVEN AND
ON EARTH; AND TO HIM WHO WILL ENTER INTO
THAT NAME, IT WILL BE GIVEN HIM TO KNOW
THE MYSTERIES OF HEAVEN. HOW SHALL WE
ENTER INTO THE NAME? BY INTENDING OUR
MIND TOWARD IT; BY REPEATEDLY SPEAKING
IT; AND BY MEDITATING UPON IT.

H. B. Jeffery

THE SPRING OF LIFE

The first chapter in Genesis gives us the order of creation as compelled by the First Cause; but we want to remember that the first chapter is creation in Mind, the realm of Divine ideas. The seventh statement is: "Let the earth bring forth." What can mind bring forth except thoughts? Moses is speaking of Divine Mind in man, and because we have not acknowledged it as the only mind, we have hidden it almost entirely. Therefore we will try to let it bring forth, for as soon as we uncover it, it shows its action in making fresh life in everybody and everything we meet, and in this way the original health and strength, provision and protection are made visible. This action is showing more clearly all the time, that which is already worked out in spirit.

Even healing is not healing, for Divine Mind needs no healing, but we make statements for appearances. As God is free, so mind is free. When we say, "Let God", we mean to get our false beliefs out of the way, in order that we may see spirit. The more of spirit we see the more perfectly we see things. All things are waiting to be looked upon by us as they really are. Did you ever notice that the friend who praises you the most, is the one you think understands you the best? Mostly the soul is generous and good, for everyone likes to feel they are good, so the ones who see us as good please us the most. Some do not understand this doctrine, how we can call evil, good.

Moses and Jesus tell us the same thing, to let Spirit tell of herself, and certainly there will be no mention made of evil. So we can conclude that to the extent that we see evil, we are just that far from seeing spiritual truth. Can you see that if God the good is Omnipresent, that which is not good is not really present, except in our minds? Nothing really exists outside ourselves, for we feel that which we realize, if God, then we feel God within ourselves. We have power over and with our realizations, so we train our realizations first, and deal with the world that enfolds us secondly.

If you analyze the instructions you will see that there are six lessons devoted to God in the soul, the true self, and these last six are devoted to our relations to the world. Many religions, one way or another, have taught that "As a man thinketh in his heart, so is he." "By thy words thou art justified." What do we mean when in times of stress we exclaim, "Let me get hold of myself"? Our thoughts and words are the breath of our minds. There are those who breathe out cruelty, pestilence and poverty. There are words which exhilarate the mind, just as there are airs that exhilarate

the body. People can breathe the spirit of gloom until they are spoken of as gloomy ones and their faces look tragic. One can breathe the vital breath of health deliberately.

There is an elixir in the words of Truth, and as we keep them going continually, they change the life and powers. Everyone is a miracle worker by inherent right, so give your true self a chance to do all your thinking and speaking. "Hear and your soul shall live". Do only those things which you see the Father doing. "In the morning sow thy seed and in the evening withhold not thy hand, for thou knoweth not what a day may bring forth." "Be not weary in well doing, for in due season ye shall reap, if ye faint not."

Is it true that God has ever afflicted anyone? If we say so, we are breathing dis-ease. If we say we are unhappy, we shut up the breath of joy which is the river of life. We have choice in the matter, so tell words of truth to the world and they bring their fruit. Tell the way of the spirit so often that you bring her close and into visibility. If you seem to be sick, nothing has happened to the real you, but you have caught some of the world's false beliefs in your thoughts. Like a net of fish, we take out those we cannot eat and throw them back into the water. It could be as simple as believing that disease comes from some material cause, which is not true, for all is in thought first, so we deal with thought first and externals afterwards.

There is nothing to be gained by telling some one in evident pain that they do not have it, unless they too, are in the truth. It is better to withhold the words, and silently know the truth, for if we truly know it, and the person has asked for help, he will be set free. Praise is the quickest way to start the healing power flowing, never accusation. The accusing mind never heals, for love heals. Is it the cheerful doctor or the doleful one that gets results? Cheerfulness is electrifying. Too much denying can keep the condition before one, until the patient catches fear instead of healing. Perfect love takes away fear, and you will find that any good word that bubbles over from a consciousness well established in irresistible health and vigor, has a healing quality attached to it. Laughter has a miraculous effect to dissolve inharmony, and can change the groove of a patients mind.

Let us take a simple illustration of a belief that can make one sick, such as, sitting in a draft. You might move out of the draft in order to be comfortable, but at the same time make the change in the mind, and some day the mind will be so clear in regard to it that you will not notice or believe there is such a thing as a draft. We do not attempt to make a show of ourselves, nor fly in the face

of false statements to prove what the personal man knows, for it may be false pride, and not real faith. Agree with God while facing the adversary. It is fear that makes certain conditions anyway, therefore see if you have any certain fear peculiar to you, then take it up, face it, and dissolve it once for all. Hold dominion and do not let anyone into your consciousness through fear. Your thoughts can push their veil down and leave the Holy Spirit of them free to do you great good. People are to us what we believe them to be.

Much of material misfortune can be traced to dread or fear of the influence or opposition of people that becomes the way we have prepared before us. Jesus said, "I am the way". Lead your own free life in mind and hurts fall harmlessly around you. Even the memory of old hurts can be blown away as chaff before wind. You can rise out of the reach of harm in any way and hurts are "remembered no more." Is. 65:17. There are ways of thinking about your environment that makes you a harp in the fingers of love, and your silent mind will be so enchanting, that bruised people will feel well, and the sound of your voice will be a blessed thing. Do not worry about what you will speak, for your feet will be shod with the preparation of the gospel, which is praise and thanksgiving, which bring about freedom.

In this science we will not need to keep going over the past ages of thought. We are inclined to look through the files of thoughts which have run through minds of men, to see what made them famous. We wonder what idea they held to enable them to work wonders. But if we remember that it was God working in and through them, and go to the same God and get healing knowledge, we will know the secret. The method of healing is not important, but the fact of healing is important. The method will not work unless there is power behind it. It is not always possible to tell how we heal, for human language can not describe it, but Jesus said; "I am the way," and that accounts for it as nearly as anything can. The more we follow God the less of material help for healing is needed, for all health is of God, and this knowledge lifts us into it more and more.

The more spiritual we feel, the closer we feel to God, and the more certain is the cure and the more permanent. The change in mind and heart cures more than one limitation, bad habits are dropped, tastes change, also friends and environment. When we can depend on God, we have no fear. Let us remember that it is not the plain word, but the Divine word that heals, because words can be used faithfully and no cure is affected. This has lead students to talk of having faith in words to heal, and if this is true, it is faith that heals, and the words are nothing by themselves. Looking more closely we

see that healing is brought about by having faith in health, for God is the health of His people. The good healer has his mind fixed on God, and the good comes right through the appearance of evil, by the mind being fixed on it. All the healers words about health, just express his feelings as nearly as possible. The more perfect his word, the more real the health of the patient becomes. While words are being spoken, the spirit comes in on the highway of Good and touches the sick.

There is a secret spring to the healing practice that can hardly be taught, but this science by its reasoning will keep touching it. We may not have perfected our course, because every time a scientist goes down under old age, grief, or poverty, we see that we have not beaten our own particular adversary, which was explained in another instruction. We are still exploring the healing science. Paul said that we seek the country we came from. We give all the information we can, and there are new discoveries being made in the secrets of the Lord. The secret wealth of this country lay hidden, though not lost, until explorers found it. Jesus proved His words, and we must also prove ours. But remember Jesus did not condemn any other form of healing, but said that all good would last. If we use His healing words, they must be charged with the same spirit He felt, or they accomplish nothing. How shall we get this spirit and how shall we use it? "Whence cometh understanding?" Paul said by letting the same mind be in you that was also in Christ Jesus. Let there be light!

What do we know about the Christ Mind? It thinketh no evil, is not puffed up, is not angry, is not vain, is not critical, is full of praise. This very last point is one of success. If a successful healer becomes vain or proud, he can not heal effectively. Therefore we are truly required to lay down the life for that of another. A vain or proud mind does not praise others or God. But ours is a way of praise, so continue to praise God daily until the secret of healing is revealed. It is an open secret, for it is the inheritance of all alike. Man has a right to be free from the false beliefs of others. Take this statement for your freedom; "I, as spirit, do not accuse the world or myself of evil, for all is good in living demonstration before me". You will heal people before they come to you, and after a while you will never see any sick people. Cheerfulness is part of praise, and cheerfulness raised to ecstasy is instantaneous healing.

***** GEM THOUGHTS *****

"Lord, teach me to know thee and to know myself."

St. Augustine.

Gem Thoughts continued:

"My God, Here I am, make me according to thy heart."

By Brother Lawrence

"The Lord thy God in the midst of thee is mighty, He will save, He will rejoice over thee with joy; He will rest in His love, He will joy over Thee with singing.

By Zephania 3:17

"The words that I speak unto you, it is not I that speak, but the Father that dwelleth in me, He doeth the works." "I am meek and lowly of heart. As spirit, which I am, I can preach the Gospel, I can heal the sick, I can raise the dead. I now work the works of God."

"I do not accuse the world or myself of foolishness or ignorance. The wisdom of Jesus Christ reigns in all mankind supreme. All is God."

By Emma Curtis Hopkins