

THE ORDER OF THE ESSENES
2527 SUNSET DRIVE
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

IT MAY SOUND MYSTICAL ---

--- but we believe it works. Why or how may be a conjecture -- We judge by results.

Whenever we receive a contribution to our work, such as yours we now acknowledge, we have a little silent thought like this -- "Thanks! The good being accomplished would be impossible without you and those like you -- It must return to you multiplied." --That is our desire for you, our Blessing. --The dictionary says blessing is a "divine benefit or gift" or "an invocation of happiness on another."

There is one thing certain -- If you could but know of the thousands who have been lifted from the lowest depths of despondency and defeat to happiness and pinacles of success, you would have deep satisfaction from knowing you are a party to the seeming miracles - and your pride in the accomplishment would lift you up.

That in itself is "a divine benefit or gift" -- and for you we do "invoke happiness" and send the silent thought.

Sincerely,

P. Hammer Davis

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DEPARTMENT OF INSTRUCTION

Friends:

We are sending this lesson, Number 125, with a prayer in our hearts that you, the earnest seeker, will find in it the answer to your soul's sincere desire. This lesson brings you something definite and tangible through which the worthy in all meekness and devotion, may lay hold of the very Kingdom of God. We ask that you read the last part of the lesson many times until the understanding of it has become a definite part of your own consciousness, if it seems true and reasonable to you. We would not have you accept anything that is not sanctioned by your own reason, and neither would we have you condemn anything unheard.

We, as members in the Order, want to see the Truth spread until there is actually a band of Light all around the world; that in this Light all men may see a new Light, and together we may establish that peace that is the dream of so many. You may have read somewhere this, "Lord, establish thy peace, and let it begin with me." How can one have something they know nothing about? Who is this Prince of Peace? The Lord most High in everyman! Can you or I "hold our peace" when we are tired almost beyond endurance? True peace is poise and power, not a negative acceptance of Evil, but it is having that eye Divine so illumined that we can actually "look" a thing away.

Isaiah, the prophet gives us a song that we can fit into this day, and age, Chapter 26:1-3--"In that day shall this song be sung in the land (of Judah): we have a strong city: salvation will God appoint for walls and bulwarks. Open ye the gates, that the righteous nation which keepeth the Truth may enter in. Thou will keep him in perfect peace, whose mind is stayed on Thee, because he trusteth in Thee". There is the catch. Do we have our minds stayed or established on a real foundation of Knowledge and understanding? This we will deal with again in our next lesson.

PEACE BE WITH YOU!

Sincerely,

J. Hamner Davis

INSTRUCTOR

Enc: 125



THE Essenes

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INSTRUCTION 125

Assuring to the Acceptable and
Accepted HEALTH, HAPPINESS AND
SUCCESS.

God is the One Perfect Mind, All Presence, All Knowledge , All Understanding. Spirit is the true Substance of all things, invisible and visible. There is but One Substance. The One Substance, One Mind, One Life, are forever being expressed. Like produces like. Creation is like its Creator.

As perfect Intelligence, the One Mind is known as a trinity in unity, Mind, Idea, Consciousness. In this Consciousness man finds the Kingdom of Heaven, from which all things are added unto man.

THE THIRD LEVEL OF MIND

As we continue our studies in Life Science, it is good to clarify our understanding of the meaning of the terms we use. to avoid confusion. The word Silence, as it is generally understood, includes a technique of prayer whereby the student can enter his own secret place, the central citadel where he communes with his Creator, God. It is called the place of Silence, because in it, man is thinking no thoughts of his own mind, but letting Universal Mind think in man, in the place of Silence.

The instructions have been preparing you, by mention of the Silence in former lesson, to accustom and acquaint you with the idea. In lesson 27, you have read that man in Silence has guidance from within. Instruction 41 speaks of the journeys into the Silence, and Instruction 54, on Meditation speaks of Man's divinity, and his oneness with the Father, and calls to mind that true meditation is not really for the purpose of getting anything, but of becoming united with the Father. The Creative Mind of man is in Truth, and, in fact, one with the Creative Mind of the Universe. Man really lives in a sea of Universal Mind, and has consciousness in it. Man does not really have a separate mind all his own in a personal way, but has identity in Universal Mind and uses it according to his awareness of Good. Man has free will and power of choice, and is not an automaton. Universal Mind corresponds to the word God. Man raises, expands, or deepens the consciousness, by periods of identification with his source, or returning to God in prayer. The word prayer has been used and abused, and many prefer the word Silence in place of it, but the meaning is the same in the true usage, for there have been types of prayer corresponding to each stage in the evolutionary journey of man from sense consciousness to the Light, from primitive man to present day man. There are libraries filled with many fine books on prayer, and the writings continue as man sees more light and enjoys the efficacy of prayer. But, by whatever word we designate it, it is the soul's urge upward, the search for Good, the sincere desire for satisfaction. Many great teachers of all ages have touched and dwelt in the consciousness of their true identity, and instructed others in the procedure, for no one can really enter the other's place of Silence, as it is the Holy of Holies in Man and created inviolable. In the Oriental symbolical language of the Bible, this Holy place in man is guarded by the angel with the flaming sword, so even man must purify his thoughts before he can enter his very own High place, where he communes with the Father, unites his mind with Universal Creative Mind which contains new ideas.

The third level of mind is the superconscious mind in connection with the conscious and subconscious phases of mind. Note the word phases for man does not have three minds, but phases or activities of one mind in its relationship to the world..Today's conscious thinking goes into the storehouse of memory and becomes a part of the subconscious phase, whose seat is said to be the heart. The Ancients knew this, for the old proverb says. Prov. 4-23: "Keep thy heart with all diligence, for out of it are the issues of life." Out of the heart comes the issues of life. The subconscious mind is also general to all the race; it contains the fixed beliefs of the race. The superconscious mind is the Higher Mind, the individual phase of the Universal Mind of perfection, the Christ Mind. It was this Mind that Jesus entered and became illumined. Just one touch of this Christ Mind has the power to change a man's whole life. We are all one in Christ Mind, but few are conscious of this fact, but whoever will discipline the mind can become aware of it, and have access to all that the Father has. The Divine urge in man is forever calling may upward.

The student, if he is religious will recall many passages in religious literature, and see a deeper meaning in them and will recognize that the spiritual quality contained in them has come from the High Source as some ancient seer and prophet was in the Silence.

To return to the individual application of prayer: having become comfortable and relaxed as to the body as suggested in Instruction 124, and at a time you are free, do not attempt to make the mind a blank, but taking the attention from the routine of daily living, place it on a given line of high thinking of your own choosing, such as your best loved prayer, or quotation from the Bible, or other spiritual literature. This is not hard, but easy and enjoyable. Some schools speak of denials and affirmations, which are really movements in mind from one type of thinking to another. Turning the mind from that which one does not want, to that which is desired. A simple thought process that is a continued action of the mind, for man is constantly selecting or choosing his thoughts. It is wise to have your statement of good, short and to the point, such as this one: "God's Mind is the One and only Mind, above all, through all, and in all." Quietly begin to think it over to the ultimate meaning of every word, and you will discover that something begins to gather around you, enveloping you, bringing you such a great peace within, that before you know it, you are actually one with this mind, experiencing a joy, and a

lightness maintaing your own identity. This is not self-hypnotism, it is not a trance state, or anything mysterious and queer, but it is spoken of as "being born again" a most natural experience. For the first time, a beginner is knowing what it feels like to be aware of man's real identity, is becoming acquainted with the real Self, the God Self. (Job 22:21). "Acquaint now thyself with Him and be at peace." Never be discouraged, for if you persevere, you shall surely find your way. Someone has said that man takes up the Truth, then Truth takes man up, so it is not by striving or straining or by force of will, but by a "letting go", of personality and its tensions, a surrender of all falseness, or false beliefs, that the Real man, the "I Am that I Am" may again show forth. When you have once found this veritable fountain of life, you will naturally begin a new way of life, for it flows from within, outward, just as all things visible have come from the Invisible, and are still made of the same, the one Spiritual substance.

It may take much practice, but anything worth while requires practice, in any other field of endeavor, so think about that and if you long for this with your whole soul, you will surely find it. This lesson could be called the practice of the Presence of God. In being born again man is born of the Spirit, and can become aware of his true Self at all times, and not just limited to the time of practice and prayer. This is the open reward spoken of in that great teaching of Jesus in Matt: 6:6, "But thou, when thou prayest, enter into thy closet and when thou has shut thy door, pray to thy Father, which is in secret and thy Father which seeth in secret, shall reward thee openly." Having experienced this inner joy, you will find that you want to pray, for in prayer, one is feeding the soul that has been starved for so long, by so many. "Seek ye first the Kingdom of God and His righteousness; and all these things shall be added unto you, "does not mean a life of 'doing nothing', or inactivity, just the opposite, for you will be so filled with dynamic energy and new ideas, there will be hardly room enough to receive them, or time enough to fulfill them. Having the power of choice, you will select the idea you love best, so it will be the one you can heally carry out. You will be unhurried for you are learning not to be bound by a belief in the limitation of time, but to abide in the limitless unchangeable, eternal Now, in which there is no past and no future.

Some come into the new consciousness suddenly and some gradually but all will realize they are more awake, and more alive than they ever dreamed of being. This new consciousness will radiate through the whole life and all its contacts. All life is consciousness, but each one lives to the extent of his consciousness or awareness. One of the secrets of the great teachings of Jesus must lie in the fact that He was fully awakened and as Paul says, was, "the first fruits of them that slept."

In the Science of Life we refer to Heaven, as a place of complete harmony, and this place is within man. Having completed a prayer period, abide in faith, not anxiety, and realizing you release the prayer from your conscious thinking, even though this calls for the exercise of your faith. It will drop into the subconscious mind, and do its work there. The subconscious mind is the store-house of memory, and takes its instruction from the conscious mind. In prayer, the conscious mind is receiving instruction from the superconscious mind, the mind of light, the Christ Mind. It is well to recall that the word "Christ" means "anointed", a Greek translation of the Hebrew word. We understand it to apply to the Universal Mind of Perfection and Light, accessible to every man, but used with the personal name of Jesus, Jesus Christ, so that the word "Christ", has become practically a part of the proper name. Christ signifies the Messiah of the Old Testament Prophecy which the Christian religion believes. Whether the reader is a Christian or not, we can all agree on the evidence of the new light and understanding that came into the world that changed the thinking of a large part of the world.

In a future lesson we expect to have a brief outline of religion as it has represented the ascending scale of man's idea of his relationship to the Supreme.

Another word used in this lesson is the word "Soul". Many people use the words, soul and spirit synonymously, but for the sake of understanding we do not use them so in these instructions on the Science of Life. Spirit is the moving force of God, over all, in all and through all. It is the activity of God, Spirit and Mind are synonymous terms, the one Intelligence of the Universe. Let us illustrate: an idea arises in man's mind of something that he wants to do: this idea is the son, and he expresses that idea in definite thought--that is the Spirit going forth to accomplish that whereto he has sent it. The Father is Principle.

The Son is that principle revealed in a creative plan. The Holy Spirit is the executive power of both Father and Son, carrying out the creative plan. Thus we might also say, Father is Being in the Absolute, the Unlimited, the Unrelated; Son is I Am identity of Being; Holy Spirit is the personality of Being. The Holy Spirit is not all of Being, nor the fulness of Christ, but an emanation or "breath", sent forth to do a definite work. The Holy Spirit is the law of God in action, and in that action, it appears as having individuality. From this the Hebrews got their concept of the personal tribal God, Jehovah. The Holy Spirit may also be defined as the whole spirit of God, and can be known by man only through his spiritual nature. The prayer of the soul alone in its upper room, (state of high spiritual aspiration), brings down the Holy Spirit.

We speak of man as being spirit, soul, and body. Spirit is I Am, the same as Divine Mind or God in man. Soul is man's consciousness, that which he has apprehended or developed out of Spirit, also, the impressions he has received from the outer world. Soul is both conscious and subconscious. Body is the form of expressions of both Spirit and Soul. In its invisible forces, it expresses spirit, and in its seeming materiality, it pictures the limitations of Soul. When man puts out of consciousness, all limitations, and realizes the perfection of Spirit, his body will be perfect: in other words, the Salvation of the Soul results in the redemption or spiritualization of the body. Is it any wonder that man is said to be just what he sees himself to be? You see that the soul is not the realm of God ideas, but is the second emanation in the Creative Law. This is the "Garden" of Gen. 2.8 in which are all possibilities. The Supreme Being lies deeper than the soul, therefore, mind must grasp ideas in their absolute, unrelated, and unlimited degree, before God can be comprehended.

Man is eternally one with the Father in His divine essence, as the Divine Will, but when that Will is sent forth to carry out the ideals of the Father, Wisdom, a condition is set up, a state of consciousness called the soul, and its outer court, called the body. This consciousness of condition is called the soul; the body as the outer court, is an exact representative, in form, of the ideals that are revolving in the inner realms of its domain. The difference between soul and spirit can be explained thus: The soul touches the inner realm of Spirit from which it receives direct inspiration, and the external world from which it

receives impressions, but as man brings into expression the original purity of the Divine Consciousness, his soul is purified. The indwelling Christ is the Son of God or spiritual nucleus within each individual about which all our thoughts must harmonize, before we can bring into expression, the divine consciousness. The Spirit of God is the Divine Consciousness carrying out the Christ ideas.

Father-----Mind
Son-----Idea
Holy Spirit----Expression

MAY THE MIND THAT WAS IN CHRIST JESUS BE
IN YOU ALSO!

GEM THOUGHTS

Confucius said: "Is it not a pleasure to learn with
a constant perserverence and application?"

Confucius said: "Hold faithfulness and sincerity as first
principles, and be moving continuously
to what is right."

"The sickness of the world must be cured, not by fear or
force, but by a change in the heart of such individual."

--Sir Wilfred T. Grenfell

"Any gift made in the spirit of service to mankind is
indeed a prayer."

--Lao-Tze