

THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

GREETINGS: --

We begin another year's work, confident that in you are many latent potentialities, and that you can and will advance with us - and prove worthy of universal citizenship - and will help in the attainment of our objectives for all mankind. They are simple. Above all, they are attainable.

Let our joint endeavor be to broadcast a new and refreshing understanding of the laws of individual and social health, to teach the truth respecting man's psychic needs and duties, if he would attain health, happiness and material well being.

Let us deal in long-term values instead of short term values. We must be convincing that man has dominion over causes and that this is an orderly world and consequences or effects will inevitably be of the value and of the flavor of the causes.

The world pays homage to impersonal science. Let us add our mite by showing something of the grandeur of personal science, that science which by the process of reasoning can show the unity of man and the infinite, and let us be faithful in the preparation of many for world citizenship and inculcate the understanding of universal relationship and stress the dignity of man as the instrument of expression of an infinite plan and by our own good life show that we are "organs of its activity and receivers of its truth" (see front cover Instruction Number 105).

Three years of association has given us a deep appreciation of you. We have faith that we can demonstrate to you that we are "receivers of its truth" and can be helpful and we assure you that all we have or receive of understanding is ours only to give to you and all who would know "a good life" - and help to demonstrate that Life is a Science - and earthly rewards are in accord with understanding and balanced compensation.

Sincerely,

THE ORDER OF THE ESSENES

By

S. Hamner Davis

Enc. 105



THE Essenes

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INSTRUCTION 105

Assuring to the Acceptable and Accepted
HEALTH, HAPPINESS AND SUCCESS.

"WE DENOTE THIS PRIMARY WISDOM AS INTUITION, WHILST
ALL LATER TEACHINGS ARE TUITIONS. WE LIE IN THE LAP
OF AN IMMENSE INTELLIGENCE, WHICH MAKES US ORGANS OF
ITS ACTIVITY AND RECEIVERS OF ITS TRUTH. WHEN WE
DISCERN JUSTICE, WHEN WE DISCERN TRUTH, WE DO NOTHING
OF OURSELVES, BUT ALLOW A PASSAGE TO ITS BEAMS."

--- Ralph Waldo Emerson

LET US THUS PRAY: -- "FATHER, THY WILL BE DONE
THROUGH ME."

LO! A DEMONSTRATION WILL TAKE PLACE

There was a time - not so long ago - when the physicists bee-hoohed and pee-peohed the idea of metaphysics. But when they found that matter and energy were interchangeable, and began to deal with atoms and electrons, the invisible and the intangible - and found that there were relatively few elements in the world and the universe - and that the material things of earth varied by reason of the varying combinations of these simple elements and that they combined on a basis of attraction or affinity, the skepticism began to dissolve. Is not an affinity (a love) a mental or spiritual thing - and does it not precede the flying together or unity which progresses from electron, atom and molecule to materialization?

Likewise dislikes cause repelling and a separation of units. Yes, the electron is neutral - just a unit in the ocean of units until acted upon by a mental force -- it takes on likes or dislikes -- and then creation begins - and creation is going on today, as it has gone on for millions of years. It is called evolution.

Great was the discovery that the atom, an invisible, could be smashed, and that within was inconceivable power.

The atomic bomb takes but a small sample of one element, uranium, and produces an explosion of less than one-tenth of one percent of the atoms of the material substance uranium and destroys complete cities and sears the earth to a molten glass-like crust for miles about - and emanations and rays from it for days and weeks are deadly.

Scientists pretty generally were atheistic and almost universally agnostic - and gave religion a wide berth -- And in this thinking there is a noticeable and notable change.

Witness -- Professor J. B. Rhine of Duke University says: "The basic question for any religion, as I believe all will agree, is whether there is a spiritual factor in man. It is a first question, and without a positive answer there would probably be nothing that could rightly be called a religion. The term "spiritual" is, of course, a religious rather than a scientific one, but its meaning is relatively clear and can be converted to scientific terminology. It means, first of all, extraphysical -- something subject to principles that lie beyond the physical system of nature. Originally it may have denoted simply the "immaterial," but, as the term "physical" has itself expanded beyond the range of simple matter and its motion, the concept of the spiritual has become adjusted to mean "beyond the mechanistic or physical systems as we knew them."

"The findings of parapsychology have a bearing on this basic question of religion that is, I think, unmistakable. They have yielded varied and extensive experimental evidence of extraphysical processes in human subjects; and this, if my translation is correct, means that they have confirmed the occurrence of a spiritual factor in human personality."

Metaphysics is not a trick or trickery. It is not a religion - theology or creed. There is nothing woo-dee about it. You do not wear multicolored turbans or gaze in glass balls for an understanding of it; neither do you acquire that understanding from those who do.

Physics is the science which treats of matter and motion on a physical basis and not according to chemical composition. It embraces the study of light - sound - electricity, etc. Put "meta" before "physics" and you add the thought of "over" or "above" and you sense that it has to do with the cause behind manifestation.

Your high school dictionary defines metaphysics as the science of first principles; the philosophy of being and of knowledge; mental science.

Right thinking is by this science given its place of primary importance and recognized as the vital factor in human affairs. It is the creative principle.

Certainly there is some power or energy that has to do with human relations. Our lives are largely a matter of our thinking, our emotions and our ideas. By our use of these do we get along happily and effectively with our fellow man or we bring about antagonisms and inharmonious relations, and always do we have an inner reaction. The effects largely abide with us, whether good or evil, and go forth to effect our worlds -- our environment.

We live within a sea of energy or power - we partake of it and we emit and give forth power. In other words there is one source of power - It is universal.

Let us get the physical aspects of this thing firmly fixed in our minds - and it is but a step and a scientific step to the non-physical or what may be termed the etherial or spiritual.

Every material thing is composed of minute units called molecules. -- Your silverware - your glassware - your food - your water - your body. No exceptions. These in turn are composed of smaller and simpler units called atoms.

How large is an atom? If magnified a millionfold it would make a speck no larger than the period which closes this sentence. Therein is the power or energy you read so much about when reading of atomic bombs.

The size of the molecule? It is almost unimaginably small --- much too small to be seen by the naked eye or ordinary magnifying glasses or microscopes, but we do have instruments which by magnification make them visible and their behavior observable.

While an atom is the tiniest particle of any chemical elements that can exist by itself and retain the qualities that mark it as that element, yet all atoms are composed of standard interchangeable parts. These are protons, neutrons and electrons. The structure of the atom is much like that of the solar system. The electrons like the planets revolve about a nucleus. The protons and neutrons are the nucleus or center which corresponds to the sun in the solar system. The electrons revolve millions of times a second.

Molecules, like the sun and the planets, attract each other. The inter-molecular attractive force is electrical in nature. Of course these things were not understood in the scientific sense by Jesus, but evidently were sensed when he said: "The father and I are one," - and likewise that you and the father are one.

The term "father" was understandable in these days. It carried the sense of protector and living source.

We have stressed that there is a relation and a close relation in all knowledge and in all things - and we are all basically one - "One with the father" is the religious form of expression.

In our schools we teach reading - writing and arithmetic; Latin, grammar and algebra; Greek, geometry and calculus; Chemistry, mechanical arts and physics, and we sadly neglect the simple art of getting along with ourselves and with one another. Our aim in life is health, happiness and success. Text books there are on how to get along with horses, dogs and other animals - but human relationships are left to chance and environment.

Of course, people want health, but psychic health is the forerunner of physical health. Psychic health brings about peace of mind and spiritual stability. Without these we have anxiety, fears, and tensions, and thereby the free flow of the power in which we live and have our being and which keeps us alive is impeded or shut off.

Happiness is sought by all. People act the way they do because they believe it is the only way that will insure them happiness. Happiness is just the way we view things. It is mental integration -- an arranging of our ideas, a control of our emotions and thought patterns.

The Master Metaphysician is just one who recognizes that "as a man thinketh, so is he" and who gives study to the ways and means of bringing about a proper mental balance, and then depends upon the scientific fact that all nature works for perfection - that the universe is in good order - and that principle works in accordance with laws which are undeviating and unchangeable by petition to any source.

The constant endeavor of the metaphysician is to perfect himself so that he may recognize conditions as they are intended to be. His desire is that he may by helpful suggestion give truth the opportunity to shine. Above all, he recognizes that all of the power that is without is within also and that he and all men are veritable power houses and all are drawing from the same source - and that mind is the cable and connection. Mind is a result as heretofore set forth - and its resultant action is a force or energy that goes forth to effect all mankind. Man draws from and contributes to the universal.

Atomic energy has startled the people of the earth when leered destructively. That same energy is within man. The great secret unfolding to man is how to use it for his own welfare and the welfare of all mankind.

It is presumed that if one desires the understanding which legitimately would entitle one to be known as a Metaphysician, the desire is based upon a longing for understanding of self - the "I" of his being and to use the knowledge for the benefit of others.

This understanding does not abide with one if not used. He who understands or thinks he understands and condemns or looks with disdain or contempt upon the one seeking help, has at that moment lost the power that comes from the understanding.

It is just the old law of giving in operation -- As ye give, so shall ye receive.

Bruce Barton, during World War II, wrote a little piece to be used in a war fund drive which is a sermon in itself and which approaches in sublimity Lincoln's Gettysburg speech. It was entitled, "There are Two Seas." Here it is:

THERE ARE TWO SEAS

"There are two seas in Palestine. One is fresh, and fish are in it. Splashes of green adorn its banks. Trees spread their branches over it, and stretch out their thirsty roots to sip of its healing waters.

"Along its shores the children play, as children played when He was there. He loved it. He could look across its silver surface when He spoke His parables. And on a rolling plain not far away He fed five thousand people.

"The River Jordan makes this sea with sparkling water from the hills. So it laughs in the sunshine. And men build their homes near to it, and birds their nests; and every kind of life is happier because it is there.

"The River Jordan flows on south into another sea.

"Here is no splash of fish, no fluttering leaf, no song of birds, no children's laughter. Travelers choose another route, unless on urgent business. The air hangs heavy above its waters and neither man nor beast nor fowl will drink.

"What makes this mighty difference in these neighbor seas?

"Not the River Jordan. It empties the same good water into both. Not the soil in which they lie; not the country round about.

"This is the difference. The Sea of Galilee receives but does not keep the Jordan. For every drop that flows into it another drop flows out. The giving and receiving go on in equal measure.

"The other sea is shrewder, hoarding its income jealously.

"It will not be tempted into any generous impulse. Every drop it gets, it keeps.

"The Sea of Galilee gives and lives. This other sea gives nothing. It is named the Dead.

"There are two seas in Palestine.

"There are two kind of people in the world.

"Which kind are we?"

So, as Metaphysicians we must learn to give, we must make our presence conducive "to the splash of fish, the fluttering of leaves, the song of birds, children's laughter - a route which would be chosen by travelers."

To be effective we must have a conscious knowledge and recognize at the outset that the thing we deal with is intelligence, and that intelligence is a force, electrical in nature, which affects the building blocks of the universe in an architectural way and in a constructive way, and that it can be far more effective than drugs and material technics.

Colonel Lauren H. Smith and Captain Heratio C. Wood, U. S. Army Neuropsychiatrists in discussing mental treatment of physical ills had this to say: "The basic premise on which any psychiatric approach must rest is the conviction that people, and particularly the individual at hand, are inherently normal and good, and that any deviation from this in behavior or conscious motives and intent is due to illness, physical or psychologic, which in a great majority of cases can be cured."

"All that is needed to bring about psychologic balance and re-integration is to find the reasons for their behavior and intentions and slowly, let it be repeated with emphasis, SLOWLY to re-educate them - not by sudden or immediate expectulation and haranguing nor by dumping on them our reasons for considering their actions or ideas unwise; reeducation is achieved by little hints here and demonstrations and little advances there, until they see the light and accept these reasons deeply as their very own."

"Psychoneurosis is merely emotional illness deriving from ignorance, false experience or fear, occurring in a person with an essentially normal mind and nervous system, but disturbing the integration of psychologic forces that lead to adaptive behavior."

"It is reasonable to state that there are few if any psychoneurotic persons who cannot be aided in regaining normal mental health by an operator who is friendly, observant, skillful in understanding and influencing, and practical in manipulating the environment as needed."

"So-called neuretic or normal is merely a matter of position along a scale of security and self confidence, knowledge and belief."

" Each of us has the potentiality of developing a psychoneurosis if we are only subjected to a sufficiently intense or chronic strain of ignorance or of false and threatening experiences, or of fear."

In this the third year of our study of Life Science, or the Science of Life, or the Science of human relations or soul or spirit integration, we must base our studies upon conditions as we find them in this work-a-day world and must ever be conscious that we can move with a real force or energy upon the units of creation.

We must ever have the constructive attitude -- we must believe in ourselves - in our fellow man and in the principle that good - order and wholeness is the normal - and that we ever strive for the normal - and that the result will be health and happiness, and that proper adjustment to our fellow man in the spirit of service will result in material well-being. Then will fear and foreboding disappear from our horizons, and lo! a demonstration will take place!