

THE ORDER OF THE ESSENES

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TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

THE EMPIRE OF MAN

LIES WITHIN -

When you have a theory, know it from every angle, understand all reasoning connected with it and conclude it is sound in every particular, then comes the supreme test - to put it into practice.

We say that there is a way to so blend or merge your finite or human intelligence with infinite mind, you can control your own destiny. By the study of these instructions you have been preparing the seed bed and planting the seed and you have a right to and can expect to see the flowering and enjoy the fruit in your own life and affairs. Upon this our growth, extension and usefulness to millions depends.

The exact sciences agree that matter is of the same general nature as an idea or thought. We teach that a thought is an imprinted or patterned electron, and that as you think you imprint or give design to the electron.

Effects and causes must be alike in their nature, otherwise the foundation of science is upon shifting sand, - and we know that it is not.

Therefore Sir James Jeans was completely logical in the statement: "to say that mind cannot influence matter now becomes as absurd as to say that mind cannot influence ideas." We trust you will remember that we have taught that this "influence" must be in the formative or embryonic stage of matter.

We want you to remember further that we have told you that the same power which creates conditions, can dissolve them. It is like a motor with forward and reverse gears.

Whenever you meet a negative situation the correction of it lies not in dwelling upon it. You will never encounter a negative of which there is not an exact positive opposite. Here you meet the basis, the reason and the principle behind the religious teaching - "if there is anything of good etc. - think upon these things" which we have heretofore touched upon in our instructions.

It is not long now before we go into the matter of the technique. Having mastered that you approach Life Science Mastership, and in your own life and affairs you will work revolutionary changes.

In this modern world of cults and "isms" there has been too much of "influencing" people and "mastering" conditions, - seeking to change others and to "influence" matter in terms of the materialized. Where the work has to be done is within you. When YOU, the real you, alters and changes the material and conscious you, circumstances, relations and consciousness change and thus by indirection you achieve, accomplish and make a life.

The Empire of Man lies within. Learn mastery of this, and the religious promise of mastery over all will be fulfilled.

Sincerely,

THE ORDER OF THE ESSENES

*J. Hamner Davis*

Enc. 88



# THE Essenes

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INSTRUCTION 88     Assuring to the Acceptable and Accepted  
HEALTH, HAPPINESS AND SUCCESS.

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" ALL GREAT TRUTHS ARE IN THEIR ESSENCE  
SIMPLE; AND THE ABSENCE OF SIMPLICITY OF  
STATEMENT ONLY SHOWS THAT THE ULTIMATE  
FORM HAS NOT YET BEEN REACHED.---BOTH  
MATTER AND LIFE CONSIST OF UNIT STRUC-  
TURES WHOSE ORDERED GROUPING PRODUCES  
NATURAL WHOLES WHICH WE CALL BODIES OR  
ORGANISMS. THE WHOLE IS IN THE PARTS  
AND THE PARTS ARE IN THE WHOLE. THERE  
IS A METAPHYSICS STILL TO BE WRITTEN,  
WHICH WILL LAY BARE THE ULTIMATE IDEAS  
INVOLVED AND THEIR RELATIONS AND VALIDITY."

General Jan.Christian Smuts.

A BODY "POSSESSED" - IS -- BY "YOU" ONLY

That men may learn to place the true values upon the ways of life is the object of our instructions. Harmony in life comes with understanding and controlling the power inherent in thoughts, mind being so constituted that life, with all of its affairs and experiences, is shaped and moulded by the pattern of its output-thoughts. A thought - every thought - is an electrical impulse, or an electron of definite design.

The science of biological electricity is in its infancy. Man's electrical nature cannot be questioned. The earth has its peculiar electric field - living organisms possess their own - our body in all its parts is a miniature solar system of electrical particles.

All of the varying electric currents or potentials are related. A current originates in brain cells ( a thought) - it stimulates or sets in action other currents or potentials - and these in turn set others to work and inversely these currents or waves stimulate the initiating wave, and the malady or dis-ease can be and is detected in the action of the brain wave.

The Thought! Medical science agrees that any malfunctioning caused by mental processes can be corrected by mental processes. Wherein then is mental healing " out of bounds?"

Electricity flows all around us and in all living things. We are constantly bombarded with interstellar or cosmic rays.

Keep in mind that it is demonstrated in a thousand ways that thoughts do affect the chemical reactions in the body - the mechanics of the body - the motor or muscular reactions. With these thoughts in mind, a review of these instructions from the beginning will give new meaning to them, and strengthen your faith in "You" - the director of this great human mechanism.

Mind is a result - electrical in nature - and it is definitely known as we point out that every part of the body has definite electrical potentials. The interplay between mind and body is electrical in nature. This interplay can and does set up reactions chemical and mechanical in nature in the human body.

There is nothing uncommon about that in our every day lives. The "electric eye" gets the shadow of a person passing. It throws a switch - The switch starts a motor, the motor puts other mechanisms to work which opens the door.

The object of our instructions is to bring you the understanding of mind - the realization of the power of thought, and to make it a matter of knowledge, not just a belief. To bring to you the conviction that inherent within you are the forces man calls God and that they are yours to utilize. Prayer (sincere desire) and affirmations ( suggestions) are instrumentalities available to you with infinite possibilities.

That we may observe mind in its many phases, and under all conditions, normal and abnormal, we shall further consider phenomena related to hypnotism.

We hear much about trances and trance mediums, but it is a safe conjecture that ninety-nine out of a hundred who advertise as trance mediums and offer to tell fortunes are mountybanks. In fact, we are inclined to include the other one percent.

The fact remains however that there is a state which may be properly called a trance, and there are people who do experience such states.

Of it the Encyclopedia Brittanica, from an extensive Bibliography has this: "Trance, a term used very loosely in popular speech to denote any kind of sleeplike state that seems to present obvious differences from normal sleep. In its original usage the word no doubt implied that the soul of the entranced person was temporarily withdrawn or passed from the body, in accordance with the belief almost universally held by uncultured people in the possibility of such withdrawal."

"But the word is now commonly applied to a variety of sleeplike states without the implication of this theory; ordinary sleep-walking, extreme cases of melancholic lethargy -- the deeper stages of hypnosis."

"The common feature which more than any other determines the application of the name seems to be a relative or complete temporary indifference to impressions made by the sense organs, while yet the entranced person gives evidence in one way or another, either by the expression of his features, his attitudes and movements, his speech or by subsequent relation of his experiences that his condition is not one of simple quiescence or arrest of mental life, such as characterizes normal sleep and the coma produced by defective cerebral circulation by toxic substances in the blood or by mechanical violence done to the brain."

"If we refuse the name trance to ordinary sleep-walking, to normal dreaming, to catalepsy, to the hypnotic state and to stupor, there remains two different states that seem to have equal claims to the name; these may be called the ecstatic trance and the trance of mediumship respectively."

"Trances of these two types seem to have occurred sporadically (occasionally almost epidemically) amongst almost all peoples in all ages. And everywhere popular thought has interpreted them in the same ways. In the ecstatic trance the soul is held to have transcended the bounds of space and time, and to have enjoyed a vision of some earthly event distant in time or space or of some supernatural sphere or being. The mediumistic trance, on the other hand, popular thought interprets as due to the withdrawal of the soul from the body and the taking of its place by some other soul or spirit; for not unfrequently the speech or writing produced by the organs of the entranced subject seems to be, or actually claims to be, the expression of a personality quite other than that of the sleeper."

"Modern science has rejected these popular interpretations. It inclines to see in the ecstatic trance a case of hallucination induced by prolonged and intense occupation with some emotionally exciting idea, the whole mind becoming so concentrated upon some image in which the idea is bodied forth as to bring all other mental functions into abeyance."

"Science regards the mediumistic trance as a state similar to deep hypnosis, and to explain it by the application of cerebral or mental dissociation in one or other of its many current forms. A striking feature of mediumistic trance is the frequent occurrence of 'automatic' speech and writing; and this feature especially may be regarded as warranting the application of the theory of mental dissociation for its explanation, for such automatic speech and writing are occasionally produced by a considerable number of apparently healthy persons while in waking condition which presents little or no symptom of abnormality. When, as in the majority of such cases, such speech or writing merely gives fragmentary expression to ideas or facts that have been assimilated by the subject at some earlier date, though perhaps seemingly completely forgotten by him the theory of mental dissociation affords a plausible and moderately satisfactory explanation of them."

All of this can be simplified and made understandable and the Life Science explanation can be demonstrated under test conditions.

Trances so-called are just self induced hypnosis. In hypnosis the sense forces do not play upon the brain. Therefore there remains but the organic forces and the forces of the ether of space. In such cases we have a condition where the ether of space is uninterrupted by sense impressions, and the mechanisms of the brain can focus upon or center attention upon the telepathically received impressions - or the impressions in the subconscious of which consciousness was unaware.

How much more reasonable and understandable it is! Instead of a soul or spirit, disembodied, roving hither and yon to see and hear, the mind remains always centered in the individual, but can receive impressions transmitted electrically or electronically - which it transforms into seeing and hearing. This we can understand because we know counterparts - mechanical mechanisms - which demonstrate the hypothesis, and furthermore we now know, measure and chart brain waves, electrical in nature, and that the human body is highly electrical in nature.

It has been found that the cells of the human body act as a B battery in producing a minute direct current of one type, and that the contraction of muscle tissue creates a wave of alternating current. The heart gives off another type of electricity as we have heretofore mentioned in connection with the electrocardiograph, which interprets the emanation. The tissues of the central nervous system give off another type. This is the one we have heretofore explained as the "brain waves."

Sustaining evidence of the Essene explanation of mind is found in the fact that persons at rest with their eyes closed tend to produce a specific pattern - named the alpha wave - in their brains. When the eyes are opened the alpha wave disappears - showing that when sense impressions or forces from the sense organs are actively

playing upon the brain, that the mechanisms of the brain perform differently than when they are shut off. Is that any different from machines we know in our daily life? Change the force and you alter the operation. Change the mechanism and you alter the product.

The basis of hypnotism is suggestion. The object of hypnotism is to shut off the operation of the sense forces - and thereby permit the brain mechanisms to center or focus upon already imprinted brain cells - the subconscious, or to permit the imprinting of brain cell patterns, as a basis for an altered mental result - the imprinting being by suggestion.

The simple truth is that in the reality of being there is an imprint which is more than suggestion. It is the imprint of the One. All of the attributes of Being, all the potentialities of your true nature are within you. You are the custodian of the store-house. You are the one to take command. To know this is to be free from belief in powers outside of yourself.

The material body and every organ and organism is in a sense a brain-- meaning that intelligence pervades the entire body and that inter-communication is by the way of the nerves. That the transmission is electric in character, an electron with a pattern or design. That the brain by its marvelous mechanism transforms these patterns into the sense of seeing, hearing, etc., and of them makes mental concepts is by now accepted by all thinking people.

The law is here clearly stated. A body, possessed is by you only. This is to say that you are obliged to take possession. It is your responsibility. I AM is not now or ever has been a disembodied something outside of the individual. I AM is the very law of your being and you alone exercise that law. I AM, - I WILL - I CAN - who, save you alone can say that for you?

Arise then and take control of this organism through which you work and produce. Say " I will put my spirit upon you" to all those marvelous brain centers and then be very sure that the "spirit" you put upon it is that spirit of joyous freedom, of successful accomplishment, of abundant living you so earnestly desire.

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INFLUENCE BY EXAMPLE - WHICH OUTPICTURES THE  
GOOD LIFE WITHIN - IS TRUE GOLD IN ALL ITS  
PURITY.