THE ORDER OF THE ESSENES 2527 SUNSET DRIVE TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

ATTUNE TO THE THOUGHT

THEY CAN BE YOURS: -

Over two thousand kernels of corn have been counted upon a single ear. This was but one ear from a stalk, and all grew from a single kernel planted in fertile soil. That is multiplication.

You know that your body is composed of trillions of cells. Each is potentially possessed of all the energies of the whole organism of which it is a part. The whole is in the parts and the parts are in the whole.

In mathematics it is said, "As the whole, so the part; every part carries the characteristics of the whole; the related many are one."

You are coming gradually and legitimately to the understanding that each of the trillions of cells and all of the units come under the direction of mind. We approach the understanding of a unity.

Professor H. S. Burr of Yale has confirmed that there is "a living electricity" - that electricity flows all around us and in all living things. With specially designed and extremely sensitive equipment, he has measured electrical potentials of hundreds of different plants and animals.

Earlier scientists long ago discovered that a direct current of electricity seemed to flow from certain parts of living organism to other parts—a partial picture of mind at work as we define mind.

You may not be fully aware of what is taking place in your make up, but if you have faithfully studied and reviewed your instructions One to Eighty-four you have created brain imprints, with which the mind can work, the far reaching effects of which you will and must experience. It will manifest in a more complete life.

Hackneyed and often abused though the expression be, you will live a more abundant life. Health - happiness and success is for you. Attune to the thought -- They can be yours.

Sincerely,

THE ORDER OF THE ESSENES

I Hammer Davis



THE Essenes

This manuscript is published by the ORDER OF THE ESSENES, a corporation not for profit, and always remains the property of the ORDER.

Copyright 1944, by The Order of The Essenes Instruction Headquarters - Tampa, Florida

INSTRUCTION 84

Assuring to the Acceptable and Accepted HEALTH, HAPPINESS AND SUCCESS.

"MATTER, IN ITS WIDEST SENSE, IS THE POSSIBILITY OF FORM; FORM IS THE ACTUALITY, THE FINISHED REALITY, OF MATTER. FORM IS NOT MERELY THE SHAPE BUT THE SHAPING FORCE, AN INNER NECESSITY AND IMPULSE WHICH MOULDS MERE MATERIAL TO A SPECIFIC FIGURE AND PURPOSE: IT IS THE REALIZATION OF A POTENTIAL CAPACITY OF MATTER; IT IS THE SUM OF THE POWERS RESIDING IN ANYTHING TO DO, TO BE, OR TO BECOME."

-- Will Durant - Aristotle

DOMINION IS A VALID PROMISE

In times past Philosophy was high-brow, psychology was a side dish - metaphysics was largely showmanship and legerdemain, compounded of quackery and mystery.

World War No. 2 came on. Propaganda was found effective. Changing men's belief changed their behavior and courses of action.

The soldier was found to be human, and it was found that his fears vitally effected his efficiency and his health. The medical profession to handle the actual conditions had to have manuals and instructions and courses of training in psychology and in psychiatry.

Rehabilitation units without number are devoted almost exclusively to the treatment of minds. The "snell-shocked" of World War No. I it now turns out were mental cases. They treated bodies, symptoms, and the nerve tissues in those days. Now they supply "mental sunshine" -- Yes, we do progress. Blood plasma - the sulfa drugs - and mental rehabilitation make a record like this: "More than fifty percent of the men who died in World War No. I would have been saved had we had and used the knowledge we have today and are using in World War # 2."

Just by way of comment upon the power of thought we call attention to a paper-hanger in jail learning for the first time perhaps of the philosohy of Nietzsche and others, teaching "might makes right." Possibly assisted by Hess, he wrote a book, "Mein Kampf," and in a few years captured the press, his country, - and attempted to subjugate the world.

How did he capture the minds of the German people? He sold them on the idea that they were the "chosen people" - "destined to rule the world" -- the "interiority of other peoples" - "a glorious destiny" and so on endlessly -

And what is that but "the power of mind" at work? Call it propaganda - education - hypnotism or what you will, thoughts of this one man have lead to the slaying of millions --- the most devastating war of history -- and the world will some day learn how very close he came to conquering the world.

Every hour of every day his ministry of Propaganda furnished the pattern of thought -- the German people were first mentally enslaved.

This is but a suggestion of the far reaching effect of mental slavery.

"We know too much about the mortality of cultures and civilizations, Babylon, Egypt, Greece, Rome. All these and many other cultures have been born, have risen to great heights and died quite like so many elephants in a jungle," says J. George Frederick.

Every culture and every civilization rose upon thought patterns implanted in human breasts. Their fall, like their rise, was the result of mass thinking and the behavior patterns following that thinking. It is elemental that individual and mass behavior stems from individual or mass thinking.

In the year 1943, the Rockefeller Foundation appropriated and set aside funds to finance a commission to study ways and means of making philosophy effective in a post-war world, to make the teaching of philosophy more efficient. The commission has been organized, composed of the professors of Philosophy of Yale, Brown, Swarthmore, University of Wisconsin and University of Illinois.

Every philosopher worships at the shrine of Socrates - the celebrated Greek Philosopher, who was born about 470 years before Christ. We do not find from

history that he possessed any Ph. D. Degree.

His habit was to go about the streets of Athens and talk with any who came his way, young or old - rich or poor. Socrates was the first thinker who paid attention to accurate definitions. His method was by asking questions. His disciple and friend, Plato, applied it to every subject of intellectual research. It is as efficient today as it was then. We have heretofore remarked that scientists are human question marks. We shall utilize the system in testing our definition of mind.

In the manner of Socrates and in the vernacular of the street, you might say, "Why bring that up?" with respect to the Rockefeller Foundation financing a commission to study the reorganization of the teaching of philosophy.

There is a reason -

Philosophy is in a poor way when it becomes the butt of jokes like this:
"Philosophy is nonsense in a dress suit." And, philosophers have lost prestige when the common understanding is that "they are persons who write about something they don't understand and make you think it is your fault" -- Furthermore, those things which are to be effective in the post-war period must become the thoughts of the masses.

Let us here pay tribute to Harry Lewis Custard and Edith May Custard, who study Life Science with us, for their research and diagrams in "The Unity of Knowledge and The Organization of Thought," wherein they have worked out Universal reference frames definitely showing that unity — and from that work we want to show you the working of minds as ordered as are the planets in their orbits.

On the subject of Applied Philosophy they have this: "Down through the ages, men have searched for truth, for that which can be known; struggled to relate the fragments of diversity which experience has thrown in their pathway. Different minds have sought to explain from different angles and viewpoints."

"The Metaphysician seeks the 'First Principles' of life, existence, being, the first principles of man's inner experience - the 'I am that I am.'"

"The Mathematician seeks the 'First Principles' of things as he finds them, the self evident axioms which are universally accepted to be true because they cannot be conceived otherwise -- the first principles of man's outer experience.

"The Psychologist seeks the 'First Principles' of thought and of relations between things outside and persons inside, the first principles of the mental process."

"Logic seeks to tie all of these 'First Principles' together in reason. Thus the metaphysician seeks to coordinate the above and the below, saying:

'As above, so below - as the macrocosm, The universe, so the microcosm, man'

"The mathematician seeks to coordinate the whole and the part, saying:

'As the whole, so the part; every part carries the characteristics of the whole; the related many are one!

INSTRUCTION 84 . . . THE ESSENES

Page 3 THE ESSENES

The Psychologist seeks to coordinate the expernal and internal, saying:

'As without, so within; for every percept of sense, there is a concept in thought.'

"Logic seeks to tie together these viewpoints in reason by fitting the metaphysical first principle of experience of the personal life within, to the mathematical first principles of the experience of the impersonal things without, through and by means of the psychological first principles of relation of the internal and external, of which life is a continuous adjustment."

"Applied Philosophy seeks to balance this trinity of metaphysical, psychological and mathematical in a logical Unity."

Let us now pursue the question, "Why bring that up?" with other questions.

Will the masses seek understanding under the label of philosophy?

Is that not tied in with, and bear mental relationship with higher learning?

Do not ordinary individuals, masses, you and I, seek that by which we can benefit?

Does reform in human behavior originate in the understanding of the abstract - the unity of all knowledge, or in the understanding of the concrete - What will profit me?

Is it probable that those engaged in teaching philosophy will reorganize methods of teaching in any revolutionary manner which might jeopardize their profession or calling and connections with institutions of higher tearning?

Does man take kindly to that which is handed down from above -- Would liberty or democracy hold together if it were granted by government?

Is it not safer ground, that the individual possesses all liberty and gives up and sacrifices some part of it to government, for the good of all?

If individuals find a thing true, good, helpful, beneficial, practical and workable, should they not be given the opportunity to share in the joy of extending that understanding?

Is not a foundation of beneficiaries preferable to a philanthropist's foundation?

We believe that we are at the age of knowing; that life is a science; that human engineering should be a part of every individual's training, - that service on the plane of action should be the religion of all.

It is basic that all human action stems from thinking. Thinking is a mental process -- the motivator of human behavior. We must therefore know what mind is. That knowledge must be fixed. It must not be vague, indefinite, hazy, or a mere belief, shaded by doubts. There must be an entry of a philosophy "that knits the raveled sleeve of human care, that restores meaning to man, without affront to intelligence."

In the fixation of the understanding of mind, let us for a while follow the example of Socrates - question - and be definite with our definitions.

Socrates: You say that the living body is a mechanism - a human machine -- Why? Answer: In all machines or mechanism we find; first, The machine itself - a visible, tangible thing, apparent to our senses. Second, A force or power which is applied to it; Third, A result or a product. Man is a

visible and a tangible - and apparent to our senses. We can measure the forces and power of man. Man is ever producing results - human behavior.

Socrates: But the living being manufactures or produces its own power or forces. Does that alter your conclusion? Answer: No. The living being eats - drinks - breathes -- taking materials from outside into itself - and chemical action takes place and the new materials thus formed supply the power. The fact of a self contained generator of power does not alter in any manner the association of - Power - Mechanism and result.

Socrates: Granted that the human body is a mechanism. Do you contend that man is only pure mechanism and chemistry reacting meaninglessly. Answer: No. Man is a combination of mechanisms and is self directing, self governed - a living mechanism - in which the life principle is without beginning.

Socrates: You say man is a combination of mechanisms. Just what do you mean? Answer: The make-up of man is a combination of organs, such as the stomach, the liver, the kidneys, the brain and others. You recognize in these this association. (1) The organ itself - a physical thing; (2) power or forces; (3) results - or products - and just as in any factory or any machine if you alter or change the power or forces and the application of them, you alter the result or product - and just as in any factory or machine if you change the mechanism itself you have a different product or result.

Carrying this "combination of mechanisms" fact forward, every organ is composed of organisms. Every organism is a mechanism because we find the same association; the organism itself - force or power - and a coordinating result or product in the life of man.

Note how this fits in with the metaphysicians coordination of the above and below, - "As the macrocosm , the universe, so the microcosm - man."

Note how it rits with the principle of mathematics, "As the whole, so the part, every part carries the characteristics of the whole, the related many are one."

It fits the concept of the psychologist. - "As without, so within, for every percept of sense, there is a concept in thought."

Socrates: You stated also that man was not alone pure meaningless mechanism because he was self directing and self governed -- a living mechanism, - analyze that.

Answer: Among man's organs is the brain, a mechanism because like all mechanisms it is an entity - and we have the same sequence and association -- (1) forces or powers - (2) the instrument itself - and (3) the result.

We know that thinking has its root and origin in the brain - because if it is physically altered or impeded, thinking is altered or impeded - just as the product of any machine is changed when the machine is changed. If the forces acting on the brain are altered thinking is altered - and with a change of thinking, conduct or behavior within and without underge changes; in other words - the product or the result is different.

Thinking we know precedes any action of the human, and man governs his action by thought - he directs his actions by the nature of his thoughts, and as Protagoras said, "Man is the measure of all things," but it is likewise true that to attain mastery of the things of the world man has to be guided by the nature of the world.

Socrates: Is a thought an entity or physical thing?

Answer: The thought itself is a tiny electrical impulse from the brain. Dr. Edgar Douglas Adrian, fellow of Trinity College, Cambridge, won the Nobel physiology prize in 1932 for this discovery.

These impulses can be amplified, measured and traced to specific nerve cells of the brain. Therefore the basis of thought is an entity - a physical recording in a brain cell. When this becomes the object of rocus of the brain mechanisms the result is a thought. The nerve impulses that set off these brain waves all seem to be of the same kind (electronic) regardless of where the stimulation (forces) come from.

The thing that distinguishes the sense signals from one another is the place in the brain, where they are received.

Thus a thing you see, or a visual image, or a force originating from light forces, traveling over the optic nerves is in one area of the brain. A sound or hearing image carried by air forces and by way of the audicory nerves is recorded in another area.

Certainly this is proof that there is a physical recording in the brain cells. By moving sensitive electrodes over the heads of subjects the areas of recording have been definitely located by Dr. Adrian. He has gone so far that if a subject looks at a cross of light - and thus the focusing mechanisms of the brain center attention upon the cross of light - the electrical impulses defined a cross shaped area at the back of the occipital lobe of the brain.

There is another most significant thing which should be noted with respect to this recording and that is that the images immediately spread out over a wider area of the brain, into areas not primarily concerned with the special sense recording - thus an image - the result of hearing, would spread out to areas other than those making definite recordings of those things traveling the auditory nerves.

This can indicate as we have heretofore suggested that the brain files its sense perceptions under various filing systems - thus relating and coordinating and working to the organization of thought forms or recordings - all tending to a Unity of Knowledge.

Now, Socrates - answering your question directly: A thought is an entity if we regard an electron as an entity. It is an imprinted electron. We know it as electrical or electronic discharge - but definitely it emanates from an imprinted brain cell, which we can regard as a physical entity.

Socrates: If a thought or mind is as you describe, what does it effect?

Answer: First, it effects the whole human mechanism. We know that all of the organs of the living body are dependent upon all the others. The brain will not function - mind will be non-existent unless the heart functions. The heart will cease its operations if the lungs cease functioning. In its turn the lungs will not act unless the nerves function. Going one step further we know that the nerves center in the brain, and we witness every moment of our lives that thoughts have bodily effects.

Second: A thought is electronic in nature. We prove by delicate instruments it emanates from the body into space. It therefore must of necessity effect the universal - the ether of space which is everywhere in and out of the brain.

The ethereal vibratory forces we know travel at inconveivably great speed and that they are universally distributed. Man therefore must effect the

universal - and must be effected by the universal. In other words, the electrons or building blocks of the universe are effected by man - and this marks him as the living mechanism.

If man effects the electron - there is a basis to understand that science finds that the course of any one definite electron can never be foretold or judged or known beforehand - but when they become massed or united then their course and action can be accurately known.

Is not man like that? What the individual will do under given circumstances is unpredictable. But we can tell what the masses will do under the same set of circumstances. Thus we see --As above, so below."

Socrates: Granted mind is a result or product stemming from physical "recordings" in the brain, - What is the significance of this?

Answer: It gives proof that "As you sow (record) so shall you reap." -- It gives a universal reference frame for the understanding of the authentic sayings of Jesus -- It gives a basis for understanding man's relation to the universal - and man's "Oneness with the Father." Man can find God revealed in nature - ever dependable - operating in accordance with unvarying laws which can be known. To the law abiding citizen of the universe dominion over the things of the earth has been promised -- and it is a valid promise. Make the deposits in the Bank of the Universal in accordance with the Life Science formula of attainment and you can draw upon inexhaustible resources.

It is just a matter of "As you give, so shall you receive." -- "As you sow, so shall you reap" -- "For every action there is a corresponding reaction" - and "Every effect is the result of a preceding cause" -- and man is master of cause.

* * * THOUGHT GEMS * * *

Words have magic in them, and very often the result of the mental imagery they arouse is so startling as to suggest Aladdin and his lamp.

The fact of Deity will be established neither Christian, Hindu, Buddhist, - but a Deity of essential life -- the sum of all energies -- life, love, intelligence and experience.

The failures in life are those who cannot or will not obey themselves. They do not do as they promised their own hearts they would do.

Error can be instilled into a yielding, thoughtless, dare-not-think-for-themselves following. Therefore you can question any established code of conduct. Many current beliefs belong in the mire of discarded mental rubbish. They were man originated, man impelled and man maintained.

That which fills us will radiate from us, without effort, right in the place in life where we stand.