

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

ITS LIGHT WILL SHINE FOR YOU:-

You may not realize it - you probably will not if you just read Instruction Number Eighty once, - but this is one of the most profound Instructions in this course.

Mind over matter! Bunk - if you think in terms of effecting the formed. If you don't think so - sit beside a boulder and see what you can do to it by thinking.

Better yet -- and this will be a surprise to most who read this. Go back to Instruction Number Five where you held a heavy needle or ring suspended from a thread over a circle. For ninety-five out of every hundred of those studying with us, it went back and forth or around the circle as you willed it. -- We said "do not attach too much importance to this" -- "that it was an exercise in concentration --"

Now, get out your circle, your thread and ring or needle. Instead of you holding it, suspend it from a stationary object. Do all the willing you want to - and it will not move. Don't be disappointed; rejoice.

Metaphysical mountybanks - and cult and "ism" racketeers, who talk about the power of mind over matter and attach mystical significance to this as a demonstration can't make it move either, when so suspended from a stationary object.

More surprise to you - The power of mind over matter is real - a fact when you understand the real - the truth. The truth is simply this -- The building blocks of the universe are electrons. Matter is made of them. We teach and demonstrate and science agrees that matter is of the same nature as ideas - the product we call mind - an electron with a pattern. Where does it get its pattern? - by passing through the physical and physically imprinted brain cell, just like light passing through glass with a design etched upon it.

Who in science would deny that causes must be of like nature to their effects?

So mind does have power over matter - but you must catch matter in its unformed state - by mind you give it pattern - you do cast the molds.

Now you can understand! Have fears - be terror stricken (a mental matter - mind at work) - adrenalin is formed instantly and goes into the blood stream. You are given extra power to fight or run. That is the power of mind over matter.

It works the other way too. Think courageously, constructively -- think upon things good and the effects will be beneficial.

"The whole material world, composed of varieties of forms, is revealing thoughts and ideas, initiated in the mental realm, directed and carried over into circumstances and events in the material world" - Read again this Instruction -- Its light will shine for you!

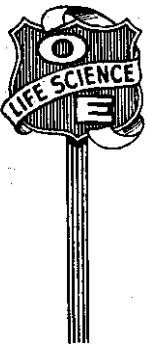
Sincerely,

THE ORDER OF THE ESSENES

By

S. Hamur Davis

Enc. 80



THE Essenes

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INSTRUCTION 80

Assuring to the Accepted and Acceptable
HEALTH, HAPPINESS AND SUCCESS

"CHRIST HAD POWERFUL FLASHES OF INSIGHT INTO THE DEEP NATURE OF MAN'S CONSCIOUSNESS AND HE USED EVERY DEVICE HE COULD INVENT TO TRY TO REVEAL THE PROCESS OF THAT INSIGHT TO THOSE WHO WOULD LISTEN.

THE ONE GREAT POSITIVE IDEA WHICH CHRIST REPEATEDLY TRIED TO EXPRESS WAS THE THOUGHT THAT NO INDIVIDUAL HUMAN BEING COULD KNOW HIMSELF UNLESS HIS INNER HONESTY WAS COMPLETE. THE PEACE HE TALKED OF WAS AN INNER PEACE, AND HE SAID SO ALWAYS. THE WAY TO IT WAS THROUGH TRUTH, AND THROUGH THE ABANDONMENT OF PREOCCUPATION WITH TEMPORAL MATTERS. THE LIGHT TO WHICH HE SO OFTEN MADE REFERENCE WAS THE LIGHT OF TRUTH -- INNER TRUTH.

CHRIST THEN TOOK THE VERY SOLID POSITION THAT UNLESS YOU KNOW WHO YOU ARE YOU DON'T KNOW WHAT YOU ARE THINKING ABOUT, AND YOU CAN ONLY FIND OUT WHO YOU ARE BY A DIFFICULT JOB OF SELF-DETACHED SELF APPRAISAL.

IF YOU UNDERSTAND YOURSELF, YOU HAVE GOT HOLD OF THE ROOT OF UNDERSTANDING. 'KNOW THYSELF' IS NOT CLEAR ENOUGH ADVICE FOR THE AVERAGE INDIVIDUAL BECAUSE IT INVOLVES TOO MUCH EFFORT."

--- Philip Wylie.

MIND IS

The greatest manifestation of power is mind itself, for has not all power and its multiple manifestations been discovered and made known, and utilized by the use of mind? This discovery, disclosure and harnessing of power, has demonstrated one thing above all others - to wit; that underlying and sustaining all manifestation are certain mathematically exact laws.

Surely then the supreme manifestation of power - the mind itself - operates within the orbit of laws - and is not above nor beyond the natural. Exact sequences will be the outcome of exact causes - yes! with mathematical exactness.

Something of the far reaching harm possible, by those who would surround with mystery and steep in mysticism man's creative functions, can be appreciated when we realize that a mysterious mental operation cannot by its nature be a reasoned one, nor can it lead to understanding.

In this Order we have an ideal. If to us is given any inspiration, in the preparation of these instructions, it is to further our purpose to show individuals the process of discovering and utilizing the creative faculty - the mind.

To seek personal credit or to display ego would therefore be most unworthy, and worse than this, it would close the avenues to effective thoughts. This brings to mind the reported interview with a great Scientist who said that it never occurred to him that there was any one so dumb who did not recognize and acknowledge a Higher Intelligence.

The study of mind - the study of Life Science - we are convinced trains one to think. We hold it to be true that one learns to think only when he is brought to understand a subject, only when he sees its relationship to other things. All thinking with respect to God will be left with ministers and theologians unless a basis of understanding is established. Man needs to think along this line.

When one lets another do his thinking for him, he is in a bad way - and this is more especially true if the one entrusted with the thinking is ever looking backward. It is doubly true if the entrusted thinker is bound to any creed. A creed is a pledge to reach a given conclusion.

Science is ever forward looking. Thinking demands freedom - freedom to question - to weigh - to measure - to test - to prove or disprove - accept or reject. Scientists are living question marks.

God will be revealed to you and all who earnestly seek, but the seeking must be within and not afar - and it will not be a God but an indwelling power, available in life's situations, and by the use of which you will help reveal the true God to the world. Man's purpose on earth is to express some part of the infinite. To do so, man must not have thoughts which are cloudy, hazy or shrouded in mystery - he must understand.

Understanding can have but one end result. It will enrich your life - and you will be enabled to help enrich the lives of others, and you will realize you are both human and divine, and can better set your divine part in the play of life.

All religions will be quickened, and ministers will be more effective when there is a common understanding that mind at work is a manifestation of God. Then will the effort be directed to the guidance of thinking and God's works will be done in the here and now - and the infinite plan will unfold as man is

prepared for its reception.

With this introduction - let us go forward to the consideration of mind.

Minds are not born. They are acquired, just as personality is not born, but developed.

Henry C. Link, in his book, "The Return to Religion," says: - "The child is born into the world as a bundle of unorganized energies. It is a power producing machine or organism which sleeps - is fed - and creates energy, but has no habits by which to transform this energy into useful actions. Everything must be done for it, it can do nothing for itself. It waves its arms but cannot direct them; it wiggles its body but doesn't get anywhere; it moves its eyes, but cannot focus them. Gradually it acquires the habit of grasping objects, of focusing its eyes, of crawling, of walking, talking, running, eating, dressing itself, going to school, reading, writing, saying the multiplication table, etc., etc."

The normal child is born with a brain, and there is no scarcity of room for records in this brain. As we have heretofore pointed out, the brain is in two hemispheres. One on the right side and one on the left side of the head. The brain is made up of cells, and they are very resilient in nature, and are made up of detached whirling atoms and electrons.

There are three forces which play upon this brain; the organic forces; and the forces from the senses, which give us impressions of the outside world; and the forces of the ether of space. Whenever one sees or hears or experiences anything, it travels by way of the nerves to the brain, and that experience or observation makes an imprint in the electrons of the brain - a double record. This is the source of memory. We shall show you how it becomes a source of memory.

If you will take a glass prism and put it in the sunlight, this prism breaks up the light and you have what is called a rainbow. This is merely the breaking up of the rays of the sun into its component parts, and by seeing the rainbow you can note what the various kinds of light are that come from the sun. Remember that there are many invisible rays, particularly so in the ultra-violet end. An example of these invisible rays are the X-rays, and there are rays finer than that.

The brain is fabricated much like a prism, and when any information or impression comes to it, it spreads it out in the brain cells as a glass prism spreads light. It is far more wonderful than a glass prism. The brain prisms spread sight, taste, hearing, odor, and feeling impressions, and record them in the electrons of the brain in a manner which makes them ever available with the appropriate technique.

In our filing system in offices we sometimes file according to date, sometimes according to names, and sometimes according to the subject treated upon.

The brain is a marvelous instrument, and is in fact many instruments carrying on one work, the making and reflecting of the mind - and as we have said, it duplicates in a much finer way many of the things that are done by machines which we know and use every day.

As impressions are received by the brain by reason of the sense forces, they are recorded in the order in which they are received. This character of recording gives us the sense of time. They are also recorded as to subjects, and this becomes a memory file with respect to the different things that we meet with and know in the physical world, and all information is related.

You will remember that whatever one sees is a light ray force reflected from the

object seen, and this force travels over the nerves leading to the brain, and it makes an impression or record in the brain.

Likewise, anything that you hear is the result of a force, - air wave force which travels over the appropriate nerves and goes into the brain cells in the cortex, and the delicate neurons are disturbed by this force and it is recorded in the electrons, of which all matter is made.

In order to reach the electrons, the force, whatever kind it may be, must pass through the ether of space to reach them. The ether of space occupies millions of times more of the space of the atoms than the electrons do; hence each atom and each molecule and in fact all the solid parts of the entire brain occupy a very small amount of the space inside the skull. The common medium between all the electrons is the ether of space, and it is infinitely sensitive to the slightest amount of movement or force.

You will recall that in a ray of light coming from the sun, a gas interferes and can be readily detected on the earth many millions of miles away. In the brain, the disturbance of an atom by forces coming to it leaves impressions, and the ether of space as it passes through the brain is interfered with. The record or impression becomes a memory of what produced it.

Keep in mind that these records are on both sides of the brain at once, and any impression made on either side of the head or body makes a double record. And, remember, too that it is in terms of time and space and it is always related to other times and other spaces, just as all conceptions we have of things are always made in terms of times and spaces. You can thus see that when a memory is revived it naturally must be projected into space by reason of the record which has been made, and it cannot avoid being in terms of time with respect to other events which immediately preceded or which immediately followed the impression made, or this memory revived. Note that we have a double means of reviving a record.

We emphasize that there is no lack of room for recording in the brain. You can get some conception of this if you know that a single cell of the brain, if it were increased until it is as large as the whole earth, there would be enough electrons in that single cell to plant the entire surface of such an imaginary earth with electrons, and no further apart than two or three feet.

You can therefore understand why it has often been said that there is no limit to the knowledge that an individual can acquire. There is plenty of recording space in the millions of cells in the brain, and the countless billions of atoms and electrons.

We want you to engage in just a little reasoning. You can readily see that there could possibly be no record of events or of our experiences if there were not something upon which the record could be made and retained. This is the function of the physical brain.

The mind is molded by whatever kind of information becomes impressed upon the brain. Many impressions reach the brain that never attract attention, but these impressions also take part in influencing the actions and conduct of the individual, as we shall later show in explaining some of the wonderful things that can be accomplished when man relies upon what we may term the unconscious or sub-conscious mind.

There is nothing mysterious about a sight or a force made by rays of light being transformed into a record in an electron. In our study of moving picture machines did we not learn that light and sound were registered upon a film, and the sound

and light films produced the moving picture, when beams of light were passed through it?

In the brain we have the forces of light, of odor, and sound transformed into a record, as we have the forces from taste and feeling recorded. It is but transformations of forces into a record. We shall shortly show you how this record is retransformed into thinking and behavior.

Boiled down, we have this: Everything that you see is transmitted to the brain and transformed into a record -- it might be called a permanent record, as is everything that you feel, hear, taste, or smell.

This record is in the electrons of the brain, and the electrons are interpenetrated by the ether of space. If you read, a mental concept or mental picture is formed, and this is recorded. If you hear a lecture or see a moving picture show, or see a play or a prize fight, or an accident - a concept or picture is formed, and this is recorded. So everything that transpires in the outside world of which you become conscious, becomes a record. In addition to this, we would have you note that if you do some thinking, and take all of your previous concepts into consideration, and by the exercise of the imagination form a new mental concept, you create a new picture and this is recorded in the electrons of the brain. You can bring up from these records or memories in the brain related material, or you can take the separated material, and relate them. In the memory files are much that did not receive conscious attention at the time received, but there nevertheless.

There is another method of making a recording in the brain. The ether of space is affected by the recordings in all brain cells, and the ether of space is not a thing that is stationary, but is constantly moving. A record can be made in the brain by the ether of space, which has been deflected, or which carries the mental picture of some other person, or some picture or information that is general in the ether of space -- this we call Universal Intelligence.

This recording in the brain of transmitted forms or conceptions by the ether of space, are made only when the individual is attuned to that character or picture or information.

The process of attuning is quite easy to understand. If one is thinking along the line of music, the individual is very apt to become attuned to things musical. If one is thinking along the line of chemistry, his mind becomes attuned to things that relate to chemistry. If one is developing a mechanical thought, he becomes attuned to knowledge and information along mechanical lines. If one is thinking along the line of economics, the mind becomes attuned to things that relate to economics. We are going to give you an example in this instruction, and illustrate this by giving you concrete examples.

This gathering in of ideas by way of the ether of space is by some called telepathy, and by others it is called intuition, and by those in the metaphysical field, it is often spoken of as universal mind at work. The universal mind can be the diverted or intercepted or interfered with ether of space that has passed through the brains of others.

By reason of the limitation of language, it is difficult to explain all of these things in a scientific way, and we can best give a complete understanding with respect to them by the use of actual living examples, and as we progress, we shall illustrate many of these points by occurrences that have happened and do happen and explain why and how these things take place.

Speaking of the limitation of language, let us illustrate. We doubtless have

said in these instructions that by the use of a dynamo, we create electricity. The electrician would say that by the dynamo we generate electricity. Both of these are just a little misleading.

Electricity is. It would be more accurate to say that we put electricity in useable form by the use of dynamos. All space is filled with electrons, and by the use of dynamos, wires and other devices, we direct the electronic flow and thus make it serve us.

We say that mind is a result or a product of certain forces playing upon the brain. This probably does not carry the complete idea. Certainly the mind is not an entity. Like electricity, it is.

Speaking of the mind as we do electricity, we might say, we generate mind. It might be properly said that the brain is an instrument used to record and direct the forces. The forces enter the brain and make impressions upon it, and the ether of space is changed or altered, and when attention is centered upon the record, then we have Mind.

We have throughout these instructions often used the words, Conscious Mind, Subconscious Mind, Universal Mind or Objective Mind, Subjective Mind, and Omniscience. We have never intimated that these are separate entities. They are phases of the one mind.

The conscious mind is that which is utilized by directing attention upon the recordings of the brain. The subconscious mind is all of the vast record which is not before the attention, or the vast record which lies quiescent, and is capable of being used, but is not in use. The universal mind or omniscience, is the ether of space that has been transformed in shape or form or imprinted by reason of previous thoughts, and it circulates freely throughout the ether of space and is available to man under certain conditions.

From the foregoing there is and can be but one conclusion. Mind stems from the molded, formed, or impressed electron played upon by the ether of space. The ether of space is universal, and man's mind is one with universal mind. All individuals are the center of their own universe. Therefore all have had different impressions or records in the brain cells - and therefore are attuned differently, just as radios can be differently attuned.

This subject of mind is so intricate that to attempt to explain or diagram it in descriptive terms might confuse rather than bring about understanding. We can well understand why Jesus in his teachings used symbols and parables and attempted to illustrate his meaning by reference to understandable, everyday things with which the people of that day were familiar.

It is our endeavor to relate this understanding to the present - for all things that exist have existence in the present only so far as time is concerned. To be available to you there must be understanding. If there is any mystery or mysticism there can only be a sort of belief. There is a vast difference between believing and knowing.

To illustrate by a living example one phase of mind touched upon, we now will quote from Life Magazine of 1944, respecting Bernard Baruch, as economist and adviser of Presidents and Congresses.

"As Baruch listens to all the advisers and special pleaders, their words go through his mind like a solution through filter paper, leaving a fine sediment. After the process goes on for an indeterminate time, Baruch has the answer. Sometimes he dreams it, as he dreamed the solution (Muscle Shoals) to the Chilean nitrate problem during the First World War. Usually, at any rate, it

comes suddenly and inexplicably, as if from the subconscious mind. Baruch is very fond of his subconscious and trusts it implicitly, to his historic advantage. His 'hunches' are famous. He has a logical explanation for them. To have a hunch, he has said, you must have all the facts at your command, and your intelligence must be working at full speed. Then suddenly, without conscious effort, you think of a solution which is really based on the facts, but isn't achieved by deliberate cerebration. With this solution comes an unexampled feeling of well-being. A psychologist, Dr. Frankel, once said of Baruch's mental processes; 'That man is a genius. He has the greatest subconscious mind I have ever encountered.'

In connection with that description of Bernard Baruch's mind processes we want you to again turn to Instruction 30 and note the great similarity of experiences between Dr. Elmer Gates, the scientist, and Baruch, the Economist.

Now let us focus upon these our understanding of mind.

Each built up in the brain cells memory patterns from experiences - their own - and patterns derived from reading or hearing the experiences of others. By reading, light waves from the printed pages were transformed to a brain pattern, just as we observed a photograph in Europe transformed into varied electric impulses and in the United States retransformed into light waves and the picture reproduced. (The telephoto machine described in Instruction 78).

By hearing the experiences of others sound waves were likewise transformed into a pattern in the brain electrons. By study upon the subject in hand they each developed receptivity to all information relating to it. They attuned to that wave length, so to speak, - thinking in terms of radio.

Their conscious minds stemming from the electrons of the ether of space upon which was focused their attention, became synchronized with all thought upon the subject - just as the sending and receiving sets of telephoto machines must be synchronized to be effective.

The electrons of the ether of space - universal mind - divine mind, or God, or whatever you want to call it, imprinted with thoughts along that line of thought - were thereby attracted within the sphere of their individual minds - a new imprint was received - the idea which results in the solution of the problem was thereby developed from what we might call the moving picture, projected for them by a brain instrument focusing upon the electronic imprints in the electrons of the brain, - thus correlating all past experiences and impressions and the newly acquired impressions.

Note: In the Life article it is called "hunches." Baruch calls it the subconscious. In it all you can see the entrance into the picture of a new element that was not before that within the field of attention - which is what the subconscious mind is - whether it be in the vast reservoir of past impressions related to other subjects or in divine mind itself.

In showing that our hypotheses are in fact law and truth, they must fit every case of human experience - and explain it as within the hypothesis. This we have done in this case, and by many such illustrations we shall produce convincing proof.

Having acquired the knowledge of how life's problems are solved, it points the way to you to apply Life Science in the solution of your problems. We know that Society is but a mass of individuals - and we can reasonably conclude that the solution of world problems is but a matter of individual understanding.

It's time for a review of section two, Instruction Four. Meet a changing YOU.