

THE ORDER OF THE ESSENES

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TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

INNATELY WE KNOW -

The Instruction accompanying this letter speaks for itself.

Science has learned to measure distant stars that it cannot touch, to weigh the earth without leaving it, to detect lights that cannot be seen and sounds that cannot be heard.

Science is now turning to the investigation of man - to the study of that within man by and through which he comprehends these things - To millions the science of living is still a dark mystery. Life Science is on its way to a position of primary importance.

The thinking man of tomorrow is going to require that his religion be scientific and that the truths he accepts be demonstrable. He has long been submissive to the requirements of religion, but with reason he is going to require something of religion - that it appeal to his common sense, to his inner sensitiveness of right and wrong - that it be truths with practical application in his daily life, by the use of which he can enhance his personality and promote his own welfare, and all men can do likewise.

Innately a man knows that there is one source of life, power and wisdom, and he wants practical help in aligning himself with that source. He accepts that we have evolved and are evolving physically and mentally - that understanding, discovery, and invention have evolved tremendously in recent years - and vaguely feels that religion has not hitched its wagon to a star, but has remained chained to an ancient past.

In the last decade business organizations have been subject to scrutiny to detect monopolistic tendencies, if any. Religion has become organized.

Freedom in its broadest sense means an absence of dictators. - Dictators there have been and are in the religious and spiritual, as well as in the political and business field.

It is possible that in the new era we face, the training for leadership in the religious field will be more in the nature of scientific training - and that expressions in this field of endeavor will have to be more exact - capable of one meaning and one meaning only, as is now required in the field of the exact sciences, and perhaps our symbols, illustrations and demonstrations will be drawn from late findings which are the result of evolution in our thinking and research endeavors.

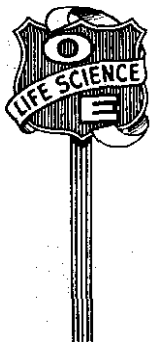
Truth needs not the protection of organization. Chemistry - engineering and mathematics need it not.

The need will be and is Educational Institutions devoted to the study of man - the crowning masterpiece of the Infinite.

Very sincerely yours,

S. Hamner Davis

Enc. 74



THE Essenes

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INSTRUCTION 74

Assuring to the Acceptable and Accepted HEALTH, HAPPINESS AND SUCCESS.

COUNTLESS VOLUMES HAVE BEEN WRITTEN ABOUT MIND
-- SOME BY INTELLIGENT PEOPLE AND SOME BY THOSE NOT
SO INTELLIGENT.

IF, IN HUMAN ENGINEERING, IN HUMAN RELATIONS,
AND IN LIFE SCIENCE, MIND PLAYS AN ALL IMPORTANT PART,
IT WOULD SEEM LOGICAL THAT THERE SHOULD BE AN UNDER-
STANDING OF WHAT MIND IS.

SO FAR AS WE KNOW, THE ORDER OF THE ESSENES, IS
THE ONLY ORGANIZATION IN THE METAPHYSICAL FIELD WHICH
FOCUSES ALL THE FINDINGS OF THE EXACT SCIENCES UPON
THE SOLUTION OF THIS PROBLEM.

A FAR REACHING PROMISE

Metaphysics is defined by the ordinary household dictionary as mental philosophy; the science of first principles; the philosophy of being and of knowledge; mental science; psychology.

The Universal Dictionary of the English Language says, "It is a term popularly employed to denote a science dealing with subjects incapable of being dealt with by physical research."

So far as it being a philosophy is concerned, we find philosophy defined as a reasoned science - and more accurately defined as a hypothesis or a system upon which natural effects are explained; a philosophical system or theory.

A hypothesis cannot be demonstrated except by results from its application - because a hypothesis is simply the statement of a theory and that everything happens just as though it were true. In other words, a hypothesis is something assumed for the purpose of argument.

If a hypothesis is sufficient to account for all of the facts and any and every phenomenon connected with the subject, it is as good as the natural law. Everything that occurs is within natural laws - otherwise this would not be a world of law and order -- and that is unthinkable.

So far as metaphysics being psychology is concerned, there are many kinds of psychology. Social psychology deals with the desires and instincts of man as related to society. Abnormal psychology deals with defects and abnormalities of the human mind. Mob psychology deals with "the crowd" as distinct from the individuals making it up. There is a so-called Oriental psychology dealing with the mystical; educational psychology; animal psychology - dealing with instinct as something apart from mind; supranormal psychology dealing with psychic phenomena, and even dream psychology - which is in some way wedded to psychoanalysis.

Other systems of psychology teach that the mind reasons, wills, feels, remembers, associates, forms concepts, perceives, imagines, concentrates, compares, deduces, induces, discriminates, possesses habits, thinks abstractly; is subject to illusions, delusions, hallucinations, insanities, flights of genius, flow of thought - experiences, emotions, and so on endlessly. In many we find a sort of co-mingling of the physical and the psychical - and minds spoken of as separate - as objective things, as things apart.

Now if this subject of metaphysics can be brought down to earth and taken out of the hypothesis or theory class and really put into the true list of sciences so that scientists must concur in the findings and conclusions, and we can prove and demonstrate that it fits all circumstances and all conditions, we will move forward rapidly - we will establish truth. When you find truth it is never at variance with any fact.

Some of the old dictionaries defined metaphysics as - "Supernatural arts" - and from the handling of the subject by some, supernatural is stressed. There is nothing supernatural. It is just as logical to talk about God and a super God. If the forces of nature were dual, or conflicting and not governed by one principle, there would be no science - but destruction.

For the purpose of simplification, and with the idea of clearly defining that for which we search, let us create a new definition of metaphysics.

Physics, the last part of the word we know is the study of the phenomena presented by bodies (the physical) and treats of matter, force, motion, liquids, gases, acoustics, heat, light, magnetism, and electricity.

While it is probably correct, the prefix "meta" comes from the Greek word "meta" meaning change, let us assume it relates to mind - and approach the study of metaphysics as a study of the relation of mind and the physical.

In things scientific we cannot have ambiguous terms - we can't double-talk. There must be just one meaning and one meaning only. Is not science simply knowledge so well arranged that it can be proven to be true? We repeat all truths agree with each other. If we are to really have a science revealing the relation of the mental and physical - mind and matter - we must be very definite about what mind is. We know what matter is. But before fathoming what mind really is, we must refresh our understanding with respect to matter, as agreed by chemists, physicists and biologists. Matter is made up of molecules and atoms - and these are fabricated from electrons. Electrons are nothing but pure electricity - but electricity is not matter.

We trust that there is no student of life science who does not appreciate that there is a difference between the brain and the mind.

The brain is a physical thing - an objective thing, and it too is made up of physical molecules and atoms and electrons - which are nature's building blocks - and more scientifically speaking, are the ultimate structural units of nature.

In these instructions we have often discussed mind - objective, subjective and universal - mind conscious, subconscious and omniscient. At no time and in no place and in no expression did we ever mean to convey the idea that they were entities or objective things - and never did we consciously or knowingly leave the impression that they were three - but always have we stressed the unity. They were spoken of as three phases of the one mind.

In the revealing of what the mind is we owe everything to science. It has made known and understandable forces, energies, etherial vibratory forces - light waves - sound waves - cosmic rays and hundreds of other truths which have always been existent, and the transformation of one kind of energy into other types of energy - and has applied these forces and energies in such a way that we can understand that the brain (the physical) is a finely constructed physical mechanism of many instrumentalities, parts, and functions, parallelling mechanisms and instruments utilized in our every day affairs and in the great laboratories of the earth.

Most certainly we do not look to ancient pyramids, lost continents and extinct people or races or civilizations for our understanding.

When we understand the mind and its relation to the physical, and when we prove that all phenomena of the mind - telepathy and all other psychic phenomena is a product of forces playing upon the brain - then we can truly say, "I am wonderful." (Remember Instruction # 43).

If we show to you definitely and positively that the mind is a product of the brain, by reason of certain definite forces and energies, influencing or playing upon it, and if we prove beyond peradventure of a doubt that mind has its fountain source in the brain, we will certainly refute the definition that metaphysics deals with subjects incapable of being dealt with by physical research.

Certainly the brain is a physical thing. Certainly we are not going to invent or assume any new forces or energies which science does not now know and utilize.

When we demonstrate that mind is a product - the result of forces and energies exerted upon a physical mechanism, forces and energies so light and delicate they are hardly conceivable, you cannot say - and scientists will not say it has not existence. Electricity has not existence in that same sense, but we create it and utilize it - and man every moment of his life utilizes mind - and every act, experience, observation, sensing and use of mind is creating a new individual mind.

All agree that the living body is a mechanism - complicated it is true - but the most perfect in the world. You know that you get certain results from the body. You see - you feel - you hear - you taste - you receive the sense of smell. You walk - you run - you exercise - you play - you laugh - you weep - and do countless things.

Walk into any factory - large or small - and you see machines, mechanisms, Immediately you know there are three things associated. (1) There must be power, force or energy to operate, (2) the machines, and (3) that there is a product or result.

Is the human mechanism any different. You know (1) that there is a power or force or energy that enables you to be or do. You know that you are (2) an entity - a living mechanism, and (3) you know that a result takes place - there is a product of human manufacture.

It is no answer to say that a living being has the ability to produce its own power. You consume food - you breathe - you drink water. From these new materials are formed by chemical action - and these supply the power, energy or force.

The different organs in the body are different mechanism and they produce different results - and all because of a force.

Then why is there any difference between the brain and any other organ? There is the instrument - only a power or force can make it produce results.

We have telescopes, magnifying glasses, moving picture machines, telephoto machines, telephones, radios, phonographs, sound recording instruments, thermometers, theodolites, comptometers, adding machines, chronometers, dynamos, transformers - and a thousand other kinds of machines. We transform light waves to electric currents - we transform mechanical vibrations to sound waves and sound waves to mechanical vibrations.

In radio we step up and magnify tiny etheric waves and transform them back to sounds.

It doesn't seem to us it is going to be difficult for you to understand that man has never yet produced mechanisms equal to the human mechanism and it should be simple to realize that in the human mechanisms are counterparts of all man has created, and yet infinitely finer.

Within the course of the next few lessons we are going to show you the forces that play upon the brain and what the effect is, and we are going to show you a counterpart in the physical field and we are going to show you when you shut off one source of power what the result is. We are going to show you further when you cut off another source of power, what the result is. It is always unfailing.

We are going to further explain the avenues to the brain and we are going to demonstrate that just as in any factory - when you change the power - you get a different result. We are going to show you that just as in any factory - you change or alter the machine - you are bound to have a different result.

Before undertaking this, however, we are going to deal with some of the instrumentalities and physical machines with which you are familiar, in order that we may explain how certain things are produced and how certain powers and energies are transformed.

For instance, we will explain to you how light waves are changed into electrical impulses, and how sound and photographs can be sent around the world on the etheric waves, and we are going to have a little to say about electrons and what they are. We are going to tell you something about machines that can be touched to certain parts of your head and written records will come forth showing whether the brain is functioning normally or abnormally - and we are going to explain how this is done, so that when we describe what the brain produces and the results that occur and are mind, it will be understandable.

After you have this understanding, you are then going to realize what takes place in the brain and the cells and the atoms and the electrons of the brain when you vision; and how and why a strong desire creates a force and a power that sets forth action in the electrons of the brain, and in the etheric waves of the universe, and we are going to show you what takes place when you have confidence and when you exercise determination and when you follow the directions we have laid down in the early instructions. Then will you understand that mind is a product and that it is electrical in its nature, and that we have not been giving you hypothesis and theories, but that we have been giving you truths and laws that work, and we hope to make of you a Master of Life Science, and through you to help bring blessings to all mankind.

Verily, it is true that the truth will set you free, but it must be free to do it, and this means that you must have overcome in the weeks and months past, by reason of these instructions, preconceptions that would have barred you from understanding, had it been revealed in the early stages of your instruction. As we give to you, you will give to the world this Understanding, and demonstrate in your life and affairs its **efficacy**, and human engineering and Life Science will come to the recognition it deserves.