## THE ORDER OF THE ESSENES 2527 SUNSET DRIVE

DEPARTMENT OF INSTRUCTION

#### IN THE MOST CORDIAL SPIRIT:

If you have not heretofore sensed it, we want you to know that you are rapidly approaching material in these Instructions of far-reaching import. To understand it one must give it study.

There are a few, and we are happy that it is mighty few, who receive these instructions and are a little neglectful about giving us their assurance that they are understandingly reading and studying them.

If you happen to be one of those who has not written giving us this assurance, we believe that you should do it, because we have reached a point where we are soon to have another checking up process to determine those to be continued.

This is one course of Instruction which carries a man continuously if he shows the proper interest and shows that he is understandingly studying our material, regardless of what he may contribute.

This is possible because many have benefitted - prospered and are grateful and appreciative, and have grasped the spirit of this organization and have contributed, not only sufficient to cover the cost of their own instruction, but to help extend this understanding to others.

We cannot be true to them unless we are careful to see that the Instructions reach the earnest, serious, and appreciative.

Ir you continue to receive these instructions, you may be sure we have found you worthy.

Very sincerely yours,

THE ORDER OF THE ESSENES





# THE Essenes

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INSTRUCTION 73

Insuring to the acceptable and accepted HEALTH, HAPPINESS AND SUCCESS.

MEN OF THE EARTH - BROTHERS IN ETERNITY --- SHAKE YOUR SOULS!

AWAKE!

THE HOUR SO LONG WAITED FOR. THE PROMISED HOUR, HAS COME.

OVER THE DARK FIRMAMENT OF SUFFERING HUMANITY IS RISING THE MORNING STAR HERALDING THE DAY WHEN YOU WILL UNDERSTAND THAT MAN'S MOST SACRED DUTY IS TO BE MAN - THAT IS - TO MANIFEST LIFE, INTELLIGENCE, TRUTH AND LOVE.

THERE IS NO HIGHER AIM - NO VASTER PROBLEM, AND YOU WHO REALIZE THIS, WILL BREAK THE FETTERS WITH WHICH IGNORANCE AND FEAR HAVE BOUND UNCONSCIOUS HUMANITY, WILL STAND UP FREE AND KNOW YOURSELVES TO BE THE ETERNAL MANIFESTATION OF THE UNMANIFEST, - WITHESS OF THE ABSOLUTE - SONS OF THAT GREAT ALL, WHOM YOU CALL GOD.

### THE KEYSTONE OF THE ARCH

This set of Instructions measured in words and pages is a short one -- but one that should long be remembered.

With one reading of this Instruction you are not going to get the full significance of it. It calls for the exercise of your reasoning power. If you once get it, however, you are advanced mightily on the road to understanding.

When Moses was asked to deliver Israel, he asked, "What is God's name? When they shall say to me, 'What is his name?' what shall I say unto them?" And it is related that God said unto Moses, "I am that I am: " and He said "Thus shalt thou say unto the children of Israel, I Am hath sent me unto you."

You have often heard, "I think, therefore I am," which has been credited to Descartes.

You have read our Instruction #37, touching upon "I Am" and were advised in other instructions to avoid saying "I am poor" - "I am sick" - and the negatives in connection with "I Am."

Perhaps you are familiar with the fact that certain cults have been built up around "I Am". Likewise it is a fact that some Metaphysical Teachers have attached mystical importance to these words - some have called "I am" - "the lost words of power" - whatever that may mean.

If they have been lost, it is a strange thing, for each of us daily uses them thus - "I am splendid - how are you?" or "I am terribly worried" or "I am extremely happy" or otherwise.

In the mental test tube of our own laboratory let us dissolve the mysteries - let us use common sense and arrive at an understanding of the meaning of the alleged conversation of Moses with God. Moses was a great teacher. His great thoughts he attributed to God. This is easily understandable.

Please follow us closely. Let what is to follow fall as a seed in fertile soil.

LIFE IS BEING. When you say "I am" it is the assertion and recognition of "being" - of life. You experience a state of consciousness. You are conscious of "being" - aware that "you are," and of the state of existence.

Along with this consciousness of being there is always an awareness or consciousness of outward conditions - of our outward conditions. Our awareness or consciousness bears a definite relation to our conditions.

Those conditions of which we are thus aware are an <u>effect</u>. This none can deny. The cause or originating source must therefore be in the mind - thought. Thoughts along certain lines produce a consciousness - The consciousness is the motivating principle of creation.

All science agrees that perfect order is the nature of the universe. The creative order is therefore from states (of consciousness) to conditions. Practically, the whole human race has this order reversed. It says, "If such and such conditions existed I would be happy, etc." — as though the conditions created the states. The Master of Life Science must come to know that he is the creator of conditions.

Consider therefore the processes - The imagination creates a picture of the desired condition. This is vision, the first step of our mental formula of attainment.

Next - The attractiveness of that vision, plan or purpose kindles the fire of desire, our second ingredient. If to that combination we add confidence that it is a condition appropriate and normal to us - which is the true meaning of what the religionist calls faith - we approach fulfillment of our desires - which will be a condition of which we will be conscious.

--- and why not have faith? The whole of creation was in equilibrium in the beginning. It was moved upon by creative thought and took form -- In other words it was energy in balance, science says electrons and protons; it was given directive impetus, it congealed or the electrons and protons combined and materialized. Energy and matter are interconvertible. There could have been but one motivity - Thought - and thought gave birth to the desire. Desire is but formative thought.

A principle of Nature is - "As above so below." The great secret of self realization then is the recognition of our relation to the Supreme Mind - or Omniscience.

Now we can go back to the law as Moses expounded it - "I am that I am". The creative ability of the infinite is resident within us. God's expression is through man. We repeat what we have heretofore taught, that the infinite can do for man only that which he can do through man. Add to that this fact - That thought is man's creative instrument - the maker of conditions. You can then complete the arch, if you will use the keystone - Man's mind is a part of Infinite mind. - Get still and attune to it!

Herein we have reviewed our mental formula of attainment with the exception of the last two ingredients which are that man after visioning - and after having developed a desire, and after having generated faith, must determine to do or be. Put another way, he must use his volitional powers or exercise his will - Man was created a free will agent - (emphasis upon the word agent).

To complete the formula and to bring about the conditions which he would desire to greet his waking consciousness - man must observe the Law of Balanced Compensation -- must do something about it. What to do and how to do it will just come to you or anyone who "keeps his eye single" upon the object of his desires.

Thought upon any subject is attractive of the thoughts that relate to it - It is just a matter of receptivity - The attitude of receptivity is the attitude of expectancy. This calls for calmness and relaxation and faith that the answer awaits in the Infinite and that you are One with the Infinite.

A word about this being "One with the Infinite," or as Jesus expressed it - "Oneness with the Father." The word man means a distributor or measurer - as do all words derived from the Sanscrit root M. N. such as moon - month and mind. This explains why in the Bible man is spoken of as a dispenser or "steward" of Divine gifts.

It is not with any thought of self praise or commendation of our Instructions that we mention the fact that countless people write us that "Life Science is my religion." If religion is an attitude toward life and a way of living - then Life Science is a religion. If religion does not enrich our lives, bring about the understanding of our real natures, powers and possibilities, and relate us to the universe and to our fellow man, and help us to live more securely, intelligently and happily, then religion is destined to lose its place in the hearts of man.

None of us study life entirely from books. We do not - in early life at least, dedicate ourselves to the study of life. We are all actors in the play before we are observers. All of us need, however, to be warned against being misled by the trivial - when we are concerned with the essential.

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In whatever business you may be engaged, no matter how small, realize that within it is the germ of a bigger business, and if it serves man, it is "God's work."

He who farms and produces food is "feeding God's sheep" - or doing "God's work," for man has physical as well as spiritual needs.

Of this we may be sure, - that whoseever helps to spread the truth, and true understanding to the world, now so greatly in need of it, - is doing "God's work."

You can be equally sure that he who decries the dignity of labor, knows not the truth, and understanding is not in him. In the divine economy, leisure is for those who have earned it, and know its uses. Leisure, for the sake of leisure only - as an ultimate aim in life - is "a snare and a delusion."

Thre is no obstacle to the realization of your fondest dreams, except your own limitations. Your "fond dream" is vision. Your limitation is in your consciousness. You must be permeated with the conviction that the thing you vision is normal for you. You can and will "do or be," if you are fully aware of the simple truth "I am that I am." That is simply realizing your "divine heritage" - your "one-ness with the Father," that you are the "agent" of omnipotence - a channel of expression of the Infinite.

We are back to our premise - "Life is Being" - the recognition that you are an  $\underline{I}$ -dentity -  $\underline{I}$  am -  $\underline{I}$  am that " $\underline{I}$  am" - " $\underline{I}$  am" is the "name of God."

Following up the premise - Yes! Your surroundings and conditions at birth, are a carry-over from the consciousness of your parents or forebears - but you like-wise inherit "free will" - the ability to vision, desire, and exercise faith and volition. These are the instruments of creation - the maker of conditions. Ever changing conditions should make you conscious of this - and this is self realization.

If you are ever in search of causes outside of yourself to explain your limitations - your search is in the wrong direction -- "Within is the empire of man." Yes! First is consciousness, and conditions are secondary - effects. Consciousness is the creative principle within you.

Face life as it is! Soft jobs or "snaps" make soft individuals. Overcoming forces that resist us is the certain road to strength. Our powers are not brought to a focus by the things that "come easy."

Let us turn to the psychological aspects of all this. If someone encourages you - praises your work or abilities you get a "lift." If you praise and give recognition to another for work well done, or express appreciation of his good qualities, you add to the sum of human happiness - both his and yours. This is a form of suggestion - the affirmation of the existence of higher qualities.

If you believe that within you are higher qualities and that in some way you are linked with the infinite, and that by giving of these values and a division and sharing of what you have you build and grow, you have surprises in store for you. The greatest joy that can come to you is to be surprised at your progress, to discover that you have more powers and abilities than you suspected. Then you will see life unfold like a rose, and bring you face to face with new and unexpected beauties.

This is not a Utopian dream. It is not based upon a belief in a far off God in a far off heaven with the human qualities of envy, favoritism, jealousy, hatred or the spirit of revenge. It is based upon principle. Cause and effect are just as much in evidence in the spiritual realm as in the physical.

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The building blocks of the universe are ever present, they respond in accordance to laws - or the "Will of God" - But the motivating influence, governed by laws, is a <u>thing apart</u>. This you may call God or Principle.

To be effective you must come to know that while it is a thing apart from the building blocks themselves, and from the laws governing them, it is not and cannot be a thing apart from YOU. It is resident within you. Life - Being - Principle and God are synonymous. With understanding - "I am that I am" is the great affirmation - Truth Absolute!

### THOUGHT GEMS

The best and noblest lives are those which are set toward high ideals. And the highest and noblest ideal that any man can have is Jesus of Nazareth.

— Almeron.

Real life is, to most men, a long second-best, a perpetual compromise between the ideal and the possible; but the world of pure reason knows no compromise, no practical limitations, no barrier to the creative activity.

--- Bertrand Russell.

The life of every man is a diary in which he means to write one story, and writes another; and his humblest hour is when he compares the volume as it is with what he hoped to make it.

--- James M. Barrie.

Life is hardly respectable if it has no generous task, no duties or affections that constitute a necessity of existence. Every man's task is his life.

---- Emerson

We should not be so taken up in the search for truth, as to neglect the needful duties of active life; for it is only action that gives a true value and commendation to virtue. — Cicero

What man knows should find expression in what he does. — The chief value of superior knowledge is that it leads to a performing manhood.

— Bovee.

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