

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

FRIEND: -

The word "Integrity" comes to us from the Latin. Every language has a word of similar meaning. In Spanish it is "integridad"; in Italian "integrita". It means the state or quality of being whole, entire or complete; soundness - entireness - completeness.

The approach to truth, to the real, is in the integrity of ourselves.

You just cannot be swayed by every emotion and every opinion that happens to find expression in your presence, and you cannot allow to rage within you storms of fear, worry, jealousy, hate, and preserve your integrity - You lose the approach and the pathway to accomplishment.

On the front cover of Instruction 64, Emerson gives us a suggestion worth while. We must not with reverted eye lament the past, and we must not do too much tiptoeing to try to see the future. Let us live today - and know for a certainty that we, and we alone, create the future in which and with which we are to live.

No! Let's not do any dreaming of the journey's end. It is probably a weakness in the teachings of many religionists that they emphasize too strongly the hereafter to the neglect of the here and now, - and stress too vehemently salvation, filling the air with demons and the earth with shadows, and fail to encourage an inward quest in search of the divine self.

If you get as much from Instruction 64 as some of us have, you will move through tomorrow unmoved by whatever happens. Things that would make others angry or fearful or nervous, will be accepted by you as an enlightening experience, and you will say to yourself - "I preserve my own integrity. Philosophy is largely a matter of interpretation, and interpretation depends upon viewpoint. What has happened has passed away - it can only hurt me if I allow it to linger in my mind. I am now above that - Now for my next experience. The ultimate end is good, for that is my goal - my desire - my prayer, and by operation of law, my aims materialize."

Yes! Quite a few Bible quotations! But all to the end that you may unfold and realize or meet yourself - and enrich your daily living.

The best thing on earth that you can do is to discipline your thinking and feeling. This you owe yourself. You will know true joy when you teach by example - live and act in accordance with your inherent possibilities.

If things haven't been right with you, start over again - "In the beginning" is right now.

Others are getting this understanding and are succeeding and your help to that end is gratefully acknowledged - but our task is never ended until a new light shines for you.

Sincerely,

THE ORDER OF THE ESSENES

By

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Enc. 64



# THE Essenes

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INSTRUCTION 64

Assuring to the acceptable and accepted  
HEALTH, HAPPINESS AND SUCCESS.

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"MAN IS TIMID AND APOLOGETIC. HE IS NO LONGER UPRIGHT.  
HE DARES NOT SAY 'I THINK,' 'I AM,' BUT QUOTES SOME SAINT  
OR SAGE. HE IS ASHAMED BEFORE THE BLADE OF GRASS OR THE  
BLOWING ROSE. THESE ROSES UNDER MY WINDOW MAKE NO REFERENCE  
TO FORMER ROSES OR TO BETTER ONES: THEY EXIST WITH GOD TODAY.

THERE IS NO TIME TO THEM - - -

BUT MAN POSTPONES OR REMEMBERS; HE DOES NOT LIVE IN  
THE PRESENT, BUT WITH REVERTED EYE LAMENTS THE PAST, OR  
HEEDLESS OF THE RICHES THAT SURROUND HIM, STANDS ON TIPTOE  
TO FORESEE THE FUTURE. HE CANNOT BE HAPPY AND STRONG,  
UNTIL HE, TOO, LIVES WITH NATURE IN THE PRESENT, ABOVE  
TIME.

--- Emerson

## TO MAKE NEW LIGHTS TO SHINE

Because you grasp our Instructions intellectually is no sure sign that you "see" - They will become effective when they reach deeply and arouse your feelings and emotions - - and then you step forth and try them.

Let us illustrate what we mean. People say they believe in Jesus - but do they believe Jesus?

If people believe Jesus, what would they do upon comprehending these four simple statements by him, which are incapable of theological twisting and turning, and dogmatic symbolical interpretation.

1. I and my Father are one. The things I do, I do not of myself, the Father in me, He doeth the works.
2. The things I do, you can do and greater things.
3. If you ask anything in my name, believing, it shall be granted unto you.
4. That for which ye pray, believing that ye have it, it shall be given unto you.

Worship of a teacher is a far different thing from the acceptance of his teachings.

Viewing all the religions of the past we find a tendency to deify the law giver, rather than the truths they taught. In all of them there is much of truth.

We have no quarrel with any religion. If it is effective in producing health - happiness and well being, it must be founded upon truth. These things are the natural heritage of Man. We are not endeavoring to found a new religion. In so far as possible we are keeping personalities out of our teachings. We are not claiming special revelations, nor communications received by some individual from a personal God.

Any one who seriously and earnestly studies any subject and undertakes to write thereon, by the very processes of concentration - meditation and deep thought receives inspiration, and his intuitive senses are tuned to the cosmic intelligence - and there will just naturally fall into his hands the great thoughts on the subject by others.

He who seeks the truth is aided in his search, for the underlying purpose of God is to bring forth in expression and in the material love, beauty and truth.

Man's purpose is to give expression to the infinite.

Here are a set of facts you should have gathered from reading our instructions. All things are present here and now (in embryo) (Instruction #1).

These building blocks of the Universe are in the form of etheric particles, so to speak - energy units they might be called.

These units are in a perfect state of equilibrium.

To become material atoms, these universal building units must be moved upon by some force - and given what might be termed a directional, purposeful, objective, and unifying impetus.

Modern Physics teaches that matter and energy are inter-convertible at the rate of one gram for 10.21 energy units.

At this point remember what we have endeavored to teach you - that right now, is "In The Beginning" - Creation is going on constantly. "In the Beginning" the first movement in nature has to and had to originate in a will. It is spoken of often as "The Word" - A word is the expression of the Mind. Intelligence expresses with words.

The power of thought is the greatest power in the universe. It is creative mind in action. We have heretofore reminded you that all of the modern convenience and luxuries we know today originated in a thought - and here again we emphasize the first element in our practical formula for accomplishment - Vision (see Instructions 11 to 13).

Thought is in fact first cause in any created series and form is effect.

Thought is not bounded by time or space as we have heretofore pointed out, as it is an immaterial in the same sense that the building blocks of the universe are immaterial. (See Instruction 51).

Creative mind of man is therefore not limited by time or space - and the creative mind of man is in truth and in fact one with the creative mind of the Universe. Sensing this, Jesus gave it expression in this form "I and the Father are One" - and when you know and live in the light of this truth you create, you make life worth living - you don't just find it worth living - you are a creator.

Your thoughts put the purpose or principle into a seed planted in the universal (again review Instruction Two with respect to the power of a seed in the vegetable kingdom).

That seed, so called because Christians are taught to think in terms of sowing and reaping, must take a natural course as does the seed in the ground. Perhaps it will make it more clear and vivid to say it must take a natural course as in the well understood case of the germinal origin of the individual.

Therefore when you pray - as we have suggested, you have planted the seed. You must not keep digging it up to see if it is growing. Here is where faith plays its part in the drama of life.

Knowing that you do create by your thoughts, as you can know by reviewing your own life, - and that you operate under laws as fixed and

immutable as are electrical or mechanical laws - you should live, think and act the role of a creator - one with God.

When rightly viewed and properly understood, the teachings of Jesus are most remarkable. He stated very clearly many, if not most, of the metaphysical laws we know today and with which the exact sciences are in accord.

We point the way for you to find the solution of your material problems - a mental process ( the complete formula of accomplishment - Instruction 11 to 18).

Throughout we stress dependence upon the subconscious or subjective mind and often detail ways and means of making the contact (silence - meditation - faith and expectancy, etc.).

Is there any variance in that from the teachings of that Essene Master Metaphysician?

Did Jesus not say "Seek ye first the Kingdom of God and all things will be added unto you." That there would be no doubt of his meaning he reiterates "The Kingdom of Heaven is within you" - He said it lies in your mind - It is your subconscious mind - part and parcel of universal mind, in which is omniscience and omnipotence - and it is omnipresent (see Thought Gem #1 page 2 Instruction 2).

How often have we urged that you guard your thinking, if you would safeguard your life.

Could there be any other interpretation of "Keep your heart (mind) with all diligence, for out of it are the issues (success or failure, happiness or misery) of life."

In the last set of instructions upon the subject of happiness we placed emphasis upon the eternal fact that - Whatever thoughts you allow your mind to dwell upon, reproduces without fail in your external affairs. Paul taught "Be ye not conformed to this world, but be ye transformed by the renewing of your mind."

Jesus said the same thing - "As ye sow (in your consciousness) so shall ye reap (in your outer affairs)."

We are the apostles of optimism, we know that our ultimate destiny is good, but we know that it can be long delayed if there is permitted to come about moral and spiritual decadence.

There lies real danger in the too rapid advancement of technology, or the science of the industrial arts. Human engineering must keep pace with chemical, electrical and mechanical engineering; otherwise leisure may become a destructive element in the social life.

We must come to realize that negative thinking encompasses the whole field of friction in human relations. The forward march in the field of mechanics has been in proportion to man's ability to overcome friction. This has always and will ever be accomplished by compliance with natural laws.

The advance in the field of Life Science - and in the life of the individual will be equal to any advances in technology with the elimination of friction, and who is it that does not fully realize that strong characters are the foundation stones of a strong society.

The teachings of Jesus were quite simple and very plain. There is more mystery about how they came to be obscured by theological systems, and how plain and simple statements became the basis for what is termed dogma, and how organizations of undreamed of wealth and power came into being to dictate creeds and policies with respect to his teachings, than there is in anything he said. Take him at his word and accept it that he meant what he said, and you engage in the metaphysical distillation of truth absolute.

If man is made in the likeness and image of God as he said - we must with it accept his statement that God is spirit (mind) and must be "worshipped" in spirit.

If God is pure spirit or mind - man (the real You) must be spirit or mind. What is there so complicated about the thought that if the mind of God is creative, and man is an expression of God - the child of God - "in his likeness" - man is a creator? Every day and all about us we see that man is a creator, - That man's spirit (thought) moves the building blocks of the universe just as in the beginning.

That man embodies force or energy is beyond the pale of contradiction - and that energy and matter are interconvertible and that the units of energy required to produce a given amount of matter is known - a finding of the exact sciences.

We therefore of the Essenes, with a deep conviction of the worthiness of our mission, know that we can supply a desperate need of humanity, and that with the aid of understanding souls in search of truth and self improvement, can bring about a moral and spiritual rebirth and can revitalize religion by the simplification of the laws of life - and giving to men everywhere that which they can understand and use and come to the realization that God and man are one.

Upon this rock we stand - and we put it forth with full faith in the law of life that as we give, so shall we receive, that we may take this understanding far and near - and make new lights to shine in the eyes of men.

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\*\*\* THOUGHT GEMS \*\*\*

Feverish activity is the gesture of impotence. Loud talk indicates lack of conviction. The reformer screams because he doesn't quite believe in his cause. Whoever is sure is undisturbed. No true thinker ever had a noisy mind.

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There is but one original life from which all life flows - - What we think life to be, that it becomes to us.

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