

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE  
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

JUST TALKING IT OVER

WITH YOU:-

You have not a problem in the world - except to find your place in the great scheme of the universe.

When you have become properly adjusted internally - when you are attuned to the universal - meaning that you are a reflector of love, beauty, harmony and goodness - the attributes of the universal - you will just naturally become adjusted to your fellow man, and will find the outlet for your best form of expression - and thus be able to serve your fellow man. The rewards will naturally be in accordance with your service.

Recognize that all the years of your life you have been forming habits and patterns of thinking. If they have not brought you satisfying rewards - then they were wrong. Not your fault - environment - education, associates, improper thinking, lack of spiritual understanding; thinking poverty thoughts and wishing for riches or security - and possibly dreaming of some easy way - thinking fear thoughts - hoarding, pinching, denying yourself; lack of confidence in yourself, which the world reflects by a lack of confidence in you; suspicious of everyone, and hence are suspected; thinking of yourself and feeling inferior, - due solely to thinking of lacks; - and goodness knows how many more negative, morbid, unsocial thoughts - and negative emotions - a flaw in thinking and attitudes somewhere.

---and people pray "Oh God, give me this" - "Oh God - do this or that" - Here is wisdom: so profound most people do not get it by reason of its simplicity - GOD NEVER DOES ANYTHING FOR MAN THAT CAN NOT BE DONE THROUGH MAN.

One of the best metaphysicians that ever lived said - You get that for which you pray, believing that you have it. -- there has to be the one believing.

Healing by prayer! Yes - But only where there is man who sees reality - who senses perfection - who knows truth - rightness - normalcy - who gives design and pattern to the universal, ever subjective, and has faith in the unity of man and the infinite, and the eternal rightness of the design of nature.

So don't blame nor condemn yourself. Whatever has been wrought that is wrong can be changed -

How? It is our endeavor to point the way. You must do your own mental work. You do not have to plead for healing or wholeness in body or affairs. Just be a law abiding citizen of the infinite and it is done.

We desire to help you to achieve the inward victory - to banish defeat and despair - and to win your support to take to all mankind this overcoming consciousness.

Faith! Patience! It is being done for you. Your inner world will become your outer world. - Make it what you will.

THE ORDER OF THE ESSENES

By

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# THE Essenes

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INSTRUCTION NO. 49    Assuring to the Accepted and Acceptable  
HEALTH, HAPPINESS AND SUCCESS

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"WHEN PURE NECESSITY DRIVES MAN TO HIS WORK  
IT TAKES AN ACCIDENTAL AND CONTINGENT CHARACTER,  
IT BECOMES A MERE MAKESHIFT ARRANGEMENT: IT IS  
DESERTED AND LEFT IN PAINS WHEN NECESSITY CHANGES  
ITS COURSE. BUT WHEN HIS WORK IS THE OUTCOME OF  
JOY, THE FORMS THAT IT TAKES HAVE THE ELEMENTS OF  
IMMORTALITY. THE IMMORTAL IN MAN IMPARTS TO IT  
ITS OWN QUALITY OF PERMANANCE.

THROUGH OUR PROGRESS IN SCIENCE THE WHOLENESS  
OF THE WORLD AND OUR ONENESS WITH IT IS BECOMING  
CLEARER TO OUR MIND."

Rabindranath Tagore.

"AND GREATER WORKS CAN HE DO ALSO"

To approach understandingly the creative processes and come to the consciousness that man is a creator in his own right, we must first realize something of the universe and its extent. We must not narrow our conception by preconceived ideas or race consciousness, nor can we limit our vision of the possible to precedents in our earthly experiences.

History is an unfolding story of progress. The accomplishments of the past it is true have helped us gain some knowledge of unseen causes back of the external and visible conditions we know, but our horizons must not be confined to that which has been materialized.

Creation in its generally accepted sense is going on now, as ever in the past. We and the world are evolving. Evolution is a continuing process - now and forever.

The religious fundamentalist balks at the idea of evolution. He wants to believe that the Creator caused all things to spring forth, a completed work. He misses the point that now is "in the beginning" and that "now" is ever present; it might be helpful to understanding to mark the distinction between creation and evolution.

It must be true that all things were what we generally term divinely created. Have we not taught that all things are here and now? Has the scientific world not agreed that the fundamental stuff of which all things are created, man included, are the same. Have we not resolved all things; reduced them to their constituent parts and found the elemental substance in all the same? The elemental or building blocks of the universe brought into being was creation in its true sense. Evolution is but the development or growth of that which was created with the earth's formation.

Man is a complex development of single unit cells. He is of the fundamental material. To deny that he is a creature of evolution or growth is to deny the evidence of his own senses, and he can no longer proclaim that which is basic - "I am."

Viewing the matter further. We know and witness disintegration - dissolution - and the return of the living (vegetable and animal) to its constituent elements. "Dust to dust" - That is evolution in reverse.

A power or a law or a principle by which things can be evolved out of the universal, ever present, fluidic, unformed (but created) substance from which each and all came, in which and of which we are a part, carries with it the power to resolve them (meaning to reduce them to constituent parts).

The power to integrate is ever the companion of the power to disintegrate. All promises in the Bible are based upon it. All of man's hope and faith are based upon it. That is why health, happiness and material welfare can be materialized even though conditions of sickness, unhappiness and lack prevail.

Rightly viewed therefore, the fundamentalist is right. Creation is the divine handiwork. But the creation was of the fundamental building blocks of the Universe, ever present.

Furthermore, The Creation was not alone fundamental substance, but with it was created the fundamental and ever harmonious never varying, dependable and all

powerful laws and principles by which it was to be governed - by which evolution and all that was materialized from the fundamental substance should be governed, that it might never work its own destruction.

That did not end creation. Omniscience or the understanding of all creation and of the underlying laws and principles by which governed and the ultimate of their possibilities and the power inherent therein and how to contact and utilize that power, - and all knowledge and all understanding, was likewise created in what we might term a fluidic understanding, ever present, and ever available just as was fundamental substance. This, in the limited language we now use, is spoken of as Universal Mind, Omniscience - God Mind, Divine Consciousness.

When man comes to realize that there is but this Universal Mind - that his mind is a part thereof - that all human minds are a part thereof and that that is the meaning of "I and the Father are One" and that all things are possible to him who gains the consciousness thereof - he is "born again."

It is difficult to understand. You might ask, - if all minds are a part of universal mind, why isn't every one a genius?

In your Bible you will find that it is said "In my Father's House are many mansions." Would it help you to the understanding of your question if you knew that that meant there were many levels of consciousness? Why is that the true interpretation? Every man lives at the level of his consciousness. A health consciousness produces health. That is the mansion of one so possessed. A money consciousness produces wealth. The book entitled "Think and Grow Rich" by Napoleon Hill is an endeavor to teach one the process of acquiring such a consciousness. Any consciousness is where one lives mentally. A Happiness consciousness brings joy and happiness. That is a mansion, so to speak, in which the possessor lives.

Let us simplify and make intelligible these various levels of consciousness by drawing upon your experiences and the experiences common to all people.

The chemist thinking in terms scientific and elemental seeking the solution of some chemical problem gets an inspiration along the line of his thinking or thought level. The answer relates to his thinking.

The inventor thinking along mechanical lines intuitively senses his answer in the field of his searching.

The realization that man is a microcosm, or a miniature universe, and that he is a part of the macrocosm, which is the great world or the universe, enables him to begin to understand his unity or oneness with the universal.

There is a common expression that "Birds of a feather will flock together" which is a crude conception of why there will be an affinity of ideas between those who live on the same level of thought.

Receptivity from the Universal Mind or Omniscience should in these modern days be more understandable than in the days of Jesus, because we now have the radio and we know about wave lengths and we experience the fact that we can get reception from a broadcasting station. We might reduce to modern terms or para-phrase "In my Father's House are many mansions" in this manner, - "In the world of Omniscience are many wave lengths."

To reduce the matter to its lowest common denominator, there is no one who

has not had the experience of finding that he and his associates often have the same idea at the same time. That experience would not be possible were they not thinking along the same line, on the same level, or in the same wave length. They were in the same "mansion in the Father's house."

To give this matter thought in further understandable form we would say that the mind does not, like a sponge, absorb all that it is immersed in. There must be a presence of a definite purpose or objective or intent which distinguishes that which will be received, or in other words, receptivity from the super-conscious depends in character upon the mansion (consciousness) in which you are living. Scientifically stated, receptivity is based upon attunement.

Certainly when we view great ships of steel floating in the ocean, airplanes weighing thousands of pounds flying through the air, automobiles traveling every highway; when we listen to music and the expressed thoughts of people thousands of miles away carried on the etheric waves, we cannot doubt but that man is a creator in his own right. We know that his creations are secondary creations because they were brought about by the utilization of the fundamental stuff of which the world is created. Man has adapted their use to conform to the fundamental laws and principles of primary creation.

Who can doubt but that the airplane was as fundamentally possible in the time of Jesus as it is today, and who can doubt but that man has brought it about, and in the process no new fundamental law or principle has been created. It is but an adaptation of things to conform with the Divine laws handed to us. It is simply following the life principle of harmoniously meeting existing conditions, and it finally resolves itself into the proposition that the creations of man are evolutionary.

We have said that man is a creator in his own right, but to be such he must be a fundamentalist to the extent that he realizes all things are here and now. That the building blocks of the universe are his to evolve and he must be an evolutionist and recognize that growth and development and materialization are based upon intent, purpose, and the direction of his thinking. That the great law governing all is his to grasp by attunement with Omniscience.

That which never has been cannot be the measure of what can be. Otherwise, we would never have the things we moderns know. The material minded and the great majority said we would never have horseless carriages; that man would never navigate through the air.

That form of thought limited their expression and they were not part in the evolutionary movement that brought those things about. The simple process of observation and reasoning and the observation of the lives of the accomplishers shows that imagination or visioning is one of the primary elements of creative thinking.

This is one of the mansions in the Father's House. It is a level of consciousness. It is the process of attunement.

In these instructions we now are building a temple upon the foundation heretofore laid for understanding. By the observation of that which is all about us, by thinking in terms of the simple, we can solve the riddle of the complex. We can come to that understanding whereby the works that Jesus did man can do, and greater works can he do also, and thus fulfill His promises.

## SECTION 2 INSTRUCTION 49

Many are those who write and say that their memory is bad. The fact that they write that to us is a certain sign that they say it to themselves many times. That is one of the very reasons that they cannot recall to memory at will many things. If they repeat that (auto-suggestion) often enough and long enough they could almost erase the ability to recall at will.

The fact is startling as it may sound, that we never forget anything we ever knew. Anything that you know is photographed, so to speak, in the subconscious, and there seemingly indexed, classified and related to all else you know, filed and recorded and the files are never lost. (Note carefully every word of this.)

If business men filed most of their records in a file marked "Miscellaneous," they too would be hard to find. If the records were dim and indistinct, and smeared by carelessness and improperly filed, there would be difficulty in subsequently finding them, but they would be there nevertheless.

Memory is but one of the many offices of the subconscious. Its importance needs no emphasis, for without memory intelligence is impossible.

The important thing then is prevention of forgetfulness. The answer is quite simple - and all memory training courses are but an elaboration upon and illustration of a few simple principles.

In the first place - Do not say you have a bad memory. You have not. It is perfect and it is provable that it is perfect. You have just handled it improperly. It is bad practice for other reasons. Memory power is sensitive to criticism; it's a part of the subconscious. We trust that sooner or later you will come to know that the subconscious is subjective - subject to the suggestions, commands and affirmations of the conscious.

Don't say it is bad and set in motion inhibiting factors. That is enough for the "Don'ts" - Now for some of the "Do's" - Know that you have a good memory and believe in it. Then help it slightly as we point out, and the "miracle" is at hand.

We have just recently told you of the steps in making a sale (see Instruction 48, Page 3.)

If you want to remember a thing then sell it to your "memory." Really give it attention. Just say to yourself "I am going to remember this." That puts the subconscious on the alert. Next - find the points of interest and be interested. Then say "I am interested in this because --" and then relate it to the reason you would be interested. (Thereby you give the subconscious the clue for filing and proper indexing and cross indexing.)

Next you desire to remember all things that can be useful and of value - Then you say to yourself "I will remember this because it will be useful in --" - then relate it to a possible future circumstance. (This is called "relating ideas"). You have made your sale and will remember it. That is not a rig-a-marole. That can flash through your mind in the fraction of a second. (It is a way of observation - an easily acquired habit). Give attention - be interested - desire to remember - and "buy it" - Affirm or auto-suggest "I will remember that" - It's just that simple.

To make doubly sure, at the first idle moment or relaxed period review it. Assure yourself. "I didn't forget it, I never will" - and you never will. (Will to remember - and "Review and Summary Method" is what psychologists call it.)

Another suggestion - Perhaps your "eye memory" is better than your "ear" memory. If so, you can write out what you want to remember. Napoleon did that and then wadded up and threw away the writing. Don't be saving what you write out - you auto-suggest that you cannot remember, if you always depend upon written memorandums.

If your "ear memory" is better than your "eye memory" then relate (out loud) to yourself or another what you saw, giving details that would cause you to desire to remember it. Then you will have seen and heard.

In the making of a sale there are five approaches to the mind - Sight - Hearing - Smelling - Tasting and Feeling. Use all of these, if possible, and you will deeply impress it in the memory. To illustrate: Do you think a cigar smoker could possibly forget a certain brand of cigars if some man should produce one and say (1) "This is positively the finest cigar made - it is handmade, of imported Havana tobacco - selected for quality. Look (2) at it, how smooth and satin-like and perfectly shaped. Take it in your hands - roll it - feel (3) how evenly and smoothly packed. Now smell it (4) - a wonderful aroma. Now smoke it, taste (5). That is cigar perfection. No man can ever forget the name (repeat), the finest cigar made."

If you want to really remember something, just sell it to your "memory."

Ennever in "Your Mind" says "Love is the essence of the recollective process - love in the sense of interest with real feeling behind it."

Halleck in "Psychology and Psychic Culture" says "The man who can hold uninteresting ideas before his mind until they gather interest is the man who is going to succeed. The only way to cultivate attention is by a continuous effort of will." That is likewise a key to good memory.

Attention - Interest - Affirm you will remember - have confidence in and rely upon your memory - and remember. The whole sum and substance of forgetting is mind wandering - inattention, lack of interest and purpose at the time of the reception of the idea, or impression. There is something "about it" a little unpleasant, and there is some deep subconscious reason why you do not want to remember, even though consciously you think you do want to remember.

That which is stored in memory will come forth at will. The failure at this end of the process may be due to self consciousness as ordinarily understood, or the predominance in the mind of an idea - and the sought for in memory is incidental and there is not a clear channel for receptivity - in which case it will come to mind later and you will say. "Why didn't I remember that at the time." Remembering is but one form of communication, subconscious to the conscious, and it requires a clear channel. A receptive attitude brings forth the desired message; a tense, strained, coercive attitude inhibits memory as well as "spiritual or soul messages," and the "voice of the infinite" or "contact with Omniscience." Your memory is good - Have faith in it. It will respond.

The only prerequisite to a good memory is to be sure a clear picture is deposited in the vaults of memory (the subconscious).

There are many so-called memory exercises, such as viewing a shop window and listing what you see. Then take another look and keep increasing the number of things you can list, (just a matter of attention and taking an interest). By this process some people after years of practice can take one look at a shop window and remember a hundred or more articles. This is a parallel to a lot of so-called Yogi exercises. When you can do it - and some one says "So what?" - What is the answer?

Another suggestion in the nature of a warning. Don't be trying to remember too many things of the past. The surest sign of senility and decay is to be living in the past.

Let us be practical, ever ready and capable of service to mankind. God doesn't need any service. Service to mankind is service to God. When man realizes how inseparably he is linked to all other men, to "love thy neighbor as thyself" is not difficult, and to give, that leaven may be put into mass thinking becomes a joy, carrying its own reward.

So far as memory is concerned, let us use it in building processes and let us ever look to the East to sunrises, and not to the West and setting suns - and verily, "Greater works will man do also."

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THOUGHT GEMS

The secret of a good memory is attention, and attention to a subject depends upon our interest in it.--We rarely forget that which has made a deep impression on our minds. -- Tryon Edwards.

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The memory is a treasurer to whom we must give funds, if we would draw the assistance we need. -- Rowe.

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Memory depends very much on the perspicuity, regularity, and order of our thoughts. Many complain of the want of memory, when the defect is in their judgment; and others, by grasping at all, retain nothing. -- Fuller.

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It is a terrible thought, that nothing is ever forgotten; that not an oath is ever uttered that does not continue to vibrate through all time, in the widespreading current of sound; that not a prayer is lisped, that its record is not to be found stamped on the laws of nature by the indelible seal of the Almighty's will. -- Cooper.

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