

THE ORDER OF THE ESSENES
2527 SUNSET DRIVE
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

JUST TALKING IT OVER
WITH YOU: -

"The existence of which we are most assured and which we know best is unquestionably our own, for of every other object we have notions which may be considered external and superficial, whereas, of ourselves, our perception is internal and profound."

"What are we, in fact, what is our character, if not the condensation of the history that we have lived from our birth - Thus our personality shoots, grows and ripens without ceasing. Each of its moments is something new added to what was before. Each of our states at the moment of its issue, modifies our personality, being indeed the new form that we are assuming. - - - - - We are, to a certain extent, what we do. We are creating ourselves continually. This creation of self by self is the more complete, the more one reasons on what one does."

That is taken from "Creative Evolution" by a scientist in the truest sense of the word, reasoning with respect to the proof that man is a creator.

In this course of Instructions we want to be eminently practical -

The world is like a looking glass - What you show to it will be reflected. This may be called the Law of Reflection. If you have confidence in yourself the world will have confidence in you.

If you are interested in other people, have a true love of your fellow man, they will be interested in you.

Can you who have advanced through Forty-four Lessons in this course say that there are not those who love their fellow man? Someone has made these lessons possible to you - knowing that they would be unknown to the recipient - that there was no way possible that you could repay them.

Whatever you have given to this work, you know is to the end that others may get that which will enable them to help themselves. Yes - those unknown to you - but surely you would not have given had you not received the greater value - An uplift - an inspiration - a better understanding of Life - a realization of your real selfhood and of your possibilities.

In the giving, you deposited in the within a sense of pride in the fact that you were helpful to others. That very feeling gave you greater respect for your sense of human relationships. That becomes a part of your personality and character. It must shine forth, and by the law of reflection will pay dividends spiritual and material.

Instruction 44 should add something to your store of wisdom and send you into the world mindful of Right-use-ness, and with the will to do the thing that will add to the sum of human happiness and with faith that laws and principles are absolutely impersonal - and that the Bank of the Universal never honors a forgery - but always pays in full to the true depositor.

THE ORDER OF THE ESSENES

B. H. Hamner



THE Essenes

This manuscript is published by the ORDER OF THE ESSENES, a corporation not for profit, and always remains the property of the order.

Copyright by The Order of the Essenes
Instruction Headquarters - Tampa, Florida

INSTRUCTION 44

Insuring to the acceptable and accepted
HEALTH, HAPPINESS AND SUCCESS.

THE ONE EVER-EFFULGENT STANDS CONCEALED IN ALL
BEINGS. IT PERVADES EVERY KNOWABLE OBJECT AND
IS THE INNER SELF OF ALL. IT IS THE WITNESS OF
ALL ACTION, THE ALL-EMBRACING RESORT OF BEING,
THE UNAFFECTED SEER, ALL THOUGHT, UNIQUE AND
WITHOUT PROPERTIES.

S'vetasvataropanishad

"By devotion to the material, man has come to contemplate with fear and trembling any prospect not insulated by the ease and the smug protection that money can buy, and in the process has sacrificed the spirit for the flesh." The study of Life Science can lead but to an ideology not based on superficial things, but rather upon something vital, profound, spiritual. Strange as it may seem this ideology will lead to health, happiness and the material welfare one would require.

A. J. Cronin says "Times are changing; values are in the melting pot, let us remember that God fulfills himself in many ways. Today man's best assets are his health, a stout heart, confidence in his own integrity. His only true capital is, was and always will be his soul. We must learn to look to life with a gaze less clouded, less afraid."

If these instructions taken as a whole mean anything, they teach that fear thoughts are destructive - that that which you fear most will surely come upon you. That man's thoughts are things - that the fulfilling source is subservient to mental seed men sow - that they are fertilized and materialized by the propelling force of man's emotions.

That metaphysical injunction by the Master Metaphysician -- "O, ye of little faith! Take no thought, saying, 'What shall we eat? or What shall we drink? or Wherewithal shall we be clothed?' " - - has come down through two thousand years unchanged. The whole history proves such expressed dreads and fears are poison in the cup of life, and no individual has ever demonstrated health, happiness and success whose mental brooding has violated that injunction.

Mind, spirit and supply are a trinity inseparably linked and ever subject to the immutable law that the fulfilling source must ever manifest in accordance with the mold and pattern given unto it. Yet man the patternmaker and mold caster, by his conscious thinking, continues to cast into the universal thoughts of doubt and lack and limitation, and mourns that by him and through him is reflected his offspring and his own creation.

The great hindrance to mastery is doubt - there can be no doubt when we realize our unity with the All - the fulfilling source, in which there is no lack or limitation.

Glen Clark, the author of "Fishers of Men" gives expression to these thoughts in the religious form in this manner, - "For God is so all-pervading, so all-infilling, that all we need to do is to empty ourselves of our own little self, and with it, our own little voice, and we shall hear his voice speaking through us -- The only thing that can keep God out is too great fulness of self."

If we remember the story of Solomon, he was told that he could have anything he might desire. Did he ask for riches? No. He asked for wisdom, for the truth which is another expression of wisdom. (Here we would have you note Wisdom differs from mere knowledge). With what results? Riches came from the Queen of Sheba - and other rulers and countless sources. The law worked for him as it will for you. That was seeking right-use-ness - - putting first things first.

The facts of life are all about you as nature, as law, as life, as growth, as power. If you would make life more beautiful, more worthwhile, you must not let your mind just drift. Thinking upon life principles can surely lead you to the knowledge that as you vision, you create a purpose. As you come to desire its fulfillment, your emotions prompt action, your will comes into play, and directs your conscious faculties to the task of creation and by that immutable law the purpose is fulfilled if it is for good.

By conscious thought upon the facts of life, your oneness with creative principles, and your power to set the pattern and form for creative substance, and your ability to consciously set the laws of creation into operation, finally dawns upon you - and becomes a part of you. This is creative consciousness. Nevermore are you just a creature - You are a creator in your own right - and being conscious of it, it shines forth in face, form and expression.

Then you are a true mystic - worthy of the fellowship of true mystics - many of whom are throughout the world in the arts, trades and professions. Here let us make it plain that he who claims he is a mystic, and takes upon himself personal credit, and works not as a medium of expression of omnipotence - giving credit unto good, to love, and to principle and recognizing man's unity with the universal, is not a mystic.

Science now knows, and to believe otherwise is to be uninformed, that all material substance is derived from the same source - the universal. This means that the human body is of the same material - from the same origin - the ever present - the surrounding.

In Lesson Number Two you read and definitely understood how one tract of land produces sugar, oils, turpentine, rosin, wood, cotton and various foods. Man eats the foods, cattle eat the grains and grasses, man eats the meat of the cattle. Follow the thought through. These things are ever on the road back to the universal. Man has not one atom of his body that is fixed or permanent or that is very old. They have gone back by the processes of nature to the universal.

Let us consider sodium nitrate, which we observed in Lesson Two. We put it in the soil as fertilizer, it aids plant growth - change - ever change - back to the universal. We take sodium nitrate, mix it with other natural substances - we make explosives - a spark, a blow or concussion - it explodes - back to the universal.

It is rich gold-bearing rock which contains two ounces of gold to the ton of ore. It is crushed or pulverized and possibly passed over quicksilver and the gold is absorbed into it, and then squeezed out mechanically, or it may be treated with cyanide of potassium - put into solution and then precipitated, or it may be concentrated and then extracted by heat.

In Lesson Thirty-Three we touched upon plating operation - gold in solution. The thing to be plated is immersed in it, and by electrical processes of attraction it receives a coating of gold, change - ever changing - and it all came from the universal as did you - trees - flowers - plants - animals - rocks. This is neither superstition nor supposition - It is fact - and the sciences can now demonstrate and prove it.

In the proof we find that the atom is a little world of energy in itself and that no two atoms in the universe touch. There is between them space, corresponding to the space between planets. They are played upon by laws - cosmic rays penetrate the spaces - they are intelligence laden and controlled by intelligence. Laws presuppose intelligence. Laws as discovered reveal intelligence - and it takes intelligence to observe and interpret the intelligence.

You cannot escape the conclusion that you came from the universal. You can observe and reason that your body, and your bodily nourishment and your bodily changes come from it - that is all there is - there can be no other source. You not only came from it, but it surrounds you, you are immersed in it, just as a fish is surrounded by water. You cannot get out of it - there is no escape, it is All.

Now that part is easy to understand, but we ask you to think about it, realize it, be conscious of it, and have it so fixed that there can never be a doubt about it. You may not sense just where this is leading but it is a part of the basis for the

most profound knowledge and a consciousness that can solve the world's problems.

Having firmly established that there is one source for all things, and that all things are here and now, the next step is to realize that manifestation is ever taking place, that what we call the immaterial is becoming the material, and what we call the material is ever becoming the immaterial, and that the law of the universe is change. Now if manifestation is ever taking place, and we can prove that the form they take is in accordance with the will of man, then we must recognize our kinship and our unity with the All.

In the field of agriculture, we can understand that man plants the seed. It is his will to produce a field of corn, and corn he plants, and corn is the crop. Man desires to produce cattle for human food. He feeds the corn to the animals and they, as is their nature, grow and thus following a different line of thought we find that man first obeys the law and then directs it.

By a study of all processes we conclude, and it is true, that the processes of nature display intelligence, but we must examine that form of intelligence. When we put food into the human body the cells, the organism, and the organs perform their functions and they know how to do and what to do better than any conscious mind ever perceived, but the objective is ever to work for good, to work for perfection and to harmoniously meet existing conditions. The intelligence therefore is deductive in nature and not inductive. It must and can only work with what is given it. The field cannot say when given corn as a purpose, that it will produce wheat. In the field of man the organism can only work with that which is given to them. The selection is by the conscious mind.

When the realization dawns upon us that manifestation is ever taking place, and that the direction and purpose of manifestation is not within the universal itself, but that it must come from a directing source that can inductively and deductively reason and determine, we must conclude there can be no creation without direction.

We are dealing with a substance that is all about in what we might term a fluidic state, and it but awaits purposeful guidance. When the objective has been given unto it, it ceaselessly pursues that object in accordance with immutable laws.

We now have two guiding principles - All that ever was or ever will be is here; Supply is unlimited. And next, all that we see and know and may desire in the way of material things have come from the ever present supply, and have come and could only come when plan, design, purpose and direction have been added unto it.

To solve the riddle of creation and to discover the creator and to complete the Trinity, we have but to search out the giver of the plan, and purpose, the speaker of the word.

Conscious that we are dealing with material-minded people, steeped in race consciousness and ever thinking with respect to the material, the effect, and giving little thought to cause and creation, we shall start our search for the creator with the observation of the material. The automobile you see going down the street is a thing of steel, of metal, of alloys, rolling upon rubber inflated with air. It needs no argument that it was all put together by men.

No depth of thought is required to realize that by men the aluminum was extracted from bauxite, the iron was mined and separated from the rocks, and the iron was refined and made into steel, and that the alloys are combinations of minerals put together by men by processes of heat and chemistry, and in accordance with laws, and that the rubber came from natural plants extracted by man and refined, and shaped by man. We know that the propelling power is gasoline, that it was made by a process of refining crude oils, and that the source of crude oil is decayed vegetation, and that the vegetation drew upon the universal by natural processes

when they came into being, and that the discovery and the refining processes and the production and distribution of this gasoline have all been worked out by the process of thinking, the observation of laws, the obedience of laws, and by the creative instinct inherent within all, but brought to creative purpose by inductive and deductive reasoning, by human intelligence.

So we find the automobile produced from that which in the process of time came from the universal in accordance with a plan and a purpose back of which was intelligence creating for an ultimate purpose in accordance with laws which could not be violated or countermanded by creative substance, which ultimate conclusion then must be that man united his intelligence with supreme intelligence. Man first observed the phenomenon or working of the law, and then by his intelligence, came to understand the law. He obeyed the law, and set the laws to work and fitted and adapted them to his plans of creation.

The radio was as much a possibility in the time of Jesus as it is today, but it is because man by observation, by meditation, by concentration, has mingled his consciousness with a super-consciousness and has brought forth an understanding of the laws and has complied with them and has demonstrated that man is a creator in his own right.

Greater than all the things that man has produced will be the universal, understanding among men that the great Trinity is the conscious mind in unity with super-conscious mind and all of creative substance, and the ability of all men to attain self realization, and to repeat with full knowledge of the truth, that "I and my Father are One."

* * * * *

THOUGHT GEM

The story is told of a beautiful emperor moth ruined by a sympathetic effort to help it.

The moth struggled for what seemed hours to force its way into the world through the narrow neck of the cocoon. Its struggle appeared so painful and so prolonged that a kind hearted person thought to ease its labor by snipping the opening of the cocoon with a pair of scissors, thus making the moth's egress easier. The moth was saved some struggle, but when it emerged its wings would not unfold -- they were shriveled and useless.

That struggle to squeeze through the narrow neck of the cocoon was nature's method of forcing strength into the wings to develop them for their work - and ignorant kind-heartedness spoiled it all.

It is no kindness to save either a moth or a mind the labor of developing its wings.