IT IS TREMENDOUSLY IMPORTANT YOU GET THE FEEL

OF THIS INSTRUCTION -

MENT OF INSTRUCTION

You have often heard the expression "without beginning and without end." You perhaps think of that as difficult to understand. Draw a circle. You will find that when completed you have that which is without beginning or end.

Perhaps the earth being round or nearly so, and its orbit about the sun a rotary movement, and so many motions being circular or rotary, and a radio wave powerful enough circles the globe and comes back to its originating source, are object lessons.

Man's thoughts of love return to bless - Man's thoughts of envy and hate, to work his own undoing.

Bruce Barton ends his splendid book "What Can a Man Believe" with the story of Sir Christopher Wren, the architect of St. Paul's Cathedral in London, inquiring of three different men doing the same kind of work in the building of the Cathedral, "What are you doing?"

One responded, "I am cutting this stone." Another, "I am earning three shillings and six pence a day," and the third responded, "I am helping Sir Christopher Wren to build this great Cathedral."

Mr. Barton adds, "There are three ways of looking at life!

1. I am just cutting this stone.

- 2. I am only earning a living.
- 3. I am doing a small part of a great work.

"I have not seen the architect and I do not altogether understand the plan. But I believe there is a plan, so I work with good spirit, in which is no fear."

Vision - Desire - Faith and Determination resulting in Action, work seeming miracles every day - Most people don't realize it because they don't try it.

Read Instruction 42 understandingly - You have the tools of the Infinite -Use them - Share the results with your fellow man, and the dawn of the new day will shortly advance to a noon-day sun and the Brotherhood of Man will be at hand.

You can help to speed the day by helping to spread the understanding - Give and share - and thus tap the Infinite Source.

Sincerely,

THE ORDER OF THE ESSENES

J. Hammer Dama By

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INSTRUCTION NO. 42

Assuring to the Accepted and Acceptable HEALTH, HAPPINESS AND SUCCESS

"ALL TOO LONG HAS PRAYER BEEN SOLELY A PIOUS RELIGIOUS EXERCISE WITH NO PRACTICAL MEANING FOR THE EVERY-DAY NEEDS OF HUMAN LIFE; BUT WE ARE AT THE DAWN OF A NEW ERA, IN WHICH THERE IS BEING REVEALED ANEW TO THE RACE THAT PRAYER AND FAITH ARE DYNAMIC SPIRITUAL FORCES WHICH CAN BE USED TO TRANSFORM SICKNESS INTO HEALTH. POVERTY INTO MORE ABUNDANCE, DISCORD INTO HAPPINESS, AND SORROW INTO PEACE AND JOY." Many are not willing to recognize metaphysics as a "science!" They feel that it is too abstract, that there are no scientific yardsticks with which to measure.

Every science is based upon principles - and principles are invisible and intangible. We know them by the results. Any scientifically proven proposition rests upon an immitable principle - unchanging and unchangeable.

All laws are invisible - the laws of physics, the laws of chemistry, the laws of mind, the laws of life. They are all equally tangible and demonstrable. Out of the invisible comes the visible always. There is one way to prove the laws of life as we teach them. - Try them - and leave out no element - just as you would leave out no element in a chemical formula in making a chemical test.

To think or assert that life itself is not based upon principles is to propound that this is not a world of order and law, when every tree, flower, plant, animal and the rocks and earth itself prove by every manifestation that this is true.

If by the instructions we give you certain results can be obtained, certainly we must know with what we are dealing. If principle works for one it must work for all, otherwise it is not principle. Wheever puts two parts of Hydrogen, one part of sulphur and four parts of oxygen together (H2SO4) will produce sulphuric acid, whether he be the most ignorant or the most intelligent person on earth -- That's the law - that is principle. Why it does it the best scientist cannot tell - It just does.

Fear and terror - purely thoughts and feelings (intangible and invisible) put poisons into the blood stream. Why, no physician on earth knows - but it takes place, whether the terror stricken one be king, potentate or pauper. - That is a result.

Telepathy takes place - why, no one knows. Clairvoyance is an extra sensory power of some people upon some occasions. Why or how we know not. It just is and science recognizes it.

There has to be a principle or law back of it or we have to concede the unthinkable - that this world is a chaos - and it is not.

People every day in this world and throughout the world are changing their personalities from the attractive to the unattractive and vice versa - positive to negative - negative to positive. They have to deal with something to produce the change. There has to be a principle and a law. - Yet they say it is too abstract.

If any one can understand the principles, all can understand them who take the time to investigate.

Are men forever going to study the principles of mechanics, chemistry, electricity and worship them to the exclusion of the study of the principles of life, of human relations, of man's relations to the infinite?

Each can think a thought and prove a principle or law - each can speak "the word" and prove a power principle. We need no lathes or presses, - we need no scales or measures. The tools are self contained within each researcher. We require no factory buildings or expensive plants. Man can prove to his own

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This research requires no dynamos or motors, no steam plants or Diesel plants -

The power is in thinking - and the contact is immediate with the original source of all power - self propelled - unlimited - and available to all men who become conscious of their selfhood.

The world moves by thought. Every invention is the result of thoughts. Every business transaction originates in mind. By thoughts men and nations are ruled. Health - happiness and prosperity are a result of it - and likewise are sickness, sadness and lack.

Certain mental causes produce certain material results. It is the relation of mind and matter then that we would study. Look up the definition of metaphysics. It is the science of first principles.

It is our aim to prepare you for true fellowship with the spiritually enlightened, those with an understanding of the rewards and responsibilities of conscious one-ness with the all pervading intelligence and power.

There is transcendent importance in the realization that thoughts are things, are a fundamental creative element, are a force and a power as much so as electricity, and with many of the characteristics of the hertzian waves, which our radios transform back to sound.

Densely ignorant is the physician who does not know that fear, hatred, jealousy and the horde of negative thoughts are the underlying causes of many of the diseases he is called upon to treat. He knows full well that we can poison our bodies by our thoughts -- actual, tangible, material poison, subject to analysis, and equally certain is he that organic changes are worked by thought forces.

When poisonous drugs are sold from drug stores, or poisonous chemicals or materials are packaged and shipped by manufacturers they are clearly labeled "Poison."

We have "pure food and drug" acts and supervising boards, departments, officers and administrators without number. We have "boards of Public Health" and Public Health officials in every little political subdivision.

But who is there to label destructive, negative thoughts as "Poison," who is there to teach the sanitation of the mind, and that when we cleanse our thinking, we cleanse the channels of the body.

Who is there who ever weighed or measured a thought? It is neither solid nor hard nor weighty according to mechanistic standards or "yardsticks," but does that make it the less real?

Can any thinking man question that they influence and effect people? Business is commerce in thoughts. Why do people buy anything? Because they think it will be <u>USEFUL</u> in the carrying out of a purpose or that its use or utilization will give them <u>PLEASURE</u>, or that by its use or by its resale they can <u>PROFIT</u>, or that in its use will be found a source of <u>PRIDE</u>, or that it is a <u>PROFICTIVE</u> <u>THING</u> and their sense of caution or cautious thinking prompts the acquisition. These are the five buying motives upon which all transactions are based. A motive is a <u>WAY</u> of thinking.

Truly our visible world is a thought world. All the things man has wrought originated with a thought - All the things men do so originate. All of this

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Page 3 .THE ESSENES inevitably leads to one same conclusion. All creation is thought objectified. The universal, unlimited, surrounding fluidic substance awaits a purpose. It is its mission to transform from the invisible to the visible. -- Purpose is directive, formative, and creative thought.

Man is endowed with the power of thought - directive, formative, creative thought, and when he arrives at true self realization, he is conscious that he is a Creator - and creative substance is his to commend. He needs but to formulate the objective - envision an idea and a purpose, and by desire project it into the circumambient sea of power and supply, and it comes to pass.

It is not man's province to inquire how or why. The laws of creation are set - They are undeviating - They work - They produce. This each can prove in his own life.

Thoughts are a creative energy which can and do form the human body into the likeness of health or disease. Thoughts attract and control creative substance and activities and by the right mental processes we can pour or attract this into the body or create them within it and send them to every cell, gland and organ, and so mingle them with every fluid and secretion, and influence every action in accordance with the laws of harmony and creation and build or restore abounding, vibrant health - even when physicians' skill has failed. We have witnessed it - we do witness it.

These instructions are read throughout the United States. For the moment we are going to give thought to the present modes of life and thinking in the United States.

The fact that a high percentage of the young men between the ages of 18 and 28 called into army service are found physically unfit, is a sad commentary upon our way of life.

By a population of 146 million approximately, we find there is spent annually millions of dollars for medicines - and medical care in all its forms.

The hospitals of this country are crowded with patients and it takes many thousand Pharmacists to compound and dispense the drugs administered. Our doctors, nurses and dentists are all busy in spite of the fact that all diseases of bacterial origin have decreased in a striking manner.

Very evidently, our mode of life is faulty.

This organization is not a cult. We have no reform crusades to foster but we do observe that modern life is opposed to the life of the mind.

Picture shows and television, cocktail lounges, liquor consumption, night clubs, newspaper reading of war and threat of war, murders, scandals, accidents and gossip, auto riding at high speeds in pursuit of pleasures, labor saving devices on every hand, magazines and novels filled with the froth of true thinking, sex conversations, our penal institutions costing three billion a year to maintain; our institutions for the insame over-flowing!!! Such a way of life!!!

Yet we see this NOT as a return to the black night of barbarism, but as it has been recorded in the great pyramids, and as it has been foretold by all the great sages and prophets in all tongues and in all ages, we recognize it as a series of vast preparations for a new world, a new order, and as the cosmic process toward a glorious dawn of a new day, and that a new world is about to come forth, and that there is a glorious future for mankind.

> Father, Son and Holy Ghost - Trinity! Symbols are these of man's divinity; The units - mind, spirit and material -Lacking one, there is naught of man to tell.

These the implements of creative man Enable him to work out every plan; By his thoughts he creates design and mold, And by word the plan is to spirit told.

The spirit then relays it to the All, And it, as is its nature, heeds the call. 'Twas by the spoken word the world began And set the pattern for creative man.

When man is conscious of his native powers, He worries not, There are no fearful hours. Man is the rightful heir of all that's good; His aim should be peace, joy and brotherhood.

The universal source, man can contact, And by the process make each dream a fact. It is by the great law that this is done, For mind and spirit and supply are One.

Conscious of this Truth, man can bless the earth, For of basic supply there is no derth. When man fails to use the powers within It is the world's loss and man's greatest sin.

That eternal laws are within your reach It is our mission here on earth to teach. Your best expression you can surely find, By faithful study of the laws of mind.

Just Talking It over

We find that books on psychology deal with minds in general, everybody's mind. It is our aim to deal with <u>your</u> mind and above all else to help you to the realization that it is but a bay or harbor in the great mind ocean, is of the same qualities as the limitless, is affected by it, and that there is an ebb and flow between the two - more strictly speaking, they are one. A bay is a part of the ocean. The ocean includes all the bays. There is an inflowing and an outflowing. When you once grasp this picture, put absolute dependence in the unity of your mind with omniscience or the All Knowing mind, and cease your struggle for conscious solutions of problems, stop endeavoring to force your solutions, and open the flood gates at the entrance to your bay and let the solution come to you, having prepared for the receptivity of truth, your fears and worries are at an end - for truly you are in command of the wells of life.

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