

THE ORDER OF THE ESSENES  
2527 SUNSET DRIVE  
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

JUST TALKING IT OVER

WITH YOU: -

When you were a youngster did you spin tops? It seemed the top was spinning pretty fast, didn't it?

The earth is like a top. You are at one point, say at twelve o'clock noon - At noon the next day you will be at the same point approximately the earth having made a complete revolution on its axis. You have traveled something over 25,000 miles, the circumference of the earth, or at the rate of about 1250 miles per hour.

You think of that as tremendous speed - and it is.

When you were a child did you have a ball or weight on the end of a string, and swing it around your head?

Well, the earth is like the ball on the end of that string going around the sun. It takes one year to make the circuit, but the distance is approximately 372 million miles, so you and the earth are traveling more than a million miles a day or about 42,460 miles an hour around that circuit, or about 34 times as rapidly as your spinning travel - Now that is a tremendous speed - Over 700 miles a minute, or over 11.6 miles a second.

This is not theory or fancy. Anyone versed in Astronomy can verify the figures and the speeds.

That which is set forth in Instruction Forty-One is not theory or fancy - You can experience it. - If there is any straining or striving - any anxiety, fear or doubt as to the results, there will be none.

The last sentence in paragraph four, page one is the key - "follows naturally habitual journeys into the silence."

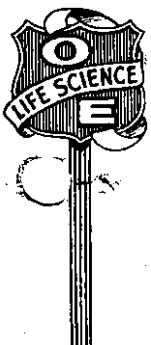
If you get this, it will be of untold value to you. In the straining, striving, tense world of today it is needed as never before. - Confusion becomes self-possession, calmness comes in a season of distress, hesitation and doubt give way to certitude - and you do come to the complete realization of your One-ness with the infinite - and the pathway to accomplishment opens up.

To be even a small part in taking this understanding to others is one of Life's greatest satisfactions.

THE ORDER OF THE ESSENES

*S. Hamner Davis*

Enc. 41



# THE Essenes

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INSTRUCTION 41

Insuring to the acceptable and accepted  
HEALTH, HAPPINESS AND SUCCESS

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TO ME SIN IS NOT AN INTEGRAL, ORGANIC PART OF A  
MAN, LIKE HIS STOMACH OR HIS LUNGS, BUT IS SOMETHING  
EXTRANEOUS, ADDED FROM THE OUTSIDE, LIKE A BURDEN ON  
HIS BACK OR DUST UPON HIS FEET - - - TRUE HE MAY VI-  
BRATE TO HIS SIN AND GIVE COMPLETE AND UNRESTRICTED  
EXPRESSION TO IT, BUT SO DOES A VICTROLA VIBRATE AND  
GIVE UNRESTRICTED EXPRESSION TO A RECORD WHICH IS  
PLACED UPON IT. ----

Glenn Clark

SET DOWN THE BURDEN - DUST OFF THE FEET - CHANGE THE  
RECORD!

"It is in the silence all masters have learned mastery."

Emerson gave a key to the understanding of what can come forth from the silence when he said "There is one mind common to all individual men. Every man is an inlet to the same and to all of the same. What Plato has thought, he may think; what a saint has felt, he may feel. Who hath access to this universal mind is party to all that is or can be, for this is the only and sovereign agent." That is from the standpoint of a philosopher.

From the standpoint of a scientist, Dr. Alexis Carrel, we have it in this form. "Men of genius, in addition to their powers of observance and comprehension possess other qualities, such as intuition . . . . Through intuition they learn things ignored by other men . . . . they unconsciously feel the presence of the unknown treasure. All great men are endowed with intuition. This phenomenon, in former times, was called inspiration."

The all important thing however is that this "access to the universal mind," this "intuition," and this "inspiration," cannot come in the midst of mental confusion, it comes only in a pause, a condition of receptivity, and faith inspired expectancy. This attunement of the consciousness follows naturally habitual journeys into the silence.

Conclusive proof of the efficacy of silence and meditation is found in the fact that there never has been an outstanding genius in the arts, trades, professions, sciences or religions who did not have his periods of silent communion, even though he knew nothing of the laws involved.

If you would prove to yourself your one-ness with the infinite, that all that it is or has is yours - the way is opened unto you in the silence - and you have but to travel in that illumined way.

We have instructed you with reference to going into the silence. There have been many misconceptions with respect to this. There seems to have been a lot of nonsense published connecting this quiet, relaxed, still, calm period with occultism, and suggestions with respect to sensing colored lights, and something fantastic in the way of visions -

It is just so simple, you will miss the true purpose if you are consciously in a search for something. Again you miss if you are day dreaming your conscious objective desires and filling in detail of how it shall come about. Yet again you miss if you are sleepy. Silence periods are certainly not to be confused with unconscious periods.

You first shut the doors of the senses - meaning you are not consciously following an auto in the road or street, nor an aeroplane overhead. Nor are you consciously trying to hear the neighboring radio, or the children singing at the piano, or wondering why you don't hear them and speculating as to what they are doing, nor are you thinking of your corns or stomach ache, or stiff ankle. You just become oblivious to business problems, household requirements or problems that have had the center of the stage in your thinking. - The door of the five senses is closed.

Just dismiss these with this thought - "I am closing the book on conscious planning and searching - I am one with omniscience - I am going to tune in" -

If you are rigid, tense, tight muscled, or anxious, practice relaxation as we

have taught you, which is simply exaggerate the tension, get sure enough tense and then relax and let go gradually until you get the sense of feeling and knowing complete limpness and relaxation.

In this relaxed, let-go condition, with no sense of detail and with no speculation or wondering about what is to take place, just form definitely in your mind that you are in a cosmic sea of knowledge, of power, of supply - That it is through you - in you - that you were made out of it, are a part of it, and cannot be separated from it. That in it is health, happiness, abundance. That all that is, has come from it. It knows your needs and longings from your conscious thinking (you have followed the mental-chemical formula laid down). Now, what is the answer?

If it is health you seek, there will come no prescription nor routine directions. You will just feel that life forces always do work to the end of perfection, and there will come a feeling that they have been given the go ahead signal, and all obstructions are cleared. You will have a health consciousness - a knowing that there is a perfect cosmic you hovering about you to take its rightful place in the bodily you. There is hovering about you perfect form, perfect conditions and perfect functioning, desirous of taking its rightful place in your physical make up, and that a mighty force of billions of intelligently directed cells are at work preparing the house for the moving in of this cosmic perfect you - and the two shall become One.

The answer, in other words, will be in a Feeling - better than words. You might doubt that words came from the infinite - You can't doubt a surge of feeling. That you will know - just as you know the one certain thing that you are.

If it is happiness you seek, you will sense a feeling of lightness - a sort of love sense - a flash that everything is all right - a happiness consciousness. The language of the answer is unmistakable - it is not in words - it is a sensing, a feeling - a conviction. It is not going to leave you - it will hover about you when the silence period is over, and after awhile, in one or many consciousnesses. It becomes a working principle, subject to summons and practical uses at will - and you become master of your moods, your outlook, your thinking and your emotions, and are no longer slave to them.

If you seek the answer to a so-called material problem - a business move - a decision - a procedure - a mechanical adjustment - a source of supply - or a personal choice, your answer may take the form of a feeling or conviction that there is an answer to every problem, that there is a "way out."

Your spirits are lifted, the feeling of defeat, discouragement, inadequacy and inability seem to disappear, there is born a new hope - a new faith, self confidence, self realization - an expectancy that the answer will be forthcoming. This too puts the answer in an unmistakable emotional or feeling form. You have created a free channel through which the coveted solution may reach your conscious mind, and be translated into action. There is then and there born the attracting nucleus of a success consciousness - This grows in the natural order of growth, and when it becomes another one of the aggregate of consciousnesses, the solution of the problem is in process of materialization.

Countless are the letters in our files which in effect say that the student recognizes that it was a guiding hand of providence that put them in contact with this Order, and that in it, by it and through it came the answer to their longings.

It is called a flash of illumination. There is nothing said - It is something felt.

Doubt not. Illumination will come as you become more and more conscious of your unity with the whole, that you are actually one with omniscience, if your whole search is for the truth - for good - for a cosmic consciousness, for an interior awareness.

You are one with the infinite, and that very definitely means that you have all the powers that any other person on earth has or ever had. You, the real you are limitless.

This is not true unless you believe it. You either believe it or you do not believe it. Put it this way -- Until you do believe the powers of the infinite are resident within you, and available for your use -- you are believing that they are not.

That is not a complicated thought. You cannot get out of a chair and walk unless you believe you can. You cannot speak unless you believe you can. You can be hypnotized and told you cannot move your arm and you cannot. In that state you can be told you cannot speak and you cannot.

Now - Back to this illumination or feeling you get in the periods of silence. It is just an awareness or a consciousness that you can and will - be, do or have. You just "see the light of day" on the problem, so to speak - and it is very often accompanied by a sense of light - illumination.

To this point your problem or the condition still exists - You want the answer - the solution.

When you get this feeling - this flash - this illumination - If you will just realize and recognize it as a "pillar of fire" or an omen that the attractive powers of the universe are at work in every nook and cranny of the world to bring to you the idea, the influence, the situation or the person to meet the condition - you will be filled and permeated and impregnated with a living faith the very substance of the thing longed for.

In your daily life then you again tackle the problem, you still hold the desire in your heart, you give it sane, sensible thought, and your best business judgment. But now you do not fear and worry - You expect the solution - You go ahead preparing for the action to follow the solution - You act as though failure were impossible - You have prayed, "believing".

As if by chance, the idea comes - You see an advertisement - You read an article in a magazine, book or paper - a way seems to open. You meet some person, or some person just "out of the blue" gives you a lead or a suggestion - You intuitively recognize that at last the way is open - you follow through. Thus - out of the silence comes your heart's desire.

When you analyze all of this you find: (1) THE CONSCIOUS MIND contacts (2) THE SUBCONSCIOUS MIND, a part of (3) THE SUPER CONSCIOUS MIND OR OMNISCIENCE controlling (4) INFINITE SUPPLY OR OMNIPOTENCE, and (5) THE REAL YOU REVEALED - A CREATOR IN YOUR OWN RIGHT.

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Triumphant Thinking leads to Triumphant Living.

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