THE ORDER OF THE ESSENES 2527 SUNSET DRIVE STAMPA 6. FLORIDA

PARTMENT OF INSTRUCTION

JUST TALKING IT OVER

WITH YOU: -

If you will just reread the letter that came with Instruction 36, and then read Instruction 37, you will find it helpful.

In this set of Instructions we again speak of "consciousness" with respect to health - money - and happiness. It is an attitude or frame of mind. It relates to the way you think about these things. It is how you think, act and live, with respect to a definite mental conception.

If you merely wish for health or wealth or happiness and mentally say: "Oh, I am a failure at everything I try. I can never have that" - if you desire to accomplish something and say: "Others can do that but I am afraid I never can" - you have a "consciousness" but it is inverted. It is in reverse. You have created by your own thought processes a limiting factor to accomplishment. You have then and there a "consciousness" but it is the wrong kind of a consciousness. It will be effective - doubt not - but it will not materialize your wish nor bring the realization of your desire.

You are going through a course of training - surely you can control your own thinking by discipline. The effective, result getting, creative consciousness grasps a vision clear-cut and definite - takes the attitude: "Certainly, that's normal for me. I want it. It's to be had. That's what I am going to be, do or have. There's nothing unreasonable about it. With it I can do so much. It's appropriate that I do it, have it, and get that way. I am fitted to that condition - that condition is my rightful position. It is so. It will be a joy to just see it materialize. It is promised to me - the promise is valid. Nor for plans as to what to do when it appears - that will I do now."

Hence - the front cover quotation from Matthew. Be likened to a wise man! "Doeth these things!"

If you are fully satisfied in your own mind that you have given serious and earnest study to these instructions, and are confident that you have given us proper assurances of that fact and your conscience is clear that you have in accordance with your ability and your understanding given adequate expressions of gratitude and thankfulness, you can be sure that you will be continued in this study.

At this point the individual records of each student are being examined to determine those who are to be continued in the first year's study, the completion of which can lead to a Certificate of Merit from The Order of The Essenes.

Surely you have caught at least a glimpse of your Divinity and will want to continue, that you may adequately give expression of the Infinite of which you are a part and know the satisfying rewards that are a natural sequence, and will desire to share that understanding and add leaven to the bread of life.

You can develop a consciousness appropriate to your every need and with it materialize your cherished aims. It is just a matter of proper deposits being made in the bank of the Universal. Faithful study will chart the way, and the instruments of navigation will be supplied to you.

SCIENCE

THE ORDER OF THE ESSENES

Enc. 37

THE Essenes

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INSTRUCTION 37

Insuring to the acceptable and accepted HEALTH, HAPPINESS AND SUCCESS.

THEREFORE WHOSOEVER HEARETH THESE SAYINGS OF MINE, AND DOETH THEM, I WILL LIKEN HIM UNTO A WISE MAN, WHICH BUILT HIS HOME UPON A ROCK:

AND THE RAIN DESCENDED, AND THE FLOODS CAME, AND THE WINDS BLEW, AND BEAT UPON THAT HOUSE: AND IT FELL NOT: FOR IT WAS FOUNDED UPON A ROCK.

AND EVERY ONE THAT HEARETH THESE SAYINGS OF MINE, AND DOETH THEM NOT, SHALL BE LIKENED UNTO A FOOLISH MAN, WHICH BUILT HIS HOUSE UPON THE SAND:

AND THE RAIN DESCENDED, AND THE FLOODS CAME, AND THE WINDS BLEW, AND BEAT UPON THAT HOUSE: AND IT FELL: AND GREAT WAS THE FALL OF IT.

(MATTHEW VII)

THE ETERNAL MIRACLE

AN AWAKENED CONSCIOUSNESS

The instructions of the Order of the Essenes, as you well know if you have attempted to get understanding from some of the instructions presented by other courses of study, are quite different.

We instruct with respect to the use of <u>your</u> mind, <u>your</u> powers, <u>your</u> abilities, and how to apply the Science of Man - Life Science, - the laws of the universe to <u>your</u> situations, and not with respect to minds in general like a surgeon lecturing upon anatomy.

We deal with functions and functioning - powers - and the application of powers - abilities and the successful utilization of them, which you as an individual and a personality possess.

The whole trend from Instruction Number One is to acquaint you with the real you—We work from the potentials to demonstration and manifestation — with the living, not the dead — with the activities and accomplishments and not the instrument. We are not interested in violins or planes — we are interested in what great artists can bring forth from them.

An iceberg is one-eighth above the surface - seven eighths submerged. You are a most remarkable person if you display to the world and utilize your powers in that same proportion -- The aim and object of Life Science is to enable you to function more efficiently, to express more abundantly, to develop and use your potentialities, which have laid dormant - unused - submerged, - and to you perhaps unknown -

--- and why not know and inventory your resources of mind - emotions - powers and aptitudes and prove or disprove once and for all, a possible unity with the Infinite?

Life Science is a most difficult thing to teach, not alone from the standpoint of a lack of words with the right shade of meaning - words developed in this long era devoted to the material and mechanistic, but also because the true solution of the major personal problems of our time is in the development of any appropriate consciousness. Consciousness is an inner experience. To so phrase that experience that another can catch the spirit and the feel of it, is the task we set ourselves.

Those who have advanced this far in these instructions are those selected who first asked for them - and that asking was prompted by some need - a desire for enlightenment, a longing, an ambition - something that impelled them to seek an answer to a problem.

This fact predetermines success in our mission. First - the faith that prompted the seeking of aid, fertilizes the mind of the student, and makes it receptive to the seeds (words) we sow. A need meets a desire to fill the need, and an inspiration is inevitable -- The problems presented contain the germ of their solution; the questions, the seed of the answer.

There are many forms of consciousness - There is a money consciousness, and many degrees of that. The person who has an ambition to get a job paying fifteen dollars a week, has a fifteen dollar ceiling or limit at that moment — When he satisfies that ambition he may extend it and keep extending it - but rarely do they ever attain beyond that which they vision at the time of the projection of the desire.

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The man who pictures and strives for five hundred dollars with which to go in business for himself has a five hundred dollar consciousness -

He who aspires to gather together three million dollars to build a sugar mill, to be successful, must have a three million dollar consciousness — He must comprehend what three million dollars is, its use in such an enterprise, who has or controls or can influence that amount of investment as a whole or measurable portions of it. That takes us back to the essential element of vision we have often mentioned — and to the basic requirement that that vision must have outline and definite detail. He must have faith that it can be had — that he can get it — and that the planned methods of inducing the investment will work — He must just see himself building the mill with the "consciousness money".

There is a health consciousness - True it is you can build up to that state by observing others, the picture of health, and radiant good feeling - or by contemplating pictures of those of perfect form, physique, and in perfect health, and by developing a desire to be like that - but you have not the true health consciousness until you can say "I am", and not "I desire to be."

We again repeat there is no violence to reason when you say "I am that" - which your present physical condition denies. You are potentially -

Get a mental picture of yourself, clear in outline, in perfect health, doing what you would do in that happy state. --- Set it apart - contemplate it as yourself - call it "that I am" -- Live in the is-ness of "that I am" -- and then actually "say the word" - Feel it - Live it - and say "I am that I am". Billions of cells that make up your body - each with a constructive mentality of its own that accepts implicitly the "word" and the message you give from the conscious mind, are waiting for that rallying call. Repeat it - Don't think of how the cells and organisms and organs are going to do the job - They know that better than any physician, surgeon, or scientist that ever lived. --You live in the consciousness that it has been decreed - "I am that I am" -not a phrase - or so many words - but a mental picture projected of "that I am". - Feel the surge and the uplift as you say it - "I am - - that I am". You and the mental picture "that I am" coalesce - combine and unite -- You are. --Billions of intelligent workers are at work - making it manifest - materializing - and bring into being the perfection you picture - and claim. With the uplift and surge of feeling that comes with the "word" - guide it to a feeling of thankfulness and of gratitude that IT IS.

Bruce Barton calls the awakening of the inner consciousness of power, the "eternal miracle" in his book, "The Man Nobody Knows."

There is a success consciousness - It might be expressed in words as a feeling that the effort or undertaking will turn out well - as pictured -

Words alone will not give you that consciousness - you must confidently expect -- have not a doubt of -- and live and act as though it were an accomplished fact - It exists in space --- You are going to greet it --

Time is just a human device or measure for space, to meet material sensory conditions. Don't think in terms "I desire it to be", or "It is to be" — It is — and the law of attraction will move it and you and all related to the success through space to the appropriate setting, and the unfolding or materialization will be apparent to all —

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There is a joy or happiness consciousness - That is purely a matter of feeling, a matter of right relationships of ideas or thoughts - a matter of harmony or rhythm in your thinking -

The world's thinking has been out of tune for lo these many years. The mass thinking has sown the wind - and the world is reaping a whirlwind. In the process, happiness or joy has been related to material possession — Thinking so has made it so - for those who accept the race consciousness of the times, instead of an individual consciousness. If you desire a joy consciousness, just live in the consciousness of the things that make you happy. Don't poison your thinking by fears, doubts, dreads, or by living in past umpleasant experiences, nor in a sense of lack, or unfulfilled desires - Project your thinking into the future - for there there is happiness for him who observes the laws of life as being unfolded in these instructions -

It should be a source of satisfaction and joy that in the rapidly unfolding future you will be prepared to meet the new conditions —— that you have done that which not one in a hundred do — studied for self improvement. No effort is ever lost in this universe, and your expressed desires for good will not return void. There is an appropriate consciousness for this —— An awareness of being a creator and not merely a creature, of being "the master of your fate, the Captain of your soul", and not the child of circumstance!

Are you willing to believe that you are but a creature, when all observation, reasoning and experience should convince you that you are a creator - inseparably linked with the infinite in contact with omnipotence (all power) and that these powers enable you to transmute your thought forms into realities.

In the acquiring of an appropriate consciousness, there must be a harmony or a rhythm in your thinking which is attuned to the state of being which you seek. There is and can be no question but that the harmony of our organic and psychological functions is one of the most important things that we possess, and that when there is harmony between the physiological and mental, man's whole state of being is transformed.

We want to be intensely practical and make you conscious of the vital necessity of harmony and rhythm in all things, and in all functions, and most certainly, thinking is one of man's most important functions, and consciousness is just as real as all things that can be weighed or measured.

That Life is the constant endeavor of organisms to harmoniously meet existing conditions - should be a clue to your potentialities. Lack of harmonious relations - is your fault - Lack of harmony - that is your answer. Restore harmony -- you have Perfect Health - Happiness, and Success.

* * * * * * * * TROUGHT GEM

As knowledge advances, science ceases to scoff at religion: and religion ceases to frown on science. The hour of mockery by the one, and of reproof by the other, is passing away. Honceforth, they will dwell together in unity and good-will. They will mutually illustrate the wisdom, power, and grace of God. Science will adorn and enrich religion; and religion will ennoble and sanctify science.

Science—in other words, knowledge—is not the enemy of religion; for, if so, then religion would mean ignorance; but it is often the antagonist of school-divinity.

-- O. W. Holmes