DEPARTMENT OF INSTRUCTION

SOMETHING OF THE ESSENES, YOU HAVE WANTED TO KNOW

FRIEND: -

All historians agree that the Essenes of old were soft spoken, in contrast to the loud and harsh voiced of that time, and that their mission was to do good. They established Hospices, which foreshadowed our present day hospitals. One was at the Essene Gate to Jerusalem.

In the vicinity of Jerusalem there were about five thousand Essenes, divided into a number of communities. The Essenes were the cleanly people of that time - cleanly in person, living and thinking. When not engaged in their daily tasks they wore white. Each shared the fruits of his labor with all others of his settlement. They lived simply.

They were ever students, daily giving nourishment to the mind as well as the body. They were known as the "wise men". What was known of sanitation, medicine and hygiene at that time was a study of certain of their numbers, and it was put to practical use in caring for the unfortunate.

They adopted boys at the age of twelve, and brought them up as students of the philosophy of life and gave them special training in some line of endeavor. These boys became members of the Order, if their conduct was in accord with their teachings. If an adult desired to become a member of the Order, he was given a three year course of study as a preparation, and during the probation period his daily life was carefully observed.

Essenes never entered into disputes. They never sought or held public office. Economics with them was simple. Government was not a matter of thought. A way of life was their concern.

In this Order we devote our thoughts and efforts to teaching the universal laws and principles, by which all are governed and by the application of which each can attain his cherished aims. Our research has been in the fields of psychology, metaphysics, philosophy, religion and the sciences. The matter of government, economics, and politics is a study to itself.

We are steadily advancing, and we trust this includes you, toward an organization of persons who have come to realize that in the perfection of the within lies the empire of man. Such an organization the world sorely needs. The need grows with each passing day.

We are sincere in our wish that you may exemplify as the Essenes of old, a "perfected within".

May you be blessed with Understanding.

THE ORDER OF THE ESSENES

By J Hammer Danis

Enc. 29

THE Essenes

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INSTRUCTION 29

Assuring to the Acceptable and Accepted HEALTH, HAPPINESS AND SUCCESS.

THE GREAT THINKERS FROM TIME IMMEMORIAL TO DATE ARE IN ACCORD IN ONE THING: - IF YOU WOULD MASTER CONDITIONS, CIRCUMSTANCES, ENVIRONMENT, PERSONS, DESTINY, - YOU MUST FIRST OF ALL MASTER

YOURSELF.

THERE IS A FOUR-FOLD ORDER OF BECOMING --SELF MASTERY -- POSITIVE CHARACTER BUILDING --EXPRESSION OR OUT PRESSING -- THE ANSWER,

ACHIEVEMENT.

WEAVING THE THREADS INTO PATTERN

BY THE ROAD OF REASON

Some thirteen hundred and fifty years before Christ there were certain sacred writings or manuscripts used as a basis of teaching the learned of the time - these were the property of schools of mysticism, and brotherhoods. Their origin seems to have been in Egypt, their authorship, some of the Pharoahs of Egypt. They contained within themselves evidence that they were in part derived from prior writings and from contemplation, meditation, inspiration, and revelation (the silence). The great study was man himself -From the preface of a book of tranlations we take this passage of interest to you and to us -

"Copies of the teachings and doctrines used in Egypt at that time undoubtedly reached Jerusalem and other parts of the world through the exodus of the Jews, and many proofs have been found to show that the high mystical teachings of the Pharoah of Egypt and his followers were the foundation of such cults and schools as the <u>Essenes</u>, to which the master Jesus belonged."

To bring you to a realization of the real <u>You</u> within you, we shall now quote from one of these manuscripts of antiquity ----- one of the nearest approaches to understanding through the process of reasoning and the conscious mind yet evolved. Consider! It was probably a part of the library of manuscripts or books or Bibles available to Jesus --

"Lowly and ignorant as thou art, 0 man! humble as thou oughtest to be, 0 child of the dust! wouldst thou raise thy thoughts to infinite wisdom? wouldst thou see omnipotence (all power) displayed before thee?

Contemplate thine own frame, - - - - -

Wherefore is consciousness reposed in thee! and whence is it derived to thee!

It is not in flesh to think; it is not in bones to reason. The lion knoweth not that worms shall eat him; the ox perceiveth not that he is fed for slaughter.

Something is added to thee unlike to what thou seest; something animates thy clay higher than all that is the object of thy senses. Behold, what is it.

Thy body remaineth perfect material after It is fled, therefore It is no part of it! It is immaterial therefore it is eternal: It is free to act, therefore It is accountable for its actions.

Know thyself then the pride of the Creator, the link uniting divinity and matter; behold a part of God himself within thee: remember thine own dignity nor dare descent to evil or to meanness."

"Seek Ye First His Kingdom" - - Made Plain.

We presume that the people in the time of Jesus were much like the people of today. They found that their problems were devastating, and that their ills were destructive and they were fighting poverty and want. They brooded over things which made them unhappy and they had bodily ills and sickness, and life was a continual combat - a resistance - negative thinking.

Jesus in the Sermon on the Mount, said, "Be not therefore anxious, saying 'What shall we eat?' or 'What shall we drink?' or 'Wherewithal shall we be clothed?' - for your Heavenly Father knoweth that ye have need of all these things, but

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seek ye first His Kingdom and His righteousness, and all these things shall be added unto you."

That was a plain and simple statement that harmony with the universal plan would bring well being. It was equal to saying that the only way of being more and having more and giving more is to ally oneself completely with the universal purpose of which one is a part.

It is the object of these instructions to bring to your conscious mind and to plant in your subconscious, the fact that health, happiness, and success are as natural as the fruit obtained by properly cultivating a tree.

- that there is a law of life as natural and unfailing as the proven scientific laws of mechanics and physics and chemistry.

- and that one, by his thinking and consciousness, can fit into the universal plan, and food and drink and clothing will come naturally as a result.

The reason so many people in this world fail is that they are forever thinking of what they can <u>get</u> for themselves. By the very seeking and thinking of <u>getting</u>, they push away the results which they would like to have.

If they would observe the natural law of giving - getting would come naturally.

That's what Jesus meant when he said, "Seek ye first His Kingdom, and His righteousness."

These instructions are for the purpose of giving you what is known of "His Kingdom," and to lay down the universal laws that are known to work.

Righteousness (right-use-ness) comes with understanding, and acting in accordance with these laws ---- success is just a natural sequence.

The Law of Increase - Nature's Way

Let us state a very definite, fundamental and universal law.

Increase comes only from division.

The lowest form of cell life, the single unit cell, grows and then divides, then each of these in turn grow and divide and grow again - that is the life process.

This is likewise the law governing man, the highest form of cell life, a combination of billions of single cells with a unity of purpose.

This being the principle of increase that nature knows, it likewise applies in the affairs of men.

There must be division - giving of strength to gain strength, giving of love to reap a love reward, - a giving and sharing and division to multiply the material things of value.

That is the secret behind every commercial and industrial success of this country, when truly and basically analyzed.

We cannot expect a ship to come in until we have launched a ship.

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Visioning Made Dynamic

In visioning and desiring, aim high. Be not like the woodsman who performed a task for a Good Fairy. When he had performed the task, she said to him, "You can have any three wishes you may make."

He had labored hard in performing the task and was hungry, and he said that he wished for a good meal, and a sumptuous feast was spread before him by the good fairy.

When he had eaten, she said "You have two more wishes. Anything that you desire will be given unto you."

It was getting a little chilly, and he wished for a warm cloak, and there was immediately produced a warm cloak trimmed in furs.

The Wishing Fairy then said, "What other wish have you?"

Having been satisfied with a good meal, and being warm in his new cloak, he wished for a comfortable bed and a good night's rest, and this was immediately provided.

When he awoke the next morning, all that was left was the warm cloak. He could have had anything that he wanted --- three wishes, and his desires did not extend beyond his immediate comfort.

This seems like a commonplace fairy story, but it truly pictures the extent of the aims and ambitions and purposes of the great majority of people, and that's why they attain no more. Minds that are fully occupied with the commonplace can never propel the human soul to heights of glory. They grovel in the dust and mud and mire of living, and forget the matter of a life.

The Wishing Fairy now says to you - "You can have anything in this world that you want. I give you three wishes - What is your answer?"

Will it be something that you can get or something that you can give? Will it be for something material or will it be for understanding of the divinity within you? Will it be a request for courage, power, and strength, or for frivolities which will actually drown you in an ocean of froth? - Think well before you answer to the Good Fairy.

Life is the gift of Nature, but beautiful living is the gift of wisdom.

Visions are the seedlings of reality, just as surely as the mighty oak sleeps within the acorn, as certainly as the chick awaits within the fertile hen egg.

The food for the billions of this earth five years hence awaits in the universal -

Seed, plant, fruition; - sowing - growing - harvesting; - again and yet again - As to meat, - mating - birth - feeding, and processing. Your health - your wealth, your outlook upon life, - these will be of your making, they are likewise in the universal; by your thoughts you select the seed of destiny.

By intensity of desire you insure fertility, by faith you plant and cultivate; by acting, believing these things are for you, you reap the harvest as you have sown.

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Mate your dreams with love in its broadest sense, the desire to give and to serve, and there will be a birth; feed the ideal and plan thus brought into being upon high purpose, desires intensified by feeling and emotion, and it will flower and bear fruit. - In processing remember that division and growth is Nature's process.

Give, - keep on giving, just as the farmer gives back to the soil the seed, that he may have it multiplied.

The Caution and Why Plans Sometimes Fail

If you follow carefully the instructions in this course, you're going to vision and create a plan, and then you are going to do all the other things outlined in the instructions.

Let us give you one word of caution. When you have developed this plan, and you plant it next to your heart, and are desiring it with all the strength of your being, do not tell the plan or disclose it to another.

By the very act of disclosing it, you open a valve which dissipates your strength.

Have you not observed in life that those who are always telling what they are going to do, never seem to do it? If you disclose to another your plan and program, and he thinks that it is beyond you, or if he thinks that you are engaging in wishful thinking, that thought is contagious and reacts upon you.

When you get to the point of desiring a thing, let it be a secret longing. Do not discuss it and give it expression until you are ready to act in the final stages. You must not only have cast your mold, or made your thought form definite; crystallized your desires and faith; steeled yourself for persevering and definitely determined upon carrying through, but you must have started to put into effect the law of balanced compensation; you must have done something about it before it is safe to reveal your plans and purposes.

It is all right to theoretically ask questions, - "If a person were going to do certain things, who would you suggest to give help?" or "If a certain thing were going to be done, how would you suggest that the problem be approached?"

In other words, it is safe to feel out the ground ahead and get as much knowledge and information as possible upon all the known factors in the undertaking.

What we are warning against is a day-dreaming, and lightly saying, "I am going to do this" or "I am going to do that."

Perhaps no one knows exactly why prematurely disclosing one's plans and purposes dissipates power, weakens determination, and makes faith inoperative.

It's a peculiar thing, too, that when one gives, and wants to advertise the fact, or receive credit or public recognition, that the great value in giving has been utterly destroyed.

In the book, "Magnificent Obsession" by Lloyd C. Douglas, you will note that his leading character knew the law, and warned all those to whom he gave, never to disclose it.

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Out of this will come a safe rule - tell no man of your plans before you are ready to act.

As one commentator said, "It often seems most difficult to keep our plans and desires secret within ourselves. They burst to be expressed; the pressure we feel demands that we expend the pentup energy in putting our desires and ideals into action to cause them to manifest. Instead, we usually just can't help talking to someone else about our desires and inspiration, and the air goes out of the balloon of our energy. The steam is expended wastefully and uselessly from our mental boilers."

Further commenting, he says "Now we often feel an inspiration or inner urge to mention our desire to another person, and we find that that other person is tuned to our own thought and that we have been attracted to them because they will help in the plan.

In such a case, the contect comes about automatically, while more often we approach the first person we see to disclose our ideas, hopes, desires, ambitions, and ideals. In this way we give our desires wings to fly away from us before they have had opportunity to fill the spiritual mold, to gain true thought form, and to materialize into actuality."

This same commentator called attention to the fact that most local water companies have a chart in their office showing how a small leak in a faucet, permitting the water to run continuously, will increase the monthly bill three or four times, and he says that in the same way a small energy leak, caused by talking about your desire, may destroy your desire and prevent its being realized.

* * * * * * * THOUGHT GEMS

Mastery of self engenders success, whence flows independence. The finest victory that a man can put to his credit is that which he has gained over himself. To recognize one's weakness and have the desire for deliverance is the chief condition demanded for the development of a firm character. We of the present age must all struggle with ardor and earnestness to conquer the place we covet and which often belongs to us by right. One weapon is essential - strength of character, which permits its possessor to think, to resolve and to act. He who has this may face every hostile front - He is certain to issue from the fight victorious.

* * *

He who goes forth into life armed with poise has the marked advantage over the timid that comes from superior health. This phrase should not be the occasion for a smile. Timidity is a chronic cause of poor health in those who suffer from it. Pushed to the extreme, it is the source of a thousand nervous defects.