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THE MAYANS
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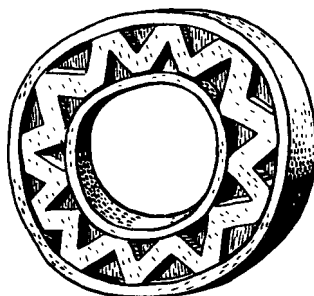
Number 80

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PHILOSOPHY SERIES ONE

(Part Two)

6th and 7th Degrees



SPIRITUAL CULTIVATION

YOUR SPIRITUAL SENSES

Beloved Companion:

As we delve deeper into the fascinating philosophy of the higher Mayan teachings, your attention is directed again to the Mayan Symbol of Being, ☩ . Remember that this symbol is an actual instrument to aid you in your thinking, a tool that is usable for increasing your understanding.

One of the basic discoveries of Mayanry is that Being is four-fold; as it is composed of four departments or bodies. Your dictionary indicates, and most metaphysicians teach that we have only two bodies; the physical body and the spiritual body. A few modern scientists have come to recognize that we also have a mental body. Mayanry teaches that we also have a Soul-body that is distinct and different from our Spiritual-body.

It is suggested that before you read further you take a sheet of paper and draw upon it a Symbol of Being as an aid to your thinking in this lesson. Label each department of it; that is, Soul, Spirit, Mind and Physical Body. Divide each body into the positive and negative, such as Character and Creative Imagination, Will and Desire, Conscious and Sub-Conscious, and Life and Death. Remember too, that there are many further divisions and subdivisions, but these four bodies are the containers and the foundations of all the rest.

Where this lesson refers to the pineal gland as "the seat of the soul" remember we are using the phraseology of the modern scientist rather than the Mayan teaching. This is because we want you to know that science is slowly and laboriously discovering the truth of what Mayans have known clearly for many hundreds of years. Science is finding its way into many of the ancient secrets, but because it is only feeling its way, science sometimes gets its "cart before its horse". You, as an advanced Mayan Student, know how ridiculous it is to say that a bit of flesh (the pineal gland) is "the seat of the Immortal Soul". You, as an advanced Mayan, know through your Mayan illumination more of the nature of the Soul than do today's advanced scientists, and you should rejoice in that.

The pineal gland may be and doubtless is, the main switchboard in the brain where the department of Soul, which we label Character, makes itself felt in our physical senses and physical acts. Not the "seat of the soul" but the doorway where character habits come out from the storehouse of the soul to color our conscious and unconscious acts in the physical world.

With that understanding let us proceed to examine this 80th Revelation Lecture Lesson:

First, we Mayans proclaim that the natural law of God governs all levels, phases, and planes of life. When modern writers come upon something they do not understand they tend to "explain" it by calling it supernatural, but that is because they have no better explanation to offer. We are constantly finding the reasons for things people have considered supernatural, and they are simply things governed by laws we moderns did not know, - or by known laws in hitherto unrecognized phases of the divine creation.

It may be assumed, then, that every physical power, fact, and experience has its spiritual form, the nature of which manifests itself on all levels of existence, and that the law that governs it reaches ALL the way through God's universe, both material and spiritual. That is certainly true of what we call the senses, the powers by which we react to stimulation in sensation and behavior.

Sensation is that by which we become aware, of things and facts outside ourselves. It takes place by a process the psychologists call the Stimulation-Integration-Reaction Formula. By that we mean that outside stimulation, usually in the form of vibrations of some kind, is taken up by what we call a receptor and reported to consciousness. There it is integrated by powers, created for the purpose, into what we call sound, vision, etc., so that in the mind it becomes a picture, a piece of music, or the presence of something. Then through organs called effectors it causes a reaction in behavior determined by it.

The receptor for vision is the eye, that for hearing is the ear, those for smell and taste are the buds in the nose and mouth, those for touch and temperature are the tactual nerves at the surface of the skin. The brain receives what they report through the sensory nerves and builds them into what we variously call sights, sounds, and the like. Then other mechanisms of our marvelous organisms give rise to appropriate emotions which urge us to action; action that is harmonious with the impulse that started with the stimulation of a sense organ.

IT IS ACCEPTED BY MAYANRY THAT THERE ARE STILL OTHER
SENSES THAN THE FIVE ORDINARILY LISTED.

For instance, some seem to have a sense of direction. The writer of this lesson once took a train by mistake leading into the New York subway from the New Jersey side, when he had intended getting a surface train. Leaving the subway in some unknown part of the great city he found his way without difficulty to a familiar spot from which he could find his way to his hotel, being guided by what seemed a sense of direction.

Then there seem to be intuitive powers by which some become conscious of things the ordinary senses cannot perceive. In youth the writer noticed a strange

man on the street. A name came to his mind, one he had seen in the papers. He supposed it happened by chance and did not assume that the name belonged to the man, but later, when introduced, he found that it did. Such things must take place by the operation of higher powers of sensation.

These additional senses as well as those ordinarily recognized are subject to certain stimuli called "subliminal", meaning that they come in below the threshold of ordinary consciousness. They are probably vibrations too fine for us to perceive consciously, but are picked up by some power and reported to the integrating mechanisms. A dog will more likely take an attitude of fierceness toward one who is afraid of him. It is said that fear gives off an odor which a dog's delicate nostrils catch. Human beings are undoubtedly affected by odors and influences so delicate that they are "below the threshold".

At best the physical senses report to us a very small fraction of what really exists. Sight and sound waves above and below a certain range of rapidity and length do not register at all. Sound may be carried on more than one kind of waves. A dog, for instance, can hear a sound so high that a human is deaf to it. Too, dogs sometimes show signs of seeing things our eyes do not pick up. The range of what lies beyond our physical senses may be infinite, but at least it is great.

The message of this lesson is that the Soul has its powers of sensation just as the body does. These powers seem to operate in much the same way, and probably by the same laws applied on spiritual levels, for they have a nature and scope befitting the spiritual substance and universal environment of the soul. The fact that they are so much more subtle makes it easy to miss them, and for that reason some do not discover them and therefore fail to cultivate them. The result of neglecting any normal side of life makes a personality out of balance. Our purpose here is to recall attention to these spiritual, Soul-senses and suggest a few elementary ways in which they may be re-cultivated.

THE SOUL CAN SEE, HEAR, FEEL, AND OTHERWISE RECEIVE SPIRITUAL STIMULI. It can and does integrate them, interpret them, and react to them, just as the body does. As the physical senses make the body conscious of its world environment, so the senses of the soul keep it informed concerning its universal environment. It was by no accident, and it is not without significance that the science of psychology got its name from the Greek word for soul.

The stimuli that awaken the senses of the soul are finer in nature than the physical ones. They are not air vibrations, ether waves, electro-magnetic waves, nor atomic radiations. At least they do not appear to be. They appear to be emanations even finer and more subtle than the subliminal stimulations discussed earlier. They are the emanations given off by thoughts, feelings, and truths.

WHO KNOWS BUT THAT SOME OF THEM EVEN COME FROM OTHER
PLANES OF LIFE OR FROM THE THOUGHTS AND DESIRES OF
THOSE WHO HAVE PASSED ON?

There are mechanisms provided for these more delicate stimuli, just as there are for the grosser ones we use mainly in every day life. Many scientific psychologists claim that the pineal gland is the seat of the soul. It does seem that in the neighborhood where the brain stems out into the trunkline called the spinal cord,

which branches out into the general nervous systems (cerebro-spinal and sympathetic) there are located CLEARING HOUSES for impulses, which may be the spiritual throne of the individual life. At any rate the soul is present, for we can see its functionings and we can discern its sensations.

Be it remembered that while we are here in the earth life even the soul has to accommodate itself to the necessities of this kind of an existence. Whatever physical mechanisms it uses are necessary to give it contact with the body and the conditions it has to meet. Probably it is also our contact with higher levels and more universal situations.

Why then are not spiritual vision, sensation, and the rest of the senses as common and as clear as our physical sensations are? Simply because they have been allowed to degenerate through our failure to use them and keep them strong through normal exercise. They are not dead, but our consciousness of them has grown so weak that many people never suspect their existence.

There are passages in the Bible which suggest the possibility that human beings once had "open vision" and its keenness was lost through disuse. We are also told by one of the prophets that where there is no vision the people perish. That is how important it is to keep these spiritual senses strong and alert. Having them in good order; knowing how and how not to use them is what made the wise men, the prophets, the apostles, and the great seers of all ages what they were. We owe to their existence the Bible and every record that came from anyone capable of seeing and hearing what goes on in the wider reaches of eternity. Whether these powers can be wholly restored to their original sensitiveness we shall have to discover by trying.

Let us first consider some of the spiritual senses with which less has been done, and which seem to be less necessary, leaving the two most important ones, vision and hearing, to the last. The soul has all the senses the body has. Like the body it probably has senses as yet unknown; and it may have senses the body does not possess.

There seems to be a spiritual sensitiveness to odors. The inner self seems to have a way of stimulating the nerves and centers of smell, and so transposing the stimulation that even the nostrils catch it. Many cases are known in which an odor has been caught that suggested some time or event far removed in the past or in some distant place. Many people have caught at times, with nothing at hand to account for it, the odor of a perfume used by someone who had passed on; and have considered the sensation a signal of the presence of the spirit form of some friend or loved one. Almost anyone who is at all sensitive has had these experiences, perhaps often.

There seems to be a spiritual sense of touch. The writer has seen people who could find their way to a member of an audience concentrating on a given thought, simply by holding up the extended palms as aerials and following the emanations. This might seem to be a subliminal stimulus, but it is more likely a spiritual one. It seems to come from the spiritual aura thrown off by the mental and emotional processes. It would be too subtle for even a delicately tuned physical organ to pick up.

But we have all seen and experienced something that is still even more

remarkable. Have you not entered a room, perhaps in the dark, and sensed the presence of another person there, or known without seeing or hearing when someone else entered a room? There was no physical contact, only the touch of the soul. Or have you not at times felt certain of a spiritual presence near you, and even had reason to believe that your inward self was actually conversing with that presence? That is what we mean by saying that the soul has a sense of touch.

The writer once had the experience of being unable to pass a barrier he could neither see nor feel with his hands. He had started through the gate to board a train, and felt an unseen interference in the way. He tried to force his way past, but an inward force forbade him. He turned back and waited for the next train. Two hours out the second train came upon the smoking wreck of the first. It lay piled up in the ditch, and ambulances were busy carrying away the injured. What barred the way was beyond the reach of physical sense, but the soul recognized it and would not go past.

It is by such a means as this that we can even sense the attitudes and feelings of other people. A sensitive speaker will know at once the attitude of an audience, and whether there is even one person in it who is out of harmony with him and with the situation.

This spiritual sense of touch is probably the explanation of remarkable feats of so-called mind reading with which we are familiar. The successful mentalist is no mystery, but one who utilizes the powers given him. Dunninger, probably the most famous contemporary one, says there is nothing about it a young child could not do, and that the operator simply relaxes while the subject concentrates. In an audience, the mind most strongly concentrated will naturally register the most positive reaction, and be singled out most quickly. He will also be the easiest one to work with at the moment, because of the strength of his reaction.

Scientifically this phenomenon is known as extra-sensory perception. It is widely recognized and respected these days, and extensive researches are being made into it by reputable scientists. The most notable work along this line has been done under the direction of Doctor John B. Rhine at Duke University. Anyone can read his books and learn how many, even among college students, possess these higher powers and can use them.

Some will say that these are only finer powers of sense. Certainly, that is just the point we have been making. What are these finer powers of sense, pray, but those of the soul?

Now let us take up sight and hearing, the two spiritual senses which are considered most important, just as are their companion physical senses. These are the senses that add most to the efficiency of the bodily life, and the loss of which most seriously reduces its power and effectiveness. The same may be said of the soul life. On either level one who can see and hear well can get on whether the other senses are highly developed or not. One physically blind and deaf is in a sad condition. One who is spiritually blind and deaf is in an even sadder one. Neither one is able to live life to the full.

Spiritual vision was long called second sight. Occasionally a person would appear in some community who seemed to see, in addition to the material surroundings,

deeper facts and things belonging to great distances, to the past, and to the future. Such people, when rightly disposed, were often of great service to others; but by some they were always looked upon with suspicion. Far from being in league with the devil, they were especially blessed of God.

The term generally used today for this endowment is clairvoyance, which means clear seeing. The assumption in the word is that such people are simply able to see more and better than those who rely wholly upon the physical eyes. Except for material things about them, they see better with the eyes closed or in the dark; and, contrary to the usual criticism that they make prior investigations or ask enough questions to make sure of their ground, the less they know about a thing the more accurately they can see it because then it does not get mixed up with their own thought images so much.

Clairvoyance is no supernatural thing, but a perfectly natural one. It is simply the power to pick up vibrations that lie beyond the range of the average eye, or perhaps any physical eye. It sees by the use of its own organs of vision, though sometimes images are so transposed that even the physical eye can see them under certain circumstances.

In the first lesson you have been advised to observe a silence each day. Here is one of the constructive uses to which you can put that silence - to develop the power of spiritual vision, along with which may or may not come the power of spiritual hearing.

As you practice your silences in the dark, or with closed eyes, or with a blindfold, not for secrecy but to shut out the interfering light rays, these visual experiences may come to you. If they do, receive them, watch and study them, and await their growth in strength and vividness through continued practice. Do not strain and struggle for them. That is bad for the spiritual powers, breaks up concentration, and may delay or prevent the realization of your purpose. Just let them come if and when they will. If they do not come now more time may be required. No matter how long it is, be patient. If they never come, they were not for you, so do not worry. Your higher development will probably be along some other line. In any case you must keep relaxed but concentrated.

The first manifestations are likely to be in the form of small flashes of light, like tiny sparks flying from an anvil, or like shooting meteors in the sky at night. When you see light in motion you may know that something is trying to come through to your consciousness.

Or you may first see the primary colors, looking like a rainbow. It isn't a rainbow you are seeing, but the creative action that makes rainbows by combining the vibrations that make the colors that go into light. The great painter is mixing his colors, and soon the images will begin to be spread on the canvas within your mental processes.

Or again you may see masses of white or blue material floating like mist. This is a spiritual emanation. Watch it carefully. It will break up at first as your magnetic resources give out, like discharging batteries; but as your strength increases they will swirl and eddy until they form images. Sometimes they will be things being revealed to you. Other times they may take the shape of the features

and forms of people who have gone on, supplying a sort of visible filling for spiritual presences you could not see without some such treatment.

Or you may simply see movement, and not know at first what material is being used. As you grow strong enough to hold it, it will begin to take the form of pictures, sometimes in black and white and sometimes in full color. You will feel like a person watching a motion picture, except that the picture will be one of revelation to you; and you can know that you are sharing the experience of those to whom the great revelations of prophetic things have come throughout the ages.

These pictures may be of things past, things to come, or things far away. Or they may be symbols, and each must be carefully considered to get its true symbolic meaning. They can be misunderstood. The revelation that came to St. John on Patmos, like that to Daniel in Babylon, was almost wholly in symbols. Consider too whether what you see is something on some other plane of life. Paul had such an experience when, as he said, he was caught up into the seventh heaven.

There is another kind of clairvoyant picture sometimes seen, that of other people's thoughts. If the light is not too strong, and you can look without strain or conscious effort, you may see a picture form near someone in the room. Usually you will find by questioning that it is of what they are thinking about or something they often do think about. Don't tell them what you have seen till you find out if it has been in their experience. Otherwise the test would not be conclusive. You derive satisfaction from such experiences only when you know they are genuine and accurate. Don't talk much about your experiences anyway. Just use them.

Sitting in a dimly lighted room with a congenial and harmonious group of family and friends, the writer of this lesson once asked a young woman if a troupe of dancing elephants meant anything to her. She replied that it certainly did. Then he inquired what chickens had to do with it. She answered that she and a friend, who had recently died, had gone to a circus where they had especially enjoyed the dancing elephants, and had afterward visited a poultry farm belonging to another friend. It wasn't hard to see. The thought image was built up in full color all around her.

You may become able to see things with your eyes open, especially where the light is dim. Don't expect them to look like physical images, however. They are more likely to look like dim, semi-transparent pictures hanging in the air. You have to see them like you see a ship in the mist, by letting your eyes easily adjust themselves to the image. It will fade as your power goes down, for spiritual vision like physical vision absorbs a great deal of vitality.

It is something like seeing a mirage. The image of something outside the ordinary range of vision is reflected to where you can see it. And remember that no mirage is a fancy; it is a picture of something that exists. Imagination? Of course. That is what imagination is given us for - to visualize higher and subtler realities.

As spiritual vision is called clairvoyance, or clear seeing, so spiritual hearing is called clairaudience, or clear hearing. Sometimes the two appear together. Sometimes one follows the other. Sometimes one appears and the other does not. Take what you get and be grateful, but continue to watch and listen, both without and within yourself.

You begin to catch visual images by watching with the powers of physical vision cut out and those of spiritual vision turned on. You begin to get sounds not made by ordinary atmospheric disturbances by doing the same way, except that in this case you listen.

It is all vibration, of course, and can be transposed back and forth. We do it on the physical plane now, as when sound is transposed into light for the sound track on a motion picture film, and then turned back into sound by suitable apparatus as the picture runs through the projector. These changes back and forth have always been made on the spiritual plane. It merely means changing one kind of vibration into another, or stimulating a set of brain centers to react as they would to a given vibration. Remember that they knew science in heaven before they did on earth, and knew it better than we ever will in this life.

If you are successful you may begin to hear sounds - perhaps a tone, maybe a word or two, and later whole sentences. They may be in voices you know, or not. They may be in your own or some other language. But the sound is likely not to be so much in the ear as in the mind. Like the semi-transparent pictures hang in thin air, so the consciousness of sound comes in a way hard to explain, but you know it is there. You would never have heard it if you had not adopted the silence habit. Companions will help if they are silent and harmonious. If not, they will hinder.

When in the Bible you read the testimony of some holy man that he heard a great voice saying this and that, you are reading of the kind of an experience we have been describing. The holy man is one who had or cultivated the soul's sense of hearing.

Now let us consider briefly a problem you will meet. People who are of the earth earthy are antagonistic to anything that may be contact with the divine and with heaven. They will tell you that hearing voices is a sure sign of the beginning of a form of insanity.

People whose minds are beginning to break do often hear voices, but it is a totally different thing and happens in a totally different way. The voices they hear are false sensations coming apparently through the ear, caused by abnormally functioning nerves and centers of hearing. Spiritual hearing, as we have said, is more a consciousness of sound and is heard somewhere within one's self. It does not mean that the mind is failing, but that it is developing a new power. You are not losing your mind. You are beginning to find it.

Do not be alarmed when any of these manifestations come to you. There is nothing unnatural about them. You have simply pushed out your horizons. The new powers you have acquired are as natural as learning a new game or a new kind of work. You have re-captured a lost phase of the divine image in which all were created.

There are many facets on the powers of your Soul, Spirit, and Mental bodies, and in this philosophy we can treat only on a few. Your development of these can lead you to new discoveries and self-revelations that will enable you to progress on this path, eventually as far as you are capable of going. Inasmuch as such development is given to the few, and the many desire other fields of development, only a measured amount is given in this series of lessons. If you desire more in lessons to come, please write saying so, for we have much more to give. On the other hand

remember that all true development is self-development and your use of the material given to you will, in the final analysis, determine how great your gifts and powers will be.

That you will make ever increasing use of Mayan teachings and attain ever higher development is our prayer for you. That way your path leads to inner peace, happiness and Mastery. You are well prepared. Let the self-revelations come to your consciousness in greater frequency. Pass them on to others as they are prepared to receive, saying, "Thus have I learned through my Mayan studies."

A new lesson is being prepared now that will take you into still other phases of the great Mayan Philosophy. May they bring you still greater blessings.

Your Class Instructor,
and The Mayans.

YOUR NEXT REVELATION

CONTENTS OF 81

SPIRITUAL CULTIVATION - III - CREATIVE MEDITATION

Philosophy Series Number I, Part II. Your third lesson in Spiritual Cultivation, discussing Creative Meditation.

AFFIRMATIONS AND MEDITATIONS

HELPING OTHERS TO WISDOM	PRINCIPLES OF CREATION
SEEKERS OF TRUTH RECEIVE	PASSIVE & ACTIVE MEDITATION
BLINDNESS OF THE SPIRIT	RESERVES OF WISDOM
STRANGER IN THE WORLD	THE MIND COMMANDS
ENERGIZED THOUGHT	USING YOUR INNER MIND

"NOT MY WILL BUT THINE BE DONE"

These are the principal thoughts and revelations contained in Your Next Mayan Monograph Number 81.