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# THE MAYANS

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VADE MECUM, VOLVENTIBUS ANNIS

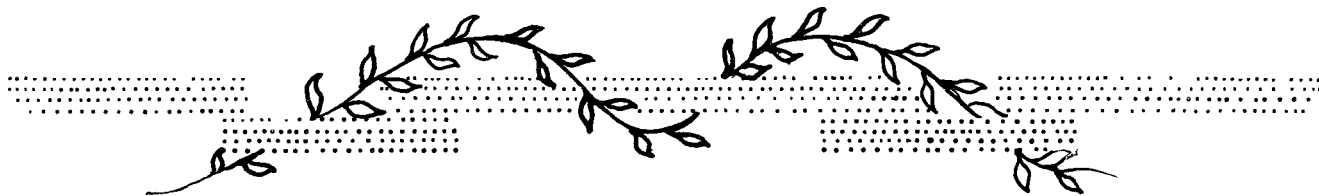
**THE MAYANS**  
**SAN ANTONIO,**  
**TEXAS**

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"I will say of the Lord, He is my refuge,  
and my fortress: my God;  
In Him will I trust.

Surely He shall deliver thee from the snare of the fowler,  
and from the deadly pestilence.

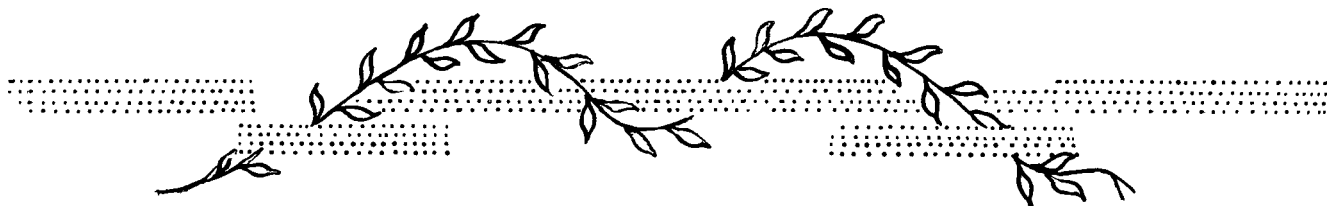
He shall cover thee with his feathers  
and under his wings shalt thou trust:  
His truth shall be thy shield and buckler.

Thou shalt not be afraid for the terror by night;  
nor for the arrow that flieth by day;  
Nor for the pestilence that walketh in darkness;  
nor for the destruction that wasteth at noonday."

-- 91st Psalm.

"Bless the Lord, O my soul, and forget not all his benefits:  
Who forgiveth all thine iniquities; who healeth all thy diseases."

-- 103rd Psalm.



Revelation Number 63

ISSUED TO MAYANS STUDYING IN  
THE 4TH AND 5TH DEGREES

Thought: "STRETCH FORTH THINE HAND."

**B**eloved Companion:

On a certain occasion Christ bade a man stretch forth his withered hand, and he healed it. How comforting to know that there is a power and a will to make us whole; that somehow we can stretch forth a hand and receive a wonderful blessing, or radiate to another a wonderful blessing.

No doubt you have heard it said that it would be pleasant indeed to live in an age of miracles or faith healing. But we do live in such an age. Perhaps more of this kind of healing is being done in the world today than when the Disciples of Jesus climbed the purple hills and strolled through the flowered valleys of old Judea. He isn't with us in the flesh today as then, but the Spirit of Christ is here, and the very power Jesus received from God to do the wondrous things is still on earth as in Heaven, and can be acquired by any of us and used to heal others.

There are those who scoff at healing. Yes, and lest it be forgotten, there were scoffers in the midst of the multitudes that witnessed the Lord performing miracles. Scoffers believe very little in anything; they have had no beautiful experiences of their own and they doubt the words of any who have enjoyed such sweet privileges and cling trustingly to a hopeful promise.



A materially-minded visitor to the great ancient city of Cholula, once said to the Priest Mu-Loo-Akin: "You, wise Priest, constantly speak of a healing power capable of healing even when our great medicine-men cannot. You say it is the Great Spirit who sends His healing forces to those who have faith. Yet I have never seen the Great Spirit, and what I cannot see with my own two eyes I cannot believe."

Wise, kindly Mu-Loo-Akin replied: "Son, must you see in order to believe? Can you not sense things above and beyond your physical eyes? Indeed then, you are to be pitied for you have missed the grandest part of living."

"What I cannot see with my eyes or feel with my hands, hear with my ears, or taste, or smell, I will not believe in. If the senses do not portray it to me, then I say it does not exist. And you, O Priest, could not convince me otherwise

even though you talked for a thousand years. I am too wise to believe in the 'non-existent'. If a thing really exists, my five senses, one or all, must tell me of it. Otherwise, I say it does not exist, and only fools believe otherwise."

"Dear brother", replied Mu-Loo-Akin, "I am too busy to speak many words, nor are they necessary for your own intelligence will stop your contentiousness when I ask you but two simple questions. Have you a brain? Yes; then let me ask, have you ever seen it? - or touched it? - but, I see you get my point. Perhaps, then, you will think more deeply, - and spiritually, in your future days. If thou wilt, the glories of Faith will be unfolded and will enrich all the rest of thy years. Peace be with you."



Divine healing is not only a widely-witnessed reality familiar to thousands, but it is a privilege and a duty. It restores health, gives happiness and places a trust in God that is very helpful in a rather materialistic age. Just think of the waste of manpower with its many possibilities through the infirmities of mind and body. What suffering, what losses could be avoided by simply relying upon the Master's word and doing his will. The very gates to glory might be thrown open like the doors to a banquet hall.

How splendid it would be to have millions pause reverently and listen to that friendly and hope-giving invitation: "Stretch forth thine hand!" New leaf and flower would be given to life. Dark clouds would be lifted; shadows would be swept away by the light breaking through from above; the glow of dawn would precede every footstep.

Healing glorified Christ's ministry. The way is open for every Mayan to glorify his life or his ministry by a service valuable to mankind. He can embellish his activities and go about doing good, even as the Master did two thousand years ago. There is much to learn and you must keep your ears and eyes open for the knowledge which may be acquired through a study of these lessons.

"GREATER WORKS THAN THESE SHALL YE DO."

That is a promise sleeping much of the time for twenty centuries. But "the best is yet to come." Healing faith is going to rise on trusting wings and fly the eagle's highway. And there is no proposed change in anything that offers more to bless and brighten humanity as a whole than a general acceptance of the truths of healing and a general practice of the blessing. Healing is Faith with all the bright lights turned on; it is service to be paid for with gratitude flowing out of the hearts of the world. But there is much to be mastered in knowledge and deep currents in belief before one receives power for such a task. You cannot get up in the morning half-clothed in faith, half devout in thought and half inspired with zeal, and do any healing. The mind must be prepared; the soul must be wide awake, and contact must be had with Divine Intelligence, which is God.

If you must go out to contact a big industrial captain you get yourself in form for a business meeting. There is an attitude of confidence that must be acquired, a spirit of belief in yourself that will radiate faith and respect. In that way you may get a respectful hearing and, in approaching the Universal Mind

for power to heal, you must be properly shod for the undertaking. Preparation is vital.

God will answer a real, a pressing plea to aid you in your sublime effort to overcome the ills that your patient is suffering, and to send flowing through you the necessary power to radiate health and so heal. You must pray much, for prayer opens the gateway to the fields of God. Christ prayed, and prayed frequently, sometimes the whole night through. You will do well to emulate His example. Surely if He needed Divine Meditation to keep in touch with the Father we all need it to get in touch with Him. Prayer is the channel through which spiritual energy flows from Universal Mind to wherever it is needed to heal a patient.

Let this sink deep into your heart; pray often and develop an atmosphere of Faith around the sick, - Faith that will be full of reverence and full of trust.

Healing is not a mere matter of form, a thing to be done by set rules. There must be the right feeling, the right desire and the right approach to God. Feel that you can accomplish the thing you set out to do; scorn fear and doubt, and cast them aside as cheats that would rob you of power. Undertake the miracle with the Words of Christ ringing in your ears. He said that the things He did, you also can do. Be earnest, devout, zealous and patient.

Conditions must be just right in certain physical experiments to make them successful, and you must realize that they have to be just right to perform healing as Christ did. There was a place and an occasion, you remember, when He had little success at it. Not all healings take place instantaneously. Why, I do not know. Each case has its own special conditions. You can be assured, however, that when every condition is met intelligently and faithfully there will be a cure. Christ lived and died for the purpose of helping humanity by doing good, and certainly He proved to us the value of healing, because He was forever engaged at it, and He impressed the need for it upon His disciples that they would continue the work after He had gone.

Aside from earnest prayer and deep faith, nothing might help you in making preparation for healing more than the thoughtful, quiet reading of inspirational matter that will uplift the mind and soothe the soul. Read privately for your own sake. Read to your patient that he may be inspired. No sweeter thoughts for a clean and devout mind might be found than were enshrined by David in the heart of the Psalms. Perhaps no other classic has ever been read by as many people in the world as the Twenty-third Psalm. Every word is a star in an opal sky. It is poetry that trickles down from a beautiful mind. When you read it you seem to be walking through a great grove of God's, with gems of deep and consecrated thought flitting about you like butterflies.

There are glorious messages in the Psalms; you can glean truths from them that shine down through many centuries. Another great help in preparation for healing is the secret prayer poured out to the Father of All in the sacred precincts of your home. You can think alone there, better than in a church surrounded by the congregation. I somehow feel that humble little heart-wishes, humbly made, are better than loud outbursts in public. Many seem to forget that prayer is a supplication; they use it to put in an order for favors, just as they put in an order for groceries.

As has been said again and again, there is no one, single, exact formula for healing any more than there is one for making love, or delivering an address or entertaining company. But there are essential things and you will do well to know them so as to practice them. There will be no healing where there is no faith. Someone concerned must have it even if the patient doesn't. There must be devout meditation, without which Christ, whose power came from God, could not have performed a miracle.

Choose your approach, but choose it as one who is familiar with the essential requirements. Understand the source of healing power and know that there must be spiritual fitness to receive it. No one gets a medal in the army or navy or air corps who has not first proved himself to be a brave soldier. You cannot enlist and then expect your representative in the National Legislature to send you a Congressional Medal such as is made available to those who have displayed courage beyond what is required in the line of duty.

To ask power with unbelief or unpreparedness would be like planting seed on a concrete sidewalk. You may lay your hands on, like Christ sometimes did, or call out in a loud voice as did Paul, but there must not be friction between you and the Universal Mind; there must be such development in the true teachings of The Mayans as to give you entree to the council chamber of the Infinite, from whence we draw the power of healing as the earth draws the necessary elements of growth from sun and cloud.

You are the channel through which it must come from Universal Mind to the patient, and you must be prepared in every way to receive it and use it. The mind must be harmonious with all the virtues that beautify human character. God loves perfection, but demands no more, of courage, than a strong human effort to attain it, "to take away ... all sickness." Our bodies are "the temple of the living God" and the temple must not be defiled.

Millions sing that beautiful old song, "Make Me More Like The Master". We receive our instructions from the same source He received His, and it is written that we may do the things He has done. Now that is a task for every Mayan. Draw upon the Universal Mind, the great, pure, clean fountain of thought for healing energy, and radiate it with all the burning zeal you can possess. The good lessons you have received, the advanced principles to which you have committed yourself, have largely prepared you for great service. The higher possibilities are now within your reach.

THERE ARE SPIRITUAL RADIATIONS THAT TRANSMIT A HEALING POWER AND DRIVE OUT INFIRMITIES AS THE PHYSICAL VIBRATORY EMISSIONS FROM RADIUM PENETRATE AND EXPUNGE CERTAIN DISEASE CELLS IN THE BODY. IT IS WELL TO UNDERSTAND THE WORKING OF THIS PRINCIPLE, THOUGH IT IS NOT NECESSARY, SO LONG AS THERE IS FAITH TO BELIEVE IN IT WITH IMPLICITY.

The first duty of the physician is to heal himself. The robust medical doctor carries restorative help in the very pink of his cheeks.

Before one can heal successfully he should, of course, be well himself, and he should have a conviction of his power swelling up and filling his mind like the harmonies of great music fills a lovely cathedral. Doubt destroys; Faith builds glories and sustains. There is no use entering an experiment in healing wondering if it might be successful. You must meet the conditions and feel certain that it will be successful. Every little inward doubt must be swept away. Not merely affirming belief, but having it.

Faith even as small as a mustard seed, will bring healing. Doubt even as small as a mustard seed will prevent healing. A truly religious attitude is always to be yours because healing has ever been a gift from the Good of the good. The prophets were blessed with it: the Christ was blessed with it, and the disciples were blessed with it. There were Saints all down through the pages of history credited with possessing this wonderful gift, and no doubt most of us personally know some one person whose prayer and Faith restored health in cases where the doctors had given up all hope.

It is to be remembered that the nearer one approaches divine excellence, the more certain will that person have success in healing. Anyone developing the God-given power within, to its full possibilities, may do the things Christ did.

Healing calls for belief in the divine creation of good and the divine protection of it. The good is the natural state in which everything was brought into being, and the power to keep disease out of divinely created bodies is with the Universal Mind, and can be used through cooperation by the human mind to cure all ills. The requirement is to have motivity, understanding, and zeal, like the patriarchs, and then press forward to victory as determined as a conquerer. There must never be a pause of doubt, but confidence, confidence, and then more confidence. While healing is a gift from God, the mortal must prepare for it. The heart, the soul, the brain, the mind, must all fit in the picture like grass and flowers and trees in a landscape.

The observing farmer knows that a field sometimes gets poisoned like a human body, and when that occurs it fails to produce gainfully. We see cotton wither and die in spots; we see corn that never matures into full golden ears; we see flowers that fail to open their petal-glory to the kisses of the sun. It is necessary to provide life-giving properties to build up fertility and expunge that which disturbs healthy growth. The diseased body must be prepared to receive life-giving radiations or vibrations that will destroy the poisons that interfere with normal functioning.

The medical profession has long recognized that for certain ailments Faith is better than pills. There is need to concentrate on health, to turn thoughts from the disagreeable to the glorious, to get minds in harmony with the vigorous. A doctor is frequently heard to say of some patient, "The trouble is mental and cannot be helped with drugs." If one is cheerless, bewildered, failing in spirit, all the medicine on earth won't do as much good as a smile, a word of cheer, or a flower.

I know a doctor so full of sunshine that his patients feel better the moment he enters the room. It has been said of him: "His smile is worth more than his prescription." It must follow that if a medical doctor, at times, sees the value of bringing about exhilaration as a means of helping a patient, the consecration, the devotion, the beautiful trust of one close to God and believing in healing power, will certainly have wonderful effects.

"STRETCH FORTH THINE HAND."

Yes, "come unto me!" There is a power in existence today extending this cordial invitation, just as Christ extended it in ages long past. It is an invitation which should be received with more joy than one to a President's inauguration, or the coronation of a Queen. It is God's request to draw nearer and receive from Him great gifts that are obtainable at His hand. One is welcomed into the very Presence of Divine Intellect, and a more perfect understanding of the healing power may be acquired as a means of giving help in a world aching with pain. One may accept the invitation and become a servant of the Most High and a friend of man.

Jesus achieved quick results in healing because His soul was pure and His heart perfect. He had likely undergone thorough training in some Mayan school such as were maintained in that day, and was prepared for the great service. "Come" he said, "and I will give thee rest." That very invitation is open to all of us today. The same Great Power that authorized Jesus to speak still holds sway over all dominions and awaits an answer.

"STRETCH FORTH THINE HAND!"

Do you recollect how you stretched forth a hand in childhood to receive a big red apple from your father or mother? The opportunity now is to hold out the hand for a sweeter gift ... to contact Divine Intelligence and tie in with thought impulses that rule the Universe ... to ask and receive healing power. As preparation, love for the good and concern for the sick should keep your heart overflowing like a fountain of sweet, pure water. The sacred precincts should be approached where you may feel the very touch of God. Nothing is too difficult where one does think with the Universal Mind and acts with the Universal Will. Through consecration, all the lights of the Eternal can be kept shining and all the pathways to Glory kept open.

Put the full driving force of deep and true desire behind the most earnest wish-thoughts; cherish the beautiful principles that have been taught in the lessons you have received. Every word, every line and every sentence contains wisdom that has been assembled through the centuries, facts that are eternal, truths that are as glorious as a night full of stars. Where these teachings are accepted the earth will blossom more sweetly and life will be lived happier. Be proud and strong and stalwart, but conscious of, and thankful for, a strength that is attained through a harmonious relationship with that higher Power which pervades the whole wide earth and rules from globe to globe and reaches to the ends of the Universe. You need, and your inheritance is a share in, that power which sets spiritual vibrations to action that will draw answering vibrations from Divine Intelligence and destroy those disharmonious chords that are responsible for human ills.

One choosing to heal must have full knowledge of the principles involved, and the religious zeal to radiate relief or project help to the sufferer, ... not for pay, not personal aggrandizement, but for the purpose of honoring God by relieving His people from the sorrows of sickness. It is written: "The Father doeth the work", but you, as an individual, are required to know the means of giving help. Keep your belief in full foliage and fragrant bloom; keep the springs of the soul running; let there be no selfish motive ... that one ugly thing has destroyed great empires. It has torn out millions of hearts.



Healing should now appear simple and natural to you. As a Mayan, you are acquainted with the philosophy, the beautiful truths, the spiritual blessings that glorify it. You know the need of drawing inspiration from the Great Source available to all trusting people. The strength to provide a happier, healthier, and sweeter environment may be in your hands. You can stretch forth your hands and receive power. As they are helpful in physical activities they may become the spiritual means of transmitting healing motion to expel trouble and leave the body free and healthy.

When Jesus sent his disciples forth to preach to all the world, He said, "Lay hands on the sick and they shall recover." As strange as it might seem, the spreading of the gospel ordered at that time reached the uttermost ends of the earth. It has penetrated the darkest continents. But the admonition to lay hands on the sick has lagged far behind. Just why, I don't know. There is nothing in the scriptures to indicate that the most practical part of the blessed ministry should end where the Cross was raised.

At a dinner party in an unnamed city, there arose a discussion concerning the recovery of a well-known society woman who had been desperately ill and whose case was called incurable by the attending physician. One of the ladies said that the doctor's diagnosis must not have been correct. The other nine were firm in the conviction that God had intervened in answer to the prayers of zealous friends. They would not believe anything else. Such incidents as this occur somewhere every day, and Faith and prayer are lauded as mighty healing forces. Yet, there seems not to be the disposition to put full trust in them.

We only act upon the authority of the Master when we "lay hands upon the sick" or heal in any manner. It is something you can do and something from which you will receive abundant blessings. "God wrought special miracles by the hand of Paul", and you are receiving instructions, if you are carefully reading these lessons, which should equip you to render a service to humanity today just as Paul did two thousand years ago. All the power for all the miracles that have ever been performed came from the same source. It is God-power, whether it is done through ordering a bath, touching with the fingers, or putting spittle on the eye. Faith means a great deal more than form; devout meditation means more than methods.

You must know that "there has been given unto you exceedingly great and precious promises, that ... ye might be partakers of the divine nature." It is indeed wise and commendable to make use of any opportunity God has provided to prevent sickness and death and increase the happiness of the world. Every Mayan should choose to help spread sunshine over the world. One is like a child groping in the dark until he has received the full white light of the principles of our Order. Therefore, I offer these things for your consideration: To be successful at healing, follow the laws of God and Nature; strive to maintain a healthy body; keep the mind active; keep fear and depression under control.

Fear is as detrimental as doubt in healing. God wants a bold, courageous Faith, just as strong as human energy can make it. Belief is half of any accomplishment. Faith is a tonic which gives inspiration, vigor, red-blooded action and the motive power to accomplish what one sets out to do. Let me say that if you build upon it you build against the rain and the wind.

Never attempt healing in a half-hearted, unprepared, careless manner. It involves dealing with God and calls for the full strength and finest enthusiasm that can be inspired. Never attempt healing when conditions are unfavorable, when you are at low tide physically and mentally. The body and mind should be in a state of as near perfection as is humanly possible. The medical fraternity freely recognizes the great help supplied by cheer and confidence and trust, even in effecting cures with drugs. How very important then to create as cheerful and happy an atmosphere as possible when performing divine healing.

Anything that will strengthen the mind helps prepare it for that Higher Help needed to heal.

Suggestion in healing may prove valuable. Perhaps one can project that happy radiance into a patient that will soothe like a salve and strengthen like a tonic. Send out radiations of the helpful, and hopeful, and beautiful. But remember the healing has its source in Divine Intelligence. Never forget for a moment that it comes from the Universal Mind in which is centered the control of all things in Heaven or earth and out to the most distant star. Act with the All-in-All Power, and you will find your own power expanding like a bud in the springtime.

From time to time emphasis has been placed upon the zeal, and energy and force of repetition of words or acts used in bringing about healing. The late Franklin D. Roosevelt's greatest gift of personality in his public speaking was derived largely from repeating each point several times, - saying it in several different ways. Dale Carnegie, who has perhaps had more experience in building power in a human mind than any other living person, uses this method of driving a point home. He gets results, and it was upon that theory that the celebrated Dr. Coue, some twenty years ago, made himself famous as a "dispenser" of health throughout the world. Sometimes one thrust of a battering ram forces open the gates of a besieged city; sometimes it takes several.

A famous doctor once said that only four percent of two hundred and fifteen classified diseases were curable by drugs. Perhaps some physicians will lower that figure, though many agree with the statement. But whether the percentage is that low or not, it is low enough to convince anyone who gives the matter study and thought that medicine, with all that it might be doing for us, certainly needs help from some other sources. If it is true that something like ninety-six percent of the diseases enumerated cannot be cured by the use of drugs, then I believe that we have a great white field in which to work, and that you cannot find anything more noble to do than "Stretch forth thine hand" and give aid.

Most diseases arise from functional disorders and many doctors now agree that these may, in most cases, be cured by Faith and prayer. Many testimonials have been given by doctors themselves to the effect that they have had cases in which a cure was beyond medical science, yet somehow, in some way, a healing was brought about by prayer and Faith on the part of a member of the family or a good friend. Such cures, which doctors cannot explain, are constantly taking place around us.

There was a case called to my attention some time ago concerning a young man who underwent surgery at a prominent hospital after his appendix had ruptured and gangrene had set in. The doctor in charge said the young man could not possibly get well. The following day, when asked about the patient's condition, he said, "Well, he is still alive, but the best doctors in this building are puzzled. They can't

understand it."

The young man recovered.

He had a devout and praying mother. She was particularly fond of him and did not think one so young and with such a bright future should die. When the attending physician gave up hope, she went to God. On her knees she plead, and prayed, never losing confidence, never yielding to fear, battling for her only son with all the power of a human being contacting the All-Power of the Universe.

Accounts of divine healing are found in the earliest existing records. It was practiced before the days of Abraham. The Mayans availed themselves of it ten thousand years ago. But that doesn't concern us as much as what use might be made of it through intelligent direction today and that is what I am trying to convey to you. It is your inheritance, or privilege of inheritance, to come into a higher state of mind in closer relationship to the Universal Mind, which is God. I am sure that you do not understand all the truths to be gained, but you are on the way up the rungs of a golden ladder leaning against the clouds of True Knowledge. Study, drink in the great facts; keep a thoughtful, prayerful mind.

The task is to repossess the blessings that a cold, materialistic life has left out of doors. The hope is greater happiness, healthier bodies, finer principles. The healing power is a gift, a promise made by the Divine, and it will not be cancelled. A great prophet said many long centuries ago: "God is not a man, that he should lie ... His truths endureth to all generations."

"IF THOU SEEK HIM HE WILL BE FOUND OF THEE."

Healing will help us escape from many ills and sorrows. It will give us the light of a bright new sun. It will stand out in the forest of earnest religious achievement, shining like an ivory tower in a valley. Thousands are going to press forward under this banner of service with Christ's love in their hearts, and his beautiful faith adorning their works. Be among the winners, of the light. The world will soon be welcoming the great spiritual truths concerning healing as it has welcomed the great material discoveries that led to such aids as the telephone, the radio, the automobile, and the airplane.

You are, I am sure, convinced that the Mind is the most precious of all human possessions, a part of the Infinite Wisdom that rules the whole wide world. It might be permitted to grow up in weeds like a field that produces nothing, but it can be faithfully cultivated and provide beauty, strength and health to glorify human society. It may be employed to build an empire, invent a machine, or heal a human body. It can think, desire, and act with the All-Controlling Mind from whence comes every power. It can enable the most humble person to be a Prime Minister in the service of Human Happiness.

A man's temporary dwelling place may crumble and fall, but his spirit will

live on. Every star enskied in the blue of Old Glory flashes light from the brilliant mind of Washington; every sweet little poem whispers the beauty of some author. There are things that will never die and the desire to heal is one of them. It fits in the purposes of God as a tear of joy fits in the eye of a mother.

The day is approaching when a better understanding of healing will be had. You, as a loyal Mayan, merely by being loyal, are helping to bring this about. And, great service is rendered in helping explain it to the masses. The Bible says, "the prayer of faith shall save the sick", and that is a promise that shall be fulfilled.

"STRETCH FORTH THINE HAND!"

Press ahead in an atmosphere of pure devotion and loyalty to our great principles. I congratulate you on what you have already learned and achieved, and am happy to think that we shall press forward together, and together enjoy other sweet truths.

May God Bless You!

THE MAYANS