



SPECIAL MONOGRAPH, FROM

THE MAYANS

All material, discourses, lectures, illustrations, lessons, scientific dissertations and letters of transmittal appearing under this cover are protected by copyright. They may not be quoted, except by official and written permission of The Mayans. They are not for sale but are prepared for the private use of Members of our Order. The recipient of this manuscript agrees by acceptance, to hold it Private as the property of The Mayans to be delivered up to the Order upon demand. All rights in the material appearing beneath this cover are reserved by The Mayans, including the privilege of translation into other languages.

VADE MECUM, VOLVENTIBUS ANNIS

THE MAYANS

SAN ANTONIO, TEXAS

Degree: 4 - 5

Number 55

COPYRIGHT 1953 BY THE MAYANS

Special, Private Instructions.
Super-Sensory and Extra-Sensory Perception.

This Lesson contains portions of a highly valued Secret Instruction. You who receive it do so as a special mark of Trust which The Mayans bestow upon you. It is only issued to certain members and they are expected to develop their abilities along these lines, to KEEP THE SECRET and to arrange that a receipt be kept with their Will, to insure that this Series of Lessons be returned to The Mayan Order upon their demise, or be passed on to ONE ONLY of their heirs whose name has been Registered with The Mayan Order.

BELOVED COMPANION:

By now I am sure you are experiencing many delightful results with your experiments in Super-Sensory or Extra-Sensory Perception. By now you have doubtlessly amazed many of your friends who have assisted you in your practice.

If you have practiced often, by now you should be somewhat adept in ~~presenting these demonstrations, in explaining to your "transmitter" exactly~~ what he is to do so that he will understand clearly. In these early experiments, about seventy per cent of your good results depends on your instructing your various transmitters properly.

Your transmitter is to think, NOT of the final action such as "go find the match I hid under the pillow on the sofa" but MUST think of each step and one part at a time of what he wants you to do. Thus, if a match were hidden under a pillow on the sofa he would be required to think "Start". After you start, he thinks "Go this way". When you do so, he thinks "Here" or "Bend over" or "No - PICK UP the pillow", "Now feel UNDER it" and as your hand touches the hidden match, "Ah, THAT'S IT!"

You, need only learn to be receptive in your NERVOUS system, to be Sensitive to the slightest IMPULSE coming to your nerves from him.

At first you may gain most of your awareness of his wishes, through his unconscious muscular reactions. It may seem almost as though your transmitter leads you voluntarily and almost by main force to the objective. This is merely an indication of intense concentration on his part. That is the way you want him to concentrate. But do not allow yourself to form the habit of waiting for muscular reactions or depending upon them alone. If you do, you will delay the day when you can perform the most remarkable demonstrations without any contact. This muscular "leading" is fine at the start to develop your confidence and your sensitivity, your Perceptive ability.

One of the most adept of all practitioners of this method of thought-reception living today, is Doctor C. George Newman. Dr. Newman travels a great deal, mainly through Minnesota and the Dakotas where his demonstrations are well known. Perhaps some of our members in this Special Group who receive these

lessons have witnessed his demonstrations. He makes his home these days in Minneapolis.

To give you an idea of how far he has developed his Super-Sensory Perception, the following are examples of but two of his favorite demonstrations.

He will take a position at one end of a room and turn his back to those watching. With his back turned and with his hands behind his back (toward those watching) he will hold a handkerchief by opposite corners. The person chosen by the group to act as transmitter stands at the opposite end of the room and THINKS of any number between one and ten.

Slowly, without a word being spoken, Dr. Newman starts tying knots in the handkerchief, starting when the transmitter thinks "Start", and slowly, one after another, he ties another knot and another until he has tied as MANY KNOTS as his transmitter was thinking of, then he drops the handkerchief on the floor.

Please remember, this is not "parlor magic" but a demonstration of a most remarkable Power, an ability that nearly every developed person can possess with practice. To a scientist it is a most amazing demonstration.

Another favorite experiment of Dr. Newman's is to send for the latest edition of a newspaper. Then, while he is out of the room, the transmitter mentally selects any one word on any page of the newspaper. No one knows what word was mentally chosen by the transmitter and the transmitter may be anybody.

When the word has been chosen, Dr. Newman is called back into the room. He takes the newspaper and spreads it on a table. He places the transmitter to his left side and behind him. He then bends over the newspaper and with eyes half closed moves a pointing forefinger over every inch of each column of the first page.

If the chosen word is on the first page, his finger comes to rest, stops very close to that word. If the selected word is on another page, he does the same as he did with page one and with each page until he locates the vicinity of the chosen word.

When the vicinity is discovered, he moves his pointing finger one word at a time (just as you did with the three matches in your first experiment) until he reaches the THOUGHT OF word.

Throughout this experiment, remember, Dr. Newman has NO CONTACT with his transmitter. No handclasp, no stick held by both parties, no handkerchief nor wire nor string; NO CONTACT WHATEVER. Dr. Newman cannot even see his assistant for the transmitter stands behind him and looks over his shoulder in order to see the newspaper and to give his entirely MENTAL commands.

Almost all of the other great demonstrators of this ability have now passed on; Dr. Washington Irving Bishop, Hellstrom, Houdini and others. In this series you are given the entire secret of the method, a method that has often been called "The Million Dollar Secret" for actually millions of dollars have been paid the various public demonstrators of it merely for demonstrating it. It is a secret that has always been closely held, well-guarded by those who are

given it and one that is very valuable.

Like all Mayan instruction, to make it usable to you, you must work it. You must practice, practice, practice. Many of our members, I know, will be all too human about going in for intensive practice. But among the special group being given this secret, will be a few, perhaps only one or two; who WILL practice hard and often until they master it fully. To them will be given still more advanced secrets that we value even more highly.

Long years from now or perhaps much sooner, you will hear of someone creating a furor in the scientific circles, in the newspapers and in magazines with their demonstrations of this particular phase of Super-Sensory Perception. You may be very sure it is one of your Companions of this group or one of their heirs. If this becomes your experience and that future demonstrator is in your vicinity, go up to him (or her) and make yourself known. Give the Mayan password you have received, show your Mayan Membership Card. You will receive a royal welcome and possibly, some very interesting private exhibitions and perhaps personal instruction.

On the other hand, YOU - MAY BE - CAN BE - that Demonstrator, yourself. All that is necessary is that you PRACTICE what you have been taught until you master it. You will not need to seek fame. Your friends and neighbors will spread the word of your increasing ability so that fame will seek you ... IF YOU PRACTICE.

Whether you wish to give public demonstrations or not, develop this ability for which The Mayans have given you this Secret Instruction. It will lead to many remarkable experiences and opportunities to do good. You can get such instruction from no other occult society or organization. Protect this teaching, its secret, even more zealously than The Mayans themselves do; it is entrusted to you. No part of this may be quoted in print or in written form. It is to be fully protected by all those who receive it.

If you have practiced well and obtained satisfactory results with the experiments suggested up to here, you are now ready to take the next step. Do not attempt this until you are comparatively adept at using the methods already given to you.

In this stage of your development, you repeat again all the experiments previously given to you: locate the thought-of match from among a number scattered on a table, starting with three matches and adding more; locating hidden objects in various places of semi-concealment in a room, etc.

Do all this again with this important difference: you do away with ALL physical contact with your transmitter.

Whenever you change the person who is to act as the transmitter of thought to you, remember you must instruct him in WHAT he is to do and in what he is NOT to do. He is to think of each step you are to take, each stage of the experiment, not "Go find the pin" but "Start", "Go this way", etc.

For the first of the no-contact experiments, have your transmitter stand at your left side with his right arm bent at the elbow and the right hand held

palm down. Extend your left arm, bent at the elbow, palm down, so that the back of your hand is directly below the palm of your transmitter's hand.

Your fore-arm and the fore-arm of your transmitter should be exactly parallel but NOT TOUCHING.

The back of your hand should be separated from the palm of your transmitter's hand by about three inches of empty space - no contact.

You will find that you get the signals in the nerves of the back of your hand just the same as you did when you held the transmitter's wrist in the very first experiment. The difference is that you are now not touching your transmitter at all.

The hair on the back of your hand may prickle a little, a slight feeling of warmth from your transmitter's hand is all you will feel. MAINTAIN YOUR LEFT HAND AND ARM EXACTLY PARALLEL TO YOUR TRANSMITTER'S AS YOU GO THROUGH THE EXPERIMENT - KEEP YOUR LEFT HAND AT EXACTLY THE SAME DISTANCE THROUGHOUT. Use YOUR RIGHT HAND to search out the THOUGHT-OF articles.

It has been argued by some that there are heat currents from your transmitter's palm to guide you to the hidden article and that you are still muscle-reading. Perhaps occasionally this is so but you would, in that case, have to find some extremely hot-handed transmitter.

As you progress and master this try, every now and then, starting your experiment with your hand a foot or more away from the palm of your transmitter. I do not believe any human hand normally generates sufficient heat to be perceptible to another person at that distance. Even if the heated hand theory were true, how could that tell you which cushion on the sofa to lift or which of several articles was the thought-of article or which word on a newspaper page was held secretly in the mind of the transmitter? You will find wilder theories than this, advanced to "explain" what you are demonstrating.

Actually, you are gaining in perceptive ability through what Dr. Rhine calls your Extra or Super-Sensory powers. The Hindus call this force Prana. The Mayans thought of it as Spirit, a sort of Magnetic Aura surrounding yourself and every living person. It is the lack of this invisible substance which so shocks one when touching a dead person. We may safely call it Spirit, the energy exuded from our persons all through every moment of our life.

Too often we carelessly think of Spirit as a sort of ghost, as something that, if we could see it, would look like we do in our physical bodies. Spirit is invisible so we cannot see it readily with our physical sense of sight any more than we can see electricity or other energy forms. We can see the effects of electricity or a flash of electrically-charged burning air but not the electricity itself. Yet we can detect which way an electrical current flows and we can draw almost exact pictures of invisible magnetic fields.

We of the Mayans know that the Spirit, the Prana, extends beyond the boundaries of our bodies, beyond the reservoir of intricate physical mechanisms within our flesh. Spirit is within, yes, but it also extends out beyond our merely physical self.

It is this that influences you when you join a crowd. Your Spirit or Prana mingles with those near you and theirs with yours and with others until the entire crowd "averages out" into a distinct character of its own. This is the explanation of mob-psychology that has for so long puzzled our leading psychologists.

Put a civilized man into a mob gone berserk and he will take part in deeds that would horrify him to ever contemplate when he is alone and calm. It is this that makes social contact, such as dancing with one of the opposite sex so enjoyable to most people. It is this mingling of Prana-Spirit - that often makes you instantly like or dislike some new acquaintance the moment you shake hands.

You cannot join any throng of people, whether it be in a church, a theatre, or a crowded city street, without being temporarily and subtly affected by the contact and the mingling of your penetrating and elastic Prana with that of others. The type of associate you habitually mingle with will affect your Spirit and your Mental processes for good or ill according to their nature and the strength or potentiality of their Prana and you can and do affect them in like measure.

In the more modern Hindu understanding of Prana, that taught chiefly during the last thousand years, there are usually seven (sometimes nine) centers of Pranic force. The Brain and eyes, the heart, the navel, the sexual organs, the thighs and calves are generally charted as these centers and sometimes the hands and feet. The Mayan theory is more like the original Hindu teaching that our entire body expresses it, much like a magnetic field. That Prana is the energy within us, our Spirit. Not the Soul, mind you, but the Spirit. As a Mayan, versed in the Mayan Philosophy, remember always the difference between Soul and Spirit, a difference that today is not understood in colleges or universities, is not in fact understood in most churches or church teachings and is not well defined in any existing modern dictionary or encyclopedia. While there exists a vast, a complete, difference in the nature of Spirit and Soul, the two words are so confused in usage even in many of the otherwise erudite writings, that it is easy for one to become confused. Recognition that Spirit and Soul are as different as Mind and Body is one of the basic teachings of The Mayans.

To continue: The hands are merely a convenient place for perceiving the force. The position described here for your early experiments with it have the added "contact" of the parallel fore-arms and the bodies parallel and side by side. But as you progress with your practice you will see that even this invisible "contact" may be dispensed with.

Those of you who completely master the ability to demonstrate this principle will find much that this leads to in which you will rejoice during all the rest of your life. Is this reason enough to cause you to resolve now to master it yourself? Pleasure and joy while you practice it and master it and rewards that can only be hinted at now will be in your future Christian life.

May the Omnipotent Father Give You Inspiration to Persevere on The Path,
Blessings,

THE MAYANS