

SPECIAL MONOGRAPH, FROM

THE MAYANS

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VADE MECUM, VOLVENTIBUS ANNIS

THE MAYANS

SAN ANTONIO, TEXAS

Degree: 4 - 5



Number 54

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Special, Private Instructions.
Super-Sensory and Extra-Sensory Perception.

This Lesson contains portions of a highly valued Secret Instruction. You who receive it do so as a special mark of Trust which The Mayans bestow upon you. It is only issued to certain members and they are expected to develop their abilities along these lines, to KEEP THE SECRET and to arrange that a receipt be kept with their Will, to insure that this Series of Lessons be returned to The Mayan Order upon their demise, or be passed on to ONE ONLY of their heirs whose name has been Registered with The Mayan Order.

BELOVED COMPANION:

In Trust and in  and  I am happy to send you another of these Secret Instructions of The Mayans for the development of your powers of Super-Sensory Perception. I trust that you have already been able to make some of the remarkable demonstrations possible through this method and that you will greatly enjoy giving these demonstrations before your friends and will do so with steadily increasing skill.

The Mayan teachings on Super-Sensory powers consider them a Mental Process between two minds, acting by physical contact in the primary stages but possible in the higher stages entirely without physical contact through a developed sense of perception often called a "sixth" sense.

Your Super-Sensory powers are as difficult to define as electricity. We know considerable about electricity, what it can do, how it may be used or directed to do our bidding, its appearance, the odor that accompanies its discharge (called ozone) and all the like yet we cannot actually define electricity. This may also be said of Super-Sensory Perception.

For several weeks now, you have been practicing two of the simpler experiments, that of discovering the thought-of match from among several matches and later discovering a match hidden anywhere within a room. If you have practiced well and often, you are by now quite proficient in both of these experiments and are ready to attempt a higher and more important development.

If you have not practiced a great deal and with a fair average of success DO NOT attempt to go into the more advanced experiments until you ARE SUCCESSFUL with these simpler experiments at least six or seven times out of ten attempts. In your practice, use the assistance of different people. But lots of practice is important. And CONTINUAL practice is essential if you are to accomplish the fullest development possible to you.

A concert pianist practices every day. A writer must write something every day even if he writes only on a scrap of paper and throws it away. And so it is with singers, dancers, anyone who develops a special or high skill or talent, including those who wish to attain marked ability in the demonstrations

of the amazing mental power of Super-Sensory Perception.

After you have attained a fair degree of success in your experimental demonstrations with the matches, do this: Instead of locating the thought-of match while holding the wrist of your transmitter, hold a short stick in your hand.

A stick, a foot or so long, should do. Have your transmitter hold one end of the stick while you hold the other end.

Proceed exactly as before. Your assistant is to THINK mental commands, step by step, WILLING you to stop when your OTHER HAND (the one NOT holding the stick) is over the thought-of match, or, WILLING you to locate a hidden match within the room. As before, your assistant is to think "Start!" and you, when you sense his mental command through your contact with the other end of the stick, start off. Your transmitting assistant thinks, "Go left", "Go right", "Up higher" or "Down lower" or whatever he or she wishes YOU to do.

Everything is exactly as before except you are no longer in direct contact with your assistant.

Some students find success is easier if both parties grip the stick tightly. I do not recommend this. I suggest that you try having your assistant grip the stick lightly but holding it firmly in the full fist rather tightly closed while you hold it lightly with your muscles relaxed but your nerves tensed and your attention on the stick. Keeping your eyes partially closed to keep out any distraction of your attention, is a good idea; even closing your eyes altogether. Center all your attention on the impulses coming to your nerves from the stick. Focus your receptivity to this point of "remote contact."

Practice this as you did the first two experiments made with direct contact. Many students, those who have practiced well, find that this remote contact makes results actually easier to attain than with direct contact.

When you DO obtain good results, when you are successful almost every time, substitute a handkerchief for a stick. Borrow a handkerchief and have your assistant wrap one corner around a finger and close the hand over the next several inches of handkerchief. You should take the diagonally opposite corner, holding it firmly but lightly between the thumb and first two fingers. Keep the handkerchief stretched taut between you in a straight "up and down" vertical position.

Maintain the handkerchief in a vertical position as much as possible while you go through the same experiments again. And, practice THIS method often.

Your daily practice should now include locating a hidden match while you hold your transmitter's wrist; locating a hidden match while your contact with your transmitter is "remote", while you two are holding opposite ends of a stick, and locating a hidden match while you and your transmitter are holding opposite corners of a stretched-out handkerchief.

When you feel ready, for variety, you may allow some other simple articles to be hidden instead of a match. Do not always practice in the same room for if

you do, you will soon run out of hiding places. But, as you progress, the more ingenuity is shown in hiding the article, the more ability on your part will develop as you succeed in finding the hidden article no matter where it is placed.

When you begin to accomplish this last with a high percentage of correct results, you are really making progress. From this point, once you have really mastered it, you should soon accomplish really seemingly miraculous results. Up to this point, you have been performing what has long been called, and erroneously called, "muscle-reading".

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Dr. Washington Irving Bishop was involved in many controversies on this point by would-be detractors who said he was not accomplishing mind reading but muscle-reading.

It is true that in all the experiments of the kind described to you up to here that muscle impulses will often be felt as your assistant concentrates strongly and wills you to "stop" or "start". Such muscle-impulses can be "read" and followed quite well in experiments where contact is maintained.

And, IT IS QUITE ALL RIGHT FOR YOU TO USE THEM AND FOLLOW THEM.

It is quite all right to be guided by them in these early experiments. To do so will give you confidence. It will enable you to learn to more skillfully manage your voluntary assistants and those who are spectators.

But there is more to it than "reading" the involuntary jerks of muscles.

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Only the person who is demonstrating and who has demonstrated these experiments successfully can be sure of that. Even if you depended on such muscular and unconscious directions, there would come a time, if you practice a great deal, when you would discover for yourself that somehow you had passed beyond the necessity for dependence on unconscious muscular signals. You would discover for yourself that you "feel" it, sense it in your nerves while standing beside some person, without ANY contact whatsoever.

Thus, when you have mastered locating thought-of, or hidden articles while maintaining direct contact, and later, while maintaining "remote contact" through stick or handkerchief or piece of wire or string or other object, you will THROUGH MUCH PRACTICE become able to do all these experiments equally well without any contact either direct or remote.

You will, as you progress with practice, often surprise yourself by "knowing" where the hidden object is the moment you receive your transmitter's mental command to "start". When this occurs, if you can, drop all contact and proceed to it at once, leaving your assistant behind. If your Perceptory-Sense fades out, go back to your transmitter, take up the contact and start again.

But remember, DO NOT GUESS. Do NOT fall into the habit of guessing where an article is hidden or even what the hidden article is. Let the objective be

only vaguely in the background of your consciousness while all your attention, your receptivity, is focused on your transmitter.

Protect this manuscript. Keep it secret.

With Sincere Good Wishes,

Your Instructor,

in THE MAYANS