



OFFICIAL EMBLEM OF

THE MAYANS

All material, discourses, lectures, illustrations, lessons, scientific dissertations and letters of transmittal appearing under this Official Emblem are protected by copyright. They may not be quoted except by official and written permission of The Mayans. They are not for sale but are prepared for the private use of Members of our Order. The recipient of this manuscript agrees by acceptance to hold it Private as the property of The Mayans to be delivered up to the Order upon demand. All rights in the material appearing beneath this cover are reserved by The Mayans, including the privilege of translations into other languages.

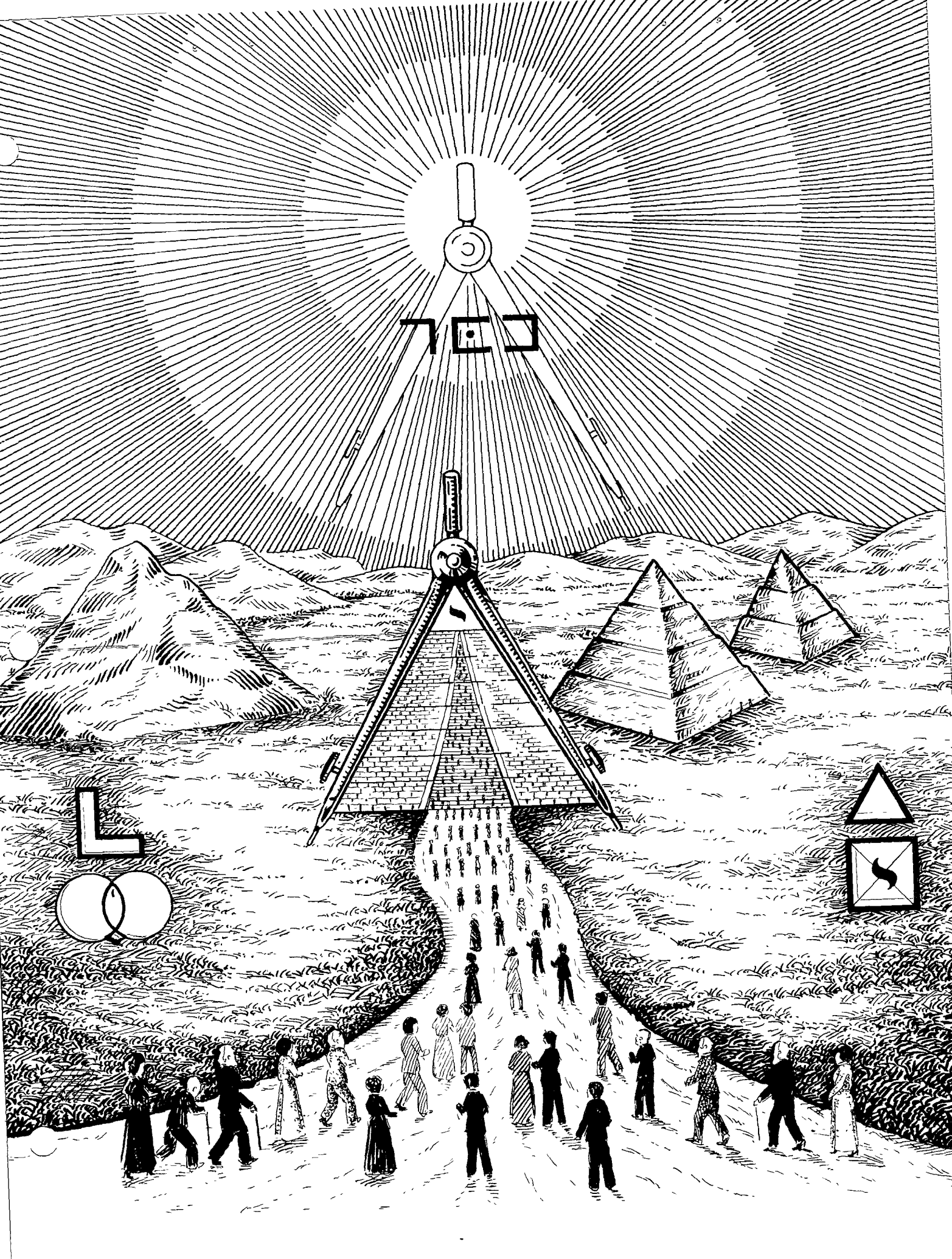
VADE MECUM, VOLVENTIBUS ANNIS

Degree 4 - 5

THE MAYANS
SAN ANTONIO,
TEXAS

Number 42

Copyright 1940 by The Mayans



We are pleased to present another symbolic drawing by the distinguished Mayan artist, L. A. Doty. While many of its hidden meanings will become clear to you with study now, we predict that a year or two in the future you will find a great deal more meaning in it.

While the Compass, as illustrated here, was doubtless unknown to the Mayans, yet the reference with which they treated the symbol of the circle plus the present impossibility of illustrating the instrument they used, makes it seem fitting that a modern type of Compass be shown in this drawing.

The Compass and the Square are important symbols in Masonry we know and we show them here not to be like Masonry but because these symbols also have meaning to Mayans. As we have often said, it is our belief that Masons and Mayans, in the dim past, were once the same. While it is true that both have changed greatly with the passing of the centuries yet old symbols and ancient practices remain recognizably similar.

At first glance, the drawing appears to suggest a purely astronomical significance, the Zodiac and the Compass. And in ancient days this instrument was used by astrologers for making not only the Wheel of Life, but the Sun, the Microcosm and the Macrocosm. It may be said that our Companions use the principle of the Compass in circumscribing their passions by making the perfect symbol, the circle, in thus limiting their negative natures in all directions.

The Path of Life leaving the broad highway approaches the new Pyramid while in the distance may be seen the Pyramid of the Three Degrees and that of the next higher degree.

The Yod at its top represents the Microcosm while the symbols in the sky represent Macrocosm: God in and above and about everything. The perfect life, symbolized for our Companions by the Compass, marks the lines of the new and greatest Pyramid now in the course of building, stone by stone, bounded and shaped by the mathematical laws and the Will and skill of the builders in following the architect's plan. "As above, so below."

The Triangle and the Mayan Square are part of the plans as are also the right-angled symbol, and the overlapping circles and the Vesica Pisces. The Path itself, as it leaves the broad highway, takes on somewhat of the contour of the Yod.

The Compass is a Mayan Light also although not in the form illustrated here. It measures the circle of a Companion's influence in the World. May the Light of your Mind encompass all good wisdom.

Z

The Letter Z Represented by That Part of
The 119th Psalm Labeled
ZAIN, or ZAYIN

Z

The last letter in the English alphabet, but in the times of David, as today, the 7th letter of the Hebrew Alphabet. This letter was added to the Latin from the Greek during the days of Cicero and its Greek pronunciation is Zeta.

As an Egyptian word, this means, "revealer of secrets" and it was also bestowed upon Joseph by the Egyptian King under whom he served as assistant and advisor.

Zabud, a high personage in the court of King Solomon, mentioned in Kings 4:5 and Zebulon, the tenth son of Jacob and Zarathustra, the great name in the Zend language, but better known to occult students as Zoroaster, are a few of the famous ancient personages connected with this letter. The ancient name for the Diety with the Initial Z is Zacchi.

Zedikiah, of whom we read in the second book of Kings and in Jeremiah's prophecies, was the twentieth and last King of Judah, took an oath of fidelity to the King of the Chaldees. He broke this oath, as you will read in II Chronicles 36:13, bringing about the fall of Jerusalem and eventually his own death.

The Parsee name for the First Principle of Creation was Zarvan-akar-ana which means literally, "Time and Space without Limit".

Zelator is a title of a degree in certain mystic orders. Zemzem is the name of the holy well in Mecca. Zendavesta are the scriptures of the Zoroaster religion, all now destroyed except for one book of twenty-two chapters and a few fragments. Even the Zend language is now extinct. And Zenith is the highest point in the heavens of the Zodiac.

An ancient pass-word of the Order of the Essenes of which Jesus was a member was "Zaphnath-paaneah".

Zion is the name for the third hill on which "the city of David", Jerusalem, was built.

MAYAN STUDY OF ANCIENT LANGUAGES

The history of the letter V is identical with that of U in English from which it was not differentiated until between the 15th and 17th centuries. In Latin it had the form V as well as the form U. In the Semitic alphabet, the letter Y (vav) was the sixth letter and was used for the sound V or W. In the Greek alphabet it was the last letter and followed T (tau).

VAV		
Name of Form	Date	Form of Letter
Phoenician	B.C. 1200	?
Cretan	B.C. 1000	V
Therean	B.C. 700	V
Archaic Latin	B.C. 500	V
Attic	B.C. 600	V
Corinthian	B.C. 600	Y V
Chalcedian	B.C. 600	Y
Ionic	B.C. 400	V Y
Mayan		ꠄꠔ
Egyptian		ⲅ
Roman Colonial		V
Urban Roman		↘V
Faliscan		V
Oscan		Y V
Umbrian		V
Latin and Modern		V U

V

U

POWER OF HABIT



Remember the word unto Thy servant,
Upon which Thou hast caused me to hope.

This is my comfort in affliction:
For Thy word hath quickened me.

The proud have had me greatly in derision:
Yet have I not declined from Thy law.

I remembered Thy judgments of old, O Lord,
And have comforted myself.

Horror hath taken hold upon me
Because of the wicked that forsake Thy Law.


Thy statutes have been my songs
In the house of my pilgrimage.

I have remembered Thy name, O Lord,
In the night, and have kept Thy law.

This I had, because I kept Thy precepts.

-- 119th Psalm

*B*ELOVED COMPANION:

Our Greetings, our Love and Trust go forth to you in  .

In your own life, and in your Ministry to others it is important that you impart the habit of Positive thinking in exchange for the Negative thinking habits which you will find existing almost invariably in the consciousness of those who suffer Lack or Need. In fact, these Negative habits create their special needs.

Whether the circumstance you are treating is one of poverty or lack of health, unhappiness or whatever it may be, you will always find associated with it a seeming actual part of it, a Negative habit of thought. And wherever you find success, glowing health and happiness, you will find its possessor also to be the keeper of dominant Positive thought as a regular habit.

- * -

THE POWER OF HABIT Many books have been written, on how to break bad habits. Usually they simply say, "you must exercise strong Will-Power to break evil habits." Of course it is true that a strong Will-Power can break habit. But where evil habits are present, there is also, and always, a Negative habit of thinking and a strong Will-Power does not exist there. So how are those courses of instruction going to help the one who needs help the most?

IN MAYANRY WE TEACH A PRINCIPLE THAT
MAKES IT EXTREMELY EASY FOR ANYONE
TO BREAK ANY HABIT THAT HAS ATTAINED
AN UNWELCOME HOLD.

Long ago, it was known that there is an easy way to break even the most vicious habits, providing there was a real DESIRE to overcome them, a real DESIRE to master them, present in the Mind of the one in the possession of the habit.

For habits DO take possession of people. Negative habits DO --not only possess the people who give them lodging but they enslave them. They not only enslave them, but often they torture, rob and maim them until the Soul of that unfortunate finally finds escape in death.

Of course, we have all heard of the demoniac self-tortures, inflicted on people whose Negative habits caused indulgence in drugs or drink, and drove them into pauperism and a living death. It is easy to see the slavery of habit in these cases. But the same thing occurs in countless other ways to otherwise good and upright people and enslaves them in perhaps a milder form but just as surely.

The habit of stinginess, for example, robs its host of all manner of happiness, and creates other Negative habits of distrust, doubt, suspicion and meanness and often cheats its possessor of many of the finest things in life.

The habit of fear, the habit of hate, the habit of poverty, all these and countless more are related in one prolific breed which speedily begets a large cantankerous swarm of other Negative habits, multiplying and festering like maggots in a heap of offal.

No matter what the Negative habit may be, all Negative habits arise from and are created by Negative Thinking.

No matter what hold the Negative habit has obtained, IT CAN BE OVERCOME. And, it can be mastered in a surprisingly easy way- IF the person who has allowed the habit to grow in him WANTS to rid himself of it! Here is the simple rule of psychology to apply:

THE EASY WAY TO OVERCOME ANY HABIT
. . . IS BY FORMING ANOTHER HABIT TO TAKE ITS PLACE . . .

- * -

SUBSTITUTING Do you know of anyone who smokes too much, and who DE-
NEW HABITS SIRES to overcome that habit? He need only substitute
a new habit in place of the habit of smoking. Suppose
for example that, every time he felt the urge to indulge in his old
habit of smoking, he were to eat an apple instead.

At first this would not be a very satisfactory substitute.
But, if his desire to master the old habit instead of allowing it to
master him is strong enough, he will find only a little difficulty
AT FIRST.

The new habit he is creating to take the place of the old
smoking habit is not yet strong. It is a new habit; it takes a lit-
tle time for this new-born habit to grow strong. But it will soon
supply all the satisfaction that the habitue formerly thought he de-
rived from his Negative habit of smoking.

The new feeling of well-being, the renewed zest for life, in-
creased appetite and calmer, steadier nerves will be reward enough
for anyone caring to try the above as an experiment. It is offered
merely as an illustration of how the principle of substituting one
habit for another makes it easy to overcome Negative, wasteful, or
destructive habits easily, even though, as in the case of smoking,
the old habit establishes a strong claim on the physical, nervous,
and mental systems.

- * -

There are thousands of ways of applying this principle to
any Negative habit and most of them are even easier to carry through.
Its field of practical application is as unlimited as thought is un-
limited.

No matter what your physical condition may be in the world,
your healing, your cure, your freedom from limitation lies in your
habit of thinking. For your habit of thought becomes your expectancy
and what you expect IS WHAT YOU RECEIVE.

Expect Poverty . . . AND POVERTY COMES! Fear illness . . .
AND ILLNESS APPEARS! Allow the Mind to dwell on unhappy conditions
and your very consciousness of those conditions multiplies your own
feeling of depression.

On the other hand, refuse to allow your thoughts to remain on unhappy conditions by thinking about happy episodes in your life, past or anticipated, and, if you happen to pass a mirror, you will find the happy thoughts showing in your countenance and you will become aware that you are happy. Try it!

Sing at your work . . . Laugh at gloom-- and its dismal unreality fades away like the shadows of night before the morning sunshine. If you fear NOTHING, you will soon have NOTHING to fear!

FORM THESE POSITIVE HABITS

MAKE THEM DOMINANT IN YOUR PERSONALITY.

- * -

Did you ever know of a "gloomy Gus" who became great? The only prominent ones I know of became prominent because so many better balanced people laughed at them. Dean Inge of England; Grimaldi the clown, and a few others are the only ones I can think of. But, even these few could not be termed "great" but merely prominent. And their prominence was attained only through a certain unvarying Positiveness in their gloom. They made their Negative trait so strong a habit that it too became a Positive thing. Still we may be glad that this is very rarely possible.

- * -

Some people, in their religion, think that a gloomy air is necessary. Speak of the Creator and they put on a long face and a sanctimonious air that almost hurts the beholder. When they pray they adopt such sad tones, and so sorrowful a mien, that prayer becomes for them an irksome duty, instead of a glorious and joyful occasion of communion with the Father of All Light and Love.

Real religion is a joyous, inspiring PRIVILEGE.

The doleful tones, habitual to many when seeking The Throne, is not at all flattering, nor likely very pleasing to the Father on High. If you had a child, one whom you loved and who was a part of you, would it not grieve you to know that whenever he sought council it was only as a sorrowful and gloomy last resort and that he always approached you with doleful face and woeful tones and cringing fear?

I am sure it would! God never meant that we, the children of His Loving Thought should fear Him. We revere Him -- must REVERE HIM if we possess intellect at all. Our attitude in religion should

be a REVERENT JOY, a glorying in HIS NEARNESS.

Nor should we wear a mask of gloom but, instead, FEEL A NATURAL PLEASURE IN THE OPPORTUNITY of seeking and FINDING HIM.

This is also a natural and a Positive attitude of thought and Understanding that will reflect itself in our habits.

- * -

HABIT, FAITH Whether you seek health and the joy of living or success and the prosperity that naturally comes with it, or if you want both, the way is the same. You must gain your ends by application of Positive habits of thought. A Positive habit of thought is BELIEF. And Belief is just another word for FAITH.

Positive habits of thought not only mean Faith, but also ACTION, but Action of a Positive, resultful sort. It means PERSEVERANCE, faithful PERSISTANCE and CONSTANCY. And among these you will recognize the very first pass-word that was given to you as a Mayan.

Constancy also means -- FIDELITY.

It can truly be said that all people are what they are and are where they are because of their system of ideas. At times there seem to be exceptions to this but always a deeper, more searching and more understanding analysis will show that this is TRUE.

What is needed then, if the situation is not to your liking, is not some more of the same but a NEW system of ideas. A change of thought is all right for a starter. But it is not enough. A change of habit of thought is what is needed. And the new-born habit of thought must be nurtured and allowed to grow strong and dominant.

This thought brings me to the chief difference between Positive and Negative habits of thought. The Negative habit of thought, if indulged, soon controls you. But YOU control the Positive thought habit.

Through it, you renew your Mind, -- by it you transform your Being . . In it is the greatly magnified, multiplied, glorified POWER OF ACCOMPLISHMENT.

- * -

THE POWER OF HABIT Interesting experiments are carried on by our scientists in their research into the effects of habit. Some of these you can demonstrate if you have an intelligent pet dog or cat. One scientist has a set of 50 cards, each of them painted with a different shade of black. The difference between

card number forty-nine and card number fifty is so very little that man's sight cannot distinguish between them. By feeding the laboratory dog every time he is shown the forty-ninth card, and only after showing him this card, and never feeding him after any of the other cards of the set of fifty are shown him, the dog will be able to distinguish this ultra shading of color by watering at the mouth whenever it is shown to him. This not only proves the dog's ability to distinguish a minute shading of color but demonstrates the power of habit that causes the gastric juices to flow because there is a habit of eating whenever viewing this particular shade.

The same result may be accomplished by ringing a bell immediately before each feeding time and only at feeding time. In a very short time, the animal learns to expect food when the bell is rung and nature prepares the digestive processes for action even if no food is provided.

Habit makes most of us hungry at regular meal-time hours. Habit is a conditioning that goes far beyond the functioning of the physical brain and enters into the Sub-Conscious processes of the Mind. And habit, in time, enters into our character.

There is an amusing old story of a miser who, from the long habit of cheating others, came at last to cheat himself and with great delight and triumph picked his own pocket of a silver dollar, to put with his hoard. And a true story told by Lord Campbell of a celebrated judge, Lord Tenterden, who from habit said when he died: "Gentlemen of the jury, you will now consider your verdict."

Habit is the process of Mind that advertising men depend on most to make you buy a specific brand of aspirin when you know that ALL aspirin is aspirin; or any of the hundreds of widely advertised brands which America selects, not because they Know they are best, but because they are in the HABIT of thinking of these well advertised brands when they think of certain articles.

Try it yourself.

If I say, "baked beans" don't you think of Boston? "Men's shirts" makes you think of what brand? Pickles? Prunes? Oranges? And so it goes.

Advertising has "conditioned" you just as thoroughly as the scientists conditioned the pup in their laboratory. And let me ask you a question. Have you noticed the gathering of the gastronomic juices in your mouth now, as you think of these articles of food? My friend, every thought you think produces some sort of action!

"There is a tendency", science states, "to resume the same mode of action at stated times and this is peculiarly the characteristic of the nervous system. AND ON THIS ACCOUNT REGULARITY AND CONSTANCY IS OF GREAT CONSEQUENCE IN EXERCISING THE MORAL AND THE

INTELLECTUAL POWER. All nervous diseases, for example, have a MARK-ED tendency to observe REGULAR periods, and the natural inclination to sleep at the approach of night is another instance of the same fact".

The habit of sleeping at night is one first acquired by remote generations of our ancestors who lived long before the invention of artificial lighting. There is no particular reason for sleeping at night instead of in the daytime except that the habit of generations before us made it an inherent habit of man to do so, and to do differently today seems to others, queer and peculiar. Actually, in the cool, soft hours of the quiet night a great deal more creative thought can be accomplished than amid the din and the distractions of the daytime. But most of civilization today prefers to work in the daytime, cramped inside of stuffy offices, reserving the good night hours for "play" and entertainment.

Perhaps this is best. Each man can decide for himself on such matters as this and according to his occupation.

Personally, the night hours appeal to me more for work and thoughtful meditation and I have long made them my own for study, -- but then I am an astrologer, and I realize that this practice might not do so well perhaps for say a tiller of the soil.

Nevertheless, the finest crops result when "planted by the moon". And with all my mystic soul, I respond to the lines:

"Midnight . . . strange mystic hour, when
The veil between the frail present and
The eternal future grows thin . . . "

-- and I agree with the famous Mrs. Baribould who said:

"This dead of midnight is the noon of
Thought and wisdom mounts her zenith with
The stars . . . "

There is nothing earthly I can think of that I would exchange for the experiences I have had during the long watches of the night, and which I would surely have missed in daylight hours: Experiences in the Prayer Room our Order maintains when, after a long period of meditation, the letters there ruffle as though by unseen hands although no one but myself is present and no draft or breeze is moving.

Or, for moments during the night on some ancient pyramid in some ancient city still covered with the cumulus of the centuries of

the past. This is one of the things I look forward to on each of my visits to the country of the ancient Mayans where I will be able to spend at least one night within the ruins of some ancient temple or within the secret passages of some mighty pyramid.

VADE MECUM VOLVENTIBUS ANNIS

Your Instructor, in

THE MAYAN ORDER

THOUGHTS OF FAMOUS PERSONS ON

HABIT

ON THE NEGATIVE SIDE

Wrong Habit

Habit, if not resisted, soon becomes necessity.

- St. Augustine

Habit is the nursery of errors.

- Victor Hugo

Habit is a cable. We weave a thread of it every day and at last we cannot break it.

- Horace Mann

Habits gather by unseen degrees.

- Dryden

In many things habit is a greater plague than ever afflicted Egypt.

- John Foster

Every bad occupation makes one sharp in its practice, and dull in every other.

- Sir Phillip Sidney

Habits, soft and pliant at first, are like some coral stones which are easily cut when first quarried, but soon become hard as adamant.

- Spurgeon

A single bad habit will mar an otherwise faultless character as an ink-drop soileth the pure white page.

- H. Ballou

Habit with him was the test of truth; "It must be right: I've done it from my youth."

- Crabbe

ON THE POSITIVE SIDE

Right Habit

Habit is ten times normal powers.

- Wellington

Habit is necessary to give power.

- Hazlett

Habit is, as it were, a second nature.

- Cicero

Our second mother, habit is also a good mother.

- Auerbach

Habit is the deepest law of human nature.

- Carlyle

Habit gives endurance and strength.

- Kincaid

To learn new habits is everything, for it is to reach the substance of Life. Life is but a tissue of habits.

- Ariel

Habits are the daughters of action, but they nurse their mothers and give birth to daughters after her Image, more lovely and prosperous.

- Jeremy Taylor

The law of the harvest is to reap more than you sow. Sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny.

- Boardman

These lessons are invaluable to me because "The mind naturally takes its tone and complexion from what it habitually contemplates."

- Robert Hall