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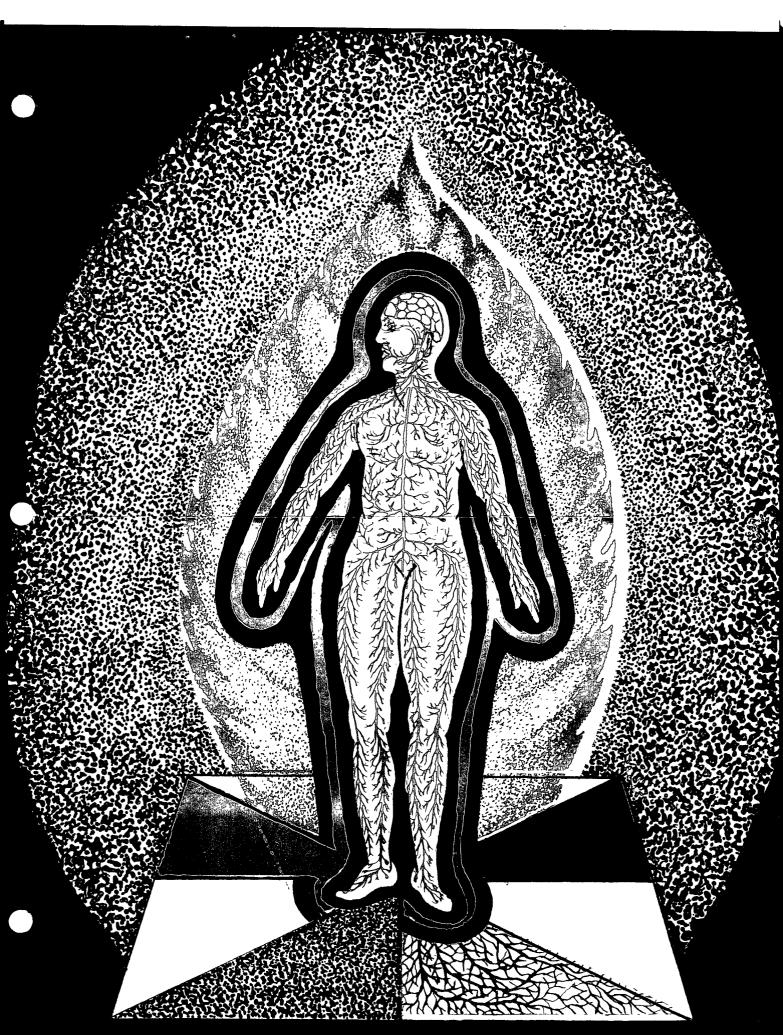
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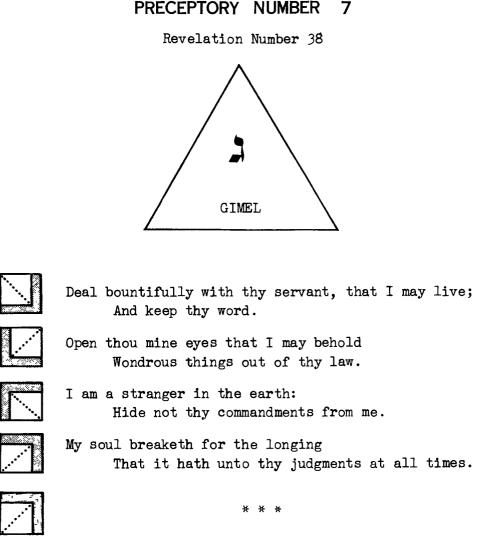
VADE MECUM, VOLVENTIBUS ANNIS

THE MAYANS

Degree 4 - 5

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Princes also did sit and speak against me; But thy servant did MEDITATE in thy statutes.

**** 119th Psalm

BELOVED COMPANION:

Again we ask for thee these bounteous blessings from on high: May thy Body be made whole, thy Mind enlightened, thy Spirit quickened and thy Soul sanctified in .

With this lecture, we wish to offer you several concepts concerning the physical-mental-spiritual nature of man. Certain of the points we present are not strictly in accord with present day scientific opinion. These points we leave to your good judgment whether you accept them or reject them as reasonable.

Rev. 38: 12: G:H: 12.58

But whether you accept them or not at this time please remember them for science will eventually progress to the point of accepting them as truth.

As an example: Modern science is slowly learning to differentiate more clearly between Brain and Mind and will eventually come to recognize Brain as being somewhat different than the now accepted concept of it. You, as a Mayan, have had many hints of this long ago. Your Meditations, if you have thought deeply on how they operate on the physical substance of our bodies, will undoubtedly have given you several hints of this fact. Yet, medical science still is inclined to dismiss our cures as "Faith-healing" and when asked how it occurs will, with a shake of the head and shrugging of shoulders, mutter "It is incomprehensible."

And so it is if we accept pills and chemicals as the only means to a cure even though the wisest scientists and the greatest of physicians will readily admit that the chemicals are usually administered only to produce a reaction in the physical system and that the patient must accomplish the cure within himself.

> Please be sure to understand that Mayanry has no quarrel with Medical Science or its practicioners. No right-minded man or woman has anything but the utmost respect for this noble group of people who give their lives in a great service to mankind. We are honored to have many members of this profession in the Mayan Rolls. And we believe that any person, Mayan or otherwise, desiring a cure, who, for one reason or another fails to obtain it from within himself, should consult a physician.

> Or, if the understanding of these principles is not deep enough or the faith not strong enough for an immediate healing, we want him to go to a good physician and supplement his efforts with the power of Faith and confidence.

Too many people, not understanding these principles yet willing strongly that they recover and SAYING words of Faith yet <u>privately doubting in their hearts</u>, have had failure. There is no reason that we know of to refuse medical assistance because one practices these or similar teachings. We do say that when the technique is mastered and the Faith is perfect, that medical assistance is not necessary. That does not mean that it must be avoided.

Present day science still insists that Brain is confined to the cranium, the skull cavity of the human body. This is not strictly correct.

The entire nervous system has some of the attributes of Brain and has centers, at least similar to Brain, in <u>various</u> parts of the Body. True, the structure of the nerves and these centers are not <u>identical</u> to the cell structure of the Brain but the function is so similar as to make it proper to call them all by the same name, Brain.

We know that Brain is little more than a switchboard connecting our invisible bodies to the visible physical Body. It possesses a certain degree of memory of a crude sort compared to the memory power of Mind, itself, or the reservoir of memories in our Soul that we call Character. And the nerve centers possess a sort of "memory", too, cruder than the Brain but existent just the same. Doubtless, this ability extends on down to the individual cells of our Body.

CHARACTER, WHICH WITH INTELLECT IS THE HIGHEST EVOLVED PART OF OUR BEING, IS CONDITIONED ON MEMORY. IT IS FORMED BY THE SUB-CONSCIOUS, NEVER-TO-BE-FORGOTTEN MEMORIES OF EVERY DEED AND EVERY THOUGHT OF ALL OUR LIVES. IT CAN NEVER "FOR-GET". IT IS THE "RECORDING ANGEL" WITHIN US, SHAPED BY ALL OUR DEEDS AND THOUGHTS. IT, IN TURN, GIVES COLOR TO ALL OUR DEEDS AND THOUGHTS. THUS AN EVIL MAN TENDS TO BECOME STEAD-ILY MORE EVIL UNTIL HIS SUFFERING, RESULTING FROM HIS EVIL DOING, BECOMES SO INTENSE THAT HE AT LAST SEEKS TO EXPLATE HIS SINS AND IT MAY TAKE HIM SEVERAL INCARNATIONS TO RE-GAIN THE STATUS THAT HE LOST.

But right-minded good men or women tend toward goodness in all their deeds and ways and their progress toward Harmony is accelerated. The popular conception of Heaven and Hell as "places" where one "goes" is the result of misunderstanding. They are conditions. They result from what we build into our Character. Our own Inner-Consciousness is aware of our own degree of worthiness or wrong-doing.

For the very evil person there is, at the end of many suffering physical existences, an eventual, complete destruction. This is the only "death" recognized by our Great Companion.

But for the right-acting and right-thinking Soul there is a continual growth of the ability to appreciate and thus enjoy a continuing growth of understanding; an expanding Intellect that eventually attains to the perfect Harmony that is Paradise. "He sitteth on the right hand of God." Heaven is not a place. It is a Condition that is beyond words to describe. "And there shall the righteous find eternal life."

The world knows us by reputation. But our inner-wisdom, our Consciousness, the Recording Angel and the Almighty Creator, know us by our Character. The Law is that a good Character, having patiently explated the sins and evils of this or a previous life, enjoys harmony to the degree that he attains it by his Character. But "the evil men do lives after them" and tends toward greater evil which, unless it is overcome and good created in its place, leads to torment and suffering.

Reputation is earthly as is Brain or physical Body.

CHARACTER IS ETERNAL.

Reputation is the "Character" people give to you.

By it, people judge you.

IT IS MORTAL.

Character is that which YOU give to your Soul.

Rev. 38: P4: G:H: 12.58

By it, the <u>Creator</u> judges you.

By it, you judge yourself.

IT IS IMMORTAL.

The frontispiece illustrating this lesson and drawn by Mr. Doty, M.L., seeks to show symbolically the four bodies of our Being. From a study of it we can learn much. While we inhabit our physical Body, a certain "shape" may be conceived for our Mental, Spiritual and Soul bodies. It is easy for us to think of our Spirit as having a sort of ghostlike shape or form that perhaps resembles our physical Body. It is more difficult to conceive of what our Mind-Body or our Soul-Body may look like.

One must constantly remind oneself that these three Bodies of ours, invisible now, are NOT material and are not governed by physical time nor physical space and therefore NEED NO SHAPE OR FORM IN ORDER TO EXIST.

But while we inhabit this earth Body, it may be said to also "partake" of shape and form and this is the conception our artist seeks to convey.

Try this experiment: Have another person hold his hand near your bare arm without touching you. You will find that you can "feel" the presence of his hand even though your eyes are closed. Your Mind is aware that something is near you. Therefore the artist shows the Mind-Body as extending out beyond the physical Body, and because this perceptive power is about equal in all parts of the physical Body, he illustrates the Mind-Body as having about the same shape as the physical Body.

> It has been explained by physicists that the thermal difference between two bodies makes this awareness possible. Possibly so, but by experiment one can induce an exact temperature in both bodies and the sensitivity is increased. If thermal difference were the correct explanation, the opposite effect could be expected. The subtle awareness may be noted too, even in complete darkness and even though that which is "felt" is some inanimate object, and regardless of its temperature.

Further demonstrations of the existence of Mentality beyond the confines of the physical Body are had in experiments in which you will be instructed in still higher degrees. You will be shown, for example, how to perform "tests" like this: A friend selects a certain book in his library. From it he selects a certain page and from that page he selects a certain word. The book is replaced and your friend, by directing his thoughts through the steps you must take, mentally leads you to that certain word.

To state this test in a different way: You, by your future training, will be shown how to demonstrate a Mental ability to locate the book, the page and the very word which was unknown to you but which your friend had selected in his Mind. Many equally miraculous-seeming experiments may be carried out with this principle that seems to demonstrate beyond all doubt the existence of Mental awareness beyond the confines of the physical Body. The artist indicates the Mind-Body in dark tones as a sort of dark envelope around and through the physical Body to indicate our present mortal unawareness of its nature.

Next, he illustrates our Spirit-Body and for this he uses the color red as symbolic of energy. The Spirit not only gives us energy but receives energies from the surrounding ether.

Those of you who have gone to the Mayan country or those of you who will go there will undoubtedly see many statuettes with a peculiar shaping of the mouth. Whenever you see this, remember that it has some significance to Spirit. While the significance varies with the various picturizations, it usually refers to the practice of "suspended animation" of which you will also learn more in later lessons. Breath and Spirit were considered as the same in all the ancient wisdom teachings of the Egyptians, the Chinese, the Hindus and the Mayans.

Today, this may seem at first to be an example of superstition. How apt the illustration is, however, you will see as you progress toward more advanced Mayan teachings. Suffice to say now, that the breath does aid in energizing (giving Spirit) to our physical Body. We may go many days without food, a few days without water but we "give up the ghost" in a few <u>minutes</u> without air, breath, Spirit.

Surrounding the red Spirit-Body, our artist shows the Soul-Body. Shaped by all the other Bodies of our Being, this is shown as the greatest of the Bodies. Its color blue is symbolic of Truth; it is the true You, the ultimate of all your thoughts and deeds.

Surrounding these four Bodies, our artist symbolizes Intellect as a white hot flame illuminating the surrounding cosmos. By the Light of Intellect, Man may illuminate some of the mystery of Creation; he may see a little way, understand and be aware according to the intensity of the flame he bears.

Intellect extends beyond the Bodies because it is the least encumbered of them all. It may rise to great heights, it may spread afar, it may enkindle other souls to flame with the divine fire.

Intellect, even in this mortal life, may take us instantly from America to Europe, from hovels to thrones, from the North Pole to the South in the twinkling of an eye. True, the physical body does not make these lightening-like journeys but who can say that the Intellect does not actually go wherever we send it? How else can one account for the many instances that history records where an individual was aware of certain things happening in a remote place, aware at the instant of its happening, - and this long before the days of rapid communications of telegraph or radio?

From outer darkness, the great unknown that surrounds us, we can lift the veil a little way and by the bright burning Light of Intellect we may see and understand a little of His glorious, His Infinite, Greatness.

> For we are made in His Image. Persevere Beloved, in This Path.

> > Amen.

THE MAYANS

STUDY NOTE

The 119th Psalm is divided into verses each of which is headed by a letter of the Hebrew Alphabet. Gimel is the name of the 3rd letter in the Hebrew alpha-bet, but it corresponds to the 7th letter, G, in the English and Roman alphabets. In many other alphabets, including the Greek, it is in 3rd place, in the Russian and several others, it is the 4th letter and in Arabic it is the 5th.

In Hebrew, "Gimel" has the numerical value of 3, and it means "Camel". G is a most sacred symbol in Masonry where it may be seen in the East in every lodge today although its use can only be traced to about the year 1717. In an old ritual published in 1768 there is a test of passwords described, which ends:

> "With letters four and science five, This G aright doth stand, In due art and proportion, You have your answer, friend."

The Greek letter, Gamma, was venerated as a symbol by the Pythagoreans because it was the initial of Geometry, and Geometry was to them the science of God, of Perfection.

The letter G is not an old one as these matters go, but is perhaps a corruption of the old Hebrew symbol Yod, by which the most sacred name of God is expressed. That name is π , The Tetragrammaton is used to express this name. As in ancient days, the name was never written in full; in fact, few dared to pronounce it aloud, so sacred was it.

Masons and Mayans alike will no doubt be interested in reading this explanation of it.

QUESTIONS FOR SELF-EXAMINATION

(Do not mail in. Simply write the answers now. Read the Lesson again if there is anything you do not know how to answer.)

1. What is the shape of Soul?

. . . .

Answer:

2. What is the shape of Spirit? It's nature?

Answer:

- 3. How far does Brain extend? Cranium only? The Spinal cord? The entire body?
 - Answer:
- 4. Are Mind and Brain the same?

Answer: 5. What similarity is there between nerve centers and Brain? Answer:

6. How can one travel in the Intellect? Can you give any historical examples of "telepathy", or any personal experiences?

Answer: 7. What is meant when one says: "He has an illumined intellect"?

Answer: 8. Have you ever experienced "telepathy"?

Answer:

- 9. How can an Immortal Being be said to "die"? What was Christ's meaning when He spoke of evil men dying?
- 10.Where is Heaven? What is Heaven?

Answer: