

Health

THE

WATER-CURE JOURNAL.

JOEL SHEW, M. D., EDITOR.

~~~~~  
VOLS. III. AND IV.  
~~~~~

NEW YORK:

PUBLISHED BY FOWLERS & WELLS,

CLINTON HALL, 131 NASSAU STREET.

1847.

INDEX—VOL. III.

<p style="text-align: center;">A</p> <p>Apartments, Vitiated Air in 10</p> <p>Alarming Threat 30</p> <p>Afraid to Learn 31</p> <p>Allegory 32</p> <p>American Cases of Water Cure 61</p> <p>Ague and Fever, a Case of 93</p> <p> " " to Ward off Attacks 137</p> <p>Advice to Parents 168</p> <p style="text-align: center;">B</p> <p>Bleeding Disapproved 1</p> <p>Brain, Congestion of 18</p> <p>Blood-letting and Narcotics in Insanity 26</p> <p>Bathing, Injury from 71</p> <p>Buckwheat Cakes 78</p> <p>Baby, an Autobiography 135</p> <p>Bathing, Air, and Clothing 161</p> <p>Bathing, and Baths 177</p> <p style="text-align: center;">C</p> <p>Children, Mortality of 4, 38</p> <p>Clysters 17</p> <p>Cold Water 29</p> <p>Cramp in the Stomach 59</p> <p>Consumption, supposed case of 63</p> <p>Childbirth 63</p> <p>Cheap Work on Water Cure 78</p> <p>Cedar, Virtues of 79</p> <p>Cholera Morbus and Vomiting 88</p> <p>Cholera 99</p> <p>Consumption 101</p> <p>Croup and Measles, Dangerous Case Cured 104</p> <p>Causes of Deformity 106</p> <p>Children, Treatment of 120</p> <p>Case of H. H. Hite, Virginia, and Remarks 139</p> <p>Critical Symptoms in Crisis, and Water Cure 149</p> <p>Child-bed Fever 186</p> <p style="text-align: center;">D</p> <p>Dr. Bowers, of Auburn, Letter from 19</p> <p>Dying Girl to her Sister 24</p> <p>Dr. Gully's Opinion of Drugs and Water Treatment 70</p> <p>Diet at Graefenberg 72</p> <p>Drinking of Water 74</p> <p>Diarrhœa 94</p> <p>Drunkenness, Water Application in 109</p> <p>Dr. H. H. Brown, Obituary 125</p> <p>Discoveries of Priessnitz, Historical Sketches 129</p> <p style="text-align: center;">E</p> <p>Electric Maid 16</p> <p>Eyesight, Rules for Preserving 19</p> <p>Examine your Tea-kettles 32</p> <p>Erysipelas of the Head, Water Application 34</p> <p>Eye-bath 142</p> <p>Effects of Water in Disease and Insanity 152</p> <p style="text-align: center;">F</p> <p>Food and Digestion 23</p> <p>Food, Innutritious Matter in, Necessary to Health 41</p> <p>Franklin on Dreams 49</p> <p>Female Weakness, Case of Mrs. Howes 87</p> <p>Female Grace and Beauty 174</p> <p style="text-align: center;">G</p> <p>Graham System, Experiments in the Orphan Asylum 89</p> <p>Gem of Science 174</p> <p style="text-align: center;">H</p> <p>Human Skin 21</p> <p>Hemorrhage from Leech Bites 25</p> <p>Hydropathic Institution 32</p> <p>Howard, his Habits and Opinions 42</p> <p>Hysterical Fits, Case of 45</p> <p>Hydropathy at Cooperstown, N. Y. 46</p> <p>Hints to those who wish to Commence the Use of Cold Water 56</p> <p>Heartburn 83</p> <p>Hand Bath 110</p> <p>Hydropathy, Thoughts on 156</p>	<p>Health of Females 183</p> <p>Hydropathy, Dr. North's Opinion of 184</p> <p style="text-align: center;">I</p> <p>Insanity, Interesting Case of 94</p> <p>Irrigation with Cold Water in Strangulated Hernia 98</p> <p>Influence of Air and Exercise in Promoting Strength 53</p> <p>Indian Women, Health and Hardihood of 62</p> <p>Indigestion, Weakness of Nerves, and Cough 155</p> <p>Information for Young Men 171</p> <p>Ice applied to Injuries and Burns 185</p> <p style="text-align: center;">K</p> <p>Keese, Samuel, Letter on Cholera, &c. 189</p> <p style="text-align: center;">L</p> <p>Laws, Violation of 37</p> <p>Life Clock 1</p> <p>Laws of Health 29</p> <p>Letter from Friend Keese 122</p> <p>Leaf of Tobacco 167</p> <p style="text-align: center;">M</p> <p>Mother's Parting Gift 8</p> <p>Mercury, Modus Operandi of 8</p> <p>Moths 16</p> <p>Make Home Happy 32</p> <p>Music, Effects upon Martin Luther 41</p> <p style="text-align: center;">N</p> <p>Never Too Late 23</p> <p>Notices 47, 95, 111, 126, 143, 189, 176, 191</p> <p>New York Observer on Water 78</p> <p style="text-align: center;">O</p> <p>Out-Door Exercise for Families 151</p> <p style="text-align: center;">P</p> <p>Physical Education 11, 20</p> <p>Patient 19</p> <p>Pregnancy and Childbirth 143</p> <p style="text-align: center;">R</p> <p>Resemblance to God 31</p> <p>Regular Hours, Advantages 168</p> <p>Rev. M. Russell, Cases from 170</p> <p style="text-align: center;">S</p> <p>Sister's Influence 31</p> <p>Slippery Ways of Vice 32</p> <p>Surgical Operation under Magnetic Influence 39</p> <p>Sanitary Condition of Prisoners, Blackwell's Island 51</p> <p>Spinal Disease, Remarkable Cure 60</p> <p>Small-pox, Treatment of 79</p> <p>Scalding, a Case of 94</p> <p>Sugar, Syrup, &c. 107</p> <p>Squire Heath, a Letter from 125</p> <p>Sociality 156</p> <p style="text-align: center;">T</p> <p>To our Patrons 17</p> <p>Toothache, and Preservation of Teeth 58</p> <p>Tobacco, Effects upon Nerves 69</p> <p>Tea, Headache 87</p> <p>Tobacco Chewers, and Water-Cure Journal 155</p> <p> Use of 173</p> <p style="text-align: center;">V</p> <p>Variola, Varioloid, or Small-pox 113</p> <p style="text-align: center;">W</p> <p>Wyman on Ventilation 14</p> <p>What an Old Man Did 30</p> <p>Water, Ancient Uses of 38, 65</p> <p>Water-Cure Journal 40</p> <p> " Institutions in U. S. 62</p> <p>Water 97</p> <p>Water, Qualities of 98</p> <p>Wash, and be Healed 125</p> <p>Water Cure at Cooperstown 140</p> <p>Wet Bandages 143</p> <p>Water Cure in Illinois 157</p>
--	---

INDEX—VOL. IV.

A		L	
Antiquity of Bathing	251	Longing for Particular Food in Pregnancy	311
Abstemious Diet	293	Letter from a Patient	323
Absorption of Drugs and Poisons in the Human Body	344	Labor, Dignity of	375
Advantages of Fair Sex	350	Labor, Undignified	378
B		Letter from Graefenberg	304
Bathing, and Baths	193	Letters to Editor	327
“ of Infants and Children	208	Lebanon Springs Water-Cure Establishment	365
Barrenness, Water in	240	M	
Bathing in Advanced Age	268	Marriage, its History	242
Baths, Mr. Locke's Portable	296	Milk, and City Dairies	248
Balls at Graefenberg	298	Marriage	251, 356
Bad Diet in Water Treatment	299	Mental Aberration	298
Best Drink is Hot Water	304	Medical Reform	302
Bread, White and Brown	326	Mother of Oliver Cromwell	303
Bath Tub	338	Mesmerism and Express Man	334
Bible	351	Making One's Self Useful	335
C		N	
Corpulency	205	Notices	238, 252, 307, 336, 366
Confectionary Poisonous	221	Nasal and Snuffy	319
Crowded Rooms	222	O	
Croup, Cold Water in	236	Open the Windows	335
Cravat	292	P	
Calomel	326	Physiological Development and Moral Culture	190
Conjugal Tenderness	333	Pregnancy and Childbirth, Effects of Water	242
Cause of Stomach Disease	338	Poisons, Calomel, and Depletions	270
Chronic Inflammation of the Stomach	354	Public Baths	275
Case of Fever	354	Poison in Cards and Wafers	327
Case of Childbirth	355	Physiological Effects of Tobacco	316
Children, let them Sing	361	R	
D		Remarks on Water Cure	275
Death produced by Fear of Dying	204	Rum Drinkers	317
Dr. Branch, S. C., Cases of	209	Roswell Cobb, Obituary	323
Drunkenness, Insanity	223	Reading for the Poor	323
Dr. Baynard, 1702	237	Remedy for Typhus Fever	324
Diet, Hints on	239	Rye Bread	325
Domestic Water Treatment, Cases of	252	Religious Monomania	329
Diagnosis of Nervous Diseases	264	S	
Dr. Carpenter and the Hydropathic Treatment	267	Scrofula, Bathing, &c.	218
Dr. Schiefedercker	260	Still-born Infants, Resuscitation	238
Diet, with reference to Longevity	283	Salt	244
“ Prolificeness	286	Suppressed Perspiration Cause of Disease	272
Death from Drinking Cold Water	297	Scolding	307
Drugs, Decrease of Sale	298	Society at Saratoga	332
Death by Drugs	298	Smoking	361
Dysentery	301	T	
Dying	317	Teeth, a New Work for	412
Death of Dr. Combe	322	Teeth, Cause of Irregularity and Decay	213
Diætic Reform	362	Tobacco, Diseases from Immoderate Use	216, 220, 294
Dead Man Dining	364	Tobacco, and Use and Abuse of Noses	245
E		Temperance	260
Effects of Light and Heat	209	Teeth, Dr. Burdell on	278
Exquisites	268	Tight Lacing	300
Eating	322	Thoughts on Health	301
F		Tobacco, What to do with it	325
Foot Bath	220	Tight Lacing and Red Noses	320
Food, Animal and Vegetable	260	Tartar on the Teeth	330
Facts of Chemistry and Domestic Economy	310	Tobacco, Who Suffers Most from ?	331
Food for Children	321	Tea, Chemical Analysis of	361
Fresh Air	323	V	
Fashionable Lady's Prayer	351	Vegetable and Animal Food	292, 254, 295
Farewell to Graefenberg	356	Vaccination	252
Flesh Eating and Vegetable Eating	360	Ventilation of Sleeping Rooms	270
H		Ventilation, and Effects of Breathing Bad Air	275
Home Facts in Water Cure, by J. A. Spear	214	Vegetable Diet, Experience of Dr. Alcott	309
Howard, Experience of	246	Vegetables vs. Flesh for Food	309
Home Facts in Water Cure	269	Vapor Baths in Russia	334
Hydropathy	280	Ventilation	360
Healthy Children	306	W	
Hints for Parents	307	Water Cure at Sea	211
High Heels, Injurious Effects	320	Water-Cure Establishment, Northampton	224
Home	332	Water of Wisconsin	246
Hard Case of Drugging	335	Word to Invalids on Water Cure	262
I		“ Was it Providence ? ”	280
Influence of Intoxicating Agents on the Mind	232	Why so much Disease among us ?	295
Intemperance, Causes of	318	Water Cure	235
Is it Right ?	333	J	
J		J. C. Jackson's Letter	356