

Health

THE

WATER-CURE JOURNAL.

JOEL SHEW, M. D., EDITOR.

~~~~~  
VOLS. III. AND IV.  
~~~~~

NEW YORK:

PUBLISHED BY FOWLERS & WELLS,

CLINTON HALL, 131 NASSAU STREET.

1847.



# INDEX—VOL. III.

<p style="text-align: center;"><b>A</b></p> <p>Apartments, Vitiated Air in . . . . . 10</p> <p>Alarming Threat . . . . . 30</p> <p>Afraid to Learn . . . . . 31</p> <p>Allegory . . . . . 32</p> <p>American Cases of Water Cure . . . . . 61</p> <p>Ague and Fever, a Case of . . . . . 93</p> <p>    "    "    to Ward off Attacks . . . . . 137</p> <p>Advice to Parents . . . . . 168</p> <p style="text-align: center;"><b>B</b></p> <p>Bleeding Disapproved . . . . . 1</p> <p>Brain, Congestion of . . . . . 18</p> <p>Blood-letting and Narcotics in Insanity . . . . . 26</p> <p>Bathing, Injury from . . . . . 71</p> <p>Buckwheat Cakes . . . . . 78</p> <p>Baby, an Autobiography . . . . . 135</p> <p>Bathing, Air, and Clothing . . . . . 161</p> <p>Bathing, and Baths . . . . . 177</p> <p style="text-align: center;"><b>C</b></p> <p>Children, Mortality of . . . . . 4, 38</p> <p>Clysters . . . . . 17</p> <p>Cold Water . . . . . 29</p> <p>Cramp in the Stomach . . . . . 59</p> <p>Consumption, supposed case of . . . . . 63</p> <p>Childbirth . . . . . 63</p> <p>Cheap Work on Water Cure . . . . . 78</p> <p>Cedar, Virtues of . . . . . 79</p> <p>Cholera Morbus and Vomiting . . . . . 88</p> <p>Cholera . . . . . 99</p> <p>Consumption . . . . . 101</p> <p>Croup and Measles, Dangerous Case Cured . . . . . 104</p> <p>Causes of Deformity . . . . . 106</p> <p>Children, Treatment of . . . . . 120</p> <p>Case of H. H. Hite, Virginia, and Remarks . . . . . 139</p> <p>Critical Symptoms in Crisis, and Water Cure . . . . . 149</p> <p>Child-bed Fever . . . . . 186</p> <p style="text-align: center;"><b>D</b></p> <p>Dr. Bowers, of Auburn, Letter from . . . . . 19</p> <p>Dying Girl to her Sister . . . . . 24</p> <p>Dr. Gully's Opinion of Drugs and Water Treatment . . . . . 70</p> <p>Diet at Graefenberg . . . . . 72</p> <p>Drinking of Water . . . . . 74</p> <p>Diarrhœa . . . . . 94</p> <p>Drunkenness, Water Application in . . . . . 109</p> <p>Dr. H. H. Brown, Obituary . . . . . 125</p> <p>Discoveries of Priessnitz, Historical Sketches . . . . . 129</p> <p style="text-align: center;"><b>E</b></p> <p>Electric Maid . . . . . 16</p> <p>Eyesight, Rules for Preserving . . . . . 19</p> <p>Examine your Tea-kettles . . . . . 32</p> <p>Erysipelas of the Head, Water Application . . . . . 34</p> <p>Eye-bath . . . . . 54</p> <p>Effects of Water in Disease and Insanity . . . . . 142</p> <p style="text-align: center;"><b>F</b></p> <p>Food and Digestion . . . . . 23</p> <p>Food, Innutritious Matter in, Necessary to Health . . . . . 41</p> <p>Franklin on Dreams . . . . . 49</p> <p>Female Weakness, Case of Mrs. Howes . . . . . 87</p> <p>Female Grace and Beauty . . . . . 174</p> <p style="text-align: center;"><b>G</b></p> <p>Graham System, Experiments in the Orphan Asylum . . . . . 89</p> <p>Gem of Science . . . . . 174</p> <p style="text-align: center;"><b>H</b></p> <p>Human Skin . . . . . 21</p> <p>Hemorrhage from Leech Bites . . . . . 25</p> <p>Hydropathic Institution . . . . . 32</p> <p>Howard, his Habits and Opinions . . . . . 42</p> <p>Hysterical Fits, Case of . . . . . 45</p> <p>Hydropathy at Cooperstown, N. Y. . . . . 46</p> <p>Hints to those who wish to Commence the Use of Cold Water . . . . . 56</p> <p>Heartburn . . . . . 83</p> <p>Hand Bath . . . . . 110</p> <p>Hydropathy, Thoughts on . . . . . 156</p>	<p>Health of Females . . . . . 183</p> <p>Hydropathy, Dr. North's Opinion of . . . . . 184</p> <p style="text-align: center;"><b>I</b></p> <p>Insanity, Interesting Case of . . . . . 94</p> <p>Irrigation with Cold Water in Strangulated Hernia . . . . . 26</p> <p>Influence of Air and Exercise in Promoting Strength . . . . . 53</p> <p>Indian Women, Health and Hardihood of . . . . . 62</p> <p>Indigestion, Weakness of Nerves, and Cough . . . . . 155</p> <p>Information for Young Men . . . . . 171</p> <p>Ice applied to Injuries and Burns . . . . . 185</p> <p style="text-align: center;"><b>K</b></p> <p>Keese, Samuel, Letter on Cholera, &amp;c. . . . . 189</p> <p style="text-align: center;"><b>L</b></p> <p>Laws, Violation of . . . . . 37</p> <p>Life Clock . . . . . 1</p> <p>Laws of Health . . . . . 29</p> <p>Letter from Friend Keese . . . . . 122</p> <p>Leaf of Tobacco . . . . . 167</p> <p style="text-align: center;"><b>M</b></p> <p>Mother's Parting Gift . . . . . 8</p> <p>Mercury, Modus Operandi of . . . . . 8</p> <p>Moths . . . . . 16</p> <p>Make Home Happy . . . . . 32</p> <p>Music, Effects upon Martin Luther . . . . . 41</p> <p style="text-align: center;"><b>N</b></p> <p>Never Too Late . . . . . 23</p> <p>Notices . . . . . 47, 95, 111, 126, 143, 169, 176, 191</p> <p>New York Observer on Water . . . . . 78</p> <p style="text-align: center;"><b>O</b></p> <p>Out-Door Exercise for Families . . . . . 151</p> <p style="text-align: center;"><b>P</b></p> <p>Physical Education . . . . . 11, 20</p> <p>Patient . . . . . 19</p> <p>Pregnancy and Childbirth . . . . . 143</p> <p style="text-align: center;"><b>R</b></p> <p>Resemblance to God . . . . . 31</p> <p>Regular Hours, Advantages . . . . . 168</p> <p>Rev. M. Russell, Cases from . . . . . 170</p> <p style="text-align: center;"><b>S</b></p> <p>Sister's Influence . . . . . 31</p> <p>Slippery Ways of Vice . . . . . 32</p> <p>Surgical Operation under Magnetic Influence . . . . . 39</p> <p>Sanitary Condition of Prisoners, Blackwell's Island . . . . . 51</p> <p>Spinal Disease, Remarkable Cure . . . . . 60</p> <p>Small-pox, Treatment of . . . . . 79</p> <p>Scalding, a Case of . . . . . 94</p> <p>Sugar, Syrup, &amp;c. . . . . 107</p> <p>Squire Heath, a Letter from . . . . . 126</p> <p>Sociality . . . . . 156</p> <p style="text-align: center;"><b>T</b></p> <p>To our Patrons . . . . . 17</p> <p>Toothache, and Preservation of Teeth . . . . . 58</p> <p>Tobacco, Effects upon Nerves . . . . . 69</p> <p>Tea, Headache . . . . . 87</p> <p>Tobacco Chewers, and Water-Cure Journal . . . . . 155</p> <p>    Use of . . . . . 173</p> <p style="text-align: center;"><b>V</b></p> <p>Variola, Varioloid, or Small-pox . . . . . 113</p> <p style="text-align: center;"><b>W</b></p> <p>Wyman on Ventilation . . . . . 14</p> <p>What an Old Man Did . . . . . 30</p> <p>Water, Ancient Uses of . . . . . 38, 65</p> <p>Water-Cure Journal . . . . . 40</p> <p>    "    Institutions in U. S. . . . . 62</p> <p>Water . . . . . 97</p> <p>Water, Qualities of . . . . . 98</p> <p>Wash, and be Healed . . . . . 125</p> <p>Water Cure at Cooperstown . . . . . 140</p> <p>Wet Bandages . . . . . 143</p> <p>Water Cure in Illinois . . . . . 157</p>
---	---

# INDEX—VOL. IV.

<b>A</b>		<b>L</b>	
Antiquity of Bathing . . . . .	251	Longing for Particular Food in Pregnancy . . . . .	311
Abstemious Diet . . . . .	293	Letter from a Patient . . . . .	323
Absorption of Drugs and Poisons in the Human Body . . . . .	344	Labor, Dignity of . . . . .	375
Advantages of Fair Sex . . . . .	350	Labor, Undignified . . . . .	378
<b>B</b>		Letter from Graefenberg . . . . .	304
Bathing, and Baths . . . . .	193	Letters to Editor . . . . .	337
"    of Infants and Children . . . . .	208	Lebanon Springs Water-Cure Establishment . . . . .	365
Barrenness, Water in . . . . .	240	<b>M</b>	
Bathing in Advanced Age . . . . .	268	Marriage, its History . . . . .	242
Baths, Mr. Locke's Portable . . . . .	296	Milk, and City Dairies . . . . .	248
Balls at Graefenberg . . . . .	298	Marriage . . . . .	251, 356
Bad Diet in Water Treatment . . . . .	299	Mental Aberration . . . . .	298
Best Drink is Hot Water . . . . .	304	Medical Reform . . . . .	302
Bread, White and Brown . . . . .	326	Mother of Oliver Cromwell . . . . .	303
Bath Tub . . . . .	338	Mesmerism and Express Man . . . . .	334
Bible . . . . .	351	Making One's Self Useful . . . . .	335
<b>C</b>		<b>N</b>	
Corpulency . . . . .	205	Notices . . . . .	238, 252, 307, 336, 366
Confectionary Poisonous . . . . .	221	Nasal and Snuffy . . . . .	319
Crowded Rooms . . . . .	222	<b>O</b>	
Croup, Cold Water in . . . . .	236	Open the Windows . . . . .	335
Cravat . . . . .	492	<b>P</b>	
Calomel . . . . .	326	Physiological Development and Moral Culture . . . . .	190
Conjugal Tenderness . . . . .	333	Pregnancy and Childbirth, Effects of Water . . . . .	242
Cause of Stomach Disease . . . . .	338	Poisons, Calomel, and Depletions . . . . .	270
Chronic Inflammation of the Stomach . . . . .	354	Public Baths . . . . .	275
Case of Fever . . . . .	354	Poison in Cards and Wafers . . . . .	327
Case of Childbirth . . . . .	355	Physiological Effects of Tobacco . . . . .	316
Children, let them Sing . . . . .	361	<b>R</b>	
<b>D</b>		Remarks on Water Cure . . . . .	275
Death produced by Fear of Dying . . . . .	204	Rum Drinkers . . . . .	317
Dr. Branch, S. C., Cases of . . . . .	209	Roswell Cobb, Obituary . . . . .	323
Drunkenness, Insanity . . . . .	223	Reading for the Poor . . . . .	323
Dr. Baynard, 1702 . . . . .	237	Remedy for Typhus Fever . . . . .	324
Diet, Hints on . . . . .	239	Rye Bread . . . . .	325
Domestic Water Treatment, Cases of . . . . .	252	Religious Monomania . . . . .	329
Diagnosis of Nervous Diseases . . . . .	264	<b>S</b>	
Dr. Carpenter and the Hydropathic Treatment . . . . .	267	Scrofula, Bathing, &c. . . . .	218
Dr. Schiefedercker . . . . .	260	Still-born Infants, Resuscitation . . . . .	238
Diet, with reference to Longevity . . . . .	283	Salt . . . . .	244
"    Prolificness . . . . .	286	Suppressed Perspiration Cause of Disease . . . . .	272
Death from Drinking Cold Water . . . . .	297	Scolding . . . . .	307
Drugs, Decrease of Sale . . . . .	298	Society at Saratoga . . . . .	332
Death by Drugs . . . . .	298	Smoking . . . . .	361
Dysentery . . . . .	301	<b>T</b>	
Dying . . . . .	317	Teeth, a New Work for . . . . .	412
Death of Dr. Combe . . . . .	322	Teeth, Cause of Irregularity and Decay . . . . .	213
Diabetic Reform . . . . .	362	Tobacco, Diseases from Immoderate Use . . . . .	216, 220, 294
Dead Man Dining . . . . .	364	Tobacco, and Use and Abuse of Noses . . . . .	245
<b>E</b>		Temperance . . . . .	260
Effects of Light and Heat . . . . .	209	Teeth, Dr. Burdell on . . . . .	278
Exquisites . . . . .	268	Tight Lacing . . . . .	300
Eating . . . . .	322	Thoughts on Health . . . . .	301
<b>F</b>		Tobacco, What to do with it . . . . .	325
Foot Bath . . . . .	220	Tight Lacing and Red Noses . . . . .	320
Food, Animal and Vegetable . . . . .	260	Tartar on the Teeth . . . . .	330
Facts of Chemistry and Domestic Economy . . . . .	310	Tobacco, Who Suffers Most from ? . . . . .	331
Food for Children . . . . .	321	Tea, Chemical Analysis of . . . . .	361
Fresh Air . . . . .	323	<b>V</b>	
Fashionable Lady's Prayer . . . . .	351	Vegetable and Animal Food . . . . .	292, 254, 295
Farewell to Graefenberg . . . . .	356	Vaccination . . . . .	252
Flesh Eating and Vegetable Eating . . . . .	360	Ventilation of Sleeping Rooms . . . . .	270
<b>H</b>		Ventilation, and Effects of Breathing Bad Air . . . . .	275
Home Facts in Water Cure, by J. A. Spear . . . . .	214	Vegetable Diet, Experience of Dr. Alcott . . . . .	309
Howard, Experience of . . . . .	246	Vegetables vs. Flesh for Food . . . . .	309
Home Facts in Water Cure . . . . .	269	Vapor Baths in Russia . . . . .	334
Hydropathy . . . . .	280	Ventilation . . . . .	360
Healthy Children . . . . .	306	<b>W</b>	
Hints for Parents . . . . .	307	Water Cure at Sea . . . . .	211
High Heels, Injurious Effects . . . . .	320	Water-Cure Establishment, Northampton . . . . .	224
Home . . . . .	332	Water of Wisconsin . . . . .	246
Hard Case of Drugging . . . . .	335	Word to Invalids on Water Cure . . . . .	262
<b>I</b>		" Was it Providence ?" . . . . .	280
Influence of Intoxicating Agents on the Mind . . . . .	232	Why so much Disease among us ? . . . . .	285
Intemperance, Causes of . . . . .	318	Water Cure . . . . .	235
Is it Right ? . . . . .	333	<b>J</b>	
<b>J</b>		J. C. Jackson's Letter . . . . .	356