

CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILOSOPHIES
INSTITUTE OF PSYCHIC RESEARCH

Voice of Astará

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MEDITATIONS ON JESUS, THE CHRIST

by Swami Parampanthi

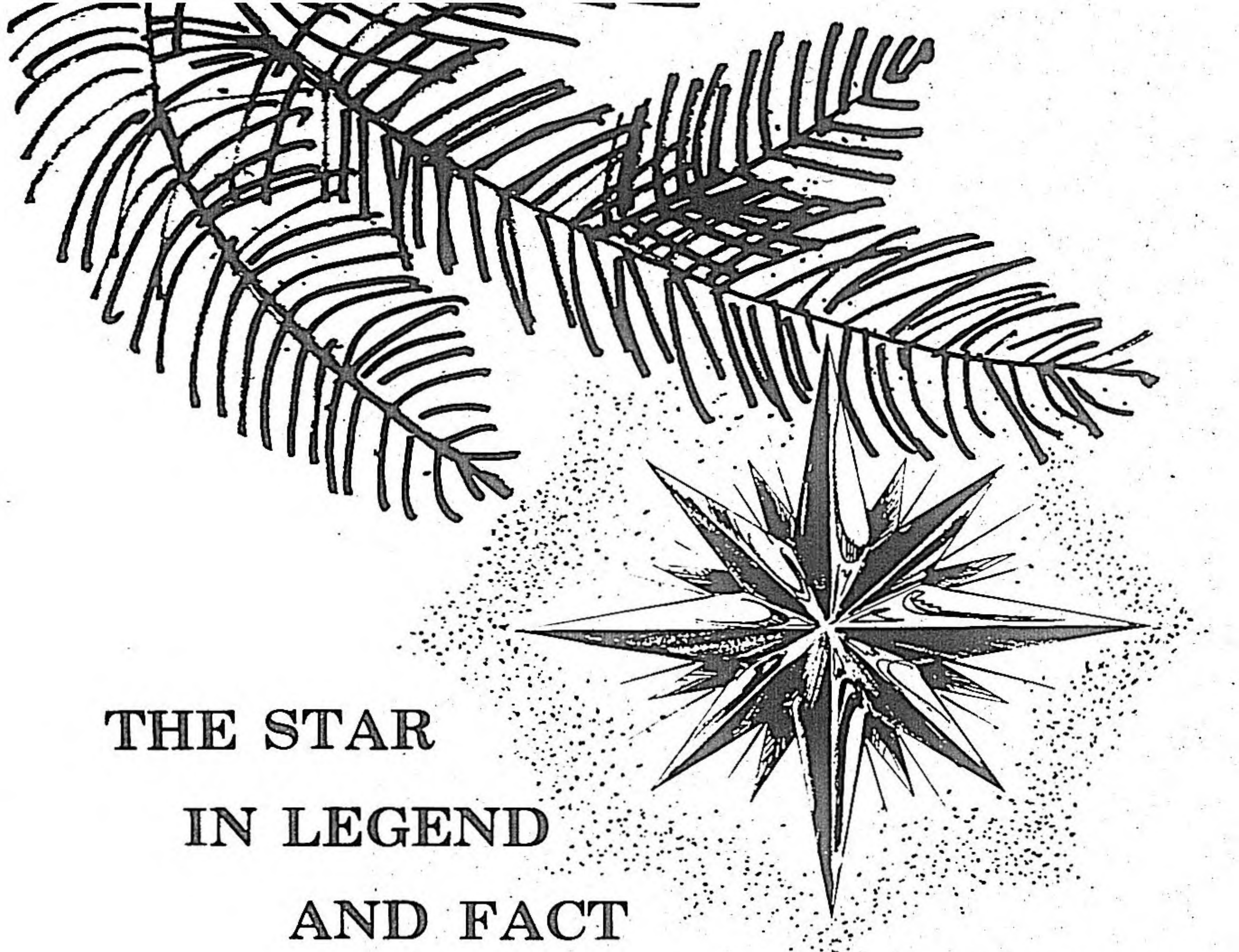
As the Holy Season draws near and as we enter into the spirit of Christmas I begin my meditations on Jesus. Let me share with you the fruits of my contemplation.

In the life of Jesus we clearly discern the Self-manifestation of God. The link of Jesus with God is complete and unbroken. The unconditioned divinity of God is present in the actions and teachings of Jesus. Yet, Jesus, the man, stands out like a lonely tower whose foundations are rooted in human values. In the sacred drama of his life the human and the divine, the earth and the heaven, the mystery and the explicit of God are fused into a magnificent unity.

Jesus is the Self-transparency of God and man, abolishing the conflict and the gulf between God and man. He is the expression of God — "a window into God at work." Jesus renounces his finitude; and by his total surrender to God "he is nothing in himself," but is sovereignly divine in his God-being. In this sense, he brings the living God face to face with man with a supreme certainty. In him man faces irrevocably the inescapable God. That is why, like a pillar of fire, his presence moves, warms, consumes, disturbs, and directs mankind to the way of salvation.

Jesus as a man is a heroic figure whose promise is baptised by wisdom, and whose mission is touched by the light of hope and redemption. He is not deceived by the momentary adoration of the masses, by the hypocrisy of the priests and by the weaknesses of his disciples. His awareness is untouched by resentment. He foresees the

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THE STAR IN LEGEND AND FACT

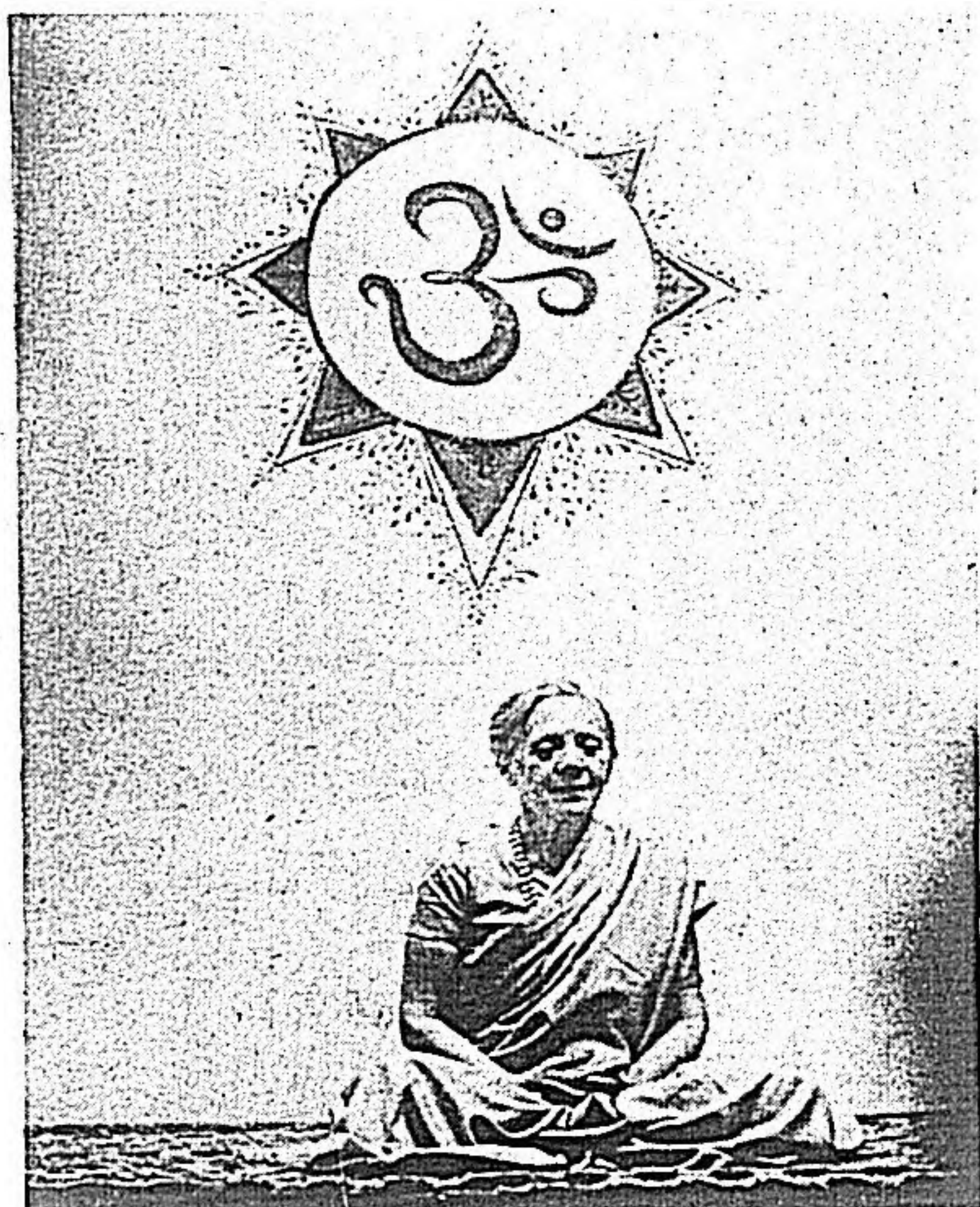
The star is one of the most prolific of all spiritual symbols, being found in all the great religions.

In ancient Persia, long before Christianity, a star was seen by shepherds and Magi and is said to have heralded the birth of Mithras, the Sun God. He was believed to have emerged from a rock three days after the winter solstice, which would have been approximately December 25 on the Christian calendar.

Metaphysically, the stars are said to signify revelations of truth which are still somewhat in the distance and have not yet come fully to birth in one's consciousness. When a truth does emerge to clarity and significance in the consciousness, it heralds a birth of a new and greater facet of consciousness. It points the way to the Wise Men, or one's highest thoughts, carried from incarnation to incarnation.



FUTURE LODESTAR SEMINARS



The famed yoga teacher and author, Indra Devi, will conduct a Lodestar Seminar January 17. The location will be announced later. Indra Devi, the author of *Yoga for Americans*, *Forever Young—Forever Healthy*, and other best sellers on yoga, is the founder of the SAI Yoga Academy at Tecate, Mexico.

In February, our seminar instructor will be Swami Satchidananda, author of *Integral Yoga Hatha*. The date and location of this seminar will be announced.

Make reservations for these and later seminars (we plan one each month) with registrar Rodolfo Silva. The tuition fee for each seminar is \$12.50 per person, \$7.50 for a second person in the same family.

VOYAGE OF THE U.S.S. — UNIVERSAL SPIRITUAL SELF

by C.A. Wilson

Use your imagination and envision yourself a U.S.S. — Universal Spiritual Self — voyaging upon this vast, infinite Sea of Life. You've set sail on a great adventure, where a magnificent course of destiny, mysterious and marvelous challenges and exotic ports await you out there, somewhere beyond the boundless horizon ahead.

Your journey has already brought you farther than you may realize. And, despite all the rough seas and stormy weather you've somehow managed to surmount, the greatest of the Sea's rugged waters are still to come. There are those irritating periods of apprehension when you may feel you've surely been tossed off course and set adrift with no landmarks in sight, perhaps aimlessly spinning in endless circles, caught up in a gigantic whirlpool.

Or, just when you seem to be progressing on an even keel for a change, up pops an ominous clipper directly into your path, a Jolly Roger flying from its mast. A frightful crew of howling, sword-swinging, pirates wait in readiness to pull alongside and storm aboard. Whew! It's enough to shiver anyone's timbers!

A frantic Helmsman oversees the U.S.S. from the bridge, usually shouting orders and scampering about, determined to keep the ship moving on course smoothly as possible. Known as Free Will, he directs the U.S.S., a command he faces with determination.

Frankly, the Helmsman feels he's been dealt a bad hand — too much

Continued on Page 13



An Astarian in Need Never Walks Alone

He healeth the broken in heart, and bindeth up their wounds. (Ps. 147:3)

Dear Robert:

It was definitely a miracle which transpired after I called you to place my wife's name (Verna) on the healing list.

Last February, my wife had an examination for a lump she had on her breast. The doctor in Ohio said there was no lump and she could allay her fears.

We moved back to Florida about June 1st and the lump seemed to grow. We made an appointment with a local doctor, who after breast scanning notified her that the lump was malignant and that a mastectomy would have to be performed and that they would endeavor to eliminate any further spread.

I immediately called you for prayers. The mastectomy was performed and the pathological report was negative. Our physician said God had to have played a big part. We know, Robert, you and those at Astara, through your prayers, a miracle had happened.

Member Astarians in our group also offered their prayers. Again, Robert, may God enable you to continue in your wonderful service. May God bless you, Earlyne and Sita forever.

God's love to all.

Sincerely,
J.W.G.

Nokomis, FL. 33555

P.S. Verna is doing fine and she will be home Tuesday, Aug. 4.

To Drs. Earlyne & Robert:

Thanks so much for your prayers on behalf of my mother, Jessie L. Slade.

For months she had been suffering from diarrhea. Three weeks ago, she was hospitalized for examinations. I sent in a prayer request. Upon receiving notice from you that you were praying for her, I prayed also with your note in my hand. I have continually joined you, as you have directed, in my meditations. Shortly after receiving your note, my mother's bowels became normal. She told me she felt it was a miracle, because, since being in the hospital, she has not had any medication to curb the diarrhea. Yet, after months of suffering (since last March) she suddenly feels fine.

Only after she had made her observation, did I tell her of Astara's prayers for her. Thank you very much.

D.W.B.

Houston, Tx.

Dear Robert and Earlyne:

This letter is to thank you all for your help in my healing. About one or two months ago, I sent in a healing petition. For some unknown reason I had developed an incredible itching on both my legs. My doctor could find no good reason and I had to take medication for relief. Each time I ceased medication, the itch would return.

I stopped taking the medication and took the healing petition in my hands. Within minutes of prayer and meditation the itching eased up. Within 4 days the itching ceased and has not returned. God Bless You. I thank you both. My thanks go also to God and his healer, Zoser.

Love, a faithful Astarian
H.G.
Torrington, Conn.

Continued from Page 1

future, and walks his way to crucifixion and eventual resurrection with the full knowledge of coming events and with a serene mind.

The uniqueness of his destiny is to bring God completely to human situations. He often prefers to call himself "the son of man." His mission is to proclaim unequivocally man's divinity, and to stand before man as the fulfillment of that proclamation.

Jesus is unique in his non-possession. He has no specific occupation, no earthly security, no promise of the future, no house to live in, no church to speak from, no organization to back him. He has no interest in politics. He wanders, teaches, and heals. He seeks no position, no respectability, no honor. He is devoid of all ambitions. He does not condemn. He is above jealousy, envy, hatred, greed, conflict.

He breaks the traditional laws of the land, yet he is not a revolutionary. He is a mystic in the battlefield of life. He is a heretic among the orthodox people; he is a non-conformist. He interprets the scriptures with astonishing ease. He upholds the heart over the head, sincerity over hypocrisy, the gentle, self-effacing, and spiritual values over the might and pomp of the material world.

Jesus reveals astonishing authority and lives in utter simplicity. He is the poet of the spirit; his words ring out with a soothing music, and often roar like the thunder. He reveals superhuman courage in the face of great calamity. He is self-effacing, yet he is always at home with himself. He only praises God to Whom he is unwaveringly faithful unto death. He is consumed by his abiding oneness with God. Love

is the axis of his life; love is the foundation of his teachings. In love Jesus touches simultaneously the valley of humanity and the bliss-lit summit of God.

Therefore, Jesus is the expression in depth of the divine in man. He is a window into God at work. In him God and man are united in their underlying Ground and Essence. The call of Jesus is the call of Eternity and God. The sincere response to this call and a heroic participation in the life of God and Jesus will reconcile man with Jesus and God. This, then, in my humble contemplation, is the central theme of Christmas and its true spirit. May our deepest aspiration be fulfilled in this Holy Season.

Have an enlightening Christmas and a truly fulfilling New Year!



WEDNESDAY CLASSES

Do you ever wonder about the *Angelic Kingdom*? Who they are . . . What their influence is upon you . . . Whether you have your own *Guardian Angel* . . .

And the *Nature Kingdom*? What the *Devas* are . . . And their relationship to the *Elementals* . . . Their effect upon growing things, upon the weather, upon our state of mind.

Then come to December's Wednesday Classes at 1:15 and again at 7:45 p.m.

Learn, too, about the *Birth of Christ* . . . The Christ within . . . The true esoteric meaning of *Christmas*.

Join Jacelyn Eckman on December 3, 10 and 17 for a *Christmas Revelation*. Donation.

Light & Life

By Jan and Alan Pearson Created with Earlyne Chaney

COOKBOOK

The **Light and Life Cookbook** contains forty days of complete menus — breakfasts, lunches, dinners — all nutritionally balanced for providing the greatest possible amount of food value.

Each day's menu leads you a step further toward the healthiest vegetarian regime, but allows you to stop at any point most appealing to you. You can become a "not-quite" or an "all-the-way" vegetarian according to your personal inclinations. Even if you do not wish to be a vegetarian, these dishes will be a welcome relief from the high cost and boredom of meats.

There are dining room tested recipes for all the menus. The recipes are for servings of from one to four persons, easily reduced or increased depending on the number to be served. Natural, healthy ingredients are featured throughout.

Seeker's discount price \$6.60.



Jan and Alan Pearson admire the first copy of the *Light & Life Cookbook* which they authored.

ABOUT REMEMBERING



3500 WESTERN AVENUE, HIGHLAND PARK, ILLINOIS 60035
TELEPHONE: 433-4550 AREA CODE 312

May 1, 1975

Dear Earlyne:

We were so pleased to be able to present to the readers of FATE Magazine the excerpt from REMEMBERING which told of your search for life after death following the plane crash and death of Marvin. We felt that this was particularly interesting to our readers, most of whom are on a search of their own.

I do confess that it was difficult to cut even this one chapter down to a length we could use, as it -- like the rest of the book -- is beautifully and sensitively written. It was with the hope that all FATE readers would read REMEMBERING in its entirety that we gave them this taste of a fascinating book.

Our very best to you and Bob,

A handwritten signature in cursive script that reads 'Mary'.

Mary Margaret Fuller
Editor



Curt and Mary Fuller,
Publisher and Editor
of FATE Magazine

ASTARA's Book List

ASTARA

I. Fill in the Petition.



Earlyne Chaney whose quest for truth led through Hollywood to world-wide prominence as a teacher of mysticism.

Remembering

THE AUTOBIOGRAPHY OF A MYSTIC

By Earlyne Chaney

REMEMBERING is . . . a story of life after death . . . and love beyond death . . . the story of a quest for a love from a past life whose eyes haunted her dreams . . . of contact with a Great Being from the Other Side whose influence brought illumination to one in search of Light.

Do you believe unseen beings guide our lives?

Do you believe unseen beings sometimes guide and guard those whose destiny is marked for greatness? *Remembering* tells of such a being — his appearance and his prophecy to a girl whose search for God led her away from orthodox religion and into mysticism . . .

Do you believe in life after death?

Do you believe our loved ones can, under certain circumstances, return to bring solace and guidance to their bereft? *Remembering* tells of the pilot whose death in a plane crash changed the life of this same girl — how she turned from a career as a movie actress to search for the meaning of life and death and immortality. And how he returned to tell her he still lived . . .

Do you believe you have lived before?

. . . and that you can dream dreams of the one whose love endured from the past? *Remembering* tells of the girl's lonely search for the beloved and how the pilot, from the Other Side of life, guided her to find the eyes that haunted her dreams.



Robert Chaney whose love, haunting her dreams of a long-ago life, guided her way into a new light.



Cpt. Marvin Moore the pilot who pierced the veil of shadows to tell of continued life.

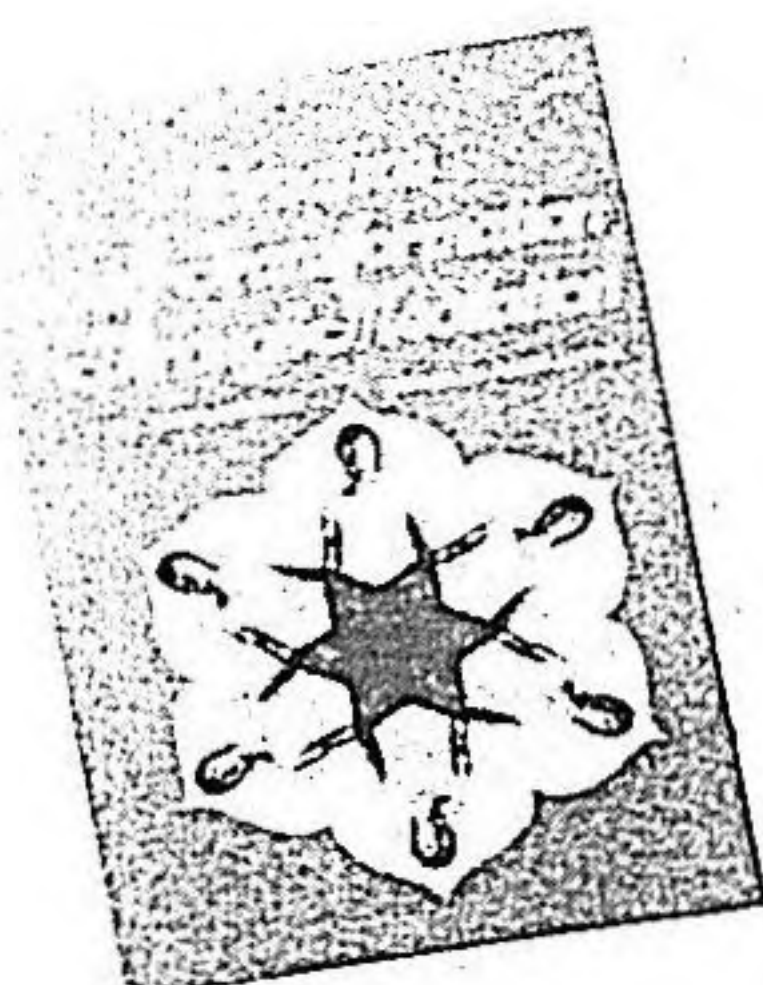
This autobiography of a mystic is a true story of life from a humble beginning to a film career, then to eminence as one of today's outstanding authors of mystical teachings whose writings are sought by mystical seekers the world over.

Remembering by Earlyne Chaney is a life-changing experience. A journey through its pages is an upgoing path into the starmists of your own soul searchings, vague rememberings of other lives, other loves, other hopes, your own yet-to-be dreams.

"In *Remembering Earlyne Chaney* demonstrates through a recounting of her own life how a movie star from Texas evolved into a mystic."

—Brad Steiger, author of *Mysteries of Time and Space* and *Revelation; The Divine Fire*.





CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

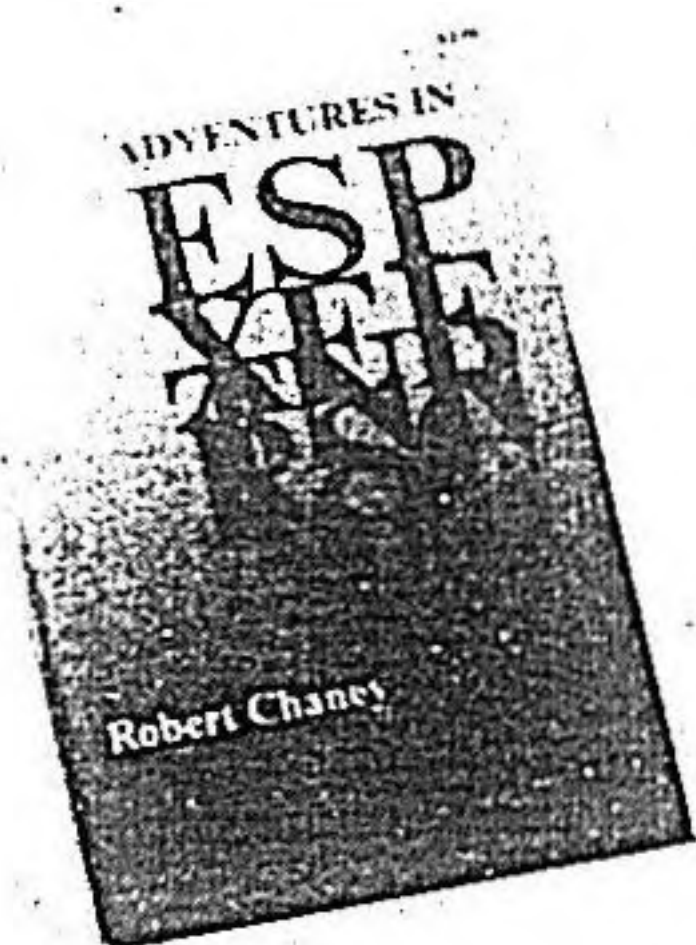
by Swami Parampanthi

A SIX WEEK COURSE

... Change yourself in a creative way, bring forth your inner potentials, go directly to the source of your highest inspiration creativity ... your own inner being.

Swami Parampanthi helps you discover you've actually been meditating all your life — and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. To gain spiritual insight, or to become more creative, competent or capable, or to achieve scores of personal benefits, **Creative Self-Transformation** offers you the path towards greater success, self-realization and fulfillment.

If you want to be your real self, use the order coupon for **Creative Self-Transformation**, a treasury of instruction on the world's oldest and most helpful personal science.



ADVENTURES IN ESP

by Robert Chaney

Could you use a time-tested formula to improve your intuition? Would you like to focus your inner sight on visions of other dimensions, or on scenes a thousand miles away? Or know the history of an object, simply by touching it?

Adventures in ESP is a fascinating guide to unexplored areas of your inner being ... areas that become revealed to the Aquarian Age person.

Here is a book of New Age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life ... to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

Adventures in ESP is a concise, compact instruction manual to help you develop, use and apply ESP in your everyday affairs.

PROBABILITY OF THE IMPOSSIBLE

(Reg. \$10.00/Members' price \$9.50)

By Dr. Thelma Moss. From experiments and research in locations around the world, scientists are finding that some of the oldest primitive beliefs are verified, and that "ordinary" people often are gifted with psychic powers.



INSIGHTS FOR THE AGE OF AQUARIUS

(Reg. \$7.95/Members' price \$7.50)

By Gina Cerminara. A scientific analysis of the problems of religion. Her humor and insight show the reader how to overcome problems of doubt, fear and intolerance by putting them into a proper perspective.



Astara

261 S. Mariposa Ave. • Los Angeles, Calif. 90004

Each price on this order form reflects the 5% discount allowed on each title. All sales are final. No refunds or exchanges.

Please allow at least three weeks for delivery in the United States.

CHECK BOX BELOW WHEN ORDERING

- | | |
|--|--|
| <input type="checkbox"/> <i>Remembering—The Autobiography of a Mystic</i> \$8.50 | <input type="checkbox"/> <i>Insights For the Age of Aquarius</i> \$7.50 |
| <input type="checkbox"/> <i>Adventures in ESP</i> \$3.75 | <input type="checkbox"/> <i>Escape into the Psychic Kingdom</i> \$2.80 |
| <input type="checkbox"/> <i>Creative Self-Transformation Through Meditation</i> \$3.75 | <input type="checkbox"/> <i>You Are Not the Target</i> \$2.85 |
| <input type="checkbox"/> <i>Light & Life Cookbook</i> \$6.60 | <input type="checkbox"/> <i>Spiritual Unfoldment I</i> \$2.40 |
| <input type="checkbox"/> <i>Probability of the Impossible</i> .. \$9.50 | <input type="checkbox"/> <i>Spiritual Unfoldment II</i> \$3.30 |
| | <input type="checkbox"/> <i>Path of the Soul</i> \$2.85 |
| | <input type="checkbox"/> <i>Sunrise</i> \$1.90 |

Number of books ordered Amount \$ _____
California residents add 6% tax \$ _____
Total amount of this order \$ _____

SEND TO

Name (please print) _____

Name and number of street _____

City _____

State _____

Zip Code _____

ESCAPE INTO THE PSYCHIC KINGDOM

ESCAPE INTO THE PSYCHIC KINGDOM

(Reg. \$2.95/Members' \$2.80)

Patrick Mahony, an authority on the supernormal, teaches how to expand the inner life and develop ESP.



YOU ARE NOT THE TARGET

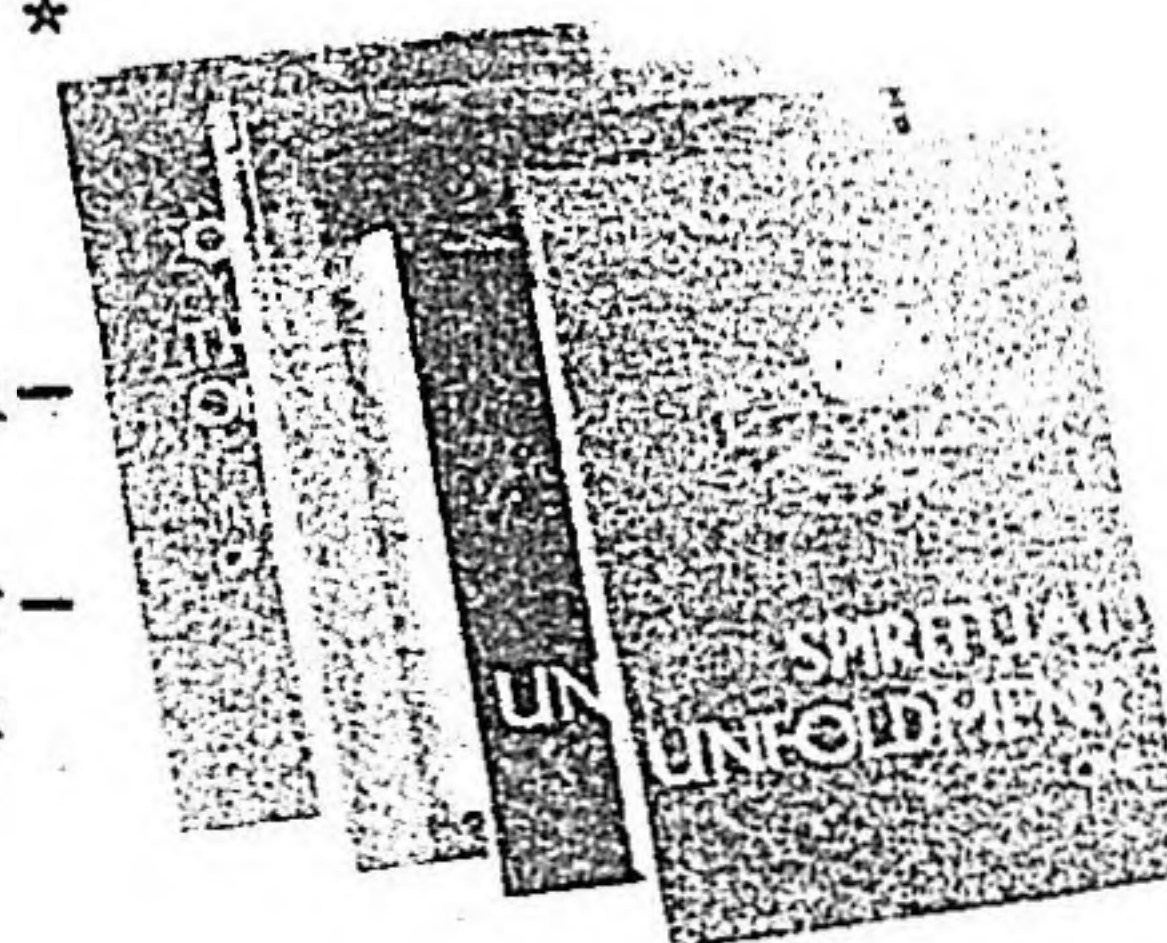
(Reg. \$3.00/Members' \$2.85)

Laura Huxley gives many recipes for living and loving that are for anyone who wants to find harmony within the many sides of his personality.

* * * * *

WHITE EAGLE TITLES

These beautiful teachings, channeled through Grace Cooke, make wonderful gifts of inspiration and upliftment.



SPIRITUAL UNFOLDMENT I (c).... \$2.40

White Eagle's sound, practical advice and guidance on how to develop psychic and spiritual gifts, including healing.

SPIRITUAL UNFOLDMENT II (c)... \$3.30

Describes the nature and the work of man's unseen companions of the fairy and angelic kingdoms, and how he can train himself to see and co-operate with them.

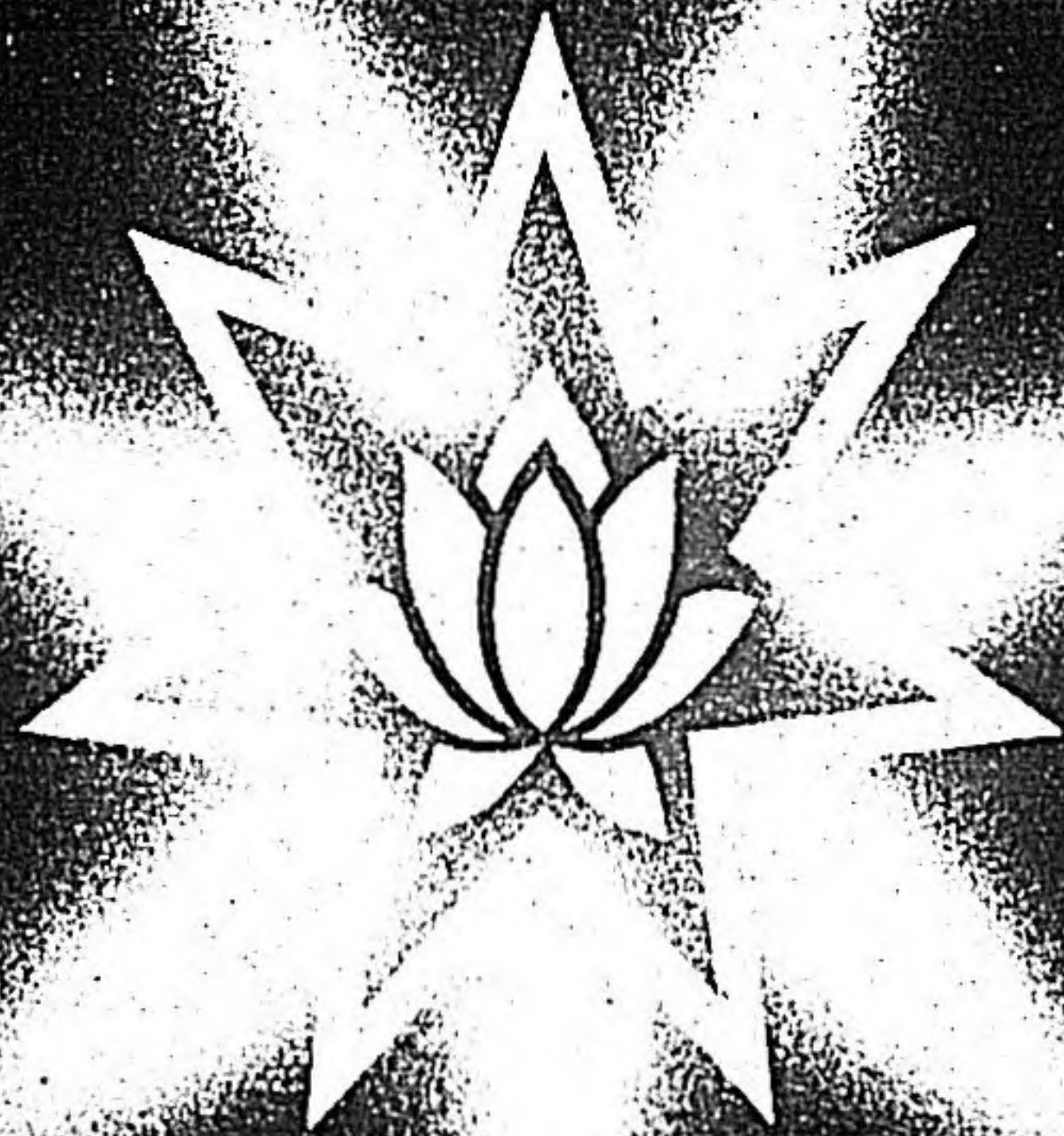
PATH OF THE SOUL (c)... \$2.85

The great soul tests or initiations undergone by every soul on its journey towards the "man made perfect".

SUNRISE (c)... \$1.90

The nature of the life beyond, and how man, while on earth, can build a bridge between the two worlds so that death cannot separate him from those he loves. A book to comfort and inspire.

ASTARIAN healing petition



1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

for the following difficulty: _____

NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .

Nothing but good can come to me . . .

Nothing but good shall go from me . . .

I give thanks!



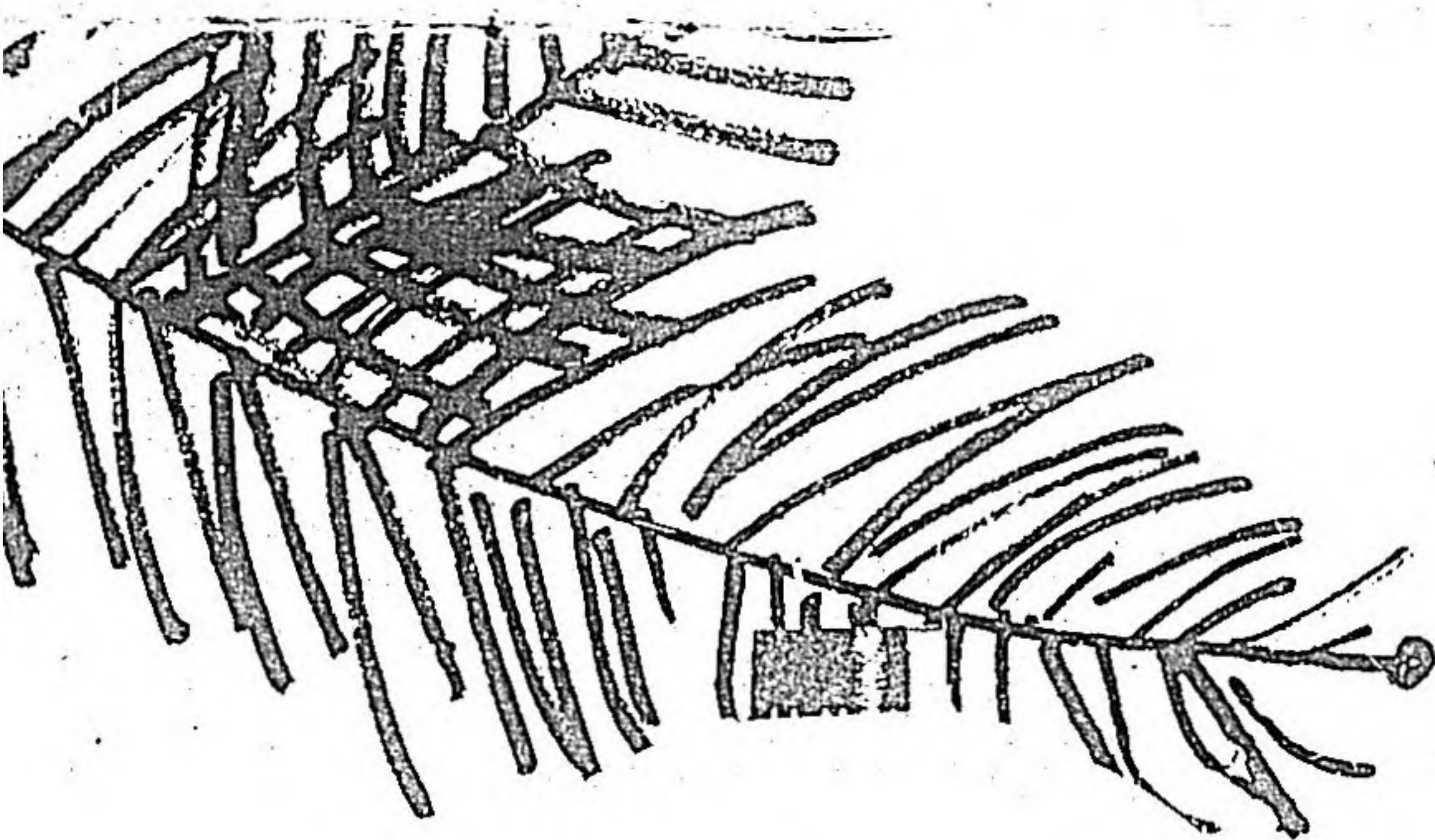
Stamp



261 South Mariposa Avenue,
Los Angeles, California 90004

City _____
State _____
Zip _____
Street _____
Name _____

FROM:



Season's Greetings

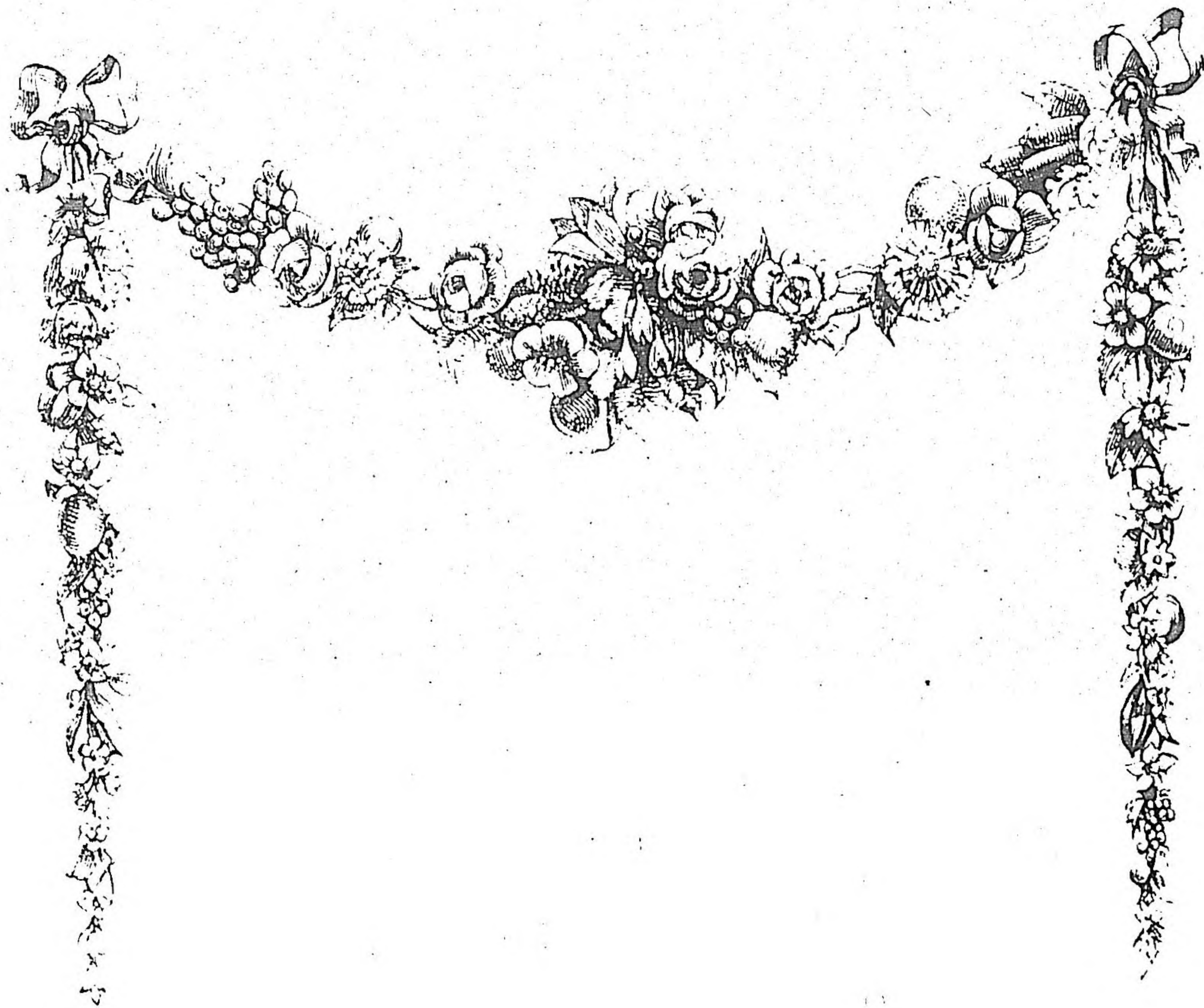
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Astara

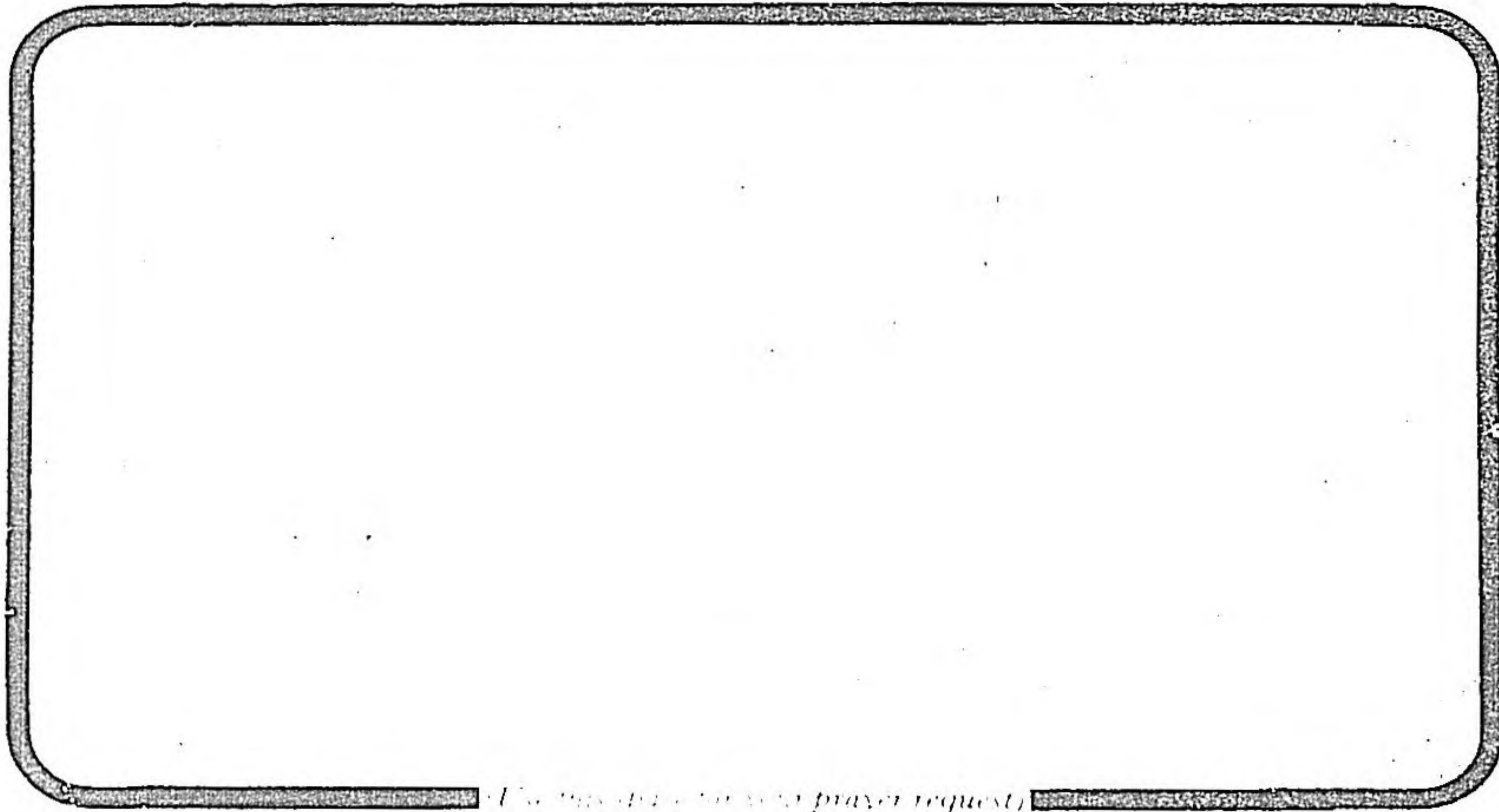
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Chaney's





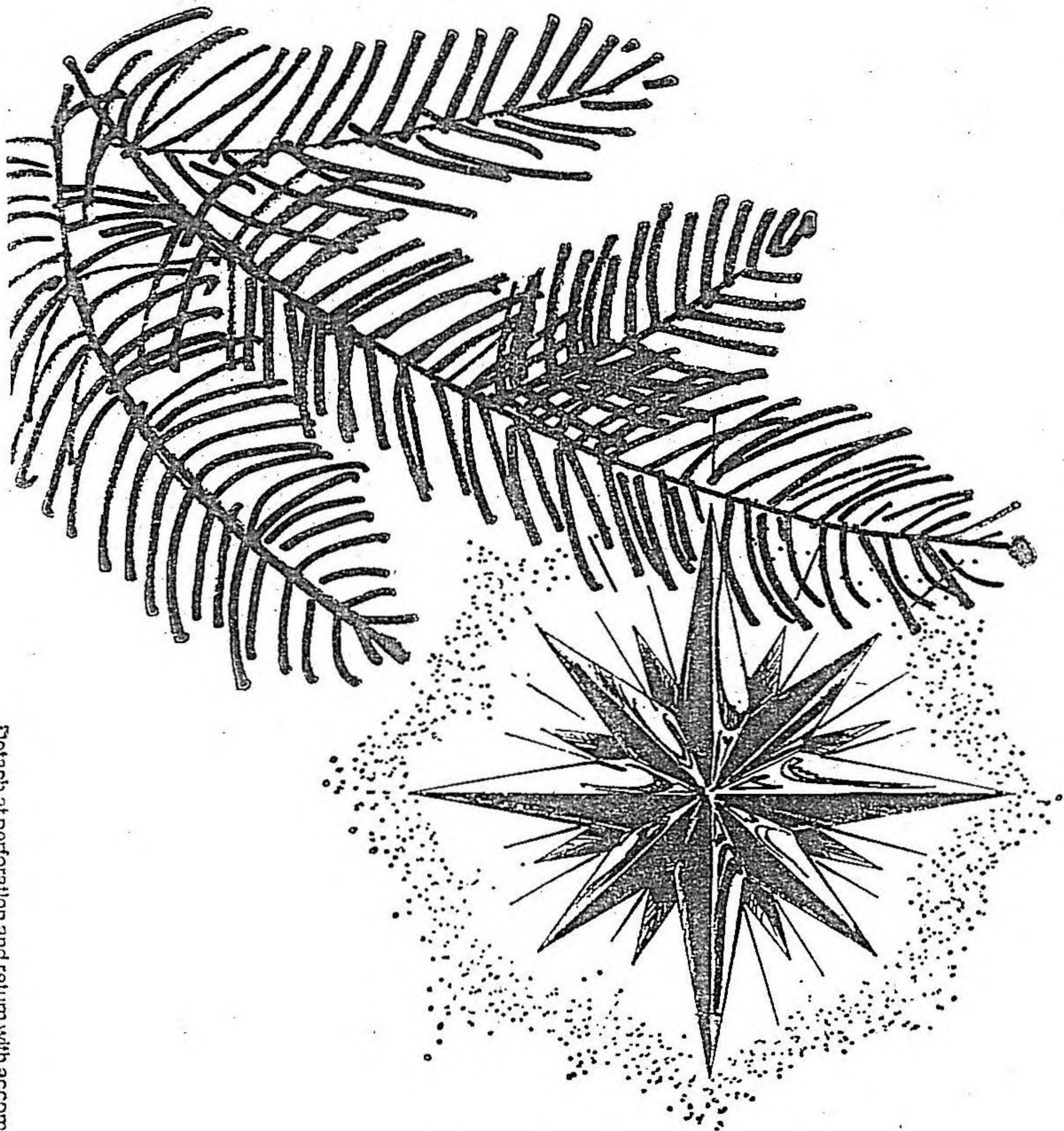
My Astara Christmas Prayer Card



Use this space for your prayer request.

To Participate In Astara's Christmas Observance

1. Detach the Prayer Card at the perforation.
2. On the card write a brief description of your greatest desire or greatest need for 1976 and sign your name.
3. Hold the card between your hands in prayerful meditation for as long as you are inspired to do so, while concentrating on your desire or need.
4. Mail your card to Astara immediately. Robert, Earlyne and Sita will place it in the manger during Astara's Christmas service, and direct attention to it regularly throughout the year.
5. If possible, on Sunday, December 21, from 11:00 a.m. to 12:00 P.S.T., or its equivalent wherever you reside, engage in meditation and attempt to become attuned mentally and spiritually to Astara's Christmas observance.

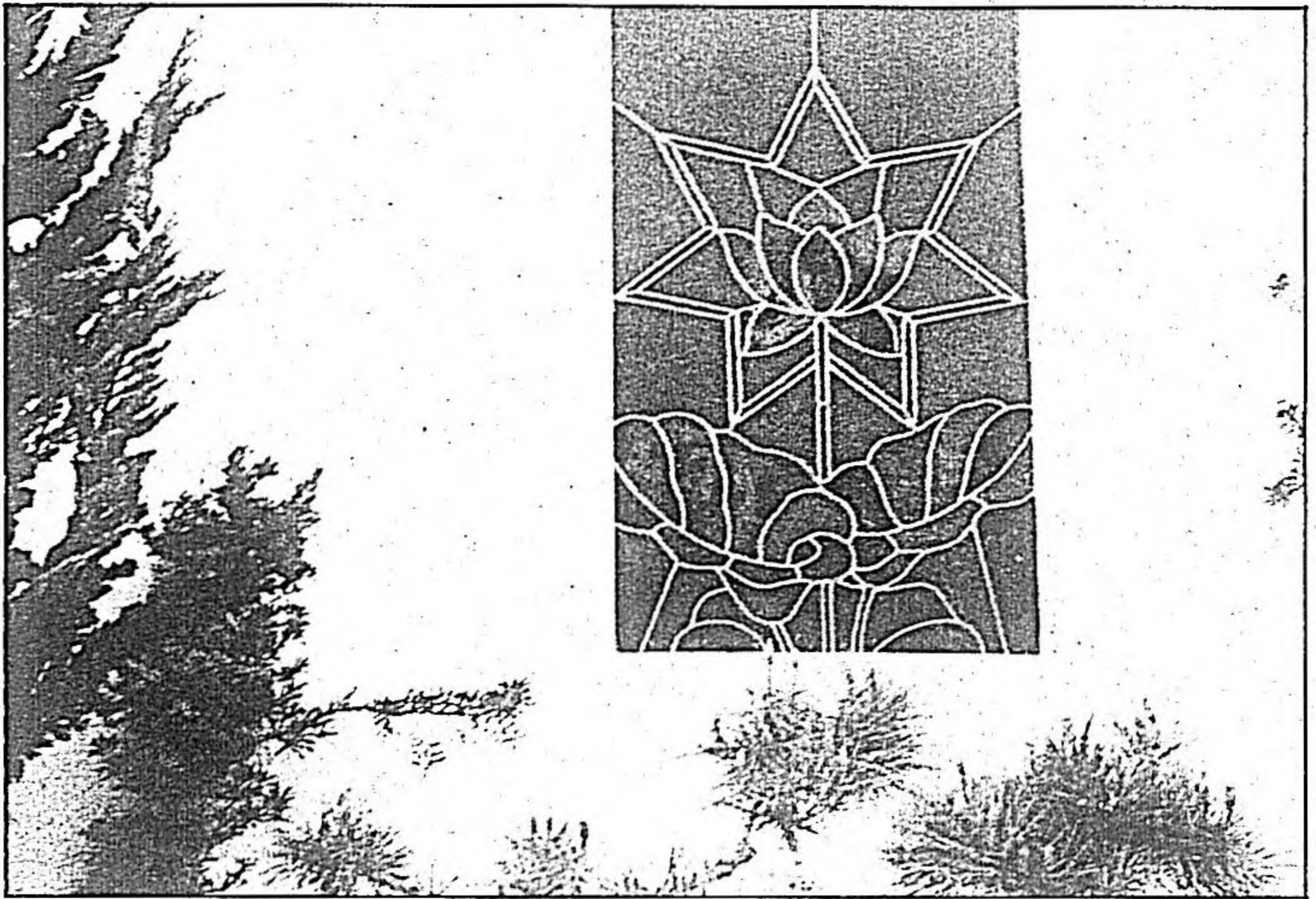


The story is that one dark night a Star appeared in the heavens. It guided the wise and the ignorant, the rich and the poor, the proud and the humble to a Birth-place.

Because of the heritage we have received from that Star, a rich legacy of fact and fiction, of annual tradition and a glimpse beyond time, we tend to overlook an important truth.

There are hundreds of guiding stars in our lives. A word here, a thought there. A book, a poem. A friend, a song. A Place of Light.

If Astara . . . a Place of Light . . . is in some way a guiding star for you, won't you add to the brilliance of its rays by sending a Starlight Gift to its general fund at this Holy Season.



Earlyne & Robert Chaney
Astara
261 S. Mariposa Avenue
Los Angeles, California 90004

Astara is a Place of Light for me and I want to help it
continue to be so, not only for myself but for others too.

I enclose a Holy Season, Starlight Gift of \$_____.

Name (please print)

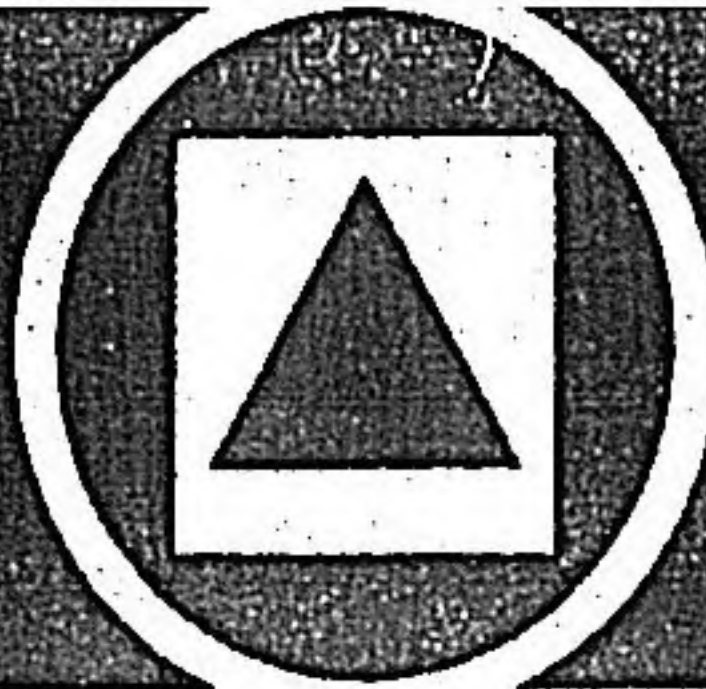
Street & Number

City

State

Zip Code

request for cosmic help



CIRCLE of the SECRET seven

On this petition write clearly and briefly the nature of your need, then sign below.

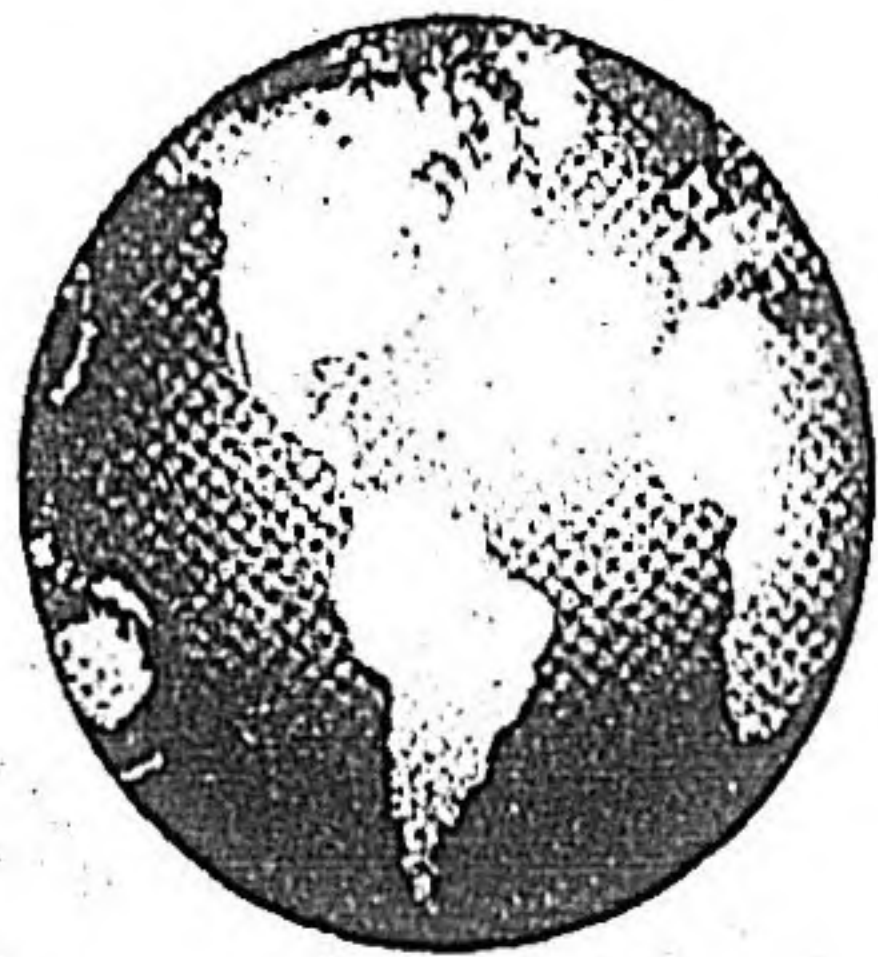
Meditate with it a few moments before sending it to Astara.

Name

Address

All communications on this sheet are held in the strictest confidence.

Astara 261 South Mariposa Avenue Los Angeles, California 90004



Give us, O God, the vision which can see Thy love in the world in spite of human failure.

Give us the faith to trust Thy goodness in spite of our ignorance and weakness.

Give us the knowledge that we may continue to pray with understanding hearts, and show us what each one of us can do to set forward the coming of the day of universal peace. Amen.

Astronaut Frank Borman's Prayer for Mankind, Beamed 230,000 Miles from Moon to Earth, December 25, 1968



BUILD STRONG BRIDGES OF LIFE

The bridge builder makes communication possible between two points usually separated by an obstacle, such as a river or a chasm. To construct a worthy project he sets three goals:

1. Find a solid foundation
2. Use strong materials
3. Erect a structure that resists time and wear

You are building bridges constantly . . . bridges that span the chasm between material and spiritual realms, bridges that enable you to cross the torrents of everyday life safely and successfully. The same three goals should be considered.

Astara's Degree Lessons provide a solid foundation of mystical knowledge, they offer sustaining ideas which are easily blended into a harmonious structure, capable of helping you express your potentials in any situation you meet.

Use the Continuation Request Form on the reverse side for additional Astarian lessons.

***A STRONG BRIDGE
INSURES
A SAFE PASSAGE***

Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S.

For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.



Astara 261 South Mariposa Avenue • Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose \$4. Send next two Lessons.
- ☐ I enclose \$7.80 for four Lessons.
Send 2 each month. (saves 20c)
- ☐ I enclose \$11.40 for six Lessons.
Send 2 each month. (saves 60c)
- ☐ I enclose \$14.80 for eight Lessons.
Send 2 each month. (saves \$1.20)
- ☐ I enclose \$18 for ten Lessons.
Send 2 each month. (saves \$2.00)
- ☐ I enclose \$25 for fourteen Lessons.
Send 2 each month. (saves \$3.00)
- ☐ I enclose \$38 for twenty-two Lessons.
Send 2 each month. (saves \$6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

- ☐ Please send the Lessons I have requested via First Class mail. I enclose an extra 50c for each two Lessons (50c for 2; \$1 for 4; \$1.50 for 6, etc.)


Name (please print) _____

Street & No. _____

City _____

State _____ Zip _____

- ☐ Check here if new address since your last order.



A VISIT WITH ROBERT

December 1975

Dear Fellow Astarians:

Someone once wrote that stars are guiding lights, not to be reached but to remain in the heavens to help us know in what direction we are moving.

It's a nice thought -- a helpful thought -- yet present day events are disproving it. We're actually beginning to touch the stars, and examine them close at hand, with those remarkable extensions of our own senses -- satellites -- that see and hear and feel millions of miles away.

It's a most remarkable achievement, and does indeed add another "sign" to the many indicators of the New Age. But, to me, what is done outwardly, scientifically, mechanically and electronically, is far less important to the New Age than what is done inwardly, emotionally, mentally and spiritually.

The Inner Star -- that's the one we must

come to know. The Star that guides the mind to the manger in the heart where the Christ Consciousness is radiant, even in its inner infancy. The Star that you come to know warmly and intimately. The Star with the Light that liberates as well as guides.

The arrival of this Inner Star in the heavens of your consciousness may very well be one of the most important events of your life. It leads you to a kind of birth that really has little to do with babyhood, except for the implied qualities of simplicity and innocence. Its more important significance is that of a fresh beginning, ready to experience, absorb and be enlightened by each new situation now being encountered.

Let this Inner Star shine brightly for you during this Holy Season -- then let its radiance continue to brighten your life during the entire year ahead. And one thing more -- let its rays be enhanced with the very best wishes of Astara's entire staff, Earlyne, Sita, and ...

... your fellow Star-gazer,

Robert



ASTARIANS WRITE

O Astar!

When I need a lift your literature arrives. You are there.

When I am depressed you are there to shine into the dark places.

God works through you to reach us little people when we need an extra portion of His love that we can't absorb by ourselves. You are there.

You are a profoundly beautiful conductor of the love of God.

Thank you.

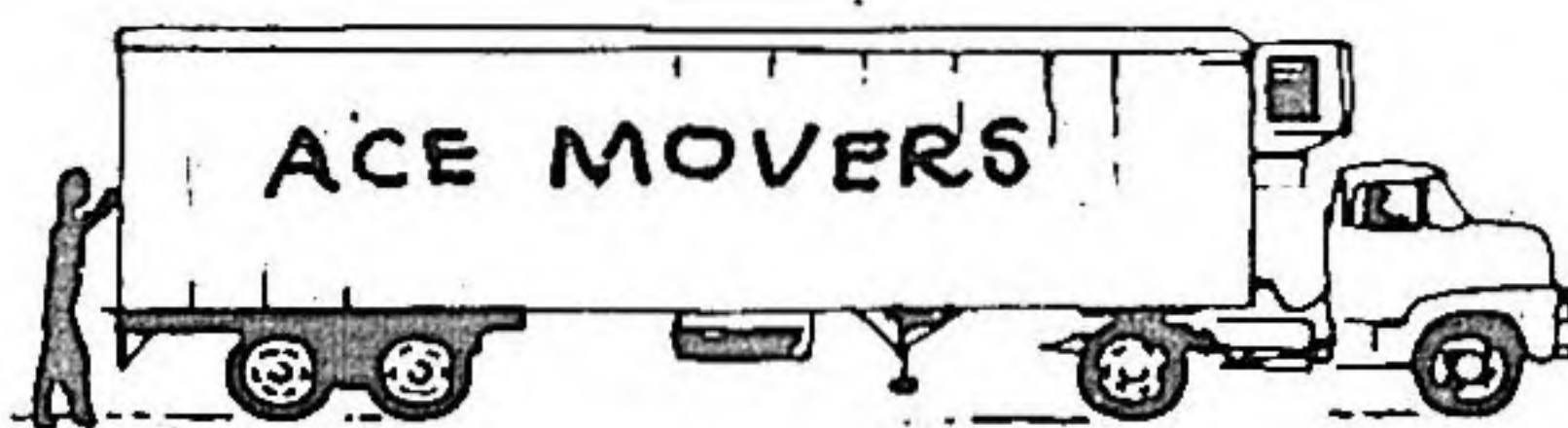
E. C. Berry

Dear Drs. Robert and Earlyne:

During the past several months I sent in two healing petitions. One was for shortness of breath and the other was for a bladder infection. I want to say that both ailments have gone. Thank you all for your healing prayers. These last two years Astar has been a beacon of Light for me. When the darkness seems to cover me up, I turn my thoughts to Astar and go back and read over a degree lesson, and things don't seem to bother me as much. Thank you Astar for being there when I need you.

*Many thanks and love always,
G.N.C.*

MOVING?



Be sure to tell us as far in advance as possible. The Post Office now charges us 25¢ for each address correction. So be sure to let us know your correct address in advance and make certain you receive your lessons, *Voice*, and other Astarian material without delay.

DECEMBER 1975

DECEMBER STUDY CIRCLE CHRIST AND CHRISTIANITY

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages — mystical, psychic and spiritual — in informal sessions, Friday evenings at 7:45 p.m. in the Museum Room.

The emphasis is on practical methods of self-development and spiritual wisdom. Each evening begins with simple Yoga exercises and ends with a healing meditation.

In two special Friday evenings in December, Swami Parampanthi, in keeping with the spirit of Christmas, will explore the life and teachings of Christ and Christianity in the light of Eastern wisdom and mysticism. The exploration will deal with the mystical Christ and esoteric teachings of Christianity and all aspects of the life of Christ in the light of new revelations.

December 5: CHRIST AND CHRISTIANITY: The mystical and Spiritual.

December 12: CHRIST AND CHRISTIANITY: How can we be enlightened truly by the teachings, here and now.

There will be no more sessions during the rest of the month of December. The classes and Study Circle will be resumed on second Friday of January, 1976.

To make your Christmas experience more meaningful and enlightening, plan to attend these two sessions on Christ and Christianity by Swami Parampanthi. Free-will Offering!

VOICE OF ASTARA/11

BE AT ASTARA THIS CHRISTMAS

You can send your personal representative to Astara this Christmas in the form of the Prayer Card which accompanies this *Voice*. The instructions for using it are on the card itself. Give it your attention now and participate in the Christmas service.

If for some reason your Prayer Card cannot arrive at Astara in time for the service, mail it anyway. It will be handed to the Chaney's who will give it regular attention throughout the year.

It is best to take a moment now to prepare and mail your card. Then, if possible, mentally and spiritually tune in on Sunday, December 21, either at 11 a.m. or 2 p.m. Pacific Standard Time. The Chaney's will be placing your card in the manger at Astara shortly thereafter. Your tuning in will add additional impetus to their efforts.

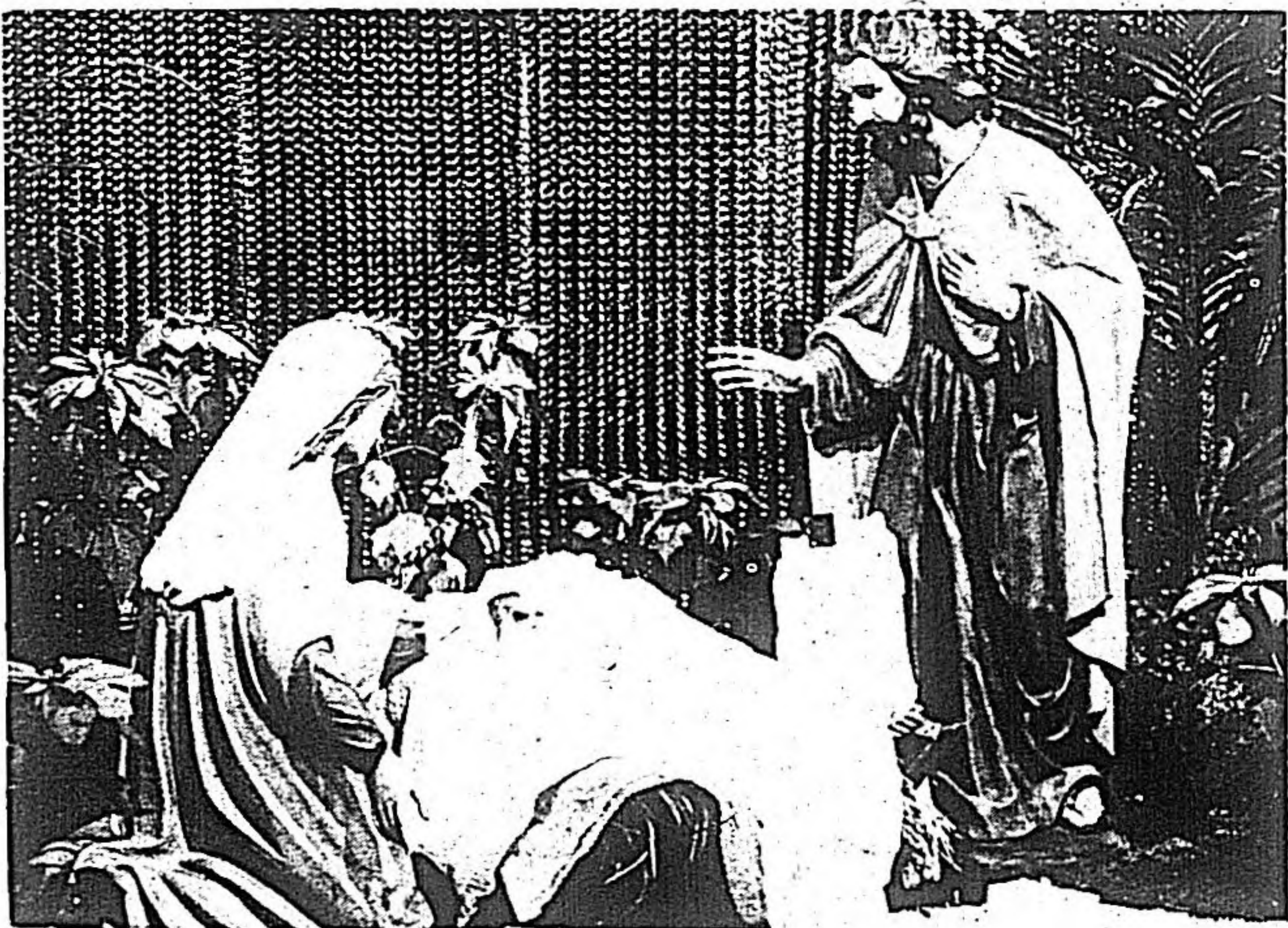
STARS FOR NEW YEAR TOO

If you can attend Astara's annual New Year's Eve celebration and spiritual observance, you'll begin 1976 with stars in your eyes, your mind and your heart.

The program begins at 8 p.m. with another sterling performance by the famous *New, Improved, Augmented, Astara Symphonic Orchestra, Marching Band, Glee Club, Coordinated Calisthenics Corps and Dramatic Dance Troupe*. Unforgettable. In fact, unbelievable.

The program continues with the movie, *Bringing Up Baby*, starring Cary Grant and Katharine Hepburn. Following the movie you'll enjoy an hour of delicious refreshments and fellowship.

The evening concludes with a candlelight spiritual observance to conclude 1975 and welcome 1976 with the best possible inner spiritual atmosphere.



Your prayer card will be placed at this manger by the Chaney's during Astara's Christmas Service.

Continued from Page 3

responsibility, too little control, too limited aware-ness of this tremendous Sea of Life all around him. He does hope for the best, yet too often expects one difficulty after another. And, sure enough, the U.S.S. runs up against just what he anticipated, time after time.

He has no one but himself to blame, for the U.S.S. is on the exact course and meeting the exact obstacles the Helmsman foresees, thanks to the persistence and expertise of the Navigator.

Our Navigator — the Subconscious — is responsible for taking the U.S.S. precisely where the Helmsman wants to go. He's the picture of the perfect naval officer — loyalty is his finest quality, and he is never one to "reason why." So he diligently takes his orders from the bridge, regardless of how confused or unnecessary they may be, and charts the course of the U.S.S. accordingly.

Unfortunately, the Helmsman fails to realize the considerable amount of work and planning necessary on the part of the Navigator to keep the U.S.S. on its Perfect course. If only he wasn't frequently ordered to make all those minor changes along the way, perhaps most of those non-essential setbacks and obstacles might be avoided.

All this time, the Captain of the U.S.S. — the Higher Self or Christ Consciousness — monitors the voyage from the seclusion of his quarters. He constantly issues his orders, or "suggestions," to the Navigator, who in turn relays them up to the bridge via the Intuition Intercom. The Helmsman, though, has kept the bridge too busy and active to hear what the Navigator is trying to tell him.

It would, of course, be much

easier for our Navigator to simply take his orders directly from the Captain and plot a Perfect Course. Many of the usual problems could be eliminated if the Navigator were given a freer hand. However, the final decision always rests with the Helmsman regardless of what information the Navigator receives from the Captain.

As it is with each and every U.S.S. at Sea, our Helmsman eventually begins to wonder about this whole trip. He seriously questions the logic of such an important voyage being undertaken with an apparent lack of preparation and planning.

Then he remembers a story he once heard about a captain who set sail on a long and hazardous voyage. He was so concerned about the great distance and possible danger which awaited him the more difficult his voyage became.

"Maybe," thinks the Helmsman, "that's what the problem is here."

So, in his own way, the Helmsman gradually changes his outlook on the journey and what his expectations are along the way. Soon it occurs to him that perhaps this Navigator of his knows more about the U.S.S.'s voyage and how to keep it on course than he's given credit for. After all, surely he's not along just for the ride.

The voyage of the U.S.S. becomes a new experience for the Helmsman, once he sheds the old "reality" of "limitation" or "lack of control or awareness" as commander of his ship.

He realizes it won't be smooth sailing all the way. Yet the Helmsman now believes the journey of the U.S.S. will be a little easier and more enjoyable than before. And the Navigator, with a little help from the Captain, will see that it is.

OTHER SOULS AND YOU

By Patrick Mahony

In my last article (The One and the Many) I said that you are the Universe! Of course I was speaking metaphorically. It is glaringly obvious that there must be higher and lower souls and you may well ask what a higher soul means, as high and low are terms for space which can only be applied to souls in a metaphorical way. I would call a higher soul than myself any that can act on me more powerfully than I can act on it. This implies that such a soul has a greater variety of inner states and a greater perfection in its activity. The higher soul has compassion for those beneath it, while the latter are fully aware of the superiority but cannot fully understand it. But the differences between higher and lower souls are not fixed. Each soul has the power to vary, either gaining or losing, advancing or retreating.

Each of us is responsible to our soul for the gain or loss of its powers. That is why the study of your own soul is the only road to the knowledge of Being and Life. Thus it happens that it is sometimes more difficult to understand the souls of those who differ widely from our own and especially those who have superior souls to ours. Plato said we are equal to the souls we understand but we fail to understand those above us. Such wide differences cannot, as might be expected, be explained by the in-born differences in the structure of physique or brains because, just as there are no two exactly equal mentalities among the billions which have lived, there are likewise no two equal souls. No matter how

STROMBERG PORTRAIT IN OBSERVATORY

A portrait of Dr. Gustaf Stromberg by Astarian artist, Frances Paelian, has just been installed in the library of Mt. Wilson Observatory.

Dr. Stromberg was a world famous astronomer who did research at Mt. Wilson for more than 30 years. He was an enthusiastic Astarian and we published a number of lessons which he wrote.

Frances Paelian has illustrated many Astara lessons and is presently at work on some material which we will be producing in the future.

IN MEMORIAM

We acknowledge the following memorial gifts — and express our appreciation to those who made them and those whose memory they honor:

Mabel Mulholland in memory of her husband, Clifton A. Mulholland and her brother, Clinton L. Pritchett.

Mary N. Nichols, in memory.

Margaret Doring in memory of George A. Grosch.

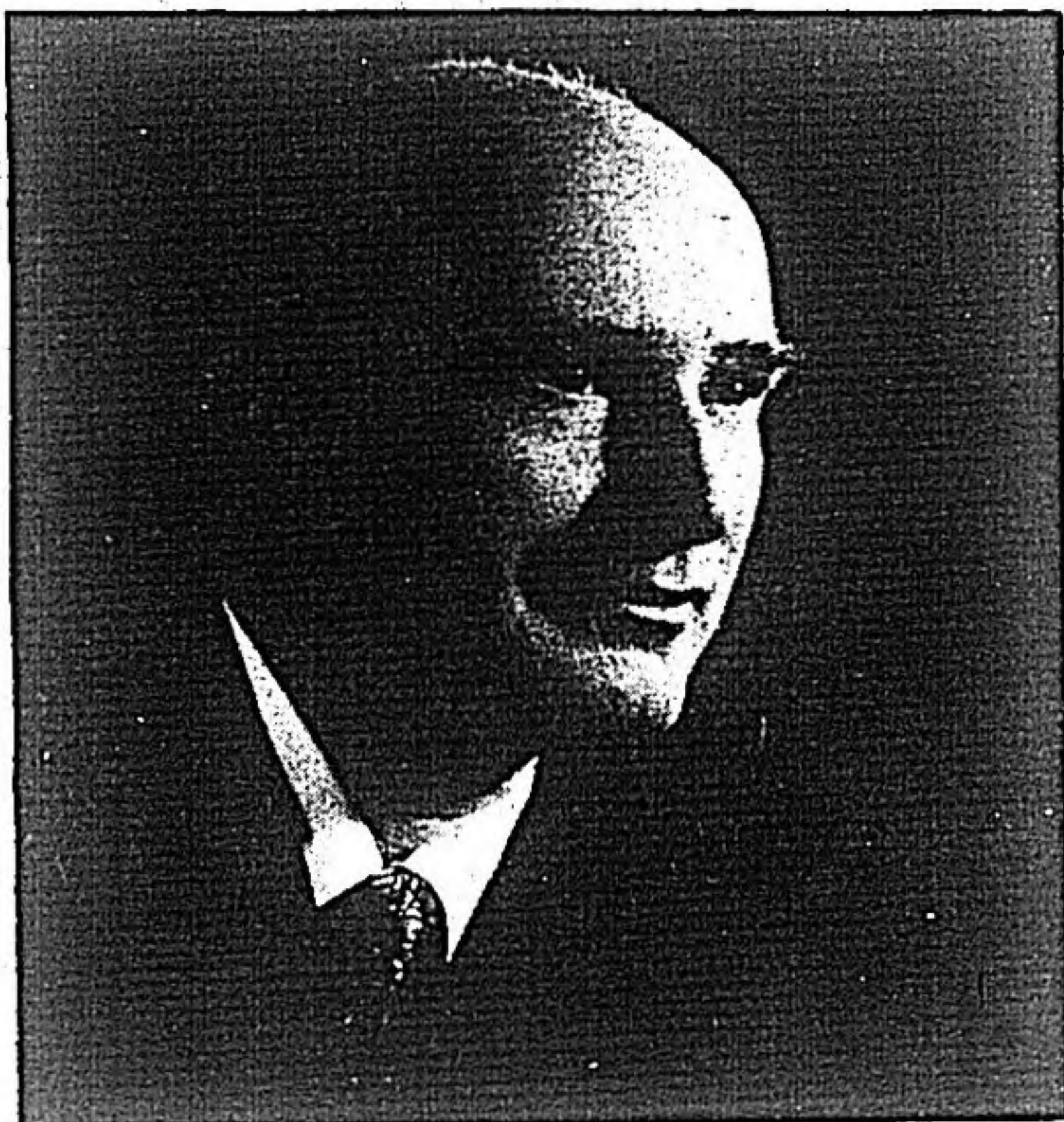
John Beckmann in memory of his wife, "Addie."

Esther Jones in memory of her mother and father.

BUILDING FUND

Vi Holzmann
Blanche Blake
Mrs. Mary A. MacLeod
Florence Phillips
Mary N. Nichols
Brian & Marjorie Mertz
Vincent Riccio
John L. Barnes

DECEMBER PULPIT GUEST



Dr. James C. Beatty, Minister of Lawndale's First Congregational Church, speaks at Astara December 7 on the subject, *Three Dimensions of Faith*.

Dr. Beatty earned his Ph.D. at the California Graduate School of Theology. He spent six years teaching in Taiwan, taught four years at Christ's College, and was English Program Director for Overseas Radio.

In addition to his present pastorate, he is Chairman of the Los Angeles Area of Spiritual Frontiers Fellowship.

Continued from Page 14

democratic we become it will never be possible to bring every soul, within this meaning of the word, down to a common denominator.

The story of a soul that rises from arrogant atheism and wrongdoing to the knowledge of God is, in truth, far more fascinating than that of a soul who has never experienced the pangs of doubt or the joy of a triumphant certainty due to a sudden con-

DECEMBER 1975

CHEERFULNESS

by Alfred A. Montapert

In these days of uncertainties it is vital that we develop within us all the seeds of good. Get the habit of saying the cheerful, pleasant things. Each day you need a good laugh, it is the best promoter of health, and is as friendly to the mind as to the body.

Cheerfulness is the great lubricant of the wheels of life. It lightens labor, diminishes difficulties, and mitigates misfortunes. Cheerfulness gives a creative power which the pessimist never possesses. Use that strange power that comes with a cheerful laughing spirit. A cheerful disposition sweetens the day and smooths the road of life.

Count your blessings, be thankful and of good cheer. Being happy is a do-it-yourself job, no one else can be happy for us. The greatest responsibility entrusted to man is that of developing himself. We must develop our inner qualities, for that is where our real wealth lies. Cheerfulness is a contentment that fills the soul, a state of joy.


Joy is the abiding fellowship with God, which experiences no change amid the vicissitudes of life. It is a living spring hidden deep in the inner self. Joy is spiritual prosperity, and strength. "The joy of the Lord is your strength." In the world you shall have difficulties, problems, and challenges, but "be of good cheer," let's be happy and cheerful!

Mr. Montapert is the author of *The Supreme Philosophy of Man*, available from Astara's bookshop at the member's price of \$1.95.

→ version. That is why the stories of the saints will always move the world. In perfecting their souls they became gods.

VOICE OF ASTARA/15

- Dec. 7: THREE DIMENSIONS OF FAITH
James C. Beatty speaking
Robert Chaney, healing service
- Dec. 14: WISE MEN STILL SEEK HIM
Rodolfo Silva
- Dec. 21: CHRISTMAS SERVICES
11:00 a.m. and 2:00 p.m.
YOUR STAR AND *THE* STAR
Earlyne, Sita and Robert Chaney
- Dec. 28: THE NEW BEGINNING
Swami Parampanthi
Rodolfo Silva, Healing Service
- Dec. 31: WATCH PARTY, 8:00 p.m.
Entertainment, movie, refreshments
and a Spiritual Observance to
greet 1976. See article elsewhere.
- Jan. 4: THE DIVINE WEAPON
Rodolfo Silva


Astara
 261 South Mariposa Avenue,
 Los Angeles, California 90004
 (Address Correction Requested)
TIME VALUE



James Beatty



Rodolfo Silva



Swami Parampanthi



Earlyne and
Robert Chaney

Sunday Services at 11 A.M.
Telephone: (213) 387-7187
ORGANIST: Rose Diamond