

CHURCH OF ALL RELIGIONS  
SCHOOL OF THE ANCIENT MYSTERIES  
FRATERNITY OF ALL PHILOSOPHIES  
INSTITUTE OF PSYCHIC RESEARCH

# Voice of Astará

Published monthly by Astará, Inc.  
Vol. 23, No. 12 SEPTEMBER, 1975  
Editor: Swami Parampanthi



## LET US RESPOND

by Swami Parampanthi

We all have problems. All of us are often tempted to waste our precious time. It's so easy to be envious of others, to justify our anger and feel pity for our frustrations. It's so easy to be blind to our persistent faults, to repeat the mistakes of the past; it's so easy to lull our conscience to sleep and go our habitual ways turning deaf to the call of greatness and spiritual illumination.

Yet, in the midst of this uninspired and static living there is a painful unrest at heart; an undercurrent of unfulfillment badgers the mind, and a vague feeling of emptiness mars the apparently serene monotony of life. An insistent voice murmurs in our ears again and again: All is not well! All is not well! Perhaps this is the voice of conscience. It is never shrill with impatience; it is never oppressive. Yet, its gentle and persistent whisper roars like thunder and inspires our will and conscience to contemplation and action.

Long ago a poet in a joy of hope cried out "Praise Be The Lord! In spite Of!" As I write this article, this poignant phrase comes to mind again and again. We have to forge ahead *in spite of* our problems; we have to free ourselves from the shackles of old mistakes and bad habits *in spite of* their restricting influences. We have to turn our faces to the shining light of tomorrow with hope and courage *in spite of* the lingering shadows of many a yesterday. We have to plunge into a New Life and spiritual visions *in spite of* our old fears, hesitations

*Continued on Page 11*



# SEMINAR FEATURES RAMAMURTI MISHRA



Astara's Lodestar Seminar September 27 presents Dr. Ramamurti Mishra, endocrinologist, neurosurgeon, and psychiatrist, who has turned to the practice of "inner medicine" in addition to the outer.

At his all-day seminar Dr. Mishra will teach the relationship between health and spiritual understanding, the science of vibration, yoga philosophy and psychology, relaxation, meditation and related subjects. The hours are from 10 a.m. to 4 p.m.

Dr. Mishra is the author of *Fundamentals of Yoga* and *Textbook of Yoga Philosophy*, both of which are classics in the field. He was born in India where his mother was a spiritual teacher and his father was a Justice of the Supreme Court.

Tuition is \$10 (\$5 for a second person in the same family). Includes lunch. Seating is limited and reservations necessary, so contact Registrar Rodolfo Silva as early as possible.

VOICE OF ASTARA/2

# FIFTH DEGREE LESSONS READY

The following lessons in the Fifth Degree are now ready:

Lesson 18 continues with the following teachings: The Mysteries of the Crown Chakra; the Holy Grail; Quabbalah; Man, the Microcosmic Tree; the relationship of the Mystic Tree and Meditation; the Ancient Rosicrucians, the Mystic Dew and the Alchemical Cross.

Lesson 19 discusses Jesus, the Man and the Mystic Christ; three aspects of His life, historical, mystical and supernatural; the New Man of the Mysteries and the story of the early Church Fathers.

If you have progressed in your studies through 5th degree Lesson Number 17, the above lessons may be requested by using the enclosed continuation form.

# NEW LEAF KEEPS TUR- NING

More and more persons are being attracted to the *New Leaf*, Astara's public bookstore, at 3811 West Third Street in Los Angeles. Many of those persons, in turn, are attending services, classes and seminars at the headquarters, only one half block away.

The *New Leaf* features both new and used mystical books. If you have used books you no longer need, and would like to donate them to Astara, we can sell them in the used book section and thus will help someone else and Astara.

SEPTEMBER 1975



# WHAT ASTARIANS DO



W. Benson Terry is a composer, playwright, actor, musician, singer — also teaches boxing to actors whose roles call for it, such as James Earl Jones' performance in the award winning play, "The Great White Hope." His credits in the theatrical field are formidable. Stage, films, TV.

Benson has performed across the country from NYC to LA. If you've seen the movies "Harry and Ton-to," "Serpico," "Death Wish," "Goodbye Columbus," you've seen him. If you've viewed "Madigan," "Night Watch," on TV, you've seen him. If you are a fan of Folger's Coffee, Whirlpool and Roloids commercials, you've seen him.

His "treading the boards" in theatre finds him in roles such as "Othello," "Macbeth," "Waiting For Godot," "Three Penny Opera."

Benson's childhood was difficult, deprived. Yet, he put himself through school, and holds a degree from Columbia College in Speech

# AN ASTARIAN WRITES

*Dear Voice of Astara:*

Thank you for coming to me each month; telling me of the exciting things that are happening at Astara — the Lodestar Seminars and Study Circles, how great it would be for me to live close enough to be a part of these gatherings!

In every issue you have an article or two that I cut out to put up above my kitchen sink, so I may re-read the ideas of Alfred Montapert, Sankara, Swami Parampanthi, etc., as I go about my kitchen tasks. The article is tucked away for future reference when it is replaced by another article in your most recent issue.

For information about the Chaney's, degree lessons, tapes, books and Astara in general; I'm grateful you share these since it aids me to feel a part of Astara and those who are working at Astara.

And last, my deep appreciation to Voice for having a prayer petition and envelope for me each month. These give me an opportunity to respond to Astara, making the circle between us complete.

Thank you!

M.A.A., Maryland

and Communications. By his own bootstraps, he pulled himself up to become a theatrical consultant, performer and teacher, considered by his peers as a "real pro."

You might not recognize him now, but his faith in himself, his drive, may one day make this face a familiar one, and we will say to ourselves, "Oh yes, we're fellow Astarians."

—Heidi Olsen

VOICE OF ASTARA/3





# An Astarian in Need Never Walks Alone

He healeth the broken heart, and bindeth up their wounds. (Ps. 147:3)

Dear Dr. Robert and Dr. Earlyne:

Several months ago, I sent a healing petition to you for a friend, Don Smith, who was ill with cancer in the glands. He has completely recovered. I also sent a healing petition in for Mozella Ware, who was at death's door at the time. She has also recovered. On another occasion my father was hospitalized with a mass in the lower abdomen and he was terribly ill. I was so worried when I heard the news. I immediately prayed to God, and our Lord, Jesus Christ, and to the Master Zoser and also to you, Drs. Robert & Earlyne. The next morning when they took my father to X-ray to determine surgery, there was absolutely nothing there. He walked out of the hospital that day and is back to his job as a commercial fisherman. I have heard of miracles before but nothing to equal this--and I have you to thank for it.

One night I woke up sensing there was a Presence of someone in the room. When I opened my eyes, there was someone there, but fading out rapidly. I couldn't determine the face, but there was some sort of a pink band about the head and the most beautiful shimmering blue cloak or robe. Another time I had just turned off the lights when I saw hundreds of lights, beautiful shades of blues, whites, pinks, a few reds and several browns swirling downward in a circle around my own feet and legs. I was so enchanted by it, that I wasn't frightened at all. Now,



after reading lesson 11, about what the different colors of the chakras represent, I wish I could say there wasn't any red or brown mixed in!

Since becoming an Astarian, I am able to cope with everyday problems lots better, and I am happier. It's a beautiful world and through you and your fascinating Lessons and my teacher, I hope to become the person I was meant to be and fulfill my mission in this life.

I have just read "Remembering" and it is truly the greatest book I have ever read. So many of my questions have been answered in it, and you've brought peace and happiness to my heart and soul. I feel a radiant, happy glow all through me and I hope all Astarians everywhere are as happy as I am. My grateful and humble thanks to you for everything. Truly an Astarian in need never walks alone.

Most sincerely,  
Louise Jones  
San Antonio, TX

Robert and Earlyne:

I sent you a petition for healing for my father's leg a couple of months ago. He has had problems for many years with osteomyelitis. Now, after sending in the Healing Petition, I have received word from him that his leg is the best it has been in ten years.

Prayers are answered. Thank you.  
(My father knew nothing of this.)

Kenneth Casper  
Moose Lake, Minn. 55767





Dear Earlyne,

In the early spring of 1973 I was a guest in the home of fellow Astarians in New Albany, Indiana. We were new friends just brought together by a third Astarian. I had spent the night in their home (I was not yet an Astarian) and was enjoying waking up to the early crispness of the morning, however, I was fully awake. I was alone in the room, or thought I was, and laying on my stomach, when I became aware of a presence in my room. More than that, a figure in a long white robe was standing at the foot of the bed, it was a woman. I wanted to turn over but something told me not to for I might frighten her away. She seemed to be there more for her own interests and very graciously "checking me out"! So I lay there with eyes straining as far sideways as I could get them. It seemed minutes we stayed there, she timidly investigating, me ecstatically still and wondering. She left as suddenly as she appeared and I immediately bounced up and started searching for traces. I was never afraid, by the way, for she conveyed only goodness and a right to be there. I dressed promptly and went downstairs. The three Astarians were having their morning coffee. I said, "Do you know you have a spirit lady friend who resides upstairs and who is she?" They were not startled, but seemed not to know who she was. I know it was you, Earlyne, and even though I am late I would like to thank you for the lovely visit. I've often wondered what your conclusions were.

Jennie Corridan



# RECIPE OF THE MONTH

Enjoy a healthy, inexpensive meal tonight with the *Light and Life Cookbook* recipe of the month.

## STUFFED ZUCCHINI — serves 4

2 large zucchini (3 inches in diameter)

1 TB oil

2 slices eggplant, cut in 1/2 inch cubes

1/2 medium onion, chopped

1 cup mushrooms, chopped

1 tomato, chopped

2 cloves garlic, minced

1/2 tsp. oregano

1/2 tsp. sweet basil

1 TB unhulled sesame seed

2 eggs, beaten

1/4 cup whole wheat bread crumbs

1/2 tsp. sea salt

1/2 cup mozzarella cheese, grated  
pinch paprika

Slice the zucchini in half, lengthwise and steam for 5 minutes or until the inner meat is just tender. Scoop out the meat, leaving the shells and heat the oil in a frying pan. Saute in the oil, the eggplant, onions, mushrooms, tomatoes, garlic, oregano and basil until tender. At the last minute add the zucchini meat and stir together until combined. Remove from the heat and add the sesame seeds, eggs, bread crumbs and pinch of salt. Heap the shells of the stuffing, sprinkle with the mozzarella cheese, dust with paprika and place in a baking dish. Bake 30 minutes at 375 degrees.

The above recipe is from the *Light and Life Cookbook*, copyright 1975, by Janice and Alan Pearson. Regular price \$6.95; Astara's members price \$6.60.

SEPTEMBER 1975

# NEW CLASS



A new series of classes will begin Wednesday, September 3 at 1:30 p.m. and again at 7:45. The classes will be presented by Jacelyn Eckman, who has taught Yoga classes at Astara and other places for some years.

While not laying aside the wisdom of the East, she has shifted the focus of her teaching from the East to that which is easier for most of us to relate to and apply to our own life here in the West.

## Be That Person You Really Are

Tune into your own High Self and find your inner potentials. Learn about...

Your own capacities for expression;

Involution and Evolution;

The positive and negative aspects of trance;

Your various bodies;

The chakras and energy flow;

Your purpose here.

Each class begins with an attunement bringing the participants into a group vibration. Then a lecture, workshop, and ending with a meditation.

Come and share in an exciting exploration of your inner being. Donation.

VOICE OF ASTARA



# SEPTEMBER STUDY CIRCLE THE MYSTERY OF INTUITION

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages — mystical, psychic and spiritual — in informal sessions, Friday evenings at 7:45 in the Museum Room. The emphasis is on practical methods for self-development and spiritual wisdom. Each evening begins with simple Yoga exercises to help the participant relax and ends with a healing meditation.

Each Friday evening in September, Swami Parampanthi will explore and discuss in detail the mystery and meaning of INTUITION in its different manifestations. Intuition is one of the foundations of ESP and psychic revelation. We've all had experiences with this phenomenon, but one can learn to become skilled in the art of intuition; the teachings of Astara explain many fascinating aspects of it.

Swami Parampanthi will discuss intuition

- as a psychic tool.
- as a function of memory and imagination.
- as an art that can be practiced at will.
- as a mixture of both positive and negative forces.

**Sept. 5: "Intuition as a Psychic Tool" — How does it function?**

**What are the benefits and dangers?**

**Sept. 12: "Intuition, Memory and Imagination" — Are they related?**

**Can intuition recall past**

**memory? Can it creatively use imagination?**

**Sept. 19: "Training in the Art of Intuition" — Methods of utilizing this God-given power.**

**Sept. 26: "Positive and Negative Forces of Intuition": How to use positive and avoid negative forces in the function of intuition.**

**ALL WELCOME! Free-will offering.**

## DEGREE LESSONS INTERRUPTED

At the conclusion of the present 5th degree series no additional lessons in the 6th degree will be published for an indefinite period of time. The Chaney's are at work on other studies which will be published before continuing the degree series.

Members are requested not to send tuition for lessons beyond the 5th degree as it is not known at present just when additional lessons will be issued. When additional lessons are available you will be notified in the *Voice*.

## ASTARIAN SINGS

Beth Temkin, a Master Sergeant in the United States Air Force, stationed at Fort Meade, Maryland, was able to attend a Sunday service at Astara recently.

Beth's activities go beyond the usual duties of her service career. She is a soprano soloist with the United States Armed Forces Bicentennial Band, currently on tour throughout the country, participating in bicentennial celebrations everywhere. The Band's visit to Los Angeles enabled Beth to spend a few moments at Astara.



# HOW SOON DO YOU WANT TO FEEL BETTER?



## IMMEDIATELY?

Then try the

## LIGHT AND LIFE COOKBOOK

Created with Earlyne Chaney

by Jan and Alan Pearson

### A FORTY-DAY TRANSITIONAL DIET TO VEGETARIANISM

.... Can you smell the aroma of Cheddar Cheese Cutlets glorified with Sweet Basil Tomato Sauce, followed by some California Orange Cake? (See Day 10.)

Can you taste the bright goodness of Yin-Yang Stuffed Tomatoes and Wok Tossed Greens? (See Day 3.) Or Light Asparagus Souffle with Honey Glazed Carrots? And Peasant Corn Pones? (See Day 31.)

Are you daring enough to try Walnut Rounds, waiting under Parsley Sesame Gravy to tempt your taste buds? (Day 26.) Or Broiled Avocado in Half Shell with Tomato Coconut Sauce, perhaps followed by Papaya Orange Smoothie? (Day 28.)

And above all, can you feel the surge of energy, know the strength and stamina, experience the inner physical cleanliness and alertness of mind which result from a natural, full-of-health diet? The **Light and Life Cookbook** guides you in Aquarian Age eating adventures that are nearly as exciting as they are healthy.

### OVER 300 PAGES OF HELP

The **Light and Life Cookbook** contains forty days of complete menus — breakfasts, lunches, dinners — all nutritionally balanced for providing the greatest possible amount of food value.

Each day's menu leads you a step further toward the healthiest vegetarian regime, but allows you to stop at any point most appealing to you. You can become a "not-quite" or an "all-the-way" vegetarian according to your personal inclinations. Even if you do not wish to be a vegetarian, these dishes will be a welcome relief from the high cost and boredom of meats.

There are dining room tested recipes for all the menus. The recipes are for servings of from one to four persons, easily reduced or increased depending on the number to be served. Natural, healthy ingredients are featured throughout.

Members price \$6.60



# ABOUT REMEMBERING



## ANANDA ASHRAM



THE YOGA SOCIETY OF NEW YORK

P.O. BOX 805

MONROE, N. Y. 10950

914 - 783-1084

FOUNDER / DIRECTOR: DR. RAMAMURTI S. MISHRA

Srimati Earlyne Chaney's "REMEMBERING--" reminds one of the supernatural and psychic discoveries of Edgar Cayce. The book contains the story of true and eternal love in which birth and death exist not as an interference to True Life, but as the beautiful sections to Real Existence. Here True Life or True Love exists as an Infinite book in which relative birth comes as a beginning of a new section, and death appears as the end of that section--but also as a beginning of a new section. Ultimately, the entire book ends in physical, mental and spiritual progressive prosperity--like a river going to the sea, in which her story is like the currents of the water, constantly moving and refreshing without disturbing the continuity of the river.

I hope that by reading this book the reader will experience the fact of "the books within his own life". This way discoveries of the writer will be transformed into discoveries of the reader.

This book reconfirms in words what we already experience in our Meditation.



by Dr. Ramamurti S. Mishra, M.D.

*Ramamurti S. Mishra*

*Ramamurti S. Mishra is the spiritual guide and director of Ananda Ashram. Dr. Mishra, formerly a specialist in neurosurgery and endocrinology, the author of many classics on the subject of Yoga, is an accomplished Yogi Psychologist and Sanskrit scholar. Among his many books on the subject of Yoga are: "Fundamentals of Yoga," and "Textbook of Yoga Psychology."*



Dear Astarian -

Give me a message,  
& I'll deliver it to  
Astara's Headquarters  
for you.

As your Messenger  
Envelope I'm ready to  
carry your Healing or  
Cosmic Help Petition,  
request for lessons,  
donation, or any letter  
you wish to send.

Just slip me out of  
the Voice. For you, I'm  
ready to serve any  
time.

Sincerely,  
Your Messenger Envelope



## FELLOW SEEKERS AT ASTARA:

I wish to be active in Astara in as many ways as possible. Therefore, I am sending with this Messenger Envelope a monetary gift which represents that action on my part.

Just as Astara is part of me through its Lessons, letters, healing and other services, so do I feel myself to be part of Astara by contributing the enclosed. As I see Voice articles telling me of each objective gained in 1974, I will know that I have helped make them possible.

The amount I have enclosed is \$\_\_\_\_\_

(please print)

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

(U.S. residents may deduct contributions from U.S. income tax.)



TO SEND A DONATION TO ASTARA, DETACH THIS PANEL AND  
ENCLOSE IN THE ACCOMPANYING MESSENGER ENVELOPE





# ASTARA's Book List

September/October—1975



**Earlyne Chaney** whose quest for truth led through Hollywood to world-wide prominence as a teacher of mysticism.

## Remembering

THE AUTOBIOGRAPHY OF A MYSTIC

By Earlyne Chaney

*REMEMBERING* is . . . a story of life after death . . . and love beyond death . . . the story of a quest for a love from a past life whose eyes haunted her dreams . . . of contact with a Great Being from the Other Side whose influence brought illumination to one in search of Light.



## CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

by Swami Parampanthi

**A SIX WEEK COURSE**

... Change yourself in a creative way, bring forth your inner potentials, go directly to the source of your highest inspiration creativity . . . your own inner being.

Swami Parampanthi helps you discover you've actually been meditating all your life — and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. To gain spiritual insight, or to become more creative, competent or capable, or to achieve scores of personal benefits, **Creative Self-Transformation** offers you the path towards greater success, self-realization and fulfillment.

If you want to be your real self, use the order coupon for **Creative Self-Transformation**, a treasury of instruction on the world's oldest and most helpful personal science.

### *Do you believe unseen beings guide our lives?*

Do you believe unseen beings sometimes guide and guard those whose destiny is marked for greatness? *Remembering* tells of such a being — his appearance and his prophecy to a girl whose search for God led her away from orthodox religion and into mysticism . . .

### *Do you believe in life after death?*

Do you believe our loved ones can, under certain circumstances, return to bring solace and guidance to their bereft? *Remembering* tells of the pilot whose death in a plane crash changed the life of this same girl — how she turned from a career as a movie actress to search for the meaning of life and death and immortality. And how he returned to tell her he still lived . . .

### *Do you believe you have lived before?*

... and that you can dream dreams of the one whose love endured from the past? *Remembering* tells of the girl's lonely search for the beloved and how the pilot, from the Other Side of life, guided her to find the eyes that haunted her dreams.

This autobiography of a mystic is a true story of life from a humble beginning to a film career, then to eminence as one of today's outstanding authors of mystical teachings whose writings are sought by mystical seekers the world over.

*Remembering* by Earlyne Chaney is a life-changing experience. A journey through its pages is an upgoing path into the starmists of your own soul searchings, vague rememberings of other lives, other loves, other hopes, your own yet-to-be dreams.

"... a philosophically guided tour past the treasured milestones of memory in the romantically inspiring life of the modern mystic, Earlyne Chaney."

—Harold Sherman, author of *How to Make ESP Work for You and You Live After Death*



**Cpt. Marvin Moore**  
the pilot who pierced the veil of shadows to tell of continued life.

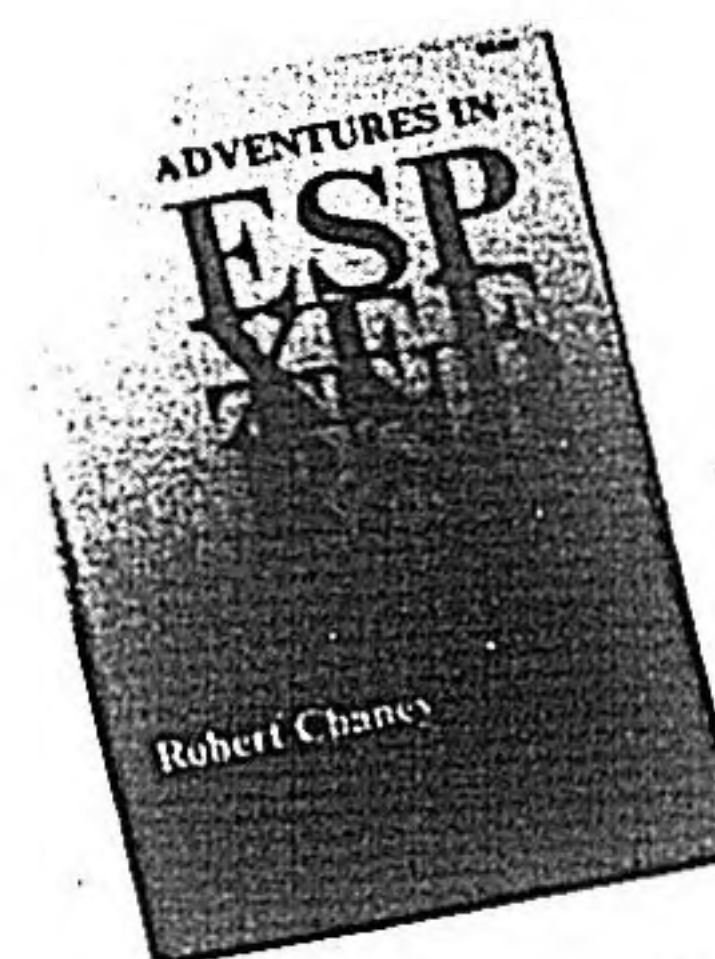


**Robert Chaney**  
whose love, haunting her dreams of a long-ago life, guided her way into a new light.



## ADVENTURES IN ESP

by Robert Chaney



Could you use a time-tested formula to improve your intuition? Would you like to focus your inner sight on visions of other dimensions, or on scenes a thousand miles away? Or know the history of an object, simply by touching it?

**Adventures in ESP** is a fascinating guide to unexplored areas of your inner being . . . areas that become revealed to the Aquarian Age person.

Here is a book of New Age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life . . . to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

**Adventures in ESP** is a concise, compact instruction manual to help you develop, use and apply ESP in your everyday affairs.



## THE MAGIC SOUND OF OM

(Reg. \$3.95/Members' price \$3.75)

To chant the magic sound of OM is to focus on the soul -- to become one with the universe. Yogi Duhn wrote the text on "the harmony of blissful tune" which is beautifully illustrated.

## HELPING YOURSELF WITH NUMEROLOGY

(Reg. \$2.45/Members' price \$2.35)

Helyn Hitchcock, an Astarian and Theosophist, brings together in this book all the secret methods of the ancient art of Numerology. Contents include "Your Birthpath: Discover the Talents You Possess" and "How to Find Your Destiny."

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# Astara

 261 S. Mariposa Ave. • Los Angeles, Calif. 90004

Each price on this order form reflects the 5% discount allowed on each title. All sales are final. No refunds or exchanges.

Please allow at least three weeks for delivery in the United States.

### CHECK BOX BELOW WHEN ORDERING

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| <input type="checkbox"/> <i>Adventures in ESP</i> ..... \$3.75                               | <input type="checkbox"/> <i>Yoga Sutras</i> ..... \$2.80                      |
| <input type="checkbox"/> <i>Creative Self-Transformation Through Meditation</i> ..... \$3.75 | <input type="checkbox"/> <i>The Magic Sound of OM</i> ..... \$3.75            |
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| <input type="checkbox"/> <i>Light &amp; Life Cookbook</i> ..... \$6.60                       |   |

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California residents add 6% tax ..... \$ \_\_\_\_\_  
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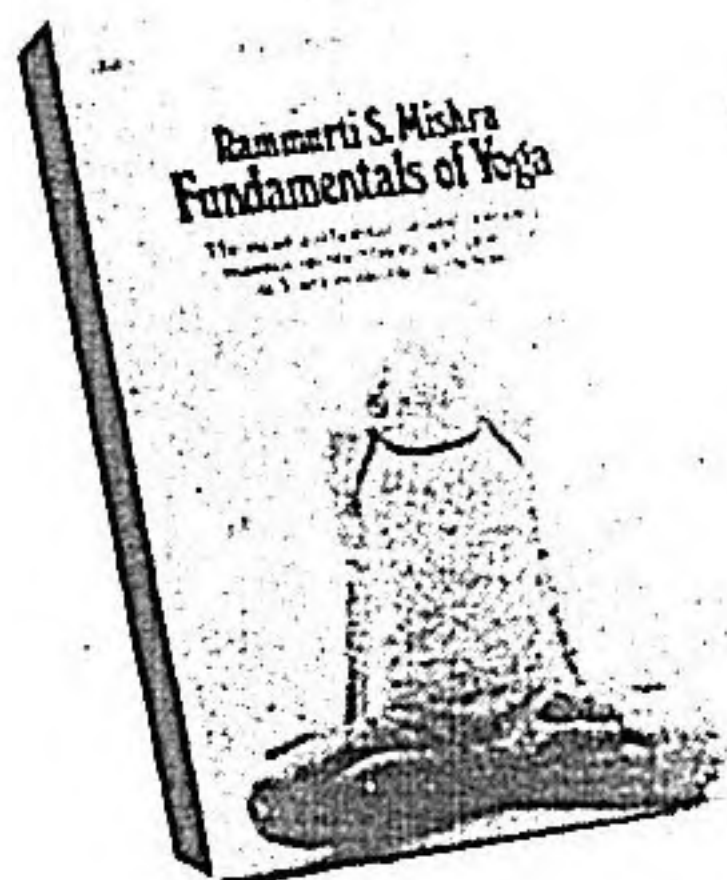
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City

State

Zip Code





Ramamurti S. Mishra

\* \* \* \* \*

## Fundamentals of Yoga

### Yoga Sutras



These two books are invaluable basic texts for those considering yoga on their path to spiritual awareness and better health. Born in India, Dr. Mishra is an endocrinologist, neurosurgeon and psychiatrist as well as being an eminent scholar in oriental languages.

#### Fundamentals of Yoga

(Reg. \$2.50/ Members' price \$2.40)

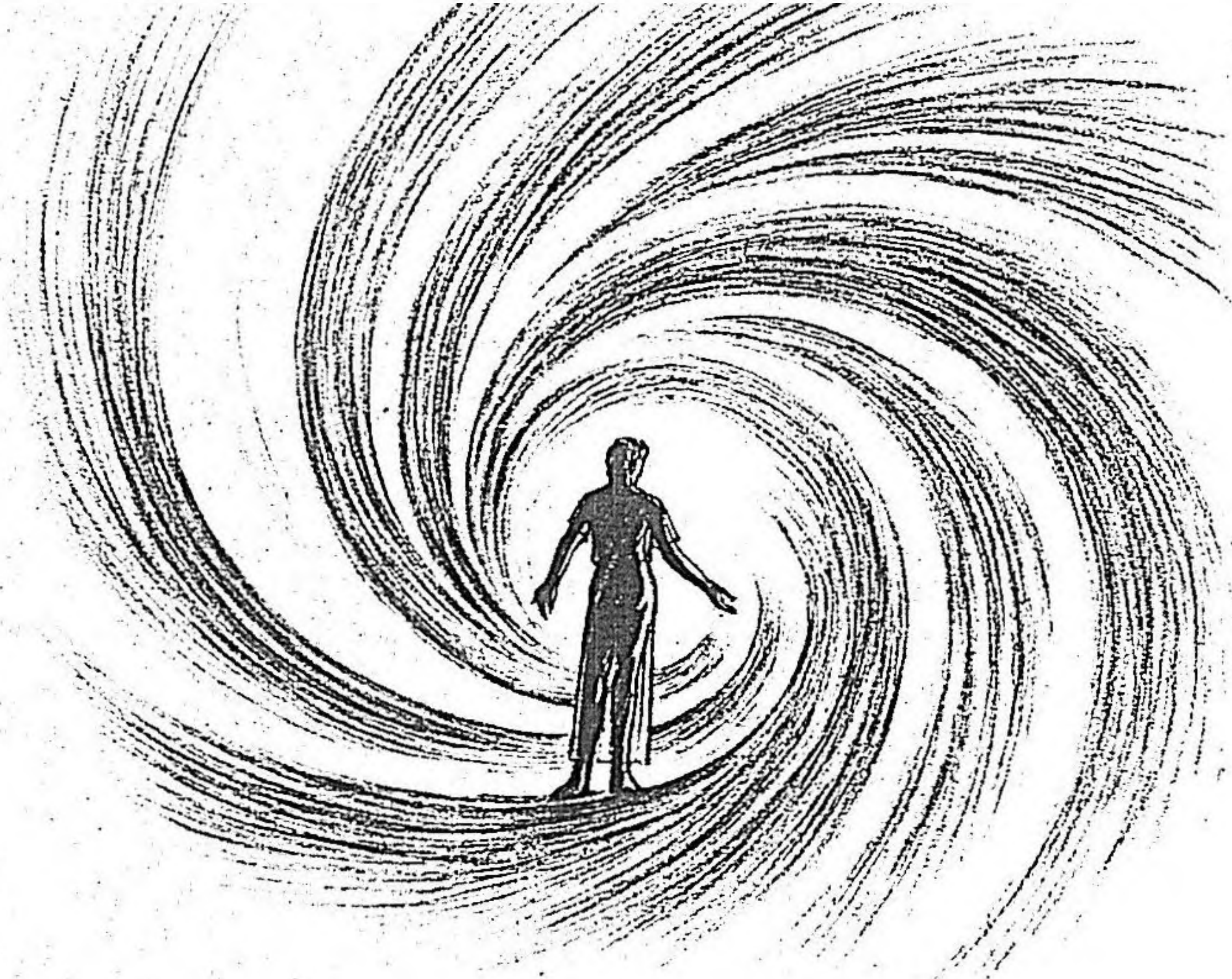
This is one of the most authoritative yet easy-to-follow manuals available on the theory and practice of yoga. The methods it describes have been tested and proven for over a decade to ensure practical results and genuine understanding. Originally intended as the official text for Dr. Mishra's own school of yogic instruction, this book is fully illustrated for self-teaching.

#### Yoga Sutras

(Reg. \$2.95/ Members' price \$2.80)

In this edition, the third-century sutras of Patanjali are presented in word-for-word English translation. The most widely revered formulator of yoga principles, Patanjali coined these aphorisms to form the basic text of yoga philosophy. Dr. Mishra interprets the ancient teachings and gives his own commentary as a respected Sanskrit scholar. Also included are specific breathing instructions for your own practice.





## WHERE DOES LIFE END?

Is there a place where there is a cessation of life? Where man is no more? Where disintegration signals the end of the being and oblivion the end of consciousness?

The very thought of such a possibility is repulsive to most persons . . . and that fact in itself may be among the most noteworthy pieces of evidence that life never ends. Man's spirit is always telling his mind that life continues, but his mind doesn't always listen.

And if life never ends, where does it go from here? Along what paths does it lead an eternal sojourner of the spheres? Are there dangers ahead? Adventures? What remains the same? What changes?

Use the Continuation Request Form on the reverse side for additional Astarian lessons.

***HE GAINS LIFE***

***WHO REACHES FOR IT.***



# Degree Lessons Continuation Request

---

Postal delivery requires three to four weeks in the U.S.

For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.



**Astara** 261 South Mariposa Avenue • Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose \$4. Send next two Lessons.
- ☐ I enclose \$7.80 for four Lessons.  
Send 2 each month. (saves 20¢)
- ☐ I enclose \$11.40 for six Lessons.  
Send 2 each month. (saves 60¢)
- ☐ I enclose \$14.80 for eight Lessons.  
Send 2 each month. (saves \$1.20)
- ☐ I enclose \$18 for ten Lessons.  
Send 2 each month. (saves \$2.00)
- ☐ I enclose \$25 for fourteen Lessons.  
Send 2 each month. (saves \$3.00)
- ☐ I enclose \$38 for twenty-two Lessons.  
Send 2 each month. (saves \$6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

- ☐ Please send the Lessons I have requested via First Class mail. I enclose an extra 50¢ for each two Lessons (50¢ for 2; \$1 for 4; \$1.50 for 6, etc.)

Name (please print) \_\_\_\_\_

Street & No. \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

- ☐ Check here if new address since your last order.





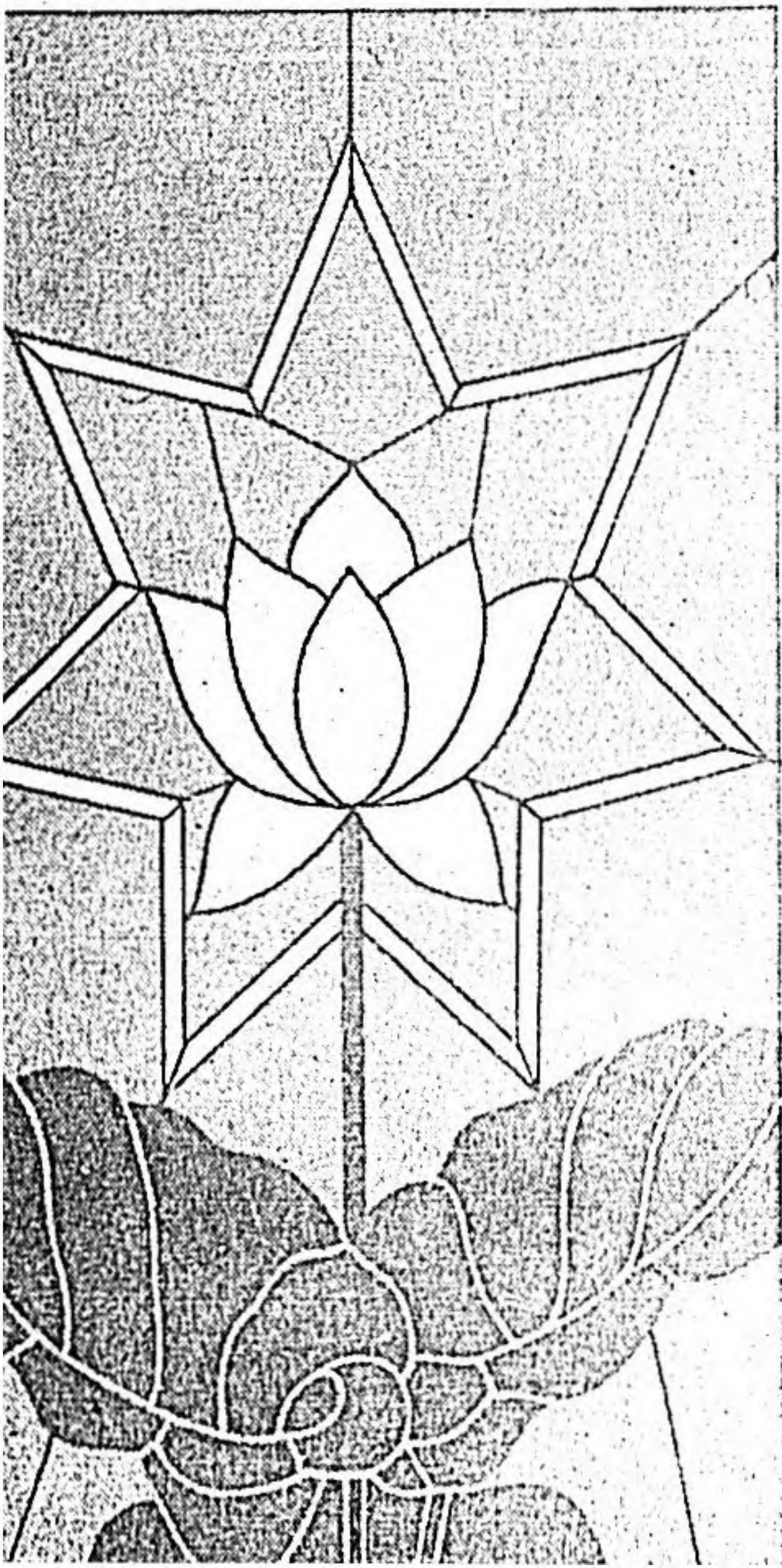
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ADDRESS\_\_\_\_\_

CITY\_\_\_\_\_ STATE \_\_\_\_\_ ZIP\_\_\_\_\_





Stamp



261 South Mariposa Ave.  
Los Angeles, California 90004



# ASTARIAN healing petition

1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

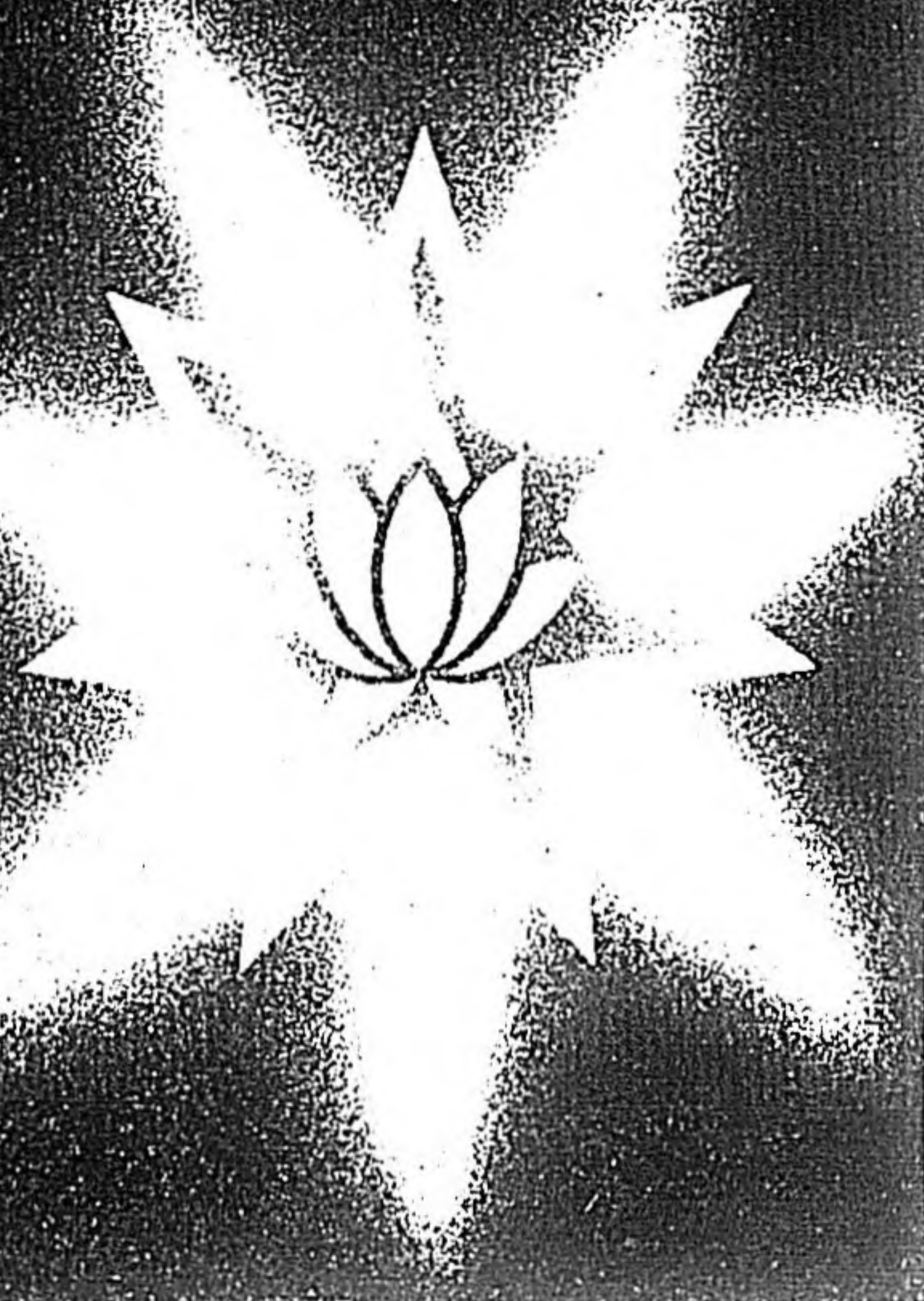
Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

for the following difficulty:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004





## THE ASTARIAN AFFIRMATION

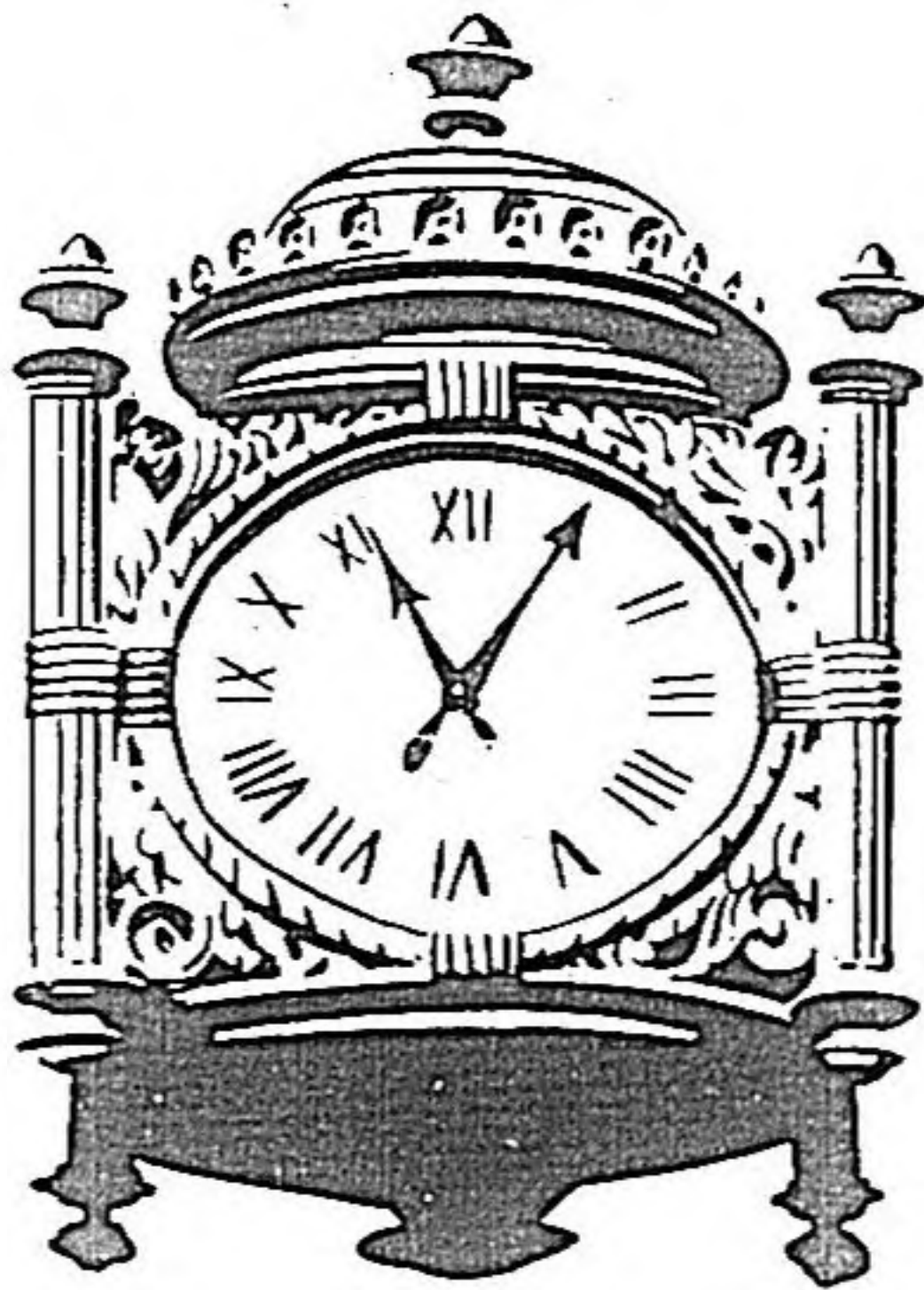
I am surrounded by the Pure White Light of the Christ . . .

Nothing but good can come to me . . .

Nothing but good shall go from me . . .

I give thanks!





# *A Visit with Robert*

September 1975

Dear Fellow Astarians:

An uncle of Earlyne's recently showed us a "treasure dome" he had created years ago - a clear plastic dome under which he had hung his father's old pocket watch. Through the years over a million persons have purchased domes from the original manufacturer, and there have been several imitators. You can still buy one at your local jewelry store.

It's strange how much attraction there is for a watch that belonged to an ancestor. Many other heirlooms are given away, sold, or used, but old watches (even if they no longer run) have a special magnetism and are kept on and on, carefully packed away or displayed in a treasure dome.

Time, so it seems to me, has something to do with this strange lure. Is the attraction caused by the fact that the original owner has gone beyond time?

Well - I really didn't intend to write about watches in this vein. I was thinking



about how much we value watches and how careful we are with them. But a watch isn't the only valuable object in the world, and I've often thought that if we were as careful with our words as we are with our watches there might be a lot less misery in our lives.

As a matter of fact, you can do a lot of meditating on comparisons between watches and personal relationships. A watch isn't the only delicate thing in the world. Our loves and friendships often need to be carefully adjusted or rewound to the proper tension or have some accumulated dust removed or a broken part repaired. They should be treated considerately and not roughly.

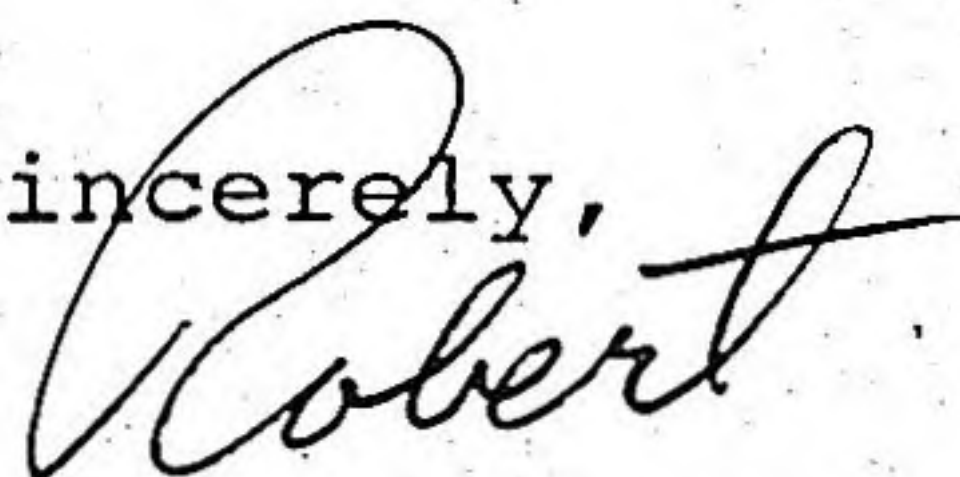
The list of likenesses could go on but there is time for only one suggestion. You probably look at your watch several times daily, so if you want to remind yourself of something important to do, associate it with your watch.

Example: in the morning say to yourself, "Each time I look at my watch today it will remind me to....." In the blank spaces insert something you must remember to do that day. Try it. It works.

Now there was something else I really wanted to tell you when I began writing this letter but I don't remember what it was...and I can't find my watch.

Anyway, best wishes till next month --

Sincerely,

A handwritten signature in cursive script that reads "Robert". The signature is written in dark ink and is positioned below the word "Sincerely,".



and unhappiness.

Therefore, let us respond to a vaster and grander Life. Let us be careful to transform time into creative ventures, embracing the abundant love and harmony which will set us free. Let our minds be alert to turn past mistakes into a powerful instrument for correction and progress.

We progress through effort; effort is strengthened by inner inspiration and the inspiration comes from the sure knowledge that we have the divine in us always. There is not a moment to lose though the infinity of time stretches before us. Sometimes we advance slowly and painfully, yet the wings of life will take us to the summit and fullness of God.

To broaden the vistas of the heart and mind is to obey the divine summons for our salvation. God will surely show us the way — if only we are willing, if only we decide to rise to the challenge. The burden of pain may be there; the shadows of failures of the past may momentarily darken the way toward liberation.

Yet, we will not fail; we will not fail to join the majestic procession of creation toward its Creator. Yea! we will move slowly through the valley of life, each step strengthening our faith, each effort deepening our confidence in the spiritual victory to come, each resolution sustaining our life in moments of temporary failures, each gift from heaven fortifying our union with God!

Thus, we will make our common pilgrimage to Eternity and salvation remembering the promise of God to the end of time. Then we will witness our own rebirth and the rebirth of this earth and we will

## PULPIT GUEST



Astara's guest speaker Sunday, September 21, will be Rev. Elizabeth Burrows of Tacoma, Wash., speaking on the subject *The Mystic World of Psychism*.

Rev. Burrows' personal psychic experiences have taken her into the higher realms of consciousness where universal wisdom is received. During the last three years she has traveled nearly 50,000 miles, and presented her philosophy to hundreds of audiences and radio and T.V. programs.

Rev. Burrows is on her way to India for a year of concentrated study in ancient Vedantic teachings with Chinmayananda, a well known Hindu philosopher residing near Bombay.

---

touch the shining stars. This spiritual blessing is without end, for, God is without end. In this way we will ascend to the bliss-lit throne of God and God's glory and grace will descend upon us in a final act of benediction and redemption.



# HUMAN UNITY

An understanding of the human family, regardless of which branch you currently belong to, is most important in achieving Human Unity.

In Nature's kingdoms each species and the individual within a species has a place and purpose. So also is it in the human family.

Each individual has an inherent right to freedom and self-expression, a higher level of right human relations, and to wholesome living conditions.

The concept of separatism must be overcome so that human unity can be attained.

The *racial spirit* is a misunderstood facet of separatism. Under the *Law of Evolution* and the *process of creation* every individual is subject to reactions to their environment, to the same pain, joy and anxieties, and the same urges toward betterment and mystical aspirations.

Under the *evolutionary process* individuals and races differ in mental development, in physical stamina, in understanding, in human perceptiveness, and creative possibilities according to their position on the ladder of civilization.

This, however, is temporary for the same potentials exist in all of us and will eventually be expressed.

The *spirit of nationalism* is another facet of separatism with its sense of sovereignty, selfish desires and aspirations, setting one nation against another.

This concept must be changed to an ideal nationalism that fosters a national contribution to the good of all nations, that aims to improve its way of life thru perfecting and preserving its culture and arts, and does not for any reason infringe on

the rights of other people and nations.

All evolution is cyclic. Nature, races and nations pass thru the same cycles of birth, growth, maturity, then decline and disappearance, as does every human being. Each cycle brings the ultimate goal a little closer.

The human family will eventually enjoy peace on earth and goodwill to all men. This ideal, though universally recognized, is yet but a dream. Can we shorten the time of its coming?

—Marge Doring

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*Dear Earlyne and Robert,*

*The first lesson for the Third Degree was received and studied this week.*

*My heart feels so joyous I hardly can put into words my gratitude and wonderment of all I am learning through you two magnificent beings, Master Zoser and Astara.*

*Now I'm beginning to glimpse the meaning of "And the Truth shall set you free."*

*Thank you. I love you and all Astarians everywhere.*

*J.N., Covina, Calif.*

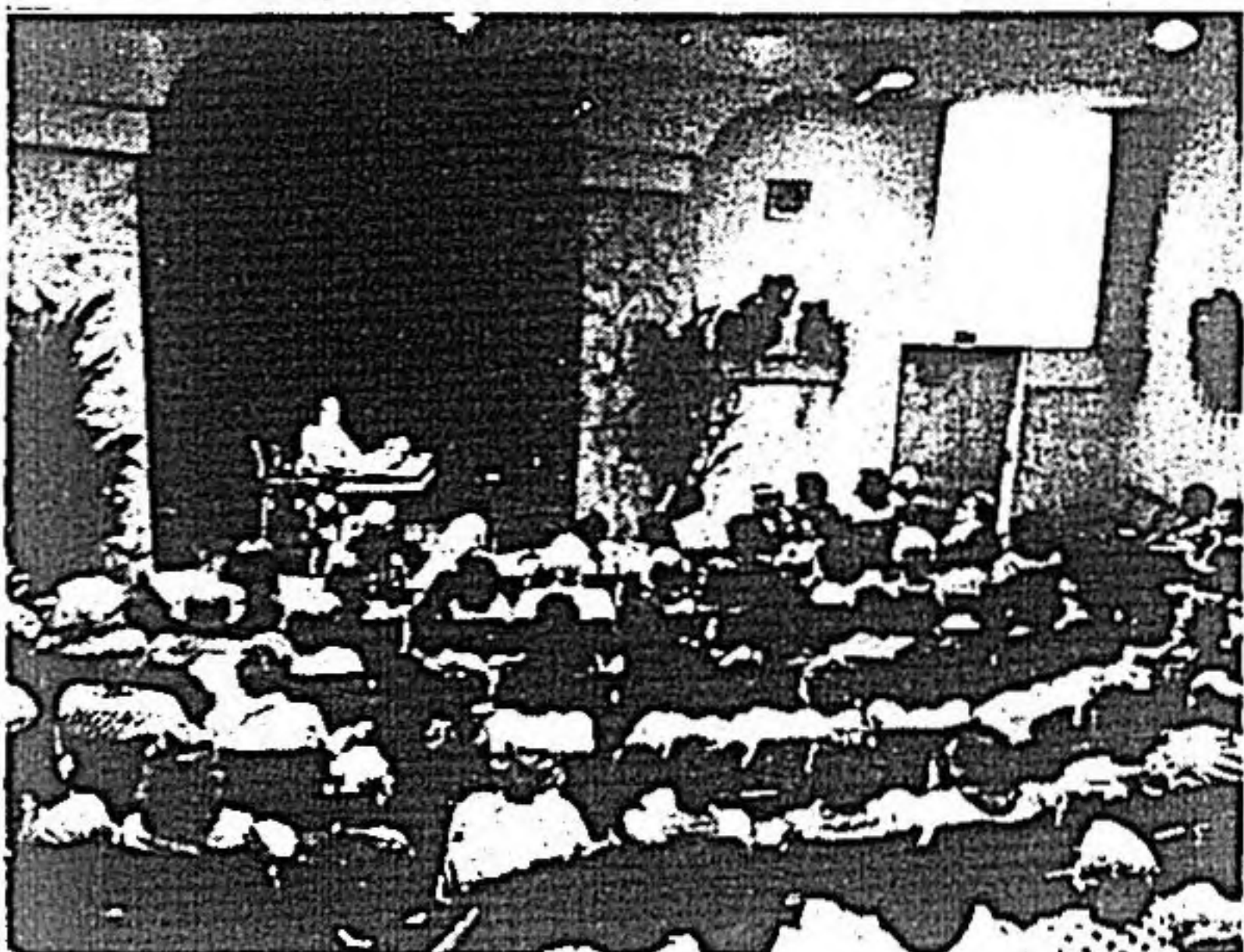
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Do not be frightened of the word "Meditation". In the world in which you live, it is practiced in various ways, whether or not you are conscious of it. Is it possible, without one-pointed attention, for a doctor to diagnose a disease, a judge to decide his verdict, a technician to make a delicate instrument like radar, a professor to give a lecture, a housewife to prepare food, a chauffeur to drive a car, a vocalist to render intricate passages of music, or a mathematician to solve problems?

Swami Muktananda



...Astara's  
seminars  
are  
memorable  
experiences.



## IN MEMORIAM

We express our appreciation and love to the following persons who made memorial gifts to Astara, and to those whose memories they honor.

Oscar L. and Myrna M. Collan, in memory of Holly Walters.

Mary L. Hahnfeld, in memory of Mae Jones and Maree Chaney.

Teri Hill, in memory of her mother.

Jack and Joyce Keller, in memory of Olympia and Herbert Kerrigon.

Emilia Regis, in memory of her mother and father.

Edna Stickney, in memory of Esther and Russell Wight.

Katharine Ulrich, in memory of Mrs. Donald Sanford.

Katharine Ulrich, in memory of her sister, Barbara Ulrich.

Lola N. Gibbons, in memory of her brother, Carroll Newcomb.

James J. McAllister, in memory of his wife.

## BUILDING FUND

Jimmy D. McGuire

Mildred Figgins

Mary N. Nichols

Bruce D. Paxson

Blanche Blake

Loella Neitzel

James S. Cammack

Mrs. Mary A. MacLeod

Ralph & Voncille Schmedake

Knute Haugen

Brian & Marjorie Mertz

Dr. D.W. Fletcher

Mildred Applegate

Jack & Joyce Keller

Ruth Binz





## ASTARA'S HEALING SCIENCE

From the most ancient ages, through the time of the incomparable Healer of Nazareth, a healing science was an important activity in every spiritual center. Today this is largely ignored and often misunderstood.

Astara revives and combines the ancient methods into a modern spiritual healing science. Thus, one of Astara's principal activities is spiritual healing.

Among your communications from us are healing petitions which, if you need healing, you should return to headquarters, thus establishing an etheric contact between yourself and the healing shrine where your petition is placed.

Both Robert and Earlyne Chaney, Astara's founders and directors, are trained in spiritual healing arts, ancient and modern. They will work with your petitions using scientific prayer, the magnetic energies of the healing White Light, mental visualizations, mantrums, and some of the etheric contacts and astral projections known and understood among the true thaumaturgists, the healers and miracle workers of long ago.

Complete details of Astara's healing science are outlined for you in Astara's First Degree Lessons — and the value of this knowledge in your future is beyond measure. Our files contain unnumbered testimonies to the effectiveness of Astara's unique healing methods.





Elizabeth Burrows



Rodolfo Silva



Swami Parampanthi



Earlyne and  
Robert Chaney

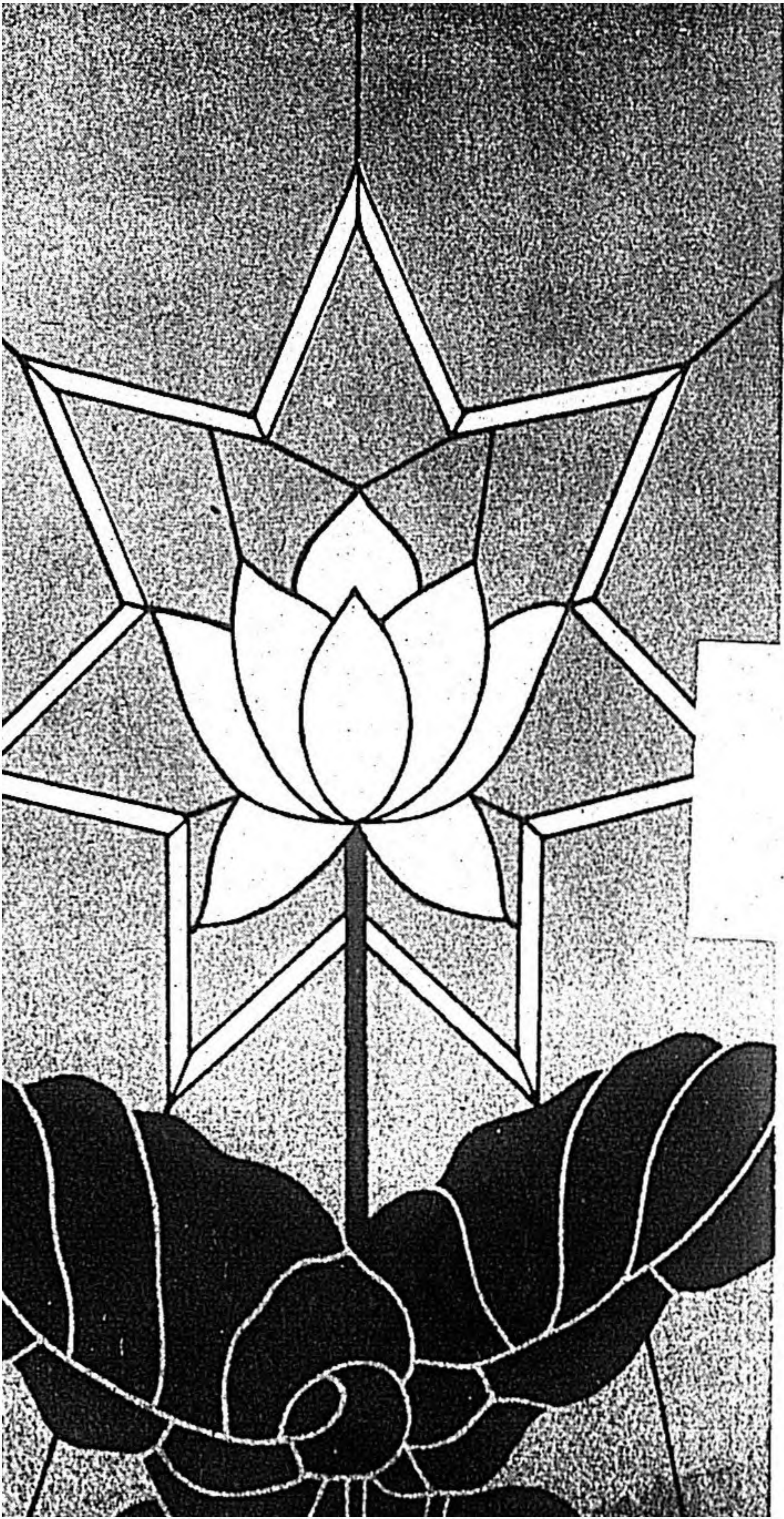
## SPEAKERS AT ASTARA SEPTEMBER '75

- Sept. 7 CHANNELS OF THE SPIRIT  
Robert Chaney
- Sept. 14 THE SECRET GARDEN  
Rodolfo Silva
- Sept. 21 THE MYSTIC WORLD OF PSYCHISM  
Elizabeth Burrows  
Robert Chaney, healing service  
HEALING CHAPEL, 2:00 p.m. (new time)  
A special service conducted by  
Earlyne and Robert Chaney — group  
and individual healing
- Sept. 28 THE SILVER LINING  
Swami Parampanthi  
Rodolfo Silva, healing service
- Oct. 5 THE FOURTH EMPIRE  
Rodolfo Silva

Classes and seminars are listed elsewhere.

Sunday Services at 11 A.M.  
Telephone: (213) 387-7187  
ORGANIST: Rose Diamond





# Astara

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*David*