

CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILOSOPHIES
INSTITUTE OF PSYCHIC RESEARCH

Voice of Astará

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Editor: Swami Parampanthi



MEDITATION ON LIFE

By Swami Parampanthi

Three Aims

Each individual should strive to attain three goals in life: oneness with All, love for All, and dedication to the service of All. True service is the expression of the best in us. By being true to our highest nature and by ceaselessly striving for the divine, we perfect ourselves as instruments of service under God. Service flows spontaneously from love, from a feeling of the pervading oneness of all Life.

Service, love and this feeling of oneness purify us and make us kind and compassionate to all life. They baptize us for the noble life of wisdom and spiritual values. They teach us patience and sympathy, uniting us with all creation in both pain and joy. Service, love, and unity are open to all people from all walks of life. Ultimately they lead us to God and to our own salvation.

Meaning of Life

The meaning of life must come from life itself. The meaning thus realized has to be integrated with our consciousness, action and contemplation. It cannot float in the air as an abstract concept isolated from our daily life. The meaning of life is the discovery of our ultimate being and essence and the attempt should be made to express it more and more fully.

Inevitably it is the manifestation of our inner, divine self which is creative — full of grace, beauty and truth. In life, what is involved is evolving. When we discover the values within us, we begin to

Continued on Page 7

FIFTH DEGREE LESSONS READY

Two more new lessons in the Fifth Degree are now available to Astarians who have progressed to that point in their studies.

Lesson 18 continues with the following teachings: The Mysteries of the Crown Chakra; the Holy Grail; Qabalah, its Tree of Life; Man, the Microcosmic Tree; the relationship of the Mystic Tree and Meditation; the Ancient Rosicrucians, the Mystic Dow and the Alchemical Cross.

Lesson 19 discusses Jesus — the Man and the Mystic Christ. Three aspects of his life are reviewed: the meaning of Historical Jesus; Immaculate Conception, sinlessness and significance of his supernatural birth; the New Man of the Mysteries and the story of the early church Fathers.

If you have progressed in your studies through 5th Degree Lesson Number 17, the above Lessons may be requested by using the enclosed continuation form.

REPRINTS SCHEDULED

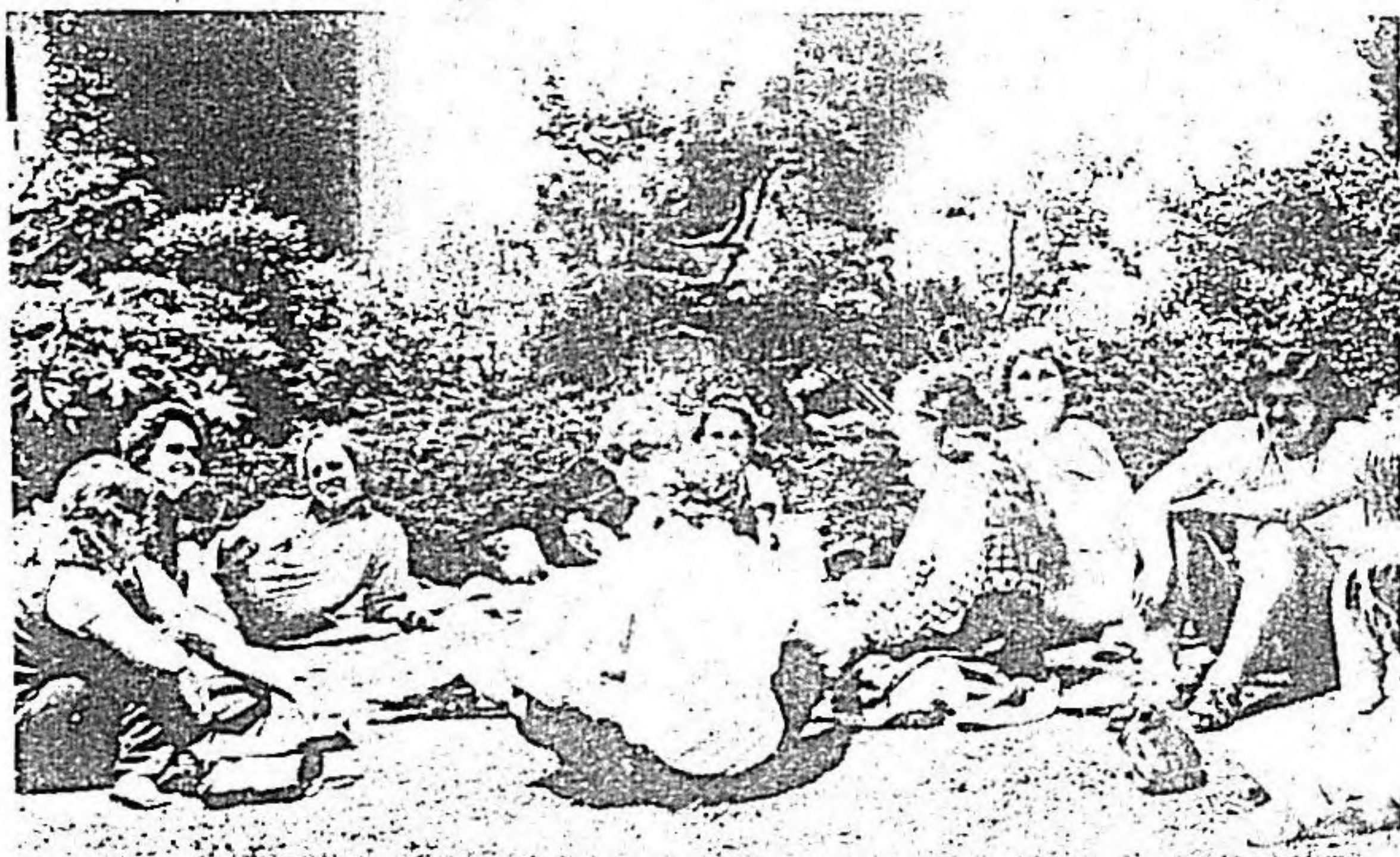
It has been necessary to order a second printing of two *Library of Mystical Classics* titles: Dr. Earlyne's *Remembering* and Swami Parampanthi's *Creative Self-Transformation Through Meditation*.

Both books are extremely popular. Scores of members have told us they have given *Remembering* to friends resulting in heightened interest in Astara and its teachings.

Numerous groups have ordered *Creative Self-Transformation* in quantity, using it as a study text in meditation for the entire group. The "six weeks course" aspect makes it ideal for this purpose.

I have come to believe that a great teacher is a great artist, and that there are as few as there are any other great artists. It might even be the greatest of the arts since the medium is the human mind and spirit.

—John Steinbeck



A break during Astara's popular Lodestar seminars is a good time to visit with fellow students.

LODESTAR SEMINARS

All available seats for the August 2nd Lodestar Seminar, *A Day with Earlyne Chaney*, have been reserved and there is a sizable waiting list. Therefore another "Day with Earlyne" has been scheduled for Saturday, November 1.

Earlyne will discuss numerous aspects of the Ancient Wisdom, life before birth and after death, yoga and its philosophy, and other mystical subjects as time allows, using specially made color slides to illustrate the teachings.

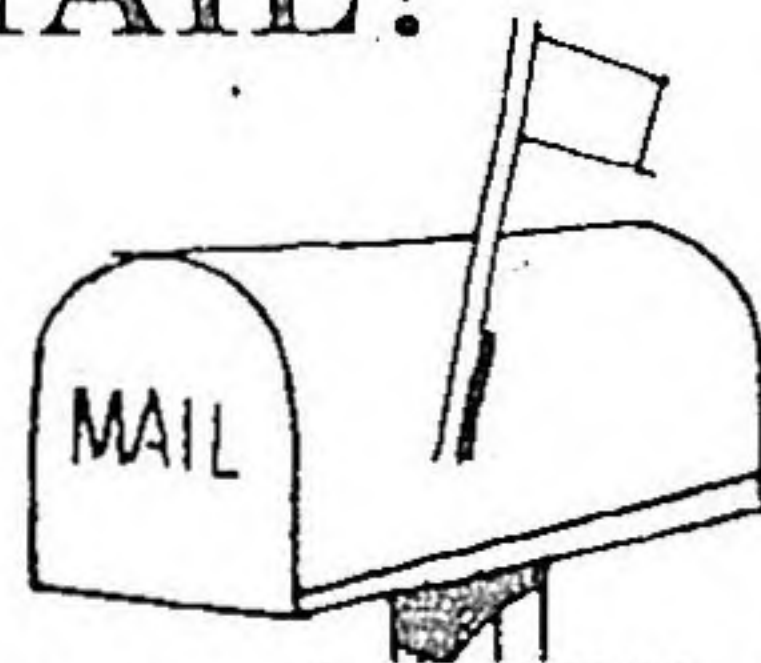
Seats are also available at Dr. Robert's second seminar Saturday, October 18. He will discuss ESP and its many practical uses in everyday life, will use color slides and give a demonstration illustrating the teachings.

A September Lodestar Seminar date and teacher will be announced as soon as the details are determined.

Reservations for all seminars may be made with Dr. Rodolfo Silva, registrar. The tuition is \$10 for the 10 a.m. to 4:00 p.m. meeting and includes lunch.



JUNK MAIL?



Newspapers, magazines, TV and radio frequently present editorials about what they call "junk mail." They are, of course, referring to third class mail. The "third class" designation describes the way the mail is handled — not its quality.

The Postal Rate Commission has recently corrected a news release which indicated that third class mail is handled at a loss. The Commission now says there are two categories which provide more revenue than cost:

1. Bulk non-profit mail, and
2. Bulk regular rate.

Both these categories are used by Astara for mailing lessons, announcements of new books, announcements of meetings, etc.

PROBLEMS WITH MAIL?

There are bound to be problems with mail — delayed arrivals, mishandling, loss, damage — due to the sheer volume handled in the U. S. Postal System as well as other systems around the world.

For an example, the Chicago Post Office alone handles three billion pieces of mail annually. That's 8,219,178 pieces every day!

ON FREEDOM

Remember that to change your opinion and follow him who corrects your error is as consistent with freedom as it is to persist in your error.

—*Marcus Aurelius*



An Astarian in Need Never Walks Alone

He healeth the broken heart, and bindeth up their wounds. (Ps. 147:3)

IT WAS MOSTLY YOUR HELP

Dear Dr. Robert and Dr. Earlyne:

To Dr. Robert I wish to say "thank you" for the snapshot of Dr. Earlyne to help me visualize her. It really worked too. I found that it helped me to visualize other things as well. In fact I think that the camera which had been used to snap her picture, picked up the white aura about her head. I know there are some cameras which are equipped to do that.

I am most pleased about the way my phlebitis is coming along. I had an interview with my doctor yesterday. He was most surprised at the improvement I had made in walking. He just couldn't believe it. I am sure it was mostly your help that has made the prayers successful, and am very grateful.

Sincerely,
F.B., California

...LIFTED ME TO A NEW HIGH

Dear Friends:

Bless you all for the loving prayers for my legs and back. Just 48 hours after mailing the Healing Petition to Astara, I felt a warm tingling in my legs and back. I went to a Healing Service two weeks later, which lifted me to a new high. The peace, love and contentment I now feel is beyond

any words I could use, feeling words are inadequate. My love and gratitude is sent to Astara at the start of each meditation or prayer.

The Degree Lessons and Astara is the "Something" I have been searching for these past 20 years.

I thank the Father for His guidance, for a friend who told me of Astara, and look forward to my future studies of the Degree Lessons with anticipation.

Lovingly,
M.R.R., Pico Rivera CA

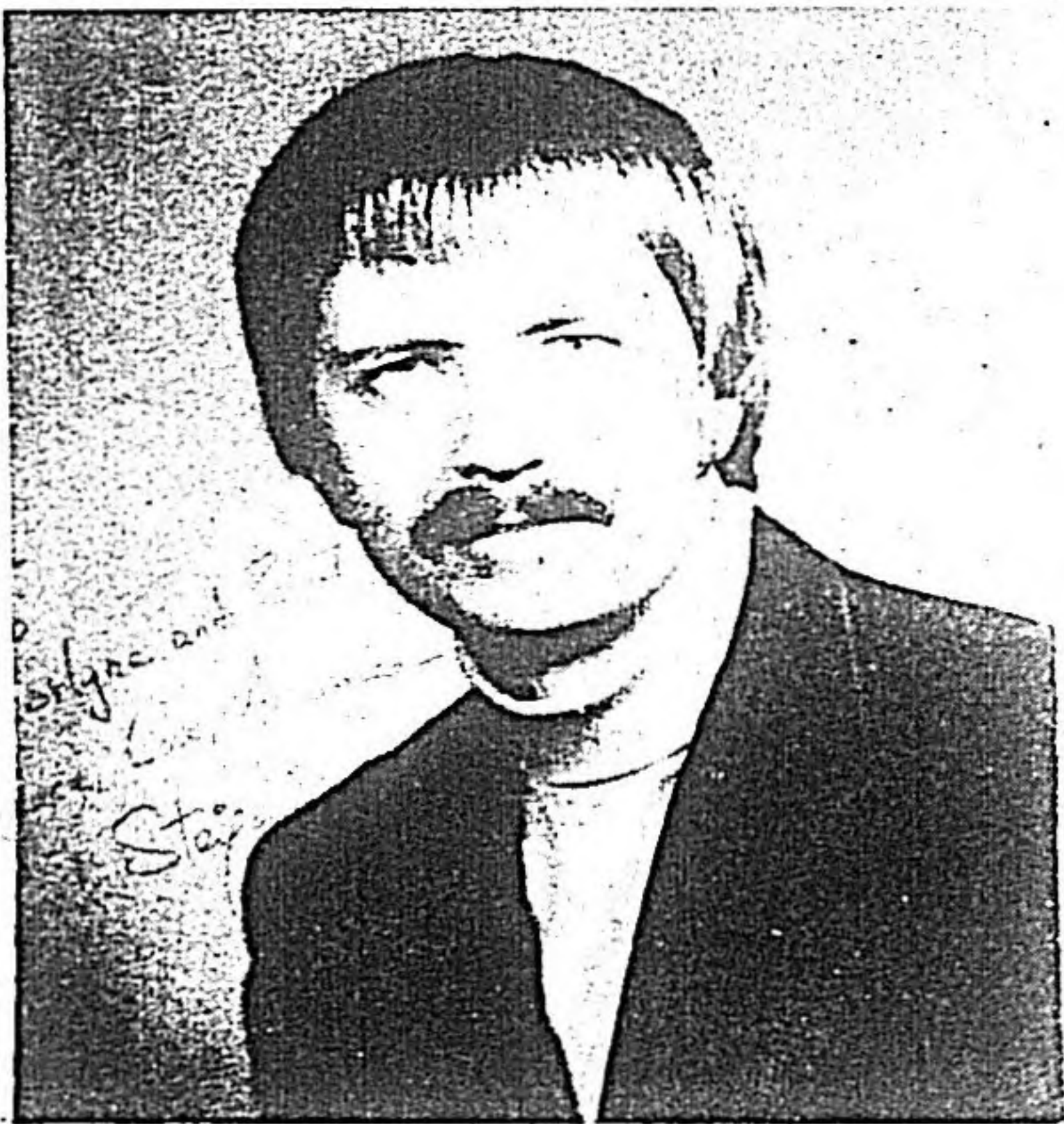
GOD'S RESPONSE WAS QUICK

My mother wrote you in April, requesting prayers of healing for a ruptured disc in my back, which according to the doctors, required surgery.

Thanks to the many channels of prayers, God's response was quick and surgery was avoided. Fourteen days of traction in the hospital and bed rest at home, was all it required and I expect to be back at work in a few weeks. I thank you for your prayers and the wonderful work you're doing in preparing all people for the coming of the New Age.

My mother also sent me Earlyne's book, "Remembering." It was the most inspiring book I've ever read, and once started on it, I found it impossible to put it down until I finished it.

Love and Blessings,
Mrs. E.G., Johnstown, Ohio



I was most interested in Remembering because of the straightforward manner in which Earlyne Chaney discusses her interaction with multidimensional guides from her earliest childhood. Her acceptance of her companions in the unseen world and her utilization of their guidance make for an account that becomes fascinating. Perhaps the narrative — again that dangerous first-person — may now and then strike a too romantic tone for some readers, but Ms. Chaney's sincere conviction serves as a counter balance for sentimentality.

—Brad Steiger

The name Brad Steiger is now a household word to those who have shared his findings in the form of popular books — almost 50 to date. He has become one of the more widely read and prolific authors in a formerly esoteric field.

Some of his current books are, *Mysteries of Time and Space*, \$7.50; *Medicine Power*, \$6.65; *Medicine Talk*, \$7.50; *Revelation: The Divine Fire*, \$7.50.

(These books are available at Astara's bookstores.)



Dear Earlyne:

Many thanks for "Remembering".

Every truth seeker's journey from sense to soul is interesting to fellow travelers along the upward way: this one, the joint account of two who have journeyed as one, is replete with unusual accounts of phenomenal experiences, with which, I have no doubt many readers will identify.

Remembering has the ring of sincerity and will be an inspiration to many travelers on The Path.

My best to Robert and you.

Blessings,

Ernest Wilson

Ernest Wilson could well be called the living light of Unity. Many years the pastor of Christ Church Unity in Los Angeles, he now is a minister at Unity Headquarters at Lee's Summit, Missouri, where he shares his vast wisdom with unnumbered seekers of Light.

His writings have been an incomparable source of inspiration for many years.

Among his most popular books are: *Every Good Desire*, \$5.65; and *Week That Changed The World*, \$2.80.

(These books are available at Astara's bookstore.)

Continued from Page 1

apprehend the values of the external universe. When we truly discover the presence of God within us, we can then vividly express our true meaning and destiny.

Renunciation And Fulfillment

We learn early the benefits of renouncing lesser things for greater things. It is fairly easy to give up ten dollars now for twenty dollars later. Parents constantly abandon their own pleasures for the sake of their children. We are always abandoning smaller goals for bigger prizes. Therefore, surrender is natural to all of us.

Renunciation is a selective process that tends to remove all the non-essentials and trivia from life, so that lean, unrestricted and unburdened life may flow toward the highest fulfillments. A great person does not hesitate to give up a few little goals for the attainment of all great goals. Thus, the spirit of renunciation leads man step by step to higher and higher objectives. It tends to free man from the shackles of life's inconsequential affairs and leads him toward the open dominion of soul and God.

True renunciation dawns upon a person when he realizes that everything he has is the gift of God, that he is to grow and live in a free universe to express his God-given nature and that his life should become a living center for the transmission of God's grace and benediction.

Egolessness is the absence of the selfish sense of 'I' and 'mine'; it is true renunciation. The egoless person no longer relates to people and things through his ego and selfish desires. He surrenders himself to the flow of the divine from within himself toward God. He does not retire to a cave; he lives

COLLEGE STUDIES

One hundred fifteen colleges in the United States and Canada are now offering courses in some way related to parapsychology . . . a dramatic commentary on the evolving attitude toward the kind of philosophy Astara has been presenting for nearly a quarter of a century.

If you would like a list of the colleges, their courses and teachers, send \$2 and something extra for return postage to the *American Society for Psychical Research*, 5 West 73rd Street, N.Y., N.Y. 10023. Ask for the college list.



Sita Chaney is helping Astara this summer in the Correspondence Department. After a summer's end vacation she'll enter her sophomore year at college.

fully and participates in the manifold activities of the world. His vision is clear, his actions effective, his creativity unlimited — simply because his ego does not bind, restrict and impede the endless flow of his divine nature. Now he is truly free, truly unburdened and truly in harmony with all life, and God.

DEVELOPMENT OF THE WHOLE PERSON

By Ray Harrold

AN OBSERVATION:

"We are only half awake, making use of only a small part of our physical and mental resources," said William James.

For most of us, our search for "The Way of Life" is based on and conditioned by an inner experience.

Plato called it "the hidden pattern."

Emerson called it "the divine spark."

Socrates said, "Know Thyself."

Marcus Aurelius said, "Be Yourself."

Jesus said, "The Kingdom of God is within you."

Paul said, "Neglect not the gift within thee."

The quest, the search to find a better track to run on, to be more of what we call a whole person — to be integrated physically, mentally and spiritually — has been going on for a long time. Deep in the "psychic structure" of most of us is an urge for better, greater, richer individual development.

IT'S THERE. We do have a rich, unexplored area for personal growth; a challenge to develop deeper vital forces that are latent in our subconscious minds. We have a challenge to find something that will fit our own unique pattern — to gather, examine and study resources that have seeds of help for our unconscious.

Some of the techniques used for tapping, stimulating and releasing below-the-conscious powers are: self-hypnotism, affirmation, auto-suggestion, autoconditioning, hypnosis, memorization of spiritual

truths, repetition of Bible verses, and prayer.

In working for inner use of outside resources, we choose and we should use the method that works best for us as individuals to open channels of reception for improved insight, imagination, intuition, invention and illumination.

THE START

To string together verbal symbols, one successful method is if these symbols touch a part of our vocabulary which is related to our past experience and to our past word conditioning.

A TECHNIQUE

We can plant ideas, plans, purposes in the conscious-subconscious — repeat these aloud if possible — and meditate on them. We can talk to and reach the subconscious mind with these words that have been emotionalized with faith — for believing faith is the catalyst that gets results.

We can and should continuously seek to develop an awareness, a sensitivity to an unseen, infinite, invisible Source of Power.



Pamela Sargent and Jacelyn Eckman examine their gear for a month's back packing trip in the High Sierras. Jacelyn is leaving her position as Dr. Robert's secretary to pursue a career as a spiritual teacher.

ASTARIAN healing petition

1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

for the following difficulty: _____

NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .

Nothing but good can come to me . . .

Nothing but good shall go from me . . .

I give thanks!

Dear Astarian -

Give me a message,
✓ I'll deliver it to
Astara's Headquarters
for you.

As your Messenger
Envelope I'm ready to
carry your Healing or
Cosmic Help Petition,
request for lessons,
donation, or any letter
you wish to send.

Just slip me out of
the Voice. For you, I'm
ready to serve any
time.

Sincerely,
Your Messenger Envelope



Earlyne Chaney whose quest for truth led through Hollywood to world-wide prominence as a teacher of mysticism.

Remembering

THE AUTOBIOGRAPHY OF A MYSTIC

By Earlyne Chaney

REMEMBERING is . . . a story of life after death . . . and love beyond death . . . the story of a quest for a love from a past life whose eyes haunted her dreams . . . of contact with a Great Being from the Other Side whose influence brought illumination to one in search of Light.

Do you believe unseen beings guide our lives?

Do you believe unseen beings sometimes guide and guard those whose destiny is marked for greatness? *Remembering* tells of such a being — his appearance and his prophecy to a girl whose search for God led her away from orthodox religion and into mysticism . . .

Do you believe in life after death?

Do you believe our loved ones can, under certain circumstances, return to bring solace and guidance to their bereft? *Remembering* tells of the pilot whose death in a plane crash changed the life of this same girl — how she turned from a career as a movie actress to search for the meaning of life and death and immortality. And how he returned to tell her he still lived . . .

Do you believe you have lived before?

. . . and that you can dream dreams of the one whose love endured from the past? *Remembering* tells of the girl's lonely search for the beloved and how the pilot, from the Other Side of life, guided her to find the eyes that haunted her dreams.

This autobiography of a mystic is a true story of life from a humble beginning to a film career, then to eminence as one of today's outstanding authors of mystical teachings whose writings are sought by mystical seekers the world over.

Remembering by Earlyne Chaney is a life-changing experience. A journey through its pages is an upgoing path into the starwists of your own soul searchings, vague rememberings of other lives, other loves, other hopes, your own yet-to-be dreams.



Robert Chaney whose love; haunting her dreams of a long-ago life, guided her way into a new light.

"A most sincere effort — an exciting account of a personality search into the unknown . . . well worth the reading."

—Norbu Chen



Captain Marvin Moore the pilot who pierced the veil of shadows to tell of continued life.



Norbu Chen, internationally known Tibetan Lama, is a widely acclaimed healer and teacher.



CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

by
Swami Parampanthi

A SIX WEEK COURSE

. . . Change yourself in a creative way, bring forth your inner potentials, go directly to the source of your highest inspiration and creativity . . . your own inner being.

Swami Parampanthi helps you discover you've actually been meditating all your life — and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. To gain spiritual insight, or, to become more creative, competent or capable, or to achieve scores of personal benefits, *Creative Self-Transformation* offers you the path towards greater success, self-realization and fulfillment.

If you want to be your real self, use the order coupon for *Creative Self-Transformation*, a treasury of instruction on the world's oldest and most helpful personal science.

ADVENTURES IN ESP

by Robert Chaney



Could you use a time-tested formula to improve your intuition? Would you like to focus your inner sight on visions of other dimensions, or on scenes a thousand miles away? Or know the history of an object, simply by touching it?

Adventures in ESP is a fascinating guide to unexplored areas of your inner being . . . areas that become revealed to the Aquarian Age person.

Here is a book of New Age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life . . . to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

Adventures in ESP is a concise, compact instruction manual to help you develop, use and apply ESP in your everyday affairs.

LOVE IS THE HEALER.....\$5.65

Drawing from more than 30 years of counseling, Stella Terrill Mann illustrates the common need for love with examples from life, and says that if we fully develop our capacity for love and understand our power, we can surmount every obstacle. No problem would be too great.

HOW TO ANALYZE & OVERCOME YOUR FEARS...\$2.25

This little book, also by Stella Mann, is a treasure of real-life stories that deal with the kind of fear that invades our daily life as we strive to cope with finances, security, marriage, death, and relationships with others.

Astara 261 S. Mariposa Ave. • Los Angeles, Calif. 90004

Each price on this order form reflects the 5% discount allowed on each title. All sales are final. No refunds or exchanges.

Please allow at least three weeks for delivery in the United States:

CHECK BOX BELOW WHEN ORDERING

- | | | | |
|---|--------|--|---------|
| <input type="checkbox"/> <i>Remembering — The Autobiography of a Mystic</i> | \$8.50 | <input type="checkbox"/> <i>Psychic Exploration</i> | \$16.60 |
| <input type="checkbox"/> <i>Adventures in ESP</i> | \$3.75 | <input type="checkbox"/> <i>A Prophet in His Own Country</i> | \$7.50 |
| <input type="checkbox"/> <i>Creative Self-Transformation Through Meditation</i> | \$3.75 | <input type="checkbox"/> <i>Esoteric Mind-Power</i> | \$5.65 |
| <input type="checkbox"/> <i>Light & Life Cookbook</i> | \$6.60 | <input type="checkbox"/> <i>Color Therapy</i> | \$6.60 |
| | | <input type="checkbox"/> <i>Love is the Healer</i> | \$5.65 |
| | | <input type="checkbox"/> <i>How to Analyze & Overcome Your Fears</i> | \$2.15 |

_____ Number of books ordered Amount \$ _____
California residents add 6% tax \$ _____
Total amount of this order \$ _____

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SEND TO

Name (please print)

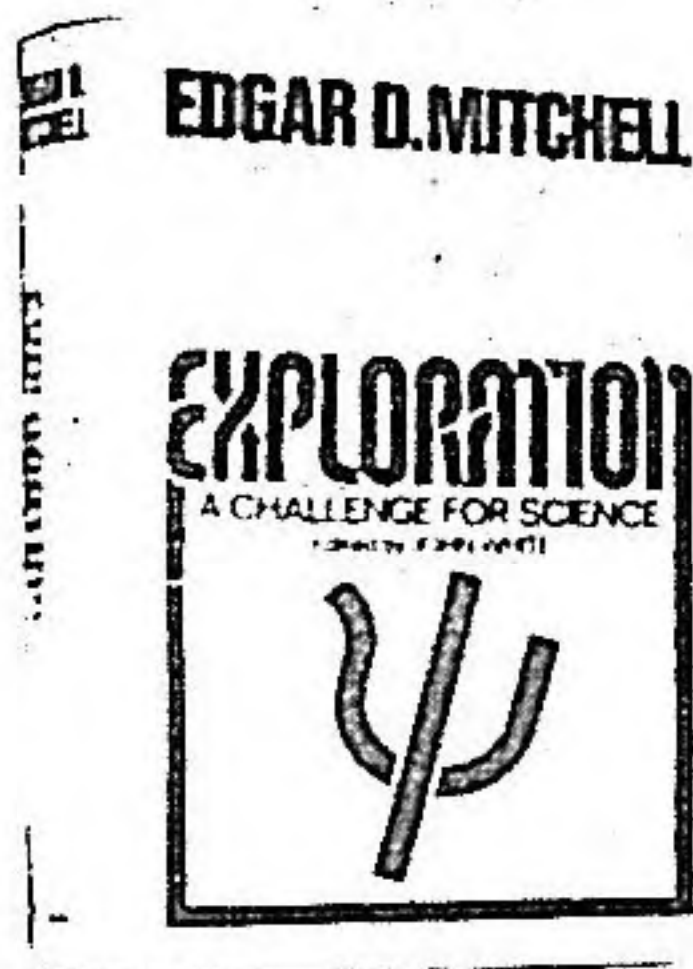
Name and number of street

City

State

Zip Code

EDGAR D. MITCHELL



PSYCHIC EXPLORATION

A Challenge for Science
edited by John White

Over 25 chapters on every area of psychic research, written by notable scientists specially for this book under the direction of Edgar Mitchell, astronaut and moonwalker.

He says of his experience in outer space, "Clearly the universe had meaning and direction...an unseen dimension that gives it an intelligent design, and that gives life purpose." "Psychic Exploration" is a record of man's efforts to establish the truth of that purpose.

A PROPHET IN HIS OWN COUNTRY.....\$7.50

Jess Stearn's story of young Edgar Cayce. A portrait of the famous mystic and healer drawn from miracles of love and of self-discovery, and his determination to keep the Gift free of personal gain.

ESOTERIC MIND-POWER.....\$5.95

This new book by Vernon Howard is a treatise on higher laws of mind and consciousness, with methods for achieving goals and personal fulfillment.

COLOR THERAPY.....\$6.60

Linda Clark spent 20 years researching the technique of color healing known and used by early Egyptians. In this new book she explores the use of individual colors as natural treatment for a variety of health problems, and tells how personality traits may be determined from the color of one's aura. A chapter on gemstones and amulets relates their vibration and wavelengths to color and their effect on people. An excellent reference book.

THE BULL, THE RAM, THE FISH, AND THE MAN

Passing ages have their symbols, abundantly overflowing with meaning and inspiration to the perceptive consciousness.

The bull was sacred in the Taurian Age; in the Arian Age it was the ram; the fish symbolized the Piscean Age; and in the present Aquarian Age it is man himself — not physical man, but the man in the heavens, or the one who functions in the Aquarian Age consciousness.

You are in the process of becoming the Aquarian Age man. As you grow in understanding and enlightenment, you approach nearer and nearer the divine state which the symbol signifies. Use the Continuation Form on the reverse side for additional Astarian Lessons. Gain more insight to the Council Halls of Eternal Truth.

THE DETAILS OF THE
INFINITE PLAN ARE LEARNED
IN THE COUNCIL HALLS
OF ETERNAL TRUTH.



Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S.

For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.



Astara 261 South Mariposa Avenue • Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose \$4. Send next two Lessons.
- ☐ I enclose \$7.80 for four Lessons.
Send 2 each month. (saves 20¢)
- ☐ I enclose \$11.40 for six Lessons.
Send 2 each month. (saves 60¢)
- ☐ I enclose \$14.80 for eight Lessons.
Send 2 each month. (saves \$1.20)
- ☐ I enclose \$18 for ten Lessons.
Send 2 each month. (saves \$2.00)
- ☐ I enclose \$25 for fourteen Lessons.
Send 2 each month. (saves \$3.00)
- ☐ I enclose \$38 for twenty-two Lessons.
Send 2 each month. (saves \$6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

- ☐ Please send the Lessons I have requested via First Class mail.
I enclose an extra 50¢ for each two Lessons (50¢ for 2; \$1 for 4; \$1.50 for 6, etc.)

Name (please print) _____

Street & No. _____

City _____

State _____ Zip _____

- ☐ Check here if new address since your last order.



THIS MESSENGER IS DIRECTED TO ASTARA FROM

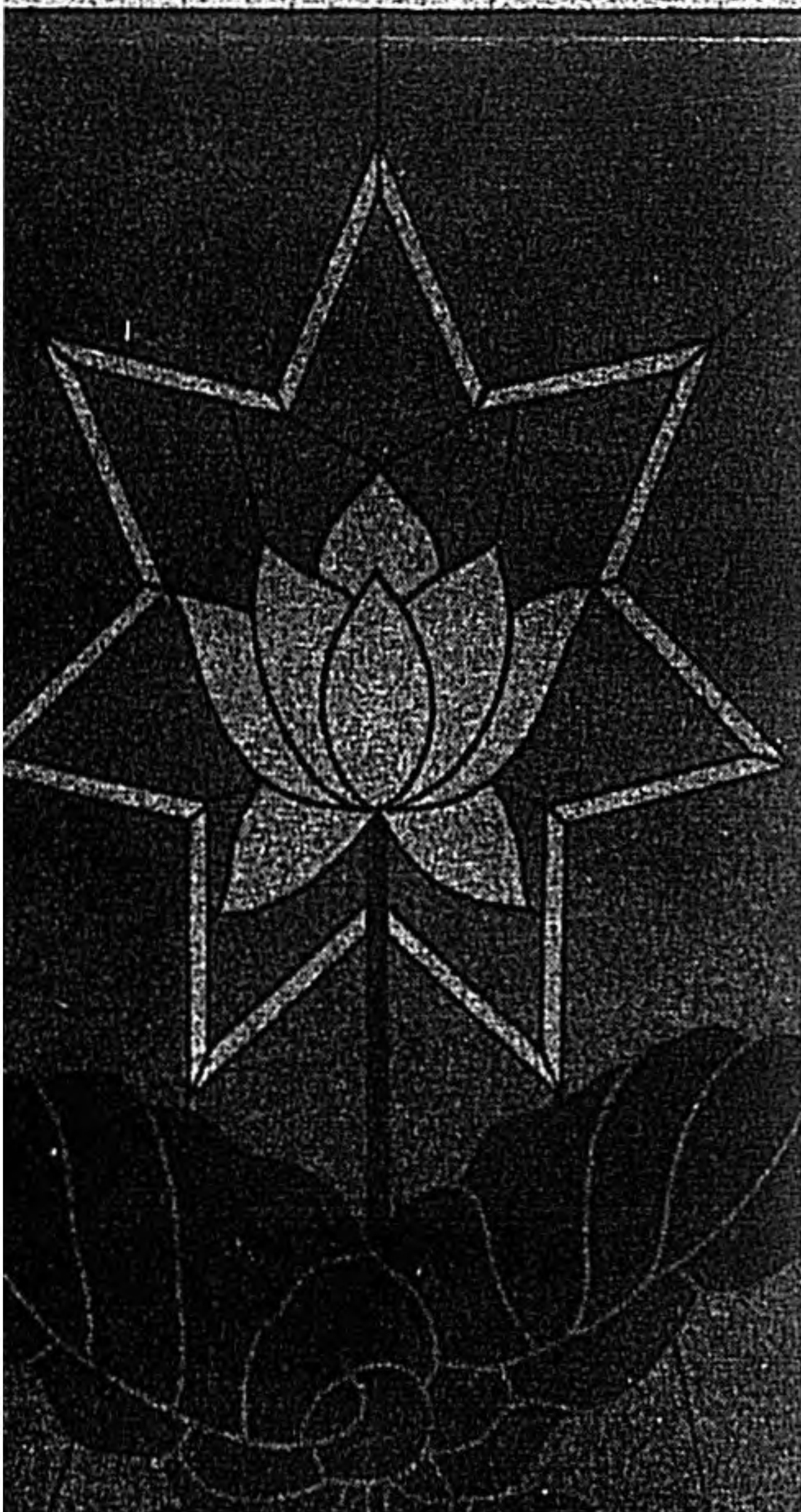
NAME _____

ADDRESS _____

CITY _____

STATE _____

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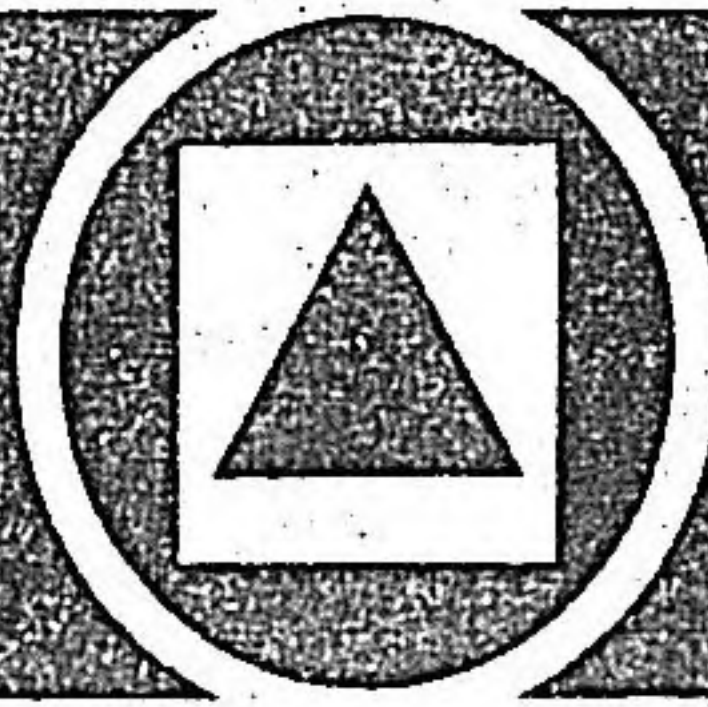
Stamp



Astara

261 South Mariposa Ave.
Los Angeles, California 90004

request for cosmic help



circle of the secret seven

On this petition write clearly and briefly the nature of your need, then sign below.

Meditate with it a few moments before sending it to Astara.

Name _____

Address _____

All communications on this sheet are held in the strictest confidence.

Astara 261 South Mariposa Avenue Los Angeles, California 90004



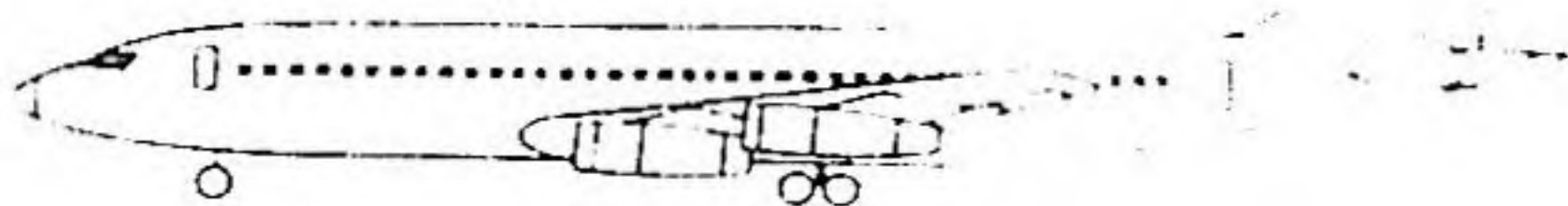
Give us, O God, the vision which can see Thy love in the world in spite of human failure.

Give us the faith to trust Thy goodness in spite of our ignorance and weakness.

Give us the knowledge that we may continue to pray with understanding hearts, and show us what each one of us can do to set forward the coming of the day of universal peace. Amen.

Astronaut Frank Borman's Prayer for Mankind, Beamed 230,000 Miles from Moon to Earth, December 25, 1968

A
VISIT
WITH
ROBERT



August, 1975

Dear Fellow Astarian,

This is being written on an airliner about five miles off the earth. As I look out the window, the wing seems a frail thing to support so much weight--the plane, the people, engines and cargo.

Yet I have confidence in the builders, the crew, the ground staff--scores of persons, really--upon whom I'm relying for a safe one hour jump over mountains and desert, and in a few hours home again.

It emphasizes how much we rely on others in our lives without realizing it, often without knowing or even seeing them. How many combinations of unknown circumstances have been woven into the situation you and I experience at any given moment? There's no way to count them so we'll never know.

In the same way thousands of destinies are interwoven with the destiny of Astara, yours included. If you make a change in your life, there's a change in "Astara's

life." The Astarian who lives 5,000 miles from headquarters doesn't change his or her relationship to Astara without changing the nature of Astara.

Each of us sends to, receives from, absorbs and reflects, the nature of our own beings and the nature of Astara, which we are constantly molding. We are all part of a Great Unity in which, indeed, not one of us is ever alone.

So it seems important that we "send" to Astara, and thus to each other, the same kind of emotional and mental "atmosphere" we'd like to receive--love, strength, a positive attitude toward goal realization.

What would you like to receive? Send it in. It will come back, amplified for your personal purposes.

The Light and Life Cookbook, fourth book in Astara's Library of Mystical Classics, has met with excellent responses from members, and a great deal from non-members too. Many must have been "sending in" for it long before it became an idea in the collective Astara consciousness.

Keep in touch--

A handwritten signature in cursive script that reads "Robert".

Best wishes,

MINI-MEDITATION

by Hildegarde (Heidi) Olsen

We humans are such a paradox, aren't we? On the one hand we speak of brotherly love, while on the other we fuss with members of our family, the neighbors, co-workers. Science strives to alleviate suffering and prolong life, while simultaneously inventing devices which could maim or wipe out every living thing. Two sides of the coin — good and evil. We're both do-gooders and do-badders.

Perhaps if all religions and philosophies taught the laws of karma and reincarnation we would be well on the way to making this a better world, because we as individuals would know to look twice to our thoughts and deeds of today, realizing that we will reap their fruits tomorrow, be they bitter or sweet.

The law of karma is just. It exacts payment and offers rewards. Our good deeds, thoughts and motives, unerringly find their way to the credit side of our Cosmic Ledger to offset the debit entries made as a result of past errors. It is to offset these debits with credit entries that we should constantly strive.

We each hold our own "cosmic pen," and on which side of the Ledger it writes is up to us. Also, you and I hope to add as much credit as we can to not only our own Ledger, but to that Greater Ledger which logs the balance sheet of all mankind. Only when the credits over-balance the debits, will we have peace on earth, good will toward men.

Jesus said, "A new commandment I give to you: That you love one another as I have loved you." It is this essence of Christ-love we should put into prac-

SAVE TIME USE ORDER FORM

You will help Astara considerably and speed the mailing of lessons, books and other items you are requesting if you will use order forms.

When your orders are written in with correspondence, someone in the office must rewrite the order on an order form before it can be processed. ✓

The reason an order form must be made out, either by you or by us is because it must be kept on file for at least a year after the order is filled and we could not possibly keep an orderly file of correspondence with its many different sizes and numbers of pages.

Many Departments

Another reason is that often different departments are involved. For instance, if your correspondence requests lessons, a book and a tape recording, along with a healing request, it must go to four different places and for that reason three order forms and a Healing Petition would need to be filled out here.

Please do help us save time and money by using order forms whenever possible.

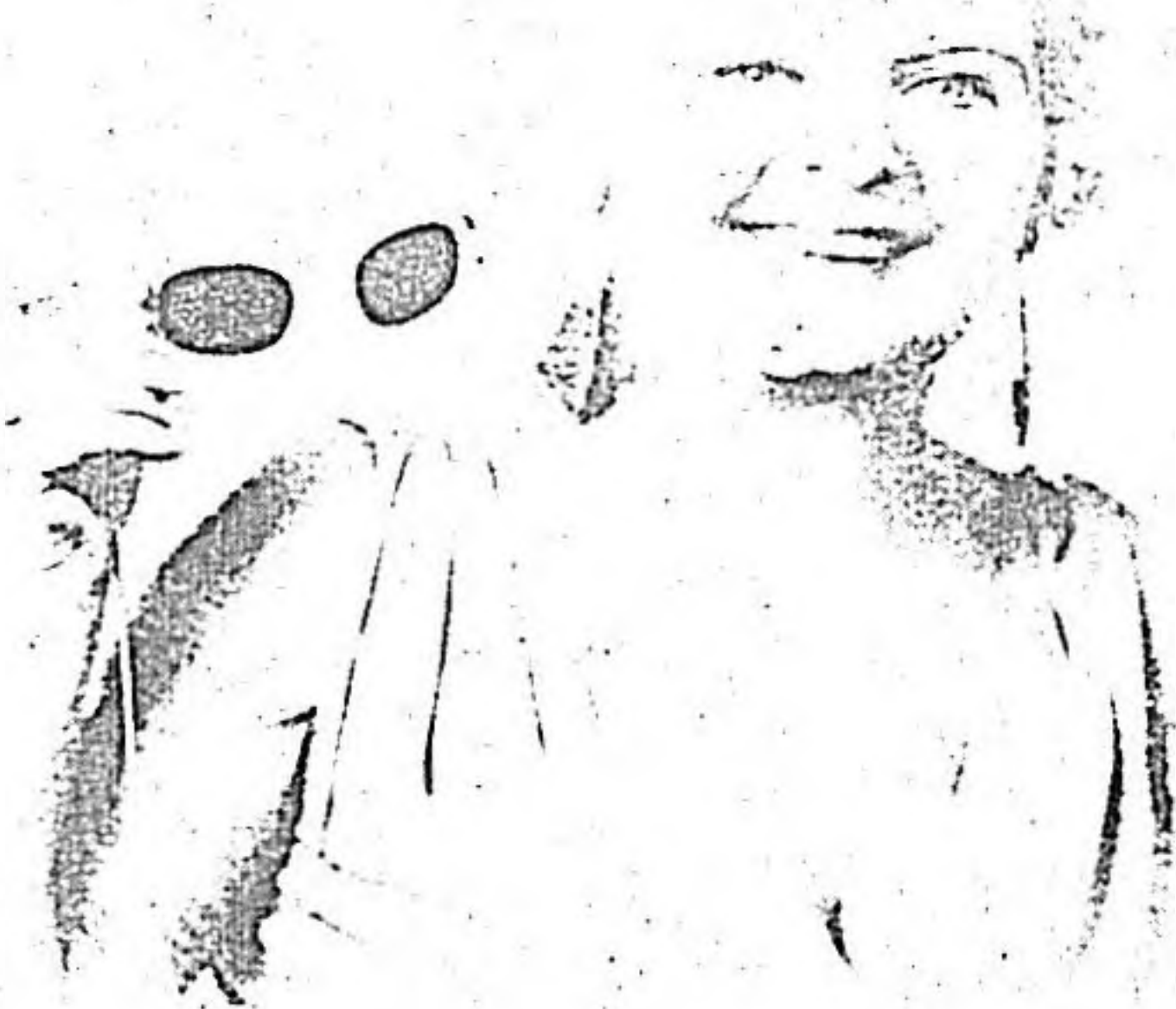
tice to transmute the ink in each of our cosmic pens from debit-red to credit-black.

The Greater Ledger will then show credit entries, too, and "peace on earth, good will toward men" will become a reality instead of just a fragile but persistent dream.

SPECIAL CLASS

Health lecturer Diana Deimel presents a special class at Astara, Friday, August 29, at 7:45 p.m. She will discuss health and nutrition with special emphasis on foods and exercises for improved eyesight.

Diana is the author of *Vision Victory*. She is a native of Australia, where she was an actress and band leader. She came to the United States as an associate of the late Bernarr McFadden, has lectured throughout the country for the *National Health Federation* and has been interviewed on hundreds of TV and radio shows.



Actresses Ellen Corby and Anne Francis visit with Earlyne following a recent Sunday service at Astara. Miss Francis was the speaker.

RECIPE OF THE MONTH

There are approximately 400 recipes in Jan and Alan Pearson's *Light and Life Cookbook*, just published as the fourth book in Astara's *Library of Mystical Classics*. If you haven't yet ordered and received your copy, you might like to try the following sample recipe.

Peach Nut Salad — serves four

2 ripe peaches, chopped
1/2 cup walnuts, chopped
1/2 cup celery, diced
1/2 cup homemade yogurt
(a good store bought variety
can be substituted)
1/2 TB. honey
1 drop vanilla extract
1/2 cup apples, chopped
2 lettuce leaves

Combine all the ingredients gently and serve immediately, or chill before serving. Serve on a bed of crisp lettuce.

The above recipe is from the *Light and Life Cookbook*, Copyright 1975, by Janice and Alan Pearson. Regular price \$6.95; Astara members' price \$6.60.

BUILDING FUND

Mary N. Nichols
Herb and Thelma Haskett
Blanche Blake
Mrs. Elizabeth Morgan
Thomas E. Taylor
Mrs. Mary A. MacLeod
Marie J. Boudreau
Mary Ann Allan
A.M. Perez



BOOK CLUB SELECTION

The *Light and Life Cookbook* by Jan and Alan Pearson, just published by Astara, has been chosen by the *Vegetarian World Book Club* as a major selection. Due to this selection the cookbook will of course achieve a much wider circulation than we had expected, and we are delighted about it.

The pre-publication offer mailed to Astarians last June resulted in a tremendous surge in orders for the book. The target publication date was July 25.

By now, many of the books have been put in the mail and if you have ordered one, it should be arriving at least in a very few days.

IN MEMORIAM

We express our appreciation and love to the following persons who made memorial gifts to Astara, and to those whose memories they honor.

Vivian Calderhead, in memory of her husband, Evan.

Jack John McKigney, in memory of The Reverend Andrew C. Lawson.

Annabelle Miller, in memory of her husband, Maurice W. Miller.

Bernice and Paul Allen in memory of Grace Bubb.

Bertha and Martha Haag in memory of Oscar Kopp.

Ilana Graham in memory of her father, Ted Witter.

Marvin Mohler in memory of his mother, Rachel Williams Wentzel.

Suzannah Arnold in memory of her father, Ernest Wyne.

Louise and Bob Uedsi in memory of Hatsuyo Moriyama.

SELF-WILL AND GOD-WILL

The dividing line between self-will and God-will is often as thin as the razor's edge. Profound subjective experiences are the crucial test of such an event. Man must prayerfully, in the light of his own intuitive awareness, come to the realization which defines self-will and God-will. Inner judgment alone can be the guide in this mystical venture.

God-will may be transmitted to the individual through the human senses and higher faculties; yet when such transmission takes place, the individual is left with himself, and the responsibility of actions flowing from such an experience belongs to him.

In rare, solemn moments one may have an overriding awareness of divine guidance and revelation and one may submit to its imperative operation without doubt or hesitation. However, the ultimate responsibility in this venture, as before, rests upon the individual. The complete and absolute surrender to God-will may not be possible with most of us. Only rare souls reach this apex of self-surrender and become fully divinized. In these precious and unique occasions, self-will and God-will are one. When one attains the unitive life, his actions flow from his divine Self. His human consciousness is captured by the cosmic consciousness. The individual is, then, the reflection and manifestation of God-will on earth.

—Author Unknown

PULPIT GUESTS IN AUGUST

Astara's Sunday pulpit guests in August are Gerald Solfvin, August 17, and Maxine Asher, August 31.

Gerald Solfvin is a full-time research associate at the *Psychical Research Foundation*, Durham, North Carolina. He will present an illustrated lecture about current research in connection with out-of-the-body experiences. He has been a regular contributor to parapsychological journals, organizations and meetings since leaving service in the U.S. Air Force.

Maxine Asher is a lecturer, researcher and educator who has become internationally known through her research in archaeology with the aid of psychic channels. National magazines, T.V. programs and the press have featured stories of her search for the lost continent of Atlantis and her archaeological finds in the Mediterranean and the Atlantic Ocean and in Central America. She is the Director of the *Ancient Mediterranean Research Association*.

CLASS NOTICE

There will be no Study Circle conducted by Swami Parampanthi in the month of August. The Study Circle will be resumed beginning September 5th. Please watch for details concerning these Friday evening sessions in the September *Voice*.





Gerald Solfvin



Maxine Asher



Rodolfo Silva



Swami Parampanthi

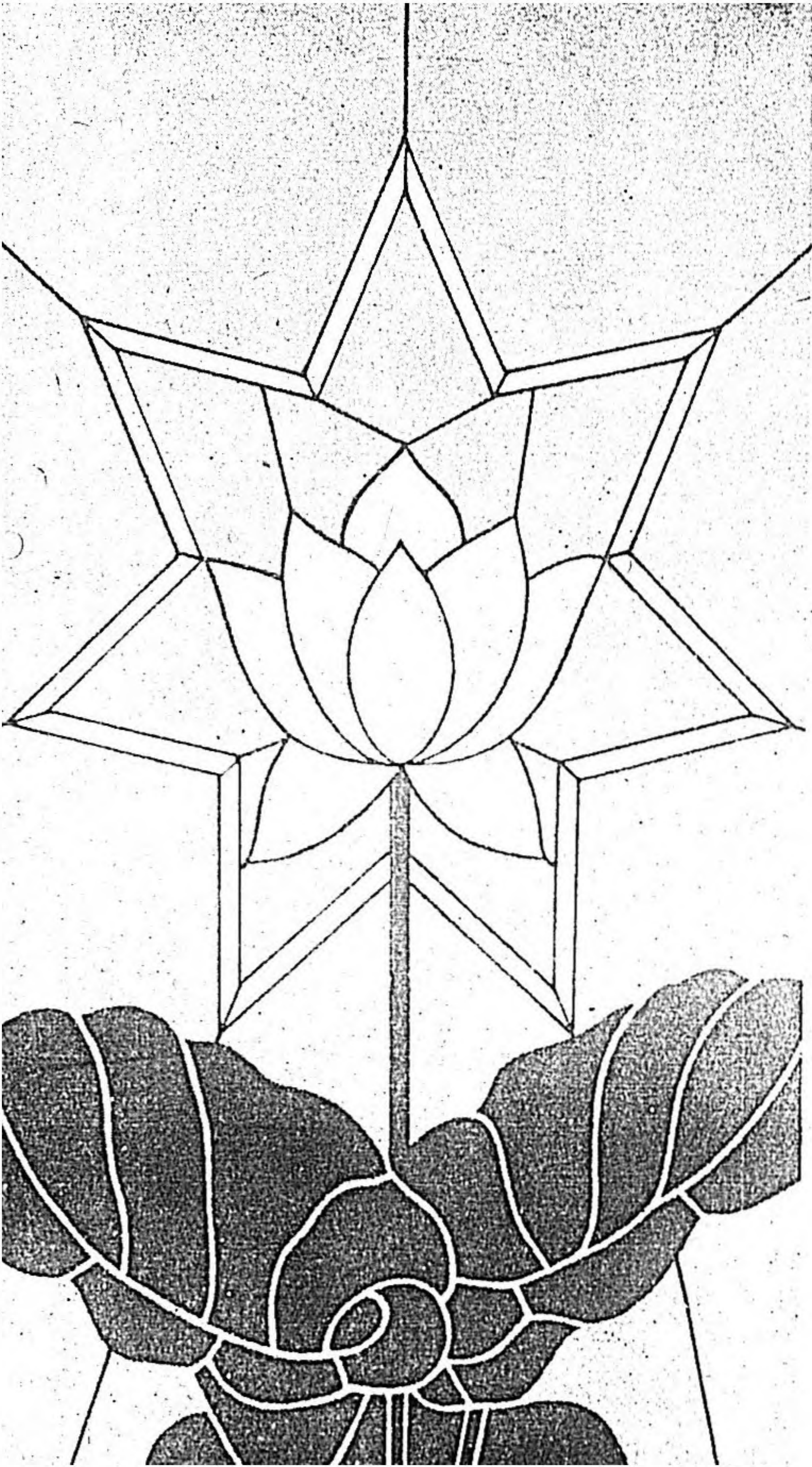
SPEAKERS AT ASTARA AUGUST '75

- Aug. 2: SEMINAR: A Day With Earlyne Chaney
10:00 a.m. to 4:00 p.m.
Reservation required
- Aug. 3: GODS CONSUMED BY FIRE
Rodolfo Silva
- Aug. 10: THE RELIGION OF FIRST HAND EXPERIENCE
Robert Chaney
- Aug. 17: OUT-OF-THE-BODY EXPERIENCE RESEARCH
Gerald Solfvin speaking
Robert Chaney, healing service
- Aug. 24: THE JOURNEY INTO INFINITY
Swami Parampanthi speaking
Rodolfo Silva, healing service
HEALING CHAPEL, 2:00 p.m. (new time)
A special service conducted by
Earlyne and Robert Chaney — group
and individual healing
- Aug. 31: PSYCHIC ARCHAEOLOGY
Maxine Asher speaking
Earlyne Chaney, healing service
- Sept. 7: CHANNELS OF THE SPIRIT
Robert Chaney



Earlyne and
Robert Chaney

Sunday Services at 11 A.M.
Telephone: (213) 387-7187
ORGANIST: Rose Diamond



Astara

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