

# VISIBLE SPECTRUM RESEARCHER

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THAT'S A GOOD QUESTION

THAT IS A GOOD ANSWER

OUR STUDIO ACTIVITIES

## DINSHAH IMPARTIAL

LECTURE PROGRAM OF 1896 IN AMERICA

Our Aim  
HAPPINESS  
IN  
EVERY HOME

DINSHAH P. GHADIALI  
Editor

SERVICE  
OF  
MANKIND

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## THAT'S A GOOD QUESTION

Under the above caption, Medical Doctor William Bolton, as the Editor of the said department in "today's health", a monthly publication of the American Medical Association, wrote in its March 1953 issue an answer to an inquiry about:—

### "COLOR THERAPY

Question — A friend tells me that a method called color therapy is now being developed by which various illnesses may be treated successfully. Do you have any information about this?

Answer — From time to time, theories are advanced that color may have value as a treatment adjunct in medicine, but we do not know of any evidence that a specific disease ever has been cured through the use of color alone. Various colors may have some value so far as mental attitudes of many patients are concerned, and this idea has been utilized in some hospitals. For example, walls and ceilings of hospital wards or rooms may be painted a light blue or green because such tints are believed to have a soothing effect. In general, colors probably should be considered for their secondary effect in helping a patient to overcome excitement or worry about an operation or illness."

This publication is an answer to the stated view, as in our service to our Members, their own convictions by their personal investigations, researches and experiments will give them the accurate view of the Truth behind the Visible Spectrum. Let the reader judge for self.

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# VISIBLE SPECTRUM RESEARCHER

A Monthly Magazine  
Devoted To The Service Of Mankind.

Editor  
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## NOTICE TO ALL

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Anonymous communications will receive no attention. Submitted articles will not be returned.

All correspondence should be addressed to:— Visible Spectrum Research Institute, Malaga, New Jersey and not to any officer or individual.

For the views expressed in signed articles, the writers are responsible; for the opinions in articles bearing no identification, the Editor shoulders the sole responsibility.

## THAT IS A GOOD ANSWER

### By:-INDIVIDUAL EXPERIMENTERS

#### HOME TRAINING COURSE REPORT BY J. D.

As a humble naturalized American Citizen, I made my first acquaintance with your "The Greatest Work On Earth," through my former friend F. G. When I first saw F. with several books under his arms, I admired him for his courage, while I openly have to admit that I was afraid of them (the books) by realizing what tremendous work had to be done in writing them. I thought I would not understand anyhow. I am 5 years older today. My friend F. is gone 3 years ago and by meeting his surviving wife and talking about his serious belief in your work and books, she asked me if I should like to read them and I accepted. I started to read and could not resist; went through all 3 volumes — superficially of course. All that happened since Easter Monday, April the 2nd. I waited impatiently until the group and their Meeting on Thursday, April the 5th, where I was greeted by a small number of the Members and when I told them about my tremendously inspired feeling, they had all visible big smiles on their faces. As far as I can judge with my humble knowledge, after reading the Home Training Course, I sincerely take the liberty in the very inmost sense, of your excellent accomplishment, to congratulate you.

\* \* \*

#### SUNBURN, SORENESS, PAIN REPORT BY M. G.

In 1942, I had terrible Sunburn. After tonating with Blue Color Wave for one hour, burning disappeared. Used Turquoise and Magenta for Soreness and Pain and was normalated in a few days. (Signed and Affirmed before F. E. B., Notary Public.)

\* \* \*

#### SORE THROAT REPORT BY R. B.

I suffered from a Sore Throat for the past 17 years. My family Doctor told me it was a Streptococcus Throat and that a time would come when I would choke to death from it. However, with three Tonations of the Color Projector Yellow and Magenta, I certainly feel I am normalated, for I have not had a Sore Throat since. In fact, I never felt so well and happy in all my life, since I have the Color Projector. I want to thank Colonel Dinshah ever so much, for the Color Projector is surely a blessing to me. (Signed and Affirmed before A. E. B., Notary Public.)

\* \* \*

#### MANGLED FINGER, HEADACHES, CHILLS, COLDS REPORT BY F. A. S.

On March 31, 1939, my Index Finger was mangled in a stitching machine at the P. B. Co. After minor first aid, I was taken to the M. M. Hospital. The Doctor examined the mangled Finger and advised an immediate

Amputation. He sent me upstairs to see the Nurse, preparatory for Amputation. I advised the Nurse to wrap up my Finger, as I was going to see my own Doctor. I went to see a Graduate Researcher G. C., who proceeded to treat me with a Color Projector. After taking the prescribed Tonations, my mangled Finger healed up wonderfully. Also, have used my Color Projector for Headaches, Chills, Colds and numerous other Ailments. I received but one day's compensation, as I refused to accept medical aid. (Signed and Affirmed before B. V. C., Notary Public.)

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**ANEMIA, FEMALE TROUBLE, CONSTIPATION, STOMACH CRAMPS,  
BURNS, COLDS, FEVER, LIP CANCER, BLEEDING CUTS, ETC.**

**REPORT BY W. B.**

I have successfully used the Color Projector over 9 years for every Disorder I attempted to normalate, such as Anemia, Female Disorder, Constipation, Stomach Cramps, Burns, Colds with Fever, Symptoms of Lip Cancer, Bleeding Cuts, increasing or decreasing the Heart Beat, ejecting Mucus easily, relief from Pain, reduced Swelling caused from injury, shrank Gums after pulling Teeth. (Signed and Affirmed before N. M. C., Notary Public.)

**OUR STUDIO ACTIVITIES  
EXPERIMENTER FINDINGS AND QUERIES**

**MEETINGS OF THURSDAY, JULY 5, 1956**

**First Allentown Pennsylvania Studio**

M. P. — I was in a slight car Accident. I was jarred badly. I am under the care of the Institute.

J. F. — I am taking Tonations on Areas 4 and 18 and Turquoise Systemic. I want to become strong for my trip to Europe.

M. B. — I had a terrible Eye. It was Bloodshot, Swollen. Used Turquoise 3 days; no results. Itching was bad. Blue relieved it. I had Pus Bags in the corner of the Eye; seepage of sticky fluid. Went to Lemon Systemic; then, began to clear. Today, it is almost gone.

M. P. — What do you think it was?

M. B. — I do not know. My main concern was to get rid of it.

B. W. — A neighboring girl had it.

M. B. — I heard of several people having it.

J. F. — My niece had a Broken Leg 12 times. What is that? She is coming to visit me for weeks. What can I use on her? What is it? If I call you, will you tell me?

M. B. — It might be a Bone Deficiency. Certainly I would help you, but, is she able to use the Light? You will have to sign the proper papers

to make her a Student of the Institute. We must go according to our By-Laws. I had a girl who turned her Ankle. She became under Doctors and Diathermy. She came to me. She was coming all right; she got to a point where she could step on it. She went out again; I knew then it was not just a Sprained Ankle, but, was a Bone Deficiency. Used much Lemon, Local and Systemic. Last February, I had a case of a bad Ankle Break. The condition of the person indicated why the Break occurred. The Ankle was pinned with a big screw. After 4 weeks, she is without crutches or cane; walks 3 or 4 blocks a day.

J. F. — My grandson fell on a magazine rack. His Lip bled very badly. Put on Indigo; Bleeding stopped and Swelling went down. I could not keep him under full hour.

M. B. — I talked repeatedly about such matters. Very few approach me properly about themselves or family. When something happens, what is the first thing to do?

N. S. — Take the Kardoscil and the Spiroscil and check the Front and Back Eliminations.

M. B. — Many people worry about a Fever. Fever is good. Many a Fever passes with Yellow on Areas 6, 7, 8, 9 and 10. Keep the Bowels open. See if the Disorder is Acute or Chronic. Do you know the rule for the Acute and the Chronic?

B. W. — For the Acute, use the Cold or Ultra-Green Side; for the Chronic, use the Infra-Green Side.

M. B. — All this is very important. You should approach it so. It is a little lesson in approaching a case every time. The thing that amazes me is nobody asks me why I used the Colors I used. They just take it for granted. That is no way to learn. Why do you use Blue or Turquoise? Just ask me the questions. I gave this Science deep study. I love it. We shall now proceed from page 1018 of the Third Volume of our Text Books Set.

(Discussion was had about the Primary and Secondary Circulation Of The Blood.)

M. B. — What does the Green do?

B. W. — It is a Cleanser.

M. B. — What does the Blue do?

B. W. — Gives Oxygen; soothes, heals.

M. B. — They all heal. Learn what the different Waves do. Then apply to the case.



I learnt from M. P. about her car Accident and gave her certain definite information as to how to proceed. To go to Law in any Accident, the prime necessity is to secure a Medical Doctor's or Hospital Surgeon's sworn Affidavit, which MUST have the following particulars at least:—

- (1) State Office Address.
- (2) State qualifications and whether attending or consulting physician.
- (3) State whether Sufferer was treated by another Doctor or at a Hospital.
- (4) State date of first examination or treatment.
- (5) State provisional diagnosis with objective and subjective findings.
- (6) State whether X-Rays were taken and if so, what was disclosed thereby.
- (7) State treatment given and period of treatment.
- (8) State final diagnosis.
- (9) State number of visits and amount of bill.
- (10) State prognosis.
- (11) State temporary disability, if any.
- (12) State permanent disability, if any.

The above statements embodied in an Affidavit, represent the Personal Injury side in the Accident; the following Affidavit is needed for the Property Damage Claim:—

- (1) State occupation and employer, if any, together with the position held and business address.
- (2) State qualifications of person making the Affidavit, such as are required when orally testifying in a Court.
- (3) State date of inspection of the automobile involved.
- (4) State make or model and condition of automobile at time of examination, together with mileage, if available.
- (5) State estimated cost of repairs.
- (6) State what repairs were made.
- (7) Statement that the repairs were necessary and the charge for them was reasonable.
- (8) State the amount actually paid for the repairs, if completed.

Armed with such full details, no reputable Insurance Company or Court will refuse to consider compensation. J. F. is not a Graduate and should be warned tonating a visiting niece, who is NOT a Student Researcher Member or one of the Immediate Family as in our By-Law 63. Warn her about it. M. B. is a Graduate Researcher and is doing good service to the Cause. N. S. gave the proper hint for checking certain factors before starting any Tonation. Fever is one of the open Signals of an Inflammation, the three other Signals being Redness, Swelling and Pain.

### First Cleveland Ohio Studio

A. M. read an article published in the Vineland Times Journal about S. D. G. All Members expressed their accord with it. The letter of M. B. of Milwaukee, Wisconsin was also read. Suggestions of the various Members about "The Successor Of Dinshah" were also read.

L. F. — I had a bad Cold. I tonated with Green for 3 days; was relieved.

A. M. — I had a Stiff Neck with difficulty in Breathing. I tonated with Blue, then Green; I was relieved in a few days.



You will soon have some new Members attending your Studio Meetings. I am sure they will be benefited by your instructions in the proper use of the Color Projector.

\* \* \*

### First Detroit Michigan Studio

A. G. — I have a few communications I want to read. I have a clipping from the Vineland Times Journal, wherein Dinshah comments on an article written about Fluoridation. (It was read.) The second is a letter from M. B. of Milwaukee, Wisconsin, about "The Successor Of Dinshah." (It was read.) All of us are more or less interested in the health of our public officials. Of course, all of us know about the ailment of President Eisenhower. He had Coronary Thrombosis, they said. I was very much interested in the drug given to him — Dicoumarol. The purpose of this drug is to prolong the coagulation time of the Blood, to make the Blood flow more freely. However, later, he had an Abdominal Operation and about what the Doctors were more concerned was the coagulation of the Blood, which was thinned by Dicoumarol, given before for the Heart condition. Then, they had to give him another drug to make the Blood coagulate. I was interested as to where the drug Dicoumarol would come into our Color System, so, I wrote to the Institute and inquired about it. Another item about which there is much talk is Cholesterol, which is a fatty substance that encrusts the Arteries and could produce Coronary Thrombosis. Here is Dinshah's answer to my questions:—

"1. As I explained before, Dicoumarol is a synthetic compound, artificially made and has the property of prolonging the coagulation of Blood. It contains Hydrogen, Oxygen and Carbon in indifferent proportions, according to the maker. Its main activity, however, will be on the Infra-Green, thus, if an Operation be performed after it is taken in the Body, its effect against the Indigo would prevent cuddling and thus kill the Sufferer.

"2. As regards Cholesterol, that has the formula of Carbon 27, Hydrogen 46, Oxygen 1; hence, naturally it will work on the Infra-Green. It is a substance in all fats, oils, bile, blood, brain tissue, milk, egg yolk, liver, kidneys and so on. In large quantity, might produce Gall Stones and might lead further into Cancerous Tissues. Milk in itself will not produce such effects, unless the other organs be out of order and out of proportion."

A. G. — Now, we understand that to neutralize Cholesterol, Indigo would be the Color. Since we are talking about Heart conditions, I want to stress Scarlet, Magenta and Purple. These are very important Colors and play a major part in the Circulatory System. I lay special stress on the Scarlet, because, most of us need it. It would be the Color to take in a Heart condition, where the Kardoscil is low. (Then, Chapter 107 on "Scarlet As Circulatory Augmentator" was read, from Volume 3, of our Text Books Set.)

E. R. — In the case of President Eisenhower, the family first thought he had Indigestion. In such case, we should have used Yellow or Orange.

A. G. — I shall read to you Chapter 105 on "Magenta The Goddess Venus." It says:— "Magenta is a very important Color in Heart Disorders. It acts definitely upon the Circulatory Mechanism and is beneficial in Emotional Disorders. It increases the functional activity of the Adrenal Glands and strengthens the Heart Muscle." I shall read from Chapter 106 on "Purple As Circulatory Depressant." Those of us who have had experience with cases of Malaria, know the important part Purple plays in this ailment. Wherever Bromide is given, we give Purple. I had a case of Epilepsy at one time, a young boy 18 years old. He had been treated at W. G. Hospital for quite some time. They were giving him Bromide. When I saw the boy, I had a fairly good idea of what was wrong with him. I asked him: "Did those Doctors ever question you about sex?" His answer was: "No." After questioning him, I found out that he masturbated 8 to 10 times a day. What I could not understand was, that those Doctors never took this possibility into consideration, while I could see almost immediately what was wrong with the boy. After 30 days of Tonations, he was pretty well on his feet. He then moved to St. Louis, where he further improved under the guidance of a Graduate Researcher. The use of Bromide will diminish the vitality of any individual. (He then drew on the blackboard a diagram of the Spinal Column and explained the workings of the Sushumna, Pingla and Ida Nadi, the Central, Right and Left Columns of the Great Sympathetic Nervous System. Case reports followed.)

C. O. — I had a Crick in my Neck. Ratio was 78-18. I took Orange; that straightened it out.

M. G. — I am feeling fine now, after taking Scarlet and Orange for some time. Just now, I am tonating with Lemon and Magenta.

G. N. — I had a Carbuncle; tonated with Lemon, Yellow and Orange; that cleared it in a short time.

A. G. — It is important not to let it heal very fast, because, it might break out again. Turquoise is a Skin Builder, while Green and Lemon are Tissue Builders. Some time ago, I had the case of a man with a very bad Sore, the size of a 50 cent piece and very deep. It was a gory mess. He had been doctoring for a long time without any progress. He took Tonations twice a day for 5 weeks. That cleared it, but, I kept the Sore wet to prevent it from healing very fast. I wanted the inner Tissues to heal first.

J. B. — My baby is one year old now and is walking around in her crib. She has plenty of energy and vitality and is always smiling. I am still feeding her fresh milk and brown sugar, also Yellow Split Pea Soup. She weighs now 15 pounds. The Ratio is still 3 or  $3\frac{1}{2}$  to 1, but, I am not alarmed, as the Ratio is moving slowly in the right direction. She is still taking Tonations of Lemon and Magenta and occasionally Yellow when the Bowels slow down. Just recently, we made a trip to Wisconsin. The relatives were surprised at the looks of the baby. She is a picture of health and has more energy and vitality than the ones weighing 8 or 10 pounds more. Also, those other babies seemed to look pale and white in comparison to her.

W. K. — I have no special report, but, my family always uses the Projector with good results, whenever one of them has a Cough or Cold.

H. R. — I had an attack of Rheumatism; used Lemon and Magenta twice a day. The condition is much improved.

J. B. — My wife has Swelling on Feet and Ankles in the hot weather and I am wondering what could be the cause of it.

A. G. — It is a sign of poor Circulation. If the Kardoscil be low, I suggest Lemon Systemic and Scarlet on 4 and 18. Just recently, I visited a friend in the Hospital. It is a pity to see all those sick and suffering people butchered and being fed all those poisonous concoctions. How truly thankful we should all be to have the Visible Spectrum Projector and the teachings that go with it! The simplicity of our work stuns them. Live on the Rational Food Of Man System, keep in the confines of Nature's Laws and you will be healthy and happy.

C. W. — We had a discussion a while ago and wondered if Lemon, a Tertiary Color, which is a combination of the Primary Green and Secondary Yellow, becomes a Color of its own. We wrote and asked Dinshah about it. He answered that Lemon has its own Color. The process is the same as mother and father producing a child. The child is an individual with its own Karmic Power, but, can not escape parental heredity and will have certain parental qualities.

(A. G. demonstrated on the blackboard and explained in detail, how conception takes place through the union of the Male Sperm and the Female Ovum and how growth takes place from it. Discussion followed on the Law Of Karma or Retributive Justice.)

A. G. — You should all make yourselves familiar with the workings of Karma, regardless of your religious beliefs, because, Life would be hard to understand without consideration of that Law.

G. W. — Dinshah's booklet "Essentials Of Occultism" is very enlightening and interesting, on this subject. It costs only 25 cents a copy.



You well know that in order duly to adjudge any case, a **complete** Personal Research Information Chart is necessary and is an essential factor to utter an opinion. Thus, for me to pass any opinion about the treatment administered to the Honorable President Eisenhower, **without** having such a COMPLETE Chart before me, would be totally unfair to his learned Physicians and the Surgeons who performed the Operations on him. A. G. made clear remarks about Magenta, Purple and Scarlet. Study of our literature will give you enough knowledge to identify the wheat from the chaff. J. B. should send a Chart of his wife. He took good care of his baby. When I get time to visit your Studio, I shall be happy to see that little beauty personally.

\* \* \*

### First Merrill Wisconsin Studio

Many Members were reported out of town, enjoying the July 4 holiday.

A. I. — I had a lame Shoulder; could not hold a milk pail. Used Lemon one week; was normalated.

L. K. — I had trouble with my Lungs; I used Lemon 1 week; was normalated.

(The report of June 7, 1956 Meeting not having arrived in time was omitted in the prior issue. It is printed below.)

C. G. — I had a Sore in my Nose. It kept pothering me; I am taking Lemon Systemic and an occasional Yellow and Magenta.

W. B. — You should go to the Ultra-Green side; Turquoise, Blue, Indigo. If it were not very bad, Turquoise should take care of it. If it were I, I should just try Local on it, to see if it would heal; if not, go back to the Infra-Green Colors.

C. G. — I oil the inside of the Nose with Coconut Oil at night. It seems to heal it.

W. B. — I suggest you send a Chart to the Institute. I found out what to do about my Legs. It was so simple I could not believe it. Our Volume 3 of the Text Books Set told me that Purple is the Venous Stimulant. I never thought I could use Purple on Area 4 with a Low Kardoscil. I tried every-

thing else with no results. I tried Purple; my Legs are all right, but, it made me groggy! After the first experiment, I noticed the improvement in my Legs.

I. K. — Do you think I should write to the Institute about my case?

W. B. — Definitely you should do that. My wife had a Gall Bladder attack. The Mouth had a bitter liquid. She used Yellow and Indigo; was normalated. Anyone who has the Appendix removed, should take an occasional Yellow, to take care of the job the Yellow did before. If I take an occasional Yellow, I do not have any trouble.



I place education and service above all holidays. The Institute has heavy expenses supporting the Studios. I thank D. N. for supplying the missing report. C. G. and I. K. are welcome to send their Charts; we are here to serve. That is our duty.

\* \* \*

### First Milwaukee Wisconsin Studio

The Chairman being away, the Vice-Chairman conducted the Meeting.

F. K. — Friends, K. B. is on vacation and I hope you will bear with me. I like to read to you from this booklet "Key To Radiant Health." (Every few points he discussed from what he read, which made it very interesting.)

A. B. — Years ago, my folks knew a woman and in two treatments she had an Elimination. Then, it was in the newspapers against the Color Projector and her husband chopped up the Equipment.

F. K. — Years ago, during the Depression, I had to keep my head above water. I went to the East side to sell Equipments. One woman to whom I spoke, was a socialite and she said: "Do you mean I should have to lie under the Light for one hour? I could not do that. I belong to clubs and that would interfere." I picked up my hat and walked out. Dinshah tried out the Equipment for 30 years before he put it on the market and even poisoned himself and used the Equipment to find out if it would help and then he put it on the market. If I could not buy another Equipment, I would **never** sell mine for thousands of dollars.

H. B. — When Dinshah had his Trial and they were asked: "What is it that makes the Heart beat?" They could not answer and Dinshah did not answer; do you know if he knows?

R. S. — The answer is in his Text Books.

A. B. — If you read the books, you can almost tell when you are going to die! If you use Magenta or Purple and there is no reaction, there is no help.

O. L. — Magenta is the Color; not Purple; a dead man does not breathe.

F. K. — Our Physical Body has no power in itself; it derives its power from the Inner Vehicles. The Color Projector works on the Inner; the Medico works on the dead body — the Physical.

A. B. — Some people say you must have faith to have it help; if that be true, the animal or bird does not know faith, so it can not be true. I used it on my dog and it helped.

F. K. — I have not any faith in the Medico, but, I do have in the Color Projector. If I should go home tonight and use Green, I know what it would do. (He then read from our Volume 3, on "Persistent Disorders.") I am trying to give you as much as I can. About 20 years ago, I fell through the ice and was stiff like a board. For 4½ months, I could not talk. I tried everything, including the Doctors. A friend of mine said: "Are you not wise to those Doctors yet?" This friend told me about the Color Projector. I roomed with P. O'B.'s aunt and she helped me. I was told Dinshah was coming to the Wisconsin Hotel. He brought along his Class Equipment and that was when I found out more about the Color Projector. Pat O'B.'s aunt did not want me to bring the Projector into her home. It was about 9 months, before I started showing any improvement. Now I know why it took so long; I did not know it then. Some people go to a tavern and spend \$20.00 in a night and this costs only \$6.00 for one year! I wrote a few things in my book. The Thyroid Glands control the Lungs. If the Thyroid has been cut away or if they cut away too much, the Sufferer may die in 6 months. Now, please understand, I am not a teacher; I am just trying to explain.

Members — You are doing all right; go ahead! (Loud applause.)

F. K. — (After further explanation about the Thyroid and the Parathyroid Glands.) Orange is on the Thyroid, Indigo is on the Parathyroid Glands. Do not let the Doctor cut out your Thyroid. The Thymus Gland is on the Lemon Wave; that Gland contains Uranium; it has to do with the growth of the Body. Put a dwarf under Lemon and it may help. If you have Ptomaine Poisoning and you do not have your Projector, drink milk or if you do have your Projector, drink plenty of water and use the Orange Wave. I shall tell you of an experience I had on the East side. A man there was about 80 years of age and got Hiccoughs. It weakens the Stomach and he became weaker and weaker. Then, he used the Orange Wave and — he lived until he was 90 years!

A. B. — Approximately how many Tonations?

F. K. — About 3 or 4 Tonations. It returned, he drank cold milk, but, he used the Orange Wave again. For an Abscessed Tooth, use Orange Local

until you feel a throbbing; then, use Lemon and Green and follow with Turquoise. For Flatulence, use Lemon. If you are not near your Projector, lie down until you can get relief and raise your Legs. Many years ago, I sold a Projector to a school teacher, who was a substitute. Her Eyes protruded and she was worried, because, she was going to take her final examination. I told her to write to the Institute, which she did and after that she passed her examination. Her sister used an Infra-Red Lamp and fell asleep under it; she cried bitterly. She asked me to come over and when I reached there I found the foul odor was terrible. Within 1 hour, she was relieved. They had a Summer home and she showed me her Back and said: "To think I ridiculed my sister when she bought the Color Projector!" That case was several years ago. I asked her to write a Testimonial, which she did and I sent it to Dinshah. Any Case Reports?

N. T. — While I was in a different climate, I had some trouble in my Nose. I had to have it lanced; I had to go to a Hospital. It was on a Nerve that goes to the Brain. I had to take Penicillin, Pills and Salve. The next day, it was gone. I was also constipated. Since I came home, I took Green. When I go under the Light, it seems I never get through. I have good Elimination now; I am using Green and Yellow.

D. S. — I had an opportunity of talking to a woman who had a Slow Stroke. Her mind was hazy, that is why the Doctor called it a Slow Stroke. I thought here was an opportunity to talk to her and give her a book. The Doctor had told her to stay away from Starch and Bread and I told her the opposite of what the Doctor had said. Perhaps she must have thought I was only a working man and not a Doctor! I thought I could give her an introductory book.

F. K. — How many have our Text Books Set? (Numerous hands were raised.)

F. K. — You better get a Set; you will never regret it. The beauty of it is, the day might come when you will need them.

R. S. — If you speak to anyone about the Rational Food Of Man, you can not mention "diet" if you resort to that food.

F. K. — Rational Food Of Man calms you.

D. S. — C. magazine came out with "Heart Trouble Is On The Rise." The problem in most Coronary Disorder is the fat, meat and other products — Cholesterol.

F. K. — I want to thank you all for being such an attentive audience.



F. K. as the Vice-Chairman made a fine show as an educator. He made good use of his knowledge of our Science in presenting the facts and the appreciation of the Members proved it. D. S. is beginning to demonstrate activity in the work. He should pass the Home Training Course and then the Resident Experimental Course which he already took and become a Graduate Researcher. He has an able mother and father to guide him and should prove his worth through the higher classification. In our Science, we never use the word "Diet" in the sense our opponents use it. We follow the principle of "All cows eat the same green grass" and live in health thereby. Our Rational Food is built fully on the study of Nature's requirements. Follow it rigidly.

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### First New York New York Studio

R. D. — I extend a welcome to C. N. and his wife E. N. from St. Louis, Missouri. Dinshah sent me a clipping from the Vineland Times Journal, complimenting the editor for his article against Fluoridation. There are only a few Members present; what could have happened?

G. Z. — Most Members are on vacation. It were better if there be no Meetings in July and August.

R. D. — Dinshah would not agree with that. Are there any Case Reports? A steel beam fell on my father's Leg; it became black and blue. He tonated with Green, Orange and Turquoise. A big Lump had also developed. After one Orange, it became half the size. He is coming along very well. As we have C. N. with us tonight, who has been with the Science for many years, I should like to hear him speak about his experience with the Visible Spectrum.

C. N. — I thought I could just be a listener! Why did they use Orange when everything was black and blue?

G. Z. — I would have used Green and Blue.

C. N. — When you go to the beach, what would you use for a good Sunburn?

G. Z. — Blue.

C. N. — Would you really use Blue? Our daughter had trouble with that. She was like a lobster! She used Yellow. If you do not get results with the Blue, go to the other side. What would you use for a Sprained Ankle?

D. R. — I should use Turquoise.

C. N. — If you eat something wrong, what would you use for it?

D. R. — Orange.

P. Z. — Did you have any experience with Dropsy?

C. N. — That is a matter of the Circulation; it takes a long time to repair the Tissues. Dropsy is a serious matter. You have to tonate with Lemon, Yellow, Magenta or Scarlet; it all depends on the readings. When you have Pain, give Turquoise; then, go to the Infra-Green again.

G. Z. — Did you tonate any with Cancer?

C. N. — Yes; I had a boy 10 years old; his upper Leg was hard. He also had Cancer of the Lung. The Doctors gave him 6 weeks to live. He lived 1½ years and had very little Pain. People come to us too late to be helped. By eating the wrong food, you encourage the Cancer Cells. The Light and the right food will do more than anything else. I had many cases with Lumps in the Breast; they are completely gone. I know of a woman who had a growth as big as a child's head; it dissolved. You have the Rays at your command; learn how to use them. If you have Health, you have everything. In the Projector, Dinshah gave us everything for which you can ask. Do not overeat; our Body does not require so much. Eat what is in season.

P. B. — As you are going to Europe, what did you do about Vaccination?

C. N. — We could not avoid it. We took a lemon and rubbed it off. Then, took a Green Tonation! We did not get any Blisters.

R. D. — Thank you, C. N.; it was a real pleasure to listen to you. I go into many homes, as I deal with children. The latest fad is Allergies. They get all kinds of tests. I feel sorry for the children. Some "Allergies" lead to Asthma, where a Lemon Tonation can do wonders.

C. N. — I had Hay Fever and Asthma so bad, I tried everything. I must have had more than 100 Injections. When I heard of the Color Projector, I did not believe in it, but, I was willing to try it. After just 3 days, I was able to lie on my side and sleep. When I got the Text Books Set, I studied it. I said to myself: "He either is the greatest man or the greatest liar." It is a wonderful thing to know how to help yourself. I told my Doctor what the Light did for me. Allergies is a lot of nonsense; eat right and you get rid of them.

J. Z. — My friend's baby was vaccinated; it almost choked to death. They had to take it to the Hospital.

R. D. — Children are highly susceptible to the good and the bad; to pump them full of poison, is terrible.

E. T. — Did your children have anything serious?

R. D. — They had a bad case of Tonsilitis and had whooping Cough. Before the children go back to school, they must get a checkup. The Doctor told us that their Tonsils are very big. We tonated with Green. At the next checkup, the Doctor was surprised that the Tonsils became so small! One boy had Quinsy (Suppurative Tonsilitis); one Tonation of Indigo and it disappeared, Pus and all! Indigo is a powerful agent.

A. M. — Indigo has the healing properties of Bismuth.

R. D. — Do you remember a few Meetings ago, we spoke of a lady who had a very sick sister? I read she passed on. She had been operated on so often and was in the Hospital for a long time.

C. N. — When there is Leukaemia, just ask the people what they drink and eat. Cola drinks, White Bread, Meat. I had a case where they would not change the food. The child died. We have 7 children; they told me we do an awful thing by not giving the children Meat. How long did it take your boys to get rid of the Whooping Cough?

R. D. — The boys took 2 or 3 weeks. It took me 4 or 5 weeks.

C. N. — Why do children get rid of it sooner?

R. D. — Children react much faster to the Light. My boys want to take the Light as soon as something hurts them. It will be 8 years in August, that I stopped smoking.

C. N. — What made you change your way of living?

R. D. — My mother and father. When I came out of the service, I had Aches and Pains.

D. R. — What Tonation do you give for Tuberculosis?

C. N. — Lemon Systemic; later, Orange; the food intake is very important. Stay away from White Sugar, Cola Drinks and Sodas; they interfere with the assimilation of Calcium. Too much Ice Cream is not good either. When the Soda consumption increased, Polio increased also.

R. D. — Dinshah recommends Brown Sugar. I want to thank C. N. for making our Meeting so interesting. Is anyone present who will take the report next month? M. W. will not be here.



It was very good of C. N. and E. N. to visit your Studio. Such reciprocity increases interest in our Cause and brings into play different views to make eventual harmony. I do not agree with discontinuing Meetings during July and August. Sickness has no vacations and those who go into any Healing Activity, should learn to be on the job day and night. I have not taken a day's vacation in all these years and believe that as the great Benjamin Franklin said: "There is enough vacation beyond the grave." Sunburn has Burns on both sides of the Visible Spectrum. Heat Burn on the Infra-Green and Cold Burns on the Ultra-Green scale. Act according to the indications and you will get quick results. Allergy is nothing but excessive susceptibility to certain substances which in themselves are harmless. Thus, the condition resembles a full bucket of water. Such a bucket can not take more water without spilling. In another case, if the bucket be partly empty, it can hold more water. That is the true beauty of our Science. If you use a wrong or unneeded Color, the Body having already the particular Chemical Element in full, will refuse to receive it and will give no wanted result;

the same reason will be effective in the reverse situation. The Body has its own selectivity like a tomato seed growing solely a tomato from it and not a cucumber. In regard to the Vaccination idea, please refer to my remarks on page 395, in our August 1956 issue. I never believe in losing a PRINCIPLE for a mere accommodation and that is why because of my rigidity I am disliked by many of my best friends. I am NOT flexible, because, my Science has no flexibility; it is rigid to Eternity and that is why I bow to no haphazard opportunity to save face.

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### First St. Louis Missouri Studio

The Chairman C. N. being on a vacation to Europe, the Vice-Chairman conducted the Meeting.

R. B. — Who knows what effects are coming from air conditioned rooms; coming from the heat of the street into cold air, what effect is there on the body and especially on the Heart?

O. S. — I had some experience when I was traveling, of going from 100 degrees into a room of 32 degrees; my shirt clung to me like sharp clams. I had no other reaction, but, later I was told that it has a terrific effect on the Heart.

R. B. — My granddaughter works in the County Court House and her office is Air Conditioned. She complains that it is very cold. They have to wear coats, but, still her Legs are very cold. She says that when she walks home for lunch, her Heart begins to pound.

(Discussion followed. All the Members felt that air conditioning is not the best for the individual. O. S. stressed the point that it is good for the Body to perspire, as that gives wonderful relief to the Kidneys to have the undesirable materials eliminated through the Perspiration.)

A. Z. — What Light shall I use to strengthen the Muscles? I have a Rupture and I am supported to strengthen the Muscles. It has shrunk from a 4 or 5 inch opening to the size of a goose egg.

(In discussion, it was suggested to use Orange Systemic to improve the Blood Circulation which would strengthen the Area and use Indigo Local to shrink the affected Muscles.)

B. Z. — My Hives are much improved with 3 months' use of Magenta in the morning and Turquoise in the evening. Magenta on 4 and 18 and the Turquoise Systemic Front and Back; sometimes, when they seemed worse, I used Violet.

R. B. — My nephew works in a home for old folks, where most of the people are somewhat senile. In a medical publication he picked up there, he read an article which stated that Mental Disorders are due to an imbalance of the chemistry of the Blood. Some Doctors are working on a machine to test the Blood to determine which Chemicals it lacks and the amount of the lack. It seems they will have to come to our Science soon or late.

(The article 3, on "Our Chemical Engine," from the "Family Health Protector," was read and the chemical table was discussed.)

B. Z. — Are not Varicose Veins an indication of a lack of Calcium? I heard A. E. say that she has Varicose Veins.

(Discussion brought out that Lemon could be used, but, Orange would give more Circulation and also supply the needed Calcium.)

A. Z. — What Light should be used for Sugar Diabetes? When my son was 14, he was hit by a car. He began to lose weight and exhaustive examination revealed a severe case of Diabetes. He has been taking Insulin; he is now 40.

(Discussion followed and the Members stressed the need of changing his food, to change the Chemistry of his Body. Lemon was suggested as the Disorder was of long standing. Paragraph 3, from page 90 of the "Family Health Protector," was read, as answer to the question.)

R. B. — I get most of my Lemon, Yellow or Orange from my food, such as Oranges, Lemons, Apricots, Cantaloupes, Corn, Hominy, Yellow Split Peas and the like and then take a Green Systemic, which is a Cleanser. This way, I feel I get double benefits. What is good for Headaches? I think that is caused by the upsetting of the Emotions; if a person becomes thus disturbed, he may get those Nervous Headaches quite severe.

Members — We agree to that. Headache is just a symptom of the upset.

E. F. — Use Yellow on Areas 6 and 10 to stimulate the Circulation and relax the Nerves.

A. B. — Use Violet or Indigo to relieve the Pain.

Members — Use Yellow on 16 to relieve the tension and Green Systemic.

K. S. — What shall I do for Piles?

(In discussion it was brought that Piles are like Varicose Veins in the Rectum, due to faulty Elimination.)

C. L. — In listening to all this discussion, I think there should be more emphasis on the proper Food to be eaten and which Foods would be more helpful for the particular Disorder. It is the first step.

P. L. — I caution you all to be very conscientious in following the advice given for correcting a diabetic condition. I know of an acquaintance of mine who did not follow the advice given her. She lost all sensation in her Toes and did not know when she stepped on a nail. The Toes became infected and it spread until they amputated her Leg at the Knee.

A. E. — I had an experience with Gall Stones. I took 4 ounces of fresh Lemon Juice and 4 ounces of Olive Oil on an empty Stomach, at 10 P. M. The next morning, I passed a pint of Stones of all sizes; then, 2 weeks later, I took the same dose, but, did not pass any more Stones!!!



Air Conditioning as an idea is not bad or wrong, but, the Thermal Requirement in count is mistaken. The Itisometer Scale of the Human Body, for all around Health and Comfort, is 80 degrees Fahrenheit and the inconvenience or harm that is caused by the Air Conditioning is because they maintain the Temperature generally near the 70 degree mark. The same is the manner in which schools are conditioned and no wonder the children feel cold in it. The Skin by Perspiration and the Kidneys by Frontelimination work hand in hand in reciprocal equivalence. A. Z. should send a Chart. Varicose Veins indicate defective Circulation. The same remark may apply to Piles. If the Piles protrude from the Rectum, pull them out as far as you can; get a hair from the tail of a horse and tie it on the root of the Piles; in about 5 days, the Circulation within being choked, the Piles will shrivel and drop off. I performed numerous such "Operations" successfully in the past, without using the Knife. Keep Areas 6, 7, 8, 9, 10 active with our Yellow and the trouble will disappear. Rational Food is compulsory for all Disorders. That Food and our Limbupani (Lemonade) will perform wonders and no "Stones" will form.

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### NOVEMBER 1956 MEETING OF FIRST MILWAUKEE WISCONSIN STUDIO

Our Members are hereby advised that owing to the "A" Room of The Republican Hotel being otherwise engaged on Thursday, November 1, 1956, our Studio Meeting will be held on Thursday, November 8, 1956.

# DINSHAH IMPARTIAL

(The Universe Through The Eyes Of Dinshah)

## LECTURE PROGRAM OF 1896 IN AMERICA

At the Annual Convention, many new Members expressed their surprise at learning that I was lecturing in America during 1896! I had nothing to prove that contention, because the 1945 Fire having destroyed ALL my records and Press Notices. However, in recalling my office property from Bombay, India this year, to my intense astonishment, I found not only a **printed copy** of my Program of 1896, but, also the notes pertaining to those lectures; that literary treasure I reprint below:—

MR. DINSHAH

Lectures on the following subjects:—

1. Action and Reaction in Nature.
2. Heaven and Hell or the Law of Justice.
3. Astrology as a Science.
4. Is Man born Once or Oftener?
5. Life and Death or Chemical Man.
6. Man and his Seven Etherial Principles.
7. Christianity from the Esoteric Stand.
8. Mind: is it Physical, Psychical or Spiritual?
9. Mind-power or Magic.
10. Mesmerism and Hypnotism.
11. Phrenology: is it Bumpology?
12. Psychic Phenomena; how produced.
13. Everyday Superstitions from the Stand of Occultism.
14. The States of Consciousness.
15. The Use and Power of Words.
16. Man as the Image of God.
17. Man as Master of Electro-magnetism.
18. The Invisible Nervo-vital Force.
19. The Ethics of Zoroaster.
20. Zoroastrianism in the Light of Occult Philosophy.
21. The East and the West.
22. Influence of the Solar System on Man.
23. The Ceremonial Magic of the Parsees.
24. Sound as a Sublime Power.
25. Heat and Light as Modes of Motion.
26. Suicide a Vice of the Present Day.
27. Imagination, Faith and Will.
28. The Soap Bubble as a Moral Teacher.
29. Odic Force or Ultra-magnetic Auras and the  
Doctrines of Zoroaster.
30. True Worship.
31. The Ultrageous State of Matter and Radiant Energy.
32. Ghosts: True or False?

33. Modern Astronomy.
34. Personal Psychic Experiences Explained.
35. Nature's Sacred Elements; Why they should not be defiled.
36. Alcoholism: Is it excusable?
37. The World's Great Teachers.
38. Are Parsees Fire-Worshippers?
39. The Co-relation of the Physical Forces.
40. The Finer Forces of Nature.
41. The Twelve Centres of Force in Man: Unexplained Anatomy.
42. Theosophy Reviewed.
43. Samadhi or Trance-Communion of the Orient.
44. History of the Parsee Monarchs.
45. The Adepts of the World: Are they Living?
46. Thought and Will-power or Latent Energy.
47. Second Sight or Clairvoyance.
48. Brotherhood or Microcosm and Macrocosm.
49. Life in India: a Resident Traveler's Experience.
50. Dangers of Psychism.
51. Symbology: Outer and Inner Science.
52. The Astral Light.
53. The Telephone and Telegraph on Different Planes.
54. The X-Ray: Is it New?
55. Cosmic Philosophy of Construction and Destruction.
56. The Light Within or Know Thyself.
57. The Disposal of the Dead.
58. Magic: White and Black.
59. The Philosophy of Disease.
60. The Dimensions of Matter.
61. The Living Pentagon.
62. Nothing New Under the Sun.
63. Electricity and Magnetism.
64. Altruism.
65. The Sacred Teachings of Zoroaster (4000 B. C.)
66. Wonders of the Prehistoric Orient.
67. India, England, America.
68. Chemistry and Social Science.
69. Dreams.
70. Worship and Acoustics.
71. Parsee Social Morality and Religion.
72. My Trip to America.
73. Oriental Magic and Modern Science.
74. The Beauty of Numbers.
75. The Evils of Present Society.
76. Ceremonies in Honor of the Dead.

(For Reports of the Generous Press, refer to Life Sketch In Short.)

## OUR STUDIO DIRECTORY

On the First Thursday of each Month, there is held a Membership Meeting, at 8 P. M., in each of our following Studios, for reporting the results and findings of Personal Experiences in the use of the Visible Spectrum of Light and Color:—

**First Allentown Pennsylvania Studio**—Hotel Americus, Fifth and Hamilton Streets, Allentown, Pennsylvania. Catherine Knebel, Chairman, 234 E. Hamilton St., Allentown, Pennsylvania. Pearl M. Diehl, Vice-Chairman, 642 N. West Street, Allentown, Pennsylvania. Nellie Etta Spaar, Reporter, Route 4, Box 93, Quakertown, Pennsylvania.

**First Cleveland Ohio Studio**—The Colonial Hotel, 523 Prospect Avenue, Cleveland, Ohio. Albert J. Martin, Chairman, Sleepy Hollow Lake Road, Brunswick, Ohio. Louis Friedl, Vice-Chairman, 14220 Birchwood Avenue, Cleveland 11, Ohio. Theresa J. Soree, Reporter, 9216 Orchard Avenue, Cleveland 9, Ohio.

**First Detroit Michigan Studio**—Knights of Columbus Hall, 4740 Woodward Avenue, Detroit 1, Michigan. Albert Greenham, Chairman, 30906 Robert Drive, Livonia, Michigan. George G. Weiland, Vice-Chairman, 19692 Hanna, Detroit 3, Michigan. Elfriede Kolmetz, Reporter, 6735 Meadow Avenue, Van Dyke, Michigan.

**First Merrill Wisconsin Studio**—New Badger Hotel, 310 West Main Street, Merrill, Wisconsin. Walter Briese, Chairman, 707 E. Third Street, Merrill, Wisconsin. Edward Katke, Vice-Chairman, Route 6, Merrill, Wisconsin. Dorothy Nelson, Reporter, 1814 West Main Street, Merrill, Wisconsin.

**First Milwaukee Wisconsin Studio**—The Republican Hotel, "A" Hall, corner North Third and West Kilbourn, Milwaukee 3, Wisconsin. Kurt W. Bader, Chairman, 314 E. Burleigh Street, Milwaukee 12, Wisconsin. Fredrick Kneppreth, Vice-Chairman, 10120 W. Harrison Street, West Allis 14, Wisconsin. Florence Gutsch, Reporter, 3041 North 53rd Street, Milwaukee 10, Wisconsin.

**First New York New York Studio**—Hotel Diplomat, Blue Room, 108-110 West 43rd Street, New York 18, New York. Ralph W. Die-drichs, Chairman, 423 Jackson Avenue, Mineola, Long Island, New York. Hildegard Muehlfriedel, Vice-Chairman, 817 Lancaster Road, Ridgefield, New Jersey. Margarete B. Wolschendorf, Reporter, 19 Van Buren Avenue, Norwalk, Connecticut.

**First St. Louis Missouri Studio**—Albrechts Hall, 3549 Arsenal Street, St. Louis 18, Missouri. Clemens M. P. Neumann, Chairman, 4348 Virginia Avenue, St. Louis 11, Missouri. Walter Bloss, Vice-Chairman, 6408 Lansdowne, St. Louis 9, Missouri. Marie J. Parison, Reporter, 7525 Comfort Avenue, Maplewood 17, Missouri.

**OPEN DECLARATION FROM THE EDITOR  
DINSHAH P. GHADIALI**

**NO WARRANTY, NO GUARANTY, NO LIABILITY**

Since in June 1922, I became the Editor of a similar monthly magazine, controlled by another Corporation (now dissolved), I had complete records of all Case Reports and personal matters in my files. Those were totally destroyed on Tuesday, January 2, 1945, by a disastrous Fire of unknown origin, which burnt my 30 room Main Office Building and Laboratory, causing a loss of over \$250,000.00, being without insurance.

A few months later, Law Suits were instituted in the United States District Courts, at the instigation of certain opponents of the new Science of the Visible Spectrum and because of our inability to produce the original documents as proof of various contested matters, verdicts were rendered against me and the controlling Corporation to the effect that our literature was false and misleading under the Federal Food, Drug and Cosmetic Act, as a result of which we received heavy Sentences and Penalties, I being dubbed a "quack" and a "faker." \$125,000.00 of printed literature was also destroyed by Court Order.

The American Medical Association and Licensed Medical Doctors and Surgeons strenuously maintain that the Visible Spectrum of Light and Color has no Therapeutic Effect and that it has absolutely NO HEALING or CURATIVE VALUE.

For that reason the VISIBLE SPECTRUM RESEARCH INSTITUTE openly warns the Reader, that the said INSTITUTE issues this Monthly copyrighted in accordance with the Constitution of the United States of America, Article 1, Section 8, Sub-Section 8, protected under Article 1 of the Bill of Rights; the Reader who uses the contents as basis for own investigation, experimentation and (or) research along the lines of the Visible Spectrum, to determine the Powers and Effects of Light and Color upon Living Organisms or otherwise, will do so on own absolute responsibility, taking and assuming ALL RISKS pertaining to such activities.

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