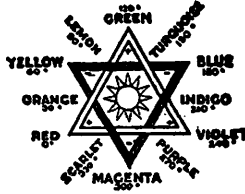


# VISIBLE SPECTRUM RESEARCHER

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**Volume 2  
Number 12**

**THAT'S A GOOD QUESTION  
THAT IS A GOOD ANSWER  
OUR STUDIO ACTIVITIES  
PILOTS WARNED AGAINST SMOKING!  
WHAT IS IN A NAME?  
EVER HEARD OF SUCH A CASE?  
COST OF JUVENILE DELINQUENCY**

**Our Aim  
HAPPINESS  
IN  
EVERY HOME**

**DINSHAH P. GHADIALI**  
Editor

**SERVICE  
OF  
MANKIND**

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By:— **VISIBLE SPECTRUM RESEARCH INSTITUTE**  
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## THAT'S A GOOD QUESTION

Under the above caption, Medical Doctor William Bolton, as the Editor of the said department in "today's health", a monthly publication of the American Medical Association, wrote in its March 1953 issue an answer to an inquiry about:—

### "COLOR THERAPY

Question — A friend tells me that a method called color therapy is now being developed by which various illnesses may be treated successfully. Do you have any information about this?

Answer — From time to time, theories are advanced that color may have value as a treatment adjunct in medicine, but we do not know of any evidence that a specific disease ever has been cured through the use of color alone. Various colors may have some value so far as mental attitudes of many patients are concerned, and this idea has been utilized in some hospitals. For example, walls and ceilings of hospital wards or rooms may be painted a light blue or green because such tints are believed to have a soothing effect. In general, colors probably should be considered for their secondary effect in helping a patient to overcome excitement or worry about an operation or illness."

This publication is an answer to the stated view, as in our service to our Members, their own convictions by their personal investigations, researches and experiments will give them the accurate view of the Truth behind the Visible Spectrum. Let the reader judge for self.

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# VISIBLE SPECTRUM RESEARCHER

A Monthly Magazine  
Devoted To The Service Of Mankind.

Editor  
**DINSHAH P. GHADIALI**

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We accept no gifts or gratuities, as to a Servant Of Mankind it is graft. Send us nothing.

You may send your Book for review or opinion; you may send your Writings or Experimental Findings and Reports for publication, provided they are not plagiarized or false and bear your hand signature in ink, with full name and address.

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All correspondence should be addressed to:— Visible Spectrum Research Institute, Malaga, New Jersey and not to any officer or individual.

For the views expressed in signed articles, the writers are responsible; for the opinions in articles bearing no identification, the Editor shoulders the sole responsibility.

## THAT IS A GOOD ANSWER By:-INDIVIDUAL EXPERIMENTERS

### COLD REPORT BY K. S.

I have my Color Projector for almost 10 years. I am very much satisfied and I want to thank you for the wonderful results I have had. Just now my husband and I have a Cold. With Turquoise and Magenta we got wonderful results. Thank you very much.

\* \* \*

### SWELLING, BOWEL DISORDER REPORT BY H. S.

About four years ago, my wife was very sick and had to be operated; Gall Bladder and the Appendix were removed. After two weeks of suffering at the Hospital, the Sufferer swoll over the whole Body, as an Infection set in and had to be opened up again and drained. The Sufferer was in a bad condition after leaving the Hospital, as the Doctors were unable to regulate the Sufferer's Bowels. Whatever she was ordered to take — Medicines and the like — did not at all help the Sufferer. A few weeks later, a friend told me to try the Color Projector. I told him there is no such thing which can do more than a good Doctor. I waited some time if the Sufferer would improve, but, did not, so, I told my friend to introduce me to the Color Projector. After using it about 4 or 5 times, the Sufferer's Bowels started to move freely and ever since. Thanks to the Color Projector; she never would feel the way she is feeling today. We, surely will never, as long as we live, part from the Color Projector, as I myself use it too and you can be sure every time it works. About a year after, the Doctor stopped Sufferer on the street asking her how she felt. She said: "Fine!" Of course, she did not tell him what made her feel well again. These are the experiences we had and have with the Color Projector, thanks to the Originator. (Signed and Affirmed before W. P. — Notary Public.)

\* \* \*

### LUMBAGO, UNSTEADY PULSE, NERVOUS HEART, POOR BLOOD CIRCULATION, CONSTIPATION, FOOD POISONING, POISON IVY, WEAK KNEE JOINTS REPORT BY A. M.

I used the Color Projector for myself since 1938 at one time or another for the following Disorders:— Severe Lumbago, Unsteady Pulse, Nervous Heart resulting from Thyroid Trouble, Poor Blood Circulation, Constipation, Food Poisoning, severe case of Poison Ivy and a condition of Weak Knee Joints, which had pothered me for twenty years. In all these cases, the results by using the Color Projector exclusively were accurate and precise and never in all these years did I have to resort to Doctors' methods or Medicine of any kind. I consider it the best fortune of my life to have become acquainted with this wonderful Healing Science and Dinshah's teachings. (Signed and Affirmed before F. S., Notary Public.)

## OUR STUDIO ACTIVITIES

### EXPERIMENTER FINDINGS AND QUERIES

### MEETINGS OF THURSDAY, OCTOBER 4, 1956

#### First Cleveland Ohio Studio

The Editorial Remarks from September 1956, from Visible Spectrum Researcher were read. M. S. came to the Meeting and her Membership Card was marked Jan. 1, 1956. She sold two Color Projectors and expects to sell an additional two more. She also hopes to bring the new purchasers as regular Members. One of the two G. R. claims he would not want to part with his Equipment; he is so pleased.

L. F. — I am using Green, Turquoise and Lemon Systemic and Magenta occasionally; am feeling very well.

M. S. — I have a throbbing sensation in my Left Ear; tonated with Lemon and Turquoise, but had very little relief.

J. D. — I had an attack of Bronchitis; tonated with Yellow; soon had relief.

A. M. — I have a Bruise on my Knee.

M. S. — I suggest tonating it with Scarlet.



M. S. deserves our cordial thanks for her interest and service to the Cause. She should take care of her own Health also by sending her Chart to the Institute. The rent for the Meeting Room for the year 1957 is already paid in advance, so make proper use of it by more attendance.

\* \* \*

#### First Detroit Michigan Studio

A. G. — Good evening, friends! We have here a clipping "X-Rays and the children's feet." That is another danger being used in the so-called Healing Art. For our educational program we shall read Chapter III, from the Third Volume of our Text Books Set, which I have been trying to explain for the past two months and hope to complete soon. It is about the "Great Sympathetic Nervous System." This System registers Zero in the understanding and thinking of the Medical Fraternity, because of the Variant Breath involved and it is doubtful, outside of the mind of Dinshah, whether we can ever get a clear cut picture of this great operation. We learnt much about the Breathing Processes from the various sources of information and education, but, never in my experience at least, have we come face to face with such occult knowledge as taught by Dinshah and which all of you can read in the Third Volume of our Text Books Set and study

and restudy this great subject of the "Variant Breath," which is so important in our work today and added together with the rest of our Science makes it immutable and unchangeable, exact in every degree. Even where our System is improperly used, nothing harmful can result. If you use our System rightly, results are bound to follow. There is no system of Healing which can make these claims, so, all our users may feel secure and happy. Our only urge and constant this urge should be, that we must be for ever studious. Even where our understanding be limited, results will inevitably follow. Study, study and study and all of us will be richly rewarded for every effort. With our System, it does not require a master mind to figure it out and the smallest amount of mental effort will bring most gratifying results. It is our aim in the Studio Meetings, to aid our Members in getting this understanding and to make each one proficient in this greatest Healing System on this Earth. I like to take some time in discussing some of the pros and cons of our magazine. It is a fine source of information and the comments by Dinshah on the various Case Reports from the Studios are very educational. I like to draw your attention to the visit of C. N. to the New York Studio. He is Chairman of the St. Louis Studio. I think it would be to our great advantage, to have, if possible, Studio Chairmen visit other Studios. I am sure it would encourage attendance and be a source of great help to our Members. Slowly but surely, fear is being eliminated from the minds of our Members, because, I see many of the old faces back with us. We are now slightly more protected than in previous years; I hope and trust we shall soon see great crowds at our doings as in the past. We have a larger Membership and if all who have been initiated in our work were to present themselves at our Meetings, we surely could fill this big hall and more. As an education to all who read our magazine, I shall read a Case Report of the New York Studio, September issue, page 417 about the steel beam falling on father's leg and it became black and blue, which is of course a figure of speech. A big lump developed and after one Tonation of Orange it became half the size. C. N. commented: "Why did you use Orange when everything was black and blue?" Now, since many of us may have similar experiences, I sincerely believe that the one giving the Orange was absolutely correct, because, the Color of the Bruise was indicative of what had happened. The Affinity Color was Orange for the Bruise and as a result half of the Lump disappeared. What other line of Healing could have produced such a miraculous result? If you use the right Color, miraculous results will always follow and I mean **always**. (He then spoke about other similar cases.) We have a new Member with us tonight, who traveled 150 miles from Indiana, to be at the Meeting. Doctor C. J., we are happy to have you here.

C. J. — I am a Drugless Physician; do not believe in Drugs and do not smoke, drink tea, coffee or alcoholic beverages. I believe in the natural way of living. Some years ago, I had Cancer in my Ankle, which spread to

the Prostate Gland and different other Organs. I improved greatly by natural healing methods and eating natural foods. I have always been a believer in the therapeutic value of Color, but, never knew about the Visible Spectrum Projector until just recently, when an acquaintance from Allentown, Pennsylvania pointed it out to me. I am now using the Projector twice daily and am pleased with the results, especially as the Elimination has improved. I never had more than one Elimination a day and now I have two and three a day.

A. G. — Cancer is a Systemic Disorder. We analyze by taking the Ratio and taking into consideration the elimination functions and the like, according to the Personal Research Information Chart. In our work, we have no Differential Diagnosis. An Inflammation in the Toe in one person or an Inflammation in the Nose of another, would receive care in the same way. Much harm can be done by taking poisonous Drugs and Medicines, but, no harm can be done with our Color Projector. You may use the Color, but, the only harm it will do will be the waste of Electricity. You should be very serious though in using the proper Color, for, if you tonate with right Color, using common sense in living and eating habits, you will get results immediately.

J. S. — The Skin of my Lips had been cracking; I tonated with Orange; that corrected the condition.

A. G. — Many cases are due to poor Elimination; they can be corrected by tonating with Yellow. (He then explained on the blackboard the working of the Intestines and advised against the use of Laxatives.)

H. E. — I was careless recently and got a Pain in my Left Shoulder. The next day, it became worse; I tonated with Turquoise without results. The following day, I switched to Lemon and took Magenta on Area 18; the next day, there was no more Pain. I used to have such conditions frequently before I had my Color Projector. I had medical help then and was not able to use my Arm for days; I could not do any kind of exercise. Now, if I have an attack, I can always use my Arm — even go bowling. I have not had much trouble lately, only when I get careless and expose myself.

A. G. — When a Color does not work, use its Affinity Wave. If you use Scarlet on Area 18, it will produce additional flow of Adrenalin. If Front Elimination be slow, you use Scarlet on 18; if it be normal, you use it on 4. Proper Breathing also will do much for you. If you breathe deeper, it will take in more air and be stimulating.

H. W. — My husband had a Rash; tonated with Turquoise; that relieved the Itching. Now, he is tonating with Yellow; that brings out the Rash again.

A. G. — What is the Ratio? There is a condition in his Body and the Yellow brings it out.

H. W. — I do not know the Ratio. My son went swimming and had a Fungus Disorder; his Face was all swollen. He tonated with Turquoise and the Swelling went down, but, later it came back again. His Ratio is 80-18.

A. G. — Turquoise is a good Color for such Disorder. If the Kardoscil be low, you need Yellow; there might be something like an Abscess that needs to be broken. Lemon would take care of that.

G. N. — My husband had trouble with his Stomach. He has been drinking plenty of Cabbage Juice and tonating with Lemon, but, so far has not had much relief.

A. G. — What is his Ratio? So much depends on it. If it be Indigestion, Yellow is helpful. (He then read Chapter 84 on Indigestion, from Volume 3 of our Text Books Set.)

C. W. — I have been working too many hours and felt a little run down; so, I have been tonating with Yellow, Orange and Magenta.

A. G. — I like to leave this thought with you, that Faith plays an important part in Healing. Most of you know from your Bible, the story of the very sick woman, who said: "If I could only touch the garment of the Master Jesus, I will be healed." She was healed instantly after she touched the garment. It was her Faith that made her well. We have all the powers within us; if we use what we have, there is no need for fear or illness. We are never really alone. These are the things about which you should think. Use your innate divine qualities and have Faith when taking Tonations. We have with us tonight C. R., who is an Organic Gardener. I should like to have him speak to us.

C. R. — I became interested in Organic Gardening, because, it is almost impossible to get pure food in any of the stores. Organic Gardening is the growing of Food the natural way, using natural and organic fertilizers, which in turn produce healthy, natural food, as Nature intended it to be. What does man do today? He takes out everything good from the Food and has it processed, adulterated, canned. What is the worth of a loaf of white bread? Even the so-called Whole Wheat Bread is bad to eat, because, so many materials are added to it to raise it, to preserve it and keep it from spoiling. It is the Food you eat that makes a healthy or a sick Body. If you do not eat the right Food, nothing will help you. You need your Color Projector only when you violate the Laws of Nature. I saw many cases of people, who were given up by the Medical Doctors and who made miraculous recovery by using the Visible Spectrum Projector — but, they HAD to live upto the Rational Food Of Man System. To live right, seems to be one of the harder things to do. A Club Member of Organic Gardening was given over to die of Cancer by the Medical Doctors. He went and bought some land and started Organic Gardening 11 years ago. He is a Chemist and tested every bite that he was to eat. He healed himself from Chickens that were raised on his farm and had been fed the best of food. By analyzing those Eggs, he found 2 had Tuberculosis, 2 had Cancer and the rest had other

Disorders, only 2 out of the dozen were found uninfected. Dinshah tells us that Eggs are not fit to eat. People laugh at his "Diet." It is not a special Diet, but, a system of Natural Food. Yellow Split Peas are the best Proteins to eat and with the least waste. Organic Gardening puts back into the soil what has been taken out. If you wish to experiment with the Visible Spectrum, obey the Laws of Nature and follow the system as it is laid out for you. The next time you go to your grocery store, ask for natural foods and refuse to buy the adulterated concoctions. It is upto us to change the prevailing conditions.



As the first man in America to speak on the X-Rays, in 1896, I do not hesitate to state openly, that its use has become a regretful racket in the field of Healing. Our opponents have no knowledge of the great importance and value of the principle of the "Variant Breath." The suggestion of A. G. about Studio Chairmen visiting the various Studios is very good and it will certainly make the Meetings more attractive. Exchange of different and differing views, is one of the prime aims of our Studios. The Drugless Physician C. J. deserves special commendation for his high interest in our Science. Members like him are valuable assets to our Cause. As for those who can not find proper relief through their own knowledge, the Institute is open for service through the Personal Research Information Chart. They are welcome to use that service as Experimenters and get that benefit for which we always aim. To those who desire knowledge from the files of the ancient times, I recommend reading my "Gems In The Bible," which is in five handy volumes and costs only \$4.00 for the Set. It might surprise some of our new Members to know that I was a Sunday afternoon Bible Lecturer, in the Congregational Churches of London, England, around the year 1909! O what a Life!!! C. R. is to be congratulated on his splendid adventure in the right direction. My views against Eggs are known to you in print. The rent for the Meeting Room for the year 1957 is already paid in advance, so make proper use of it by more attendance.

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### First Merrill Wisconsin Studio

E. S. — My grandson R. S. living with me had 3 Planter's Warts on Feet; used Indigo and Lemon; on one Foot it disappeared; on the other they are still there. Another grandson J. S. had an Abscessed Gum and the Tooth was extracted; used Blue and that normalated.

(The Chairman read Editorial Remarks from the St. Louis Studio Report. Discussion was had about an inherited Color Projector.)

G. V. H. — My husband had a Swollen Hand; took about 6 Orange Tonations; he kept on working and was normalated.

E. S. — My grandson C. S. sprained an Ankle playing football; could hardly remove his coat; used the Orange Ray; next day, went back to play football.

W. B. — I was upstairs where I had taken the Light late at night. Stumbled in coming down in the dark and hit my Toe against the edge of a step. The Toe was black and blue and quite swollen. I applied several Orange and Lemon and was normalated.

I. R. — When I was a child, I froze my Toes. Now, I think I have Arthritis in the one Foot. Before I knew about the Visible Spectrum, I had Surgery on it.

W. B. — I froze my Toes many years ago. No proper Circulation in them for years. After using the Color Rays, I noticed better Circulation returning. One Toe is still at times numb, but, is better than before.

I. R. — I can not stand much pressure on Foot. Have very difficult time getting shoes to wear.

W. B. — I suggest you use Orange, Lemon and Yellow; but, it may take time.

C. G. — I am getting along well. When young, I too had Frozen Feet, but, do not date my Arthritis back to that time.

W. B. — When the Feet are frozen, the Blood Vessels are contracted and thus the Circulation becomes restricted.

D. N. — I had Disorder in the Jaw; used Turquoise and was normal. For severe Headaches, used Yellow Local and was much better.

(Question was asked about Iodized Salt.)

I. R. — We have now a Juice Extractor for squeezing any raw Vegetables and Fruits. We feel much better since using so many Fruits and Vegetables.



Grandsons are NOT of the Immediate Family, under our By-Law 63 and unless their parents are also our Members and the grandsons are under the care of the grandparents, should not be irradiated by the grandparents. Planter's Warts may yield to the Irradiation, if just starting to grow, but, once grown, become subjects for a Chiropodist. I. R. should wear loose, wide shoes. Avoid Iodized Salt; use just common Sea Salt. The Lemon Wave has the power of the Iodine. Avoid all drugging. The rent for the Meeting Room for the year 1957 is already paid in advance, so make proper use of it by more attendance.

### First Milwaukee Wisconsin Studio

K. B. — Now, I want you to tell me what you will do when you have a Cold?

A. B. — First, I check my Kardoscil and Spiroscil and I take them when I have a Fever. I usually get a Head Cold and I shine Yellow right on the Head.

K. B. — How many times?

A. B. — About three days. I take Green Systemic and Magenta and I really snap right out of it.

I. P. — As soon as I get a Cold, I use Turquoise.

A. F. — I have a Cold and I took four Turquoise and am using Lemon and still have it.

K. B. — Who else? Some persons will have a Fever; everyone will be different. Did you get cold from the Feet or the Head?

I. B. — I just got over a Cold; I used Turquoise.

N. T. — There is nothing the matter with me. I went to see some people and they said: "What is the matter with you?" They do not believe in the Light, but, they wonder that I am always right!

K. B. — In a magazine P. M. there was a picture and it said it is a fake and the people believe what they read.

M. B. — They say it is your Faith.

K. B. — Doubt is a state of the mind. If you doubt, it puts up a certain Resistance. A child knows nothing about Faith and becomes well under the Light. Do not mind those people, if they be sick and do not want to be helped.

H. B. — A fellow I know went to a Doctor and the Doctor said: "I can give you something that will help you and you will get rid of it in about ten days.

(K. B. explained several vital points pertaining to the Respiratory Rhythm and also elucidated certain points in the Guide.)

K. B. — How many of you read the Family Health Protector? (Several hands went up.) You should all read that book over and over. (Some discussion was had about Germs, Polio and Vaccines.) Keep your Feet warm by proper underwear and stockings. (He showed what he had.)

M. B. — We just can not buy them anymore.

A. B. — I can find them, but, they charge more.

A. S. — Is it not detrimental for children not to be protected against Chills?

K. B. — Certainly. The thing is what people do not buy, they will not manufacture. In what book is it, where the Temple was built without nails? I will have to use Yellow.

F. K. — That is in the Bible.

K. B. — A Member who used to come to the Meetings, once said: "I can't remember." Then, he used Yellow for six months and said he could re-

member everything from years ago. A Rosicrucian once told me: "That is better than any."

S. N. — I had a Cold in my Bladder; I used Turquoise and it is better, but, I do not think it is all cleared. I used Systemic Front and Back.

K. B. — Did you eat Beets?

S. N. — I did eat some, but, not now.

K. B. — Keep your Legs warm. I had it myself in my younger days; it can ruin life.

(He then announced the next Meeting will be on November 8, 1956, instead of the first.)

A. B. — I do not have a question, but, I was talking to a friend of mine and he said: "There is an island and none there has a Cold until a ship comes in and brings in the supplies.

(Discussion began about Sprayed Foods, weather conditons and the like.)

O. L. — The Apples are sprayed about seven times in a season.

K. B. — I think they have to wash the fruit, because, our fruit goes to Europe and they will not accept it if it be not clean.

A. S. — They will not accept it and we do!

F. K. — The way I understand it, if fruit be allowed to ripen on the tree, it will not be good to ship, because, it will bruise easily. That is why they pick it green and put it under gas, so they can ship it.

K. B. — If you eat the Rational Food Of Man and wash your Fruits and Vegetables, that is all you can do here.

A. S. — How will you prepare Cabbage?

K. B. — F. K., do you have a Cook Book?

F. K. — Not here; send \$2.00 to the Institute and they will send one.

A. S. — I do not want a book; I just wanted to know how K. B. makes it.

(More discussion started about Grape Juice, Grape Wine, German Wine and the like.)

A. S. — I wonder what Color is good for a Blood Clot?

K. B. — Where is the Blood Clot?

A. S. — I just mean it could be anywhere.

K. B. — You may use the Lemon Systemic.

I. P. — My husband had a severe Blood Clot on his Cheek and we dissolved it with the Orange and had wonderful success. You could see it dissolving.

A. B. — You have to be careful that it does not reach the Heart.

A. S. — I have a Pain in my Leg and I looked in the book and took Purple; it helped.

K. B. — Stick to the Rational Food Of Man; Blood Clots come from wrong Foods.

O. L. — Do brisk walking.

K. B. — If you do not work, do not eat; eat only when you are hungry. People who do not have anything to do, suffer from malnutrition.

A. B. — I heard the other day, that the Russians have a cure for Ulcers. They put the Sufferers to sleep for 14 days.

K. B. — Ulcers are the results of too hot or too cold foods. Man is not as wise as the other animals. When a man has an emotional upset, he sits down and eats; an animal will not. Animals use more sense than men. All right now, we covered Colds and Ulcers.

L. K. — I want to ask if there is something if our Inhalation be short or vice versa?

K. B. — Suppose a man has difficulty in Breathing; use Lemon. If the Kardoscil be 80 and the Spirosdil 15, use Orange on Areas 3 and 17. The Thyroid governs the Breathing — Area 3.

L. K. — How would you decide what is wrong?

K. B. — You have to know the circumstances; the Sympathetic Nervous System takes care of that.

A. B. — This will amuse a number of people; Dinshah says to use Indigo and in another place he says to use Turquoise.

K. B. — Turquoise beautifies the Skin; if you want to tighten Wrinkles, use Indigo.

O. L. — I told a woman that and she said she would need two Equipments! They should have plenty of liquid.

K. B. — The best drink is fresh cool water. If the Food be right, you do not have to worry; do not fear age. Do you mean to say you want to be a Cleopatra? Use Coconut Oil.

O. L. — I do not see any Wrinkles on this woman's Skin.

A. S. — I can not use Coconut Oil.

(Discussion began about Coconut Oil, Cocoa Fat, Cocoa Butter and the like.)

N. T. — Last Sunday night, I was out and ate two pieces of Angel Food and Spice Cake; I became so sick!

K. B. — Angels in it!

N. T. — I think Devils in it!

K. B. — First of all, there is too much in it that is not good; unless you know what is in what you eat, do not eat it. Next time, we shall talk about the Respiratory Rhythm Guide and the Great Sympathetic Nervous System. Thank you all for coming; good night!



The more the opponents proclaim the Color Projector to be a "fake," the more inquiries I get! Let them call us anything; the eventual outcome

will be "IT" in every home! I did not know that dogs and other animals also are set right by the Visible Spectrum by their "Faith;" please inform me about the church they attend! To answer in full all the questions propounded at your Meeting, which is very well conducted, would require a scientific encyclopaedia. All those questions have answers in detail in our three volume Text Books Set, the Dinshah Cook Book and the Family Health Protector. If each Member would zealously study and FOLLOW those, they will have knowledge enough to withstand any detrimental remark against our Science. A. S. and other questioners never sent any Chart. The privilege is there for their benefit. The main reason for spraying fruits and vegetables, is to destroy certain bugs and insects that feed on those fruits and vegetables; but, the foolish, short-sightedness of the human beings permitted the hunting of the birds that fed on those bugs and insects, destroying thus the balance of Nature and the result is as you well know. Russians claim to be the inventors of most of the scientific instruments — all I know is, that they are PRODUCING MORE Ulcers among the Americans, by their communistic vagaries and unless WE USE AGGRESSION, we shall emerge as the ultimate losers. Study what I wrote in my Inroads Of Socialism and Communism. The rent for the Meeting Room for the year 1957 is already paid in advance, so make proper use of it by more attendance.

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### First New York New York Studio

R. D. — I understand there was an article in the newspaper that a group of Medical Doctors said that Tobacco Smoking is responsible for Cancer of the Lungs and that it impairs the Heart. You see, they are coming around to agree with Dinshah.

P. B. — I read that too; it affected the Tobacco Stocks; they dropped several points.

R. D. — Are there any Case Reports?

M. W. — My cat caught a bird; a Wing was injured and it was bleeding. It looked bad, so, I thought I should put it under the Indigo, as it would have a nice way of falling asleep for good. I put the bird under the Light on its Back; it did not move and did not open its Eyes. After a while, I noticed that the Bleeding stopped. When the hour was over, I thought the bird was finished, but, to my surprise, it was trying to fly. It was really a miracle, as the bird was more dead than alive when I put it under the Light!

R. D. — My sons had Cold; I just gave them Turquoise and they were all right again.

J. L. — My husband can not get rid of his Cold; I tonated him with Lemon and Orange.

R. D. — When one has a good Cold, it goes through the whole Body. As a butcher, he has to go in and out of the refrigerator all the time; that makes it bad for him. Use Magenta and Lemon.

M. W. — I had a Cold too. I always could check it with Orange, but,

this time it did not respond. I took a Green and while I was under the Light, my Head cleared; I had an immediate reaction.

J. L. — My Eyes itch, burn and my Vision gets blurred; then it disappears again. I had my glasses checked and was told there was nothing wrong.

R. D. — Send a Chart to the Institute. In the meanwhile, use Green Systemic and Magenta on 4 and 18.

A. R. — I was in Detroit at the last Meeting. They send you greetings. They had a very nice Meeting.

O. Z. — I like to know something about the Itisometer; how does it work? How much does it cost?

R. D. — I never saw one and I know very little about it. F. R., do you know how it works?

F. R. — Dinshah has it figured out so, that automatically it shows on the dials what to do.

(Some discussion about the Itisometer took place.)

R. D. — If only Dinshah could find time to come to a Meeting and explain the functioning of the Itisometer in the near future.

W. G. — I have trouble in my right Eye; I am using Lemon Systemic.

(R. D. read about the Yellow Attuned Color Wave. Some discussion followed.)

R. D. — Dinshah always stresses the importance of the proper Posture for Backelim. I am sure very few of us use it. It is the best; I found that out in the Army. What is the remedy for excessive Backelim?

Members — Indigo.

R. D. — Be careful when you do your shopping. They color Lemons and Oranges. The growers are forbidden to color Oranges. They have an Injunction against the Food And Drug Administration, claiming they spoil their business. They want to use the color, until there is something else on the market.

M. W. — I shall write to Dinshah about visiting us.



Truth eventually will always prevail. No matter what our opponents may say now to humiliate us, the Truth will be admitted by the World, in the future. Why do not the Members send their Charts? Why suffer when relief is available? The Itisometer is one of my inventions, patent for which was filed in 1926. It is a highly sensitive Electric Thermometer capable of measuring a difference of around 1/40 of 1 degree Fahrenheit, in the workings of the Internal Organs. Without asking a single question to a Sufferer, it indicates and records on special Dials and Charts, where the Disorder is,

what the Disorder is, how much the Disorder is and what the Remedial Color is for the specific condition. It took me over 2 years and over \$5,000.00 of expense to perfect the instrument and the Science is called Itisometry. The price was standardized at \$650.00; only 44 were marketed, when the Fire of 1945 destroyed all my Laboratory and the data as well as the later new Portable Itisometers were gone with the blaze. When our facilities permit, you will hear about its rebirth again. My intention is to market the Portable Itisometer for about \$150.00 each. If each of our Members, will get just one new Member as Experimenter Researcher, who will have for study also a Set of our Three Volume Text Books, I may be enabled to re-make and market that invention, which received the highest eulogium from Dr. Kate W. Baldwin, former Senior Surgeon of the Woman's Hospital, Philadelphia, Pennsylvania and who purchased the first Standard Model Itisometer. I thank you all and especially M. W. for your graceful invitation. I accept it with pleasure and shall visit you personally after the end of the Winter. Your Studio will be informed ahead about the date of the Meeting. The Studio Rent for your 1957 Meetings is paid already in advance.

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#### First St. Louis Missouri Studio

W. B. was in the Chair.

M. P. — I like to make a report on my mother's recent Accident. About 3½ weeks ago, she stubbed her Toe against a two inch rise in the sidewalk, which she did not notice. She fell forward on her Right Knee and Hand onto an iron grating. Her Skin on the Right Knee broke in three places and when we reached home, the Knee was swollen to twice its normal size and was red, black and blue. By the next morning, an area three inches in diameter on her Knee was red and scraped and around it an inch wide was a black and blue ring. She was examined for broken Bones and had an X-Ray examination. She weighs 225 pounds and is 65 years old. She went to a Chiropractor, as her Arm and Shoulder pained very much. She was sure she had displaced a Vertebra in the fall. That Doctor knows we have the Visible Spectrum Color Projector and he encouraged mother to use it. She did not take the Light that night, but, the next morning, she took Orange Systemic, including the Knee and Shoulder. In the afternoons, she takes Magenta on Areas 4 and 18 and bathes the Knee with Hot Epsom Salt Water every day.

R. B. — I believe I heard that Blood does not clot in a deep Bruise. In fact, it clots only when it is exposed to the air. What happens in a Bruise and what causes the discoloration, is that the small Blood Vessels in the bruised area break and the Blood goes into the Muscles and Tissues. That has to be absorbed and the discoloration then disappears.

C. L. — I am very subject to falling. Several years ago, when I fell, my husband insisted that I go to a Doctor. I had been bathing my Leg in Epsom Salt Water also, but, the Doctor told me to use instead Hot Vinegar.

He said Vinegar spreads, while Epsom Salt draws. Lemon also will serve the same purpose as the Vinegar.

A. I. — When bathing with hot water, I understand it is better to start with warm and increase the temperature gradually.

C. S. — Lemon is also good to use on the Sores that occur under Dentures. The Lemon — both fruit and Color — have such wonderful properties. They are listed in our Text Books Set on pages 951 to 953, in Persistent Disorders. (The text was read.)

C. W. — I find it difficult to take a Light sometimes, because of requirement not to eat or bathe for 90 minutes before or after a Tonation. (Some discussion followed and the Members requested Dinshah to clarify the rule.)

I. A. — What can I do about a Cold I got in an air-conditioned funeral Parlor? Air-conditioning always affects me that way. I have Pains in my Chest, Middle Back and Heart and have difficulty in Breathing.

R. B. — My grandson worked in a cooler in a supermarket for about 3 hours one day. When he came home, he was chilled to the bone. I gave him Orange and Magenta and had wonderful results.

I. A. — I used Lemon and Green, but, it did not seem to help much.

C. S. — Keep on with the Lemon, as that loosens the Phlegm. Orange is good too, as it is a Lung Builder. Be sure to take your Ratio. (As I. A. did not know how to take the Ratio, it was explained by W. B. and C. S.)

M. P. — Whenever you have a Cold, do not neglect to take Magenta on Areas 4 and 18.

C. W. — How would you know whether to take the Magenta on 4 and 18? (Discussion followed and the Members were of the opinion that if one had two Projectors, both Areas could be irradiated simultaneously. However, with one Projector the Areas could be alternated.)

A. I. — I had a black spot on the Nipple of my Left Breast. I squeezed it and the Area swelled and became red. I used Orange and then Lemon, but, it became larger. Then, I took Indigo and the Swelling went down; the red Area became smaller. Yesterday, I took Lemon Systemic and today Magenta on 18.

Members — You should take Orange Systemic and Magenta on Areas 4 and 18.

C. L. — For the last week, I have had a Soreness on the right side of my Head, Face and Throat. The Tonsils are swollen and my Ear pains very much. As a child, I had always a great deal of trouble with my Ears, Nose and Throat. What Color should I use?

(As this Disorder is in the Head and Face, Green Local or Systemic was suggested. W. B. approved of it.)

C. S. — As this seems to be a Recent Disorder, Turquoise might be beneficial.

R. B. — I had a similar situation. My Skin was tight and sensitive to the touch and there was a Buzzing in my Ear. I took Yellow Local, placing

my Projector about 18 or 20 inches from my Head. I also used Magenta on Areas 4 and 18. It took 5 days for the condition to respond.

W. B. — I was going to suggest Lemon Systemic, as it has Green the Cleanser and Yellow the Motor Stimulant.

R. B. — At the last Meeting, I spoke of reading an article on "Cigarettes"; I brought the magazine with me and maybe it could be read. (He was asked to read it to the Members.)

R. B. — It appears in the July 1956 issue of the R. D., entitled "Why An Airplane Pilot Quit Smoking." My grandson took some flying lessons at Park's Air College and was advised not to smoke. Some other articles which appeared in the St. Louis Post-Dispatch about the Cancer Society and its investigation about Smoking also are worth reading. (They were read to the Members.)



M. P. gave a detail report of 21½ week's of mother's sufferings, but, we are interested in knowing the result of the Tonations. We have on our Membership not only many Chiropractors, but reputable Medical Doctors also; therefore, we request that the results should always be included in the same reports. Epsom Salt, Vinegar and the like are not needed in the warm or hot water. The real active agent that gives the service is the HEAT. To digest food in the Stomach, Circulation of the Blood is necessary; hence interruption of that process by Irradiations, is not advisable, unless such Tonation is for improving the Digestion itself. Any other way, it is liable to produce interference. The main reason women get Cold is, that their system of dressing permits the escape of the warmth of the Body; hence, the chilling effect. Nature gave woman two Legs similar to man; why then, should men duly cover their Legs with pantaloons and women wear skirts which give absolutely no protection to their Limbs? I am against the wearing of Skirts, which are nothing but open cylinders made of fancy cloth and give absolutely no protection against chill breezes. Hence, no wonder there is such prevalence of Disorders among women, in Areas 10, 11, 18 and 19. The fault is not in the Air-conditioning System, but, in not maintaining a regular 80 Degrees Fahrenheit Temperature. I do not advocate using two Projectors on Areas 4 and 18. To irradiate so, the Sufferer would have to maintain a difficult sidelong position for the One Hour of Tonation. Please, use Projector, but, use it with Patience; do not try to force Nature. I suggest once again, that the Members should well study the Family Health Protector and our Three Volume Text Books Set. Thank you for the newspaper clippings. The Rent of the Studio for the 12 Meetings of 1957, was paid in advance as usual.

# DINSHAH IMPARTIAL

(The Universe Through The Eyes Of Dinshah)

## PILOTS WARNED AGAINST SMOKING!

The Army and Navy magazines recently published that excessive Smoking impairs vision. They warned Airplane Pilots that it impairs vision through the action of Nicotine which constricts Blood Vessels and decreases the flow of Blood to the Eyes. Well, what about the other 10 Poisons in the Tobacco Smoke? Short-sighted thinkers, pass the Rule that Smokers shall handle no Airplanes. Save the savage destruction of the innocent public.

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## WHAT IS IN A NAME?

My name is a puzzle to many of our friends, although it is not so very complex. In India, where I was born, all are known to the public by their first names and the surname indicates the family occupation; the middle name represents the father. DIN SHAH means Duty (or Religion) King, P. stands for Pestanji meaning One With The Holy Body, GHADIALI means Watchmaker. It is not so difficult to pronounce, yet, many say Gha-Gha-Gha and gape! How will they some day visit Wales and pronounce the name of a town called:— LLANFAIRPWLLGWYNGYLLGOGERYCH-WYRNDROBWL LLLANTYSILIOGOGOCH?

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## EVER HEARD OF SUCH A CASE?

Among the strange cases that come to me for Personal Research Information, this one has a \$64,000 question. It is from a person who is alive. The Chart of E. H. states Front Elimination 3 times in 1 week, Back Elimination 1 time in 1 week, Pulse 58 and Respiration 18 in 1 minute. The Sufferer lost many vital organs in the past and this is the first Chart. Let some competent Graduate Researcher send comment on this special case. Where is the joker?

\* \* \*

## COST OF JUVENILE DELINQUENCY

J. Edgar Hoover, Director of the world famous Federal Bureau Of Investigation gives thus his report on Juvenile Crime:—

Auto Thefts .....	62 per cent.
Larceny .....	47 per cent.
Robbery .....	21 per cent.

According to him, it costs 47,700,000 families \$500.00 a piece. The total cost to the nation annually \$23,750,000,000. This does not include Murder, Rape and other crimes.

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## OPEN DECLARATION FROM THE EDITOR

DINSHAH P. GHADIALI

### NO WARRANTY, NO GUARANTY, NO LIABILITY

Since in June 1922, I became the Editor of a similar monthly magazine, controlled by another Corporation (now dissolved), I had complete records of all Case Reports and personal matters in my files. Those were totally destroyed on Tuesday, January 2, 1945, by a disastrous Fire of unknown origin, which burnt my 30 room Main Office Building and Laboratory, causing a loss of over \$250,000.00, being without insurance.

A few months later, Law Suits were instituted in the United States District Courts, at the instigation of certain opponents of the new Science of the Visible Spectrum and because of our inability to produce the original documents as proof of various contested matters, verdicts were rendered against me and the controlling Corporation to the effect that our literature was false and misleading under the Federal Food, Drug and Cosmetic Act, as a result of which we received heavy Sentences and Penalties, I being dubbed a "quack" and a "faker." \$125,000.00 of printed literature was also destroyed by Court Order.

The American Medical Association and Licensed Medical Doctors and Surgeons strenuously maintain that the Visible Spectrum of Light and Color has no Therapeutic Effect and that it has absolutely NO HEALING or CURATIVE VALUE.

For that reason the VISIBLE SPECTRUM RESEARCH INSTITUTE openly warns the Reader, that the said INSTITUTE issues this Monthly copyrighted in accordance with the Constitution of the United States of America, Article 1, Section 8, Sub-Section 8, protected under Article 1 of the Bill of Rights; the Reader who uses the contents as basis for own investigation, experimentation and (or) research along the lines of the Visible Spectrum, to determine the Powers and Effects of Light and Color upon Living Organisms or otherwise, will do so on own absolute responsibility, taking and assuming ALL RISKS pertaining to such activities.

### VISIBLE SPECTRUM RESEARCH INSTITUTE

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