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THAT'S A GOOD QUESTION

THAT IS A GOOD ANSWER

OUR STUDIO ACTIVITIES

DINSHAH IMPARTIAL

DRUG, X-RAYS AND RADIUM

RUINOUS DAYLIGHT SAVING TIME

HOUSE OF GOD FOR SYPHILIS TEST!

A CREDITABLE CONFESSION

WORLD MEDICAL ASSOCIATION

LEGAL STATISTICS

WE GET SPECTRAL SMILES

Our Aim
HAPPINESS
IN
EVERY HOME

DINSHAH P. GHADIALI
Editor and Publisher

SERVICE
OF
MANKIND

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By:— VISIBLE SPECTRUM RESEARCH INSTITUTE

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Malaga, New Jersey

THAT'S A GOOD QUESTION

Under the above caption, Medical Doctor William Bolton, as the Editor of the said department in "today's health", a monthly publication of the American Medical Association, wrote in its March 1953 issue an answer to an inquiry about:—

"COLOR THERAPY

Question — A friend tells me that a method called color therapy is now being developed by which various illnesses may be treated successfully. Do you have any information about this?

Answer — From time to time, theories are advanced that color may have value as a treatment adjunct in medicine, but we do not know of any evidence that a specific disease ever has been cured through the use of color alone. Various colors may have some value so far as mental attitudes of many patients are concerned, and this idea has been utilized in some hospitals. For example, walls and ceilings of hospital wards or rooms may be painted a light blue or green because such tints are believed to have a soothing effect. In general, colors probably should be considered for their secondary effect in helping a patient to overcome excitement or worry about an operation or illness."

This publication is an answer to the stated view, as in our service to our Members, their own convictions by their personal investigations, researches and experiments will give them the accurate view of the Truth behind the Visible Spectrum. Let the reader judge for self.

VISIBLE SPECTRUM RESEARCHER

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Devoted To The Service Of Mankind.

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DINSHAH P. GHADIALI

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THAT IS A GOOD ANSWER By:-INDIVIDUAL EXPERIMENTERS

TUBERCULOSIS, ARTHRITIS, DENTAL TROUBLES, COLDS, DOG-BITE REPORT BY M. K.

This is a voluntary testimonial of how the Color Projector has helped in our home, since purchasing it a year ago. It has corrected a condition which two physicians diagnosed as the early stages of Tuberculosis. Both doctors advised immediate entrance into a rest home, but it was ignored and instead I began with the Spectrum treatments together with eating the proper food. Today, I feel perfectly well and strong. My husband too, has benefited, for, when he returned from three years of military service, he was suffering from Arthritis, but, since his treatments, he feels no serious aches or pains. We also received help for Dental work, Colds and Dog-Bite and would not be without the wonderful aid offered by the Color Projector.

* * *

COLDS, HEART DISORDER, MEASLES, COUGH, CHICKEN POX, BURNS REPORT BY L. R.

The Color Projector helped me relieve Colds, build up my Blood and I use it right now for Heart Disorder. It helped little baby with Measles, Cough, Chicken Pox and Burns. I am very pleased with my results.

* * *

TUMOR, GALL BLADDER DISORDER, VOMITING REPORT BY E. W.

I had been ill for several months and was in bed two weeks, out of every month. After an examination at the Hospital, the Doctors wanted to operate for Tumor in the Abdomen. I also had Gall Bladder Trouble and sick Vomiting spells. After six months of Tonations with the Color Projector, I was normal and have been working in a factory on Defense work.

OUR STUDIO ACTIVITIES EXPERIMENTER FINDINGS AND QUERIES

MEETINGS OF THURSDAY, MARCH 3, 1955 First Allentown Pennsylvania Studio

- A. G. — In monthly book, people said they used Scarlet for Cold.
 M. B. — I can not comment on that, as I do not know where it was used; also Kardoscil and Spiroscil must be known.
 E. L. — We have not been ill, but we tonate almost daily to keep ourselves fit.
 B. W. — In habit of keeping well, use Green Systemic, twice a week.

E. L. — I think if we keep our Digestive Tract clean, we can keep ourselves well.

M. B. — I saw new Rule in our monthly book. No Equipment can be purchased, until person reads the Family Health Protector.

A. G. — Daughter had Tooth filled. Pain during night. Tonated Area 1 with Indigo. About half hour Pain gone, but, kept it on full hour.

J. F. — Husband's broken Hip getting better. Used Orange on the Break, Green Systemic, Magenta on Area 4.

A. G. — Tonated Goat. Trouble in Hind Quarters; great deal of Pain. Used Orange to relieve Muscular Spasms. In about half hour, it began to eat. Children had Fever. Used Blue and Turquoise Systemic.

P. H. — Are we allowed to bring our monthly magazines to the Meeting and discuss them?

M. B. — I do not know if it is permissible.

A. G. — If we bring the magazine, why can we not bring our Encyclopaedia?

E. L. — Case of Cancer. What do you use?

M. B. — You must know the whole case, Ratio, etc. The whole thing must be balanced. We shall proceed to study the Yellow Wave and you may ask questions. (After the reading) What does "passing into the Lacteals by Absorption" mean?

E. L. — Taken into the Blood Stream.

J. A. — Do the lighter Colors work better in the morning and the darker at night?

M. B. — Yes, in a way you are right. Can you tell me what you learnt from the Yellow?

A. M. — Produces Hydro-Chloric Acid to balance the System. Has cleansing powers. For Worms, use Local.

M. B. — Depends on condition; mostly Areas 6, 7, 8, 9, 10.

M. G. — How many weeks does it take to clean?

M. B. — It depends on the condition. A woman tonated 3 months; then, passed a large red Worm.

E. L. — Yellow is a Motor Stimulant.

A. G. — It represents Carbon; burns up waste.

B. W. — It is a Nerve Builder.

M. B. — There are two important points you did not mention; about Paralysis and the Spleen.

A. M. — Is the sitting position permissible in tonating?

M. B. — Yes, but, you can not relax properly.

B. W. — Is it possible to dissolve Gall Stones? If so, what do you use?

M. B. — Yes, but, all depends on the condition of the entire Body.



Color is Nature's own Medicine. Use when needed. Eat the Rational Food and you will generally stay well. The Family Health Protector being read first, serves as the best guarantee of good faith, because, it has the facts of our former experiences. Nobody thus will have cause to grumble. All Tonations **MUST** be one full hour. It will avoid failure through ignorance of the Science on the part of the user. Any of our printed literature may be brought into and discussed by any Member, in any Studio Meeting. You are not visiting a club for gossip — our Studio **IS** a Study Room, for your enlightenment. The more the discussion, the better will its purpose be served. Avoid using the **names** of Disorders, but, go after the entire case according to our Science and you will have wonderful success. M. B. is directing you intelligently and creditably. "Lacteal Absorption" means "taking over the digested materials of the food, in fluid form into the Blood Stream, from the Intestines". During Tonation, a lying down position is more effective for relaxation.

* * *

First Cleveland Ohio Studio

A. M. — I use Green and some Yellow and Orange. Also a Violet occasionally and find it quiets me after a hard day on the job. I shall read from the Encyclopaedia on Green and Lemon Colors. (Read and discussed).



Your study from our Text Books will be a good guide for those who do not own the Set, which costs \$16.00 for the three volumes.

* * *

First Detroit Michigan Studio

Member — I take my Tonations regularly. You remember, I had such a bad Ear condition; it was badly infected and I was subject to Dizziness. No more Pain in the Ear, the Dizziness is all gone and I feel much better. I do not miss my Tonations, even if I have to set the Alarm Clock and awaken during the night. I had one big Hospital Bill and that was enough for me!

C. R. — You stay with the Visible Spectrum and you will correct that condition.

J. G. — My boy was sick with a Cold and also had a Stomach upset. Tonated with the Orange and later with the Turquoise and he was all right. Altogether it took about 24 hours.

F. W. — I tonate regularly and I feel very well. I am working very hard these days.

I. B. — I have a Cold right now and I am tonating with Orange and Lemon. I expect it will be gone in a few days; it did not keep me home tonight.

G. B. — I shall most likely get my wife's Cold and then I shall have to be busy and take Tonations. (Laughter)

C. R. — Do not wait to "get" it; Green will help "prevent" it.

G. S. — My Son was sick at the Stomach. He vomited several times and finally out came some Worms! Now, this boy is six feet tall, but, when he saw those Worms, he certainly was scared. I told him not to bother; just continue the Tonations with Yellow.

C. R. — I can well imagine how he felt when he saw the Worms. That would scare anyone. I understand the Pin Worms are the worst type, but, even with them, the Yellow will correct the condition. You may not even see the Worms in the waste matter; the Yellow destroys them and the Body throws them out. By all means, continue the Tonations until the Body is clean.

M. J. — My usual complaint; the Stomach full and it seemed like Dysentery. Tonated with Yellow and Indigo and had no more trouble.

C. R. — The same advice to you; continue with the Tonations. There is still so much confusion among the Members about the Ratio. It is so important in this work; it is our guide by which we go. Actually, it is simple to take; just practice it a few times.

Member — What will check a Sinus condition?

C. R. — This question comes up from time to time. Check the Ratio and go by that. Watching your Food will also help. Wrong Foods aggravate such condition. We NEVER guess in our Science. We must all learn to think out the problem. Right away many want just to stop the Pain. Did you ever stop to think that it is Nature's warning that something is wrong in the Body? Here is a statement which Dinshah makes and you will find it in his Encyclopaedia, that if after you give the Ratio reasonable trial and nothing changes it, that means if it can not be raised or lowered, then, nothing else will help you. Now, do you realize the importance of knowing how to take the Ratio? After everything else is in order, the Lemon Wave will be the Color to use for Sinus Disorder. There is such a wealth of knowledge in the Encyclopaedia, we have enough material in those three books, to last us the remainder of our days.

H. S. — Tonating daily, some days I feel better than others.

R. S. — I have nothing to report about myself or husband, but, I like to discuss a case in which I am interested. I. T. and I were instrumental in introducing the Color Projector to this Member just recently. She is unable to be with us tonight. She is 50 years old, has had to work hard all her life and has not enjoyed good health. Tonated one week with Green and Magenta and had amazing reaction. She had a Cold and when she started using the Green and Magenta, it cleared within a week. After using the Green, she went over to the Yellow and that was not good at all. The Eliminations stopped and she became bloated. On talking it over, we suggested the Orange; now, did we do the proper thing?

C. R. — What about the Ratio and why did you give her the Yellow?

R. S. — It is impossible to get the Ratio. Sometimes you can get the Kardoscil and at others you can not find it anywhere! Even the Doctors were unable to get the Heart Beats at times. She has been in and out of the Hospitals several times and they could never find out just what was wrong with her. Her Spine was injured when she was a child and she believes that is where the trouble lies. One thing — she does not believe in Medicine or Drugs.

C. R. — Yes, but, even though the Body be not polluted with Drugs, one can still be in a toxic condition. In this case, the Eliminations MUST be corrected and a Ratio be listed. Until we know more fully about this case, you can not go wrong with the Orange and the Magenta. Two Tonations daily, preferably 12 hours apart.

R. S. — She has been concentrating on the Orange.

H. S. — I am in communication with the Institute and it recently took me off the Magenta. He must have had a reason to do that. This persistent Constipation may need more of the Orange than the Yellow.

J. B. — I am in contact with Dinshah right now because of the illness of my little girl and I can assure you, he will answer you right away. I hope to give a full report of this case next month. I called him and he told me I have to send a proper Chart with all the information. I did that requesting that he call me on the telephone collect and at a time when I should be home from work. I wondered if he would and sure enough he called me on the hour! We have certainly had a time in our house. My wife is five and a half months pregnant and has been sick all the time. With the other two children, she was never sick a day. The little boy came down with the Mumps and now the little girl is very ill. Our Projector has been going night and day. I have had to stay home from work to take care of the family. I shall not be able to stay here the whole evening, because, I want to go home and see that my daughter gets her Tonation on time.

C. R. — That is a very sick little girl and I surely admire her parents for staying with the Color as they do. Many of us would have questioned it during such a period. It will be interesting to hear his report next month. Telephone calls can mount I know, but, they are still cheaper than a Doctor!

We shall be thinking of you and your family and remembering you in our prayers. Now, let me read Chapter 79 from the Encyclopaedia, on "Intricate Motion Mechanism"; most of you brought your volume. After reading, I shall ask you questions. After finishing 79, I shall continue with 80, "Purgation, Pills, Potions And Pumps".

(After both were read, the Members responded to the questions from the book.)

Question — Blue or Indigo; what would govern your decision to use one or the other?

C. R. — If Fever be present, then, you first use the Blue, afterwards going to the Indigo to stop the flow.

Member — Then why does not Dinshah say so in the book?

C. R. — There is not a thing left out, as we continue with the study of these books; you will soon see that. Be patient and you will learn more in the coming months. Briefly, what did we learn up to now?

G. B. — There is a useless thing hanging up in a good many bathrooms! (Laughter)

C. R. — Yes, that is true, but, we also learnt that far too many people are suffering from Constipation.

G. B. — We learnt that Constipation is the root of a good many of the Disorders that plague us. Correct Eliminations are very important for a good, healthy Body.

Member — We learnt what causes Constipation and what to do to correct it.

Question — What would you do for a Blood Clot?

C. R. — Lemon will dissolve it in time. We read so much about Growths on and in the Breast. Most are labelled as Cancer by the Medical Doctors. Nature is trying to throw out something from the Body, that should not be there. You must first clean the Blood Stream. If you were planting seeds, you would first clean out all the weeds in your garden; the same applies to the Human Body. Give the Visible Spectrum a chance and of course you do your part too and you will get results. I saw it happen time and time again. Look at the Lemon Color; within its potency there are more Chemical Elements than in any other Color; in fact, altogether there are nineteen. Nineteen persons could be ill, yet every case could call for the Lemon! It is the Color to use for Chronic Disorders. When Fever is present, use the Turquoise; afterwards, go over to the Infra-Green. If you have a Fever that will not stay down, then you know you must go to the Infra-Green for the Remedy. Practically, all Childhood Disorders need the Turquoise. As we grow older, the Body tends to slow down; the abuse we give the Body, the wear and tear of everyday life, it all takes its toll. We need then activation; we must speed up the processes of Nature; in other words, most of the Remedies we are seeking, are within the Infra-Green. Next month, we shall tackle Chapter 81, so come prepared to answer questions. Until then, I bid you all good night!



Sleep in separate beds, so you do not have to blame darling wife for your Disorders! That friend of R. S. has clearly defective Circulation. Leave the Hospitals to their views; send her Chart to the Institute. The Charts of H. S. were either incomplete or incorrect. How is this for a record? 19. Is Person Unmarried? No. Married? No. Divorced? No. Widower? No. Separated? No. Such answers are enough to freeze even a brass monkey! We certainly have admiration for the devotion of J. B. to M., his baby. Constipation is the bane of the Americans and without first removing that by Rational Food, no Color can accomplish favorable results. I recently had a case where the Surgeon had the Right Breast of a girl removed for alleged "Cancer" and then told her that the left would have to be removed also. The alleged "Cancer" was nothing but her Milk Gland!

* * *

First Merrill Wisconsin Studio

Member — Has anyone had success using Color Rays for Arthritis?

W. B. — It needs Lemon, because it is a Chronic Disorder. Check the Kardoscil and Spiroscil and look after the Eliminations.

W. K. — I have Bumps on my Finger and a badly swollen Knee from Arthritis.

W. B. — I report for G. C. who developed a Skin Disorder. Used Lemon and now it is in the weeping stage, the way it is supposed to be, but, one night he scratched his Ankle in his sleep, so had to switch to Turquoise, until it healed; then, Green for some time. Then, back to the Lemon. Now, it seems to be clearing. It must be brought to the weeping stage, before it can heal.

E. O. — I do not get the satisfactory results for the purpose for which I acquired the Equipment.

W. B. — I shall read to you Chapter 80, on Purgation, Pills, Potions And Pumps. Use the correct posture, eat only the Rational Food and regularly drink Lemonade.

G. V. H. — The Lemon Color Rays make me nervous when taken on the Front; on the Back, it does not bother me.

W. B. — Take Turquoise for soothing effect.

Member — When taking the Yellow on the Arm Systemically, it aches worse; I have Boils under the Arm.

E. K. — I had itching, burning in the Ears; now, it is all gone.

W. B. — If you can take about three Lemon Tonations a week, you can keep in pretty good condition.

Member — Is it possible to have too much Blood? I have Nose Bleeds so often.



Neither E. O. nor G. V. H. sent any Charts for any Disorder. The service is FREE to the Experimenter Researchers and will lead to their benefit, if the instructions be duly followed. The presence of Boils, indicates the presence of effete materials in the System, which benign Mother Nature is striving to throw out. Study the Instruction Book; if you do not have it, send for it from the Institute. The price is only \$2.00, inclusive of postage and insurance. If there be more Blood than the Vessels can hold or circulate, the Congestion locally might produce Hemorrhage; abnormal pressure in a congested vessel might have a similar result.

* * *

First Milwaukee Wisconsin Studio

A. E. — I had a Cold; Kardoscil 84, Spiroscil 12; was taking two Tonations a day, Magenta in the morning, Lemon at night. One night I coughed up Phlegm. From where does it all accumulate? I have not had a Cold like this in 15 years. I do not know why it should start over again. We think we live fairly close to the right Food and think it should help. I started out with Green, but, could not keep on tonating because of my Menstrual Period.

K. B. — A Cold is an effort of Nature to purify the System. I consider it a Recent Disorder. Most important in Chills to tonate is Turquoise or Blue. If Head is splitting, Indigo Local. Start out with Green; if Fever develops, turn to Turquoise and Orange on Back. Ask yourself this question — is it Recent or Chronic? Use Magenta on 4 and 18, Orange and Green Systemic.

O. L. — Don't you think she quit too soon taking Tonations? When you have a severe Cold, you have to take Tonations.

A. E. — It was not my fault that I could not take the Tonation.

F. K. — We have new Members here this evening and for their benefit, I like to mention the case of my brother. My brother is blind and about 4 or 5 months ago, he had an Accident and was getting along well. Two weeks ago, he fell in the bathroom and his Left Arm was discolored from the Elbow down. I remembered what Colonel Dinshah said: "Use Orange when there is a Lump and use Magenta". Now, his Skin is clear. If one understands our Science, it shows what it can do.

K. B. — After an injury, it is best to increase the Circulation; watch whether it is necessary to use Magenta or Scarlet.

N. T. — I had a very sore Knee. I used Turquoise about three times and it gradually went away in about one week.

K. B. — Years ago, I had trouble with my Knee and it went away. During the Winter, it became annoying. I used Orange Local; it disappeared; two or three days later, it returned. It was convenient to put the Light on my Knee; used two Lemon Systemic and one Magenta and now for one week, it did not return; it is gone.

E. N. — What is the best Color to use for Hardened Ear Wax? I had a Mastoid Operation years ago and when I try to get the Wax out, it is hard.

K. B. — Use warm Coconut Oil. Use it in the morning to rub all over the Body also. One spoonful will be enough for the whole Body. Put a few drops in the Ears. You may use Lemon Systemic and Orange Local.

S. N. — I used Orange Systemic and Blue once a day; Sugar is going down, started out with Yellow; I improved quite a bit; everyone around me has a Cold and I do not get any.

K. B. — I shall read to you and try to explain. Among our Members, they like to know by name what the Disorder is. We do not care what it is; that is why I insist that the Kardoscil and Spiroscil be taken. When one has a Cold and the Phlegm becomes sticky and yellow, it is getting better. I shall read to you from our Volume 2, Chapter 45, on "Abolition Of Junkology". Someone said to me one day, "If I have Diabetes, how shall I find out?" Who has taken Yellow before going to sleep?

N. T. — I can not go to sleep when I use Yellow.

L. S. — I go to sleep when I use Yellow.

K. B. — Where it is needed, you will go to sleep; if it be not needed, it will keep you awake. In most cases, Yellow will do the trick. Did I prove my point? In our Science, Differential Diagnosis is not necessary. Those who ridicule our System, are only ridiculing themselves. Do not say anything to your friends; they may scare you.

F. K. — I like to say something; I have the Request For Continuation forms.

K. B. — I receive many calls; they receive their Membership Cards, but not the Respiratory Rhythm Guide.

A. E. — Is it true that if a person does not have a Doctor, when they die, they get a post mortem examination?

F. K. — A relative of mine was a Christian Scientist and they did not have to submit to a post mortem.

K. B. — I do not think one has to submit to it.

O. L. — In a case like that call the Coroner.

F. K. — I like to make a statement. You must be knowing many young people. For a fee of only \$3.00 a year, one can join and attend our Meetings. Some day, they will thank you for it.

K. B. — Yes, it would be good if we get young ones in here.



You certainly had a good Meeting and a well handled Meeting, but, I still fail to comprehend why the envelope in which the Report came, was addressed to the "INVISIBLE SPECTRUM RESEARCH INSTITUTE"! I weigh only 106 pounds, without my coat, but, am still plenty VISIBLE!!! Our Members should get into the habit of bathing daily, from head hair to toes. Many troubles will be found to disappear. Put a few drops of the Oil into the Ears and after a while, remove the excess Wax with an open gem clip. Lubricate the Nostrils also. S. N. should study Article 36, page 65, printed in our book "Family Health Protector" and follow the instructions given. Realize that our Body has its own selective chemical power, otherwise how would a Pill know where to go? Respiratory Rhythm Guide is sent solely to Experimenter and Graduate Researchers who have Color Projectors; Student Researchers are not entitled to receive it. Both the Card and that Guide are always sent in a single large envelope, stamped First Class Mail.

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First New York New York Studio

R. D. — J. S. tells me he is not feeling so well. He used Orange for 4 months. You Members all know he suffers from Diabetes. He did not take Insulin since last June.

J. S. — I eat a lot of Sugar; that makes me very thirsty. I can drink water by the gallon. What I do not understand is why Dinshah keeps giving me Orange all the time; that gives me Pain in the Kidney. I do not get the Light what it says in the book for Diabetes.

R. D. — He has to lay the ground work first. If he gives you Orange, he has reason for it. You will be better in time, I am sure. If you have Pain when you use Orange, that is a sign that it works. You must have confidence. You took Insulin for so long. Any Injection is poison to the Body. If you can hold your own without taking Insulin, that means a lot. I still say, the Aura is not able to utilize the Color properly, if you violate the Rules.

J. S. — I know an eight year old girl who was born with a Coloboma of the Eye. Her father is wondering if the Light would help her. He would like to see Colonel Dinshah.

R. D. — Write to Colonel Dinshah and ask him if you could see him.

T. S. — Our Dog had a bad Shoulder; when we touched him, he would howl. We put him under the Light. After one hour he got up and had no more Pain.

G. S. — Is it all right to drink water between meals?

R. D. — I think so; but, do not eat between meals.

T. S. — Can one drink Fruit Juice between meals?

R. D. — That is food. I would not take it between meals; take it with your meal.

Member — What Color is one to use for Abscess of the Gum?

R. D. — Use Orange until it comes to a head; then, use Yellow to open it. After that, use Green. That goes for any Boil anywhere.

Member — What Color is one to use for Iritis?

R. D. — There is an Inflammation of the Eye. There is an underlying cause for that. For the time being, use Turquoise on the Eye. Fill a Chart and send it to the Institute.

K. G. — I should use Green Systemic until you hear from there.

R. D. — That is right. You could have that and Turquoise on the Eye.

T. S. — Could Green be used for Gall Bladder?

R. D. — Read the Attributes of the Green Attuned Color Waves.

Member — Would Green be good for Sinus Disorder?

C. P. — I used Green and Magenta for Sinus Disorder, with very good results.

S. K. — I had a bad Cold; Lemon broke it in a few days.

R. D. — It is very important not to smoke when one has Sinus Disorder. I told you in last Meeting, how sick I was when I spent an evening in a smoky room.

A. K. — Would Orange be the right Color for Bunions?

J. B. — Dinshah says Bunions can not be thus treated.

M. K. — I had good results using Orange for it; it helped me.

M. K. — My daughter had a Wart on her Sole; she could not walk. We used Orange. It turned black and fell off.

Member — What Color is one to use for Numbness in the Leg?

G. S. — Orange is good for that.

R. D. — You may also use Magenta.

K. G. — We had to use Yellow and Magenta for a long time. If you use that, you will overcome anything. If you do not know what to use, take Green.

R. D. — Take the case with the Iritis; I am almost sure she will get Yellow and Magenta. You have to clean the System.

T. S. — I have a small Cyst on my Back; what Light can I use?

R. D. — Take Orange; that will take care of it.

K. G. — That is what they call a Fatty Tumor.

M. F. — I had a Wart on my Finger; I showed it to Dinshah; he looked at it and said: "Have it snipped off immediately". The Doctor said: "Good thing you came; what you have is a Tumor".

G. S. — Dinshah says certain Tumors which are not connected with the Blood Stream, should be cut out.

H. P. — Can one tonate when menstruating?

R. D. — Tonate in case of emergency, but, not otherwise.

A. K. — I always feel tired; I also have poor Circulation. I tonate with Lemon and Magenta.

R. D. — Keep on tonating with Lemon and Magenta.

G. S. — I felt similarly for years. I got Yellow and Magenta.

R. D. — So many children are sick this Winter; the reason for it is the Disease is injected into them.

Member — Can one use the Light to curb Appetite?

R. D. — Indigo on the Stomach.

T. S. — Is there a Light to make stopping Smoking more easy?

R. D. — For that you have to use Will-Power.

E. H. — My husband had to have a Tooth pulled; the Dentist would not do it, without having an X-Ray taken.

R. D. — I know they do that. X-Rays do hundred times more harm than good.

S. K. — What Color shall I take for a loose Tooth? Whenever I get a Cold, it settles in my Teeth.

R. D. — Use Indigo on the loose Tooth; Orange when you have a "Cold" in your Teeth.

J. L. — I have Pain in my Back and Shoulder; what Color shall I use?

M. W. — I had very good results with Orange Front and Back Systemic.



J. S. has weak Spiroskil. He was told to have his Eyes examined and send the report; he never did that. He was to report his Chart in 30 days; he sent it in 65 days. He inherited a Projector from a deceased relative and it is my view that he is NOT duly following the given instructions. Coloboma is a Congenital Fissure of any part of the Eye. I wrote to him for a complete Chart of the girl months ago; it never came. Our opponents maintain that our Science is a "fake" and works only by "faith". I shall thank T. S. to let me know what "Faith" her Dog follows! All our Members should study carefully the Attributes of our Twelve Colors. Disorders are **named** by the Thousands, but, these Twelve Colors have the **Remedial Power** within them for all of them, if intelligently used. Learn our Attributes and the Area Chart and talk that way. A Cyst is a Sac which holds a liquid or semi-

solid. That condition is remediable by our Science, but, once Fat is deposited, it becomes a Tumor and goes within the province of Constructive Surgery, IF it grows to an annoyance. About what R. D. spoke in regard to Disease being injected into children, read my open views expressed with pictures of actual cases, printed in my "Family Health Protector". It is three copies for only \$1.00, including postage. Dentists are drifting into the same racket of X-Rays and other similar adjuncts, to have more mazuma in their purses. I do not say ALL are so, but, the trend is giving its signal for the future.

* * *

First St. Louis Missouri Studio

C. N. — We had a woman who came to us with a Skin Disorder. She had a Pulse of 75 and Breathing of 25. She had 1 or 2 Backelims in a day and 3 or 4 Frontelims. She eats and sleeps well. What Color would you use and why?

E. F. — Orange Systemic to stimulate Circulation and to carry off the poisons; also Magenta on 4 and 18.

M. W. — Is this not a condition of the Blood Stream? I should use Violet as a Blood Builder, as it would seem the White Corpuscles need replenishment.

P. F. — I should use Green Systemic to clean the System and Magenta on Areas 4 and 18.

E. N. — I should give Yellow, as the person is eating right.

C. N. — Orange is all right, but, it is too strong and I should not give Magenta right away. Yellow is better, as she has only 1 or 2 Backelims a day and eats 3 times a day; the elimination is not enough. This is a Skin Disorder and the Skin is also an Elimination System for the poisons in the Body. Magenta on 4 and 18 is essential in Recent Disorders, but, not so necessary immediately in long standing Disorders. With regard to the Violet, your reason is good, but, that Color slows down Circulation. If it were a Recent Disorder and the person had a high Fever, I should agree or if there were Pus in the System, but, not for a Skin Disorder. Green is wonderful as a Cleanser, but, the Yellow is better. With the Green, you would get good results, but, it would be slower. Yellow for 2 or 3 weeks, will eliminate the dross in the System and the Skin Disorder will lift itself out.

M. W. — I become confused about the terms Kardoscil and Spiroskil.

W. B. — I feel that some of the new Members might be confused also.

C. N. — It means Pulse and Breathing. In the future, use these words. It is important, as it tells by the Ratio whether the Body is in health or not. A slow Heart Beat and Breath do not get enough Oxygen into the System. When there is a Ratio of 2 to 1, the person is dying and there is no hope. If a person is sick and the Heart Beats are 7 or 8 to 1 Breath, it

will wear out. If a Physician gives Whiskey to a person to stimulate the Heart, it is introducing wrong chemistry into the Body and the person will pay the penalty for it. If you use Magenta on 4 and 18, you will get the same results, but will have no penalty to pay for it later.

E. N. — I think it would be helpful if you explain some of the Warnings in the Respiratory Rhythm Guide.

C. N. — I suggest that when you first get that Guide, look at the "Occultations For 1955" and mark off the times on the proper dates. During an Eclipse of the Sun or Moon, take no Tonations and do not eat. Some people think of it as far fetched, but, it is important. The Breathing Process IS affected by the Phases of the Moon and the Rising and Setting of the Sun. During an Eclipse, the Breathing Process is disturbed and out of balance and you can not benefit from any Tonations or Food at such time. Some people consult the "Preferred Dates For Initial Research" and do not tonate on dates not listed. Except for the Eclipses, do not hesitate to tonate on any other day. Those days are listed to indicate which are preferred or best days to start a series of Tonations. The "Inferior Flux Potency" and "Superior Flux Potency" refer to the Gravitational Pull of the Sun and the Moon, the Inferior being the Full Moon Day and the Superior the New Moon Day. At the Inferior Time, the Sun and the Moon are in opposite directions to one another; at the Superior Time, both are in the same direction or in Conjunction.

A. K. — About two weeks ago, I was in bed for three days. I had a Headache and ached all over. I was dizzy and had no Appetite. I forced myself to take Fruit Juices and drank plenty of water. I took Yellow Systemic, Magenta on 4 and 18 and Orange on 17 as my Back was so sore. My Ratio was 75 to 15. After three days, I was able to stand on my feet. However, I do not have still much of an Appetite. I am still eating Soups and taking Juices. I had almost hourly Frontelim. The first day, there was no Backelim, but, on the second day, my Bowels were loose. I also had a Dry Cough, which I still have. I still do not feel all well, but, I am improving. My daughter had a Cold and I gave her Yellow with good results.

C. N. — The 5 to 1 Ratio indicated Feverish Condition. I could not have advised you better. Although you live at a distance and have no telephone, you attend the Meetings fairly regularly.

W. W. — I like to know why I have trouble in watching Television. I do not have one, but, when I visit someone who has, I blink continuously. I do not have this experience when I go to a show and can read all night without discomfort. I do wear Glasses for reading and shows.

C. N. — Do you think it could be a Strain? What is your Pulse and Breathing?

W. W. — I do not know, but, some time ago, when I came to you for the trouble I had with my Gums and a Tooth that was extracted, I think it

was all right. The Dentist had given me Pills for the Pain in my Tooth, which did not help. After taking Indigo twice at your suggestion, I had good results. The Tooth is now loose.

C. N. — I suggest the Gums around that Tooth should be tightened. I believe I gave you Orange originally to rid you of that corruption in the Gums, but, when it was out, you should have used Indigo steadily to tighten the Tissues around the Tooth. For the Blinking, I suggest that you close your Eyes occasionally and do not sit very close to the Television.

W. W. — Could not that be a Nerve Condition and would not Yellow help it?

(Several Members agreed with that view.)

C. L. — I had good results with that Color for an Eye Condition.

W. W. — I have some difficulty also when I watch the Television. When I go to drink water, it looks Orange and so do many other objects which are white.

C. N. — It is an indication of Strain. If you see Orange, I suggest you use the opposite Color which is Indigo; also, be sure there is some light in the room.

M. W. — My granddaughter watches the Television constantly and one day she could not focus an Eye. It had rolled upwards. We took her to an Eye Doctor, who advised that most of the children will be wearing Glasses soon, because of the Television.

M. N. — I think it would be a good idea to take the Eyes off from the Screen and look elsewhere during the commercials.

(Several Members agreed they do so successfully.)

C. S. — I should be interested to know Dinshah's opinion on the effect of Television on the Eyes.

W. W. — What is wrong with people who bruise easily?

C. N. — They probably have a tender Body. The discoloration is a matter of Circulation. When any part of the Body is hit, the Circulation is disturbed and Veinous Congestion causes the Discoloration. Use the Orange.

A. E. — Should that be taken Systemic or Local?

C. N. — Local, as it is a Recent Disorder.

C. L. — I fell about three weeks ago and could not call you. However, I took Orange and Yellow and I have had no Discoloration or Swelling on my Leg, but, I did not realize that I had bruised my Hip and I am discolored there.

C. S. — If one falls, should one take immediate Tonation for a full hour?

C. N. — Take it immediately and stay under the Color through the next Favor Time.

C. S. — What if you fall after the last Day Favor, but, still some time before the First Night Favor? Are you affected by the Sunset?

C. N. — Stop the Tonation at Sunset and resume at First Night Favor.

C. S. — What would happen, if a person fell asleep under the Color, during the last Day Favor and it went over into the First Night Favor? I had that experience with no ill effects.

C. N. — It will not hurt you, but, it will be a waste of Electricity. We found that if a person sleeps past the end of a Favor Period, the person awakes before the start of the next Period.

A. K. — If one can not sleep, it is wonderful to go under the Light.

A. E. — Indigo will quiet the Nerves.

A. D. — Violet also is good for it.

C. N. — That is not so good. I should be careful with it.

E. F., M. W., C. L. — I favor the Green.

C. N. — I agree with you. When in doubt, Green is the best Color to “start the ball rolling”.

M. W. — In the Visible Spectrum Researcher I noticed a number of people use Purple for Nerves. I did not think that this was so good.

C. N. — The Pulse and the Breathing must be taken into consideration for the right Color to take. If they are not in the proper Ratio, look for the reason and use the proper Color. I am not too much in favor of the Ultra-Green, as it has the tendency to hold down the Body. It is all right for Mental Disorders. If when you come home from work and are very nervous or feel tense, use Green and you will relax. Look at the most prominent Color in Nature! It is Green!

A. E. — If the room where you use the Color is not warm enough, is it all right to use a Heater?

C. N. — It is all right, if you do not focus the Heater directly on the person. The warmth of Electricity is pure. If the Body be cold, the Tonation may not help and you may not have good results from the Irradiation.



Considering the Skin as being a vital Organ of Elimination, is a very important point. The correct translation of Kardoscil and Spiroscil, as well as the Ratio is given clearly in our Instruction Book, which all Researchers should duly study. Those Warnings are truly based on scientific phenomena, but, from our opponents who are the “know-alls”, it earned for me the designation of “quack” and “faker”, although I was given no hearing on it! In watching Television, sit as far away as you can from the Screen, to avoid Eye Strain and Blink. It is the fault of the Flicker at the Transmission Station and not in the Receiving end. W. W. who sees “Orange” Color on White

objects, shows derangement in the Area 7; a Doctor Of Medicine may style it as Jaundice, by defective Gall Bladder. C. S. is desirous of getting my opinion about the effect of Television on the Eyes. I gave it in part above, but, read the following two excerpts from newspapers of 1915 and form your own opinion. I do not have to pat myself on the back, but, let me state just this, that in spending all my life and wealth subsequently in the Service Of Mankind, I could not market my numerous other Inventions. The Fire of 1945 did the rest.

“THE NEW YORK TIMES, MONDAY, JANUARY 18, 1915
PATENTS ‘TALKING MOVIES’.

New Invention Dispenses with Use of the Phonograph.

Moving Pictures that talk without the aid of a phonograph are the latest device perfected by Dr. Dinshah P. Ghadiali, an inventor, of Hillsdale. . . . Eleven of his claims for the invention have been allowed by the Government Patent Office. The Dinshah Photokinephone Company has filed papers of incorporation here . . . Dr. Ghadiali is a physician and a native of Bombay, India. He has done considerable writing and has several inventions to his credit.”

“THE BROOKLYN DAILY EAGLE, NEW YORK,
SUNDAY, JUNE 27, 1915.

THAT TERRIBLE FILM FLICKER IS GOING TO BE
ELIMINATED BY DR. DINSHAH GHADIALI

Inventor Claims He Has Solved Mechanical Problem That
has Baffled Edison in New Shutterless Projector.

The ever-present flickering of the picture on the screen, and its attendant eye strain has hitherto been the main flaw in the enjoyment of photo plays. Many inventors have tried to solve this problem without commercial success. But now comes a projector, which has been demonstrated by its inventor, Dr. Dinshah P. Ghadiali, of Hillsdale, N. J., to be the ideal of all motion picture virtues.”

DINSHAH IMPARTIAL

(The Universe Through The Eyes Of Dinshah)

DRUG, X-RAYS AND RADIUM

Writing in the New York Journal-American of April 1, 1955, in his daily column, Dr. Herman N. Bundesen, states:— “Thyroid extract taken in excessive quantity can damage the heart”. Also “Excessive exposure to X-ray or radium can cause cataract formation”. I wonder whether the learned Medical Doctor meant exactly what he wrote or whether the date of publication had any relation to such open admission! Time must tell!

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RUINOUS DAYLIGHT SAVING TIME

If there is anything bad, in the choice we made in this Country by importing from foreign lands, it is the Daylight Saving Time, moving the clocks forward and backward. I care not for the saving of dollars in the lighting or anything else, but, that change is positively detrimental to health, especially of infants and school children. It takes time and training to make them sleep, wake, eat and perform their natural functions at certain intervals and while we may kick the hands of the clock around, we can not compel the organic gods inside the body to function with our whimsical changes. When will the scientists learn and recognize **natural phenomena** in relation to human life?

* * *

HOUSE OF GOD FOR SYPHILIS TEST!

Since people weakened in going to Church to expiate their sins and making some more, to draw the crowd, Churches began to exhibit Motion Pictures and hold Bingo (Gambling) Parties, which did bring some sinners in. Now, Reverend A. E. von Stilli, Pastor of the First Unitarian Church, in Oklahoma City, Oklahoma, converted his Church into a "Blood Testing Station" for using the Wassermann Test to detect Venereal Disease. All persons from 12 to 50 were offered **Free** such examination. Within 2 weeks, 13,000 persons were tested and the rate of "Infection" was found to be around 2 per cent. By the time of the end of the campaign, the tested number may amount to 125,000. The survey was done under the U. S. Public Health Service and the City and State co:operated at a cost of a cool \$75,000.00.

I have been constantly exposing the humbug of this Wassermann Test for Syphilis, since 1922. It is also exposed in my Text Books and Family Health Protector. It is asserted by the Medical Doctors as "Infallible", yet, the best of medical testimony declared it as at least 20 per cent faulty. The United States Surgeon General distinctly admitted that fact, in the Circular 93, dated April 30, 1943, subject "False Positive Serological Reactions Due To Non-Syphilitic Diseases", signed by John A. Rogers, Colonel Medical Corps, Executive Officer. With all such stupidity, a House Of God had to be made a Blood Test Station to increase popularity!

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A CREDITABLE CONFESSION

It is seldom that a Medical Doctor publishes something that reverses prior conceptions and when one does admit such a contingency, he deserves our respect for his frankness. Dr. C. A. Dean is a feature writer whose "Meditorial" is printed daily under the caption "For Better Health" in the Vineland Times Journal. I was surprised to read his admission of the unreliability of the Wasserman Test for Syphilis. Says the learned gentleman:—"A false positive test is a positive test for a disease when no other evidence

of the disease can be found. For example, blood tests for Syphilis have long been recognized as a standard and dependable laboratory procedure. However, recent advances have shown that there are many conditions which may give a false positive test for Syphilis. Some of these are malaria, leprosy, virus infections, vaccination recently done, etc. Should the question arise as to whether the test is correct, it is advisable that it be checked by other laboratories of recognized dependability. When the accuracy of the test is questioned, it may require repeated blood tests and thorough physical examinations to settle the question. Treatment should be delayed until a definite diagnosis is established. This for the reason that once treatment is started it may be impossible to check the false test".

The learned Doctor forgot to add that a Positive Reaction also shows in Ether and Chloroform Narcosis, Scarlatina, Jaundice, Diabetes, Yaws and even in Pregnancy. The last was tested in Philadelphia, Pennsylvania and found true in over 500 pregnant women; it passed away after childbirth. Roughly speaking, the Wasserman "Test" is around 20 per cent false. Yet legislators enact Laws to compel that abominable "Test" before sanctioning marriage, in numerous States in America!

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WORLD MEDICAL ASSOCIATION

Very few persons are aware that there was formed in 1947 an organization known as the World Medical Association, boasting of a membership of over 750,000, embracing 46 countries. The American Medical Association with its 160,000 Medical Doctors wielded autocratic power enough, but, consider the future power of the W. M. A.!

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LEGAL STATISTICS

Here are the statistics presented by the New Jersey Law Journal, in regard to the public service done by members of the bar. It says: "Twenty-four of the signers of the Declaration of Independence were lawyers. Twenty-one Presidents of the United States were lawyers. Congress and the state legislatures have been mainly staffed by lawyers. At last count, no less than 18,000 lawyers were serving their states, counties and cities as governors, judges, district attorneys, and city corporation counsels. Thousands more were holding important government offices". No wonder the Law Courts stay busy!

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WE GET SPECTRAL SMILES

Viewpoint — Doctor said he had Canary Trombosis.

Smile — It will sing at his funeral.

Viewpoint — My son has Addenose.

Smile — Soon he will have Subtractroquiet.

OUR STUDIO DIRECTORY

On the First Thursday of each Month, there is held a Membership Meeting, at 8 P. M., in each of our following Studios, for reporting the results and findings of Personal Experiences in the use of the Visible Spectrum of Light and Color:—

First Allentown Pennsylvania Studio—Hotel Americus, Fifth and Hamilton Streets, Allentown, Pennsylvania. Alice M. Greenawalt, Chairman, Route 3, Kutztown, Pennsylvania. Pearl M. Diehl, Vice-Chairman, 642 N. West Street, Allentown, Pennsylvania. Nellie Etta Spaar, Reporter, Route 4, Box 93, Quakertown, Pennsylvania.

First Cleveland Ohio Studio—The Colonial Hotel, 523 Prospect Avenue, Cleveland, Ohio. Albert J. Martin, Chairman, Sleepy Hollow Lake Road, Brunswick, Ohio. Louis Friedl, Vice-Chairman, 14220 Birchwood Avenue, Cleveland 11, Ohio. Theresa J. Soree, Reporter, 9216 Orchard Avenue, Cleveland 9, Ohio.

First Detroit Michigan Studio—Knights of Columbus Hall, 4740 Woodward Avenue, Detroit 1, Michigan. Charles J. Renn, Chairman, 24225 W. Nine Mile Road, Detroit 19, Michigan. George G. Weiland, Vice-Chairman, 19692 Hanna, Detroit 3, Michigan. Elizabeth Roemming, Reporter, 11693 Terry Avenue, Detroit 27, Michigan.

First Merrill Wisconsin Studio—New Badger Hotel, Merrill, Wisconsin. Walter Briese, Chairman, 707 E. Third Street, Merrill, Wisconsin. Edward Katke, Vice-Chairman, Route 6, Merrill, Wisconsin. Dorothy Nelson, Reporter, 1504 River Street, Merrill, Wisconsin.

First Milwaukee Wisconsin Studio—The New Republican Hotel, Guild Hall, corner North Third and West Kilbourn, Milwaukee, Wisconsin. Kurt W. Bader, Chairman, 314 E. Burleigh Street, Milwaukee 12, Wisconsin. Fredrick Kneppreth, Vice-Chairman, 1813 South 75th Street, West Allis 14, Wisconsin. Florence Gutsch, Reporter, 3041 North 53rd Street, Milwaukee 10, Wisconsin.

First New York New York Studio—Hotel Diplomat, Governor Room, 108-110 West 43rd Street, New York 18, New York. Ralph W. Die-drichs, Chairman, 423 Jackson Avenue, Mineola, Long Island, New York. Hildegard Muehlfriedel, Vice-Chairman, 817 Lancaster Road, Ridgefield, New Jersey. Margarete B. Wolschendorf, Reporter, 19 Van Buren Avenue, Norwalk, Connecticut.

First St. Louis Missouri Studio—Albrechts Hall, St. Louis, Missouri. Clemens M. P. Neumann, Chairman, 4348 Virginia Avenue, St. Louis 11, Missouri. Walter Bloss, Vice-Chairman, 6408 Lansdowne, St. Louis 9, Missouri. Marie J. Parison, Reporter, 7525 Comfort Avenue, Maplewood 17, Missouri.