

# VISIBLE SPECTRUM RESEARCHER

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THAT'S A GOOD QUESTION  
THAT IS A GOOD ANSWER  
OUR STUDIO ACTIVITIES

## DINSHAH IMPARTIAL

HOW TO HELP THE CAUSE  
AMERICAN FREEDOM OF THE PRESS  
WARNING AGAINST LAW SUITS  
HUMAN PERSPIRATION  
BLOOD PLASMA OR SALT WATER?  
MAYO CLINIC AND SMOKING  
HEART DISEASE AND SMOKING  
GETTING MORE SENSE

Our Aim  
HAPPINESS  
IN  
EVERY HOME

DINSHAH P. GHADIALI  
Editor and Publisher

SERVICE  
OF  
MANKIND

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Malaga, New Jersey

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## THAT'S A GOOD QUESTION

Under the above caption, Medical Doctor William Bolton, as the Editor of the said department in "today's health", a monthly publication of the American Medical Association, wrote in its March 1953 issue an answer to an inquiry about:—

### "COLOR THERAPY

Question — A friend tells me that a method called color therapy is now being developed by which various illnesses may be treated successfully. Do you have any information about this?

Answer — From time to time, theories are advanced that color may have value as a treatment adjunct in medicine, but we do not know of any evidence that a specific disease ever has been cured through the use of color alone. Various colors may have some value so far as mental attitudes of many patients are concerned, and this idea has been utilized in some hospitals. For example, walls and ceilings of hospital wards or rooms may be painted a light blue or green because such tints are believed to have a soothing effect. In general, colors probably should be considered for their secondary effect in helping a patient to overcome excitement or worry about an operation or illness."

This publication is an answer to the stated view, as in our service to our Members, their own convictions by their personal investigations, researches and experiments will give them the accurate view of the Truth behind the Visible Spectrum. Let the reader judge for self.

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# VISIBLE SPECTRUM RESEARCHER

A Monthly Magazine  
Devoted To The Service Of Mankind.

Editor and Publisher,  
**DINSHAH P. GHADIALI**

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Anonymous communications will receive no attention. Submitted articles will not be returned.

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For the views expressed in signed articles, the writers are responsible; for the opinions in articles bearing no identification, the Editor shoulders the sole responsibility.

## THAT IS A GOOD ANSWER

### By: -INDIVIDUAL EXPERIMENTERS

#### EYELID TROUBLE REPORT BY I. G.

I had a sick spell 2 years ago. I lost sight of my Left Eye and a Stye, as I called it, came on my Right Eye. Doctor sent me to the ..... Hospital. Both places said I had Cancer on the Right Eyelid and would have to be cut off or Radium to be used. When I came home, I just used my Color Projector and am just fine now.

\* \* \*

#### EYE TUMOR REPORT BY N. C.

This is to certify that my son L. C. had a Tumor on the Eye. We had him to many Eye Specialists and also to ..... Michigan. No hope was ever given. Removal was the only alternative. The Tumor was solid and was growing back into the Brain. The Eye had to be removed within two weeks or the child would not live long. After six treatments with the Color Projector, he was taken back to the ..... and they found that instead of a solid Tumor, it was stringy. After sixteen treatments, the child could see bright articles, if they were held close to him.

## OUR STUDIO ACTIVITIES

### EXPERIMENTER FINDINGS AND QUERIES

MEETINGS OF THURSDAY, FEBRUARY 3, 1955

First Allentown Pennsylvania Studio

B. W. — My daughter had a Tooth extracted. Turquoise on Area 1, followed by two Green on same Area. Completely healed.

E. M. — Woman broke Arm. Was in a hospital for weeks. The Arm was black. Used the Color Projector and in a short time was cleared.

M. B. — I wish to say that I saw several interesting TV Broadcasts about Sound and Light. Tonight, we shall continue our study of the Yellow; I may say again that I want to stimulate your minds to study.



Those who laughed before, are in many cases scratching the head now for explanations. There is a Drill now being used for "Painless Surgery", which just vibrates with Supersonic Sound Waves 29,000 times in 1 Second. Our Red Color has the Oscillatory Frequency of 436,803,079,-680,000 in 1 Second and ends in our Violet Color at 731,940,295,680,000 in

1 Second. Your monthly program for study is a good, praiseworthy move in the right direction. When we have enough funds on hand, we shall have our own Educational Broadcasting System, dedicated solely to the Service Of Mankind, **without** the tomfoolery of many of the present Radio and Television Stations.

\* \* \*

### First Cleveland Ohio Studio

L. F. — I had a Nerve Pain, some time ago. Was told to irradiate Violet. Much improved.

A. K. — My son had Influenza. He got over it in three days, by using Green, Turquoise and Magenta. I had Sinus Disorder; used Turquoise, Lemon and Blue.

A. M. — I had Intestinal Disorder; used Green, Blue and Lemon.



Although the near zero weather kept many Members at home, reading Comics perhaps, your attending to the educational program on "Intricate Motion Mechanism", and "Paralysis" was admirable. Let every Member study our three text books. Their knowledge will bring "Happiness In Every Home" which is our true aim.

\* \* \*

### First Detroit Michigan Studio

W. K. — Used our Equipment for Colds and the like; it soon clears them.

C. O. — My daughter had a bad Cut near the Eye. Tonated with Indigo, followed by Green and Yellow. Within a week, the Scab fell off.

K. P. — I tonate regularly; getting along just fine.

L. F. — I take Tonation daily and then, I do not become sick! (Laughter)

C. R. — That is what we all should do; remember "Prevention is better than Cure"! (Laughter)

L. F. — I have a friend who is troubled with Cataracts. The vision of one Eye is gone already and the other is in a bad condition. I told her about the Visible Spectrum and she replied that she knew all about it, but, before she would even consider using it, she would have to consult her Doctor first. I doubt very much if she will ever use it. The loss is hers.

R. S. — I have a newspaper clipping about some woman in Cleveland, Ohio, who was arrested by the authorities for practising medicine without a license.

W. K. — I talked to that woman and the newspaper did not print all the story, which is not surprising. Anyone who knows Ohio, will know that there is room only for one healing system and that is — of the Medical Doctor. Any other system is valueless according to their judgment.

C. R. — Yes, if the American Medical Association had its way, it would abolish all other systems of healing. Right now, there is a great agitation in Detroit to “doctor” our drinking water. If you be against this fluoridation of the water, as I believe we all should be, send in your protests to the Council. If enough protests be sent in, notice will be taken. Remember, they are politicians and anxious to stay in politics. Last month, I asked you to bring the third volume of our text book with you. I see most of you did. If you do not have a set, I certainly recommend them to you. We shall take one paragraph at a time; I shall read it and then I shall ask you questions as the author does in the book. I shall read Chapter 95, page 1002 through to page 1026, Chapter 96. (C. R. read from the volume.)

L. McD. — I think that statement is misleading. It certainly is not true in my position. I have been a strict Vegetarian for a good many years; several years before my son was born. He has had a Skin Disorder for twelve and a half years. It appeared when he was five years old. I have used the Visible Spectrum for quite a long time and none tonated more religiously than he did, yet, there is a spot around his Ankle that defies correction. If food is so important, then, how do you account for this condition? He never tasted Meat or Meat Fats in any form, yet, this Skin Disorder simply does not heal.

C. R. — Is he taking Tonations now?

L. McD. — He reached the stage where he refuses to listen to his parents. How can you reason with a seventeen year old? They know it all!

C. R. — I know just what you are going through. I have two boys myself and I well remember their teenage days. Do not be discouraged; the teaching does sink in and you will see that as they grow older. Many and many a time I wondered if it would do any good, but, it comes out all right.

W. K. — I suggest the lady should bring in a complete Chart of this boy's case and we can discuss it.

C. R. — Yes, it would be interesting to see the Chart. How about some comments from A. G.?

A. G. — Generally speaking, a case such as this of twelve years standing, should respond to the Visible Spectrum within two to three years. Of course, all other conditions MUST be in line, I mean, Food, Tonations on time, warm room and so on. If relief does not follow, then, you must analyze further. C. R. said many times and so have I, study the Affinity Waves, so that when you think of a Color, the Affinity of that Color will immediately come to mind. You say Turquoise was used on this boy, yet, he has had this Disorder for all these years. That condition is now Chronic and although I do not know all the facts about this case, I should suggest the Lemon. Sure

enough Turquoise will build the Skin, but, for a Tissue Builder in a Chronic case you will have to go to the Lemon, as the Disorder is deep in the Tissues beyond the Skin. Now, the Affinity of the Turquoise is the Lemon; do you see the importance of fully understanding these Colors? We have no place for guesswork in our Science. No two individuals are completely alike; the same rule applies to Disorders. Before tonating any Disorder, follow the Rules listed in the text book. Watch the Ratio carefully; it is the guide by which to proceed. So many of our Members neglect that very — very important step. There is so much to Life, so much even to this Body that few of us even realize. Look what happens when we eat our food! Do you determine what is going to build the Blood, the Bones, the Muscles, the Tissues? All you do is to choose the food, swallow it and that is as far as anyone can go. Yet, that food is converted into the Blood, the Bones, the Muscles, the Tissues and so on. An inner chemist takes over the task and decides what is to be done. If therefore, we should work with Nature, most of our Aches and Pains would disappear.

C. R. — Before we close, I should like to have R. S. sum up in her own words, what she learned tonight.

R. S. — First of all, anything that Drugs can do, the Visible Spectrum of Light and Color can do, without the undesirable after-effects. Our Body has within it the ability to heal and to repair and working with the Visible Spectrum, we aid that certain “something”. When tonating any Disorder, we first consider the Vital Vehicle, remembering also, the importance of the Blood Stream. Our Body is nourished by the Blood. Referring to Skin Disorders, there are only two kinds — one Dry and Scaly and the other Moist. Before correcting any Skin Disorder, it must be brought to the Moist Stage, before it will begin to heal. Turquoise will heal the Skin, after all other conditions are fulfilled.

C. R. — That was very good and if you like this way for study, what shall we read next month?

J. S. — Is there a Color to sharpen the Mind? (Laughter)

A. G. — Blue will help; it stimulates the Pineal Gland.

W. K. — I think we should also study the chapters in the first volume, where Dinshah tells how he arrived at the certain Colors. Each Color has within it, the potency of certain Chemical Elements and the Body needs about 17 of these major Elements to function. I think, one of these evenings, we should take these chapters and become familiar with the fundamentals of the Visible Spectrum.

C. R. — Yes, we have enough material in these three volumes to keep us busy for a long, long time. Let us take Yellow next month and see what we can learn about it. Right now, the “Polio” drive is on; let us see what the Visible Spectrum has to offer about Paralysis and similar Disorders.

A. G. — We have been talking about Systemic Tonations; just what does that mean to you? What would you do?

Member 1 — From the Stomach up.

Member 2 — From the Waist up.

Member 3 — Tonate the Body all over, Back and Front.

Member 4 — Undress first. (Laughter)

Member 5 — Full length of the Body.

Member 6 — From the Knees up.

Several Members — We agree with this answer.

C. R. — I consider from Areas 1 to 19 and 1 to 11.

A. G. — What about the Aura? If you are thinking only of part of the Body, you are dealing only with part of the Aura; the other part is not included.

C. R. — If you had an Inflamed Toe, you do not have to shine the Light on the Toe. The Vital Organs of the Body are in the Trunk and the Head; there are none in the extremities.

A. G. — But, the Aura surrounds the entire Body and it is the Aura through which we work. There should be no covering on the Body to get a complete Irradiation. As a matter of fact, Dinshah tells us we have two Auras, one going clockwise, the other counter-clockwise. At Sunrise and Sunset, there is a change. Let us ask Dinshah to comment on this question.

I. T. — See page 1190, Step (1); that is clear enough.

C. R. — Yes, there it is! It is simple enough to understand. I know we shall all be watching for the Colonel's answer. Until next month, when we study the Yellow, may I bid you all Good Night?



Tonate only when needed. Incipient Cataract or one in the commencing stage, can be controlled by the Visible Spectrum, but, once the Crystalline Eye Lens becomes Opaque, it is beyond our power. Do not try to sell our Science to those who are reluctant to look for the Truth. They will seek you when hurt. That woman in Ohio is NOT our Member and I know her very well. She was charged and convicted for using Massage with the Color and that is how my name came into the newspapers. Let her case be a clear warning to all our Members not to fool around and mix our Science with ANY other method. Even those who are registered with us as Graduate Researchers are authorized to experiment SOLELY AND EXCLUSIVELY on our Members and under no circumstances to give service to ANY OUTSIDERS. We have NO EXCEPTIONS and I mean just what I state: Violation means EXPULSION. The American Medical Association has the right to make its own Rules. They stick to their views; you stick to ours. That is

a fair way to play the game. I am now preparing a new book styled: "Cracks In The American Constitution And Blunders In The Bill Of Rights". It was all well meant when first launched, but, NOW, it shows glaring defects and I shall place them openly before the World, whether the politicians heed the suggestions for change or otherwise. About the racket of "Fluoridation", refer to the January 1955 issue of our Visible Spectrum Researcher, page 7. Continue your protests; copy that article and send it to those concerned. There is more in that Skin Disorder case than the good mother L. McD. realizes. Send the complete Chart to the Institute. C. R. and A. G. tackled it very intelligently. At Sunrise and Sunset, the Aura does not change; it is the Respiratory Rhythm that reverses. The Auric Emanation is subject to the Element Chemistry and that stays put. I congratulate I. T. for her smart reference. She was correct. Most of what I wrote is clear for the student and is self-explanatory. Our Text Books are not like dime novels to be READ and thrown aside. The way to get the benefit from them is to read the three volumes one after another; then, study the first volume 100 hours, the second volume 200 hours and the third volume 300 hours. After that, you will be ready to join the Resident Experimental Course in any Class when given and absorbing the knowledge personally from the Originator, will grace the designation of Graduate Researcher.

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### First Merrill Wisconsin Studio

W. B. — I greet our new Affiliate E. O. and am happy to have H. H. rejoin us. Loyalty is important in our work we feel and we try to encourage those who dropped off to continue with their Membership. I shall read to you Article 36 from the Family Health Protector.

E. M. — I worked much too hard during the Christmas holidays; I completely blacked out four times. Was sitting on edge of bed in the morning, the first time it occurred and cut the Wrist and Arm on edge of the bed. Took Yellow and felt better; then took a vacation and felt much better. I still have Dizzy Spells, but, they are not so severe.

W. B. — Orange may help; it is good for the Circulation. Pulse 56 needs Scarlet with the Orange. Ratio must be 4 to 1 or 5 to 1 to be normal.

H. U. — My Heart has been beating so fast, I used Magenta today.

H. H. — I am taking Lemon and Magenta and am getting along pretty well. I had a Lump in my Breast and it normalated that; the Lemon dissolved it. It bled right through the Nipple.

E. O. — I had Blood draining through the Nipple of my Breast.

D. N. — I use the Lemon and it makes me feel so well, I go to sleep and sometimes do not awake for an hour and a half.

E. O. — I am troubled with Constipation.

W. B. — I suggest you work with Yellow for that. I had to tonate my wife a year and a half before she was right in her Eliminations. Some are right in 30 days; it depends on the condition and period. The Light

Rays saved my oldest daughter's life, but, with my wife, it was a hard time. Other Disorders were corrected sooner. Was supposed to have Surgery for a Fallen Womb, but, the Color Rays took care of that, shortening the Cords. I suggest E. O., that you send a complete Chart to the Institute; their views from there would be scientifically correct. Meanwhile, use Lemonade every day.

H. U. — I take Turquoise and Magenta when I have a Cold. Using Lemon at that time, my Eyes and Nose start running.

W. B. — According to our Instruction Book, if you have a Cough, use Lemon to expel the Phlegm. I found that if I take Turquoise first to heal the Inflammations, I develop a Cough and can not bring up anything, because, there is nothing to come out. I still have to go to Turquoise to heal the Inflammation.

E. O. — I understand it is necessary to keep the Eyes open and look at the Color while making an Experiment.

W. B. — I suggest that you relax and if you feel like it close your Eyes and sleep.

H. H. — What Color Ray would you use when coming down with a Cold?

W. B. — Turquoise may be used first, with Magenta on 4 and 18. The only reason why one gets a Cold is that there are impurities in the System, which must be properly eliminated.

E. O. — Rational Food must be followed. Do you think anything can be done for a small baby with a Hernia?

W. B. — According to the Colonel, if handled early it can be set right and in adults, if it has not been of long standing. I suggest E. O. should have a Dinshah Cook Book.



Dizziness and Fainting result from lack of Potassium and Strontium in the Blood or a temporary diversion of those Elements, from their productive positions, by any disturbance in the Suprarenal (Adrenal) Glands at Area 18. Magenta and (or) Scarlet are indicated. Studios should always emphasize the value of the Ratio, as well as the proper consideration of Acute and Chronic. Study carefully the Affinity Waves. The Eyes are in Area 1 and any disturbance in that Area, needs looking directly into the Irradiation of the Color. A Hernia is the protrusion of a loop of an Organ or Tissue through an abnormal opening. Its name comes from the part affected and such Hernia may occur even in a baby. It can be remedied in the early stage by our Science, meanwhile, wearing a duly adjusted supporter or Truss, but, when the elasticity of the affected Tissues is deterior-

ated, it may not respond satisfactorily. The reprinting of the Cook Book is commenced and it will be available again in a month, for two dollars a copy, including postage and insurance. You may send your Orders.

\* \* \*

### First Milwaukee Wisconsin Studio

K. B. — We did not receive any communication from the Principal Office. I think the magazine will take care of it.

L. K. — We have a Projector at home. My mother is in her seventies. She said: "Look! I have a red streak up my Arm." I looked. I had heard of several such cases, but, my sister-in-law does not believe in the Projector as I do and she had six Injections for it. Used Green, Magenta and Yellow and I could see it was breaking. I called K. B. and it is getting along nicely. It is miraculous.

K. B. — You may use Green and go to Yellow.

E. T. — I have trouble with my mother. She took out garbage and injured her Finger. I used Green and Magenta, then Orange and Lemon Local and Turquoise. I think there is something in it; it bled. When she presses it, it hurts. When she does anything during the day, it swells by night. It hurts on the side of the Finger.

K. B. — There is foreign matter in there; it has to come out. That is strictly a local affair. If there be a metal Sliver in there, it will have to be removed. You may try Orange and put the Finger in hot water or let Nature take her course.

L. K. — At school, they are having the children take Tests for Tuberculosis. They scratch something into the Skin. If you do not want your children to take the "Test for Tuberculosis", they want to know the reason. Is there any Color to use as a Preventive?

K. B. — They inject Tuberculosis Germs. If the child be not sick, you do not have to use the Light. If the child does not have an appetite, use Orange. If you want to use a Preventive, which I do not advocate, you may use Green and Magenta. If the child has an Acute Inflammation, you may use the proper Color; in our Science, we have no Differential Diagnosis by names of Disorders.

P. Z. — A woman had Inflammation of the Legs and was vomiting. The medical name was Erysipelas. She was our friend for twenty-five years and we took her to K. B. who gave her a Tonation. Then, my wife and I took her to our home. We thought it was the end of her. The next day, when I came home from work, I asked her how she felt. She said she slept all day. We took her to our own home and when we called her to find how she was, she said she never felt so well, otherwise, it would have taken long before she could get relief.

K. B. — It was a Critical Period and I scolded P. Z. and E. B. for starting on that day. I gave her a Cook Book right away and she rented a

Projector. She called me to thank, because, she felt so well. I told her not to thank me, but, to thank herself.

E. T. — I try to count my mother's Kardoscil; it will beat 3 or 4 times and then, begin to flutter; then, I can not count it. Her Ratio is 68 to 18. She eats very little, but, is active and has one or two Backelim in a day.

K. B. — When it flutters, it indicates defective Circulation. She needs Magenta. The Body does not need much Food, if you follow the Rational Food Of Man; most people eat too much.

L. D. — Two months ago, I had severe Stomach Cramps. I used Orange very effectively. Then, I thought I should use Turquoise; they returned and I had Blood in the Backelim. I do not think you can blame anyone for having a "Diagnosis" — Polypus in the Colon, Gall Stones and Piles; am I dead? Kardoscil 70 to 80 and Spiroscil 15.

K. B. — You should use Lemon Systemic Front and Yellow or Orange Systemic Back and bring up your Spiroscil. About Gall Stones, correct your habits and use Lemon Systemic, if they do not cause Pain and if there is no Constipation. If your nutrition is set right, it will take care of your Prostate Disorder. I shall tell you my case. I repeated it often. The Doctor told me: "either have your Kidney removed or you will live only six months". It took me three years. I used Lemon Systemic and Magenta. They told me it was turning to "Stone". I told them: "my Kidney stays in". My Frontelim some days looked brown as if there were Iron in it. If there was no Blood in it, there was Pus. In order to preserve your vitality, keep warm.

O. L. — He should dress warm, stop cold drinks and cold food.

K. B. — It shows faulty Circulation. Do you have the Instruction Book? Study it. As long as you have a proper Bowel Movement, you can be helped. That brings me to Food. I do not like to talk too much about it. Dinshah has a good Cook Book. Diet has probably caused more trouble than anything else. Do not think that you can cheat Nature. During the Winter days, do not have Grapefruit in the morning; have something warm.

N. F. — I wrote to Dinshah and he told me to eat Whole Figs.

O. L. — This man needs advice; let us give it to him.

A. E. — Why is it that we should not eat Grapefruit for breakfast? I like it. What is wrong?

K. B. — I only said there is a difference in temperature; they should not be cold.

O. L. — If we leave Flesh, Fowl, Fish, Eggs, Tea, Coffee, Alcohols and Tobacco out, we are all right.

N. F. — If I drink a glass of Milk, I get Fever or if I eat Ice Cream. I tried Raw Milk, Pasteurized Milk, Cottage Cheese. I was in bed four months; I ought to know.

K. B. — I can not understand it; you were raised on a farm. Did anyone read the Congressional Record? The animals eat the same food that we eat and build a strong, healthy Body. We have only 6 per cent of the population and still our country consumes enormous amounts of Sugar.

L. D. — How much Sugar should a person consume?

K. B. — Sometimes, I feel like eating Sugar and I eat several spoonfuls.

L. B. — Then Colonel Dinshah is not against Sugar?

K. B. — Not natural or Brown Sugar, he eats Sugar on Rice.

P. Z. — I think we are here long enough; we see all old faces and we should know, but, when we have teenagers, they want to drink ice cold drinks and we have more Cancer cases in the United States.

K. B. — For ten years, I ate Yellow Split Peas and Rice.

L. S. — I found mixing different foods does not agree.

L. D. — You get tired of the same food, eating it all the time.

E. T. — I think it would be a good idea if E. B. would make menus for each meal.

E. B. — I use Mushrooms with Vegetables to stretch the food. My boy makes a long face, if we do not have Legumes. Every day, we have two Vegetables, Gravy with Onions and Parsley, Green Lettuce with Tomatoes; the Vegetables are still as green as before, after they are cooked.

F. K. — That would be a good question; are the canned better than the frozen foods?

K. B. — If they are canned, they are handled less.

P. Z. — I was at E. B.'s home already; for breakfast, they had no Eggs on the table. At night, there was no Round Steak.

F. K. — I fell off a ladder and was severely hurt; had excruciating Pains. I took Blue and Turquoise and switched to Orange. Because of the place where I work, I had to have X-Rays and those Colors did the trick.

K. B. — I wanted to read an article and now we do not have time. It was "The Other Side Of The Wonder Drugs".

M. B. — I went to a "health" lecture and was told we need only one teaspoonful of Sugar a day.

K. B. — We have no meters on our Body to tell us which Element is excessive or deficient. Make your food tasty. Health Food Stores are turning into Drug Stores as I see.

N. F. — You talk about Bread all the time; does not the Instruction Book say not to eat Yeast?

K. B. — I did not say anything about Yeast. A baker once said he ordered Whole Wheat Bread and Rye Bread to be baked once a week. His helpers told him he was making them bankrupt. Dogs go into Epileptic Fits eating Bread.

F. K. — Then it is not the White Flour that hurts us, but, the chemicals they put into it.

Members — At noon today, on "Man Next Door" program, WTMJ-TV, they showed our Color Projector and said its price was \$750.00!

K. B. — I was in the Court in Dinshah's case and twenty-five Doctors were there; when they were questioned they could not answer.

F. K. — Is it not pathetic? They put our Color Projector on Television and ridicule it. The things that should be condemned, they pass. That is why they are building bigger hospitals.



Foreign matter must be removed from a Cut before it can heal. Parents have an inherent birthright to protect their children against puncturing for alleged Tests. Introducing foreign matter in the Body does not produce immunity; the individual must manufacture it from own chemistry from the inside. We have no "Differential Diagnosis" for naming Disorders, but, we have an infallible way of reaching the CAUSE. Fluttering Pulse needs Magenta. The key to health is proper Circulation of clean Blood. Our Rational Food System and the Colors Magenta, Purple and Scarlet just accomplish that. There is nothing wrong with eating Grapefruit or Oranges; it is what is eaten WITH THEM that counts. The same remark applies to Milk. I expressed my views against Processed Foods innumerable times. Nature gave us Brains for thinking, but, we do not use them right. Animals follow their natural instinct and eat natural foods without juggling them with incompatibles and stay healthy. Do not gulp lumps of Ice Cream; eat it after pressing the block down with the spoon and making it semi-liquid. The low temperature cools the Area 8 and its digestive function is inhibited. Cool Drinks and Cold Drinks mean not the same. Study Dinshah Cook Book page 0 and you will find the key to the variety, so as not to tire you with the sameness. Eat Flat Bread and you will enjoy your meal. I have no Color Projector valued at \$750.00. If our Members saw one on the Television Station WTMJ, its alphabet shows The Milwaukee Journal, which is a very influential newspaper. Someday, they may give us the courtesy of putting the inventor also on their TV. I shall gladly accept the offer, whenever they are ready and? No holds barred! We do need our own Hospital.

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### First New York New York Studio

E. T. — I suffer from Arthritis; I have been taking Yellow; what Color shall I take?

R. D. — Fill a Chart and send it to the Institute. Did your Introducer tell you about the Food, no Smoking and so on?

E. T. — Yes. I also used Lemon; I felt better under the Yellow.

R. D. — When you send your Chart, enclose a letter stating you inherited the Projector from your deceased brother.

O. D. — What Color shall I use to get some Pep?

R. D. — Have you been a heavy meat eater? What Color are you using at present?

C. P. — She should use Yellow Systemic.

O. D. — I have a Portable Projector; I want to get a big one; can one still get the Black Projector?

R. D. — For every day use, you should have the 1,000 Watt Projector. The Portable is for travel and an emergency. I know some who tonate with two at one time.

O. D. — I suffer from Headaches, especially when the Hay Fever season comes.

H. M. — If you use the Light properly, by the time the season comes, you will have no trouble. I suffered 10 years from Poison Ivy. I had also very severe Migraine Headaches for weeks; now, I have a slight one in 4 weeks.

R. D. — My wife fell out of bed and injured her Hip. She was black and blue and had a big Lump. She took 3 Orange Tonations and the discoloration disappeared. My little son had a Cough; after 20 minutes under Turquoise, he slept through all night. My wife had Neuralgia; she had a Tooth pulled and got Needles. After one Tonation with Turquoise, her Neuralgia disappeared and never came back.

F. R. — For Pain use Indigo; in Acute Cases, you can do wonders with it. I had a case where the man came limping. He had a Bump on his Leg and a Swelling around 6 inches. I tonated him with Lemon and Indigo — two Lights — and that fixed him.

R. D. — He is a Masseur and a Chiropractor in the .....

T. S. — Whatever I eat, does not agree with me. I went to a Naturopath and was X-Rayed. I have little Stones in the Gall Bladder. Have you any suggestions to make?

R. D. — You should go under the care of the Institute.

T. S. — I did; I was told to use Orange; I took it for 20 days; I felt bad. Then, I took Yellow; my Heart Beat is very slow. I did not know I had the Stones.

R. D. — Take Yellow and Magenta and stick to it, even if it takes you 6 months. As far as X-Rays are concerned, I should not take too many; they harm the Tissues. I know a Doctor who did much X-Raying; his Fingers deteriorated.

F. R. — If he would have used Red, that would have counteracted. In my work, I give Sun Lamp treatments. The Pupils of my Eyes were burnt from it; the Pain woke me. I tonated with Red; no more Pain. My partner who suffered from it too, went to a Doctor and had Pain for days. A few years ago, the Christmas Tree of one of our Members caught fire. Her hands were badly burnt. After 20 minutes of Turquoise, she had no more Pain. After that, she even washed dishes. Her Blisters dried nicely. Had she gone to a Doctor, she would have been bandaged for weeks. The Doctors do not like our Projector; there is no money in it!

G. Z. — I had plenty to do with the Doctors; what does not come from the Drug Store, is no good!

F. R. — They are trained that way; if they would go in for something else, they would be expelled.

R. D. — I think we have to influence our children to rely on the Projector. We have no young people as Members.

O. D. — When you go to Europe, you have to be vaccinated to return to this Country; also when you send the children to school.

R. D. — My boy was not vaccinated; I just ignored the notice; when my grandchild was vaccinated, we just rubbed it with a lemon. Once it is in the Blood, you can not do much about it. I read of two calves; one was raised on its mother's milk and did well, the other got pasteurized milk and could not stand on its Legs. They pasteurize the milk, so it keeps longer. I get Certified Raw Milk; it is bottled as it comes from the cow.



Members, in many cases, do not follow our Rules and do as they please as with a business company. We are a Non-Profit Organization — a Corporation for Service. Any person who has our Color Projector, **MUST** register with us as an Experimenter Researcher and **NOT** as a Student Researcher. E. T. did **NOT** declare that he has a Projector. F. R. is in a worse category. He actually uses it even on **outsiders** who are **NOT** our Members, which is absolutely against our Rules and is a **SERIOUS VIOLATION**. All those coming under these Rules, are requested to change their status by returning to us their Membership Cards with the proper Fees; otherwise, their Membership will be cancelled and lost permanently. We have no **exceptions**, so please, do not flirt with this Institute, as is has no favoritism. T. S. sent us only 2 Charts since joining us and her eating habits need correction. Like many others, she expects prompt results after a life of suffering. We request all our Members to study carefully the Divine Law of Nature, known as the Law of Karma or Retributive Justice, summed in the few golden words "As ye sow, so shall ye reap". X-Rays were described by me in 1896, in New York, right after their disclosure in Germany by Wilhelm Konrad Roentgen. Their Range Of Oscillatory Frequency extends from the 57th to the 60th Octave and they have a terrific caustic power. In our Science, we use solely the 49th Octave, which has all the Chemical Range to act on the Physical Vehicle, when out of order. The Doctors use their methods and those who go to them are free to do so; all we say is that they have no right to interfere with other Systems, by creating a **Monopoly** in

Healing. Their alleged "Diagnosis" is admittedly 53 per cent wrong. The reason most of our Members are of mature age is, that they go to all the various tingods first and when they fail to get the needed relief, they come to the big "Quack and Faker" and expect magical results in jiffies! It is up to the Members to bring their families into our Studio Meetings to interest them; the cost is a trifle of only Three Dollars for Membership as a Student Researcher. If you desire to learn about the curse of Vaccination, read my "Family Health Protector", Article 21 and refer to the pictures from its page 33 to 40 printed by courtesy of The National Anti-Vaccination League of London, England, of which I am a Life Member, affiliated since 1909. The price of that book is \$1.00 for three copies, postage included. Distribute that book among friends; you will earn their blessings. Let each one study also our Instruction Book for the proper use of the Color Projector. Price \$2.00 per copy.

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### First St. Louis Missouri Studio

P. L. — I wonder what we should do in a case of Hardening of the Arteries.

C. N. — In that Disorder, exercise, Rational Food and fresh air are needed.

E. E. — Is it wise to sleep with the windows open?

C. N. — Have the windows open during the day, but close them at night. Sleep in a cool room. However, everyone has to adjust the temperature of the room to suit own Body requirements. The Body must maintain its own 98.6 Degree temperature, regardless of the outside temperature. Tell me, what Color would you use in the above Disorder?

A. B. — Lemon, as it is a Disorder of long standing. The Yellow in it will act as the Motor Stimulant and loosen the deposits and the Green in it act as the Cleanser.

Members — We are interested in learning about the Colds so prevalent now.

C. N. — I may point out that the Mucus in the System which causes the Head and Nose to become stuffed, is preeminently caused by the faulty Eliminations. Eat Figs, Dates, Raisins and the like and drink Fruit Juices. Take warm baths, proper rest and keep the Bowels clear of the impurities. The common belief is that Cold is caused by certain Bacteria; our view is that the Bacteria are the results of the Disorder which comes first. Keep the Body clean to allow the Skin also to function properly, as much as the Lungs to help the Elimination of the undesirable materials. Faulty Circulation of the Blood is another cause.

A. M. — Why worry about a Cold! Take warm Lemon Water every morning and you will not have a Cold.

P. L. — Grape fruit is good.

E. E. — It gives some people Heartburn.

C. N. — In such cases, they had better change the chemistry of their Blood. Lemon or Orange on Areas 6 to 10 inclusive, will straighten their Digestive Tract.

C. S. — I heard many times people talking about Heartburn; just what is it? I, personally did not suffer from it.

E. E. — It is due to pressure of gas.

C. N. — There is a peculiar taste in the Mouth.

E. F. — It is like an acid gas which you can taste in the Mouth and there is a burning sensation.

C. N. — It is the wrong combination of Acids. The Stomach needs a small amount of Hydrochloric Acid, but, when a person eats meat, there is sometimes an excess, which mixed with certain vegetables produces discomfort. I have a report to make. It is a warning to singers. I ate some Nuts during the holidays — which is not good for singers. I felt a little hoarse, so I took some Horsehound Candy and some Licorice at work. I came home with a Headache. I had two Bowel Movements in succession. They were thin. I took some Garlic Soup and then the Yellow Light. When I got up, I still had a little Headache, but, my voice was fairly good. If you live strictly up to our system of food, you will get good results with the Projector. This Light is no miracle, it is good common sense. I shall now read to you about the Common Cold, from our "Family Health Protector".

C. L. — I found a good Cold Cure, sure and preventive, in the dark red Grapes, but, they must have seeds. I believe they are called Malaga Grapes.

C. N. — Can't you see how Nature combines the Colors we need? Those Grapes have the Orange and Red combined. Nature does not use Color only to please the Eye, but, plans to maintain the health of the Body. At the first sign of a Cold, take Turquoise Systemic and Magenta on Areas 4 and 18. If the Cold continues into the second day, use the Lemon Systemic; be sure of the proper food and the Eliminations. All such Disorders begin with Inflammation. All are not affected in the same way.

H. L. — In the early part of the Winter, I had Heartburns. In December, I had a Gum Boil. The Doctor suggested I have my Teeth extracted.

C. N. — A Boil is a cleansing process.

H. L. — After the Boil was gone, I had no more Heartburn. Around the same time, I had Pains, which I thought came from pitching hay and doing too much work on the farm. I took Lemon Systemic and Magenta on 4 and 18.



may produce the condition described as Heartburn. Follow the Rational Food Of Man as given in our Cook Book and you will have no such Disorder. The warning of C. N. about Nuts was amusing. It is not the Nuts that affected C. N., but, the American custom of improper chewing. Nuts by their very cellular build are woody in character and before passing them into the Stomach (Area 8), they should be ground by the Teeth into pulp mixed with the Saliva into paste, prior to the gulp. The watery Backelim was a proof of the non-digestion. Actual digging into Backelim has that corollary proven, by finding in it tiny pieces of unbroken Nuts. What is called Cold is a result of the disturbance of the Right and Left Chains of the Great Sympathetic Nervous System, which is the main object in the publication of our annual Respiratory Rhythm Guide, issued free to our practical Researchers. If the Sun and the Moon can motion millions of tons of the Waters in the oceans of the Earth, how will those learned scientists who understand Astronomy contend that the few pounds of the Fluids of the Body are not subject to the same potency? Experiment for yourselves; it took me 14 years of continuous experimental research and when I established the reality, I got the distinction of being a "Quack and Faker"! The Skin Disorder of those three friends may be remedied like any other Skin Disorder, by the use of our Science. We need no Names. Allergy is a super-sensitiveness of certain Chemicals. It is the result of such Chemicals being unbalanced in the particular Sufferer. The greatest Wrestlers of Hindustan are well known Vegetarians. The Elephant and Rhinoceros do not eat carcasses. Mere ferocity is not real strength and in Human Beings, Mentality outvies sheer Brutality. I admire E. N. for the acuteness in fathoming the principle of the Water Level and Sneezing. Sneezing is an effort of Nature to clear irritating particles and Mucus from the Mouth and Nose by violent expulsion. As the Equilibration of the two Columns of the Great Sympathetic Nervous System arrives at the Water Level, a Sneeze at that period may result in accomplishing the Normalation.

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## DINSHAH IMPARTIAL

(The Universe Through The Eyes Of Dinshah)

### HOW TO HELP THE CAUSE

Persons not accustomed to long range calculations, believe that singly they are not able or competent to do much for our cause, although they believe fully that it is worthy of all support. Let me show you the way. Begin with your own single self. Next month, bring into our fold just two friends. That should not be difficult. Then, let each one repeat the same procedure monthly. In 31 months — less than 3 years — just three short years, we shall have a membership of 2,147,483,648 individuals !!! It can

be done! If you will it and give your hearty co:operation. The World is open before you and me — and that is why I am going around the World, to deliver my humble message for the Selfless Service Of Humanity, while I have Physical Breath energizing my Physical Body. It can be done and it will be done. That is my message and the purpose and object of my Birth.

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### AMERICAN FREEDOM OF THE PRESS

American Civil Liberties Union reports that 115 paper-bound books, including works by James T. Farrell, Somerset Maugham, Christopher Isherwood and John Steinbeck were banned from sale in Youngstown, Ohio. What will the Russians think of us? Where are we drifting?

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### WARNING AGAINST LAW SUITS

A man by name Neylon brought a suit against the Ford Motor Company for an award of \$275.00 as Workmen's Compensation. An Attorney Sam Weiss appeared for Neylon, the Petitioner. Judge Klemmer Kalteissen having decided in favor of the Petitioner, the Ford Motor Company took it on Appeal to the Appellate and then to the Supreme Court and lost. Sam Weiss asked \$6,000.00 Counsel Fee, but, the learned Judge allowed only \$2,850.00! You will now comprehend why poor Dinshah fights himself as his own Attorney!

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### HUMAN PERSPIRATION

The University Of Minnesota chemists give the composition of ordinary Human Perspiration as:— 92 per cent Water, 0.7 per cent Sodium Chloride (common salt), traces of Acetic Acid (same Acid as is in common Vinegar) and slight traces of Caprylic and Caproic Acid (which have Goat Odor). Next time when husband comes in after hard labor, do not make a sniff and complain; the same way, when darling wife comes to the living room after cooking a five course dinner, when the temperature showed 95 Degrees Fahrenheit, please, have a heart and do not wiggle your Nostriils. It is all in the chemistry of Life!

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### BLOOD PLASMA OR SALT WATER?

There is so much talk about Blood Plasma and Bloodmobiles are rushing everywhere asking for voluntary Blood Donations. I have different views on this ticklish subject and stated on numerous occasions that the injection or drink of a solution of Sodium Chloride (common Salt) in Distilled Water is all that is needed to overcome "Shock". My view was supported by the Public Health Service during October 1950 and Surgeon General Leonard A. Scheele "urged the public to remember this in the event of an Atomic Blast or other disaster". Truth may be defeated, but, never conquered!

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## MAYO CLINIC AND SMOKING

Four physicians of the famous Mayo Clinic recently stated that those who suffer from Asthma should stop smoking altogether, whether it be cigarettes, cigars or pipes. They say that everyone who has Asthma has some Bronchitis and smoking irritates the inflamed air passages. We must give credit to the learned gentlemen and it will be to the point if we assert, that all smoking should be avoided. It is a poisonous, vicious, degrading, unhealthy, valueless habit.

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## HEART DISEASE AND SMOKING

Dr. S. Dolyoff, Dr. G. P. Ballard, Dr. L. A. Baker and Dr. R. Schrek report that smoking more than 20 cigarettes a day tends to Heart Disease. Cigars also tend to it. So what? Why fill the valuable Lungs with such damnation anyhow? When will Medical Doctors themselves preach Total abstinence from the cursed weed of Tobacco? When will they set the example themselves?

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## GETTING MORE SENSE

Four Medical Doctors, E. B. D. Neuhauser, J. Cohen, C. L. Berman and M. H. Wittenborg of the Children's Medical Center in Boston, Massachusetts, examined children who received X-Ray treatments for Cancer in prior years. They found that many of them showed development of Curvature of the Spine and interference with Bone Growth. It appears they are beginning to realize now, what I taught and forgot over 30 years ago. Whom shall we pity? The Sufferers or their Torturers?

## OUR STUDIO DIRECTORY

On the First Thursday of each Month, there is held a Membership Meeting, at 8 P. M., in each of our following Studios, for reporting the results and findings of Personal Experiences in the use of the Visible Spectrum of Light and Color:—

- First Allentown Pennsylvania Studio**—Hotel Americus, Fifth and Hamilton Streets, Allentown, Pennsylvania. Alice M. Greenawalt, Chairman, Route 3, Kutztown, Pennsylvania. Pearl M. Diehl, Vice-Chairman, 642 N. West Street, Allentown, Pennsylvania. Nellie Etta Spaar, Reporter, Route 4, Box 93, Quakertown, Pennsylvania.
- First Cleveland Ohio Studio**—The Colonial Hotel, 523 Prospect Avenue, Cleveland, Ohio. Albert J. Martin, Chairman, Sleepy Hollow Lake Road, Brunswick, Ohio. Louis Friedl, Vice-Chairman, 14220 Birchwood Avenue, Cleveland 11, Ohio. Theresa J. Soree, Reporter, 9216 Orchard Avenue, Cleveland 9, Ohio.
- First Detroit Michigan Studio**—Knights of Columbus Hall, 4740 Woodward Avenue, Detroit 1, Michigan. Charles J. Renn, Chairman, 24225 W. Nine Mile Road, Detroit 19, Michigan. George G. Weiland, Vice-Chairman, 19692 Hanna, Detroit 3, Michigan. Elizabeth Roemming, Reporter, 11693 Terry Avenue, Detroit 27, Michigan.
- First Merrill Wisconsin Studio**—New Badger Hotel, Merrill, Wisconsin. Walter Briese, Chairman, 707 E. Third Street, Merrill, Wisconsin. Edward Katke, Vice-Chairman, Route 6, Merrill, Wisconsin. Dorothy Nelson, Reporter, 1504 River Street, Merrill, Wisconsin.
- First Milwaukee Wisconsin Studio**—The New Republican Hotel, Guild Hall, corner North Third and West Kilbourn, Milwaukee, Wisconsin. Kurt W. Bader, Chairman, 314 E. Burleigh Street, Milwaukee 12, Wisconsin. Fredrick Kneppreth, Vice-Chairman, 1813 South 75th Street, West Allis 14, Wisconsin. Florence Gutsch, Reporter, 3041 North 53rd Street, Milwaukee 10, Wisconsin.
- First New York New York Studio**—Hotel Diplomat, Governor Room, 108-110 West 43rd Street, New York 18, New York. Ralph W. Die-drichs, Chairman, 423 Jackson Avenue, Mineola, Long Island, New York. Hildegard Muehlfriedel, Vice-Chairman, 817 Lancaster Road, Ridgefield, New Jersey. Margarete B. Wolschendorf, Reporter, 19 Van Buren Avenue, Norwalk, Connecticut.
- First St. Louis Missouri Studio**—Albrechts Hall, St. Louis, Missouri. Clemens M. P. Neumann, Chairman, 4348 Virginia Avenue, St. Louis 11, Missouri. Walter Bloss, Vice-Chairman, 6408 Lansdowne, St. Louis 9, Missouri. Marie J. Parison, Reporter, 7525 Comfort Avenue, Maplewood 17, Missouri.