# TESUNFLOWER <br> an Exponent of the spiritual phillosophy ; it - science, and allied subjects. 

e eaeating the Sunplower of July

## ? DET QUESTION

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 re was no explanation of We here face a tremendour fact
 Wine the bellever in spirit- species of physical immortalty a Wh.. reads this experience The tiny beings, that seem as near
passen to by He complains to the beginning as we can reach, anthing he cannot ana- ing the family. Thus save by ac-
anything he inter issect fet his own limi- cident, the very first form is still re cually just and rigid. enjoying a kind of hife which know. avis on the one side. and But neither does it know anything
girls on the other are pas- of what we cail "immortality." It unprontable for discus- was apparently either an experi-
nent, or a result of conditions extwo vears ago 1 tried to isitng in that scale of vibrations at was evidently not of the we have a tremendous fact to face
and the experience of an old not endowed with immortality. whin the last years of his Evolution proceeds on certain lines midar cxperiences. But, as 'ale which places mortal
ne lumit, and a gost at the hey find their crowning goto that he ant. Which is the most intellibuit up in rings. Then, again, These by man. lines we can tracobe cause they are moving within opur
 those of this child exhis simitua? the fence which users in nitural history of $\cdots e$ take this chidds ex-
ast as she recurds it, and
simething of tis lesser note shat it is a belever in r: and humanammortali aits me to make this
a subyect of study.

## which bound our man-

se of mortal sense, and
cyes and the can supple-

## 

 Bit which places mortal sense as he starting point, and intercourse[^0] inis we sumecimes follow man put rove his immortality. Such thuse
volutions considered as proved by some of our most eminent medit of
scrence of today. But it is absured to suppuse they are Nature's fimpits.
IIe have seen there are forms

## netrefire nothing of the immortand

 we ciaim as proved for man themortal. The diflerence between

## change of vibrations, or a olimp roca the visible to the invisible

 as he is todiay there has been a longchan of experiences which "evolution," and these chay fo in the sense limit of the thet antsice our sease limit migh begin with the apo
and prepared to admit with the man. There th14h rom the pen of Brother Phelps
8th frotn Sunplower of September
Holh frotn the sailor boy, Brother
Holmes, wakened a kindly thot in
Holmes, awakened a kindly thot in
my aympathetic heart.
my sympathetic heart.
I heve been an abstainer from tea
and cofitee for many years (over
thirty.) I was troubled with a
sense. of fullness at the stomach and
mado up my mind, it was caused
by drinking with my meals, so I
quit the habit, and since 1898 I
have quit eating meat in any form
and Inow lam mach better with
out it. 1 have no trouble with my
stomact in fact. wonld not know I
had one after eating any more than
I do before I eat. Dou hnuts used
I do before I eat. Doushnuts used
to distress me when I ate meat, now
e
I
I like fruit of all kinds and eat
lots of pears in their seaton as they
are one of my favor:es. I eat
apple pies and apple cake. made as
strawberry cakes are Stew the
apples as tor saace ani spread be-
tween the layers with phenty butter.
Dr. Peebles wrote in the Temple
Dr. Peebles wrote in the Temple
of Health that people who did not
of Health that people who did not
eat nsteat should eat ilenty of good
butter, not rancid. Orce in a while
1 eap 11 title cheese. 1 use the
Seapt ittle cheest: rause the
Shnededid Wheat, and saham groms
and some times griddt cakes and
put in part corn meal. They are

in March 3rd Suvplow:r. I would
like clasp hands with all the
Vegetasians and bid them go on

If the Banner of Light raonthly
don't, Gave the Spirit Message de-
partifont. Mr. Editor, I hope the
partinatht, Nr. Editor, hope the
In elosing I would like to say to
subecriber in Phillipston, Mass.
that since we came from Lake Pleas-
ant. 1 have beea drirking "Mulien
tea, and bathing my arm and
shoutder in smantweed tea with salt
added and it is very much stronger
I and a Spiritualist. Mr. Editor
and have been a reader of the
Banper since 1857; but Spiritualists
are few and far between in Peters-
han so it is hard $t$, find a sub-
all who are willing to tead them.
Hoping success for all, I am as
Maf:L. Wade.

## Sow the Spitt seave the Body.

I with to tell you of the vision I

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Spirtfof Anthony R.C Coper.
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I daym celairvoyantly, at the top
or the head, what seemed at first a
vaporf As I watche, I saw after a
whale it took form, and the head
whalo it took form, and the head
seerped to become a hape. As I
beenped to become a hape. As I
looldea there were husts of angels
that: filled the room I saw the
wife med brothers and two sisters.
one ofthem having been in Spirit
life sive a sman child.
ife sinfle a sman child.
Then a spirite came
Then a spirit came that seemed
o bet physician. I lescribed him
to be a physiciam. I lescribed him
and the son of the old man recog.
and the son of the old man recog.
phyoflean when in carth life. He
seemeta to be asmistin, the birth of
the 及pirit. As it advanced I saw four
Spitity bring in what arpeared to be
. Wbey laid it down beside the
Why him; they laid the stretcher on
whetck aud seemed to lift the spirit

14 Suintomer $\$ 1.00$ a year.

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I do
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nation
man
lotse fruit of all kinds and eat are one of my favor:es. I eat strawberry cakes are Stew the tween the layers with phenty butter.
Dr. Peebles wrote in the Temple of Health that people who did not
eat nseat should eat jlenty of good buttei, not rancid. Orce in a while
1 eat 1 ittle chees. 1 use the Shredded Wheat, and, raham gems
and some times griddly cakes and put in part corn meal. They are
good
weat a a qhange specially in cold

## Hulthicece and R. T. Hendricks in Merch 3rd Sunflow: I would <br> Hultwpiece and R. T. Hendricks in Merch 3rd SUxFLow R.

whore
seame

## re all says

## carlier

on tothose
got a

Wh pidd bright in his latte:
saytheribeatys almost dail
waptat tricty hoid of imay nat! which

THE UNSEEN UNIVERSE.

## by garrett p. serviss

I do not speak of that which is knowr as the spiritual work, but of purely material things. Without conjuring any ghosts, we are continually surrounded by the "evi-
dence of things not seen." dence of things not seen." and the progress of science is gradually re-
vealing their existence, sometimes in the most startling maner.
We are accustomed to regard We are accustomed to regard
sight and hearing in their normal state as perfeet senses, but their imperfection, or rather the narrowness of their range, becomes every
day more evident. If we could really hear and see everything which the vibrations that cause light and sound would reveal to eyes and ears so constituted as to translate to the brain the impressions of waves of any length whatever, this earth and this universe would become far too
wonderful for compreheasion by existing human inteligence.
The sunlight deceives us by its brilliancy. We fondly think that shows us everything, but in its
very midst we are like blind animals in a cavern, not aware of objects ver us. It may be a mercy that our sight and hearing have ranges so narrow. If we could see with
he $\lambda \cdot$ rays a world of skeletons would surround us in place of the vorld of beautiful surfaces, of which
alone we are commonly a ware. We may imarine that some among the trange creatures about us habitually. behold these nightmares of
which science affords a few glimptes which science affords a few glimpres
some of which make us shadder. What is true of the face of the earth is equally true of the broad
universe beyond. We do not knc:v what we are living amidst, or what companions our sun and bis planets
have. Many of these things lie just beyond the ordinary reach of our senses. Such a phenomenon is
the marvelous solar corona which astronomers are hastening to watch during its few minutes of visibility in Labrador, Spain and Africa next August.
Other material existences are
more deeply concealed, and some of more deeply concealed, and some of
those are being rendered partially evident. At the Potadam Observatory photographs have recently been taken of the Orion nebula, using a kind of light that the eve does not see at all, the so-called tographs show that great glowing cloud in a reost amazing aspect, stretching across vast areas that to the eye and the telescope are mere vacancies, and revealing contorted masses of nebulosity that defy
description and explanation. On every side these strange invisible things are making their presence
known. They are probably more nown. They and of vaster volume than the apparent ard perceptible contents of apace.
There is a new kind of glass just Toming into use for optical idstruments, "ultra violet gless," which
promises to utilize more completely promises to utilize more completely
than has heretoiore been porsible those raciations of light that lie just beyond the grasp of the cye at the short-wave end of the spectrum. Astronomers are all agog to know
what this giass will unveil in the heavens. is he thus pushes aside unrevealed universe man may some time shrink from going further, not because such knowledge is impious, but because it is cverwhelming. Onaiscience must be a fearful burden. not to be borne except by an
intelligerce that is a: the same time intelligence t.
omnipotent.

The rendency of liviag today is toward simplicity. The complexity away from mankind. We kept us get neas together when. every word
and deed is becked by conventionalty: such artificiaty keepe ns apiart.


## METAPHYSICAL.

Coodected by EVIE P. BACH
be pleasant.
more work to smile than Be pleasant. Be pleasant.
Be pleasant.
A cheerful view will e'er beguile ates to wear
Be pleasant.
On't think the days all made fo
Be pleasant.
ai the brighter side of life, Be pleasant.
brings
to the keart that ever sings Be pleasant.

## :t id no: a purpose to revile,

## Be pleasant. aser far to wear a smile,

 Baster far to wear a smile,Be pleasant.
thru the years that come an heart's deep lessons you shail
now. life shall weär its brightert Be pleasant Harr: T. Fec Akiety of ciniverses. is certainly paradoxical r is made oi seemin or alparent contradic
ciatise just as soon as

## rn in this mortal plane

 n inverted view of hife.natinue :o have during
our sotnurn midst our soinurn midst th mortality. The mater
to be the real. the yer


First the idea!, then the
Furs


Keality is more rometry that
fiction. Truth is more diditablef
than your superstitions.
Mystery and miracles and things

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\begin{aligned}
& \text { glorious and wonderful! pe wela } \\
& \text { not surrounded by them of the } \\
& \text { ni,me }
\end{aligned}
$$

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\begin{aligned}
& \text { rescurces: } \\
& \text { The beautiful kingdom of thaty } \\
& \text { imagination, the realm of yofr congl }
\end{aligned}
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\begin{aligned}
& \text { wisdom, health and power. Snater, } \\
& \text { in -by the door of concentration. } \\
& \text { Dwell no longer in the ofinvea }
\end{aligned}
$$

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\begin{aligned}
& \text { mean. Enter the abode of peesce } \\
& \text { Open the doors of your spiritual }
\end{aligned}
$$

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\begin{aligned}
& \text { temple; enter the apartment dy youid } \\
& \text { imagination. } \\
& \text { Iou will then be near the benter } \\
& \text { of your universe. On accoint of }
\end{aligned}
$$

illimitable proportions, kill yourf own
ind fuite independent of anyone palse's.' The infinite can be dividate es
were indefinitely, and cac part comprise the whole.

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\begin{aligned}
& \text { As a matter of fact, thet is not } \\
& \text { actual division, there are entect } \\
& \text { inc links het ween all thind and }
\end{aligned}
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$$
\begin{aligned}
& \text { actual division, tnere are eqngect } \\
& \text { ing links between all thing and } \\
& \text { beings everywhere, and no wacant }
\end{aligned}
$$

## pace no vacuum. While there

liberty and dominion of infinite and ${ }^{\prime}$ liso co-ope atin ; there are pariety


 And freedom also spels funiontif form
Evolution is journeying towardetathe formw. Secre


 ment of life.
 ual plane of consciousness, thyngingy,
ing your universality and yot infiris
u take a wider platiorm,

MISCELLANEOUS
HELL OF THE SELFISH.

## INSPIRED EV ADRADIN.

giving this message to the it is not my object to drive alism or Spiritualism thru the ent merhods of fear, supersti-
or dogmatism. I am simpl-
dugmatism. I am simply mortad who lived solely for self-honestly believing however and God for us all.
a the first instance 1 believed
t self-preservation was a divige nction embracing all that con. ed the eg - t
power and love
bugan by hiding my light unde $r$ the future emergency. My su neness in that respect became a
$i$ itit, and finally I could not ex©ss a single logical opinion on any man:-being a student or book-
$\qquad$
$\qquad$ it. After many years andering about, and by directio ia irien I, I found a medium thru twenty-nive years to get rid effort: for every thcught given was substituted by m power for
nilerstanding its successive philosu pty, which is thought centralize


## ittle kindliness. sympathy or aid Its variation owards leading others right; and and Sensibility.

 ower to the Soul. And comparative Human belicis bsse power to the Soul; and comparative superstition or theto it influence over the spirit it finds are Abnormal Beliefs. a haven of light and happiness. $\begin{gathered}\text { The term "Modes of } M \\ \text { alyzed and explaine, al } \\ \text { oo the avenues of sensati }\end{gathered}$ We desire to inform the many All processes and relat riends of Progressive Thought in and This trath the Basis of $t$ t around Buffalo that Dr. Lociowood, Whalomphy. lecturer, formerlv of Chicagif, In., tionsiness, and our indiv
now of Buffalo, has been gaged apousjessito each other.


 place he will give special covifien og thatyd the grave.: It of these



is beynd the jurisdiction of mand

## He afms and deronstratys that


of invisistele energies infinitely co-re lated by psychic polaritie-henca,
 chic phenomena from the materials. pard Speryime Analysit,
 terialization of a leaf, flower or tree; ; Mombip in its several phases; in
and irom the materialization of shadow from invisible modes of int pryerest of the loc:
sotogical Scienc
 spirit etherealization $\qquad$


## brink deep or

LIGHT ROW EVERWHERE

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WDT
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2tay
$\qquad$4紋 34


## 3ystar mimax wove

 Mms and bickory trees, with the
ray moss. lents a charm all its
(wn. with me six miles due cast Mil up the river, for here is one of
ts, many bends, now west, now
uth dashing madly over the rocks here and there. then lazily flowing hicais," settled by Maj. William camous old river. two miles as the "bigr rod." The home " wuses of this then wild country.
way back in the twenties and thir Th:s old bivek house was large
nd stang. The big logs were artil it made a perfectly solid Wall of limber. Loopholes were cut
ven and one half feet above the ar irn hes aphrt with the wood cut
ut in betwect. Making an oblong Sten nam." ntd Metsey." "meat-
nthe-rwt" ete and fondy ca-
 ing $i, 5$ an pportunity to pick his
Ficiace enemy off, of fire the roof his home, thisthe becomplished by dipping an arrow head into tar, and then seting it on fise, this burning arro
woull hoot into the roof. As $t$.me went on the Indians were
driven inio the Everglades, where at least eight hundred now live. planta ion, in spirit else he never that soul-stirring old wong, "O O darkies sang their wierd melodies the tum-tum of the banjo, while the cumb," Tho long years have passed there are many hearts still sadly coaming all up and down the whole
creation. longing for the old planta creation. and "de ole folks at home." was here.
Maj. Pavne's health failed and an old wound received in the many
Indian fights caused him to limp more and more. Then as if the dragged a little as he walked. After entrusting his wife and two
babies. three and five years of age to his oid body-servant, "Uncle Dan's," care, and requesting a friend wife any asisuace she mieht need in conducting her affairs. he wen on his last journey where Indian
are supposed to cease from war and the ". weary be at rest." got. if he ever knew. that God's gond spirits especialiy look after widow t!errs into his own coffers. Old
"Uncle Dan" and his Mistress would sit 11 the back steps of the old alles as the day dew to a clos each other good night. Up stairs ommence, up and down the length ommence, room.

## Uncle Dan, Yes. Missis

What is it. Uncle Dan?
Mass William, Missis."
"Som'n bod'er'in him, Missis."
Thus it went on, twilight after "Som'n bod'er'in him, Missis."
Thus it went on, twilight after
twatight the weary limping walk
and the sofs murmer of Southern

## THE ORA:LE. <br> Ey C. F. Gruat

 As a lass resort it was doeided byMrs. Payie and "Uncle Dan". to
iet Col. . B severely alone. From
then on Missis and "Uncle Dan"


What in your judg only way to prese


## and the there. <br> A Hewsy Letter from IL C. numews:

 the large audience for mon hourjgit

"Spiritualisn,", especialty the " "d
which so many Spiritumists to their faces for a journey every

## ation.

He spoke of reorganization of ith
Board of Trustees of Lily Board of their harmony of desisell
Camp, conduct the affairs of the Cayp
more for the interest of the con for financial tetuta than for financial retura. Thish 30 gratifying to our people; as nod
look forward with pleasure to a 1 多it to Lily Dale. Mrs. Humphrey ${ }^{\text {th }}$ thanks, saying she was speedt maker, however, she way greok
with kind words and a heaty shake, in which she recogyned niw.
of our people. having mexe of hemat the Camp.
The visiting partios were mety ably impressed with the work, Mrs. Ham, in her ballof seadith
and we venture to hope she be a subject of consideration of
Board in their selections of mediut Board in their selections of medind
for plat form work at Lilyiz Dale pe season. Mrs. Hambas many friend then she returns, as she has pho mised to serve us with a mpeciay, giving week, coming frosa Philad For make us a visit first two weeks we will have Mid if . Stevens (the wife of bur Phia he platform, and for Novenfer Lyman C. Howe will serw out ${ }^{\text {chety }}$ Oscar Edgerly, and J. CYege W/f at $10: 45$
Children'

P.
cordial invitation 5 the church


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Dr. Hy Dale, N.Y Co.,


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## the principles of light and color




## IGION

## Wivative



## 

## The Horoscope of the Future. <br> 家 <br>  <br> The Saphower.

## POOR MEMORY <br>  <br> HUluAN sectimce seanol.


[^0]:    the journey.
    Surely we ar

