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SUBCONSCIOUS SELF AND TELEPATHY.

BY CHARLES DAWBARN.

We all know that manhood is a mystery, and none the less so when scientists begin to add a subliminal and a subconscious self to the everyday mortal of yesterday, to day and temorrow. Of course all life, in every form, from unit to man, is a mystery, but we know more about that mystery than was known by our grandfathers. We know, for instance, that every unit is a blending of intelligence, energy and substance, and we cannot conceive of any term that does not combine the eternal three in one.

We have advanced into the knowledge to the perpetual manifestation of energy by motion, affecting both intelligence and substance, which metronive now a days speak of as vibration. We know at least so ranci of man as to perceive he is intel sence manifesting through Brain substance by this vibration. This brain manifestation we call much which is rigidly limited or affected by the rate of vibration. For instance, a certain rate of movement penetrates from his ear drun, to his brain and is interpreted as sound. His brain receptivity then ceases, and there is for him a huge cap of silence. But at last the vibrations once again compel his brain to a movement which he calls sight. Once again the limit is reached just as was the case with sound. and the poor mortal finds himself once more in what is for him the eternal silence. We are speaking of course, of the mind with a brain in perpetual motion, which combination we call mortal man. So far all is plain sailing, not a rock in the way, we do not need even a chart.

We next note that if energy be brain that is lemited, for the vibra- The man outside the line and the if it occurs. I have made at east

the normal. panded life, but since than expan- he could not forget if he wanted to. knowledge immortality and spirit sion is impossible to mortal brain With him memory is perfect. he cannot connect his dual ex- We now notice that—in spite of receive them.

on advancing, and reaches still the shade. And all that we have higher vibrations, necessarily at the so far learned of him is that at some

end, when suddenly, or gradually loses control, or at least use of his we recognise that the brain man mortal brain, and has to get a mg cannot get back at all, or at least so without it. We know the scien ists imperfectly it is with the greatest and our friends of the S. P. R. are difficulty we can force ourselves to moving heaven and earth to get remember it is really the man we both sides of him into such im osknew. In other words, he has left sible harmony that the brain vill the old vibrations behind, so entirely tell the whole story for both. behind we call him dead, for his old We have so far dealt only body misses the old presiding will with an acknowledged fact. and goes to pieces. He has now believe absolutely in an outside elf, moved forward into the gap between but we object to the term "sub onsound and sight, and out beyond scious, for we find it is actually and our present limit of vision. His in- precisely the same self as the everytelligence is now working so entirely day one only working for the t me beyond our limit that so far as he amid different vibrations. But in same. Nor is the difference under- world, but because while such meshas left behind it is by stimulating it has some powers, that might be science and a medium and the sci- gotten, who can prove that they

with perhaps a flavoring of theosphy, side are not adapted to the brai of phenomena of excarnate spirits It reminds me of a case before the

and study the position of this mind, excursions outside the limit t ing umship. Broadly speaking, it is said the lawyer for the defense, "the man while in earth life. Nature back a lot of very interesting i icts necromancy. Spiritualists claim argument of the prosecution is one has no rigid dividing line in any which are, and must remain for the that without Spiritism they would of futility." "What is that," direction, and no rule or law that most part without rhyme or rea on. have no revelation, no knowledge asked the foreman. "Take a sheet we can discover prepared for the We have seen that man w der of immortality, no demonstration of of paper and add up these figures," special welfare of man, either as a certain conditions is privilege to a supernormal life or a life beyond and he gave him a string of numrace or an individual. Man is man, reach out beyond his mortal s nse the grave. Indeed, they establish a bers which filled half the paper. but he is not run in a mold, and limit into regions where telep thy religion, philosophy and science up- "What is the sum?" "One thousturned out by the million exact to and wireless telegraphy are of ttle on Spiritism or phenomena, alleged and." "Good!" Now add them pattern. No two are exactly alike, value because there is no brain at to be produced by spirits, the de- up backwards and subtract the and once in a while appears one of this end able to play the receive to ceased of earth. But Spiritualism, amount from the previous sum and these humans who outreaches the more than a few flashes of such in- broadly speaking, is fundamentally what have you?" "Why-nothing!" mortal brain boundary and thus telligence. And the further the any religion or philosophy which, "That's what I mean, gentlemen, by leaves reason behind. But there is outreach the greater the diffic lty. from an a priori or a posteriori an argument of futility. You cover fierce attempt by himself or others For this reason the real service standpoint of evidence. affirms a a whole sheet of paper with figures to make the connection, or at least sible from the outside self will alv ays spiritual basis of life and the spirit- which amount to nothing. All these to find out what has happened to be one sided. Sometimes whe it ual (divine) not Spiritistic, hypoth- words, this lengthy harangue him. The fact that such a sensi- is for the moment at the very di- esis as the only working or workable amounts to nothing." So it is with tive does overstep the boundary viding line, perhaps at the exc ing one, occult science, i corroborating most of these spirit messages. They has been demonstrated a thousand incident of accident or deat!, a the latter view, exploits phenomena purport to be personal yet they tell times by hypnotism, and there has message is received which is to the as independent powers or functions nothing in particular. You cannot been a sort of fashionable man hunt fully and even clearly transmitted of the soul potential and undeveloped make them strike the bull's-eye of a recently where the fun consists in to the soul potential and undeveloped particular fact. They run off on a chasing that part of a man which is So larger and not been did the control of mortal sing the part of the soul potential and undeveloped particular fact. They run off on a chasing that part of a man which is So larger and the soul potential and undeveloped particular fact. They run off on a chasing that part of a man which is so that what spirits excarnate are when you expect a straight line. brain. The scientists have given word at authors mean the outs ach alleged to do through mediums and Spiritism cannot be made an exact the chase a name. It is an effort of the brain man to another rain by mediumship, an occultist by un- science. I am perfectly satisfied to catch what they call subconscious man, and the reception and exchange derstanding his science can perform that spirits can communicate, that man, and there is no doubt they of brain thought. Personally, am without their aid. A medium must we really are immortal, that Spiritnow and then catch up to him.

tions are as busy as ever—outside man inside are not chums. They fifty attempts to demonstrate it adept in no sense controlled by a one's own powers, so as to realize tions are as oney as ever—outside and the sense cannot or won't do much talking to through different sensitives by the force outside himself, nor is he end one's own supernormal self, to see himself. Many an animal senses cannot or won't do much talking to through different sensitives by the force outside himself, nor is he end one's own supernormal self, to see vibrations that cannot catch, and each other. As we have said the ing clearly and distinctly of the tranced, nor is he unconscious, clairvoyantly, hear clairsentiently, even the insect world has eyes that line which separates them is not a name of a friend, without one sucbeh it wonders to which man is rigid boundary, with a fixed fence to cess. I know there are cases said blind. So much is again an every- climb over. So sometimes a com- to be satisfactorily demonstrated day truth. Our object is to try and mon mortal, like the writer and but I claim that every such case learn the lesson of these truths that reader, gets outside for a while, is much more satisfactorily expl. ined limit and otherwise affect mortal While thus outside he discovers he by assuming the message to have cannot use the mortal brain in the been carried by a spirit messe ger. We first recognise that the limit old manner, but there are somethings Let me illustrate this. Is in the brain and not in the intel- he can do which are impossible to The recent experiment by 'rof. But there are certain the brain man. He cannot reason Hyslop is the case in point. I was mort is who sense these vibrations inductively, but give him an assert- designed to send a telepathic mesbeyond the average limit. They are ed fact and he will follow it up into sage from America to England. The offer parked as more intellectual heaven, or down the other way with- arrangements were carefully 1 ade, is a factor or not, whether Spirit- from Dr. Hodgson is from him. To than their fellows. But whether out grumbling. He is as self con- and the English sensitive was vaitthat he so they are to just that scious as you are, but too near the ing the message at the time apextern abnormal. But without line to be independent, yet, being pointed, and with a committee to much imagination we can easily across he can't work in the old way. oversee. The message was rec ived come in the effect of such an out. He has really become what we have —the very message as telepath :ally real tel vibratory sensation beyond long called a psychometrical sensi- dispatched from America. S far tive but it is now fashionable among it might be called a triumphan suc-Here is a man whose natural scientists and the S. P. R. to call cess, but alas! and alas! The messign leginning with red and end- him the subconscious self. We sage was dispatched in good I nest ing with violet—with just a percep- remember he is what he is because English, and arrived in classical tion i ultra red and ultra violet- he is amid different vibrations to Lating Neither sensitive is a latin finds himself as it were, moved for- those of the brain man who is the scholar, so there was really no hing war in few octaves. Much that he eminently respectable and normal telepathic in that experiment. Some use to see would be left behind citizen. We herein discover an outside intelligence, one with a use to see would be left bening containing fact. We remember the classical frame of mind, just ransfectly natural way, as by telepathy dent, Dr. John Dixwell of Boston; but who can conceive the glories in interesting fact. We remember the classical frame of mind, just ransfectly natural way, as by telepathy dent, Dr. John Dixwell of Boston; forman legal color that would open be-brain man is as rigidly limited by posed the message into good latin. for him, glories to which we are vibration on his side of the line as We can imagine how the per e of blin! Let us remember that when is the subconscious self on the heaven (or . .) was disturbe i by he is so advanced he carries his other. So we perceive that nearly uproarious laughter over the joke, interference with him, outside into every organ in the body vibrates which was evidently intended and that region whose vibration knows outside the limit of brain man, and actually did give the doctrine of no limit. The trouble with that so near to the fence, that the out "telepathy" a very black eye man is that though he now sees and side self has more control over it fact. I repeat, every asserted proof hears amid new vibrations and ex- than the inside self we call mortal. of telepathy might be more r. tionper: nees his mortal brain has its And the inside or brain man has a ally explained by assuming that an wn rigid limits which it is very very imperfect hold on that portion outside intelligence bore the mesdangerous to attempt to pass, and of his brain which records memory, sage. The very word was coised to in in ist cases even impossible. So He often forgets, or even fails to smooth the feathers of those who that man may have a hold upon remember at all. But the outside have declared they would coept know or do anything occult or super- otherwise such safegards as will earth while experiencing this ex. man is so near those vibrations that any explanation rather tha

periences. In other words, he has the proclaimed discovery of the S. experiences which he cannot tell to P. R. and kindred scientists—there us because our brains cannot are not two men, but just one, living astride a fence. One side of In process of time that man goes him in the sunshine, the other in

same time letting go at the other unknown point of vibration he

We must remember that sich an intelligence must be right at he dihe could not reach the mind of the to what the S. P. R. would teach us to call "subconscious atelli-

Continued on Page 8.

DOCTOR HODGSON PSYCHIC PHENOMENA AND TELEPATHY.

Can He Prove His Post-Mortem Existence.

The fundamental and radical difference between "Spiritism" and "Spiritualism" is not generally un-Now let us go back for a while the self inside. All the same our through the function called medi- jury. "Gentlemen of the jury," not quite prepared to deny "t lep- be obsessed to produce psychical ualism is the basis of universal re-Here is where the trouble begins. athy, but I do know it is very are, phenomena, but an occultist is ligion, but while I admit this, I also merely possessed, that is, he is an must add that it is better to develop an occultist and a medium. Not a did consciously, and with the full single Spiritistic phenomena can be possession of his faculties, than to produced through a medium, (gran- become a tool of spirits, to be obted of course that phenomena are sessed by outside intelligences by produced) unless he is obsessed abrogating your freedom and abdipartially or fully; that is, unless he cating your sovereignty. It's easy yielded as a subject his will, mind to be a tool but it's godlike to be a and body to the bypnotist or oper. Buddha or a Christ. ating, controlling spirit intelligence. I challenge any medium, whatever An occultist does the same thing in- his phase of mediumship, to prove dependently, whether immortality that any test he may purport to get ism is a fact at all. This is what I get the test is one thing; to prove have been trying for fifteen years to that it is from Dr. Hodgson in the hammer into the heads of Spiritual- spirit world is quite another. ists and Spiritists, and not a few are awakening to the importance of the Specialist in Occult Science, and distinction.

Now as to doctor Hodgson and versal Religion. with but a smattering of occult sci- A Society to Prevent Premature Burial ence knows that any specified code of signs or procedure by which Dr. We are glad to know that such a mate mind reading.

the Spiritualist who is credulous and December 30th, states that many dinary human experience to get mation. another's thought, either by choice As our readers know, we have or unconsciously. That law which long agitated this subject. Our makes thoughts so easily transfer- own father came very near being viding line, with one foot acr ss, or able from mind to mind is the same buried alive, his physician having law which governs more complex pronounced him dead, and we brain men. He therefore t longs telepathic phenomena. The fact wish great success to this new sothat Dr. Funk knows the cipher ciety.—Geo. T. ANGELL. code and the verbatim message which Dr. Hodgson is to use is a

natural, psychological basis for mind reading. Now it would not be a very clever trick of a superstitious person, certainly not an extraordinary feat of a mind reader, nor a unique stunt of an ordinary Indian medicine-man, or Tremont St., clairvoyant, to get that test message, spirits or no spirits, which of course does not prove Spiritism! It is not because I am a disbeliever in mediumistic phenomena nor an agnostic concerning Spiritism that I smile whenever I read of alleged messages derstood by the public. The two purporting to come from Dr. Hodgare often identified as one and the son, now a citizen of the spirit impresses himself at all on those he consequence of that very differ nce stood between an occultist or occult sages may be sent and may be mortal imagination. very useful to the mortal. The ence of mediumship. Spiritism has are his and genuine? He is an alibi So far that is simply Spiritualism, trouble is that the vibrations ut to do with the manifestations or and his proxy can never be him.

J. C. F. GRUMBINE. lecturer for the First Society of Uni-

or Cremation.

Hodgson's spirit is to be identified, society has been formed, whose can be gotten at by an occultist president is Prof. Alexander Wilder. who knows his business, in a per- M. D., of Newark, N. J.; vice-presi-(feeling it through super-normal sen- Allen, East Bridgewater, Mass., and sitiveness) or by clairvoyance. This that the society had already over could have been done by the late four hundred members, including Bishop or anyone skilled in legiti- many prominent physicians and others.

All this sounds like romance to Tne report of the meeting, held who has been ignorantly made to cases of premature burial are known, believe that mediumship is the only and the only sure proof of death is gateway into the mysteries of necro- the setting in of decomposition. mantic and occult phenomena, is the Its object is to secure and record only function by which man can facts and secure a statute law, and

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VEGETARIANISM.

We have had our turn at Vege- We will have more of it. tarianism. It has been presented m very good style, and while the SERIES OF LETTERS FROM SPIRITLAND. opponents of the ism have not had much to say, they have presented Written automatically thru the hand of his wife its advocates with some good questions that we would like to have . The belief that man was created an wered.

use it!

a vered with a coating that is sup-demonstration.

everything. or duces that which our Vegetarian ren's teeth are set on edge." from is wish us to eat. Butter, I understood the laws of life fairm. Ik, eggs, are all the product of the ly well, and but for hereditary a male and for purposes of propa-causes, might still have been in the tation but one male in fifty is re- ilesh, a dweller among mortals. I went going to do with the other station in spirit life. I stood on the there Vegetarians are developed, as letting down the physical, slowly they will require more of these com- merging into the spiritual. There

dishes. You will have to breed animals to turnish eggs and dairy products, and you must provide for a supply and dispose of the undesired por- fact, demonstrated by history and

the wild animals that will prey on the most diverse, the idea of imthe vegetables? Nothing keeps mortality remains fixed imperishabthem down except the hunger of ly in the human conscience. Eduis a terrible pest. They multiply different forms, but it has not inlike rats and mice, yet are not vented it. The ineradicable idea considered good to eat, and are is self-existent. Every human beeverrunning the country. If they ing, on coming into the world, were good to eat there would not brings with him under a form more be a baker's dozen of them left in or less vague this inward sentiment, five vears.

A few people eat woodchucks. Flammarion. but the majority do not, and in this section there is scarcely a field. Live and help live. Seek the that is not marked with their holes, truth and shine it out.—J. D. Mc Skunks are a terrible pest, but their Fedan.

hides are good and they are watched CAMERA of the matter is that man's stomach is all that keeps animals down to a William E. Andrews Sits for Piotograph and point where we can live.

But says one, How about the wild animals that men do not eat. such as wolves, panthers, etc.? Easy enough. They live on other animals. We also live on them and we object to a wolf taking a meal off from a sneep we are fattening for ourselves. We clear the land. dispossess them of their lairs fix it so they can not get a living and they die off rapidly without our aid in other ways. But one of the objects of Vegetarianism is to do away with killing animals.

All things right themselves in time. This will, and the agitation of the question is good. One of the compositors in the THE SUN-FLOWER Office says she does not relish beefsteak as well as she did before she set up this vegetarian matter. That is a step towards conversion, and one of the cats at our house that was ravenous for meat only a short time ago now approaches it carelessly and a few days ago actually turned away from a nice piece of liver and ate some vegetable hash without a particle of meat in it. Is it the vibrations of the non-meat-eating element that affected him? We believe this discussion has and will result in good.

by Judge Ransom M. Payne.

perfect and fell will not stand the Are vegetables free from disease? test of reason. I bélieve from all or lo they have diseases and de-that nature reveals to humanity cav, and such things as would tend that man is a monad, or in other to induce disease in humanity? Is words, a distinct entity, and the the fungus growth that commences highest type of the God-head, that them perfectly healthy? Do deific oneness from which all forms they not begin to wither and decay arise, that potent force in nature as soon as they are taken out of the which begets life, call it by what- "District of Columbia. On this William Andrews, and I think, Uncle gr und? Do we not cut all around ever name you may, and that thru 16th day of February, A. D. 1906, Hermon Andrews. erotten spot in a potato, carrot, generation, man has evolved the personally appeared bef re me, a cabbage, or any other vegetable, and effect of that great cause, and that notary public in and for the District cause must be natural law. That aforesaid, William H. And ews, aged Again, what are we to use to take law is universal, and everything fifty-three years, whose post-office the place of some of the things we animate or inanimate is governed address is 40 Q street northeast,

in place of gloves made of leather? is circumscribed by lay. Two ob- says as follows.

posed to add to its adhesive quali- We can comprehend or under- an accurate picture of 1 y father, lows: ties. Cotton and rubber have also stand the law only thru experience, Charles Andrews, as he appeared at "I received a picture, recently. as they are so which teaches us that physical pain eighty-five years of age, when I last from Washington, D. C., believed to the spiritualists of the land who are sick, should send he coating of rubber pulling is a penalty purchased by some saw him, the spring of 1911, at Con- be from my cousin, W. H. Andrews, for it. They will find no earthly remedy can compare in a fine dust that settles over violation of nature's law, intentional or otherwise, but the penalty is sure. What are you going to do with Ignorance affords no apology, transelesupercuity of animals? In all mission of disease no excuse, the contail life the birth of the sexes is law is inevitable for "when the at ut equal. The female alone parents eat sour grapes, the child-

a tred by the breeder. What are am satisfied with my condition and orty-nine? The problem will be-border line of the two worlds for a me greater as time progresses and weeks and noted the changes of m dities. At present the supply of was no dark valley to pass, thru,butter, eggs, milk and cream is one the shadows fell on the pathway of of the greatest conundrums of a city, the dear ones left behind. I did while it flesh-eating was discontinued not have to pass thru the murky entirely it would be far greater. phases of the first sphere, as you do Even right here at Lily Dale it has not have to pass thru the slums of been almost impossible to get good a great city—they have no attracbutter part of the time this winter, tions for you-when traveling therewith a farming country all around in. The inroads and by-ways are us and butter seems to be absolute- innumerable. "As a man soweth, essential to most vegetarian so shall he reap" and thither will he come to know his destiny."

R. M. PAYNE.

It is an absolutely incontestable science, that in all ages, among all What are you going to do with peoples and under religious forms i man. In Dakota the gopher cation has given it a thousand this desire, this hope.—Camille

Prints are Delivered Containing Portraits of Father, Brother, and Wife, he had Passed away—Sends Affi :avits to Washington, J. C., 1 ost, Attesting the Truth.

Spirits gather before the camera of a Washington photogr pher and smile that their living relatives might see how they look n the myszery world. William H Andrews and Joseph L. Williams, is cousin, **have madé a**ffidavits to tais effect.

Taking a solemn oatl before a potary public, Andrews a rowed his confidence in the camera of W. M. Keeler, of 1343 Euclid st eet.

"I never saw the photographer

until a few months age and he never asked me to make this affidavit, but he has certain taken the picture of my dead father and brother and other relatives. My brother had never had a picture taken, and I know he cou i not have capied the pictures. My ather had none taken since 1881. he one of my father was just as he looked in 1901, when I saw him 1 Kansas just before he died. The pictures of other relatives were dit erent from any they had taken during their lives, and for this reason am convinced that they gathered and posed at the command of the phe ographer, and am sure they knew ust what creditable person. they were doing, and that they were

good." Andrews lives at 40 Q street, "W. H. Andrews, Washington. northeast. Williams, I's cousin, lives at Attica, Ohio. A: er seeing the group picture of his ead relatives, he sent it to Wil ams, and given by them to the effe t that the resemblance were indisputable. The affidavits of the two men ollow:

eager that the pictures hould be

MR. ANDREWS' STATE ENT.

about 1881.

"I was quite confident I recog. ture of Marvin Andrews." nized the faces of two uncles, Willism and Hermon Andrews, whom I not. had seen many years before, and I guessed one to be that of my brther Marvin, because of his resemblance me this 13th day of February. to mother.

"He was accidentally killed when I was four and a-half years old, and my parents informed me that he never had his picture taken.

persons who recognized father's -George Brown. picture I submit statements from two, Joseph L. Williams and H. H. Andrews. I showed father's picture not discourage.—Channing. that was taken about 1891, to twenty persons, and eighteen of whom, unaided, selected at once his spirit picture.

"In one of the pictures I recognized my first wife, unlike any pic- chesp in price only; fully warranted, \$1.25. ture she ever had taken.

"'I had never seen said photographer prior to November 12,

"WILLIAM H. ANDREWS. "Sworn to and subscribed before me this 16th day of February, 1906, ALL THREE POSTPAID \$1.50. and I certify that the affiant is well

"(SEAL.)" EDWIN D. TRACY. "Notary Public."

H. H. ANDREWS' LETTER.

"Dear Cousin: This photo of yours, with the spirit faces (I don't know any other name to call them,) other relatives, and depos tions were grouped about, and some of which I certainly recognize, is a poser. Among the faces 1 recognize are Uncle Charles Andrews, your brother, Marvin—just as I last saw him; Uncle Iosiah Andrews, Uncle

> H. H. ANDREWS. "Wichita, Kans."

> > AFFIDAVIT OF J. L. WILLIAMS.

wooden shoes? What will we use A personal deity, if there is one, the first daily sworn, do oses and On this 13th day of February, This Great Remedy will Cure You. A. D. 1906, personally appeared be-What can we find to take the place jects cannot occupy the same "November 12, 1905 I went to fore me, a notary public, within and em that I have taken treatment from Dr. R. P. Felof leather for belts and other things space at the same time. W. M. Keeler, 1343 Euc id street, for said county and state, Joseph L. he claims to do by way of healing the sick. Mine was of leather for belts and other things space at the same time. W. M. Keeler, 1343 Euc id street, for said county and state, Joseph L. used in mechanics and the arts? He could not place another earth in Washington, D. C., and 1 id a sit- Williams, aged sixty-three years, a diseased and its function deranged, and I suffered in-Cotton will not do it, as we have the same space this one occupies ting for alleged spirit pictures, have resident of Reed Township, Seneca some of that class of belting in THE without first removing this one. ing a little faith in the treth of the county, Ohio, and his post-office ad-Sunflower office, and a four inch We know this to be a fact that phenomena. In a few lays two dress is Attica, Ohio, whom I certify the ther belt does not slip as much two things can not occupy the same pictures of myself, with groups of to be respectable and entitled to as a six inch cotton belt, yet that is space at the same time, from actual faces thereon, arrived by mail, on credit, and who, being by me first factory.

Yours, Etc., A. E. E."

one of which I instantly ecognized duly sworn, deposes and says as fole cure in the worst form of disease. Address, one of which I instantly ecognized duly sworn, deposes and says as fol-

cordia, Kans. He died at Leaven- wherein I recognized the face of worth, Kans., November 4th, 1901, Charles Andrews and his son Marvin and had no pictures taken prior to Andrews, unlike any picture I ever saw, and I never before saw a pic-

"And further depondent sayeth

JOSEPH L. WILLIAMS. "Subscribed and sworn to bofore C. A WILT. "(Seal.) 🕟 Notary Public.'

The noblest workers of this world bequeath us nothing so great as the "I had several pictures taken from image of themselves. Their task. the one above described and sent be it ever so glorious, is historical them to persons whom I thought and transient; but the majesty of might identify them. Of the seven their spirit is essential and eternal.

Difficulties are meant to rouse,

Uncle Sam Self-Filling Fountain Pen. 14k gold peu, iridium point, hard rubber holder Uncle Sam Stamp Box.

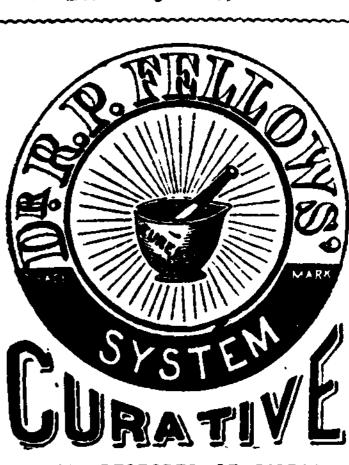
Holds 25 postage stamps; one movement of the thumb delivers or receives a stamp without disturbiing the rest; can't stick together or be destroyed. 25%

Uncle Sam Vest Pecket Tablet. Aluminum back to write on; tear a leaf out any.

where without disturbing the rest; put new paper in yourself, 10c.

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Dr. Lily Dale, N. Y.



THE GREAT RESTORER OF DISEASE OF ANY KIND.

It matters not how long standing or how hopeless or

tensely. I had no hopes of recovery, and in sheer despair applied to Dr. Fellows. I have improved like magic under his treatment, in taking his SYSTEM CURATIVE, and am becoming strong and well. I honestly and earnestly recommend any and all who are suffering from disease of any kind, to give him a fair trial and feel assured that the result will be satis-

DR. FELLOWS,

Vineland, New Jersey. As this Marvelous Remedy is a spirit prescription,

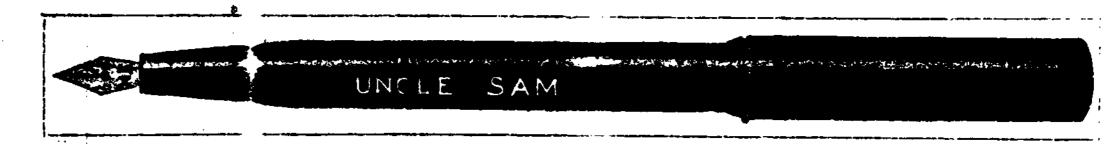
Self-Filling Fountain Pen Free.

We want to giv our patrons some more Fountain Pens during March. Everybody who has had one is well ples ed with it, and this month we will give you a chance to get one.

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Bhas Richards, Vellsville, N. Y., writes: "The two Uncle Sam Fountain Pens arrived and they are dandies." It is of the lates pattern, does not drop ink all over everything, and we can furnish you

either a fine, mediun, coarse or stub point as desired. If the pen does not fit your hand, we will exchange it for ou It makes no difference whether you are an old or a new subscriber or if your subscription has expired or not. It vill be extended one year from the time it does expire.

S ad your order today, then you will be sure of it.

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many of the state of the state

The Sunflower Publishing Co.,

LILY DALE NEWS.

Things seem to be progressing deem the world from error." towards the coming season's arrangements, and it looks as tho we would have a good season. People are beginning to talk of coming back and Mrs: Briddell, who has taken possession of the Shults cottage next to The Sunflower office is the first arrival. Nellie Warren's trunk is at the station, so she will arrive soon.

Dunkirk and vicinity.

Mrs. J. S. Starr is visiting her daughter, in Warren, Pa.

Covel who is sick.

Next Thursday evening at 7:30 a to the March Anniversary.

that he will arrive early and stav make a successful season.

short time ago.

We understand that Cliff Shaw got his hand smashed in loading some freight while employed in the freight house at Erie, Pa., and had we have a thumb amputated.

first a time, while preparing for a thankful to these contributors and trip round the Horn to San Fran- ask others to emulate their example. essee, and we understand, ultimately to China on a three years' cruise.

has been born to Dr. and Mrs. J. L. the N. S. A., and its good work in and service at the Temple, March ings. Plenty of fruit adapted to the climate. Situated in Oak Hill, 10 miles south Watson. Perhaps he will be re-saving as many wornout and disa-71 was largely attended. Prof. of New Smyrna, in good location, to be membered better as "Jimmy" Wat-bled mediums as it can from abso- Largemond accupied the t ne the March, Oak Hill, Volunta Co., Florida

The largest dance of the series was held in Library Hall the evening of the 3d. It was decided to continue the dances indefinitely every Saturday evening. Everybody come. Those who stay away only miss a good time.

losh Ramsdell has bought the house on the road to Cassadaga, termerly owned by H. P. Beebe, and the family will move here in the near future. Josh is at present in Buenos Ayres, S. A.

Our sick people are progressing nicely. Ben Luce will soon be able to be about. Nettie Bower was threatened with pneumonia instead typhoid fever as erroneously rereceit to us, and is considerably etter. While Mrs. Covel is doing others in a worse condition than we of mediumship, seeking to give to as well as possible under the cir- are, and I feel thankful to friends the multitude, broader a d more cunistances.

Mrs. A. C. White have been visiting letter is a veteran speaker and a continuity of life. briefals in this vicinity. They expect medium; she fully deserves her tage to Niagara Falls for a visit the monthly pension from the N. S. A. erst of the week. Mrs. E. W. Phil- Societies and other workers in Your Uncle Joseph cam to own, has gave a one o'clock tea, followed Spiritualism are reminded that Iv cards and a "sugar off" last week printed reports of the last N. S. A. He soon fell in with Jolly lete, in Mrs. White's honor.

in getting out the first issue of The copy—those delegates who pledged SUNFLOWER, and was employed in to take certain number of copies the office for some time, but is now when at the last Convention if we employed by Frank Walker on the would but print the same are called Erie County Independent, at Ham- upon to send for them-one dozen burg, N. Y., was the successful for but thirty-five cents, but a writer in a short story contest in the little over the cost of mailing. Burfalo Times recently. We will Cordially Yours, tublish the story next week.

Laura G. Fixen writes: Among the notable leaders of Spiritualism who will be heard at Lily Dale this summer is Rev. Frederick A. Wiggin who will give his opening address on Sunday, July 29th, and during the following five days will deliver two more lectures, followed by spirit messages and hold two special seances. Mr. Wiggin has for six years been the pastor of Unity Church, ef Boston, and has the largest congregation of any Spiritual church, the average attendance being 1500. His style, diction, and delivery is original. He has a message and presents it with impressive intelligence. While his lectures are oratorical treats his ballot readings are comforting and convincing, because very clear and absolutely correct.

CONFERENCE.

Owing to the bad weather and sickness of some of our members, there was not a very large attendance at Mrs. Richardson's, Sunday The ground is covered with snow evening. Miss Olmstead did ample again, and if the weather god does justice to the subject-"Fifty years not look out we will have sleighing ago—then and now." Miss Ella sunday 10:45 a. in. and 7:45 p. in. Wedness vevening after all. Of course it is so late we Richardson favored us with some tor, Thomas Cincle meets at Keystone Ha and not have more than six months fine instrumental music. The considerable with some of winter as we never the property of the sunday of the sunday of winter as we never the six months are the sunday of winter as we never the six months are the sunday of winter as we never the six months are the sunday of winter as we never the su of winter as we never knew it to be ference will be held next time at so cold in July and August as not Mrs. Maggie Turner's. Subject, to permit of holding the Assembly. "Physical Phenomena will not re-

From the N. S. A. Secretary—Henry Siade Monument—and Other Inportant Matters.

DEAR MR. EDITOR:

Fraternal greetings are extended to you and the readers of your valuable journal from the N. S. A. Headquarters; we highly appreciate the privilege of keeping our beloved L. M. Shaw spent several days in association in touch with the Spiritualistic public thru the good officers facts and extenders from hi extenof your publication.

At this time I desire to call attention to the subject of a fitting mem-Mr. Rathburn of Oil City. Pa., is orial stone over the remains of Dr. here looking after his sister, Mrs. Henry Slade-as projected by Dr. A. B. Spinney in a former communication thru the spiritual press. meeting will be held in the school Certainly such a project is worthy evening lectures were ably d cussed house to discuss matters in regard the regard of all at least who have been instructed or comforted by the mediumship of Dr. Slade. It is not A letter from D. B. Merritt states that necessary or in good taste to place a pretentious monument over late. That is what we want to the decayed form of one whose fast vears and even burial expenses were Miss Olmstead received a letter cared for from the pension fund of containing the information that a public association-viz.: this N. Trancis Edgar Mason had passed S. A.—but it does seem suitable to away at his home near New York a have some simple tablet to mark the last resting place of the form of one who for many years was a remarkable medium in the ranks of Spiritualism. Since the call of Dr. Spinney some months ago, we have only received twelve dollars toward this object, namely, Chas. Pratt, Mrs. Kaplinger has gone to New \$5, J. O. McGrath, \$5, Caroline A. York where Mr. K.'s ship will lay \$2 and W. Milles 25 cents. We are

PENSION FUND. It seems fitting to call attention expected. We understand that a daughter also to the Mediums' Relief Fund of son, who was information agent on lute want and its attendant anxieties. for part of the evening by diving a the grounds for several years. Do not forget, friends, that we want interesting lecture on a yehomhave no endowment fund and that was said some notable experiences the Relief Fund is gradually being which had come under his beervadrained each month; any contribu- trais. The Professor sought to illustion towards this worthy work will trate as clearly as possi le, 'the be gladly received. Could the pub- working of these great prin iples in lic read each month the grateful the laws of nature, and in his reletters we receive from our pension- marks he made it not only ateresters, few would hesitate to occasion- ing to his audience but also instrucally send a mite toward this fund. tive Following the Profe sor Mrs. Here is an extract from the writing Staley and her guides car e to the of an aged pensioner, over seventy front in the giving of spirit ressages years old, written March 2nd. which brought cheer and comfort "Dear sister: your very kind letter to many in the audience Each with the \$12 for March, from the N. message was recognized by some S. A., received with many thanks. one in the audience who responded My son and myself are about the to the accuracy of that which was same; I tell him the two of us have given. but one good hand between us, his Prof. Lockwood is in various two hands helpless, and my one ways demonstrating the 1 inciples hand crippled, but I think there are and laws which govern e pression in earth life as well as those I have liberal and intelligent vews of Since leaving the Leolyn, Mr. and in spirit life." The writer of that Spiritualism and the truth of the

Convention can be had postpaid Who directed him to Co necticut George F. Kittredge, who assisted from this office for four cents per

> MARY T. LONGLEY, Secy. 600 Penn. Ave., S. E., Wash. D. C.

Whisky In Disguise. The commissioner of internal revenue has ruled that after Dec. 1 patent medicines that are known to contain a large percentage of alcohol will be intoxicants. The manufacturers of such medicines will be classed with rectifiers and liquor dealers, and aruggists who handle them will be required to take out the regular saloon keeper's license. This important decision

is a tacit indorsement of the position of the W. C. T. U. on the question of nonalcoholic medication, and it places the saloon keeper and his rival the hereast long, empty y m to tell. liquor selling druggist, on a plane of business equality.—Union Signal.

A little fear is a great leak in power.—Henry Harrison Brown.



TREFIRST SPIGNITUAL CHURCH of Buffa bert, Fraior.

Linemal, Thought Exchange meeta
Hall, 274 Connection; street, Sunday at 7.45

The very interesting and 18tructive lectures were given ! Prof. Lockwood at the Spiritual emple, Sunday. March 4th. The s orning subject was "Is there a C ristian or a Contantine Era?" Thevening sopie. Some of the B autisul and Poetical Spiritual A egories and Metaphons in Ancient lythology Pres Lockwood versal sions the lines of istory,

a mind that is logical, re: soning. Delivery, Dubuque, Iowa. analytical abolity to deduce sive researches along thes lines and to place the facts of hi tory in such a plain and compre lensive manner that it gives his a idience something to think of an they begin to think.

and listened to with marker attention, by good audiences. At the closs of the evening lectu e Mrs. Long Miller medium and sychic. gave spirit messages whic were recognized by members in t e audience as correct. Mrs. Mi er is a comparatively new mediun in the field of psychic labor, yet s doing good work in demonstrat og the power of spirit return.

Mrs. M. E. Lane; of 218 irginia street, is doing very excelle it work PSYCHOMETRIC READING in her magnetic, medical and medial lines and is kept busy there 1. Tuesday evening, March Oth, at the Temple, the Ladies' Aid Society will give a representative Indian

entertainment with music: | selections, under the manager ent of Mrs. M. E. Lane of the Gole in Rule Spiritual Circle. Come a d bring your friends for a good ime is

STIRLINGS HALL. Seeking places of renown; street.

Three seventy-four is over he door, A beacon light hangs high efore The splendid hall where we meet, At three seventy-four Co necticut

There Stirling meets you with a smile.

And B. B., is talking all t e while; While Medium Staley, g and and Points you toward the azu e blue.

I think of all the meeting in the

The best, the noblest and he grand, placed in the same category as other Is where Mrs. Bork takes er stand, UVI UK And proclaims the truth form spirit and Precents to the readers of the world a book entitled

> Come, meet with our crow | one and Lame meet us at John Stir ngs Hall; four Uncle jo makes this request, To meet with us and find he best.

We guide won safely, right and well; The guide you on your hear only way. Spirit friends will not lead you far

Un the Jo.

To lowa Spiritualists.

Since October we have worked in Wisconsin as State missionaries, and met with fine success. All meetings were largely attended and we find the Wisconsin Spiritualists are trying to place our beautiful cause on a higner plane of life.

March 1st, John D. Vail, and Dora C. Crosby, president and secretary of the State Spiritual Association of Iowa, appointed us missionaries for Iowa, and we enter the state at Dubuque, March 12th, and would like to hear from societies, secretaries, and leading lights, where there are no societies, and where societies have failed. We will reorganize, also organize new societies in any part of the state. We ask the coöperation of all Spiritualists inters well ested in our grand and glorious cause. Priends don't delay, write both ancient and modern. He has today for particulars. Address Gen.

MR. AND MRS. W. D. NOYES. Missionaries, S. S. A. of I.

"The Golden Age we will revive, Each man will be a brother: In harmony we all shall live, And share the earth together."

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METAPHYSICAL.

Conducted by EVIE P. BACH.

TO CASSADAGA LAKES.

Take me where the clover toils. Where violets gild the fields-Where nature to the soul doth speak And inspiration yields: Where robins greet the rising sun With sweetest, merriest lay; Where lake and hill in beauty rest-To peace doth point the way, -Arthur F. Milton.

AN IDEAL PRAYER.

Not more of light I ask, O God! But eves to see what is, hear

The perfect melodies.

The power that I possess. A frown to a caress. Not more of joy, but power to feel Its kimlling presence near, To give to others all I have

Of courage and of cheer. No other gift, dear God! I ask, Bur only sense to see How best the precious gifts to use Thou hast bestowed on me. Give me all fears to dominate, All hely joys to know,

To be the friend I wish to be T speak the truth I know. To love the pure, to seek the good, To lift with all my might: All ouls to dwell in harmony, in freedom's perfect light.

-London Light.

causes a thot or an emotion, it fol- to control is by thot. Right thinklaws that conversation is a series of ing directs emotions. The emotions and the argument." t them suggestions; since the art of sugges. are ever present. We must always tion consists in so conveying sugges- feel. It is ever more or less feeling. tions as to cause another to think Two persons meet in conversation. what you desire, it will readily be Life expresses itself in this meeting; understood that ordinary conversa- that is, life flows outward, making tion is not an art; no more an art the individual conscious of the man than the helter-skelter throwing of existence. materials together into a pile is an art; any more than the toying be that may always suggest that

ling over of the desire to be seen ideal of the good, the heautiful and and heard-mere noise; much of it the true before you, and let the is a desire to kill time; much mere ideal control your thot. Never sugwords under the sense of duty—"I gest anything that will not make med to say something!"---and much, another feel better. Ask yourself a repetition of the gossip of the as any topic comes up, "Do I wish would as brought to our front doors my friend to manifest this that in by the press.

model decay. Think of conversing not wise enough to neutralize your on the latest crimes, the divorces, that by ignoring it. ourt trials and diseases. There is Therefore, to understand the art

made the daily mental food in the will make the world better.-Now. home. What will children do when thus fed? Daily gossip being nothing is starvation for the mind. It suggests to the listener nothing. Someone once asked a woman

mind are dwindling; not rare is it to white, she was eighty years old but listen with the power to reason and idea of age, for her heart was still to judge atrophied, and because he young in sympathy and interests. or she speaks by authority, "He And this was her answer: "I knew said" "She said!" "They said!" how to forget disagreeable things. I said!" etc. The power of original pleasant things. I did not expect that is destroyed. "Why can't I too much of my friends. I kept concentrate?" is often asked me by my nerves well in hand, and did those who have so weakened their not allow them to bore other peointellectual powers. They have ple. I tried to find any work that by hundreds of people, for which played at this disease called "con- came to hand congenial. versation" till they have lost power "I retained the illusion of youth,

to control their own thots. one law. "The hair of the same did my best to relieve the misery I log will cure the wound," is a prov- came in contact with and sympaerb in evidence here. This atrophi- thized with the suffering. In fact, ed mental condition is produced by I tried to do by others as I would suggestion, used ignorantly and be done by, and you see me in coninscinctively, because it is nature's sequence, reaping the fruits of hapene way of communication between piness and a peaceful old age. the outer and the inner life, between the interior and the exterior universe: therefore, suggestion, used Our loves must make long the bread of loving used as an art, will produce a coun- a wide sweep. We must emission the state when the hope and ter condition and a cure is pro- the whole world in our intercemion. To make the seast as you duced.

It cannot be too often affirmed that suggestion is the ever-present law controlling that and emotion? We may allow suggestion, like wind over prairie, or wave on stream to carry us along by power of the Absolute, or we may, like farmer with windmill and sailor with our, use the law to enable us to reach a pre-determined end. In order so to direct we must understand how to suggest, and what to suggest, that we may cause others to think what we wish, because when they think what we wish they will do as we wish.

While we may not have any par-Not sweeter songs, but power to ticular or conscious desire for our friends in conversation, we always do desire not to injure them and Not greater strength, but power to others thru them. This desire to help, to benefit, to make people better, unconsciously lies beneath Not more of love, but skill to turn all conversation. To realize the evils of conversation is to remedy them, for no person of sane mind desires to be a moral and physical pest. Therefore, whoever realizes the power of suggestion will at once change his manner of conversation; he taboos all unhealthy topics. z.

When the law of suggestion is understood in a home, that home will sooner welcome the most abandoned tramp than it will welcome the ordinary conversation of street. office or home. We naturally protect ourselves from contamination by the person of a tramp, but there is no protection from vile thots welcomed. They inevitably produce their ill effects.

The primal cause of all conduct SUGGESTION IN DAILY LIFE. lies in instinctive emotions. Not to control these emotions is to live the Since suggestion is whatever merely animal life. The only way

Now what shall our conversation ign rantly with electricity is an art. which is helpful? The answer is Much conversation is a mere bub- easy and simple. Always hold the his life?" For instance, you read pressure, hence our pain and sick-Still very much of present con- of a crime; you are tempted to versation, because thus random, is speak of it. Ask yourself, Do I also lutely pernicious in suggestive wish to sow crime in his mind?" wer. Much of ordinary conver- You will immediately change the satism is werse than the emanations subject. To speak of anything the pest house—it is an eman-painful is to sow that seeds that are then from mental sewerage and sure to bring pain to those who are

and a possible crime in the calendar of suggestion is to allow yourself to more permanent and lasting talk upon pleasant things, to sugmjury than such conversation when gest that which you have decided

RETAINING YOUTH.

Therefore, under much of present how she kept her youth so wonconversation the powers of the derfully. Her hair was snowy find one so trained to talk and to she never impressed one with the The papers said!" "The Bible tried to master the art of saying

and did not believe 'every man a Cause and cure are subject to the liar' and every woman spiteful.

-C. H. Spurgeon.

WANTS MORE LIGHT ON **VEGETARIANISM.**

tarian number," for I thou ht that a. m. p. m. r. m. r. m. p. m. r. m. r the points of interest to m, would be touched upon by mor skillful pens than mine. I have ead the articles with interest an profit. But being yet hungry, for nore information on the subject.

Is like others, have had my exstenses with meat, pro ad con. at believe the question a importone that should be int ligently investigated by all (especully our adeanost Spiritualists.) W. Hall touches a syr pathetic

fond, concerning the I king of L won i gladly mense with the little me t I cat, anve the suffering and to ture inend thereby, but that is ut one that the product of he anime susceins to man's nece sities. What is to take the plac of the leather that plays so activ a part the adjustment of machi ery, by way of washers and belts, Iso our wearing apparel. Possibly "Jessie S. Pettit," wears kid glo s, and ces she and Brother H I wear weoden spes? Furthe: daid be lone with the kingdom? Where could uch far-

mer keep has share of st ck, and have acres enough left to ow the and descriptive. months of the year? akes good use of butter cream,

animal

and eggs. As first thought we exclaim, "The great supply of cows and hens would make their product so low that the dear, poor reatures of God could share them qually." By what would be done ith the surplus of the other denon ination? They would consume all the profits. What bright woman wou I enjoy feering two or three thousan I worthless fighting roosters, that are not even good crowers? Who will inent some material for fene ng that ersugh to prevent increas; as an de satura cenths, and in t me they self exterin ating?" sepren Edison" or "Marme to out seue in to engine not only by action in a by end carter progeny

Reform at slow growth. It is he h time. action of his problem is far off, Laying all jokes aside. ! do bethat as long as the human Boar has to be fed by t itting a es of substance into the stomach to be fermented and cher icalized. producing the unwholeson : refuse that contaminates it) the ensitive nerve centers must suffer rom its pressure hence our pain id sickmess and trivial the physica habitation of man is evolved to a suffilength of man is ently refined condition to be susmed by the processes of i halation

we absorption, it will rem in so. immortal worlds. This oes not seem beyond human reac to me, for our mental and psychi powers

are so in advance of our n ral and sernal development that the neryour system is much more susceptible to the injury inflicted by the insults of the grosser self and may resent it, by demanding heir respect soones than we may imagine. When the intellect and the spirit combine in a demand, they have

ever proves the master. Hence our eternal progress. Yours for more light. BESSIE G. O BORN.

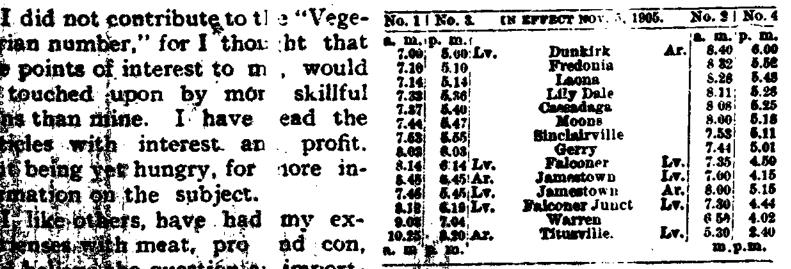
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My dear, pood doctors, want medicine has done me more good than my medicine I have ever taken, and I shall always praise it very much. My advice to anyone that is sick is to take your treatment.

This is all at greent except my very best love from me and also to the band.

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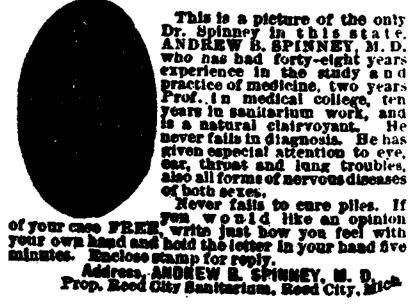
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we camphor-gum, hold the paper and vibratory interactivity. har enough to the firme so that the I saw much more, but space for-

with the left hand, turn from a bot- evolutionary processes. son to take a perfect and indelible and nature's immutable laws. rint that cannot be erased.

ANOTHER WAY Let place a small bit of printers' ak in a glass (should ink be too ack, it can be thinned with a drop frompentine) and with a roller such a good issue spoiled—for what community on the glass logical aim? intil the roller is well covered with he paper, arst putting a small ker- to eat. hist under the paper where the holgerteet.

Mrs. Klein In Ohio,—Gives Some Potent Thots.

In perusing your excellent issue planetary life. the great value, and creditor. ereat interest to the people.

I in the main, with what has wit to take care of his bowels.

es ribe. We stopped a moment Vegetarian knights. of rea magnificent structure, that neight be strengthened for what I tas to see. Then we entered thru ring can approach. It is the spirit, wrong to visit it upon the innocent. the essence, the life, the intelligence, There are many dangers which the all-good or God, which no man might be escaped by sacrificing confectionery and if malevo at rumor hath seen or can see, except in this others to what we consider our manifestation from that source necessities. But is this the spirit of linest balf a floren subtle poi ons. All the light and force passed true progress—the mental attitude

after which man and nature are fashioned.

Out in space, all was opened up to my view. I beheld the vibratory or fibrous warp in space and that Thomas Paine, there bein an inof form life as contained therein As there are several methods in and supported virtually thru it. taking hand prints, I will give a Then as I turned and saw that as ery simple one as the material is this life and light was conveyed at bered. this form, it constituted the form, Take camphor-gum, size of a for which it flowed out into all and I walnut, break into a few pieces worlds to vivify all life, the form n tin plate, take bond, or any kind dissolved and again reformed by uriting paper. I like best such incoming life and power. It was a as typewriters' use. After lighting wonderful process of respirational

single will leave a fine, black de-bids, only to add that the angels set without burning the paper, then told me that I was permitted then the paper is evenly smoked, to see all this so I could attest its my it smoked side up on the table, truth when the time came, which then place the right hand, with the seems to have come, and I therefore ngers spead, gently and firmly affirm that God is Spirit, the Spirit lown on the blackened paper, first and Over-Soul of the Universe. nutting a small kerchief under the He is. His life and breath issue super where the hollow of the hand forth as said. Only as the spirit is breathed into souls is life started Without moving the hand take a and form-building begun. The proencil or sharp pointer and trace cesses of unfolding the enfolded the outline of the hand and fingers, powers and possibilities, when once her gently raise the hand from the begun, continue and change in paper. Hold the paper by the edge, accordance with nature's laws and

turpentine or alcohol evenly. We see that breath is the motive in the back of the paper, letting it power of life, but we also see that rop into a shallow baking pan— high angels under God, govern all thus using the same several times. creative processes in accordance A little practice will soon enable with the issued decrees and wisdom

MRS. M. KLIEN.

THE OTHER SIDE.

Vegetarianism has had its paper—

I eat vegetables, but am not a ak; then evenly cover the palm of Vegetarian. I eat meat, but am the hand with ink by passing the not a belly-god. A vegetarian in roller over the palm of the hand the accepted term is an epicureaneveral times. Place palm of hand one who enjoys the material of the tingers spread, firmly down on things above all else—one who lives

I eat comparatively little, but ow of the hand rests-outline hand eat what my taste calls for; and will and fingers as previously directed perhaps do so until my body chanwith sharp pointer. Gently raise ges it teeth and digestive apparatus. the hand and your print should be So far there are no signs of man having changed his animal nature to any marked extent from what it was thousands of years ago, and probably never will as long as he needs a material body to come into

February 24th, I noticed your Eating, per se, will not evolve a request for short articles on timely change, however scientifically man ropies. J. P. Cooke's explanation conducts his kitchen arrangements. in the Enfolding Lile, greatly inter Logic never spoils a good appetite. ested me. It is certainly one of the Aestheticism sometimes becomes timely topics inasmuch as deep and necessary, but is never adopted by struct breathing is now variously those in good health or those who the lit. I view this as going back have to work hard for a living. The of the first principles of life, to learn stomach always remains a dunning

A prover light can be thrown. A hard worker must eat well; and ception of incense for ecclesi stical use, the subject is certainly of such does not make a philosophy of his diet. An impecunious laborer sour limit of space forbids that I must eat what he can get at his from Mr. Cooke's article as I price. A strictly Vegetarian menu 11 like to do, but I will note is too costly for the 90 per cent of "If true, as mystics claim, humanity, and is therefore not a . Old may be known why may proposition for the greatest good. t also be described? I for one Its study makes of man a materialist from the Holy Land into western Euthe party this fair question, but in the end, for the greatest good. rope the perfumes for which the east answer it," etc. The explana- Its study makes of man a material- has from time immemoria been reanorded by Mr. Cooke corres- ist in the end, for it needs all his nowned. The original how of per-

thought me by the angels. The But, I do not oppose it. Let ring is different, as he views those who can, and those who preessiblings from a different stand- fer it, adopt the plan. I would, if not from what I do. Then too, I could afford it and found that it is mortal conception purely. I agreed with me as well as the old clairveyantly and it has been method-which I unfortunately in-... 'xplained to me by the angels. herited from Adam. But as there At one time two very bright are two sides to every question and and it sook me in spirit up, up, up a minority report being justifiable higher realms until we came (in this instance) I felt myself justilace where heaven's brightness fied in "hitting back," though I be mi mandeur are beyond power to converted into mince-meat by the

ARTHUR F. MILTON.

As regards vivisection, whatever in each of such wonderful construct dispute may arise as to the phyand it dazzled and undone me, it sical utility of this horrible practice, chied, but I was strengthened there may be none as to the moral This great place surely had injury inflicted on the conscience of ransparent machinery all around mankind by those who indulge in it. soiles, but my whole attention Even admitting (which I do not cas drawn to a form upon an eleva- for one minute admit) that benefits the seeming center of the have been derived from t, they cost rear space. It was the perfect too much. Individual pain is transiof a man, but transparent, tory and personal, but individual Taround, from every side, poured moral deterioration is an infection, rearns of light, of life, of force, of and cumulative in its effect upon ere spirit and power. It came the race. The responsibility for the perfumery at they themselves were. what the angels called the folly and wickedness which are the i mutain of All Life, Love, Wisdom, cause of most human disease is our Hower, and which Fountain no own, and it is a shameful moral

thru the form above described which to be fostered?—The Vegetarian the angels called the Supreme Model Messenger.

Notes from San Jose, C lif.

The first Spiritualist U ion and the Liberals, held a mem rial service in memory of the nirth of structive literary and mus cal program rendered thruout he day, making it a day long to be remem-

Pebruary 11th we had t e pleasuse of having with us, Re. Moses and Mattie Hull, our dist: guished, veteran workers.

At 10 a. m., the Sunset Lyceum, of which we are still pro d, gave from Moses and Matti Hull's greations, circles and families. Price, 10 cents, or writings. The conference followed at 11 a. m., short talks were made their meeting with Rev. Iull and wife years ago, and of the pod work believed in by Spiritualists. Price, 10 cents. by many present, some ref rring to he and she were doing at that time.

The banquet hall was beautifully decorated, and at 12:30 ver one hundred were marched int the dining room and seated at will laden tables. The afternoon program was opened by music, after which Rev. Moses and Mattie I ull sang a song entitled "There are 10 times like the Old Times." There were many numbers followir. Then came the discourse by R v. Hull. for which the audience wa waiting. Mr. Hull speaks fast and o many good things were said that the time passed away all to quickly

In the evening at 7:30 was the treat of the day. Rev. 1 r. Hull, president of the Morris Pratt Institute, addressed the audienc, his subject being Materialism and piritualism. Mrs Hull followed and althothe hour was late, all were attentive until the last word vas said.

memory in he minds of n iny. At the Unitarian parlors Monday evening, Rev. Hull delive ed a lecture, the subject, "The Bi th of the Spirit, Death and its To norrow." After which he spoke in the interest of the Morris Pratt Institu e, awakening a great interest, and a goodly collection was given for the school.

The two departed from our city, Wednesday, on their way to Portland, Oregon. Our union slooking forward to another treat, rebruary 18th., which will have talen place before this reaches your good paper, and that is the coming of Mrs. R. So Cowell, of Oakland, wo is famous from north to sout in California as a message bearer from the departed.

PERFUMES OF THE EAST.

The Crusaders Brought Ti :m Frem the Holy Land to Eur pe. During the dark ages an in early mediaeval times perfumes, with the exwere almost unknown, and the rude Saxon thanes and Norman i trons and their spouses were quite co tent with the smell of wood fires and huge masses of roast or seethed meat and were not at all solicitous to enjoy the pleasure of sweet odors. I seems to have been the crusaders wind brought fumes was either China or .gypt. In the last named century the priests of the temple of Heliopolis use i to offer every day to their divinity three kinds of perfumes, one in the morning, one at noon and the third at nig t, the last being a scent composed of xteen ingredients, forming an enser ble called kaphi. The universality of p fumes in ancient Greece is known to very one who remembers the delights i descriptions of the perfumed baths of Roman ladies in Bulwer's "Last Da; s of Pompoit," and from Hellas the we of perfumery spread to Rome, wi re, under the empire, almost every oject was secuted.

Even the standards of 1 e legions were perfumed, and the viarium of the Collseum when the em eror was present was dusted with aromatic powders. The successive invasi as of the barbarians led to the shuttin; up of the perfumers' shops with whic! the Eternai City had abounded, and until the time of the Renaissance per umery in Italy was only rended by a ew apothecaries. Its tase, however, h: 1 not died out in Constantinople, and t the fall of the Greek empire the Byzantine Greeks found that their To kish conquerors were as passionate v fond of

Eweet essences for secula: use were first made an article of trade in France by one Reno or Rinaldo, a lorentine, who came to Paris in the su t of Catherine de Médicie, to whom the French propie likewise owe the intra luction of to be craffited the confection of at

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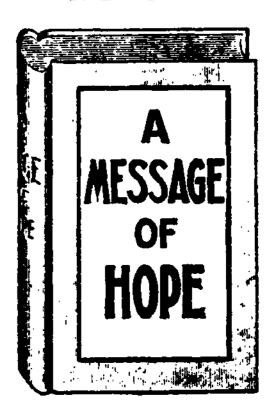
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GOTTLIEB, HIS LIFE;

LOVE TRIUMPHANT.

BY S. P. PUTNAM.

lis wife wanted him to join the church. She begged him sometimes vexed these learned ignoramuses; sixted Gottlieb. "I that could world—the amount of pain and angdes . But Gottlieb would not do turned her out of church if it had in its law." it he would not be a hypocrite to not been for her husband's money. Blasphemer," said the saint. clease anybody. He would not do Her husband's money, in their eyes, "God did not make your nature. anything in outward act that was was a great deal more orthodox le mote thing. t's the majority of the civilized world that the true to his inward that. He than her conscientious scruples, church that's divine. If y ur nat- mind controls matter-yet it must could keep ideas to himself, but he Who ever knew of the "almighty use revolted against the courch it be also admitted that in a sickly Thousands of former sufferers are would not be false to them. He dollar being excommunicated, tho was because the devil pro pted it or diseased body matter more or today living witnesses of the grandbelieved in the divinity of silence, it is the greatest of all devils? It to but not of lying. He could act the It pays for the minister's gown, Well, its no use talking," said but not the fox. Nothing and the bread, and wine, and rents Gettlieb. I can't help t. You relieves pain or makes a cure of an could bribe him to profess what he the best pews, and puts a golden have power to open and sut and did not believe. He had no faith clasp upon the Bible. It would not common sense is out of the uestion. a "shoddy" religion, whose do to put Mammon out of church, Can't my wife and child just come wirtue was simply in sleek appear- for how could the saints serve God to the gate a minute and se me?" ance. If he wore "clothes" he to any advantage without his aid? No." said Peter. "Ve don't meant to wear the honest "home- How could they "show off" their allow such scenes here. I disturbs spun," and not imported tawdries. self-sacrifice? how display their the harmony of heaven. ' hey are The church might be of service to humility? Mammon might be a perfectly happy." thers, but to him it was a humbug, devil; but a devil of a saint one Have they forgotten me?" asked and the he might consent to deal would be without a bank account. Gettlieb. tenderly with it and help "paint it" So while Gottlieb and his pious wife "Why, yes. They have o many net he would not himself become a were looked upon with contempt by other things to think al out why "cure-all doctors" sent a lock of and prepare (under spirit directions). part of the "foundation stones." the priests, his money was cherished should they remember a peretic?" He might be a sleeper in it, but not as a valuable aid to help decorate "Would it make them s d to see a prop under it. He was willing to their "filthy rags" of righteousness. me?" inquired the "heretic" minister was prosily discoursing, her sweet devotion, and was infinite- dued to God's will," relied the a letter in which her case was diag- they deserve unlimited success. in he would not go and be bap- ly tender to her somewhat foolish heavenly expounder. 'itili, it noted as correctly as the the Doctor Thousands of testimonials now in "Zed. He was willing to "confess piety. He reverenced it. Foolish might trouble them a bit to know had known her all of her life. The their possession from former gratehis sins" to himself, but not to the tho it was, it had something in it of that you are going to be damned. necessary money was sent-medi- ful patients attest to all that has and not ask him to repent of real emptiness, but its heart was truth. any pain, would you?" asl d Peter. sins, but only of artificial ones. The blinded priesthood saw not that "O, no;" cried the wicke I sinner. improved in health. Who ever heard of a "saint" be- viewless jewel. meaning a real delinquency? admitashamed of doing, like going to the somewhat disturbed at first, but it spera, or playing cards, or kissing came back to him by degrees; and, hunself of doing such as these, and in the spirit-land. His wife had asks forgiveness, and so gets rid of died before him, and one dear little the trouble of repenting and asking girl whose name was Gertrude. forgiveness for real offences, which He was anxious to see them, and which he would not confess to the to the gateways of heaven. On his superior in all manly qualities to the faculties. he teels it an honor to be there, and stretched before him—the diamond round-about way of complimenting the white immensity of the throne. himself. It is simply saying, "Well, He was filled with unutterable rapnool and nonentity as I profess to pearly radiance. He was stopped be. I have some heart and brain, by St. Peter. St. Peter wanted and can't help committing a few his pasport. He had none-no amiable and righteous sins." But certificate of baptism or churchcatch a saint confessing to a states- membership. St. Peter couldn't prison crime! Never! In such let him in. cases it is his business to cheat even "What," said Gottlieb, "can't the Almighty if he can.

Whatever else he might be, Gottlieb would not be a humbug. He "Can't I have one look at them?" would not call black white. He urged Gottlieb. would not be a wax doll even one "No," said Peter. "No one can duv in seven. He would not be a enter here who has not joined the samt on Sunday for the sake of be-church." ing a bigger devil on week days. "But," said Gottlieb," "I tried to He was the same on Sundays as on do right." He hated to say this. week days, except that he was more. It was the first time he had made sleepy. He was always mighty any profession. But his desire to glad and spry when Monday, morn- see his wife and child overcame his

ing came. So his wife ceased to ask him to "That makes no difference," St. self by praying for him and trying must have faith." In fact, she became so good that stood it." she was a bore to the ministers. "That's not enough," said the manufactured article. Too much church." ing. For the innumerable daily wronged my reason by so doing." paths of human life, in and out the "No matter about that," said St." mazes of this manifold universe, Peter. "You shouldn't put your they have no guide and do not wish reason against God. The church is to be troubled by any questions a- his appointed way. You must take purpose the Lake Shore. Michigan bout them. They are perfectly that or go to hell." posted up in the Book of Chronicles St. Peter uttered this last word in the Book of Chronicles St. and the genealogy of Jesus, but with unction. He rolled it as a Places that are desiral e for vawhat one's duty is at this or that sweet morsel under his tongue. parting of the ways is utterly be- "I thot heaven was free," said book and without cost to you. If yond their insight. They have Gottlieb.

ness and intricacy. When, there- have gone to prison. fore, one gets beyond dogma into "That's your fault," said it. Pet-Gottlieb's wife was so anxious to do nature." right every day that she really "But didn't God make it" brethren," especially when they the divine wisdom; its form was wouldn't want to ive them

ting that he stole or lied or cheated? So Gottlieb died full of years, sweet light for ever.' Not he always invents some nice He shuffled off this mortal coil with smiortable "sins," that no one is very little effort. His identity was his wife on Sunday. He accuses without terror, he knew that he was he has no notion of giving up, and pressed on with bright anticipations "brethren" for all the world. The ears burst wondrous melodies. 'saint' is ready enough to admit He began to realize the magnificence that he is a "sinner," but never of the new sphere he was entering. that he is a rascal, the he too often The infinite loveliness flashed more some. The "sinner" is generally and more upon his disembodied the rease to wrang and war good work continues to be success- upon the myths of the present and superior in all manly qualities to the faculties.

"saint," and the "saint" is perfectly He neared the far-flaming gatewilling to put himself in the "sin- ways. He was dazzled by the inner's" company. In his own heart terminable and awful glory that hence the volubility with which he walls, the golden roofs and towers, shouts, "I'm a sinner!" It is a the glitterings of millions of spirits, I'm a man after all and have a little ture. The grandeur of heaven good natured depravity and un-seemed to reflect the sweetness of hely common-sense; I'm not such a earth. He passed into the intense

see my wife and child?"

"No," said the saint, gruffly.

modesty. He was desperate.

ioin the church, and consoled her- Peter instantly retorted. "You

to be so good that her goodness. "I did have faith," said Gottlieb. should save him as well as herself. "I believed the truth as I under-

who only want a certain amount rampant door-keeper. "You must and kind of goodness, a sort of believe the catechism and join the

sincerity troubles them. It is "But I couldn't do that," said with only a few stereotyped "cases Gottlieb. "The catechism didn,t have knowledge of our pres nee near of conscience" that they can deal, seem to be reasonable, and I taw so Outside of these they have no much hypocrisy and nonsense in panacea. They throw light only the church that I couldn't make up to bring to earth a brigh or day. upon a routine of their own mak- my mind to join it. I should have

never that of it; no text applies to "It is free," said St. Peter. "All or in the vicinity of the ake Shore it: it does not come into the re- this might have been yours. with R'y, give your name and address to demption scheme. It is an outside out money and without price if nearest D. A. V. & P. ag at or write affair, and the a mistake may make you had only joined the church. to A. J. Smith, G. P. A. Cleveland, one miserable for a lifetime they What more freedom could you ask? O.

have not a word to say. They are "But I couldn't join the hurch," at home with dogmas, but are al- said Gottlieb. "It was aga not my most strangers in the realm of duty; nature to do it. It would have they have no idea of its boundless- made me a slave; I might as well

life they are "blind leaders." er. "You shouldn't have such a

tears in her eyes to and they would actually have please him no better than 1 / obey- uish (both physical and mental) they

"I would not disturb them. God bless them and keep then in his

To be Continued

Awakening.

grow in grace and rig teousness them daily.

When all shall learn t take this Rule.

doubting gease to be, from the land of light ar I love, from our homes so far al ve The earthly realm in whic you live. Some we a message now pive. come to cheer and to uploid All the truths which mak us bold

herald wide so all ma know, and doubting cease while ere below. ling wide the portals of your soul; the glad tidings to ye i roll; Lift the eveing, cheer the slind, Thus make conditions all aright,

we may bring you ad d light. Lay bring to you an add d cheer; MRS. F. A. ROSSER.

Tammer Boarding Places vanted inundreds of people for which Southern R'y is compiling its 1906 estion purposes will be li ted in this you have such a place lo ated along

SPIRITUAL HEALING.

Experiences With Dr. A. B. Dobson and Mrs. Dr. Dobson-Barker and Mrs. Cora Ringlep.

The true worth of a person's character should be estimated by per- the amount of good they do in the relieve-in fact the amount of blessings they bestow upon mankind.

It is an admitted fact by a large less affects the spirit (mind) in its ailing or diseased body should be termed both a mental and physical healer or doctor. With this short preamble I will briefly state my purpose in writing at this time.

Somewhere about 18 years ago my companion, Florence N. Jones, who had been ailing for a number of years with stomach troubles and ton of her case to Dr. A. B. Dobson remedies. one month's trial she was greatly their work.

We had read in the different papers sent us by friends, of the many cures made by Dr. Dobson's remedies and treatments, and after his transition to spirit life, October, 1895, of the continued successful Ere the dawn of peace, hat shall cures effected by Mrs. Dr. Dobson encompass the world a geat work and her daughter, Mrs. Cora D. must be done by those wh se vibra- Ringlep. After Mrs. Dr. Dobson tions are in tune with the invisible united her destiny to Dr. H. M hosts of heaven. Men i ust learn Barker, (also a person of grand to know that to live ar the is the healing powers) the good work conmission of the human f mily and tinued. Dr. Barker passed to spirit he who fails to live up to his own life in the spring of 1905, and the standard of right or of right eousness mantle of healing of the too transhas failed miserably to ulfill his lated doctors combined with their dission in the mortal experience of former spirit advisors now rests on These lessons must e learned the mother and daughter, and the fully carried on in every state in past. No verbiage is necessary and learn to know of hine own civilized world, as is attested by the

attainment until i becomes in business transactions, therefore story to the student of such. and live aright. The ha 1 may be vaccination—have always given free- sum. busy about the task ne essary for ly of their means to the deserving the material existence while the poor—and so far as I have been mind views the inner con ciousness able to learn, they have moulded 'Tis better to sit at the water's birth and communes with the evine. their lives to conform to the Golden

spiritual uplift then will onditions That some persons are endowed be developed that shall enable all by nature with great vitality and to moré clearly discern t e path of magnetic force which can be impart. Be thy heart a fountain of love, my duty and the road to hea en. Then ed to others by contact and thru will communication with the loved the agency of medicines they make, gone before be un versal and is a fact acknowledged by scientists. For a cistern of love, though undeeverywhere. The use of the power in the cure of disease has gradually been taking the place of old meth-

ods. Old theories of medlcines especially drugs, have been set aside by the success of modern systems of treatment.

The really marvelous cures made by Dr. Dobson and by those on whom his mantle rests, have removed from the minds of the most skeptical all doubts as to the efficiency of their system of treatment and

the accuracy of their diagnosis. Rheumatism, nervous diseases, female complaints, kidney and liver troubles, catarrh, and most, if not all the ailments that human nature is heir to yields to their treatment. results of their treatments. Perfect various manifestations, and whoever health is the greatest blessing enjoyed by mankind, and when disease takes possession of the body it is. worth something to have it removed.

Dr. Dobson resided in Maquoketa, Iowa, for sixteen years and in 1891 removed to San Jose, California, and had a very extensive practice. his patients residing in Hawaia and all parts of both hemispheres. He built a fine mansion at 230 North general debility-after trying sev- Sixth Street, San Jose, in which eral noted and much-advertized his wife and daughter now residehair, full name and a leading symp- their wonderful magnetized herb

at that time located at Maquoketa, These ladies are engaged in an to church and nod while the Gottlieb loved his wife the more for "O, no; for they are perfectly sub- Iowa, and in a few days she received honest and a glorious work—and. cine promptly received, and after been written of these ladies and

SAMUEL M. JONES.

San Jose, Cal.

PREMIUM BOOKS?

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ROMANCE OF TWO WORLDS worth then will the effort to large number of letters received by by Marie Corelli. One of the most . interesting romances ever written seem a task worthy of our time For over a year it has been my and as it deals in a practical manner and attention. Lift th self daily good fortune to be quite closely con- with many abstruse points in ocby prayer or bright ideals of spirit- nected with them both socially and cultism, it becomes more than a

natural to walk in the silence of have had many opportunities of SARTOR RESARTUS. This is inver meditation. To do this pro- seeing, hearing and judging for my- Thomas Carlyle's greatest work on perly does not entail my great self. The ladies have always been the Philosophy of Life. If you secrifice of time or attain lent. Just forward in every liberal movement have not read it you have missed a a little study of self d ily and a -are strong advocates of sexual treat that you now have an opporheart-felt desire to know the truth equality—opposed to that curse tunity of enjoying for a very modest

The Fountain of Love.

Than a sea of waves to win; To live in the love that floweth forth

Than the love that floweth in.

Flowing and free and sure;

Keeps not the spirit pure.

-Geo. MacDonald.

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1.IGHT FROM EVERYWHERE



NORTH

department is conducted to enable Spiritualists part Workers to keep in touch with each other e is the work. Send us notices of your engageor any other items of interest. Officers of sociestockers you have, your elections, reports of an-incident business meetings, in fact, everything and would like to know about other societies. Notice reports with typewriter or plainly with pen and k. Never use a pencil or write on both sides of

Make items short and to the point. We will adjust your meetings written on a postal card would well in this column.

And we sign your full name and address to every one ation, not necessarily for publication, but as .cuttee of good faith; "correspondent" or "subscriaves us no cine to the author. The printed article signed that way if you wish it but we must have name for our own information. More asserted will not be returned unless stamps are and for return postage. If not used they will be

oi thirty days and then destroyed. Retain copies

in- as we do not return them if we can not use Same strong for the improvement of the paper are in-THE SUNFLOWER PUB. Co., LILY DALE, N. Y.

Oscar Edgerly has begun a two this engagement with the First Signitual church of Baltimore, Md.

Mrs. Mary A. Keeler has been were sick at her home in Washing- 1906, at the First Spiritualists Tem- had left my little boy behad me. ten D C., for the past two months. ple, Fullerton St., Cleveland, Ohio. Yet a feeling of exultatio a come av rage mind can digest. May sucas he in the venture. With best

geshes to all.

Mother Virtuzia, of the Circle of Light writes: Your issue of the 3d, must received is full of valuable ini rmation, and must needs be an instrument for great good to all who real it. I am happy to have been received into your midst, and trust that the few thoughts expressed may prove helpful to some. Whenever and hopeful suffering bound her I can contribute to your columns I shall be very happy to do so. The Circle of Light is extending the world over-and the world needs it. affliction more endurable. She Miss B. E. R. Thompson writes: Your issue, devoted to Vegetarianis a very good indeed. It should a livince anyone that it is barbarous to get the flesh of animals or anything that has lived. For years, when a young girl, I did not-could a reat anything of the kind, but are a breaking down from overwork, Avsicians insisted meat was necesgive me strength, so I forced n. self to eat it. It did seem to welly something I lacked before, what I consume at a meal, most coms would take at two mouthwho and I do not like to eat it. ak I shall try to do without it state'v. Am certain that animals

ressearthly dissolution. Mrs. H. Bover writes: "I sent a the tention two copies of Vol. 2, of Bible Stories, but I will increase tive. I have the first volume et little Ten Commandments Anaand I want some more. property give up too soon, for later will be coming in more plenand you will get the orders." I mank the lady for her kind y ris but if I am to get out this must be done before the summer work commences as then I n thave time to attend to it. treceive pledges for 200 more es within two weeks it will be cualished, otherwise it will be hely ed, as I have neither time.nor ment to publish the book unless it is really wanted. W. H. BACH.]

we calls-for something that sur-

... A. Mundy writes from Roches-The last meeting of the Progressive Pedro party, consisting f the First Spiritual church, and triends, was held at Mrs. Joslyn's, 55 Comfort street. A very enjoyable time was had by all, and two fith se present have reason to remember the occasion with more than ordinary pleasure. After the prices were distributed, Mrs. Greenuniver, on behalf of the members of the society, presented Mrs. Addie Frick, who has so long and faithtally assisted with the singing, and beautiful solid silver spoons, a des"Men expand. The man of busi- entranced on the shore and gazed
sert spoon and an individual tea- ness grows to the line of his pro- far all over the waters, three ning of Miss Mundy, the pianist, with two spoon. The recipients were entirely jected enterprise, he greatens with things the enterprise felt or unprepared for this very unexpected his thot sending his life and interests respect. Any long it walked and delightful surprise, and are far and wide, a certain grandeur is along the tractices, my crit chickes deeply appreciative of the kindly communicated to his moral nature, carried strength every day. feeling that prompted it. The Pedro parties have proved to be a very pleasant and profitable part of or carriage drawn by a docked The mores were covered with the the work of the society this winter. horse, and tell the driver why.

The Sunflower Publishing Co., has in press a little book that should be in every neighborhood. It is written by that veteran lecturer and healer, D. W. Hull and is "A Manual of Magnetic healing." It gives directions for the development of the psychometric power in those who have that gift undeveloped, which will enable them to correctly diagnose disease and wisely apply magnetism in treatments. Then it gives general directions in the application of magnetism, so that any person who is blessed with the healing power (and they are to be found in every neighborhood and plenteous among Spiritualists) may be able to been given to me to drop it and I assist the afflicted in his or her neighborhood. It will save many suffering people from the operating table, and you will find yourselves or your neighbors able to cure hundreds of diseases which have defied the skill of all classes of physicians and healers hitherto. The price of this work is 15c, for sale by the author at Olympia, or by The Sunflower Publishing Company, Lily Dale, N. Y. It will be ready for delivery about April 1st.

Ohio State Spiritualist Association and crying before the frier is who will be held Friday. Saturday and had come to see us off, but so nehow Sunday, May 25th, 26th and 27th; I could not shed a tear, alt ough I

lessie S. Pettit Flint writes: We urge that every Spiritualist over me and when I felt the train Il mks for the generous number of in the state be represented at this in motion I said, "Thank Go!! I am Vegetarian extra. Have placed convention, either in person or by going a long journey an may ne riv half already-where they delegates. A most cordial invita- never see my relatives again, yet I do good and the rest will be tion is extended to the Spiritualists cannot feel bad-I do feel j yous." hand used as opportunity pre- from other states, as well as from And I did. or sents. There is about as much our own, to be with us. The list of and reading in the issue as the Speakers will be made known later. cognitions, of the good before me

C. A. Sollinger, Secy. O. S. A., 1305 Clark Ave., still weeping around me o er the Cieveland, O.

TRANSITION.

Mrs. Amy Sherman Stanton of Friendship, N. Y, Passed to spirit life on March, 2, after an operation for the removel of a tumor weighing in delight. Of course the passengers 75 pounds. Her years of patient very closely to a large circle of devoted and valued friends who united in striving to make her terrible had a passionate love for the beautiful and was always looking for the good; thus teaching many lessons of great worth. Her knowledge of and belief in Spirttualism has been a great comfort to her, sustaining her in the darkest hours. Truly "none knew her but to love her," and surely "the world is better for her having lived."

MRS. L. L. HURMAN.

Andrew S. Clackner passed to the higher life after a brief illness, from his late home, 26 Smith St., Rochester N. Y., Tuesday, February 20th, Andrew S. Clackner in the 83rd year Needles, on the border of lower of his age. A private funeral was California where the train a surheld Thursday evening at the home rounded by Indians and we alt for conducted by Mrs. E. H. Messersmith, and the remains were taken natives and trade with them Durto Buffalo Friday morning for

creamation.. Mr. Clackner was one of the California and stop at Los ngeles veteran Spiritualists who investigated with the little Fox Sisters at the time of the Rochester raps, accepted the truth, as it appealed I to him, and lived its higher teachings. A man of clear judgment, a student, and thinker, his pleasant appearence, genial smile, and kind words gained for him many friends. We shall miss him in our circles, but know he has earned his higher promotion by earnest efforts. He leaves in the home one son with wife, who have been his companions for years, and cared for and comforted him in his last illness, as only children can, and will receive blessings from the arisen father not for-

H. M.

A Much Needed Reform.

What a mighty reformation we would witness through the land If the masses and the classes could be made to understand

That he wins at least one sinner from dishonesty and pelf Who will let alone his neighbor and and as transferred to Pacific Grove.

Track News.

Refuse to ride in any cab, herdic pick up little meces of decaye bone.

EXPERIENCES

NUMBER VIII.

Continued) Minally the day of my de arture arrived. It was with mi rivings that Mr. C. accompanied me to the That day I had cas away the last crutch, although I imped painfully yet the comman i had had You will be afflicted but a short time now," said the "p wers:" so I left the crutch behi d me. Arrived at the depot Mr. C. placed me care of the chaperon of the party. But said he to me to rfully. as gave the parting word "You are not fit physically to go a this journey and should have to en the May 20th one. You will ne er get there alive; you will los your baggage-something awful v. il hapit!" Eve ybody know The annual convention of the around us was saying go I bye You see, my higher sof was

and rejoiced. The passenge: were

farewells of the friends th y had left in Boston, but somethin began to rise within me, like a nighty tide of joy and the shackles which had held me so long, sna ped-I rose free as a bird into my spiritual centre and began to look are ind me soon knew that I was a crit de and they vied with each other it showing me attention. Oh the b autiful days spent in crossing the continent -days that were full of de ight in contemplating the glories of rature!

Every moreont was a joy and a delicate after all I had suffer d. sectile grandeur of the mountains miles acr ss the and canyons, Colorado plains where the owboys rode jauntily up to the ain on their broncho ponies. All through the villages of th praire dogs who sat up o haunches and blinked at't e cars as they sped by. Miles of I autiful green verdure as we crosed the western states—miles o grain country with wheat noddin in the wind. At last we dre near Albuquerke, Mexico, and on to the ing these six days I have een so happy! At last we come up ' irough half an hour and some ladie enter the car bearing immense bor sets of event variety of roses. How ungry for a single rose! / s if in answer to my thought, some one tells these ledies of my (ippled condition and coming to m compartment they fill the emp ? seat beside me, and then toss the mainder of the roses into my la until and nearly covered from view, saying, "Here, lady—these re for vous we are fired of carryin them farther." I gaze in aston hment and then bury my nose in the roses, and I never shall forget the estatic emotion I felt over those lovely blomoms. After all the bla k despair of months after grov ling in the valleys, to rise to preme ients of sappiness, and to be showered with roses! It we wondental! I can not begin to 'll how those flowers affected me - it is something that words cannot

We rose for another day and a night and then I reached M nterey just practice on himself.-Four- on the seacoast, where a frie ad had the districts for me. h the bean of the Pacific ocean! stood Oneday I say down and b gan to

vertebra of males—and the a were

bones of all descriptions and size was a pretty, lovable babe, and lying around. Before I knew what having great sympathy for my griefbone in my mouth, masticated them to the ship's carpenter, saying. "We and swallowed them. I seemed to can not bear to think of putting have a perfect craving for bones and that dear little baby in the coarse everyday I ate these decayed, crumb- sacking to throw overboard, now ly bones, taking delight in eating will you make a nice little coffin of them. But one day I pulled my- wood for her and I will line it with self together, resolved that I would some satin I have in my trunk, and eat no more, when suddenly the it will please the sad mother to know following words were flashed across that her babe will not have to be my consciousness, "Your system sown up in sacking." The carpenter craves the lime in order to help acquiesced and soon my coffin was unite the broken bones of your all ready to receive my body and ankle" breathlessly I took in the kind ladies gathered around my the sense of the statement and then mother, who was loth to part with I ate all the bones I could relish me. With a heart rending scream and in three weeks after I landed at she seized my body, hugged it close-Monterey I had ceased to limp and ly to her breast and stood at bay to in five weeks I walked two miles ward off those who attempted to and from that day to this I do not take it from her. For several moknow which ankle was broken, un- ments she stood thus, while my less attop to recall it. But I must father tried to take the little body now state the wonder ul part of away; he reasoned long and tenderthis story, the warning given me ly and at last he succeeded; but as from the higher powers--not to take he was about to place the little form that May 20th train for California, in the coffin, a presentiment of somebecause it would never reach there, thing wrong swept over him, and came true; that train was wrecked obeying the supernatural warning at North Adams—the dead and dy- he slipped out on deck with the ing removed—the wounded taken to body and scanned the little face; the hospital and, as predicted, the immediately the babe showed a train never reached its destination. faint tremor of the eyelids, and

as he feared cholera might break 20 long years. an hour during which we instead the dead also. Now, Mrs. Huntington it. and the other ladies loved me exceedingly and I have been told that I Train your memory.

was doing I had put pieces of stricken mother, these ladies went I remained all summer at Pacific father, amazed called to the family Grove and then I went to San- and soon the little limbs were being Francisco. But first I must men-rubbed, and by and by the spirit tion a little incident. Now, I had had re-entered its earthly tenement. several cousins and other relatives I was born again. In looking back scattered through California but I on this episode in my life, I can had never seen them. My parents but connect it with my present life had been among the pioneers of and firmly believe that I was resur-California, for even in the "sixties" rected at that time purposely to the country was in an uproar and consummate the destiny for which no railroads had been built, conse- I had been born. There was a requently, pioneers had to go by markable revelation to be made to vessel from Frisco down to the womankind and I had been born Isthmus of Panama—cross through purposely to make it. I had to the Chagres forest on donkeys and make it and the powers which held re-embark again on a vessel for me in their keeping must see to it Boston. I began my embryonic life that I was held to earth life until I in California but I was born in had performed my duty. This Boston, my mother returning across revelation concerns posterity and I the ocean on a common sailing ves- have only just begun to make itsel, to her mother's home in Boston. because it has taken twenty years My father then came on to Boston for the higher powers to sufficiently to return to the Golden Gate with unfold me for it. Twenty years of my mother. The vessel was crowd- development! How many mediums ed with gold-seekers and in my are there who would have patience fathers party was Collis P. Hunting- to wait so long a time? After 20 ton (the recently deceased railroad -only this! Just a positive statemagnate) and his wife; they were ment from the spirit world congoing to seek their fortunes in the cerning the betterment of posterity! West. My father, Charles Morrill After I had looked for, and expectand his sister Kate, myself, a babe ed the wonderful phenomena which of 8 months and my mother. The various mediums had promised me vessel was crowded. My father for- After I had dragged along in the bade any of his party to eat fruit, valley of mediumistic hardships for

their out, but other emigrants ate glut- Now, reader, why could not some tonously and cholera soon broke of the fine mediums I had come in out. It raged fiercely and emi-contact with, have been controlled grants died in scores and were cast by the higher powers and given me overboard, sewn in sacking. Strange this important revelation, instead to say, none of my father's party of my having to wait 20 years for took the disease but myself. I had it to be given to me personally; I it bad; my parents were full of grief, believe that there had never yet for I died. Yes, I died! My family been born a person to whom it could will testify that I actually died. be given, and that I had to be born The ship's surgeons pronounced me and especially developed to receive

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SUBCONSCIOUS SELF AND TELEPATHY

(Continued from Page 1.)

gences." And just as soon as he vibrates a little further away from the mortal his subconsciousness it is carrying with it memories than it wastly to be pres fred to the culture. ceases, so far as we are concerned. It was, at the best, very imperfect, easily suggested into absurdities, lose the possibility of repetitives, which are the envy and accepting as truth any thought amidst the higher vibration of the most melodious voice I ever but the one thing she lacks, and a that reached it. In fact it was a self's present life. That growing heard was possessed it a colored very weak self-hood, save in its self will soon be too far away, and wash woman. I was always glad leave little but mystery surrounding it was hers, for it was her, only acquired memory. giant memory.

ious subconscious self, of which the sible to the divide, may message and called to the fact that he was pos-S. P. R. and Hudson are so proud, test to his heart's content through sessed of a treasure with the richis only the everyday self at the your subconscious self. He will tell est worsen in the worl might envy. boundary where mortal vibrations some truthful stories, and many a she gave pleasure to a who heard are commencing to grow feeble. A fiction. He may catch the school her speak. She san like a wild few steps further and this so-called your loved one's thought, and even bird secure in the letiy fastnesses subconscious self has crossed the picture the form that is bereaved of some virgin fore:. Abandon, line too far to even make himself an to you. But it will only here and freedom, joy, hope, s veetness and exhibit for the scientist. In other there be more than a simulation of real music—all blende to make up words, the subconscious self of the the glorious truth of human immers a wonderful voice of exquisite charm in Keene, N. H., reminded his hearmortal has become a conscious self, tality. with independent selfhood-living amidst vibrations that sense beau- seen, is death to the old brain self-voice has not many deplicates, and Dives was in Hades, he did not ask ties and unfold powers of which the hood, but eternal life to the spirit Americans, realizing t eir deficiency for beer or wine or whisky, but for brain man knows nothing. If he self, born anew out of the subjective in this respect, have as umed a voice one drop of water. "Now my has a thought, or even an expres- self which we all evolve, and some which a labove all things, unloving friends," said the lecturer, "what sion of love he wishes to send back, times contact in earth life. he must, when the gap is once fully Such seems to me the history of fined mature against v nich is a con- the back of the house instanly reentered—employ some intelligence every subconscious or subliminal spicuous prevaricator yet sitting on the fence with a vi- self, or whatever other name it is only a few days at a man with perance people go to." bration that can possibly reach a supposed to wear. It is the expansion like a rusty sav called forth mortal brain. Your subconscious treme vibratory output of a self-silent execrations from his fellow- The Sunflower is not the large man is then dead, and by way of whose brain head quarters are occur passengers on a street car. The est but the best Spiritualist paper an epitaph I would say, "He did pied by a few senses that cannot dreadful sound made he people for- published. not amount to much practical to the travel far. We discover through get the noise of the c r, the ramble mortal while he was alive.'

lord and master of so much of the treme vibratory output of mortal screech of the crais that lifted mortal organism as the brain man man is really a self, but with very steel beams into a s yscraper; in- Tures taken from lock of bair or your own photo Independent Slate and Paper Writing way. And we all know how the that occasionally it can be of real scheme dear to its ow ier's heart. white corpuscles (phagocytes) are service to the mortal. We see, with "Maybe he's used o it himself," white corpuscles (phagocytes) are service to the mortal. We see, were suited out nimself, writings.

perpetually on guard, and attacking further, that when entirely freed said the droll man will sat nearly culars of instruction upon our work, and receive in every invader. So far as I can see, from the mortal, it will have a see the length of the car distant, addition, one picture of the Fox sisters taken from this wonderful subconscious self hood with powers that are but and every one but th man himself doesn't trouble himself about the dreams to poor mortals, like the seemed to appreciat the remark, home worries and domestic duties, reader and writer. And we can the age the woman with he lifted eye but if his attention can be called to cern that under the law of vibrages because who sat opposite the man sucker your development. One dollar a pair.)

necessity for action he can usually energy such embodied intelligences contacted to lift then still higher. add vibratory energy to one organ, will ever be advancing into him to nucle up her mo the still more and perhaps reduce that of another, and more powerful selfheods, with and and several new wrinkless. When he does that it is proclaimed the gap ever growing wider between to her already crease visage. to be an exhibition of "mind pow- the mortal and such advancing state we left the voice we lie it still had er," "mental healing" or "divine in- its. flux. Such healings are often turned into religious capital and, with many a prayer, carefully stored in celestial "safe deposits"—away from worms. But these venerating souls as we now see, are just worshipping the powers that inhere to so much present the diet question to the of their own selfhood as can cross satisfaction of all. the line, and which has now been No matter how fastidious one proclaimed, with scientific plaudits, may be about their eating, they can

After death we discover this "sub- to their liking. conscious self" has attained a full. My experience and observation will find all kinds of affectation poor POOR MEMORY independent selfhood, which, like has shown me a point I was in hope represented in their voices. Not POOR MEMORY John Brown's Body goes marching some one would mention. It is this on. It had been the mind evolv- that different temperaments tolerate of insincerity, and ye you yourself Dr. Lundquist's System of Memory Trainment of the mortal man, that is to different aliments, or what is food say, it was an intelligence manifest- for one is poison for another. ing thru mental substance. There disquietude for the night would the was the mortal brain at one end of no greater if I would partake of the brain man's selfhood, and this hearty, late, pork, supper than evolved mental brain at the other, had eaten a banana. You may call it, if you will a mere The effect that will be produced difference of vibration of substance, on the human organism of different and so it is, but the outwrought habits and environments by the senses of one body have a limit they ministration of anything internally cannot pass. And this limit means, is more or less experimental, sooner or later, a certain disinte- some persons are pointed out as size gration to mortal brain, with the re- jects of great longevity that do sult we call death. It will equally thing or use the other things. mean disintegration to that mental No one can say whether brain when in its advance it has fourth grain of morphine when taken reached vibrations beyond its sense will effect a person who has never limit. But it will, in its turn, have before taken such, by giving them evolved a selfconscious selfhood, all several hours peaceful simber of ready for the next step in eternal great quietude without sleep

progress. No law of nature, now known to alarming nervous conditions. us, will be violated. Selfhood will, We can learn from observation and must continue to have its ful- and experience a lesson in individual ness and its limits. But this means ualism that we can consuit ourselves woe to what we call "spirit return." and always rely upon our own If the subconscious self of today is perience and note the effects upon erratic and limited in its relation to our bodies of this or that and all of the brain of mortal man, the out- lutely know what is proper and the stretched senses of mental man, will us to use and do. in their turn, merge into a spirit No certain prescribed model selfhood yet more refined, further living as some are wont to have or away from earth, and always limited that so and such is good for me and to its lower self and at every step by analogy, ought to be good for getting further away from the mor- another is poor logic because there

Our relation with the invisible objects built up by nature just alike. must be first through our own outer Diversity everywhere is the rule selfhood at the divide, which self with nature and her beings and she can still touch our mortal brain, extends this rule, to the ailments though imperfectly. Through that she has given us. self, all imperfect as it is, other selves a step further advanced, must tell the tale of their experiences, so

far as they can find echo in mortal life. Surely we can now see that there can be no possible harmony between the vibrations of their brain and ours by which thought could pass direct from one to the other Hence, it is natural that when a posite American voice produced by selfhood has been severed by death a street car full of I ople? It is were encysted in the subliminal self, average individual voice, which is The American woman has many But those very memories must save that it oney mpathetic a dunnatural accomplishments which are the envy I want just here to once again re- its old identity. The dweller at the complianment, and wile she had deficiency, she has successively peat and emphasize that this prec- threshold who keeps close as pre- no coult never had er attention blamed her parents, the climate,

hypnotism suggestion, genius, and of wagons on the street, the hideous It is claimed that he is today sometimes accident, that the the honk for automobi s and the

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mortal organism as the brain man is really a seir. But with very special control of the different powers to those of the deed, all these things seemed sweet in the saw-tooth different powers to those of the deed, all these things seemed sweet in the saw-tooth different powers to those of the deed, all these things seemed sweet in the saw-tooth departed friends will make every effort to crown your necognize that claim, for I see the mortal. We presently discover the music compared with the saw-tooth departed friends will make every effort to crown your heart's desires, and faces familiar and most dear may present the first summer and. We feel organ doing their work in their own own experiences. We also learn pose to unfold some noney-making the forus to continue these sittings at ONE DOLLAR FOR TWO PICTURES.

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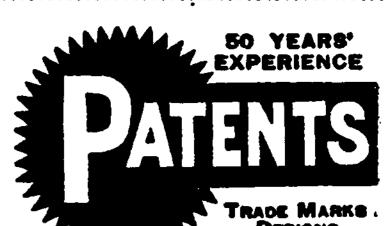
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