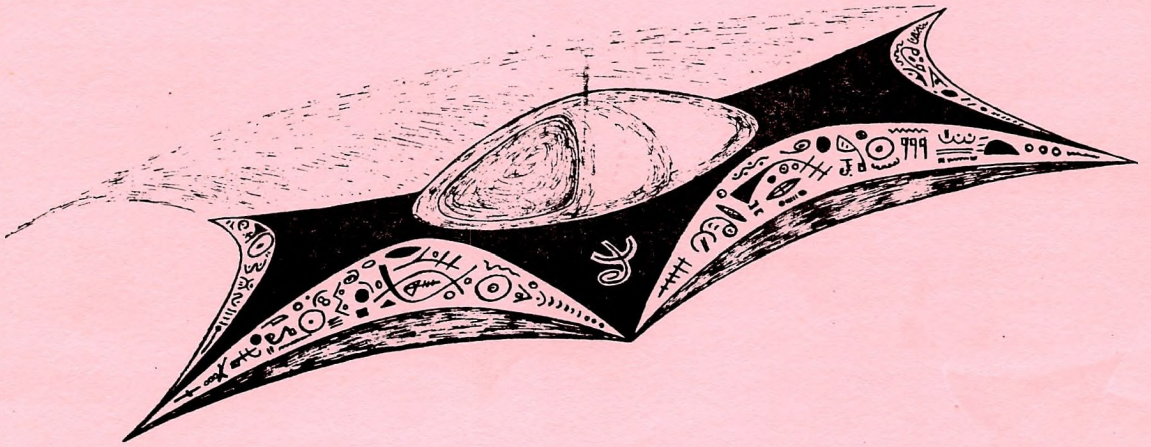


STARCRASH



Solar Light Retreat

VOL. 5, No. 2 & 3

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The NEW AGE PROGRAM is to

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EDITORIAL

Marianne Francis, Dr. Sp. Sc.



UNIFICATION OF LIGHT SERVERS

"It is possible to remain in a dark cave and be unaware that the sun is shining outside." (Ray-mere from XY7, 21 Nov. 70)

Sometimes, when life on this planet is viewed through mortal eyes it appears very much like a dark cave with Light only dimly perceived. A tremendous manifestation of both extremes of Light and Dark is taking place as this cycle terminates with ever increasing velocity. To be unaware of the manifestations of darkness is to be foolish in the extreme. To state, also, as have many sincere souls in the past, that no cataclysms of nature are due is misguided and indeed already inaccurate. For a disaster, termed by the news services a "CATACLYM," has just taken place in Pakistan where, this month (Nov.) over 200,000 people were killed from the effects of a tremendous cyclone and tidal wave.

Strange weather conditions are occurring in many areas and nature is on the rampage, as indicated both by Biblical prophecy and by our Space Brothers for this period of time. In a sense, therefore, this planet is a dark cave and the behavior of many of its inhabitants strange, perverse, and negative in the extreme. If this were the only reality, Man would indeed have little cause for hope. His dark cave would be his tomb.

Yet it is taught by "the Brothers" that that which Man dwells upon in his mind, he gives energy to and that which he gives energy to manifests in his life, be it Light or Dark.

Dominion over self is only achieved when one operates from the god-self within and ceases to react to external forces. This does not mean an introverting of the soul to a self-centered existence, cut off from loving interchange with others. For the introverted soul is operating only from the levels of sub-conscious, race conscious, and conscious mind and the god-centered soul is functioning from the SUPER conscious levels: Man's link with the Divine.

While all Light servers are human and therefore subject to all levels of consciousness, the Focus has to be on super-conscious mind, the direct link with spiritual energy levels and beings of Light. When this link is achieved as a more or less constant state, the soul concerned is able to function in the midst of negativity, to love where there is hate, to understand and manifest compassion where there is blind resentment and prejudice. Nothing short of this is any longer feasible, for the very sanity of Light workers depends on their ability to control all reactions to external negativity.

To the degree that this is achieved depends the Light aura of each individual, each Light center and their unification one with the other, throughout the planet. Without this unification, no network of Light exists, and no stability manifests to ground the Light energies now pouring in from higher realms and planetary beings.

This aura of Light is the ONLY true protection left for Light workers at this time on the planet. The sun is shining outside the dark cave but it is necessary to emerge from the dark cave of lower consciousness to observe it and bask in its warmth. It is necessary to achieve dominion over lower self in order to ascend into the super-conscious states or even to vibrate at a level where communication with Space beings becomes possible.

People continually ask "Why do the Space people not land?" Why would they land when they observe the dissension between the "Light" groups, the petty feuds and jealousies as to whose organization is the biggest, the most important, the wealthiest in material terms. The self-delusions of self seekers seem to grow with strange dreams of power and glory. Where Light should manifest, a blind, smug self-satisfaction grows, yet the faces appear discontented and Light has left their eyes, where understanding should manifest and, with it, love. The countenance of ego is a double-dealing one, and friend and foe alike are manipulated without compunction - all in the name of "Light" and loyalty to an organization rather than an ideal.

Long has this planet shuddered under the machinations of power-mad monarchs, dictators, and conquerors. Yet, when starved egos reach out for material power as sustenance and call it building their particular New Age organization, beware lest all are caught in a web of intrigue.

Many true Light servers are now incarnate on the planet. Around them as around a Light gather the children of men. Some are true seekers, some seekers after reflected Light, and some merely curious of a phenomenon so strange as a being on planet Earth striving to express Christ consciousness!

How to tell the difference between a true Light server and a self-seeker? The Light, dear ones, is in the eyes or it is not. The soul looks out in radiance and love or the blinds are drawn and the eyes look "dead." You care or you do not. You are Light enfilled or self-encased. You may suffer at times from the misunderstanding and blindness of materialists but, in the last analysis, you know the spiritual joy of serving the One Light, the One Creator in Love. For a true Light server experiences joy, feels love from the heart center, radiates Light from the head when giving of themselves in Light.

The facets of this work are many and Centers of Light stretch across the continents. Unite with all true Light workers, all Light groups in essence, at their highest level of functioning. Each is performing its part of a Cosmic plan. Each is a facet of a whole.

For truly "The Light descends. The Light transcends and The Light transmutes. We are servers, priests and priestesses of The One Light."

— — — — —

THE MANTRAM OF UNIFICATION

The sons of men are one and I am one with them.

I seek to love, not hate;

I seek to serve and not exact due service;

I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the soul control the outer form,

And life and all events,

And bring to light the Love

That underlies the happenings of the time.

Let vision come and insight;

Let the future stand revealed.

Let inner union demonstrate and outer cleavages be gone.

Let love prevail.

Let all men love.

These things of importance which now manifest, as the battle for supremacy of DARKNESS over LIGHT enters into its final phase, must be brought to your awareness that you might be fortified by this knowing. Whereas it has been the ACTION of the FORCES OF IGNORANCE and DARKNESS to scatter their energies in efforts to block wherever there appeared an ACTION toward CHRIST'S PROGRAM, and thereby serving as a confusing but scattered force; it is NOW these efforts are coming together in concentrated attention toward knocking out KEY people whose efforts are gaining momentum toward awakening humanity...and who are themselves gaining in growth toward fulfilling and proving the PRINCIPLES OF THE PLAN. These methods are diabolical in their cleverness, and not detected by those who are unsuspectingly USED.

It was said that CHRIST would bring a SWORD, and it would turn friend against friend...family against family...and even in the closest of relationships war would be waged. It was not to say that CHRIST would promote such action, but that one seeking LIGHT would be approached by the NEGATIVE FACTIONS through those nearest and dearest.

In a man's weakness is he a PAWN for those FACTIONS which seek to destroy the PRECEPTS OF CHRIST, as those PRECEPTS free man from his bondage to those FACTIONS. Therefore, one not bound to TRUTH...one not seeking their SPIRITUAL UNION, or even those who are upon the PATH...if in them dwells personality ego...if in them dwells self-pity...if in them dwells false pride...if in them dwells arrogance (self-esteem of lower-nature values)...if in them dwells desire to receive personal recognition and praise...if these and other low-level energy factors are still a part of their uncleansed being...can be USED, for in any of these FALSE attitudes can come influences of a LIKE nature to prompt toward intensification of feelings.

The LAWS are operative, in that the low begets itself lower, as the HIGH begets itself higher. Like attracts like and adds unto itself POWER...for the LAWS are as a TWO-SIDED-COIN and where it is that TWO in CHRIST association and action beget CHRIST...so it is that TWO in FALSEHOOD beget FALSEHOOD. POWER is added unto POWER in like kind. Then, by this direct concentration of the forces which seek to continue man in his ignorance, those who have in them an ATTRACTION are USED to attack THROUGH, in that they are stimulated to thwart the progress of those CHILDREN OF LIGHT who are moving away from the base levels of ignorance into ILLUMINATION and DIVINE FREEDOM.

Therefore it is that MALIGNING OF CHARACTER...falsely judging...inciting suspicion...casting confusions...all of these, and a multiple not named are being concentrated upon and cast forth into the lives of SEEKERS AFTER TRUTH, and the INSTRUMENTS for such actions can be anyone whose level of action falls below TRUTH. Your first duty to your SPIRITUAL BEING is to TEST ALL...PROVE ALL...and allow no sympathies toward deceptions.

TRUTH IS OF THE LIGHT AND IS CHRIST:

FALSEHOOD is of the DARKNESS and is DECEPTION...!

Dictated Sept. 29, 1970
DESKA/teska

STAND IN THE LIGHT.....!!!

ASHTAR COMMAND

MAN'S SPIRITUAL AWAKENING

Ray-mere

Greetings in the Light of Our Radiant One. I speak with you from the XY-7 craft which at this time is stationed high in the altitude above your mountain locality. I who speak with you at this time, addressing you in the consciousness of many who are gathered here with me, am known as Ray-mere.

In the interim period through which your people are passing at this time on planet Earth, many things are taking place at many levels of consciousness. It is within the realm of consciousness which my peoples (we of the XY-7 craft of the Saturn Command and many of our peoples from other levels and other planets) are most interested at this time. These levels of consciousness might be termed, as you yourselves would say, in your terminology, as that of superconsciousness, conscious, and subconscious. For the outworking of energy, energy fields, shall we say, energy which is flowing in to this planet from the Central Sun source, Vela, is bringing about so great a change in the consciousness, in the energy or auric fields, of man as to be truly termed a spiritual upheaval, a spiritual revolution, a spiritual reawakening of man on his planet. It is within these realms of consciousness that we of the Space Commands place our faith for the hope of mankind in the period which lies ahead: Not in the interim period itself, nor in the upheavals and revolutions of mind which are occurring, but in the ultimate outworking of these energies for the upliftment of man into his divine nature or being.

Truly it might be said, our brothers, our sisters, that man is transmuting the very elements of his being from an animal-man consciousness to a divine consciousness of his heritage of immortal life: Life as it has been known, experienced, enjoyed, in this and other solar systems over millions of years in a vast cosmos of the creation of One Creator, the Being whom you term God, Whom we know as Our Radiant One, the All-knowing One, Creator of all life. Many of our peoples at this time have come in craft for purposes of

observance, not intervention into the affairs of Earth-man, but observance as one of your psychologists might study the habits of one of your species. I will not use the analogy of a primitive tribe, for your peoples in their higher consciousness are not primitive, but only in their misunderstanding of their own divine heritage have they followed pathways which are far from wise and have led to the extremes of violence, which you find in your midst, about to culminate in a holocaust of horrendous proportions.

It is not, my brothers, my sisters, that Earth-man is as a primitive tribe, it is that Earth-man has not fully utilized the innate dignity of his being, the potential which is his from which to create, even as that Creator, from which he sprang, in its outflowing, in its expression of Love, is forever creative. Thus our, shall we say, space psychologists, our peoples from many levels are, as you might term it, sitting back and observing the behavior patterns of man, his handling of his immense problems, his attempts to extricate himself from the frightening morass in which he finds himself. When this period has passed, it is then, our brothers, our sisters, when Man's free will has run the gamut and has expressed itself in the decision which must either bring disaster or a freeing of the total mass of mankind on planet Earth to a new level of existence: It is at that point or moment of truth, that we of the Space Commands will once again land upon your planet, either in cooperation with your new world leaders (and I advisedly use the word 'new'), your new world leaders, or will be forced to intervene, even as the recording to which you have just listened has told you, to circumvent a destructive holocaust and an ending of all Man's endeavors. It is not impossible, our brothers, our sisters, for Man to destroy a planet. It has occurred before in this system; it has occurred in other systems. It is by no means impossible with the power which man has at this time tapped to destroy planet Earth, to render it totally void of all sentient life, drifting as a barren planet or shattered mass of asteroids in this system, were it not for the fact that intervention from our Commands would at that point, preceding such destruction, be inevitable.

Shall we dwell for a moment on the conditions which were mentioned for intervention in the internal affairs of a planet from the Solar government and its Command source. If Earth qualifies, by its attempts to wage nuclear war within its own confines, it no longer becomes a matter for planetary government alone but a matter for Solar government, since the destruction of one planet drastically disturbs the balance of the Solar System itself and this disturbance will no longer be permitted. If the chronomonitors, of which you have just heard, so observe and report back to their various Command source, once again intervention becomes inevitable. Under such conditions mankind ceases to hold within his own hands the power of life and death for his peoples and his planet, a power which never was fully vested in Man but only in God. It is in the misunderstanding of Cosmic law and its outworkings that Man has transgressed the law which is Cosmic, and has put in its place the law which is of Earth-man in the consciousness of an age which rapidly passes.

As this system, and your planet within this system, inevitably move into a new area or frequency of space, the very ethers within which you find your existence, the very cellular structure of your tissue, of your bodies, of the animals and the plants on your planet change. In this change a transmutation takes place, and the consciousness, the indwelling spirit of God, bursts forth from the crysallis of matter and expresses of the radiant being of Light from whence it came. No longer shall the shell of matter hold man as in a prison, bound in limitations, held to the ground and the mud of a planet. But at last the indwelling spirit of man, in its true divinity, springs forth to rise on the wings of a Light-consciousness into the space which is Man's heritage and his domain for the eternities which yet lie ahead. For such a destiny Man has experienced, has bound himself in the shell of matter to the lowest point of descent into density, throughout the many thousands and hundreds of thousands of years of his existence on planet Earth.

When he once more emerges into the freedom of space, to soar forth as the eagles and to return once more, then shall he know the source of his being, the unlimited horizons of his future, and the

Love which is his forever to give. And in that creative consciousness, my brothers, my sisters, shall Man walk with his brothers, his sisters, who dwell on other planets and shall know at last a true comradeship of being, no longer isolated, quarantined on the one planet in this system which does not travel freely among the stars. But as one of your other tapes has said to you, Man will walk with his brothers and the call which has gone forth for many, many thousands of years, "Oh, Earth-man, come home!" will be answered. And a Light will break over your planet of the coming of the Great One of illumination, who will lead the children of Light of this New Age, which you have called the Aquarian Age, or the Solar Age of Light, into a new dimension and a new dispensation. And those dreams which man has dreamt throughout the centuries of his incarnations shall become realities, and a Golden Age shall be experienced by the children of men.

It is with much love in my heart that I, Ray-mere, speak with you upon this occasion, that I transmit once more from the XY-7 craft not of my words, which are yet poor in their choosing, but of the essence of my being, and of the vibratory rates of energy which we send forth to you at the time of these transmissions in Light for your further ongoing on the pathway of life.

Our salutations, our brothers, our sisters. We of the XY-7 craft who work in consciousness with your peoples of this area and through this and another channel, our salutations we give to you, our salutations of Light and of Love. In that consciousness we leave you and ask that the Light of Our Radiant One be ever with your consciousness.

Adonai vassu.

* * * * *

(Via Telethought, 31 Oct. 70, Solar Light Retreat. Channel:
Marianne Francis)

DOMINION OVER SELF

Ra-teh

Where is the Light and where are the Light servers on the planet Earth at the time of crisis? Where are the children of men who walk in the places of shadow? When shall the time dawn that the children of Light recognize and claim their immortal heritage, for surely shall it not be soon. Else shall the children of darkness beset the land. If the children of Light link not with each other in love and understanding and infinite patience which surpasses the comprehension of flesh-man, then shall not a division be made manifest and in that divisiveness shall the force of darkness grow mighty and wax strong within the lands.

A continent sunk beneath the oceans, Atlantis the Golden, for the children of Light (though they knew of the truths and principles which upheld their very beings) did not observe these and were made impotent and lost their heritage and their lands. When shall the children of Light recognize and claim their immortal heritage? For in the claiming of that heritage lies the power and the majesty and the infinite nature of man: God-man, as opposed to flesh-man. You say, how then to claim this heritage? You say (if your thoughts reach me with honesty and questioning) where lie the lost keys to the claiming of the immortal heritage which throughout the ages has existed as a dream within the consciousness of all men of progressive intent. And I say to you, that the key to this heritage lies in the dominion over self, in the dominion over the warring elements within the being of each, until an inner stillness envelops that being and a doorway opens and with the tremendous inrush of energy comes the power to surmount all obstacles. So it is that the key to the immortal heritage lies in the dominion over self: a dominion not lightly won in the heat of one battlefield, but of man; not of one lifetime, but of many; so that when it would seem victory is attained the elements within self run riot once more and escape from the dominion of the oversoul. When all situations can be met with control, with a further ongoing in Light, then has dominion over self been attained; then shall the energies pour in, and the obstacles of Earth-plane level be vanquished, and the lighted soul be victor.

I, Ra-teh, again communicate with you in consciousness, my soul communes with yours on the light of a new dawn. True it is that ancient civilizations lie beneath the ice-caps, beneath the oceans. True it is that glories have come and gone and of their trace no vestige remains. True it is that Man struggles against a negativity so great as to overwhelm even the children of Light. True all these things, yet one last inescapable fact remains: only by surmounting lies victory, for there is no other way left but the upward climb to the mountain tops of consciousness. For beneath your feet lies an abyss, an abyss which faces not only your civilizations but all who dwell on planet Earth unless they transcend and transmute the very elements of their being and that stuff of mind, of etheric substance which surrounds them.

I have not come to speak with you in terms of simple comfort. I have come to speak with you in terms of inescapable truths. Your conditions on your planet are grave in the extreme, and warriors of Light must present a shield of so

strong a substance as to withstand all the buffetings of the negative force. It matters little whether it manifests from impersonal forces, from personal situations, or from those many frustrations of daily life which beset all at this time. It matters only that these be surmounted.

My people are not unaware of these conditions. We are not unaware of your need for higher assistance, or for energy levels to be raised, or for further Light to transcend the negativity of conditions which you encounter. We are aware of all these things. But yet we say to you that it is only as you reach upward in consciousness to a certain vibratory level that you may become aware and utilize the energies which we are - and I stress which we are - sending from the craft and which are permeating your levels from higher realms and beings.

You have a saying on your planet that "God helps those who help themselves" and this most perfectly expresses that which I attempt to convey to you at this time. Maintain a level of consciousness, insofar as it is possible and to what continuous degree as it is possible for each individual being, that uplifts you beyond the levels of the negative force which undoubtedly is most strong, which undoubtedly is besetting all Light workers with delays, frustrations, and disappointments. It has also been stated in your holy works that "except that those days be shortened, even the very elect would not be saved." And it is in the shortening of this time the transmutation by Light takes place, whereby time no longer exists in the subconsciousness of the Light-infilled soul and they move into a realm which is beyond time. And in the moving into that realm they transcend from that point onwards and cannot be touched by the negative force or its manifestations.

Dwell therefore in Light, our brothers, in the consciousness of your infinite being. Dwell therefore in Love, in the heart chakra of your giving, and know that no matter how powerful, how strong the negative force on planet Earth, it must and will inevitably give way before the forces of Light which gather in strength. For Light has ever been more powerful than darkness, and only One Creator rules in this universe and His laws and His manifested Light shall engulf this planet even at the end.

I speak with you at this time through direct telethought transmitter from my own planet and not through craft. In the Infinite Light, may you reside. In His Wisdom and His Love may you walk. My salutations.

* * * * *

(Via Telethought, 14 Nov. 70 - Solar Light Retreat. Channel: Marianne Francis)

- - - - -

"In the heart of my being, Father, I am one with You, and I recognize You as Being, the Father of all. You are Spirit, Omnipresent, Omnipotent, Omniscient. You are Wisdom, Love and Truth; the power and substance and intelligence of which and through which all things are created. You are the life of my spirit, the substance of my soul, the intelligence of my thought; I am expressing You in my body and in my affairs. You are the beginning and the end, the very All of the good which I can express." (Baird T. Spalding: Life & Teachings of Masters of Far East, Vol.2)

A LIMITLESS CONCEPT OF LIFE EMERGES

Ra-teh

Greetings. We cannot predict in terms of Time, only in terms of Dimension.

In assessing the measure of Man's true dimension, events, in relation to Time, his level or density of being, we find ourselves forced to the conclusion that Man on planet Earth operates within a circumscribed sphere of consciousness. The walls of his perceptual range of vision form limitations or a prison from which he cannot escape. Yet Time, viewed in the sense of a dimension, operates only at a level of fourth etheric (as you have termed it, of fourth dimensional consciousness).

In reaching out to perceive of events on a time scale of limited proportions, Man finds himself unable to relate in consciousness to a level where Time and infinity meet unless, at this point (of the ending of a cycle), an ability manifests in consciousness, upward and outward, beyond the level of the brain mechanism into pure Mind, pushing outwards the walls which imprison Man on planet Earth (and we speak of Man in terms of mass Man, not in terms of New Age Man). If these walls are pushed outward and finally torn down, a comprehension of a divine, all-permeating Intelligence (which we may term energy) then presents itself and permits of a type of consciousness which supersedes matter in its grosser form. It is our understanding that the step which Earth-man takes at this time is a gigantic one which extends his horizons beyond the confines of his environs, his concepts, his dogmas; and a limitless concept of life as it is lived in the Cosmos, not only life humanoid but life at many levels, interpenetrating, co-existing, extending to various densities, planets, and beyond the circumference of planets, emerges.

In attempting to convey these concepts from my consciousness to your own, I choose words stumbling, imperfect, yet in an attempt to convey something of the nature of existence as we know it - and as New Age Man shall know it before the century has passed its mark. The birthpangs of an Earth in torment are as the birth of a child, the dawn of the New Age, birthing through chaos and travail will lead to a millenium to be experienced in joy. Earth-man in his consciousness reaches outward and thus makes possible physical change within the cellular structure of his own tissue; change which actually brings about vibration, motion within the organic forces or processes.

Thus this vibratory motion can be termed the nucleus or seed-atom of each cell. In it lies spiralling energy which, moving outwards, ever outwards and upwards, carries the body physical into a form not yet fully comprehended, not any longer of dense physical construction but of another substance, not entirely etherealized, subject no longer to the laws of physics or science as you have known them, but subject to subtler laws which mankind has yet to learn of.

These laws deal with the true nature of Man. They teach that he is composed of energy, that consciousness itself is energy of an infinitely fine nature, of a force forming and indeed indicative of Man's environment and changing it, even as all things are changing in spiralling pattern towards an infinite expression of Life.

When our peoples land upon your planet they will do so in the certainty that there are minds ready to meet them, linked no longer with the atavistic force of the unconscious but manifesting at levels which make possible a meeting of minds, a sharing of concepts in a relationship of true brotherhood.

Thus it is that Man's experiencing, his experimentation through the densities of gross matter and the strugglings with his own nature, that he

unlocks doors and releases energy patterns of much potency for good or ill. In understanding of himself lies the key to the unlocking of the doors without. And as each masters their own soul or being, the doors which they seek to open swing wide and sunlight streams through and a son of the Illuminati is born, and a daughter of Light emerges. In the positive and negative poles of expression, through Man-Woman, in the combining of these energies, wholeness is achieved within the system, within the civilization, and within the very elements of the planet itself. Planet Earth is in chaos, is a planet devoid of balance within its life-wave humanoid, thus upsetting the structure of attendant life-waves and their relationship to Man. Dark though the night is of planet Earth's birth pangs, yet shall this planet emerge, filled with Light, reborn into the light of a new understanding.

My name is not known to you for I have not communicated before through this one, yet fresh levels of energy enable me to link my mind to yours for a time and to communicate from my consciousness and concepts and to take with me the emanations of your beings. If you would have a name in your understanding, my name is Ra-teh and I come from the planet known to you as Mars or Masar.

We are aware, my friends, of your dilemmas of Earth but do not lose sight of the fact that there is ever a solution. In the energy which flows from the Infinite Being may the ultimate answers be found. In that energy, its outpourings, I leave you, content with the knowledge that you indeed are secure.

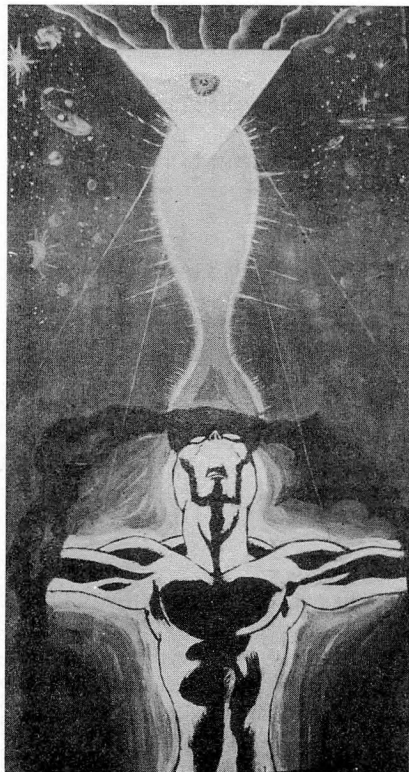
My salutations. I leave also.

* * * * *

(Via Telethought, 7 Nov. 70. Solar Light Retreat. Channel: Marianne Francis)

NEW AGE ART DEPARTMENT

MAN IN MATTER



When man enters this level of consciousness awareness called matter, he is not aware of much more than his body. All that was transmitted to the higher Mind (the various levels of which the subconscious is the lowest) during the last incarnation is still retained with the wise addition of various memory blocks. What reaches more or less strongly into the present are the following: karma, both positive and negative; individuality, your reaction to a given situation formed in this life; moral standards of former incarnations which become the Conscience of the present and it is said that man either has it or does not; strong likes and dislikes bordering sometimes onto phobias; an inborne desire to appease unfinished business, etc. As the one gradually develops the Conscious Mind, which is supposed to be used as an instrument of learning in the physical, one also begins to rely on it exclusively. More and more the Conscious Mind takes over the mechanics of the Man. In time the Conscious Mind (personality Self) dominates entirely, yet it plays but a small part in the game of hide and seek with oneself.

The Conscious Mind can also be called Body-Thought and, for all intents and purposes, that is all it is. Body-Thought is quite automatic and is frequently confused with Mind. Even the most materialistic person or an idiot "thinks" and reasons and so do children but the level on which it is done makes it mostly Body-Thought. Just meditate seriously a number of times and you quickly discover the difference between Body-Thought and Mind-Thought. Mind-Thought, when realized (or conscious of itself) by-passes Body-Thought and becomes apparent through Higher Awareness. IT ALL HAS TO DO WITH SOUL-GROWTH.

Self can only be realized when the body is by-passed, or made to serve Mind, and when one can still remain conscious; then the mind above the body must be made to serve and only then can self be conscious in the physical environment. Only when all three: body, Mind and Self are properly aligned can Man achieve and raise himself by his own bootstraps, as it were. As self-realization is fully manifested, Self becomes conscious of itself (knows itself) even in an active body with an active Mind.

-Claude Charlebois

CHANGING CONSCIOUSNESS

Greetings, our brothers, our sisters, in the Light of our Radiant One. I, Sut-Ko, speak with you through telethought transmission once more, upon this occasion of your meeting.

I transmit to you, at this time, certain information relevant to conditions on the surface of your planet. You have just been listening to a Tensor Beam communication from my brothers, Monka and Kor-Ton. We are aware of your minds, we are aware of your thoughts. We speak with you, now, concerning the time which is fast approaching on your planet, not only among your peoples of this Western hemisphere but among many peoples of many nationalities, races, and creeds on the surface of your planet.

For some period of time now, short on our cognizance, a matter of some years - a decade - in yours, we have spoken with you of that which we have termed, for the sake of simplicity, as the frequency change. The frequency change relates to an inflowing of cosmic energies from the Central Sun, Vela, intensifying, speeding up, changing the molecular structure of all matter on the surface of planet Earth and, indeed, changing much in this entire Solar System as consciousness, the directing force behind the manifestation of all matter. It therefore follows that tremendous changes in the consciousness of Earthman must and inevitably are taking place, due largely to this tremendous energy of high frequency flowing in at this time. Your peoples already are responding to these changes, as we have previously told you, in two completely different levels or ways. Those of your peoples who are evolving and advancing in consciousness are expanding their awareness, their levels of perception, at a most rapid rate; rapid, that is for Earthman compared to his levels of progress in the many centuries of his life involvement on planet Earth.

The other extreme of this manifestation, again as we have spoken of to you, is the resistance of hide-bound Earthman in his Earth consciousness, in his sets of rigid values, conventions, and creeds, wherein the resistance set up to the inflowing high frequency energies, bringing about friction within the auric shield surrounding every individual so responding brings about a state of confusion or a state of violence; violence either in action or in words, or in both. Hence, the great disturbances between peoples struggling for their independence from this, that, or other restrictive force. That this independence cannot be brought about by a state of understanding or evolved consciousness is tragic, but it is entirely predictable within our realm of perceptions. As long as resistance to change manifests itself, our brothers, our sisters, as long as the consciousness of Earthman (and by Earthman we speak of man and woman incarnate on the planet) meets all incoming vibratory waves of energy with a force resistance there will be the conditions which you now witness. Yet climax is rapidly approaching in the affairs of Earthman; as we in our understanding of the magnetic cycles (which you call Time) perceive and know, the climax which will bring about a final boiling to the surface of all dross existent in the life wave called Man.

Man, however, on the surface of your planet is not cognizant of the facts: that in the releasing of these energy patterns in states of violence, of mob

disorder, there enters in another vibratory wave which, added to the energies already manifesting, creates conditions of such utter instability that, were it not for the fact that we from space remain in many craft outside the ionospheric levels of your planet, there would already have been a partial tipping of the axis of your planet.

It is pointless to once more discuss the insanity of man in his explosions of atomic hydrogen devices and his continued explosion of these despite all warnings given, not only from space but finally permeating the minds of some of your more intelligent scientists. Should this disruptive pattern continue, it is with a calculated and predictable curve of events that there will be much disruption of ocean floors and of fault lines within the structure, and within the actual core of the planet. My peoples and I, myself, view with much - I do not wish to use your word "alarm" - but with much disturbance the predicted experimentation which your peoples are now planning for certain areas and for certain underground locations on your planet within the coming months of this, your year. Much already has transpired; not all, in fact very little yet observable to the eye of Earthman or his trained observers. Much is yet to take place at a very surface level, which will hardly escape the attention of any of your peoples.

In my earlier communications with you I have stated that it is for the individual to orient himself within a consciousness which is inviolate and of Light, to withstand, shall we say, the shockwaves of confused thought, of geological disturbance and indeed magnetic disturbance within the envelope of this planet. All etheric levels surrounding this planet are now in the state of what you might term "flux" or magnetic change. It can hardly be long, our brothers, our sisters, before this change manifests in a very drastic way, at a third-dimensional level or density. All Light Centers are requested to stabilize, not only the consciousness of their leaders, personnel, and crews, but to stabilize all preparation for which you have termed "Period of Survival." The directions which have been followed by impression in this particular Center were those given from ourselves, our sister (L.W.). It is therefore advisable at this time that all individuals remain steadfast in their consciousness and performance of those missions which they have felt impressed as their own; that all outlying outposts of Light within large cities near major fault lines be prepared for evacuation if the eventuality manifests itself in this period of time which you now regard as the present. We have not stated that it is inevitable, for much depends upon your scientists' further experimentation within the months of this your year. However, should the plans which have been postulated secretly and not known to the masses of your peoples be carried out there is grave danger of flooding of coastal areas and the large-scale displacement of fault lines in many areas not previously affected.

My transmission upon this occasion is, therefore, and may therefore be interpreted in the nature of, shall we say, a stand-by alert procedure. That I have chosen to communicate with you upon this occasion must surely show to you the gravity of your peoples' actions and our concern. I withdraw my consciousness at this time, but will transmit within a short period of time to the closed group in this Center. I regret that it is not possible for me to

(Continued on page 21)

MAN IS SPACE-BORN, COSMIC HEIR TO LIGHT

Sut-Ko

I greet you, my brothers, my sisters in Light. I identify as Sut-Ko of the Saturn Council. My transmission to you upon this occasion deals with the imminence of change as related to your present state of consciousness and being.

In the material which has previously been presented to you, our brothers, our sisters, many keys have been given to the understanding of conditions on the surface of your planet. As we previously stated, if these keys are utilized correctly they will enable you to walk a pathway of serenity and of Light consciousness throughout the turbulence of your changing scene. - If, however, certain of these keys are not used you will find yourselves stumbling amidst the turmoil which so soon is due to accelerate to a pace beyond the handling of many of your peoples.

It is pointless to further comment on the fact that many of the conditions which we have previously acquainted you with are manifesting before your eyes, in your civilizations, at this time. That greater turbulence is obviously due to take place, not only within the consciousness of man but within the consciousness of the Devic kingdom and the very elements of the planet itself, in their relation to the Devic forces, also has been previously spoken of to you.

At this time, we of the Saturn Council view the conditions on your planet with the gravest concern. The atomic experimentation of which we spoke earlier to you in a previous month this year, has already now taken place and further experimentation is due in areas of weakened fault-line structure. How much longer the sensitive - shall we say - magnetic force-field of your planet can withstand these shock patterns, these continuous shock patterns which are being impelled into its structure, is very much of a question to our own scientists as it would seem that a point of no return has already been passed. The changes of a geological nature which you have already been witnessing upon your planet in their accelerating patterns are again, once more, due to accelerate within, I believe you would say, a ratio of ten to that previously observed. The rising of lands beneath the oceans and the sinking of areas within the weakened fault-line structures is already taking place with the displacement of large masses of land beneath your Pacific and Atlantic oceans.

Much of the information which has been given from ourselves through many Earth channels is not unknown to your scientists but is merely being withheld from your peoples due to the fear of panic of widespread proportions being caused. Many of your governmental agencies and scientists are at this time (and when we say "your" we speak of your planet, not of your particular nation) are concerned and are working, as you would say, "burning midnight oil" in an attempt to discover the secrets of the balancing of magnetic energies and of the gravity effect which are already much out of balance from the norm. These scientists, these agencies, are concerned that they may establish once more a

balance within the planet and its relation to other planetary bodies in this system, not from the viewpoint of a cosmic balancing within a cosmic scheme of things, but within a viewpoint of once more attaining the status quo, the status quo which no longer will exist and no longer can exist on your planet, the point of no return beyond which all has passed. But in the greed of materialism which guides so many of your governing agencies (and the forces of international intrigue and finance and power which lie beyond these) is a frantic attempt to build back once more a crumbling edifice, an Empire which for so long has served the cause of greed and of the material as opposed to the values of spirit.

The day which has long since dawned is the day of reckoning; the day which so soon arrives is the day of revelation. Prophecy of many kinds fulfills itself within the consciousness of man, not merely in the events which surround him but within his own realization of his placement in carnate life, his relationship to the divine and to the spark of the God-force within. Such a day of revelation dawns for all people on your planet, our brothers, our sisters, and in that day the mind of man comprehends the magnitude of God and finds himself but a puny ant in the creation of a magnitude beyond the comprehension of finite mind. Yet in that comprehension lies both humility and expansion of consciousness into the ultimate realms of the God-consciousness and the God within, part of the One Created force which permeates all things, all beings, all sentient life. To become at one with that force is to know life; to divorce oneself from that creative force is to taste death.

My peoples have waited long periods of time for the return of planet Earth, the consciousness of its peoples and its life wave, to the Solar Council, to the brotherhood of man, of Space, to the voyagings once more in craft out to the outermost rim of the galaxies of God. For where man roams in consciousness, so may his flesh and his creations of machine follow. Where man roams in consciousness first, so also follow his footsteps. And it is in that awaiting for the return of Earth-man to the ultimate reunion of space (for all beings are space born, not we alone who traverse your skies in craft of silver, but you who walk the planet also are space born even as we); to that ultimate reunion we address ourselves in the changing consciousness of man. And though his footsteps have wandered far from the domains of Light, yet in that pilgrimage has he learnt many things. And when he returns he will know of ultimate realities and in that knowing will find at last the freedom of his own being.

Man in consciousness, our brothers, our sisters, is free as the winds that seek out the surfaces of your planet and roam o'er the oceans and the mountains. Man in consciousness is space-born, cosmic heir to Light, and in his heritage and its values he finds his ultimate security, his ultimate link beyond all things of the finite transient scene, of the many cultures which have spread o'er the face of your planet. Man who returns many times yet knows himself to be not that of the flesh body but that of the flame of Spirit. For has it not been said on your planet by your own teachers, I AM THAT I AM.

In my attunement in consciousness with this one who is our channel, I speak once more with you of realities of spiritual intent. Yet realities which

permeate your planet force themselves upon the attention of your peoples even though that attention be not consciously recognized, of energies which stir, of energies which awaken, which move mountains, change cultures and, leaving no trace nor vestige of their existence, move onward into a new spiral, a new plateau, a new life. So that as Man emerges from the chrysalis of that which he has thought of as matter-reality, he finds himself at a different level, aware of realities previously not recognized, aware at a level of perception which allows him to express the beauty of his own being, the Light from which he was created.

At this time in my attunement with you, I and my brothers give our greetings with much Light to our brother (GK) who is with us, to all of you who gather here in this vortex of Light. And we ask once more that you remain serene of consciousness, secure of Love, and confident of the final outcome of a cosmic plan for the ultimate redemption of man.

In the Light of Our Radiant One, I, Sut-ko, give you Adonai Vassu of your consciousness at this time.

* * * * *

(Via Telethought, 17 Oct. 70. Solar Light Retreat. Channel: Marianne Francis)

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(Continued from pg.18)

answer several of the questions which I find in your minds; however, our sister who is our channel will attempt to answer them for you.

Would that Earthman might learn of the laws of the One Creator of all men, within which laws exists a pattern for living, for experiencing, for beingness, instead of the pattern which Earthman is choosing of destruction of his vehicle, of his world (if this were permitted) and his innate God-given dignity of Soul.

In the Light of our Radiant One I, Sut-Ko, bid you

Adonai Vassu Barragus

(Via Telethought, 25 July 70. Solar Light Center. Channel: Marianne Francis)

(Note: Large-scale atomic tests have taken place since this transmission.)

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Lava Putting On Show In Hawaii

HILO, Hawaii (UPI)-- Volcano watchers today could walk to within a few feet of streams of fiery lava inching down the slopes of Mount Kilauea.

"It's quite a show, especially after dark," said ranger Arthur Hewitt of Hawaii Volcanoes National Park. "Very, very spectacular. The lava is flowing over cliffs and forming ponds below them."

The glowing lava is visible at night from twenty miles away. (22 Nov 70)

CENTER NEWS AND TRAVEL

When I last signed off this column it was Convention time and what a surprising time it was. A truly Light-filled convention was shared, experienced and enjoyed by all at Merlin: Many familiar faces, many new ones, and a spirit of love and brotherhood prevailing. Stimulating panel discussions, interesting lectures, beautiful meditations with Jack Schwarz and the music of that lovely soul who is Erma Glenn.

Even the intense heat outside (it was 106° for several days) did not spoil the scene. A starcraft was seen over the hill behind the Convention Hall on one or two nights and it could be that even an Earth-incarnated Uranian shared of his concepts and his Light!

Gina Cerminara was the Center's charming guest for two days and then John Pearson from Victoria. A drenching rainstorm brought the unbearable heat wave to a close and suddenly it was quiet and time for reflection.

July came, and personal changes; then August and a hastily planned trip to southern California. Everything seemed to fall into place as in a Cosmic plan - a few days before I left, out of the blue came Angela, directed from upstairs to this Center. Though we had never met before, I knew she was the answer to my prayer. I asked and she stayed for two weeks while I was gone. The Retreat's three watch cats and one watch dog loved her and I left knowing all would be well. Thank you, Angela.

Bettie Berg (met at the Convention) phoned two weeks before I left (only one day after even I knew I was leaving!) wanting to arrange a lecture for me in California City and somehow knowing I was going down! After hasty car repairs we left (Margaret and I) and barrelled down into Bakersfield like a freight train coming down the tracks! We don't know if it was the heat or the re-tread tires on the T-Bird but it roared and it grumbled and its air-conditioning overheated and we drove and we drove. By dint of much persuasion and (we feel) careful driving we made it through the heat and over the treacherous pass without stalling and into Los Angeles. While many drivers were stalled all along the pass, we stopped every fifty miles and hosed the overheated engine down, consumed our orange juice and Vitamin C and congratulated ourselves on our good judgment. Margaret's vacation had also coincided with my trip and this enabled me to have a co-driver and an ever-cheerful companion. Truly that trip was planned "upstairs," if ever a trip was.

Personal business in Newport Beach concluded, we headed for California City and more heat: California City, a new concept in vacation cities. Much interest in my lecture; an early morning interview in Bakersfield on T.V. and everyone (or so it seemed) with car trouble. After another day's delay and more car repairs (this time the power steering pump) we finally headed back up to Santa Barbara and its delightful coolness.

My thanks to dear Gina (Cerminara) for an interesting weekend as her house guests; also to Gayne and Roberta with whom we stayed on the way down, and to Gabriel Green in Los Angeles.

Home at last late Sunday night and a letter telling of a house guest about to arrive on the morning plane! More contacts and a rushed week, then again quiet.

October again brought personal guests and trips to Washington and Portland to see friends and attend weddings. Holly married in early October, Trisha late October. Weddings were in the air. Also our Light workers, Hanita and Gregory Alexander, arrived from New York and were my guests while they found a home here on the mountain. Sabrina, a New Age symbolic artist, also came in from New York. A busy, busy month. A sizable donation from Hunter of "Lorien" paid our printer's bill and will get out this issue. So many thanks, dear friend. Leonard and Neil from the Aquarian Planetary Foundation visited and we loved them and their ideas for unity among the Light groups. November again brought changes and adjustments. A talk was given to the Philosophy club at Medford High and received with much enthusiasm. A beautiful Thanksgiving Day shared with the "Lorien" group: Frank, Heath, Harry, and baby Anna.

Ideas are flowing for a true renaissance next Spring and many changes imminent. Several important transmissions received and incorporated in this issue. Please study them well.

The rains have come at last and the nearly-dry well is no longer thirsting for water. Snow on the far mountains and a nip in the air. Winter is nearly here and January may find me absent from the mountain. A Mexico City lecture has been suggested but nothing definite yet.

The year is nearly over and how fast it has gone. Yet so much has been accomplished in Light and Love.

In His Light,

Marianne Francis

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Manila Shaken By Earthquake

MANILA (UPI) - An earthquake shook Manila Saturday just two days after the worst typhoon in the city's history caused widespread destruction and left at least 125 persons dead. There were no reports of casualties or serious damage from the tremor. (22 Nov. 70)

East Pakistan Toll Continues to Mount

DACCA, East Pakistan (UPI) - The East Pakistan relief commissioner said Saturday the provisional death toll from the cyclone and tidal waves that battered coastal areas eight days ago had been revised upward to 153,340 and could grow to "several hundred thousands." Many of the islands in the Bay of Bengal devastated by nature's one-two punch Nov. 12 still had not been reached or heard from. (22 Nov. 70)

ANNOUNCEMENTS

Publication Delay

The printing of the lecture, "Manifestation" has been long delayed due to financial difficulties but it is hoped to have it in print in the New Year. To those who ordered copies we apologize and ask your continued patience.

The Survival booklet prepared by Lysa Waring has also been delayed in printing but should be out with this issue or very soon afterwards.

We had expected to collect \$200 in orders prior to printing but now plan on renting (and later buying) a mimeograph machine to print it ourselves. Again we ask your patience in this matter. We will soon have your orders sent out.

Chain Letters

PLEASE, PLEASE do not send us any more chain letters...we have been flooded with them this year and have neither the time nor the implicit belief that they will bring vast sums of money to this Center. The kind thoughts of those who sought to be of help in this manner are appreciated but please help us in other ways. Continued donations are needed to keep this and all Light Centers and workers going. Most of us are working with no other source of income, on a full time basis, and only your thoughts, prayers, and continued assistance make you a part of this work and a plan, Cosmic in scope.

Many thanks to all of you who HAVE sent encouraging letters, notes, donations, or who have donated labor from time to time. You make it possible for us to serve you and the Divine Plan.

PUBLICATIONS

Lectures by Marianne Francis:

Frequency Change and the Second Coming	\$1.25
The Call of the Phoenix	1.50
Manifestation	1.25
Men from Space and Prophecies of Earth Change	1.25
Starcraft Contact	1.25
The New Dimension and the New Age	1.00

SCRIPTS: Ten Selected Scripts from Space People 2.90

STARCRAFT MAGAZINE: Subscription \$2.25 (USA), \$2.50 (Foreign)
(Three or four issues per year)

SEND ORDERS TO:

SOLAR LIGHT RETREAT
7700 Avenue of the Sun
Central Point, Ore. 97501

Telephone:
855-1956 (Code 503)

SEASONS GREETINGS

As we approach the Christmas Season and venture forth into a New Year, a year of much promise to the "Children of Light", we see change all about us. The Aquarian Age is making itself felt, as witness the upheavals in social as well as geological structures: the changing moral standard, the uprisings of minority groups, and the new folk music. In the breaking down of old conventions, old patterns, it appears evident that chaotic conditions will occur in all aspects of life during this transition period.

As the Space Brothers have said:

"We have previously stated to you that where Light is, darkness also will be found, for Light attracts darkness, my friends, in an attempt to put out that Light. . . The danger exists today on your planet of a war between the Children of Light and the children of darkness and grows in intensity, threatening to even dwarf those conflicts which existed in prior times of the sinking of large land masses."

"In the repetition of old karmic patterns of very ancient planetary origin lies the danger of another Atlantis. . . That the pattern has become so ingrained even, as you might say, a groove is cut in your records, and that groove is followed and the sound which is produced is identical upon each occasion, so it is that a deeply encased consciousness is manifesting at this time. Due to the tremendous in-flowing vibratory waves of energy from the Central Sun, a stimulation is occurring of all ingrained patterns, forcing them to manifest of their own design or at last to move upward into another spiral and a fresh beginning."

"It is therefore of tremendous necessity that the children of Light hold within themselves the essence of that God-spark of Light intensity and manifest it until it grows as an auric shield of tremendous power, visualized in waves, or concentric bands, of radiant color spreading outward from the heart chakra and from the crown chakra until it surrounds the body physical, protecting from all negative manifestations."

"Mark well that the path you tread be one of Light intent, purity of motive, and love of soul. It is only as the servers of Light and the children of Light gather with pure intent and align themselves with the forces of the hierarchies of Light, of spiritual, planetary and interplanetary mission, that aid and assistance may be given and a grounding of the Light energies be accomplished.

May the consciousness of a "New Age" be with you in the coming year.

SOLAR LIGHT RETREAT

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"I might say, I never in my life met anyone who had more than one name."

The second thing I noticed was that he was very friendly.

1. 2013-14-15

These authors did not say that the "topA" was a 30 page document, and did not

PAULETTE MARY SAUNDERS