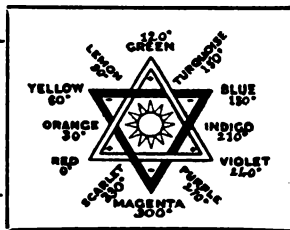


SPECTRO-CHROME

JULY 1923

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VOLUME 2

NUMBER 7

Devoted to: Spectro-Chrome Therapy

Dedicated to: Service of Humanity

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Editor

Dinshah P. Ghadiali

In course of life you reach a time,
When Doctor, Lawyer, Priest alike,
Does fail to give the sought relief,
To troubled mind or burdened heart—
Then come to me;
I help you to help yourself.

SPECTRO-CHROME.

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U. S. America

Attuned Red Wave

(The World Through the Eyes of Dinshah)

TRANSFER OF NEW YORK CITY ACTIVITIES

On and after November First 1923, the business activities of the New York City office will be completely transferred to the Central Office at Philadelphia, Pa., maintaining only the Statutory State Office in New York State. Please act accordingly.

DOCTOR TASTES HIS OWN MEDICINE

SPECTRO-CHROME SAVES

SIGHT

BIRTH OF SPECTRO-CHROME SYMPATHOMETER

The serious automobile accident on my last tour to Detroit, Michigan, showed only a slight scar on the left side of my forehead, which was quickly healing when I departed for Cleveland, Ohio.

We left Bedford, Pa., early morning for Pittsburgh, Pa., 95 miles out. We left that town at 1 P. M. and having 175 miles more to make that day we naturally had to travel as quickly as discretion and the road rules permitted.

At 3 P. M., an unexpected trouble started. The bright Sun shining out of a cloudless sky confronted us from the West and for three hours it was impossible to avoid its direct Orange glare on my eyes. As evening approached, it became worse and as we neared the limits of Sharon, Pa., a

color haze spread before my vision—the overpowering Orange radiation from the Sun had worked its mischief.

We reached Cleveland, Ohio and the next day began arranging for the Sixteenth Class on Spectro-Chrome Therapy; my enthusiasm and alertness however received its first shock when opening the window blind I found my eyes could not keep open against the power of the Orange in Sunlight. I ran to a mirror—my left eye was gorged with blood; I realized the possible situation and closed my right eye—the left was covered with a film that rendered it sightless.

For a moment, my future flashed before my mind; to have one eye to arrange my experiments, to be sightless during the day and work in the dim of the night only was to be my lot for an uncertain period. Four more days and the discourses would start. Meanwhile the smarting pain and the burning kept on increasing. I went down to an optometrist in the hotel and had him look into my trouble. He examined the eyes and putting on a look of the utmost gravity said, "I do not want to scare you." "Scare? you can say nothing that could scare me; go ahead; I cannot look into my eye myself so I came to you; speak the truth," said I. "Well, you are getting a cataract!" "Cataract nothing!" I shouted; "look again, this is a trouble from the glare of the Sun; my eyes were always perfect except for a myopia of—4.75." He maintained his ground and I returned to my darkened room.

What was to be done? I noticed the terrible inflammation and the same night waded on it Turquoise from an Intermediate Spectro-Chrome Equipment; but meanwhile, the ciliary mus-

cle of the left eye too having been weakened the glare prevented the eye from keeping open. The only remedy for facing Sunlight was to make a special pair of Spectro-Chrome Blue goggles and wear them over my spectacles.

I did it. During all the three weeks I groped around during the day with those super-dark glasses endeavoring to cope with my duties notwithstanding that the pain was excruciating; I lived an entombed life during three weeks in the day and faced the class lights at night. It certainly was a world dead to me; I must work; stopping the class work would mean heavy financial loss to me and discouragement to the twenty six students. I must work at all costs.

I worked. There was no way to stay in the dark after Spectro-Chrome treatment; so I did not take further treatments; there was no facility for using the necessary Graduate Equipment.

Thus it dragged on until the week for departure came. Here was I, a cripple in vision and had to drive the automobile 275 miles to Indianapolis, Indiana. I must leave, but how? A thought struck me. I would consult an Occulist Specialist, ascertain the exact damage to the eye and act accordingly. There was no Spectro-Chrome Therapist optician there to look into my eye, so I picked a Doctor of Medicine recommended by the other Optometrist, made a definite appointment by telephone and went to his office punctually, guided by Kashmira.

That M. D. was not there; his office was filled with a number of patients; I announced myself and was told nobody knew when the Doctor would be in; I must wait and then some! I saw through the game of that shark and left saying I would not be in the hands of a man who violated his appointment. I went to another.

He received me well and after examining my eye said, "I must look into this further." Forthwith he produced a bottle and prepared to put some drops into the eye when I pushed his hand gently saying, "Excuse me please, I do not wish to be treated medically." "But this is only Cocain; I just want to ascertain whether there is any Corneal Ulcer!" I told him who I was and gave him the story of the accident. He recognized me and said, "Well you have an inflammation!" Of course I had it! He said, "You have a slight astigmatism developed and there is Infiltration in the Cornea." "Yes," said I, "has any damage occurred outside of that to the optic itself? Is there any actual organic trouble that would permanently ruin it?" "This is organic trouble and it generally is obstinate. You must stop using this eye altogether and work only with one eye." "And drive an automobile with one eye too?" "Yes, yes, that would relieve the strain." "And then if the Optical Chiasm became overloaded through one-sided action?" "That is all to consider; but you see it is necessary to relieve the strain on this eye." "Well, what is your opinion about the whole affair?" "If you mean the treatment, the classical treatment is Rest, Heat and Atropine. You must not use the eye and must heat it; take an electric heater and focus the heat directly on this eye; also put a drop of Atropine Solution three times a day in it." "But Doctor, this is a trouble caused by the heat side of the Sun; the very appearance of the eye shows it and heat is like poison to it, that is why I wear these Spectro-Chrome Blue goggles; without them I could not have been able to come here." "May be, but, Heat is necessary to remove the inflammation and the corneal infiltration." It was no use talking more. When he knew who I was his fee seemed to have increased—he charged me ten dollars for telling me I had redness in the eye which must be heated by an electric stove! And what galled me more was he

asked me to see him in five days later to ascertain "progress."

I faced a bad situation. I could not follow the advice of that "Specialist" for Rest and Heat, so sacrificing all comfort and business consideration I shut myself in a totally darkened room by day and at midnight when the class-work was over I treated the eye with Indigo with the Intermediate Spectro-Chrome. I had only a few minutes treatment each time for three days prior to departure but with the goggles on and one eye seeing I drove the machine to Indianapolis, Indiana 275 miles in one stop. It was a race for saving my sight.

There my Graduate Equipment was ready. The torturing pain, sensitiveness to white light, obscuration of vision and continued strain for over three weeks had left me comfortless and sleepless but not thoughtless. My mental activity was unimpaired although the physical damage had rendered me helpless in white light. The Sun whose power-worshipper I am, that Sun without bowing to whose glorious orb I would not start my day's work, was now as it were working to leave me sightless. Many times in the self-imposed darkness in the day would I have tears come to my relief; there was I endeavoring to serve my graduates but unable to read even their complaints; there was a pile of business, but, without my eyes all was useless to me. Irene and Kashmira were literally swamped; day and night the loyal secretaries stuck to their arduous tasks, but without my personal attention to the important personal matters they found the detail load piling day by day. It was a battle between the powers of light and darkness and light must supervene.

I pulled the Graduate Equipment from its case, rigged it, connected it and switched on the current. The concentrated Indigo Wave was flashed on the left eye for 15 minutes and I

retired to my bed in the dark. The next night I flashed the concentrated Turquoise and treated for 25 minutes, the third night I stood it for 35 minutes. The reward came. In those three treatments with the Graduate Equipment, the inflammation subsided and the corneal infiltration began to disappear. A few more treatments were taken before I left Indiana; I discontinued my Spectro-Chrome Blue goggles and my sight became practically normal without any color distortion—and that without Heat from an electric stove!

But a bigger reward for patience was to come. Two days before starting from Indianapolis, as I was chanting prayers to The Most High, in the darkness of the midnight and casting my internal vision around, there came to me like a streak of lightning that which I had been thinking of inventing years. The sweet lull that had supervened after the restlessness of numerous nights had enked my faculties and like an astronomical chart of the heavens appeared before me the entire scheme of the mechanical working of the Occult Operation of the Great Sympathetic Nervous System.

At once I threw off my bedcovers. Out came the paper and pencil and within a few hours' calculation as the new day dawned the design of the machine was completed in its mechanical details—it was the birth of the *Spectro-Chrome Sympathometer* whose use will be demonstrated at our Third Annual Convention on Wednesday, November 28, 1923 at 8 P. M.

CALIFORNIA TOUR NEW CLASSES

The following new classes will be opened and students trained in Spectro-Chrome Therapy in December 1923 and January 1924. The times and places are fixed and there will be no

change in the program.

San Francisco, California Class
Class Number Eighteenth

1923

December

- 1 —Departure of Dinshah and assistants from Philadelphia, Pa., 10:25 A. M.
- 2 —Arrival in Chicago, Illinois, Hotel Atlantic, 8 A. M.
- 2 —Meeting of Spectro-Chrome Therapists, Hotel Atlantic, 3 P. M.
- 3 —Departure by the "California Limited," 8 P. M.
- 8 —Arrival in San Francisco, California, Hotel St. Francis, 8:15 A. M.
- 8 to 13 —Arrangement of experimental apparati, Lecture Room.
- 14 —Free Public Lecture, Assembly Room, 8 P. M.
- 15 —Public Reception, Lecture Room, 2 to 4 P. M.
- 15 —Public Lecture, Assembly Room, 8 P. M.
- 16 —Public Reception, Lecture Room, 2 to 4 P. M.
- 17 —Beginning of Spectro-Chrome Therapy course, Lecture Room, 7 P. M.
- 29 —Completion of Spectro-Chrome Therapy course, at midnight.
- 30 —Departure of Dinshah and assistants from San Francisco, California.

Los Angeles, California Class

....Class Number Nineteenth....

- 31 —Arrival in Los Angeles, California, Hotel Biltmore.

1924

January

- 1 to 3 —Arrangement of experimental apparati, Lecture

Room.

- 4 —Free Public Lecture, Assembly Room, 8 P. M.
- 5 —Public Reception, Lecture Room, 2 to 4 P. M.
- 5 —Free Public Lecture, Assembly Room, 8 P. M.
- 6 —Public Reception, Lecture Room, 2 to 4 P. M.
- 7 —Beginning of Spectro-Chrome Therapy course, Lecture Room, 7 P. M.
- 19 —Completion of Spectro-Chrome Therapy course, at midnight.
- 20 —Departure of Dinshah and assistants for the Central Office.

After completion of the tour in California as above outlined, new classes will be opened in other States. The 1924 program will be announced subsequently. Frequent inquiries are received as to the opening of classes in Philadelphia, Pa., and New York, N. Y. To them and similar inquiries the one answer may be given: there will be no more classes in the States already covered until other States that did not have the message of Spectro-Chrome Therapy are presented the opportunity. Formation of special classes may be considered for States already covered only where a sufficient number of students is guaranteed beforehand by a responsible person, because, I cannot waste my time and the resources of the Spectro-Chrome Institute by going over the same territory for "experimental chasing." Each State, in opening it for our work, costs very conservatively a round \$2,000.00 and unless I traverse the ground quickly, each month opening a new State, my life period may fall short of the requirements of the message. To go into a new State absolutely uncalled, unheralded, unaided and unadvertised, fix a lecture room complete with all the intricate experimental paraphernalia, deliver two public lec-

tures and hold two public receptions, answer inquiries, give interviews, interest the newspapers and the public in the work, break through the long-established prejudices of professionals and the laity, formulate a new class and start teaching Spectro-Chrome Therapy to a number of strangers in a mixed crowd besides doing the routine business—all in the space of 7 days, means *work*—downright *pounding hard* work with no ulterior aim or benefit except the joy of serving humanity by disfranchising it from the monstrous clutches of the "Medical Trust" and accelerating the arrival of universal "Therapeutical Emancipation."

BRITISH GOVERNMENT SINNING AGAINST ITS SUBJECTS: A POLITICAL HUMOR

Attorney General A. M. Manson of Victoria, British Columbia announces with satisfaction a profit to his government during the six months ending March 31, 1923, of \$1,250,195.12, from the sale of intoxicating liquors. His report adds:—

"Five per cent. of this amount will be placed in the reserve fund, leaving \$1,187,685 to be divided. Fifteen per cent., or \$178,152, will be placed to the credit of a special fund for hospitals and charitable institutions. Another 35 per cent., or \$415,689, goes direct to the municipalities, of which two-sevenths must be used for school purposes.

The remaining half of the profits, amounting to \$593,842, will be credited to the consolidated revenue fund."

What a noble and magnanimous dispensation! Intoxicate and poison the people first, then, put them in hospitals and pauperhouses with 15% of the poison income to set them right; also, let the children get the blood taint and poison from their parents and learn the elevating example of guttersniping from them at home, then, use two-

sevenths of 35% to correct the habits at school. The consolidated revenue fund will probably go partly to support more officers. Mark the words of a born British subject: The British Government is responsible to the whole civilized World for its support of the narcotic situation. That Government yet controls the entire liquor monopoly in India and is the *sole* responsible power in the Opium monopoly. Until the United States will bring the British Government to terms on this horrible bloodsucking abominable and monstrous traffic and until the British Government itself is awakened to its huge responsibility toward its down-trodden poor East Indian subjects, the narcotic political policy of the British will remain as a black spot on its conscience. It is a matter of present day history, perhaps not much known in America, that fines in the British Courts in Nigeria, Africa, are exacted in-demijohns of rum in place of money. And such is the Government system that some fool American politicians wish us to follow when it comes to Prohibition. Keep the lid tight, as tight can be, enforce that law without reserve and drive from our sacred shores the bloodtainted murderous traffic in human souls.

DIABETIC INCREASE LAID TO VOLSTEAD ACT

Surgeon Major Benjamin Jablons in a lecture delivered at the St. Mark's Hospital, New York, asserted that Prohibition has been the indirect cause of Diabetes Mellitus, through the substitution of sugars and fats to produce the heat that was formerly produced by alcohol. He was speaking about the Insulin treatment of Diabetes and laid the increase at the door of the Volstead Act. The doctor is the head of the Department of Metabolism at the said hospital and must therefore be well aware that even according to the opinion of Sir William Osler, the dis-

ease called Diabetes is purely and essentially a disorder of metabolism. It is in fact, a nutrition disorder and the danger is really not in patient getting more sugars or carbohydrates in the body, but, in the quick depletion of the blood by non-assimilation of the nutritive contents. Such a condition leads to starvation of the patient and the theory of Insulin prepared from the Pancreas of dogs or cows and administered to the patient started under the same idea that an increase in Pancreatic activity would increase metabolism. This condition is very easily taken care of in Spectro-Chrome Therapy. The Pancreatic Juice is of an alkaline character. Attuned Lemon Color Wave is an Antacid or Alkaline Wave. Therefore the administration of Lemon Systemic and especially on the border of Areas 17 and 18, together with Magenta on Areas 4 and 18, will very adequately take care of both the pancreas and the circulation. Feeding the butchered horrible polluted products of dogs (or cows) to sick human beings is the same principle that the jungle-living Red Indian Medicine Man has been using for centuries and if the Doctors of Medicine have nothing better, they may as well acknowledge their ignorance and step aside for more rational therapy. Would it not be a better idea to use the Pancreas of convicts and feed them to the sick?! Doctors of Medicine, your vaunted "science" is a fraud on suffering humanity; you know nothing about the higher side of life yet seek to remedy disorders of which you know less. Pshaw! The title of Doctor may eventually be a mark of ignorance than that of knowledge.

A FILTHY HABIT

Lecturing before the Anatomical Society of Paris, France, Dr. J. Bertrand and Dr. G. Medakowitch warned the public that a disease not commonly known but recognized as Kyste Hydatic

was caused by kissing dogs. They said that the tongue of a dog carries invisible microbes which are liable to produce an infection similar to brain cancer. They further advised that dog owners should not permit their pets to lick their hands and face for showing friendliness. Such advice should not even have been necessary in a civilized community. It is as dangerous to kiss promiscuously human beings and when it comes to kissing dogs on the lips it is the limit of human absurdity. A certain type of so-called high class women takes pride in this act, but, it is a filthy, dirty habit and is unhygienic to the extreme. If human emotions should be spent, let them be spent on worthy humans but not this way on lower animals, whose physiology is different from our evolution. Dog kissing, cat kissing and rat licking are all synonymous of the remnant of the uncivilized barbarous times, when pigs and people lived in the same huts. Today, if with higher knowledge of the highest, we have such anomalies among our civilized people, surely, there must be the necessity of the French doctors sounding the foghorn to remove the brain tempests.

FREEDOM OF THERAPEUTIC CHOICE

Lady Blanche Follett an English woman of title died in London, England, while under the treatment of a Christian Science Practitioner, Morley Fletcher. Her sister Baroness Teynham alleged that had a medical doctor been consulted, she would not have died. She also avowed disbelief in Christian Science. Notwithstanding such evidence, the Coroner decided that Lady Blanche Follette was old enough to judge for herself and therefore had the right to follow her own views. A verdict of death from "natural causes" was returned. What "other causes" could there be? The verdict was correct, because, each individual has the

birthright of Liberty to select whatever method of healing is the best in their belief. It will work out the same way in Spectro-Chrome Therapy. However, my advice to Spectro-Chrome Therapists is to follow faithfully the methods laid down in the system; then, they will never have to face a similar ordeal.

INSULIN FOR DIABETES ANOTHER FOOLERY

The 117th Annual Meeting of the Medical Society of the State of New York made a great noise in regard to the treatment of Diabetes Mellitus by Insulin, the so-called recent introduction credited to Dr. Frederick G. Banting of Toronto, Canada. In speaking of this, Dr. J. J. R. McLeod Professor of Physiology at Toronto University remarked that the epoch-making discovery could never have been made and the method of treatment perfected without experiments on animals." He said, "The full value of the treatment was demonstrated on rabbits and dogs and there could be no better evidence of the usefulness of this method." My dear sir, for this very reason the treatment is utterly worthless. Rabbits and dogs are not human beings; they are not both even in the same scale; the rabbit is herbivorous, the dog is carnivorous, the human being is frugivorous. Neither has in its physiology anything common. You cannot produce animals out of a combination of rabbits and dogs or fecundate human beings by cross breeding with such animals. If the internal glands operate with different secretions in different animals, experiments on one would have no definite value for the benefit of another. Vivisection is a monstrosity and a survival of barbarity. It is an authorized and licensed system of torture and has no advantages conducive to human elevation. Insulin treatment will follow the same road as other crazy notions of leisurely medical men

and will be soon on the shelf like Koch's lymph for Tubercular Pthisis. The biggest joke is that the Insulin has to be injected daily and continued all the life of the patient to "keep on the cure"! Where is the funny button of the public gone? And Insulin is not even a new "discovery"; it has been discussed by physiologists for long as the internal secretion of the Pancreas in conjunction with sugar metabolism. Insulin will *not cure* Diabetes Mellitus.

WHAT TO WEAR

Writing in the Evening Bulletin of Philadelphia, Pa. about the "Wisdom of keeping the body at uniform temperature," Garrett P. Serviss the Astronomer-writer makes some sensible remarks. He says,

"A word of caution with regard to the danger incurred during the hot weather in entering houses, or shaded places, while the clothing is still soaked with perspiration. In such a case wool would be safer than cotton, because the wool retains the moisture and holds back the rate of evaporation. But the danger can be averted if the cotton is allowed to dry before the wearer enters a cool place. 'Rheumatism' are a frequent result of sudden cooling, caused by too rapid evaporation of perspiration in a cool, drafty place. People have unconsciously invited life-long illness and even death by incautiously exposing themselves in this way. A cool draft blowing on the back of the neck is especially perilous. Sleeping in a draft is often dangerous."

Commenting on this, P. A. Maignen gives his views:—

"We have here a warning against the danger of exposure to sudden changes of temperature. The United States is a country of magnificent distances, and it is also one of extremely variable climate. In Europe the seasons are more regular—winter is winter, and summer is summer. It is, therefore, very difficult to know what

to do in the matter of raiment. Wool may be too warm one day and cotton too cold the next day. Outer garments may be changed every day, but inner garments cannot conveniently be changed. The solution of this problem, therefore, would seem to be in the adoption of flannel as undergarment for summer and winter. In the summer it keeps the body cool, and in the winter it keeps it warm.

One of our friends has been in the habit of spending his week-ends at a farmhouse. Upon arrival he, would take off his coat and vest and delight in the cool air, with one thin cotton undergarment. Every night late our friend was attacked by asthma, which kept him awake. When he put on a sweater (after removing his city clothes), sure enough, he has had no asthma since. Some of his friends may be inclined to laugh at the idea of wearing a sweater at this time of the year, but "he who laughs last laughs best," and wool, on this occasion, enables him to laugh last."

The above views of the two persons are identical with mine. Americans do not dress and the general American women's dress is at best an unsuitable undress. United States has peculiarly fluctuating weather conditions and I do not see any other way to keep health except by the continued use of wool. People have run away with the idea that wool is "warm" and cotton is "cold." There is no such inherent character in either. The body itself is the *producer* of the heat, the wool or cotton merely retains it or maintains it. The only purpose of wearing clothes is to maintain the temperature of the body uniform, enabling us to preserve it from sudden changes, which may produce quick disturbance and rapid demands on the thermal equilibrium. To that end only are clothes necessary and beyond that purpose, to go merely by the dictates of mere fashion or convention is nonsensical. If clothes will not protect us from

those changes, their value is lost. Our ordinary mode of dressing imposes too much strain on the thermal mechanism inside and a greater strain on the purse to conform to absurdities. Wearing furs that dangle on the neck doing nothing, wearing garments made of lace (strung-up holes), donning stockings made of glass-like silk scattering the bodily heat quickly or putting on articles without regard to their durability, heat-conserving value or logicality has made for deterioration of human stamina. I take no stock in wearing clothes only for their appearance. If with the so-called appearance, there is a drain on vitality, that type of costume has no business in life. For America, a cotton or linen underwear topped with a woolen vest or shirt, all-wool stockings and a simple lightfitting non-compressing cap is the best wear for Winter, Spring, Summer and Autumn. The wool prevents during the cold season the scattering of the bodily heat, thus, maintaining health. During the hot season, the same wool acts as an insulator, preventing an excessively rapid evaporation from the surface of the skin and depletion of energy. The appetite is on the wane then, because, Nature does not need much food to replenish. At that period, a rapid evaporation and consequent rapid cooling of the body would waste more energy than can be supplied by the scanty food; it would try to frustrate the wise provision of Nature. Therefore, the wool instead of making one uncomfortable is sure to be the reverse, provided the digestive tract is not kept loaded with unnecessary and heavy foods. The way to keep healthy and comfortable in all conditions is to eat and drink as little as possible commensurate with actual physical need; eat and drink only pure non-stimulant materials and preserve the temperature of the body uniform by covering it with an insulating material like wool which has the power of absorbing the perspiration like a blotter. Our comfort, common sense

and health come first; conventions, customs and fashions will have to drop by the wayside. It has been urged, (many physicians endorse the view) that by keeping the breast and neck uncovered women become stronger. The breast is the *very* part that needs protection against weather changes, because there the thermal machinery and bloodpumping apparatus are situated. Strength would come if the *entire* body be exposed constantly to the elements; that the civilized nations call savagery. At best, looking from all points, a simple wool garment on cotton or linen underwear would serve better and be more hygienic than the various stupid fandanglers and worthless contraptions which go to make sartorial pleasures in truth unhealthy. Furs and such other materials convert human beings into rats, seals and skunks, giving an unnatural appearance and a vile leathery effluvium plus uncleanliness.

CANCER, COSMETICS, SMOKING, SHAVING

Sir George Lenthal Cheatles, of King's College, London, England, states that cosmetics, paints and powders affected by women, give rise to skin irritations which may develop later into cancers. Speaking in this connection, a surgeon of the New York Skin and Cancer Hospital, in an interview with a reporter of the Evening World thus expresses his opinion:—

"Cancer of the face is much more common among men than women, probably because of the shaving, which produces constant small injuries to existing, apparently harmless, skin conditions. It is also known that certain occupations tend to develop skin cancer because of the harmful irritants used in these industries. Smoking and other forms of tobacco use, have been known for years to be directly causative of the development of cancer in the mouth. Here again, the predomi-

nance of cancer of the mouth in men over the cases occurring in women suggests a factor in men which is not found in women. The stem of a pipe, by being constantly applied to a certain part of the mouth, will bruise the skin and the constant irritation will cause a cancer to develop. A man who will talk with a cigarette stuck in the corner of his mouth might find that the sticking of the cigarette to his lips and the continued damage to his lips from its removal, will cause a cancer. It may be said that many patients who have cancer of the lip or of the mouth have never smoked, and that cancer in this region, therefore, cannot be due solely to tobacco; nevertheless, so many other cases give a history of over-use or suggestive evidences of a constant use of tobacco that it may safely be said that tobacco use must be considered a direct causative agent of cancer."

And when women combine cosmetics with smoking the influence for cancer must of course be worse. I shudder to think of the progeny of a cosmeticated smoking woman and as such women increase constantly in pseudo "society," the menace to the nation is proportionately increased. The remedy is not legislation but education; legislation has already become overlegislation in the United States and we need enforcement of what exists after boiling the jargon of legal terms to the Extract of Common Sense. That is and will be the best medicine.

GIRL FOOLED DOCTORS

Evelyn Lyons of Escanaba, Michigan, registered a "temperature" of 115° Fahrenheit and more and yet was found by her medical attendant Dr. Harry D. Defnet to be a "picture of health," as far as her sanity went. Her pulse was stated to be 120 per minute, respiration as 86 !!! The blood pressure was announced as 122 millimetres of mercury. The medical attendant

and other "big doctors" believed the case to be unfathomably marvelous and she was hailed as a living mystery. Finally, the temperature bubble blew up; she was warming her armpit with a hot water bottle! Even the veriest tyro of a Spectro-Chrome Therapist, who had studied the Occult Operation of the Great Sympathetic Nervous System as taught by Spectro-Chrome

Institute would have immediately pronounced the affair a hoax by comparing the ratio of the pulse and the respiration. 120 of the one and 86 of the other is a physiological absurdity and a system of "medicine" which pretends to "cure" human beings not seeing through such a simple trick could hardly be reliable, even to be killed at its hands.

Attuned Yellow Wave

(Correspondence, Query, Catechism, Inquiry, Interrogatory)

LOYAL SPECTRO-CHROME
THERAPIST SCORES
DISLOYALS
ASKS FOR STRONG
MEASURES
CALMNESS AND PATIENCE
ADVISED

Col. Dinshah P. Ghadiali.

Dear Sir:—

To avoid embarrassment, I did not attend the meeting. Sorry I did not go, for I have been told they again ripped you up the back, accused you of being very commercial, etc. Had I been there, I would have given them a tongue-lashing that would remind them somewhat of their duty to such an honorable gentleman as you are.

To me who have seen your mental aura, such a pure primrose yellow, which denotes the highest and the most unselfish use of intellectual power, the pure Reason directed to Spiritual ends, they are as children.

But truly, your teachings in many instances are just as the proverbial pearls before swine. I mean it; pigs, eaters of pigs and pigs truly! It is these . . . people who will ruin your

good intentions, dear master. Would to God I had attended this meeting. I got this all from one who attended the meeting, but, even he does not know (as he says) whether you are a black or a white magician!!! Cannot you do something to awaken them? Use the magazine or turn a thunderstorm loose in any way you know!! If I knew, how I should surely have been tempted to exterminate a few or take their souls and place them in their true abode—the bodies of pigs! I am ever striving for self-control, but every time I think of these my blood boils.

* * *

I have that which is infinitely more than wealth—good health and a good conscience. My conscience I owe to ?? my health to you. I am

Ever gratefully yours

S. C. T.



Thank you for the interest, thanks for zeal

Thanks for all you say in favor;
But, why disturb your mind for that
Which is the sure lot of all good
helpers?

He who speaks evil of his teacher,
 Who speaks evil of him who gave him
 knowledge
 That he in turn may help the sick,
 Does evil himself and evil thoughts
 Words or deeds do slap back him who
 harbors them.

 It is sheer foolishness or ignorance;
 For that, pity their narrowness—rea-
 son with them,
 Endeavor to lift them to appreciation
 of the right;
 Let them alone ye friend, they will
 soon stifle their cries
 When the number that follows will
 learn the Truth.

 Perhaps it is anger, perhaps imagined
 wrong
 Perhaps the canker of envy—to them
 I say,
 Envy me not, unless you do the work;
 Even then, envy brings falseness,
 hatred
 The bane of human brotherhood; for-
 get it.

 Envy not my apparent prosperity, suc-
 cess
 That which I earned by work, devo-
 tion
 And steadfast intention; what is
 mine?
 Nothing; I own nothing for my self,
 That self which is an humble part
 Of the great Macrocosm from which
 I culled its treasured stores of knowl-
 edge,
 Not for personal gain or elevation, but
 For human service unflinching, unsel-
 fish,
 Unbounded, continuous; it was given
 me
 Through the Laws of Retribution as a
 messenger
 To spread to humanity for humanity
 For the benefit of the World.

 Yet in the spreading of that Gospel of
 Truth
 I face the grind of the merciless com-
 mercial world
 Where with the Higher the Lower of
 the Physical Plane must con-

 bine,
 I must of course resort to measures
 adequate and just for varied
 times
 As best in each case conscientiously
 thought,
 To avoid the errors of other cults,
 where
 With best intents the teachers went
 In wordly duties and gave the best they
 had
 In knowledge, wealth and friendship,
 But, ere long they found themselves
 and art
 Launched in endless troubles on Phy-
 sical Levels,
 Because the Higher could mix not
 with the Lower.

 Thus warned, I follow a different
 saner course:
 Living with the wordly in the life of
 the World
 I keep away from what is called "so-
 ciety,"
 Keep away from the creation of human
 ties
 That would tie me down to else's ways
 Where I to please a few must displease
 more
 By having different rules for different
 beings.

 I had to do it—I have to do it—I must
 do it
 For otherwise, I could not fulfill my
 destiny
 Of serving the World yet keeping on
 head
 The roof under cover of which to
 serve.

 Mind not what any says, let him shout,
 At best will he soon shout hoarse while
 I shall go
 At each step in life, forward to the
 goal
 That dutiful goal I set thirty three
 years prior—
 O Benign Masters on High, give me
 the power
 That I emancipate the ailing from the
 poison and the knife!

THIRD ANNUAL CONVENTION

Dear Friend:

Our THIRD ANNUAL CONVENTION will assemble at 10 A. M., on Wednesday, November 28, 1923, at 2401 North Broad Street, Philadelphia, Pa.

The Morning session (10 A. M. to 12 M.) will include Registration, Enrollment, Reports of the Officers and Presidential Address.

The Afternoon session (2 P. M. to 6 P. M.) will include Reports of SPECTRO-CHROME THERAPISTS, Discussion and Catechism.

The Evening session (8 P. M. to 11 P. M.) will be devoted to an Intensive Post-Graduate Discourse by Dinshah and the demonstration of his latest invention—SYMPATHOMETER, which enables the Spectro-Chrome Therapist to ascertain *at a glance* the patient's condition and to work *without any calculation* in accordance with the Occult Operation of the Great Sympathetic Nervous System. Dinshah's SYMPATHOMETER heralds another revolutionizing advance in practical SPECTRO-CHROME THERAPY.

Many are coming from distant States. The day's work will be instructive and entertaining. Bring your friends as visitors; do not forget to register full name and present address on entrance.

A copy of our Constitution and By-Laws, also an Application Blank is enclosed herewith. If you are a Graduate of SPECTRO-CHROME INSTITUTE but did not join the Association, join now and receive our magazine SPECTRO-CHROME free. Remember: Co-operation means success; the success of November 28, 1923 rests with YOU.

Yours Spectro-Chromically,

AMERICAN ASSOCIATION OF SPECTRO-CHROME THERAPISTS,

per



President.

Attuned Green Wave

(Spectro-Chrome Therapy, Spectro-Chrome Therapists)

**SARCOMA, PHLEBITIS,
ULCERATED BLADDER**

**MY CLINICAL NOTES ON
SPECTRO-CHROME
THERAPY**

By:—KATE W. BALDWIN, M.D.,
F.A.C.S., Senior Surgeon,
Women's Hospital,
Philadelphia, Pennsylvania.

Many interesting cases have been under Spectro-Chrome since the last magazine was out. I hardly know which to select for this report.

Case 1—Mrs. W. Thirty-six hours after an extensive operation on the left leg for sarcoma, went bad, a severe chill, temperature 104° in axilla, heart very irregular and feeble, radial pulse not present. As she could not be given Spectro-Chrome immediately, I was obliged to let her be given one hypodermic of Lloyds' Subculoid Lobelia. The hospital staff felt that she was very near her end and telephoned for her husband. They also moved her into a room by herself so that she could have the Spectro-Chrome and be alone. That is one of the very thoughtful things one finds at the Woman's Hospital. If possible to avoid it, no patient is ever allowed to die in the ward surrounded by other patients. Climatic conditions may have had some influence on the case; a terrific storm, thunder, lightning and a deluge of rain continued for about two hours. I dressed the wound to make sure nothing there was causing

trouble. The foot was a little swollen, otherwise, the local condition was good. As soon as possible, Magenta was given on the heart and it was repeated every three hours until the heart demanded less frequent attention. The wound was dressed every second day and when open Green and Indigo were used on it; at least once a day she had a Lemon systemic.

She was kept in a private room for the two weeks that she remained in the hospital, returning home in wonderfully good condition. After this, she came to the office for treatment until a few days ago when she had quite a severe cold. I was out of town and did not see her for three days. A very good man who lives next door was called in and cared for her through this emergency. I went to the house once to dress the wound; since then she has come to the office. The growth is returning and she is not in as good general condition as before the cold.

As sarcoma cases go, this patient should have died at least two years ago. Until the operation, the bone had not been involved. At that time the crest of the tibia was denuded of periosteum for about two inches. The outlook here is not bright, but she has been in a condition to look after her house and enjoy her friends for at least two years longer than could have reasonably been expected.

Case 2—The above case recalls a case of sarcoma of the first phalanx of the thumb of the right hand in a negress about 35 years of age; this growth was on the palmar aspect about the size of a small hickory nut. Spectro-Chrome reduced it at least one third, but it was too much in her way as a laundress and general housekeeper

with a sick husband to care for. She lived in New Jersey and as it made a long journey for her the treatments were not very frequent. Finally she said it was so much in her way that she wished I would remove it. I had no idea that it was a sarcoma. It was easily removed under local anesthesia and dressed with an ordinary surgical dressing. It went bad, bad and worse; the whole arm into the axilla was involved, badly swollen and extremely sensitive. A quantity of pus was evacuated from above the elbow and the condition began to improve. In the mean time her husband died and the poor woman had her heart and hands full. She made a good recovery and reported in good condition about five months ago.

Case 3—The following is a very interesting case of acute phlebitis (venous inflammation) of the internal saphenous vein of the right side. The patient a woman about thirty years of age, in good general condition, was sent to me for the phlebitis with a diagnosis of possible pregnancy. I made no pelvic examination. The primary swelling was just above the knee, very painful, then a mass of swollen veins below the knee and a slight involvement near the groin. The patient reported that her mother was in bed nine weeks with just such a leg. This patient was not far from the hospital and went back and forth for treatments. The condition improved from the very first treatment and after eight treatments she was so perfectly comfortable that she did not report for two weeks. Then she came just to tell me how wonderfully well she was and very much appreciated not having to stay in bed as did her mother. The treatment was Green local, immediately followed by Indigo. Between treatments she used a compress of Epsom Salt. When she reported after an absence of two weeks there was no evidence of any trouble above the knee, but below there was still some hardness. I advised her to

report for treatment until that was entirely softened. Only those who have had such cases to treat can quite appreciate what Spectro-Chrome did for this patient.

Case 4—This case is still under treatment, but the improvement has been sufficiently worthwhile to report progress. Mr. R.—51 years of age. Blood pressure 190, Pulse 96, Respirations 19 to 20. For ten years had an ulcerated bladder, primarily alcoholic, complicated by other infections, about everything a man could have. In 1902 had gonorrhoea which was cleared in about six weeks. The frequent necessity to urinate and the extreme pain made it necessary for this patient to give up his position in the advertising department of a large daily newspaper and for about ten years has not been able to engage in any work more exacting than that of a watchman and that for only a short time—one week at night and the next week during the day. He had been in several hospitals and sanitariums. In 1917 the bladder was curetted and a retention catheter kept in for two weeks.

After this he was worse rather than better. In 1918 was wildly delirious due to extreme pain; was nine weeks in a hospital for this condition.

At present and for years before the bladder trouble he had been very sensitive to cold. As he expressed it, he could not lift his hat when out of doors that he did not take cold. With a hope to relieve the tendency to "take cold" he had two operations on the nose. One side was burned and the other drilled. The colds continued. He was more or less constantly covered with small or large boils, especially on back, chest and upper arms. The back suggested the scarring from small pox. There was a very unusual double V shaped area just below the cervical vertebrae covered with small papules, pustules and necrotic epithelium. This area was very itchy. This condition

alone would have been sufficient to make one very uncomfortable. Really, life held very little for this man. When I asked him about smoking he replied that it was about the only comfort he had left. He was much more comfortable standing than sitting. He stood all the time he was giving his history.

There was no organic heart lesion, neither was there trouble of the lungs. He had pneumonia twice and bronchitis and pleurisy each once. None of the so-called children's dis-eases. Since the first of February 1917 had not tasted any kind of strong drink; following some medication in the Summer of 1922 there has been enuresis (involuntary passage of urine) night and day, which has caused great inconvenience and much loss of sleep. Urinalysis did not show any kidney involvement. Ears, nose and throat nothing special.

This patient came to me March 10th 1923; he came every day for about a month and then three times a week. The first of May at a family conference it was decided that he had improved but that it was evidently going to take a long time to get the really desired results and so he would stop treatments. I do not often urge patients to continue treatment when they get that attitude. In this case, however, I wrote the man and requested him to come and have a talk with me. This he did and he decided to continue for a time at least three times a week.

About once a month we checked up and found that there has been a steady and it seems to both of us a satisfactory progress. This month he reported his general condition "A number one," and all the bladder symptoms at least seventy per cent better. He voids much less frequently and more at a time with practically no pain—a pain that formerly did double him up like a jack knife. It is now infrequent and not more than "a scratch." He

has much better control over the bladder even at night.

His skin has cleared up wonderfully and only occasionally is there even a suggestion of a pustule.

Is this worth while? The man thinks it is and he says that now "life is well worth while". He went back to his old job.

The treatment has been strictly Spectro-Chrome. Green and Lemon systemic and at first I used Indigo and Turquoise locally, but, it did not do as well as after I changed to the more stimulating colors Lemon and Orange with an occasional Green and Red. The blood pressure has come down to 145 and the pulse to 70-75.

Has it been worth while??? I ask the readers to be the judge. The patient and I are going to keep right on until he can say that the bladder condition as well as the general condition is "A. number one."

FORMATION OF THE NEW ENGLAND ASSOCIATION OF SPECTRO-CHROME THERAPISTS

Reported By:—FREDERICK DUGDALE,
M.D., LL.B., S.C.T.,
Boston, Massachusetts.

I am pleased to be able to write you that a meeting of the members of your Boston class was held at Hotel Westminster on July 2, 1923.

It was suggested that we call the association, The New England Association of Spectro-Chrome Therapists. I was privileged to have the honor of being selected as their President; the following officers were also elected:—

Francis A. Cave, M.D., D.C., S.C.T.,
Vice-President.

Harry E. Bodwell, D. M., S.C.T.,
Secretary.

Milda Steinharter, S.C.T., Treas-
urer.

They were elected as a Board of
Trustees to draw up By-Laws with a
committee of five as follows:

Charles G. Hatch, D.O., S.C.T.,
Lawrence, Mass., Chairman.

Katherine F. Boyle, S.C.T., Provi-
dence, R. I.

D. Richard Holder, S.C.T., Worces-
ter, Mass.

Leon A. Dana, D.C., S.C.T., Boston,
Mass.

Nathan N. Hurvitz, S.C.T., Boston,
Mass.

It was decided that the initiative fee
for membership was to be \$10.00 and
each member to pay \$1.00 a month
dues; that all members should make
application to enroll in the National
body (American Association of Spec-
tro-Chrome Therapists).

There were some very interesting
reports given by Dr. Harry Bodwell,
D. Richard Holder, Dr. Leon A. Dana,
Miss Milda Steinharter and others.

My diploma was received yesterday
afternoon and feel very happy and
proud to be the possessor of it.



I am very happy and proud to have
you giving such gracious help to the
Graduates of the Boston class and
others in your district. Co:operation
and fraternal organization is what we
most need. The cause of Therapeu-
tical Emancipation requires powerful
help from all quarters and each enroll-
ment to the cause means added
strength. I welcome The New Eng-

land Association of Spectro-Chrome
Therapists to our fold and promise it
my cordial support.

**EYE TROUBLE REMOVED
WITH SPECTRO-CHROME
THERAPY**

By:—DR. F. B. WILLIAMS,
Shenandoah, Iowa.

As the days go on and I become
more familiar with the work of Spec-
tro-Chrome, I am more and more con-
vinced that it is a wonder worker.

About three weeks ago, a woman 81
years of age, was brought to me suf-
fering great agony from a disorder in
the left eye. Little or no help had
been afforded from the regular chan-
nels to relieve her pain.

I put her under the Lemon Wave,
then the Green Wave and after half
hour I gave the Indigo. Her pain
stopped.

She speaks very little English and
after a while she made a glad excla-
mation in Swedish. I asked her son about
what she said. He replied that she
wanted to know what I did with her
pain!

When she came, her eye looked like
a piece of raw meat; now, it has
cleared, she has no pain, sleeps well
and feels happy.

I have some very interesting cases
on which I shall be glad to report later.



I thank you for your interest and wish
you unbounded success in your great
work.

WHAT EVEN A SMALL SPECTRO-CHROME EQUIPMENT CAN DO

By:—ORLO H. FROST, S.C.T.,
Hillsdale, New Jersey.

Congratulations to you three on your miraculous escape from more serious injury in the accident Kashmira so graphically depicts in the June number of "Spectro-Chrome" just received. Her article is extremely interesting, more for what it does not say than what it does tell.

For a long time I have been intending to write you giving some cases that have come under my observation or have been treated by me; (No dates will be given, and cases indicated by numerals).

Case No. 1: (not treated by me, but by a friend to whom I had been instrumental in selling an equipment some time ago) *Case of Goitre.* Woman about 50, with well developed goitre, seeing my friend treating herself for another ailment, asked her if she would try it on her goitre. Indigo on area 2 was used for two treatments, and the woman said that she believed her neck felt easier. Then a tapemeasure was procured and the circumference of her neck taken. Treatments were continued for ten days, and at the end of that time the neck had reduced in circumference five inches. The woman said she felt better and all discomfort from her goitre had disappeared. She then went to Florida for the winter, since which time I have heard nothing as to her case.

Case No. 2: The husband of the woman with the goitre. Scratched his face when shaving, infection set in, and a "lovely time" with all its accompaniments was had by him until at his wife's solicitation he was induced to try Spectro-chrome. Turquoise and Indigo, (alternate treatments) were used, twice each. Wound all healed up and

no further trouble experienced.

Case No. 3: Oetitis Media (Inflammation of Middle Ear). Girl 12 years of age. Used Spectro-Chrome exclusively, Turquoise on Area 1 and side of head; also systemic. Indigo on face and ear. Abscess discharged freely and without pain. Indigo, after discharging had continued for two days, stopped discharge over-night. No further trouble encountered. Complete recovery.

Case No. 4: Gastric ulcer. Patient had suffered intermittently for about ten years. Had received thorough medical treatment and also had taken the so-called "Lehnartz" treatment in summer of 1916; had tried also Christian Science and Chiropractic. All these various treatments afforded a certain amount of relief, but trouble recurred about every six months, usually lasting for about a month. Lemon on Areas 6-7-8-9 and 10, alternating with Turquoise occasionally, finally switching to Orange on same areas. Patient entirely relieved and in excellent health.

Case No. 5: Occipital Neuritis. Patient had never before been afflicted. Spectro - Chrome exclusively, with proper diet used. Turquoise on Areas 1 and 16, also Indigo on Areas 15 and 16. No serious discomfort. Some slight pain at first. Patient later developed abscess in ear. Again Spectro-Chrome brought her out of it, with but little pain and no great discomfort. Turquoise and Indigo alternating locally were the colors used.

Case No. 6: Influenza. Patient given extensive Turquoise on Areas 1-2-3-4 and 5, one hour at first, then half-hour for three successive treatments. Entirely relieved and up and able to pursue his regular duties in two days. When first taken, had temperature of 101°, and all the usual discomforts of the "Flu". After first treatment, discomfort relieved and before end of first day feeling much better. Patient ex-

pectorated copiously a caustic discharge which burned his mouth and nostrils. Two or three sores formed on lips, but these rapidly disappeared.

Cases Nos. 7, 8, 9, and 10. "Flu" in household of same man. All given like treatment with like results. Entire recovery in each case about two or three days.

Case No. 11: Whooping Cough. Patient, a boy about four years of age, contracted whooping cough. Theretofore, each winter from the time of his first winter, patient had been afflicted with chronic bronchitis. This, accompanied with whooping cough, made case particularly aggravated and difficult of treatment. Green, Areas 1-2-3-4 and 5, also systemic, for the whooping cough, brought about the desired result, with no great discomfort to patient during the run of the disease. He seldom vomited and his sleep was good. The chronic bronchitis was another matter, but his parents, seeing the good result achieved with the whooping cough, bought an "Intermediate Equipment" and under my direction, treated him for the chronic condition. Turquoise on Areas 1-2-3-4-5 and Magenta on 4 were used. The treatments continued for several weeks and I understand complete relief was effected. A peculiar thing about this case is that the mother of the boy, seeking to keep in the good graces of her regular practitioner, had him prescribe for the boy during his whooping cough and bronchitis attacks, regularly filling the prescriptions and carefully pouring each dose, not down the boy, but down the sink! At each visit of the doctor, he would expand genially on discovering how well the boy was progressing, and would say "My, Billy is reponding fine to his medicine this time"! I assume he takes great credit to himself for effecting this "cure." He is welcome to the credit. Results are what count.

Case No. 12: Toothache—the kind that keeps you awake nights and gives

no ease daytimes. Two or three applications of Indigo entirely relieved the pain, and though an abscess had formed, it was absorbed and no further treatment has since been necessary.

Case No. 13: A second degree burn. Woman severely burned by exploding oilstove. Her legs from ankles to thighs were severely burned and her left arm from palm of hand to elbow and right under fore arm. Regular physician called and he used "Ungentine" with the usual surgical dressings. Did not see case until two weeks after treatment had been administered. Used Blue on left arm just as an experiment to see (to show patient) what would happen if used regularly. Theretofore, patient in great discomfort, unable to sleep and extremely nervous. Blue applied for half hour to aching arm produced soothing comfort. Blue applied to Area 1 induced first comfortable sleep. Patient dropped to sleep within ten minutes after application of Blue on Area 1 commenced. Continued application for half hour and patient rested comfortably most of that night. Following night, treated same arm with Turquoise producing like results. The family are in dire circumstances and the regular physician had already stated that his charge would be regulated according to their circumstances. Therefore, the woman's husband, fearing that the doctor might become angered if Spectro-Chrome were used, and thus render a large bill, decided not to continue treatments, although he stated that had he first had Spectro-Chrome he would certainly have continued it. Have since heard patient was recovering slowly under regular medical treatments. It will be many a month before that poor woman has any great degree of comfort.

Case No. 14: Poison Ivy. Boy about 17. Had the usual sugar of lead treatments from regular physician; no relief. Driven nearly frantic, he finally tried Spectro-Chrome. One sustained

treatment of Green, produced great relief, and subsequently Yellow was used on Areas 8 and 9. Entire recovery after three treatments.

Case No. 15: Abscess of ear. Boy, about nineteen, "contracted cold" while swimming. Had usual treatment for abscess by regular physician, who lanced it twice. No relief being afforded, he too sought Spectro-Chrome. Indigo on ear produced quick relief, and subsequently brought about complete health.

Case No. 16: Acute Tonsilitis: Young woman developed over-night rapidly expanding tonsilitis. When treatment began she had a fever of $101\frac{1}{2}$ and great pain in throat and neck. Blue on Areas 1 and 2 applied for one hour brought quick relief and subsequent Turquoise on same areas effected a complete cure. Duration of case, about 36 hours.

All the treatments mentioned above were given with the small 100 Watt Spectro-Chrome Equipment saving that of the parents who bought the Intermediate Equipment and the case of the acute tonsilitis just referred to, where the Practitioner's Equipment was used.

Many more similar cases could be given, but these are sufficient to illustrate the wonder-working properties of Spectro-Chrome when intelligently and conscientiously used.

I never cease to speak for Spectro-Chrome. Indeed, my friends say I am a "nut" on the subject.

My dear Dinshah, I wish you all the success that the Originator of so great a boon to humanity so richly deserves.



Thank you cordially, my kind friend,
You are truly performing service to

humanity by your keen interest in Spectro-Chrome Therapy—but, I sincerely believe you ought to have a Graduate Equipment with your extensive practice. O, what more wonders and marvels you would then be reporting each month! Let me know when ready.

And yet, in the early part of 1920, when I was living in semi-seclusion as a scientific researcher in the town of Hillsdale, New Jersey (which has now been put on the map as the birthplace of Spectro-Chrome Therapy), as I was traveling with him each morning on the same (cowspeed) Erie Railroad, this friend of mine would remark frequently, as I expatiated on the Beauties of Compound Color Waves, "how *can* it be?" He is doing it *himself* now and may all have that skeptical yet open mind as Orlo H. Frost kept while he was searching for the Truth in Spectro-Chrome Therapy. Success to you, friend Frost!

EPILEPSY RELIEVED

USE OF CRACKED SLIDES

By:—MRS. EMMA G. TAYLOR, S.C.T.,
Brooklyn, New York.

A boy had attacks of Epilepsy. Since I treated him as directed there has been only one light attack thanks to Spectro-Chrome Therapy.

I wish to ask if a slide be cracked is it all right to use it? It is only a small crack from the bulb being too close and neglect to draw it back.



A cracked slide may be used if the crack does not leak white light or another color through it. In an Inter-

mediate Equipment, the bulb-carrier rod should be fully drawn *out* when using; in a Graduate Equipment, the rod should be pushed all the way *in* when in use. The condenser in a Practitioner's Equipment should be less than one inch from the bulb. This can be easily done by turning the button at the back.

NIGHT SWEATS REMEDIED

By:—Dr. A. EPPOLITO, S.C.T.

.....Brooklyn, New York.....

A woman recently applied to me for assistance. She had been complaining of night sweats for two weeks, having to change her underwear three to four times during the night.

I gave her a Systemic Turquoise treatment for twenty minutes, front and back. She reported four days later that she had no night sweats that night and has not had any since.

OSTEOPATHS SUCCESSFULLY USE SPECTRO - C H R O M E THERAPY IN DROPSY, CON- STIPATION, COLD, MARAS- MUS AND THE LIKE

By:—GEORGE F. WAGONER, D. O. and

LILLIE E. WAGONER, D. O.

Creston, Iowa.

We are using Spectro-Chrome every day with good results.

Case 1—Male, age 42, injured when a boy by falling astride a wagon box. In 1918 he was vaccinated for "flu"; a week later, site of injury in boyhood

began giving pain. He was very miserable for nearly two years when his trouble was "diagnosed" cancerous and right testicle was removed. In April this year he was told he had only two weeks to live (cancer)! When we took the case he was dropsical to the waistline, legs four times normal size. Liver not acting at all. Used Magenta on 17-18-19 and on 4 Areas; also Attuned Color Waves Lemon on 19 and on 9-10-11 ending with Magenta on 4. The scrotum has been somewhat enlarged, but is lessening in size and the patient has gained 8½ pounds in the past six weeks. Please let us know what has been left undone.

We are more than pleased to get the Spectro - Chrome magazine; the case reports are surely inspiring and beneficial. We are using Spectro-Chrome Therapy daily and are glad to use it.

Case 2—Little child, 1 year old; bowels had never moved normally. One treatment of 15 minutes of Yellow over abdomen and the bowels acted normally (with the exception of one day) for three weeks. Then gave the child a second treatment, same as the first and Nature did the rest. The child seems perfectly healthy now and has had no more treatment for 4 months.

Case 3—Extremely bad cold in man of 60 years. Yellow on Number 17 for 10 minutes, then Yellow on 2-3-4-5 for 10 minutes followed by Magenta on 4 for 5 minutes and cold disappeared as if by magic.

Case 4—Woman, 65 years old. Congestion all along the spine and much gas formation in abdomen. Was relieved with Yellow on Numbers 17-18-19 for 10 minutes, then on 8-9-10 for 10 minutes and Magenta on Number 4 for 10 minutes.

Case 5—Baby 4 months old. A case of Marasmus (Extreme Emaciation). There seemed to be no life left in the baby. Five treatments of Yel-

low back and front systemic seemed to put new life into child and seems to be gaining daily.

We are now treating a case of Paralysis Agitans; also another of Sarcoma in Pelvis; both are steadily improving. We are using on others too, but, do not wish to tire you with too many.



I thank you for the reports, doctors; it is pleasing to receive reports from those who are not graduates of Spectro-Chrome Institute yet use Spectro-Chrome Therapy in their daily practice and honestly acknowledge the merits of the system. All cases similar to Case 1, should have Systemic Green and Lemon as well as Magenta on 4 and 18 Areas. Dropsical tendency or dropsical condition indicates failing circulation of blood and any case where Magenta will fail to pick up the exudation (either totally or partially) is heading toward death, because Magenta is the predominant color of the Auric Vehicle and its failure to act denotes want of activity in that higher vehicle through which the Emotional Vehicle operates on the Physical Visible Vehicle. Understood properly and used with a comprehension of its extreme potency, Magenta as produced and used in Spectro-Chrome Therapy is a *sure* instrument for the detection of approaching dissolution. It is the semaphore to the Spectro-Chrome Therapist who knows his business as to the condition of the links that comprise the chain of the Physical Visible, Physical Invisible and the Invisible Psychical Man. A new era will dawn when all my graduates will fully recognize this important operation in life and aim at mastering it. The time is near now—read in another column the announcement about my invention of the Spectro-Chrome Sympathometer,

for the indication of the Occult Operation of the Great Sympathetic Nervous System at a glance, without any calculation. Come to our Annual Convention on November 28, 1923 and see it.

Keep on sending your reports. Reports are needed for publication and without reports of various users with a variety of views, the value of our system may not be so well appreciated. You cannot *tire* me; that word does not exist in my vocabulary.

QUICK RESULTS OBTAINED IN PLEURISY, EAR TROUBLE, CONSTIPATION, NERVOUSNESS AND ALBU- MINURIA

By:—MRS. LOCCIE B. SMITH,
Indianapolis, Indiana

I report successful results in the following cases:—

Case 1—Acute Pleurisy; I used At-tuned Color Wave Turquoise direct on area of lower rib on right side; applied this Color Wave 3 times only.

Case 2—Retracted Drum of left ear; I applied Orange direct for 15 minutes only. (Patient had been treated by Specialist 10 days without result.)

Case 3—Constipation; child 4 years of age; Lemon twice and Yellow once on 9. No other treatment needed.

Case 4—Nervousness of girl; 9 years of age. I applied Blue Systemic six times. Patient has been normal since.

Case 5—Albuminuria; I applied Lemon on 18 five times resulting in no trace of Albumin.

Attuned Turquoise Wave

(Poetry, Romance, Drama, Art)

THE ISLE OF MAGENTA

By: — MISS KASHMIRA DINSHAH,

S. C. T. Joint Secretary, Spectro-
Chrom Institute.

Afloat on the waves of a sapphire sea,
An emerald island of mystery.

A charmed jewel-isle where, gorgeous
& great

The Lord of Magenta resides in state,
And governs his people with gentle
hand,

Love being his mighty enchanting
wand.

Such is the mystical Magenta Isle
Where all is virtue and unknown is
guile.

It is far away, not everyone knows,
Straight from the depths of the ocean
it rose

Aeons ago, in the dawn of the world
When, against dark chaos, cosmos un-
furled

Conquering light. This superb para-
dise

Visible only to most chaste of eyes,
Is a bright region of gladness supreme,
Of calm happiness like unto a dream.
Where wondrous flowers their beauty
unfold.

Of violet, azure, crimson and gold,
Scenting the air with exquisite per-
fume,

Where the sun doth ever the land
illuminate

Not flashingly but with shadow and
sheen

Blended entrancingly. By this light
seen

Are dim glowing forms like fugitive
flames,

They are the ones whom Magenta re-
claims.

It is a place of marvelous magic,
Where is no sound of aught that is
tragic.

Permitted no voice, Dispute flies away,
Ruling impulse only, Love, has a say.

There to that island are brought those
of Earth,

(In all is a promise of secret worth)
Wounded and seared by the destroying
fire

Of selfishness, envy, jealousy, ire;
Those victims the splendor of Love
shall heal,

A spell of purity, phantom yet real,
Is cast over them. The slumbering
glow

Of selflessness blazes, at last they know
A wonderful joy before they knew not,
All else is submerged, all else is forgot.

Ever there rings thru the sweet-scented
air.

Clearly and softly a symphony rare;
Melody silver that hushes and stills,
Magical music that tenderly thrills.

Awakening memory, hopes and dreams,
Ideals revive and a fresher life beams.

Gradually, in this glory of song,
From the mind vanishes all thought
of wrong.

Thru the influence of radiant Love,
Gift sweetest to Man from Heaven
above,

Over the Earthlings there comes a
great change.

A grace and nobleness heretofore
strange.

New happiness throws a halo of light
Around them. No more shall they in
the night

Of evil passions rove lost and forlorn,
And safe in a luminous mental morn

Return they to Earth, but not one can
say

Where is the island where dawned
the mind's day?

CLEVELAND, OHIO AND INDIANAPOLIS, INDIANA CLASSES

The Sixteenth Class on Spectro-Chrome Therapy was formed in Cleveland Ohio, at the Hollenden Hotel and the Seventeenth in Indianapolis Indiana, at the Hotel Lincoln. Each presented a testimonial to the Originator of Spectro-Chrome Therapy, expressing appreciation and promising co:operation.

CLEVELAND, OHIO TESTIMONIAL

September 28, 1923

Sir:—

We, the students of your first course in Cleveland in Spectro-Chrome Therapy take occasion publicly and collectively to express our appreciation and gratification in having had the privilege of intimate association with you.

To one versed in the physical Sciences your discourses have been a revelation and to all the seeming crystallization of a university education compressed into a short two weeks. The profundity and breadth of your contacts and information are amazing, both a delight and a challenge. Your ability to synthesize and to make the varied sources of information revealed, understandable and usable, together with an unique use of metaphor, bespeaks a real genius for teaching.

Rarely does one encounter another as impersonal and yet devoted wholeheartedly to the cause of Humanity.

The logicity of the development of your theme and presentation of Spectro-Chrome Therapy is unescapable if one have an open mind.

Any to whom may come the opportunity to sit under your instruction, we would assure that they can ill afford not to avail themselves thereof.

In speeding you on your way toward the furtherance of your plans, be assured of our confidence and gratitude—and our hopes not our fears go with you.

(Signatures of all the Students)

INDIANAPOLIS, INDIANA TESTIMONIAL

October 18, 1923

Dear Colonel Dinshah:—

The members of the Seventeenth Class of Spectro-Chrome Therapy wish to express their sincere thanks and appreciation for the rare and instructive course you have given us here in Indianapolis.

The theory of the Attuned Color Waves, and its application to the Human Aura in treatment of dis-ease, was given in such a scientific and mathematical way that we realize we have been given a great Truth; and Truth can never die.

The opportunity of hearing theoretical discourses, followed by practical demonstrations of every subject brought under discussion, was a revelation to all of us. It has inspired us to an increased desire to attempt cases we otherwise would have considered hopeless.

The great store of knowledge, the unusual ability of the concise and understanding presentation of the Science, the deep sympathy and love of the Teacher for suffering humanity, and also for his students, made this course one that we shall never forget. It is invaluable to us.

May you in some measure receive some of the fruits of your hard labors! This class shall endeavor to further the work of Spectro-Chrome Therapy in every way possible, and always to be of any service to our Teacher—Dinshah.

(Signatures of the Students)