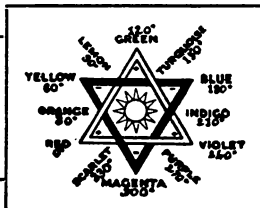


# SPECTRO-CHROME

AUGUST 1922

INDIGO 1922



VOLUME 1

NUMBER 3

Devoted to: Spectro-Chrome Therapy      Dedicated to: Service of Humanity

## CONTENTS

Page

Spectro-Chrome Institute.....	Inside Front Cover
Spectro-Chrome Area Chart—Therapeutic System—Dinshah's Platform	49
The World Through the Eyes of Dinshah— (Occult Operation of the Great Sympathetic Nervous System chart—Sun Spots Troublesome—America's Soul Sold to the Devil for Dollars—Spectro-Chrome University, When?—How about the Women?—Varnished Deacons—Bread or Pasted Holes?—Reverse the Postulate—Doctors, Please Answer—Woman or Wo X Man? Taxicab Tyranny—Diarthrosis or Wigglewoggloitis?—Bobbed Hair Beauties—Caution to Women of Sense—Foolery in Court— Marriage and Divorce; Remove Birth Stigma—Russia Going Back—Cancelling International Debts—A Present Source of Heart Dis-Eases—Watch Your Step—Alienist Opiumized—Women with Trunks—Down with Vaccines—Lloyd George's Shirt—Dog-Oil or Dog-gone Medicine?—Saved from the Knife—Mayor's Wise Act—Japanese Turned Christian—Human Locomotives—Stupidity of Censors—Glands, Goats and Monkeyshines)	50 to 64
Did You Ever? (A Short Sketch on the Oddities of Females, by Irene Hoger, S. C. T.)	64
Sex, Education and Help (by Anna Au Burton, S. C. T.)	65
Suggestions for Spectro-Chrome (by Naya Bundy, S. C. T.)	66
Therapeutical Accuracy (by Edmund J. Hogan, D. C., S. C. T.)	67
Constipation, Amenorrhea, Anemia, Piles, Appendicitis (by Peter P. John, N. D., S. C. T.)	68
Everybody Boosting Spectro-Chrome (by Roy Forbush Hanaford, S. C. T.)	69
Mother Nature's Alphabet (by Kashmira Dinshah, S. C. T.)	69
Life Sketch of the Originator ("Pottsville Daily Republican")	69
Pestanji Framji Ghadiali	Inside Back Cover
Registration Notice of Trade Marks	Outside Back Cover

Editor

Dinshah P. Ghadiali

In course of life you reach a time,  
When Doctor, Lawyer, Priest alike,  
Does fail to give the sought relief,  
To troubled mind or burdened heart—  
Then come to me;  
I help you to help yourself.

SPECTRO-CHROME.

Copyright, 1922,  
By Spectro-Chrome Institute  
U. S. America

# **Spectro-Chrome Institute**

Incorporated under the Laws of the State of New Jersey. Authorized for the transaction of business as Foreign Corporation under the Laws of the States of New York, Pennsylvania, Illinois, Maryland, Delaware, New Hampshire, etc.

**Central Office and Experimental Laboratory**

**2401 NORTH BROAD STREET**

**Philadelphia, Pennsylvania**

**UNITED STATES OF AMERICA**

**(Numerous Branch Offices)**

The main objects as set forth in the Charter of the Spectro-Chrome Institute are:

The instruction, advancement and practice of Spectro-Chrome Therapy and the research, development and pursuit of such science as may assist in the equipment and application of Spectro-Chrome Therapy or the restoration of the human Radio-Active and Radio-Emanative equilibrium by Attuned Color Waves, without the use of drugs, manipulation or surgery, in accordance with the system conceived, originated, developed and applied by Colonel Dinshah P. Ghadiali, M.D., D.C., Ph.D., LL.D.

The building, equipping, establishing, conducting and maintaining of schools for the investigation, instruction, demonstration and practice of Spectro-Chrome Therapy; also the power to confer and grant the degrees of Spectro-Chrome Therapist, Master of Spectro-Chrome and the like, and to issue diplomas and titles in connection therewith.

The corporation shall also have power to use, manufacture, sell and dispose of, in any way, all means, publications, appliances, instruments or products that may seem fitting or in any way connected with such purposes or objects aforesaid.

---

Spectro-Chrome Institute conducts complete resident courses in Spectro-Chrome Therapy in a number of cities each season. Each Course, comprising 24 discourses, is delivered personally by the Originator of the System with demonstrations and experiments. At the end of the course, students passing the examination are granted Diplomas. There are no correspondence courses.

## Attuned Red Wave

(The World Through the Eyes of Dinshah)

OCCULT OPERATION OF THE GREAT SYMPATHETIC NERVOUS SYSTEM																						
1	NADI	IDA			SUSHUMNA			PINGLA														
2	COLUMN	LEFT			CENTRAL			RIGHT														
3	INFLUENCE	LUNAR			TERRESTRIAL			SOLAR														
4	RULER	BRAHMA			VISHNU			SHIVA														
5	TATVA	PRITHVI JALA			VAYU AGNI			AKASHA														
6	ELEMENT	EARTH WATER			AIR FIRE			ETHER														
7	COLOR	YELLOW WHITE			GREEN RED			BLACK														
8	SHAPE	SQUARE CRESCENT			CIRCULAR DOTTED			DIFFUSED														
9	FORWARD OPERATION MINUTES	30			24			18			12			6								
10	BACKWARD OPERATION MINUTES	30			24			18			12			6								
11	FUNCTIONAL FINGER WIDTH	4			6			8			10			12								
12	LUNAR BRIGHT HALF DAYS	LEFT ACTIVE			RIGHT ACTIVE			LUNAR DARK HALF DAYS			RIGHT ACTIVE			LEFT ACTIVE								
		1	7	13	4	10	1	7	13	4	10	1	7	13	4	10						
		2	8	14	5	11	2	8	14	5	11	3	9	15	6	12						
13	LEFT + BRIGHT HALF FAVORABLE	MONDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY			TUESDAY		
		SATURDAY			SUNDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY					
14	SANSKRIT NOMENCLATURE	PURAKA			KUMBHAKA			RECHAKA														
15	AMERICAN PHRASOLOGY	INHALATION			RESTRAINT			EXHALATION														
16	RESTRAINT PERIOD SECONDS	LOW = 42			MEDIUM = 84			HIGH = 126														

COPYRIGHT 1922 U.S. AMERICA BY COLONEL DINSHAH PESHADIA, M.D.

### SUN SPOTS TROUBLESOME

Through the French Academy of Medicine, Drs. Vallot, Sardou, and Faure report that their observations show sun spots capable of influencing the heart, liver, intestines and blood and also aggravating the seriousness of accidents. The learned Academy may do well to study Indian Metaphysics and Occultism from some competent teachers instead of wasting time on old concepts of medicine to be revised from new theories. All this and much more *has been recognized* very minutely by the ancient sages of India and in Spectro-Chrome Therapy courses, the originator of the new Healing Art has fully tabulated the astronomical theory into downright psychological and physiological practice. He demonstrates therein how the two nostrils breathe according to a definite time schedule regulated by the Solar and Lunar influences and how these effects operate for human life through the Great Sympathetic Nervous System by means of certain internal secretion glands. The annexed chart of Dinshah is the key

to this marvelous operation about which the occidental medical world is calmly ignorant. The occidental "know-alls" have much to learn and to give the zealous searcher for the truth an opportunity to secure such knowledge first hand, a class on Spectro-Chrome Therapy is now being formed in Chicago, Illinois to commence the first week of September. It is the quickest, shortest and the most condensed scientific experimental course on such a deep subject as Spectro-Chrome Therapy and is worth the time of any person—professional or layman to take it. The knowledge gained will enhance the scope of the professional and will increase the therapeutical field of the layman.

### AMERICA'S SOUL SOLD TO THE DEVIL FOR DOLLARS

After passing an Eighteenth Amendment to the blessed Constitution, thereby taking the greatest step in history for the world's progress, next perhaps to the Declaration of Independ-

ence, the American Government has quietly connived at the opening of liquor-selling bars on American sea-going steamers. Chairman Albert D. Lasker, of the Shipping Board, voices challengingly that he would not rescind his order authorizing the sale of booze on the ocean on American liners until the Supreme Court stops him. And who is this Supreme Court? A creation of the people to defy the will of the people's Congress? Its Chief Justice has to go to England to learn some more laws! English laws precipitated the Declaration of Independence, and have we to go to that aristocracy-dominated kingdom to shave our course? Why in the name of goodness are the Americans endeavoring to follow other countries like monkeys? Have we not all the nations represented in our democracy? Why can we not stay here and mind our business, frame our laws and enforce them as we please here? Why should we allow our glorious Constitution to be trodden and trampled by Albert D. Lasker, our own man, twisting and turning our regulations to please the financial interests? He says we shall lose all our maritime passenger trade if we do not follow the foreign shipping rules and dispense liquor on American boats. You disgraceful hypocrite! You are chairman of a Government Shipping Board, to enforce our constitution and not to pander to outside pressure or views. The trouble is our shipping is in the hands of incompetent men, our government hesitates and does not act with promptitude or firm decision. It is pure politics and nothing else. The real solution is to compel obedience to our laws by preventing the entry of foreign liquor into our ports; instead of being compelled to sell liquor on our ships, you will soon find those drink-sodden foreign ships will bow to our regulations and stop their own liquor traffic. Wake up, Warren G. Harding, and throw Albert D. Lasker out of the chair into the sea of oblivion!

## SPECTRO-CHROME UNIVERSITY—WHEN?

Leaders of Christian Science announce the intention of constructing a \$1,000,000 college near St. Louis, Missouri, the first of its kind in the world. All success to ye workers for any system of healing that dispenses with drugs. I am waiting for a similar sum to come to me for a similar idea; it must be on the way—it will come some day!

## HOW ABOUT THE WOMEN?

Senator Dennis Fleining introduced a bill making it unlawful in Georgia for a married man to keep away from home or go fishing without the full consent of his wife. Should he do so, he is to be sentenced to not less than five and not more than twenty years at hard labor! If prohibition were not in the Federal Constitution, I should be led to believe he had tasted something worse than one-half per cent. Such a bill is human outrage! It is unisided. Throw it out. How dare senators waste public time by such idiotic measures? Let men and women politically as socially be treated equally and not butted one against another if one is looking for human elevation. Why not enact a law preventing women in Eve(ning) costume from dancing in the embrace of somebody else's husband, brother or lover at past midnight when she should have been in the arms of Morpheus hours ago? Have a heart, Senator!

## VARNISHED DEACONS

At a communion service in Grand Rapids, Mich., nine deacons and elders of the Seventh Reformed Church drank varnish instead of wine! It was evidently an error, but, what kind of olfactory bulbs had they? The church to have wine? The wine of the Lord Jesus was without alcohol; it was un-

fermented grape juice, an emblem of prosperity and the like; it never was meant for the 17 per cent. French champagne or "homemade" cider, even which ferments and produces volumes of that curse called alcohol, unfit as a human beverage.

---

### BREAD OR PASTED HOLES?

The Hygienic Institute of the University of Leipzig is awakening to the fact that our teeth decay owing to the use of bakers' bread. It would appear from a study of the report that bread instead of being the "Staff of Life" is really the producer of troubles. Bread as made today with white, devitalized, chemically treated, fermented flour is positively detrimental to health equilibrium. To benefit life forces, wheat must be used in its original entire condition and the bread should be prepared without fermentation. As made and sold, we get only a necklace of pasted holes with a taste of glue to eat, the best vitality supporting element being either milled or burned out. Civilization indeed, when man has to depend on laboratories to improve on nature's creations! The whole diet situation, as exists, is nothing but destroying the natural original elements and trying to refill the loss by artificial means.

---

### REVERSE THE POSTULATE

Herbert W. Kirby, of West Philadelphia, returned from India after a residence of 15 years. On being questioned for an opinion, he is reported to have said that "India's best asset is the British Flag." Friend Kirby, I differ from you as a man born in India, trained in India and a student of India. The truth is the reverse of your assertion. I admire the British people and have nothing against them as a naturalized American, but, after studying British politics and the results of the

diplomacies of the British Government, I have come to the conclusion that, "India is the best asset of the British flag." If tomorrow George faced the contingency of either losing the Kingship of England or the Emperorship of India, I feel he would sooner lose the English crown. If instead of stupidly pushing crude raw western ideas and methods into Indian minds, the British would let the people develop internally along their own proclivities and copy the example of the United States of America by befriending the downtrodden population instead of exploiting it as that wretched East India Company did, Hindustan would be soon the equal in prosperity of America. Its enormous population of industrious but poor trampled agriculturists living now on ten cents a day, its intelligent quick-brained youngsters studying by a castor oil lamp of three-quarters candlepower till past midnight for university examinations, passing which gives them government services with a handsome start of ten dollars per month if not less, its police officers getting five dollars per month, its hospital assistant medical officers receiving twenty dollars per month, its native magistrates, with high powers, dispensing justice for less than thirty dollars per month, all this on one side and its English imported officers eating up the cream of the land on the other side cannot be conducive to prosperity. What a glorious day it would be if India were under the flag of the United States! The British exchequer is unable to pay our debts—well, tell them to hurry with the settlement or pawn India to us as a security under mandatory rules—O Grand Almighty Creator, if such a day should come, the long-forgotten glory of ancient India would dawn again on the horizon of the Orient. America, press your demands on England and be instrumental in bringing happiness into weeping India by compelling the stronger ruling nation to mete justice to the weaker ones.

## DOCTORS, PLEASE ANSWER

Walter R. Herrick, former Commissioner of the Department of the Narcotic Drug Control of the State of New York, reports:

"I want to emphasize the fact that 50 per cent. of the drug taking today in the higher walks of life is the outcome of illness during which narcotics have been administered by the physicians."

Beyond question. In my long medical practice in India I observed the same curse. A male patient started by having his pain relieved by an injection of cocain. When he came to me he was consuming by the mouth sixty grains of cocain a day! I reasoned with him and succeeded in restoring him to normalcy by dropping the habit. I maintain that the patient's will is undermined primarily by the physician's crude methods of treatment with potent drugs and after the physician has established the lead and taken leave, the patient continues similarly of his own accord. Who is to blame? The first jab of the needle and the first administrator of it.

---

## WOMAN OR WO X MAN?

Earl Puryear, bantam weight boxer, of Omaha, Nebraska, secured a divorce from his wife, Grace, testifying that she "abused, bossed and beat" him. "I would rather face a champion than she," said this fighter. I believe him; the law allows him to smash up a man in open arena, but at home he dare not raise even a voice in protest. As long as a woman stays a womban she is all right, but when she starts otherwise she is liable to degenerate into Wo x Man.

---

## TAXICAB TYRANNY

New York State has passed a law compelling taxicab drivers to provide insurance guaranteeing payment of

damages for accidents. This law, as it stands at present, is utterly unjust, is class legislation and is favorable more to the rich insurance companies who provide the necessary bonds. Admitting the importance of such insurance, to protect the innocent public, it must be applied indiscriminately to all automobile drivers and vehicular users of the State Highways. Now, it benefits only the pooling companies which are National Surety, New Amsterdam Casualty, Fidelity and Deposit, American Surety and Aetna Casualty and Surety. It is shameful how the rich can oppress the poor and yet we wonder at the existence of strikes, riots and disorders in the world. If, in great republic America, such aristocracy could go ahead what surprise is there if Russia should do similarly and the Ex-Kaiser should have thought it? It is all the curse of political backgammon and the devilry of bossdom. Might makes Right?

---

## DIARTHROSISTIS OR WIGGLEWOGGLOITIS?

Ernie Young, a theatrical promoter of Chicago, is sued for \$10,000 by Marie Ehlers. Her bill of complaint sets forth that Young required her "to execute many contortions, convolutions, distortions and gyrations associated with modern dancing aberrations, particularly twisting and writhing of the hips and shivering and convulsing of the shoulders."

Therefore, Miss Ehlers continues, she was greatly injured and fell a victim to the malady known as "diarthrosistis."

Of the jazz emotion she said she is "peculiarly sensitive to soniferous instruments, suggestive of an accentuated syncopation of a jazz orchestra, which incites her involuntarily and unconsciously to wiggle and revolve."

Well, well! But who the bliss compelled you to do the wiggling, Marie?

That was what you were employed and paid for perhaps—to make an absurdity out of the human form, the image of God.

---

### BOBBED HAIR BEAUTIES

From a beauty parlor in Defiance, Ohio, comes the story that bobbed hair is going out of fashion and that soon American girls will be glad to stuff their heads with bought locks that once graced some dead person. Now the barbers are profiting, then the beauty parlors will profit. My view is this. If a girl wants convenience and less labor, let her bob her hair; it proves that she is either too lazy to keep her hair in order or that she believes hair is not hygienic. But, if such be her view, let her have it clean-cut as the men have, because the present method of having a rounded fringe on the head makes her resemble a mattress more than a woman and the esthetic appearance is far from pleasing, beautiful or attractive. Be either a hundred per cent. male or a hundred per cent. female; this way she looks more like a swinging pendulum bobbing wherever there is gravity.

---

### CAUTION TO WOMEN OF SENSE

U. S. Consul L. E. Gauss in his report from Tsinan, China, says that the hair nets that enter the United States of America from Europe are mostly from Chinese heads and that there is no sterilizing process used on human hair nets shipped from the Shantung district; also, there is no sterilizing done on any hair nets in China. This is "good" news for the fashionable American woman! Why do we need such filthy things as dead hair from human heads to keep our live hair in position? When will women be taught to recognize the difference between live hair and dead hair? As long as

hair is on the body it is growing live material charged with the Radio-Activity of the individual and breathing Radio-Emanations of high potency, but, when severed from the frame it becomes a mass of foul matter unfit to be used by the clean. It is like a withered branch, a faded leaf, a paralyzed limb; its real value is gone, it is dead matter. Its use for decorating clean healthy heads is not advisable and we must dispense with it as a carrier of dis-ease.

---

### FOOLERY IN COURT

In the Ridgewood, Queens, Court before Magistrate Conway, a Jewish baker Samuel Cohen was hauled for violating the "sacred Sabbath" by selling bread on Sunday. The magistrate held him in \$500 bail, stating there was only one Sabbath in the United States of America, although the Jew proved that he did close his store on Saturday. If foolish judiciaries do not watch their steps and act more sensibly, they will bring about the same condition for Jews here from which they thought they escaped when they fled the Russian Pogroms. Such "justice" is downright religious persecution and such laws must be abolished for human welfare.

---

### MARRIAGE AND DIVORCE; REMOVE BIRTH STIGMA

Miss Sophie Irene Loeb is a well-known writer and her recent article on "Give the unwanted child his rights! 'Illegitimate' should have no place in language," published in the *New York Evening World* of July 27, 1922 is highly commendable. Fanatic, non-far-sighted, touch-me-not people of an ultra-religious make-believe - God - beloved type have cast such a stigma on a child born out of wedlock that there is an alarming increase of suicides and child-murders. The wrong and uni-

sided interpretation of the laws of marriage has become an unbearable torture to the unfortunate sensitive and because of some social man-made barrier, the right of motherhood is positively denied some virtuous and devoted female. The real God-made principle of love that underlies marriage is subordinated to foolish thoughtless human notions and the yielding of a girl to her innate forces impelled under the all-powerful influence of the highest emotion of sex is frowned upon and reviled as impure, obscene and unchaste and the result of any relation outside of what is prescribed by iron-glad lopsided laws of the most prudish and unnatural character is named "illegitimate" and for ever reviled and shunned by the self-styled "decent." O what an enormous crime is this against the All-Seeing Eye! The birth of beings is based on the most sacred and the most occult laws of eternal life, marriage being intended only to be a social sanction for sex intercourse which is otherwise banned. I am not for promiscuous intercourse of the sexes, I do not preach what is popularly called "free love," I do not advocate prostitution or the abolition of the bonds of marriage, but I have for 31 years maintained emphatically one ground that if marriage be the consummation and consolidation of the highest emotion of love, then, when love disappears through any cause from human life, the mated unfortunates should not by a legal law be compelled to cohabit in the same house, on the same floor, in the same room, on the same bed and produce children for the nation, because, the offsprings of such loveless conjugations will most probably as not be idiots, imbeciles, robbers, thieves, murderers, marauders or pimps whose malpractices keep the prison wards, lunatic asylums and brothels full and the law courts and lawyers on the job.

Thus, love being the foundation of life, an unwedded female rarely gives herself except to the one loved by her

and the child of such junction will be just as good as that of one in the bonds of wedlock blessed by the holiest rites and assuredly superior in faculties to one born within wedlock where love between the parents was absent. And those wedlock bonds are a veritable bondage as at present is the case! One Dollar and One Error at the City Hall and Two Human Lives in the Image of God are launched into a contract of the most unthinkably infernal inhuman character—indissoluble except by purposed adultery or downright perjury in a burlesque show called the Court of Divorce. Let the bonds of marriage stay, but, let the divorce be left to the same processes of nature as indicate marriage and as long as the children are taken care of by the parents responsible for their birth, let no law interfere with un-Godly barriers. America will awaken to this fundamental principle soon enough, the women, those among them at least who really are sensible will in the right exercise of this political emancipation see to it that mothers—unwedded as wedded—get their right and the birth stigma be removed from any child born otherwise than in so-called man-made-law-sanctioned wedlock.

---

### RUSSIA GOING BACK?

Russia is in a worse flutter than ever. While endeavoring to straighten its political and economical tangles, it was helped indirectly by the greatest boon conferred on its people by the late Czar Nicholas—the abolition of Vodka. Vodka monopoly was controlled exclusively by the Government, and its abolition gave such healthy impulse to the national opinion, that when the crisis came the down-trodden populace overthrew the monarchy. However, as it happens in all similar cataclysms, the change of policies did not immediately allow the nation to settle to earnest business and after several upheavals it is slowly getting down to some semblance of a government now.

At such a point, instead of keeping the devil of alcohol out as it was, a new decree is being promulgated to reinstate the state monopoly of Vodka. The pre-war basis was 47 per cent alcohol; now they want it fixed at 38 per cent. In the frantic endeavor to get cash, the government is making herein a fatal mistake. A drunken population may be good for ruling fanatically, but, no sensible government can be established where the people have no stabilized rule and less stabilized currency. A government monopolizing the sale of poisons (and alcohol is a powerful one) and placing it under state control forfeits its moral right to control the vice and drunkenness, because, what the state permits to be sold it permits to be used and such use cannot be penalized. Russia will face the same problem the British face today in India.

There also the sale of liquor is under government auction and the demoralizing influence of saloons thus established and controlled is one great cause of India's poverty. Let India go dry and the British will face a clear-minded population whose righteous aspirations they will be forced to respect as a self-respecting nation.

---

## CANCELING INTERNATIONAL DEBTS

The *New York World* is clamoring for the wiring out of International War Debts. "Cancellation" has become in Europe a word with dark and sinister meaning and the United States is urged to wake up to the realization that we must forego these debts because they are "uncollectible." We *know* these pre-war debts are uncollectible, but until the nations in Europe come to their sense that warring is worthless and until our friend England stops clamoring for land, water, air, ether and heaven supremacy, to wipe out these debts would mean that the British Lion would be let loose once

more to try to establish some sort of death-grip on weaker nations and drag us perhaps into another trouble. We are sick of the horrors of war. Throat-slashing and bomb-firing may suit civilized barbarians, but no God-loving person would advocate human warfare. There is only one avenue to universal peace; to cancel not debts, but, first all monarchical government systems, all titles of hereditary rank (whether temporal or otherwise) prevent aggression of weak nations by strong ones through commercial boycott of the aggressor and put a stop to stupid financing of foreign military enterprises by the money lords through refusal to protect their monetary interests unless previously sanctioned by the governments. While kings and lords last, their aggressive ambitions will keep up the trouble, while standing armies and navies are maintained, there will always be the danger of aggression and oppression. Convert all the municipal police forces into Federal Protective Armies for peace, to be the Army Reserves in fact. Build and draft in Merchant Marines on similar plan for Naval Reserves. Do the same with the Air Services.

Let us forgive and wipe out certainly the billions owing to us, but, on condition only that the weak nations be all granted autonomy and that the principles of non-expansion of territories be rigidly carried out. Nations must stop building forts, guns, submarines, battleships and murderous machines and we must compel the nations owing money to make good promptly as per agreements made when borrowing. Then and then only, when faced with economic and financial crash, will these crazed, war-mad nations that use their resources to buy more war material instead of paying their creditors be awakened to the truth and either settle their debts to the relief of other nations or under a stress of public opinion be obliged to change their tyrannical tactics to avoid revolutions. Forgive and forget yes, but not

by letting them use our money for oppressing poor weak people and expanding their ill-gotten territories everlastingly. America, dear United States of America, do anything and everything, wise or foolish, but keep your hands off from signing any document that may move us away from our strict non-aggressive neutrality. The day is not distant when the United States may again be called upon for help, but that help should only be given under the strictest terms of neutrality and no other. Europe (including England) is the hotbed of aggressive politics and our American diplomats are no match for the crafty political intriguers across the Atlantic ocean. They are true statesmen at any rate; our new fledgling country has no such men; we have plenty of politicians and more bosses and grafters, but, there are very few who walk the footsteps of George Washington or Abraham Lincoln with an eye that ever watches the weal of this country which is destined to be the greatest birthplace of the great men and women of the world.

### A PRESENT SOURCE OF HEART DIS-EASES

Speaking at the Harveian Society in London, England, Dr. E. Turner extolled the use of salicin for curing influenza. He stated he had cured himself and his patients and lost not a case. He gives for it an initial dose of 40 grains followed by 20 grains every hour for twelve hours, then every second hour for six hours more. I do not question the word of the learned professional, but, fail to realize the mathematical accuracy of his technique. Salicin is an orthohydroxybenzylglucoside (total chemical formula  $C_{13}H_{18}O_7$ ; molecular weight 286.14) obtained from the bark of several species of salix and populus (willow and poplar) trees. It is a bitter tonic and has been extensively employed in the treatment of rheumatism, influenza and the like.

It is used both in the United States and the British Pharmacopœia and its average dose is from 5 to 15 grains, the maximum being 30 grains. In its physiological action, salicin is inferior to acid salicylic because its systemic absorption takes place by its conversion into salicylic acid, formula  $C_7H_6O_3$ ; molecular weight 138.05. The average dose of this acid is even less—only 12 grains. Now, how should we comprehend the large doses administered by this doctor to his influenza patients as operating? Surely, he pushes the drug to the limit in his patients with a view to abort the influenza, but that would mean that the therapeutical effects of the drug would be also disengaged in the body in large proportions. Salicin has among others these physiological properties:

In small doses                      In large doses

On Digestive System:

Stimulates                      Irritates

On Nervous System:

No cerebral                      Causes cerebral  
action                              congestion,  
    Headache,  
    Vertigo

On Respiratory System:

Stimulates and                      Causes labored  
quickens                              and slow respi-  
respiration                              ration

On the Skin:

Acts as a power-                      Causes exhaust-  
ful diaphoretic                      ing perspiration,  
    intense itching.

Thus, the large doses administered by Dr. E. Turner would perspire the patient to depletion and derange his circulatory apparatus. Such has always been the sequel of the administration of salicin, acid salicylic or any of the salicylates. The perspiration may drive the febrile symptoms, but all at the expense of the most important organs of the circulation of blood. Pa-

tients suffering from rheumatism and treated with these drugs by the allopaths get a legacy of all kinds of cardiac disorders and one thing leading to another, once the patient gets into a drug doctor's hands, he seldom thereafter has a clean bill of health. In treating influenza by Spectro-Chrome Therapy, no complication of any character can arise. All is taken care of beforehand. Treat the patient just as any other specific infection would be treated. Attuned Turquoise Color Wave on Areas 1-2-3-4-5 following Systemic Green, with Magenta on Area 4 to provide against cardiac complication is all that is needed. Yellow on Area 9 may be used if the bowels are not in proper operation. In very grave cases Systemic Turquoise or if the temperature be very high Attuned Blue Wave may be used as the various symptoms from time to time indicate. The entire treatment of the disease is Ultra-green for the system.

---

### WATCH YOUR STEP

George Stonoff, of Kansas City, Missouri, went to consult Dr. George L. Schmitt. The physician told him that he needed an operation, whereupon the patient cried, "Either cure me or I'll kill you," and shot the doctor, who died half an hour later. This indicates that a healer should study human nature always. An enraged patient is worse than insane. Tact in the expression of opinion is ever safe. Speak the truth boldly, but use judgment.

---

### ALIENIST OPIUMIZED

Dr. William Hicks, 64, of No. 46 Milford Avenue, Newark, N. J., was recently discharged from Bellevue Hospital after being treated for acute opium poisoning. This professional is known as an alienist—one who treats the insane or people suffering from

mental troubles. It would be good to know how he was poisoned and who administered it.

---

### WOMEN WITH TRUNKS

A recent Paris decree in fashion placed the vogue on the female nose built on long and slender lines like the Grecian. An instrument made of gold is worn nosily a few hours a day by the women not blessed along such lines. After about three years of pinching torture, if they get such lines and look Grecian, then there will be probably a change for some other type of nose. Where will the end be? Women, act with sense; slavery was abolished, but you are worse slaves to fashion.

---

### DOWN WITH VACCINES

In a bulletin issued by the Public Health Committee of the New York Academy of Medicine is mentioned that vaccine for the prevention of pneumonia are still in the experimental stage and that though the vaccination has some value against three of the fixed bacteriological types of lobar pneumonia, the duration of the immunity is not more than 5 or 6 months. Vaccines are rot; putting garbage in the human temple of God is of no use; the best preventive is to keep the vitality inside working properly by clean food, no stimulants and correct thinking.

---

### LLOYD GEORGE'S SHIRT

The *Boston Transcript* reports that in replying to the criticism that he frequently changed his mind, Lloyd George said:

"Well, men change their shirts don't they? We rather admire them for that. It's hygienic. So with the mind. As conditions change, the mind must change to conform with them.

Blame the man who never changes his mind! How stale and soiled and dusty such a man's mind must be. He who changes his mind to harmonize with circumstances, though, is spiritually clean and fresh, is living according to the laws of spiritual hygiene."

If changing mind means breaking of promises, if changing mind means turning the sails to collide against another's ship as suits best, then, such changing is craftiness and statescraft and is not a sign by any means of a clean mind. However, we must admire this master mind of English politics—we certainly have none here to match him—this great Welshman!

---

### DOG-OIL OR DOG-GONE MEDICINE?

A science that constantly keeps changing its empirical formulae, fundamentals, and functions, ever groping in the dark, could not rank as a "science" until it becomes an accuracy. Drug therapy, ordinarily known as medicine, cannot by any stretch of imagination be classed as a science; it never was so, although it has established its stronghold (stranglehold) six thousand years and tries to choke others who do not follow its follies. Here is a sample of medical "science" by the great surgeon Ambroise Pare, who wrote in 1540 Anno Christi:

"When I was at Turin I found a surgeon famed above all the rest for his treatment of gunshot wounds, into whose favor I found a way to insinuate myself, that I might have the recipe of his balm as he called it, wherewith he dressed these wounds. And he made me pay my court to him for two years, before I could possibly get the recipe out of him. In the end, thanks to my gifts and presents, he gave it to me, which was this, to boil down, in oil of lilies, young whelps just born, and earthworms prepared with Venice turpentine. Then was I joyful and my

heart made glad, that I had learned his remedy."

And the London Pharmacopoeia for the year 1659 contained a recipe for "dog-oil," with the following ingredients: "sallet oyl, two puppy dogs newly whelped, earthworms washed in white wine and cypress turpentine and spirit of wine."

Some medicine! Dog-oil! What kind of a "dog" would use it now you will perhaps ask? But during all these years only the methods have differed, to come again to the same noxious nostrums, leeches, and caustics and only a few years ago bleeding and mercurializing were the two anchors for the "cure" of human ills. How much difference is there yet in the medical "science" of the past and the medical "science" of the present? Filthy horse vaccines and pig serums, dirty dead organs of animals and chopping off of a part because it does not function properly, are *still* the pride of medical "science." The day of reformation could not have come sooner and the true therapeutical science that deals the death-blow to the "science" of indiscriminate drug therapy has already taken its birth under the name of SPECTRO-CHROME THERAPY which is the most potent, rational, clean, natural, simple and accurate single system of healing human dis-eases supplanting drugs in toto.

---

### SAVED FROM THE KNIFE

Would you like to hear an interesting story about the accuracy of medical "diagnosis?" The Reverend Dr. Carl E. Grammer, rector of St. Stephen's Episcopal Church of Philadelphia, Pa. was sent (while there) to the American Hospital in Paris, France, for an operation for what the doctors diagnosed as "stoppage of the gall duct." The hospital doctors declared the diagnosis to be incorrect, saying they did not know what the trouble was, but that there was nothing wrong with the gall duct. Thus, the operation was post-

poned for "better diagnosis;" meanwhile, the patient improved so much he was allowed to depart. Let him thank his planets he escaped the knife! Spectro-Chrome Therapy avoids such complications and false stepping by original methods of treatment without the knife and gives results surpassing in value any form of destructive surgery. Food of the wrong kind is the root of most such troubles and following the principles laid down in Spectro-Chrome Therapy relieves such diseases quickly. Diagnosis statistics of the hospitals indicate wrong diagnosis in over fifty per cent cases; what is then the value of such an art? To cut open an individual and find that the organ removed was healthy but that the disturbance was produced *reflexly* by trouble in another organ cannot be called a "science." A person mixing hydrogen and oxygen in the proportion of two to one never gets anything but water; a mathematician never gets from the addition of 2 and 1 anything but 3; when medical "science" reaches such accuracy then may it try to regulate other systems of healing; till then, it cannot deserve any other name but hit-and-miss, fluke or empirics. Spectro-Chrome surpasses it in mathematical accuracy to such an extent that if a patient be not relieved in strictly non-surgical cases by Spectro-Chrome Therapy properly applied, it is a corollary that an undertaker should be called to assistance and not a drug doctor.

### MAYOR'S WISE ACT

J. Hampton Moore is the Mayor of Philadelphia, Pa. The City of Chicago, Ill., appealed to the Quaker City authorities to send the Liberty Bell to their city during a celebration to be held there this month. This request was emphatically denied by Mayor Moore; all honor to him. The Liberty Bell, the visible emblem of our dear republic, should not under any circumstance be moved from its place in the Independence Hall. If the principle of

moving shrines and relics be once accepted, as well send a request to move Jerusalem to Rome—it would surely be taken care of better. Honor to the sensible step of the Mayor.

### JAPANESE TURNED CHRISTIAN

Salto Taizo, a Japanese electrocuted for murder recently at Sing Sing, N. Y., was converted to Christianity before he died. It had been better if he had lived as a good Japanese and followed in the footsteps of Buddha. Mere conversion from one religion to another counts for nothing, the foundation of all religions is the Truth and the benefit accrues only by the exemplification of the precepts of any prophet into our daily life. The present day Christianity as exemplified in the European War is no encouragement for anyone to become a "Christian;" a true Christian follows meekly in the footsteps of Jesus, sacrificing self for others, decrying none, obeying conscience. When Christianity will stop warfare (which is legal murder), when Christian nations join in unity for self-enactment, when Christian ministers of the Gospel stop going to foreign lands with the Bible in one hand and the Brandy Bottle in another, when the hundreds of denominations, creeds and sects of the so-called Christians will join in worship at one altar of Universal Brotherhood, when the two main opponents Protestants and Catholic will join as one of the Fatherhood of God, then may the Christians be entitled to the respect of other nationalities which are Non-Christians. Preach some true Christianity into politics, preach some real Christianity into Wall Street, practise some Christianity in every day life in business, commerce and dealing with those unfortunately placed low in the scale of human progress and an era of a New Christianity will enlighten the world. Who will don the cloak of the Messiah for such glorious emancipation?

## HUMAN LOCOMOTIVES

Professor William A. McKeever, of the University of Kansas, writing in the *Evening Journal* of New York, July 26, 1922, about children says in part:

"Study your cross and peevish child systematically and you will most probably discover some removable cause of his unaccountable state of mind.

"Precisely as is the case with adults the mind and the body of the child act in about the same level of well-being and efficiency.

\* \* \* \* \*

Examine the atmosphere. You may there find the hidden cause of your child's irritability and low mentality. Many little ones are caused to remain long in smoke-laden rooms. It has been found by test that air heavily charged with tobacco smoke will render eggs infertile, will stunt young rabbits and make young chickens anemic. Show father how to improvise a smoke ventilator and thus draw the tobacco fumes from the living room, for the sake of his baby."

He is right. In the exercise of personal liberty no person has any right to injure another. One does not like eating from an unclean dish or drink from an unclean tumbler, yet no attention is paid to keeping the atmosphere clean. I see every day unthinking fathers and mothers smoking indiscriminately and blowing their foul breath into the tender lungs of their innocent babies, converting a healthy home into a dirty smoke-sodden coup, unfit for the residence of developing humans. The Creator forgot to place a chimney on their skulls! By what earthly right does any person dare render unclean a health-giving atmosphere? I do not deny any person's right to do as they please, but, where the tip of my nose begins their liberty ends. Parents and others must not smoke their foul breaths into children and the sooner this weed of tobacco be placed under the same ban as alcohol

or similar poisons the better for the preservation of the race.

## STUPIDITY OF CENSORS

A nation's virility depends on the free expression of public opinion. Nations which submitted to magistracy, imperialism, kingship, lordism, autocracy, bureaucracy and censorships that moved the power of public opinion to a chosen few went down in the graves of oblivion and are now only useless history. Therefore, profiting by their example as a beacon to avoid the shoals, we must keep aloof from such suicidal policies. It seems, however, the old-time spirit is being revived in America under the name of "Boards of Such and Such," and persons ignorant of the A, B, C, Z of human nature are being appointed as members of such (mahogany) boards to inflict their thoughtless decisions on the followers of the particular industry affected by their censorship. The *New York Times* recently published what appears as a flagrant example of the knockdown stupidity of the Pennsylvania Board of Film Censors. Its writer says:

"The Pennsylvania Board of Film Censors would walk a thousand miles to smoke out a 'Camille.'

"It was from this same musnud of moralists that the edict was issued last year that no picture could be shown that portrayed a mother making a layette for her unborn child. In Pennsylvania children are not born in the usual way, but are bootlegged over the roofs by storks or moonshined into the world through a cabbage leaf.

"It was the same Sanhedrian of Sages who ordered the title, 'It is a boy,' cut out of 'The Four Horsemen of the Apocalypse.' If it had read 'It is a Republican,' it would have passed—in Pennsylvania.

"Anyhow, 'Camille' arrived in Pennsylvania on the celluloid. It was not called 'Camille.' It was called 'The Red Peacock.' The story was the

story of 'Camille' done in Germany. It was originally called 'Poor Violette.' Pola Negri was the star who coughed her way into eternity in the fifth reel in the way the younger Dumas had arranged it some years back. The names of the characters were changed, but the play is essentially the same that millions of people have seen and read.

"As soon as the Pennsylvania board saw the picture they put their ivories together and ordered the following changes in 'Camille,' alias 'The Red Peacock.' I here reproduce verbatim the order. It is my most precious literary possession. As a bit of Americana, I believe it is unique:

"REEL 1—(a) Eliminate subtitle, 'Gaston du Pont, her satellite,' and substitute 'Gaston du Pont, her fiance.'

"REEL 3—(a) Eliminate subtitle, 'Count Girgy sees an opportunity,' and substitute 'Count Girgy sees an opportunity to vary his hectic life with an act of humanity.'

"(b) Eliminate subtitle, 'Violette, you may remain as maid in this house if you wish to,' and substitute 'Violette, my house is lonely. Let me do an unselfish act—be my ward and enjoy the comforts of my home as a sister would.'

"(c) Eliminate views of Girgy embracing and kissing Violette after unging her wrap to her and all views of Girgy kissing and embracing Violette in any other reel throughout the picture.

"REEL 4—(a) Eliminate subtitle, 'Alfred, I love you. Take me away from this,' and substitute 'Alfred, I love you. I was happy as Girgy's ward until you returned. Take me away.'

"(b) Eliminate views of Alfred shaking his head to express 'No.'

"(c) Insert, after Alfred has fallen at Violette's feet with his head in her lap and she is fondling and kissing him, subtitle, 'Come to me, Violette; we will be married at once and say nothing about it.'

"REEL 5—(a) Insert a subtitle af-

ter 'I love Alfred—he is all I have in the world. I cannot let him go,' when Violette sinks in chair and Claire goes out of the room, to this effect, 'Realizing that for his own reasons Alfred had not told his father of his marriage, Violette loyally kept the secret.'

"(b) Insert a subtitle during the views showing Violette leaving her home and before she goes to Gaston du Pont, to this effect: 'With a courageous determination to find some means of honestly earning money to aid Alfred.'

"(c) Eliminate subtitle, 'I am here, ill in body and soul. Take me away, anywhere, and substitute 'I am here, ill in body and soul. You offered to help me. Are you good friend enough to take me, unselfishly, where I can learn to dance so that I may earn money?'

(d) Eliminate subtitle, 'My dear Alfred: Forgive me, I am leaving you. My illness will become a greater and greater burden on you, and our financial troubles are growing each day. You have your future to consider, Violette,' and substitute 'My dear Alfred: Forgive me. I am leaving you for a time that I may earn money to overcome our financial troubles, which are growing each day. I love you, and hope for the future. Violette.'

"(e) Eliminate all views in this and other reels following of Gaston du Pont embracing and kissing or making love to Violette.

"(f) Eliminate subtitle. 'We will go South and there will soon be roses in your checks,' and substitute 'You may trust me. We will go South and there will soon be roses in your checks. You shall learn to dance there.'

"REEL 6—(a) Eliminate all views of Gaston du Pont making love to Violette, kissing or embracing her.

"(b) Eliminate subtitle, 'You'd better not dance this evening—your cough,' and substitute 'You'd better rest this evening—your cough.'

"(c) Eliminate the word 'you' from

subtitle, 'It was my money you loved, not me—you—'

"(d) Eliminate subtitle. 'Now I know you for what you are—and I'm through with you,' and substitute 'I'm through with you forever.'

"A careful analysis of this remarkable document will disclose to the future excavators and archaeologists of the ruins of American liberty the wheels in the mental processes of those who gave to the world the Great Pennsylvania Idea. Rare pickings for a future Taine or Gibbon.

"It may be noted (Reel 1, a) that no Camille is entitled to a satellite within a radius of 300 miles of Harrisburg. She may have a fiance. The fiance must not be a satellite—but a satellite may become a fiance. So the Home is conserved.

"Count Girgy (Reel 3, a) cannot just see an opportunity. He must see an opportunity that involves an act of humanity. There can be no objection to this, as it follows the philosophy of McGuffey's Reader.

"Violette and Girgy (Reel 3, c) are not allowed to embrace or kiss throughout the picture. That these changes practically destroy the picture is of no moment. Girgy and Violette, although in love with one another, are not married; therefore all contact is null and void. This is based on an old Pennsylvania tradition that one may only kiss his wife or his dead aunt."

America, the cradle of the liberty of the world, must have positively and absolutely no Censor Boards on the Press, the Author, the Orator, the Critic, the Artist, the Theatre, the Silent Drama, the Healer, in fact on anything and anyone that tends to place brain productions before the public. Let the public be the true censor, because, once the principle of censorship is countenanced, its baneful influence will induce bribery and the public's weal will be converted into woe. The above is a fair example of the tyranny of such a Board and further, the crass ignorance, idiocy and

utter nonsense enunciated by its members in its operation.

### GLANDS, GOATS AND MONKEYSHINES

Harold F. McCormick, the millionaire of Chicago, Illinois, was operated on by Dr. Victor Lespinasse for "rejuvenation of youth" by implanting in his body the purchased gland of a youth. The newspapers created a roar about this until McCormick finally declared he had never bought any human gland. This gland business and organotherapy, as it is called, is a monstrous medical fraud and I shall soon write more about it. Meanwhile, an article appeared in the *Evening Bulletin*, of Philadelphia, Pennsylvania, dated June 26, 1922, which for its good and steady representation of the affair deserves attention:

"Mr. McCormick, in searching for the fountain of youth, is doomed to a keen sense of disappointment. Ever since the history of mankind rejuvenation has been a subject of considerable attraction. Of course, it may be desirable, but unfortunately impossible. Experimental research in that direction is excusable, but to commercialize research work ere the result has definitely been established, is unpardonable. It is nothing short of charlatanism. The glandular transplantation operation has no biologic basis. The assumption that any particular gland possesses the fountain of youth is unscientific and untrue. Transplantation of organs and tissues (bones excepting) always results in atrophy of the tissue transplanted. But granting for the sake of argument that such gland after a proper transplantation still retains its vitality it is still inconceivable how such gland would have any effect upon the tissue elasticity of the victim of old age. A gland is not an independent organ functioning on its own volition; it depends upon the blood supply and enervation of the newly acquired environ-

ment. A youthful gland transplanted into an aged body whose blood vessels are already changed and hardened, whose nerve elements have already undergone senile changes will, if not atrophied, function only in direct proportion to the new nerve and circulatory stimulation. The gland will become senile instead of the patient juvenile (although his mind may become puerile).

"We cannot halt the finger of time; we cannot change the laws of God and nature. We cannot by any miraculous means change the aged into a young Hercules. Would you be young? you must learn the art of living in youth. Strict regard to mental and physical hygiene, a philosophy of life rigidly cultivated may help one to remain youthful and reach old age gracefully. Buying human glands to reinvigorate your lost vigor is like gambling in stock to recuperate your lost fortune; it ends disastrously to the

buyer. Let man be rational and not mystical; the former leads to God, the latter to superstition."

This writer is Aaron Brav, M.D., of Philadelphia, Pa., and deserves credit for his able enunciations. Burning the candle at both the north and south ends during youth, wasting virility then and trying to buy (for further excesses in old age) potency through foreign glands is absurd, illogical and unnatural and the doctor of medicine who encourages such views is a traitor to his profession. Teach patients to lead instead a saner and cleaner life. We shall, in the case of Harold F. McCormick suspend judgment until he remarries and the truth is known; the newspapers say, "Ganna Walska is waiting for him in France," where he also is—well, may he have better luck in his new life! It is nobody's business but his, it does not touch the public.

## Attuned Orange Wave

(Humor, Wit, Fun, Satire, Tickle, Irony)

### DID YOU EVER?

A short sketch on the Oddities of Females, by

Miss Irene Hoger, S.C.T.

Did you ever watch a woman feed coal to a furnace? Either one of these two methods is usually used: She puts the loaded shovel to the door of the stove and forces the coal in, or, after putting the shovel into the stove (leaving the handle out, of course), she turns the shovel over and lets the coal fall off onto the fire. You never saw a woman do that? Watch more closely next time.

Did you ever see girls having a "catch?" The majority turn the palm

upward and push the hand in a like-wise direction which sends the ball into the air with a so-called under-hand motion. Hence the saying, "Aw, girls throw under-hand." Again you say you never saw such witlessness? 'Tis a pity you are not more observant.

Did you ever watch the fairer sex get out back first when alighting from a car? No? Then you have much to learn, for, this unsafe, almost unfor-givable way, shows no common sense whatsoever and can be seen every day, everywhere. Who knows? Perhaps you have been doing the same thing!

Did you ever witness in agony one of the female species endeavoring to nail some smooth surface, but succeeding only in punishing the nails; like-

wise her fingers? Beg pardon, how stupid of me! I should have specified what kind of nails; carpenters' nails, of course, not finger nails. With patience exhausted, nails bent, fingers sore and desperation almost approaching, one first hears mumbling: a few naughty words and then—"Oh, fudge," "Beans," "Oh, pickles," "Bean soup." If she kept on she would name a complete vegetarian diet. Having said "Oh, boy," and "Man alive," she is not contented and shouts "Oh, Gee," which in reality means God or Jesus. I wonder if she, who considers herself man's superior, realizes what an impression she is making on the onlooker or listener; how vulgar it all appears and really is.

Lucky for you if you never saw or heard a woman in such a mood; but tell me then, what *did* you ever see, or even hear? What do you do year in and year out, lie in the house like a mummy

or act like an idiotic dummy, or imagine you are playing a tune with your fingers on the kitchen broom as an accompaniment to the fly's jazz dance on the parlor walls?

It is time for you to get busy and know what is going on in this old world of ours; or else tell me what's the use of living anyway?

You may say I used no discretion in the way I knocked the deadlier sex. Cheer up, if that is the case, I shall in next month's issue pick on the opposite sex, if our kind editor permits.



Permission is granted, though not necessary. Go ahead; it would be good to hear your views about the less dead—I mean the less deadly sex. You wrote about the fair sex, now write about the unfair one.

## Attuned Yellow Wave

(Correspondence, Query, Catechism, Inquiry, Interrogatory)

### SEX EDUCATION AND HELP

Woodlawn, New York, N. Y.

DEAR DR. DINSHAH:

If these questions are not suitable for publication, I shall not mind if you utterly ignore them:

1. People are so horrified if one mentions sex; one is looked upon as unclean. Is not what the world needs today a regeneration of the *mind*? Then all things become pure to him, then, this *wonderful God-given power*. Sex, or the *Creative Force*, becomes to that man, or woman, the greatest gift of God.

2. Is one selfish or making a mistake when one takes time to educate self at the sacrifice of what the world

calls duty?

3. Is one wasting time by giving it to the blind or helpless, by reading books to make them happy, even though one feels that it is not what one should do?

Sincerely,

ANNA AU BURTON, S.C.T.



Your questions are indeed sensible.

1. I want to publish a good article on Sex; who will take the lead? Do not wait for me to write on *all* SPECTRO-CHROME columns belong to you. subjects. Use your brains; the SPECTRO-CHROME columns belong to you.

Write in plain open language; we shall publish it.

2. Self-education is performance of a duty; if one is not trained, how can one serve others? Education of self in itself is the fulfillment of an obligation. Go ahead.

3. By helping others in any discreet way, you create mighty forces for good; these forces react on you and boost you; judge none; do what your conscience guides you as right and forget consequences. Duty is its own reward. You are on the right path. Anna.

---

## SUGGESTIONS FOR SPECTRO-CHROME

July 5, 1922.

*Editor SPECTRO-CHROME:*

Hail to the first issue of SPECTRO-CHROME! It is a good beginning, but like all infants we can expect improvement with growth and age, and we who know its editor know that it will fill a long-felt want.

I am taking the privilege of suggesting some topics which I feel sure the majority of the magazine's readers will like to see treated *by the Editor*.

1. Use and Abuse of Incense. Its effects on human beings mentally, morally and physically. The history of its use in various countries. The subject as you can treat it will be almost inexhaustible.

2. Perfumes, too, would make an interesting article.

3. The exact history of the development of the use of Attuned Color Waves in treating dis-eases. How the idea dawned and the line of reasoning

followed. What prompted the development of the various stages, with the experiments performed, the dates, etc.

4. A history of Zoroaster and His real teachings. The mistaken idea of it as held in the Occidental mind.

5. A comparative treatise on the Seven Great Teachers.

6. Color, what it is, its effect on human beings in every way. Its scientific relation to music. How music could be used in conjunction with color to affect patients, etc.

7. Principle of Polarization—in material science and as related to man's various planes of consciousness, etc.

8. Reincarnation. This might be treated in a number of articles running serially.

9. Occultism versus Occidental Religions. The occult wisdom as is found in works of Occidental poets, Emerson, Ruskin, Longfellow, Wordsworth, Browning, Coleridge, etc., together with that of Socrates, Epictetus, Marcus Aurelius, and many more.

10. The Principle of Gender, from the beginning to the end.

11. I heartily endorse Dr. Anna De La Motte's suggestion of an article and discussion on "Procreation and Regeneration."

I shall stop with these, but there are many others that I would like to see treaty by our worthy and beloved teacher and Editor.

Yours for success in benefiting and uplifting humanity,

NAYA BUNDY, S.C.T., *Podiatrist*.



Thank you cordially for the good suggestions and sincerely wish I could publish all you

want, at once. The limit of our periodical, the limit of our treasury and the limit of your friend Editor's 24 hours in a wakeful physical day's time is now humanly reached by his putting in for one thing or another generally 21 out of them to working for humanity's service and dedicating every cent of his available resources to the expansion of his activities in that direction. However, in reply to your suggestions, I wish to report as follows: 1-2-4-5-7-8—I may write when other imminent and more important problems will allow. 3—Is ready and may be published soon. 6—The chart of

Spectro-Chrome Acoustic Therapeutic System published by me in 1920 has the nucleus of what you want and I intend to expatiate further. 9—Very interesting, but other items are more pressing. 10-11—I am constantly writing and speaking about these subjects: no Gender, no Spectro-Chrome; I shall publish the many thousand pages of my unprinted matter gradually as our circulation increases, space is available and the call comes. Success to you, doctor: meanwhile, there are tips for others in the above to write from. I welcome the budding writer to these columns.

## Attuned Green Wave

(Spectro-Chrome Therapy, Spectro-Chrome Therapists)

### THERAPEUTICAL ACCURACY

By Edmund J. Hogan, D.C., S.C.T

"Spectro-Chrome Therapy meets all the requirements of a complete therapeutical system based on accurate principles." This extract from the Compendium by Dinshah should be read and reread by every Spectro-Chrome Therapist until the essence incorporates and permeates every minute cell of our gray matter. Then, let us turn to another extract.

This is taken from the President's address before the Ohio State Medical Association, June, 1920, by J. F. Baldwin, A.M., M.D., F.A.C.S., Columbus, Ohio.

"A few years ago I saw a patient late at night in consultation with three of our *very best* physicians, two of whom were treating the case together. After getting the history and examining the pneumonia patient, we all agreed in our own belief that *nothing had been given, or could have been given*, which could in any possible way have affected the progress of the disease. *In fact, all the drugs administered had been, though unintention-*

*ally, really placebos, or what we might now call camouflage.* The treatment had been *secundum artem* strictly, but by no possibility could have affected the progress of the disease, *which terminated fatally a few hours later.* And yet I imagine those same physicians *are still, from force of habit, using the same placebos.*"

Can there be a more scathing indictment of this drug system of inaccurate principles found anywhere? Spectro-Chrome Therapy now steps forward to take its rank as the foremost "therapeutical system based on accurate principles." Onward!



"Placebo" comes from Latin, Placeo meaning "to be welcome." Placebo is any indifferent substance, in the form of a medicine, given for the moral or suggestive effect. In pure American parlance it would be a sheer make-believe. It really means in the physician's language, "Well, we can do nothing, but to keep our face we must do something and give the patient something to prove that we did everything." Placebo! O Bo! O Drug Hobo!

## CONSTIPATION, AMENOR- RHEA, ANEMIA, PILES, APPENDICITIS

By Peter P. John, N.D., S.C.T.

I wish to report the following wonderful results obtained with Spectro-Chrome Therapy, which would seem to be either unbelievable or miraculous.

On October 18 last a Mr. Rose came to try the new science of Attuned Color Waves and told me he had suffered with chronic constipation and kidney and bladder trouble for more than seven years, frequent and regular doses of medicine having failed completely to give the slightest relief.

The yellow wave of the 1000-watt equipment was used. He was put on a rational diet and advised to drink two quarts of home-made lemonade per day. He took eight treatments, the constipation with its attending ails having vanished after the fourth treatment. This is the fifth day of August. It is practically ten months since he took the treatments and none of those ailments has recurred.

Miss L. N., age 25 years, suffered with amenorrhoea for 60 days. She had only three treatments—one yellow and two scarlet waves. Her condition was corrected after the third treatment. Her testimonial speaks for itself:

"After giving me three treatments of the Color Waves, I saw a great change. I think your treatments are wonderful. I cannot recommend it too highly."—L. N.

A woman of 21 years was treated with yellow, lemon and orange waves for pernicious anemia. A good many of the high-toned patent medicines in the regular drug-store had been tried and cast aside as worthless. She came to me weighing 99 pounds. She was put on a diet which included plenty of greens, salads of grated raw carrots and beets, whole wheat bread, milk and honey, and fruits (principally bananas, oranges and apples).

At the end of four weeks' time, after her thirteenth treatment, her weight was 119 pounds, thus gaining 20

pounds. Today she is the picture of health.

Mrs. S. G. suffered terribly with piles. Her family physician and others considered her case unamenable and hopeless. She came to me on May 25, scarcely able to walk. I used the yellow wave to keep her bowels regular and the indigo wave on Area 19. Her recovery was so rapid that after her fifteenth treatment she went to Atlantic City where she is still working. A few days ago, I met her husband, who told me she wrote to say she is doing well.

Three cases of appendicitis have come under my hand. Yellow, indigo and turquoise waves were used with the most astonishing results. I use the yellow wave on Area 9 in almost every case, as the foundation. The most serious of these cases was a young woman who had suffered severely for six weeks. She ultimately made up her mind to have an operation, but was saved from the knife in the nick of time. On her way to the hospital, on Monday, May 1, she was advised to try Spectro-Chrome Therapy. She came to me. The first treatment was so effective, that night she slept better than she ever did for the whole time she had been sick. The fourth treatment brought complete relief. She took twelve treatments and there has been no more trace of appendicitis.

I am now treating a case of cancer of the breast. Green systemic and lemon (local) are used. The patient is abstaining from meat, fish, eggs, tea, coffee and alcoholic drinks. I shall be glad to report the progress of this case in a future issue of the SPECTRO-CHROME.



As the first negro graduate of the Spectro-Chrome Institute, Peter P. John, a West Indian by birth, deserves commendation. His intelligence and knowledge of Spectro-Chrome Therapy are certainly praiseworthy and may all success follow his efforts.

## Attuned Turquoise Wave

(Poetry, Romance, Drama, Art)

### EVERYBODY BOOSTING SPECTRO-CHROME

By Roy Forbush Hanaford, S.C.T.  
 "SPECTRO-CHROME" is our new maga-  
 zine,  
 Presenting facts from behind the  
 screen;  
 Editor Dinshah, full of "pep" and  
 "go,"  
 Can tell us a great many things we  
 should know;  
 Truth is the platform on which he  
 stands,  
 Regardless of where the boomerang  
 lands.  
 Only with your help can "SPECTRO-  
 CHROME" spread,  
 Collect some subscriptions, show you  
 are not dead!  
 Hail to Nature, her laws obey,  
 Replacing dis-ease with health come  
 to stay;  
 Omit all drugs and surgery destructive,  
 Make people well with this method  
 constructive;  
*Everybody boost "SPECTRO-CHROME."*

### MOTHER NATURE'S AL- PHABET

By Miss Kashmira Dinshah, S.C.T.



**A** is an Aster, of crimson hue.  
**B** is a Balsam, of fine dark blue;  
**C** is a Cosmos, graceful and tall,  
**D** is a Daisy, pretty though small;  
**E** is an Elm-tree, lofty and grand,  
**F** is a Fern, that grew close at hand;  
**G** is a Gentian, Autumn's flower,  
**H** is a Hazel, gracing bowyer;  
**I** is an Iris, blue as the sky.  
**J** is a Juniper, standing by;  
**K** is the Knoll, on which these grew,  
**L** is a Lily, bepearled with dew;  
**M** is a Marigold, yellow, bright,  
**N** is a Narcissus, creamy white;  
**O** is an Oak-tree, crowning a hill,  
**P** is a Primrose, near rippling rill;  
**Q** is a Quince, ripe, ready to fall,  
**R** is a Rose, the fairest of all;  
**S** is a Snowdrop, a first Spring blow,  
**T** is a Trillium, with purple glow;  
**U** is the Underbrush, all around,  
**V** is a Vine, which lay on the ground;  
**W** is a Willow, upon the green,  
**X** is a Xanthium, of silvered sheen;  
**Y** is a Yew, that stood on the wold,  
**Z** is a Zinnia, deep red and gold.

## Attuned Blue Wave

(History, Biography, Geography, Language)

### LIFE SKETCH OF THE ORIGINATOR

Our graduates and others constantly

express their desire to have a reliable  
 biographical sketch of the peculiarly  
 versatile checkered life of the origi-  
 nator of Spectro-Chrome Therapy.  
 The Pottsville *Daily Republican*, of

Pottsville, Pa., a newspaper having the biggest circulation in Eastern Central Pennsylvania, printed in its issue of July 29, 1922, the following, which is the most accurate report of the man ever published in America. It will go a long way to show that Dinshah's work is not the result of sleeping on a "bed of flowers" and that even now he could not afford to rest on his oars, his real work for human service being only begun with Spectro-Chrome Therapy.

### Men Prominent in Life of Pennsylvania

Colonel Dinshah P. Ghadiali, M.D., D.C., Ph.D., LL.D., of 2401 North Broad Street, Philadelphia, one of that city's prominent men. Born in India a brief sketch of his unusual career will be of interest to readers:

1873—Born November 28, of Parsee Zoroastrian parents at Bombay, British India. The name Ghadiali meaning "watch maker." His father, a watch maker, was also contractor to the British Postmaster General for the presidency of Bombay.

1876—At the age of 2½ years attended primary school and at the age of 8 years was attending high school. Three years later, at the age of 11 years, acted as assistant to professor of mathematics and science at Wilson College, Bombay.

1886—Took Bombay University examination.

1887—At 14 years of age became experimental demonstrator in chemistry and physics at seven institutions of learning. At this time he began the study of medicine.

1891—Became member of the Indian Temperance Association and was elected Fellow of Theosophical Society and began career as public orator on scientific, metaphysical, spiritual and occult subjects.

1892—He erected several electric

light installations and was appointed telegraph and telephone superintendent for Dholpur State, Central India, and acted as electrical engineer to his highness Maharana of Dholpur.

1893—Joined British Merchant Marine service, with the Peninsular and Oriental Steamship Company and went to London, England; became a member of the International Order of "Good Templars."

1894—Was appointed chief mechanical engineer in the "Umballa Flour Mills," Punjab, India. Became a member of the Independent Order of Rechabites, the Royal Army Temperance Association, and also of the Royal Artillery Temperance Association then under the Presidentship of Lord Roberts, Commander-in-Chief of the Indian Army.

1895—Became consulting electrical engineer and erected a number of electric light plants in various cotton spinning and weaving mills.

Was elected an honorary member of the Poona Volunteer Rifle Corps, which is a great honor in India.

1896—Made his first visit to the United States and was introduced to Thomas Edison, Nicola Tesla, Michael Pupin and other inventors and scientists of international note. Delivered first lecture on X-ray and radio activity in New York, which earned for him the title of the "Parsee Edison."

Returning to India, he developed his practice as medical practitioner and medical electrician in Bombay and started a number of reform campaigns throughout India, of such a radical character as to stir up the 332,000,000 people throughout the country.

1899—Became stage manager of the Bombay Theatre and erected therein the first electric motion picture machinery as a pioneer in the film art.

1900—Inaugurated "Electro-Medical Hall" at Ajmer, Central India, for the treatment of diseases by Chromopathy or color waves, electricity and other drugless methods in conjunction with

his regular medical and surgical practice.

1901 — Opened “Electro - Medical Hall” at Surat, Western India, and became famous for successful treatment of bubonic plague and the so-called incurable diseases.

1903—Became trustee of the Deshi Mitra printing press.

1904—Was elected chairman of the “Nanpura Parsee Community” to protect the rights of the poor, enabling them to secure medical assistance with less cost. In doing this, he became involved in a number of defamation and libel suits, all of which he defended personally with success, without the aid of a lawyer and won much popularity by his upright stand against autocratic oppression. At this time he was appointed District Agent of the New Zealand Fire and Marine Insurance Company.

1905—Established his own printing plant and weekly newspaper called the “Impartial,” to further the cause of liberty of speech and writings. His editorials were under the title of “Our Golden Whip,” Criticizing unjust acts of government and other public officials and exposure of political graft created much uproar.

1908—July 4th left India and traveled through England, France, Belgium, Holland, Germany, Austria, Switzerland, Italy and other countries to promote his electrical and scientific inventions.

1909—Founded and was chairman of the Alcohol-Free Wines Company, Ltd., of London, England, with factory in Switzerland to promote the cause of total abstinence. Was appointed “Honorary Deputy Grand Chief Templar of the Grand Lodge of England of the International Order of Good Templars.” Was delegate to the Twelfth International Congress on Alcoholism and was appointed member of the first “International Prohibition Confederation” of London, England. Took up the study of flight.

Passed the examination with honors and was elected Fellow of the “Templar Institute of England” and was commissioned speaker of the Anti-Socialist Union of Great Britain under the presidentship of the Duke of Devonshire.

1911—Arrived in United States with \$75 in his pocket, after unforeseen financial reverses in England caused through his zealously in promoting the cause of prohibition.

Decided to make America his permanent domicile, and became professor and chief instructor in New York College of Engineering Science and Automobile Instruction. Later acted as secretary of a division superintendent of the Prudential Insurance Company of America.

1912—Became Vice-President and General Manager of the Automobile Fault Finder and Anti-Forgery Electric Pen Company.

1913—Became Assistant Manager of the Southern Nut and Fruit Company of New York and Georgia. Established experimental laboratory with a wireless telegraph station at Hillsdale, N. J. At this time began to manufacture the “Dinshah” Engine Tester for testing gas engines of automobiles, submarines and aeroplanes, which he gifted to the United States Government during the war.

1914—He organized and became President of Dr. Dinshah P. Ghadiali Inventions Corporation for manufacturing and marketing his inventions, and the Dinshah Photokinephone Corporation for talking motion pictures.

1915—Became General Manager and Vice-President of the Independent Electrical Supply Company and Vice-President and General Manager of the North Atlantic Metal Corporation of New York.

1916—Became export manager of the Union Smelting and Refining Company of New Jersey.

1917—Was naturalized as an American.

can citizen at Hackensack, N. J., June 15th.

1918—Was commissioned a captain in the New York Police Reserve by Special Deputy Commissioner Rodman Wanamaker for war duty.

1919—Received major's commission and was appointed Governor of the New York Police Aviation School. With the assistance of a large number of American war veterans, both flyers and non-flyers, he organized the aviation branch of the New York Police and was commissioned colonel and commander of the New York Police Reserve Air Service. Made several spectacular flights and established a record by bringing the first Police Air Mail from New York to Philadelphia.

He received for his services two airplanes from the United States Government to be used for policing New York Harbor and from Police Commissioner Richard Enright and Mayor John Hylan, of New York City, received the "Liberty Medal."

Founded the Business Psychological Bureau, Dinshah Commercial Company and other business enterprises and resigned his export managership for which he was drawing a salary of \$15,000 a year, for the purpose of again starting his scientific lecturing work and serving the cause of humanity.

1920—Having perfected and completed one of his life works, "Spectro-Chrome Therapy," his original method of treatment of diseases by attuned color waves, he founded the Spectro-Chrome Institute for the training of practitioners of his new system, which succeeded so well that he established a number of offices in different states within two years.

1921—Received certificate as air pilot for the operation and construction of flying boats from the Curtiss Aeroplane and Motor Company, a pastime which he thoroughly enjoys.

In recognition for his scientific knowledge and development of "Spec-

tro-Chrome Therapy," he was given a life membership with the rank of "Academician" in the Maryland Academy of Sciences at Baltimore.

1922—Incorporated Spectro-Chrome Institute under the laws of the State of New Jersey for the instruction, development and practice of Spectro-Chrome Therapy to which he devotes 18 to 21 hours a day exclusively, traveling from point to point, approximately 1500 miles each week. All this has been accomplished by Colonel Dinshah on an absolutely vegetarian diet, as he uses no meat, fish, eggs, tea, coffee, tobacco or alcohol; in fact all these materials are debarred from his premises.

He is conversant with eight Oriental and eight Occidental languages and is an eloquent orator and a convincing masterful discourses with thorough grip of his numerous subjects.

Among other honors he holds the degrees of: Doctor of Chiropractic, Doctor of Philosophy, Doctor of Legal Law, and is connected with numerous public activities, chief among which are:

Fellow and Ex-Vice-President, Allied Medical Associations of America.

Member and Ex-Vice-President, National Association of Drugless Practitioners.

President, All Cults Medical Association.

President, American Association of Spectro-Chrome Therapists.

Member Keystone Automobile Club.

Member Metropolitan Museum of Art.

Member American Anti-Vivisection Society.

Member Anti-Vaccination League of London.

Member American Association of Official Surgeons.

Fellow American Geographical Society and a host of other scientific associations, too numerous to mention.

# PESTANJI FRAMJI GHADIALI

(Formerly of Thornhill & Company)

*WATCHMAKER*

LATE CONTRACTOR TO THE BRITISH POSTMASTER GENERAL  
BOMBAY PRESIDENCY, INDIA

(Firm Established in Bombay, India, 1869)



## MY MOST BELOVED REVERED FATHER

*At thy feet on Earth I ever bowed,  
At thy feet in Heaven I yet perform  
My daily obeisance—my dear Genitor  
As at the feet of the Almighty's Throne;  
For, through thee I attained this birth  
Achieved what I did in this incarnation,  
Received Physical Life through thy self,  
My most beloved revered father!*

*Dinshah P. Ghadiali*