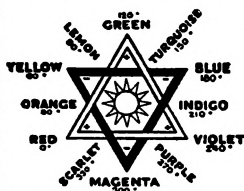


SPECTRO-CHROME

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Trade Marks Registered In The United States Patent Office

IMPORTANT ARTICLES FEATURED

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DINSHAH P. GHADIALI, Editor and Publisher

WASTING TIME ON KNOWN MATTERS

What the Originator of Spectro-Chrome Metry taught and forgot years ago, scientists are finding now! In an article by H. W. Fry on the "Oddities Of Nature", in the Evening Bulletin of Philadelphia, Pennsylvania, dated October 30, 1936, the following appeared and it is so strikingly candid that we reprint it with thanks to the writer and publisher:—

"Colored" Light Affects Growth Of Plants.

"Green is restful to the eyes. Blue is present in many things about us. Red is associated with danger, anger and war. Yellow is commonly associated with cowardice. These are things we all know.

"But the scientists in their laboratories have recently been demonstrating that different wave-lengths of visible light as expressed in different colors have effects on the growth and behavior of plants.

Dr. Enoch Karrer, of the Smithsonian Institution, exposed oat seedlings to the light of an electric lamp which was split into the constituent wave-lengths by passing through a prism.

"He found the greatest growth in length was in plants illuminated by the orange part of the spectrum and the yellowest growth in the blue-green region. The seedlings bent towards the blue light and away from the red. Roots grew longest in the extreme blue and shortest in the orange red.

"Light means life. The relationship of light and life is photosynthesis. By this process, carbon dioxide in the air is made into carbohydrates of plants and plants provide food for men and animals. Is it any wonder that early man worshiped the sun?"

No wonder! The Originator, IS a Parsee Zoroastrian, a Sun-worshipper as the Occidentals consider. It was that reason that he was chosen as the logical exponent of Spectro-Chrome Metry, the only Science of Healing the ailing that is unmatched and unrivalled for its Automatic Mathematically Exact Precision.

All the items stated by the writer H. W. Fry are age old knowledge in Spectro-Chrome and it would pay the Scientists greater premiums if they would investigate the recognized merits of Spectro-Chrome first and start their 'researches' subsequently.

The Lord Zarathushtra—the Blessed Zoroaster, thousands of years ago left much of that knowledge in His works and the Scientists are just awakening to the Glory Of God—Light and Her Powers. He knew, they surmise.

NEAR-MIRACLE IN DOUBLE PNEUMONIA

By:— RALPH B. D., *Milwaukee, Wisconsin*

I cannot begin to tell you the marvelous results we had with our Spectro-Chrome under your Guidance, or can I ever repay you for the great good done my daughter. My wife and I were frantic and felt that our one and only daughter and dearest possession, would be taken away, but Thank God for blessing the world with the natural power of your Spectro-Chrome as she is apparently getting along nicely and out of Danger.

As you said, "Let Nature take its Course" and let her sleep just so it was and after the first two Tonations she rested comfortably. Her Temperature went up slightly after the first Magenta Tonation but the second day that was on the decline too. So that you might have a better record of the case I am sending a tabulated sheet with Kardoscil, Spiroskil and so forth, from the time she started taking Tonations.

If I have been a little loose in my Explanations I will be glad to elucidate.

Though I know you accept no Gifts of Gratitude you must accept my Gratitude and Love from my heart.

FIRST CLEVELAND OHIO PLANET TEMPORARILY DISCONTINUED

Owing to the paucity of attending Affiliates in the territory covered, the First Cleveland Ohio Planet will not meet at the Hotel Hollenden, until further notice. The action was taken after a report of discontinued activities was received from Recorder Frank E. Osborne.

Many friends do not seem to comprehend that the Organization pays all the expenses of Planet Meetings to encourage the exchange of views among the Affiliates. Such aim can be accomplished solely by presence at the monthly meetings. Many do not like to be present, because discussion is restricted soely to Spectro-Chrome Metry. No gossip is permitted and no refreshments are served. This is not liked by many who take delight in club-type life. Thus, finding the Cleveland Affiliates lax in their presence, we curtailed its annual expense of \$60.00.

It will be reopened when the Board Of Trustees is presented with the reasons for such action.

FIRST DETROIT MICHIGAN PLANET

(HOTEL TULLER, DETROIT, MICHIGAN)

Meeting Of Thursday, November 5, 1936

Successful Use Of Spectro-Chrome In:—Nausea, Back Pain, Hysteria, Convulsions, Hay Fever, Facial Paralysis, Heart Disorder, Appendicitis, Constipation, Boils, Carbuncle, Fainting, Ringworm, Bronchial Disorder, Knife Wound, Stiff Neck, Eye Strain.

A Canary Responded To Spectro-Chrome!

United States Department Of Justice Investigates Spectro-Chrome!

Reported By:—L. ROY DODMAN, Recorder

Deputy Greeta O. Peck was in the chair.

She gave a report of her visit to our Malaga Headquarters. She stressed the intelligence and knowledge of the boys which is gained from books and also practical experience. Each has his part in the work of Spectro-Chrome.

Maggie B. reports her boy came home sick at Stomach. Two tonations of Orange were used and he went back to work the next day.

Aquilla M. reported sister-in-law had Pain in her Back. She sent in Advice Chart and is using Lemon Systemic and Magenta on Area 4. She still has some pain when she walks.

Peter D. reported a case of Hysteria in a woman of 33 years successfully normalated by Yellow in 1 week. He said the young woman who had Convulsions now had only light spells, sleeps well and feels well. She used Tonations for 4 months and is 80% well. At present she is using Yellow on Areas 8, 11 and 12 and Purple on Area 4. A boy with Hay Fever was normalated with 4 Tonations of Turquoise. A man with Facial Paralysis for 3 months, used Yellow and Lemon for 3 weeks and Magenta on Area 4 and is now well.

Peter D. sold 3 Spectro-Chromes and every Purchaser is satisfied.

John B. reports wife had Heart Disorder, Appendicitis, Constipation. She used Lemon Systemic and Magenta on Area 4 and is well. He had Boils which were hard to heal before getting his Spectro-Chrome. Since he had his Spectro-Chrome, he had a very painful Carbuncle on which he used Orange Tonations and the core came out in 3 weeks.

Lucille G. had a cold with Kardoscil high. She used 1 Purple and 2 Turquoise Tonations and the condition was normalatated.

Sarah C. reported a sick canary. After using 2 Magenta and 2 Orange Tonations, it was able to fly.

George G. reported Cold in head with temperature. Kardoscil 87, Spiroscil 22. After taking 2 Tonations of Green and 1 of Turquoise, his Kardoscil was 72, Spiroscil 18 and conditions were normal.

The Deputy reported a woman had been ill and began to faint. She fell and her hand went through glass. She lost use of the hand. After the first Tonation, she was able to wash her back. She has had 5 Tonations and the feeling is coming back and she can turn a door knob. She is using Yellow. Her Kardoscil is 82 and Spiroscil 20. A boy with Ringworm went to Medical Doctor for 1 month without results. He had 7 spots and after 7 Tonations of Turquoise he was ready to go back to school. A woman's ankle was very red and inflamed. She used 3 Turquoise and 3 Lemon Tonations, also Magenta. She was better in 7 days.

Norris E. DeC. reported a woman with Constipation, Low Heart and Bronchial Trouble. She cannot use Yellow, so uses Lemon; Green is helpful also. Her condition is better. A man had a knife wound which was very sore and was under care of Medical Doctor for 1 month before it healed. He later had a thorn in his knee and used Spectro-Chrome. Green Tonations healed it very quickly.

A discussion arose as to whether the guidance from the Central office was based on the Psychic Powers of Colonel Dinshah. It was the opinion of Thomas N., Albert G. and Otto H. that it was Colonel Dinshah's knowledge of Anatomy and Physiology and the effect of the Attuned Color Waves on the Human Body which enabled him to give the correct guidance.

The Recorder reported a case of Stiff Neck which was normalatated with 1 Tonation of Lemon. Also a case of Eye Strain which was corrected with Indigo tonations.

Various Affiliates who gave case reports at the last meetings conducted by Colonel Dinshah, were interviewed by a Special Agent of the Department Of Justice. The purpose of the calls was to get facts concerning the healing power of Spectro-Chrome.

Albert G. reported there was about 400 people present at each lecture delivered by Colonel Dinshah. He also told of a friend who had just returned from Florida who said that Spectro-Chrome was known in the South.

Rules pertaining to the appointment of Delegates to the Six-

teenth Annual Convention were read. It was the unanimous vote that Albert E. Greenham be the Delegate and Jessie E. Ness the Alternate Delegate for the coming Convention at St. Louis, Missouri.

EDITORIAL



REMARKS

Peter D., Albert G. deserve thanks for their incessant endeavors.

Fainting is a Circulation Disturbance.

Colonel Dinshah, for many years in this country and India, is known to be an Occultist, but the handling and reading of the General Advice Charts has nothing to do with "Psychical Powers". Such allusion would not be fair to Spectro-Chrome Metry, where the veriest layman may have equally wonderful results by following the standard technique and the given Free Guidance. Of course, in the Science of Spectro-Chrome Metry, Occult Laws Of Nature are taken into consideration, respected and incorporated, but, the Science finally evolved from all such procedure is based on the Chemical, Physical and Physiological Phenomena readily provable in experimental work.

Spectro-Chrome Metry and the claims made for it have been investigated on numerous occasions by Federal and State authorities and we have reason to be proud of such investigations, as it shows that our public Officers are vigilant and on the alert against fakes. We thank them for doing their duty so well and all our Affiliates are requested not to withhold any relevant or pertinent information from zealous Officers who visit them in the performance of their public duties, but to give them exact and truthful information. We have nothing to hide or fear from anyone, as our cards are always on the table.

Spectro-Chrome is known for its value and merits North, East, South and West; it will in a few years be known and recognized all over the Earth.

Beware of spurious imitations!

APPROACHING SPECTRO-CHROME

Dr. Carl Anderson, of Pasadena, California received the Nobel Prize for the discovery of the so-called Positron or the "Positive Electron." Congratulations!

So they are all coming to the idea that Electricity (as well as Light) is composed of bombardment of material particles! A thorough study of the Spectro-Chrome Metry Encyclopaedia will easily reveal who should receive similar recognition—but then, who will recommend him to such high honor, unless it be the A. M. A?

SPECTRO-CHROME SMILES

Viewpoint—"I have had 79 Backelims in 47 days."

Smile—"Your diary must be interesting to read."

Viewpoint—"My bowels were Green and a Yellow ring around, now they are bright Brown."

Smile—"Call a painter."

Viewpoint—"The Sufferer was air hungry."

Smile—"Let her attend political meetings during next election time."

Viewpoint—"My hip has a Charlie Horse."

Smile—"Hook it to a milk wagon."

Viewpoint—"I am praying to the Dear Lord to help me get pregnant."

Smile—"God did not yet open a baby farm."

Viewpoint—"The Sufferer uses food as it comes."

Smile—"From where and what?"

Viewpoint—"I talk in my sleep."

Smile—"Put your wife in a separate bed."

Viewpoint—"At the age of ten years, I was Sunstroke and fell in an ice cold river."

Smile—"Thank God you did not propel yourself into the moon."

NEAR-MIRACLE IN ARTHRITIS DEFORMANS

By:— IRENE K., Detroit, Michigan

I have had my apparatus or Spectro-Chrome a week and have been using the Green Color Wave on my Mother AND AM I HAPPY!!! She actually turned herself over! On her left side! Please forgive my enthusiasm. You see I have gone through several different kinds of Hell since she came down with Arthritis Deformans two years ago. I have been taking care of her as one would a baby. Many a night I have sat and worried and listened to her cries of agony. Now after 7 days she sleeps mostly, eats everything and I have stopped giving her Cascara because of bowel movement. Since she has been confined to bed a year ago she has only been able to turn slightly on her right side. But today! She TURNED COMPLETELY HERSELF to the LEFT! She does not holler from pain as much either. I am going to my first Planet Meeting tonight. Thank you. I remain Your Friend.

LIGHT IS INVISIBLE

Of course! Light as Light Energy is absolutely invisible and it is only when it is reflected or interrupted that its effects become visible to the eye for what we call Light. In Scott's Scrapbook, in the Evening Times of Vineland, New Jersey, of Saturday, November 14, 1936, R. J. Scott also iterates the same view that "Light is invisible".

It is unquestionably true. Light IS invisible and also that the Sun has no heat, no Light. Dinshah's words will some day be corroborated by the best brains of the World.

PILLS PULVERIZED

By:— CHARLOTTE GEYER, Malaga, New Jersey

It used to give me Chills
To take the Pills
For all my ills,
But now it gives me Thrills
To look over the Hills
For Sunlight Frills,
That light my cosy Home
By Dinshah's Spectro-Chrome.

SPECTRO-CHROME METRY ENCYCLOPAEDIA AS A COURSE

By:—MILTON F. S., Milwaukee, Wisconsin

I read many books but never one as educational and instructive as this. It is an eye opener from beginning to end with all the truths and facts before you. It is to my mind a college course in 3 Volumes, Volume 3 being the finest in understanding. Many thanks to you and your fine staff.

Now that I finished the Home Training Course, I feel that I just began. The light of this wonderful Course is much brighter and would like very much to continue in this Service To Mankind. I never studied anything more fascinating. In my opinion, it sure is the beginning of new hope and service to all who learned, studied and used Spectro-Chrome. The Course in its 3 Volumes is as clear and understanding as Spectro-Chrome itself. The facts and the truth, are brought out in every detail. There is never a question unanswered. As long as there is the Sun in the Heavens. Spectro-Chrome will be here to shine brightly through the years and God bless the man who made this possible—Colonel Dinshah P. Ghadiali.—E. P.

FIRST MILWAUKEE WISCONSIN PLANET

(HOTEL WISCONSIN, MILWAUKEE, WISCONSIN)

Meeting Of Thursday, November 5, 1936

Successful Use Of Spectro-Chrome In:—Heart Disorder, Jaundice, Arthritis, Gall Bladder Disorder, Insomnia, Hay Fever, Constipation, Cold, Sores, Stomach Ulcer.

Reported By:—CAROLINE ZIMMERLING, Recorder

Deputy Otto H. Lutz was in the chair.

He read a letter from Spectro-Chrome Institute concerning the special scientific demonstration and comeback which will be staged by Colonel Dinshah in Milwaukee, Wisconsin soon. The Affiliates volunteered to distribute circulars for this event.

The Deputy then read Rule 66 of the Constitution And Rules which regards sending Delegates to our Annual Convention, which is this year to be held in St. Louis. Frank Burns was elected Delegate and Caroline Zimmerling Alternate Delegate by those having the voting power.

Elizabeth Z. read Chapters 88 and 89 from Spectro-Chrome Metry Encyclopaedia, on "Governor Green" and "Explosion Of Element Theory."

Laura G. said she tonated a case of Bladder Disorder that was made worse by the use of Green. Lemon was found to be better.

Francis B.'s mother-in-law had a bad Heart, so she started tonating for the Heart immediately instead of starting with the Green. Good results were obtained.

The Deputy said that some people use Green only, for any and all ailments. He said that one case came to his attention in which the party used Green for a Sprain and then Indigo with excellent results.

Laura G. finds that if she wants to show people quick results in order to sell an Equipment or convince someone of the merits of Spectro-Chrome, she gives Local Tonations with good results.

Kurt B. volunteered to read Chapters 90 and 91 from Spectro-Chrome Metry Encyclopaedia at the next meeting.

The Deputy then reported the case of Carl S., age 23 who had Jaundice. He had taken mineral baths and Colonic Irrigations and thought that he was perfectly "cleaned out". He is now getting up 3

or 4 times a night for Back Elimination and he is not quite as Yellow as he was; he has been taking Tonations only once a day for $1\frac{1}{2}$ weeks. Magenta on Area 4 was used at first, then Scarlet, together with Green, Lemon and Yellow. In another week or so he should be able to stop taking Tonations. Four years ago, he had the same thing and was in the hospital for 8 weeks with it. His Kardoscil which was 50 at first did not increase much, but he is satisfied with the results.

The Deputy had given the case of Henry M., aged 56 last time, but reports that he can now go automobile riding and can now be moving around, even though the Medical Doctors said he could not live. Spectro-Chrome checked his rapid Heart action in one night.

Marie B. reported that she is experimenting with Spectro-Chrome on her bad knee. She had been using the Infra-Green, but it never was any better. Then she read something in the Spectro-Chrome Metry Encyclopaedia which caused her to change to the Ultra-Green and she says it seems to be some better now. She had used Turquoise Systemic quite a bit before at one time and had to stop it because she felt cold all the time.

Walter S. said he had used the Ultra-Green for a man with Arthritis and had good results.

Elvira B. said she used all the Colors on the Infra-Green for Gall Bladder Disorder and Constipation that had been in existence for 45 years. She also had pains in her knee and shoulder. All the time that she used Spectro-Chrome these pains did not go away. Then she started using Scarlet on Areas 4, 18 with Lemon Systemic and then after her Heart had increased in action she went back to Magenta and all the aches and pains went away. She now gained 29 pounds and feels fine.

Charlotte H. wanted to know what Colors to use for her father. He does not want her to write for Advice. He used Green once a day, then Lemon and Yellow and went down to Orange. Then his legs started swelling; there is a hardness across the Stomach. He gets up about every 2 hours during the night for Frontelim, and the Urine is turning Orange. He is now back on the Lemon. His Heart is very fast and so is his Breathing, although the Ratio is 4 to 1. Cannot walk upstairs or exert himself in any way. He used Purple on the Heart, but his Stomach became harder then; however, he did not have to get up in the night so much. The Deputy said the Purple could be used on Area 4 and Magenta on Area 18 or Magenta on 4 and 18.

Frank B.'s opinion on this case was that it was all due to poor Circulation. He recommended Lemon Systemic and Magenta on 4 and 18.

Kurt B. suggested the same for the case and also that it was

probably a very good thing that there was so much Frontelim to get rid of the water in the Body.

Kurt B. then reported a case of a man of 56 who claims he cannot sleep. Originally he had High Blood Pressure and Constipation. His Kardoscil was 68 and his Spiroscil was 18. He has had 4 months of Tonations, 1 week of Green and 2 weeks Lemon and Yellow. Indigo and Purple also used to cause him to sleep, but still he cannot, although he does not have the head noises that he did have or the Constipation and his Blood Pressure has gone down. He feels much better, but he still cannot sleep. The man had a mental shock some time ago when his sweetheart committed suicide. It was suggested that the man actually does sleep, but thinks he does not. If he did not sleep, he could not live, because this condition has existed over a long period of time. Psychology is the thing that this man needs, it was decided.

Ida B., reported a case of this kind which responded to Violet for sleep.

Edna B. is still using the Equipment for her boy who has a Spinal ailment. She is following Guidance from Spectro-Chrome Institute and is getting results, but they are slow. Is now using Lemon Systemic and Magenta on Area 4. Once in a while a Turquoise is used.

Marie Z. is using it only for her family now if anything needs attention. Outside of that there is no necessity.

Elsie B. says there is nothing wrong with her, although she uses her Equipment 3 times a week to keep in condition. She would not want to part with it.

Johanna A. is still using her equipment for Hay Fever. She had very little trouble this year.

Florence Z. has her Equipment about 1½ years. She is using it for Constipation. She is also very weak and does not seem to be getting her strength back. She is getting results for her Constipation, however. The Deputy suggested the Green as Muscle Builder.

Frank S.'s daughter had a Cold. 1 Green and 4 Turquoise Systemic were all that was necessary. She is 5 years old.

Rose M. had a man come to her with Stomach Disorder of about 20 years standing. He was also very constipated. Orange was given to him at once and he was relieved. He had very good results out of all Tonations. Her daughter had a Sore Throat which was helped by Lemon and Turquoise Systemic alternated. She is 14 years old.

Hannah S. spoke of a man of 66 who has Diabetes and Swollen Legs and who does not seem to be getting any better. He does not

follow the Rational Food Of Man properly and still has the Medical Doctor coming although he is not taking Insulin.

Ida B. has been tonating a girl since last Spring. This girl had open Sores on the Abdomen. At first she had Swollen Knees also. This was very painful. The Medical Doctors could not help her. After the Sores on her legs opened she had relief. After using Spectro-Chrome these sores began to heal, but Ida B. used Attuned Color Waves that would cause them to stay open until they could heal from the inside. This is starting now and the girl looks and feels much better. Green was used for 2 weeks, Lemon for 3 weeks, then Orange. She keeps rotating over and over again on these Colors. She also lives upto the Rational Food Of Man quite well. Magenta too is used on Area 4. The girl is about 20 years old.

Another case given by Ida B. was that of a man of 54, who had an Ulcer in his Stomach. He was advised to have an operation immediately. Instead he used Spectro-Chrome Green, Lemon, Orange and Magenta and is feeling much better now.

The members of the meeting were all very happy to hear that Colonel Dinshah was coming to Milwaukee again and are all looking forward to his visit.

EDITORIAL



REMARKS

Laura G. should attempt to normalate a case, instead of attempting to sell by spectacular Local. That is why subsequent "complaints" fall on our head, because the Local acts like a dose of "medical shot", whereas, our sole aim is to eradicate the Disorder from the System. Green never makes "worse" as Lemon has $\frac{3}{4}$ Green in it; the fault is in the Kardoscil and Spiroscil Ratio.

Frances B. might receive "good results" by the Local Magenta, but, permanence needs the Infra-Green Systemic.

Colonic Irrigations must be rigidly avoided, as also all other enemas. Compel Peristalsis from above down.

None should be satisfied with mere "results"; aim at having a 100% Body.

All should STUDY Spectro-Chrome Home Guide and Spectro-Chrome Metry Encyclopaedia. Spectro-Chrome also needs intelligent common sense; it is not a conjuring box.

Blood Circulation needs prime attention.

We fail to comprehend why persons paying for their Equipment hesitate about asking for the Free Guidance. It is their loss, but

we get the blame. We are not for making money, but for service to you. Charlotte H. should send her father's Chart.

Frank S. B. was right.

Please forget about medical idea of "High" Blood Pressure. It is a condition and NOT a Disorder. Spectro-Chrome normalating the conditions will normalate the Pressure also. Look solely to the Frequency and Ratio in our work and discard all medical jargon.

Florence Z.'s case is well known to us. She should send for our Free Guidance.

We again emphasize the Posture to relieve Constipation.

Wherever there is a "Doctor" in, keep Spectro-Chrome out; the two are antipodal.

Colonel Dinshah thanks all in your Planet for their kind feelings.

MISSOURI COMMENDS DINSHAH

By:— HEDWIG H., St. Louis, Missouri

With interest we followed your lectures here. If we could get a book which tells as plainly and cleanly the Secrets Of Life, that we with its help could explain it to our boys, we would like to buy it, as marriage was a closed book for me despite the fact I was 30 when married.

Many a mother said yesterday, "I wished my children could hear it."

EDITORIAL



REMARKS

Such a book as you require may not be long in appearing from our Printing Plant. We believe that knowledge is power and ignorance does harm. Procreation is the prime human function, but, stupid prudery made it prurient and the disastrous results are quite obvious in the present generation. Dinshah subverted many pet doctrines; it is destined he should subvert the silly ideas attached to sex also. Please have patience.

He Who Found Not God Within Himself

Will Not Find Him Outside.—Dinshah

JUST ONE OF THE MANY — CONVENTION NEWS

By:—ALBERT E. GREENHAM, Delegate, Detroit, Michigan

The Sixteenth Annual Convention of the Scientific Order Of Spectro-Chrome Metrists assembled in the Colonial Room of the Hotel Melbourne, St. Louis, Missouri, on November 28, 1936, the birthday of the Originator.

Colonel Dinshah, the President opened the Convention with the usual remarks and extended greetings to all visiting Affiliates, Affiliates of the First St. Louis Missouri Planet and their attending friends.

He immediately launched into his lecture program with which most of you are quite familiar.

The Convention was a success, because of the fact it gave a more clear understanding of the Science governing the operation of a Spectro-Chrome Equipment for self-help and self-use.

The users of Spectro-Chrome, both in St. Louis and other parts of the country, are always benefited by a visit from Colonel Dinshah to their city to speak on this great Science called Spectro-Chrome Metry.

The Convention was well attended at all sessions, by a very fine intelligent audience. The Colonial Room was nigh filled to capacity, a fact which is greatly appreciated by all those who know the Missouri slogan—“YOU HAVE GOT TO SHOW ME, I AM FROM MISSOURI”! Well, were they shown and **did they like it?!!!**

There was a very solemn expression on the faces of all those present, every word being taken in and properly digested. I never saw a more attentive audience anywhere. The lecture on Saturday night, dealing with the Fundamental Principles of Spectro-Chrome, was the outstanding one and the speaker was at his best.

Never did I hear the orations of Dinshah so elaborately expressed. A lecture full of scientific information and demonstrations made understandable in every day language places Dinshah in a niche with the great ones.

In one of the adjoining halls, there was considerable competition! A real Saturday night wild party was in progress and they let loose with everything they had. Yet the Colonel's audience remained unmoved, as it were all ears were closed to outside interference and it is doubtful if the audience was conscious of what was going on in the rest of the Hotel. It was only when Dinshah himself commented on the type of music and singing which was emanating from that part of the Hotel, that people showed any signs of disturbance.

The First St. Louis Missouri Planet deserves commendation for the efforts which it put forward in order to gather such a fine audience. The banner of Spectro-Chrome is now firmly planted in St. Louis and I defy anyone to stamp it out. Wherever the banner of Spectro-Chrome is unfurled, it can never be up-rooted. Time marches on. Milwaukee, Wisconsin forges ahead by the thousands and is still progressing strongly. Detroit came to life and went over with a bang, large increases being shown, hundreds of satisfied users now shouting their praises of Spectro-Chrome. Our motto is:—"ONWARD, EVER ONWARD".

With the united effort of every Spectro-Chrome user in St. Louis, it too will be in the thousands soon and the Colonial Room will be just large enough for the Planet meetings only. Talk Spectro-Chrome freely, but be sure you live it. Cleveland is also "tuning up" and soon it will be echoing the efforts of its sister cities.

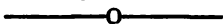
Spectro-Chrome must go forward.

Whoever uses Spectro-Chrome should not fail to tell his neighbor; everybody should know of Spectro-Chrome and eventually every one will use Spectro-Chrome.

It indeed was a pleasure for me to be honored by the First Detroit Michigan Planet as its Delegate to attend this Convention and I hope I may be privileged to attend many more.

The success of Spectro-Chrome depends on you and me.

I shall do my part—Will you do yours?



IT PAYS TO FOLLOW INSTRUCTIONS

Many Purchasers continue with their wrong habits even after we warn them. Here is one who after resisting the change, finally reformed. Now he writes:—"I assure you this will be the most encouraging letter I have written to you since my purchase of Spectro-Chrome. Although my limbs are no better, **I am entirely cured of constipation.** I have had a bowel movement every day now for the last ten days. . . . the first time in seven years. I am adhering to your instruction 100% and wish now that I would have done so from the very beginning. I also feel very fine."

Very well Anton D.! We are glad you reformed. In time, you will have the limbs released! Just follow instructions as the Free Guidance gives.

SIXTEENTH ANNUAL CONVENTION A SUCCESS

Missouri Skepticism Broken Spectro-Chrome Firmly Planted

Successful Use Of Spectro-Chrome In:—Burns, Paralysis, Asthma, Hay Fever, Bronchitis, Eye Disorder, Carbuncle, Pinch, Rheumatism, Female Disorder, Kidney Stones.

St. Louis, Missouri invited the Convention and promised to make it a success. They made it more than a success, by the thoroughness with which all was organized and carried through in perfect harmony.

Hotel Melbourne, received the audience in the Colonial Room, which was suitably arranged for the occasion. President Colonel Dinshah P. Ghadiali opened it with the usual scientific discourses, having novel experiments on Polarized Light and Attuned Color Waves, which were very entertaining and instructive to the audience. His remarks on various topics were received with rounds of applause and approbation, all showing openly their endorsement of his views against Drugs and Destructive Surgery.

A telegram was read from William Birnbaum and wife from Palm Springs, California:—

“Heartiest congratulations on your convention. We sincerely hope that a Spectro-Chrome in every home will soon become a reality and we shall always be grateful for what Spectro-Chrome has done for us.”

First Vice-President Jessie E. Ness, of Detroit, Michigan, wrote a letter regretting her inability to attend. She further suggested that a charge of One Dollar be made to the Members for each Collaborator Pad. Members present unanimously expressed their approval of such a charge. The President stated he would confer with the Board Of Trustees about the suggestion, which was sensible and would prevent fraudulent use of the Blanks by unauthorized persons.

In another letter Jessie E. Ness stated in part:—

“Were I retired from the work tomorrow, I would under no circumstance whatever part with my Spectro-Chrome, Itisometer and sufficient machines for our family use.

“I will be listening in mentally for the progress of the Convention. It is very bad that it could not be broadcasted. Would that burn the ‘OCTOPUS’, OH BOY!” (Loud Applause)

The complete Program was printed in the last issue of Spectro-Chrome. The main interest to the public was centered in the Case Reports, of which the more important ones were in substance as follows:-

Clemens M. P. Neumann, the Deputy of First St. Louis Missouri Planet said, "I tonated many cases and took part in many Spectro-Chrome activities. I had a case of a boy who had a third degree Burn. The bandage was painful to take off. In 1 hour of Spectro-Chrome there was no pain. He was a brave boy. The skin on his legs was gone and pieces of flesh had come off. In 6 weeks with Spectro-Chrome damage was all normalated. He is here. (Arnold Schmidt came on the platform and a powerful beam of Light was projected on his legs so the audience may see better.) Nothing but Spectro-Chrome can do such clean job. I challenge anybody if they do anything like this in the United States or even in Germany. (Two trained nurses from the audience went on the platform to verify the statements and expressed their surprise after examining the boy. Applause.)

Frank S. Burns, Delegate of First Milwaukee Wisconsin Planet, said, "It is a pleasure and a privilege to speak here. I have used Spectro-Chrome since 1934 and have good and sufficient reasons for affiliating with the work. I had conditions to contend for 11 years; now 14 years. My son developed Muscular Spasticism. We took him from one Specialist to another as fond parents. Six months he was in a hospital, where the best Specialists attended. They said he would die within a year. We had then until 5, various medical services money could buy. We had Chiropractors, Naprapaths, Medical Doctors, Healers of all kinds, without promising results. 1928 we took him to Mayo Brothers in Rochester, Minnesota, where for a week they made every possible Test of Eyes, Ears, Throat, Lungs and took X-Ray pictures. Then I was called to the office of the Head Technician and told that nothing could be done to help the boy. He said most such children do not have faculties of the mind and I had reason to be thankful that he could differentiate. They prescribed no Medicine and said there was Disorder of certain nerves at the base of the Brain. In 1934, I heard of Spectro-Chrome. I thought I tried everything else, so I bought an Equipment and used it on the boy since April 1934. At that time, he was unable to support his arms and now with a little assistance and assurance of balance he walks. He not only walks, but supports his body nicely and he has grown in height. He weighs 90 pounds now—he who was given up as a hopeless case is now a marvelous boy. Thank you." (Loud Applause.)

Elisabeth Geyer of Detroit, Michigan, said, "I wish you could have been at the Detroit meeting. Upto one year ago, my family spent I think thousands of dollars in Doctor's bills. I had for many years Asthma, Hay Fever, Bronchial Disorders. I had gone down from 174

to 117 pounds. I took many Injections and they all but finished my Heart. The Doctor stood at bedside and shook his head all was off. They told him to go and they would call him in the morning. Instead they put in a Spectro-Chrome. Where I had taken Aspirin by the bottles, not a tablet was used. Neuritis which set in was also gone and no pain was left. I gained 35 pounds in 3 months. My mother had Varicose Veins since my birth. She had spent \$200.00 for Injections and rubber stockings without relief. Spectro-Chrome set her right." (Applause.)

Joseph Hesselmeier said, "I had bad Eyes. I used Spectro-Chrome for 6 weeks and was normalated. I had last Spring a Carbuncle. It was normalated in 2½ weeks by Spectro-Chrome." (Applause.)

Remig Streit said, "I can tell you why I am for Spectro-Chrome. This Summer wife and I were sleeping in the basement. She pinched her fingers in armchair. I brought her out. Doctor took X-Ray picture; was afraid bone was broken. Nothing showed, so put Mercurio-Chrome and sent her home. Relatives had Spectro-Chrome, so they said let us try, may be that helps. In one Tonation of half hour, she felt something going on; next day another Tonation and she was right." (Applause.)

Charles S. Stiermann, Recorder of First St. Louis Planet said, "It is strange how I came into Spectro-Chrome. I was ailing for years, as of course 75 per cent. of the people do not feel perfect. By just an accident over a year ago, I found a circular of Spectro-Chrome on the pavement. It spoke about Color Waves. I was hesitant and then I met William Dorn and later contacted Clemens Neumann who explained the merits of Spectro-Chrome. He told me I had to avoid certain things like meat and there! I was a great meat eater! I thought Neumann must be crazy! I had tried the Medical Doctors and their Drugs, so I thought I was storing Medicines, why not try Spectro-Chrome? I took the chance. Neumann had no trouble in selling me the Equipment. I called him. Now I must say this after 1½ years, that I am not perfect, but I feel spry just as much as a meat-eater and I am not logged." (Applause.)

Walter Weinbrecht said, "I purchased a Spectro-Chrome recently. That Green works! My mother had Rheumatism; she was working too much. She tried all kind of shoes and Medical Doctors. Anyway, Spectro-Chrome hastened her recovery. She has no pain anymore." (Applause.)

Elizabeth Geers said, "I had my Spectro-Chrome in 1934 July. They had advised an operation on my mother, but she used Spectro-Chrome and in 3 months, she was fine! My father also used Spectro-Chrome; I have 3 children under 6 and they all use Spectro-Chrome.

(By request, the mother came on the platform and introduced herself amidst applause.)

Anton Schneider said, "Spectro-Chrome Equipment is wonderful. One night, I came home sick. They told me to go to the Hospital for operation on Appendix. My pain was on the Left, the Appendix is on the Right! (Laughter) I had Spleen Disorder 3 years ago. Last year, I was sick and weak; run down. I went to the Doctor; he said, 'why didn't you come sooner? It is too late now. I have to make a laboratory Test of the Lungs; it will take 4 days.' The Report came back; there was nothing the matter with the Lungs! But I came down and could not work. They examined with the Fluoroscope; said I had Kidney Stones. Gave me Medicine. Did not work. Finally the Spectro-Chrome Equipment came in. Here I am." (Applause.)

On motion of Clemens M. P. Neumann seconded by Frank S. Burns, the same Board Of Trustees composed of Dinshah P. Ghadiali and Irene Grace Dinshah of Malaga, New Jersey and Bessie A. Hase-nau of Cleveland, Ohio was unanimously elected. The President then re-appointed Jessie E. Ness of Detroit, Michigan as Sub-Trustee and First Vice-President and appointed Frank S. Burns of Milwaukee, Wisconsin as Sub-Trustee and Second Vice-President. In affirming this new Officer as such and as a Member of the Council Of Governors, the President introduced him to the audience with appropriate words. Frank S. Burns is Superintendent of the Milwaukee Gas Company and is well respected in the community as a man of sound, sterling character.

Beginning on Saturday afternoon, November 28, 1936, the Sixteenth Annual Convention was dissolved on Monday night, November 30, 1936, after six instructive and entertaining sessions. The new Electric Sympathometer and the Aluminum Transport Spectro-Chrome were among the exhibits and attracted favorable attention. All went home impressed with the harmony and dignity which pervaded the Convention sessions.

NEWSPAPER PAID FOR LIBEL

Evening News of Macon, Georgia, branded Miss Jeannette Rankin, former Congresswoman, as a "rank Communist". Under the Georgia Laws a Libel Suit originated. It was settled by the newspaper for \$1,000.00. It is easy to write anything, but responsibility in Truth can not be evaded. Jeannette is Associate Secretary of the National Council For Prevention Of War.

FIRST CLEVELAND OHIO PLANET
(HOTEL HOLLENDEN, CLEVELAND, OHIO)
Meeting Of Thursday, November 5, 1936.

Deputy William J. Hasenau was in the chair.

Charles N. asked "How do you prepare Yellow Split Peas for eating?" Bessie H., Third Trustee explained it. She uses unpolished rice.

Fred O. asked "What could be done for frozen feet?" Seems the bones were frozen and smashed in the army. The gentleman has difficulty in walking or standing. Use Lemon Systemic and Magenta on Area 4.

Bessie H. said the Ratio and eliminations are two important factors in Spectro-Chrome work. Correct the Ratio and then use the proper Attuned Color Waves over the Area desired to normalate.

Charles N. asked if one could use a mixing of Colors in the same Tonation? Reply was never to use Blue for a half hour and Red for half hour. The Blue must be used the full hour. Same with any other Color.

In Bessie H.'s 13 years of experience with the Spectro-Chrome, she has tonated many cases but no two were alike. She said it is not only the food one eats that improves one's condition; the mental attitude toward life, also counts. A heated argument or a worry would upset one's Stomach; even the entire system. So the Spectro-Chrome improves one's mind, lifts one to a better, broader vision and higher life by clearing the body.

She reported a case of a child of 8. The Kidney Elimination was scant. She was in a coma. The Medical Doctors had puzzled over the case. She wet the bed 3 or 4 times in night. Was a "Flu" recurrence. The Doctors wished to inject a Saline solution in the Chest. The mother forced Orange juice and water into her mouth. The child was beyond asking. In 3 weeks of Magenta and Green, she was at school fully improved.

Case of an oil well owner 86 years old. It puzzled the Medical Doctors. Bessie H. was called to Wellsville, New York. After using Spectro-Chrome on Areas 4 and 5, he was in a few days normal.

Fred O. read Chapter 82 from Spectro-Chrome Metry Encyclopaedia on "Spectro-Chrome In Paralyzes". The Paralytic case of Anna Schoener is also remarkable to the users of Spectro-Chrome. The case of Grace Shirlow who was so badly burned was discussed.

Ernestine Y. spoke on some one with a lump on the neck. It was very painful. Green and Indigo were used. Then Lemon Systemic. This cleared the trouble 3 years ago and there has been no returning.

Charles N. asked what caused pain. It was explained.

The wonder is why people will use Color in dress, homes, revel in sky colors and Nature but refuse to use Spectro-Chrome!

Why should anyone wish or desire to infringe on the Color scheme Colonel Dinshah worked out years ago? Human nature is such!

Charles N. said "It is very difficult to live without Meat, Coffee, Drink or Smoking, but it can be well accomplished. Today so many use these as a so-called "enjoyment" but ruin health. Smoking slows the mind. They are not keen thinkers who use Tobacco. I stopped Cigar Smoking as a School teacher; I see a difference between day-dreaming and smoking. Mind doesn't work clearly. It is sluggish, doped and poisoned. The Advertising is misleading—as 'athletes are better after a Camel'. There are so many women who would give a left eye rather than stop tobacco or a glass of liquor. Mother and daughter are both alike in this. Drinking in time causes trouble to Liver, Stomach and Kidneys. People will chew tobacco even though it really causes trouble to the Stomach. It is filthy to have a mouth so full one cannot talk well—be it food or tobacco. Eat in moderation."

Nettie B. said, "In using Turquoise on my mother, 75 years old, she stiffens." Reply was use Lemon instead. Never use Purple for one over 75 years old. It is too strong. (?)

Bessie H. said, "We are given by God the Spark of life. This is for purity and not impurity. Our life is not our own. It is loaned to use for Him. Why be disobedient by using foul words, evil habits or thoughts? Don't poison mind or body by argument, heated passions wrong food, drink or tobacco. The 'Laws Of Incarnation And Karma' rule life. We should be good. Wheat is ruined by wind and rain, so is life by everything wrong or vile. Our past life tells our story. By Karma we are punished for our wrong deeds in life. Some people in a crowd we make fast friends, others we leave. Don't force anyone against their will to do anything. Ask them to use Spectro-Chrome but it is for them to use their body as they see fit. They suffer the consequences."

The Deputy asked, "Who will go to the St. Louis Annual Convention?"

Bessie H. the best qualified to go felt that she could not attend

this year. The question remained unsettled, as none was qualified to attend.

EDITORIAL



REMARKS

Rational Food Of Man is a simple system. It is printed in Spectro-Chrome Home Guide which goes free with each Cabinet Equipment and is the same as printed in the loose leaflet issued to the Purchasers of the former Systemic Equipment.

The Ratio between the Kardoscil and Spiroscil is the main key to life. Infra-Green Division Colors should never be irradiated with the Ultra-Green Division Colors on the same Area at the same Tonation.

It were better for all users of Spectro-Chrome to avoid using the medical names of Disorders. All such alleged naming by "Diagnosis" is faulty.

Color is not decoration, but Oscillatory Frequency of Energy.

Dinshah's system may be imitated, but can not be improved. They will have to make a new Mathematics.

Whether in "Camels" or donkeys, Tobacco has no business to be in the Human Body.

Purple may be used at any age, should the Area 4 demand it; so can Scarlet or any other Attuned Color Wave.



FIRST ST. LOUIS MISSOURI PLANET

(HOTEL MELBOURNE, ST. LOUIS, MISSOURI)

Meeting Of Thursday, November 5, 1936

Successful Use Of Spectro-Chrome In:—Burn, Amenorrhoea, Sore, Pain, Leaky Heart, Hay Fever, Mental Disorder.

Reported By:—CHARLES H. STIERMANN, Recorder

Deputy Clemens M. P. Neumann was in the chair.

The Spectro-Chrome Home Guide was brought to the meeting in accordance with suggestion at last meeting for careful perusal and study. An epitome of the Spectro-Chrome Metry Encyclopaedia, it possesses all of the fundamentals necessary for the novice and complete instructions for the use of Spectro-Chrome in the home. To that end it was studied in this meeting and many questions were asked and answered on different points to give more enlightenment. The positive necessity that Colors must be attuned was definitely brought

out by comparing the concordant notes of a symphony producing perfect harmony without clash to normalate various Disorders of the Body. Spectral Divisions were discussed, Affinity Waves, Infra-Division representing the Sun and Ultra-Division representing the Moon.

The Deputy emphasized that when there is a disturbed balance, use Magenta on Area 4 which in turn would restore balance in the whole system.

William D. said it was his observation that Magenta had a very fine effect upon the Body.

Question arose if a person took poison accidentally what should be the proper procedure. Advised to take a large drink of water and tonate Areas 8-9-10 with Orange. Then follow regular Favor Period until fully normalated.

The Deputy told about his sister who pulled a hot grate out of a fire-place causing a severe Burn. Used Blue; 2 minutes of intense pain after which she felt an easing and soothing effect.

He also mentioned a case where a woman had a Ratio of 100 to 13; had not menstruated in 4 years. Three Tonations and Ratio became normal along with regular menstruation.

Josephine S. related an incident where Kardoscil and Spiroscil Ratio was 5 to 1. After Tonation, the Ratio would be the same but beat of Pulse would be firmer and more pronounced.

Margaret S. told of some apparent wise-acre who advised against using Spectro-Chrome saying "it would kill you." Margaret S. also sought information on what position Spectro-Chrome should be when taking Local Tonations. Advised it could be placed on either side of the Body, but beam should never shine on Body from northerly position but from a southerly position. It was understood the Body should be in the assumed position of head to the North.

Josephine S. in discussing Turquoise and Magenta in Colds said her daughter takes Colds so severe that she can not breathe through either nostril, both nares being clogged. Used Turquoise Systemic and Magenta on Area 4 to no avail. Turquoise Local opens nares and produces results.

Joseph Z. said he was using an electric pad for a Cold in the head when someone told him to use Orange. He has sudden flare-ups of fullness and congestion, evidently a Sinus Infection.

Clara C. asked what might be done where there is a great tendency to chapped and dry skin on the face. Advised to wash with warm water and apply Coconut Oil and tonate with Turquoise as a Skin Builder. For Pimples use Lemon Systemic. Use Infra-Green Division going down to Red and over again if necessary. Give at-

tention to Area 18 to flush out foreign matter and impurities. Also stick to Rational Food Of Man system.

Thomas S. wanted to know at what distance to tonate. Advised that for Systemic, the Body should be flooded with a full beam; for Local, only affected Area as shown in Area chart.

Remig S. said Magenta does not throw as good a beam as the other Colors and wondered if its effectiveness was as positive. Magenta has greater density but he was warranted as to its effectiveness.

William D. reported the splendid results finally of old lady with open sore that would heal, and reopen and go through the same cycle over and over again. A substance as thick as a thumb seems to be imbedded within the wound. This was removed. It was an angry looking wound. Black and continually festering, healing and again opening with Pus. It has now cleared nicely. Orange, Yellow, Green and Yellow and back again to Orange in final Normalation. This was of long standing as previous reports indicate.

Charles S. mentioned that when the first sign of a Head Cold revealed itself with sneezing, if immediate steps were taken to tonate with Turquoise locally there would be no distress from Head Colds. He employs such method and finds it a wonderful baffling agent getting results immediately.

Josephine S. spoke of the merits of Orange for Indigestion and gas formation. Also that Lemon was wonderful in Gall Stones along with Orange. If a Color stirs too much and causes havoc, go to Green and start over again. Asked what was best to overcome Constipation, some had best results from Orange, others placed their faith in Lemon. Lemon to Orange seems best.

Josephine S. sought information on what other foods could be eaten besides those listed in the Spectro-Chrome Home Guide. Was told that all vegetables, fruits and those things not prohibited could be used.

A question arose about the Variant Breath. There is so much haziness about this matter that a request was made of the Deputy to ask Colonel Dinshah to devote some time to this topic at the Convention so our group might have a better understanding on this matter.

Clemens N. was called to the bedside of a man; Area 1 was out of condition. Great pain in Areas 4, 5, 18. Another man had called on this party to sell him some property and finding him in such distress said he would send his friend Clemens N. to see him. He could not get out of bed. Green Systemic used and Magenta on Area 4. Lemon Systemic and Magenta Area 4. Pain in Back was so great that Indigo was used to deaden pain. Complete Normalation in 10 days.

Another case of a woman who did not feel well. Could not

get her breath. Heart jumped and was very irregular. Green Systemic Magenta Area 4. Relieved for 3 days, when trouble again appeared for 5 days. Seems to have a Leakage Of Heart. Daughter was so impressed with results mother was getting, that she is taking Tonations to overcome trouble she has. As this is a new case, the results will be reported next meeting.

The Deputy also reported a woman having a leg swollen so she could not walk without stumbling. This was further aggravated when she sprained her ankle. Two Tonations and ankle was normalat-ed. She also had very poor Circulation. Green, Lemon and Orange Systemic used and Magenta on 4, 18. Now tonating according to Free Guidance received.

Normalated a case of Hay Fever in 12 Tonations. Turquoise and Magenta on Area 4 used.

The Deputy reported man subject to Epileptic Fits for 18 years. Used Spectro-Chrome 3 weeks and felt so much better, did not use Spectro-Chrome anymore. No fits in 14 days, whereas formerly there was a tendency to 1 a day. Poor party and cannot afford Tona-tions.

Clemens N. reported case of carpenter. Felt he was losing his mind. Could not think like formerly. Left arm did not function as it should. Took Tonations for a week; again feels like working. Arm well. Headache gone. Clear mind. Green Systemic, Magenta 4, Yel-low for arm. About 8 Tonations. Boss marveled at renewed energy showed by this man, it being so marked.

Stacks of literature announcing and giving program of com-ing Convention were at hand for distribution by Members and Af-filiates. Plans are made for distribution and the consensus of opinion is that we shall have a good large audience to hear the Colonel and partake of this "intellectual banquet".

EDITORIAL



REMARKS

Study of Spectro-Chrome Home Guide and Spectro-Chrome Metry Encyclopaedia is essential for success in the proper use of the Science. The power of Spectro-Chrome lies in its intelligent use. Your Planet is on the right track.

The Emetic effect of Orange may be utilized through Area 8 Irradiation.

Menstrual Disorders need correction of Circulatory Disturb-ance, along with Systemic Tonation.

Do not emphasize merely Local Tonations. Systemic Tonations are the only ones that will remove the prime causes.

Lubricate the nostrils, first thing in the morning, with warm Coconut Oil daily; most Nasal Disorders will disappear, as they are caused by dry mucous membrane obstructing the Sympathetic Reversal in Variant Breath. Let the Sufferer wear also wool stockings to prevent excessive loss of warmth by radiation. Herein is the key. Heed the warning or suffer.

Joseph Z. may mind the same warning, if he wants to discontinue the electric pad.

Clara C. should lubricate the entire Body similarly and then bathe daily with warm water. Spectro-Chrome will certainly "build" the skin, but first let the Sufferer have a "Skin" to build.

Magenta being a very dark Wave, does not appeal so much by its visibility. Study will show that while Yellow is visible 1,000, Violet (which is $\frac{1}{2}$ in Magenta) is only 6. Effect has nothing to do with sight. X-Rays are totally invisible, but they burn worse than any! So does Radium.

Refer to Spectro-Chrome Home Guide for information about tonating "sores"; pages 72 and 73. It is easy to follow the instructions and success will be certain in all cases.

Sneezing in "Head Cold" indicates resentment of the Sympathetics and is the effort to normalate. Maintain the Circulation proper by wearing wool stockings and suitable underwear.

Any Attuned Color Wave may be used for a number of Disorders. The use depends upon the Area Affected and the like. Constipation will not stay if one follows the Food system taught and sits in the "posture" necessary to open the sphincter muscles at the "Body Exhaust."

There is no special "Food". Eat everything outside of the 7 materials to be avoided. Cook as instructed and follow solely pages 36, 37, 38 and 39 of the Spectro-Chrome Home Guide. Cut out all "food fads" and humbugs of dietitians, who teach little and know less of the Truth.

Swollen Legs mean failing Circulation. Any Dropsy means it.

Epilepsy is related to the Sexual Organs, either in the Sufferer or by inheritance.

When Spectro-Chrome enters more homes in your city and State, many more bosses will marvel at the extra working energy shown by their employees.