

GOLDEN LIGHT PERMEATES THE EARTH! ALLELUIA!

EVER ONWARD ETERNALLY

EONEE-EONEEA: Blessed Little Ones, being within my Being, little suns within your Sun and within all Higher Beings of which your Solar System is a part, I give you all of the Love which the MOST HIGH GOD pours through me to you. We are all on the Path of Light moving ever onward eternally. From the time that the spark comes out from the Mind of GOD where Consciousness multiplies Itself in individuation due to the meditation of the ALL-FATHER-MOTHER in creativity it is destined to follow the Path ever onward eternally. Sometimes this path seems to be a spiral. Sometimes we seem to have to slide down before we can climb up again, for there appear to be valleys as well as mountain tops ahead of us. However, no one looking at the Light over the Ages could doubt that the Path goes ever onward eternally. Of this you may be sure. No matter what your sense of frustration or defeat today or this year, or this life, nevertheless you are marching forward ever onward eternally. For this reason I have given you my name as EONEE, E from ever, ON from onward, and EE from eternally, to enlarge your present prospect.

Perhaps you will wonder why I am speaking to you on Palm Sunday. This is the day when that man who most represented the highest that man can achieve was called a king. He was given the honors of a king by a small but very earnest and loving group of people who recognized his divinity. Their shouts of hosanna, their joyous praise, the flowers, the palm branches, and the garments that they strewed in his path were the height of his Earthly glory. At that time they were presenting to man Jesus' right place among men. This symbol did not spread very far just then, but it was very definite and is as fitting and accurate today as when it was first enacted. He is indeed one of the most highly advanced Beings of all who have been sent to Earth to incarnate as men and women. He is your Wayshower, your World-Savior, your King of Kings and Lord of Lords.

Often whole nations have bowed before their king and called him "My Lord", but Jesus is King of all Kings and Lord of all Earthly Lords. To him the people rightfully sang, "Hosanna to the King of Israel!" Israel means those who are traveling the Path of Light, who are seeking attunement with the GOD of all that "is real", of those who are letting the Light shine forth from within, from the GOD-Self, from THE ONE SELF of you and me, EONEE-EONEEA who am both masculine and feminine aspects joined in one as the perfect androgyne able to create and to give forth the Light, able to meditate and bring into being by precipitating the substance of the Omniverse but still conscious of my need to go ever onward eternally.

My FATHER-MOTHER, LIOLIA, the Golden FATHER-MOTHER of this Golden Galaxy, showers the Loving Light of purity and perfection upon you through me, upon your IMMANUEL (GOD-with-us in your Solar System), upon your Jesus-Mary your Wayshower, and upon all who follow that Wayshower. You have seen a picture painted of Jesus at the head of a large multitude of people. His shoulders are thrown back, his eyes are alight, his face expectant and he is marching forward with a swinging step. In the background the people are shadowed and indistinct for they do not have the understanding that he has. Still, they are following; yes, they are following in the way that he leads. Some may stumble; some may wander aside for a moment, but they hear the happy shouting and singing, the hosannas and the allelulias and they hurry on. Some may trip over a stone or fall into some mud, hesitate, try to cleanse themselves, to get back on the path, to hurry and catch up. Jesus sends his loving friends and helpers to guide them back into the Way.

When we enlarge our consciousness we perceive that going ahead of Jesus-Mary and the World Saviors of every planet are the planets themselves. For you this is the Christ Earth, the Being of Light which ensouls your planet and in whom you live and move and have your being. Leading the Christ Earth and the other planets you will perceive the Christed One who is your Spiritual Sun, IMMANUEL-IMMANUELA, so beautiful, so warm and loving, ever striving onward, ever going upward eternally carrying you with him for in him you, Jesus-Mary, the Christ Earth and all the planets of hiser System live and move and have their being.

Just as within you there are centers of Light and Consciousness, so within me there are Solar Systems which are my centers. IMMANUEL is one of these centers; Alpha Centauri is another; Sologo, the Star Sirius which is so helpful to you is still another. Their whole Systems and nine others which I shall not now name to you are parts of my consciousness and my being, and yet in turn I am but a part of the consciousness of LIOLIA. Again and again and again we try to make clear to you the ever-expanding circles of consciousness; the atom, the cell, the organ, the body, the planet, the solar system, the constellation, the galaxy and on beyond other forms of which you have not yet heard. Expanding consciousness is the open door to the New Age through which man will move ever onward eternally.

That ever-onward is a slow gradual process ever upward as well as onward. I am giving you My name to chant because the syllables, E-O-NEE, are especially beneficial in the opening of your inner senses. All through the ages of man's life on Earth there have been those who came into the physical life with their telephone lines open; but so many have come with all the wires cut as far as their conscious self was concerned. In reality they were always guided; they were always led. The ONE SELF, GOD, was always living their life and acting them no matter what the condition, the problem or the state of culture or evolution. The ALLNESS OF THE ALL which includes all of these and so much more extracts from each experience the full essence of good

stored in the moment.

The ALLNESS OF THE ALL is a unity of an infinite variety of unities, a completeness which includes all there is, a wholeness which is so utterly perfect, so utterly sound in its fundamental law and harmony that we must call it the WHOLENESS OF THE WHOLE and therefore the HOLIEST OF THE HOLY, the ONENESS OF THE ONE, that ONE which includes all differentiations.

Thousands of names have been given for this ONE, but all refer to the same Consciousness, the Eternal Giver of Good, the Eternal Lover of all there is, the Eternal Life expressed in every organization and every form, in every process and every function, in every thought formed and unformed. It matters not what your religion is or your language; when you speak of the that which is the Highest which you can conceive you are all speaking of the same ONE.

You use the word "GOD". Do not be afraid of this word. Do not hide it. It is the most common experience of all people everywhere. GOD is all there is of you. Do you want to hide yourself? But you do hide your love of GOD, your worship of GOD. You feel embarrassed to talk about these matters with others. You fear that they will not understand, that they may make fun of you, that they may feel that they are very sophisticated and that you cannot really talk with them if you let them know that you Love GOD. This is the age in which the Golden Perfection of the perfect man in utter attunement with GOD must reveal itself. How can you attune yourself to GOD if you cannot use that word in talking to others? No matter what name you give to the HIGHEST OF THE HIGH you must discuss man's at-one-ment in order that others may learn the way to at-one-ment.

There are some of you who have been meditating every day, perhaps for many years. You may have a special way in which you begin. You may start out, "Beloved FATHER-MOTHER GOD," and the moment you say those words begin to feel the Presence all through your being. It is felt more keenly in the higher levels of the self even though you are praying on the physical level. There are those who have found such satisfaction and delight in this experience of the Presence that they have wanted to withdraw from people or from anything that could ever disturb them so that they could maintain this high level of awareness from morning until night. The dear ones who followed Jesus into Jerusalem wanted to stay with him and never leave him. Earlier in his ministry there had been 5000 who stayed with him for three days and didn't want to go home even then. They would gladly have remained in the warmth of his Love and the radiance of his Light and Glory had it been possible; but had they done so how could the rest of the world have heard his Word?

All of us must have our mountain tops of meditation and Spiritual Light, then all of us must go out into our environment and help others attain that which we have enjoyed. I am speaking to you today in such an office. As EONEE-EONEEA, the Spiritual Center of your Constellation I have come to you to tell you that as you do progress ever onward eternally the way grows

brighter, your sense of Love in the Presence of GOD grows stronger, your own radiance and glowing Light clearer, your understanding of all the hidden meanings more precious, more vivid and more productive.

I say to you, "Come, my friends, beloved little suns in the plane of physical manifestation! Come and join with me in meditation, in prayer, in holy conversation with the HIGHEST OF THE HIGH. Esoteric schools in your language have called it "the Knowledge and Conversation of the Holy Guardian Angel." And yet who is that Guardian Angel? GOD, THE MOST HIGH FATHER-MOTHER is ALL. HESHE is therefore the individuality of each Angel.

Within the One Consciousness, the One Mind, within the Thought of the One Thinker there is an infinite variety, an infinite multiplicity of individuations. From one individuation you may transvolve into another. Within yourself you may transmute the being that you are into a being of a higher, finer quality. As long as you remain in a physical body you are on one level of being; when you have accepted from this experience on this level and in the planes around the Earth all the love, all the understanding, all the growth that you can possibly acquire here, then you will be ready to transvolve into another form. Planets transvolve from highly evolved beings such as Jesus-Mary, your Wayshower.

For months you have been hearing Jesus tell you that whatever he said he was, you are. He is Wayshower to you. IMMANUEL is Wayshower to him. I EONEE, am Wayshower to IMMANUEL. The Golden LIOLIA is Wayshower to me and to others like me. You are Wayshower to that which is within you and around you. Just as Jesus took his little lambs within himself, enlarged them and carried them into the Being and Consciousness of IMMANUEL, so you have within you tiny beings which you in the purity of your life and your thinking, in your joy and acceptance, will take with you on your journey ever upward if they will come with you. Some of them are not ready to go farther than you are now. Your trials, your testings, your pains, your disturbances drive out from you all that cannot endure to go on upward with you. Thus you are purified. You move ever onward eternally in a continuing recurrence of purifying, learning, cleansing, understanding then learning more, cleansing yourself again of that which does not harmonize and gaining more understanding. Always and always all are moving upward in their attunement to the HIGHEST OF THE HIGH.

I know that you are all too conscious of your own imperfections. I do not need to tell you that you have still a long way to go. I share this with you for I am conscious of the fact that even in the shining Glory that the FATHER-MOTHER GOD pours through me I too have a long way to go. My speaking to you through this human body may seem unreal to you, but to me it is just like sitting and thinking. Your thoughts seem to be within yourself, do they not? Once in awhile you try to send thoughts out and away from you but usually you think that your thoughts are you acting within yourself. In like manner I am

thinking you within me. Do you not know your thought thoroughly? In the same way I know you. You do not realize my existence until I make myself known which I hope to do more frequently in the future.

The real message of Palm Sunday is, "Ever onward eternally!" Jesus with the divine simplicity of the daisy in the field, riding a little donkey, the most humble of beasts of burden, with sweetness and love, wearing no crown or beautiful robes, displaying no riches or dazzling retinue moved slowly forward sending out his Loving Light to encompass everyone. He continually projected the invitation, "Come unto me and be comforted. Be at peace. Rest in me." He led them forward into the Holy City of Jerusalem which was the symbol of the New Jerusalem, the Home of Peace, the Bride of the MOST HIGH GOD, the Earth symbol of the sweetness, the joy, the wonder of going ever onward eternally in the blessed company of everyone who so desired to go.

Perfect attunement with the WHOLENESS OF THE WHOLE, with the ALLNESS OF THE ALL must still be sought until we have enlarged ourselves to the extent of the ALL. Until we can do this there is still more road to travel. The road begins within one's self. This is where the "telephone" is located. This is where the hearing ear, the seeing eye, the knowing heart, the Love and the Light are to be found. This is where the Still Small Voice will reach you. Listen within yourself to the MOST HIGH and know that as you do so you are being led by all who have gone on before you into a larger consciousness.

This attunement which you are seeking is the true meaning of your name, SOLOGA, attunement to the MOST HIGH GOD, to GOD the Alpha or beginning expressing Hiser Truth in Hiser Suns and Sons of Suns. SOLOGA means perfect attunement between you and the Source of all Truth. I say SOLOGA to you, beloved ones, for I would gather you in consciousness and have you know that you are within me, held in my heart in the thought of attunement with the ALMIGHTY GOD, in the thought of SOLOGA!

4/7/63

If we were way out in space looking back at our Solar System, we would see our sun as part of a group of stars or a constellation. We are not all off by ourselves; we belong with others. The Spiritual Center of our Constellation is more highly evolved than our Sun Center but less highly evolved than LIOLIA, the Spiritual Center of our Golden Galaxy. We were given the name EONEE at our first contact, but the meaning of the name was first given to Velma. She was standing on a corner waiting for a bus and quietly chanting the name EONEE as we had been told to do. On the vibration of this chanting the meaning, "Ever Onward Eternally" was put into her thoughts. The above message verifying her reception was given us the same week end.

EONEE has told us that we are to be introduced to some of the Brotherhood of Invisible Suns who are serving us as the Spiritual Centers of the constellations which are known as the Signs of our Zodiac. As the Sun enters each

Sign EONEE will introduce the powerful Being of Light ensouling it to tell us what quality or aspect of the self can be best strengthened then.

THE LONG VIEW OF A LITTLE MOMENT

MARY: speaking to you my brothers and sisters of Light in this meditation meeting of SOLOGA. If you could see me now, you would think that there were many of me. You would think it was like standing in a multiple mirror where you would see me reflected many times, for it is as though I as your sister knelt beside each one of you or sat at your knee with my arm over your knee and listened with you to the two great highly evolved Beings of Light who have just addressed us. Yes, we, who are in the aura of the Earth as expressions of humanity and yet as expressions of Spirit, do learn with you from these great Beings. No matter what we might have known in times past their vibrations are beneficial to all of us in the invisible realms who are meeting with you. They stir us and inspire us perhaps even more than they do you, for you, as you say, see through a glass darkly. Your senses are dulled; but to us, the full glory and radiance of these two marvelous Sun Beings, SOLOGO or SIRIUS in Hiser wonderful Golden Light and ANTARES in the rose-red are such a gorgeous display of the Light of GOD, such a marvelous Shining. Let your imagination run a little riot and think of these two beautiful Messengers of Light, such ancient, highly evolved Thoughts in the Mind of GOD that they are worthy to ensoul such beautiful Stars.

Oh, my dears! My dears! It is quite overwhelming that man now has opened his thinking so that he can accept even in a small number the thought that GOD lives in Spiritual Consciousness in stars, in solar systems, in galaxies, in the infinitude of space and of consciousness. My dears, our very souls themselves are enlarged as we contemplate such a magnificent, such a long process of evolvment all within the Mind of GOD. It is so wonderful to know this. It makes it so much easier to meet the little problems of the day. You know, on some of your walls there is a very smooth, shiny paint. When you rub your hand over it, it is silky and soft, but there may be some plaster next to it that is very rough. If you put your eyes and your nose very close to the plaster, it may seem like sandpaper, but if you step way back the roughness disappears and there is only the beauty for you to see. As we look from the long view at the little moment of Earth life, we realize how truly insignificant the little pains and the little problems are. My dears, they are only what you make of them.

Some of you have been hurt in the past. I have heard the conversations by those who have said, "Well, you wouldn't be sick if you were thinking rightly". There are some who have been afraid to go into some church meetings if they had a cough, for fear that some one might think they were not so good a Christian as they should be or they wouldn't have that cough. All of this, of course, is pure misunderstanding. Your problems are your opportunities; you must have them. No matter how perfectly you think, you must have the prob-

lems otherwise you could not grow. The problems come even to those who think they are thinking rightly. Strange as it may seem the very ones who may have looked down on you and embarrassed you or hurt you by their suggesting that your sickness was your own thought or your wrong thinking, have found that as years went by they too came upon some type of sickness that they could not cope with by themselves and by their thinking, or that no one seemed able to cure. Then they have been faced with the decision either to stand by what they have believed and done, or to accept the help offered them by some other source.

GOD works in many ways, my dears. GOD does not just say, "I will work on only one level of Light." Hesse works on any level of Light in which Hesse expresses Himself. If GOD expresses Himself in a plant, and that plant develops a plant desire to manifest a certain characteristic which man discovers is beneficial to his life, why should he not accept it from the plant? Is not GOD expressing Himself in that very benefit to man? It is just as spiritual to accept the help of the plant as it is to accept the help of the invisible world. Oh yes indeed, GOD'S ways for helping man are infinite because GOD is infinite! Whenever something is suggested to you as the right and only thing to do, you have to make a choice; you have to make up your mind, and that is your examination paper for that problem.

Many times, however, we do hold ourselves back by finding these rough places really much worse than they are. We endure and endure and endure, and sometimes we think we have just had enough of this. We come to a sort of breaking point nervously; then we begin to demand something to help us. This is GOD'S way of showing us His way out. GOD is living your life. For your highest good Hesse is maturing you through many experiences. One of these experiences is to learn to bring proper light, harmony and balance into your physical being just where you are. If you eat too much of one thing, it is going to make you sick, isn't it? Too much of any good thing is not good, for then you disturb the balance.

My dears, when the little problems come, first of all, put them in the hands of GOD. Know that you have them for the sake of learning. Then ask yourself, "Now, what am I to learn out of this?" Do not think, "Oh dear, I hope I'm not going to have this, or it's not going to be that!" for you must not fear it. Instead calmly and with detachment, just as you might decide that something is wrong with a shoe and you must fix it - with that same detachment think of the body, place it in the hands of GOD, and ask for directions as to how to fix it. If they are not immediately forthcoming, that means that you must learn something through the duration of that problem, or from the recurrence of it when it is continually popping up in your life.

Remember life is consciousness, and you are supposed to use your good expression of the Divine Mind by thinking about these things. Do not think, "What have I done that is wicked that I must suffer thus?" Instead think, "Now the loving Father has given me this opportunity to learn something of value. It

must be very important and I must not miss this opportunity to learn." Then with your good mind think of the things you have been told to do or of what you might learn from such a problem and reason it out. Ask for help! Always we are willing to help, but we will stand back and let you have a chance to learn.

I was with you in the beginning while you were waiting for your meeting to open, when one of your number said that as a nurse on one case she used forgetfulness as a healing method. Her forgetfulness was to forget to help when her patient needed to try to help herself in order to be healed. We stand back in the same way in order not to smother you with our love. We let you work at the problem yourself. If it becomes too acute or seems to get out of hand and disturbs the mission or that which is important, then we try to move in and help you. Do not fear to ask for our help. In the meantime, while you wait upon GOD, use your own mind. Always remember to treat yourself with Light; always remember to call on your Healing Forces.

Do not be impatient. This is one of those mists of confusion which will vanish for you. Just keep on calling on us, on Maimonides and St. Anne who are especially assigned to your particular groups as healers, on St. Theresa who you know accompanies Jesus and me on so many of our healing missions, on all the other healers you know - Peter, John and Paul the Apostles, Zoser, St. Francis and Queen Xenobia of Palmyra - and on us. Call upon us when you need us. Call for Jesus, call for Mary, or call for Jesus-Mary. Call for all of us if your distress is great, and do not cease calling, for indeed, we will come when you need us.

Sometimes your dear teachers instill within you an odor so that they may direct you to what you need for your health. Again, they give you a sound which is important to you, or a color or a thought. Do you know it is possible for us even to give you a little pain to drive you to call upon us until you have formed a better contact and a better habit?

Do you think Jesus ever attempted to heal anyone without first establishing His contact with the Highest Spiritual Expressions that helped Him? He thought of GOD the Father. When he prayed to GOD the Father, he knew GOD would not fail him, but always there were two things in his mind: One, "Thy will be done," and another, "According to thy faith be it unto thee." These were the two qualifications which he accepted which could mean that he might be unsuccessful on the physical manifestation, the Will of GOD and the patient's unbelief. You have now added another, and that is the thought of the patient's karmic responsibilities and debts to be paid, all of which is really expressed in the idea of the Will of GOD.

My dears, the veil between your perfect healing and what you seem to be now, is so thin. You yourself can tear it apart and throw it away if only you will do what you really know to do more faithfully, more joyously, and with more expectancy of good not only for yourself, but for all those you would so much like to help.

Oh, I do love you, my dears, I am so happy to know something you do not know, and that is how closely you and I work together in the Realms of Spirit to serve mankind in so many situations and so many places. You are my helpers and I love you. I ask GOD'S richest blessings upon each one and I pray that you may open your thought, stiffen your resolve, try a little harder, and discover for yourself your own great development in healing not only for yourself, but also for others. SOLOGA, my beloved co-workers in the Christ Consciousness! Together we know the Life of GOD to be perfectly expressed in each one.

1/5/63

A BLESSED SECRET

JESUS: My beloved sisters of Light, you who are my first expression of the Omniversal Church in this particular vibration, I whom you call Jesus of Nazareth will speak to you today. I claim this privilege. There are many who would have rejoiced to speak with you, but I claim the right since at this time all men's hearts are open to me. Does it not seem strange to you that although in city after city there are many buildings dedicated with my name, dedicated for the service of Christianity, of Jesus the Christ, yet in not one of those is it ever said that I, Jesus, speak directly to you, my beloved ones of Light?

This is a new day for man on Earth. There are but a few of you on this historic Christmas, seven to be exact - a very important number, seven - - seven here on the first Christmas in the first Church where I have been permitted to give the Christmas sermon. May GOD bless you in your receptivity. May He bless you in your spiritual perception. May He bless you in your willingness to listen and to receive.

You have been told that this is the age of women. You know that Mary came to you early in your experience as a group. You know you were told that for some time women would be those who would receive this new message of LIOLIA with greater love and greater devotion than men. You have had it explained that this is so because of the vibration of Light which is used in preparing the feminine vehicle, and that this vibration can receive the Light of LIO-LIA in greater sympathy. It is for you whose bodies are attuned to receive this Light to give it forth.

Seven golden candlesticks, seven spirits before the throne, seven precious stars in the sky of the New Age! Thank you for being these seven stars within my hand. In Revelations it speaks of the fact that one like the Son of GOD walked among the seven candlesticks and held the seven stars within his hand. This does not mean of course, that there are not many blessed people living upon the Earth, many receiving and serving where they have been called, and yet you are here. You are here and in time to come this will be a precious memory. These are days of preparation for your group and all groups. This is a time of weaving together the bands of Light among you, and forming a strong foundation. There must be the strengthening of the body, the opening

of the will, the development of the faculties, the detachment of the emotions, the full giving and understanding of self, before you can welcome into your midst very large numbers.

As I, Jesus, walked the roads of Galilee and Judea thousands thronged about me. The early Church was soon beset with controversies, people who thought this and that. Perhaps the most valuable servant to the early Church was Paul, who went here and there as a missionary, and yet he was not able to open his heart to women in the Church. So much were the people of that time overcome by their prejudices, their habits and their traditions. Those of you who are here have shown your ability to leave the old or you would not be here. This is extremely important. We have been bringing in new things gradually, very gently. Some of you left the old orthodox churches for churches that were just a little freer, and now you are here in the air of perfect religious and devotional freedom. Light can flow into you without restraint.

In this group which we are organizing, and through which we hope to accomplish so much, it is our desire that no one ask anyone else what he believes or what he does not believe, or that anyone impose his ideas or his beliefs upon another. Let each one bless each other and say "That which you think now is GOD to you and right for you. That is your way. Live it, and may GOD bless you in it." Let there be in this group no attempt to hold anyone. Let there be no attempt to force anyone, to cajole anyone, to keep nagging at anyone. Let people be free to come of their own choice, because they feel the touch of the Heavenly Father and are led here. Those of you who have come so faithfully must not be impatient for the way ahead is long. The Light will never dim; it will grow and grow.

You are now at the first faint dawn, the first streams of Light are coming to you. What is this new Light? It is the understanding, the realization of the seed thoughts that I gave to man two thousand years ago. All of it is based on the words: "GOD so Loves that He gives," "I and my Father are One," and "I in you and you in Me, and we together one in the Father." All of this you will find in the gospels as you know them, but all of this has been misinterpreted and misunderstood; and now, my sisters, in love and in joy I say to you: The day is coming; the day is breaking. It breaks for you to the extent that you absorb these thoughts and live them. To the extent that in your everyday life you see every act, every thought, every desire, every impulse, every bit of pressure as GOD working to bring about His purpose. Then you do not worry, you do not fret. You take each day as it comes. You wait upon GOD; and my sisters, I wait with you. In the heart of some of you there is a touch of sadness that beloved ones could not be with you here today; but they are with you in spirit and truth, for while the physical individual may be in some other place, the higher spiritual Christ Self is one with the Church of the MOST HIGH GOD, Omniversal throughout the ALL CONSCIOUSNESS OF THE ALL.

I would not speak long to you today. I would say to you, lift up your hearts in joy. You have a secret, a blessed secret that GOD IS ALL, not

understood by many, not fully understood by you, sad to say not fully understood by myself or by the great Sun Beings that ensoul the Galaxy, for if we fully understood it then we would be truly matured to complete oneness with the WHOLE. There is but one sunlight shining upon a plant. This is the symbol of the one truth that is fundamental, that GOD is all there is of you, all there is of me, all there is in any activity or any presence here or anywhere. No matter what seems to happen to you, what other people may say to you or seem to do to you, fly to that rock of sure knowledge that GOD is all there is, and know that GOD is Love; therefore you cannot really be hurt by anyone or anything. Treasure this secret. Treasure the joy of companionship. You walk with angels. You walk with Suns, Sons of GOD and Beings of Light. You walk in the Light of the MOST HIGH GOD, always surrounded, always filled with pure Light. See only this, beloved children at the feet of GOD. See only Love and Light and this will be all that you can hear or experience. If anything else comes into your consciousness, it will be your growing pains, your pains of growing a little more in at-one-ment with GOD.

GOD bless you at this Christmas time. Let the joy of the birth of the Expansion of Consciousness which is yours fill every atom of your being. Last night there was one of your group who saw two mangers, two Christ Childs, two Angels or Beings of Light. Today I see seven. Within each one of you the Christ Consciousness is being born in its fullness. GOD bless you in your quest, for this indeed is the holy cup of Living Water which I offer to you to drink at the fountain of knowledge that GOD IS ALL. GOD is all of you. Enlarge your consciousness. You in the manger are being born in a concept of oneness with the Christ throughout the Omniverse. I am called Christ Jesus, but I am but one small expression of the great infinite variety of individuality within the Mind of GOD, which is Son, Sun or Christ - Christ Consciousness, Sun Consciousness, Sons of GOD and heirs to all of Hiser domain.

Our Father, our Mother, oh FATHER-MOTHER-SON-GOD, Three-in-One, and One-in-All, we lift these dear ones to Thee. Precious pearls of Thy Light! Early fruit on the tree of the New Age! What Thou hast given is holy in our sight. We know Thou dost protect and keep them in the hollow of Thy Hand. We pray that these seeds of Thy eternal Infinitude and Oneness may never be stolen from the good ground of their heart, but that they may bring forth fruit an hundred-fold, yea, a thousand-fold in this field of the Earth. This we ask in Thy name, of MOST HOLY and MOST HIGH! Amen.

Now may I, as you sit in peace and in quiet, call down upon you the Healing Light of the Omniverse. As you sit there in peace with eyes closed, bodies relaxed and hearts opened to receive, know the Golden Healing Light of the Central Sun of this Galaxy, our blessed FATHER-MOTHER LIOLIA, pouring into your bodies whether they seem to be young or old, healthy or tired. This Light of LIOLIA is touching every atom and stimulating it into new joy, new peace, new understanding, closer attunement with GOD, the ALLNESS OF THE ALL. According to your faith, according to your understanding and your will-

ingness to receive be ye healed. Amen.

12/23/62

IMMANUEL-IMMANUELA: Beloved children of Light, messengers from the stars, filled with my Light and shedding it to all around you, I, your Solar Logus, the Spiritual Center of this Solar System IMMANUEL-IMMANUELA, am so grateful to be able to address you this evening. I bring you the warm love of the whole Solar System. I myself have been growing even as you have. I have been realizing oneness with the WHOLE more strongly than ever before, even as you have. I have been drinking in with greater harmony and greater joy the fullness of the Golden Light of LIOLIA, our adored Spiritual Center of this Galaxy, our FATHER-MOTHER for the Galaxy. I have been attuning Myself to the HIGHEST OF THE HIGH even as you have, for that which I do, I lead you to do with me. If you say, "Oh I would like to walk down by the Bay," this is your thought for all of you. Do you not share that activity with every atom in your body? Do you not take the whole body down by the Bay and enjoy the water and its benefits? You do not leave a part of you behind, do you? Therefore, as I come close to the MOST HIGH GOD in my meditations, and as the whole System which is my body is blessed and elevated, so I take you with me, you and all manifestations of life within the whole System.

I have not spoken to you for some time for you have been filled with the great privilege of learning about the highly evolved Spiritual Beings who are my brothers as Spiritual Centers of Solar Systems. You have been particularly served during this time by the great star Sirius, SOLOGO as you know Himer, who is a godfather or uncle or big brother to me, IMMANUEL. I will tell you that every star that you see in the sky affects you and me. There is no Light that reaches you that does not have its little contribution to give you. Every little breeze that comes by and touches you gives you its bit of cooling pleasure. Every little bird that flashes in the sun, soaring and dipping over the water shares its joy with you. Everything about you contributes to your health if you will permit it. The Earth upon which you walk, the trees over your head, all of nature about you sends forth its stimulation, its vibration of Love and good to help you in your balancing of the physical manifestation which you now are.

Every star in the sky whose light you perceive and many whose light you are not aware of because they are so highly evolved that they are invisible, or because they are in the antiverses or interverses or are of the dark varieties - all of these influence you, touch you, contribute to your welfare; but these Twelve who have been introduced to you are the main ones who have been appointed to assist you in keeping the balance within our Solar System. Those of you who have been with the group for some time have been told what stars you represent. A star does not make itself known to a messenger of Light until that messenger is fully ready. If you who have not yet been told of what star you are the special messenger will persevere in your attendance and in your contact with the group, later when your body and your thoughts are ready this information can be given you according to the permission of your own higher

self.

I have come to tell you that ahead of us in this coming year there is a period of tremendous revelation and growth. You know as I have told you before that I am the Spiritual Center of our Solar System. I come always with a spiritual promise and a spiritual message. Some of you have been told that an iceberg displays only a very small amount of itself above the water, that the large part of it is concealed below the surface. You who are sitting here in the group in physical bodies are only a very small part of the real self of you. Mostly you are a spiritual being which is using that which operates according to your own thinking in the daytime as yourself, using that as a vehicle for the broadcast of Light and as a tool or an instrument to accomplish certain important work assigned to it.

Up until the present, man has been greatly occupied with just proving that there was life after death. Many of the groups who meet week in and week out are still trying to prove this fact which you have so fully accepted. There have been those who have spent years proving that space ships were real. Others have been able to accept this so quickly that they have been a little bothered with the constant recitation of sightings for they have said, "We know that; we know they are real; we know they are there. Tell us something more interesting." The last hundred years in your planet have been given to bringing through actual demonstrations of the power of spirit and its effect upon the physical manifestation; but with the coming of the great outpouring of the Light of the Spiritual Center of the Galaxy when you moved into the New Arc of Consciousness on February 2, 1962, thought has taken a little different turn. You are now turning away from just proving after-life and are exploring the way in which people manifest when they no longer have physical bodies. You are now turning to understanding how you yourself operate in the higher levels and how you yourself may contact yourself on those levels.

You may think, "Well surely IMMANUEL-IMMANUELA is the highest Spiritual Self of the Solar System!" My dears, you have been told that GOD is the Highest Self of all. Between me as I am and that GOD-Self there are other expressions of me, so that I may rise higher in my meditations than that in which I manifest to you now as the Spiritual Center of this Solar System, and may join LIOLIA, my blessed FATHER-MOTHER in whom I live and move and have my being, even as your channel joined the Christ-Earth in meditation. I too can go still higher, for as you prayed this evening to the MOST HIGH OF ALL, so do I. I join you in your prayers and you in your hearts join me in mine.

I would recall to you a symbol which was printed in your SOLOGRAPH of how Jesus led a flock of sheep up a hill, how he drew them and your onlooker and observer into his own being, how he extended and enlarged himself, and himself entered that representation of me. This is the first step. Then I carry all of you in my meditations into the highest that I can reach. Yes, you may attain contact with LIOLIA directly and with the MOST HIGH GOD directly; or

you may join hands with me and together we may contact anyone to whom our thoughts reach.

Remember that during this year you are going to practice knowing that you are constantly in contact with the ALL CONSCIOUSNESS OF THE ALL, and that you have but to quiet yourself and desire to open the inner part of you to the ALL-CONSCIOUSNESS to make immediate contact. When a dear student of your channel was in her classes in public school, he wrote a little poem in which he said, "Before I can call upon GOD He answers me." So, before you can phrase your question, or before you can ever go through the motions of establishing your conscious awareness of contact with the ALL CONSCIOUSNESS OF THE ALL, you are already there and Heshe is already opening to you all of the infinite glory of the Omniverse.

Oh, my children, when will you believe this? When will you fully accept it? When will you seek your refreshment and your healing by your immediate contact with the Limitless Light, with the ALL-CONSCIOUSNESS OF THE OMNIVERSE, with the ALL-POWER OF THE OMNIPOTENT, with the ALL-KNOWING OF THE OMNISCIENT, with the complete and PERFECT ACTION OF THE OMNIFACIENT? Oh, my dears, it is just that you need to do this, to practice it. You would never learn to play this beloved organ in your midst if you simply sat and looked at it. You will have to climb upon that bench and use your fingers and your feet to establish your knowledge of it and your coordination in order to express yourself through it, but this of which I am telling you is infinitely easier. You have but to pray, to relax, to lift your thoughts, to accept and know that this is so, for it to be true for you right now.

In the past we have given you many little exercises. These were necessary in the years gone by. In the years to come as the result of your adjustment to the Light of LIOLIA you will find it much easier to open your inner senses. The hardest thing for you to do is to accept that they are opened, for you have been using them and thinking they were your own mental activity. You have yourself been in contact with the ALLNESS OF THE ALL every time you prayed, every time you sang a beautiful song of worship, or every time you spoke of GOD or of Hiser Messenger of Light, Jesus-Mary. You have but to ask and know that you receive the answer. It has been your own fear that you were fooling yourself, that you were imagining things which has kept you from progressing. You have but to accept and to try. Practice gives you control. One who has been driving one of your cars for many years does an easier job of it than one who has just begun. Is not this so? Then, the more you practice the more you will be able to achieve the joy of constant communion with all there is in the infinitude of the Omniverse.

I bring to you the symbol of a great platter as large as you can imagine full of rich gifts - jewels, fruits, fabrics, whatever your heart desires. All you have to do is to accept that this is so and partake of this in the spiritual world. I am not saying that you are to receive a shower of "pennies from

heaven" in the actual physical world. I am saying that all the gifts of the Omniverse spiritually are now yours to accept. They are mine to accept and I share them with you for I, the Spiritual Center of this Solar System, Messenger of Light and Son of GOD, in my Sunship named IMMANUEL (GOD with us), do share with you every good that is bestowed upon me. You have but to put aside from your thinking all of the little irritations, the little problems, the difficulties of Earth existence, for they are all illusions. Truly they are illusory for there is nothing in your experience but the pure Light of GOD unless you, yourself, see something else. Now this is hard for you to accept. You have the habit of being tired, of feeling overworked, of feeling hurt, or of taking upon yourself the distress of others. So many of these habits stand between you and the expression of the perfection of GOD who is your own Highest Self.

I know that I am putting before you a path that it will take the rest of your life to follow; and yet you can so easily travel this path if you will but join yourself in pleasure, in joy, in trust, in expectancy of good with the CONSCIOUSNESS of the ALLNESS OF THE ALL. This is what I too have been working at during this past year. I feel so much strengthened and so full of the Light of GOD that I am so eager to lift each one of you into the fullest which you can express at the moment.

I pray that the FATHER-MOTHER OF ALL, the HIGHEST OF THE HIGH, THE HOLY OF HOLIES, will give unto each one of you the vision of the Purity, the Light and the Perfection which is your true Highest Self, and that you will be led to seek to be at one with this High Self which is truly you. We bless you in both the masculine and the feminine aspects with all that we have to give forth. We give you our gratitude for supporting this message and sending it forth. We give you our gratitude for all the prayers, for all the Light broadcasting which you are doing, and we say you are truly one together and one with us. We Love you! SOLOGA, beloved messengers of Light, who express the Word of GOD in sonship where you are! 1/19/63

OUR HABITUAL REACTIONS BLOCK POWER

IXUTEL: Speaking to those who act as a Focus of Light. You remember that I have been assigned to this planet as a Scientist of Light to help you in your Broadcast of Power to those places in the Earth where it is needed. I am particularly a scientist in regard to the structure of Light as it expresses itself in the patterning of planets; but I have many other possible functions just as you have.

We, who are on the Other Side of Life from you and in the Realms of Light are aware of many past experiences and have at our command many possibilities of instruction and of work that we can do with you. One does not come to the point where he can serve as such a Scientist of Light without a full foundation. I would like to say that I, too, am strongly associated with the healing mission of this group, SOLOGA. I am also one whose power and strength is so great that if you call upon me I will be able to assist you in the physical lab-

or of your body, for I am able to change atomic structure in such a way that I can make loads lighter for you.

I have in mind a very slight, almost tiny woman who was given a very strong need to move a very heavy object at the time of an approaching hurricane. All the menfolk were busy somewhere else. This dear lady, without understanding what she was doing but calling upon GOD, brought to herself the power of the Angelic Forces. Her muscles one would say were quite unused; yet this dear lady was able to lift a heavy cement urn full of earth and its precious plants to the ground all by herself. When her menfolk returned and learned that she had done this thing, they simply could not believe it. Neither could she; but she knew that she did not do it alone. She knew that we from the Realms of Light had assisted her.

It is when you shut yourself off from the power that we have to give you that your physical labors become so hard for you and so tiring. There is no limit to the assistance that you can receive, but you block it out from yourself by thinking the thoughts that you have always had concerning it. You think "I cannot do all of this without it affecting my body. It has always done this to me so it will do it now." In this way you call back upon yourself all of your habitual reactions and forget that your body is completely changing as you come into this new Arc of Consciousness. You do not really accept and use these new ideas.

Remember that I am distinctly associated with this group and that you have every right to call upon me. There have been many times when I have come to you and have tried my best to give you my name and let you know I was there. There have been two or three of you who have been able to receive this, but others have been too concentrated upon the self. Try, my beloved ones, to get out of the way of yourself so that we may help you more for this is our mission. Just as you so yearn to do your work, so we yearn to do ours which can only be done through you with your cooperation.

Now you are well aware of the situation in the northern countries and of the terrible storms that are raging there. You are also aware that Light should be sent to Cuba, to the Congo, to Laos, to the Communist conference that is now in progress, and especially to the President of France who is by his own isolationism holding back a necessary step of unification there. I heard some of you speaking today of the fact that you were aware that the drive to unity and oneness was being felt much more in various quarters. This is going on all over the Earth. Many expressions of cooperation, of amalgamation, of joining together, will be found during this year; in business, in government and in groups of all kinds. Therefore, we want to send Light to this gentleman of France so that he may be with us in the thought of oneness. We still need to concentrate on the stormy conditions and all of those things which we have worked at together. We need to broadcast peace to the winds, the oceans and the magnetic currents.

Many things which other groups of Light are hoping for and wishing for

are not possible until the Earth itself is more adepted and more adjusted magnetically and electrically to the higher Light of LIOLIA. Many people who greatly desire a physical manifestation of Jesus and the landing of space ships will find that first they must enlarge themselves spiritually before these things can come to pass. Again and again they have had hopes for them, and again and again they have had to understand that the Earth is not quite ready because of the spiritual laggards. Let us send forth the Light to reach these laggards.

1/19/63

A GREAT INCREASE IN HEALING POWER

MARY BAKER EDDY: I know that some of you are going to be very surprised when you hear who I am. Maybe some of you have noticed a new picture on your organ. I am very happy that Ruth desired to move my picture from its little corner in hiding out to where you could all know that I am with you. I have been helping Ruth, your channel, for years and years. I first called to her fully twenty-five years ago. I actively went to work in her aura from that time on. I have never been far from her, although she has not known of my presence. I am Mary Baker Eddy.

I am so happy to have an opportunity to speak forth to the world. I am sending through the heart of this channel the great Love that GOD gave me to pour out into your plane of vibration. I am sending out through your focus of Light the healing power which was bestowed upon that group who served with me in my recent manifestation. I have much that I would like to say to you.

I am sure that many of you have heard of the wonderful healing mission of those who have read my writings. You have also heard of many who know that some of my writings were mis-interpreted, that my followers have set themselves on a path which I myself did not design. You have also heard that there was error expressed in the channeling which I did so unconsciously in those days. My dears, you may be sure that when a great new idea comes through, it is always with the help of hundreds of those who operate in the Realms of Light. Although I turned my back in my Earth life upon my Spiritualist brothers and sisters, I did not understand that this was for the purpose of my bringing through one phase of the opening for the New Age while they were to bring through another. You understand that in this city there is a Group of Light who has one mission while you have another. In other cities there are other groups with still other missions. Since I did not know these things, I thought that my mission was the one mission and that all must fall in line behind what I had to say. I was not alone in this for the dear ones of the Theosophists who were opened to new things through my sister, Madam Blavatsky, also felt that they had the one great key to heaven; and those who worked on the Spiritualist level felt that they had the inside track. The truth was that each one of us had a special facet of the new understanding to bring forth.

Many things have been said about me since I left that were unkind and

derogatory, but you may be sure that none of them have been more castigating or more full of unhappiness than the way I felt when I first came over into the Realms of Light. At one time I made a very violent attempt to contact my followers through my Spiritualist brothers and sisters, just as one who has recently come across the veil has been contacting some of your groups. At that time I was full of my feeling of having made a mistake. Then as I moved on upward to the higher realm where I manifest rightly, as I laid aside the ties with the Earth manifestation and truly became my higher spiritual self, I realized the fact that my seeming separation from the others was a necessary safeguard so that the truth I had to give could be preserved. The healing mission and the Light which is to be found in my writings you are carrying forward and expanding in your messages without realizing it. All of this had to be protected; and therefore I was limited in my expression.

I came to your channel during this week in a private meeting with one of your members, and at that time I was able to break down certain barriers that have held your healing abilities in abeyance. With the full acceptance of me as part of your healing band, your channel suddenly came forward with more of the healing power which is truly yours as a group. I would like each one of you here in the group to lift his hands if you are in position to do so and to sense the palms and the fingers. Just turn your attention to those hands and see if you feel a very fine vibration, a tingling, a quivering or any sense of a strange sensation there, for with the acceptance of the healing power which I opened into the Earth through my teachings, this group has united itself in oneness with the tremendous healing power of all the forces of Light that minister unto the great wide-spread faith in the Christian Science movement.

This may be more than you will be able to understand, but as the year goes by, and as each one of you personally accept the fact that it is not just six, seven, eight, ten or twelve of you here in the physical who are working with the healing, but that there are tremendous forces of healing power channeling through when you work, you will permit more, you will have greater faith, and you will accept more. As you grow in this acceptance you will find that your healing is tremendously more successful. Put aside all uncertainty such as "I wonder if I have enough faith," for you yourselves do nothing; GOD is doing this. It is His faith, His will; I am just an instrument in His hands." Then go ahead with your full heart and do all that you can do.

There is one healing measure that I wish to recommend to you. It is not so much used and yet is of such great power. It is the driving into your own subconscious of the unreality of the manifestation that you are attempting to heal. You may do this in several ways, let us suppose that you have cut your finger, and you would like to find an instantaneous healing. You may fasten your thought upon a well finger, gaze upon that finger and know that it is perfect; then know that the other finger is equally well. You may say, "GOD is perfect and this finger is perfect in GOD. Any thought that it is not perfect is trying to make GOD imperfect, and I know that it is not so." There are so

many ways you can express it in which you tell your own subconscious, your own higher self, to quit manifesting discord and the thought of a cut upon your finger.

I walked with your channel when she had a most marvelous demonstration of this sort. With her permission I am going to tell it myself, for I was there and helped her. Someone had given her a fish. She was cleaning it so that she might serve it to her family. As she was scraping off the scales, the knife slipped and cut her finger. She put her thumb over the tip of the finger and watched the blood drip down into the sink. Then very calmly she said, "Now how do I work at this? I'm learning this new thought of healing. How am I supposed to do it?" She went to get a piece of cloth and a pair of scissors to wrap up the finger. She brought them out and laid them on the table, still holding her finger. She was looking at where she should cut the cloth and then she reasoned, "But if this finger is perfect in GOD, I don't need to wrap it up. If it is perfect right now, I don't need to do anything else but just know that GOD is all there is in that spot." Still holding her finger she left the cloth and the scissors and went back to cleaning her fish. She didn't know when she quit holding her finger. Suddenly she was aware that she wasn't holding her finger any longer. In fact, she had forgotten which one of the fingers was cut, and could find no sign of it. She thought, "Did I dream this? What has happened here?" She looked at the corner of the sink and there was the blood which had dripped from her finger as proof that the finger had suffered injury, and had been instantaneously healed.

Your channel could give you hundreds of such examples from her own experiences; but when she began to try to adjust to other methods of magnetic healing, she felt confused. Now in acceptance of both methods as one we will be able to move forward so strongly with healing through SOLOGA that the Light will pour forth to the ends of the Earth in the blessed Christ Presence. Not you, not me, my dears, but the acceptance of the Christ Healing Power will bring about this blessing. He is the Wayshower. He said to you last Sunday at your Vesper Service, "Where I am, you are; what I did, you can do." It is the healing power of the Christ drawn from the All-Consciousness of GOD which is growing within us in great power.

Those of you who felt a little disturbed this week in any way have been adjusting to this great outpouring of healing power through your focus. This is the reason that the dear one sitting to my right is here this evening, for the strong Christ power which will bring her healing of mind as well as of body and attunement with GOD in Hiser perfection.

I will not stay with you longer, but there are so many things that I would like to say to you. It is my assignment to work with SOLOGA; and has been since your channel first contacted my messages. I am only one of the many who work with you. Do not for one minute think that I am going to take over. Oh no, indeed! I am just one of the many beings of Light who spiritually send forth the power of their instrumentality through this focus of Light.

Know that when you incorporated as a church, you made it possible for you to send forth on a much higher spiritual level, and with much closer contact with the HIGHEST OF THE HIGH. Know that this act of yours as a group has opened the gate to each one of you for much higher development. As the days go by and you achieve the time when you are ready for ordination, then you too will find your spiritual attunement flowing through you with much greater power than before.

I shall be coming to visit each one of you. Since you speak to Mary, the Mother you must not be disturbed if I give you my full name, Mary Baker Eddy when I come to you. I could say M. B. E., but I am better known by the name Mary Baker Eddy and I shall give that to you. If you are clairaudient you may hear me within your mind (as each of you are if you just thought so) and you may feel my touch. I like to come by and just touch you on the shoulder. I am apt to give you a little friendly pat at the base of the neck on your right shoulder if I can make myself felt to you. Perhaps some of you may be willing to read some of the stories of the things that happened to me, for this will draw you a little closer to the thought of accepting me. I am one of your sponsors; and may I tell you that the same ones who inspired me to write my books are also inspiring you to bring through the enlargement of spiritual awareness of what GOD includes.

Oh, I am so happy! How can I tell you of my joy to be able to speak through to you in this free and easy manner. I have held back so long. I have been with you - Oh, yes I have, at every single meeting - even when you were having three classes. When you have private groups, I am always there. I have been waiting a long time to make myself known. I wish to thank each one of you who receive me with pleasure. I will not come to you if you do not want me. I was available to the group where Ruth was five years ago, but they did not want me, so I retired. I would retire now rather than drive one of you out of the focus of this group; but if you will receive me with joy, I will indeed be a true sister to you.

I pour out upon you the Love of GOD which is so great that it heals all diseases and all discord, so great that it holds the planets together and in orbit, the solar systems in their places, provides the cohesion of the galaxies themselves and keeps them in their right movement. This Love of GOD that is so tremendous permeates every single cell of you. May it bless and heal you now, now now! SOLOGA! The Word of GOD is the pure expression of Love and Light in you as you are now.

1/19/63

I AM THE BREAD OF HEAVEN

JESUS: My beloved brothers and sisters in the Life of GOD, ye do verily feed upon the Bread of Heaven, for the truth which you have just heard is that bread. (Our Bible reading in the book of John) The Light which you have just seen is that blood - not material wheat, not a material lifestream, not the Word, the Consciousness of GOD expressed in Light, in the power and energy

of the whole universe. A thought in the great divine infinite Mind of GOD, stirring, acting, full of love and purity, expresses itself in Light. Can you imagine that beam of thought vibrating outward as you have seen beams of light from the sun penetrating your clouds, or as you may have seen pictures of lightning or of electric flashes going out from some source? Can you imagine this beam of light feeding, giving drink to all it touches?

Your life and mine on Earth is but a symbol of what reality is, a symbol of thought. You look at the tree outside the window, and one of you says, "What a beautiful tree." Another says, "I wonder what birds live in it?" A child might say, "I would like to climb that tree." Someone might say, "It would make a lot of cordwood and keep a lot of people warm." There might be a scientist who had analyzed that very wood and would say, "Now the real truth about that tree is, it is made up of the minerals from the soil through the effect of the sunlight. By the interaction of a certain amount of various things, iron, oxygen, sunlight, protoplasm and various other things, photosynthesis sets in and then we have a tree." To him the tree, beautiful as it is, is a symbol of the natural laws of GOD.

In order to really grasp a thing, very frequently we must simplify it. If we begin talking about big names and chemicals and formulas, most of us would get lost, would we not? But all of us are aware of the sensation within our hearts, within our own selves, at the thought of the Presence of GOD in our lives. Each one of you, and I too, have knelt in prayer in a desperate situation, or have cried out from the depths of our hearts, "Oh GOD my Father, help me!" or "Help my dear ones!" and you have felt a response. Things have worked out. You have lived through it. You have discovered the Goodness and the Mercy of GOD.

In this manner we simplify through the symbols. Bread, to primitive material man, means a product of grain, ground, mixed with water and baked, a very definite flavor, a definite taste, a definite process. Before it is bread, you must have the grain. GOD in producing His infinite wonder of Life feeds the soul, the true being of man without grain. He feeds each one with the Bread of Heaven which is Truth, and gives you to drink the very Blood of Existence which is Light. In your body blood circulates, does it not? It moves from the heart outward through the body to the ends of the toes and to the top of the head, to every single cell; so GOD'S Light in some expression and on some level penetrates every single atom of the universe. I said, "I AM the bread of heaven", meaning that I, Jesus of Nazareth, expressed the truth, the Christ Consciousness of GOD in my sonship.

I have told you that I wish to teach you how to apply this to yourself. I would like you, each one, in your own heart and in your own mind during this week, to say: "I AM the bread of heaven. I AM the bread of heaven for this age, for this time and this place." Several of you are in a place of business where people come and go. You are the bread of heaven for them. As you walk down the street you are the bread of heaven for the grass under your feet,

for the very atoms in that asphalt, in that roadway, in the air around you. You are the bread of heaven for the little bird who pauses to look at you as you look at him, for you are the Truth of GOD expressed in the pattern of your present living.

GOD said, "I shall make man in my own image." Have you ever thought what that really means? Have you ever really gotten down to the simple reasoning of it? Suppose that GOD had meant: "I will give man a physical body like my physical body." Do you then realize that that body, being infinite, would be so large there would be no room for you? That one physical body would crowd all of you out. Can two of you in your physical body occupy the same space at exactly the same time? Of course you cannot. Therefore, GOD is not a physical body, for if He were since Hesse is Infinite there would be no room for you or for me. Then GOD meant that Hesse made man in Hiser image in some other way than in the physical body. What is GOD to you? You say "GOD is Love." Oh yes indeed, Hesse is! GOD is Light, GOD is Truth, GOD is Life, Hesse is existence, Hesse is perfection. Then Hesse made you Hiser image in those things.

Now let us think about bread. Bread feeds you. Then how does GOD feed you? I said, "I AM the bread of heaven." I was speaking in symbols, for so very often truth can come only to those who can find their way through the meaning of the symbols that veil the power that is too strong for them. I said, "I came down from heaven?" Those who were spiritually minded would then know it was not my physical body, for that body was born of a human mother. Then what came down from heaven? My brothers and sisters, you have sat in your meditation and each one of you has lifted his thoughts above the physical. Then you have come back down. It was my consciousness, my awareness of GOD which came from the heaven of Spirit. Daily you who pray come down from heaven, and daily you bring back from that communion and that contact with GOD the bread of heaven which must feed yourself and those who will permit you to give it to them.

Oh yes, you will find it difficult just as I did! You will find people who will reject and refuse what you have to offer. This is their right; and, as you read in the translation, except GOD brings the person to the table he cannot come for he is not yet ready. Who but GOD and the soul itself can know whether your brother or sister is ready for this divine food on this level? Therefore, be not surprised if it is difficult to call many in to your circle at the present, for the food which you have to offer is Light, pure Light, pure Truth, but there are other ways to feed mankind. You fed all to whom your thoughts went out in the power broadcast in which you just took part. You fed every one whose mind would open; every consciousness from the tiny grain of sand, the rocks, the water, the roses, the atoms in the paper, in the carpet, in the walls, in the very air around you. As you sent forth that statement that GOD is All Life, you fed all life with the truth. You fed the little grains of sand which indeed are often more receptive than the mind of man to the Light of

GOD. Thus you are the bread of heaven.

Now I am laying upon you, I think perhaps for the first time, a very great responsibility and a very great Light. You will remember that we stated in the gospels if you had not seen me then you had no sin. If you had not known this, then you would not have the responsibility of truly trying to be the Bread; but now that you know, let us see if you can remember day in and day out that you are that Bread of Heaven for those you associate with and those you serve. This is a church of the Word expressed in Christ Consciousness as it manifests in sonship. Each one of you are willing to accept that you are a son or daughter of GOD, are you not? That is easy; but to say "I am the true bread of heaven sounds like perhaps a little more than you might be able to stomach.

You will find in the Bible story a little farther on that after that statement was made, many disciples did not follow me any longer. I asked the twelve, "Will you also go away?" Peter, my beloved Peter, said: "No Lord, for you alone have the bread of life." They thought I alone had it, but they had it too; for the Light was pouring from them, the Light of these beloved stars that you have been hearing about, pouring through them as it pours through you, and they were the Bread of Heaven to every stone upon which they sat, to every breath of air they drew into their bodies, to every one they met or touched. They, too, were the Bread of Heaven, but not consciously.

Now it is our privilege, our joy, our wonderful opportunity to explain more completely in words that may not be listened to fully for many, many years that every man brings into his place of living the Light and Truth of GOD. GOD said, "I will make man in my image." Is that truth? Are you then made in Hiser image? Then are you not living Hiser Truth? It makes no difference whether the way you are living it satisfies you or not; you still are living the image of GOD, and that is Truth. Oh my dears, man has had such a narrow little peephole to look out for so long! Now we hope to open for man the broad expanse of the Omniverse, that he may see as GOD sees and know as GOD knows to the best of his ability.

I AM the bread of heaven. That means: I am GOD'S Truth expressed the best that I can in this place and at this time. When you accept this and say "I AM the bread of heaven", then you think "GOD is filling me with food to give to somebody else. Not me, I don't do it. GOD does it. Hese made me in the first place. I am just like a sounding tube for Himer to speak through, or a lamp for Himer to shine through, or a glass that someone else can see Himer through, in me if they are able. Of myself I am nothing. GOD speaketh the Words. GOD is the Bread of Heaven, and Hiser Word is bread indeed."

My beloved disciple John began his story of me by saying the Word was made flesh and dwelt among you. I was with John when he wrote and when he remembered the words that I spoke. I impressed him to make it very clear that the Word was made flesh. You eat the Word of GOD. You eat the Word

of GOD. You live on the Christ Consciousness. Without it you would not exist. The more clearly you are aware of it the more harmonious your affairs may become, because then GOD may pour Himself through you more freely to bless all around you.

I have not yet begun to speak of my blood being the water of life, I will leave this for another discourse. My beloved ones, can you in your heart, lifting your thoughts to our blessed FATHER-MOTHER GOD MOST HIGH, as He expresses Himself in All, in the Galaxy, in the Solar System, in the Earth and in you, can you say: "Oh my FATHER-MOTHER, I accept that you have sent me as the bread of life to those expressions of you who are a little lower on the scale of evolution than I. If you will help me, I will pour through all the food you have to give to them in humility, in love and in dedication." If you can accept this and will renew this covenant with the Father, what have you to fear? If you give only GOD through you, that Light of GOD is so strong around you that all must eventually be proven to be the Will of GOD for your highest good.

My FATHER-MOTHER, oh our GOD MOST BELOVED, we pray Thy Blessing upon each of these dear ones. FATHER-MOTHER, Thou hast given them to me as voices to carry forth Thy word into the Earth, whether silently, spoken or written. FATHER-MOTHER, bless them; bless these beautiful stars in Thy thinking, these sons of Thine as they shed Thy Light. Keep them safe in the hollow of Thy hand. Lead them, guide them and bless them. Amen
(This message was given at our Sunday Vesper Service.) 1/13/63

BE ALERT FOR "TRUE AND FALSE" TESTS

SOLOGO: speaking to my dear ones of SOLOGA Group 13 and all readers of the SOLOGRAPH. I have been listening to the review that the channel has been giving you of the sense of unity now being brought out in the Groups of Light. This is one of our important projects for the year 1963, the drawing together on the physical plane in closer cooperation all of those who are working to the best of their ability according to their understanding to send forth the Light to all men for the New Age. During the months to come you will be enriched by many blessings which shall come to you from other groups as well as this one. You will find greater recognition for your own achievements and also you will wish to give more recognition to others.

Each new year is the beginning of new understanding and new progress. This year will be a time of greater learning in discrimination for all channels and all group members. Many things that have been spoken through channels in the past have been little test problems on which all of you might practice discrimination. It is a sad thing when anyone feels that every word that comes through a channel must be accepted without discrimination, must be swallowed whole as it were. Many people have placed their faith in men or women and then have found that those whom they had put on a pedestal were just common people with the same problems, the same faults, the same blind spots as all

the rest. Then the one whose faith has been placed in this human being is much disturbed and much hurt.

This has occurred to so many seekers in the Groups of Light. So many have been sure that they have been told from the higher realms things that when the time came did not come to pass. This should be a general learning situation for all. If one whom you trust gives forth a message which does not come to pass then what are you to think? You may think that in some way or other the message is misunderstood, or it did not come through clearly (which may be the case) or it was warped by the beliefs of the channel and therefore not clear channeling. But much more probably it is an opportunity for you to practice your own discrimination. How could you learn which statements was true and which was false unless you were given some that were not true upon which to practice? I am sure you all have had pages of exercises in developing your language abilities on which there were some correct sentences and some that were full of errors. You were to practice your knowledge in discrimination by deciding which were right and which were wrong, and correcting those which were wrong.

The last 2000 years were full of prophecies that did not come true. These were man's opportunity to learn discrimination. Man has a great desire for excitement. He likes to hear some possibility of future disaster that keeps him all stirred up. This seems a very cruel and hard-hearted analysis, and yet man must face his own characteristics. How many of you dear ones - sweet, highly cultivated beings of Light - have looked with great interest at an accident on the street? Perhaps you have even pulled out of a stream of traffic or gone around the block to find out about it? Nearly everyone in the human expression does; this is one of the characteristics of humanity. This can be used to stimulate man in the right way, but man has to watch that he does not fall into this trap of stimulation and thus lose his way.

Look back over the past several years and think of all the dates that were given for certain dire prophecies which have not materialized. Who is to blame for this? Why blame anyone? Why not just write it up as an opportunity to learn discrimination? Go back through the various bulletins that you have and you will find in almost any group of expression, some prophecies that did not come true. The fact that it does not come true is proof that you are being taught to use discrimination.

This is not a useless or cruel exercise; this is hard mental development. You say, "Well, I just can't get it." Perhaps you cannot at first, but keep trying my dears; keep working on it, and gradually the wisdom, the intuition, the contacts with the ALL-CONSCIOUSNESS of GOD will open so that you will be able to discriminate. Each one of you here proved the steadiness of your faith when you resisted the call for an exodus from Miami. This was deliberately planned and sent to you as an opportunity for you to use your discrimination.

Watch these prophecies of doom. Watch and be not afraid for again they may be just pitfalls to keep some people busy who could otherwise be improv-

ing themselves if they attended more fully to the study of spiritual things. For many leaders there has to be something new to say to keep up people's interest. If the interest or the financial support begins to lag, then there must be some other excitement to draw their attention unless the foundation of the group is bed-rock faith and spiritual understanding in the MOST HIGH GOD. It is as though you were in a forest where the undergrowth is very thick, and there are many thorny bushes, many pitfalls, many twisted paths. You cannot see your way very far ahead. You have to turn within and keep on the inner beam in order to progress.

Each Group of Light has been assigned a specific mission; for each Group of Light the problem is to find that mission and execute it. Some are still floundering around not aware of what they are supposed to do. Some have misunderstood their direction. Lessons must come to them, some of which may seem rather severe until they of their own intelligence, reason, and good faith, find their way through the puzzling maze that has been set for their instruction.

Do not be deceived. Turn always to your basics. Remember that GOD used to be spelled G-O-O-D. Remember that GOD is the Primal Will to Good. Keep your thoughts filled with Light and expect only good; see only good, send out only good. Where there is a prophecy of dire disaster, hold that prophecy in the Light and hold the people, the reason, the basic situation all in the Light; for nothing that is prophesied is inevitable. Many, many conditions have been alleviated by the prayer and the power broadcasts of these Focuses of Light working together with the Hosts of Light to assist. Remember that you are impelled to think about these things for the purpose of finding your way and building your strong foundation.

I would like to call your attention to the patriarch Abraham who was the third son in the family and loved and honored all in the family; yet GOD called him to separate himself from the family and go out into a strange land. Abraham acted his faith. He, one servant and his wife Sarah, for many, many years were the only physical manifestation of that faith in GOD which developed a Moses, a Joshua, a David, a Solomon and a Jesus. Your numbers are of no great importance. Your steadfastness, your faith, your clear reasoning to fundamentals is of great importance. During the next year, there will be rumors and prophecies of many dire things. Hold fast to that which you know and remember your Ninety First Psalm. "Though ten thousand fall at thy right hand, it shall not come nigh thee."

I have come to you tonight to speak about another Star, ARCTURUS in the constellation Boötes. This is visible in the spring time. This is a well known star, a favorite among those who named the stars. It is the only star mentioned in your scriptures. Arcturo is a messenger of Light from that star. He is active in the Earth aura and has spoken to several groups. Arcturus also is a Star represented by one of your members.

Now you will be thinking as members come and members go, "Then will

we still have the representation of the Twelve?" Yes indeed you will, for those members who seem to go are really never departed from you, but in the High Self are always present with you, Beings of Light of the Twelve to you. Furthermore, as one seemingly departs another will be brought on that particular emanation to take the place of the one who has left as soon as it is possible.

Tonight you sit here without several of those who have been with you and who are close to you in heart; but, nevertheless, their thoughts reach you; they attune themselves to you, and their Higher Selves carry back to them some of the inspiration and the vibrations from your group meetings. When they read the messages that come through this evening, they will find them easier to understand because of this contact.

Arcturus is represented by one of your members who at the present time is unable because of her occupation to be with you in the class time; nevertheless, she meets with your channel once a week in this building. She is being trained as a minister, as a bright channel, and as a healer. She is clairvoyant and clairaudient; she receives readily, but she must have her cycles of development just as you do. Each one of you must wait upon GOD that the problems of yourself may be worked out in Hiser good time as laid down in the patterning of your life before you entered this incarnation. Be patient with each other. Send Love and Light to all those who have been in your midst and yet are not with you. Some are yearning greatly to be with you this evening. We of the Realms of Light send them our blessings and know that you send them your love. Let your thoughts dwell upon them for some of them feel much deprived by not being able to be here.

May GOD bless you as you receive joyously and willingly the vibrations from Arcturus, a very great and beautiful Being of Light. 1/12/63

THE BASIS FOR FAITH

ARCTURUS: speaking to my friends, my brothers and sisters of Light, my companions in the upward journey toward at-one-ment with the ALLNESS OF THE ALL. I give you the deep love which long ages of development has made it possible for me to share with you. I am in the later years of my incarnation as a star. I bring to you the calm, quiet peace of adulthood. Many problems that have been mine in this particular incarnation have worked themselves out through the grace of the ALL-FATHER-MOTHER and I come to share with you the calm faith and trust that all is well for GOD is the ruler of all.

This is a difficult attitude of mind to attain. Through much of your life you have been disturbed by many things. You are not alone in this, my dears, for even when one attains the height of evolution permitting him to ensoul a Solar System, he still has to work for calm detachment, for that trust in the FATHER-MOTHER that all is well and all will be well which enables him to meet the situation most efficiently. I like to think of this in terms of your

machines. Some machines are well oiled, move easily and efficiently, and produce without noise the most possible work for the amount of power poured in. Perhaps earlier models, first inventions, had many errors in construction so that there was noise, lost motion, and much inefficiency. The result was that the output of effort was small in comparison with the power needed to run the machine.

In your life, the emotional disturbance, the excitement, the distress, the little irritations that upset you are like the inefficient machine, or like the noises, the friction, the wasted energy which make the machine unable to function so well. When you can look at a problem and think, "Now, this is just a problem; I detach myself from it completely. I will have no emotion about this thing. I'll not let myself become personally involved in it. I will put it in the hands of GOD and know that all is well," then you will be able to expend all of your energy in the best way to find the solution to the problem.

This evening I heard you mention at least two people who are in a very serious physical condition; and while you thought that efforts should be made to help them, you did not go emotional over the matter. This is the result of long training, and long experience in this healing field. Which one is best at first aid, someone who gets all excited and wrings his hands and says, "Oh dear, Oh dear! I can't think what to do," or someone who calmly gets the bandages, the hot water, the ointment or the scissors, or whatever may be needed and courageously goes about helping the person in need? Emotion always clouds the judgment, always disturbs the memory, always makes the action or the decision inefficient. In my aura we learn to put our trust in GOD. We learn more thoroughly that GOD is ALL, that all problems are Hiser problems and that Heshé is providing the solution, that if we will just be calm and patient, relax and listen and put ourselves in tune with the ALL-CONSCIOUSNESS, the answer will be given us and the right thing to do will be told to us.

Arcturus is a name which means faith, trust and clear calm knowledge that GOD is living the highest good in every situation. You are GOD'S hands in that plane of vibration. Heshé uses your mind to think through the problem, Heshé uses your eyes to see, your ears to hear, your mouth to speak Hiser wisdom. Give yourself fully into Hiser hands, and Heshé will provide the way.

May I tell you a little story which I borrow from your plane of activity? A child loved a little dog which lived next door. The mother of this child held her to her heart as any mother would; but the child loved to be next door with the little dog. The neighbor was going on a business trip and suggested to the mother that she let the child, a little six year old girl, ride with them and keep the little dog company. The little girl was very excited about this opportunity and wanted very much to go, but the mother hated to let the child out of her sight. Finally she thought, "GOD goes with her and GOD can help her more than I can help her." Wisely she said to the little girl, "Now if anything happens, just sit quietly and say, 'GOD, please tell me what to do,' and Heshé will tell you."

The little girl and the little dog played together happily in the back seat of the car. The trip was a long one. The first stop was beside a body of water. The gentleman driving the car parked and went into a home on some business. The lady opened the front door to let the little girl and dog out. Quicker than a wink, the little dog rushed towards the water and jumped over a low retaining wall. He loved to jump over sticks that were held out for him, and in his joy, this wall looked like fun. He found himself in deep water with stone walls on all sides so that he could not get out. The little girl and the lady hurried to see what had happened. There the dog was below them swimming out of their reach.

The lady walked up and down the road wringing her hands and crying, "Oh dear, what shall I do?" The little girl went back to the car and sat in the back seat. She said, "Dear FATHER-GOD, I am listening. Please tell me what to do." In a moment, she ran to the lady and led her back to the sea wall. She said, "GOD told me just what to do. I am to lean over and you are to take hold of my ankles very tightly and let me down; then I can pick up the little dog. This is what they did. The way GOD told her of this was to remind her of a little story that had been read to her in one of her picture books, so that she knew exactly what was to be done. She had no fear and expected that GOD would help her rescue the little dog.

We have heard it said that unless we become as a little child we cannot enter the Kingdom of Heaven. A little child has perfect faith and trust that GOD does all things well. I, your brother-sister Star, Arcturus-Arctura remind you that this is one of the lessons which is assigned to all of us - heartfelt trust. Know the utter and absolute goodness of GOD in all Hiser ways. Relax in this knowledge, and walk in peace. SOLOGA! beloved ones of Light. The Word of GOD is a lamp unto all feet and a light unto all paths.

1/12/63

THE SITUATION IN CUBA GROWS WORSE

IXUTEL: You are aware of the terrific weather conditions in the North as were prophesied. You perhaps have heard that the worst weather conditions of the moment are in Sweden, causing the most deaths there. However, the weather is really very severe all through the northern hemisphere. Our heart go out to the sufferings of the many people there. Let us continually broadcast to them the Love which is the warmth of the MOST HIGH GOD to sustain them in this hour. Furthermore, you are also aware of the worsening situation in the Congo, of the continued stress in Southern Asia, especially in Laos and Vietnam.

Perhaps you are not so aware, unless you have been alert, of the intensely worsening conditions in Cuba. Your President has been placed in a very strange position. He is almost checkmated in one direction, in that if he permits the United States forces to straighten out the Cuban situation, he will be accused of aggression, and much that has been done to give the world faith in

the good intentions of the United States will be undone. The Kremlin will be quick to make all they can out of any move of the armed forces of the United States to do anything about the situation in Cuba. However, your President is applying an equally effective weapon, although it may seem to require a little more time to work out the situation. He is leading the way to bring a great amount of economic pressure to bear which may have some restraining influence with the Communist Government in Cuba. He has said that nothing should enter that island but medicine and food.

This is indeed a hard situation for all who are there. You perhaps have noticed that the counter-revolutionists, those opposing Castro and the Communists, are becoming more active and more violent in their attempt to remove those leaders who have brought about such horrible catastrophies in the lives of so many of the Cuban people. The situation in Cuba daily grows worse. There are so many things needed that are lacking. Machinery is broken down. So much that has been called for from some foreign nations has been denied them. We know that this will continue as long as the Communists are there in command. What the outcome of this situation will be is still hidden from us, for the island is still tottering on a knife's edge of balance. Light is being sent there in such strength that we hope the Forces for the Christ will be able to conquer in time. However, we are opposing a tremendously treacherous and powerful enemy. Just how far Khrushchev is willing to go, how much he is willing to spend to maintain his bridgehead in Cuba, remains to be unfolded in the future. Castro will make every attempt to prove himself capable of giving strength to the Communists and thus merit their support.

You have a special mission in the island of Cuba. It is the closest outpost of the strong, recognized, anti-Christ forces. True, you have the anti-Christ ever with you. This racial hatred that prevails in so many places in your nation is definitely anti-Christ. This you know. But you should be concerned especially with this island of Cuba, not because you are personally in danger, but because you have been given this responsibility for your closest neighbor. Therefore in all of your broadcasts until that island is free you should never neglect to send Light, Love and Healing to that area.

GOD bless you in your faithful assistance as messengers of Light as you send forth daily your prayers and your broadcasts of Light. I caution each one of you not to be so concerned with your little personal situations that you forget this larger calling, for your one purpose here above all others is to broadcast Light in whatever form it comes to you. Again may I say; all love and blessings from all of us who are so grateful to each Group of Light who helps us in this great work.

1/12/63

AN ASSIGNMENT FOR 1963

ST. GERMAIN:speaking to the Group SOLOGA and to all who may read this SOLOGRAPH. I remind you that I am very active in the Groups of Light. I go from channel to channel with messages of encouragement, healing and

instruction. I bring to each group, after careful study of the make-up of the group suggestions for the development of the work of that group. Sometimes I implant suggestions in the mind of a member who is unconscious of the contact with me; again I speak through the channel when it is possible and right. I am the Director working under the power of the Seventh Ray, or as you may know it, the Seventh Spirit before the throne of GOD, or as you may symbolize it, the seventh color in the rainbow, the Violet Ray.

I am speaking to you because during this month of January it has been my special mission to circulate among the groups with a message of unity. Sometimes my message has been given through the other teachers of the group, but I have seen to it that each group who receive telepathically should be inspired to open themselves to the suggestion of unity, to the overtures of friendship and love from other groups, to a wider understanding and rapport with each other.

During the past years, since this type of work began to come into use, there have been many lessons to be learned. These have been lessons of human relationships - of living and letting live, of tending to one's own business and letting the other groups tend to theirs, of being so busy about the tasks that GOD has assigned to you that you have little time to meddle in someone else's development. I am speaking in plain terms. I am calling a spade a spade. Adults are often still embroiled in childish lessons which should have been learned had the influences of home in childhood on the character and individuality been favorable. However, this is seldom to be found. Each one manifesting in the physical plane must have his little thoughts of confusion, his errors and mistakes or he would not be balanced and able to remain in the low vibration in which your bodies now operate; and yet you must learn to release each other in love and still cooperate.

This can easily be observed in some nursery school. You will find children who will do their own little tasks and allow others to do theirs, who look on with joy and pleasure at anyone else's accomplishments; but you will also find others who wish to dominate or whose feelings are easily hurt and who are always carrying a chip on their shoulders, or those who must be praised or who wish to be the center of attention. All these things are essential experiences needed to advance. Many of us are not aware of our own little weaknesses. We express them, then others react, and we feel that we are rejected. In reality, our weakness has been pointed out to us by the reaction of others. Thus we learn to live and let live. Each one has all he can do to purify himself. No one has to compete with anyone else but only with what he himself was yesterday. The real problem is "How can I do better than I did yesterday?" When this can be attained, then we will be able to work together in greater harmony.

One most interesting experiment which I observed in a school was when two very bright, inventive, dominating personalities were put to work on a problem together. They were not put off in a room by themselves, but they

were left to work their problems out in the normal situation. The teacher made them understand that she had faith in their ability to work together. She made it a matter of pride for them that although they differed at first they could compromise and agree as a team. What those dear children learned in that experience was the simple thought that everyone has something to contribute, and that two working together cooperatively turn out a better piece of work than one working by himself. This is the lesson for the Groups of Light, that is so important for this coming year. You will find that is being learned and is being used as the year progresses.

Sometimes it seems impossible to work with your neighbor in unity. Sometimes you think, "This is hopeless; we can never get together. How can we be one when the neighbor thinks just the opposite from what I think, and when I am so sure I could not do the way he does." I observed a church meeting. This was in one of your advanced metaphysical centers where discussion of a problem is limited and people, after hearing the problem stated and spending a time in meditation and prayer, vote a secret ballot. This is supposed to result in unity. One person sitting in this meeting and looking about over the group saw such determined faces diametrically opposed to each other in hopes and thinking. In prayer, this one asked, "Oh Father, how can we be one with each other?" The answer came clear and plain, "You do not have to think about being one with each other; you only have to think about being one with Me."

When each one is one with GOD, then all will be one with each other. Be so busy perfecting your awareness of your oneness with GOD and demonstrating it every moment and in every activity of your day that you have no time to worry about what your neighbor thinks or does. Soon you will discover to your amazement that you both are thinking more or less alike and able to work together, each in his own way, and each contributing to the same general path.

I know you know these things. I know all Groups of Light know these things, and yet I am so aware of the truth of a quotation which I overheard being given at the beginning of your meeting. The quotation was from your English poet, Robert Burns who said in his Scotch tongue, "Would GOD, the giftie gie us to see oursilves as ithers see us." Would that GOD could show us plainly our own shortcomings. Perhaps we should say; would that we were able to see where we can improve and to trust our neighbors to do likewise for themselves.

Let us pray that GOD will lead us to closer at-onement with Himer and to a clear demonstration of this. Yes, let us pray as Jesus said, "He that hath seen me hath seen the Father." that when others look, they too may see the Light of GOD pouring through us. When that happens, there will be conscious unity and perfect cooperation, each in his own sphere, singing with joy in his heart his part in the harmonious anthem of praise to GOD. SOLOGA! You and I, shoulder to shoulder, shall see unity manifested among men.

THE WATER OF LIFE

JESUS: My beloved brothers and sisters of Light, I Jesus of Nazareth, speak to you from this body and with this voice. I have spoken to you in your own heart. I have used your minds to contact you. Some of you have heard my voice within you, but have not recognized it. Others have known me. I have been with you each one daily in your thoughts and in your activities, for I AM consciously holding those who love me in my thoughts, in my oneness with GOD.

I am so happy that there are those who are willing to receive me as you do. As I walked the roads of Israel so long ago, for a while there were thousands who followed me eager for a touch or for a word. My disciples expected contact with me. They prayed for it. Many a minister in your churches today on his knees in his study prays for advice and counsel for love and help from me, Jesus of Nazareth. I talk to them; I speak within their hearts. I speak to the little children; I speak to old men and women. I show myself wherever there are those with clairvoyant vision, with developed inner senses to be able to recognize me; and yet people draw back. They keep these experiences within their hearts fearing that someone will sneer at them, disbelieve them, or make fun of that which is so precious to them.

This is a much more common experience than man of today understands. In one way the most unfortunate of all modern groups of people are those who in their eagerness to prove life in the spirit world have placed ranks upon their friends who have passed over. They had classed certain friends, teachers and guides on one level, and others on another; and they have classed people in these same ranks. They have said, "He is in that old Indian vibration" or "She is still listening for knocks on the table." Others have said, "Oh, we could not speak the name of Jesus and say that he spoke through us because if we did, that would be making ourselves somebody that we are not at all." This springs from their great desire for humility but in their attempt to understand and discriminate they have shut me out. I come knocking as always, knocking at the heart's door asking to be received. Will you not receive me?

I have been talking to you about the bread of heaven. You have now heard two different versions (New English and King James, John 6:35-58) of that rather exciting time, when I spoke in a parable to the dear ones before me and told them of spiritual things in material symbols; but they could not understand for the material world was so close and so real and they so much absorbed in it. Always, when you read my words, search for the spiritual, hidden, higher meaning. I said I was the bread of heaven. John said the Word was made flesh and dwelt among us. In that capacity as the Word, the son of GOD, I am the bread of heaven; but so are you, my beloved, for you too are sons or daughters of GOD. This you can accept.

It is only a matter of reasoning, of following through a little more carefully. In our thinking we get an idea of something that is true, and then we stop right there and fail to go on and on and on in our application. Some people

say that GOD is ALL, but they cannot see it in their neighbors. They say GOD is ALL but that doesn't mean the little insect crawling on the wall. They say GOD is ALL but their "ALL" is very limited, mostly including only themselves, and their own affairs.

If GOD is the Whole, the Oneness, if the Whole separates into two, Father and Mother, that Heshe may create through thinking, through the interaction of the positive and the negative, and bring into being forms of power, force and Light, then that which Heshe creates is the Son. Heshe creates it with thought in the consciousness, and whether it is thought spoken with a voice or given forth in a vibration or in Light it is still the Word.

As you sit here, my dears, you are the Word of GOD expressed in flesh. Indeed you are for Heshe said, "Let man be made in My image." Is that not Hiser Word? Without that Word, you would not exist. Hiser Word is you. Whether it comes through me as Jesus of Nazareth, through this one whom I am using, through your voices, through the page of the book that you are reading, or the music that you hear, the Word is expressed in the consciousness, in creativity as the son or daughter of GOD. Therefore, you are that Word, and you are that bread of heaven. This is what we dwelt upon in last week's discussion together.

The verse goes farther and says, "Except you eat of My flesh and drink of My blood." This was spoken so boldly to my dear ones in those days as a test. It was one way of separating those who could understand spiritually from those who could not. All through the history of GOD'S dealings with man, Heshe has set up tests in order to separate those who were ready for some activity from those who were not. You will remember how Gideon required his soldiers to drink and judging from their alertness as they drank either kept them or sent them home. In this way GOD selected those who were valuable servants for the time. In this way GOD selected through my mouth as Jesus of Nazareth those who deserved and were ready for the inner teachings of those last most enlightening discourses which I gave my disciples. Yes, they were harsh words to those people. They were words of insanity, they were words of cannibalism, but you see how absurd that was. Such absurdities have come to man's mind since, but I know that you are able to understand this or I would not bring this subject to you.

The bread is the Spirit of GOD speaking in the Word so that you are fed by the Truth which comes into your life. Now of what is the blood a symbol? You think at once that it is red and it is the symbol of life. Yes, it is a symbol of active, vigorous life; but in reality it is a symbol of Light, for it is Light which flows through your veins. You see it as a material substance of water and chemicals, of food and basic materials, of various organizations of life which have been developed to keep you healthy; but to us it is pure Light. If you could see yourself with the eyes of those who live in the Realms of Light and those who are gathered about you now to partake of this moment, you would see an aura of Light and running through it, streams, veins of Light, as

the Light of GOD enters, circulates, feeds and gives drink to every little cell and every atom within you.

John said: In the beginning was the Word and the Word was Life, the life of men, and the Word was Light. All energy is the consciousness of GOD in activity. The more Heshe thinks the more Heshe sends forth this energy. This energy is expressed in Light. You drink in the Light and that is your Light as well as my Light. Is that so hard to accept? Indeed it is not, for you have spent hours in this very room asking for Light to be poured in upon you and receiving it, being told that it courses through every atom in your body and restores them all. The water of Life is the Light of the Consciousness of GOD. A river of water from the throne of GOD is purely a symbolical term to try to help man to understand how his life comes out from GOD. Plato began to try to analyze the mind of man, and yet he was as a little child trying to understand Santa Claus. Since then man has accepted so many false theories about his own thinking. Just as Columbus had to explore and prove the truth to counteract the false theories which man had accepted about the ocean, so now you, my dears - all of you - are helping to prove and to explore the Truth in the great ocean of GOD'S ALL-CONSCIOUSNESS, of the One Mind that is ALL.

I invite you then to that which you have already been doing. I invite you to sit calmly in Love, gently, without great emotion, without begging, without castigating yourself, without tearing yourself apart over supposed sins, to think and attune yourself to the Mind of our FATHER-MOTHER who is the only Mind that anyone has. You are in tune with this Mind; you are drinking of this Water or you would not be alive. If you did not have connection with this great Mind you would vanish so quickly that we would not even be able to witness it. You would vanish completely from our memory for it is only in the Mind of GOD as Heshe thinks you that you have any existence at all - you or I, Jesus of Nazareth.

As I exist in this spiritual body, which I have used to serve you in this aura of the Earth, I am nothing more nor less than the energy of GOD'S Thought, expressed in a pattern which has been growing and developing over the aeons of time until now I am ready, ripe enough, mature enough to extend my consciousness to enfold all of you and all men upon the face of the Earth in Love, in devotion in brotherhood, to take their hands one by one and lead them up the path of Eternal Life into the hands and heart of my FATHER-MOTHER the MOST HIGH, MOST HOLY, our GOD. I take you with Me, but this is only the first part of the explanation.

The second part is this, that each one of you, following my footsteps, imitating me as Christ Jesus, can do what I do. If I give myself as the bread of heaven to feed those about you, then you can give of yourself, also. If I give my Light as the water of Life, then you are to give yourself as the water of Life. In order to make this more powerful in your thinking, I asked you all last week to continually say, "I am the Bread of Heaven, and I feed those about

me." Oh, yes, I know you forgot. You didn't do it as many times as you wanted to, but the thought is there in your mind and perhaps this week you will work at it a little more. This week you must say, "I am the Bread of Heaven and I am the Water of Life." You remember that I told a certain woman at a certain well, "If you had known Me, you would ask Me for living water. I would have given it to you and you would never thirst."

The water of Life? Life is Light, and Light is Life. The Water of Life is Light! You are the Light of the world. Yes, indeed you are, and therefore you are the living water given to the Earth. Those dreams, those desires you have to serve the living GOD were given you; they were built into you by the One who gives you the wherewithall to serve. You go out desiring to feed someone. Let us say you have a little basket on your arm. In it is bread and something to drink, milk or water. You pass among the poor who are needy and you give this thought, "This is a material symbol of every day of your life." Remember those who are permitted to come into this chapel are those who in ages past have developed this ability to give. Each one of you has given Light, Truth and Love, the best that you had to offer to everyone all of your life consciously; but quite unaware of what you were doing you have been sending forth the wonderful, invisible emanations of the higher Sons of GOD, expressing themselves in Solar Systems, in Centers of Systems and in Centers of Galaxies. This is indeed the Water of Life which you have brought to the Earth.

As you passed by someone that invisible emanation poured from you to them, and though they may not have known it or where it came from, things were thereafter in better balance and easier for them to endure. Because you have thus served, we say to our blessed FATHER-MOTHER GOD: Oh bless these, thy loving children! Pour out thy showers of blessings upon them, that they may water the hearts and minds of men with that Truth and that Light which Thou alone canst give. As we do this, may they be aware of the great and glorious company of Beings of Light of which they are a part, serving in this manner throughout Thy whole Being, Thy Omniverse, most Blessed, most Beloved, most Wonderful, most High, our FATHER-MOTHER GOD. Amen.

1/13/63

THE HEALING VOICE

SOLOGO: Beloved children of Light, I am SOLOGO addressing you. I have had the privilege of coming to you week after week because of my position as introducer of new Stars; the Twelve of us who assist IMMANUEL as a Council Group, a group of elder brothers as it were are drawing closer to the Earth in our broadcasting and sending out more power. Now you will say, "How is this possible, for the stars do not become brighter as we can see them in the sky?" Of course, I am not speaking with regard to variable stars, but we are discussing emanations that are on an invisible level so that you would not know by sight whether there is more emanations coming from a star or not. We are sending highly spiritual, penetrating rays and vibrations to help in the

situation at the present time.

This is your date, November the 10th upon which you were asked to send peace to the whole world. You are aware that in many different places the situation is like a tight rope as to whether or not we can manage to enable the people to walk in peace, for there are so many different groups that are antagonistic to each other and so many who are trying to take something that they want from their neighbors. For this reason, it is necessary that we, the Brotherhood of Suns, send our Light much more strongly than we have been doing. We gather in mind as a Oneness to send our Light in perfect balance to fill out the emanations from IMMANUEL and help the Earth to maintain its balance.

These are very critical days. We have warned you that from now until the first of the year there are many places where war could explode. You have seen some of these crisis met and seemingly dispersed, but others are still building. For a number of years you will find one crisis after another, but during these two months, November and December, is the most dangerous time for some months. October was a very dangerous month but you passed through it nobly, and now we are hoping that the same thing can be accomplished for the rest of the year. Because of the fact that we are pouring through such strong vibrations, when we first move into the aura of your group you may feel great heat or if you are the speaker, the vocal cords may be disturbed by the cross vibrations that we are sending you until there is a sufficient adjustment. If you are receiving us and speaking, as some of you may do in times to come, always have a glass of water handy for the water helps the work to be done within the throat.

Now you have a very special task - The Spoken Word. You are asked to send forth the spoken word; therefore the equipment of your body must be carefully attuned. As you send out your thoughts vocally they are stronger and they project with greater meaning. They are creative. We are preparing each one of you to be able to accomplish much as you speak. A great deal of this is done in vibrations of which you can never be aware. You have to take this on faith, but know that when you speak the Truth, the Word of GOD with power things are produced according to your Word. There have been times when healing has been produced by the Word, by the tone of the voice; but the one healed was not conscious of how this was done. We sent your channel to read every word of the four Gospels and write down just exactly what Jesus said or did in every one of the healings that are recorded. When she finished she thought, "Why did I have to do this? I don't know any more now than I knew before. He reached out and touched someone and he said, 'Be ye healed' but I still don't know how it was done." Now we are telling her and you that a great deal of work was done on the vocal cords and the equipment of the body which Jesus inhabited so that when he spoke, those tones broadcast the creative healing force; and this we are attempting to do with you. Therefore be not disturbed if you know you have nothing wrong with your throat according to your knowledge and yet it sometimes seems to be unmanageable, for we are re-building atom by atom

the equipment with which you speak.

More than once we have healed someone through the voice of the channel. The healing was acknowledged but the channel did not know how the healing was accomplished. She simply rejoiced and gave gratitude to GOD, feeling that it was quite beyond her; and, indeed, it was. We who are your helpers have so much more to do for you than you realize.

You have taken a step forward and upward. You have decided that you will not tarry on the plateau of the "dear departed" or of the message work for the mundane affairs. You have wished to push forward to find the highest touch with GOD that is possible, to learn the truth of the Omniverse, to be taught that which will bring mastery of yourself and your condition. You have not asked to be able to give karmic readings or to tell fortunes as it were. You have asked to know GOD, and to tell others about what you are able to learn. For this reason, we come to you in great strength and power for we know that man of Earth is hungry to know more of his relationship with the universe, his meaning for being, his touch with GOD. We therefore are very grateful that we have an opportunity to speak through any channel into the mind of man.

You have heard from many of the Stars of the Twelve, but there are still two or three others to come to you before the circle is complete. This evening I have brought for your consideration - I am bringing to your conscious awareness, to your thinking - a beautiful Star which forms a perfect equilateral triangle with two Stars that you already know. As the evening progresses, you will find the constellation of Orion rising in the East. You are now acquainted with my brother, Betelgeuse, who is so very wise, and my brother Rijel who is so active and young. They are the large stars of Orion. You are aware that I who speak, SOLOGO, am in the Star ensouling the System of the Star Sirius. Your astronomers call my constellation Canis Major, or the Big Dog. Orion is the hunter who has two dogs to follow him according to your ancient reading of the sky map. I am called the Big Dog. My brother, Procyon, is called Canis Minor or the Little Dog. Procyon is a beautiful white star with a little tinge of yellow in hiser light, whiter than the Sun and very much larger. He is only eleven light years away more or less. I am eight light years, according to your calculations and he is eleven. I am a little older than he, therefore my being is larger. I am nearer to you, therefore my shining is brighter to your physical senses. The three of us, Beutelgeuse, Procyon and Sirius, make a beautiful equilateral triangle in your skies and will be visible to you for the winter months growing higher and higher in your sky as the winter progresses. We hope that you will be able to find this triangle and see each one of us. You have always liked to look at the stars. Sometimes man has thought them cold and far distant like little pieces of ice. Again he has thought of them as his friends but man has never known of the great influence of the mind working in these systems to help the Earth, your Sun, IMMANUEL, and all the planets in your System. We hope that this will

open a whole new horizon of thinking for you. We hope that you will be so happy and so busy trying to sort out man's path upwards that it will lift you out of your discouragements, out of your personal sorrows and help you to move forward more rapidly.

As I was listening to the conversation before you started your Meditation Meeting I realized that some of you do not understand that everyone who comes over into the spirit world, into the Realms of Light, is a very different being from what he was when limited in the physical. There are of course the characteristics of the human mannerisms, but there is the height of intelligence which is recognizable. You would know that someone who was highly intelligent on Earth would not become less intelligent in the higher realms. You would know that they would go ahead and not fall back. This is the point that was not made clear in the previous discussion. The fact that they speak differently because they have gone on is an authentic proof of the rightness of the contact. If they seemed to deteriorate mentally, then that would not be correct.

Now I would like to give you my love, my joy at being with you. Oh, how can I ever tell you how happy we all are that the time has come for Earth man to become conscious of the Brotherhood of Suns, and still higher of the Brotherhood of Central Suns, and to see his own paths of Light up and up and up to eternity, with no end in sight for him. I give to you the love of the Brotherhood of Suns, all that you have yet heard from and the others who are waiting their turn. I give you the love of LIOLIA, my FATHER-MOTHER; I give you the love of my own Solar System and all the planets where you, each one of you, have had your home in times past. Now I shall step aside and let my brother speak to you.

11/10/62

THE PROBLEM OF HUMILITY

PROCYON: Dear, humble, sincere and loving hearts, you who are reaching upward, out of the seeming ignorance and darkenss of Earth, out of the material desires, yearning for spiritual progress, for spiritual learning and understanding, I come to you with such love, or I place myself in your hearts, in your minds, in empathy, in understanding and in togetherness, in love for you. I, Procyon, who have lived aeons and aeons of time through incarnation after incarnation in many different forms, finally achieving Sonship as a planet and then as a Sun, come to you still in the humility of knowing that of myself I am nothing, for GOD, the FATHER-MOTHER of all, is all there is to me.

How can one be a king, know he is a king and still be humble? How can one be a leader and march forward at the head of a group and still remain humble? This is one of the problems of adjustment which you are required to learn in your present plane of existence. You are living in the plain of paradoxes, the plane of separation, where it seems to you that two cannot be one but must remain two, where black cannot be white but must remain black;

where one cannot be aware of his greatness and yet remain humble. One of the best examples of such humility was your Jesus who knew he was the son of GOD and yet refused utterly to step out as a king and rule men in a temporal fashion. Jesus whom you follow as your Wayshower once remarked, "Who made me a divider over you?" He refused to counsel with regard to material affairs. His whole being was centered on teaching man to find close contact with GOD.

The New Age man will move forward in this life. He will not be caught in the back-water, the little whirlpools that cast all onto the shore and do not take man forward in progress. Jesus centered man's thought on Oneness with GOD. He who knows his oneness with GOD will not need anyone else to tell him who he was, what he should do, or to give him messages from his beloved ones for they will come and give their messages direct in a more authentic manner than he can receive it from any other person.

Another such humble ruler was your Abraham Lincoln. He came, as you know into a family that had nothing. He was born in a little hut that did not even have four walls - only three. He carried this humility with him even though he became your President. When he spoke the words that your school boys memorize (The Gettysburg Address) he thought that he had failed, so humble was he and so unable to judge himself correctly. He, great soul that he was, limited himself to the thinking of the people at his time. They were not able to understand that they were expressions of the true GOD-Self within. He was still in the thought of man separated from GOD stumbling in the dark and trying to find his way. He carried the burden of uncertainty through the horror of brother fighting brother. And yet, he knew one fundamental fact; that GOD did not mean for any man to be enslaved by any other. He stood on this which he knew and moved forward. Although he was President he felt utterly inadequate; but he knew someone had this work to do, and he did it.

How to be a leader and know that you must lead and still remain humble is your big question at the moment. Knowing that you are nothing of yourself makes you humble. Knowing that GOD alone speaks the Word, breathes the breath, lifts the finger, moves the feet, causes the heart to beat and the blood to circulate, that GOD alone is thinking that which you are, should remove from you any cause for pride. Knowing that every man sooner or later will achieve everything that you ever have achieved or can achieve in time that which anyone else is achieving should keep you from needing to be jealous.

Let us forget the Earth-self, the human self and be the simple clear channel that the GOD-Self may flow through to the glory of GOD - not to the glory of the Star as a star, the Sun as a sun, or you who are suns too in your own right, not to our glory, yours and mine my brothers and sisters, but only to the glory of the All. As you sit here as a group, all of you make up a whole. Let what you do be to the glory of that whole not to the self since you are operating as part of the whole. When you work as part of a symphony, an orchestra, a choir, a club, or a city, let what you do be to the glory of the whole,

not for your own personal pride. Maintain that selflessness of nothingness which you know any separation from the GOD-Self to be. The ancients used to think of GOD, the ULTIMATE, the ABSOLUTE, as a no-thing. This was because their concept of a "thing" was on a level so different from that which GOD truly is, that they could not perceive the actuality of the thing which GOD is. Be that no-thing yourself so that GOD can be ALL of you.

I have come to bring you this lesson of humility, for that is the lesson that I am learning. I follow my brother SOLOGO who is the Big Dog. I am the Little Dog. I am in this way bringing to you a means to remember the characteristic which I wish to impress upon you. If you feel you need more of my quality ask for my Light, my presence and my help. I will try to impress you with what you need to do. I will try to point out to you wherein you are not achieving that which you desire.

In Love, send forth the true Light of the FATHER-MOTHER. In self forgetfulness, let the FATHER-MOTHER alone be you. Be so aware of GOD, hold GOD so much in vivid remembrance in every moment of your activity, that you do not think of yourself or your limitations. GOD has no limitations. GOD will supply your needs.

I know that this is a very advanced state that I am teaching for you. Of course you cannot achieve it tomorrow but you can begin, and you can try. You can remember as often as possible. Gradually it will grow within you. With the forgetfulness of self and the remembering that GOD alone acts through you will come the enlightenment, the illumination, the opening of the skills, the memory of the powers, the ability that you desire. You can then use the powers in the Will of GOD harmlessly. Were you able now to do the things which you desire, you perhaps might cause more harm than good unknowingly. First you must learn to let GOD alone work through you.

My dears, I am still learning this and I am ages upon ages older than you are. I came out as a spark from the Infinite Mind so long before you did. You cannot feel jealous of me. You cannot feel hard toward me because I have suffered and grown, learned and developed for so much longer than you have, can you? Then do not feel unhappy toward anyone who seems to manifest more of some trait that you would like than you do. Just remember that GOD is the one who is manifesting that trait and not they themselves. Love the GOD Power, the GOD Love, the GOD Light shining through them and be happy that you have learned what you have, that your feet are on the path and that you are going forward.

I, your Brother and Sister Star, Procyon-Procyona, would sit at your feet if you could imagine me so, to show in symbolism that the higher we seem to go the more we realize the Allness of GOD and the nothingness of anything else. SOLOGA, Beloved ones who are moving forward! The path of Light is full of joy if you will make it so, or full of pain if you turn your backs on the Light. Come upward with us for we yearn to lead you and help you. SOLOGA! We are all in school together learning how to let GOD shine through us. 11/10/62

It is in keeping with the determination of Procyon to teach humility by example that due to mechanical failures of equipment and various other confusions this discourse should find its way to be the very last of the Twelve Stars in our publication. This message contains the key to basic applications of the fundamental statement of Jesus, "I and my Father are one," upon which New Age progress is founded.

In the meditation following this discourse the Onlooker observed many shadowy people sitting on a glassy pavement. No one was using a chair. All were sitting on the pavement so that no one was higher than anyone else. This was a symbol of their feeling of true humility. The pavement and the air were all white with a touch of gold, but the people were like violet shadows to symbolize their self-effacement. All sat like Buddhas in deep meditation. It was explained that the Buddic posture was originally a symbol to remind men to strive for humility but that over the centuries of man's imperfect understanding that meaning had been obscured.

The Onlooker asked what they were doing and if there was a leader. They thought back the answer that whoever first thinks of a project acts as leader until it is completed but he does not think of himself as leading for he knows that GOD alone leads and he is but the tool for the activity. The Onlooker then asked what GOD was performing through them. They were sending out thoughts of Thanksgiving to Earth in preparation for our special day of Thanksgiving. One would think of a type of person then all would concentrate on helping that type, thus sending healing or inspiration to a whole group of people at one time. One suggested those who were only concerned with a big Thanksgiving dinner. All then sent to these people thoughts and feelings to turn their minds from the food to all the other things for which they could be grateful. Another suggested hungry unhappy children. These they consoled and comforted so that they felt loved and fed. In complete self-forgetfulness they sought out the tastes or needs of others and tried to love them as they wanted to be loved.

PRAYER PEAKS FOR JUNE, 1963

IXUTEL: Beloved children of Light who are our messengers and focal points in the physical plane of the Earth's vibration, we who serve you from the Realms of Light must share our joy with you that so much has been averted and so much accomplished. You are growing more useful continually. Since the tremendous outflow of power reaching you from the Central Sun, LIOLIA, at Easter most of you have experienced a general uplift in conditions. You feel better, are happier, and see things more optimistically. You have been trying to build the truth which you have been receiving into your life; under the Golden Beaming of LIOLIA this truth has taken a deeper hold upon you and is manifesting its harmony in your outer life.

Those of you who are alert to the undercurrents stimulating the efforts of the various peoples to strive for a greater expression of GOD'S liberating power within them must be aware of the need to send Light to your southern brothers

who fear the black race and try to hold them in subjection. In the South a heritage of fear has kept the white people demanding a lordly position which clouds their thinking and feeds their egos. GOD is no respecter of persons, of race or of color. To the ALLNESS OF THE ALL each race is priceless; each is the offspring of the MOST HIGH. Each must be given its right to progress. The law of Karma will demand payment from the oppressor. Those who are now fighting their colored neighbors will be required to return to serve them or to suffer like oppression in some other place and time.

There is another element to compound this situation. One living within your borders who has seeming power to attract through the baser motives is preaching hatred for all white men right here in your own country and drawing an ever greater following from among the black race. Let us be faithful in sending Light, Love and Peace to this whole race problem wherever it manifests itself whether in the United States, Africa or any other area.

Your President needs the continual support of your love and prayers. His hand has been withheld that the people of your country may awaken and demand that laws which permit great numbers of little children to be jailed be rewritten and that the Federal Government stand behind its own pronouncements. When your troops moved into Arkansas in a similar situation and the National Guard sent to another State the cries of "Shame" were so loud that it was apparent that the people of the United States must awaken more fully to the greater shame of denying any man equal rights in your nation which is dedicated to freedom for all men everywhere.

It is imperative that your broadcast of Light, Love and Peace be continued with great vigilance and power to all who desire to overrun or infiltrate any other nation for the purpose of imposing the Anti-Christ upon them. Again we request that you speak the Word strongly to all who reject GOD and the Messengers of the Christ who serve you. China whose leaders are determined to prove their power is still the greatest psychic blows of hatred and negativity at the rest of the world even though their outward efforts at aggression are somewhat restrained. Since your nation has been taking so strong a stand against China's entrance into the United Nations it receives a large share of this projection of anger and jealousy.

Continue to send peace to the flow of atoms and magnetic currents within the Earth and its aura that the process of stabilizing may go forward. The greater crises within the Earth's structure have been passed for the time being but still further balancing and relaxation of tensions is needed.

Beside these we call upon you to be continually studying the currents of human thinking and speak truth powerfully to all discord and hidden undercurrents of error in your environment. Let your prayers and decrees for yourself expand to include all others in your environment and in all the Earth.

POEMS BY RUTH OF MIAMI

CLICHE

In modern poetry they say
The use of "God" is old and trite,
Outworn, old fashioned, just not done.
Poor taste to dress inferior words
With reference to Deity
And hope to gain expressiveness
Through crass appeal to
What most men feel too
Emotional!

Hm-m! Quite notional!
When all "they says" are utter nonsense
Men still look up in common sense,
Up to what the sages teach,
For man must grow and man must reach
The highest dream he can envision
Or try again.

As well say it is trite to eat,
Worn out to laugh, poor taste to sleep!
Leave out GOD?
You wipe our man!
What's left to reach?
What's left to seek?

SONG IN BATTLE

Above the roar of battle round the world
Arises song
Which shall re-echo through the vault of time
And roll along
To tell how men in agony of war,
With fiery rid,
While driving evil down the slopes of death
Have walked with GOD.
A Hallelujah Chorus so profound
It leaves no room on Earth foe
hostile sound.

TO GOD ALONE THE GLORY

GOD IN ACTION

Green of waves and white of foam,
Ships that sail and men that roam,
GOD in action!

Little birds that strive and cry,
Cultured minds that wonder why,
GOD in action!

Rocks reposing on a hill,
Day so busy, night so still,
GOD in action!

Deer alive to mating call,
Suns and planets whirling - all
GOD in action!

SOLOGA, INC.

BOX 759

MELBOURNE, FLORIDA
32901

LOVE GOD

LOVE ONE ANOTHER

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Every person must have the opportunity to read the Solograph messages. In the magnificent plan of Divine flow, one must give to receive. Five dollars a year are needed from each subscriber to carry on his share of the work. Those who have given or who are presently sacrificing to the extent that they cannot afford this financial obligation may receive the Solograph as a gift of love by keeping us informed of their circumstances.

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LOVE GOD

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