

**MAGNIFICENT CONSUMMATION**

**PRESENTS**

*"Ruby Focus"*

**REVS. GARMAN & EVANGELINE VAN POLEN**

**OPEN LETTER  
SEPTEMBER 1970**



**KWAN YIN**

**SPOKESMISTRESS OF THE "RUBY FOCUS", SIXTH RAY**

**"MAGNIFICENT CONSUMMATION IS THE VOICE FROM COSMIC CONSCIOUSNESS, WITH A NEW AGE INFORMATION TO THE WHOLE WORLD; DEDICATED TO FATHER-MOTHER LIGHT INDIVIDUALITY AND THE VIOLET FLAME FOR TRANSMUTATION TO ASCENSION AND THE "RUBY FOCUS" FOR FREEDOM OF THE AQUARIAN AGE."**

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Revs. Garman & Evangeline Van Polen  
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Sedona, Arizona, 86336, U.S.A.**

**Phone: Area 602  
282-3427**

**September 1, 1970**

**Open Letter on Nature's Course**

**OPEN LETTER  
to  
Speedily Advancing Persons**

**DEDICATED TO BELOVED KWAN YIN, SPOKESMISTRESS  
OF THE "RUBY FOCUS", SIXTH RAY.**

**Beloved Ones:**

**Garman speaks: KWAN YIN, Our BELOVED ONE of the mellow mood,  
come, sit and talk with us.**

**KWAN YIN: Wonderful! Here I AM. Come, have a cup of tea with  
with ME, and WE shall drink from one another's heart the ESSENCE of the  
FATHER-MOTHER.**

**I AM the Spokesmistress for the RUBY FOCUS at Sedona, Arizona.  
Come all, in your imagination and visualization, and come in your ether-  
ic body if not in your physical, and join ME here at Al Sirat, the home  
and office of the Earth Staff of the RUBY FOCUS.**

**WE ARE seated on the patio. It is really BELOVED MOTHER MARY'S  
patio. It looks up over Mt. Wilson, a mile away to the North. Here one  
sits and communes with MOTHER MARY Whose Thoughtform, ILLUMINATED PRES-  
ENCE, abides over the Mountain. Also, on this patio is a scotch plaid  
pail into which go the pleas for healing sent to the RUBY FOCUS, specifi-  
cally to MOTHER MARY and ASSOCIATES. And with these pleas is ever the  
Light of the Earth and the COSMIC RUBY FOCUS STAFF; and MOTHER MARY to-  
gether with My Humble SELF and the QUEEN OF LIGHT, and OTHERS of the Dis-  
taff side, not overlooking those of the hammer and saw side of the Family,  
especially the THREE-IN-ONE ESSENCE, and especially mentioning ARCHANGEL  
MICHAEL, that dearest, tremendous Healing POWER with His Sword of Blue.  
COSMIC MOTHER MARY oversees all. And SHE goes thru the letters and notes  
in the pail. SHE does whatever THEY can for them, each depending on his  
ripeness. So, on this patio those who come in the flesh and those not in  
the flesh, sit for healing radiations for retardations, decrepitudes and  
dullness of the consciousness.**

**Well now, with Mt. Wilson in the North, and the patio situated in  
an ell of the house, siding to the south and the west, then at the East  
end of the patio is the special domain of My Humble SELF, KWAN YIN, of  
the Temple of Compassion and Mercy. For here, in a garden of little ever-  
greens, and shrubs and flowers, I have extended from Peking, China, My  
Temple of Mercy; and proudly and joyfully I transfigure thru a statue of  
MYSELF that stands several feet up on a masonry of rock, and before ME  
upon the rocks, fountains and sprinkles some waters. A ruby spotlight  
is upon this at night.**

And before this, a platform whereon stands before ME the supplicant for the Compassion and Mercy of the awakening, healing FIRE-FLAME-LIGHT so lovingly and wisely bestowed by FATHER-MOTHER. It is most wonderful! WE rejoice and rejoice, and together WE bathe in this ESSENCE of FATHER-MOTHER. The supplicant can be truly renewed in consciousness and body.

To this holy scene and holy ground come many for resurrection and regeneration. They come for Business with FATHER-MOTHER. They know it is strictly Business. Yet at times, when all circumstances point together for it, WE all sit down for a cup of tea and good cheer and mellowness with Humble ME, Spokesmistress for the RUBY FOCUS. Heart to heart are WE.

And, too, they sit for counseling and healing in an office with one of the RUBY FOCUS Staff.

They come to as many of the Sanctuary Meetings as they like, and prolong not their lingering after the meeting, that the Staff may get its rest. For they know that in these last days it is all work, and needed rest, but no play.

They come not to live at Al Sirat for a week or two, or for days, or even for one day. Exceptions are those who come to buckle down to work, whatever it be--business only. And they have received that which they can again give.

MOTHER MARY, My Humble SELF, and ASSOCIATES heal at this patio, and WE heal to anywhere from this patio. And many must come here that they can receive the Rays, FATHER-MOTHER only knows why, yet often the presence of the patient in body is indispensable or there be no resurrection of body, heart, mind and consciousness.

Who are healed? FATHER-MOTHER FIRE-FLAME-LIGHT picks the fruit when it is ripe. FATHER-MOTHER knows who are going to be healed. Yet essentially this time, and this FOCUS as well as many others, are the time and place of intense and abundant opportunity of regenerative healing. Several lifetimes of Karma can be wiped out at once.

MOTHER MARY and WE are especially interested in correcting the defects of retarded children. However, you are all children. Also, WE ARE supremely interested in those who seek awakening of consciousness, those who humbly and earnestly wish to be awakened. Nevertheless, WE have a special interest in those who may come with a more or less selfish attitude for physical healing, yet as a result of physical healing they begin to realize that they had some awakening of consciousness; consequently they may sin no more and have not again a recurrence of the malady.

So Our Compassion and Mercy often extends to those with wrong attitude, with egoic motives even, yet often they are worth a try, and sometimes there is at least temporary healing, and among these sometimes a-wakening for more permanent healing, for which WE effusively thank FATHER-MOTHER FIRE-FLAME-LIGHT. For WE must garner all WE can into a new start in the New Age, so mercifully provided by FATHER-MOTHER FIRE-FLAME-LIGHT thru the TWO NEW LIGHT RAYS from the GREAT CENTRAL SUN. And FATHER-MOTHER FIRE-FLAME-LIGHT picks the fruit when it is ripe.

If one is in earnest and does not receive healing in absence, let him come to the FOCUS to receive in full. And those who know the Business of FATHER-MOTHER are indeed ripe. They come knowing that they are not themselves, but they are FATHER-MOTHER FIRE-FLAME-LIGHT ITSELF IN ACTION. These have a knowing and feeling that no matter what their condition or even age, FATHER-MOTHER wants them to continue in action as PARTS OF ITSELF.

There have been a considerable number of cases, and noticeably so under the RUBY FOCUS of MAGNIFICENT CONSUMMATION, where the person's time

was run out; their body and heart was ready to give out; but they were needed on Earth and knew it and wanted to remain to work; and FATHER-MOTHER could put LORD MICHAEL and Our Humble SELVES to work, and it was done.

Many people who are aged call for restoration of physical health, yet often they are not ripe to remain, and FATHER-MOTHER does not essay to heal them; yet, it is always well they call, bless their beloved hearts, for they shall receive further awakening and realize they are better off to go and not continue a life of pronounced decrepitude. May they realize they are ripe to go, to recuperate and rebuild in the etheric, to return refreshed for the final go. It can all be so wonderful no matter what happens. ESSENCE eternally functions. FATHER-MOTHER FIRE-FLAME-LIGHT be adored and praised!

Also there are the many in these blessed times who are aged and frail and are given special helps for physical strength, for they need it that the body shall be in condition to ascend. Those atoms must transmute. Blessed are they.

When you are asking for healing for others, do they know you are asking? This is vital. But let the little children come.

Our darling Brothers and Sisters of Earth, this is Our cup of tea for you at any time. Our Hearts pant for you at all times. Come, all ye who are weary and heavy hearted, and WE will give you rest. WE rejoice with FATHER-MOTHER FIRE-FLAME-LIGHT as only FATHER-MOTHER can in ITS never-disturbed depth of balance rejoice over the genuine deep sincerity and recognition and adoration of ITS humble and contrite child.

And now, do all of you say three times a decree of FIRE-FLAME-LIGHT to build up BELOVED MOTHER MARY'S ILLUMINATED PRESENCE over the RUBY FOCUS mountains.

"THE LIGHT AND LOVE OF THE RESURRECTION FLAME OVER THE RUBY FOCUS MOUNTAINS OF SEDONA, ARIZONA FOR THE RETARDED AND UNAWAKENED."

Doing this daily will add to our momentum here, tremendously.

The QUEEN OF LIGHT will now speak to you of HER part in this Resurrection Work.

I AM KWAN YIN.

QUEEN OF LIGHT, THRU EVANGELINE

"E" asks: BELOVED QUEEN OF LIGHT, will you tell us of Your part in the Resurrection Work?

QUEEN OF LIGHT: Oh! yes! It is a known fact that a COSMIC GROUP of MOTHER ESSENCE serves in the Higher Realms and is responsible for grooming these dear little wee ones, coming in from the SEVENTH ROOT RACE. These babies are coming in by the millions all over your Earth.

They are very wise even at birth; they are saluting the New AQUARIAN AGE. Many are coming over with their "recall" quickened and they know where they came from and what their mission is, and they can continue on where they left off at an early age with talents such as music and writing and philosophy. They can begin to play the piano or other instruments while they are yet toddlers. They are brilliant and of pink velvety skin and bright eyes.

WE ARE amazed at the miracles that are happening. Notorious among the most recent is the return of the voice of Nicodemus, the peacock of the RUBY FOCUS garden. A vicious mind \* dissected his vocal chords. ARCHANGEL MICHAEL vibrated these wires of the etheric into his voice box, and WE ARE astonished that this day he honked four times. SUCH IS THE

**POWER OF ARCHANGEL MICHAEL WHEN CALLED UPON.**

THE TWO NEW LIGHT RAYS HAVE COME INTO CLOSE FOCUS WITH THE ATMOSPHERE OF THE RUBY FOCUS OF MAGNIFICENT CONSUMMATION. THEY promise to straighten out crooked bodies with a crashing sound. "THE LASER BEAM CANE" will be instrumental to heal the blind one who carries it, especially when the consciousness is attuned in communication with the TWO NEW LIGHT RAYS of the GREAT CENTRAL SUN. Under the name vibration of the Laser Beam, there can be sight given to these blind.

Oh! your Earth is dancing with a beautiful rhythmic wonderland.

BELOVED KWAN YIN is one of the leading figures within this MUSIC OF THE SPHERES. The thousands of pendants which Dr. Yeang of Penang, Malaysia, distributed thru His faithful helpers, have done so much to bring out into "Earth consciousness" the PRESENCE and PROFINQUITY of KWAN YIN. Many dear ladies who had made earrings of these pendants reported whispers from this BLESSED SAINT.

Many magnificent operations are going on simultaneously in KWAN YIN'S Temple of Mercy and Compassion. It is beyond belief. KWAN YIN and HER GROUP of dedicated MOTHER ESSENCES are cooperating with MASTER "R" (of the DIAMOND HEART). BLESSINGS BE!

I AM grateful for the willing instrument who gives ME the privilege of expression. The ladies of the RUBY FOCUS do help KWAN YIN "behind sleep" to bring these children back to Earth into the arms of spiritually evolved parents.

Saluting with affection and Divine LOVE, Beloved Garman, I AM QUEEN OF LIGHT, SUNBEAM OF THE GREAT CENTRAL SUN.

Note: \* The minute this element was placed under the Law of Forgiveness, it seemed the peacock again could honk. When he gets loud, we will have to farm him.

The Law of Forgiveness and the LOVE BEAM of VENUS is being exercised by the Cosmic Masters of Light to several Powerhouses, so-called, who seek to defame our Beloved RUBY FOCUS and reduce it to ITS lowest common denominator. This can never be accomplished, because of the Fourth to Seventh Dimensions of Etheric to which Frequencies our BELOVED MAGNIFICENT CONSUMMATION has arrived.

#### MOTHER MARY, THRU EVANGELINE

MOTHER MARY: Yes, I have been examining the letters in that Scotch Pail, and have been sending My Electrons thru those letters, and things are so much better than they were. Don't you feel it?

WE feel that you are going to have to build up more now on the ELOHIM. Each meditate, yourselves, on the ELOHIM and receive the LIGHT in the forehead, that you may draw on Their ESSENCE and receive everything your hearts desire, if it be of good, or if it be of bad--but you don't want the bad. But there are some people who draw on these ESSENCES for bad. Did you know that? and in that way them jam themselves into a miserable Karma that they have to re-live. Now, just meditate and receive the LIGHT and LOVE of the RESURRECTION FLAME over the RUBY FOCUS Mountains of Sedona, Arizona, FOR THE RETARDED AND UNAWAKENED.

#### MESSAGE FROM ARCHANGEL MICHAEL, THRU "E"

ARCHANGEL MICHAEL: Beloved Ones, YOU are the ESSENCE of the RUBY FOCUS. TRANSCENDENTAL RADIATION goes forth, world-wide. Herein lies your PROOF of the BLESSINGS of FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE AND IN ACTION. WITHIN THIS BASKET OF LOVE YOU ARE ENCASED AND EMPOWERED. WATCH, WAIT, PRAY, DECREE!  
KEEP IN THE CONSCIOUSNESS OF YOUR OWN RUBY FOCUS FLAME AND THE

LIGHT OF YOUR VERY OWN CHRIST HEART.

No force on Earth can molest you successfully. They can try. To those of whom you hear decry you and your beautiful work, just place them under the LAW OF FORGIVENESS.....all, not a few.

Did you notice how beautifully your peacock, Nicodemus, received his voice when you exercised the LAW OF FORGIVENESS to the ones who were instrumental in hurting the bird? The peacock's voice box was restored thru the Electronic-Magnetic Energies of the GREAT CENTRAL SUN, yielded thru My Humble SELF, ARCHANGEL MICHAEL, THEY CALL ME LORD, ONE-THIRD of a TRINITY.

ALL may receive these Radiating Energies when and if they call upon ME. I AM no respecter of persons.

BLESSINGS be upon you, Beloved Ones of the RUBY FOCUS. MICHAEL.

EL MORYA, THRU "E", SUNDAY, AUG. 9, 1970

EL MORYA: Good morning! I come to you this morning from the First Ray. I have one foot in the Chohanship \* and another foot in other projects, in other factories thruout your sad Earth. WE have come to the point where many of the Masters of yesteryear and even today must materialize and become very cosmopolitan upon your Earth. I come in a governmental capacity. It is time that the stained glasses be shattered and be put to bits and erased forever and forever from the face of Earth. And in their stead, coming into the Golden Age of Aquarius, in My Humility, forgive ME, will be US, the Ascended Masters of the HIGH. It would not be humble of ME to exclaim in Joy, would it?

I say, from these disciplined governmental heads, but I say from these not-so-disciplined government heads, must come a point of concentration and polarity of Truth, for this will be the progress of the Aquarian Age; and WE Who have been in the Higher Realms will answer to your needs on terra firma. I don't know if you are going to like that change or not. It has been said by some people they would rather have it the old way.

Particularly, the stock market. There is where the Oh's and Ah's are hailing from. Yes, there is something going on there, too, where the large heads, the big men, are losing their positions and the little fellows on small salaries are taking their places. Some of these large-salaried men are out now playing fiddles in orchestras, and some of them are taxicab drivers--anything to make a living.

Now the hand-writing on the wall might indicate great losses of resources. It has already happened to the small investors. What is the answer? Suicide? Insanity? No, no, no! So the answer is to the wise: Study well into the Laws of Precipitation where all your needs, and only your needs (no hoarding, please), just the needs of the moment are met. And that is why Beloved Brother Garman and Evangeline have been instructed to stress not only the ELOHIM, the ARCHANGELS; and WE Little CHOANS \*. WE ARE going to have to have a VOICE here. It is timely. The bell has rung.

So among all of these accredited personalities of the HIERARCHY and the Rays, a tremendous momentum has begun. Isn't that wonderful? Tremendous momentum! And that will slide like a vast avalanche into your valley of sorrows and bring forth, bring forth, bring forth! Bring forth what? Bring forth the Fourth Dimension! where all may see the LIGHT--not just a little bag full of you. Good and bad, rich and poor, will be transmuted into the ALLNESS OF GOD, and live in Beauty, in Harmony!

And incidentally, what is causing your bad weather? What is causing the change in climate? Your own thoughts, the thoughts of humanity radiated into the atmosphere, and chemicalizing your erratic weather and

ruining cities and countries with tornadoes and hurricanes and all these terrible fires and airplane accidents. GOD is not doing that! Your Heavenly FATHER is not doing that. It is your own vile thoughts of your humanity that is causing this turmoil; and as the shortest verse in the BIBLE says, "Jesus wept!" SANANDA weeps; I don't weep! No, I'M not hard of heart, but remember, I'M a disciplinarian from away back! I don't weep. You had it coming! You had it coming!

And do you think you have progressed? Ah, you haven't even scratched the surface of what your progression is to be, and not in the dim future, but NOW, NOW, NOW! Do you understand? You don't have time to look into an hour glass or a crystal ball. You do it now, for every potential you have can be brought out now! NOW is the hour! Have I spoken too loudly? too long? Forgive ME if I have. That is My tendency. I wouldn't be a CHOCHAN of Ray One, if I were not constituted this way, for I AM WILL! Determination! Confidence! Strength! and Power! So you would not suspect ME of weeping over you, would you? I'd be more liable to spank you, and spank you good.

I AM EL MORYA.

#### EXCERPTS FROM "THE MENTOR", MAY-JUNE, 1970

Page 25: "The great Master Jesus entered into the physical form, known to you as Jesus, having been known upon the Earth by other names at other times. His will was always sublimated to the Will of God; a complete surrender of self, and thus it is that He has become the World Saviour, the Lord and the Master for the new dispensation. SANANDA is His name. He answers to the Name Jesus for those who will not accept SANANDA, or have not yet heard that name. But He has, through certain other channels, expressed the desire that He be known as SANANDA. It is as SANANDA, that His power descends upon individuals for the purpose of Christing them. Thus it is that within your hearts you know this Great One as Jesus-Sananda, your Lord, your Master, and your Redeemer. Now visualize yourselves garmented in the garments of the Holy Spirit. Hold yourselves above the thoughts, feelings and desires of the outer world consciousness, and arise into the sphere of the great Holy of Holies and prepare to receive the great outpouring of Golden Sun Substance. Perchance Tongues of Flame will seal you even now, in Christ illumined consciousness for all time to come. It is to each one according to his consecration, his love, his determination to lay aside that which is of the human and serve God's Will."

Page 7: "Feel the sceptre of your own powers held within your right hand. Feel the expansion of the Flame of Light within your heart, expanding the desire to serve 'the plan'. Feel the desire to fulfill your part in that plan. As you move forward to the outer world, may you bless all life, wherever you pass by in the name of the Mighty Master Jesus-Sananda, the Christos, in the name of the great Lord Maha Chohan and all the Great Chohans of the Rays, your Ascended Master Teachers, Their disciples, Their messengers, your Mentors, and your Ascended Master friends. May you walk in peace, knowing the joy of illumination and may you be heralds of good news, at least in thought, wherever you go. Bless and thank you, and may His Love abide within you forever."

#### KUTHUMI BREAKS GREAT NEWS, THRU EVANGELINE

Garman: We are thrilled with the great acceleration of events in these days. In the FIRE-FLAME-LIGHT of the GREAT CENTRAL SUN, intense things are happening and with great speed. Among these are initiations and graduations of Individual CONSCIOUSNESSES of MEMBERS of our HIERARCHY.

overwhelming occurrences. We are thrilled to be part of this movement in FIRE-FLAME-LIGHT. What happens to some is shared by all who will to receive.

It is astonishing, it is wonderful, that while very recently there has been a bunch of graduations that put a number of Ascended and Cosmic Beings into a collection of higher offices and jobs....and lo!.....here at once is a still newer reshuffling and replacing and evolvement of Personalities and their Offices.

Suddenly, August 29, 1970, KUTHUMI came thru Evangeline to break the news of a basket-full of changes. It is wonderful! KUTHUMI announced that LORD LANTO is now to share with Him as WORLD TEACHER. And LORD LANTO is leaving His present Office as CHOCHAN of the Second Ray. BELOVED BROTHER KUTHUMI still further confirmed this by saying thru "E": "Beloved Brother Garman, Chohan of the Ruby Ray, WE ARE your BROTHERS KUTHUMI and LANTO, extending our hands to you in Cosmic Fellowship. As you know, WE succeeded each Other as CHOCHANS of the Second Ray. WE ARE the WORLD TEACHERS now along with your Administrator, BELOVED SANANDA, Who will be called into higher service."

LORD LANTO had taken that Office when KUTHUMI left it to become a WORLD TEACHER, and now LORD LANTO follows to be with Him there.

And Who takes LORD LANTO'S place on the Second Ray? IT is CONFUCIUS, following LORD LANTO'S step again just as HE did when LANTO left the Post of the ROYAL TETON RETREAT, and CONFUCIUS filled it.

And Who becomes HOSTS of the ROYAL TETONS? This is the most amazing development. "RUBY" AND "CHRISTOS" of the GREAT CENTRAL SUN are taking over the job of hosting PRECIPITATION thru the ROYAL TETONS. THEY, THEMSELVES, announced, thru "E" on August 2nd, 1970 this added duty. And on August 9th, THEY enlarged on this, thru "E":

"RUBY" AND "CHRISTOS": "WE ARE very unusual to channel thru. I believe this is Our first entrance into your Earth. You see, WE never lived on your Earth. WE know so little about your Earth. WE ARE ESSENCES, ANGELIC ESSENCES. WE ARE THE TWO NEW LIGHT RAYS. WE have polarity--BELOVED "RUBY" IN ESSENCE AND "CHRISTOS" IN ESSENCE. WE ARE the Irrescent RUBY and the Irrescent MOTHER-OF-PEARL.

"WE have very recently been instituted into the ROYAL TETON, taking the place of wonderful CONFUCIUS, gentle, kind and sweet. Now WE ARE here, and WE ARE generating radiations to be pulled on by man and woman of Earth, of child of Earth, that they may receive that which they need for their highest good in every-day life.

"Now, WE ARE not looking for ambitious people here. WE ARE looking for the meek, the humble, those that are so meek and so nobodies that WE can penetrate them and absorb them, swallow them, so that they can be conditioned to receive Our Precipitations as they need them. That sounds peculiar.

"It is the opposite of the Horatio Algerbooks. Do you remember them? the little boy who aspired to be so big? It was wonderful in that day; but those days are gone. Now you aspire nothing; you just BE. You become an ESSENCE. You BE, and WE will do your aspiring thru you! It is just the opposite, isn't it?

"You are going to find the entire world will be different. Everything is new. Your programs are new. Gone are yesterdays, even philosophies, for the new philosophy has to do with the FLAMES--becoming AFLAME with the LIGHT of GOD. If you want to call it your FATHER-MOTHER FIRE-FLAME-LIGHT, splendid! If you want to call it your MIGHTY I AM PRESENCE, go ahead! If you just want to call it the SOURCE, still splendid! For remember, each one of you came from a SOURCE. Let US send to each one TWO NEW LIGHT RAYS into your Lifestreams, that you may go forward and precipitate your needs."

What could be more fitting for "RUBY" AND "CHRISTOS", Who, with Their CCLCRS of IRRIDESCENT RUBY and IRRIDESCENT MOTHER-OF-PEARL, are HOSTS of PRECIPITATION on the TWO NEW LIGHT RAYS of the GREAT CENTRAL SUN! And since all precipitation of material and Consciousness to Earth comes thru the ROYAL TETONS, indeed logically the function of the ROYAL TETONS and the TWO NEW LIGHT RAYS are ONE; so logically, "RUBY" AND "CHRISTOS" are supervising it all.

Now, isn't it interesting how, on the Cosmic Planes, THEY have the same manner and logic of shifts and shufflings and evolving as we do on the Earth plane! "As above, so below", you know.

Let's hear what BELOVED SANANDA has to say about this, thru "E", August 2nd, 1970. Here is how HE confirmed it: "Do you still want to call ME, JESUS? That is wonderful! But SANANDA is My Solar Name, My Solar System Name; and would you want to rob ME of My promotion which I deservedly earned?"

"So, if you still care to call ME, JESUS OF NAZARETH; and many who are here, and many who are not here, have received many tender moments with ME as JESUS, and have witnessed great LOVE episodes and anecdotes which were beautiful and warmed the heart, and that is well and beautiful memories; but please let ME have now My SOLAR SYSTEM NAME as SANANDA? I predicted in REVELATIONS I would come with a New Name."

## LESSONS IN PRECIPITATION

### LESSON VI

ARCTURUS AND DIANA, ELOHIM of the Seventh Ray: You are on your Sixth Lesson in the great subject of PRECIPITATION. Notice that WE come before the Sixth Ray in a process of precipitation. There is a reason for this. WE bring forth the VIOLET TRANSMUTING FLAME which is the greatest cleanser of your cellular structure of your four lower bodies, CLEANSING, TRANSMUTATION and RHYTHM. WE ARE your Friends and Counselors for those dear ones who feel boxed up. WE give you FREEDOM, the right to live in FREEDOM and RHYTHM within Our LIGHT of the VIOLET TRANSMUTING FLAME.

If there is anything that you require, desires are answered without your concentrated request.

The radiating Powers of the SEVEN ELOHIM, if consistently and constantly practiced thru the Seven Steps to Precipitation, will bring you the Power of Precipitation. RHYTHM is the secret of the Universe--the sunrise and sunset, the signs of the seasons, and all Earth vibrates on the tenor of RHYTHM. It is also Our Service to invoke thru INVOCATION. Our disciples may walk again and talk with the Masters. I guess you know this, RUBY FOCUS friends, the VIOLET TRANSMUTING FLAME is all Forgiveness, all Cooperation, all ALLNESS!

WE ARE here to respond to your calls as ELOHIM. ANGEL VIOLET will ladle out to you your quota of the VIOLET FLAME, for the WELL OF VIOLET will never run dry.

ST. GERMAIN will always be the Father to this VIOLET FLAME. Now that HE has graduated into the GREAT CENTRAL SUN as LOGOS, and is creating His Own Solar System, HE has relinquished this Office to LORD ZADKIEL AND HOLY AMETHYST, Who once held the Office as did KWAN YIN; but ST. GERMAIN, in this ST. GERMAIN Dimension, will always oversee, and as HE said, "have a finger in the pie". Doesn't that sound just like HIM? And HE is training His reincarnated Son of 250,000 years or so ago, GODFREY RAY KING, Who some day will be fully initiated into the Chohanship.

So I implore you, Beloved Disciples of Precipitation, to draw in the VIOLET TRANSMUTING FLAME, dissolving and cleansing all the cells of

your body, mind and affairs. Bless you! and get ready for the Seventh Lesson, next, which is the Chalice of all Seven Rays.

WE ARE ARCTURUS AND DIANA.

### LESSON VII

WE ARE TRANQUILITY AND PACIFICA of the Sixth Ray. Our color is RUBY. This is your final lesson on the vast subject of the Seven Steps to Precipitation--that is, as far as the ELOHIM are concerned. The Sixth ELOHIM takes over the Seventh Lesson, as it has become the Chalice for the consummation of all the Rays.

WE represent INTUNEMENT WITH FATHER-MOTHER FIRE-FLAME-LIGHT, LOVE, COHESION, FREEDOM, JUSTICE, PEACE, CONFIDENCE and MINISTRATION.

As the Piscean Age is subtly becoming fading, finite form, WE of the Sixth Ray are blossoming forth as the RUBY FOCUS Ray and pervading the Earth with the beautiful colorizations of RUBY RED, and WE ARE dedicated to the qualities of FREEDOM, JUSTICE, PEACE and MINISTRATION. WE ARE commissioned to administer to all people who cross Our path, especially the little fellow who has no one to turn to.

Verily WE will say, there has been much salvaging of tragedy.

When WE ARE called upon, the RUBY LIGHT of your FATHER'S LOVE can annul predictions of sad events and substitute a joyous consolation. It is all in the feeling and CHRIST MIND. Yes! call on US! WE can precipitate safety, dissolve psychism, and give our beloved disciples the "PEACE of MIND that surpasseth all understanding". WE will precipitate Good Health thru the RUBY FOCUS FLAMES of the Twenty-first RETREAT, and will adjust and precipitate financial equations and social harmonies. Blessed be the disciples who have learned the rare art of DIVINE ATTUNEMENT, and call upon the help of any and all of these beautiful ELOHIM (ALL SEVEN), each important as steps to the Seven Steps of Precipitatorial achievements.

It might appear that your heartaches are then over. WE have been the DIVINE CARPENTERS AND BUILDERS OF HELIOS AND VESTA, HOST AND HOSTESS of your SUN, and WE feel that WE have accomplished a good creation. WE have all served together cooperatively, all SEVEN; and all WE ask is that Our beloved disciples will not forget to call upon Our intervention in your dilemmas. WE ARE as close as the Color Beams within your foreheads. WE ARE the cohesive LOVE ASPECT which causes the effect of your precipitated manifestations.

How can WE fail? How can you fail? Where LOVE resides, all is SUCCESS!

Loving you always, WE ARE your SERVANTS, TRANQUILITY AND PACIFICA.

TRANQUILITY AND PACIFICA: Now, WE will consider the Eighth and Ninth Lessons on Precipitation which can emanate thru the TWO NEW LIGHT RAYS of the GREAT CENTRAL SUN, and now installed into the ROYAL TETONS. The Female Polarity is called, "RUBY". IT appears as Irrescent RUBY, yet there is no definite color on Earth to truly describe it. The Male Aspect is called "CHRISTOS" and is an Irrescent White or a shimmering MOTHER-OF-PEARL, yet there is no true color description. These colors will be revealed when the disciples can see into the HOLY OF HOLIES.

If and when you have mastered these Lessons on the Seven Steps to Precipitation, beloved ones, you will have your Cosmic Sight, and you will find that nothing else matters. BLESSINGS! BLESSINGS! BLESSINGS!

Have you seen the precipitated Spaceships your FATHER-MOTHER FIRE-FLAME-LIGHT has placed for your Protection, above your SHRINE? The one is the IMMACULATE CONCEPT, guarding your GUEST, LORD GAUTAMA. It is rather a protection to the entire home, as LORD GAUTAMA is a Law unto HIMSELF. It is the lesser beings who need the Divine Protection. Another

SHIP is that of your own ALEPH, Commander of the MOTHER SHIP, loving you and caressing you for all the magnificent you are, RUBY FOCUS Staff. You are beloved by the Space People. You are protected more than you realize. TRANQUILITY, PEACE.

### LESSONS VIII AND IX

"RUBY" AND "CHRISTOS": The Eighth and Ninth Lessons are to be in one Text. WE ARE as a Team of Horses, so closely united as to be coagulate. The Female polarity of US is called "RUBY" and the Male "CHRISTOS". WE ARE Emissaries of the same fiber as FATHER-MOTHER FIRE-FLAME-LIGHT, consolidated, yet of polarization. In fact, WE ARE the USE of FATHER-MOTHER FIRE-FLAME-LIGHT personalized for those who are ready to accept US. You accept US thru RHYTHMIC INVOCATION, and WE evolve thru this same RHYTHMIC INVOCATION.

As WE evolve thru your Lifestreams WE become the LASER BEAM which is meant to be for humanity's "Rod and Comfort"--but seemingly mechanized today by scientific man, thus losing much of Our LOVE Element, so intended. Therefore, all that may be said about Our Usefulness to the spiritual aspirant is this: To the degree you can pump US into your cellular life cells, to that degree can WE become the LASER BEAM within your auric circumference; and thence to that degree can you become the Miracle Worker your BELOVED LORD JESUS was when HE walked the land of Galilee and brought forth Miracles of precipitated abundance--the loaves and fishes which fed the multitudes.

Also, to that degree your beautiful ST. GERMAIN-EOLIA was and is the great Benefactor of those who are wise enough to believe and love HIM.

Also, in recent years, BELOVED FATHER DIVINE of New York and Pennsylvania who had a Rhythmic Body of a vibrating ever-ready LASER BEAM. WE, "RUBY" AND "CHRISTOS" worked very closely with this Divine Personage; and as you know, HE was a "Rod of Precipitation".

Many, many OTHERS could be narrated, and may yet be narrated, when you, Beloved Disciples of Precipitation, take time and effort to rhythmically invoke Our flow of the Life Currents of FATHER-MOTHER FIRE-FLAME-LIGHT, and you become a Lightning Rod for FATHER'S LOVE and MOTHER'S WOMB of PRECIPITATED MANIFESTATION.

Look out your window! You see the red rocks, you see the white rocks. They are the remnants of civilizations which once lived on Lemuria and Atlantis in the Glory and Magnificence of this great, holy privilege, until they lowered their vibrations and forgot to rhythmically invoke our outpourings. Do not let that happen again to this luxurious world. I plead with you before it is too late.

USE US! WE ARE as closely related to each Lifestream as your Invocation.

WE ARE lovingly,

"RUBY" AND "CHRISTOS", your TWO NEW LIGHT RAYS, known to mechanical science as the "Laser Beam".

DECREE: "WE ARE DRAWING ON THE TWO NEW LIGHT RAYS OF THE GREAT CENTRAL SUN, EXPRESSING AS ELECTRO-MAGNETIC ENERGIES, OUTPICTURING AS LOVE, JOY, PROSPERITY, RADIANT GOOD HEALTH, AND DISSOLVING ALL BLOCKS IN OUR ENVIRONMENTAL ATMOSPHERE."

### QUEEN OF LIGHT'S REACTION TO GARMAN'S TREATISE, THRU EVANGELINE

Because the reaction of the QUEEN OF LIGHT to Garman's Treatise on the shifts of Cosmic Personalities and Offices perfectly fits as a re-

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sponse to the Lesson on the Eighth and Ninth Rays, we are placing Her Reaction in this position.

QUEEN OF LIGHT: I believe Garman's Treatise speaks for itself in entirety. About what I would like to show My Ecstasy, is the beautiful pictures Magnificent Consumption possesses of the TWO NEW LIGHT RAYS, "RUBY" AND "CHRISTOS". This is the picture of TWIN FLAMES, never having been born to any planet--just as FATHER-MOTHER LIGHT designed THEM.

Their Motto is "WE will straighten your atomic structure, crashing with sound."

What finer ESSENCE (with form) could better grace the Laboratory of the GREAT CENTRAL SUN and the ROYAL TETON! Oh! I AM in Rapture!

I AM the QUEEN OF LIGHT, Partner in Chohanship with G.V.P., Sixth Ray RUBY FOCUS.

#### EXCERPTS FROM LETTERS

L.O.K.: (Regarding a vision at the Wesak Festival.) This made an indelible impression on me: The lineup on top of a flat mountain of about twenty Indians mounted on ponies, in full headdress and garments of scintillating Light. They were pilgrims from various tribes who came to participate at the Wesak Festival.

J.A.: Your marvelous June Letter was tremendous. I have read it over and over, and each time receive more enlightenment and insight. The Wesak Day occurrences were magnificent, and since I was familiar with the area, it meant more to me than I can tell you. I spent part of that day in meditation. The inner feeling was something I cannot explain, and the effect has been with me ever since!

I cannot express in flowery terms all your teachings have done, I'm sure you know. Letters from your disciples are wonderful, and I, like they, pray that you will all continue as long as you are needed here to get the "word" out.

Incidentally, Garman, we have been germinating seeds per your advice, and we love them. I find I can cook them sufficiently in Thermos jugs, and I never need to put them on the stove at all. Lentils, wheat, etc., cook fine in two applications of boiling water. If I only fill the large Thermos half-full of seed, then fill with boiling water, it will cook them tender, but not if the jug is too full of seed. I have the feeling they are better if I don't have to put them on the stove. We eat germinated seeds almost every day. L. finds a bowl of lentils in the morning better than bacon and eggs and all the other breakfast foods.

L. and I both send you all our Love and affection, and bless the RUBY FOCUS daily in our decrees and meditations.

A Note from Garman: We are most pleased and thankful to J.A. to have these comments, these variations, of modes of preparation of these germinated foods. We were hoping and expecting that these very same remarks would come in. The less cooking the better. Thank you.

We also expected to hear about what substitutions would be made by germinated food for other foods. Notice in this case the substitution for the whole conventional breakfast. And notice the substitution for meat and even eggs. Do you get the message here? We at Al Sirat are progressively realizing that this dish is the successful substitute for meat. It works where others did not.

J.D.: I use Deaf Smith County, Texas, wheat berries, the finest there is. On wheat germination, I use a slight variation, letting the wheat stand in a jar for 48 hours under a dripping faucet--this prevents fermentation and does the job perfectly. I am improving my health and vitality thru the use of natural raw foods. I find that the nutritional

value of grains and seeds is increased when they are germinated.

Garman continues: What is your report?

Thank you for letting us caution not to speak of "germinated" food as "sprouted" food, not even to think that way; for that is very misleading. The difference between the two is 100%. The one is seed; the other is grass, sprouts or whiskers. Germination converts the starch of the seed to protein; then, the protein is converted to the elements of the sprouts. What we want here is the protein, so we go no farther than germination. And evidence of germination is taken to be that the germ just begins to break thru the skin of the seed. It must not develop whiskers, which is the beginning of sprouting. In the stage of sprouts or whiskers, whatever its quality, the nutritional value of the seed has been used up to make the sprouts or whiskers or grass.

**IMPORTANT:** Those who are for the first time reading about germinated foods, will be interested to know that this subject was first treated in the March, 1970 Open Letter, wherein FATHER-MOTHER FIRE-FLAME-LIGHT fully explains the theory of it. It is a Treatise entitled, "A MISSING LINK". Germinated food is found to be the "missing link" in our present use of food elements.

Anyone interested in that March Letter can receive it simply by asking us for it; and it will be sent with an article which sets forth how to germinate and cook this food. Be sure to get these. This is a revelation.

#### A NOTE FROM KUTHUMI

WE thank you, Brother Garman, for your interest and kindness to the birds, and your interest in the wheat and lentil food; for many have availed themselves of this DIET which is of Herculean Strength.

#### EXCERPTS FROM LETTERS (Continued)

M.H.H.: Those glorious Open Letters! They are so wonderful. and thank the Beloved Masters for the messages passed on to me. I love them all so much, and it's so wonderful, Their loving Care of us all.

Our sunsets are glorious RUBY. I'm feeling splendid--I'm using the food BELOVED FATHER-MOTHER FIRE-FLAME-LIGHT OF LOVE told us to use. Thank you dear ones for it.

I find I am growing quieter all the time. Silence seems to be my way of life these days. Feeling seems to be the right way, and listening to others; then just laying my hands on them, relaxing them, and sometimes in healing I just obey my Inner Feeling, and lovely things happen. for FATHER-MOTHER FIRE-FLAME-LIGHT is in command always, thru our BELOVED LORD SANANDA. HE is so wonderful.

Editorial comment: It has become consistently noticeable from correspondence with us, that readers are almost automatically becoming "Light Workers". They simply think, feel and use FIRE-FLAME-LIGHT, and directly they are ESSENCE CONSCIOUSNESS.

J.M.: The affirmation of the TWO NEW LIGHT RAYS is the greatest thing that has ever been. I want THEM to be really put to work. EOLIA came in to us, and HE thanked me for getting out so many Open Letters and for pushing the TWO NEW LIGHT RAYS, and explaining to so many. I told HIM it was my great pleasure to do so. We use it every morning in our breakfast devotions and it is really doing us great good. I think that affirmation is the best formula that ever came out of the Open Letters. It's all there, covers every phase of life, and the means to change un-

wanted things. Praise FIRE-FLAME-LIGHT!

I am sure the Open Letters will always be the one Source of written formulas that one can read and understand and use to change any unwanted aspect in one's life.

Editor: DECREE, "WE ARE DRAWING ON THE TWO NEW LIGHT RAYS OF THE GREAT CENTRAL SUN, EXPRESSING AS ELECTRO-MAGNETIC ENERGY, EMPOWERING OUR LIFESTREAMS AND OUTPICTURING AS LOVE, JOY, PROSPERITY, AND RADIANT GOOD HEALTH, AND DISSOLVING ALL BLOCKS IN OUR ENVIRONMENTAL ATMOSPHERE." 3X

M.Z.: How can we thank you in mere words for the beautiful pictures, the rare delineations, of the THREE-IN-ONE on the cover of the July Open Letter, that outpictures the virtues of LIMITLESS LOVE AND TRUTH? It just can't be done!

As you know, I am continuing my MICHAEL-MASS Meditation, and these wonderful pictures furnish the Spirit of the MASS in the Omnipresence of the ONE-IN-THREE in such a way that one FEELS a concentration of the ESSENCE, "the LIVING STREAM" (in a manner of speaking) pouring from the Fountain Head thru THE THREE as ONE Channel for the sacred libation, which once received, one needs not to thirst again.

One cannot but be deeply moved in contemplation of the ESSENCE so invisibly, and yet, paradoxically, so obviously portrayed. LIMITLESS LOVE AND TRUTH becomes a LIVING PRESENCE in the first portrait; the young Crusader a White Knight, outpicturing the devotions and courage of His allegiance in the defense of Truth. Purpose and promise is written there.

We see this same devotion plus adoration again outpictured in the overshadowing brooding love of Archangel LORD MICHAEL as HE mingles the power and purpose of His Lifestream with that of the new-born Infant JESUS, Who was so soon to confound his world with a living demonstration of that power and devotion to Truth and Its Supreme Spirit. The unity of these two Lifestreams with the SOURCE of ALL LIFE, LOVE and TRUTH was and is to be the corner-stone of humanity's salvation, since mankind left to its own nefarious devices, has always destroyed itself. (The history of this Great Plan given in the June Open Letter by EOLIA.)

We see this sagely power and purpose and the same Spirit of complete renunciation again in BELOVED SANANDA'S countenance. The little Boy, now matured, armed with the invincible strength of Omnipotent Good and Limitless Light, is now a challenger of the forces of sin, disease, and the last enemy, death, itself. His weapons are the rod and staff of deliverance, of final liberation; and what a Gift! And we (almost) see the kingly Mantle, a scintillating aura of FIRE-FLAME-LIGHT and LOVE worn with such commanding dignity that its authority has been perpetuated to this day in the message of this fearless, undaunted "SUN" Whose own Fire has become the LIGHT OF THE WORLD!

Yes, down the centuries this ubiquitous ESSENCE flows and overflows--expanded, magnified, as other invincible Lifestreams, LIGHTstreams, have been added to ITS current. The power of this combined THREE-IN-ONE CHANNEL has now made possible the platform of restoration from which the GREAT ONES are to launch "the take off" in the leap from human consciousness to celestial consciousness! How we rejoice as we try to sojourn our limited sight to the Vision of the Great Hierarchy, the Beloved Archangels, the Beloved Chohans, and all the highly-evolved Saviors of mankind, and even those dauntless Volunteers from outside our Galaxy Who will come to converge and participate in the final Victory! To attain to a celestial rationale, to righteous judgment, "in the twinkling of an eye", is indeed a magnificent consummation devoutly to be praised.

The entire Open Letter is full of beauty and inspiration, of purpose and promise. We are always hungry for more!

**M.A.:** I find the messages of the Masters channeled thru you most stimulating, uplifting, encouraging, and even a little exciting, and so loving. Am now convinced I don't want to miss any. Am especially grateful to you for explaining the position of the Seventh Ray. At our weekly meditation meeting, one young man said he had just been in an argument about it, and he, too, was grateful for the explanation. A grateful "Thank you" for cleaning up the stimulating color RED and giving it back to us purified; and Two beautiful New Rays and current lessons.

**E.W.:** I can't tell you how much I've been helped since using these affirmations or decrees. My health is immeasurably better, my home and friends are a joy, my rent has been reduced to zero, my home is one of beauty in a beautiful setting, my time for things too numerous to mention. Can't you see that I'm full of the joy of living? more than ever before in my life. This must be the culmination of what I've earned in past lives.

**L.G.** There are so many precious stones and metals in the May and June Letters, often where and when least expected. Indeed, one needs to read several times quite openly and tranquilly; and suddenly one sees a fleeting glimpse of something almost strange and terrifying, yet infinitely compassionate. We are but as children seeing as "thru a glass darkly". Yet in the New Age, thanks to your and other ministrations, the LIGHT glows ever brighter. Thank you!

**SANANDA** channeled thru **F.M.:** The time is nearing. You can just about feel the great switch is about to take place. There has been much talk of this. In a three-year period (1969 received) you may find the pendulum swinging over to God's side. Once started, there will be a rapid change in your whole environment. Men will see the LIGHT and there will be no more bloodshed among you; no more harm or hurt thru greed or covetousness, but Tranquility, Peace, Serenity of Mind. Once you understand God's Light sustains you, you will no more fear. Your hoarding of necessities will cease and abundance will take place among men. There is plenty for everyone on this Earth, and God cares for all His children. You will know the difference when you can give instead of take. Be vanguards in the direction of God's Kingdom and His reign on Earth. In the Name of My FATHER, remain in Peace and Harmony with Universal Laws. I AM SANANDA.

**C.F.:** Your Open Letters become more beautiful with each issue. I think that the one for the current month is the ultimate, but when the next issue comes out the following month, it is still greater.

#### **"THE SEVEN CHOHANS SPEAK THEIR PEACE"**

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Devotedly yours,

**GARMAN and EVANGELINE**